

Editorial Comment

Non standardized doses, multiple preparations, multiple chemical components and different mechanisms of actions are the main obstacles against involvement of phytotherapy in the medical armamentarium. The current study proved nicely the effectiveness of a lupoeol based extract (Tab. Calcury™ two

tablets twice a day) in stone reduction/expulsion compared to potassium citrate with better tolerability. However, the mechanisms of action are still a matter of guessing and suggestion. Furthermore, long term effects are still unknown. An ample room is still available for experimental as well as long term studies to unveil the modes of action, best dosing regimens and long term effects of phytotherapy.

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Announcement

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