



# Article Assessing the Sensitivity of Multi-Distance Hyperspectral NIRS to Changes in the Oxidation State of Cytochrome C Oxidase in the Brain

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Abstract: Near-infrared spectroscopy (NIRS) measurements of tissue oxygen saturation (StO<sub>2</sub>) are frequently used during vascular and cardiac surgeries as a non-invasive means of assessing brain health; however, signal contamination from extracerebral tissues remains a concern. As an alternative, hyperspectral (hs)NIRS can be used to measure changes in the oxidation state of cytochrome c oxidase (ΔoxCCO), which provides greater sensitivity to the brain given its higher mitochondrial concentration versus the scalp. The purpose of this study was to evaluate the depth sensitivity of the oxCCO signal to changes occurring in the brain and extracerebral tissue components. The oxCCO assessment was conducted using multi-distance hsNIRS (source-detector separations = 1 and 3 cm), and metabolic changes were compared to changes in StO<sub>2</sub>. Ten participants were monitored using an in-house system combining hsNIRS and diffuse correlation spectroscopy (DCS). Data were acquired during carotid compression (CC) to reduce blood flow and hypercapnia to increase flow. Reducing blood flow by CC resulted in a significant decrease in oxCCO measured at  $r_{SD} = 3$  cm but not at 1 cm. In contrast, significant changes in StO<sub>2</sub> were found at both distances. Hypercapnia caused significant increases in StO<sub>2</sub> and oxCCO at  $r_{SD}$  = 3 cm, but not at 1 cm. Extracerebral contamination resulted in elevated StO<sub>2</sub> but not oxCCO after hypercapnia, which was significantly reduced by applying regression analysis. This study demonstrated that oxCCO was less sensitive to extracerebral signals than StO<sub>2</sub>.

**Keywords:** cytochrome c oxidase; hyperspectral NIRS; carotid compression; tissue oxygen saturation; diffuse correlation spectroscopy; blood flow index; hypercapnia

# 1. Introduction

Various procedures employed during cardiac and vascular surgery, such as cardiopulmonary bypass or arterial clamping, place the patient at risk of brain injury, with an incidence of postoperative stroke between 0.8% and 5.2% [1–4] and cognitive decline between 14.1% and 50% [5,6]. In an effort to reduce the risk of neurological complications, brain monitoring has become an essential component of intraoperative management. Several techniques have been evaluated, including electroencephalography (EEG) [7], somatosensory evoked potential (SEP) [8], transcranial Doppler (TCD) [9], and cerebral tissue oxygen saturation (StO<sub>2</sub>) by near-infrared spectroscopy (NIRS) [10]. A disadvantage of EEG and SEP is that the signals only indirectly reflect cerebral blood flow (CBF) [11]. While a decrease in amplitude in EEG or SEP can indicate reduced CBF, not all EEG and SEP changes are associated with ischemic injury, and stroke can occur even in the absence of changes [12]. Unnecessary shunt placement during carotid endarterectomies is associated with TCD



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**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). The clinical applications of commercially available NIRS systems continue to grow, given their ability to monitor  $StO_2$  non-invasively by detecting changes in oxy- (HbO<sub>2</sub>) and deoxyhemoglobin (Hb) concentrations. However, a well-known challenge with monitoring  $StO_2$  is substantial signal contamination from extracerebral tissues [14,15]. Different algorithms have been developed to improve brain sensitivity, but assessing cerebral  $StO_2$  accurately remains challenging [13,16,17]. Furthermore,  $StO_2$  is not a direct marker of CBF or cerebral oxygen demands.

In contrast to StO<sub>2</sub>, cytochrome c oxidase (CCO) is a proton pump that plays a vital role in producing energy, in the form of ATP through oxygen metabolism [18–20]. Since CCO accounts for 95% of the total uptake of O<sub>2</sub>, as long as there are no changes in the supply of electrons from substrates (i.e., NADH) or in the concentration of CCO, and no terminal inhibitors (i.e., NO), changes in oxygen availability will result in changes in the oxidation state of CCO ( $\Delta$ oxCCO) [21].Changes in the oxidation state of one of CCO's centers, Copper A, are reflected in absorption changes in the NIR range [22]. Therefore, measuring  $\Delta$ oxCCO has the potential to be used as a marker of brain health, especially in clinical scenarios. A further advantage of monitoring oxCCO [23,24], rather than StO<sub>2</sub>, is its greater brain sensitivity due to the higher mitochondrial concentration in the metabolically active brain compared to the scalp [25,26].

Despite these advantages, measuring  $\Delta 0xCCO$  is challenging since the absorption features of oxCCO in the NIR spectrum are broad, and its concentration is less than 10% of hemoglobin [19]. It has been shown that assessing  $\Delta 0xCCO$  reliably requires measuring absorption changes across many wavelengths, which is typically performed using broadband or hyperspectral (hs) NIRS. We previously demonstrated that hsNIRS could detect changes in  $\Delta 0xCCO$  during cardiac surgery with cardiopulmonary bypass and how  $\Delta 0xCCO$  reacted differently from CBF and StO<sub>2</sub>, indicative of its intrinsic sensitivity to metabolism [27]. However, these previous studies were conducted using a hsNIRS system with a single source-detector separation, and therefore, despite the greater brain sensitivity of oxCCO, possible signal contributions from the scalp were unknown [28].

The objective of the current study was to assess signal contributions from the scalp and brain by acquiring hsNIRS data at two source-detector distances (i.e.,  $r_{SD} = 1$  and 3 cm). Experiments were conducted on healthy adult subjects and involved two stimuli chosen to reflect both reduced and excessive blood flow that can occur during cardiac and vascular surgery: carotid compressions (CC) [29–31] and hypercapnia [28,32,33]. In addition, the signal measured at  $r_{SD} = 1$  cm was used as a regressor to reduce extracerebral contributions from the data acquired at  $r_{SD} = 3$  cm [34,35]. All experiments were conducted using an in-house built hybrid hsNIRS/diffuse correlation spectroscopy (DCS) neuromonitoring system modified to collect broadband NIR spectra from two distances. This hybrid system also enabled concurrent monitoring of a blood flow index (BFi) from DCS [27,36].

#### 2. Methods

## 2.1. Instrumentation

The hsNIRS light source was a 20-W halogen bulb (HI-2000-HP, Ocean Optics, Largo, FL, USA) that was filtered from 600 to 1000 nm and coupled into a custom optical fiber bundle ( $\emptyset$  = 2.4 mm,  $\Phi$  = 30 µM, NA = 0.55; Loptek, Germany) that directed the light to the subject's head. The system incorporates two spectrometers to acquire absorption spectra at  $r_{SD}$  = 1 and 3 cm. At  $r_{SD}$  = 1 cm, reflected light was collected by a multimode optical fiber ( $\Phi$  = 600 µm, NA = 0.39; Thorlabs, Newton, NJ, USA) and transmitted through a shutter to a spectrometer (AvaSpec-ULS2048XL,  $\lambda_{Bandwith}$  = 666–1025 nm,  $\lambda_{Resolution}$  = 0.18 nm; Avantes, The Netherlands). At  $r_{SD}$  = 3 cm, reflected light was collected by three fiber bundles ( $\emptyset$  = 2 mm,  $\Phi$  = 30 µm, NA = 0.55; Loptek, Germany) that were linearly aligned at the entrance of a second spectrometer (iDus 420,  $\lambda_{Bandwith}$  = 548–1081 nm,  $\lambda_{Resolution}$  = 0.52 nm;

Andor, Oxford Instruments, Toronto, ON, Canada). Reflectance spectra were acquired at both distances simultaneously.

For the DCS module, light from a long coherence laser (DL785-100s, CrystaLaser, Reno, NV, USA) was coupled into a fiber bundle ( $\Phi = 4 \times 200 \ \mu m$ , NA = 0.22; Loptek, Berlin, Germany). The reflected light was collected by four single-mode fibers ( $\Phi = 8 \ \mu m$ , NA = 0.12; Loptek, Berlin, Germany) and coupled to a four-channel single photon counting module (SPCM-AQR-15-FC, Excelitas Technologies, Toronto, ON, Canada). Each counting module generated TTL pulses that were sent to an edge-detecting photon counter on a PCIe6612 counter/timer data acquisition board (National Instrument, Austin, TX, United States) [37,38]. Photon counts were recorded (LabVIEW 2017 SP1, National Instruments, USA) and processed using in-house developed software (MATLAB 2016b, MathWorks, Natick, MA, USA). For each detector, the software generated intensity autocorrelation curves at 50 delay times ( $\tau$ ) ranging from 1  $\mu$ s to 1 ms [14,37].

## 2.2. Experimental Protocol

All experiments were approved by the Western University Health Sciences Research Ethics Board, which adheres to the guidelines of the Tri-Council Policy Statement for research involving humans. Written informed consent was obtained from each participant before the experiment. Volunteers were excluded based on a neurological or psychiatric disorder diagnosis or a history of vascular disease. All participants completed both the carotid compression and hypercapnia experiments.

Participants were studied in the supine position. Optical probes were attached to the right side of their forehead via a custom-designed probe holder secured by a Velcro headband. One detection fiber bundle was placed at  $r_{SD} = 1$  cm, and three detection fiber bundles, which collected both NIRS and DCS signals, were placed at  $r_{SD} = 3$  cm from the NIRS source and 2 cm from the DCS source (Figure 1), respectively.



Figure 1. Schematic of the hsNIRS/DCS system and optical probe holder.

Continuous arterial blood pressure was measured by finger photoplethysmography (Finometer, Finapres Medical Systems, Enschede, Netherlands), which was calibrated against three manual measurements for the sphygmomanometric brachial artery. Arterial blood pressure was used to calculate mean arterial pressure (MAP).

## 2.2.1. Carotid Compressions (CC)

The experimental protocol for CC consisted of a 1-min baseline period followed by three digital compressions of the right (i.e., ipsilateral to the position of the probes) common carotid artery at the level of 1 cm superior to the clavicle (Figure 2) [39]. Each compression

lasted for 15 s, followed by a 30-s recovery period. The procedure was then performed on the left common carotid artery (i.e., contralateral to the position of the probes). Finally, compression was repeated on the right common carotid artery for a single 30-s period, followed by 1.5 min of recovery.



Figure 2. Experimental participant set-up and carotid compression (CC) procedure.

The hsNIRS/DCS system enables hsNIRS and DCS data to be collected sequentially using a multiplexing shutter system; however, due to the rapid response to CC, hsNIRS and DCS data were collected separately during these experiments.

## 2.2.2. Hypercapnia

Subjects were required to wear a facemask connected to a computer-controlled gas delivery circuit (RespirAct, Thornhill Research Inc, Toronto, ON, Canada). The experimental protocol consisted of one 4-min period of hypercapnia in which end-tidal carbon dioxide pressure ( $P_{ET}CO_2$ ) was increased by 10 mmHg above each subject's normocapnic  $P_{ET}CO_2$  value, as determined by the gas delivery circuit. The hypercapnic period started two minutes after baseline recordings and was followed by three minutes of normocapnia. Hyperspectral NIRS and DCS data were recorded sequentially during the experiment.

#### 2.3. Data Analysis

## 2.3.1. Hyperspectral NIRS

At the beginning of each experiment [40], a reference spectrum (*reference*<sub> $\lambda$ </sub>) and a dark count spectrum (*dark*<sub> $\lambda$ </sub>) were acquired for each spectrometer (i.e., one at *r*<sub>SD</sub> = 1 cm and the other at *r*<sub>SD</sub> = 3 cm). Spectra (*data*<sub> $\lambda$ </sub>) collected during the baseline period before either CC or hypercapnia were converted into baseline reflectance spectra using the following:

$$R(\lambda) = \log_{10} \left( \frac{data_{\lambda} - dark_{\lambda}}{reference_{\lambda} - dark_{\lambda}} \right)$$
(1)

The first and second derivatives of  $R(\lambda)$  were fitted with the solution to the diffusion approximation for a semi-infinite homogeneous medium [41] to generate estimates of the tissue water fraction, HbO<sub>2</sub> and Hb concentrations, and two scattering parameters (wavelength-dependent power and the reduced scattering coefficient ( $\mu_s'$ ) at 800 nm) [36]. Fitting was performed using a constrained minimization algorithm based on the MATLAB function fminsearchbnd (2016b, MathWorks, USA). The HbO<sub>2</sub> and Hb concentrations estimates were used to calculate baseline tissue oxygen saturation at  $r_{SD} = 1$  and 3 cm.

Changes in Hb, HbO<sub>2</sub>, and oxCCO concentrations relative to their baseline values were estimated using the modified Beer–Lambert law based on the UCLn algorithm [18]. The analysis was performed separately for spectra acquired at  $r_{SD} = 1$  and 3 cm. Changes in Hb and HbO<sub>2</sub> concentrations were determined from attenuation changes measured between  $\lambda = 680$  and 850 nm [42]. Likewise, changes in oxCCO concentration were determined from attenuation changes between  $\lambda = 770$  and 906 nm. For this analysis, the differential pathlength for each subject was calculated by fitting the second derivative of average baseline

 $R(\lambda)$  to the second derivative of the water absorption spectrum [43] and correcting for the wavelength dependence of the pathlength [44]. StO<sub>2</sub> at each time point was determined by combining the relative changes derived from the UCLn algorithm with the absolute baseline value obtained by derivative spectroscopy. The StO<sub>2</sub> time courses were smoothed with a zero-phase digital filter (filtfilt, MATLAB, 2016b, MathWorks, Natick, MA, USA).

# 2.3.2. DCS

Using the Siegert relation, normalized intensity autocorrelations functions were converted to electric field autocorrelation data [45]. Each autocorrelation function was subsequently fit with the diffusion approximation solution for a semi-infinite homogenous medium. The fitting incorporated assumed values of the optical coefficients  $\mu_a = 0.1 \text{ cm}^{-1}$  and  $\mu_s' = 10 \text{ cm}^{-1}$  [46] and the coherence factor ( $\beta$ ) determined from the average initial value of the baseline g<sub>2</sub> curves. The fitting procedure was performed across all correlation times from 1 µs to 1 ms and yielded a best-fit estimate of the blood flow index (BFi) based on modelling tissue perfusion as pseudo-Brownian motion [47]. The resulting BFi time courses were smoothed with the same filter applied to the hsNIRS data (i.e., zero-phase digital filtering; filtfilt, MATLAB, 2016b, MathWorks, USA).

## 2.3.3. Regression Analysis

Regression analysis was described in detail previously [35]. It is based on the method proposed by Saager et al. [34] developed to isolate absorption trends in the lower layer of a two-layer turbid medium. The oxCCO and StO<sub>2</sub> signal changes in the brain layer (i.e.,  $\Delta oxCCO_{\text{Reg}}$  and  $\Delta StO_{2,\text{Reg}}$ , respectively) were calculated according to  $\Delta oxCCO_{\text{Reg}} = \Delta oxCCO_{3\text{cm}} - \alpha \cdot \Delta oxCCO_{1\text{cm}}$  and  $\Delta StO_{2,\text{Reg}} = \Delta StO_{2,3\text{cm}} - \alpha \cdot \Delta StO_{2,1\text{cm}}$ , where  $\alpha$  is the scaling parameter obtained by using a least-squares criterion to fit the time series recorded at  $r_{\text{SD}} = 1 \text{ cm}$  to the corresponding time series recorded at  $r_{\text{SD}} = 3 \text{ cm}$ , (i.e.,  $\Delta oxCCO_{1\text{cm}} - \Delta oxCCO_{3\text{cm}} - \Delta StO_{2,1\text{cm}} - \Delta StO_{2,3\text{cm}}$ , where  $\Delta oxCCO_{1\text{cm}} = 1 \text{ cm}$ ,  $\Delta oxCCO_{3\text{cm}} = 3 \text{ cm}$ , etc.).

# 2.3.4. Cerebrovascular Reactivity

To determine the response time of  $\Delta BFi$ ,  $\Delta StO_2$ , and  $\Delta oxCCO$  to 30-s CC, the time courses of  $\Delta BFi$ ,  $\Delta StO_2$ , and  $\Delta oxCCO$  were modelled as the convolution of a step function representing carotid compression (denoted CC(t) and scaled to a maximum value of one) and a hemodynamic response function (*HRF*) [33,48]:

$$\Delta S(t) = ssCVR \left[CC(t) * HRF(t)\right]$$
<sup>(2)</sup>

where  $\Delta S(t)$  is the signal change, *ssCVR* is the steady-state value of cerebrovascular reactivity (CVR) and \* denotes the convolution operator. The *HRF* is given by:

$$HRF(t) = \left(\frac{1}{N}\right)e^{\frac{-(t-t_0)}{\tau}}$$
(3)

where  $\tau$  is the time constant defining the dynamic component of CVR,  $t_0$  is the time delay between the start of CC(t) and the initial decline of  $\Delta S(t)$ , and N is the area under  $\int_0^{\infty} e^{-t/\tau} dt$ . Best-fit estimates of  $\tau$ ,  $t_0$ , and *ssCVR* were obtained by numerical optimization (fminsearchbnd, MATLAB, Mathworks Inc., USA). The fitting was performed over a time window spanning the beginning of CC to the nadir of  $\Delta S(t)$ . For  $\Delta StO_2$  and  $\Delta oxCCO$ , the analysis was performed for time courses recorded at  $r_{SD} = 3$  cm.

#### 2.3.5. Statistical Analysis

All data are presented as mean  $\pm$  standard deviation unless otherwise noted. Statistical analyses were conducted in IBM SPSS. Statistical significance was defined as p < 0.05. Multivariate analyses of variance (ANOVA) were used to compare  $\Delta$ StO<sub>2</sub> and  $\Delta$ oxCCO at the two  $r_{SD}$  (1 and 3 cm) during the two compression durations (15 and 30 s). Independent-

samples *t*-tests were used to evaluate  $\Delta$ StO<sub>2</sub> and  $\Delta$ oxCCO at the two  $r_{SD}$  (1 and 3 cm) and  $\Delta$ StO<sub>2.3cm</sub> and  $\Delta$ oxCCO<sub>3cm</sub> versus  $\Delta$ StO<sub>2.7eg</sub> and  $\Delta$ oxCCO<sub>Reg</sub>. Paired-samples *t*-tests were used to evaluate  $\Delta$ StO<sub>2,1cm</sub>,  $\Delta$ oxCCO<sub>1cm</sub>,  $\Delta$ BFi, and change in MAP versus the baseline. A repeated measures ANOVA was conducted on the 15-s ipsilateral CC data to determine the precision of  $\Delta$ oxCCO and  $\Delta$ StO<sub>2</sub>. Precision was defined by the coefficient of variation (CoV) for the within-subject variance.

## 3. Results

Data were acquired from 10 participants (4 females, 6 males, 24–34 years, mean =  $29 \pm 5$  years). A total of 67 digital common carotid artery compressions were performed (30 15-s right CCs, 28 15-s left CCs, and 10 30-s right CCs). Data from one participant were excluded from the contralateral 15-s CC analysis as the participant experienced mild syncopal symptoms during the contralateral 15-s CC. The same 10 participants also underwent the hypercapnia protocol.

#### 3.1. Carotid Compressions (CC)

Figure 3 presents time courses of average changes in BFi, StO<sub>2</sub>, and oxCCO in response to ipsilateral CC across subjects during the two compression durations. Data for  $\Delta$ StO<sub>2</sub> and  $\Delta$ oxCCO are presented for both source-detector separations ( $r_{SD} = 1$  and 3 cm). Decreases in  $\Delta$ BFi,  $\Delta$ StO<sub>2</sub>, and  $\Delta$ oxCCO were observed at both source-detector distances during ipsilateral 15 s and 30 s CC. Change in each parameter in response to CC was characterized by taking the average of 5 s around the maximum reduction (Table 1).



**Figure 3.** Average changes in StO<sub>2</sub>, oxCCO, and BFi in response to ipsilateral (**a**) 30-s CC (blue region between 1 and 1.5 min) and (**b**) 15-s CC (blue region between 0.5 and 0.75 min). Time courses were averaged across subjects, and shading surrounding each line represents the standard deviation.

Table 1. Average oxygenation and metabolic responses for 30-s and 15-s CC.

CC Duration of CC (s)	30		Ipsilateral Regression	15		Contralateral 15	
$r_{\rm SD}$ (cm)	1	3	_	1	3	1	3
$\Delta StO_2(\%)$	$-1.2\pm0.7$ $\bigtriangledown$	$-4\pm2.2$ $^{\bigtriangledown,*}$	$-2.4\pm1.9\  riangle$	$-1\pm0.5\ \bigtriangledown$	$-3.1 \pm 1.1 \ ^{\bigtriangledown,*}$	$-0.2\pm0.2$	$-0.6\pm0.6$
$\Delta ox CCO (\mu M)$	$-0.06\pm0.1$	$-0.4\pm0.3$ $\bigtriangledown$ ,*	$-0.21\pm0.24~\triangledown$	$-0.07\pm0.2$	$-0.3\pm0.2$ $\bigtriangledown$ ,*	$-0.12\pm0.08$	$-0.1\pm0.1$

Carotid compression (CC), source-detector distance ( $r_{SD}$ ), tissue oxygen saturation (StO<sub>2</sub>), oxidation state of cytochrome c oxidase (oxCCO). \* 3 cm vs. 1 cm,  $\bigtriangledown$  reduction vs. baseline.

Thirty-second CC resulted in a significant decrease in BFi ( $-57 \pm 14\%$ ) and an increase in MAP (4  $\pm$  1 mmHg). Decreases in oxCCO recorded at  $r_{SD}$  = 3 cm (Table 1) were significantly larger than the reductions measured at 1 cm ( $-0.06 \pm 0.1 \mu$ M). The corresponding

decrease in StO<sub>2</sub> at the longer  $r_{SD}$  ( $-4 \pm 2.2\%$ ) was also significantly larger than the decrease recorded at  $r_{SD}$  = 1 cm. The reduction in StO<sub>2</sub> recorded at 1 cm was significantly less than baseline, whereas the reduction in oxCCO at 1 cm did not reach significance.

The 15-s CC response was averaged over the three trials for every subject. The average significant decrease in BFi was  $55 \pm 8\%$ , and an increase in MAP (4  $\pm$  3 mmHg). Similar to 30-s CC, reductions in  $\Delta 0xCCO$  and  $\Delta StO_2$  recorded at  $r_{SD} = 3$  cm were significantly greater than the corresponding reductions measured at 1 cm. StO<sub>2</sub> and 0xCCO changes measured for 15-s CC were not statistically different from those obtained for the 30-s CC. From the three 15-s CC trials, the estimated CoV for within-subject variability was 6% and 1% for  $\Delta 0xCCO$  at  $r_{SD} = 1$  and 3 cm, respectively. Similar values were found for the corresponding  $\Delta StO_2$  measurements: CoV = 9% and 8% at  $r_{SD} = 1$  and 3 cm, respectively.

Fitting the cerebrovascular reactivity model to the time courses for 30-s CC demonstrated that  $\Delta$ BFi exhibited the fastest response and  $\Delta$ StO<sub>2</sub> the slowest, as indicated by the time constant defining *HRF*(*t*); i.e.,  $\tau = 1.8 \pm 1.4$  s for  $\Delta$ BFi,  $4.8 \pm 3.5$  s for  $\Delta$ oxCCO, and  $14.8 \pm 8.4$  s for  $\Delta$ StO<sub>2</sub>. The average  $\tau$  value for  $\Delta$ StO<sub>2</sub> was significantly different from the corresponding values for  $\Delta$ BFi and  $\Delta$ oxCCO, while the values for  $\Delta$ oxCCO and  $\Delta$ BFi were not significantly different from each other. Despite the lack of significant difference between the response time between  $\Delta$ BFi and  $\Delta$ oxCCO, an average temporal delay of  $4.7 \pm 7.3$  s was found between the nadirs.

Following completion of carotid compression, a brief 5-s hyperemic response was observed, which was characterized by a BFi increase of  $32 \pm 20\%$  after 30-s CC and  $28 \pm 26\%$  after 15-s CC; however, there was no significant change in  $\Delta$ StO<sub>2</sub> and  $\Delta$ oxCCO.

Figure 4 presents average time courses of  $\Delta$ StO<sub>2</sub> and  $\Delta$ oxCCO measured at  $r_{SD}$  = 3 cm in response to 30-s CC after applying regression analysis. In both cases, regression reduced the magnitude of the response to CC. Both reductions remained significantly different from baseline after regression. The maximum decrease was  $2.4 \pm 1.9\%$  for  $\Delta$ StO<sub>2</sub> (Figure 4a) and  $0.21 \pm 0.24 \mu$ M for  $\Delta$ oxCCO (Figure 4b). Regression also significantly reduced the time constant for regressed  $\Delta$ StO<sub>2</sub> ( $\tau$  = 6.6 ± 5.6 s), and the average  $\tau$  value for regressed  $\Delta$ StO<sub>2</sub> was not significantly different from the  $\tau$  values for  $\Delta$ BFi and  $\Delta$ oxCCO.



**Figure 4.** Regression analysis of (a)  $\Delta$ StO<sub>2</sub> and (b)  $\Delta$ oxCCO in response to ipsilateral 30-s CC (indicated by blue region between 1 and 1.5 min). In both cases, the time course measured at  $r_{\text{SD}} = 1$  cm was used as the regressor. Time courses were averaged across subjects, and shading surrounding each line represents the standard deviation.

Figure 5 presents the correlation of  $\Delta 0 \times CCO$  to  $\Delta BFi$  during CC. A strong non-linear relationship can be observed for  $\Delta 0 \times CCO$  recorded at  $r_{SD} = 3$  cm, with all  $\Delta 0 \times CCO$  values for BFi  $\geq 21\%$  significantly different from zero. In contrast,  $\Delta 0 \times CCO$  recorded at  $r_{SD}$  at 1 cm was relatively unresponsive to  $\Delta BFi$ , with no values significantly different from zero.



**Figure 5.** Relationship between reductions in BFi and corresponding changes in oxCCO. Results were averaged across subjects, and shading surrounding each line represents the standard deviation.

Small decreases in  $\Delta$ StO<sub>2</sub> and  $\Delta$ oxCCO were observed on the contralateral hemisphere in response to CC of 15 s (Figure 6); however, these changes did not reach significance. In contrast, a significant increase in BFi (14 ± 14%) was found.



**Figure 6.** Average temporal change in BFi in response to contralateral 15-s CC, indicated by the blue region. Time courses were averaged across subjects, and shading surrounding each line represents the standard deviation.

## 3.2. Hypercapnia

Figure 7 presents average time courses of changes in BFi, StO<sub>2</sub>, and oxCCO in response to 4 min of hypercapnia ( $P_{ET}CO_2$  increase =  $10 \pm 2$  mmHg). Hypercapnic responses were calculated as the relative difference between the average signal from 4 to 6 min (i.e., 2nd half of the hypercapnic period) and the average of the first minute of baseline. Average  $\Delta$ oxCCO and  $\Delta$ StO<sub>2</sub> recorded at both source-detectors distances are provided in Table 2.  $\Delta$ oxCCO and  $\Delta$ StO<sub>2</sub> measured at  $r_{SD}$  = 3 cm were significantly larger than the responses measured at  $r_{SD}$  = 1 cm. The  $\Delta$ oxCCO and  $\Delta$ StO<sub>2</sub> responses at 1 cm were significantly delayed (33 ± 24 s and 10 ± 6 s, respectively) compared to the corresponding responses at 3 cm. Hypercapnia resulted in a significant increase in BFi (31 ± 48%) and MAP (4 ± 1 mmHg). Persistent signal changes were observed after hypercapnia. These were compared to

both baseline and hypercapnia by taking the average of the signal from 7 to 9 min. Only the post-hypercapnia  $\Delta \text{oxCCO}$  measured at  $r_{\text{SD}}$  = 3 cm was significantly lower than its corresponding hypercapnic value (Table 2).



**Figure 7.** Average changes in BFi, StO<sub>2</sub>, and oxCCO in response to a 4-min hypercapnic challenge indicated by the blue shading. Time courses were averaged across subjects, and shading surrounding each line represents the standard deviation.

Table 2. Average hemodynamic and metabolic changes during and following hypercapnia.

	Hypercapnia (min 4–6)		Hypercapnia Regression	Post Hypercapnia (min 7–9)		Post Hypercapnia Regression	
$r_{\rm SD}$ (cm)	1	3	-	1	3	-	
$\Delta StO_2$ (%)	$0.6\pm0.6$	$1.5 \pm 1.1  \bigtriangledown, *$	$0.82\pm0.75\ \bigtriangledown$	$0.3\pm0.6$	$0.9\pm1.3~ \bigtriangledown$	$0.03\pm0.1$ $\blacklozenge$	
ΔοχCCO (μΜ)	$0.1\pm0.1$	$0.22\pm0.19$ $^{\bigtriangledown,*}$	$0.15\pm0.11\ \bigtriangledown$	$0.14\pm0.1~ \bigtriangledown$	$0.1\pm0.1$ •	$0.03\pm0.7$	

Carotid compression (CC), source-detector distance ( $r_{SD}$ ), tissue oxygen saturation (StO<sub>2</sub>), oxidation state of cytochrome c oxidase (oxCCO). \* 1 cm vs. 3 cm,  $\bigtriangledown$  change vs. baseline,  $\blacklozenge$  regression vs. 3 cm,  $\blacklozenge$  post hypercapnia vs. hypercapnia.

Figure 8 displays time-varying changes in oxCCO and StO<sub>2</sub> averaged across subjects in response to hypercapnia after regression analysis. Regression reduced the magnitude of the hypercapnic increases for both oxCCO and StO<sub>2</sub> (Table 2); however, their responses were not significantly different from the original responses measured at  $r_{SD}$  = 3 cm. Post-hypercapnia,  $\Delta$ StO<sub>2,Reg</sub> returned to baseline and was significantly smaller than the corresponding post-hypercapnia  $\Delta$ StO<sub>2,3cm</sub>.



**Figure 8.** Regression analysis of (a)  $\Delta$ StO<sub>2</sub> and (b) oxCCO<sub>3cm</sub> in response to hypercapnia (blue-shaded region).

## 4. Discussion

This study focused on evaluating contributions from the scalp and brain on metabolic and hemodynamic markers measured with hsNIRS. The primary motivation was to improve the confidence in non-invasive  $\Delta 0xCCO$  monitoring for cardiac and vascular surgery applications. In this study, the impact of the scalp was assessed by comparing signals measured at  $r_{SD} = 1$  cm, which predominately represents changes in the extracerebral layer, and  $r_{SD} = 3$  cm, which contains a greater brain contribution. The study involved two paradigms: unilateral CC and hypercapnia. The motivation for using CC was that it is a safe method of causing rapid and large decreases in cerebral blood flow that mimics arterial occlusion performed during surgery. Hypercapnia was included given its well-known vasodilatory effects in the brain.

The average reductions in BFi for 15 and 30-s periods of CC were 55  $\pm$  8% and  $57 \pm 14\%$ , respectively, which are consistent with a 60% decrease in mean blood flow velocity measured in the middle cerebral artery by transcranial Doppler [30]. Repeat 15-s CC trials demonstrated that  $\Delta ox CCO$  measured at both source-detector distances was highly reproducible with a CoV of 6% at  $r_{SD}$  = 1 cm and 1% at 3 cm. Thirty seconds of CC decreased oxCCO by  $0.4 \pm 0.3 \,\mu\text{M}$  at  $r_{\text{SD}} = 3 \,\text{cm}$  (Figure 3a). The magnitude of this decrease is greater than reported for other experimental paradigms, including mild hypoxia, hypocapnia [28], and breath holding [49]. More importantly, the average oxCCO reduction at  $r_{SD}$  = 3 cm was almost seven times greater than the corresponding oxCCO reduction measured at  $r_{SD} = 1$  cm (0.06  $\pm$  0.1  $\mu$ M). The latter was not significantly different from the baseline. The significant difference in the oxCCO responses at the two distances (p = 0.012,  $\Delta \text{oxCCO}$  at  $r_{\text{SD}}$  = 3 vs. 1 cm) reflects the greater brain contribution to the signal measured at  $r_{SD}$  = 3 cm. Considering the higher metabolic rate of the brain compared to scalp and the higher cerebral oxCCO concentration, a sudden and sizable decrease in oxygen delivery would likely have a greater effect on the brain. The greater sensitivity of the oxCCO signal to the brain is exemplified in Figure 5, which shows that changes in oxCCO measured at  $r_{\text{SD}}$  = 1 cm never reached significance across all BFi decreases; whereas, changes in oxCCO at  $r_{SD}$  = 3 cm were significant for all decreases in BFi greater than 20%.

The hypercapnia results also demonstrated the sensitivity of the oxCCO signal to the brain. The average increase in  $P_{ET}CO_2$  was  $10 \pm 2$  mmHg, which caused a  $31 \pm 48\%$  increase in BFi and a significant increase in oxCCO of  $0.22 \pm 0.19 \mu$ M measured at  $r_{SD} = 3$  cm (Table 2). Similar to the CC results, the oxCCO change measured at  $r_{SD} = 1$  cm ( $0.1 \pm 0.1 \mu$ M)

did not reach significance. This finding is in agreement with Kolyva et al., who reported that the magnitude of the oxCCO response to hypercapnia increased with source-detector separation ( $2 \le r_{SD} \le 3.5$  cm) [32]. Note, there is some debate as to whether oxCCO should increase during hypercapnia if it is close to fully oxidized at normoxia [50,51]. The consistent increase in oxCCO observed in human participants indicates that this is likely not the case [32].

This study also demonstrated that StO<sub>2</sub> was more sensitive to extracerebral tissue than oxCCO. Similar to oxCCO, greater changes in StO<sub>2</sub> were measured at  $r_{SD} = 3$  cm compared to 1 cm for CC; however, the ratio of  $\Delta$ StO<sub>2</sub> measured at the two distances was around three, in contrast to a ratio closer to seven for  $\Delta$ oxCCO. Moreover, unlike oxCCO, there was a significant decrease in StO<sub>2</sub> measured at  $r_{SD} = 1$  cm (p = 0.001 vs. baseline) (Table 1). The hemodynamic response of  $\Delta$ StO<sub>2</sub> to CC was also significantly slower, as characterized by the time constant  $\tau$ , which was larger for  $\Delta$ StO<sub>2</sub> compared to the corresponding values for  $\Delta$ oxCCO and  $\Delta$ BFi. The average time courses for the three parameters (Figure 3) demonstrated that  $\Delta$ oxCCO followed  $\Delta$ BFi more closely than  $\Delta$ StO<sub>2</sub>. The StO<sub>2</sub> response likely reflects a slower response to CC in the metabolically inactive scalp tissue. In newborn piglets, which have thin skulls and negligible scalp muscle, Rajaram et al. observed that CBF and StO<sub>2</sub> both decreased rapidly in response to hypoxia-ischemia while oxCCO displayed a delayed response [40]. The use of hypoxia in the piglet study may also have contributed to the difference between these two studies since SaO<sub>2</sub> was not altered in the CC experiments.

A further illustration of the sensitivity of StO<sub>2</sub> to the extracerebral tissue was the persistent elevation observed after hypercapnia (Figure 7). In healthy participants, cerebrovascular reactivity will be reflected by rapid changes in StO<sub>2</sub> at the onset and end of hypercapnia, as demonstrated in functional magnetic resonance imaging studies [48]. The influence of the scalp, which has considerably more sluggish vascular reactivity, was previously demonstrated using time-resolved NIRS. Only hemoglobin signals with enhanced depth sensitivity exhibited a rapid return to baseline when  $P_{ET}CO_2$  returned to normocapnia [33,35]. In the current study,  $\Delta$ StO<sub>2</sub> at  $r_{SD} = 3$  cm remained significantly greater than baseline (p = 0.003) one to three minutes after hypercapnia. In contrast,  $\Delta$ oxCCO at  $r_{SD} = 3$  cm in the same period was not significantly different from baseline. However, some evidence of scalp contamination in oxCCO measurements was also observed. Post hypercapnia,  $\Delta$ oxCCO at  $r_{SD} = 1$  cm was significantly greater than at baseline, reflecting some sensitivity to the scalp (Table 2).

Regression analysis was explored as a means of reducing scalp contamination in the hsNIRS data. For both  $\Delta 0xCCO$  and  $\Delta StO_2$  during CC, regression reduced the magnitude and inter-subject variability (Figure 4); however, these changes were not significant. More apparent effects can be observed in the regression results obtained for hypercapnia (Figure 8). For the hypercapnia data, regression did significantly reduce post hypercapnia  $\Delta StO_2$  (p = 0.02 vs.  $\Delta StO_2$  at 3 cm) (Table 2). A similar effect can be observed for  $\Delta 0xCCO$ ; however, the signal change did not reach significance. This effect suggests that scalp contamination also affected the  $\Delta 0xCCO$  signal at  $r_{SD} = 3$  cm but to a lesser extent than  $\Delta StO_2$ .

This study presented a few limitations. The ratio of the CC responses at the two sourcedetector separations (Table 1) was larger for  $\Delta 0x$ CCO than StO<sub>2</sub>, but this difference was not significant. Power analysis indicated that 42 participants would have been required to show significance. Next, only a single source-detector separation was used for DCS acquisition. While the DCS will include contributions from scalp blood flow, the magnitude of this contamination will be less compared to NIRS due to the higher blood flow in the brain. Since this study was primarily focused on hsNIRS measurements of oxCCO, single-distance DCS measurements were deemed reasonable. Finally, regression analysis is sensitive to signal noise and cannot be performed in real-time in clinical settings. Future work will focus on assessing real-time methods for reducing scalp contributions from multi-distance hsNIRS data.

# 5. Conclusions

In summary, the study measured oxCCO and StO<sub>2</sub> changes with hsNIRS at multiple source-detector distances during two paradigms. The first paradigm, CC, caused substantial reductions in blood flow, analogous to hemodynamic events that can occur during cardiac and vascular surgeries. The novelty of this study was demonstrating a significant decrease in oxCCO at  $r_{SD} = 3$  cm during CC but not at  $r_{SD} = 1$  cm. In contrast, significant decreases in StO<sub>2</sub> were observed at both distances. These results indicate that oxCCO had less scalp contamination than concurrent StO<sub>2</sub> measurements. These results highlight the potential of using oxCCO to monitor brain health during surgery. However, increases in oxCCO were observed in the post hypercapnia data acquired at  $r_{SD} = 1$  cm, indicating some contamination from the scalp. Therefore, acquiring multi-distance hsNIRS data and applying methods to separate scalp and brain contributions, such as regression analysis, is likely prudent for interpreting changes in oxCCO in clinical settings.

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