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META-ANALYSIS





MEDICAL

SCIENCE

MONITOR

Background

Several chronic diseases can affect the function of the knee joint, including rheumatoid arthritis and osteoarthritis. Total knee arthroplasty (TKA) is recognized as an effective treatment with a success rate of >90% [1,2]. The number of TKA procedures performed worldwide has recently increased [3,4]. Following TKA, postoperative patient rehabilitation is important to achieve the optimal level of knee function and mobility [5]. With advances in medical technology, several protocols have been developed to improve for recovery following TKA [6,7]. However, there is no consensus regarding standardized methods for postoperative rehabilitation [8]. Therefore, research in this field continues and is important for the development of TKA rehabilitation with improvement in clinical outcome [9].

Bibliometrics is the quantitative analysis of research publications using mathematical and statistical methods and involves the use of a defined set of metrics to assess published research output, impact, and trends [10,11]. Bibliometrics can be used to identify patterns associated with publications in a particular field, and citation data can be evaluated quantitatively to understand key areas of research and to predict future research directions [11,12].

Worldwide, many authors have published clinically relevant research findings on TKA rehabilitation, including studies on the best time, duration, and intensity for rehabilitation training, the efficacy, ease, and safety of methods to improve core function, and postoperative pain management [13–15]. Clinical research in this field is growing, and bibliometric analysis of this field may provide direction for research clinicians and raise awareness of research trends, journal selection, and key topics. However, there have been few bibliometric studies on postoperative rehabilitation for patients who undergo TKA. Previous bibliometric studies have focused on nonsurgical treatment or the surgical approach for orthopedic disorders but did not address postoperative rehabilitation [16,17].

The Web of Science Core Collection is an online science citation database that can be used to obtain citation, topic, author, institution, and impact factor (IF) data [18]. This online database provides search analysis tools that can produce representative figures, which is convenient for evaluating the scientific and technical influence of authors, institutions, and countries [19,20]. Importantly, the search results can be directly processed and exported for analysis using CiteSpace, which analyzes publication data [21].

Therefore, this bibliometric study aimed to analyze the current status and trends between 1999 and 2018 of publications on postoperative rehabilitation following TKA and used CiteSpace to analyze publications identified from the Web of Science Core Collection database. The patterns of the research publications in this field were mapped to determine key authors, research topics, institutions, collaborations, research trends, and emerging areas of research in the field of postoperative rehabilitation following TKA.

Material and Methods

Data acquisition and search terms

The Web of Science Core Collection was analyzed to obtain data on publications, authors, institutions, countries, topics, and impact factor (IF). The search results were directly processed and exported for analysis using CiteSpace (5.3.R11) software [21].

The search terms used to identify publications included: topic: ("total knee arthroplast*" OR "total knee replacement") AND topic: ("occupational therap*" OR "physical therap*" OR "physical medicine" OR "rehabilitation") NOT topic: ("total hip arthroplast*" OR "total hip replacement" OR "total shoulder arthroplast*" OR "total shoulder replacement" OR "total ankle arthroplast*" OR "total ankle replacement"). The search was conducted for publications between 1999 to 2018, and the date of the retrieval was 4th March 2019. The search index used included Science Citation Index Expanded (SCI-Expanded), the Conference Proceedings Citation Index–Science (CPCI-S), Index Chemicus (IC), and Current Chemical Reactions Expanded (CCR-Expanded). The total number of publications identified was 1,292.

Bibliometric indicators and data processing

This study measured the impact of scientific research using standard bibliometric indicators [22]. After searching the Web of Science Core Collection, the number of publications and the total and average citations for the authors and journals were recorded. For authors actively publishing on TKA rehabilitation, the following indicators were measured: the h-index, which is the number of publications and the number of times the publication is cited; the R-index, which is the square-root of the total citation frequency in the h-core, defined by the h-index; the $h^{(2)}$ -index, or the number of publications $h^{(2)}$ that are cited at least $[h^{(2)}]^2$ times; and the i10-index, or number of publications cited at least 10 times [11,23-25]. The higher the values of these bibliometric indicators, the greater the influence of the authors and their publications.

CiteSpace (5.3.R11) software was used to analyze the overall structure of the network, the network clusters, the links between clusters, the key nodes or pivot points, and the pathways. A node in the map represented the type of study being analyzed, and links between the nodes represented relationships

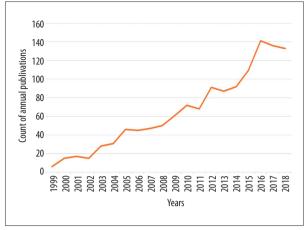


Figure 1. Trends in the count of publications from 1999 to 2018 on patient rehabilitation after total knee arthroplasty. The horizontal coordinates represent the year of publication. The vertical coordinates represent the number of publications.

or collaborations, co-occurrence, or co-citations. The color of each annual ring represented the distribution time. Adjacent clusters corresponded to related topics, and the knowledge that flowed between clusters could be seen from the changes in time, with a change from a cool to a warm color [21,26].

The modularity (Q-value) and silhouette-values were calculated when the cluster analysis was performed. Q >0.3 identified the cluster structure as significant. If the silhouette-values were >0.5, the clusters obtained were reasonable. If the silhouette-values were >0.7, the clusters obtained were considered credible [27].

Parameter settings

There were seven specific parameter settings used in CiteSpace, as follows: the time-slicing was set to 1999–2018; the number of years per slice was set to 1; the selected term sources used were title, abstract, author, keyword, and keywords plus; for the node type, only one option was selected at a time from author, institution, country, reference, cited journal, and keyword; the default option in CiteSpace was used for the selection criteria; for the pruning parameter, 'pathfinder,' and 'pruning the merged network' were selected; for the visualization parameter, 'cluster view-static,' and 'show merged network' were selected.

Results

Bibliometric analysis of publication output

Between 1999 and 2018, 1,292 clinical research publications were identified on the topic of postoperative patient rehabilitation following total knee arthroplasty (TKA). The publications included 1,118 research articles, 100 review articles, 85 proceedings manuscripts, 27 meeting abstracts, 16 editorials, and 11 letters. The language of most publications was English, accounting for 94.7% of the publications identified. As shown in Figure 1, the annual publication output showed slow growth between 1999 and 2013, with 678 publications, representing 52.5% of the total publications in the 20-year study. Between 2014 and 2018, the annual publication output showed a rapid increase, with 613 publications in 5 years, representing 47.5% of the total publications. The number of publications (n=141) reached a peak in 2016.

 Table 1. The top 10 active journals that published on rehabilitation of total knee arthroplasty from 1999 to 2018.

Ranking	Journal	Frequency	Times cited	Times cited (per article)	IF 2017
1	Journal of Arthroplasty	105	2,456	23.94	3.338
2	Knee Surgery Sports Traumatology Arthroscopy	51	639	12.84	3.21
3	Clinical Orthopaedics and Related Research	48	1,801	37.83	4.091
4	Archives of Physical Medicine and Rehabilitation	43	807	19.07	3.077
5	Journal of Bone and Joint Surgery (American Volume)	34	1,666	49.32	4.583
6	Кпее	33	699	21.39	1.903
7	Anesthesia and Analgesia	30	1,531	52.30	3.463
8	BMC Musculoskeletal Disorders	27	462	79.22	1.998
9	Regional Anesthesia and Pain Medicine	26	762	30.00	4.382
10	American Journal of Physical Medicine Rehabilitation	22	411	18.82	1.843

IF - impact factor.

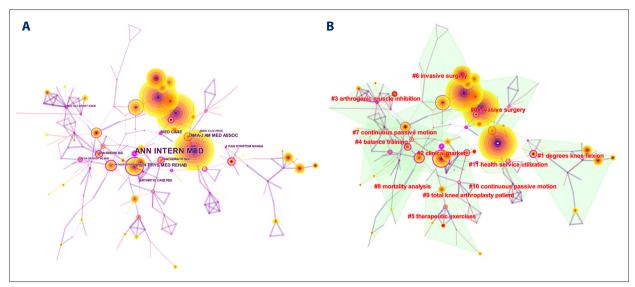


Figure 2. Maps of the cited journals that published manuscripts from 1999 to 2018 on patient rehabilitation after total knee arthroplasty. (A) Co-citation network map of cited journals. The nodes in the map represent cited journals. (B) The cluster of cited journals. The name of the cluster represents the topics of cited journals. Lines between the nodes represent co-citation relationships. The smaller the number, the more nodes the clustering contains.

Ranking	Frequency	Author	Institution	Times cited (per article)	h-index	h ⁽²⁾ -index	R-index	i10-index
1	26	Snyder-Mackler L	University of Delaware	54.04	18	7	38.35	20
2	26	Stevens-Lapsley JE	University of Colorado System	21.58	13	5	24.45	15
3	24	Mont MA	Cleveland Clinic	15.58	11	5	19.85	12
4	12	Bade MJ	University of Colorado System	23.67	8	5	18.36	7
5	12	Kehlet H	University of Copenhagen	33.42	9	5	21.73	8
6	11	Bhave A	Sinai Hospital of Baltimore	9.45	7	3	10.91	11
7	11	Ilfeld BM	University of California, San Diego	44.73	10	6	22.61	10
8	11	Karatosun V	Dokuz Eylul University	7.81	6	3	8.66	2
9	11	Moffet H	Laval University	48.00	9	6	23.87	9
10	11	Unver B	Dokuz Eylul University	7.18	8	4	13.96	7

Table 2. The top 10 active authors who published literature on rehabilitation of total knee arthroplasty from 1999 to 2018.

Bibliometric analysis of the journals

A total of 306 journals published papers related to the field of TKA rehabilitation during the past two decades, between 1999 and 2018. Active journals were defined as journals that had the most publications within a certain period. The top 10 most active journals are shown in Table 1. In total, 419 publications in the field were published in these 10 journals, accounting for 32.48% of the total publications. The highest-ranking journal was the *Journal of Arthroplasty*, with 105 publications and an

impact factor (IF) of 3.524. The second was *Knee Surgery, Sports Traumatology, Arthroscopy*, with 51 publications and an IF of 3.149. The third was *Clinical Orthopaedics and Related Research,* with 48 publications and an IF of 4.154. However, only one of the top 10 journals had an IF of >5.000 (maximum, 5.113). Six journals had an IF of 2.000 to 5.000 (maximum, 4.716), while three journals had an IF of <2.000 (minimum, 1.834).

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Indexed in: [Current Contents/Clinical Medicine] [SCI Expanded] [ISI Alerting System] [ISI Journals Master List] [Index Medicus/MEDLINE] [EMBASE/Excerpta Medica] [Chemical Abstracts/CAS]

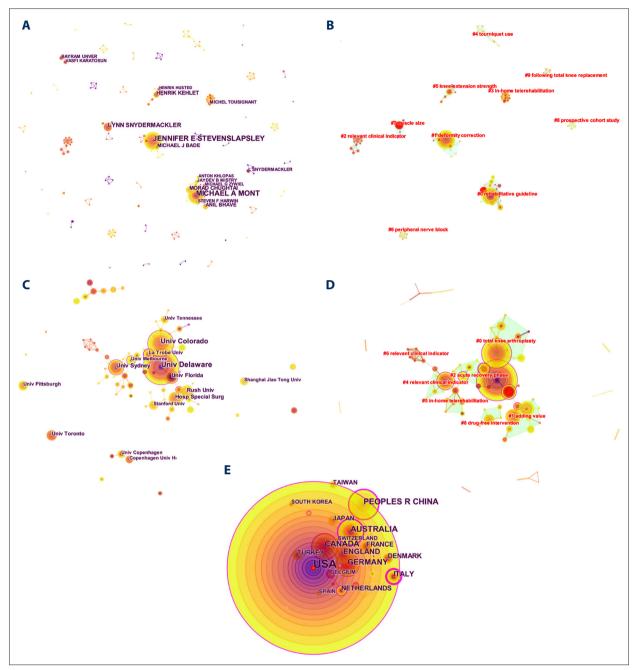


Figure 3. Maps of authors who published between 1999 to 2018 on patient rehabilitation after total knee arthroplasty. (A) Co-authorship map of authors. (B) Cluster map of authors (top 10). (C) Co-authorship map of institutions. (D) Cluster map of institutions. (E) Co-authorship map of countries. The nodes in the map represent different authors, institutions, countries, or territories. The lines between the nodes represent co-citation relationships. The larger the node area, the greater the number of co-citations. The smaller the number, the more nodes the clustering contains.

Bibliometric analysis of co-citations

The co-citation network map and cluster map were obtained by CiteSpace (Figure 2A, 2B). Twelve clusters were obtained. The Q-value was 0.7958, and all silhouette-values were >0.7. The highest-ranking item by citation counts was *Clinical* *Orthopaedics and Related Research* in Cluster #6 (invasive surgery), with a citation count of 849. The second was the *Journal of Arthroplasty* in Cluster #6, with a citation count of 848. The third was the *Journal of Bone and Joint Surgery, American Volume* in Cluster #0 (invasive surgery), with a citation count of 817. Six of the top 10 most frequently cited journals are shown in Table 1.

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Indexed in: [Current Contents/Clinical Medicine] [SCI Expanded] [ISI Alerting System] [ISI Journals Master List] [Index Medicus/MEDLINE] [EMBASE/Excerpta Medica] [Chemical Abstracts/CAS]

		Top 2 Authors w	vith the stronge	st citation burs	ts
Authors	Yera	Strenght	Begin	End	1999–2018
Lynn snydermackler	1999	3.2799	2009	2014	
Morad chughtai	1999	4.0832	2016	2018	
		Top 3 Institiutions	with the strong	gest citation bu	ırsts
Institutions	Yera	Strenght	Begin	End	1999–2018
Univ Florida	1999	4.034	2002	2011	
Univ Virginia	1999	3.8811	2006	2010	
Sinai Hosp	1999	3.1832	2007	2011	
		Top 7 Countries	with the strong	est citation bur	sts
Countries	Yera	Strenght	Begin	End	1999–2018
		-			
USA	1999	8.2144	2000	2003	
Germany	1999	7.8641	2001	2008	
France	1999	3.4526	2002	2005	
Canada	1999	3.6191 3.1084	2008 2011	2011 2014	
Brazil	1999		2011	2014	
Taiwan South Korea	1999 1999	4.5027 3.1271	2012	2015	
		Top 25 Keywords	with the strong	est citation bu	rsts
Keywords	Yera	Strenght	Begin	End	1999–2018
Range	1999	4.9339	2001	2005	
Arthroplasty	1999	5.657	2001	2004	
Rehabilitation	1999	3.3274	2001	2003	
3 in one block	1999	6.5613	2001	2011	
Continuous passive motion	1999	6.1368	2001	2011 2009	
Continuous passive motion Patient controlled analgesia	1999 1999	6.1368 3.9838	2001 2002	2011 2009 2009	
Continuous passive motion Patient controlled analgesia Knee arthroplasty	1999 1999 1999	6.1368 3.9838 3.1612	2001 2002 2002	2011 2009 2009 2006	
Continuous passive motion Patient controlled analgesia Knee arthroplasty Joint	1999 1999 1999 1999	6.1368 3.9838 3.1612 3.0842	2001 2002 2002 2002	2011 2009 2009 2006 2006	
Continuous passive motion Patient controlled analgesia Knee arthroplasty Joint Rheumatoid arthriti	1999 1999 1999 1999 1999	6.1368 3.9838 3.1612 3.0842 4.8846	2001 2002 2002 2002 2002 2002	2011 2009 2009 2006 2006 2006 2004	
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Continuous passive motion Patient controlled analgesia Knee arthroplasty Joint Rheumatoid arthriti Lumbar plexus Ropivacaine Bupivacaine Postoperative analgesia	1999 1999 1999 1999 1999 1999 1999	6.1368 3.9838 3.1612 3.0842 4.8846 3.4186 5.809	2001 2002 2002 2002 2002 2004 2004	2011 2009 2009 2006 2006 2004 2006 2006	
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Continuous passive motion Patient controlled analgesia Knee arthroplasty Joint Rheumatoid arthriti Lumbar plexus Ropivacaine Bupivacaine Postoperative analgesia Duration	1999 1999 1999 1999 1999 1999 1999 199	6.1368 3.9838 3.1612 3.0842 4.8846 3.4186 5.809 3.4377 4.3587 4.375	2001 2002 2002 2002 2004 2004 2004 2004	2011 2009 2006 2006 2006 2004 2006 2007 2011 2007 2011	
Continuous passive motion Patient controlled analgesia Knee arthroplasty Joint Rheumatoid arthriti Lumbar plexus Ropivacaine Bupivacaine Postoperative analgesia Duration Flexion	1999 1999 1999 1999 1999 1999 1999 199	6.1368 3.9838 3.1612 3.0842 4.8846 3.4186 5.809 3.4377 4.3587 4.3587 4.375 3.7804	2001 2002 2002 2002 2004 2004 2004 2004	2011 2009 2006 2006 2004 2006 2007 2011 2007 2011 2007 2011 2009	
Continuous passive motion Patient controlled analgesia Knee arthroplasty Joint Rheumatoid arthriti Lumbar plexus Ropivacaine Bupivacaine Postoperative analgesia Duration Flexion Length of stay	1999 1999 1999 1999 1999 1999 1999 199	6.1368 3.9838 3.1612 3.0842 4.8846 3.4186 5.809 3.4377 4.3587 4.3587 4.375 3.7804 3.165	2001 2002 2002 2002 2004 2004 2004 2004	2011 2009 2006 2006 2004 2006 2007 2011 2007 2011 2009 2007	
Continuous passive motion Patient controlled analgesia Knee arthroplasty Joint Rheumatoid arthriti Lumbar plexus Ropivacaine Bupivacaine Postoperative analgesia Duration Flexion Length of stay System	1999 1999 1999 1999 1999 1999 1999 199	6.1368 3.9838 3.1612 3.0842 4.8846 3.4186 5.809 3.4377 4.3587 4.3587 4.375 3.7804 3.165 3.6442 3.7991 3.7277	2001 2002 2002 2002 2004 2004 2004 2004	2011 2009 2006 2006 2004 2007 2011 2007 2011 2009 2007 2011 2009 2007 2011 2007 2011	
Continuous passive motion Patient controlled analgesia Knee arthroplasty Joint Rheumatoid arthriti Lumbar plexus Ropivacaine Bupivacaine Postoperative analgesia Duration Flexion Length of stay System Revision Sciatic nerve block Incision	1999 1999 1999 1999 1999 1999 1999 199	6.1368 3.9838 3.1612 3.0842 4.8846 3.4186 5.809 3.4377 4.3587 4.3587 4.375 3.7804 3.165 3.6442 3.7991 3.7277 6.4238	2001 2002 2002 2004 2004 2004 2004 2004	2011 2009 2006 2006 2004 2007 2011 2007 2011 2009 2007 2011 2007 2011 2007 2011	
Continuous passive motion Patient controlled analgesia Knee arthroplasty Joint Rheumatoid arthriti Lumbar plexus Ropivacaine Bupivacaine Postoperative analgesia Duration Flexion Length of stay System Revision Sciatic nerve block Incision Complication	1999 1999 1999 1999 1999 1999 1999 199	6.1368 3.9838 3.1612 3.0842 4.8846 3.4186 5.809 3.4377 4.3587 4.375 3.7804 3.165 3.6442 3.7991 3.7277 6.4238 3.373	2001 2002 2002 2004 2004 2004 2004 2004	2011 2009 2006 2006 2004 2007 2011 2007 2011 2009 2007 2011 2007 2011 2007 2011 2007 2010 2010	
Continuous passive motion Patient controlled analgesia Knee arthroplasty Joint Rheumatoid arthriti Lumbar plexus Ropivacaine Bupivacaine Postoperative analgesia Duration Flexion Length of stay System Revision Sciatic nerve block Incision Complication Stay	1999 1999 1999 1999 1999 1999 1999 199	6.1368 3.9838 3.1612 3.0842 4.8846 3.4186 5.809 3.4377 4.3587 4.375 3.7804 3.165 3.6442 3.7991 3.7277 6.4238 3.373 5.0439	2001 2002 2002 2004 2004 2004 2004 2004	2011 2009 2006 2006 2006 2007 2011 2007 2011 2009 2007 2011 2007 2011 2007 2010 2006 2010 2009 2010	
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Figure 4. The strongest citation bursts in publications from 1999 to 2018 on patient rehabilitation after total knee arthroplasty.
 (A) The author with the strongest citation bursts. (B) Institutions with the strongest bursts. (C) Countries with the strongest citation bursts. Burst authors, institutions, countries, or territories are expected to contribute significantly to this field in the future. (D) Keywords with the strongest citation bursts. Burst keywords show the frontier topics and key areas of research.

Ranking	Frequency	Institution	Frequency	Country
1	36	University of Delaware	494	U.S.A.
2	33	University of Colorado System	87	Canada
3	31	University of Colorado Health Science Center	87	P.R. China
4	29	State University System of Florida	82	Australia
5	26	University of Copenhagen	74	Germany
6	25	University of Toronto	63	England
7	22	University of California System	45	Italy
8	20	Pennsylvania Commonwealth System of Higher Education Pcshe	39	Denmark
9	20	Rush University	39	France
10	20	University of Florida	39	Netherlands

 Table 3. The top 10 active institutions and countries that published literature on rehabilitation of total knee arthroplasty from 1999 to 2018.

Bibliometric analysis of the authors

A total of 4,924 authors published manuscripts on rehabilitation following TKA during the last two decades. Table 2 shows the top 10 most active authors and their affiliates from 1999 to 2018. The co-authorship map and cluster map of authors are shown in Figure 3A and 3B, where each node represents an author. In total, 57 clusters were generated, with a Q-value of 0.9117. However, only 37 clusters had silhouette-values of >0.7. The highest-ranked item by citation counts was from the author, Stevens-Lapsley in Cluster #1 (deformity correction, citation count of 25), followed by Mont in Cluster #0 (rehabilitative guideline, citation count of 23), and Snyder-Mackler in Cluster #7 (muscle size, citation count of 12). Stevens-Lapsley (h-index=13; h⁽²⁾-index=5; R-index=24.45; i10-index=15), Mont (h-index=11; h⁽²⁾-index=5; R-index=19.85; i10-index=12), and Snyder-Mackler (h-index=18; h⁽²⁾-index=7; R-index=38.35; i10index=20) were among the top 10 authors.

The centrality of the author, Stevens-Lapsley in Cluster #1 (deformity correction), and Mont in Cluster #0 (rehabilitation guideline) was 0.01, while the other authors had a centrality of <0.01. Also, Snyder-Mackler and Chughtai showed an increase in the number of publications from 2009 to 2014 and from 2016 to 2018, respectively (Figure 4A).

Bibliometric analysis of the institutions

From 1999 to 2018, a total of 1,564 research institutions published in this field. The co-authorship map and cluster map of the institutions are shown in Figure 3C and 3D, respectively. Seven clusters were obtained, with a Q-value of 0.9117, and all silhouette-values were >0.7. The top 10 most active institutions are shown in Table 3. The highest-ranked item by citation counts was the University of Delaware in Cluster #2 (acute recovery phase, citation count of 32), followed by the University of Colorado System in Cluster #0 (TKA, citation count of 23) and the University of Sydney in Cluster #4 (relevant clinical indicator, citation count of 14). The highest-ranked item by centrality was La Trobe University (centrality, 0.22), followed by the University of Melbourne (centrality, 0.17) and the University of Delaware (centrality, 0.16). They were all in Cluster #2 (acute recovery phase). The main institutions that collaborated with the University of Delaware were the University of Frida, Eastern Washington University, and La Trobe University. La Trobe University also collaborated closely with the University of Colorado, the University of Delaware, the University of the Sunshine Coast, and the University of Melbourne. A sudden increase in publications from the University of Florida occurred between 2002 and 2011, from the University of Virginia between 2006 to 2010, and from Mount Sinai Hospital between 2007 and 2011 (Figure 4B).

Bibliometric analysis of the countries

From 1999 to 2018, research institutions from 65 countries published in this field. Figure 3E shows the co-authorship map of these countries. The top 10 most active countries are shown in Table 3. The highest-ranked country by citation count was the United States (citation count, 481), followed by Canada (citation count, 83) and China (citation count, 83). The highest-ranked country by centrality was Belgium (centrality, 0.57), followed by Italy (centrality, 0.48), and Canada (centrality, 0.36). The main country that collaborated with the United States

Cluster	Size	Silhouette mean	Year	Label
0	55	0.919	2007	Continuous sciatic nerve block
1	54	0.9	2012	Preoperative body mass index
2	53	0.915	2003	1-and 2-year outcome
3	51	0.999	2005	Medial subvastus approach
4	49	0.884	2011	Total knee arthroplasty
5	36	0.974	2001	Manual therapy
6	36	0.896	2008	Conditioning professional
7	36	0.982	2001	Hip fracture surgery
8	35	0.962	1998	Inpatient rehabilitation
9	34	0.896	2004	Following total knee replacement

Table 4. The largest 10 clusters of references in the co-citation network.

Table 5. The top 10 active references cited by the literature on rehabilitation of total knee arthroplasty from 1999 to 2018.

Ranking	Times cited	Reference	Representative author (publication year)	Cluster
1	54	Improved function from progressive strengthening interventions after total knee arthroplasty: a randomized clinical trial with an imbedded prospective cohort	Petterson SC, (2009)	4
2	54	Effects of perioperative analgesic technique on the surgical outcome and duration of rehabilitation after major knee surgery	Capdevila X, (1999)	7
3	48	Effects of intravenous patient-controlled analgesia with morphine, continuous epidural analgesia, and continuous three-in-one block on postoperative pain and knee rehabilitation after unilateral total knee arthroplasty	Singelyn FJ, (1998)	7
4	47	Femoral nerve block improves analgesia outcomes after total knee arthroplasty: a meta-analysis of randomized controlled trials	Paul JE, (2010)	0
5	47	Quadriceps strength and the time course of functional recovery after total knee arthroplasty	Mizner RL, (2005)	2
6	43	Projections of primary and revision hip and knee arthroplasty in the United States from 2005 to 2030	Kurtz S, (2007)	4
7	39	Outcomes before and after total knee arthroplasty compared with healthy adults	Bade MJ, (2010)	4
8	38	Early quadriceps strength loss after total knee arthroplasty. The contributions of muscle atrophy and failure of voluntary muscle activation	Mizner RL, (2005)	2
9	36	Examining outcomes from total knee arthroplasty and the relationship between quadriceps strength and knee function over time	Yoshida Y, (2008)	13
10	35	Early neuromuscular electrical stimulation to improve quadriceps muscle strength after total knee arthroplasty: a randomized controlled trial	Stevens-lapsley JE, (2012)	12

was England. The main collaborators with China were India, Canada, and Japan. The main collaborators with Canada were Australia, China, and Belgium. However, some countries published a small number of papers but collaborated closely with other countries. For example, Belgium only published 15 papers during the past two decades, but Belgium collaborated with Australia, Canada, the Netherlands, Scotland, Argentina, Spain, and Italy. A sudden increase in publications was seen

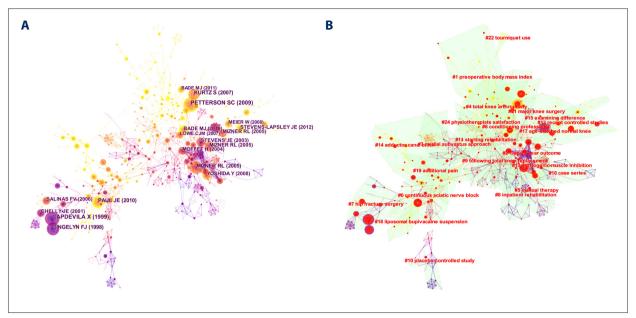


 Figure 5. Maps of references cited in the literature from 1999 to 2018 on patient rehabilitation after total knee arthroplasty. (A) Cocitation network map of references. The nodes in the map represent different references. (B) Cluster map of references. The name of the cluster represents the topics of the references. The smaller the number, the more nodes the clustering contains. The core clinical research areas in this field were identified, which may help authors to understand basic research principles.

from the United States, Germany, and France between 2000 and 2008 and in Canada, Brazil, Taiwan, and South Korea between 2008 and 2016 (Figure 4C).

Bibliometric analysis of the reference citations

More than 25,600 references were cited during the past 20 years, between 1999 and 2018. Maps of the references cited are shown in Figure 5. In total, 25 clusters were obtained, with a Q-value of 0.8528, and all silhouette-values were >0.7. The 10 largest clusters and top 10 references with the most citations are presented in Tables 4 and 5 [28–37].

Bibliometric analysis of the keywords

Figure 6A and 6B show the maps of the keyword co-occurrence network and keyword co-occurrence cluster. Eleven clusters were obtained, with a Q-value of 0.675. All silhouette-values were >0.7. The 10 largest clusters are presented in Table 6. The timeline view shows that new keywords appeared almost every year (Figure 6C).

The three most frequently used keywords were "rehabilitation" (n=512), "total knee arthroplasty" (n=481), and "replacement" (n=414). The highest-ranked keywords by centrality were "total knee arthroplasty" (centrality, 0.29), "instrument" (centrality, 0.2), and "inpatient rehabilitation" (centrality, 0.19). The keyword that appeared most often with "rehabilitation" was "surgery." "Total knee arthroplasty" most often appeared with

"3-in-1 block" and "fracture." "Replacement" most often appeared with "knee." "Total knee arthroplasty" most often appeared with the keywords "follow-up," "voluntary activation," "benefit," "quadriceps strength," "replacement surgery," "morphine," "incision," "regional anesthesia," "nerve block," "electrical stimulation," "experience," "implant design," "preoperative," and "exercise." "Instrument" most often appeared with the keywords "reliability," "ligament," "validation," "validity," "kinematics," "replacement surgery," "program," "hemophilia," "functional recovery," "term follow-up," "inhibitor," "orthopedic surgery," and "orthopedic consultation." "Inpatient rehabilitation" most often appeared with the keywords "WOMAC," "follow-up," "injury," "service," "length of stay," "discharge," "articular," "range of motion," and "patient characteristics." In recent years, the frequency of the following keywords suddenly increased: "range," "flexion," "incision," and "motion" suddenly increase between 2001 and 2008; "morphine," "continuous passive motion," "patient-controlled analgesia," "stay," and "complication" suddenly increased between 2001 and 2009; and "epidural analgesia," "physiotherapy," "postoperative analgesia," "recovery," "ropivacaine," and "arthritis" increased between 2004 and 2012 (Figure 4D).

Discussion

This bibliometric study aimed to analyze the current status and trends during the past two decades, between 1999 and 2018, of publications on postoperative rehabilitation following

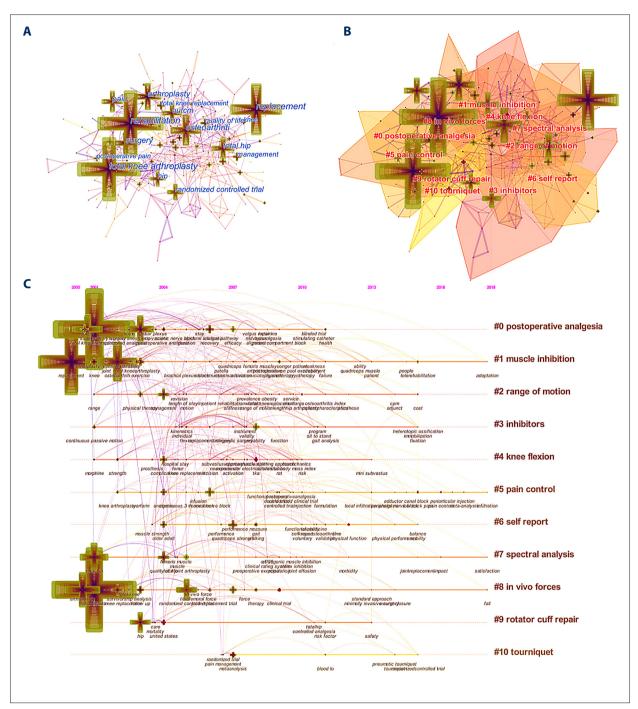


Figure 6. Maps of keyword co-occurrence in publications from 1999 to 2018 on patient rehabilitation after total knee arthroplasty.
 (A) The keyword co-occurrence network map. The nodes in the map represent keywords. (B) The keyword co-occurrence cluster map. The name of the cluster represents the key areas of research. (C) The keyword co-occurrence cluster map in the timeline view. The chronological order in which keywords appear in each cluster can be found. The smaller the number, the more nodes the clustering contains.

total knee arthroplasty (TKA) using the Web of Science Core Collection database and CiteSpace. The findings provided insight into recent developments in published clinical research in the field of TKA rehabilitation, the most active journals, global research collaborations, the core clinical research areas, and emerging areas of research. The analysis of publication output showed that the study period could be divided into two stages. In the first stage, from 1999 to 2013, the clinical

Cluster	Size	Silhouette mean	Year	Keyword
0	41	0.819	2005	Postoperative analgesia
1	37	0.89	2007	Muscle inhibition
2	31	0.904	2008	Range of motion
3	31	0.897	2008	Inhibitors
4	29	0.887	2007	Knee flexion
5	22	0.937	2010	Pain control
6	22	0.916	2010	Self report
7	20	0.782	2008	Spectral analysis
8	20	0.934	2006	In vivo forces
9	13	0.934	2006	Rotator cuff repair

Table 6. The largest 10 clusters in the keyword co-occurrence network.

research publications focused on the importance of postoperative TKA rehabilitation. In the second stage, from 2014 to 2018, the clinical research publications reflected a period of rapid development with a small peak in 2016. These findings support that the field of TKA rehabilitation is developing well and has a bright future. It is anticipated that authors will begin to focus on further emerging research directions in this field, including the best time, duration, and intensity for rehabilitation training, the ease and safety of rehabilitation methods for core body function, effective methods of local nerve block to reduce pain, and the selection of rehabilitation methods [13,14,38–40].

The identification of core journals with high publication and co-citation counts provide important information for authors to select high-quality journals. The top 10 most active journals published less than half (32.48%) of the research in the field of TKA rehabilitation. This finding suggests that publications are widely distributed between different journals. Authors might not have the required knowledge or experience to select the most appropriate journals for publication of their research. However, the findings from the present bibliographic study may provide some guidance to clinical research authors in the field of orthopedic and knee surgery and rehabilitation. The top three most active journals, the *Journal of Arthroplasty*; Knee Surgery, Sports Traumatology, Arthroscopy, and Clinical Orthopaedics and Related Research, were identified as relevant journal choices that would be likely to accept studies on TKA rehabilitation and have a certain impact in this field. Also, only one of the top 10 most active journals had an impact factor (IF) >5.000, and most journals had an IF of 2.000 to 5.000. Additionally, the concordance rate was only 60% between the top 10 most active journals and the top 10 most frequently cited journals. There may be two reasons for this finding. It is possible that these authors did not engage in self-citation, or that the authors had different research directions, resulting in lower citation rates. Also, the literature in this field lacked references to journals with a high IF. This finding indicates that the level and quality of research in the field of TKA rehabilitation should be improved, which will require authors worldwide to strengthen their contacts and communication and to collaborate in performing high-quality clinical research.

This study used CiteSpace software, which allowed analysis of the current state of global research collaborations in this field. Authors around the world do not engage in close collaboration, as shown by the findings from the co-occurrence network analysis, as too many clusters were formed. However, collaborative research partnerships were identified between institutions. This finding indicates that the authors from collaborating institutions might participate in different research areas within this field, such as the development of postoperative rehabilitation guidelines, deformity correction, development of muscle mass, knee extension strength, and clinical follow-up. Because of these different research directions, collaboration between authors has become less common. The degree of collaboration between different countries also varied. The United States had the largest number of publications, but only one country collaborated with it. In contrast, Belgium published a small number of papers, but nine countries collaborated with Belgium. Therefore, countries such as the United States, as a core source of published studies, could strengthen collaborations with other countries to promote the development of this field of clinical research.

The authors, institutions, countries, or territories that publish the largest number of papers demonstrate not only contributions to the field, but also their research capabilities and degree of influence in this field. A citation burst occurs when these sources of authors suddenly publish a large number of papers within a certain amount of time. These authors, institutions, countries, or territories are expected to contribute significantly to this field in the future. The top 10 most active authors and their affiliates in this field during the most recent 20 years were from Europe and America. Japan had high-level research authors and institutions, but the number of publications was small. China was the only developing country from Asia in the top 10 most active countries. Almost all of the remaining countries were developed countries in Europe and North America. This finding indicated that European and North American countries are still the main sources of clinical research publications in this field. However, publications from China in the field of TKA rehabilitation have begun to increase. South Korea and Brazil also showed a recent increase in publications and are expected to make important contributions to this field in the future.

The most frequently cited publications were from the authors, Petterson (2009) and Capdevila (1999) [28,29]. These cited references represented the core clinical research areas in the field of TKA rehabilitation. This finding may help future authors to understand the basic research principles of clinical research in this field, and may provide important references for further understanding of key clinical findings. The cluster map of references identified mainstream research during the past 20 years. The cluster of the largest co-citation network was regarded as mainstream research publications. The largest cluster was Cluster #0 (continuous sciatic nerve block), which contained 105 cited publications. Analysis of the top 10 references and names of the clusters showed that TKA rehabilitation could be performed during the perioperative period. The research methods included cohort studies, randomized clinical trials, and meta-analysis, and the intervention measures included preoperative weight management, methods of anesthesia, postoperative training to improve muscle strength, and physical therapy.

The keyword co-occurrence network map identified the popular topics in the field of TKA postoperative rehabilitation, and burst keywords were used to identify the emerging areas of research and key research topics. Some of the most important areas of research in this field in recent years included postoperative analgesia, muscle inhibition, range of motion, inhibitors, knee flexion, pain control, self-reporting, spectral analysis, in vivo forces, and rotator cuff repair. These key areas of research have represented the core research directions worldwide for the past 20 years. These topics are good choices for research teams in this field. However, as these research directions develop, it may become more difficult for research teams to make further innovations and breakthroughs. Therefore, the burst keywords that were associated with emerging areas of research that included epidural analgesia, physiotherapy, postoperative analgesia, recovery, and ropivacaine use may be better choices for authors considering publishing in this field in future. As this study has shown, CiteSpace can be

used to detect burst keywords, which are considered indicators of emerging areas of research. Through the keyword cooccurrence cluster map in the timeline view, the trends of different key areas of research may be identified to make better research choices. The latest clustering in the co-citation networks identified adductor canal block (2013), liposomal bupivacaine suspension (2013), tourniquet use (2013), preoperative body mass index (2012), and recent controlled studies (2010). The newest clustering in the keyword co-occurrence network included pain control (2010), self-reporting (2010), tourniquet use (2010), range of motion (2008), inhibitors (2008), and spectral analysis (2008). By analyzing the co-occurrence relationships of these keywords, the research findings and research direction in the field of TKA postoperative rehabilitation may be understood further.

A comparison of the findings from this study with previous bibliometric studies showed that previous studies mainly used the Web of Science Core Collection as the publication database [16,17]. These studies mainly focused on the surgical or nonsurgical treatment of orthopedic disease and highlighted the contribution of Asian countries to the clinical orthopedic research literature [16,17,41]. The results of the present study showed that Asian countries, including China, Japan, and South Korea, contributed significantly to the literature on postoperative rehabilitation following TKA.

This study had several limitations. The data were retrieved from the single database of the Web of Science Core Collection and did not include other databases. A limitation of bibliometric studies is that they can only be conducted on publications in journals that are cited and indexed, and they do not include unpublished studies or publications in non-indexed journals, dissertations, books, or government reports and documents [42]. The study did not use the newly-defined dissemination (D) index, which is the ratio of the number of citations to the number of documents between a single entity versus a group [43]. These limitations may be addressed in future studies.

Conclusions

This bibliometric study aimed to analyze the current status and trends during the past two decades, between 1999 and 2018, of publications on rehabilitation after total knee arthroplasty (TKA) using CiteSpace. The findings from this bibliometric study pro+vided insight into trends in clinical research publications in the field of rehabilitation following TKA for the past 20 years, including global trends in emerging areas of research.

The findings from this bibliometric analysis of clinical research on postoperative TKA rehabilitation, published between 1999 and 2018, showed that the number of publications has rapidly increased, with potentially emerging areas of research. Several publications were found in journals with an IF <5.000. The *Journal of Arthroplasty*, and *Knee Surgery*, *Sports Traumatology, Arthroscopy*, and *Clinical Orthopaedics and Related Research* were the main journals that published clinical studies on postoperative rehabilitation following TKA. European and North American countries were the main countries that published in this field. Asian countries also contributed significantly to the literature on rehabilitation after TKA. China showed increasing numbers of publications, and South Korea and Brazil are expected to make important contributions to this field in the near future. Interventions to improve core

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body strength and improved techniques in perioperative analgesia were the most significant core clinical research areas in this field. Postoperative analgesia, muscle inhibition, range of motion, inhibitors, knee flexion, pain control, self-reporting, spectral analysis, *in vivo* forces, and rotator cuff repair were the most significant key areas of research. Epidural analgesia, physiotherapy, postoperative analgesia, recovery, and ropivacaine were identified as potential emerging areas of research.

Conflict of interest

None.

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