# REVIEW

## Detection of blood-transmissible agents: can screening be miniaturized?

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Transfusion safety relating to blood-transmissible agents is a major public health concern, particularly when faced with the continuing emergence of new infectious agents. These include new viruses appearing alongside other known reemerging viruses (West Nile virus, Chikungunya) as well as new strains of bacteria and parasites (Plasmodium falciparum, Trypanosoma cruzi) and finally pathologic prion protein (variant Creutzfeldt-Jakob disease). Genomic mutations of known viruses (hepatitis B virus, hepatitis C virus, human immunodeficiency virus) can also be at the origin of variants susceptible to escaping detection by diagnostic tests. New technologies that would allow the simultaneous detection of several blood-transmissible agents are now needed for the development and improvement of screening strategies. DNA microarrays have been developed for use in immunohematology laboratories for blood group genotyping. Their application in the detection of infectious agents, however, has been hindered by additional technological hurdles. For instance, the variability among and within genomes of interest complicate target amplification and multiplex analysis. Advances in biosensor technologies based on alternative detection strategies have offered new perspectives on pathogen detection; however, whether they are adaptable to diagnostic applications testing biologic fluids is under debate. Elsewhere, current nanotechnologies now offer new tools to improve the sample preparation, target capture, and detection steps. Second-generation devices combining micro- and nanotechnologies have brought us one step closer to the potential development of innovative and multiplexed approaches applicable to the screening of blood for transmissible agents.

ver the past few decades, blood screening has contributed significantly to the improvement in blood transfusion safety. The emergence of nucleic acid amplification technology (NAT) for the screening of human immunodeficiency virus (HIV), hepatitis C virus (HCV), and hepatitis B virus (HBV) genomes marked a technological turning point not only by increasing the level of sensitivity and reducing the diagnostic window periods, but also by facilitating the parallel detection of several viruses.1 The relationship between potential infectivity and viral load was recently evaluated to accurately estimate the residual risk from these viruses.<sup>2</sup> Nevertheless, blood testing must be able to adapt to the demands of microbiologic safety and thus consider the fact that the engaged offensive against the transmissible agents has not yet finished.3-12

The problems faced developing a sound approach for the simultaneous detection of multiple bloodtransmissible agents remain unresolved by currently available technologies. Advances in microtechnologies over the past few years have led to the development of miniaturized supports for the analysis of nucleic acid sequences and proteins. Developments in this area have been most marked by DNA microarrays coupled with molecular fluorophore probes; however, technical limitations for their use in clinical diagnostics became quickly

**ABBREVIATIONS:** PSA = prostate-specific antigen; QD(s) = quantum dot(s); SPR = surface plasmon resonance.

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apparent. The quest for improved technologies of detection has led to the development of alternative approaches avoiding target amplification and fluorescent labeling. Of these, new technologies based on biosensors promise reliable results and are the subject of increasing interest. Elsewhere, nanobiotechnologies are being applied to molecular diagnostics, offering new tools to overcome some of the technological obstacles currently faced. Exploiting the properties of nanoparticles has improved sample preparation, target capture, and multiplexing in biologic samples. Finally, the combination of established techniques with these emerging technologies is under development with the aim of designing the second generation of integrated systems for pathogen detection. Rapid, sensitive, and mutiplex diagnostic methods for detecting different transmissible agents in a single assay should have an important impact not only on blood transfusion safety but also in disease monitoring.

## MICROARRAY-BASED DETECTION OF INFECTIOUS AGENTS

Microarrays or chips offer the advantage of being able to detect in parallel multiple nucleic acid sequences (hundreds to several hundreds of thousands), antigens, or antibodies with varying specificity.<sup>3,13</sup> Numerous chip formats are available depending on the nature and the size of the chosen surface, the probe immobilization strategies, and the methods of detection used.<sup>13,14</sup> DNA microarrays using optical detection of a fluorescent signal are the most common; however, other nonplanar formats using beads also exist.<sup>15</sup> Highly complex and difficult to master interactions between proteins have led to a considerably reduced development of protein chips compared to that of DNA chips.

The use of chips in research for the analysis and discovery of genomes (genomic) and the study of gene expression (transcriptomic, proteomic) has seen considerable development. Consequently, in 2001, while considering their potential application in blood testing, Petrik<sup>16</sup> estimated that a limited number of probes (300-400) would allow the analysis of blood groups, platelet and granulocyte antigens, and the screening of infection. The concept later exploited in immunohematology consisted of the multiplex amplification of genomic DNA and optical detection of the amplification products after their hybridization onto probes immobilized onto chips,17-19 384-well microplates,20 or beads.21 While protein chips are proving to be more complex to develop than DNA chips, experts agree on their likely strong impact on immunohematology allowing the detection of certain phenotypic modifications that escape genetic analysis.<sup>22-26</sup> Microtechnology-based biochips are in rapid development for application in blood typing,<sup>27</sup> but improved technologies are needed to overcome the problems faced when applying these biochips in the multiplex detection of blood transmissible agents.

The variable level of infectious genomes of interest in biologic samples complicate microarray-based analysis. Multiplex polymerase chain reaction (PCR) amplification of viral or bacterial nucleotide sequences for the simultaneous detection of transmissible agents is at present difficult to conceive.<sup>13,28-31</sup> Indeed, the use of multiplexing in diagnostics is currently limited to the detection of two to four viral targets.<sup>31,32</sup>

Miniaturization techniques in genomics,<sup>14,33</sup> and high-throughput sequencing,34-36 were originally developed for use in research for the parallel detection of numerous viral or bacterial pathogens. In 2002, Wang and colleagues<sup>37</sup> published in PNAS a prototype DNA chip capable of simultaneously detecting hundreds of viruses. After the extraction of nucleic acids from the sample and their random amplification by PCR, sequences labeled by a fluorochrome were hybridized onto the microchip and optically detected. A second version carrying 10,000 oligonucleotides targeting approximately 1000 viruses permitted the identification of the SARS virus in 2003.<sup>38</sup> While the Virochip is a very strong research tool, it remains too complex for use in routine diagnostics. In 2007, an Austrian team proposed a DNA chip which, after genomic amplification, allowed the parallel detection of 25 different pathogens (bacteria and fungi). The observed detection limits varied from 10 bacteria (Escherichia coli) to 10<sup>5</sup> bacteria (Staphylococcus aureus) per mL of artificially spiked blood.<sup>39</sup> The use of DNA chips also represents an efficient approach for the rapid detection of genetic variations of a given virus, as shown by the team of Rios and colleagues<sup>40</sup> monitoring the genetic variations of the West Nile virus. Recently in Nature Reviews Microbiology, Ecker and coworkers<sup>41</sup> presented an original strategy using only six pairs of primers to amplify the genomes of 373 bacteria. The analysis of amplicons was performed by mass spectrometry on a new industrial platform (Ibis 5000). Thus, for the detection of infectious agents, the difficulties of multiplex amplification may be bypassed by developing random PCR procedures, as is the case with the Virochip approach, or generic PCR procedures targeting conserved regions of the bacterial or viral genome and allowing the simultaneous amplification of numerous sequences, which are then analyzed by hybridization on chips presenting probes specific to the target sequences. Other microarray developments have been proposed for pathogen detection and several systems are today commercialized for use in biodefense applications.42 However, microarray technology coupled with molecular fluorophore probes has several limitations. These include the need for target amplification and fluorophore labeling, slow binding kinetics between target sequence and

probe, and in the case of multiplexed analysis, overlapping spectral features of the fluorophores, nonuniform photobleaching rates, the need for multiple-laser excitation sources, and complex, expensive instrumentation.<sup>43</sup> Finally, few systems have to date received official approval allowing their commercialization for use in clinical diagnostics.<sup>13</sup>

At the protein level, all chips proposed to date for use in microbiology are mainly planar supports onto which antigens or antibodies have been attached. These systems, corresponding to immunoassays in a miniaturized format, offer the advantage of parallelism and of a reduced cost per analysis.44-46 Important features for the sensitive and specific detection of proteins on microarrays include a high signal-to-noise ratio, compatibility with a multiplex format, and low instrumentation costs. The use of chemiluminescence has drawbacks in terms of dynamic range and multiplexing. Signal detection on microarrays using radioactivity and chemiluminescence can only be performed once and fluorescence detection requires a signal amplification technology to provide sufficient sensitivity for most applications.44 While much progress has been made, considerable development is still required to ensure high standards of quality.47,48

Another application for protein arrays is in studying the proteomic profile of a sample for the identification of biomarkers, which could potentially be useful in new and innovative diagnostic tests.<sup>49</sup> The SELDI-TOF/MS *Protein-Chip technology* enables protein capture, purification, analysis, and processing from complex biologic samples directly on ProteinChip Array surfaces. Using this innovative approach, we have compared plasma samples, respectively, from unexposed donors, donors with resolved HCV infection, and chronic HCV carriers. Apolipoprotein C-III was identified as the first reported candidate biomarker in plasma associated with the spontaneous resolution of infection by HCV.<sup>50</sup> This technology therefore represents an important new tool to develop proteomic studies in human plasma.

Finally, the most commonly used methods in pathogen detection rely on culture, colony counting, immunoassays, and PCR amplification.<sup>28,51,52</sup> In the case of blood infections, the amount of human genomic DNA can be 10<sup>14</sup> times higher than the target pathogen nucleic acids, an important consideration in terms of specificity and sensitivity.28,53 While microarrays are useful tools for highthroughput analysis of biomolecules, their use in clinical diagnostics is limited by the high cost and length of time associated with sample amplification and labeling. One way of overcoming these limitations is to develop improved systems for sample preparation and signal detection. New technologies based on biosensors and nanobiotechnologies potentially offer the molecular tools required for application in the detection of infectious agents.

## **BIOSENSORS AND PATHOGEN DETECTION**

A biosensor can be defined as a compact analytical device, incorporating a biologic or biomimetic sensing element, either closely connected to or integrated within a transducer system.<sup>54</sup> It is used to detect, transmit, and register semiquantitative or quantitative information on a biochemical or physiologic modification.55 The choice of biorecognition element depends on a large number of factors including specificity, sensitivity, storage conditions, and operational and environmental stability. The selection also considers the target of interest (antigen, nucleic acid, infectious agent, chemical compound, hormone, etc.). Accordingly, antibodies, enzymes, nucleic acids, receptors, microorganisms, and even whole cells and tissues have all been used as bioreceptors. Antibodies are more commonly used than DNA probes in biosensors designed for pathogen detection.<sup>51</sup> One of the basic requirements of a biosensor is that the bioreceptor be in close proximity to the transducer to enable the communication of physicochemical changes. Immobilization technologies have therefore played a major role.51,56 Depending on the method of transduction used, the biosensors are classed as optical, electrochemical, piezoelectric, magnetic, or micromechanical,<sup>51</sup> the first three classes currently being those most developed for use in detecting infectious agents.56

#### **Optical biosensors**

The optical biosensors are the most widely used in biologic analysis for their specificity and sensitivity.51,57 The detection is usually based on fluorescence or on surface plasmon resonance (SPR).<sup>56</sup> The fluorescence offers the advantage of being able to be coupled to other technologies of reference such as PCR or enzyme-linked immunosorbent assay (ELISA). Despite the fact that much progress has been made in terms of miniaturization and automation, future developments are still needed to enable the multiplex detection of infectious agents in blood or serum. Moreover, the use of fluorescence technologies requires reagents that are both costly and often associated with lengthy analyses.<sup>56</sup> SPR spectroscopy is particularly attractive for the label-free detection of molecules.56,57 A glass slide covered with a thin film of gold onto which antibodies have been immobilized is irradiated from the backside by polarized light (from a laser) via a prism and the reflectivity is measured.<sup>51</sup> The opticalelectronic basis of SPR is the transfer of the energy carried by photons of light to electrons at the surface of the metal.<sup>58</sup> Hence, this method consists in measuring changes in the angle of resonance induced by the fixing of target molecules to the surface of the biosensor. This technique, while at present not suitable for high-throughput detection, has been applied to the detection of bacteria and viruses but is above all used to measure the affinity constants between antigen and antibody or reaction kinetics. The main drawbacks of SPR lie in its complexity, high equipment costs, and sensitivity to nonspecific binding on the surface making blood measurements difficult.<sup>51</sup>

#### **Electrochemical biosensors**

Electrochemical biosensors are based on measurements of electrical change subsequent to interactions of the sample with the surface of the biosensor. These systems are classed according to the observed variable: current (amperometric), potential (potentiometric), impedance (impedancemetric), or conductivity (conductimetric).

The amperometric biosensors, needing a redox labeling of a secondary antibody, are the most widely used. Many studies have been published describing their application in the food and environmental industries for the rapid detection of bacteria and viruses.<sup>51,59,60</sup> The development of potentiometric biosensors is much more recent and is encountering many difficulties (sensitivity, reproducibility, need for secondary antibody labeling) in translating biologic binding events.<sup>51</sup> On the other hand, impedancemetric biosensors offer several advantages for use in diagnostics, notably by allowing the measurement of antigen-antibody interactions in real time and without the need for labeling. The signals measured are directly proportional to the concentration of the target molecule.<sup>51,56,59</sup> Compared to optical biosensors, these biosensors offer the advantage of not being affected by the turbidity of the sample, by the fluorescence of certain molecules of biologic interest, or by the quenching by certain substances. In addition, the instrumentation is simple, economic, and easily miniaturized. Electrochemical impedance spectroscopy is a very efficient technique to measure biologic binding events at the surface of an electrode.<sup>51</sup> The chemistry at the surface of the electrode determines the sensitivity and the specificity of the biosensor. To evaluate this method for pathogen detection, we developed an immunosensor on a bacterial model using a biotinylated E. coli antibody linked to a selfassembled monolayer at the surface of a gold electrode. A linear relationship between the electrochemical measurements and the decimal logarithmic value of E. coli concentrations was found ranging from 10 to 10<sup>3</sup> colony-forming units (CFUs)/mL. These preliminary results obtained using a conventional electrochemical cell (pure cultures diluted in saline buffer) showed a considerable improvement against the sensitivity of 107 CFUs/mL obtained by SPR optical detection.<sup>61</sup> The antibodies used in this electrochemical impedance spectroscopy biosensor were then coupled to magnetic nanoparticles.<sup>62</sup> This coupling allowed the simultaneous purification of species of interest and their concentration on the microelectrode by the

simple use of a magnet, thus leading to the functionalization of the microelectrode to detect the corresponding antigen. Methods used in this work enabling an improved detection signal<sup>62</sup> are currently being developed. Finally, conductimetric biosensors, characterized by their large sensitivity, represent a new pertinent class of analytical systems for diagnostic applications.<sup>56</sup> We have evaluated the possibility of using simple conductimetric transducers to measure antigen-antibody interactions using E. coli detection as a model. The nanoparticles funtionalized by the E. coli antibody were immobilized onto a conductimetric transducer. Results showed an excellent sensitivity on E. coli cultures with a detection limit of 1 CFU/mL coupled with a good specificity of binding.63 The encouraging preliminary results obtained over the past 2 years<sup>61-64</sup> have led to further developments for the application of electrochemical biosensors in viral detection. In this line, a microelectrode-based impedance immunosensor was recently developed by Wang and coworkers<sup>65</sup> for the detection of avian influenza virus H5N1.

Considering the conductive properties of nucleic acids, electrochemical sensors also offer opportunities for the detection of selected DNA sequences or mutated genes associated with human disease.<sup>53,66,67</sup> The ultimate goal, for pathogen detection in particular, is an assay involving rapid nucleic acid isolation with the rapid detection of a few copies. Research on the application of these systems to biologic samples is in progress and is expected to produce novel alternatives for bioanalysis.<sup>68</sup>

#### **Piezoelectric biosensors**

Piezoelectric detection is most frequently based on the measurement of variations in the resonance frequency of a quartz crystal, otherwise called *quartz crystal microbalance* QCM, after a change in the mass caused by the interaction with the target of interest (antigen, antibody, DNA). These biosensors appear to be less sensitive than those based on optical or electrochemical detection.<sup>56,59</sup> Piezoelectric biosensors based on nucleic probes or antibodies for the detection of viruses have been developed, but further studies are needed to evaluate the stability of the surface of these biosensors in biologic fluids.<sup>51,69</sup> Problems relating to surface regeneration, nonspecific binding of proteins, and the length of incubation time represent known limitations that need to be overcome to develop a platform adapted to diagnostics.<sup>56</sup>

To conclude, several biosensors described in the literature for the detection of biomolecules are commercially available to date. One study carried out between 1998 and 2004 reported that more than 6000 publications and 1100 patents had been published at the time on biosensors, highlighting the importance of this research.<sup>56</sup> However, much research and development work is still needed before biosensors can become a true and trust-

worthy alternative tool for use in the detection of blood transmissible agents. The development of a fast, robust, and long-lasting biosensor is a genuine challenge. One of the major remaining questions is whether biosensors will play an important role in the detection of pathogens in complex media such as the blood or serum.56 Outstanding issues include 1) how to take a sample size of clinical relevance for pathogen detection and reduce it down to miniaturized size to detect the presence of pathogens, 2) how to improve the recognition and diffusion kinetics between target and probe, and 3) how to integrate and miniaturize the different diagnostic steps. Technical problems also include methods of sensor calibration, sterilization, and the reproducible production of numerous sensors.53,59 Recent developments of nanobiotechnology approaches are, however, offering new tools to push the limits of biosensors for use in bioanalysis.

## NANOBIOTECHNOLOGIES APPLIED TO INFECTIOUS AGENT DIAGNOSTICS

Nanotechnologies are defined as "the group of techniques allowing the production, observation and measurement of objects, structures and systems of a few nanometers in size (between 1 and 100 nm) in at least one dimension in space." It is also the field of science concerning nanoscience applications. Thus the nanoworld is the world of molecules and atoms. In terms of scale, the difference in size between an atom and a tennis ball is equivalent to that between the tennis ball and Earth! Europe is well situated in the development of nanomedicine. Three strategic axes of research have been identified by academic experts and industry members of the European technology platforms: nanodiagnostics including imaging, targeted drug delivery systems, and regenerative medicine. Nanotechnologies offer new tools able to improve the sensitivity, specificity, and reliability of diagnostic tests. The ultimate aim is to develop fast, robust, sensitive, specific, and cost-effective in vitro diagnostic strategies that will allow the detection of a small number of molecules in a complex sample.

#### A new dimension

As mentioned, the first generation of microarrays requires fluorescent labeling, a long and costly procedure. In addition, classic fluorophores are sensitive to photobleaching and present wide emission spectra that limit the possibility of multiplexing.<sup>70</sup> The analysis of nucleic acid target sequence requires its prior amplification. While PCR offers the advantage of reaching extremely high levels of sensitivity, it is complex, sensitive to contamination, costly, and difficult to miniaturize and multiplex for the detection of infectious genomes. Protein chips should not only be miniaturized immunoassays but also integrate the detection system.<sup>71</sup> While biosensors allow the use of new methods of detection, their reduced sensitivity and specificity in complex media, both essential criteria in transfusion applications for the multiplex detection of transmissible agents, limit the possibility of routine application of numerous current systems.

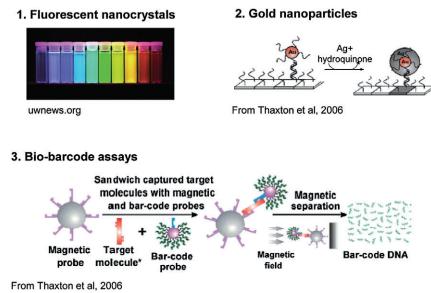
The nanosciences and nanotechnologies allow a better control of the organization of atoms and molecules to create nanostructures with new or improved properties. The nanobiotechnologies reach the single-cell or molecular scale and consequently overcome certain current technological obstacles. Since DNA measures approximately 2.5 nm wide and protein molecules between 1 and 20 nm, these technologies allow the direct analysis of the target of interest.72 They also enable different measurements to be taken in parallel and the integration of several analytical steps from sample preparation through to detection in one individual miniaturized system. They offer new perspectives in diagnostics in terms of avoiding the amplification of targets and classic fluorescent labeling.70,73 A major focus in nanotechnology research is the development of multiplexed assay systems that can detect a multitude of molecules or whole viruses or bacteria simultaneously. The combination of nano-objects and nano-systems in current technologies offers new possibilities for applications in the detection of infectious agents.70,74

#### Micro- and nanoparticles

The physicochemical characteristics of nanoparticles make them ideal for use in diagnostics.<sup>58,70,74-78</sup> For certain substances, new properties are revealed as the size of each of its individual components is reduced into the nanoworld. This is likely explained by the increase in the number of surface-reactive atoms relative to the total number of atoms in the particle. For example, the available surface area for attaching the probes is considerably increased thus allowing more efficient binding of targets of interest. Fluorescent nanocrystals "quantum dots," gold nanoparticles, and magnetic particles are the most commonly used<sup>74,79</sup> and offer new approaches to molecular recognition and detection (cf. Fig. 1). New methods combining several approaches are emerging for which a strong impact in diagnostics is being revealed (Table 1).

#### Fluorescent nanocrystals

Quantum dots (QDs) are inorganic fluorophores offering significant advantages over organic fluorophores conventionally used to label nucleic acids or proteins for optical detection.<sup>58,80,81</sup> These biocompatible semiconductor crystals are composed of a nucleus and a shell allowing the binding of ligands and thus the attachment of this fluorescent marker to the target. They are stable and highly luminescent, each offering a wide excitation spectrum and



## Fig. 1. Nanoparticles: applications in diagnostics.

narrow emission spectrum with wavelength controlled by the size and nature of the nucleus (cf. Fig. 1). The absorption and emission spectra are well spaced thus increasing the sensitivity by reducing the phenomenon of autofluorescence. These remarkable properties are due to their nanometric size. The QDs can be used in viral diagnostics as shown by Agrawal and colleagues<sup>82</sup> in 2005 for the detection in real time of respiratory syncytial virus. They are also compatible with analyses of whole blood.58 The major interest for their use in diagnostics relates to the possibility of multiplexing, thus allowing the performance of high-throughout analyses of biomolecules. In theory, a combination of three colors and 10 different levels of intensity allow the generation of 999 excitable microbeads by one unique source of light.<sup>80,83</sup> This optical method, also called spectral barcoding, opens up new possibilities for the development of innovative diagnostic tests. Nevertheless, in practice, QDs remain difficult to synthesize, funtionalize, and integrate into miniaturized systems.<sup>84</sup>

#### Gold nanoparticles

Gold nanoparticles have been used in biotechnologies for a long period of time; however, it is only over the past 10 years that they have been considered with interest for the detection of nucleic acids or proteins. Progress in the ability to control the size and funtionalize the surface of nanoparticles has allowed the production of optically and chemically defined probes for use in the detection of biomolecules, as described by Mirkin and coworkers.<sup>77,85-87</sup> Gold nanoparticles are useful as markers in biosensor systems since numerous optical techniques or electrical conductivity measurements can be used to detect them. One study published in *Science* in 2000 demonstrated the possibility of detecting hybridization on a chip of oligonucleotides labeled by gold nanoparticles with a simple scanner.85 This "scanometric" detection is simple and selective and allows the discrimination of a one point mutation on the strand of DNA analyzed. In addition, coupling this detection to a silver amplification method led to a level of sensitivity 100 times greater compared to fluorescent systems using confocal microscopy. Indeed, in the presence of a simple solution of silver and hydroquinone, the silver ions are reduced to the metal form at the surface of the gold nanoparticles (cf. Fig. 1), thus allowing a 100,000-fold increase in the scanned signal intensity.<sup>77,85</sup> This technique has been applied to the direct genomic detection of infectious agents. Within the context of preventing nosocomial infections, Storhoff and coworkers<sup>88</sup> in 2004 demonstrated

the possibility of easily detecting the presence of strains of S. aureus resistant to methicillin. Results demonstrated the feasibility of detecting both specifically and directly, without PCR amplification, the DNA extracted from cultures of resistant strains. Another simple colorimetric test using gold nanoparticles was published in Nature Biotechnology by the same group, which allowed the direct detection of 20,000 copies of bacterial genomic DNA within a 1-µL volume spotted onto a glass slide, corresponding to a femtomolar sensitivity (10<sup>-15</sup> mol/L).<sup>89</sup> DNA chips using gold nanoparticle probes and silver enhancement have been developed for the rapid detection of hepatitis A<sup>90</sup> and E,91 amplified genomes allowing the analysis of 100 fmol/L of amplicon. More recently, antibodies conjugated to gold nanoparticles and silver enhancement were used to develop a compact and rapid sandwich immunoassay.<sup>92</sup> Thus, the use of gold nanoparticles for optical detection should allow the development of new and costeffective tests.

#### Magnetic nanoparticles

While the use of fluorescent nanocrystals and gold nanoparticles aims to improve the detection signal, one reason for using magnetic particles is to optimize the capture of the analyte of interest in the analyzed sample.<sup>64</sup> The use of magnetic nanoparticles for the purification of nucleic acids or proteins has grown over the past several years and is exploited in a number of commercially available kits. The reduction in size of the particles toward the nanometric scale increases the surface available for attachment of the oligonucleotide or protein probes complementary to the target molecule and therefore increases the sensitivity of recognition. For example, Fuentes and colleagues<sup>93</sup> used magnetic nanoparticles to detect small traces of

Biologic agents	Recognition	Assay format	Sensitivity	Reference
Viruses				
HAV	DNA/DNA	Gold nanoparticles DNA chip	0.1 pmol/L (DNA)	Wan et al., 2005 <sup>90</sup>
HBV, HIV, Ebola, variola	DNA/DNA	Bio-barcodes scanometric detection	0.5 pmol/L (DNA)	Stoeva et al., 2006 <sup>43</sup>
HBV, HIV, Ebola, variola	DNA/DNA	Bio-barcodes capillary analyzer	5 pmol/L (DNA)	He et al., 2008 <sup>104</sup>
P24 HIV	Ag/Ab	Bio-barcodes scanometric detection	4 fmol/L (p24)	Tang et al., 2007; <sup>101</sup> Kim et al., 2008 <sup>102</sup>
HBV, HCV, HIV	Ag/Ab	QDs microfluidic	pmol/L (Ab)	Klostranec et al., 2007 <sup>114</sup>
Bacteria				
B. anthracis	DNA/DNA	Bio-barcodes scanometric detection	550 zmol/L (DNA)	Nam et al., 2004 <sup>97</sup>
S. aureus	DNA/DNA	Gold nanoparticles optical detection	33 fmol/L (DNA)	Storhoff et al., 2004 <sup>89</sup>
E. coli	Ag/Ab	Magnetic nanoparticles conductimetric detection	1 CFUs/mL (E. coli)	Hnaien et al., 2008 <sup>63</sup>
B. subtilis	DNA/DNA	Bio-barcodes scanometric detection	2.5 fmol/L (DNA)	Hill et al., 2007 <sup>103</sup>

DNA. The presence of two molecules of cDNA of HCV in 1 mL of solution could then be revealed after PCR. Elsewhere, one new approach involves the use of magnetic beads not only for labeling and purification of the analyte but also for detection. Since no significant magnetic background is present in biologic samples, detection and manipulation are possible without affecting biologic interactions.94 The paramagnetic properties of the beads lead to a modification of the magnetic field allowing their analysis by magnetic transducers. This simple and miniaturizable strategy was used to detect Yersinia pestis antigen F1 with a detection limit comparable to ELISA for detection of the F1 protein.95 Magnetic labels offer some unique advantages, especially those relating to their physical and chemical stability, their inexpensive production, and their potential detection by a wide range of methods.94 Magnetic particles are increasingly being used in biodetection for the conception of miniaturized systems.

#### **Bio-barcodes**

The bio-barcode test, originally developed by Mirkin and colleagues,<sup>96-99</sup> is an ultrasensitive system of amplification and detection of nucleic acids or proteins. It uses two types of particles to perform purification, amplification, and detection steps (cf. Fig. 1). The first particle is a magnetic microparticle consisting of a target recognition probe: in the case of DNA, this probe is an oligonucleotide complementary to the target DNA and in the case of protein the recognition probe is a monoclonal antibody. The second particle is a nanoparticle bearing a recognition element that is complementary to another region of the target molecule, the result being a sandwich-based capture assay. This second element would be either an oligonucleotide in the case of a nucleic acid target or a polyclonal antibody if the target was a protein. In addition, this second particle is functionalized with hundreds of oligonucleotide tags or barcodes. These tags classically measure around 15- to 20-mer, theoretically giving rise to 4<sup>20</sup> different possible combinations, permitting the association of one particular tag with each recognized analyte. The application of a magnetic field leads to the purification of complexes formed in the rest of the sample. The barcode tags are then released either chemically or by heating and identified by a sensitive system of detection (for example, the scanometric method). Thus, the DNA barcode acts as a reporter of the targeted molecule that corresponds to signal amplification. It is therefore possible to directly detect the DNA with zeptomolar sensitivity (10<sup>-21</sup> mol/L or 333 DNA copies/mL) making it as sensitive as PCR but avoiding the need for enzymes.<sup>97</sup> With regard to proteins, this test reaches attomolar sensitivity  $(10^{-18} \text{ mol/L})$ , corresponding to a sensitivity 1 million times higher than that of ELISA tests.98-100 This technique was applied in a microplate format to the multiplex detection of four types of synthetic DNA (HBV, Ebola, HIV, and smallpox) in a concentration of 500 fmol/L (0.5 pmol/L) within 6 hours.43 Also using this method, Tang and coworkers<sup>101</sup> more recently showed that it was possible to detect the antigen p24 of the virus HIV with femtomolar sensitivity. This is 150-fold more sensitive than the conventional ELISA with the advantage of an earlier screening of seroconversion (a gain of 3 days). This modified biobarcode assay was developed on p24 antibody-coated microplates to capture viral antigen and streptavidincoated nanoparticle-based bio-barcode DNAs for signal amplification followed by detection using a chip-based scanometric method. The preliminary results obtained in plasma samples demonstrated the potential applicability of nanotechnology in viral diagnostics, in particular, in resource-limited settings where NAT is not feasible.<sup>101</sup> A second study based on the direct capture of HIV-p24 antigen in 160 µL of plasma confirmed the superiority of the bio-barcode approach compared to ELISA for the detection of the antigen p24 of HIV. A sensitivity of 100% and specificity of 99% was obtained on 112 samples of plasma from infected subjects with a detection range between 4.2 fmol/L (0.1 pg/mL approx. corresponding to 1000 virus particles/mL or 2000 RNA copies/mL) and 420 pmol/L (10 ng/mL) HIV-p24 antigen.<sup>102</sup> The biobarcode assay was also used for the direct detection of genomic double-stranded DNA using the bacterial model Bacillus subtilis, a model close to Bacillus anthracis (anthrax).<sup>103</sup> This sensitive assay (2.5 fmol/L) represents the first step in the transition of the bio-barcode laboratory test toward a rapid and sensitive test for the detection of agents used as bioweapons. Elsewhere, the bio-barcode test was combined with a capillary analyzer for the multiplex detection of the synthetic DNA of four viruses (HBV, Ebola, HIV, and smallpox) in a concentration of 5 pmol/L within 40 minutes.<sup>104</sup> Recently, antibody pairs were selected allowing the detection of the recombinant prion protein in a bio-barcode test.<sup>105</sup> The concept of the biobarcode is particularly original and represents a potential alternative to the classic technologies of PCR and ELISA.

#### Microfluidic and integrated systems

One of the objectives for developing microfluidic systems is the conception of a truly integrated laboratory-type platform on a chip. The lab-on-a-chip can be imagined as a glass or silicon plate onto which microcanals and microreservoirs have been engraved within which the sample to be analyzed and the reagents circulate. Different strategies are possible for the design of integrated systems.<sup>84,94,106-108</sup> One recent review published in *Nature* highlights the impact of these integrated systems on public health, particularly in developing countries. Microfluidic technologies allow miniaturization and integration of complex functions, which could move sophisticated diagnostic tools out of the developed-world laboratory.<sup>109</sup> When demonstrating the practicability of new techniques, an effort should be made to integrate sample preparation from "raw" clinical samples and compare detection sensitivity to conventional methods.84 In 2005, Lin and colleagues<sup>110</sup> developed a miniaturized immunoassay using microchannels and gold nanoparticles, which allows the direct detection of Helicobacter pylori and E. coli antigens at levels equivalent to conventional ELISA. Another microchip-based sensor using paramagnetic particles was proposed by Aytur and coworkers<sup>111</sup> for the detection of antibodies directed against the dengue virus in biologic samples. This biosensor showed a very good correlation with measurements made with ELISA; in 2008, the bio-barcode approach was integrated into a microfluidic chip, marking an important step toward automation.<sup>112</sup> Here, the prostate-specific antigen (PSA) was chosen as a protein target and was detected at concentrations as low as 0.5 fmol/L. The biobarcode assay for on-chip PSA detection offers a sensitivity of detection 4 orders of magnitude higher than commercial ELISA tests. These proof-of-concept experiments have helped establish that this microfluidic device has the capacity to detect biomarkers at ultralow concentrations within a biologic sample.<sup>112</sup> Although much of the work in the past has focused on the development of sensing methods, magnetic label-based assays are now being incorporated into instruments that incorporate sample fluidics.<sup>94</sup> Through the convergence of nano- and microtechnologies, various new approaches are now in development. Liu and coworkers<sup>113</sup> described a disposable electrochemical immunosensor that integrates the immunochromatographic strip technique with an electrochemical immunoassay and exploits QDs as labels to amplify the signal. Immunoglobulin (Ig)G was used as a model analyte and, in this study, QDs were used as labels with which to tag anti-IgG by electrochemical immunosensing. A sandwich immunoreaction was performed. After dissolution of the captured QDs, the released metal ions were detected by highly sensitive voltammetric measurements. This very simple miniaturized system was successfully applied to the detection of PSA in human serum and provides a new tool for protein biomarker detection. Another microfluidic immunoassay using QDs, this time as optical labels, was proposed for the multiplex analysis of viruses HBV, HCV, and HIV antibodies in the pmol/L range.<sup>114</sup> Lien and colleagues<sup>115</sup> developed a microfluidic platform to automatically collect, incubate, mix, purify, and enrich virus samples using magnetic beads and microfluidic systems. This device was used to successfully perform the purification and enrichment of dengue virus. Very recently, this research group presented an innovative fluorescent-based microfluidic system for the rapid serologic analysis of IgM and IgG associated with the dengue virus infection by utilizing virus-bound magnetic beads.

In this microfluidic system, 100 µL of serum sample is loaded into the sample chamber of the integrated device and the entire process is performed within 30 minutes.<sup>116</sup> Another approach exploiting magnetic beads in a microfluidic chip was developed to discriminate the pathologic form of the prion protein from its normal form. This microfluidic enzymatic reactor based on proteinase K-grafted magnetic beads exploits the differences in enzymatic susceptibility between the two forms.<sup>117</sup> Magnetic nanotags have also been developed in ultrasensitive assays based on magnetic signals. Since biologic samples lack a detectable magnetic background signal and therefore do not interfere with the magnetic transduction mechanism, the magnetic nanosensor technology is well suited for multiplex protein detection in clinical samples, as described recently in PNAS<sup>118</sup> and Nature Medicine.<sup>119</sup> Osterfeld and coworkers<sup>118</sup> implemented magnetic nanotag-based detection on a protein chip, which has an array of 64 sensors and a 200-µL reaction well placed on top, allowing easy pipetting and aspiration of reagents. The multianalyte capacity, high sensitivity (reaching the low fmol/L concentration range), scalability, and ease of use of this technology in serum samples make it a strong candidate for use in multiplexed molecular diagnostics. This approach has been characterized in detail for several candidate analytes to prove its generality and its superiority to ELISA.<sup>119,120</sup> In particular, this method overcomes the drawbacks of biologic matrices concerning interference and the limited sensitivity, specificity, and multiplexing capacity of the majority of protein detection platforms. This magnetic nanosensor technology can be used for multiplexing, with 64 assays performed on the same device at sensitivities reaching 1000-fold that of ELISA and an extensive linear dynamic range of over 6 orders of magnitude for diverse biologic fluids.<sup>119</sup>

The microfluidic-based devices have also been developed for nucleic acid analysis to integrate the amplification step. Recently, a sequence-specific electrochemical DNA sensor was developed and applied to the detection of genomic DNA of *Salmonella enterica* with a limit of detection below 10 amol/L.<sup>121</sup> Electrochemical detection offers many advantages as a basis for such platforms, including portability and integration with electronics. The biggest obstacle relates to the linking of a "raw" sample to the on-chip amplification process.<sup>122</sup> The complete integration of all analytical steps and in particular of sample preparation onto a miniaturized support with a view to performing quantitative analysis remains a challenge.

## TOWARD THE SECOND GENERATION OF MINIATURIZED SYSTEMS

The second generation of biosensors should allow the development of highly effective platforms. The new principles of target capture and detection exploited in these

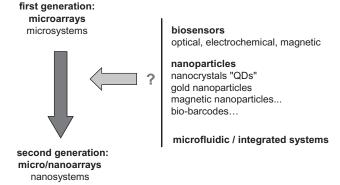


Fig. 2. Second generation of miniaturized systems.

systems combine micro- and nanotechnologies. Excellent levels of sensitivity have been reached bringing us closer to the development of cost-effective miniaturized tests for nucleic acid– or protein-based diagnostics. To date however, there still exist no platforms exploiting these miniaturized systems that are as effective and robust as those based on ELISA tests or PCR amplification. However, the combination of different biosensor/nanoparticle/ microfluidic approaches should lead to new solutions (Fig. 2). The possible combinations are infinite considering the available multiple innovative principles. Among those remaining to be developed are combinations able to meet the requirements for use in screening for infectious agents transmissible by blood.

## ETHICS AND RISK

All scientific and technological advances carry a certain risk of negative consequences and nanobiotechnologies are no exception to the rule. Public authorities are sensitive to these issues and argue in favor of a reasoned, controlled, and responsible development of nanotechnology. The potentially toxic effects of the nanoparticles generally concern their use in vivo, notably for imaging techniques or for drug delivery and less their use in in vitro diagnostics.72 Nevertheless, these particles of a diameter less than 20 nm are able to penetrate into cells and therefore their innocuousness should be tested thoroughly. The elimination of waste potentially containing nanoparticles should be managed appropriately. Numerous reports have been published and several European and international projects are under way to evaluate the dangers linked to nanotechnologies.

### CONCLUSIONS

Currently, the risk of transmission of the retroviruses HIV, human T-lymphotropic virus, or hepatitis C or B via blood transfusion is extremely low. Monitoring should remain rigorous, however, for the early detection of any eventual new variants and emerging infectious agents (viruses, bacteria, parasites, or prions). The development of multiplex and flexible tests allowing the simultaneous analysis of pathogens presenting a transfusional risk remains a challenge. Most of the development concerning microtechnologies and in particular chips has largely been for research applications. On the other hand, few systems have been commercialized for use in diagnostics due to the consistent rapid discovery of technological and commercial constraints. Furthermore, multiplex amplification of viral or bacterial genomes is technically very challenging. DNA microarray-based technology has limitations including the need for target amplification and fluorophore labeling that increase analysis costs and the time to obtain results. Inherent autofluorescence or optical absorption of many biologic samples or reagents are also a major limiting factor in ELISAs and protein microarrays since the readout is based on a fluorescent or colorimetric signal. Technological advances over the past 10 years have enabled the conception of a second generation of biosensors combining microtechnologies and nanotechnologies, opening up new avenues to explore other potential applications. New nanotools are now available helping improve sample preparation and capture of the biologic target of interest. The properties of nanoparticles will take multiplexing far beyond what can be achieved using molecular labels. These new devices offer a potentially greater flexibility and higher multiplexing capabilities than conventional optical-based detection methods. The signal amplification approaches could replace those of target amplification (PCR, transcription-mediated amplification) exploited in the platforms in current use for genomic diagnostics. Other principles of detection that avoid fluorescent labeling could be applied to molecular diagnostics. Electrochemical detection is not affected by the turbidity of the sample and can be miniaturized and multiplexed relatively easily. In addition, electrochemical biosensors show good analytical performance and allow the direct detection in real time of molecular targets. As such, these biosensors are undergoing rapid development and yet much more is needed before they are adaptable for use in the detection of infectious diseases. Elsewhere, magnetic nanotags also represent a promising alternative to fluorescent labels in biomolecular detection assays. Magnetic nanosensor technology is matrix insensitive and an innovative and highly sensitive approach that can be used for multiplexing. With the evolution of nanotechnologies and our increasing understanding of the universe of the infinitesimal small, the field of possibilities is endless. Applying these new technologies to the detection of blood-transmissible agents will require the collaboration of physicists, engineers, chemists, biochemists, and biologists. Considering the complexity of biologic fluids, all emerging innovative principles should be rigorously tested in the medium to be analyzed. While the miniaturization of the screening of transmissible agents represents a difficult challenge, the identified benefits should be enough to motivate all players concerned.

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#### CONFLICT OF INTEREST

The authors declare that they have no conflicts of interest relevant to the manuscript submitted to **TRANSFUSION**.

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