LETTER TO THE EDITOR: REPLY

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Vitamin D and endometriosis: Is there a correlation with disease severity?

Jong Chul Baek¹, Jae Yoon Jo², Seon Mi Lee², In Ae Cho², Jeong Kyu Shin^{2,3,4}, Soon Ae Lee^{2,3,4}, Jong Hak Lee^{2,3,4}, Min-Chul Cho^{4,5}, Won Jun Choi^{2,3,4}

¹Department of Obstetrics and Gynecology, Gyeongsang National University Changwon Hospital, Changwon; ²Department of Obstetrics and Gynecology, Gyeongsang National University Hospital, Jinju; ³Department of Obstetrics and Gynecology, Gyeongsang National University College of Medicine, Jinju; ⁴Institute of Health Sciences, Gyeongsang National University, Jinju; ⁵Department of Laboratory Medicine, Gyeongsang National University Hospital, Gyeongsang National University College of Medicine, Jinju, Korea

Thank you for your kind comments. Our research started with an interest in how vitamin D, which is involved in the immune response, affects the pathogenesis of endometriosis. Numerous research reports indicate that endometriosis can occur due to abnormal immune response activity, involving various pathological mechanisms [1,2]. In accordance with your comments, the authors sought to clarify the role of vitamin D as a biomarker for the diagnosis of endometriosis through this study. We also wanted to find evidence regarding whether vitamin D could be used as a treatment for endometriosis.

In our present study, we did not observe any link between endometriosis and vitamin D or vitamin D-binding protein. A reason for this finding may be that there were few cases and the results therefore could not reach statistical significance. In ongoing follow-up studies, the number of cases has been increased to augment the statistical power of the research.

As you said, the revised American Society for Reproductive Medicine (rASRM) classification has the advantages of being easy to use and being the most widely used system, but it has the disadvantage of not reflecting severity, certain locations (such as cul-de-sac lesions), or deep-infiltration lesions [3]. We agree that the Enzian classification is an alternative that addresses the disadvantages of the rAS-RM classification [4]. In order to apply the Enzian classification, how-

Received: April 6, 2020 \cdot Revised: April 8, 2020 \cdot Accepted: April 9, 2020 Corresponding author: **Won Jun Choi**

Department of Obstetrics and Gynecology, Gyeongsang National University Hospital, Gyeongsang National University College of Medicine, 79 Gangnam-ro, Jiniu 52727, Korea

Tel: +82-55-750-8147 Fax: +82-55-759-1118 E-mail: choiwj@gnu.ac.kr

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ever, the total number of patients would need to be increased. In addition, patient classification requires effort to describe findings in a purely morphological manner.

In accordance with your opinions, follow-up studies are planned with the goals of obtaining meaningful results regarding the role of vitamin D in the pathogenesis of endometriosis and exploring the role of vitamin D as a therapeutic agent.

Conflict of interest

No potential conflict of interest relevant to this article was reported.

ORCID

Jong Chul Baek	https://orcid.org/0000-0003-0919-0800
Jae Yoon Jo	https://orcid.org/0000-0001-6499-9085
Seon Mi Lee	https://orcid.org/0000-0003-2388-0111
In Ae Cho	https://orcid.org/0000-0002-6295-4059
Jeong Kyu Shin	https://orcid.org/0000-0001-9050-0874
Soon Ae Lee	https://orcid.org/0000-0002-8141-5595
Jong Hak Lee	https://orcid.org/0000-0003-3853-0560
Min-Chul Cho	https://orcid.org/0000-0002-0609-7734
Won Jun Choi	https://orcid.org/0000-0002-4887-3201

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