# Benzo(a)pyrene enhances the EMT-associated migration of lung adenocarcinoma A549 cells by upregulating Twist1

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Abstract. Benzo(a)pyrene (BaP), an important toxic component of cigarette smoke, can cause lung cancer and lead to the progression of lung cancer. In the present study, we investigated the effect of BaP on the migration of lung adenocarcinoma A549 cells. BaP (1  $\mu$ M) promoted the migration of A549 cells in a time-dependent manner and upregulated the expression of the Twist family BHLH transcription factor 1 (Twist1). BaP also induced upregulation of the mesenchymal markers N-cadherin and vimentin and downregulation of the epithelial marker E-cadherin. When the expression of Twist1 was knocked down in A549 cells that were treated with BaP for 4 weeks (A549<sup>BaP-4w</sup>), the expression of Twist1 decreased, which inhibited the migration capacity of A549<sup>BaP-4w</sup> cells, the expression of N-cadherin and vimentin was downregulated and the expression of E-cadherin was upregulated. In addition, morphological observations of A549<sup>BaP-4w</sup> cells revealed that the epithelial characteristics of A549 cells became mesenchymal characteristics. When the expression of Twist1 was knocked down, the A549<sup>BaP-4w</sup> cells were transformed back to cells with epithelial characteristics. In conclusion, the results from the present study indicate that BaP enhances the epithelial-mesenchymal transition-associated migration of lung adenocarcinoma A549 cells by upregulating Twist1.

## Introduction

Cigarette smoking is strongly associated with lung cancer incidence and mortality (1,2). As an important toxic component of cigarette smoke (3), benzo(a)pyrene (BaP) alone is sufficient to induce lung cancer (4, 5). However, BaP promotes lung cancer through different mechanisms (6-10), and one of these mechanisms is the induction of epithelial-mesenchymal transition (EMT) (10).

EMT is a process by which epithelial cells gain migratory and invasive characteristics to become motile mesenchymal stem cells. In physiological conditions, EMT is integral in embryo implantation, organ development and wound healing (11,12). However, under pathological conditions, EMT contributes to fibrosis and cancer progression (11,12). It is an important process in the development and progression of lung cancer induced by tobacco smoke (13), and it is an important cause of drug resistance and metastasis in lung cancer (14). In addition, the EMT secretory phenotype can also predict survival in patients with lung cancer (15).

Twist family BHLH transcription factor 1 (Twist1) is a basic helix-loop-helix domain-containing transcription factor that is encoded by the Twist1 gene (16), and is essential for embryonic differentiation during physiological conditions (16). Upregulated Twist1 expression is associated with the progression of lung cancer (17) and other types of cancer, such as gastric (18), breast (19), colorectal (20), endometrial (21) and prostate (22) cancer. In addition, Twist1 can induce EMT in cancer cells (23,24). Particularly, inhibiting the expression of Twist1 in lung cancer cells suppresses cell proliferation (17,25) and metastasis (25), activates oncogene-induced senescence (26) and suppresses the EMT process (25).

In the present study, we aimed to study the effects of BaP on migration ability, the EMT process and Twist1 expression in adenocarcinoma A549 cells. We found that BaP can enhance the migration of lung adenocarcinoma A549 cells through the promotion of EMT by upregulation of Twist1.

## Materials and methods

*Cell culture and treatments*. Human A549 cells (Xiangya Cells Center, Central South University, Changsha, Hunan, China) were cultured in RPMI-1640 medium (HyClone, Logan, UT, USA) containing 10% fetal bovine serum (FBS) (Biological Industries, Beit Haemek, Israel) and 1% penicillin/streptomycin and incubated in a humidified incubator at 37°C with 5% CO<sub>2</sub>.

BaP (purity  $\geq$ 96%; Sigma-Aldrich, St. Louis, MO, USA) was dissolved in dimethyl sulfoxide (DMSO) and added to the culture medium at a final concentration of 1  $\mu$ M. Before

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proceeding with further experiments, A549 cells were treated with 1  $\mu$ M BaP for 24, 48 and 72 h; 1, 2 and 4 weeks.

Wound healing assay. Wound healing assays were conducted to evaluate the lateral migration capacity of cells. After cells were seeded into 24-well plates and had grown into a monolayer, a 'scratch' was scraped in a straight line using a p200 pipet tip. The cells were washed 3 times with growth medium to smooth the edges of the scratch and remove debris, and the medium was replaced with fresh culture medium. The cells were then allowed to recover for 12 h. Before and after the 12 h incubation, the initial scratch and the recovery area, respectively, were photographed under a microscope. The wound closure rate was equal to the recovered distance divided by the original width of the scratch.

*Transwell migration assay.* Transwell plates (6.5 mm in diameter at the lower surface and 8- $\mu$ m pore filters; Corning Costar, Cambridge, MA, USA) without Matrigel were used to detect the longitudinal migration ability of cells. Briefly, 5x10<sup>4</sup> cells in 200  $\mu$ l of 0.1% FBS culture medium were seeded in the upper chamber and 800  $\mu$ l of medium with 10% FBS was placed in the lower chamber. Following incubation for 24 h, a cotton swab was used to remove the cells adhering to the membrane of the upper chamber. The migrated cells on the lower side of the filter membrane surface were stained with 0.1% crystal violet, and the cells were counted under a light microscope.

Reverse transcription PCR (RT-PCR). Total RNA was extracted using TRIzol reagent (Invitrogen, Carlsbad, CA, USA), and cDNA was synthesized using a PrimeScript First Strand cDNA Synthesis kit (Takara Biotech, Kusatsu, Shiga, Japan) according to the manufacturer's instructions. The following are the primers used for PCR amplification: Twist1 forward, 5'-CTCAGCTACGCCTTCTCGGT-3' and reverse, 5'-AGTCCATAGTGATGCCTTTC-3'; N-cadherin forward, 5'-ATCCAGACCGACCCAAACAG-3 and reverse, 5'-GGAA TTCCATTGTCAGAAGC-3; vimentin forward, 5'-CCAGG CAAAGCAGGAGTC-3 and reverse, 5'-CGAAGGTGACGA GCCATT-3; E-cadherin forward, 5'-CTGAGAACGAGGCT AACGTCG-3 and reverse, 5'-AGTGTAGGATGTGATTTC CTG-3;  $\beta$ -actin forward, 5'-AGAGCTACGAGCTGCCTG AC-3 and reverse, 5'-AGCACTGTGTTGGCGTACAG-3.

Western blotting. Whole cell protein was prepared using icecold RIPA buffer (Millipore, Temecula, CA, USA) mixed with a protease inhibitor cocktail. The protein concentrations were determined after cell lysates were centrifuged at 12,000 x g at 4°C for 20 min to clear the cell debris. Equal amounts of protein (50  $\mu$ g) from each sample were loaded/lane and separated on 10% SDS-PAGE, followed by transfer to polyvinylidene difluoride (PVDF) membranes (Millipore) via electroblotting. Then, 5% non-fat milk was used to block the membranes for 2 h. Primary antibodies, diluted according to the manufacturer's recommendations, were incubated with the membranes overnight at 4°C. The antibodies used included antibodies against Twist1 (Santa Cruz, Heidelberg, Germany), N-cadherin (BD Biosciences, San Jose, CA, USA), vimentin (Santa Cruz) and E-cadherin (BD Biosciences), and  $\beta$ -actin (Cell Signaling Technology, Beverly, MA, USA) served as the loading control. The membranes were washed 3 times (10 min/time) in Trisbuffered saline with Tween-20 (TBST) buffer, followed by incubation with horseradish peroxidase-conjugated secondary antibodies for 2 h at room temperature. The protein bands were detected using an enhanced chemiluminescence (ECL) reagent kit (Thermo Scientific Pierce, Rockford, IL, USA).

Construction of plasmid-expressing short hairpin RNA targeting Twist1. A short hairpin RNA sequence (GCTGAGC AAGATTCAGACCCTTTCAAGAGAAGGGTCTGAATCT TGCTCAGC) targeting Twist1 (Twist1-shRNA) was inserted into a pGCsilencer<sup>™</sup> U6/Neo/GFP/RNAi plasmid (GeneChem, Shanghai, China). A negative control shRNA (TTCTCCGAAC GTGTCACGT) vector was also constructed using a pGCsilencer<sup>™</sup> U6/Neo/GFP/RNAi plasmid to verify the sequence specificity of Twist1-shRNA. The cells were transfected with plasmids using Lipofectamine<sup>™</sup> 2000 reagent (Invitrogen). The transfection efficiency was observed under a fluorescence microscope after transfection for 24 h. The knockdown efficiency of Twist1-shRNA was detected with western blotting after transfection for 48 h.

Statistical analysis. Statistical analyses were conducted using SPSS 18.0 software (SPSS, Inc., Chicago, IL, USA) with a Windows operating system. Repeated measurement data were presented as the mean  $\pm$  standard deviation (SD). When two sets of data were compared, differences were calculated using Student's t-test (two-tailed). Statistical significance was defined as p<0.05.

## Results

BaP promotes the migration of A549 cells. To study the effect of BaP on the migration of A549 cells, we first treated A549 cells with 1  $\mu$ M BaP for different lengths of time (24, 48 and 72 h; 1, 2 and 4 weeks). Thereafter, we used a wound healing assay to study the lateral migration ability of BaP-treated A549 cells. As shown in Fig. 1, after the cells in the wound healing assay were allowed to recover for 12 h, BaP enhanced the lateral migration ability of A549 cells when the treatment time was at least 48 h. Furthermore, we used Transwell migration assays to research the longitudinal migration ability of BaP-treated A549 cells. As shown in Fig. 2, after the Transwell migration assay was performed for 24 h, BaP enhanced the longitudinal migration ability of A549 cells when the intervention time was at least 48 h, similar to the enhancement effect observed on lateral migration. In addition, we found that the effect of BaP on the migration of A549 cells was gradually enhanced with prolonged treatment time (Figs. 1 and 2).

Effect of BaP treatment on the expression of Twist1, N-cadherin, vimentin and E-cadherin in A549 cells. As shown in Figs. 3 and 4, after A549 cells were exposed to 1  $\mu$ M BaP for different durations of time (24, 48 and 72 h; 1, 2 or 4 weeks), both the mRNA (Fig. 3) and protein expression (Fig. 4) of Twist1 were gradually increased with prolonged intervention times. Accordingly, the expression of N-cadherin and vimentin were also gradually increased with prolonged BaP intervention (Figs. 3 and 4). However,



Figure 1. BaP (1  $\mu$ M) stimulates A549 cell migration, shown by a wound healing assay. After intervention with BaP for different lengths of time (24, 48 and 72 h; 1, 2 and 4 weeks), wound healing assays were performed with a 12-h recovery time. Graphics present the wound closure rate of cells among different treatment groups, and the results are presented as the mean ± SD of 3 independent experiments; \*p<0.05, \*\*p<0.01. BaP, benzo(a)pyrene.



Figure 2. BaP (1  $\mu$ M) stimulates A549 cell migration, as revealed by a Transwell migration assay. After intervention with BaP for different lengths of time (24, 48 and 72 h; 1, 2 and 4 weeks), Transwell migration assays were performed for 24 h (the microscopy fields are shown at a magnification of x200). Graphics display the number of cells/field between different treatment groups, and the results are presented as the mean ± SD of 3 independent experiments; \*p<0.05, \*\*p<0.01. BaP, benzo(a)pyrene.



Figure 3. Effect of BaP on the mRNA expression of Twist1, N-cadherin, vimentin and E-cadherin in A549 cells. (A) After A549 cells were exposed to  $1 \mu M$  BaP for 24, 48 and 72 h; 1, 2 or 4 weeks, the mRNA levels were determined using RT-PCR. (B) The statistical results are presented as the mean  $\pm$  SD of 3 independent experiments; \*p<0.05, \*\*p<0.01. BaP, benzo(a)pyrene; Twist1, Twist family BHLH transcription factor 1.

conversely, the expression of E-cadherin gradually decreased as the BaP intervention time was extended (Figs. 3 and 4).

Downregulation of Twistl inhibits the migration ability of  $A549^{BaP.4w}$  cells. Compared with A549 cells without BaP

intervention, Twist1 was highly expressed in A549 cells treated with BaP for 4 weeks (A549<sup>BaP-4w</sup>) (Figs. 3 and 4), and the migration capacity of A549<sup>BaP-4w</sup> cells was significantly enhanced (Figs. 1 and 2). We hypothesized that downregulation of Twist1 expression may decrease the migration of A549<sup>BaP-4w</sup>



Figure 4. Effect of BaP on the protein expression of Twist1, N-cadherin, vimentin and E-cadherin in A549 cells. (A) After A549 cells were exposed to 1  $\mu$ M BaP for 24, 48 and 72 h; 1, 2 or 4 weeks, the protein levels were determined with western blotting. (B) The statistical results are presented as the mean  $\pm$  SD of 3 independent experiments; \*p<0.05, \*\*p<0.01. BaP, benzo(a)pyrene.



Figure 5. Downregulation of Twist1 in A549<sup>BaP-4w</sup> cells inhibits the migration ability. After downregulation of Twist1 using Twist1-shRNA, (A) a wound healing assay was performed with 12 h of recovery and (B) a Transwell migration assay was performed at 24 h (the microscopic fields are shown at a magnification of x200). The graphics display the (A) wound closure rate and (B) the number of cells/field between the different groups. The statistical results are presented as the mean  $\pm$  SD of 3 independent experiments; \*p<0.05, \*\*p<0.01. A549<sup>BaP-4w</sup>, A549 cell model incubated with 1  $\mu$ M BaP for 4 weeks, resulting in the upregulation of the expression of Twist1; control, A549<sup>BaP-4w</sup> cell group without plasmid transfection; blank control, A549<sup>BaP-4w</sup> cell group transfected with heating; negative control, A549<sup>BaP-4w</sup> cell group transfected with negative plasmid; Twist1-shRNA, A549<sup>BaP-4w</sup> cell group transfected with recombinant plasmid containing short hairpin RNA to downregulate Twist1 gene expression. BaP, benzo(a)pyrene; Twist1, Twist family BHLH transcription factor 1.

cells. Thus, we applied wound healing and Transwell migration assays to assess A549<sup>BaP-4w</sup> cells that were transfected with recombinant plasmid containing short hairpin RNA (Twist1-shRNA). The results of both the wound healing (Fig. 5A) and Transwell migration assay (Fig. 5B) revealed that downregulation of Twist1 inhibited the migration ability of A549<sup>BaP-4w</sup> cells.

Decreased expression of Twist1 in A549<sup>BaP-4w</sup> cells results in downregulation of N-cadherin and vimentin and upregulation of E-cadherin. As shown in Fig. 6, the expression of Twist1 in A549<sup>BaP-4w</sup> cells was obviously downregulated after transfection with Twist1-shRNA. Accordingly, the expression of N-cadherin and vimentin was also markedly decreased after A549<sup>BaP-4w</sup> cells were transfected with Twist1-shRNA (Fig. 6A and B). However, decreased expression of Twist1 in A549<sup>BaP-4w</sup> cells resulted in the upregulation of E-cadherin expression (Fig. 6A and B).

*BaP induces EMT in A549 cells by upregulating Twist1.* Under a microscope, epithelial cells are characterized by a flat and polygonal shape, and mesenchymal cells are characterized by a relatively small cell body that is long and thin. As shown in Fig. 7A, after 4 weeks of 1  $\mu$ M BaP intervention, most of the of A549<sup>BaP-4w</sup> cells transformed from cells with epithelial characteristics to cells with mesenchymal characteristics. However, after transfection of A549<sup>BaP-4w</sup> cells with Twist1-shRNA (Fig. 7B) to downregulate the expression of Twist1 (Fig. 7C), the A549<sup>BaP-4w</sup> cells were transformed from cells with mesenchymal characteristics back into cells with epithelial characteristics (Fig. 7D). Consequently, we concluded that BaP induced EMT in A549 cells by upregulating Twist1.

### Discussion

In the present study, we first found that BaP promotes the migration of lung adenocarcinoma A549 cells in a time-dependent manner. Increased expression of Twist1 in A549 cells resulted in upregulation of N-cadherin and vimentin



Figure 6. Decreased expression of Twist1 in A549<sup>BaP-4w</sup> cells results in the downregulation of N-cadherin and vimentin and upregulation of E-cadherin. (A) The mRNA levels and (B) protein expression of Twist1, N-cadherin, vimentin and E-cadherin were determined with RT-PCR and western blotting, respectively. The results are grouped by A549<sup>BaP-4w</sup> cells with different transfection statuses (control, A549<sup>BaP-4w</sup> cell group without plasmid transfection; blank control, A549<sup>BaP-4w</sup> cell group transfected with blank plasmid; negative control, A549<sup>BaP-4w</sup> cell group transfected with negative plasmid; Twist1-shRNA, A549<sup>BaP-4w</sup> cell group transfected with recombinant plasmid containing short hairpin RNA to downregulate Twist1 gene expression). BaP, benzo(a)pyrene; Twist1, Twist family BHLH transcription factor 1.



Figure 7. (A) Morphological observation reveals that most of the  $A549^{BaP-4w}$  cells were transformed from cells with epithelial characteristics to cells with mesenchymal characteristics after 4 weeks of 1  $\mu$ M BaP intervention. (B) After transfection with recombinant plasmid, (C) containing short hairpin RNA to downregulate Twist1 gene expression, (D)  $A549^{BaP-4w}$  cells were transformed into cells with epithelial characteristics from cells with mesenchymal characteristics. Blank control,  $A549^{BaP-4w}$  cell group transfected with blank plasmid; negative control,  $A549^{BaP-4w}$  cell group transfected with negative plasmid; Twist1-shRNA,  $A549^{BaP-4w}$  cell group transfected with recombinant plasmid containing short hairpin RNA to downregulate Twist1 gene expression. BaP, benzo(a)pyrene; Twist1, Twist family BHLH transcription factor 1.

and downregulation of E-cadherin. Then, after the expression of Twist1 was knocked down in A549 cells that were treated with BaP for 4 weeks (A549<sup>BaP-4w</sup>), the resulting decrease in the expression of Twist1 inhibited the migration capacity of A549<sup>BaP-4w</sup> cells, downregulated the expression of N-cadherin and vimentin and upregulated the expression of E-cadherin. Finally, along with the morphological results observed under the microscope, we concluded that BaP enhanced the migration of lung adenocarcinoma A549 cells through the promotion of EMT by upregulation of Twist1.

Prior to the present study, Yoshino *et al* (10) reported that BaP can induce the EMT of lung cancer cells. In addition, D'Angelo *et al* (23) and Yoon *et al* (24) found that Twist1 can induce the EMT of cancer cells. We therefore

hypothesized that Twist1 may be the target of BaP-treated lung adenocarcinoma A549 cells, and we thus demonstrated this hypothesis in the present study. However, as the mechanism of cigarette smoking-induced lung cancer is very complex, we surmised that Twist1 cannot be the only target of BaP in lung cancer cells. More studies on the mechanism of cigarette smoking/BaP-induced lung cancer need to be conducted in the future.

Yoshino *et al* (10) exposed A549 cells to 1  $\mu$ M BaP for a long period of time (24 weeks) and used a gene chip to conduct a microarray analysis. They reported that the mRNA expression of Twist was upregulated and the mRNA expression of E-cadherin was downregulated. However, they did not observe morphological changes under these experimental conditions (10). In the present study, by treating A549 cells with 1  $\mu$ M BaP for different lengths of time (24, 48 and 72 h; 1, 2 and 4 weeks), we found that the expression of Twist1, N-cadherin and vimentin were increased at both the mRNA and protein levels, while the expression of E-cadherin was decreased. Furthermore, we discovered through observation under a microscope that most of the A549 cells were transformed from cells with epithelial characteristics to cells with mesenchymal characteristics when treated with BaP for 4 weeks. Through a comparative analysis, we hypothesized that a relatively short period of BaP intervention can promote EMT in A549 cells, whereas a long duration of intervention may reverse this effect. However, the related mechanisms of this phenomenon remain to be clarified.

Wang *et al* (27) incubated A549 cells with 8  $\mu$ M BaP for 24 h and reported that BaP promoted A549 cell migration. They found that the mRNA and protein expression of Twist were upregulated in A549 cells with treatment with 8  $\mu$ M BaP for 24, 48 and 72 h (27). In addition, when the expression of Twist was knocked down in A549 cells, the migration capacity was blocked by intervention with 8  $\mu$ M BaP for 24 h (27). In the present study, after treating A549 cells of 1  $\mu$ M BaP for at least 48 h, we obtained results similar to those of Wang *et al*, specifically, migration promotion and Twist1 upregulation. Similarly, we also revealed that downregulation of Twist1 can inhibit the migration capacity of A549<sup>BaP-4w</sup> cells, indicating that Twist1 indeed plays an important role in the progression of smoke-induced lung cancer.

Generally, N-cadherin and vimentin are considered to be mesenchymal markers (28-30) while E-cadherin is regarded as an epithelial marker (28,29,31). In the present study, notably, we found that the expression trend of Twist1 was consistent with that of N-cadherin and vimentin but contrary to that of E-cadherin. Furthermore, we also noted a similar situation in many previous cancer studies (32-35). Therefore, we speculate that Twist1 is a new potential mesenchymal biomarker in the process of cancer progression. However, future studies are warranted to confirm this speculation.

Previous studies have shown that Twist1 is an oncogene (36-38). It promotes proliferation (17,39-41) and inhibits apoptosis (42) of cancer cells. Furthermore, emerging evidence suggests that Twist1 significantly enhances EMT-associated cell migration and invasion to promote cancer metastasis (16). It also plays a role in chemotherapeutic resistance (16,43). Therefore, Twist1 is considered to be a potential therapeutic target for cancer (16,44,45). Since lung cancer is reported to be the leading cause of cancer-related deaths (46), and cigarette smoking is the main factor leading to lung cancer (47), the development of therapeutic strategies targeting Twist1 is particularly important in the treatment of lung cancer.

In conclusion, the results from the present study indicate that BaP enhances EMT-associated migration of lung adenocarcinoma A549 cells by upregulating Twist1.

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