

## **INTERVIEW QUESTIONS FOR THE DELPHI STUDY**

### **A) Technical Topics**

**Can telehealth be carried out with individuals who do not have suitable devices?**

- If yes, how do you manage to do this?
- If no, how would you define the minimum requirements?

**How do you handle the issue of internet connectivity?**

- Assessment
- Interruptions or delays
- Alternative strategies

**What data security measures do you implement when conducting telehealth?** (Encryption, data storage, etc.)

- How do you inform patients about this? (Consent form)

**How do you determine that your patients have the necessary skills to use the chosen video platform and any additional equipment (camera, microphone, headset, etc.)?**

- How do you support patients in this?

**How do you ensure that both your own hardware/software and that of your patients is functioning properly?**

- How do you support patients in using the videoconferencing software?
- What alternative procedures do you use if necessary?

### **B) Practice-Related Topics**

**How do you convince skeptical patients to use telehealth?**

**How do you establish and maintain a relationship and trust through telehealth?**

**How do you conduct qualitative observations? How do you carry out assessments/examinations?**

- What should be taken into account?

**Which methods do you use to compensate for the lack of hands-on (direct manual contact with patients)?**

**How do you ensure that your telehealth treatments are equally effective and of high quality compared to standard (in-person) therapy?**

**How did you acquire your knowledge regarding the use of telehealth?**

- What would you recommend to others?

**How do you handle the additional time requirements associated with telehealth?**

**How do you deal with situations where your patients do not have anyone on site to support them?**

**How do you identify potential risks for your patients during a telehealth session, and how do you prevent dangerous situations that you cannot personally intervene in due to physical distance?**

**How can an optimal setting for telehealth be created for both the patient and for yourself?**

- What should be considered regarding acoustics/noise?
- What considerations apply to the available space?
- What strategies do you use concerning camera angles?
- What do you pay attention to regarding lighting?
- How can privacy be maintained?