

## Original Article

# Evaluation of IL-8 gene polymorphisms in patients with periodontitis in Hamedan, Iran

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## ABSTRACT

**Background:** Many environmental and genetic factors are known as factors that increase the susceptibility to periodontitis. As IL-8 is a chemokine that mediate the inflammatory process in periodontal disease, we decided to evaluate the effect of its polymorphism on chronic and aggressive periodontitis.

**Materials and Methods:** In this cross-sectional study DNA was isolated from the whole blood of 107 periodontitis patients and 199 healthy individuals. All samples were genotyped for the IL-8 polymorphisms using the polymerase chain reaction with sequence specific primers. The distribution of the interleukin-8 genotype and allele frequencies in control and disease groups was analyzed by the Chi-square test and a *P*-value of  $< 0.05$  was considered statistically significant.

**Results:** The findings revealed that the allele and genotype frequencies of A2767T, T<sub>1</sub>1722T<sub>2</sub>, and C781T polymorphism of IL-8 gene were not significantly differed between controls and patients. However, there was a significant difference in the genotype frequencies of IL-8 A251T ( $P < 0.0001$ ), G396T ( $P < 0.0001$ ), and C1633T ( $P < 0.0001$ ) gene polymorphism between the patient and the control groups. Additionally, there was a significant difference in the genotype frequencies of C1633T ( $P < 0.05$ ) polymorphism of IL-8 gene between the aggressive and chronic periodontitis.

**Conclusion:** IL-8 gene polymorphism may be protective against periodontitis.

**Key Words:** Aggressive periodontitis, chronic periodontitis, genetic polymorphism, interleukin-8

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## INTRODUCTION

Neutrophil infiltration into the inflammation site is one of the hallmarks of acute inflammation. Local chemotactic factors are presumed to mediate the sequence of events leading to the leukocyte infiltration at inflammatory sites.<sup>[1]</sup>

Accumulating evidence indicates that several leukocyte chemotactic factors and vasodilating

mediators are produced at the site of injury and that these mediators induce vasodilation and recruitment of leukocytes, thereby establishing inflammatory reactions. Interleukin-8 (a member of the chemokine family) has been identified as a neutrophil chemotactic factor<sup>[2,3]</sup> and is produced by various types of cells upon stimulation with inflammatory stimuli. This chemokine exerts a variety of functions on leukocytes, particularly, neutrophils, and exhibits chemotactic activities against T lymphocytes and basophils.<sup>[4,5]</sup> Besides chemotactic activities, IL-8 induces neutrophils to release lysosomal enzymes, to increase expression of Mac-i and CR-I, and to adhere to unstimulated endothelial cells.<sup>[6-8]</sup>

Elevated IL-8 levels have been documented in many conditions such as rheumatoid arthritis,<sup>[9]</sup>

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gouty arthritis,<sup>[10]</sup> psoriatic scale,<sup>[11]</sup> adult respiratory distress syndrome,<sup>[12]</sup> and chronic and aggressive periodontitis.<sup>[13]</sup>

Periodontitis is a chronic inflammatory and multifactorial disease for which several susceptibility and risk factors are proposed<sup>[14]</sup> and despite the traditionally belief of its environmental origin, now it is thought to be determined in part by genetics.<sup>[15]</sup>

Polymorphisms in a range of human cytokine genes have been correlated with different levels of protein production and some polymorphisms have been associated with inflammatory conditions such as periodontal disease. As interleukin-8 seems to play a role in periodontal inflammation and disease, the investigation of genetic polymorphisms that affect its transcriptional activity may provide important information on its function in periodontal disease.

## MATERIALS AND METHODS

### Study population

In this cross-sectional study a total of 306 subjects were recruited. A total of 107 patients (55 women and 52 men; aged 17–59 years), consisting of 56 patients with chronic periodontitis and, 51 patients with aggressive periodontitis referred to the periodontology department of Hamedan faculty of dentistry were enrolled. Periodontitis was diagnosed on the basis of clinical parameters including probing depth, clinical attachment loss, and bleeding on probing index and radiographic findings.<sup>[16]</sup> None of the patients had a history of current manifestation of systemic diseases. Patients with severe medical disorders (diabetes mellitus, immunological disorders, hepatitis, human immunodeficiency virus infection, and cardiovascular involvement), use of orthodontic appliances, need for premedication for dental treatment, chronic usage of anti-inflammatory drugs, smokers, present acute necrotizing ulcerative gingivitis, and women who were pregnant or lactating, were excluded from the study. In addition, 199 healthy nonsmoking dental students or resident volunteers (103 women and 96 men; aged 17–48 years), without any periodontal disease, systemic inflammatory disease, surgical treatment in the past 4 weeks were considered as controls. The absence of periodontal disease was determined according to the following criteria: (a) No sites with bleeding on probing; (b) No sites with a probing depth of >3 mm; and (c) Absence of clinical attachment loss or radiographic bone loss. None of

the control subjects had a history of periodontitis or tooth loss because of pathogenic tooth mobility. All subjects signed an informed consent form before enrollment into the study.

### DNA isolation

Around 10 mL of venous blood was collected from each subject into tubes containing 50 mmol/L EDTA, and genomic DNA was isolated from anticoagulated peripheral blood Buffy coat using Miller's salting-out method.<sup>[17,18]</sup> Then, the genomic DNA was stored at -80°C until required for genotyping. The genotyping was performed using the polymerase chain reaction sequence specific primer method.<sup>[19]</sup> Internal control primers were included as a control for false-negative reactions. The control primers (5'-TGC CAA GTG GAG CAC CCA A-3' and 5'-GCA TCT TGC TCT GTG CAG AT-3') were used at 0.2 μmol/L. The interleukin-8 polymorphism at position T<sub>1</sub>1722T<sub>2</sub> was identified by the sequence-specific forward primers GTAAAATACAGTGATGAGTGTTACGATAC and GTAAAATACAGTGATGAGTGTTACAATAA, in combination with the consensus reverse primer, GTTGTGTCCATATGAGAATGTGTC, at position A251T was identified by the sequence-specific forward primers CCACAATTTGGTGAATTATCAAT and CCACAATTTGGTGAATTATCAAA, in combination with the consensus reverse primer, TGCCCCTTCACTCTGTAAAC, at position G396T was identified by the sequence-specific forward primers TTTACGTAAATATATGCATGTTACC and TTTACGTAAATATATGCATGCTACA, in combination with the consensus reverse primer, AACATGACTTCCAAGCTGGC, at position C781T was identified by the sequence-specific forward primers TCATAACTGACAACATTGAACG and AGTCATAACTGACAACATTGAACA in combination with the consensus reverse primer, TGAGTTGAGCAAGGTAACCTAG, at position C1633T was identified by the sequence-specific forward primers TATGTATGGTCTTTCTGGTCGTG and AACTATGTATGGTCTTTCTGGTCGTA in combination with the consensus reverse primer, GGACTTAGACTTTATGCCTGACTTAAG at position A2767T was identified by the sequence-specific forward primers CCCAGTTAAATTTTCATTTTCAGATAT and CCCAGTTAAATTTTCATTTTCAGATAA in combination with the consensus reverse primer, GACAAACACTTGATTACTTTGACAACA with an expected product size of 130 bp. Amplification was carried out using a DNA Technology MTC 400 in a

total volume of 15 lmol/L that contained 100 ng of genomic DNA, 1 lmol/L of each allele-specific primer pair, 200 lmol/L of dNTPs, 10 lmol/L Tris-HCl (pH 8.3), 50 mmol KCl, 1.5 mmol/L MgCl<sub>2</sub>, and 0.5 IU of Taq DNA polymerase. The reaction was carried out as follows: initial denaturation at 94°C for 2 min, followed by 10 cycles of amplification at 96°C for 20 s and annealing at 64°C for 50 s, with extraction for 40 s at 72°C, followed by 20 cycles of denaturation at 96°C for 20 s and annealing at 61°C for 50 s, with extraction for 40 s at 72°C. The size of the product was 130 bp.

### Data analysis

Allele and genotype frequencies were obtained by direct counting. The distribution of the interleukin-8 genotype and allele frequencies in control and disease groups was analyzed by the Chi-square test. The study groups were tested for Hardy-Weinberg equilibrium comparing the expected with the observed genotype frequencies. The results of the logistic regression model were expressed as odds ratio and 95% confidence interval. All *P*-values were evaluated in a two-sided model, and a *P*-value of <0.05 was considered statistically significant. Statistical analysis was performed using the SPSS 10.0 software package (SPSS, Chicago, IL, USA).

## RESULTS

The clinical and demographic data of patient and control groups are displayed in [Table 1]. The frequencies of these cytokine genotypes in patients and control individuals were found to be in accordance with those expected by the Hardy-Weinberg equilibrium.

The allele and genotype frequencies of A2767T, T<sub>1</sub>1722T<sub>2</sub>, and C781T polymorphism of IL-8 gene were not significantly differed between patients and controls [Tables 2–4].

However, there was a significant difference in the genotype frequencies of IL-8 A251T, G396T and C1633T gene polymorphism between the patient and control groups [Tables 5–7].

As shown in [Table 8] there was a significant difference in the genotype frequencies of C1633T polymorphism of IL-8 gene between the aggressive and chronic periodontitis (*P*<0.05).

## DISCUSSION

Inflammation is a vital consequence of tissue injuries associated with various causes, such as infection of microorganisms, trauma, and invasion of foreign particles. It has the classical clinical signs of redness, heat, swelling, and pain. These signs are due to extravasation of plasma and infiltration of leukocytes into the site of inflammation produced by leukocyte chemotactic factors and vasodilating mediators.

Several leukocyte chemotactic factors are known, such as C5a, N-formyl peptides derived from bacteria, and leukotriene B<sub>4</sub>, although these factors exhibit chemotactic activities against any types of leukocytes. At the site of inflammation, specific types of leukocytes infiltrate depending on the types, doses of, and time intervals from the tissue injury, raising the possibility of the presence of cell type-specific leukocyte chemotactic factors. This assumption has been supported by the discovery of a large number of low-molecular weight leukocyte chemotactic cytokines (chemokines) that exhibit cell type-specific leukocyte chemoattraction.<sup>[4]</sup>

IL-8 is a member of the family of chemokines. It is mainly involved in the initiation and amplification of acute inflammatory reactions and in chronic inflammatory processes. Therefore, it plays an important role in chronic inflammatory diseases in which inflammation is a substantial pathophysiological feature. IL-8 production is not constitutive but occurs ordinarily in the presence of inflammatory stimuli such as LPS, IL-1, and tumor necrosis factor (TNF) in a wide variety of cells including monocytes, T lymphocytes, neutrophils, vascular endothelial cells, dermal fibroblasts, keratinocytes, hepatocytes,<sup>[20,21]</sup> and human gastric cancer cells.<sup>[22]</sup> Actually, IL-8 was not detected in normal adult plasma but the intravenous

**Table 1: Clinical and demographic data of patients and controls groups**

| Group                    | Total number | Male | Female | Age        | Probing depth (mm) | Clinical attachment loss (mm) | Bleeding on probing index (%) |
|--------------------------|--------------|------|--------|------------|--------------------|-------------------------------|-------------------------------|
| Aggressive periodontitis | 51           | 28   | 23     | 24 ± 4.1   | 6.7 ± 1.2          | 5.5 ± 0.3                     | 86.4 ± 3.5                    |
| Chronic periodontitis    | 56           | 24   | 32     | 47.7 ± 6.8 | 6.4 ± 0.63         | 5.1 ± 0.21                    | 79.1 ± 2.7                    |
| Periodontitis(combined)  | 107          | 52   | 55     | 36.4 ± 3.7 | 6.6 ± 0.1          | 5.3 ± 0.26                    | 82.2 ± 3.1                    |
| Healthy controls         | 199          | 96   | 103    | 35.2 ± 5.3 | 2.1 ± 0.81         | 0.0                           | 0.0                           |

**Table 2: Allele and genotype frequencies of the A2767T polymorphism of IL-8 gene in patients and controls groups**

| IL-8 Polymorphism     | Patients  | Controls   | P-value |
|-----------------------|-----------|------------|---------|
| Allele: n/total (%)   |           |            | >0.05   |
| 2767A                 | 75 (35)   | 150 (37.7) |         |
| 2767T                 | 139 (65)  | 248 (62.3) |         |
| Genotype: n/total (%) |           |            | >0.05   |
| A2767A                | 8 (7.5)   | 20 (10.1)  |         |
| A2767T                | 59 (55.1) | 110 (55.3) |         |
| T2767T                | 40 (37.4) | 69 (34.7)  |         |

**Table 3: Allele and genotype frequencies of the T<sub>1</sub>1722T<sub>2</sub> polymorphism of IL-8 gene in patients and controls groups**

| IL-8 Polymorphism                 | Patients   | Controls  | P-value |
|-----------------------------------|------------|-----------|---------|
| Allele: n/total (%)               |            |           | >0.05   |
| 1722T <sub>1</sub>                | 210 (98.1) | 398 (100) |         |
| 1722T <sub>2</sub>                | 4 (1.9)    | 0 (0)     |         |
| Genotype: n/total (%)             |            |           | >0.05   |
| T <sub>1</sub> 1722T <sub>1</sub> | 103 (96.3) | 199 (100) |         |
| T <sub>1</sub> 1722T <sub>2</sub> | 4 (3.7)    | 0 (0)     |         |

**Table 4: Allele and genotype frequencies of the C781T polymorphism of IL-8 gene in patients and controls groups**

| IL-8 Polymorphism     | Patients   | Controls   | P-value |
|-----------------------|------------|------------|---------|
| Allele: n/total (%)   |            |            | >0.05   |
| 781C                  | 147 (68.7) | 269 (42.5) |         |
| 781T                  | 67 (31.3)  | 129 (57.5) |         |
| Genotype: n/total (%) |            |            | >0.05   |
| C781C                 | 42 (39.3)  | 70 (35.2)  |         |
| C781T                 | 63 (58.9)  | 129 (64.8) |         |
| T781T                 | 2 (1.9)    | 0 (0)      |         |

**Table 5: Allele and genotype frequencies of the A251T polymorphism of IL-8 gene in patients and controls groups**

| IL-8 Polymorphism     | Patients   | Controls   | P-value  |
|-----------------------|------------|------------|----------|
| Allele: n/total (%)   |            |            | >0.05    |
| 251A                  | 135 (63.1) | 140 (35.2) |          |
| 251T                  | 79 (36.9)  | 258 (64.8) |          |
| Genotype: n/total (%) |            |            | < 0.0001 |
| A251A                 | 40 (37.4)  | 10 (5)     |          |
| A251T                 | 55 (51.4)  | 120 (60.3) |          |
| T251T                 | 12 (11.2)  | 69 (34.7)  |          |

injection of Lipopolysaccharide (LPS) induced massive elevation of plasma IL-8 levels, reaching maximal levels in 2 h after the injection.<sup>[23]</sup>

Gingival Crevicular Fluid (GCF) IL-8 level in periodontitis patients is evaluated in a study by

**Table 6: Allele and genotype frequencies of the G396T polymorphism of IL-8 gene in patients and controls groups**

| IL-8 Polymorphism     | Patients   | Controls   | P-value |
|-----------------------|------------|------------|---------|
| Allele: n/total (%)   |            |            | >0.05   |
| 396G                  | 111 (51.9) | 140 (35.2) |         |
| 396T                  | 103 (48.1) | 258 (74.8) |         |
| Genotype: n/total (%) |            |            | <0.0001 |
| G396G                 | 28 (26.2)  | 10 (5)     |         |
| G396T                 | 55 (51.4)  | 120 (60.3) |         |
| T396T                 | 24 (22.4)  | 69 (34.7)  |         |

**Table 7: Allele and genotype frequencies of the C1633T polymorphism of IL-8 gene in patients and controls groups**

| IL-8 Polymorphism     | Patients   | Controls   | P-value |
|-----------------------|------------|------------|---------|
| Allele: n/total (%)   |            |            | >0.05   |
| 1633C                 | 75 (32.1)  | 180 (45.2) |         |
| 1633T                 | 159 (67.9) | 218 (54.8) |         |
| Genotype: n/total (%) |            |            | <0.0001 |
| C1633C                | 22 (20.6)  | 90 (45.2)  |         |
| C1633T                | 31 (15.6)  | 0 (0)      |         |
| T1633T                | 64 (59.8)  | 109 (54.8) |         |

**Table 8: Allele and genotype frequencies of the C1633T polymorphism of IL-8 gene in chronic and aggressive periodontitis**

| IL-8 Polymorphism     | Aggressive | Chronic   | P-value |
|-----------------------|------------|-----------|---------|
| Genotype: n/total (%) |            |           | <0.05   |
| C1633C                | 6 (11.1)   | 16 (30.2) |         |
| C1633T                | 8 (14.8)   | 13 (24.5) |         |
| T1633T                | 40 (74.1)  | 24 (45.3) |         |

Domyat. The study results indicated a negative correlation between IL-8, clinical, and radiographic parameters. These results suggest an inverse relation between IL-8 and chronic periodontitis.<sup>[24]</sup>

IL8, located on human chromosome 4, exhibits functional polymorphisms which affects IL-8 production. There was some data about the relation of IL-8 polymorphism and periodontitis.

Andia *et al.* investigated the association of the single nucleotide polymorphism (SNP) rs4073 with chronic periodontitis and concluded that the SNP rs4073 is associated with chronic periodontitis, in nonsmoker Brazilian subjects, since the frequency of A allele is higher in the disease than in the control group and the TA genotype was associated with increased levels of IL8 mRNA transcripts.<sup>[25]</sup>

Kim *et al.* investigated whether the -845(T/C) and

-738(T/A) SNPs in the IL8 gene, as well as the haplotypes they form together with the previously investigated -353(A/T), are associated with susceptibility to chronic periodontitis. They finally concluded that although none of the investigated SNPs in the IL8 gene was individually associated with periodontitis, some haplotypes showed significant association with susceptibility to, or protection against, chronic periodontitis in a Brazilian population.<sup>[26]</sup>

In our study allele and genotype frequencies of the A2767T, T<sub>1</sub>1722T<sub>2</sub>, C781T, A251T, T251T, G396T, T396T, and T1633T polymorphisms of IL-8 gene in patients and controls groups was evaluated. According to our findings there was no association between A2767T, T<sub>1</sub>1722T<sub>2</sub>, and C781T polymorphism of IL-8 gene and periodontitis. However, A251T, T251T, G396T, T396T, T1633T genotypes were more frequent in controls, which indicates that individuals who have these genotypes may be more protected from periodontitis.

## CONCLUSION

In conclusion, IL-8 gene polymorphism may be a protective factor against periodontitis in Iranian people.

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