ORIGINAL RESEARCH

Recurrent Pregnancy Loss and Concealed Long-QT Syndrome

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BACKGROUND: Recurrent pregnancy loss affects 1% to 2% of couples attempting childbirth. A large fraction of all cases remains idiopathic, which warrants research into monogenic causes of this distressing disorder.

METHODS AND RESULTS: We investigated a nonconsanguineous Estonian family who had experienced 5 live births, intersected by 3 early pregnancy losses, and 6 fetal deaths, 3 of which occurred during the second trimester. No fetal malformations were described at the autopsies performed in 3 of 6 cases of fetal death. Parental and fetal chromosomal abnormalities (including submicroscopic) and maternal risk factors were excluded. Material for genetic testing was available from 4 miscarried cases (gestational weeks 11, 14, 17, and 18). Exome sequencing in 3 pregnancy losses and the mother identified no rare variants explicitly shared by the miscarried conceptuses. However, the mother and 2 pregnancy losses carried a heterozygous non-synonymous variant, resulting in p.Val173Asp (rs199472695) in the ion channel gene KCNQ1. It is expressed not only in heart, where mutations cause type 1 long-QT syndrome, but also in other tissues, including uterus. The p.Val173Asp variant has been previously identified in a patient with type 1 long-QT syndrome, but not reported in the Genome Aggregation Database. With heterologous expression in CHO cells, our in vitro electrophysiologic studies indicated that the mutant slowly activating voltage-gated K+ channel (I_{Ks}) is dysfunctional. It showed reduced total activating and deactivating currents (P<0.01), with dramatically positive shift of voltage dependence of activation by $\approx 10 \text{ mV}$ (P<0.05).

CONCLUSIONS: The current study uncovered concealed maternal type 1 long-QT syndrome as a potential novel cause behind recurrent fetal loss.

Key Words: exome KCNQ1 long-QT syndrome miscarriage recurrent pregnancy loss

Recurrent pregnancy loss (RPL) is a disease defined by the spontaneous demise of ≥2 pregnancies, affecting ≈1% to 2% of women.^{1,2} RPL has a long list of different causes, as both maternal and fetal, as well as combined factors, may be responsible. As a major known cause, up to 50% of products of conception of patients with RPL have gross genomic rearrangements.³ However, it is estimated that roughly half of RPL cases remain truly idiopathic. Because the familial history of miscarriage increases the risk to RPL ≈2-fold,⁴ it is likely that some of these cases have unknown monogenic origins.^{3,5} In addition to pregnancy loss being an obvious negative life event, there are emerging data that these women are at an increased

risk of various health problems later in life. Reported comorbidities include type 2 diabetes mellitus,⁶ autoimmune and cardiovascular complications, such as atherosclerosis, cerebral infarction, heart failure, and pulmonary embolism, as well as psychiatric diseases.⁷⁻⁹ These observations make it especially important to identify the underlying genetic factors with pleiotropic effects that may predispose to pregnancy failure as well as to the long-term health of the woman. Until now, monogenic causes of RPL remain largely unexplored, and only a handful of studies using exome sequencing have been published.¹⁰

The current study aimed to clarify the potential genetic cause of idiopathic RPL in an Estonian couple

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CLINICAL PERSPECTIVE

What Is New?

- The current study uncovered concealed maternal type 1 long-QT syndrome as a potential novel cause behind recurrent pregnancy loss.
- In vitro electrophysiological studies showed that the KCNQ1 p.V173D (c.518T>A) variant causes dysfunction and marked attenuation of the I_{Ks} channel.

What Are the Clinical Implications?

- This novel finding emphasizes the value of personalized medicine and the importance of indepth assessment of all potentially causative genotype-to-phenotype links.
- Genotype-positive, phenotype-negative subjects should avoid exposure to any exogenous risk factors, such as competitive sports or QTprolonging drugs.
- Early detection of *KCNQ1* pathogenic variant carriers by testing among family members facilitates timely monitoring, treatment, and prevention of cardiac arrhythmias; clinical assessment of unexplained recurrent fetal losses should consider concealed maternal and/or fetal long-QT syndrome as a possible cause.

Nonstandard Abbreviations and Acronyms

LQTS1	type 1 long-QT syndrome
PSAP	population sampling probability
QTcB	the heart-rate corrected QT interval based on the Bazett's formula
QTc	QT interval corrected for the heart rate
RPL	recurrent pregnancy loss
WES	whole-exome sequencing

who had experienced in total 9 pregnancy losses, 3 early miscarriages and 6 fetal deaths after 10 weeks' gestation.

METHODS

The authors declare that all supporting data are available within the article and its online Supplemental Material.

Ethical Approval

The study was approved by the Ethics Review Committee of Human Research of the University of Tartu, Tartu, Estonia (permission Nos. 117/9,

16.06.2003; 146/18, 27.02.2006; 150/33, 19.06.2006; 212/M-32, 09.03.2012; and 286/M-18, 15.10.2018) and was performed in compliance with the Declaration of Helsinki. A written informed consent to participate in the study was acquired from all adult research participants before recruitment.

Exome Sequencing and Variant Detection

DNA samples from the proband's blood and 3 miscarriage events (III-5, III-9, and III-13; Figure 1A) were subjected to whole-exome sequencing (WES). The WES data generation and data analysis were performed as described in the study by Kasak et al.¹¹ Briefly, wet-laboratory processing, base calling of the raw sequencing data, primary sequence analysis, and variant calling were performed at FIMM (Institute for Molecular Medicine Finland) Next Generation Sequencing Service (Helsinki, Finland). Whole exome enrichment was undertaken with the SegCap EZ MedExome Target Enrichment Kit (Roche NimbleGen, Madison, WI) following the manufacturer's protocol. Sequencing was performed on Illumina HiSeg 2500 sequencing system (San Diego, CA). Primary sequence analysis and variant calling were performed using the Variant Calling Pipeline (VCP3.7).¹² Illumina paired-end reads were trimmed with Trimmomatic (version 0.36) and aligned against human genome build hg19 with the Burrows-Wheeler Aligner (version 0.6.2).¹³ Next, polymerase chain reaction duplicates were removed with Picard MarkDuplicates (version 2.9.0). Single-nucleotide variants and insertions/deletions were called with SAMtools (version 1.4)¹⁴ and Pindel (version 0.2.5b8),¹⁵ respectively. Mean target coverage ranged from 91x to 122x, with an average of 97% of bases covered at 20×.

Exome Data Filtering and Prioritization of Variants

Variant call format (VCF) files of the pregnancy loss samples were annotated using ANNOVAR (version 20191024).¹⁶ Among all coding variants (exonic and splicing), synonymous and common variants with minor allele frequency of >0.1% in Genome Aggregation Database¹⁷ and Exome Aggregation Consortium¹⁸ were removed (Figure S1). Only shared variants in all pregnancy loss samples were retained for the analysis.

To prioritize variants from the WES data of the proband, the population sampling probability (PSAP) pipeline¹⁹ developed for n-of-1 analyses was applied. It is a model-based framework to evaluate the significance of genotypes ascertained from a single case by determining the by-chance probability of sampling the detected genotypes in the unaffected population based on the pathogenicity scores and observed frequencies of variants. The variants were prioritized to



Figure 1. Identification of the KCNQ1 variant.

A, Pedigree of the family. Circles denote female family members, squares denote male members, and triangles indicate spontaneous pregnancy losses. The proband is indicated with an arrow. Solid symbols indicate pedigree members, whose genomic DNA was subjected to exome sequencing. **B**, Sanger sequencing confirmation of the *KCNQ1* p.V173D variant (*rs199472695*) in the family. **C**, Molecular position of the K_v7.1 variant p.V173D in the first C-loop. **D**, The conservation of the amino acid residue affected by the *KCNQ1* variant in different species. d, death; ECT indicates ectopic pregnancy; trim, trimester; wks, gestational weeks; WT, wild type and yrs, years.

satisfy the following criteria: (1) missense and loss-offunction variants; (2) low minor allele frequency (≤ 0.001 Exome Aggregation Consortium, Genome Aggregation Database, and 1000 Genomes Project) or a previously undescribed variant; and (3) the PSAP statistical significance value ≤ 0.005 and the Combined Annotation-Dependent Depletion score ≥ 20 . PSAP pipeline was also applied for the extended assessment of individual fetal exomes.

Next, for both parts of the analysis (pregnancy loss samples and the proband), in-house blacklisted variants were removed. Visual inspection of the quality of sequencing reads was performed using the Integrative Genomics Viewer²⁰ software for all prioritized rare and novel variants to ensure high quality of retained variants. All the retained variants were manually inspected using scientific literature and genome databases. Variants were classified according to the American College of Medical Genetics and Genomics guidelines.²¹

KCNQ1 p.V173D Variant Validation and Extended Family Testing by Sanger Sequencing

Primers (forward, TGCCTATGGACATGAGCTGA; reverse, GGGAATCTGTGAGGGACCAA; sequencing, GCATGGCTGGGTTCAAACA) for amplification and seguencing of the KCNQ1 p.V173D variant (rs199472695) were designed in Primer3web (https://bioinfo.ut.ee/ primer3/), tested by National Center for Biotechnology Information Primer-BLAST (https://www.ncbi.nlm.nih. gov/tools/primer-blast/) and GenomeTester (https:// bioinfo.ut.ee/genometester/). DNA fragments (individuals I-2, II-1, II-2, II-3, III-1, III-2, III-5, III-9, III-10, III-11, III-12, III-13, III-14, and III-16) were amplified by standard polymerase chain reaction, sequenced with the BigDye Terminator v.3.1 Cycle Sequencing Kit, and run on an ABI 3730 DNA Analyzer (both Applied Biosystems, Carlsbad, CA). Sequences were analyzed with 4Peaks (https://nucleobytes.com/4peaks/index.html).

Functional Assessment of the *KCNQ1* p.V173D Variant *Site-Directed Mutagenesis*

The p.V173D variant was performed on a plasmid containing a 710-bp region (encoding amino acids 1-237) of KCNQ1 with the QuikChange Lightning Multi-site kit (Agilent) using the primer 5'GCAGGTGTTTGCCATGTCGGCCATCAGGG3'. The mutated region of KCNQ1 was subcloned using restriction enzymes Clal and Bsu36l into an expression vector (pIRES2-EGFP) containing full-length KCNQ1:internal ribosome entry site (IRES):green fluorescent protein (GFP), and the wild-type and mutant sequences were confirmed. Plasmids were transfected into CHO cells using Fugene 6 (Promega) following manufacturer's instructions. Wild-type or p.V173D pIRES2-GFP KCNQ1 plasmids were cotransfected in equimolar ratios with a pIRES2-dsRed expression plasmid expressing wildtype KCNE1 (the I_{Ks} accessory subunit). Two days after transfection, cells expressing both KCNQ1 in green and KCNE1 in red were selected with fluorescent lights for electrophysiologic functional studies.

Electrophysiologic Functional Studies

Whole-cell voltage clamp experiments were performed at room temperature (22 °C-23 °C) using a patch-clamp system: MultiClamp 700B amplifier, 1350 DigiData, and data acquisition software pClamp 10.7 (Molecular Devices Inc, Sunnydale, CA). Patch glass microelectrodes with 3 to 5 m Ω were used to patch cells. The pipette (intracellular) solution contained (in mmol/L): KCl 110, MgCl₂ 1.0, ATP-K2 5.0, 1,2,-bis(o-aminophenoxy)ethane-N,N,-N0,N0-tetraacetic acid (BAPTA)-K4 5.0, and HEPES 10, with the pH of 7.2, adjusted with KOH. The extracellular solution contained (in mmol/L): NaCl 145, KCl 4.0, MgCl₂ 1.0, CaCl₂ 1.8, glucose 10, and HEPES 10, with the pH of 7.4, adjusted with NaOH. Data acquisition was performed using pClamp 10.7, sampling at 1 kHz, and low-pass filtered at 5 kHz. Activating current was elicited with 5-s depolarizing pulses from a holding potential of -80 to 80 mV at 20-mV increments, and deactivating tail current was recorded on return to -40 mV. The voltage-clamp protocol is shown in Figure 2A. Pulses were delivered every 30 s. I-V relationships were analyzed by fitting the Boltzmann equation to the data: $I=I_{max}/{1+exp[(V_t-V_{1/2})/k]}$, where I_{max} is the maximal current, V_t is the test potential, V_{1/2} is the membrane potential at which 50% of the channels are activated, and k is the slope factor. Current densities in picoamperes per picofarad (pA/pF) were obtained after normalization to cell surface area calculated by the Membrane Test in pClamp 10.7.

Statistical Analysis

Functional $I_{\rm Ks}$ analysis data are expressed as mean±SEM. For comparisons of 2 groups of data, 1-way repeated-measures ANOVA incorporated in the Ultimate Software for Analysis & Graphing (OriginPro version 8.5.1; OriginLab Corp, Northampton, MA) was used to analyze the $I_{\rm Ks}$ densities at individual testing membrane potentials. A *P*<0.05 or 0.01 is considered statistically significant.

RESULTS

Clinical Case

We investigated a nonconsanguineous Estonian family who had experienced 5 live births, intersected by 3 early pregnancy losses and 6 fetal deaths (Figure 1A and Table 1). Three miscarriages occurred in the second trimester, at 14+5, 17+0, and 18+0 gestational weeks. Detailed health evaluation of the couple for known clinical risk factors of RPL was performed after the third miscarriage (maternal and paternal age at assessment, 26 and 32 years, respectively). Both partners had a normal karyotype and negative repeated test results for genital tract infections (urogenital chlamydia, gonorrhea, ureaplasmosis, and mycoplasmosis). The proband (subject II-1, referring to second generation, first case; Figure 1A) has a normal regular menstrual cycle (27-29 days) and no major uterine anomalies (based on repeated ultrasonography and hysterosonogram) and endocrinological disorders (diabetes mellitus, hypothyroidism/hyperthyroidism, hyperprolactinemia, and hyperhomocysteinemia; Table S1). Maternal antiphospholipid syndrome (anticardiolipin antibodies, B-2 glycoprotein 1 antibodies, and lupus anticoagulants) and risk variants predisposing to thrombophilia, factor V Leiden (MIM: 612309, F5 p.R534Q, rs6025), and factor II prothrombin deficiency (MIM: 176930, F2 c.G20210A, rs1799963) were excluded.

Autopsies, performed in 4 of 6 fetal death cases, were normal; and all these fetuses had a normal karyotype. Also, screening of pathogenic submicroscopic chromosomal variants did not result in any clinically relevant findings for either of the partners or 2 miscarried products of conception included into this analysis (cases III-5 and III-8; Figure 1A).^{22,23} Available pathohistological reports for the placental tissues of 3 late miscarriages (14–18 gestational weeks) excluded placental inflammation as a contributing factor, but signs of focal delayed placental maturation and circulatory complications were reported (Table 1). Four live-born sons of the couple have no congenital malformations (Table 2). However, their daughter (subject III-12) was diagnosed at the age of 3 years with congenital ventricular septal



Figure 2. *KCNQ1* mutation p.V173D caused a loss of cardiac I_{Ks} function.

A and **B**, Typical I_{KS} traces recorded in CHO cells in which either wild-type (WT) *KCNQ1* or V173D were coexpressed with WT KCNE1. **C** and **D**, I_{KS} steady-state and tail current densities in the 2 groups of cells (n=10 each). The mutant channel p.V173D significantly reduced total I_{KS} steady-state and tail currents with a dramatic positive shift of the voltage dependence of activation, by \approx 10 mV (*P*<0.05). Current densities were expressed in pA/pF after normalization of current amplitude to cell capacitance. The voltage clamp protocol is shown in the insert.

defect (2-degree murmur) with spontaneous closure by the age of 7 years (Data S1).

Genetic Analysis of the Proband and 3 Miscarried Fetuses

The pedigree structure suggested a possible genetic predisposition to RPL on the maternal side of the family as early pregnancy complications had been reported also for the proband's mother (I-1; ectopic pregnancy) and sister (II-3; miscarriage) (Figure 1A). An alternative scenario to explain the extensive series of pregnancy losses was pathogenic combinations of maternal and paternal rare recessive variants in all miscarried conceptuses. We performed WES using genomic DNA extracted from the maternal blood and 3 available miscarried products of conception (Figure 1A). No pathogenic variants were identified in any of these samples in genes previously reported in WES studies of RPL

cases.^{10,24} In the joint assessment of the WES data sets of 3 aborted fetuses, also no shared homozygous or biallelic rare disease-causing coding or splicing variants were detected (Figure S1 and Table S2). For the analysis of the proband's WES data set, we applied the PSAP pipeline that has been specifically developed for the filtering and pathogenic variant prioritization of n-of-1 exome data sets.^{11,19} When considering only rare variants (minor allele frequency, <0.001) with high scores of possible functional effect (Combined Annotation-Dependent Depletion score $\geq 20^{25}$) and PSAP statistical significance threshold $P \le 0.005$, most retained variants in the proband were recessive and classified on the basis of the American College of Medical Genetics and Genomics guidelines²¹ as variants of uncertain significance. A single likely pathogenic variant was identified: an ultrarare missense heterozygous change c.518T>A (p.V173D, rs199472695) in the KCNQ1 gene (MIM: 607542) (Figure 1B and Table S3).

lable 1. Recu	rrent Pregn	ancy Loss His	story of the P	roband				
Pregnancy loss identifier	Maternal age, y	Gestational age	Karyotype	Pregnancy data	Fetal malformations	Placental phenotype	Microdeletions/ duplications*	KCNQ1 c.518T> <u>A</u>
III-3	25	5 wk	NA	Empty sac pregnancy loss	NA	NA	NA	NA
III-4	25	10 wk, 5 d	NA	Fetal death	NA	NA	NA	NA
III-5	26	14 wk, 5 d	46,XX	Vanishing twin at 6–7 wk, fetal death at 14 wk+5 d	Not detected	Focal delayed maturation and circulatory disorders, no inflammation	Not detected	ТТ (WT)
8-III-6	26	4.5 wk	NA	Biochemical pregnancy loss	NA	NA	NA	NA
L-1	26	6 wk	NA	Yolk sac pregnancy loss	NA	NA	NA	NA
III-8	27	12 wk	46,XY	Fetal death	NA	NA	Not detected	NA
6-III	28	17 wk	46,XX	Fetal death	Not detected	Focal thrombotic vasculopathy, abundant erythroblasts in placental vessels, may indicate fetal anemia, no inflammation	NA	Ā
III-13	66	18 wk	46,XX	Fetal death	Left hand mild clinodactyly, low-lying ears, asymmetric fetal growth restriction	Hypercoiling of umbilical cord (coiling index, 0.61), normal finding with some postmortem changes: minimal villous fibrosis, no inflammation	NA	Ā
III-14	40	11 wk, 3 d	46,XX	Fetal death	Not detected	NA	NA	TT (WT)
NA indicates not *On the basis of	assessed; and the analysis us	d WT, wild type. sing chromosoma	il microarray.					

In applying the same variant filtering pipeline for the individual fetal exomes, 2 of the 3 analyzed pregnancy loss cases (III-9 and III-13) also carried the *KCNQ1* p.V173D substitution. No additional (likely) pathogenic variants were identified in fetal exomes (Table S4).

Recurrent Pregnancy Loss and Concealed LQTS1

The KCNQ1 p.V173D variant is absent from all population-based human genetics public databases, but is in ClinVar (accession identifier: VCV000053057). It was reported in one individual diagnosed with type 1 long-QT syndrome (LQTS1; MIM: 192500),²⁶ characterized by a prolonged QT interval in the ECG. This represents a high risk to syncope or sudden death from cardiac arrhythmia.²⁷ LQTS1 condition is inherited in an autosomal dominant manner with reduced (30%-40%)²⁸ penetrance and variable expressivity between as well as within families.^{29,30} More recently, channelopathy genes have also been considered as relevant candidates for unexplained stillbirth and pregnancy losses without fetal anomalies.³¹⁻³³ In the index family, the KCNQ1 p.V173D variant was also identified not only in 2 of the 3 analyzed pregnancy losses (III-9 and III-13), but also in 2 live-born children of the couple (III-11 and III-12) and the sister of the proband (II-3; Figure 1A and 1B).

Cardiological Assessment of the *KCNQ1* p.V173D Variant Carriers

In retrospective assessment of clinical data gathered during the monitored pregnancies of the proband, the only documented symptoms possibly indicating a cardiovascular phenotype were at 17 to 18 weeks of pregnancy III-13. The patient presented transient hypertension, swelling of feet-hands, palpitations, and sweating at night for a couple of weeks, and she was administered labetalol (nonselective β -blocker and selective α 1-blocker). The symptoms were interpreted as psychosomatic reaction to fetal loss.

After the genetic diagnosis, follow-up clinical interviews and monitoring of cardiac function were performed for the family members carrying the pathogenic KCNQ1 p.V173D variant: the proband, her sister, and 2 children. During the cardiac health assessment, the proband (aged 41 years) and her sister (II-3; aged 38 years; diagnosed with chronic magnesium deficiency) were taking magnesium and potassium supplements. Both sisters have reported occasional palpitations, faintness, and presyncope during physical or emotional stress. The proband's ECG showed normal sinus rhythm (heart rate, 84 beats per minute; electrical axis, 62°) and no abnormal repolarization and depolarization, but a borderline QT prolongation (the heart-rate corrected QT interval based on the Bazett's formula [QTcB], 475 ms, compared with the threshold of normal QTcB <450 ms in women;³⁴ Data S1). In addition, the proband was assigned to a 24-hour Holter monitoring

Live birth				Newbo	rn	Childhood		
Identifier	Maternal age, y	Gestational week	Pregnancy	Sex	Weight, g*	Health problems	QTcB, ms	<i>KCNQ1</i> c.518T> <u>A</u>
-1	20	39	Uncomplicated	Воу	3300	Atopic dermatitis, asthma, minor scoliosis		TT (WT)
III-2	24	38	Uncomplicated	Boy	3600	Minor sport injuries		TT (WT)
III-10	29	37	Administration of enoxaparin [†]	Воу	3364	Atopic dermatitis, umbilical hernia (surgery at the age of 8 y)		TT (WT)
III-11	30	40	Administration of enoxaparin [†]	Boy	3395	Appendicitis (surgery at the age of 4 y), minor sport injuries	442/438 (11 y)‡	T <u>A</u>
III-12	33	38	Administration of enoxaparin [†]	Girl	3344	Napkin dermatitis, congenital ventricular septal defect (asymptomatic, detected accidentally by auscultation at the age of 3 y [2-degree murmur], spontaneous closure by the age of 7 y)	420/428 (7/8 y) [§]	T <u>A</u>

Table 2. Clinical Characteristics of the Proband's Live-Born Children

WT indicates wild type; and QTcB, corrected QT interval estimated using the Bazett formula.³⁴ *All normal vaginal deliveries.

[†]Because of focal delayed maturation of villi and circulatory disorders for pregnancy loss case at 14 weeks 5 days (III-5) and focal thrombotic vasculopathy for pregnancy loss at 17 weeks (III-9), low-molecular-weight heparin enoxaparin as a preventive management measure of recurrent abortions was administrated during subsequent pregnancies.

[‡]Lying/sitting position.

§Two assessments at the ages of 7 and 8 years.

that also revealed prolonged QT interval corrected for the heart rate (QTc) at nighttime. The longest QT interval corrected for the heart rate at night was measured 534 ms, whereas the longest daytime QT interval corrected for the heart rate was 508 ms (including daily exercises; Data S1). Currently, the patient has been referred to a thorough cardiological workup. To date, no ECG pathological feature has been detected for the proband's sister (detailed report unavailable because of residency abroad).

The proband's daughter (III-12) was diagnosed at the age of 3 years with a ventricular septal defect that was confirmed to have closed on its own by the age of 7 years at the follow-up cardiology visit. She has complained of occasional chest pain at resting state, occurring more frequently during school period. Although she had normal ECG (aged <15 years: reference threshold of normal QTcB <440 ms), a minor sinus arrhythmia was detected (heart rate, 68 beats per minute; axis, 57°; PR, 133 ms; QRS, 69 ms; QTcB, 428 ms; normal depolarization and repolarization; Data S1). Therefore, a follow-up cardiac assessment in 5 years was suggested by the managing pediatric cardiologist. The proband's youngest son, III-11 (aged 11 years), received a pediatric cardiologist's assessment after the genetic diagnosis of LQTS1. Also in his case, the ECG was normal, but in lying position a minor sinus arrhythmia was reported (heart rate, 66 beats per minute; axis, 79°; PR, 120 ms; QRS, 82 ms; QTcB, 442 ms; normal depolarization and repolarization; standing: heart rate, 71 beats per minute; QTcB, 438 ms) and a follow-up visit was scheduled in 1 year.

In Vitro Functional Effect of the *KCNQ1* p.V173D Variant

To establish whether the KCNQ1 p.V173D variant confers identifiable functional defects, we performed in vitro electrophysiological studies using the whole cell patch-clamp technique. The KCNQ1 variant p.V173D was engineered in a recombinant K_v7.1 potassium channel plasmid vector and heterologously coexpressed with KCNE1 cDNA in CHO cells to assess its functional consequence (see Methods for details). Compared with the wild-type channel (Figure 2), the mutant channel p.V173D statistically significantly reduced total activating and deactivating currents (P<0.01), with dramatically positive shift of voltage dependence of activation by $\approx 10 \text{ mV}$ (P<0.05). Thus, K_v7.1-V173D causes a loss of function and marked attenuation of $I_{\rm Ks}$, classifying KCNQ1 p.V173D (c.518T>A) as a pathogenic variant. Furthermore, we examined the responses of wild type-I_{Ks} and the KCNQ1 variant p.V173D-I_{ks} to β-adrenergic receptor agonist isoproterenol (1 μ mol/L). As shown in Figure S2, wild type- I_{KS} was dramatically increased by isoproterenol, a wellrecognized effect in agreement with previous studies.35,36 However, the variant p.V173D-1_{Ks} was slightly enhanced by isoproterenol.

DISCUSSION

The current study uncovered concealed maternal LQTS1 as a potential novel cause behind recurrent fetal loss. Exome sequencing analysis of the

KCNQ1 function ^{29,40,42}
K+ homeostasis maintenance needed for electrolyte and hormone transport
KCNQ1 forms the slowly activating voltage-gated potassium ion channel $I_{\rm KS}$ in the heart by coassembly with KCNE1
Depends on the tissue and available subunits (KCNE1–5) that drastically modify the channel kinetics
KCNQ1 expression in human (ProteinAtlas and Wang et al ⁴⁰)
One heart-specific isoform
Other isoform ubiquitously expressed
Diseases related to loss of function in human (OMIM)
LQTS1; causes syncope and sudden death in response to exercise or emotional stress (AD or incomplete penetrance)
Familial atrial fibrillation; causes palpitations, syncope, thromboembolic stroke, and congestive heart failure (AD)
Short-QT syndrome; causes syncope and sudden death (AD)
Jervell and Lange-Nielsen syndrome; characterized by congenital deafness and prolongation of the QT interval (AR)
Relevance to pregnancy complications
Women with LQTS are at increased risk for fetal death and IUGR caused by placental or myometrial dysfunction ⁴⁴
KCNQ1 is important for contractile function of the uterine smooth muscle and vascular tone regulation in pregnancy ^{45,46}
Stillbirth47
Sudden infant death syndrome ⁴⁸
Trophoblast differentiation ⁴⁹

AD indicates autosomal dominant; AR, autosomal recessive; IUGR, intrauterine growth restriction; LQTS1, type 1 long-QT syndrome; OMIM, Online Mendelian Inheritance in Man; and RPL, recurrent pregnancy loss.

proband, who had experienced 9 pregnancy losses, identified a heterozygous nonsynonymous variant, resulting in p.V173D in the ion channel gene KCNQ1 (rs199472695). Before, this variant has only been identified once in an individual with LQTS1.26 KCNQ1 encodes the K_v7.1 potassium channel protein that forms homodimers and heterodimers with other K+ channel proteins. Its functional role is best known in the heart, where it coassembles with KCNE1 to form the slowly activating voltage-gated K+ channel $I_{\rm Ks}^{37-39}$ (Table 3). K_v7.1 consists of 6 transmembrane segments, termed as S1 to S6 (Figure 1C).⁴⁰ The residue V173 is located in the first C-loop between segments S2 and S3 and is the only naturally occurring variant at this position (Figure 1C and 1D). According to VarSite server,⁴¹ a Val to Asp residue change has a high "disease propensity" value of 2.81. The propensities measure how much more frequently a variant is seen in diseases than in the natural variant data obtained from Genome Aggregation Database¹⁷ (values range from 0.25 [I>V] to 3.27 [C>R]). Supporting the critical function of this K_v7.1 region, ClinVar (accessed March 2021) lists 38 likely pathogenic/pathogenic variants for 27 residues between amino acids 169 and 196 (S2-S3 C-loop). In

addition, K_V7.1 interacts with calmodulin through residues in the S2 to S3 loop. This interaction is important for channel assembly, trafficking, and channel gating.⁴² The p.V173D change could affect the binding of calmodulin and thus impair channel function. The functional assessment in vitro supported the pathogenicity of the variant, leading to the dysfunctional $I_{\rm Ks}$ channel. Compared with the wild-type– $I_{\rm Ks}$ channel, the current of the variant-expressed p.V173D- $I_{\rm Ks}$ channel is less sensitive to β -receptor stimulator isoproterenol. The β -receptor stimulator defined with intracellular cAMP-Protein kinase A (PKA) mediated phosphorylation of the channel protein.⁴³ The mechanism underlying lower sensitivity of the V173D channel to isoproterenol remains to be studied.

In addition to the proband, the KCNQ1 p.V173D variant was also identified in 2 of the 3 second-trimester miscarriages (III-9 and III-13), 2 live-born children (III-11 and III-12), and the sister of the proband (II-3; Figure 1A and 1B). Therefore, it can be concluded that a fetus carrying a pathogenic KCNQ1 variant is not per se at risk to miscarriage. Consistent with our data, a retrospective study by Cuneo et al (2020), targeting 148 pregnancies of patients with LQTS, showed that maternal, not fetal, pathogenic variants in LQTS genes, especially in the KCNQ1, confer increased risk for fetal deaths.⁴⁴ This analysis showed that pregnancies were significantly more likely to end in miscarriage or stillbirth with maternal rather than paternal LQTS condition (24.4% versus 3.5% of gestations, respectively). Interestingly, 2 of 3 women who reported \geq 2 pregnancy losses in that study also carried pathogenic variants located in one of the C-loops of the encoded protein, as the KCNQ1 p.V173D variant described in the current report (Table 4). Important for the clinical management of pregnant women with cardiac arrhythmias, there is evidence that pathogenic variants in LQTS genes may represent a shared cause of (late) fetal deaths and stillbirths. For example, the KCNQ1 c.1189C>T, p.R397W variant has been reported in a case with fetal intrauterine death at 16 gestational weeks,³¹ as well as in a stillbirth case at 27 gestational weeks.33 Similarly, the KCNQ1 c.1766G>A, p.G589D variant was identified in women who have experienced ≥ 1 miscarriage(s) and also a stillbirth (Table 4).44

It has been reported that 66% of LQTS1 carriers inherited the variant from their mother and 39% (versus expected 25%) from their maternal grandmother.⁵⁰ Also in the index family, the deceased mother of the proband (I-1) was a highly likely carrier of the *KCNQ1* p.V173D variant, passing it on to both of her daughters (Figure 1A). As an important fact, she died already at the age of 34 years, shortly after the diagnosis of thyroid cancer. Apart from the hereditary conditions, thyroid cancer mortality rate in developed countries is low and strongly related to age, with the highest rate

Nucleotide change*	Protein change*	<i>rs</i> number	gnomAD MAF	Location in protein	Fetal losses, n	Gestational weeks	ACMG ²¹	Ref	ClinVar: reported in LQTS
Maternal long-QT	genotype (feta	l genotype not ava	ailable)						
c.518T>A	p.V173D	rs199472695	NA	S2-S3 C-loop	9	10.8±5.0	LP	This study	Yes
c.551A>C	p.Y184S	rs199473397	NA	S2-S3 C-loop	3	10.1±3.4	Pathogenic	44	Yes
c.760G>A	p.V254M	rs120074179	NA	S4-S5 C-loop	2	10.1±3.4	Pathogenic	44	Yes
c.1766G>A [†]	p.G589D	rs120074190	4.96×10 ⁻⁵	C-terminus	3 women with 3, 1, 1 [‡] fetal losses, respectively	10.1±3.4	Pathogenic	44	Yes
c.1771C>T	p.R591C	rs199473483	3.98×10 ⁻⁶	C-terminus	1	10.1±3.4	LP	44	Yes
Fetal long-QT gei	notype in secon	id-trimester misca	arriages (materr	nal genotype not	t available)				
c.847G>A	p.A283T	NA	NA	S5-S6 linker	NA	15.7	LP	31	No
c.1189C>T§	p.R397W	rs199472776	1.88×10 ⁻⁴	C-terminus	NA	16.0	LP	31	Yes

Table 4. KCNQ1 Genotypes Linked to Fetal Deaths

ACMG indicates American College of Medical Genetics and Genomics; gnomAD, Genome Aggregation Database; LP, likely pathogenic; LQTS, long-QT syndrome; MAF, minor allele frequency; NA, not applicable; and Ref, literature reference.

*According to transcript NM_000218.2, ENST00000155840.

[†]In gnomAD, 14 carriers (8 females) among 141, 171 subjects vs 3 of 60 women with type 1 LQTS, who all had experienced fetal losses and/or stillbirths.⁴⁴ [‡]One woman had experienced a miscarriage and a stillbirth.⁴⁴

§Also reported in a stillbirth case (gestational week 27+4).33

in people aged \geq 75 years.⁵¹ However, certain thyroid disorders and several drugs used as supportive care therapy in patients with cancer are associated with prolonged QT interval.⁵²⁻⁵⁴ It cannot be excluded that thyroid cancer or chemotherapy could have brought on an arrhythmia, causing her death at such a young age.

The occurrence of asymptomatic carriers in this family is not unexpected as 37% of *KCNQ1* mutation carriers do not have abnormal ECGs or experience any symptoms of LQTS-related arrhythmias.²⁸ In patients with C-loop missense mutations compared with other pathogenic variant carriers, 2-fold higher rate of life-threatening cardiac events has been reported.⁵⁵ However, although associated with a higher risk of severe cardiac events, C-loop pathogenic variant carriers have a pronounced response to β -blocker therapy.⁵⁵ This knowledge of allelic heterogeneity in response to therapy is valuable to ensure proper clinical management to prevent severe symptoms.

 $K_V7.1$ K+ channel protein encoded by *KCNQ1* wears many hats by performing various cellular tasks in the inner ear, kidney, intestine, colon, thyroid, brain, as well as airways to regulate the electric activity or maintain K+ homeostasis needed for electrolyte and hormone transport (Table 3).^{37,56} Thus, it is anticipated that *KCNQ1* mutations may lead to complex and pleiotropic consequences. There are limited data on the role of K+ channels and specifically on K_V7.1 in the normal function and physiology of female reproductive organs.

The current study data suggest that mutations affecting K_v7.1 function may affect placental or uterine function. Lundquist et al (2006) have shown that KCNQ1 is expressed in the uterus together with KCNE1a in the relative absence of other KCNE genes, suggesting the possible generation of an I_{Ks} channel complex that is involved in uterine physiology.⁵⁷ Dysfunctional channel may lead to vasoconstricted uterine arteries, causing insufficient uteroplacental blood flow (Table 3).⁴⁵⁻⁴⁹ This is consistent with the placental phenotypes of the fetal losses that displayed focal delayed maturation and circulatory disorders, thrombotic vasculopathy, as well as intrauterine growth restriction in one case (Table 1). A pathogenic variant in another LQTS gene, KCNJ2, has just recently been reported in a female unexplained intrauterine death with fetal thrombotic vasculopathy.³² Future studies are needed to fully understand the contribution of proteins regulating K+ homeostasis in pregnancy success and failure.

As an additional observation, in the index family, 4 of 5 pregnancy losses with known sex were female and vice versa 4 of 5 live-born children of the proband are boys. Progesterone and testosterone are known to have protective effects against arrhythmias, attributable to vasorelaxant effect, whereas estradiol exerts a proarrhythmic effect.⁵⁸ Testosterone levels in amniotic fluid are significantly higher in male fetuses during weeks 12 and 18.⁵⁹ This has been proposed as the cause of female predominance in LQTS⁵⁰ and could also explain the sex differences in miscarriages and live-born children in this family.

In summary, the current study uncovered a potential novel cause behind RPL and fetal death. WES revealed a rare maternal pathogenic variant p.V173D in KCNQ1 as a possible cause to explain her extensive series of miscarriages. KCNQ1 variants have been predominantly analyzed in patients with the diagnosis of LQTS, and reproductive history is rarely if at all reported in these individuals. To date, no familial studies on the link between RPL and LQTS1 have been performed, although first-degree relatives of women with RPL have been shown to exhibit an increased risk of cardiovascular disease.^{8,9,60,61} Our study emphasizes the value of personalized medicine and the importance of in-depth assessment of all potentially causative genotype-to-phenotype links. The findings of the current study have had an impact not only on the proband, but also on the long-term clinical monitoring and counseling of a large number of family members. Genotype-positive, phenotype-negative children should be watched carefully and not be exposed to any exogenous risk factors, such as competitive sports⁶² or QT-prolonging drugs.^{63,64} In the era of WES, early detection of pathogenic variant carriers facilitates timely monitoring, treatment, and prevention of serious cardiac arrhythmias and, in extreme cases, sudden death. Globally, identification of novel genetic determinants of RPL reduces the number of idiopathic cases and is expected to have major individual patient impact with respect to counseling and treatment.

ARTICLE INFORMATION

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Supplementary Material

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SUPPLEMENTAL MATERIAL

Data S1.

Clinical Phenotyping

Proband

Clinical assessment of the proband was performed at the Women's Clinic of Tartu University Hospital (TUH, Table S1). Laboratory test were performed at the United Laboratories, TUH.

Table S1	. Maternal	clinical	characteristics
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	Matamaal	Desults	Defenence
	Maternal	Results	Reference
	age at		
	assessment		
	(years)		
Lifestyle factors			
Body mass index (non-	25-40	22-24 kg/m ²	19-25 kg/m ²
pregnant state)		5	5
Smoking		never	
Diot		no rostrictions	
Diel Anotomical factors		norestrictions	
Anatomical factors	00.40		
Ultrasonography	26-40,	normal	
	every 1-2		
	year		
Hysteroscopy	26	normal	
Hormonal factors			
Thyroid stimulating	26: 38	1.80: 2.13 mU/L	0.27 4.20 mU/L
hormone	-)	,	
Free thyroxine	26 [.] 38	17.5 [.] 14.6 pmol/l	12.0 22.0 pmol/l
Prolactin	26:38	334: 256 ml 1/l	102_496 mLI/l
Progesterene (luteal phase)	20, 30	34 5 30 0: 41 6	5 20 86 00 pmol/l
Fiogesterone (lutear phase)	20, 33, 30	54.5, 50.9, 41.0	5.50 80.00 mm0i/L
Autopatikastias			
Autoantibodies	00	4 H I / I	
Anticardiolipin antibodies	26	4 IU/ML	<12 IU/mL
Anticardiolipin antibodies	38	0.9 kU/L	<10 kU/L
IgM			
Anticardiolipin antibodies	38	1.1 kU/L	<10 kU/L
IgM			
Beta-2 glucoprotein	33	negative	negative
antibodies		-	-
Beta-2 glucoprotein	38	<2.9 kU/L	<10 kU/L
antibodies IgM			
Beta-2 glucoprotein	38	0 7 kU/l	<10 kU/l
antibodies InG			10 110/2
	26.38	17·10 kH/I	<31 k1 1/1
	20, 30		
Lupus antibodies	30	negative	negative
Pland an autotion			
Diolou coaguiation	26	04	62 1469/
Protein S antigen, free	20	94	
Protein C activity	26	133	75-135%
Antithrombin III activity	26	125	75-135%
Othersteate			
Other tests	00.00	7500 1	40.0
Homocysteine	26,38	7.5; 9.3 μmol/L	<12.0 µmol/L

Fasting glucose	every pregnancy	< 5.1 mmol/l	<5.1 mmol/L
Vitamin D	26; 38	75; 81 nmol/L	>50 nmol/L
Urogenital tract infections			
Chlamydiosis	every pregnancy	negative	negative
Gonorrhoa	every pregnancy	negative	negative
Trichomonosis	26;38	negative	negative
Mycoplasmosis	26; 38	negative	negative
HIV	every	negative	negative
	pregnancy		
Genetic factors			
Karyotype of both partners	26/32 partner	46 XX/46 XY	46 XX/46 XY
Factor V (Leiden)	26	Major allele	
p.Arg506Gln, rs60254			
Factor II (prothrombin)	26	Major allele	
c.G20210A, rs179996341			

Electrocardiograms

ECG report of the proband was initially assessed by Dr. Anne Kirss, a specialist in internal diseases and obstetric medicine at the Women's Clinic of Tartu University Hospital. Additionally, the ECG reports were re-analyzed using Medilog Darwin Enterprise software ver. 2.9.2 (Schiller AG, Switzerland) and evaluated by Dr. Piibe Muda, a cardiologist specialized to rhythmology (Dept. of Clinical Physiology, Cardiology Clinic of Tartu University Hospital).

The proband has been subjected to ECG twice:

- at the age of 37 (heart rate 60 beats per minute, sinus rhythm, no abnormal re- and depolarization)
- at the age of 41 (see pp.3-6 detailed clinical reports, including Holter monitoring).

QTc was estimated using the Bazett formula.⁶⁴ For females, normal range of QTcB is considered <450 ms, borderline 451-470 and prolonged >470 ms. For children under the age of 15, normal range of QTcB is considered <440 ms, borderline 441-460 and prolonged >460 ms.



24-hour Holter-monitoring:



SA TÜ Kliinikum Südamekliinik, rütmihäirete os. Puusepa 8, F507 Tartu 50406

PROBAND

Patient Details

Name ID Age Gender Address Phone PROBAND

Case number Rec. start Length Recorder Ref.Doc. Contact

Heartrate and HRV

11.06.2020 09:47:58 24:00:15 valid: 23:54:54 AR12plus BT (12584/6.6 / 3.20)

Reason f. rec Current Therapy Recom. Therapy

General

oonorai		nour du
Beats	108880	Min. HR / maxRR 52 bpm @ 07:23:23 / 1215,5 ms
V beats	1 (0,00%) PROBAND	Max. HR / minRR 137 bpm @ 15:30:24 / 400,7 ms
Normal beats	108879 (100,00%)	Min. SinHR /maxNN 51,9 bpm / 1215,5 ms
Paced beats	0 (0,00%)	ØHR 76 bpm
BBB	0 (0,00%)	Ø HR Day 80 bpm
Junction	0 (0,00%)	Ø HR Night 70 bpm
AFib	0	Beats in Tachy 506 (125 bpm) 0,3%
AFL	0	Beats in Brady 0 (45 bpm) 0%
Artefacts%	0,37%	Longest Pause sec @
Length:		Longest QTc 40,4 sec / QTc: 534 msec @
ECG 1	23:52:27	12.06.2020 02:10
ECG 2	23:51:39	
ECG 3	23:53:39	

Ventricular E	vents	Supraventric	Supraventricular Events		
V ectopic beats	1	Pause	0		
Couplets	Mono: 0 Poly: 0	Tachycardia	3		
Triplets	0	Most severe SVT	130,8 sec (defined by length) with 137 bpm @ 11.06.2020 15:29		
Isolated V	0	Bradycardia	0		
Bigemini	0	Most severe Brady	/ sec		
Trigemini	0	SV Couplet	0		
VT	0	SV Triplet	0		
Most severe VT		PSVT	0		
NSVT	0	Irreg. Rhythm	0		
Salvo	0	SVES	2 (0,00%)		
IVR	0	N-SVES	108877 (100,00%)		

Diagnosis

Normal sinus rhythm, no pauses, daily average 76 beats per minute. A few extrasystols. Borderline QT intervall. QT-c is prolonged at night, the longest QTc 534 ms (2:10 am). The longest QTc 508 ms at day time (incl. after daily exercises).

Details of Holter monitoring



Pause		
VT		
IVR		
Salvo		
Trigeminy		
Triplet		
SVES		
SV Couplet		
SV Triplet		
VES	 	
Tachycardia		
Bradycardia		
PSVT		
Poly. Couplet		
Bigeminy		
Isolated V		
Mono. Couplet		
Irr. Rhythm		
NSVT		
BBB Episode		
AFib		
AFL		
AVI		
AV II type 1		
AV II type 2		
AVIII		
Long QT		
ST Depression		
ST Elevation		

Arrhythmia Trend

QT summary table

	Time	Total beats	QTc min	QTc max	QTc mean	
	Entire rec.	92092	367	534	471	· · · · · · · · · · · · · · · · · · ·
	Day	56607	367	508	465	
	Night	35485	372	534	480	
	09:47:58	3829	397	508	461	
	10:47:58	4279	442	482	460	
	11:47:58	4332	421	480	464	
	12:47:58	4007	392	501	466	
	13:47:58	3870	387	499	452	
Ð	14:47:58	727	384	492	431	
q	15:47:58	2910	367	479	461	
Та	16:47:58	4405	427	470	455	
\geq	17:47:58	4158	443	477	458	
lar	18:47:58	4377	451	486	466	
Ě	19:47:58	4308	403	496	474	
Ę	20:47:58	3950	369	491	460	
S N	21:47:58	4123	399	502	468	
F	22:47:58	4192	398	506	474	
0	23:47:58	3806	467	505	490	
	00:47:58	3795	472	506	488	
	01:47:58	3867	380	534	472	
	02:47:58	4115	372	497	474	
	03:47:58	3931	465	502	484	
	04:47:58	3791	402	506	488	
	05:47:58	3966	468	493	484	
	06:47:58	3894	439	498	483	
	07:47:58	3816	414	495	480	
	08:47:58	3644	440	492	478	-

Details of pregnancy loss pathology reports

All pathology examinations were performed at the Pathology Department of Tartu University Hospital and revised by Dr. Liis Salumäe.

Case III-5

Fetal death at 14 weeks and 5 days

Vanishing twin at 6-7 gestational weeks

Placenta: weight 20 g, focal delayed maturation and circulatory disorders, no inflammation, placental age corresponds to 13-14 gestational weeks

Fetus: weight 44 g, length 16.5 cm, female, no malformations

Case III-9

Fetal death at 17 gestational weeks

Placenta: weight 56 g, stroma of chorionic villi contain abundant Hoffbauer cells, focal thrombotic vasculopathy, abundant erythroblasts in placental vessels that may indicate fetal anemia, no inflammation.

Fetus: weight 56 g (corresponds to 15-16 weeks), length 15.4 cm (corresponds to 16-17 weeks), rump length 10.5 cm, foot 1.7 cm, female, no malformations. Lung tissue contains abundant erythroblasts, which may indicate fetal anemia.

Case III-13

Fetal death at 18 gestational weeks

Placenta and umbilical cord: weight 91.9 g, size 12x9.5x1.5 cm, marginal insertion of umbilical cord, length of umbilical cord 52 cm, coiling index 0.61 (normal range 0.07-0.3). Some typical postmortem changes: minimal villous fibrosis, no inflammation.

Fetus: weight 174 g (corresponds to 17-18 weeks), length 21.5 cm (corresponds to 18 weeks), rump length 15 cm, foot 2.6 cm, head circumference 14 cm, abdominal circumference 13 cm. Visual examination: left hand mild clinodactyly, low-lying ears.

Brain-liver ratio=4.7 (normal 3), indicates asymmetric fetal growth restriction. No malformations.

Detailed health data for live born children

Data about pregnancy course and deliveries were obtained from the medical case database of Tartu University Hospital and personal contact. Health data for children was obtained from interviews with the proband and electronic medical case history. Cardiac assessment of two children (III-11, III-12), both heterozygous carriers of the *KCNQ1* c.518T>A variant, was performed by Dr. Kristel Köbas, pediatric cardiologist, Children's Clinic of Tartu University Hospital.

III-1

Uncomplicated pregnancy and vaginal birth at 39 weeks, birth weight 3300 g, male. According to maternal data, there was fetal hypoxia and meconial staining of amniotic fluid. Atopic dermatitis and asthma since 1 months after birth, D-vitamin deficiency during infancy and minor scoliosis.

III-2

Uncomplicated pregnancy and vaginal birth at 38 weeks, birth weight 3600 g, male. No health problems during infancy and childhood except sport injuries: ear injury (at the age of 11 years), fracture of left big toe (at the age of 16 years).

III-10

Uncomplicated pregnancy and vaginal birth at 37 weeks, birth weight 3364 g, male. During pregnancy, low molecular-weight heparin enoxaparin was administered due to focal delayed maturation of villi and circulatory disorders for pregnancy loss case at 14 weeks and 5 days (III-5) and focal thrombotic vasculopathy for pregnancy loss at 17 weeks (III-9). Atopic dermatitis during infancy, scarlet fever (at the age of 6), injury of elbow (at the age of 4), surgical repair of umbilical hernia (at the age of 8).

III-11

Uncomplicated pregnancy and vaginal birth at 40 weeks, birth weight 3395 g, male. During pregnancy, low molecular-weight heparin enoxaparin was administered. During infancy bronchitis and asthma, surgery due to appendicitis (at the age of 4 years), sport injuries. Heterozygous carrier of *KCNQ1* c.518T>A variant.

Cardiac assessment at the age of 11:

No complaints, able to perform all physical activities and sports. No extra physical training. Weight 35 kg, height 155 cm, blood pressure systolic 106 mmHg, diastolic 66 mmHg.

Lying position: mild sinus arrythmia, heart rate 64 beats per minute

Standing position: normal rhythm, heart rate 80 beats per minute

No pathological murmurs.

ECG lying: sinus rhythm heart rate 66 beats per minute, axis +79 degree, PR 120ms, QRS 82ms, slightly prolonged QTcB 442 ms. De- and repolarization normal.

ECG standing: sinus rhythm heart rate 71 beats per minute, axis +73 degree, PR 115 ms, QRS 72ms, normal QTcB 438 ms.

Echocardiography: Four normal size chambers, no septal defects. The myocardial thickness of left ventricle normal, fractional shortening 39% (normal), ejection fraction 70% (normal). Normal function of valves. Physiological regurgitation at tricuspid valve and pulmonal valve. Pulmonal pressure normal.

Conclusion: No pathology.

III-11 lying position



III-11 standing position



III-12

Uncomplicated pregnancy and vaginal birth at 38 weeks, birth weight 3344 g, female. During pregnancy, low molecular-weight heparin enoxaparin was administered. Napkin dermatitis in infancy.

Congenital ventricular septal defect "swiss cheese" type - multiple small muscular defects. The defect was detected accidentally by auscultation at the age of 3 (2-degree murmur), spontaneous closure by age 7.

Heterozygous carrier of KCNQ1 c.518T>A variant

Cardiac assessment at the age of 7:

No complaints, able to perform all physical activities.

Weight 19 kg, height 123 cm, blood pressure systolic 95 mmHg, diastolic 61 mmHg.

Mild systolic murmur and mild respiratory arrhythmia.

ECG: sinus rhythm, heart rate 78 beats per minute, axis +46 degree. De- and repolarization normal.

Echocardiography: Four normal size chambers, no septal defects. The myocardial thickness of left ventricle normal, fractional shortening 37% (normal), ejection fraction 67% (normal). Normal function of valves. Physiological regurgitation at tricuspid valve and pulmonal valve. Pulmonal pressure normal. Extra chordae tendineae were detected at left ventricle that may explain mild murmur.

Conclusion: No pathology

Cardiac assessment at the age of 8:

Occasional chest pain at resting state, occurring more frequently during school period. She is able to perform all physical activities without any complaints.

Weight 24 kg, height 133 cm, blood pressure systolic 101 mmHg, diastolic 66 mmHg. No pathological murmurs at auscultation.

ECG: sinus rhythm, heart rate 68 beats per minute, PE 133 ms, QRS 69 ms, QTcB 427 ms, axis +57 degree. De- and repolarization normal.

Echocardiography: Four normal size chambers, no septal defects. The myocardial thickness of left ventricle normal. Normal function of valves. Physiological regurgitation at mitral valve. Pulmonal pressure normal.

Conclusion: No pathology

24-hour Holter: Normal sinus rhythm. 24-h average heart rate 76 beats per minute, minimal 47 beats per minute during sleep, maximum 153 beats per minute during exercise.

III-12



Gathered health data of the proband's sister, who is living abroad (II-3)

The proband's sister (age 38) has experienced one empty sac pregnancy loss followed by two uncomplicated pregnancies and vaginal deliveries (at age 32 and 34). She has had appendectomy at the age of 10 and tonsillectomy at the age of 23. She was diagnosed with myocarditis (age 24) and thyroid gland cyst (27). During recent years, she has had complaints for occasional palpitations and faintness; however, no pathology was found at electrocardiogram (age 38, detailed report unavailable due to residency abroad). She was also diagnosed with magnesium deficiency (detailed data is not available) and oral supplementation of both magnesium and potassium improved her status.

							ExonicFunc.	gnomAD_		1000g	
Chr	Start (hg19)	End	Ref	Alt	Rs number	Gene.refGene	refGene	genomes_ALL	ExAC_ALL	2015aug_all	ACMG
1	77515945	77515945	А	G	rs779329661	ST6GALNAC5	missense	6.5E-05	8.2E-06	NA	VUS
1	170952626	170952626	т	С	rs201549824	MROH9	missense	7.0E-04	4.0E-04	NA	VUS
1	183876214	183876214	G	А	rs752600877	RGL1	missense	6.5E-05	2.0E-05	NA	VUS
1	201181256	201181256	С	G	NA	IGFN1	missense	NA	NA	NA	VUS
2	65543962	65543962	G	А	rs141237945	SPRED2	missense	7.0E-04	7.8E-05	2.0E-04	VUS
2	85012801	85012801	С	Т	rs531681722	DNAH6	missense	1.0E-04	NA	NA	VUS
3	48667506	48667506	G	А	rs201569807	SLC26A6	missense	9.0E-04	5.0E-04	NA	VUS
3	151161276	151161276	С	т	rs770724810	IGSF10	missense	NA	1.6E-05	NA	VUS
5	14488046	14488046	G	А	rs773401747	TRIO	missense	6.0E-04	2.0E-04	NA	LB
5	36049244	36049244	А	G	rs200492917	UGT3A2	missense	2.0E-04	2.0E-04	NA	VUS
6	41621112	41621112	С	А	rs371572169	MDFI	stopgain nonframeshift	NA	6.6E-05	NA	VUS
6	43307372	43307380	GGTGGTGGA	-	rs563671976	ZNF318	deletion	2.0E-04	3.0E-04	6.0E-04	VUS
6	109752445	109752445	А	G	rs199983515	PPIL6	missense	3.0E-04	8.0E-04	6.0E-04	VUS
7	142749654	142749654	А	G	rs373694316	OR6V1	missense	9.7E-05	5.8E-05	NA	VUS
9	100693345	100693345	G	С	rs139664531	HEMGN	missense	7.0E-04	6.0E-04	NA	LB
11	102668000	102668000	G	А	rs773149802	MMP1	missense	NA	8.2E-06	NA	VUS
12	6939652	6939652	С	А	NA	P3H3	missense	6.5E-05	NA	NA	VUS
12	52828048	52828048	С	Т	rs146288298	KRT75	missense	4.0E-04	4.0E-04	2.0E-04	VUS
13	20220901	20220901	G	С	NA	MPHOSPH8	missense	NA	NA	NA	VUS
13	78143586	78143586	G	С	rs1280854840	SCEL	missense	1.0E-04	NA	NA	VUS
14	71199844	71199844	G	А	rs149935990	MAP3K9	missense	1.0E-04	1.0E-04	NA	VUS
14	95053962	95053962	А	С	rs1274092862	SERPINA5	missense	5.0E-04	NA	NA	VUS
16	136766	136766	С	Т	rs188724206	NPRL3	missense	6.5E-05	1.0E-04	NA	VUS
16	10637443	10637443	G	С	rs146745761	EMP2	missense	2.0E-04	9.1E-05	NA	VUS

 Table S2. Final list of shared variants in all pregnancy loss samples (all in heterozygous state)

16	67866375	67866375	G	А	rs892367026	CENPT	missense	NA	NA	NA	VUS
19	14518820	14518820	G	А	rs201291607	ADGRE5	missense	3.2E-05	2.5E-05	2.0E-04	VUS
19	58370042	58370042	С	т	NA	ZNF587	missense	NA	NA	NA	VUS
20	18286410	18286410	G	А	NA	ZNF133	missense	NA	NA	NA	VUS
20	36841679	36841679	G	А	rs867311806	KIAA1755	missense	3.2E-05	NA	NA	VUS
22	50298065	50298065	G	А	rs748537273	ALG12	missense	1.0E-04	1.0E-04	NA	VUS
22	50873472	50873472	G	А	rs144614869	PPP6R2	missense	4.0E-04	3.0E-04	NA	VUS
Х	48752372	48752372	G	А	rs142117152	TIMM17B	missense	8.0E-04	1.0E-03	NA	VUS
Х	68725840	68725840	G	А	rs201772031	FAM155B	missense	9.0E-04	4.0E-04	NA	VUS

LB, likely benign; VUS, variant of uncertain significance

	Stort				Gene. wgEncode	ExonicFunc. wgEncode	anom A D	anom A D		1000g			
Chr	(hg19)	Ref	Alt	Rs number	BasicV19	BasicV19	exome_ALL	exome_NFE	ExAC_ALL	all	PHRED	score	ACMG
1	11718846	Т	С	rs1259964802	FBXO44	missense	NA	NA	NA	NA	26	0.00351	VUS
1	156767115	С	G	NA	PRCC	missense	NA	NA	NA	NA	26	0.00087	VUS
2	74699557	Т	А	rs751976686	MRPL53	missense	8.15E-06	0	NA	NA	24	0.00074	VUS
2	113147677	G	А	rs572623209	RGPD8	stopgain	6.00E-04	0.0003	5.00E-04	2.00E-04	35	0.00147	VUS
2	241570199	А	G	rs201512343	GPR35	missense	4.06E-06	8.96E-06	NA	NA	26	0.00450	VUS
3	48667506	G	А	rs201569807	SLC26A6	missense	7.00E-04	0.0007	5.00E-04	NA	28	0.00349	VUS
3	57456183	G	А	rs765440022	DNAH12	stopgain	1.00E-04	0.0002	9.25E-05	NA	39	0.00401	VUS
3	159943576	Т	С	rs774658584	C3orf80	missense	7.00E-04	9.77E-05	1.00E-04	NA	27	0.00140	VUS
5	36049244	А	G	rs200492917	UGT3A2	missense	2.00E-04	0.0003	2.00E-04	NA	28	0.00119	VUS
6	41621112	С	А	rs371572169	MDFI	stopgain	5.32E-05	2.70E-05	6.61E-05	NA	38	0.00009	VUS
7	43594284	С	Т	rs202007423	HECW1	missense	0.001	0.0001	6.00E-04	NA	33	0.00464	VUS
8	66619295	С	А	rs1316653370	MTFR1	missense	0	0	NA	NA	25	0.00297	VUS
11	2591898	Т	А	rs199472695	KCNQ1	missense	NA	NA	NA	NA	29	0.00330	LP*
11	60609622	С	Т	rs199809991	CCDC86	stopgain	2.00E-04	0.0004	3.00E-04	NA	36	0.00144	VUS
11	118978769	G	С	rs772121984	DPAGT1	missense	4.54E-05	1.05E-05	2.67E-05	NA	28	0.00448	VUS
12	65237219	А	G	NA	TBC1D30	missense	NA	NA	NA	NA	24	0.00224	VUS
12	91449778	G	С	NA	KERA	missense	NA	NA	NA	NA	26	0.00072	VUS
13	96329519	С	Т	rs746295509	DNAJC3	missense	2.13E-05	4.66E-05	2.56E-05	NA	23	0.00420	VUS
14	35182602	С	Т	rs200536303	CFL2	missense	2.00E-04	0.0002	2.00E-04	NA	27	0.00048	VUS
14	75330314	А	G	rs199570102	PROX2	missense	8.00E-04	0.0005	9.00E-04	3.99E-04	24	0.00484	VUS
16	11781747	G	А	rs559217484	TXNDC11	missense	2.85E-05	2.69E-05	3.37E-05	2.00E-04	34	0.00180	VUS
16	15045631	G	А	rs201805072	NPIPA1	missense	3.00E-04	0.0001	2.00E-04	NA	20	0.00343	LB
16	68010634	С	Т	rs199567405	DPEP3	missense	2.00E-04	5.38E-05	3.00E-04	2.00E-04	35	0.00027	VUS
16	89857848	С	Т	rs371716550	FANCA	missense	4.07E-06	8.98E-06	8.46E-06	NA	32	0.00158	VUS
17	58143728	G	А	rs150364683	HEATR6	missense	6.00E-04	0.0006	5.00E-04	NA	35	0.00456	VUS
19	14518820	G	А	rs201291607	DDX39A	missense	2.44E-05	2.69E-05	2.49E-05	2.00E-04	22	0.00400	VUS

Table S3. Top variants called with high confidence in the proband (II-1) by the PSAP pipeline (all in heterozygous state)

19	18392033	G	С	rs1293425649	JUND	missense	NA	NA		NA	NA	24	0.00146	VUS
19	55597880	G	Т	rs200225675	EPS8L1	stopgain	2.00E-04		0.0005	4.00E-04	NA	42	0.00105	VUS
21	33739048	G	А	rs187485893	URB1	missense	5.00E-04		0.0006	6.00E-04	2.00E-04	34	0.00455	VUS
22	29927873	G	А	rs199572850	THOC5	missense	8.00E-04		0.0001	7.00E-04	3.99E-04	34	0.00079	VUS
Х	117861610	G	А	NA	IL13RA1	stopgain	NA	NA		NA	NA	35	0.00004	VUS

*ACMG tags: PM1, PM2, PP2, PP3 LB, likely benign; LP, likely pathogenic; VUS, variant of uncertain significance

Chr	Start (hg19)	Ref	Alt	Gene. wgEncode Gencode BasicV19	Rs number	ExonicFunc. wgEncode Gencode BasicV19	gnomAD_ exome_ALL	gnomAD_ exome_NFE	ExAC_ALL	1000g 2015aug_ all	CADD13_ PHRED	PSAP	ACMG	Number of carrier pregnancy losses
1	11718846	Т	С	FBXO44	rs1259964802	missense	NA	NA	NA	NA	26	0.00351	VUS	2
1	16111074	С	А	FBLIM1	rs772470861	missense	4.08E-06	9.04E-06	8.24E-06	NA	34	0.00033	VUS	1
1	101005357	С	т	GPR88	rs1255606770	missense	8.54E-06	0	NA	NA	24	0.00070	VUS	1
1	113253469	С	Т	PPM1J	rs146793493	missense	6.91E-05	8.96E-05	7.42E-05	NA	33	0.00253	VUS	1
1	120502048	G	А	NOTCH2	NA	missense	8.14E-06	0	NA	NA	29	0.00474	VUS	2
1	150621165	С	Т	GOLPH3L	rs186291546	missense	5.00E-04	0.0008	4.00E-04	NA	34	0.00196	VUS	1
1	156767115	С	G	PRCC	NA	missense	NA	NA	NA	NA	26	0.00087	VUS	2
2	74699557	т	А	MRPL53	rs751976686	missense	8.15E-06	0	NA	NA	24	0.00074	VUS	2
2	113147677	G	А	RGPD8	rs572623209	stopgain	6.00E-04	0.0003	5.00E-04	2.00E-04	35	0.00147	VUS	1
2	219825198	С	Т	CDK5R2	rs1447466372	missense	NA	NA	NA	NA	33	0.00017	VUS	2
2	228560627	т	G	SLC19A3	rs1473191700	missense	4.88E-05	0	NA	NA	27	0.00219	VUS	1
2	241570199	А	G	GPR35	rs201512343	missense	4.06E-06	8.96E-06	NA	NA	26	0.00450	VUS	2
3	46621330	G	С	TDGF1	rs148619685	missense	6.00E-04	0.0009	6.00E-04	2.00E-04	22	0.00345	LB	1
3	48667506	G	А	SLC26A6	rs201569807	missense	7.00E-04	0.0007	5.00E-04	NA	28	0.00349	VUS	3
3	130743495	G	А	ASTE1	rs140373702	missense	5.00E-04	0.0009	7.00E-04	NA	27	0.00334	VUS	2
3	159943576	т	С	C3orf80	rs774658584	missense	7.00E-04	9.77E-05	1.00E-04	NA	27	0.00140	VUS	3
4	76551105	т	G	CDKL2	NA	missense frameshift	NA	NA	NA	NA	26	0.00179	VUS	2
5	34824200	AAGC	-	RAI14	NA	deletion	NA	NA	NA	NA	33	0.00155	VUS	2
5	36049244	А	G	UGT3A2	rs200492917	missense	2.00E-04	0.0003	2.00E-04	NA	28	0.00119	VUS	3
5	39376818	С	Т	DAB2	rs760327528	missense	1.63E-05	3.59E-05	2.48E-05	NA	33	0.00431	VUS	2
6	31683151	G	Т	LY6G6D	rs536760002	missense	4.69E-05	9.51E-05	8.17E-05	2.00E-04	25	0.00050	VUS	2
6	41621112	С	А	MDFI	rs371572169	stopgain	5.32E-05	2.70E-05	6.61E-05	NA	38	0.00009	VUS	3
6	42179538	G	Т	MRPS10	rs768228186	missense	4.07E-06	0	8.24E-06	NA	34	0.00046	VUS	1

Table S4. Merged output of the top variants called with high confidence in the pregnancy loss samples (III-5, III-9, III-13) by the PSAP pipeline (all in heterozygous state)

7	43594284	С	Т	HECW1	rs202007423	missense	0.001	0.0001	6.00E-04	NA	33	0.00464	VUS	2
7	107423534	А	G	SLC26A3	rs1471734047	missense	NA	NA	NA	NA	32	0.00116	VUS	2
8	68184086	С	Т	ARFGEF1	rs1350123170	missense	NA	NA	NA	NA	27	0.00427	VUS	2
10	134941871	А	G	GPR123	rs145500903	missense	2.00E-04	0.0003	3.00E-04	NA	24	0.00491	VUS	1
11	2591898	Т	А	KCNQ1	rs199472695	missense	NA	NA	NA	NA	29	0.00330	LP	2
11	60609622	С	т	CCDC86	rs199809991	stopgain	2.00E-04	0.0004	3.00E-04	NA	36	0.00144	VUS	2
11	64940060	G	А	SPDYC	rs147348885	missense	2.00E-04	0.0002	1.00E-04	NA	28	0.00086	VUS	1
11	118978769	G	С	DPAGT1	rs772121984	missense	4.54E-05	1.05E-05	2.67E-05	NA	28	0.00448	VUS	2
11	119243689	G	А	USP2	rs1344550169	missense	1.22E-05	0	NA	NA	24	0.00454	VUS	1
12	91449778	G	С	KERA	NA	missense	NA	NA	NA	NA	26	0.00072	VUS	2
12	109719496	G	А	FOXN4	rs759819045	missense	2.56E-05	2.87E-05	3.07E-05	NA	23	0.00094	VUS	1
13	96329519	С	т	DNAJC3	rs746295509	missense	2.13E-05	4.66E-05	2.56E-05	NA	23	0.00420	VUS	1
14	75277083	С	т	YLPM1	rs750118817	missense	4.07E-06	0	8.30E-06	NA	35	0.00280	VUS	1
16	136766	С	т	MPG	rs188724206	missense	7.41E-05	0.0001	1.00E-04	NA	34	0.00190	VUS	3
16	136766	С	т	NPRL3	rs188724206	missense	7.41E-05	0.0001	1.00E-04	NA	34	0.00209	VUS	3
16	11781747	G	А	TXNDC11	rs559217484	missense	2.85E-05	2.69E-05	3.37E-05	2.00E-04	34	0.00180	VUS	1
16	68010634	С	т	DPEP3	rs199567405	missense	2.00E-04	5.38E-05	3.00E-04	2.00E-04	35	0.00027	VUS	2
17	34105997	С	т	MMP28	rs199792911	missense	1.00E-04	0.0002	1.00E-04	NA	35	0.00079	VUS	1
17	38349661	G	А	RAPGEFL1	rs201057482	missense	2.03E-05	1.79E-05	1.65E-05	2.00E-04	21	0.00368	VUS	2
17	58143728	G	А	HEATR6	rs150364683	missense	6.00E-04	0.0006	5.00E-04	NA	35	0.00456	VUS	1
17	74681232	А	G	MXRA7	rs200298746	missense	1.00E-04	0.0002	2.00E-04	NA	26	0.00355	VUS	2
18	56016778	С	т	NEDD4L	rs1020866073	missense	NA	NA	NA	NA	35	0.00076	VUS	2
19	1881370	А	Т	ABHD17A	rs201914248	missense	3.00E-04	0.0002	2.00E-04	NA	23	0.00103	VUS	1
19	2272808	G	т	OAZ1	rs534549628	missense	7.00E-04	5.08E-05	2.00E-04	2.00E-04	35	0.00023	VUS	1
19	8577958	С	т	ZNF414	rs749498595	missense	1.00E-04	0.0002	1.00E-04	NA	26	0.00216	VUS	2
19	14518820	G	А	DDX39A	rs201291607	missense	2.44E-05	2.69E-05	2.49E-05	2.00E-04	22	0.00400	VUS	3
19	18392033	G	С	JUND	rs1293425649	missense	NA	NA	NA	NA	24	0.00146	VUS	1
19	42355696	С	т	DMRTC2	rs141103699	stopgain	1.00E-04	0.0002	7.42E-05	NA	37	0.00041	VUS	2

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Х	48752372	G	А	TIMM17B	rs142117152	missense	6.00E-04	0.0009	0.001	NA	27	0.00224	VUS	3
22	29927873	G	А	THOC5	rs199572850	missense	8.00E-04	0.0001	7.00E-04	3.99E-04	34	0.00079	VUS	2
21	42807881	G	А	MX1	rs150271063	missense	4.00E-04	0.0008	4.00E-04	NA	31	0.00344	VUS	2
21	30959710	С	Т	GRIK1	rs753443587	missense	4.07E-06	8.97E-06	8.27E-06	NA	29	0.00265	VUS	2
19	55597880	G	Т	EPS8L1	rs200225675	stopgain	2.00E-04	0.0005	4.00E-04	NA	42	0.00105	VUS	1

LB, likely benign; LP, likely pathogenic; VUS, variant of uncertain significance



Figure S1. Overview of variant prioritizing of WES data in the proband by PSAP analysis and in the pregnancy loss samples by filtering all variants. VCF files contained approximately 170,000 variants.

(A) An updated version of the population sampling probability (PSAP) pipeline¹⁹ was applied in order to prioritize potential causative variants from the WES data of the proband. A new feature in this implementation of PSAP is ethnicity-specific models. PSAP analysis pipeline resulted in 14,586 variants. The variants were prioritized to satisfy the following criteria: (i) missense and LoF variants, (ii) low minor allele frequency (MAF ≤0.001 ExAC, gnomAD and 1000GP) or a previously undescribed variant; (iii) the PSAP statistical significance value ≤0.005; the CADD score ≥20.

(B) VCF files of the pregnancy loss samples were annotated using ANNOVAR (version 20191024)¹⁶. Among all coding variants (exonic and splicing) synonymous and common variants with MAF of more than 0.1% in gnomAD¹⁷ and ExAC¹⁸ were removed. Only shared variants in all pregnancy loss samples were retained.

Next, for both parts of the analysis (A-B), in-house blacklisted variants were removed, i.e., variants corresponding to false signals generated by incomplete reference genome assembly, location in low-complexity regions, bioinformatic misprocessing or due to sequencing kits (see reference demonstrating the significance of removing variant blacklists)⁶⁵. Visual inspection of the quality of sequencing reads was performed using The Integrative Genomics Viewer (IGV)²⁰ software for all prioritized rare and novel variants in order to ensure high quality of retained variants. All the retained variants were manually inspected using scientific literature and genome databases (**Table S2-4**). Variants were classified according to the ACMG guidelines²¹.



Figure S2. WT- and V173D-I_{Ks} responses to isoproterenol (ISO, 1 μ M). Panel A and B show current traces of WT- and V173D-I_{Ks} before and after ISO. Panel C is a summary of ISO-increased steady-state I_{Ks} (%) in WT and V173D by 5-sec pulsing to +60 mV from holding potential of -80 mV (n=6 each).