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MINI REVIEW

Diagnostic value of microRNAs for malignant pleural mesothelioma: A mini-review

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Introduction

Malignant pleural mesothelioma (MPM) is a type of cancer originating from the pleura with high aggressiveness.¹ Due to a lack of specific symptoms and signs, it usually diagnosed at an advanced stage, which is associated with a poor prognosis. A study using the Surveillance, Epidemiology and End Results (SEER) database showed that the median survival time of MPM is only one year.² Therefore, timely and accurate diagnosis is crucial to improve its prognosis.

Diagnostic pleural aspiration and thoracoscopy are the gold standards for diagnosing MPM³; however, they have limitations, including sampling error, invasiveness,⁴ being observer-dependent, with special training required. Cytology is an alternative diagnostic tool with high specificity, but its sensitivity is lower than 30%.^{5,6} Imaging is another choice for the diagnosis of MPM, but the equipment is large and special training in its operation is required which can be prohibitive in resource-poor areas. By contrast, laboratory tests, with the advantages of observer-independent,

Abstract

Malignant pleural mesothelioma (MPM) is a type of cancer originating from the pleura with high aggressiveness and poor prognosis. A timely diagnosis is crucial to improve its prognosis. Laboratory biomarkers have significant advantages of reduced invasiveness, low cost, and are observer-independent, and therefore represent a promising diagnostic tool for MPM. MicroRNA is a family of non-coding RNA that regulates gene expression at the post-transcriptional level. Accumulated studies showed that microRNA, either in tissue, circulating, and body fluid, has potential diagnostic value for various disorders. Here, we reviewed the diagnostic value of microRNA for MPM.

low cost, and reduced invasiveness, are of considerable value for diagnosing MPM.⁷

Serum or pleural effusion (PE) soluble mesothelinrelated peptides (SMRP), osteopontin, and fibulin-3 are three well recognized diagnostic markers for MPM. However, some evidence from the systematic review showed that the areas under summary receiver operating characteristics (sROC) curve (AUCs) of these biomarkers are between 0.80 and 0.90,⁸⁻¹¹ indicating that their diagnostic accuracy is insufficient. Accordingly, the current guidelines do not support using biomarkers alone to confirm or exclude MPM.¹²⁻¹⁴ Therefore, further studies are needed to identify more biomarkers for the diagnosis of MPM.³

MicroRNA is a family of non-coding RNAs with a length of 18–25 bp regulating target gene expression at the post-transcriptional level.¹⁵ It is estimated that microRNA regulates nearly one-third of human gene expression, and it, therefore, represents a potential therapeutic target for various types of diseases.¹⁵ Previous studies have shown that microRNA can be determined in tissue, circulating,

8 Thoracic Cancer 12 (2021) 8–12 © 2020 The Authors. *Thoracic Cancer* published by China Lung Oncology Group and John Wiley & Sons Australia, Ltd. This is an open access article under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs License, which permits use and distribution in any medium, provided the original work is properly cited, the use is non-commercial and no modifications or adaptations are made. body fluid, and their levels are of diagnostic value for various disorders, such as cancer, tissue injury, and infectious diseases.¹⁶⁻¹⁸ This review aims to summarize the research progress of microRNA as a diagnostic tool for MPM.

Diagnostic value of tissue microRNA for MPM

The first step in the identification of differentially expressed microRNAs is to identify the tissue microRNAs with potential diagnostic value for MPM. Three approaches are usually used to identify differentially expressed microRNAs. The first approach employed microRNA array to compare the microRNA profile of mesothelioma tissue with normal pleural tissue,^{19,20} pleura of asbestos-exposed patients,²¹ nonneoplastic pleura,²² and other types of cancer.^{23,24} The second approach compares the microRNA profile of mesothelioma and human mesothelial cell lines.25,26 The third approach is data mining with a publicly accessible database.²⁷ With these approaches, some differentiated expressed microRNA were identified, such as miR-126,²⁶ miR-200c,²⁴ and miR-130a,²⁷ and their relative expressions were further validated by polymerase chain reaction (PCR). The diagnostic accuracy of these microRNAs was assessed using the receiver operating characteristics (ROC) curve. Generally, the diagnostic accuracy of these microRNAs was unsatisfactory, with areas under the curve (AUCs) below 0.80. Notably, a study reported that the diagnostic accuracy of microRNAs could be improved by building a mathematic model (AUC = 0.96),²² indicating that the microRNA panel represents a promising diagnostic tool for MPM.

In summary, some tissue microRNAs have been identified as a diagnostic tool for MPM, and their diagnostic accuracy has been evaluated in some studies. Generally, their diagnostic accuracy is unsatisfactory. In addition, the invasive nature of tissue microRNA determination may impair its feasibility as a diagnostic tool.

Diagnostic value of PE microRNA for MPM

PE is a common sign of MPM. In patients with undiagnosed PE, approximately 3% are MPM,⁶ and in patients with MPM, 53% complain of dyspnea, which is caused by the presence of PE.¹³ Therefore, detecting microRNAs in PE represents a promising diagnostic tool for MPM.

To date, only one study has investigated the diagnostic value of PE microRNA for MPM.²⁸ In 2019, Birnie *et al.* investigated the microRNA profile of PE and cell culture medium with microRNA array and compared it with that of non-MPM induced PE.²⁸ They found that four PE microRNAs (miR-944, miR-139-5p, miR-210 and miR-320) were upregulated and seven (miR-200b, miR-200c,

miR-143, miR-200a, miR-203, miR-31 and miR-874) were downregulated. PCR further validated the levels of four microRNA (miR-210, miR-143, miR-139-5p, and miR-200c), and the ROC curve was used to evaluate their diagnostic accuracy. The AUCs of these four microRNAs were below 0.80, indicating that their diagnostic accuracy is inadequate. However, a logistic regression model containing miR-200c, miR-143, and miR-210, has an AUC of 0.94, indicating that their combination can improve the diagnostic accuracy.

Diagnostic value of circulating microRNA for MPM

To date, three studies have investigated the circulating microRNA profile of MPM patients with microRNA array and compared it with the circulating microRNA profile of healthy individuals, and workers ex-exposed to asbestos.^{29–31} Some differentially expressed microRNA were identified, including miR-197-3p,²⁹ miR-625-3p,³¹ miR-29c,³¹ miR-92³¹ and miR-132.³⁰ Further studies with clinical specimens indicated that the diagnostic accuracy of miR-197-3p, miR-625-3p, miR-132 was moderate, with AUCs of 0.76, 0.82, and 0.75.

In addition to the microRNA array, the public database was also used to identify microRNAs with potential diagnostic value. Matboli *et al.* analyzed the serum microRNA profile of MPM with three public microRNA databases (miR2Disease, miRWalk, Human MiR, and Disease Database). They found that miR-548a-3p and miR-20a were potential diagnostic markers for MPM.³² In a clinical study with 60 MPM patients (76% of them had a history of asbestos exposure) and 20 workers formerly exposed to asbestos, a high diagnostic accuracy of miR-548a-3p and miR-20a was observed, with AUCs of 0.92 and 0.98. These results indicate that these two circulating microRNAs are excellent for identifying MPM in patients with a history of asbestos exposure.

Because a previous study indicated that miR-126 was downregulated in tumor tissue of MPM, some studies also investigated the diagnostic accuracy of circulating miR-126 for MPM, but the results were varied. In a study with non-small cell lung cancer (NSCLC) as the control, the AUC of miR-126 was only 0.75.^{20,33} Healthy individuals were used as the control in two studies, and their results were inconsistent. The AUC in one study was as high as 0.95,³⁴ but in another study, the AUC was only 0.71.³⁵ Notably, in a head-to-head comparison study, the AUC of miR-126 was lower than SMRP (0.71 vs. 0.72), indicating that the diagnostic accuracy of miR-126 was inferior to that of SMRP. However, the combination of miR-126 and SMRP can improve diagnostic accuracy.³⁵

Exosomes are a subtype of extracellular vesicles with a diameter between 30 and 100 nm, containing miRNA,

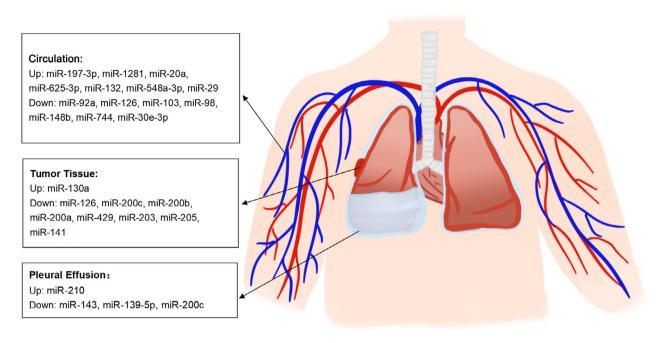


Figure 1 Diagnostic microRNAs in tumor tissue, pleural effusion and circulation.

mRNA, protein, and DNA, protected by a lipid bilayer. Cancer cells can secrete exosomes into the circulation and the signature of proteins and nucleic acids contained in exosomes are significantly correlated with those in primary tumor cells.³⁶ Therefore, serum exosomal microRNA has been proposed to be a potential diagnostic marker for MPM.^{37,38} To date, only one study has investigated the diagnostic accuracy of exosomal microRNA for MPM. Cavalleri *et al.* compared the serum exosomal microRNA profile of MPM patients and patients with a history of asbestos exposure and found several dysregulated microRNAs.³⁹ Among these microRNAs, miR-103, miR-98, miR-148b, miR-744, and miR-30e-3p had high diagnostic accuracy for MPM, with AUCs larger than 0.83. These results indicate that exosomal microRNA represents a good diagnostic accuracy for MPM.

In addition to circulating cell-free microRNA and exosomal microRNA, microRNA in blood cells has been proposed to be a diagnostic marker for MPM. By comparing the blood cell microRNA profile of MPM patients and healthy individuals, a study revealed that miR-103 was significantly decreased in MPM patients. In a clinical study with small sample size, the AUC of miR-103 was 0.76.⁴⁰ A further study with a relatively large sample size showed a similar AUC, and the AUC of miR-103 was lower than that of SMRP. However, it has been previously reported that a logistic regression model contained miR-103 and SMRP had an AUC of 0.90, indicating that miR-103 can improve the diagnostic accuracy of SMRP.⁴¹ In conclusion, several studies have investigated the diagnostic accuracy of tissue, PE, and circulating microRNA for MPM. By using microRNA array or public databases, some microRNAs with potential diagnostic values have been identified. PCR was used to detect the levels of these candidate microRNAs and their diagnostic accuracy was assessed with the ROC curve. Based on the available evidence, we concluded that many microRNAs can assist in MPM diagnosis (Fig 1), the diagnostic accuracy of the majority of candidate microRNAs is moderate, but the microRNA panel represents a promising diagnostic tool for MPM.

Notably, the sample sizes of all of the available studies are small, and no clear and uniform criteria were used for enrollment of patients. In addition, whether the subjects were consecutively enrolled was not reported by the investigators. Therefore, patient selection bias cannot be excluded.^{42,43} Further studies are required to identify more candidate micro-RNAs and validate the findings of the available studies.

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Disclosure

The authors declare that they have no competing interests.

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