

## Corrigendum

# Corrigendum to “The Effects of Fermented *Laminaria japonica* on Short-Term Working Memory and Physical Fitness in the Elderly”

Storm N. S. Reid <sup>1</sup>, Je-kwang Ryu,<sup>2</sup> Yunsook Kim,<sup>3</sup> and Byeong Hwan Jeon <sup>1</sup>

<sup>1</sup>Department of Physical Education, School of Sports and Health, Kyungsung University, Busan 48434, Republic of Korea

<sup>2</sup>Institute for Cognitive Science, College of Humanities, Seoul National University, Seoul 08826, Republic of Korea

<sup>3</sup>Marine Bio-Industry Development Center, Marine Bioprocesses Co., Ltd., Busan 46048, Republic of Korea

Correspondence should be addressed to Byeong Hwan Jeon; mooaworld@ks.ac.kr

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In the article titled “The Effects of Fermented *Laminaria japonica* on Short-Term Working Memory and Physical Fitness in the Elderly” [1], the mention of the implementation of a “6-minute walk test” was inaccurate, where it should be “6-meter walk test”. Therefore, “6-minute walk test” should be corrected to “6-meter walk test” in the Abstract and the Material and Methods. Additionally, the reference Helen S. P. Lam et al. [2] should be added as reference [76] in the original article.

The corrections should be applied as follows:

- (i) In the Abstract, “Shorter test trial times in the 6-minute walk test were observed in the FST group ( $p < 0.001$  and  $p < 0.05$ , trials 1 and 2, respectively)” should be corrected to “Shorter test trial times in the 6-meter walk test were observed in the FST group ( $p < 0.001$  and  $p < 0.05$ , trials 1 and 2, respectively).”
- (ii) In the Material and Methods, “6-Minute Walk Test (6MW). The 6MW test was used to measure the maximum distance that a person can walk in 6 minutes. This test is a submaximal aerobic capacity test that allows researchers to safely and simply assess physical function with the elderly and special populations [43, 44]” should be corrected to “6-Meter Walk Test (6MW). The 6MW test was used to measure the time it takes for a subject to walk a 6-meter straight line path. This test is a submaximal aerobic capacity test that allows researchers to safely and

simply assess physical function with the elderly and special populations [76].”

## References

- [1] S. N. S. Reid, J. K. Ryu, Y. Kim, and B. H. Jeon, “The effects of fermented *Laminaria japonica* on short-term working memory and physical fitness in the elderly,” *Evidence-Based Complementary and Alternative Medicine*, vol. 2018, Article ID 8109621, 12 pages, 2018.
- [2] H. S. P. Lam, F. W. K. Lau, G. K. L. Chan, and K. Sykes, “The validity and reliability of a 6-Metre Timed Walk for the functional assessment of patients with stroke,” *Physiotherapy Theory and Practice*, vol. 26, no. 4, pp. 251–255, 2010.