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Antibacterial activity of six medicinal Cameroonian plants against Gram-positive and Gram-negative multidrug resistant phenotypes

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Abstract

Background: Infectious diseases due to multidrug-resistant bacteria are one of the causes of treatment failures contributing to an increase in mortality and/or morbidity. In this study, we evaluated the antibacterial potential of different parts of six medicinal plants namely *Alstonia boonei, Ageratum conyzoides, Croton macrostachys, Cassia obtusifolia, Catharanthus roseus* and *Paullinia pinnata* against a panel of 36 multi-drug resistant (MDR) Gramnegative and Gram-positive bacteria.

Methods: Minimum Inhibitory Concentration (MIC) and Minimal Bactericidal Concentration (MBC) of the methanol extracts from different parts of the plants were determined using broth microdilution method; standard phytochemical methods were used for phytochemical screening.

Results: Several phytochemical classes such as polyphenols, sterols, triterpenes, alkaloids, flavonoids and saponins were identified in the plant extracts. MIC values obtained ranged from 64 to 1024 µg/mL. Leaves extract of *Catharanthus roseus* (86.11 %), *Croton macrostachys* (83.33 %) and *Paullinia pinnata* (80.55 %) displayed the best antibacterial spectra. The lowest MIC value of 64 µg/mL was obtained with the *Paullinia pinnata* stems extract and *Cassia obtusifolia* extract against the strain of *Staphylococcus aureus* MRSA8. Results also showed that the tested samples generally displayed bacteriostatic effects with MBC values obtained in only 3.35 % of the cases where plant extracts were active.

Conclusion: The results obtained at the end of this study demonstrate for the first time the antibacterial activity of the studied medicinal plants against MDR bacteria. The tested plants could be a reservoir of molecules to fight against MDR bacterial infections.

Keywords: Cameroon, Gram-negative bacteria, Gram-positive bacteria, Medicinal plant, Multi-drug resistance, Antibacterial activity

Background

Infectious diseases caused by multidrug-resistant bacteria are growing steadily and are associated with a significant attributable mortality [1, 2]. The emergence of multi-drug resistant (MDR) phenotypes was first linked to nosocomial infections; but nowadays they are increasingly responsible for community infections and all pathogenic microorganisms are concerned. In Gram-negative bacteria, one of the mechanisms of resistance is the lowering of intracellular amount of antibacterial substances due to the presence of the resistance nodulation cell division (RND)-type efflux pumps. This phenomenon gives possibility to bacteria developing resistance to a wide range of antibiotics, as well as several biocides [3, 4]. Gram-positive bacteria are also a major cause of hospitalization; infections due to *Staphylococcus aureus* resistant to methicillin (MRSA) are a major health problem both in hospitals and community environments [5]. MRSA is responsible for



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80461 severe infections and causing the death of 11,285 patients annually in the United States [6]. One of the possible ways to overcome this phenomenon of multiresistance is the continual search for new antibacterial molecules active vis-à-vis of MDR bacteria. With regard to the broad diversity of their secondary metabolites, medicinal plants represent undeniable sources of antibacterial agents. According to WHO [7], 80 % of people in Africa have used medicinal plants for their health care; it is also estimated that among medicines sold worldwide, 30 % contain compounds derived from medicinal plants [8]. Several African medicinal plants previously investigated for biological potential showed good antibacterial activities. Some of them include *Treculia obovoidea* [9], Albizia adianthifolia Laportea ovalifolia [10], Alchornea cordifolia, Pennisetum purpureum [11]. In our continuous search of phytochemicals to combat MDR bacterial infections, we designed the present study to evaluate the antimicrobial potential of six Cameroonian medicinal plants namely Alstonia boonei, Catharanthus roseus, Ageratum conyzoides, Croton macrostachys, Cassia obtusifolia, and Paullinia pinnata vis-à-vis MDR Gram-negative and Gram-positive phenotypes.

Methods

Plant materials and extraction

Various parts of plant (Table 1) were collected from different regions in Cameroon during the month of February 2014. These include *Alstonia boonei* (leaves and bark), *Catharanthus roseus* (leaves and stem), *Ageratum conyzoides* (whole plant), *Croton macrostachys* (leaves), *Cassia obtusifolia* (whole plant), and *Paullinia pinnata* (leaves and stem). After drying, each part was powdered and soaked in methanol for 48 h at room temperature, and then filtered using Whatman filter paper N°1. The filtrate obtain were concentrated at 50 °C under reduce pressure in a vacuum to obtain each plant extract.

Preliminary phytochemical screenings

The presence of alkaloids, triterpenes, sterols, flavonoids, polyphenols and saponins were screened according to the common phytochemical methods described by Harborne [12].

Chemicals

Chloramphenicol and ciprofloxacin (Sigma–Aldrich, St. Quentin Fallavier, France) were used as reference antibiotics meanwhile *p*-Iodonitrotetrazolium chloride (INT) was used as microbial growth indicator.

Bacterial strains and culture media

The studied microorganisms included ATCC (American Type Culture Collection) and MDR clinical strains of Gram-negative bacteria (*Escherichia coli, Pseudomonas*

aeruginosa, Enterobacter aerogenes, Providencia stuartii, Klebsiella pneumoniae and Enterobacter cloacae) and Gram-positive bacteria (*Staphyloccocus aureus*). Their bacterial features are summarized in Table 2; they were maintained at 4 °C on McConkey agar and Mannitol Salt Agar (MSA) for Gram negative and Gram positive bacteria respectively, and sub-cultured on Mueller Hinton Agar (MHA) for 24 h before any test. Mueller Hinton Broth (MHB) was used for MIC and MBC determinations.

INT colorimetric assay for MIC and MBC determinations

Minimal inhibitory concentrations (MIC) of different plant extracts were determined using broth microdilution method described by Kuete et al. [13] with some modifications [9]. Briefly, plant extracts, chloramphenicol and ciprofloxacin were dissolved in dimethylsufoxide (DMSO)-MHB (10:90) and 100 µL each solution was added to a 96 wells microplate containing MHB, then serially diluted two-fold, followed by adding of 100 µL of inoculum prepared in MHB. The microplate was sealed and incubated for 18 h at 37 °C. The final concentration of inoculum was 1.5×10^6 CFU/mL and less than 2.5 % for DMSO in each well; Wells containing DMSO 2.5 % and inoculums were used as negative control whereas chloramphenicol and ciprofloxacin consist of positive control. After 18 h incubation, 40 µL of INT (0.2 mg/mL) was added to each well and re-incubated for 30 min. MIC was defined as the lowest concentration of plant extract that inhibited bacterial growth.

The determination of MBC was made by introducing 150 μ L of MHB in each well of 96 well plate. Then 50 μ L of the well contents which did not show any growth after incubation during MIC assays was introduced in the aforesaid plate accordingly, and incubated at 37 °C for 48 h. The MBC was defined as the lowest concentration of plant extract, which did not produce a color change after addition of INT as described previously.

Results

Phytochemical composition

The results of qualitative analysis (Table 3) showed that plant extracts contain various phytochemical classes of secondary metabolites. Polyphenols, triterpenes and saponins were present in all plant extracts except those from *Cassia obtusifolia*, *Catharanthus roseus* leaves and stem respectively.

In vitro antibacterial effect of plant extract

The methanol extracts from different parts of plants were tested on 36 bacterial strains including 7 Grampositive and 29 Gram-negative bacterial strains. As

Plant family/Plant sample - Herbarium voucher number	Traditional use	Part used in this study	Potential active compounds characterized	Previously screened activity
APOCYNACEAE/Alstonia boonei De Wild – 43368/ HNC	Fever, painful micturition, insomnia, chronic diarrhea, rheumatic pains, anti-venom (snake bites), malaria, diabetes, helminths, arthritis [28, 29].	Leaves, bark	Echitamine, echitamidine, Voacangine, akuammidine, N- <i>a</i> -formylechitamidine, N- <i>a</i> -formyl-12- methoxyechitamidine [29].	Antimalarial, antioxidant, analgesic, anti-inflammatory, antipyretic [30–32].
APOCYNACEAE/Catharanthus roseus L. – 5689/HNC.	Bleeding arresting, diabetes, fever, rheumatism, cancer [20, 33].	Leaves, stem	Vincristine, vinblastine, benzoic acid, p-hydroxybenzoic acid, salicylic acid, 2,3-dihydroxybenzoic acid, 2,5-dihydroxybenzoic acid, 3,4-dihydroxybenzoic acid, 3,5-dihydroxybenzoic acid, gallic acid, vanillic acid, chlorogenic acid, kaemferol trisaccharides, Quercetin trisaccharides, Syringetin glycosides [20, 34].	Wound-healing, antimicrobial, hypoglycemic, antioxidant [18, 20, 33].
ASTERACEAE/ <i>Ageratum</i> <i>conyzoïdes</i> Linn. – 19050/ SFR-Cam	Purgative, fever, ulcers, wound, mental, infectious diseases, headaches, anti-inflammatory, diarrhea [35, 36].	Whole plant	β -caryophyllene, precocene I, friedelin, Lycopsamine, echinatine, β -sitosterol, stigmasterol, 5-methoxynobiletin, linderoflavone B, eupalestin, sabinene, α and β pinene, β -phellandrene, 1,8-cineole and limonene, ocimene, eugenol [35].	Antimicrobial, anticonvulsant, analgesic, anti-inflammatory, antipyretic, insecticidal, antioxidant, antiplasmodial, cytotoxic [35, 37, 38].
EUPHORBIACEAE/Croton macrostachys Hochst. – 40501/HNC	Malaria, antidiabetic, purgative mastitis, wounds, gastrointestinal Complications [39–41].	Leaves	Neoclerodan-5,10-en-19,6 β ;20,12-diolide; 3 <i>a</i> , 19-Dihydroxytrachylobane; 3 <i>a</i> ,18,19-Trihydroxytrachylobane, lupeol, lupenone, betulinic acid, 28-O-acetylbetulin, betulin, lupeol acetate, zeorin, benzoic acid, methyl gallate, methyl 2, 4-dihydroxy-3,6-dimethylbenzoate, lichexanthone, β -sitosterol, and β -sitosterol palmitate, stigmasterol, botulin, crotepoxide [42, 43].	Antimicrobial, antimalarial, cytotoxic [38, 39, 41].
FABACEAE/Cassia obtusifolia L. – 39847/HNC	Laxative, eye infections, diarrhea, urinary tract infections, gingivitis, fever, cough [25].	Whole plant	aloe-emodin, 1-methylaurantio-obtusin-2- O - β -D-glucopyranoside, emodin, 1,2- dihydroxyanthraquinone, obtusin, chrysoobtusin, aurantioobtusin, gluco-obtusifolin, glucoaurantioobtusin, gluco-chryso-obtusin, 1-desmethylaurantio-obtusin, 1-desmethylaurantio-obtusin-2- O - β -D-glucopyranoside, 1-desmethylchryso-obtusin, 1-desmethyl-obtusin, aurantio-obtusin-6- O - β -D-glucopyranoside, alaternin-1- O - β -D-glucopyranoside, chrysoobtusin-2- O - β -D -glucopyranoside physicon-8- O - β -D-glucoside, obtusifolin, O -methyl-chrysophanol, emodin-1- O - β -gentio-bioside, chrysophanol-1- O - β -glucoside, chrysophanol-1- O - β -D-glucopyranoside, fl3)- β -D-glucopyranosyl-(1) \rightarrow 6)- β -D-glucopyranoside, chrysophanic acid, physcion, questin, 1,3-dihydroxy-8-methylanthraquinone, chrysophanol-10,10'-bianthrone, torosachrysone [44].	Antibacterial, antifungal, mosquito larvicidal activity, platelet antiaggregatory, neuroprotective [25, 45–47].
SAPINDACEAE/Paullinia pinnata L. – 10702/ SRF-Cam	Malaria, erectile dysfunction [24].	Leaves, stem	Paullinoside A, paullinomides A and B, β-amyrin, 13β, 17β-dihydroxy-28-norolean-12-ene, β-sitosterol glucopyranoside, 2-O-methyl-L-chiro-inositol, L-quebrachitol, β-sitosterol, friedelin, daucosterol, aridanin, lotoidoside [24, 48].	Antiparasitic, antimicrobial, cytotoxic [24, 38, 49].

HNC Cameroon National Herbarium, SRF-Cam Société' des Réserves Forestières du Cameroun

 owning
 [53, 54]
 KAN^R, TET^R, CIP^R, IM/CS^R

 MRSA 8
 Clinical MDR isolate OFX^R, FLX^R, KAN^R, ERM^R, CIP^R, IM/CS^R

 [55]
 MRSA 11
 Clinical MDR isolate OFX^R, KAN^R, ERM^R, CIP^R, IM/CS^R

 btained
 [57]
 MRSA 12
 Clinical MDR isolate OFX^R, FLX^R, KAN^R, ERM^R, CIP^R, IM/CS^R

 btained
 [57]
 AMP^R, ATM^R, CEF^R, CFT^R, CHL^R, CIP^R, ERM^R, FEP^R, FLX^R, IM/CS^R, KAN^R, MOX^R, OFX^R, STR^R, TET^R, Resistance to ampicillin, aztreonam, cephalothin, cefadroxil, chloramphenicol, Ciprofloxacin, Erythromycin, cefepime, Flomoxef, Imipenem/ Cilastatin sodium, kanamycin, moxalactam, streptomycin, and tetracycline; *MDR* multidrug resistant

S. aureus ATCC 25923

MRSA 3

MRSA 4

MRSA 6

shown in Table 4, extracts from leaves of Alstonia bonnei, Paullinia pinnata and Catharanthus roseus displayed wide spectra of activity in comparison to those from bark and stems of the same plants. The various plant extracts (when they were active) had MIC between 64 and 1024 µg/mL. Leaves of Catharanthus roseus showed the best spectrum of activity, inhibiting the growth of 86.11 % (31/36) of the bacteria (24/29 Gramnegative bacteria and 7/7 Gram-positive bacteria). The leaves extract of Croton macrostachys also had an interesting activity (30/36; 83.33 %), followed by extract of the leaves of P. pinnata (29/36; 80.55 %) and the whole plant extract of A. conyzoides (25/36; 69.44 %). The lowest MIC value of 64 μ g/mL was obtained with the Paullinia pinnata stems extract and Cassia obtusifolia extract against the strain of Staphylococcus aureus MRSA8. In general, analysis of results shows that MBCs were obtained in 3.35 % (7/209) of cases where plant extracts were active.

Discussion

Several classes of secondary metabolites such as alkaloids, triterpenes, sterols, flavonoids, polyphenols and saponins have been reported to have antibacterial properties [13–15]. Their presence in the studied plant extracts could explain the antibacterial effects of the tested samples. The need to find new molecules from medicinal plants with effective mechanisms of action against the multidrug-resistant phenotype is a necessity nowadays. All plants used in traditional medicine which have MIC values less than 8 mg/mL are considered active [16]. A plant extract has significant antibacterial

 Table 2 Bacterial strains used in this study and their features

 Strains
 Characteristics
 References

Escherichia coli		
ATCC10536	Reference strain	
AG100	Wild-type <i>E. coli</i> K-12	[50]
AG100A	AG100 ∆ <i>acrAB</i> ::KAN ^R	
AG100A _{TET}	$\Delta acrAB$ mutant AG100, with over-expressing $acrF$ gene ; TET ^R	[50–52]
AG102	$\Delta acrAB$ mutant AG100, owing acrF gene markedly over-expressed; TET ^R	[53, 54]
MC4100	Wild type <i>E. coli</i>	[55]
W3110	Wild type <i>E. coli</i>	[55, 56]
Enterobacter aerog	genes	
ATCC13048	Reference strain	
CM64	CHL ^R resistant variant obtained from ATCC13048 over-expressing the AcrAB pump	[57]
EA3	Clinical MDR isolate; CHL ^R , NOR ^R , OFX ^R , SPX ^R , MOX ^R , CFT ^R , ATM ^R , FEP ^R	[58, 59]
EA27	Clinical MDR isolate exhibiting energy-dependent norfloxacin and chloramphenicol efflux with KAN ^R AMP ^R NAL ^R STR ^R TET ^R	[58, 59]
EA289	KAN sensitive derivative of EA27	[60]
EA294	EA289 a <i>crA::</i> KAN ^R	[60]
EA298	EA 289 tolC::KAN ^R	[60]
Enterobacter cloac	ae	
ECCI69	Clinical MDR isolates, CHL ^R	[61]
BM67	Clinical MDR isolates, CHL ^R	[61]
BM47	Clinical MDR isolates, CHL ^R	[61]
Klebsiella pneumoi	niae	
ATCC12296	Reference strain	
KP55	Clinical MDR isolate, TET ^R , AMP ^R , ATM ^R , CEF ^R	[62]
KP63	Clinical MDR isolate, TET ^{R,} CHL ^R , AMP ^{R,} ATM ^R	[62]
K24	AcrAB-TolC, Laboratory collection of UNR-MD1, University of Marseille, France	[61]
K2	AcrAB-TolC, Laboratory collection of UNR-MD1, University of Marseille, France	[61]
Providencia stuarti	i	
NEA16	Clinical MDR isolate, AcrAB-TolC	[63]
ATCC29916	Clinical MDR isolate, AcrAB-TolC	
PS2636	Clinical MDR isolate, AcrAB-TolC	
PS299645	Clinical MDR isolate, AcrAB-TolC	
Pseudemonas aeru	iginosa	
PA 01	Reference strain	
PA 124	MDR clinical isolate	[64]

Table 2 Bacterial strains used in this study and their features (Continued)

Clinical MDR isolate OFX^R, KAN^R,

Clinical MDR isolate OFX^R, KAN^R,

Clinical MDR isolate OFX^R, FLX^R,

Reference strain

TET^R, ERM^R

CHL^R, CIP^F

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[65]

Plant extract (used part)	Extraction yield (%)	Phytochemicals groups							
		Alkaloids	Triterpenes	Sterols	Flavonoids	Polyphenols	Saponins		
A. boonei (leaves)	15.8 %	-	-	+	-	+	+		
A. boonei (bark)	9.65 %	+	+	+	+	+	+		
A. conyzoïdes (whole plant)	8.52 %	-	+	+	-	-	+		
C. macrostachys (Leaves)	12.72 %	-	+	+	-	+	+		
C. obtusifolia (whole plant)	7.11 %	+	+	+	+	+	+		
C. roseus (leaves)	6.89 %	+	-	+	+	+	+		
C. roseus (stem)	4.23 %	+	+	+	+	+	-		
P. pinnata (leaves)	10.84 %	-	+	+	-	+	+		
P. pinnata (stem)	5.47 %	-	+	+	-	+	+		

Table 3 Extraction yields and phytochemical composition of the plant extracts

+: presence; -: absence

activity if MIC is 100 μ g/mL, moderate if its MIC is between 100 and 625 µg/mL and low when MIC is above 625 µg/mL [17]. Based on the above criteria, it can be deduced that all tested plants had antibacterial activity as MIC values below 8 mg/mL were obtained with each extract on at least one bacterial strain. MIC values above 625 µg/mL were obtained with extract from A. boonei bark against 2/36 (5.5 %) tested bacteria as well as with C. roseus stem extract against 6/36 (16.7 %) microorganisms tested, indicating that they rather displayed low antibacterial effects. Nonetheless, the activity obtained with the Paullinia pinnata stems extract and Cassia obtusifolia extract against the strain of Staphylococcus aureus MRSA8 (MIC value of 64 µg/mL) could be considered important. Moderate activity was obtained in many cases. In fact, MIC values ranged from 128 to 512 μ g/mL were obtained with extract from A. conyzoides (whole plant) against 12/36 (33.3 %) tested bacteria, A. boonei leaves against 19/36 (52.8 %), C. obtusifolia (whole plant) against 17/36 (47.2 %), C. roseus leaves against 18/36 (50 %), C. macrostachys (leaves) against 25/36 (69.4 %), and P. pinnata stem and leaves against 13/ 36 (36.1 %) and 19/36 (52.8 %) respectively.

Though the antibacterial activities of some of the tested plants have already been reported, their effects against MDR phenotypes are being documented for the first time. The extract from the leaves of *C. roseus* had a broad antibacterial activity (31/36; 86.11 %); Nayak and Pereira [18] and Kamaraj et al. [19] reported the antibacterial activity of this plant extract on some sensitive bacteria. Several alkaloids were isolated from this plant [20, 21] and these compounds could also be responsible for the antibacterial activity of this plant [22]. MIC values obtained with extract of leaves of *C. macrostachys* are between 128 and 1024 μ g/mL; Antibacterial compounds previously isolated from this plant include the triterpenoid, lupeol [23]. The

extract of P. pinnata possessed a good activity (MIC of 64 µg/mL) against S. aureus MRSA8 while the extract from the leaves was active against 80.55 % (29/36) of the studied microorganisms. Lunga et al. [24] demonstrated the activity of this plant on strains of Salmonella sp. with a bacteriostatic effect, corroborating our findings. The extract of *C. obtusifolia* significantly inhibited the growth of S. aureus MRSA8 with MIC of 64 µg/mL, and was active on 22 of the 36 tested microorganisms. The activity obtained in this study is much better than that mentioned by Doughari et al. [25]. In fact, they obtained MIC of 2000 μ g/mL and 1000 μ g/mL on clinical isolate of S. aureus and P. aeruginosa respectively. This could be due to the difference of phytochemical composition as the environmental conditions influence the availability as well as the amounts of some secondary metabolites in the plant. One of the best suited secondary metabolite from this plant is emodin (anthraquinone) which possesses a good antibacterial activity against S. aureus [26]; this could explain the interesting activity observed vis-à-vis of MRSA in this study. The extract of *A. conyzoides* had a relatively low activity on all studied microorganisms. Nevertheless, MIC of 256 µg/mL vis-a-vis E. aerogenes EA-CM64 and EA27, P. stuartii PS2636, S. aureus MRSA 4 which are multi-drug resistant clinical strains were obtained; this could explain the use of this plant in traditional medicine. Leaves and bark extracts of A. bonnei had a moderate activity against Gram-negative bacteria whilst bark extract was not active against Gram-positive species; this is explained by the fact that some antimicrobial compounds have specific activity spectrum (narrow) and therefore will not be active on certain categories or certain species of microorganisms [27]. Though the overall activity of the tested plants can be considered moderate, the results of this study are interesting taking in account the fact that most of the tested bacterial strains were MDR phenotypes.

	A. conyzoïdes	zoïdes A. boonei		C. obtusifolia	C. roseus		C. macrostachys	P. pinnata		Reference drugs
	(whole plant)	Leaves	Bark	(whole plant)	Leaves	Stem	(leaves)	Leaves	(Stem)	Chloramphenicol
Escherichia coli										
ATCC8739	-	512 (-)	-	-	512 (-)	-	512 (–)	1024 (-)	-	2 (128)
ATCC10536	256 (–)	-	-	-	512 (-)	1024 (–)	256 (–)	128 (-)	-	<2 (64)
AG100	1024 (-)	-	-	256 (1024)	1024 (–)	-	1024 (–)	256 (-)	128 (-)	8 (128)
AG100A	1024 (-)	-	-	512 (-)	128 (–)	256 (–)	-	256 (-)	256 (-)	<2 (128)
AG100A _{TET}	1024 (-)	512 ()	1024 (–)	-	1024 ()	-	-	-	512 (-)	32 (-)
AG102	512 (-)	512 ()	1024 (–)	-	-	-	1024 (-)	-	256 (–)	64 (-)
MC4100	-	-	-	-	512 (-)	512 (-)	256 (–)	256 (-)	1024 (-)	16 (–)
W311O	1024 (-)	-	128 (-)	-	512 ()	-	256 ()	1024 ()	-	2 (-)
Pseudomonas aeruginosa										
PA 01	-	-	-	256 (–)	512 ()	256 (–)	256 (–)	256 (–)	1024 (-)	32 (–)
PA 124	-	-	-	-	-	-	-	-	-	128 (–)
Enterobacter aerogenes										
ATCC13048	1024 (-)	512 ()	-	512 (-)	-	-	128 ()	-	-	4 (32)
EA-CM64	256 (–)	-	-	512 (-)	1024 (–)	-	256 ()	512 ()	1024 (-)	256 (–)
EA3	-	-	-	-	256 (–)	1024 (–)	128 ()	-	-	256 (–)
EA27	256 (–)	512 ()	512 ()	512 (1024)	512 ()	1024 (–)	512 ()	512 ()	-	32 (-)
EA289	512 (-)	1024 ()	1024 (–)	256 (–)	512 ()	1024 (–)	512 ()	512 ()	512 (-)	64 (-)
EA298	1024 (-)	-	1024 (–)	512 (-)	1024 (–)	1024 (–)	128 ()	512 ()	512 (-)	128
Providencia stuartii										
NEA16	1024 (–)	512 ()	1024 (–)	1024	1024 (–)	-	1024 (–)	1024 ()	1024 (-)	32 (256)
ATCC29916	512 (-)	512 ()	-	-	-	-	256 (–)	1024 ()	-	16 (256)
PS2636	256 (–)	-	-	-	-	256 (–)	256 (–)	256 (–)	-	16 (256)
PS299645	1024 (–)	512 ()	-	-	256 (–)	512 ()	512 ()	512 ()	-	64 (-)
Klebsiella pneumoniae										
ATCC11296	512 ()	512 (-)	1024 (-)	1024 (-)	1024 (–)	1024 (-)	512 (–)	1024 (-)	-	8 (256)
KP55	512 (-)	512 ()	-	256 (–)	512 ()	-	256 (–)	1024 ()	256 (–)	32 (256)
KP63	1024 (–)	1024 (–)	-	1024 (-)	512 ()	-	-	1024 (–)	1024 (-)	32 (-)
K24	1024 (–)	512 (–)	1024 (–)	1024 (-)	1024 (–)	-	512 ()	512 (–)	-	64 (256)
K2	1024 (-)	256 (–)	-	1024 (-)	512 (–)	512 ()	-	-	-	8 (256)

Table 4 MIC and MBC (in bracket) of plant extracts and reference drugs

Enterobacter cloacae										
ECCI69	-	1024 (-)	1024 (–)	1024 ()	1024 ()	-	1024 (-)	512 (-)	1024 (-)	-
BM47	-	-	-	-	1024 (-)	-	512 ()	1024 (-)	1024 (-)	256 (–)
BM67	512 ()	512 ()	1024 (-)	512 ()	256 ()	-	256 (–)	1024 ()	-	-
BM94	1024 (-)	512 (-)	1024 (-)	512 ()	512 ()	-	512 ()	1024 (-)	-	128 (–)
Staphyloccocus aureus										Ciprofloxacin
ATCC25923	512 ()	256 (–)	-	256 (1024)	512 (-)	1024 (-)	256 (–)	256 ()	128 (1024)	2 (8)
MRSA 3	-	-	-	-	1024 (-)	-	-	-	-	32 (128)
MRSA 4	256 (–)	256 (–)	-	128 (1024)	512 (-)	-	256 (–)	256 (–)	128 (512)	64 (128)
MRSA 6	-	128 ()	-	256 ()	1024 (–)	512 (-)	512 ()	256 ()	256 (–)	64 (128)
MRSA 8	-	128 (–)	-	64 (512)	128 (–)	1024 (-)	512 ()	256 (–)	64 (512)	16 (64)
MRSA 11	1024 (-)	-	-	512 ()	1024 (–)	1024 (–)	1024 (–)	512 ()	512 ()	128 (256)
MRSA 12	-	128 (–)	-	256 (–)	1024 (–)	1024 (-)	512 ()	256 (–)	256 (–)	32 (32)

(-): MIC or MBC not detected up to 1024 µg/mL for plant extracts and 256 µg/mL for reference drugs

Conclusion

The present study demonstrates that plants studied and mostly *C. macrostachys*, *C. roseus* and *P. pinnata* contain phytochemicals with valuable antibacterial activities vis-à-vis multi-drug resistant phenotypes. They could be used in the management of bacterial infections including MDR phenotypes.

Abbreviations

A. conyzoides: Ageratum conyzoides; Alstonia boonei: Alstonia boonei; ATCC: American type culture collection; C. macrostachys: Croton macrostachys; C. roseus: Catharanthus roseus; Cassia obtusifolia: Cassia obtusifolia; CFU: Colony forming unit; DMSO: Dimethylsufoxide; E. aerogenes: Enterobacter aerogenes; E. cloacae: Enterobacter cloacae; E. coli: Escherichia coli; INT: p-lodonitrotetrazolium chloride; K. pneumoniae: Klebsiella pneumoniae; MBC: Minimal bactericidal concentration; MDR: Multi-drug resistant; MHA: Mueller Hinton Agar; MHB: Mueller Hinton Broth; MIC: Minimum inhibitory concentration; MRSA: Methicillin resistant Staphylococcus aureus; MSA: Mannitol Salt Agar; P. aeruginosa: Pseudomonas aeruginosa; P. pinnata: Paullinia pinnata; P. stuartii: Providencia stuartii; RND: Resistance nodulation cell division; S. aureus: Staphyloccocus aureus

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Availability of data and materials

The datasets supporting the conclusions of this article are presented in this main paper. Plant materials used in this study have been identified at the Cameroon National Herbarium where voucher specimens are deposited.

Authors' contributions

IKV carried out the study; IKV and VK designed the experiments and wrote the manuscript; VK and VPB supervised the work; VK provided the bacterial strains; all authors read and approved the final manuscript.

Competing interests

The authors declare that they have no competing interests.

Consent for publication

Not applicable in this section.

Ethics approval and consent to participate

Not applicable in this section.

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