



## Research paper

BDNF-producing, amyloid  $\beta$ -specific CD4 T cells as targeted drug-delivery vehicles in Alzheimer's disease

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## ABSTRACT

**Background:** The delivery of therapeutic proteins to selected sites within the central nervous system (CNS) parenchyma is a major challenge in the treatment of various neurodegenerative disorders. As brain-derived neurotrophic factor (BDNF) is reduced in the brain of people with Alzheimer's disease (AD) and its administration has shown promising therapeutic effects in mouse model of the disease, we generated a novel platform for T cell-based BDNF delivery into the brain parenchyma.

**Methods:** We generated amyloid beta-protein ( $A\beta$ )-specific CD4 T cells ( $A\beta$ -T cells), genetically engineered to express BDNF, and injected them intracerebroventricularly into the 5XFAD mouse model of AD.

**Findings:** The BDNF-secreting  $A\beta$ -T cells migrated efficiently to amyloid plaques, where they significantly increased the levels of BDNF, its receptor TrkB, and various synaptic proteins known to be reduced in AD. Furthermore, the injected mice demonstrated reduced levels of beta-secretase 1 (BACE1)—a protease essential in the cleavage process of the amyloid precursor protein—and ameliorated amyloid pathology and inflammation within the brain parenchyma.

**Interpretation:** A T cell-based delivery of proteins into the brain can serve as a platform to modulate neurotoxic inflammation and to promote neuronal repair in neurodegenerative diseases.

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## 1. Introduction

The development and optimization of platforms for targeted drug delivery to and within the central nerve system (CNS) is one of the key challenges in the treatment of neurodegenerative disorders, primarily due to the need to cross the blood-brain barrier [1,2]. During the past decades, several strategies for protein delivery to the CNS were developed using cells, [1,3–6], viral vectors [7,8], nanoparticles [9], liposomes [10], and specific transporters that facilitate the entry of proteins into the brain [11]. Among these delivery systems, systems

involving cell-based drug-delivery into the brain received considerable attention due to the ability of the cells to locally release efficacious doses of the protein of interest [5,6,12,13] and/or their ability to replace damaged neural cells and modulate inflammation [12,14].

In Alzheimer's disease (AD), the accumulation of amyloid beta-protein ( $A\beta$ ) and of neurofibrillary tangles in the hippocampus and cortex [15–17] is accompanied by neurotoxic inflammation, progressive neuronal loss, and cognitive decline [18–23], which can be ameliorated by cytokines, chemokines, and neurotrophic factors [2,21,24–28]. However, to date, the effective delivery of such proteins into specific brain loci (e.g., amyloid plaques) is a significant limiting step in the development of efficacious therapies.

One factor whose delivery into specific brain loci can potentially be used to ameliorate AD-related pathology is BDNF: a ubiquitous neurotrophin that is involved in neuronal plasticity, synaptogenesis, and long-term potentiation [29]. Reduced levels of BDNF—and of its receptor, TrkB—are often associated with the degeneration of hippocampal and cortical neurons, both in people with AD [30–34] and in mouse models of the disease [35,36]. In line with these observations, increasing BDNF in the brain, either by expressing it through viruses [7,37]

**Abbreviations:** AD, Alzheimer's disease; BDNF, brain-derived neurotrophic factor;  $A\beta$ , amyloid beta peptide; APP, amyloid precursor protein; BACE1,  $\beta$ -secretase; CNS, central nervous system; dpi, days post injection; ICV, intracerebroventricularly; IFN- $\gamma$ , interferon gamma; IHC, immunohistochemistry; qPCR, quantitative PCR; Th1 T cells, T-helper 1 T cells; WT, wild-type.

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## Research in context

### Evidence before this study

BDNF deficiency is associated with the progression of Alzheimer's disease. Intra-brain delivery of BDNF is a promising therapeutic approach.

### Added value of this study

A $\beta$ -specific T cells can deliver BDNF into the brain of an Alzheimer's disease mouse model, increase the levels of BDNF and TrkB receptor at specific pathological sites in the brain and modulate neurotoxic inflammation. This is a proof of concept that a T-cell-based delivery system can be used effectively to deploy biological factors at specific brain regions.

### Implication of all the available evidence

A $\beta$ -specific T cells can effectively migrate inside the brain parenchyma, modulate neuroinflammation, and ameliorate plaque pathology. Thus, they can serve as a multi-target delivery system of beneficial proteins into the brain.

or transplanted cells [3,26], results in marked neuroprotective effects in several animal models of AD. Thus, developing a cell-based therapy that can bypass the adverse effects and carcinogenic risks of other brain-delivery approaches, could serve as a novel therapeutic approach to the targeted delivery of BDNF into the brain and, specifically, into pathologic sites.

Here, we used CD4 T cells to deliver BDNF directly and specifically to A $\beta$  plaques in the brain of 5XFAD mice (a well-established mouse model of AD). Following to our previous findings that intracerebroventricular (ICV)-injected CD4 T cells effectively migrate into the brain parenchyma and target A $\beta$  plaques in mice [38], we generated A $\beta$ -specific CD4 T cells (A $\beta$ -T cells), transduced them to express BDNF, and ICV-injected them into the mice to determine whether the targeted delivery of BDNF to sites of amyloid pathology can ameliorate the disease process.

## 2. Materials and methods

### 2.1. Mice

Female and male wild-type (WT) C57BL/6 mice and 5XFAD transgenic (Tg) mice (Swedish K670N, M671L, Florida I716V, London V717I, and two mutations in the human presenilin-1 gene M146L and L286V; stock number 34840) were purchased from The Jackson Laboratory (Bar Harbor, ME). All surgical and experimental procedures were reviewed and approved by the Institutional Animal Care and Use Committee of Ben-Gurion University of the Negev.

### 2.2. A $\beta$ -specific T cell line

Mice were immunized at 2 m of age by a footpad injection of A $\beta$ 1–42 (100  $\mu$ g; GenScript, Piscataway, NJ) emulsified in CFA H37Ra (Difco, Detroit, MI). The A $\beta$ 1–42 peptide used for immunization was initially dissolved in a small volume of DMSO to enhance solubility and then diluted to 2 mg/ml in PBS. The peptide was emulsified with CFA to a final concentration of 1 mg/ml. Ten days later, popliteal, inguinal, and iliac lymph nodes were extracted and the cells were seeded ( $5 \times 10^6$  cells/ml in a 24-well culture dish) in a complete RPMI medium (10% FCS, 10 mM HEPES, 1 mM sodium pyruvate, 10 mM non-essential amino acids, 1% Pen/Strep/Nystatin, and 50  $\mu$ M 2-ME) supplemented with 20  $\mu$ g/ml A $\beta$ 1–42. Every other day thereafter, human rIL-2

(20 U/ml) in complete RPMI was added to the culture. Following the first week and every 2 w thereafter, T cells ( $10^5$  T cells/ml) were re-stimulated with irradiated (6000 rad) spleenocytes ( $5 \times 10^6$  cell/ml) in 24-well plates. For Th1 polarization, neutralizing anti-IL-4 (20  $\mu$ g/ml, clone 11B11; BioLegend, San-Diego, CA) and recombinant mouse IL-12 (1 ng/ml; BioLegend) were added to the culture in the first three stimulations, at seeding, and then 2 d later.

### 2.3. Cytokine ELISA

T cells ( $2 \times 10^4$ ) and irradiated (6000 rad) antigen-presenting cells (APCs;  $5 \times 10^5$  cells) were cultured in U-shaped 96-well-plate culture dishes in a complete RPMI medium, either with or without the A $\beta$ 1–42 peptide at increasing concentrations (0, 2 and 20  $\mu$ g/ml). IL-2 and IL-4 were measured in supernatants after 24 h, IFN- $\gamma$  and IL-10 were measured after 48 h, and IL-17A was measured after 72 h, using sandwich ELISA (BioLegend) according to the manufacturer's instructions. All samples were analyzed as duplicates.

### 2.4. BDNF cloning and retroviral transduction of Th1 cells

The BDNF gene and a T2A-GFP fusion DNA were cloned into the retroviral vector pMP-71-G-Pre (kindly provided by Prof. Wolfgang Uckert, Max-Delbrück-Center for Molecular Medicine, Berlin, Germany) [39]. Plasmids were amplified using Match1 bacteria (Invitrogen, Carlsbad, CA) and purified with a Maxiprep Plasmid DNA Kit (Invitrogen). The packaging cell line Platinum-E (Cell Biolabs, Inc., San Diego, CA, USA) was transfected in a 10-cm plate with 20  $\mu$ g of plasmid DNA and 60  $\mu$ l of PolyJet™ (SignaGen Laboratories, Gaithersburg, MD). After 16 h, the medium was replaced with 10 ml of an RPMI complete medium. After 24 h and 48 h, the retrovirus supernatant was collected and filtered through a 0.45- $\mu$ m filter. Th1 cells were stimulated for 48 h at a density of  $1 \times 10^6$  cells/ml with 25  $\mu$ l of anti-CD3/anti-CD28 Dynabeads (Thermo Fisher Scientific Inc., Waltham, MA). The Th1 cells were spinoculated with the viral supernatant on retronectin-coated plates (12.5  $\mu$ g/ml; TaKaRa Bio Europe SAS, St. Germain en Laye, France) at 1500 g for 90 min at 32 °C, supplemented with 80 units of IL-2 and 4  $\mu$ g/ml protamine sulfate (Sigma-Aldrich, St. Louis, MO).

### 2.5. Cloning of TrkB-T2A and retroviral transduction of HEK293T cells

Mouse TrkB cDNA (Sino Biological Inc., China) was cloned in the pMP71 expression vector [39]. The packaging cell line Platinum-E was transfected in a 10-cm plate with 20  $\mu$ g of plasmid DNA and 60  $\mu$ l of a PolyJet™ transfection reagent. After 16 h, the medium was replaced with 10 ml of a DMEM medium supplemented with 10% FBS and 1% Pen/Strep/Nystatin. After 24 h and 48 h, the supernatant was collected, filtered through a 0.45- $\mu$ m filter, and used to transduce human embryonic kidney cells (HEK293T) in the presence of 4  $\mu$ g/ml protamine sulfate (Sigma-Aldrich). After 72 h, the GFP+ cells were analyzed using flow cytometry (CytoFLEX, configuration B5-R3-V5; Beckman Coulter, Brea, CA) and sorted using FACS Aria (BD Biosciences, San Jose, CA).

### 2.6. Intracerebroventricular injection of CD4 T cells

Resting CD4 T cells were re-stimulated with 25  $\mu$ l of anti-CD3/anti-CD28 Dynabeads (Thermo Fisher Scientific Inc.) for 36 h. The cells were then harvested and resuspended in PBS at a concentration of 50,000 cells/ $\mu$ l. After anesthetizing the mice with 1.5% of isoflurane,  $2.5 \times 10^5$  cells were slowly injected, over a period of 5 min, into each of the lateral ventricles of the brain using a stereotactic device [coordinates relative to bregma: latero-lateral (x) = +1/–1, dorso-ventral (y) = –0.5, rostro-caudal (z) = –2.30]. Control mice underwent the same procedure, but they were injected with PBS only (5  $\mu$ l into each of the lateral ventricles).

## 2.7. Immunohistochemistry

Mice were killed with an overdose of isoflurane and perfused with cold PBS. Their brains were removed and immersed in a 4% paraformaldehyde solution in 4 °C overnight, transferred to a 30% sucrose solution in 4 °C for 48 h, and then fixed in OCT (Tissue-Tek, Torrance, CA). Sagittal sections (35 mm) of the brain were produced with a cryostat (Leica CM3050) and kept in −20 °C until used. Sections were rinsed twice in a washing solution (0.05% PBS/Tween 20) and permeabilized for 30 min in 0.5% PBS/Triton X-100. Prior to staining, a primary antibody diluting buffer (Biomedica, Foster City, CA) was used to block nonspecific binding. Fluorescently stained sections were examined under an Olympus Fluoview FV1000 laser-scanning confocal microscope (Olympus, Hamburg, Germany) and ZEISS Laser Scanning Microscope with Airyscan (Zeiss Microscopy GmbH, Göttingen, Germany).

### 2.7.1. CD4 T-cell quantification and co-localization with A $\beta$ .

Sections (35 mm thick) were imaged under a confocal microscope and analyzed by using the IMARIS software. The software settings were optimized to identify only the immunolabeled CD4 T cells. Using the “Surface plug-in” option in IMARIS, the number of CD4+ T cells were calculated. To quantify co-localization, 3D reconstructions generated using the Surface plug-in were viewed in IMARISColoc, operated simultaneously on two channels, to measure the degree of overlap between the two channels. The intensity threshold of each channel was calculated by choosing the Automatic Threshold Calculation option. The overlap image was saved as a separated channel, which was then processed by using the Surface plug-in. To calculate the number of CD4 T cells co-localized with A $\beta$ , “number of events” was divided by total volume of the imaged area. At least four sections were analyzed per brain.

### 2.7.2. Analysis of A $\beta$ plaque load

A quantification analysis of A $\beta$  plaque load in the cortex of the brain was performed in two sections (35 mm thick) per hemisphere immunolabeled for A $\beta$ . Fluorescence intensity was first obtained in sections from control mice (injected with PBS) and identical laser-scanning parameters were then used for the entire experiment. Using the IMARIS image analysis software, an intensity threshold was set to mark only those areas showing significant staining. The average fluorescent area per brain section was calculated for each of the analyzed groups.

## 2.8. Western blotting

Cells were lysed in a RIPA buffer [50 mM Tris-Cl, pH 8.0, 150 mM NaCl, 1% Triton, 0.5% sodium dodecyl sulfate (SDS)] containing protease inhibitor cocktail p8340 (Sigma-Aldrich, St. Louis, MO), and phosphatase inhibitor cocktail C sc-45065 (Santa Cruz Biotechnology Inc., Texas, USA). Cell lysates (20–30  $\mu$ g) were separated on 12% Tris-Glycine SDS-PAGE gels and then transferred to PVDF or nitrocellulose membranes. Mouse brains were homogenized in a TTB buffer containing a protease inhibitor cocktail (p8340, Sigma-Aldrich) and phosphatase inhibitor cocktails 2 and 3 (p0044, p5726, Sigma-Aldrich). One hemisphere was used for qPCR, and the other hemisphere was lysed in a RIPA buffer (using 1% NP-40 instead of Triton and 0.5% sodium deoxycolate) containing a protease inhibitor cocktail and phosphatase inhibitor cocktails 1 and 2. Next, 20–30  $\mu$ g of lysate were separated in 10–15% Tris-Glycine SDS-PAGE gels, transferred to PVDF or nitrocellulose membranes, and blocked with 5% BSA Fraction V (Merck Millipore). The membranes were incubated overnight with the antibodies (see below) and WesternBright Quantum (Advanta Inc., San Jose, CA) was used to visualize the chemiluminescent signal. The images were captured using a bioimaging analyzer (Fusion-FX; Vilber, France) and analyzed using ImageJ software.

## 2.9. Antibodies and kits

### 2.9.1. Immunocytochemistry/immunohistochemistry

Purified rat anti-CD4 (201,501, 1:100) was purchased from BioLegend. Purified rabbit anti-BDNF (ANT-010; 1:100) was purchased from Alomone Labs LTD (Jerusalem, Israel). Rabbit anti-human A $\beta$  antibodies (1:250) were generated at our animal facility and examined for specificity by ELISA and immunohistochemistry (IHC). Anti-pTrkB (pTyr<sup>816</sup>) and Anti-NeuN (MAB377) were purchased from Sigma-Aldrich (ABN1381). Anti-MAP2 (AB5622) was purchased from Merck Millipore. Alexa 488, 546, or 633 antibodies (Invitrogen), diluted 1:250–500, were used for secondary staining. TO-PRO-3 (Invitrogen) and DAPI (Thermo Fisher Scientific Inc.) were used for counterstaining.

### 2.9.2. Western blotting

The following antibodies were used for Western blot (WB) analyses were purchased from Cell Signaling: anti-Synaptophysin polyclonal (Cat. # 5461), anti-PSD95 polyclonal (Cat. # 2507), anti-phospho-TrkB (Tyr706/707) (Cat. # 4621), anti-TrkB (Cat. # 4603), anti-SNAP25 (Cat. # 5309), anti- $\beta$ -tubulin (Cat. # 2128), anti-VAMP2 (Cat. # 13508), anti-BACE (Cat. # 5606), anti-p44/42 MAPK (Erk1/2) (Cat. # 4695) and anti-Phospho-p44/42 MAPK (Erk1/2) (Thr202/Tyr204) (Cat. # 4370). Anti-NeuN was purchased from Sigma-Aldrich (MAB377). Anti-vinculin antibody was purchased from Abcam (ab129002). Anti-actin was purchased from Merck Millipore (MAB1501).

### 2.9.3. Flow cytometry

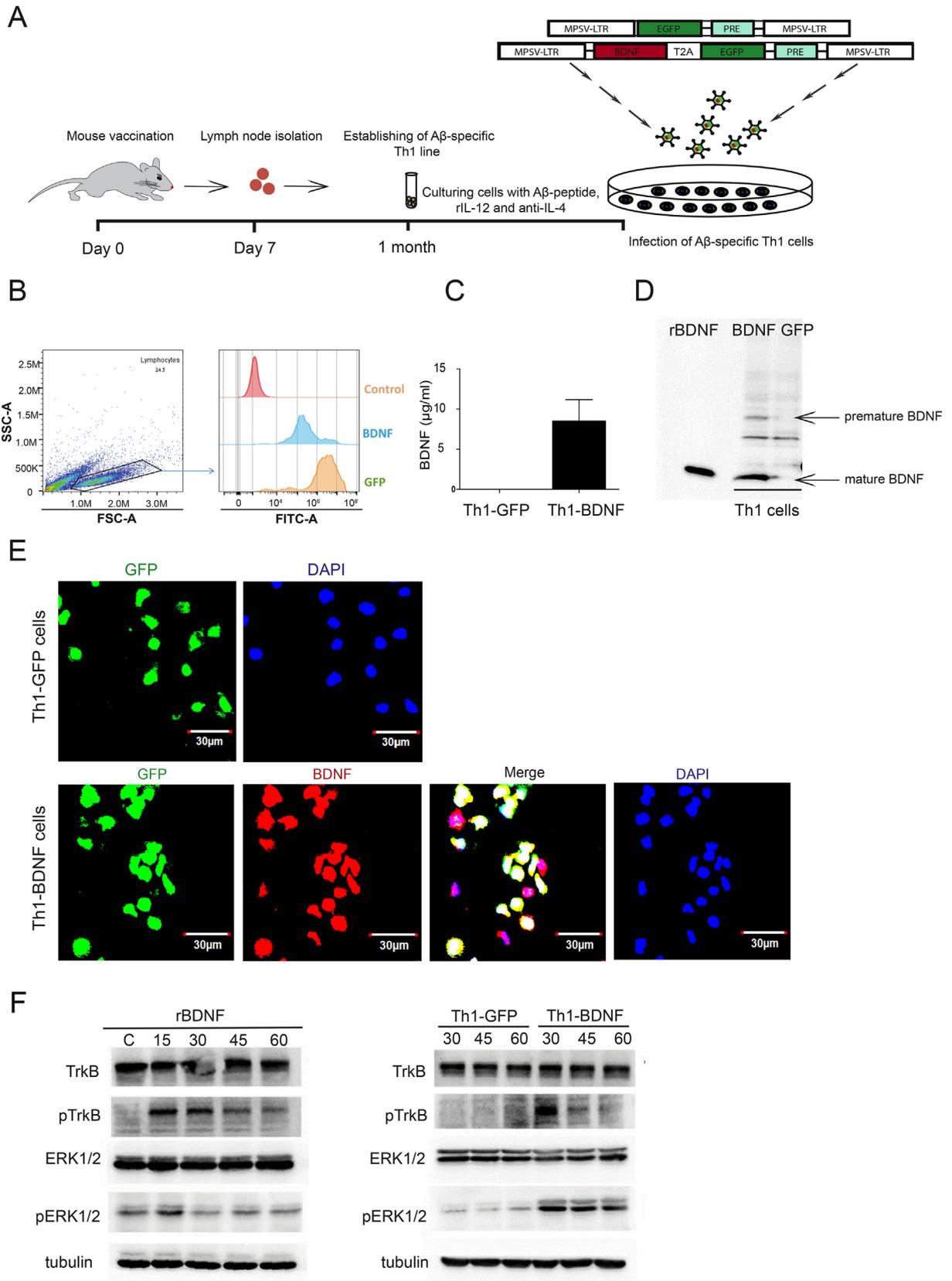
The following antibodies were purchased from BioLegend: anti-CD45.2 (AF700, Cat. # 109,821), anti-CD4 (BV785, Cat. # 100453), anti-CD25 (APC-Cy7, Cat. # 102025), and anti-CD11b (BV+510, Cat. # 101245).

## 2.10. Quantitative PCR

Mice were perfused with PBS and half brains were immediately frozen in liquid nitrogen and stored at −80 °C. The brains were then homogenized in a TTB buffer containing a protease inhibitor cocktail and a phosphatase inhibitor cocktails. A TRI Reagent® (Sigma-Aldrich, St. Louis, MO) was added to the homogenized brains, RNA was extracted by a phenol-chloroform procedure, and RNA quality and quantity were examined by using the NanoDrop 1000 spectrophotometer (Thermo Fisher Scientific Inc). A total of 2  $\mu$ g RNA was reverse-transcribed with a high-capacity cDNA reverse transcription kit (Thermo Fisher Scientific Inc.) and 20 ng of cDNA were used for qPCR analysis. Target gene-specific primer sequences and suitable probes were designed by the Universal Probe Library System software (Roche Molecular Systems, Inc. CA). CXCC1 was used as an endogenous control to normalize gene expression.

### 2.11. Flow cytometry

Mice were euthanized by isoflurane inhalation, perfused, and their brains were collected in cold PBS. The isolated brains were minced and digested for 1 h at 37 °C in Hanks' Balanced Salt Solution (HBSS) (02-017-1A, Biological Industries Israel Beit Haemek LTD, Israel) containing 50  $\mu$ g/ml DNase I and 100  $\mu$ g/ml collagenase (Roche, Rotkreuz, Switzerland). The resulting cell suspension was passed through a 70- $\mu$ m Nylon mesh (Falcon, BD Biosciences, Bedford, MA), pelleted, resuspended in 30% Percoll (GE Healthcare Bio-Sciences, NJ) in HBSS and centrifuged at 15,500 rpm for 30 min at 4 °C. After eliminating the myelin debris, the mononuclear cell phase was collected. CNS-mononuclear cells were washed in a FACS buffer (HBSS, 2% FCS, 10 mM EDTA). After blocking non-specific binding of immunoglobulins to Fc receptors (anti-mouse CD16/32, TrueStain FcX TM, BioLegend), the cells were



stained for 15 min at 4 °C with specific antibodies, washed, and analyzed. Multicolor FACS analyses were performed with a Cytoflex.

### 2.12. Isolation of primary hippocampal neurons and co-culturing with A $\beta$ -specific T cells

Primary hippocampal neurons were isolated from newborn C57BL/6 pups as described [40] with minor modifications. Briefly, hippocampi were collected into HBSS buffer, dissociated with papain (Sigma-Aldrich, P3125) and then seeded in chambers ( $\mu$ -slide 4-well glass bottom, IBIDI GmbH Martinsried, Germany, 80427) coated with poly-L-lysine (Sigma-Aldrich, P-0899), using Neurobasal medium (GIBCO, 21103–049), supplemented with B-27 (GIBCO, 17504044), GlutaMAX (GIBCO, 35050–061) and 2% FBS (HyClone). After 24 h, medium was replaced with a serum-free Neurobasal medium. At day 14, neurons were placed under starvation conditions for 4 h and were then incubated with Th1-GFP or Th1-BDNF cells (activated with anti-CD3/antiCD28 Dynabeads 24 h before the co-culture) for 2 h. Co-cultured cells were fixed with 2% PFA and immunolabeled with antibodies. Images were taken using ZEISS Laser Scanning Microscope 880 with Airyscan and analyzed using ZEN software.

### 2.13. Statistical analyses

All statistical analyses were performed with GraphPad Prism version 5.02 for Windows (GraphPad Software, San Diego, CA). All variables are expressed as means  $\pm$  SEM, as indicated in figure legends. The *p*-values were calculated with an unpaired *t*-test or with a one-way ANOVA, as indicated in figure legends.

### 2.14. Ethics statement

The study was conducted in accordance with the recommendations of the 1994 law for the prevention of cruelty to the animals (experiments on animals). The protocol was approved by University Committee for the Ethical Care and Use of the Animals in Experiments, authorization number 45-07-2015.

## 3. Results

### 3.1. Generation of A $\beta$ -specific Th1 cells transduced to overexpress BDNF

We first generated A $\beta$ -specific CD4 T cells polarized to Th1, and transduced them to overexpress BDNF. Adult C57BL6 mice were immunized with A $\beta$ 1–42 and, 10 d later, lymph node-derived CD4 cells T cells were stimulated in the presence of A $\beta$ 1–42, APCs, and a Th1 polarizing cocktail (Fig. 1A). The T cells were then transduced with retroviruses pMP71G-PRE under the MPSV promoter [39] to express either BDNF and GFP (hereon termed Th1-BDNF) or GFP alone (hereon termed Th1-GFP) (Fig. 1A) and sorted to 95% purity (Fig. 1B). BDNF expression by Th1-BDNF cells was validated by ELISA, WB, and immunocytochemistry (ICC) (Fig. 1C–E). Forty-eight hours after the stimulation, Th1-BDNF, but not Th1-GFP cells, activated with anti-CD3/anti-CD28 Dynabeads, secreted  $8.51 \pm 3.8$  ng/ml BDNF (Fig. 1C). The WB analysis indicated that both premature and mature forms of BDNF were expressed by the Th1-BDNF, and not by the Th1-GFP cells (Fig. 1D).

The expression of specific Th1 cytokines (e.g., IL-2, IFN- $\gamma$ ) was validated by ELISA (Supplementary Fig. 1). To test whether the secreted BDNF is functional, we transduced HEK293T cells to stably express the mouse BDNF receptor TrkB (HEK293T-TrkB) under the MPSV promoter. HEK293T-TrkB cells were then cultured with supernatants collected from bead-activated Th1-BDNF cells, Th1-GFP cells, or recombinant BDNF. As shown in Fig. 1F, incubating HEK293T-TrkB cells with recombinant BDNF or with supernatants from Th1-BDNF producing cells, but not with supernatants from Th1-GFP cells, resulted in TrkB and Erk1/2 phosphorylation, which was observed 15 min (recombinant BDNF) or 30 min (recombinant BDNF and Th1-BDNF supernatant) after the incubation (Fig. 1F). These data demonstrate that Th1-BDNF cells secrete a biologically active BDNF.

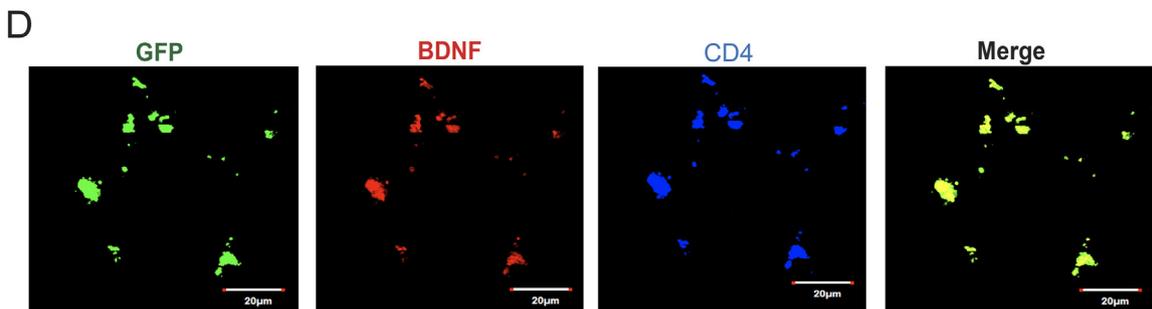
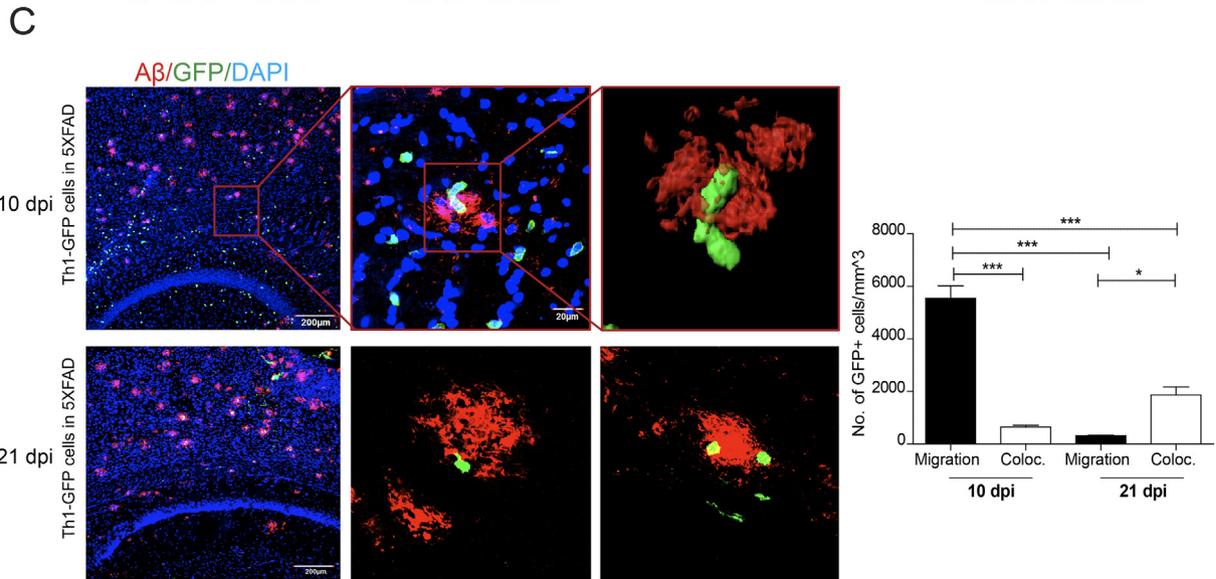
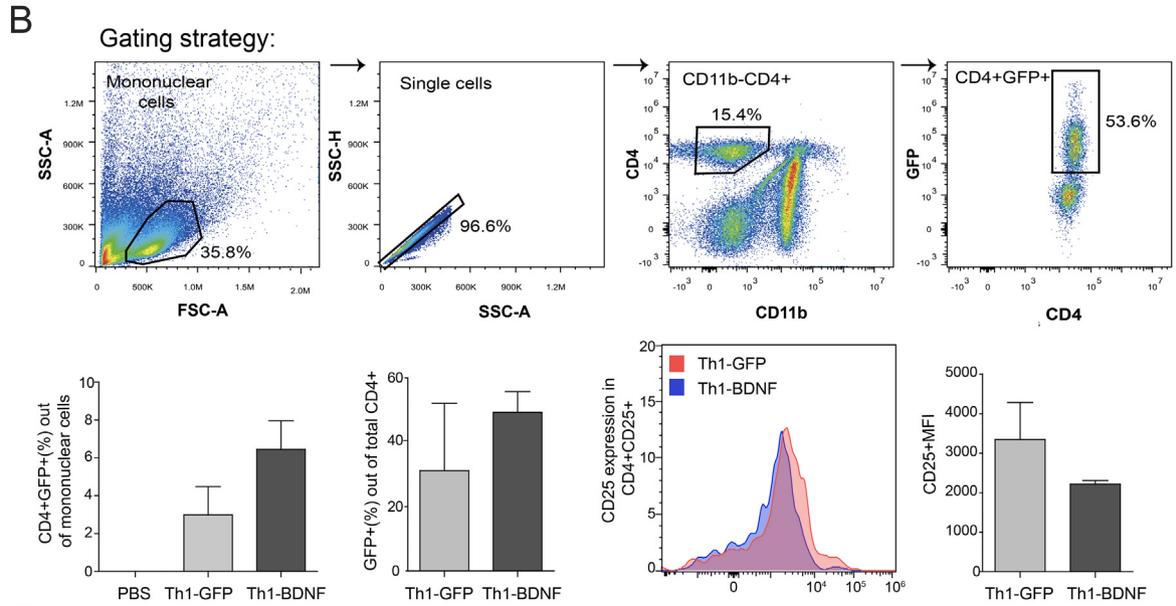
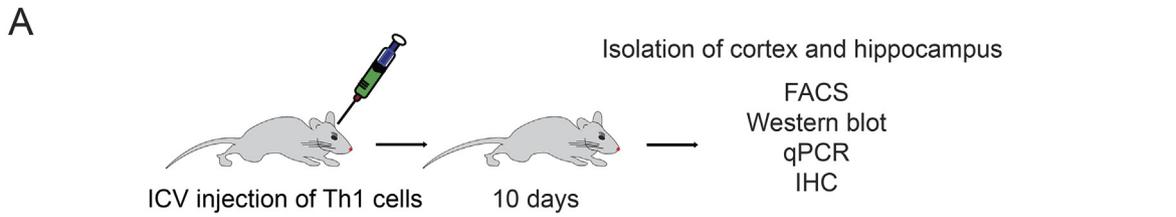
### 3.2. ICV-injected Th1-BDNF cells target amyloid plaques in the brain of 5XFAD mice

To determine whether Th1-BDNF cells infiltrate the brain parenchyma and migrate to brain regions loaded with amyloid plaques, 10–11 month old 5XFAD mice were ICV-injected with  $0.25 \times 10^6$  Th1-BDNF or Th1-GFP cells, or with PBS, to each hemisphere. The mice were killed 10 d post injection (dpi), and one set of brain hemispheres was analyzed with flow cytometry or IHC while the other was analyzed with WB and qPCR (Fig. 2A). Fig. 2B shows flow cytometry analysis of brain mononuclear cells gated for CD11b–CD4+ and then for CD4 +GFP+ cells. Whereas, CD4+GFP+ cells were not observed in 5XFAD mice ICV-injected with PBS, a significant fraction of CD4+GFP+ cells were observed among the mononuclear cells of 5XFAD mice ICV-injected with Th1-GFP or with Th1-BDNF cells ( $2.99 \pm 2.59\%$  and  $6.87 \pm 3.57\%$ , respectively) (Fig. 2B). There were no significant differences in the frequency of GFP+ cells and their CD25 MFIs (as an indication for their state of activation) among the infiltrating CD4 T cells (Fig. 2B). Importantly, IHC analysis of brain sections immunolabeled with anti-A $\beta$ , revealed that GFP+ T cells were distributed in areas deposited with A $\beta$  plaques (Fig. 2C). To determine the amount of GFP+ T cells co-localized with A $\beta$  plaques, we quantified the total number of T cells and the fraction that were co-localized with A $\beta$  plaques at 10 and at 21 dpi. Whereas greater number of T cells were observed in the tissue at 10 dpi, a bigger fraction of the T cells were co-localized with A $\beta$  plaques at 21 dpi (Fig. 2C). Immunolabeling with anti-BDNF and anti-CD4 shows that the ICV-injected Th1-BDNF cells maintained the expression of GFP and BDNF within the brain parenchyma (Fig. 2D). We thus demonstrate that both Th1-GFP or Th1-BDNF cells ICV-injected to 5XFAD mice effectively migrate toward amyloid plaques and express the activation marker CD25. Furthermore, the Th1-BDNF cells were co-localized with BDNF within the brain parenchyma, indicating that the migration process does not affect its active expression.

### 3.3. ICV-injected Th1-BDNF cells enhance neuronal repair in 5XFAD mice

AD is characterized by region-specific BDNF imbalances in the brain, especially in the hippocampus and cortex [27,31,41]. We thus determined the levels of BDNF—and its receptor TrkB – in brain lysates and sections from WT and 5XFAD mice, ICV-injected either with PBS or with T cells, at 10 dpi. Fig. 3A shows that the baseline levels of both BDNF and TrkB were significantly reduced in hippocampal lysates

**Fig. 1.** Generation of A $\beta$ -specific Th1 cells retrovirally transduced to overexpress and secrete a biologically active BDNF. (A) A scheme showing the generation of BDNF-producing, A $\beta$ -specific Th1 cells. Two month-old mice were first vaccinated with A $\beta$ 1–42. After 7 d, CD4 T cells were purified from draining lymph nodes and stimulated with A $\beta$  in the presence of antigen-presenting cells. The CD4 T cells were then polarized to a Th1 phenotype and transduced with the pMP71-EGFP-PRE and pMP71-BDNF-T2A-EGFP-PRE retroviruses to generate Th1-GFP and Th1-BDNF T cells, respectively. (B) Representative flow cytometry histograms showing EGFP mean fluorescence intensity (MFI) in Th1-GFP and Th1-BDNF T cells. (C) Secreted levels of BDNF measured by ELISA in supernatants of Th1-GFP and Th1-BDNF cells, 48 h after activation with anti-CD3/anti-CD28 Dynabeads. (D) WB analysis of BDNF expression in Th1-GFP and Th1-BDNF whole-cell lysates. Th1 cells producing GFP and BDNF were activated with anti-CD3/anti-CD28 Dynabeads and the cells were collected 48 h later. Recombinant BDNF (rBDNF) was used as a control. (E) Representative images of Th1-GFP and Th1-BDNF cells immunolabeled with anti-BDNF (red) and nuclei-labeled with DAPI (blue). (F) WB analysis of non-phosphorylated and phosphorylated TrkB (707/706) and ERK1/2 in lysates of HEK293T TrkB-transduced cells treated with Th1-GFP and Th1-BDNF cell supernatants (2.5 ng/ml BDNF) or with recombinant BDNF (rBDNF, 2.5 ng/ml) for 15, 30, 45, or 60 min, as indicated. Tubulin served as an internal loading control.



from 5XFAD (Fig. 3A), as compared with their levels in WT mice. Notably, 5XFAD mice ICV-injected with Th1-BDNF, but not with Th1-GFP cells, showed significantly higher levels of both BDNF and TrkB in the hippocampus (Fig. 3B). To determine whether Th1-BDNF cells induce TrkB phosphorylation, we performed IHC analysis of pTrkB in brain sections of 5XFAD mice ICV-injected with Th1-BDNF or Th1-GFP cells (Fig. 3C), and ICC analysis of pTrkB in primary neurons co-cultured with the T cells for 2 h (Fig. 3D). Recombinant BDNF was used as a positive control. In both experiments, Th1-BDNF cells increased the levels of pTrkB as compared with Th1-GFP cells. Notably, IHC analysis of BDNF in hippocampal sections of 5XFAD mice revealed that its increased levels observed in lysates from mice that were ICV-injected with Th1-BDNF cells was due, not only to its expression in T cells, but also due to its upregulation in dentate gyrus neurons (Supplementary Fig. 2).

Synaptic loss in the hippocampus is another key pathological hallmark of AD [21,22,42]. Such changes in both presynaptic (e.g., synaptophysin, SNAP25, and VAMP2) and postsynaptic (e.g., PSD-95) proteins were observed in various mouse models of AD [42–44]. Therefore, we performed a WB analysis to examine whether the ICV-injected Th1-GFP or Th1-BDNF cells affect the expression of synaptic molecules in the brain parenchyma. While PSD-95, SNAP25, VAMP2 and synaptophysin protein levels were not reduced in the hippocampus of 5XFAD compared with WT mice that were ICV-injected with PBS (Fig. 4A), they showed a trend of increased expression (with VAMP2 being significantly increased) in mice that were ICV-injected with Th1-BDNF, as compared with mice that were ICV-injected with Th1-GFP cells or with PBS (Fig. 4B). Both Th1-BDNF and Th1-GFP cells increased the levels of NeuN in the hippocampus, as compared with PBS (Fig. 4B). Overall, these findings suggest that ICV-injected Th1 T cells increase neuronal viability in the hippocampus and that the over-expression of BDNF by the cells further promotes synaptic and neuronal rescue.

### 3.4. ICV-injected Th1-BDNF cells ameliorate amyloid pathology in the cortex of 5XFAD mice

The generation of A $\beta$  peptides by proteolytical processing of APP is mediated by the beta-site APP cleaving enzyme 1 (BACE1) and the gamma-secretase complex [17,45,46]. To examine whether Th1-BDNF or Th1-GFP cells affect amyloid pathology, we measured the levels of A $\beta$  plaques in the cortex at 45 dpi. An IHC analysis of A $\beta$  plaques showed that, as compared with PBS-injected mice, plaque pathology was significantly reduced in the cortex of 11–12-month old 5XFAD mice ICV-injected with either Th1-BDNF or Th1-GFP cells (Fig. 5A). This decrease was accompanied by increased levels of the phagocytic marker SIRP- $\beta$ 1 and reduced levels of the neurotoxic inflammatory cytokine IL-1 $\beta$  (Fig. 5B).

Finally, we examined whether, in addition to increased A $\beta$  uptake, the T cells also affected the expression of BACE1 and APP in the brain of 5XFAD mice. A WB analysis of cortical lysates showed that the expression of both APP and BACE1 significantly increased in 11–12-month old 5XFAD mice, as compared with WT control mice that were ICV-injected with PBS (Fig. 5C–D). Conversely, when 5XFAD mice were ICV-injected with Th1-BDNF cells, but not with Th1-GFP cells or with PBS, the

expression levels of BACE1 in the brain were significantly reduced, whereas those of APP did not change (Fig. 5E–F).

## 4. Discussion

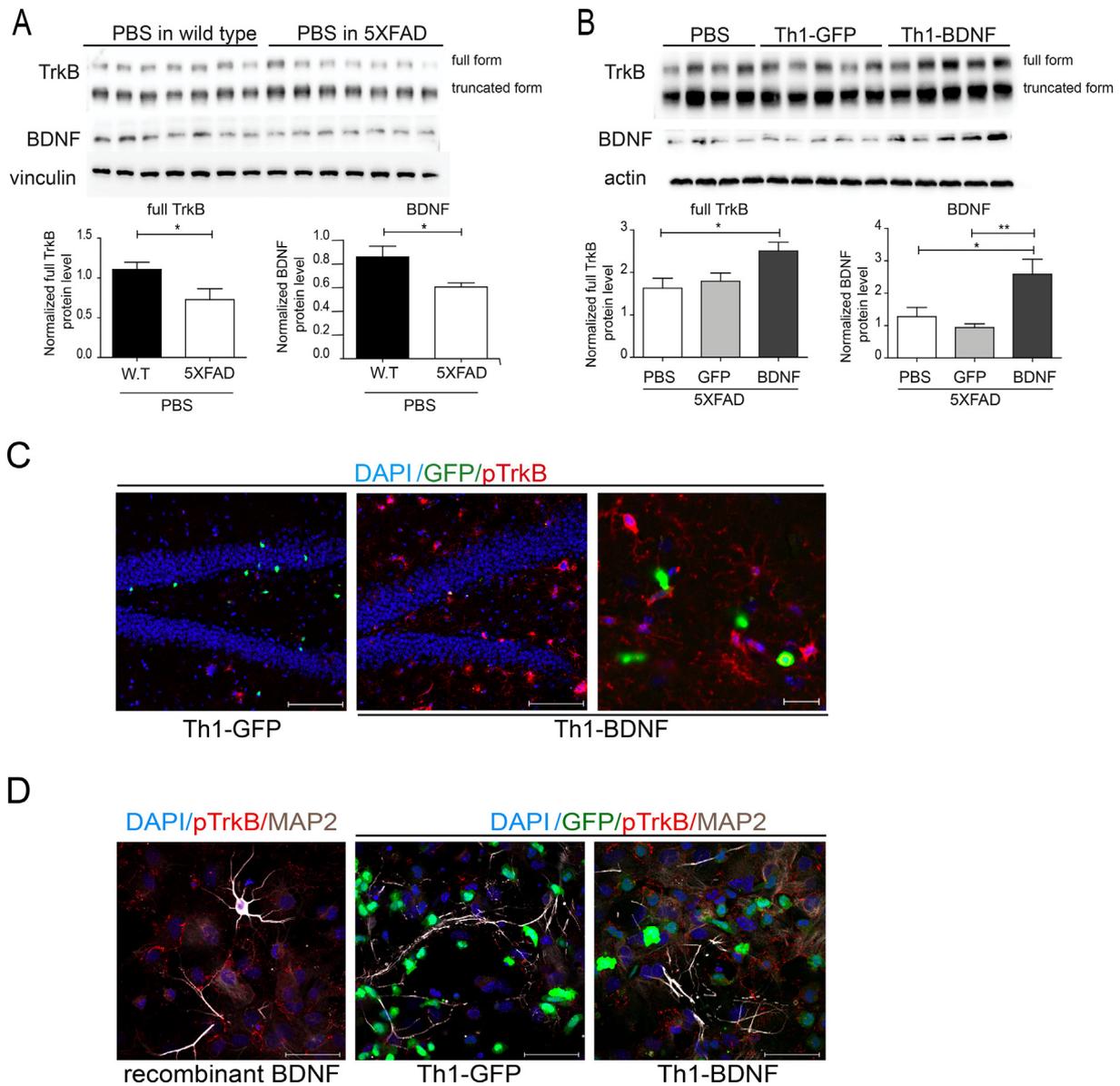
We present a novel T-cell based platform for the delivery of beneficial proteins to specific loci within the CNS. We show that A $\beta$ -specific Th1 cells, genetically modified to secrete BDNF and ICV-injected into the 5XFAD mouse model of AD, effectively migrate to sites of A $\beta$  plaques in the brain parenchyma, where they increase the levels of BDNF and its receptor TrkB. Furthermore, the injected Th1-BDNF T cells induced up-regulation of synaptic molecules and reduced amyloid load and the associated neurotoxic inflammation in the brain. Therefore, we demonstrate an A $\beta$ -targeted drug-delivery system, based on the capacity of specific CD4 T cells to effectively migrate within the brain parenchyma, target amyloid plaques, and release their cargo.

An efficacious delivery of potential therapeutic proteins (such as BDNF) into the CNS requires that optimal doses of the proteins are released at specific anatomical regions where neuronal damage takes place. Cell-based delivery systems appear to be a promising approach due to the ability of cells to migrate within the CNS, reside in the tissue, and locally produce the protein of interest [4]. Previous studies employed fibroblasts [47] or neuronal stem cells [26] engrafted into the hippocampus as a cell-therapy approach for the delivery of BDNF into the CNS. Whereas these attempts resulted in neuronal repair and in recovery of behavioral deficits, the chemotaxis of the cells toward A $\beta$  plaques was limited, and A $\beta$  load remained unaffected [26]. Here, we demonstrate that an ICV injection of A $\beta$ -specific CD4 T cells genetically engineered to express BDNF, not only target A $\beta$  plaques in the brain, but also secretes a biologically active BDNF specifically in brain areas affected by A $\beta$ .

The loss of synapses and neurons are key pathological features of AD [18,43,44,48,49] and may, at least in part, occur due to the reduced levels of BDNF and TrkB [36,50–53]. Notably, higher serum levels of BDNF are associated with a slower rate of cognitive decline in people with AD [54], and BDNF-based therapies markedly improve synaptic efficiency and plasticity [25,27,29,55]. Here, we demonstrate that Th1-BDNF T cells increased the levels of total TrkB and pTrkB in the hippocampus of 5XFAD mice, similar to previous observations using the TrkB agonist, 7,8-dihydroflavone [36]. pTrkB levels were also more pronounced in our study in primary hippocampal neurons co-cultured with Th1-BDNF than with Th1-GFP cells. Furthermore, our data demonstrate that the Th1-BDNF T cells increased the level of VAMP2 protein, one of the vesicle-associated membrane proteins involved in the fusion of pre-synaptic vesicles and neurotransmitter release [56], in the brain of 5XFAD mice. Whereas only the levels of VAMP2 were significantly increased following the treatment, other synaptic molecules, including synaptophysin, and SNAP25, showed a similar trend. Together with the increased expression of NeuN in the hippocampus, our data suggest that the ICV-injected CD4 T cells, specifically those genetically modified to express BDNF, can contribute to synaptic and neuronal repair. However, further studies are required to determine the role of BDNF-expressing T cells in rescuing neuronal function and cognitive decline in the context of AD-like pathology.

Our findings suggest that the ICV-injected Th1-BDNF cells affected the amyloidogenic process in the brain of 5XFAD mice. Previous studies

**Fig. 2.** Th1-BDNF cells ICV-injected into 5XFAD mice migrate to the brain parenchyma and target A $\beta$  plaques. (A) Experimental scheme: 5XFAD mice were ICV-injected with Th1-GFP cells, Th1-BDNF cells, or PBS ( $n = 6–7$  mice per group) and killed 10 d later. Their hippocampi and cortexes were then excised and analyzed by various methods, as indicated. (B) Representative flow cytometry plots from brain cells of 5XFAD mice gated on CD4+CD11b– cells and analyzed for GFP expression. Graphs (lower panels, left to right) show the percentage of GFP+CD4+ cells out of the brain mononuclear cells, percentage of GFP+ cells out of the total CD4+ cells in the brain, and CD25 MFI in the CD4+GFP+ cell population, in each experimental group. Bars represent means  $\pm$  SEM. (C) Representative brain sections obtained from Th1-GFP  $\rightarrow$  5XFAD mice 10 and 21 dpi and immunolabeled with anti-A $\beta$  (red) and DAPI (nuclei staining, blue). Images show the merge of A $\beta$ , GFP+ cells (green) and DAPI. Right panel shows a 3D reconstruction of z-sections, demonstrating the co-localization of Th1-GFP cells (green) with an A $\beta$  plaque (red). Graph represents the number of migrating GFP+ T cells and the degree of co-localization between GFP+ T cells and A $\beta$ -plaques at 10 and 21 days post ICV injection. (D) Representative brain sections from 5XFAD mice that were ICV-injected with Th1-BDNF cells and immunolabeled with anti-BDNF (red) and anti-CD4 (blue) antibodies. Merged image shows GFP+ (green) cells colocalized with CD4 cells and BDNF.

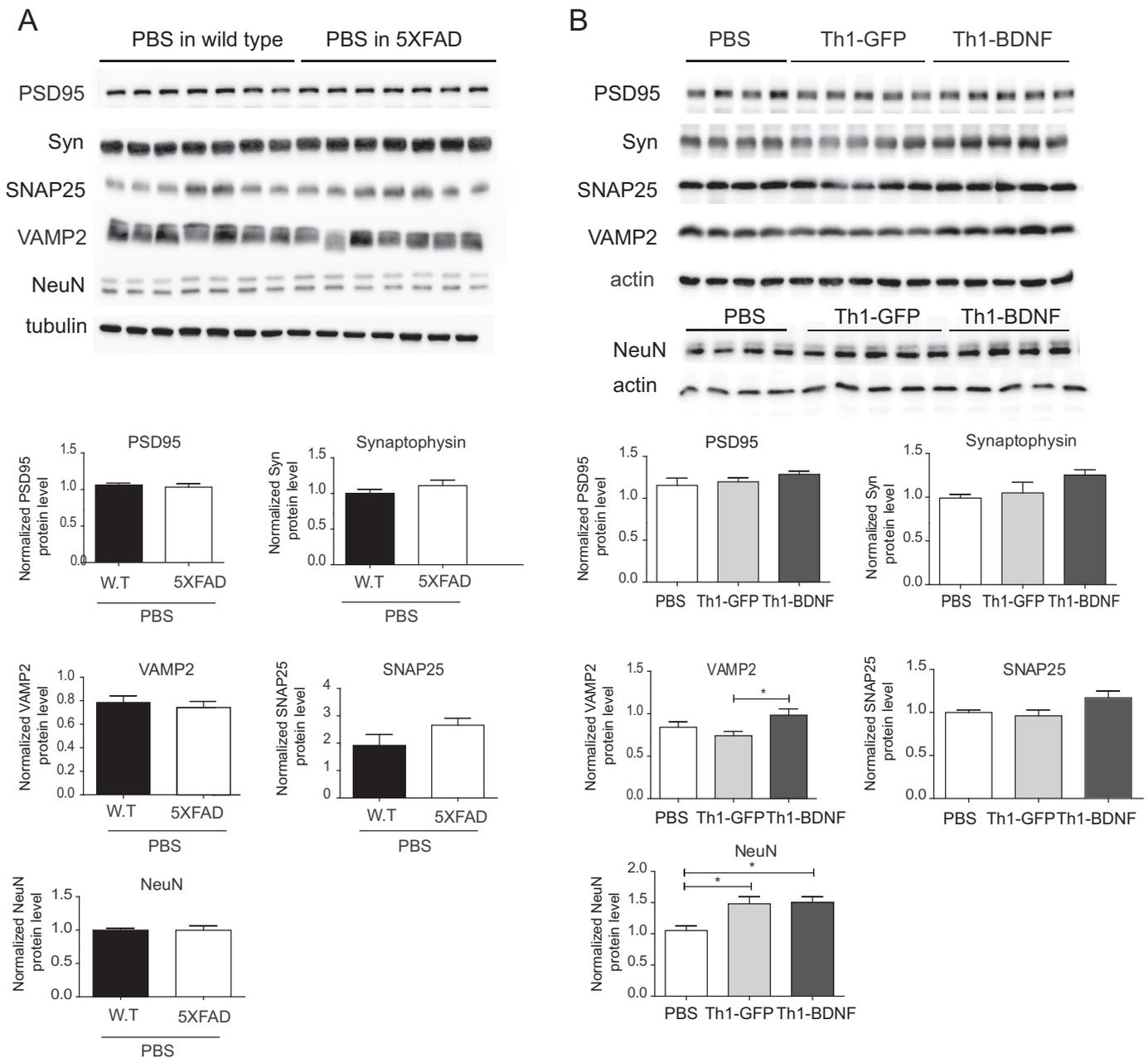


**Fig. 3.** Th1-BDNF cells facilitate TrkB signaling in 5XFAD mice and in primary neurons. 5XFAD mice (11–12 months old) were ICV-injected with Th1-GFP cells, Th1-BDNF cells, or PBS ( $n = 6–7$  mice per group). As an additional baseline control experiment, 5XFAD mice and littermate wild-type (WT) controls were injected with PBS ( $n = 6–7$  mice per group). The mice were killed 10 d after the injection and their brains were excised and analyzed with WB and IHC. (A) WB analysis of TrkB and BDNF in whole hippocampal homogenates from WT and 5XFAD mice that were ICV-injected with PBS. Vinculin was used as an internal control. Bar graphs show the mean ( $\pm$  SEM) levels of BDNF and TrkB normalized to those of vinculin in each lysate.  $*p < .05$  (Student's *t*-test). (B) WB analysis of TrkB and BDNF in whole hippocampal homogenates from 5XFAD mice ICV-injected with Th1-GFP, Th1-BDNF, or PBS. Actin was used as an internal control. Bar graphs show the mean ( $\pm$  SEM) levels of BDNF and TrkB normalized to those of actin in each lysate.  $*p < .05$ ,  $**p < .01$  (one-way ANOVA). (C) Representative brain sections obtained from 5XFAD mice ICV-injected with Th1-GFP (left panel) or Th1-BDNF cells (mid panel), immunolabeled with anti-pTrkB (red) and counterstained with DAPI (blue). Scale bars represent 50  $\mu$ m. Right panel represents a higher resolution image from the hippocampus of a 5XFAD mouse, ICV-injected with Th1-BDNF cells. Scale bar represents 20  $\mu$ m. (D) Representative images of primary hippocampal neurons immunolabeled with anti-pTrkB (red) and anti-MAP2 (white) and counterstained with DAPI (blue). Neurons ( $4 \times 10^4$  cells per well) were incubated with recombinant BDNF (100 ng/ml) for 15 min (left panel) or co-cultured with Th1-GFP (mid panel) or Th1-BDNF cells ( $2 \times 10^5$ ) for 2 h. Scale bars represent 50  $\mu$ m.

demonstrated that reducing the levels of BACE1, which cause increased production of A $\beta$  in the brain parenchyma, has marked beneficial effects on the disease process [57–59]. Notably, the higher levels of BACE1 that we observed in the brains of 11–12-month old 5XFAD mice, as compared with its levels in age-matched WT controls, were lower in the Th1-BDNF-injected 5XFAD mice. Although both Th1-BDNF and Th1-GFP cells induced A $\beta$  clearance—a function presumably related primarily to the enhanced phagocytic capacity of microglia [38,60]—BACE1 was downregulated only by Th1-BDNF cells such as previously observed following peripheral administration of a TrkB agonist to 5XFAD mice [36]. Further studies should unveil the role of BDNF in

regulating the expression of BACE1 and in the amyloidogenic process within the AD-affected brain.

Neurotoxic inflammation is considered a key factor in the progression of AD [19,20,23,61–64]. The progressive accumulation of misfolded proteins in the form of neurotoxic oligomers and plaques appears to play a role in the neurotoxic inflammatory response induced in the brain of people with AD [65,66]. The A $\beta$ -specific Th1 cells that we used may thus boost adaptive immunity in the brain, which impacts not only the uptake of A $\beta$ , but also the inflammatory reaction in the brain. Indeed, our findings show that both Th1-BDNF and Th1-GFP cells induced an upregulation of the phagocytic protein SIRP $\beta$ 1 and



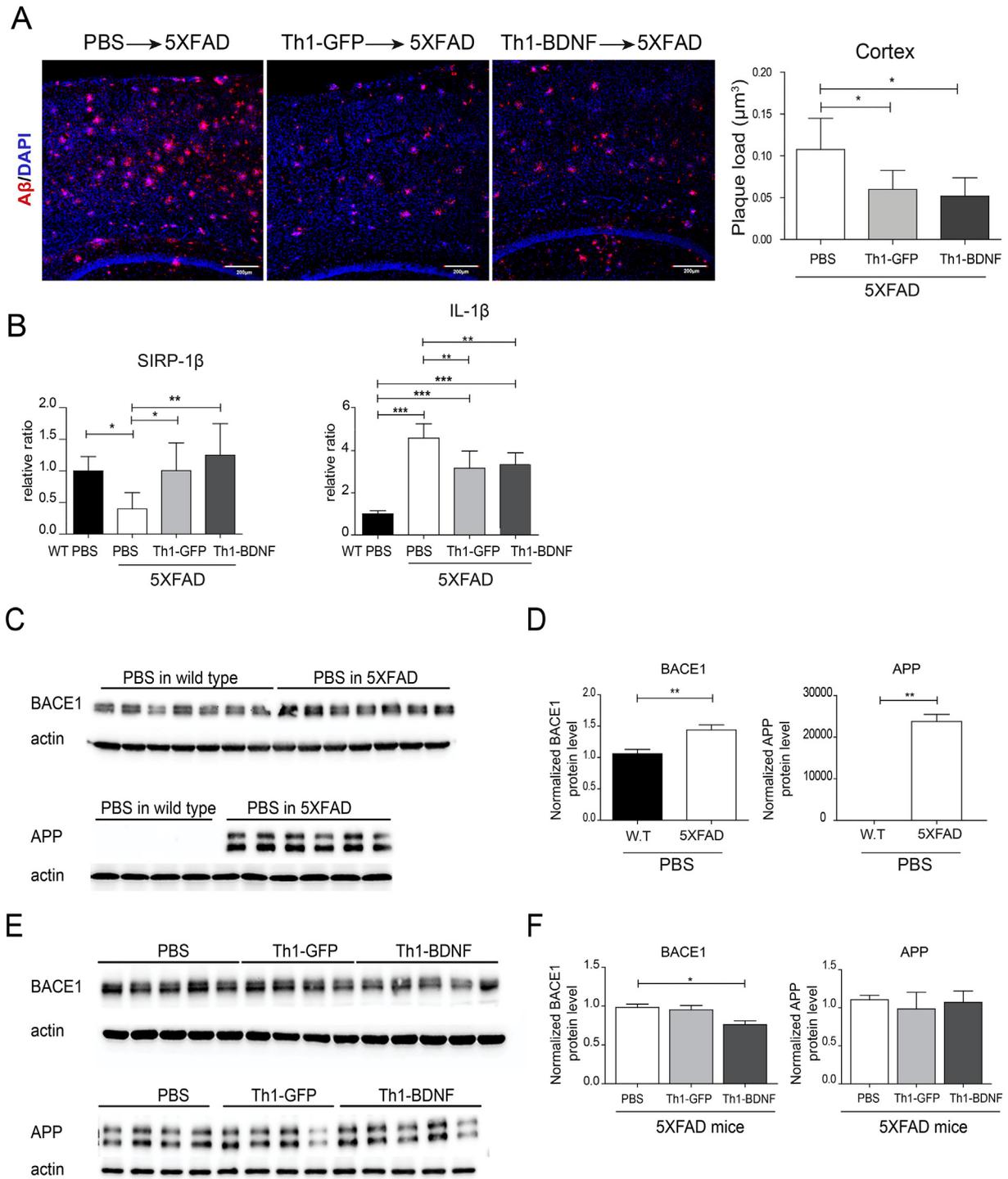
**Fig. 4.** Neuronal repair is induced in the hippocampus of 5XFAD mice ICV-injected with Th1-BDNF cells. 5XFAD mice (11–12 months old) were ICV-injected with Th1-GFP cells, Th1-BDNF cells, or PBS ( $n = 6–7$  mice per group). As an additional baseline control experiment, 5XFAD mice and littermate WT controls were injected with PBS ( $n = 6–7$  mice per group). The mice were killed 10 d following the injection and their brains were excised and analyzed with WB. (A) WB analysis of PSD95, synaptophysin (Syn), SNAP25, VAMP25, and NeuN in whole hippocampal homogenates from WT and 5XFAD mice ICV-injected with PBS. Tubulin was used as an internal control. Bar graphs indicate the mean ( $\pm$  SEM) levels of each protein, normalized to tubulin levels in each lysate. (B) WB analysis of the above-mentioned proteins in whole hippocampal homogenates from 5XFAD mice ICV-injected with Th1-GFP cells, Th1-BDNF cells, or PBS. Actin was used as an internal control. Bar graphs indicate the mean ( $\pm$  SEM) levels of PSD95 ( $p = .2852$ ), synaptophysin (Syn) ( $p = .124$ ), SNAP25 ( $p = .0939$ ), VAMP25 and NeuN, normalized to actin levels for each lysate. \* $p < .05$  (one-way ANOVA).

reduced the levels of IL-1 $\beta$  in the brain. In contrast to the almost dominant innate immune reaction evident in the AD brain [63,67–69], such antigen-specific T cells appear to achieve better control over the generation and clearance of misfolded proteins.

Several studies have provided promising evidence that an intrathecal or intravenous administration of stem cells can be used to treat multiple sclerosis [70–72] and amyotrophic lateral sclerosis [73]. Thus, an intrathecal administration of activated CD4 T cells to patients with AD appears to be clinically feasible. Whereas an intravenous administration appears to be advantageous over an intrathecal or ICV administration,

further research is required to ensure that the migration of cells to A $\beta$  plaques in the brain is effective and does not cause neurotoxic vascular and/or parenchymal inflammation [74]. Finally, additional studies are required to optimize the therapeutic capacity of T cells (including, for instance, their phenotype, injection site, number of cells, and controlled drug release); their multifactorial impact in a disease setting in which the immune system is deteriorated [75–77] may be a promising strategy for the treatment of various neurodegenerative disorders.

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.ebiom.2019.04.019>.



**Fig. 5.** ICV-injected Th1-GFP and Th1-BDNF cells ameliorate Aβ pathology in 5XFAD mice. 5XFAD mice (11–12 months old) were ICV-injected with Th1-GFP cells, Th1-BDNF cells, or PBS ( $n = 5-7$  mice per group) WT type mice were ICV-injected with PBS. After 45 d, the mice were killed and their cortices were analyzed using IHC, qPCR and WB. (A) Representative brain sections immunolabeled with anti-Aβ (red), counterstained with TO-PRO (blue), and analyzed with confocal microscopy for amyloid plaques. Right graph shows the mean ( $\pm$  SEM) of the Aβ plaque load per volume of section in the cortex (four sections per mouse in one representative experiment;  $n = 3-5$ ).  $*p < .05$  (one-way ANOVA). (B) RNA was extracted from the cortex of WT mice ICV-injected with PBS and of 5XFAD mice ICV-injected with PBS, Th1-GFP cells, or Th1-BDNF cells. Bar graphs represent mean ( $\pm$  SEM) levels of IL-1β and SIRP-1β mRNAs in the cortices of these mice, analyzed using qPCR.  $*p < .05$ ,  $**p < .01$ ,  $***p < .001$  (one-way ANOVA). (C) WB analysis of BACE1 and APP in lysates from brain cortices of 5XFAD and WT mice ICV-injected with PBS. Actin was used as an internal control. (D) Mean ( $\pm$  SEM) BACE1 and APP levels, normalized to actin levels, in each lysate.  $**p < .01$  (Student's  $t$ -test). (E) WB analysis of BACE1 and APP in lysates from cortices of 5XFAD mice ICV-injected with PBS, Th1-GFP cells, or Th1-BDNF cells. Actin was used as an internal control. (F) Mean ( $\pm$  SEM) BACE1 and APP levels, normalized to actin levels, in each lysate.  $*p < .05$  (one-way ANOVA).

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