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Review Article

Recent advances on *N*-acetylneuraminic acid: Physiological roles, applications, and biosynthesis



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ABSTRACT

N-Acetylneuraminic acid (Neu5Ac), the most common type of Sia, generally acts as the terminal sugar in cell surface glycans, glycoconjugates, oligosaccharides, lipo-oligosaccharides, and polysaccharides, thus exerting numerous physiological functions. The extensive applications of Neu5Ac in the food, cosmetic, and pharmaceutical industries make large-scale production of this chemical desirable. Biosynthesis which is associated with important application potential and environmental friendliness has become an indispensable approach for largescale synthesis of Neu5Ac. In this review, the physiological roles of Neu5Ac was first summarized in detail. Second, the safety evaluation, regulatory status, and applications of Neu5Ac were discussed. Third, enzymecatalyzed preparation, whole-cell biocatalysis, and microbial *de novo* synthesis of Neu5Ac were comprehensively reviewed. In addition, we discussed the main challenges of Neu5Ac *de novo* biosynthesis, such as screening and engineering of key enzymes, identifying exporters of intermediates and Neu5Ac, and balancing cell growth and biosynthesis. The corresponding strategies and systematic strategies were proposed to overcome these challenges and facilitate Neu5Ac industrial-scale production.

1. Introduction

Sialic acids (Sia) are a class of α -keto acid sugars with a nine-carbon backbone [1]. Different sialyl linkages and Sia forms result in the formation of complex types of natural modifications. They widely occur in vertebrates and higher invertebrates as terminal components of glycans on the cell-surface glycoconjugates [2]. To date, over 90 naturally occurring forms of Sia have been identified [3,4]. The high structural complexity and diverse properties of Sia contribute to a variety of biological functions, including antiviral activity [3], immunomodulatory activity [5], beneficial effects on brain and cognitive function [6], and skin whitening [7]. N-acetylneuraminic acid (Neu5Ac), systematically named 5-acetamido-3,5-dideoxy-D-glycero-D-galacto-non-2-ulopyranosonic acid, is the dominant type of Sia [8,9]. Neu5Ac occurs in a variety of organisms, such as viruses, bacteria, fungi, protozoa, and higher animals, and is also present in human milk [10]. In human milk, Neu5Ac is predominantly bound to proteins, lipids, and oligosaccharides, forming sialylated structures. Neu5Ac is the key monosaccharide block of sialylated human milk oligosaccharides (HMOs). For example, 3'-sialyllactose (3'-SL) and 6'-sialyllactose (6'-SL), two simplest sialylated

HMOs, incorporate Neu5Ac residue with galactose molecule of lactose via α 2,6- and α 2,3-linkages, respectively [11]. Approximately 14%–33% of human milk oligosaccharides are cross-linked with Neu5Ac [12]. Neu5Ac is also present in free (unbound) form in the human body, including human milk [13].

Neu5Ac is involved in many physiological and pathological events, such as cellular recognition, cell adhesion, fertilization, viral invasion, and tumorigenesis [14]. It has attracted increasing attention from researchers owing to its multifunctional biological properties and great contribution to the field of therapeutics. Owing to its important roles, Neu5Ac possesses vast potential for applications in the food, cosmetic, and pharmaceutical industries. Clinical studies have demonstrated that Neu5Ac is safe and well tolerated as an ingredient in food supplements with no significant side effects [15,16]. Neu5Ac is also a key precursor for producing some anti-influenza viral drugs, such as zanamivir and oseltamivir [17]. Neu5Ac is also often used in targeted cancer therapy.

In light of the vital role of Neu5Ac, we reviewed the relevant literature published between 2000 and 2023 by searching the core database of Web of Science using the keyword "*N*-acetylneuraminic acid" to explore the present and evolving trends in the field of Neu5Ac research.

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Altogether, 2062 literature items were retrieved. After data cleaning, VOSviewer was used to visualize and analyze trends (Fig. 1). Based on keyword co-occurrence analysis (Fig. 1A), it was revealed that the study of Neu5Ac revolves around four key themes: 1) the physiological roles of Neu5Ac in brain development and cancer treatment, 2) Neu5Ac in the Sia family, 3) antiviral activity of Neu5Ac, and 4) biosynthesis of Neu5Ac. An overlay visualization map uncovered three new streams of research in recent years: the antiviral mechanism of Neu5Ac, the molecular recognition process in cancer, and biosynthesis learning from native microorganisms (Fig. 1B).

Based on the above discussion, the physiological roles of Neu5Ac were summarized, the safety evaluation, regulatory status, and applications of Neu5Ac were discussed, and the biosynthesis of Neu5Ac was reviewed in detail. In addition, we offered a comprehensive insight into the main challenges in microbial *de novo* biosynthesis of Neu5Ac and the efficient strategies used to overcome the limitations of metabolic engineering production.

2. Physiological roles of Neu5Ac

The exposed positions of Neu5Ac on macromolecules and cell





Fig. 1. (A) Keyword co-occurrence network visualization map for research on Neu5Ac. The sizes of the letters and circles represent the level of term frequency. The linkages between the nodes convey the co-occurrence relationship between them. Link strength denotes the frequency with which they co-occur. Nodes with the same color belong to one cluster (B) Overlay visualization map of keywords according to year. The color bar indicates the timeline of keywords, whereby the colors range from blue (published at the earliest) to red (published at the latest).

membranes suggest its considerable potential for impacts on biological events. Numerous studies have confirmed the physiological functions of Neu5Ac (Fig. 2) [18–20].

2.1. Improvement of brain development and cognition

As early as 1941, Ernst Klenk discovered Sia in brain glycolipids, which he named "neuraminic acid" as it was found in neural tissue [21]. As the most abundant Sia in humans, Neu5Ac is particularly enriched in human brain and displays at the terminal position of brain gangliosides and polysialic acid, thus regulating molecular interactions and brain plasticity [22,23]. Exogenous Neu5Ac treatment has been proved to improve memory [24], elevate cognition and behavior performance [25], and increase brain ganglioside content. Yew et al. reported that Neu5Ac exerts neurotrophic effects by promoting the differentiation, migration, and proliferation of neuroectodermal cells in the neural stem cell model embryonic mice [26].

The impact of Neu5Ac supplementation on improving learning and memory has been widely investigated in rodents [25,27] and piglets [22]. Exogenous Neu5Ac administration has been reported to enhance frontal-cortex Neu5Ac content and to promote cognition and behavior performance, as evaluated by the Y-maze test [24]. Bian et al. administered Neu5Ac to pregnant mothers and rat pups to evaluate its effects on behavior. The mothers were supplemented with different doses of Neu5Ac from 15 d after the beginning of pregnancy until the end of lactation [28]. Based on the Morris water maze and shuttle box tests, the maternal Neu5Ac supplementation resulted in offspring with better cognitive performance, suggesting that maternal Neu5Ac administration improved learning and memory functions in their offspring [29]. However, there was no significant difference between the experimental group and the control group's rat pups, so it was concluded that Neu5Ac supplementation does not improve the cognitive ability of the rat pups. Therefore, Neu5Ac seems to play a cognitive improvement function in the early stages of life, a key window for brain development [30].

In addition, a series of studies carried out in piglets have revealed a close relationship between Neu5Ac and early brain development in newborn mammals [31,32]. An obvious dose-response relationship in the hippocampus was shown between the amount of dietary Neu5Ac supplementation and the mRNA levels of *ST8SiaIV* and *GNE*, which are two key genes linked to learning behavior [33,34].

2.2. Immunomodulatory activity and cancer treatment

The types of Sia present on molecules are involved in differentiating between self and foreign antigens in immune systems of many organisms [35]. An essential self-identifier in glycan coding sequences is Neu5Ac. A specific self-associated molecular pattern (SAMP) is generally generated in sialoglycans on the glycocalyx of healthy cells and recognized by Sia-binding immunoglobulin-like lectins (Siglecs), which are widely distributed throughout various immune-competent cells of primates and rodents and significantly contribute to immunology, inflammation, hemostasis, and cancer development [36]. The human Siglecs family comprise 15 receptors and they specifically recognize Neu5Ac moiety with respective glycosidic linkages, which consist of $\alpha 2, 3$ -, $\alpha 2, 6$ -, and $\alpha 2$, 8-linkages, and thus activate specific immunological responses [37]. For example, as a regulator of the complement alternative pathway in innate immunity, serum complement factor H recognizes α 2,3-Neu5Ac-SAMP and triggers the protection of "self" cells [38,39]. Remarkably, human-specific pathogens, commensals, and tumor tissues have the unique ability to display Neu5Ac on their surfaces. For example, Neisseria gonorrhoeae, the organism that causes the gonococcal infection, can transfer Neu5Ac moiety of host cell's CMP-Neu5Ac to their cell-surface lipooligosaccharide to evade human immune surveillance. However, through interacting with the lipooligosaccharide of the pathogenic bacteria, a non-protective Neu5Ac analog can be utilized to design complement-based antibacterial immunotherapeutic [40,41].



Fig. 2. Physiological roles of Neu5Ac.

Additionally, Neu5Ac modifiers, such as *N*-glycolylneuraminic acid (Neu5Gc), ketodeoxynononic acid (Kdn), and *O*-acetylated Sia, are frequently expressed by tumor cells at levels that differ from those in the corresponding healthy cells. A novel strategy to suppress tumor growth involves the inhibition of sialyltransferases by injection of Ac₅3F_{ax}. Neu5Ac, a fluorinated Sia mimetic that can increase the number of CD8⁺ T-cell and natural killer cells while decreasing the number of regulatory T-cell [42].

2.3. Antiadhesive function and protection of the cardiovascular system

The adhesion of pathogenic bacteria, such as N. meningitidis, C. jejuni, and H. influenzae, to host tissues has long been known to be a prerequisite for initiating the infection [43]. As was previously indicated, some bacterial pathogens use Neu5Ac released by host sialidases or other bacteria, transferring free Neu5Ac to their own cell surface, thereby facilitating their attachment to the host cells [44]. As a result, Neu5Ac has the antiadhesive ability because the competitive adherence of Neu5Ac to Sia receptors on bacterial surface results in bacteria having fewer Sia receptors available and less ability to connect to specific Sia receptors on host cells. Salcedo et al. reported that Neu5Ac exhibited the most extraordinary interference with the adhesion of several newborn pathogens to Caco-2 adenocarcinoma cells compared with GD3, GM1, and GM3, three main gangliosides with well-known positive effects in human milk. Neu5Ac at the concentrations of both 32.0 and 261.7 mg/L, which correspond to the quantities seen in the bioaccessible portion of commercial infant formulae and human milk, respectively, showed anti-pathogenic effect [45].

In addition to competitive adherence to pathogen receptors, Neu5Ac helps cell membranes produce a negative charge on the surface, which results in the development of an electrostatic shield protective of host cells. This electrostatic repulsion is pivotal for avoiding unfavorable cell contact in blood circulation and anti-adhesive repulsion [46]. A striking example is that the interplay between low-density lipoprotein and the blood vessel wall is regulated by increased levels of Neu5Ac in the vessel wall and erythrocytes through increasing negative charges on these surfaces, thus preventing high-fat diet-induced hypercholesterolemia and hypercoagulation [47]. Furthermore, hydrophilic and negatively charged Sia, including Neu5Ac, promote red blood cell stabilization and prevent aggregation of blood components [10]. Wang et al. reported that Neu5Ac exhibited an apparent vasodilation, which was

dose-dependent, in the mesenteric artery of Sprague-Dawley rats, demonstrating its anti-hypertensive capabilities [48]. Further clinical research is required to pave the way for Neu5Ac to serve as a useful supplement in food and drug to prevent and treat hypertension.

2.4. Antiviral function

The two primary routes by which the influenza virus attaches to the host cell surface are: avian viral hemagglutinins (HA) predominantly bind α 2,3-Neu5Ac while influenza A viral HAbind to α 2,6-Neu5Ac as the primary infectious step [49]. According to the research by Guo et al., Neu5Ac derived from edible bird's nest (EBN) following neuraminidase treatment showed a potent inhibitory effect against the infection of human, avian, or porcine influenza viruses to host organisms by inhibiting hemagglutination activity [50]. Another study characterized the mechanisms of this therapeutic effect, namely the inhibition of intracellular autophagy during the life cycle of influenza viruses, which can expeditiously lead to a reduction in their amplification [51]. Based on these findings, tremendous efforts have been made to use multivalent Sia materials as antiviral agents [52]. Neu5Ac has been conjugated to various scaffolds such as polymersomes, liposomes, gold nanoparticles, and nanogels to amplify the effect of interfering with the viral infection process [53].

2.5. Antioxidative activity

In 2004, Iijima et al. revealed the importance of Neu5Ac as a potent active oxygen scavenger. They claimed that monomeric Neu5Ac is oxidized *in vitro* at physiological conditions by an equimolar amount of cytotoxic hydrogen peroxide, generating a safe decarboxylated product. For this reaction, its characteristic free-ketocarboxylic acid group is essential [54]. Subsequently, it was shown that Neu5Ac could also attenuate the cytotoxicity of biologically relevant lipid hydroperoxides, which can result in undesirable biological disorders and chronic diseases [55]. Through neutralizing oxidative damage caused by reactive oxygen species and raising the transcriptional level of hepatic antioxidant genes, Neu5Ac dramatically reduced oxidative stress and mitigated lipopoly-saccharide (LPS)-triggered kidney failure [56,57]. The antioxidative capacity of Neu5Ac suggests its potentially significant role in illnesses like inflammation and aging [58].

2.6. Skin whitening properties

It has been recommended that Neu5Ac is a powerful substance for skin whitening. Its skin-lightning property is on par with those of wellknown skin-whitening substances, including kojic acid, arbutin, gallic acid, and hydroquinone [59]. In a skin-whitening test, Neu5Ac obtained by complete digestion of EBN exhibited significant inhibition to tyrosinase activity. In cultured B16 as well as A375 melanoma cells, where melanin-rich melanosomes are formed and released, a significant reduction in melanin concentration was observed after incubation with Neu5Ac [7]. Additionally, in a 3D model of human skin, Neu5Ac was found to have a lightning impact on skin color. This finding suggests that Neu5Ac can permeate the keratinocyte layer and act on melanocytes [59].

3. Applications of Neu5Ac

3.1. Safety of Neu5Ac

The safety evaluations of Neu5Ac have been performed in Sprague-Dawley rats [60] and *N*-acetylneuraminic acid synthase deficiency (NANSd) patients [16]. No evidence of toxicity or compound-related side effect was observed. When supplied with a daily dose of 1895 mg/kg bw, Neu5Ac is safe for female propagation and young development [60]. The single Generally Recognized as Safe (GRAS) notice for Neu5Ac (GRN 602), which is produced by an aldolase enzyme preparation and used as a component in term infant formulae at a maximum usage level of 50 mg per liter, was approved by American Food and Drug Administration (FDA) and given to Glycom A/S in 2016 [61]. Later in 2017, European Food Safety Authority (EFSA) certified synthetic Neu5Ac as a novel food (NF) with regulation No. 258/97. Following this regulation, the European Commission approved Neu5Ac for use as a food additive in the market at the prescribed amounts [3]. In addition, Neu5Ac has also been approved by China as a new food ingredient.

3.2. Applications in the food industry and cosmetics

Rapid research progress has provided mounting evidence of the role of Neu5Ac in human nutrition, opening up enormous prospects for the food industry to develop effective dietary supplements and nutraceuticals. However, Röhrig et al. reported that the concentrations of Neu5Ac in commercial infant formulae were still much lower than those in human milk [62]. Adding Neu5Ac to infant formulae would help them more closely resemble human milk. To date, main baby food manufacturers have designed new types of infant formulae using 3'-SL and 6'-SL as additives [11].

Furthermore, Neu5Ac dominates the quality differentiation of certain foods containing Sia. In the market, EBN, known as a traditional tonic ingredient with a high concentration of Neu5Ac, is graded by its free Neu5Ac content. EBN with abundant Neu5Ac tends to be more expensive [59]. In addition, because of the different lightning mechanisms and chemical structures of Neu5Ac compared to other skin-lightning agents, Neu5Ac, whose International Nomenclature Cosmetic Ingredient (INCI) name is ACETYLNEURAMINIC ACID, has been used as a safe and active ingredient in skin care cosmeceutical products owing to its skin-whitening effect and antioxidant activity [63].

3.3. Applications in the pharmaceutical industry

Relying on the multifunctional characteristics of Neu5Ac, innovative diagnostic and therapeutic materials have been created for autoimmune diseases, neurological disorders, hypertension, cancer, gastric diseases, and contagious diseases. Indeed, Neu5Ac has been used to synthesize several antiviral agents, such as zanamivir and oseltamivir, which have been recognized as potent medications to treat and prevent infections [64]. With the emergence of various resistant viruses, inhibiting the adhesion of the viral HA glycoprotein to host cells is an alternative strategy. Monomeric Neu5Ac and Neu5Ac-functionalized polymersomes have been regarded as promising inhibitors, which has fueled the demand for Neu5Ac-based pharmaceutical agents [52,53].

Moreover, Neu5Ac extended-release formulation therapies helped GNE myopathy patients ameliorate the decline in upper extremity muscle strength [65]. GNE myopathy, arising from variants in gene GNE, is a kind of neuromuscular disease. Ultragenyx Pharmaceutical carried out numerous practical clinical researches works to evaluate the safety and efficacy of this formulation in GNE myopathy patients and established its pharmacokinetics [66]. In a Phase II clinical trial involving 47 subjects with GNE myopathy, extended-release tablets of Neu5Ac at a dose of 6 g/day maintained upper extremity strength and this effect retained for 24 weeks [67]. Unfortunately, a follow-up Phase III study in 89 patients failed to confirm this effect [68]. The disparities in clinical outcomes may be explained by variations in the size and heterogeneity of these two trials. In the future, therapeutics focusing on the pathogenesis or the biosynthetic pathway of Neu5Ac should be developed. Further studies are warranted to explore the different formulations of extended-release Neu5Ac.

3.4. Biosynthesis of Neu5Ac

The extensive applications of Neu5Ac in nutraceuticals and pharmaceuticals makes large-scale production of this chemical desirable. Neu5Ac is tradicionally produced via extraction from natural sources or by chemical synthesis. Neu5Ac can be isolated from EBN, mucins, milk, eggs, red meat, and some fish species using certain methods [69]. However, extraction approach to Neu5Ac production includes multiple steps, such as ethanol extraction, acidic hydrolysis, chromatographic analysis, purification, and recrystallization, which makes NeuAc production both complicated and costly [70]. Neu5Ac can also be synthesized by chemical methods that require complex protection, deprotection, reduction, and oxidation steps. But the chemical methods are limited by their low production efficiency, unsatisfactory stereoselectivity, and high environmental pollution [71]. In recent decades, biosynthesis, which is associated with good application potential and environmentally friendly characteristics, has become an indispensable approach for large-scale production of Neu5Ac.

3.5. Enzymatic production

Neu5Ac can be enzymatically prepared through two approaches: 1) the chemoenzymatic approach and 2) the two-step enzymatic approach (Fig. 3). During the chemoenzymatic process, substrate N-acetylglucosamine (GlcNAc) firstly epimerizes to N-acetylmannosamine (Man-NAc) by alkaline-catalyzation, and then ManNAc condenses with cosubstrate pyruvate to generate Neu5Ac by Neu5Ac aldolase (NAL, EC 4.1.3.3). However, the chemical epimerization of GlcNAc to ManNAc requires large quantities of bases and organic solvents, which bring pollution to the environment [72]. With increasing GlcNAc 2-epimerases (AGE, EC 5.1.3.8) were identified and heterologous expression, AGE-catalyzed biotransformation gradually superseded the alkaline epimerization of GlcNAc to ManNAc. In the two-step enzymatic approach, Neu5Ac can be synthesized by two-enzyme cascade in one pot, in which AGE catalyzes the epimerization of GlcNAc and NAL catalyzes the condensation with pyruvate, therefore forming Neu5Ac [73]. Nucleotides, such as ATP, dATP, ddATP, ADP, and GTP, can not only act as AGE activators, but also inhibit AGE degradation by thermolysin [74]. The crystal structures and catalytic mechanism of NAL and AGE, two important enzymes involved in the two-step enzymatic approach to Neu5Ac synthesi, were comprehensively reviewed by Hussain et al., in 2022 [75].

Kragl et al. first attempted the coupling reaction of NAL and AGE to achieve Neu5Ac continuous production. By using 34 U/mL AGE and



Fig. 3. Two approaches for enzymatic production of Neu5Ac.

1.19 U/mL NAL in an enzyme membrane reactor (EMR), Neu5Ac was obtained in yields of 67% from 200 mM ManNAc and 100 mM pyruvate with 5 mM ATP at pH 7.5 and 25 °C [76]. Since then, many developments have been made to enhance the productivity and efficiency of this process. AGEs from various sources have been widely identified and further analyzed, including AGE from porcine (pAGE), Synechocystis sp. (SnAGE), Anabaena sp. (bAGE), Bacteroides ovatus ATCC (BoAGE2), Nostoc sp. KVJ10 (nAGE10), Anabaena variabilis (AvaAGE), Pedobacter heparinus (PhGn2E), and Bacteroides thetaiotaomicron (BT0453). Similarly, different sources of NALs have been characterized, such as E. coli (EcNAL), Lactobacillus plantarum (LpNAL), Staphylococcus carnosus TM300 (ScNAL), C. glutamicum (CgNAL), Peptoclostridium difficile (PdNAL), Mycoplasma sp. (MyNAL), Aliivibrio salmonicida (AsNAL), Staphylococcus aureus (SaNAL), and Haemophilus influenza (HiNAL). Different AGEs and NALs possess different kinetic values, enzymatic properties, and specific activities [75].

Lee et al. devised a shifting reaction temperature method for a coupling reaction for efficient Neu5Ac production. When the reaction reached equilibrium at 30 °C in approximately 10 h, the temperature was set at 20 °C to change the reaction equilibrium, thus achieving a high conversion yield [77]. Zimmermann et al. devised a computer-based kinetic model to predict the reaction course and, therefore, optimize the reaction conditions for different purposes. In a fed-batch reactor, the productivity of Neu5Ac increased from 1.8×10^{-3} to 3.3×10^{-3} mol L⁻¹ h⁻¹ after modeling optimization [78]. In addition, immobilization has been incorporated into large-scale Neu5Ac

production to reuse expensive enzymes and decrease enzyme autodigestion. Bloemendal et al. designed a continuous-flow bioreactor by immobilizing NAL on immobead 150P. The conversion ratio of ManNAc to Neu5Ac reached 82% from 500 mM ManNAc and 100 mM pyruvate at a flow rate of 0.05 mL/min [79]. To improve the soluble expression of AGE and NAL, fusion tags, molecular chaperones, and suitable host strains need to be carefully selected [80,81]. Protein engineering strategies, including rational design and directed evolution, have also been used to improve the catalytic properties, such as reducing the cleavage activity of NAL [82].

Enzyme synthesis provides many advantages, such as high conversion rates, low by-product formation, and mild reaction conditions. Nevertheless, enzyme purification and isolation of Neu5Ac from the equilibrium system are complex and time-consuming steps. Moreover, the requirement of ATP for AGE activity increases production costs.

3.6. Whole-cell catalysis

Whole-cell biocatalysis using recombinant enzyme-expressing strains can simplify the production process and post-treatments and circumvent protein purification and the addition of ATP, which is more conducive for Neu5Ac production. In whole-cell catalysis, microbial cells are capable of *in situ* production of the key enzymes and cofactors for Neu5Ac synthesis in the culture medium. In 2002, a whole-cell catalytic process for Neu5Ac synthesis was constructed by coupling two engineered *E. coli* strains separately expressing AGE and Neu5Ac

synthetase (NeuB, EC 4.1.3.19). Cell permeability was improved by the treatment of Nymeen S-215. After a 22-h reaction, 12.3 g/L Neu5Ac was generated with the conversion of GlcNAc to Neu5Ac at 5% [83]. To enhance the conversion rate of GlcNAc to Neu5Ac, Lee et al. expressed *Anabaena* sp. CH1 AGE (bAGE), a high-activity AGE with high ATP affinity, and Neu5Ac lyase (nanA) in *E. coli* BL21 (DE3) cells. The Neu5Ac yield was improved to 122.3 g/L and the conversion rate of GlcNAc to Neu5Ac was enhanced to 33.3% [84].

Different recombinant strains, carbon sources, substrates, and production strategies have been explored to improve Neu5Ac production and reduce costs (Table 1) [85]. Zhu et al. constructed an exogenous pyruvate-independent Neu5Ac biocatalytic process using glycerol as the carbon source to decrease downstream processes and environmental costs [86]. In addition, many studies have highlighted the importance of engineering the hosts for Neu5Ac synthesis. Deleting nag and poxB from the E. coli BL21 (DE3) chromosome, which are responsible for reducing GlcNAc and sodium pyruvate degradation, respectively, showed a synergistic effect, with the yield of Neu5Ac reaching 63.8% and a GlcNAc conversion rate of 66.8% [87]. Recently, emerging metabolic engineering approaches combined with protein engineering strategies have attracted much attention. Chen et al. identified an AGE mutant and a more efficient NAL using directed mutagenesis and molecular dynamics simulations, respectively. By further eliminating the transporter genes nagE and nanT and optimizing the growth conditions, 108.8 g/L Neu5Ac was produced with a GlcNAc conversion rate of 58.6% [88].

3.7. De novo biosynthesis

Unlike whole-cell biocatalysis, production of Neu5Ac via *de novo* biosynthesis can utilize inexpensive carbon sources as substrates to meet the demand for large-scale production without the addition of any direct precursors. The carbon sources used for Neu5Ac synthesis include glucose, glycerol, malate, and fructose [89]. Recently, the metabolic engineering approach based on cell factories has been extensively studied as a preferred choice for industrial-scale production of Neu5Ac. Neu5Ac can be synthesized in cell factories by three routes: AGE, GlcNAc-6-phosphate 2-epimerase (NanE), and UDP-GlcNAc 2-epimerase (NeuC) pathways (Fig. 4) [90]. Glucosamine-6-phosphate (GlcN6P) is

Table 1

Whole-cell biocatalysis for Neu5Ac production.

the common metabolic intermediate of three Neu5Ac synthetic pathways. In NeuC pathway, GlcN6P is converted to UDP-GlcNAc by phosphoglucosamine mutase GlmM and GlcNAc-1-phosphate uridyltransferase/glucosamine-1-phosphate acetyltransferase (GlmU), and then further converted to the direct precursor ManNAc by NeuC. GlcNAc6P is another common metabolic intermediate of AGE and NanE pathways. However, it is reported that GlcNAc6P can be converted to GlcNAc and then easily accumulated as byproduct [91]. Engineering individual or multiplexed pathways in various host strains have been used to biosynthesize Neu5Ac (Table 2).

E. coli has been the most often used host for Neu5Ac synthesis because of its high expression, rapid growth, and thorough characterization [92]. E. coli is one of several bacterial species that can use Neu5Ac as a carbon source in cellular metabolism. By disrupting the native pathway of Neu5Ac catabolism and introducing an exogenous NeuC pathway, a metabolically engineered E. coli was obtained for the first time to produce Neu5Ac [9]. As mentioned above, GlcN6P is the common metabolic intermediate of three Neu5Ac synthetic pathways and it is synthesized by glucosamine synthase GlmS. The overexpression of glmS from E. coli obviously improved the Neu5Ac titer to 1.7 g/L in shake-flask feeding cultivation [9]. However, the glmS is under the tightly feedback inhibition of GlcN6P. In order to relief this feedback control, Kang et al. introduced a four-site variant of glmS (E14K, D386V, S449P and E524G). They designed AGE pathway in *E. coli* DH5α by introducing slr1975 from Synechocystis sp. PCC6803 and GNA1 from Saccharomyces cerevisiae EBY100 and the Neu5Ac titer reached 7.85 g/L in a 5-L bioreactor [93]. From then on, their group developed many strategies to improve Neu5Ac production based on the AGE pathway, such as NeuB evolution using an evolved Neu5Ac biosensor [94], evolution of Neu5Ac riboswitch [95], optimization of amino sugar metabolism and improvement of PEP supply [96]. Peters et al. also developed Neu5Ac biosensors and applied them in Neu5Ac production. They used different promoter engineering strategies to create novel Neu5Ac biosensors based on the transcription factor NanR and tested the applicability in high-throughput screening. Through NeuC pathway, the engineered E. coli MG1655 obtained 1.4 g/L Neu5Ac in shake-flask cultivation [97]. In addition, to improve the genetic stability of Neu5Ac production, efforts have been made to construct plasmid-free

Recombinant strains	Carbon sources	Substrates	Main strategies	GlcNAc conversion rate	Product concentration	Reference
two E. coli NM522 cells and a Corynebacterium ammoniagenes strain	glucose	800 mM GlcNAc	Two E. coli NM522 expressed slr1975 from Synechocystis sp. PCC6803 and neuB from E. coli K1, respectively, coupling with Corynebacterium ammoniagenes to supply PEP.	5%	12.3 g/L	[83]
Two E. coli BL21 (DE3) cells	glucose	1200 mM GlcNAc, 1200 mM pyruvate	Two <i>E. coli</i> BL21 (DE3) cells expressed <i>age</i> from <i>Anabaena</i> sp. CH1 and <i>nanA</i> from <i>E. coli</i> NovaBlue, respectively.	33.3%	122.3 g/L	[84]
E. coli BL21 (DE3)	glucose	600 mM GlcNAc, 800 mM pyruvate	<i>E. coli</i> BL21 expressed <i>slr1975</i> from <i>Synechocystis</i> sp. PCC6803 and <i>nanA</i> from <i>E. coli</i> K12. An AGE mutant and a more efficient NAL were identified by directed mutagenesis and molecular dynamics simulation, respectively. The transporter genes <i>nanT</i> and <i>nagE</i> were eliminated.	58.6%	108.8 g/L	[88]
S. marcescens	GlcNAc	12.5 mM GlcNAc, 10 mM PEP	S. marcescens expressed slr1975 from Synechocystis sp. PCC6803 and neuB from Campylobacter jejuni NCTC11168. Pathways fluxes were balanced through promoter swapping.	12.4%	0.48 g/L	[85]
E. coli BL21 (DE3)	glucose	800 mM GlcNAc, 1200 mM sodium pyruvate	A novel AGE BT0453 with high protein solubility cloned from <i>Bacteroides thetaiotaomicron</i> and <i>E. coli</i> NanA were expressed.	5.36%	13.27 g/L	[81]
E. coli MG1655	glycerol	45.2 mM GlcNAc	Production with different carbon sources was compared. A two-stage pH shift strategy was carried out. The GlcNAc concentration was optimized.	43.35%	18.17 g/L	[86]
E. coli BL21 (DE3)	glucose	800 mM GlcNAc, 500 mM sodium pyruvate	Gene <i>nag</i> and <i>poxB</i> were deleted from the <i>E. coli</i> BL21 (DE3) chromosome. Precursor feeding were conducted.	66.8%	164.88 g/L	[87]



Fig. 4. Metabolic pathway for Neu5Ac biosynthesis in *E. coli*. Dashed arrows indicate multiple reactions. The green-colored box, purple-colored box, and yellowcolored box represent the AGE pathway, the NanE pathway and the NeuC pathway, respectively. Main metabolite abbreviations as follows: DHAP, dihydroxyacetone phosphate; GAP, glyceraldehyde 3-phosphate; PEP, phosphoenolpyruvic acid; PYR, pyruvate; G6P, glucose-6-phosphate; GlcN6P, phosphate glucosamine-6phosphate; GlcNAc-6P, *N*-acetylglucosamine-6-phosphate; GlcNAc, *N*-acetylglucosamine; ManNAc, *N*-acetylmannosamine; ManNAc6P, *N*-acetylglunosamine 6phosphate; UDP-GlcNAc, uridine 5'-diphospho-N-acetylglucosamine; Neu5Ac, *N*-acetylneuraminic acid. Key gene abbreviations: *pyk*, encoding pyruvate kinase; *ppsA*, encoding phosphoenolpyruvate synthetase; *glmS*, encoding glucosamine-6-phosphate uridyltransferase/glucosamine-6-phosphate deaminase; *glmM*, encoding phosphoglucosamine mutase; *glmU*, encoding *N*-acetylglucosamine-1-phosphate uridyltransferase/glucosamine-1-phosphate acetyltransferase; *neuC*, encoding phosphatase; *nagK*, encoding N-acetylglucosamine kinase; *age*, encoding *N*-acetyl-p-glucosamine 2-epimerase; *nanK*, encoding N-acetylmannosamine kinase; *nanE*, encoding N-acetylglucosamine-6-phosphate epimerase; *neuB*, encoding Neu5Ac synthase; *nanA*, encoding Neu5Ac aldolase.

engineered strains to avoid the use of antibiotic markers and the loss of plasmids. Liu et al. constructed a plasmid-free engineered *E. coli* BL21 (DE3) strain using clustered regularly interspaced palindromic repeat (CRISPR)/CRISPR-associated protein 9 (Cas9)-mediated genome editing and produced 23.46 g/L Neu5Ac in a 3-L bioreactor without antibiotic addition [98]. This was the highest Neu5Ac titer ever reported by fed-batch cultivation of metabolically engineered *E. coli*.

As a GRAS strain, *B. subtilis* has been used as a potential host strain for food-grade Neu5Ac production. Through introducing a special glucose and malate coutilization pathway in *B. subtilis*, the supply of GlcNAc and PEP reached balance and the Neu5Ac titer improved to 1.65 g/L. Balancing cell growth and Neu5Ac biosynthesis further increased the Neu5Ac titer to 2.18 g/L in shake-flask cultivation [89]. Using N-terminal coding sequences for fine-tuning expression of *GNA1*, *pfkA*, and pyk enhanced the Neu5Ac titer to 2.75 g/L [99]. Furthermore, various strategies have been used for efficient production of Neu5Ac, such as elimination of byproducts accumulation [91], dynamic regulation of cell growth and population quality [100,101], and combination of three Neu5Ac synthesis pathways [90]. The highest Neu5Ac titer produced by engineered *B. subtilis* was 30.10 g/L using glucose as the sole carbon source in a 5-L fermenter [90].

3.8. Challenges and strategies of Neu5Ac de novo biosynthesis

3.8.1. Screening or engineering of key enzymes

During *de novo* synthesis of Neu5Ac, some enzymes, such as GlmS, AGE and NeuB, are critical for the improvement of the Neu5Ac titer. To date, many efforts have been focused on optimizing the substrate affinity and catalytic activity of key enzymes, including 1) mining for new enzymes from different sources, 2) analyzing structural features and crucial amino acid residues, 3) applying saturation mutagenesis at the key sites, 4) constructing kinetic models, 5) constructing a substrate channel by self-assembly of enzymes, and 6) optimizing the expression level of key enzymes through promoter engineering [75,88,90]. For example, an A506G-G420A variant of NeuB and a T1108G mutant of AGE led to a 1.30-fold and a 1.45-fold improvements in Neu5Ac titers, respectively [94,95].

Table 2

Summary on Neu5Ac de novo biosynthesis.

Host	Pathways	Strategies	Carbon sources	GlcNAc titer	ManNAc titer	Neu5Ac titer	Reference
<i>E. coli</i> MG1655	NeuC pathway	1) removing the native Neu5Ac catabolic pathway 2) expressing <i>neuC</i> and <i>neuB</i> from <i>N. meningitidis</i>	glucose	N.M	N.M	1.7 g/L (shake flask)	[9]
E. coli DH5α	AGE pathway	 relieving the feedback inhibition of glmS increasing the GlcNAc accumulation eliminating lactate formation 	glucose	13.51 g/L	3.49 g/L	7.85 g/L (5 L bioreactor)	[93]
E. coli DH5α	AGE pathway	 evolution of an <i>in vivo</i> Neu5Ac biosensor fine-tuning of AGE pathway via RBS engineering evolution of NeuB using the Neu5Ac biosensor 	glucose	~10 g/L	$\sim 2 \text{ g/L}$	8.31 g/L (two-stage fermentation)	[94]
E. coli DH5α	AGE pathway	 pathway optimization using an evolved Neu5Ac riboswitch with high-threshold evolution of <i>age</i> using the Neu5Ac riboswitch 	glucose	~8 g/L	$\sim 1 \text{ g/L}$	14.32 g/L (shake flask)	[95]
E. coli DH5α	AGE pathway	 optimizing the amino sugar metabolism optimizing the expression of AGE and NeuB improving PEP precursor supply 	glucose	~13 g/L	$\sim 3 \text{ g/L}$	16.7 g/L (shake flask)	[96]
<i>E. coli</i> MG1655	NeuC pathway	1) deleting the <i>nanATEK</i> operon 2) applying biosensors based on NanR	glucose	N.M	N.M	1.4 g/L (shake flask)	[97]
E.coli BL21 (DE3)	NeuC pathway	 constructing a plasmid-free engineered strain optimizing GlmM and GlmU-GlmS_A metabolic modules optimizing NeuB expression 	glycerol	N.M	N.M	23.46 g/L (3 L bioreactor)	[98]
B. subtilis	AGE pathway	 introducing a glucose and malate coutilization pathway balancing cell growth and Neu5Ac biosynthesis 	glucose	N.M	N.M	2.18 g/L (shake flask)	[89]
B. subtilis	AGE pathway	1) fine-tuning expression of <i>GNA1</i> , <i>pfkA</i> , and <i>pyk</i> via N-terminal coding sequences	glucose	N.M	N.M	2.75 g/L (shake flask)	[99]
B. subtilis	AGE pathway	 dynamic regulation through genetic code expansion-based cell growth and biosynthesis balance engineering strategy 	glucose	N.M	N.M	4.72 g/L (3 L bioreactor)	[100]
B. subtilis	AGE pathway	 enriching the producing cell subpopulation through an inducible population quality control system 	glucose	N.M	N.M	4.23 g/L (3 L fermenter)	[101]
B. subtilis	AGE, NanE, and NeuC pathways	 combining three Neu5Ac synthesis pathways and modularly optimizing using a synthetic multiplexed pathway engineering optimizing the fermentation conditions 	glucose	39.7 g/L	14.4 g/L	30.10 g/L (5 L bioreactor)	[90]
B. subtilis	NeuC pathway	 reducing GlcNAc accumulation by constructing the NeuC pathway improving NeuB and PEP supply to reduce ManNAc accumulation static regulation to balance Neu5Ac biosynthesis and cell growth 	glucose and glycerol as dual- carbon sources	0 g/L (shake flask)	2.2 g/L (shake flask)	7.9 g/L (shake flask) 21.8 g/L (3 L bioreactor)	[91]

N.M: Not mentioned.

3.8.2. Transport of intermediates and products

Many studies have reported a considerable amount of GlcNAc and ManNAc detected in the fermentation products (Table 2), indicating that they were exported to the medium by unknown transporters, which severely restricted the efficient biosynthesis of Neu5Ac and increased downstream purification costs [95]. In *E. coli*, the PTS transporters NagE and ManXYZ are responsible for GlcNAc uptake, whereas ManXYZ and NanT transporters are responsible for ManNAc and Neu5Ac import, respectively [102]. However, exporters of intermediates and Neu5Ac have not yet been completely elucidated. In the future, transporters and transport mechanisms should be continually studied in engineered strains or understood based on native microorganisms that can naturally use GlcNAc, ManNAc, and Neu5Ac as carbon and nitrogen sources.

3.8.3. Balancing cell growth and biosynthesis

De novo biosynthesis of Neu5Ac competes for cell wall synthesis pathways and precursors of glycolysis, and balancing cell growth and biosynthesis is significant for the efficiency of Neu5Ac production. To date, many studies have focused on static, dynamic, and systematic dynamic regulation of the Neu5Ac pathway (Table 2). Modular pathway enhancement strategies, metabolite or signal molecule-responsive biosensors, CRISPR interference (CRISPRi), and genetic code expansionbased cell growth and biosynthesis balance engineering (GCE-CGBBE) strategies have become powerful synthetic biology tools for balancing the precursor supply for cell growth and biosynthesis by activating or repressing the expression of key genes [100].

3.8.4. Systematic strategies

Although the above strategies could contribute to solving bottlenecks in the synthetic pathway, systematic strategies are still indispensable for the upscaling of Neu5Ac. The complexity of metabolism and its regulation require a global and systematic perspective of cell factories to help achieve a better understanding of microbial bioprocesses. Systems metabolic engineering, which combines traditional metabolic engineering with systems biology, synthetic biology, and evolutionary engineering, enables rapid development of cell factories [103]. A combination of machine learning, omics data, and CRISPR tools makes metabolic regulation feasible. For example, with the development of omics technologies, machine learning-based metabolic modes obtained from multi-omics data analysis can comprehensively identify crucial genes and explore potential metabolic routes, which could be used to identify exporters of intermediates and Neu5Ac [104].

4. Conclusion and outlook

Neu5Ac, the most dominant form of Sia, generally occupies the terminal position of cell-surface glycans, oligosaccharides, and glycoconjugates, thereby participating in many physiological and

pathological processes. Owing to the various physiological roles and extensive applications of Neu5Ac, as reviewed in this article, there has been increasing demand for large-scale production of this chemical. Over the past few decades, biosynthesis of Neu5Ac has made considerable progress. However, Neu5Ac production remains inefficient and faces several challenges. Further work is needed to optimize the substrate affinity and catalytic activity of key enzymes such as AGE and NeuB. The transporter and transport mechanisms of GlcNAc, ManNAc, and Neu5Ac require further elucidation. Machine learning-based metabolic modes, CRISPRi, and transposon systems could be useful tools for screening potential genes in transport systems. Balancing cell growth and biosynthesis is another challenge that needs to be overcome. Further research is required to elucidate the metabolism and regulation of the engineered strains. Systems metabolic engineering will draw increasing attention to the construction of microbial cell factories for industrialscale synthesis of Neu5Ac.

CRediT authorship contribution statement

Mingli Zhao: Writing - original draft, Writing - review & editing. Yingying Zhu: Conceptualization, Methodology. Hao Wang: Writing review & editing. Wenli Zhang: Supervision, Resources. Wanmeng Mu: Supervision, Resources, Project administration, Funding acquisition, Writing - review & editing.

Data availability

No data was used for the research described in the article.

Declaration of competing interest

The authors declare no competing financial interest.

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