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Mechanisms of molecular transport through the urea channel of *Helicobacter pylori*

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Helicobacter pylori survival in acidic environments relies on cytoplasmic hydrolysis of gastric urea into ammonia and carbon dioxide, which buffer the pathogen's periplasm. Urea uptake is greatly enhanced and regulated by *Hp*Urel, a proton-gated inner membrane channel protein essential for gastric survival of *H. pylori*. The crystal structure of *Hp*Urel describes a static snapshot of the channel with two constriction sites near the center of the bilayer that are too narrow to allow passage of urea or even water. Here we describe the urea transport mechanism at atomic resolution, revealed by unrestrained microsecond equilibrium molecular dynamics simulations of the hexameric channel assembly. Two consecutive constrictions open to allow conduction of urea, which is guided through the channel by interplay between conserved residues that determine proton rejection and solute selectivity. Remarkably, *Hp*Urel conducts water at rates equivalent to aquaporins, which might be essential for efficient transport of urea at small concentration gradients.

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hronic gastric infection with *Helicobacter pylori* affects $\sim 50\%$ of the global population and is the leading cause for peptic ulcer disease and stomach cancer¹. Survival of *H. pylori* in acidic environments as low as pH 1 is contingent on the expression of an inner membrane urea channel, *Hp*Urel². This channel funnels gastric urea to the cytoplasmic urease, where it is hydrolysed into CO₂ and 2NH₃, which in turn buffer the pathogen's periplasm to pH 6.1 (Supplementary Fig. S1)³.

HpUreI is a urea-selective member of the AmiS/UreI ureaamide channel superfamily⁴. The recently determined crystal structure of HpUreI (PDB code: 3UX4) showed a hexameric ring of channel protomers⁵. Each protomer consists of a bundle of six transmembrane helices that are arranged around a central channel with three-fold pseudo symmetry relating three pairs of transmembrane helices. The pore is lined by conserved aminoacid side chains that identify the solute pathway for this superfamily⁵. This structure, which is the result of a noninverted gene triplication, is functionally homologous but structurally and mechanistically completely unrelated to urea transporters (UTs), which are technically also channel proteins and result from an inverted gene duplication^{6,7}. Furthermore, while HpUreI and some aquaporins (several of which also conduct urea) are pH gated, UTs generally do not show pH dependency.

The structure of HpUreI revealed a novel pH-gated urea channel architecture. However, the mechanism of urea transport and solute selectivity remained unknown. This is because the crystal structure of the channel, determined at pH 5.3, 0.6 pH units below the pK of opening, showed two constrictions at the center of the bilayer that were too narrow for passage of urea or water, raising the question how the channel manages to conduct and select for urea-like molecules, while excluding protons from the gastric juice, which is essential for the survival of *H. pylori*.

To investigate the mechanism of conduction and selectivity, we have carried out atomic resolution molecular dynamics simulations on the basis of the crystal structure in its biologically active hexameric form. Unlike molecular simulation studies of urea transporter (UT) channels⁷, which applied improved sampling techniques to evaluate the trans-pore-free energy profiles, we present here an alternative approach that captures conduction events from unbiased long-timescale equilibrium molecular dynamics simulations. We show that microsecond simulations of the hexamer were able to capture spontaneous urea permeation events through the protomer channels identified in the crystal structure, confirming that the channels conduct urea (Fig. 1). Guided by this unbiased hexamer simulation, a restrained protomer channel system was constructed that allowed an increase in simulation time to 7 µs, which captured 10 spontaneous conduction events. In addition to equilibrium trans-pore free energy profiles, this approach also provides transport kinetics, as well as the atomic resolution mechanistic details of urea conduction without bias. Simulations of mutants provide further mechanistic insights into the function of the channel.

Results

System setup and oligomeric state. The crystal structure did not show density for periplasmic loop 1 (PL1), possibly because of the fact that the 6-histidine tag had to be inserted into this loop because N- and C-terminally tagged protein was not active⁵. This 14-residue (without tag) loop was modelled and allowed to equilibrate during a 400 ns simulation of a restrained single protomer in a 92 palmitoyloleoyl-phosphocholine (POPC) lipid bilayer (see Methods). To construct a complete HpUreI hexamer, the loop was copied and transposed onto the other protomers.



Figure 1 | Simulation of urea conduction through the *Hp*Urel hexamer. (a) Side view of *Hp*Urel hexamer in a POPC lipid bilayer in the presence of 150 mM urea and 100 mM NaCl. (b) View from the periplasmic side shows the six channel pores surrounding a central lipid plug containing nine cytoplasmic and three periplasmic lipids. (c) Unrestrained microsecond atomic detail molecular dynamics simulations are able to capture multiple spontaneous transport events (indicated by arrows), showing that transport is a rare event (one urea per hexamer every \sim 330 ns in the presence of 150 mM urea). The scarcity of urea in the pore illustrates the low urea affinity of the channel.

The complete hexamer was then embedded into a 370 POPC lipid bilayer and equilibrated at 37 °C in the presence of 100 mM sodium chloride and 150 mM urea, which is below the half-saturation concentration (\sim 163 mM) of the channel⁸, while restraining the protein backbone to the crystal structure. The total system size of the hexamer was \sim 110,000 atoms (see Fig. 1 and Supplementary Movie 1). A complete list of simulation systems is given in Supplementary Table S1.

Knowledge of the oligomeric state of HpUreI in the membrane is important for understanding how the tetrahedral dodecameric 1.1-MDa complex of the cytoplasmic urease⁹ might couple to it¹⁰. It may also play a role in cooperative pH gating. To investigate the nature of the unusual hexameric ring arrangement, we carried out unrestrained simulations of a single protomer embedded in a lipid bilayer. This resulted in rapid deviation from the native state, ultimately leading to pore collapse within several hundreds of nanoseconds, irrespective of urea concentration (Supplementary Fig. S2). These results were obtained independently with two different force fields (OPLS and CHARMM), suggesting that the hexameric arrangement is essential for maintaining proper helix conformations for each loosely packed protomer and represents the native state in the bilayer.

Urea binding affinity. Our simulations support experimental observations that HpUreI has a remarkably low binding affinity for urea⁸. Although urea explores all regions of the channel pore, it only occupies each protomer for ~10% of the total simulation time (Supplementary Fig. S3). This low occupancy is chiefly due to the absence of a high affinity binding site that could form simultaneous hydrogen bonds with the single carbonyl and two amino groups of planar urea. Analysis of the crystal structure revealed that the channel is defined entirely by side chains, 54% of which are hydrophobic. Although approximately half of the side chains lining the channel are able to form hydrogen bonds, urea



Figure 2 | Urea transport through the HpUrel channel pore. (a) Magnitude of averaged net urea and water dipole moment along the channel during translocation (system H1, chain F, two events). (b) Urea dipole vectors along the channel pore (chain F). The length of the vector is equivalent to the net strength of the time-averaged dipole moment (the theoretical maximum dipole moments, corresponding to perfectly aligned molecules, are 8 D for urea and 2.4 D for the TIP3P water). Rapid tumbling of urea and water results in net-zero dipole moments in bulk solution. However, inside the pore urea molecules are strongly aligned, with the amino groups pointing away from the central lipid plug. (c) Time-averaged number of contacts of urea with water and protein side chains in the channel. The figure shows that protein side chain contacts cannot fully compensate the loss of water molecules from the hydration shell of urea. (d) Urea transport free energy (Δ G) profile derived from the restrained monomer simulation. The profile shows two main barriers to transport separated by a local free energy minimum. The right panel shows the superposition of the urea carbon atom over the course of the simulation (blue), demonstrating visually that urea fully samples all parts of the channel.

entry is unfavourable. This is due to the strong polarity of urea. With a liquid state dipole moment of 6-8 Debye (D)¹¹ (the experimental value for liquid water is 2.95 D¹², and the value of the TIP3P water model is 2.35 D¹³), urea has been shown, using ab initio quantum calculations, to attract a first hydration shell of \sim 6-7 water molecules¹⁴. Our analysis gives a slightly higher bulk value of 8-9 water molecules in the first hydration shell. Upon entering the HpUreI channel, urea molecules lose ~ 3 water molecules from the first hydration shell in the vestibules and ~ 4 water molecules in the constrictions, which is only partially compensated by hydrogen bonding contacts with channel-lining residues (Fig. 2). A similar compensation mechanism has been observed for aquaporin, bacterial glycerol facilitator, and urea transporter (UT) channels^{7,15}. However, confinement of the polar urea molecule carries an additional energetic penalty because of the reduction in translational and rotational entropy, which is associated with the strong preferential alignment observed during transport through the pore (Fig. 2). Analysis of the averaged spatial alignment of the urea dipole moment, which is zero in

bulk water due to rapid tumbling, revealed a net alignment of up to 5.2 D along most of the transition pathway (Fig. 2). This compares with the theoretical maximum of 8 D for a perfectly immobilized urea molecule. In the channel, urea molecules preferentially orient with their carbonyl group pointing towards the central lipid plug (Fig. 2).

Urea transport rate and channel gating. An unrestrained microsecond simulation of the bilayer-embedded *Hp*UreI hexamer in the presence of 150 mM urea on both sides of the bilayer captured three urea molecules spontaneously permeating through a channel protomer (Fig. 1 and Supplementary Movie 2). Assuming that urea flux is approximately proportional to the concentration of urea below half-saturation this corresponds to a urea transport rate of $\sim 833 \, \text{s}^{-1}$ per protomer at urea concentrations of 5 mM, close to the physiological concentration in the gastric juice. This transport rate is within the range of experimental estimates of $200-1,000 \, \text{s}^{-1}$ per protomer, derived from urease activity assays in live *H. pylori* cells⁵.



Figure 3 | Channel closure through periplasmic loop folding. (**a**) For single-monomer simulations, spontaneous folding of the first periplasmic loop (PL1) into the periplasmic channel vestibule results in pore closure (see Supplementary Movie 1 for details). (**b**) Position along the membrane normal of a loop residue (IIe65, indicated in red in panel **a**) shows that channel closure is stable for $> 1.0 \, \mu$ s. Before closure, two spontaneous transport events (blue and green) are observed in the first 200 ns, after which loop folding prevents further urea molecules from entering the periplasmic vestibule. A C_C residue (Trp153, in blue) is shown for reference.

To increase the sampling of the conduction mechanisms and improve the statistical estimate of the conduction rate, we performed two multi-microsecond simulations of single protomers in a lipid bilayer at urea concentrations of 400 mM (Supplementary Fig. S4). To prevent the pore collapse mentioned above, the backbone atoms of the six transmembrane helices were restrained over the entire duration of the simulations. Coordinates were taken from the conducting protomer F at 480 ns (see Supplementary Discussion). The first simulation showed two conduction events, but after ~ 300 ns the first periplasmic loop (PL1) was found to fold into the channel vestibule, with residues Asn64, Ile65, Ala66, and Gln67 forming a plug that blocks urea molecules from entering the pore for the remainder of the 2 µs simulation (Fig. 3 and Supplementary Movie 3). Mutation studies have shown that histidine residues on the periplasmic loops are essential for pH gating¹⁶, suggesting that opening and closing of the channel might be controlled by reversible folding of one or both loops into the periplasmic vestibule of the channel. While the simulation timescales of 2 µs are at least an order of magnitude too short to fully investigate this hypothesis, the results nevertheless show that the PL1 is indeed capable of folding into the periplasmic vestibule of the channel, blocking urea access

to the pore in the process. Interestingly, the 1 μ s hexamer simulation did not show pore blocking but revealed that residues 55–57 of PL1 generally interact with residues 60–62 of the PL1 of the neighbouring protomer (see Supplementary Fig. S5). This suggests that loop folding in the hexamer might be cooperative, explaining why PL1 of a single protomer is unstable and blocks pore access even at pH < 5.5, where the majority of channels are open. However, in the absence of an experimental loop structure, the conclusions drawn from the simulations remain speculative.

To prevent pore closure, a second 7-us simulation was performed with the loop restrained in an 'open' configuration. This simulation captured 10 spontaneous conduction events (see Supplementary Fig. S4 and Supplementary Movie 4), corresponding to a uni-directional single-channel transport rate of $\sim 7 \times 10^5$ s^{-1} at 400 mM urea (~9×10³ s⁻¹ at 5 mM). Grey *et al.* reported conduction rates in proteoliposomes of \sim 500,000 s⁻¹ in the presence of 400 mM urea gradients for HpUrel⁸. These measurements were performed at pH 5 in Escherichia coli polar lipid vesicles of 100 ± 10 nm diameter, with a per-weight proteinto-lipid ratio of 1/100, which corresponds to \sim 5-6 HpUreI hexamers per proteoliposome. Assuming all channels are open and functional, irrespective of their orientation in the vesicular membrane, the equivalent single-channel urea flux rate is ~ 1.3 - $1.6 \times 10^4 \text{ s}^{-1}$, an order of magnitude smaller than observed in our simulations.

While the rate of urea transport is low for a channel protein, our simulations reveal that a conducting urea molecule takes just 7 ± 5 ns to cross the entire length of the pore (see Supplementary Table S2). This is much shorter than the mean time between consecutive permeation events ($\Delta t' = 0.7 \,\mu$ s). In contrast, ion channels, which typically have much higher conduction rates, also have much longer dwell times. A recent simulation study found that for voltage-gated sodium channels the dwell time is approximately twice as long as the time between conduction events¹⁷.

Comparison of the motion of channel-lining residues and the atomic detail conduction mechanism showed that the spontaneous transport of urea closely resembled that determined in the hexamer simulation (see Supplementary Discussion and Supplementary Figs S6 and S7).

Urea conduction mechanism. Each protomer in the *Hp*UreI crystal structure revealed two closely spaced constrictions near the center of the bilayer that obstruct the solute pathway⁵. The first constriction (C_P) in the channel, located at the end of the periplasmic vestibule, is formed by the side chains of the conserved residues Leu6, Val9, Phe84, Trp146, and Trp149. This constriction is very hydrophobic and presumably acts as the proton filter. The second constriction (C_C) is adjacent, located ~ 7 Å closer towards the cytoplasm. C_C is formed by the side chains of conserved residues Val9, Leu13, Trp153, Tyr88, and Glu177. In the crystal structure, both constrictions were found to be too narrow to allow the passage of urea or even water through the channel. The simulations reveal in atomic detail how these constrictions open and allow the passage of urea and water (Fig. 4).

During the simulations C_P opens by outward tilting of helices A, C and F, while helix D tilts inwards. The resulting structural rearrangement permanently widens the channel diameter by ~ 2 Å at C_P , enough to open the constriction for conduction of urea molecules (see Supplementary Figs S8 and S9). Control simulations of restrained protomers before opening of C_P showed no conduction, suggesting this rearrangement is required for urea to pass through the pore (see Supplementary Discussion and Supplementary Fig. S10).



Figure 4 | Opening and closing of the two constrictions is regulated by the orientation of aromatic rings inside the channel pore. (a) The total configurational space sampled by the key aromatic residues of the periplasmic constriction (C_P): Phe84 (yellow) and Trp149 (white), and the cytoplasmic constriction (C_C): Tyr88 (orange) and Trp153 (blue). Each aromatic has only a small number of accessible states defined by the angle of its aromatic ring normal with respect to the membrane normal (Supplementary Fig. S20). Representative equilibrium states of the ring orientations are shown in the circular panels. Tyr88 has one state, Phe84 and Trp153 have two states, whereas Trp149 has four. (b) Snapshots of the open and closed constriction. (c) Time evolution of the aromatic ring tilt angle. Rotation of Trp153 from the horizontal (~150°) to the vertical (~80°) orientation switches the channel from a closed to an open state that enables urea conduction at 486 ns (shaded). The opening motion is towards the periplasm, in the direction of the approaching urea.

During transition through C_P , urea was found to be sandwiched between the aromatic Phe84 on one side and Leu6 and Val9 on the opposite side, with the Trp149 indole donating a hydrogen bond (Fig. 5).

Unlike for C_P, no structural rearrangement was observed for C_C over the course of the simulations (see Supplementary Fig. S8). Instead, C_C was found to open transiently via aromatic side chain rotation of Trp153 by 78 ± 12° around χ_2 from a horizontal (in the plane of the bilayer) to a vertical position pointing 'up' towards the periplasm (Fig. 5). This reorientation of Trp153 is periodic and occurs on the timescale of tens to hundreds of nanoseconds. During the 7-µs monomer simulation, 225 transitions were observed, with the closed configuration on average lasting $\langle t \rangle_{closed} = 38 \pm 118$ ns, nearly twice as long as the open configuration ($\langle t \rangle_{open} = 22 \pm 33$ ns) (Fig. 5).

 $C_{\rm C}$ has a higher free energy barrier than $C_{\rm P}$ for urea, and passage requires sequential hydrogen bond formation and breakage with key conserved residues, suggesting that it forms the selectivity filter. During passage through $C_{\rm C}$, the urea carbonyl first receives a hydrogen bond from the hydroxyl of Tyr88, which is later lost during transport across the constriction. Immediately, on the other side of the barrier the side chain carbonyl of protonated Glu177 offers a readily available hydrogen bond acceptor for one urea amino group (Fig. 5). The simulations reveal that the hydrogen bond from Tyr88 is required for guiding



Figure 5 | Trp153 controls conduction through the cytoplasmic constriction. (a) Hydrated urea approaching the constriction from the periplasmic side. (b) Hydrogen bonding of the urea C = O with the Tyr88 O-H. (c) Hydrogen bonding of a urea N-H with the carboxyl C = O of Glu177. (d) Water breaks up this configuration (E), releasing the urea into the periplasmic vestibule. (e). Time evolution of the aromatic ring rotation angle of Trp153 for the 7-µs monomer simulation, showing that long timescales are essential for proper convergence. Spherical coordinates θ (blue) and φ (red) describe the aromatic plane configuration in the channel, which is open only if both $\theta \approx 90^{\circ}$ and $\varphi > 180^{\circ}$ (Supplementary Fig. S20). The analysis shows that the channel is closed for conduction ~63% of the time. Conduction events are indicated in green.

urea into and through C_c , which explains why the Y88F mutant was found to be non-functional in oocytes⁵ (see also Supplementary Discussion and Supplementary Fig. S11). Hydrogen bonding to Glu177 might be important for allowing urea to break its bond with Tyr88 and hop over the constriction barrier; this is supported by the observation that the E177Q mutant is also functional⁵. After passage through C_c , water rapidly releases urea from the cytoplasmic vestibule to complete the urea transport process.

Water transport. The vestibules of the HpUreI channels were initially empty, but rapidly filled with a large number of water molecules during equilibration. Over the course of the simulations, water hydrates all parts of the pore including the two constriction sites (see Fig. 6). Remarkably, protomers were found efficiently conduct water at single-channel rates of to $2.6 \pm 0.9 \times 10^{9} \text{ s}^{-1}$ for the hexamer and $4.8 \pm 2.7 \times 10^{9} \text{ s}^{-1}$ for the restrained monomer (see Fig. 6), approximately four orders of magnitude larger than the urea conduction rate. Periodic rotation of Trp153 frequently changes the cross section of the cytoplasmic constriction C_C, modulating the rate water conduction through the channel (see Fig. 6). The average dwell time for a water molecule in transit through the channel is just $\Delta t = 0.77 \pm 0.05$ ns, a little longer than the time between consecutive permeation events ($\Delta t' = 0.21 \pm 0.04$ ns). Both values are independent of the direction of water flux.

Water transport with similar single-channel rates $(10^8 - 10^9 \text{ s}^{-1})$ has been observed for aquaporins^{18,19} and voltage-gated sodium



Figure 6 | Water flux through the HpUrel channel. (a) Water columns showing the open and closed states for water transport through a *Hp*Urel protomer. The 'open' states (right panels) consist of continuous water channels and differ only in the width at the cytoplasmic constriction C_C. The seal of the closed state is formed by Tyr88 and Trp153, with the latter acting as the gating residue. (b) A plot of the cumulative water transitions shows that the channel has no net water conduction. The average rate of water transport from fitting to the dotted lines is 4.8 ± 0.6 water molecules per nanosecond per channel (both up and down). This is approximately four orders of magnitude higher than the rate of urea transport. (c) The water conduction rate (up and down, 2 ns average) as a function of time reveals that the channel is open to water \sim 99% of the time and has two conductance states. Low conduction ($\sim 3.5 \times 10^9$ s⁻¹) corresponds to a C_C partially closed by Trp153 (\sim 62% of the time), whereas high conductance $(\sim 8 \times 10^9 \text{ s}^{-1})$ is the result of a wide water channel due to Trp153 in the 'open' configuration (\sim 37% of the time). The transitions between low and high conducting states are visible as slight changes in the slope for both upward and downward conduction (b).

channels¹⁷. Conductance is equal in both directions, resulting in a zero net water transport through the channel pore in the absence of an osmotic gradient. While some UTs, such as the mammalian UT-B and the bacterial ApUT, have been reported to conduct water^{20,21}, UT-A has been shown not to conduct water²². This suggests that, although hydration of urea does not seem to be essential for urea transport *per se*, it might be important for urea transport through the *Hp*UreI channels.

Although water flux through the channel is high, any significant conduction of protons through *Hp*UreI would almost certainly be lethal to *H. pylori*. During all simulations, Na and Cl ions (each at 100 mM concentration) generally do not enter the *Hp*UreI channel. The only exception is a single chloride ion in the 7-µs monomer simulation that briefly enters the cytoplasmic vestibule for ~2 ns before exiting again (Supplementary Fig. S12).

Analysis of the channel reveals that 63% of the channel-lining residues in the cytoplasmic vestibule are charged or polar compared with just 29% in the periplasmic vestibule (Supplementary Fig. S13). A polar cytoplasmic vestibule probably serves to prevent urea moving backwards through the channel after having traversed $C_{\rm C}$, while the hydrophobic lining of the periplasmic vestibule almost certainly serves to discourage ions to enter the channel.

Sodium ions generally enter much deeper into the bilayer than Cl⁻, due to hydrogen bonding interactions with the phosphate head groups, which are located closer to the core of the bilayer^{23–25}. Nevertheless, Na⁺ avoids the full length (~20 Å) of the channel pore (Supplementary Fig. S12). Similarly, NH₄⁺ (at 75 mM concentration) also does not enter the channel (Supplementary Fig. S14). These findings suggest that the periplasmic vestibule and constrictions are too hydrophobic to allow ions to pass through the channel.

Conduction of NH₃ and CO₂. The 2NH₃ and 1CO₂ produced for each urea hydrolyzed in the cytoplasm need to reach the periplasm before picking up a proton (NH₃ to NH₄⁺) or being converted to carbonic acid (CO₂ to H_2CO_3 to $H^+ + HCO_3^-$), the latter being catalysed by a periplasmic carbonic anhydrase (Supplementary Fig. S1)²⁶. To check the retrograde pathway of the hydrolysis products, we performed equilibrium simulations in the presence of NH₃ and CO₂. Both solutes were found to preferentially go through the bulk bilayer and the central lipid plug, and the rate in both cases is much higher than the urea flux rate, suggesting no particular molecular mechanism is required to provide efficient efflux of buffering products to the periplasm. The permeation rate for CO_2 is $4.5 \times 10^6 \text{ s}^{-1}$ at 5 mMconcentration, while the rate for NH₃ is $2.0 \times 10^6 \text{ s}^{-1}$ at 10 mM concentration (Supplementary Fig. S15). This result agrees with previous molecular dynamics simulations that demonstrated that both CO₂ and NH₃ can easily cross membranes of different compositions and do not require specific proteins for transport²⁷.

Discussion

Unbiased microsecond equilibrium molecular dynamics simulations of HpUreI have been used to study the mechanism of urea conduction at atomic detail (see Fig. 1). The hexameric assembly was found to be critical to preserve the structural integrity of the channels in the membrane (Supplementary Fig. S2). This unusual arrangement might serve to ensure a tight seal between HpUreI and the cytoplasmic urease to avoid toxic alkalinization of the cytoplasm by the NH₃ produced by urea hydrolysis (Supplementary Fig. S16). The arrangement might also play a role in the pH gating of the channel by periplasmic loop folding cooperatively or onto neighboring channels.

HpUreI is selective for urea and closely related molecules^{5,8,28}, but nevertheless has a remarkably low binding affinity for urea $(K_d = \sim 163 \text{ mM})^8$, and no ordered urea was observed in the crystal structure⁵. The simulations reveal that this low affinity is due to a combination of dehydration and confinement of urea in the HpUreI channel. Water molecules lost from the bulk water hydration shell cannot be fully replaced by contacts with porelining side chains because of a lack of sufficient hydrogen bonding partners, resulting in an energetic penalty associated with urea dehydration. In addition, the simulations show that urea, which has a liquid state dipole moment of 6–8 D¹¹, preferentially orients inside the channel during transport, with the amino groups pointing away from the central lipid plug (see Fig. 2), resulting in an energetic penalty associated with a reduction in entropy. The net alignment of urea in the channel, observed in the simulations, matches the electrostatic charge distribution on the periplasmic channel surface, previously derived by electrostatic potential calculations⁵, with the carbonyl group pointing towards a positive protein surface facing the central plug and the amino groups facing towards a negative protein surface directed towards the bulk lipids in the bilayer. The surface charge arrangement might serve to correctly pre-orient urea molecules for efficient transport through the selectivity filter further inside the channel pore.

A total of 15 urea transport events were captured in the simulations of wild-type HpUreI. Scaled to 5 mM, which is much closer to the gastric urea concentration, this corresponds to a single-channel conduction rate of $10^3 - 10^4$ s⁻¹. This value seemed low, given that channel proteins usually display solute transport rates that are several orders of magnitude higher, achieving singlepore permeation rates of $10^6 - 10^9 \text{ s}^{-1}$ (refs 15,17). This result prompted us to experimentally determine the urea conduction rates in *H. pylori* cells⁵, giving an approximately single-channel transport rate of $10^2 - 10^3 \text{ s}^{-1}$, which is lower than the rate of $\sim 10^4 \text{ s}^{-1}$, derived from previous measurements of urea flux through HpUreI channels in proteoliposomes⁸. Nevertheless, both experimental and simulation results confirm that the urea conduction rate is much lower than that of typical channel proteins. One reason might be that high conducting channels typically conduct smaller entities, such as water or monatomic ions. Indeed, the rate of water transport through HpUreI was found to be much higher, equivalent to that of aquaporins (see below).

For the structurally completely unrelated mammalian urea transporters, single-channel rates of 10^4 s^{-1} have been recorded in the presence of a 500 mM urea gradient²⁹, which corresponds to a rate of $\sim 10^2 \text{ s}^{-1}$ at 5 mM. This suggests that *Hp*UreI is a much more efficient channel at low urea concentration gradients, which may be one explanation why *H. pylori* uses this particular channel for uptake of gastric urea, rather than a UT channel homologue, which also occur in bacteria, presumably for nitrogen nutrient uptake³⁰. Another explanation might be that UTs generally do not show pH gating, essential for *H. pylori*'s urea channel, although this might have well developed evolutionary, just as some UreI homologues do not show pH gating. Both UT and *Hp*UreI channels have similar half-saturation urea concentrations of over 100 mM^{8,21,31,32}.

The *Hp*UreI crystal structure revealed two constrictions in the channel, which open transiently during the simulations to allow passage of urea. Even in their open states, the constrictions remain largely hydrophobic and narrow (Figure 7). The free energy profile along the channel pore, which was determined from the urea number density in the pore at equilibrium (see *Methods*), shows that the periplasmic constriction C_P has a barrier for urea transport of ~2 kcal mol⁻¹, significantly lower than the ~3.5 kcal mol⁻¹ barrier observed for C_C (Fig. 2). Together with the observation that the C_P is more hydrophobic (that is, offers less hydrogen bonding partners) than C_C , this suggests that C_P and C_C probably function as proton rejection and urea selectivity filters, respectively.

A significantly higher barrier of ~ 5.0 kcal mol $^{-1}$ was obtained from potential-of-mean-force (PMF) calculations of a nonhomologous UT channel⁷, which is consistent with a lower conduction rate of UT compared with *Hp*UreI channels at low urea concentrations. Although UTs possess an entirely different architecture compared with *Hp*UreI, the free energy profile for transport of urea through the pore is similar, with two closely spaced barriers near the center of each channel (Fig. 2)⁷. The UT profile is at least partly due to the two-fold pseudo symmetry of the long, narrow UT pore, explaining the equal height of both



Figure 7 | Urea transport mechanism. (a): Schematic of the urea conduction mechanism of HpUrel. During transport through the adjacent constriction sites C_P (periplasmic) and C_C (cytoplasmic), urea is sandwiched between highly conserved residues, while simultaneously hydrogen bonding to orthogonally oriented sidechains. C_P is much more hydrophobic, probably to reject protons, while C_C selects for urea-like molecules. Although the channel architecture is completely different, a somewhat analogous local arrangement was observed in the UT channels, where urea was found to be sandwiched between two Phe sidechains with a Glu residue accepting hydrogen bonds from the urea amino groups⁶. (b) Aromatic residues (Phe84, Trp153) wedge urea against a wall of hydrophobic residues (Leu6, Val9, and Leu13), while orthogonal residues W149 and Tyr88 present hydrogen bonding groups and prevent complete desolvation of the constriction sites. (c) Spontaneous urea transport through the central constriction (site 2, shaded grey) of a channel protomer, which obstructs the pore of the water-filled channel in the crystal structure. Rotation of the indole moiety of Trp153 towards the periplasm through rotation around γ_2 transiently opens the constriction allowing the passage of urea (two central panels). The constriction closes again shortly afterwards with the Trp153 orientation returning to that observed in the crystal structure.

barriers. HpUreI displays no such symmetry. While both the HpUreI and UT free energy profiles are primarily the result of the cost of urea desolvation in the channel, the level of hydration is very different. In the HpUreI channel urea is always hydrated by at least four water molecules, while the maximum observed in the UT channel was less than three⁷. This explains why UT channels have higher transport barriers.

Several aquaglyceroporins, which can carry a range of solutes other than water across membranes, also conduct urea. For these proteins, the size of the pore, in particular at the aromatic/ arginine (ar/R) constriction, seems to be the major factor determining urea conduction^{33–35}. Indeed, widening the ar/R constriction by mutating bulky aromatics to small residues in a water-specific aquaporin (AQP1) enabled efficient conduction of urea and glycerol, without affecting water permeability³⁶. This suggests that sufficient space and a high level of hydration are key requirements for urea conduction, irrespective of the pore chemistry.

The simulations identify a sequential interaction of urea with highly conserved residues that determine selectivity and control urea flux through the channel and are located at the cytoplasmic constriction C_C . In particular, urea selectivity by *Hp*UreI depends critically on χ_2 rotation of the indole moiety of Trp153, which opens the closed cytoplasmic constriction observed in the crystal structure for spontaneous conduction (Fig. 4). These rotations are transient and occur on the timescale of tens to hundreds of nanoseconds, necessitating microsecond simulations. In the open configuration, Trp153 acts as a lever that pins urea against a hydrophobic wall formed by the highly conserved residues Leu6, Val9, and Leu13 (Fig. 7 & Supplementary Fig. S17), suggesting that this constriction forms the selectivity filter for planar urealike molecules. This finding explains why both W153A and W153F mutants showed decreased selectivity for urea, while the overall urea transport rate for these mutants was similar to that of wild type⁵.

While Trp153 is vital for selectivity and for maintaining an open pore configuration, hydrogen bonding interactions of urea with the hydroxyl group of Tyr88 are essential for guiding urea through the cytoplasmic constriction (Fig. 7). This finding explains why the experimental Y88F mutant does not conduct $urea^5$.

Although the overall channel architecture is entirely unrelated, a striking similarity between HpUreI and both bacterial and mammalian UT channels is the prominent arrangement of combinations of aromatic and hydrophobic residues in the pore⁶. For both channel types, urea has to pass through the pore sandwiched between either a pair of aromatic residues or an aromatic and hydrophobic residues, with other residues offering hydrogen bonding groups (see Fig. 7)^{5,7}, presumably to ensure high selectivity for a planar urea molecule that is also highly polar. Amide- π stacking interactions have been suggested to aid stabilization of this configuration^{6,37}.

While both UT and HpUreI channels use this aromatic sandwiching motif, the proposed mechanism of urea transport differs. HpUreI features an hourglass shaped channel pore lined exclusively with flexible side chains, only half of which are capable of forming hydrogen bonds with urea. Most of the hydrogen bonding in the channel pore, even at the constriction sites, is provided by water molecules that solvate the entire HpUreI channel pore during conduction (Fig. 6). In contrast, UTs have cylindrical pores that are narrow along their entire length and cannot provide the same level of aqueous hydration⁷, but are instead lined by a continuous ladder of hydrogen bond acceptors provided by the polypeptide backbone carbonyl oxygens, which are presumed to guide urea through the UT channel pore^{6,7}. Furthermore, based on the location of dimethylurea and selenourea in the crystal structures of DvUT and UT-B, respectively, UT pores have been proposed to contain two low affinity urea binding sites, which allow multiple coordination with the urea carbonyl and amino groups, reflected in the low dissociation constant $(K_d = 2.3 \pm 0.1 \text{ mM})^{6,7}$. No binding sites are observed in HpUreI, which has a much lower affinity for urea $(K_{\rm d} = \sim 163 \,{\rm mM})^8$ (Fig. 2).

Remarkably, the simulations revealed that HpUreI conducts water at a single-channel rate of ~10⁹ s⁻¹, which is similar to the rate of aquaporins^{18,19}. While the cytoplasmic constriction C_C is able to shut the channel to water transport completely, this occurs for only ~1% of the time. The pore chiefly alternates between partially and fully open states, which show a continuous water column that connects the periplasmic with the cytoplasmic vestibules (see Fig. 6). This raises the question how HpUreI prevents the flux of protons along a Grotthus proton wire through the channel pore. Recent studies on aquaporins have shown that the large free energy penalty associated with ionic desolvation inside a narrow hydrophobic channel is sufficient to prevent proton conduction, even when a Grotthus proton wire can form^{38,39}, which suggests that in HpUreI the periplasmic constriction serves as the proton rejection filter. Furthermore, Na⁺, Cl⁻, and NH₄⁺ do not enter the periplasmic vestibule or the constrictions during the simulations, demonstrating that this part of the pore is sufficiently narrow and hydrophobic to block hydrated ions (Supplementary Figs S12 and S14).

Compared with UTs, some of which have also been reported to conduct water²¹, HpUreI has a wider pore that allows a much larger number of water contacts (see Fig. 2). This reduces the urea desolvation penalty in the channel and lowers the barrier height for transport, suggesting that efficient conduction of urea at low concentrations, which is essential to the survival of *H. pylori*, might rely on increased urea hydration during transport.

Long timescale unbiased equilibrium molecular dynamics simulations were employed to investigate the mechanism of urea conduction of *Hp*UreI at atomic detail. The computational effort for this study was considerable, with cumulative simulation times of over 10 µs for the HpUreI monomer and over 3 µs for the hexameric channel assembly. These simulations took over 1 year to complete, using some of the world's fastest high performance clusters, including the Anton supercomputer at the Pittsburg Supercomputing Center, which has hardware specifically designed for efficient molecular dynamics simulations⁴⁰. Although the computational effort is 1-2 orders of magnitude larger than for steered or biased simulations (for example, potentials of mean force derived by umbrella sampling), the advantage of equilibrium simulations is that they reveal a great wealth of atomic resolution mechanistic, thermodynamic, and kinetic details that cannot be obtained by any other approach.

In the present study, the simulations reveal how the closed pore of the crystal structure of HpUreI opens to allow conduction of urea and identify the proton rejection and selectivity roles of the two central constrictions in the channel. Aromatic ring rotations with periodicities of tens to hundreds of nanoseconds were found to alternate the conduction properties of the channel, requiring sufficiently long simulation timescales to derive urea conduction rate estimates. The simulations reveal that the channel conducts water at high rates while rejecting ions. This demonstrates that with sufficient computational resources long-timescale equilibrium simulations are an excellent tool to complement structural and physiological experimental techniques, providing highquality information on atomic detail mechanisms.

Methods

Model building. The hexameric HpUreI channel arrangement from the crystal structure (PDB code 3UX4) was used as the starting structure. Periplasmic loop 1 (PL1) between residues 59–72 was not resolved in the crystal structure. These residues were modelled as an extended loop onto a single protomer using the program hippo beta (www.biowerkzeug.com). Missing atoms were added using hippo beta, and the protomer was inserted into a palmitoyloleoyl-phosphocholine (POPC) lipid bilayer and equilibrated for 400 ns, while restraining the protein atoms to the crystal structure coordinates. PL1 showed considerable flexibility (Supplementary Fig. S18).

The equilibrated modelled loop from the monomer simulation was copied and transposed onto the *Hp*UreI hexamer crystal structure. Lipids in the central plug were modelled to match the number of fatty acid tails resolved in the crystal structure (that is, three POPC lipids to match the six fatty acid tails in the narrower periplasmic leaflet of the plug and nine POPC lipids matching the 18 fatty acid tails in the wider cytoplasmic leaflet). The system was equilibrated for 50 ns at 37 °C with strong harmonic position restraints on the protein.

Protonation states of ionizable residues depend on the pH of the system and the local pK_a of the ionizable group. The crystal structure was determined at pH 5.3, and protonation states were chosen such that the periplasmic residues are at pH 5.3, while cytoplasmic pH was assumed to be 7.0. The protonation states are summarized in Supplementary Table S3.

Molecular dynamics simulations. Molecular simulations were performed using GROMACS 4.5 (www.gromacs.org)⁴¹, with the OPLS all-atom protein force field⁴², the TIP3P water model⁴³, and OPLS united-atom lipid parameters for POPC⁴⁴. Additional simulations were performed using the Anton supercomputer at the Pittsburgh Supercomputing Center, with the CHARMM27 protein⁴⁵ and

CHARMM36 lipid force fields⁴⁶, and TIP3P water models (3). Initial configurations for the Anton runs were created using DESMOND software⁴⁰. All simulations were analysed using hippo beta (www.biowerkzeug.com).

Electrostatic interactions were computed using the particle mesh Ewald (PME) method⁴⁷, and a cutoff of 10 Å was used for van der Waals interactions. Bonds involving hydrogen atoms were restrained using LINCS⁴⁸. Simulations were run with a 2 fs integration time step, and neighbour lists were updated every five steps. All simulations are performed in the NPT ensemble, with no additional applied surface tension. Solvent (water, ions, and urea), lipids and the protein were each coupled separately to a heat bath at a temperature of 37 °C with time constant $\tau_{\rm T} = 0.1$ ps using weak temperature coupling⁴⁹. Atmospheric pressure of 1 bar was maintained using weak semi-isotropic pressure coupling with compressibility $\kappa_z = \kappa_{xy} = 4.6 \cdot 10^{-5} \text{ bar}^{-1}$ and time constant $\tau_{\rm P} = 1 \text{ ps}^{50}$. Hexameric simulations were performed without any restraints, while simulations of monomeric protomers were performed both with and without harmonic backbone restraints on the protein. A complete list of simulations is given in Supplementary Table S1.

Free energy profiles. Transmembrane solute free energy profiles were calculated from the occupancy of urea in the channel pore as a function of centre of mass position along the membrane normal. For a system in thermodynamic equilibrium, the occupancy of states is related to the free energy by

$$\Delta G(z) = -RT \ln f(z) \tag{1}$$

where R is the ideal gas constant, T is the temperature, and f(z) is the normalized occupancy of solutes at z. The relative free energy was calculated for each bin, and the minimum was shifted to zero.

Potential of mean force (PMF) calculations. To estimate the barrier of various compounds in the channel, PMF calculations were performed on a UreI monomer embedded in a POPC bilayer for urea, thiourea, and H_3O^+ . The reaction coordinate was taken from the first spontaneous transport event. Evenly spaced windows 0.5 Å apart were selected manually. For each window a 5-ns simulation was performed to obtain the free energy profile along the channel pathway using the weighted histogram analysis method (WHAM)⁵¹. For these simulations, the monomeric simulation system was used and protein backbone atoms were position restrained with harmonic potentials to ensure the protein remains close to the native structure. The PMF trans-bilayer free energy profile was also calculated for urea crossing a POPC lipid bilayer (Supplementary Fig. S19).

The 0.5 Å spacing and 5 ns timescales at each window proved inadequate to produce converged PMF profiles, and the results were not included in this study (see Supplementary Table S4). This is most likely due to the fact that the channel pore is lined exclusively by side chains, which need much longer sampling times to explore all rotameric states accessible at equilibrium. This applies particularly to the conserved aromatic chains of the constrictions that have reorientation timescales of tens to hundreds of nanoseconds (Figs 4 and 5).

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Author contributions

M.B.U. and H.L. designed and supervised the study. M.B.U. and J.P.U. performed the modelling and molecular dynamics simulations. R.M. performed the docking simulation of HpUreI to urease. M.B.U., J.P.U., and H.L. analysed the data. M.B.U. and H.L. wrote the paper, and all authors discussed, modified, and approved the final version.

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