



# Defective insulin secretory response to intravenous glucose in C57Bl/6J compared to C57Bl/6N mice

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## ABSTRACT

**Objective:** The C57Bl/6J (Bl/6J) mouse is the most widely used strain in metabolic research. This strain carries a mutation in nicotinamide nucleotide transhydrogenase (*Nnt*), a mitochondrial enzyme involved in NADPH production, which has been suggested to lead to glucose intolerance and beta-cell dysfunction. However, recent reports comparing Bl/6J to Bl/6N (carrying the wild-type *Nnt* allele) under normal diet have led to conflicting results using glucose tolerance tests. Thus, we assessed glucose-stimulated insulin secretion (GSIS), insulin sensitivity, clearance and central glucose-induced insulin secretion in Bl/6J and N mice using gold-standard methodologies.

**Methods:** GSIS was measured using complementary tests (oral and intravenous glucose tolerance tests) and hyperglycemic clamps. Whole-body insulin sensitivity was assessed using euglycemic-hyperinsulinemic clamps. Neurally-mediated insulin secretion was measured during central hyperglycemia.

**Results:** Bl/6J mice have impaired GSIS compared to Bl/6N when glucose is administered intravenously during both a tolerance test and hyperglycemic clamp, but not in response to oral glucose. First and second phases of GSIS are altered without changes in whole body insulin sensitivity, insulin clearance, beta-cell mass or central response to glucose, thereby demonstrating defective beta-cell function in Bl/6J mice.

**Conclusions:** The Bl/6J mouse strain displays impaired insulin secretion. These results have important implications for choosing the appropriate test to assess beta-cell function and background strain in genetically modified mouse models.

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**Keywords** Beta-cell; Insulin secretion; Insulin sensitivity; Genetic background; Mouse strain

## 1. INTRODUCTION

In the past twenty years, numerous transgenic and gene knock-out mouse models have been generated to assess the molecular and cellular mechanisms regulating beta-cell function and to better understand the process involved in defective insulin secretion and the etiology of type 2 diabetes (T2D) (reviewed in Ref. [1]). The most commonly used mouse strains to generate genetic models are inbred and include FVB, 129, DBA and C57Bl/6. The methodology required to produce these models often results in animals with mixed genetic background. However, it is well established that the background strain has a strong influence on glucoregulatory responses and beta-cell

function [2–4]. For instance, DBA mice show a strong insulin secretion in response to glucose compared to C57Bl/6 [5] or FVB mice [4]. As a result, single strain or backcrossing has been used as a way to circumvent confounding effect of the background on processes involved in the control of glucose homeostasis. In metabolic studies, the C57Bl/6 strain has been widely used as a control strain mainly because of its high susceptibility to develop obesity and hyperglycemia when fed with a high-fat diet compared to other strains [3,6]. However, the C57Bl/6 mouse exhibits glucose intolerance compared to other strains even when fed on a regular chow diet [7–9]. Most importantly, it was recently established that C57Bl/6 mice supplied by the Jackson Laboratory (Bl/6J) carry a five-exon deletion in *Nnt* which encodes the

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**Abbreviations:** DI, disposition index; FSIVGTT, frequently sampled intravenous glucose tolerance test; GIR, glucose infusion rate; GSIS, glucose-stimulated insulin secretion; IDE, insulin degrading enzyme; IVGTT, intravenous glucose tolerance test; MI, insulin sensitivity index; NNT, nicotinamide nucleotide transhydrogenase; OGTT, oral glucose tolerance test

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nicotinamide nucleotide transhydrogenase (NNT), a mitochondrial enzyme involved in NADPH production [5,9]. In contrast, C57Bl/6 supplied by Taconic or Charles River (Bl/6N) do not harbor the mutation. The *Nnt* mutation has been associated in some studies with impaired glucose-stimulated insulin secretion (GSIS) and glucose intolerance compared to mouse strains carrying the wild-type *Nnt* [5,9]. In addition, transgenic expression of the wild-type *Nnt* gene in Bl/6J rescues beta-cell function and glucose tolerance [10]. While these findings strongly support the role of NNT in insulin secretion, recent studies have led to conflicting results showing that GSIS and glucose tolerance during glucose tolerance tests are similar in Bl/6J compared to Bl/6N [11,12]. While the reasons for this discrepancy are not clear, it is important to mention that none of these studies used the hyperglycemic clamps, the gold-standard methodology to measure beta-cell function [13]. In addition, it is still unclear whether impaired insulin secretion in Bl/6J mice involves changes in pancreatic beta-cell mass and/or insulin sensitivity. Finally, although NNT is expressed at high levels in other organs including the brain, the impact of the *Nnt* mutation on central glucose sensing has not been investigated. Based on these conflicting results and the important implications of this issue for choosing the appropriate background strain in genetically modified mouse models, we assessed beta-cell function using complementary tests as well as beta-cell mass, insulin sensitivity and central glucose-induced insulin secretion in the Bl/6J vs. N mice.

## 2. METHODS

### 2.1. Animals

Male C57Bl/6 mice (12–14 weeks old) were purchased from the Jackson Laboratory (Bl/6J) and Charles River (Bl/6N). Animals were housed on a 12-h light/dark cycle at 21 °C with free access to water and standard chow diet for at least ten days before starting the experimentation. All procedures using animals were approved by the institutional animal care and use committee (Comité Institutionnel de Protection de Animaux, protocol #An12012Tars) of Centre de Recherche du Centre Hospitalier de l'Université de Montréal (CRCHUM) and the animal experimentation committee of Université de Bourgogne (protocol #105, C2EA, Dijon, France).

### 2.2. DNA extraction and genotyping

The presence of the NNT mutation was verified by PCR performed on DNA extracted from the liver using the protocol and primers described on the Jackson Laboratory website: [http://jaxmice.jax.org/protocolsdb/f?p=116:2:0::NO:2:P2\\_MASTER\\_PROTOCOL\\_ID,P2\\_JRS\\_CODE:7470,012371](http://jaxmice.jax.org/protocolsdb/f?p=116:2:0::NO:2:P2_MASTER_PROTOCOL_ID,P2_JRS_CODE:7470,012371). PCR products were subjected to electrophoresis using 2% agarose gel.

### 2.3. Oral (OGTT) and intravenous (IVGTT) glucose tolerance tests

Oral glucose tolerance was assessed in overnight-fasted mice by measuring tail blood glucose 0, 15, 30, 45, 60, 90, and 120 min after oral administration of 2 g/kg glucose by gavage. Plasma samples were collected at 0, 15, 30 and 60 min for insulin measurement. Intravenous glucose tolerance tests were performed in conscious, free-moving mice using modifications of a protocol previously described [14]. Briefly, a catheter was inserted into the right jugular vein under general anesthesia. Animals were allowed to recover for 5–6 days. Insulin secretion in response to intravenous glucose (0.75 g/kg) was measured at 0, 2.5, 5, 10, 15 and 30 min in mice fed *ad libitum* before the test. Plasma insulin was measured using a bead-based AlphaLISA insulin immunoassay kit (Perkin Elmer, Waltham, MA).

### 2.4. Assessment of insulin secretion and sensitivity by hyperglycemic and euglycemic-hyperinsulinemic clamps

One-step hyperglycemic clamps were performed on conscious animals (fed *ad libitum* before the clamp) as described [15]. A 20% dextrose solution was infused through the jugular vein to clamp plasma glucose at 320 mg/dl for 70 min and was adjusted based on glucose measurements (Roche Accu-Check; Roche, Indianapolis, IN). At 60 min, an arginine bolus injection was performed (1 mmol/kg; Sandoz Canada) to assess the maximal insulin response. Plasma samples were collected from the tail at several time points during the clamp for insulin measurements using the AlphaLISA kit. Plasma samples for C-peptide measurements were collected at 45 min and analyzed using a mouse C-peptide ELISA kit (Alpco Diagnostics). Two-hour hyperinsulinemic-euglycemic clamps were performed in 4 h food-restricted mice as previously described [15]. Briefly, following a 1-min bolus insulin infusion (85 mU/kg; Humulin R), insulin was infused at 8 mU/kg/min. Twenty percent dextrose was infused starting 5 min after the insulin infusion to clamp glycemia at ~120 mg/dl. Insulin levels during the steady state were measured at 90 and 120 min using the AlphaLISA kit. The insulin sensitivity index ( $M/I$ ) was calculated as the glucose infusion rate ( $M$ ) divided by the average insulinemia during the last 30 min of the clamp ( $I$ ). The Disposition Index (DI) was calculated by multiplying the insulin sensitivity during the euglycemic hyperinsulinemic clamp by insulin secretion during the hyperglycemic clamp (AUC insulin 0–60 min). Insulin clearance was calculated by dividing the insulin infusion rate by the  $\Delta$  increase in circulating insulin levels during the steady state of the hyperinsulinemic euglycemic clamp as described previously [13].

### 2.5. Beta-cell mass

Whole pancreata were dissected and placed in ice-cold PBS. After removing all the surrounding fat, lymph nodes, connective tissue and excess buffer, pancreata were weighted and fixed in freshly prepared 10% formalin in PBS at room temperature for 24 h, followed by embedding in paraffin blocks. Cross pancreatic sections were cut at 5- $\mu$ m thickness and collected at 50  $\mu$ m intervals. At least 6 slides from each pancreas were processed for beta-cell mass measurement. Paraffin sections were rehydrated, heated at 95 °C in 10 mmol/l citrate (pH 6) for 45 min, blocked, immunostained with anti-guinea pig insulin antibody (DAKO) and anti-guinea pig alkaline phosphatase conjugated secondary antibody (Jackson Immunoresearch), and finally developed with the Vector Red alkaline phosphatase substrate kit (Vector Laboratories). Harris-modified hematoxylin was used for counter-staining before mounting the slides with Vectamount medium (Vector Laboratories). The slides were scanned using a Super Cool Scan 9000 scanner (Nikon) and the images were analyzed using the image processing program Image J (National Institutes of Health) to assess the beta-cell area and the whole pancreas area.

### 2.6. Central glucose-induced insulin secretion

The test was adapted from a protocol previously developed in rats [16,17]. Briefly, a sylastic catheter was implanted into the left carotid artery in the cranial direction of anesthetized mice (pentobarbital, 60 mg/kg) and secured in place with sutures. Fifteen minutes after the surgery, a bolus of glucose (25 mg/kg in 30  $\mu$ l, osmolarity adjusted to 300–310 mOsm with NaCl) was administered through the catheter over 30 s. Blood samples were collected from the tail vein 0, 1, 3 and 5 min post-injection to measure blood glucose (Roche Accu-Check) and plasma insulin levels (AlphaLISA kit).

2.7. Expression of data and statistics

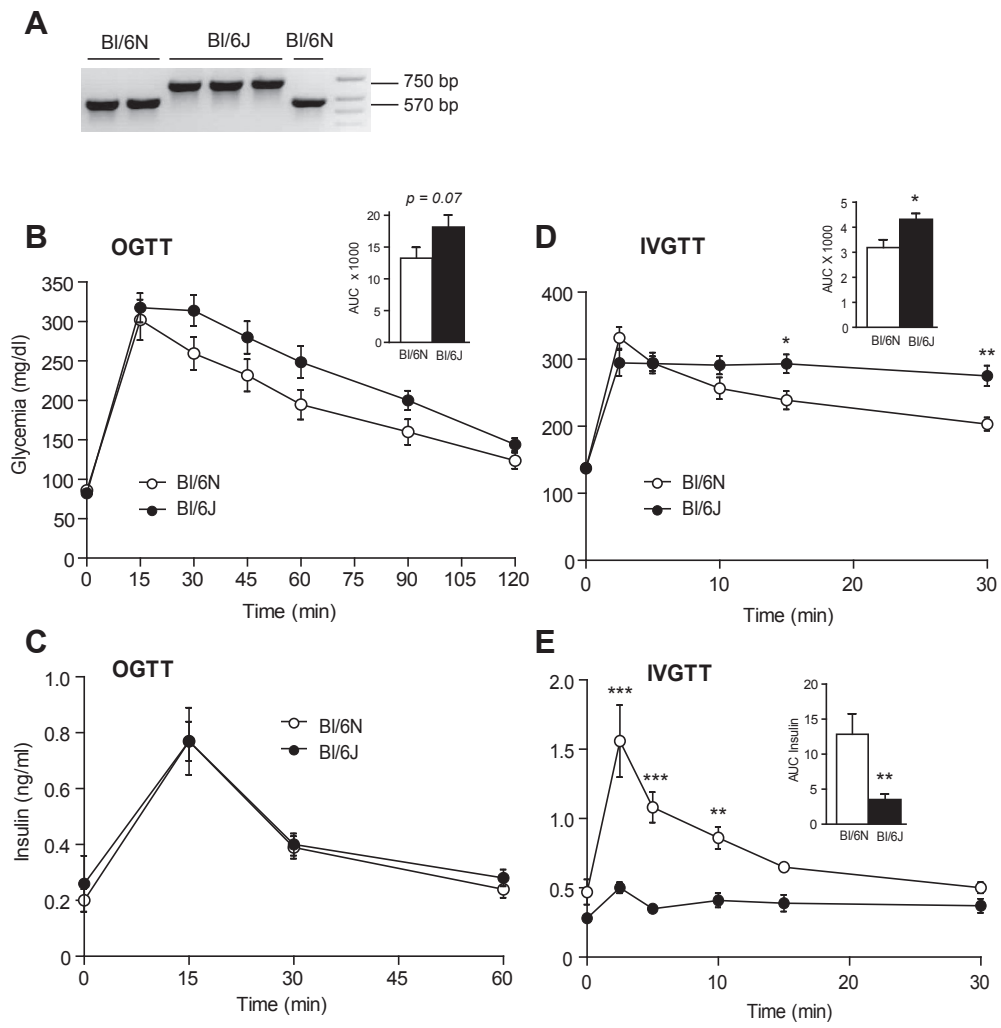
Data are expressed as means  $\pm$  SEM. Intergroup comparisons were performed by ANOVA with Bonferroni post hoc adjustments for two-by-two comparisons (analysis of insulin and glucose levels during the course of the GTT and hyperglycemic clamp), or Student's *t* test, as appropriate.  $P < 0.05$  was considered significant.

3. RESULTS AND DISCUSSION

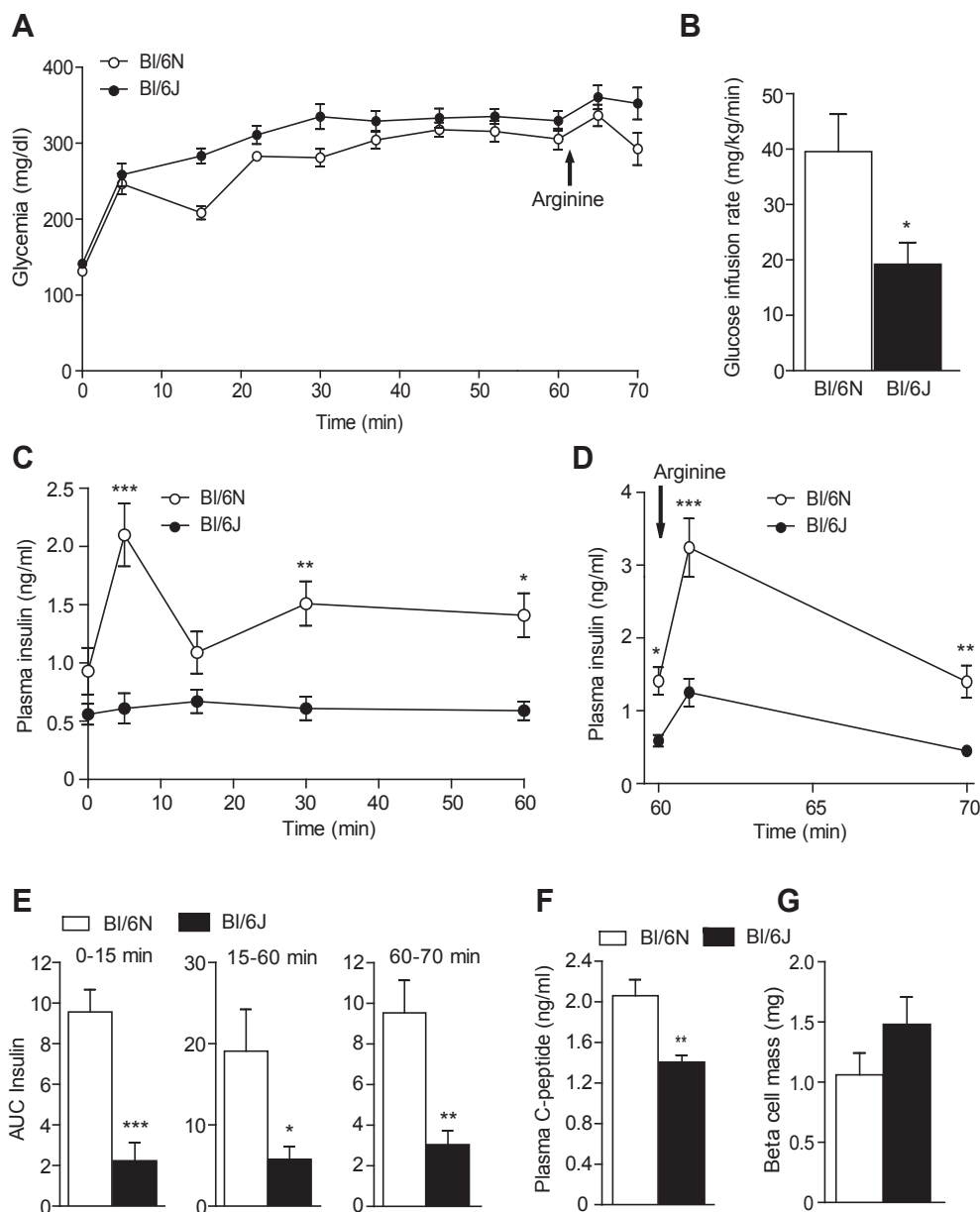
As expected, PCR genotyping for the mutation indicates that BI/6J mice carry the mutated *Nnt* allele (750 bp band) while BI/6N mice carry the wild-type allele (570 bp band) (Figure 1A). Body weights were similar in 12–14 weeks old BI/6J and BI/6N male mice ( $26.6 \pm 0.4$  vs.  $26.1 \pm 0.5$  g,  $n = 18-21$ , NS). Blood glucose levels in the fasted ( $82 \pm 3$  vs.  $86 \pm 3$  mg/dl,  $n = 8$ , NS) and fed states ( $140 \pm 4$  vs.  $134 \pm 3$  mg/dl,  $n = 16$ , NS) were not different. Insulin levels after an overnight fast were similar ( $0.26 \pm 0.1$  vs.  $0.20 \pm 0.04$  ng/ml,  $n = 8$ , NS). However, in agreement with the report of Alonso et al. [12], fed insulin levels were significantly lower in BI/6J compared to BI/6N ( $0.42 \pm 0.06$  vs.  $0.73 \pm 0.13$  ng/ml,  $n = 14-16$ ,  $p < 0.05$ ).

Glucose tolerance assessed by oral glucose tolerance test (OGTT, 2 g/kg) was not significantly different in BI/6N and BI/6J mice despite a trend towards decreased tolerance in BI/6J mice (Figure 1B). Insulin secretion during the course of the OGTT was not affected by the mouse strain (Figure 1C). In contrast, plasma glucose and insulin levels were significantly decreased in BI/6J compared to BI/6N (Figure 1D and E) during the intravenous GTT (IVGTT, 0.75 g/kg) suggesting that BI/6J mice have a defective GSIS when glucose is administered intravenously. Based on the marked decrease in insulin levels during the IVGTT, a more pronounced glucose intolerance would have been expected in BI/6J mice. This could be in part explained by the fact that glucose disposal is also dependent on glucose effectiveness in an insulin-independent manner (reviewed in Ref. [18]).

To validate the IVGTT results, insulin secretion was measured using hyperglycemic clamps. The glucose infusion rate (GIR, Figure 2B) required to maintain glycemia at  $\sim 320$  mg/dl (Figure 2A) was significantly decreased in BI/6J compared to BI/6N. Hyperglycemia induced a biphasic insulin secretion in BI/6N mice, a response which was almost absent in BI/6J mice (Figure 2C). First and second phase of insulin secretion were respectively decreased by  $\sim 5$  and  $\sim 3$  fold in



**Figure 1:** Glucose and insulin levels during oral or intravenous glucose tolerance tests. (A) Detection of the mutated *Nnt* allele by PCR performed on liver DNA from BI/6J and N mice. The band at 750 bp indicates the truncated form while the band at 570 bp indicates the full-length wild-type form. Glucose (B) and insulin (C) levels during an oral glucose tolerance test (OGTT, 2 g/kg) in 12–14 weeks old BI/6J and N mice. Glucose (D) and insulin (E) levels during an intravenous glucose tolerance test (IVGTT, 0.75 g/kg) in BI/6J and N mice. Values are expressed as means  $\pm$  SEM of 7–9 mice per group. \* $p < 0.05$ , \*\* $p < 0.01$  and \*\*\* $p < 0.001$  compared to BI/6N mice.

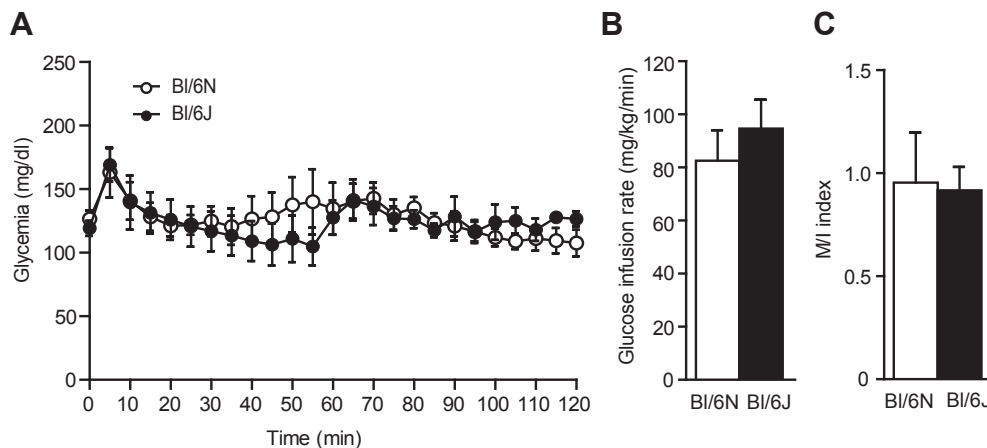


**Figure 2:** Hyperglycemic clamps. Glucose (A), glucose infusion rate (GIR 30–60 min) (B), plasma insulin levels (C and D) during the course of the hyperglycemic clamp in 12–14 weeks old BI/6J and N mice. (E) Area under the curve (AUC) for insulin. (F) C-peptide levels at 45 min. (G) Beta-cell mass. Values are expressed as means  $\pm$  SEM of 7–8 mice per group. \* $p < 0.05$ , \*\* $p < 0.01$  and \*\*\* $p < 0.001$  compared to BI/6N mice.

BI/6J compared to BI/6N mice (Figure 2E). In addition, potentiation of insulin secretion by arginine was  $\sim 3$  fold lower in BI/6J vs. BI/6N mice (Figure 2D and E). Accordingly, C-peptide level during the steady-state was significantly decreased in BI/6J animals (Figure 2F). Importantly, beta-cell mass was not different between BI/6J and BI/6N mice suggesting that the impairment in insulin secretion does not involve a decrease in beta-cell mass (Figure 2G). These results are in line with those of Wong et al. [11] reporting similar pancreatic insulin content in BI/6J and N mice.

To assess if the decreased insulin secretion is related to changes in whole body insulin sensitivity, hyperinsulinemic-euglycemic clamps were performed. The GIR (Figure 3B) required to maintain glycemia at  $\sim 120$  mg/dl (Figure 3A) was similar in both strains. Insulin levels during the steady state were similar in BI/6J and N mice ( $3.1 \pm 0.3$  vs.

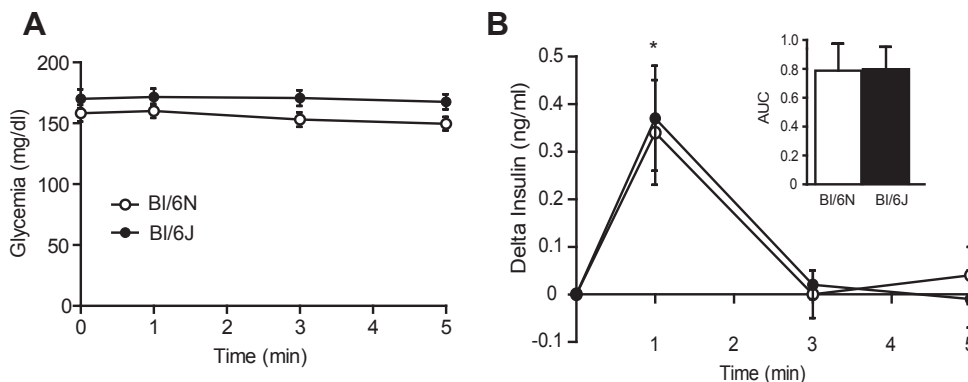
$2.9 \pm 0.4$  ng/ml,  $n = 7-8$ , NS). As a result, no difference was observed between strains when calculating the insulin sensitivity index ( $M/I$ ) (Figure 3C) suggesting that the defective insulin secretion is not compensated for by increased insulin sensitivity in BI/6J mice. These results are in line with those of Wong et al. showing similar insulin sensitivity in BI/6J and N mice using insulin tolerance tests [11]. The DI (calculated by combining insulin sensitivity data from hyperinsulinemic euglycemic clamps and insulin secretion from hyperglycemic clamps) was  $11.2 \pm 1.9$  and  $2.5 \pm 0.8$  ( $p < 0.01$ ;  $N = 8$ ) in BI/6N and BI/6J respectively, demonstrating impaired beta-cell function in BI/6J mice. Of importance, a copy number variation has been described in BI/6J for the gene encoding insulin degrading enzyme (IDE), a protein known to regulate insulin levels, leading to altered IDE expression [19]. During the hyperinsulinemic euglycemic clamp, we did not observe



**Figure 3:** Hyperinsulinemic-euglycemic clamps. Glucose levels (A) and glucose infusion rate (GIR 60–120 min) (B) during the course of the hyperinsulinemic-euglycemic clamp in 12–14 weeks old BI/6J and N mice. (C) Insulin sensitivity index (M/I). Values are expressed as means  $\pm$  SEM of 7–8 mice per group.

differences in insulin clearance in BI/6J and N mice ( $137 \pm 10$  vs.  $144 \pm 18$  ml/kg/min respectively, NS) suggesting that IDE genomic variation does not affect insulin clearance rate in BI/6J animals. Finally, based on the expression of NNT in the brain and the role of the hypothalamo-pancreatic axis in beta-cell function, we assessed whether the central response to glucose was affected in BI/6J mice. Glucose injection towards the brain via the carotid artery did not affect peripheral glucose levels (Figure 4A) but triggered a rapid and transient increase in plasma insulin which was not different in BI/6J compared to BI/6N mice (Figure 4B). Although we can not rule out that other functions regulated by central glucose, i.e. feeding and hepatic glucose production, may be altered by the *Nnt* mutation, these results suggest that the acute response to central glucose and neural control of insulin secretion are not affected by the strain background. Taken together, our results demonstrate that BI/6J mice have impaired GSIS compared to BI/6N when glucose is administered intravenously during both a tolerance test and hyperglycemic clamp but not in response to oral glucose. This defect is characterized by impairment of both first and second phase insulin secretion, as well as its potentiation by arginine, without changes in whole body insulin sensitivity, insulin clearance or beta-cell mass. It is important to mention that GSIS was measured in male mice only. Based on the well-documented insulinotropic action of estrogens (reviewed in Ref. [20]), we can not rule out

that female BI/6J mice have an improved or normal response to glucose compared to male BI/6J mice. Overall, our findings agree with previous studies showing decreased glucose tolerance and GSIS during intraperitoneal GTT or in islets isolated from BI/6J compared to other strains [2,5,9] and that transgenic expression of wild-type NNT rescues GSIS in BI/6J [10]. However, they contrast with more recent reports showing that insulin secretion during IVGTT is similar in BI/6J and N animals [11,12]. The reason for this discrepancy is unclear but could involve differences in the type of test, IVGTT vs. frequently sampled IVGTT (FSIVGTT) [12]; the feeding status, no food restriction in the current study vs. overnight fasting [11]; the site of blood sampling, tail vein vs. retro-orbital sinus [11] and carotid artery [12]; and the fact that the test was performed in conscious vs. anesthetized mice [11]. Finally, we choose the glucose doses and glucose infusion rate to obtain similar level of hyperglycemia ( $\sim 320$  mg/dl) during the different tests. The hyperglycemia achieved during IVGTT [11] or FSIVGTT [12] were higher  $\sim 500$  and  $400$  mg/dl respectively. Therefore, it is possible that BI/6J may secrete more insulin at higher glycemia. It is important to mention that although no difference was observed in insulin secretion during FSIVGTT performed in BI/6J and N in a previous study [12], a strong variation was observed among BI/6J mice with insulin secretion that varied between 6-fold and 42-fold in



**Figure 4:** Central glucose-induced insulin secretion. Glucose levels (A) and insulin secretion (B) after injection of a glucose bolus (25 mg/kg) via the carotid artery towards the brain in 12–14 weeks old BI/6J and N mice. Values are expressed as means  $\pm$  SEM of 7–9 mice per group. \* $p < 0.05$  compared to basal.

response to IV glucose. Interestingly, we did not observe such a heterogeneous response to glucose in the current study during IVGTT (2.1–3.9-fold increase in BI/6N vs. 1.5 to 3.8 in BI/6J) or hyperglycemic clamp (1.7–3.9-fold increase in BI/6N vs. 0.6 to 2.2 in BI/6J). Despite these differences in the experimental conditions and results compared to previous studies, our findings unequivocally demonstrate using complementary tests and the hyperglycemic clamp that BI/6J mice have impaired GSIS compared to BI/6N and therefore have important implications.

First, they demonstrate that the test and experimental conditions used to assess beta-cell function and/or glucose homeostasis have a significant impact on the results and their interpretations. These aspects have been thoroughly discussed by McGuinness et al. [21] and are exemplified in the current study and previous studies from our groups in which no differences were observed in glucose clearance or insulin secretion during GTT [14,22] whereas insulin secretion was altered during hyperglycemic clamp [15] in the same mouse model. In addition, the current OGTT data suggest that the oral route of administration and the associated release of gut incretins, i.e. Glucagon Like Peptide-1 and Gastric Inhibitory Polypeptide, may compensate and therefore mask the defective insulin secretion observed when glucose is administered intravenously during an IVGTT and a hyperglycemic clamp in BI/6J animals. The compensatory effect of incretins during an OGTT may involve potentiation of GSIS and/or increased glucose effectiveness [23]. Thus, based on these findings, one would advise to perform an OGTT plus an IVGTT or hyperglycemic clamp to accurately assess beta-cell function in rodents. Importantly, the hyperglycemic clamp presents several strengths compared to other tests because it allows measuring the two phases of insulin secretion and C-peptide release during the steady state of hyperglycemia. C-peptide is secreted in a 1:1 molar ratio with insulin but is not cleared like insulin thereby limiting data misinterpretation due to strain-related differences in insulin clearance. Second, our results suggest that the defective GSIS observed in BI/6J might contribute to the phenotypic differences in glucoregulatory responses observed during diet-induced obesity [24]. Indeed, when fed with a high fat diet, BI/6J mice gain more weight and display worsened glucose intolerance compared to BI/6NJ mice, a substrain from the Jackson Laboratory that do not carry the *Nnt* mutation [24]. In contrast, other studies reported either no difference in body weight gain under high fat diet in BI/6N vs. BI/6J [25] or increased body weight gain and hyperinsulinemia in BI/6N compared to BI/6J [26,27]. However, glucose homeostasis and insulin levels were not systematically assessed in these studies making it difficult to speculate on the potential involvement of the *Nnt* mutation in the response to high fat feeding. In addition, recent reports identified new genetic loci that may contribute to the differential body weight gain in BI/6N and BI/6J when challenged with high fat diet [25,28]. Additional studies using similar BI/6J and N substrains, high fat diet, duration of high fat feeding and housing conditions will be required to determine if NNT contributes to the alteration of glucoregulatory responses induced by high fat feeding. Third, our findings have important implications for choosing the appropriate strain background when generating genetically modified mouse models. The Jackson Laboratory offers an important repository of Cre-expressing transgenic mice for loss of function studies which have been backcrossed for one to several generations with BI/6J animals. As a result, most of the Cre-expressing mice strains commercially available carry the NNT mutation (heterozygous or homozygous) including pancreas and beta-cell specific Cre-strains such as Sox9, Pdx1, RIP and MIP-Cre mice (reviewed in Ref. [1]). If the status of the mutation is not verified in Cre-expressing breeders, this could lead to a mix of experimental control and knock-out mice

carrying or not the mutated NNT locus and thus have confounding effect on glucoregulatory responses. The same issue applies for whole-body knock-out or knock-in animals generated using classical transgenesis. As a result, caution should be taken when attributing an altered phenotype or disease only on the genetic manipulation in knock-out animals of the C57BI/6 strain if the genetic background is not known and/or controlled for.

In conclusion, our study validates that the BI/6J strain is characterized by an impaired insulin secretion and thus suggests that caution should be taken when studying beta-cell function in animals with the mutated *Nnt* locus.

## AUTHOR CONTRIBUTIONS

Conceived and designed the experiments: TA, VP, XF. Performed the experiments: GF, ME, MG, CA, CC, XF. Contributed reagents/materials/analysis tools: MP, EJ, CA. Analyzed the data: TA, VP, CC, XF, EJ. Wrote the manuscript: TA. Reviewed the manuscript: VP, MP, EJ and XF.

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## CONFLICT OF INTEREST

None declared.

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