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ORIGINAL RESEARCH

Local analgesic effect of tramadol is mediated by opioid receptors in late postoperative pain after plantar incision in rats

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Abstract: Tramadol is a drug used to treat moderate to severe pain. It is known to present a peripheral effect, but the local mechanisms underlying its actions remain unclear. The role of peripheral opioid receptors in postoperative pain is not well understood. In the present study, we examined the peripheral opioid receptors to determine the local effect of tramadol in a plantar incision pain model. Rats were subjected to plantar incision and divided into four groups on postoperative day (POD) 1: SF_SF, 0.9% NaCl injected into the right hindpaw; SF_TraI, 0.9% NaCl and tramadol injected into the right hindpaw; SF_TraC, 0.9% NaCl and tramadol injected into the contralateral hindpaw; and Nal_Tra, naloxone and tramadol injected into the ipsilateral hindpaw. To determine the animals' nociceptive threshold, mechanical hyperalgesia was measured before incision, on POD1 before treatment and at 15, 30, 45, and 60 minutes after the incision. The same procedure was repeated on the POD2. The expression levels of μ -opioid receptor (MOR) and δ -opioid receptor (DOR) were obtained through immunoblotting assays in the lumbar dorsal root ganglia (L3–L6) in naïve rats and 1, 2, 3, and 7 days after the incision. Our results showed that the plantar incision was able to cause an increase in mechanical hyperalgesia and that tramadol reversed this hyperalgesia on POD1 and POD2. Tramadol injections in the contralateral paw did not affect the animals' nociceptive threshold. Naloxone was able to antagonize the tramadol effect partially on POD1 and completely on POD2. The DOR expression increased on POD2, POD3, and POD7, whereas the MOR expression did not change. Together, our results show that tramadol promoted a local analgesic effect in the postoperative pain model that was antagonized by naloxone in POD2, alongside the increase of DOR expression.

Keywords: tramadol, postoperative pain, opioid receptors, naloxone, rats

Introduction

Tramadol is a drug used for the treatment of moderate to severe pain in acute and chronic pain conditions.^{1,2} Tramadol demonstrates different mechanisms of action, such as central and peripheral. It exhibits a weak opioid effect through the decrease of the reuptake of monoamines (serotonin and noradrenaline) in the central nervous system and also shows a peripheral and local analgesic effect, which is, in part, local-anesthetic-like.³⁻⁵

The peripheral analgesic effect of tramadol has also been demonstrated in humans after infiltration surgical procedures and as adjuvants to local anesthetics in postoperative pain management.^{6–9} Opioids are potent analgesics that exert pharmacological and physiological effects due to their interaction with receptors distributed in several

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Previous data published from our group have shown that the local analgesic effect of tramadol was not mediated by the opioid in the first hour after plantar incision in rats.¹⁵ We hypothesized that opioid receptors could have been expressed later on in the same model, possibly affecting local analgesia produced by tramadol under similar circumstances.

Based on our previous work and due to the lack of information about the possible role of opioid receptors in the postoperative pain model, our goal in this work was to evaluate the role of opioid receptors in the analgesic effects of intraplantar tramadol on plantar incision-induced postoperative pain. In addition, we also analyzed the expression of MOR and DOR in dorsal root ganglia (DRGs).

Materials and methods

Animals

All experiments were performed under the approval of the Bioethics Committee of the Hospital of Clinics of the Faculty of Medicine, University of São Paulo (approval number: 188/10) and followed Brazilian regulations for the care of the animals according to the Committee for Research and Ethical Issues of the International Association for the Study of Pain (IASP).¹⁶ All experiments were performed on Wistar male rats, weighing 250 g, supplied by the Faculty of Medicine, University of São Paulo, breeding facilities. A total 75 animals were used in this study, 35 animals in the behavioral study and 40 animals in the immunoblotting study. All behavioral experiments were conducted between 9:00 am and 12:00 noon. All animals were housed in pairs in cages (wood shavings) with free access to food and water.

Plantar incision

Plantar incision was performed on the right hindpaw of the rats, as previously described.¹⁷ Rats were anesthetized using 2–3% isoflurane delivered through a nose cone. The plantar surface of the right hindpaw was prepared in a sterile manner with a 10% povidone–iodine solution and draped. A 1 cm lon-

gitudinal incision was made with a number 11 blade through the skin and fascia of the plantar surface of the rat paw, starting 0.5 cm from the heel proximal edge and extending toward the toes. The flexor muscle was elevated and incised longitudinally, while the muscle origin and insertion were kept intact. After hemostasis with gentle pressure, the skin was sutured with two simple knots of 5–0 mononylon filaments.

Mechanical hyperalgesia

Rats were placed in compartments over an elevated plastic mesh floor covered with a clear plastic top. The animals were allowed to ambulate, explore, and eventually rest lying on the mesh. For assessing the animals' nociceptive behavior, the electronic Von Frey device was used (Insight, Brazil) and applied to the ipsi/contralateral paw surface, adjacent to the wound, underneath the mesh.^{18,19} In this device, a tip was adapted to a force transducer and pressed against the animal's plantar surface, the force increasing constantly until the paw withdrew. This force was considered as the animal's nociceptive threshold.

Experimental design Behavioral experiments

After baseline assessments of the withdrawal thresholds for mechanical hyperalgesia, animals were subjected to plantar incision on the right hindpaw. On postoperative day (POD) 1 (24 hours after incision), the animals were tested again for mechanical hyperalgesia before interventions. Afterward, the animals were divided into four experimental groups of 8-10 animals each: 1) SF_SF, ie, under general anesthesia, 50 µL of 0.9% NaCl solution was injected in the plantar surface of the right hindpaw, and 15 minutes later another $50 \,\mu\text{L}$ of 0.9%NaCl solution was reinjected and the animal was awakened; 2) SF_TraI, ie, tramadol was injected ipsilaterally, 50 µL of 0.9% NaCl solution was injected in the plantar surface of the hindpaw, and 15 minutes later 5 mg (20 mg/kg) of tramadol dissolved in 50 µL of 0.9% NaCl was administered in the plantar surface of the hindpaw; 3) SF_TraC, ie, tramadol was injected contralaterally, 50 µL of 0.9% NaCl solution was injected in the plantar surface of the contralateral hindpaw, and 15 minutes later 5 mg (20 mg/kg) of tramadol was administered in the plantar surface of the contralateral hindpaw; 4) Nal_Tra, ie, naloxone/tramadol (naloxone [1 mg/kg] dissolved in 50 µL of 0.9% NaCl) was injected in the plantar surface of the ipsilateral hindpaw, and 15 minutes later 5 mg (20 mg/kg) of tramadol was injected in the plantar surface of the ipsilateral hindpaw. As soon as the animals recovered, they were tested for behavioral assessments at 15, 30, 45,

and 60 minutes after recovery from anesthesia. The same procedure was repeated on POD2. The doses of tramadol and naloxone were chosen according to previous study.¹⁵ The timeline of the experimental protocol is shown in Figure 1. At the end of the experiments, the animals received a lethal injection of sodium thiopental.

Western blot analysis

Western blotting analyses were performed on samples from individual animals. Animals were subjected to plantar incision under isoflurane anesthesia. Tissue collection was performed under isoflurane anesthesia at POD1, POD2, POD3, and POD7, and one group of animals was used as control (naïve). DRGs were quickly removed and homogenized in an extraction buffer containing 100 mM Tris, pH 7.4, 10 mM EDTA, 2 mM PMSF, and 10 µg/mL aprotinin. After extraction, the homogenates were centrifuged at $11,500 \times g$ for 20 minutes, and the protein concentration of the supernatant was determined using the Bradford protein assay with albumin as standard (Bio-Rad, USA).²⁰ Samples containing 30 µg protein were loaded on a 12% polyacrylamide gel and electrophoretically transferred to nitrocellulose membranes using a Bio-Rad miniature transfer apparatus for 1.5 hours at a steady 120 V. After transferring, the membranes were treated for 2 hours at room temperature with a blocking solution containing 5% powdered milk, washed three times with Tris-buffered saline + Tween 20 (TBST), and incubated overnight at 4°C with rat monoclonal antibodies against anti-MOR or (µ), anti-KOR or (κ), and anti-DOR or (δ) (all 1:250; Santa Cruz Biotechnology, Inc, USA). Membranes were then washed three times with TBST and incubated for 2 hours at room temperature with a biotin-conjugated goat anti-rabbit secondary antibody (to MOR and DOR) diluted 1:5000 (Jackson ImmunoResearch Laboratories, Inc, USA). In all immunoblotting experiments, β -actin (mouse, 1:15,000; Sigma-Aldrich, USA) was used as internal control. The specific antibody binding was visualized using a chemoluminescence kit (Amersham Biosciences). The membranes were revealed in a UVITEC[®] device (Alliance Chroma, UK), and the results were densitometrically analyzed using the NIH-Scion Image 4.0.2 software (Scion Corporation, USA).

Drugs

Tramadol hydrochloride and naloxone hydrochloride were provided by Cristália Prod. Quim. Farm (São Paulo, Brazil).

Statistical analysis

All data were analyzed by the Prism 5.0 software (GraphPad Software, Inc., USA). Withdrawal thresholds to mechanical stimuli were analyzed using two-way analysis of variance (ANOVA) with repeated measures, followed by post hoc Bonferroni tests. The data are expressed as mean \pm standard error. Opioid receptor expression values were compared using ANOVA multiple comparison and post hoc analysis using the Tukey test.

Results

Behavioral experiments

For this part of the study, 35 rats were used and divided into four groups. All animals exhibited mechanical hyperalgesia in their baseline values on POD1 and POD2, before drug injections (Figure 2). The SF_SF group showed mechanical hyperalgesia at all time points of the experiment. The SF_TraI group exhibited mechanical hyperalgesia on POD1 and POD2 at baseline; after tramadol injection, the animal's withdrawal thresholds increased throughout 60 minutes in both days. In the SF_TraC group, animals exhibited hyperalgesia at every time point analyzed on both days. In the Nal_Tra group, a partial decrease in mechanical hyperalgesia was observed on POD1; on POD2, naloxone antagonized the anti-hyperalgesic effect of tramadol (Figure 2).



Figure I Experimental design scheme.

Note: Timelines of injections and assessments or experimental groups are shown. **Abbreviation:** POD, postoperative day.

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Figure 2 Paw withdrawal thresholds after mechanical stimuli in plantar incision model.

Notes: All animals showed a decrease in the withdrawal thresholds in baseline values before drug administration. In SF_Tral, animals showed an increase in threshold after administration of tramadol. In Nal_Tra, mechanical hyperalgesia was more evident in POD1 and was antagonized by naloxone in POD2. *Difference between SF_Tral and other groups. [‡]Difference between SF_Tral and Nal_Tra. *Difference between Nal Tra, SF SF, and SF TraC. SF SF, 0.9% NaCl injected into the right hindpaw; SF_Tral, 0.9% NaCl and tramadol injected into right hindpaw; SF_TraC, 0.9% NaCl and tramadol injected into the contralateral hindpaw; Nal_Tra, naloxone and tramadol injected into the ipsilateral hindpaw. Abbreviations: min, minute; POD, postoperative day.



Figure 3 Densitometry analysis of DOR expression in the dorsal root ganglia after injury

Notes: The normalized average between naïve and experimental groups is reported. Values measured for naive animals were considered 100%. Data are reported as the mean \pm SEM of eight animals per group. *Difference between groups and naïve (P<0.05 compared to naïve).

Abbreviations: DOR, δ -opioid receptor; POD, postoperative day.

Expression of opioid receptors in the DRGs

Analysis of the opioid receptor protein levels was done to evaluate their expression levels over time. Our results showed an increase in DOR levels on the 2nd, 3rd, and 7th day after plantar incision compared to the naive group (Figure 3). MOR protein expression did not change during the 7 days after the injury, compared to the naive group (Figure 4). KOR protein expression was also analyzed, but we did not detect



Figure 4 Densitometry analysis of MOR expression in the dorsal root ganglia after injury.

Notes: The normalized average between naïve and experimental groups is reported. Values measured for naïve animals were considered 100%. Data are reported as the mean \pm SEM of eight animals per group.

Abbreviations: POD, postoperative day; MOR, µ-opioid receptor.

Groups

any trace of this receptor in DRG at any time point (data not shown). No significant statistical difference was observed in the β -actin expression.

Discussion

The use of classical experimental pain models is under scrutiny due to the partial failure of the translation of results obtained experimentally to the clinical environment and real situations.^{21,22} The development and search for models that mimic clinical scenarios is very important. In our study, the main aim was to deepen the understanding of the peripheral analgesia of tramadol. For that, we chose plantar incision as the experimental pain model,¹⁷ which has been used for the last two decades and brings to the experimental environment a relevant clinical situation, namely the postoperative pain.23-26

The peripheral analgesic effect of tramadol has been demonstrated in the last 14 years, 5,15,27,28 mostly its local anesthetic effect. As tramadol is an opioid agonist, the hypothesis of its mechanism of action in analgesia is apparent. The use of tramadol has been tested before in the formalin pain model, and it did not show a significant effect in the first hour after plantar incision.^{5,6} Ji et al found an increase of opioid expression in DRG, raising the possibility of a late opioid mediation in analgesia.²⁹ Our results showed a partial reversal of analgesia after the use of opioid on day 1 and complete reversal on day 2. It is interesting to note that in our previous study no opioid effect was observed and only the local anesthetic effect was found.15 In this study, we detected a decrease in the local anesthetic effect and an increase in the analgesia mediated by endogenous opioids. A plausible

explanation for the decrease in the local anesthetic effect might be related to the local environment of the incision, where the pH level is low, lactate level is high, and hypoxia occurs. All these factors interfere with the effect of tramadol, which has a high pKa (9.4), influencing its local anesthetic properties.^{30–32}

Opioid receptors expression in DRG showed a significant increase of DOR, but no change in MOR levels was observed. DOR expression increased from POD2 to POD7, which corroborates with the observation of antagonism of the opioid effect on the 2nd day after incision. The lack of involvement of MOR and KOR is still not clear. However, studies showed different results in relation to various types of opioid receptors. Studies of Ji et al,²⁹ Porreca et al,³³ and Truong et al,³⁴ where opioid receptor expression in different pain models were studied (carrageenan, complete Freund's adjuvant, sciatic nerve constriction, and spinal nerve ligation), showed no definite pattern of expression for inflammatory or neuropathic pain models, but it seems that DOR expression increases in neuropathic pain and MOR increases in inflammation. Mechanisms of pain in the plantar incision model comprise ischemia (hypoxia, local acidosis, and lactate elevation) and neuronal sensitization, involving both neuropathic and inflammatory components.35 The involvement of KOR in the anti-nociceptive effect induced by prostaglandin E2, carrageenan, and crotalphine has been shown.36 Other study has shown differences in the expression of opioids, with the increase in KOR and DOR in a cancer pain model,³⁷ but both groups did not observe the participation of MOR receptor in their studies. These data confirm our findings that there was no participation of MOR in our model.

This study is the first to demonstrate the role of opioid mediation in the peripheral analgesic effect of tramadol in the plantar incision model and report the expression of opioid receptors in the same model in rats.

Disclosure

The authors report no conflicts of interest in this work.

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