

## Article

# MICA Polymorphism and Genetic Predisposition to T1D in Jordanian Patients: A Case-Control Study

Wassan Jarrar <sup>1,\*</sup> , Sawsan I. Khdair <sup>1</sup>  and Feras A. Khudeir <sup>2</sup><sup>1</sup> Department of Pharmacy, Faculty of Pharmacy, Al-Zaytoonah University of Jordan, Amman 11733, Jordan<sup>2</sup> Jordanian Royal Medical Services, Amman 11855, Jordan

\* Correspondence: wassan.jarrar@zuj.edu.jo

**Abstract:** Type 1 diabetes (T1D) is an autoimmune disorder whose etiology includes genetic and environmental factors. The non-classical Major Histocompatibility Complex (MHC) class I chain-related gene A (*MICA*) gene has been associated with increased susceptibility to T1D as the interaction of *MICA* to the Natural Killer Group 2D (NK2GD) receptors found on the cell surface of natural killer (NK) cells and T cells is responsible for inducing immune responses. *MICA* polymorphisms were reported in association with T1D among different ethnic groups. However, data from different populations revealed conflicting results, so the association of *MICA* polymorphisms with predisposition to T1D remains uncertain. The aim of this sequencing-based study was to identify, for the first time, the possible *MICA* alleles and/or genotypes that could be associated with T1D susceptibility in the Jordanian population. Polymorphisms in exons 2–4 and the short tandem repeats (STR) in exon 5 of the highly polymorphic *MICA* gene were analyzed. No evidence for association between T1D and *MICA* alleles/genotypes was found in this study, except for the *MICA*\*011 allele which was found to be negatively associated with T1D ( $p = 0.023$ , OR = 0.125). In conclusion, *MICA* polymorphisms seem not to be associated with increasing T1D susceptibility in Jordanian patients.

**Keywords:** type 1 diabetes; *MICA*; polymorphism; genetic risk; NK2GD; Jordan



**Citation:** Jarrar, W.; Khdair, S.I.; Khudeir, F.A. *MICA* Polymorphism and Genetic Predisposition to T1D in Jordanian Patients: A Case-Control Study. *Life* **2022**, *12*, 1813. <https://doi.org/10.3390/life12111813>

Academic Editor:  
Panagiotis Georgianos

Received: 18 October 2022  
Accepted: 3 November 2022  
Published: 7 November 2022

**Publisher's Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



**Copyright:** © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

## 1. Introduction

Type 1 diabetes (T1D) is an autoimmune disease which results from autoreactive immune cells destructing pancreatic  $\beta$ -cells [1]. T1D incidence among the world varies drastically and its prevalence in Arab countries is relatively high [2]. As far as we know, the prevalence and incidence of T1D in Jordan remains underreported. Development of T1D is induced by the complex interaction of several susceptibility genes in addition to environmental factors [1]. Human leukocyte antigen (*HLA*) genes play a pivotal role in autoimmune diseases [3]. In particular, the major genetical risk for developing T1D is conferred by *HLA class II* genes as individuals with the *DR3-DQ2/DR4-DQ8* haplotypes were shown to have the highest risk of developing T1D in different ethnic populations even in Jordanian T1D patients [4–7]. Yet, numerous studies suggest a possible role of other genes which are included in the *HLA* region in predisposition to T1D [8–12]. Particularly, the non-classical Major Histocompatibility Complex (MHC) class I chain-related gene A (*MICA*) has been associated with increasing predisposition to T1D [13–19]. *MICA* gene is considered one of the functional *HLA class I* genes [20]. *MICA* gene encodes a protein that is basically expressed in endothelial cells, gastrointestinal epithelium, as well as fibroblasts and whose expression is induced under stress conditions [21–23]. *MICA* protein serves as a ligand of Natural Killer Group 2D (NK2GD) receptors, which are found on the surface of natural killer (NK) as well as CD8<sup>+</sup> T cells leading to the activation of these cells which are known to play a major role in the pathogenesis of T1D [22,24–29]. *MICA* is composed of six exons and five introns and is considered the most polymorphic non-classical class I gene [21]. Actually, 198 alleles of the human *MICA* gene have been recognized thus

far according to the IMGT/HLA database; June 2022 [30,31]. There are several genetic variations within exons 2–4 of the *MICA* gene which encode the three extracellular domains of the MICA protein ( $\alpha 1$ ,  $\alpha 2$ , and  $\alpha 3$ ) which are recognizable by the NKG2D receptor. Accordingly, studies that analyzed the binding sites of MICA and NKG2D receptor suggest that the polymorphic sites located in exons 2–4 might influence the binding of MICA to its receptor [32,33]. In addition, the transmembrane region (TM) of the MICA protein, which is encoded by exon 5 of the *MICA* gene, was also found to be highly polymorphic. This so-called trinucleotide repeat microsatellite polymorphism (GCT)<sub>n</sub> consists of eight alleles; *A4*, *A5*, *A6*, *A7*, *A8*, *A9*, *A10*, and *A5.1*, and the names of these alleles were designated according to the number of repetitions of GCT nucleotides that these alleles possess [20,21,34–38].

To ascertain the relation of *MICA* with the predisposition to T1D, association studies were performed to determine T1D-related *MICA* alleles among different ethnic groups. However, data from different ethnic groups revealed controversial results [13–17,39–43]. To date, *MICA* alleles and genotypes that play a role in T1D susceptibility in the Jordanian population remain to be determined. Therefore, the aim of this study was to investigate for the first time the association of specific *MICA* alleles and genotypes with susceptibility to T1D in the Jordanian population taking into consideration both the polymorphisms in exons 2–4 as well as the short tandem repeats (STR) located in exon 5 of the *MICA* gene.

## 2. Materials and Methods

### 2.1. Study Population

This study included 106 Jordanian participants: 51 healthy unrelated volunteers and 55 T1D patients (Pediatric Endocrinology department of King Abdullah University Hospital). Clinical parameters of the volunteers are listed in Table 1. Regarding gender distribution, both studied groups were not fully matched. However, no previous studies reported gender differences in regard to *MICA* allele association [13–16,40]. Inclusion criteria for T1D patients in this study were a clinical onset of the disease before 18 years of age as well as a diagnosis based on the criteria of American Diabetes Association (ADA) guidelines. Moreover, the mean age of disease onset in T1D patients was  $10.1 \pm 7.4$  years. Furthermore, healthy volunteers with a family history of diabetes were not included in this study and all controls were above 20 years old [44]. All participants were of Jordanian descent. Ethical approval (IRB approval number: 46/117/2018) was provided by the institutional review board of King Abdullah University Hospital. An informed consent was signed prior to enrollment, in accordance with the declaration of Helsinki [45].

**Table 1.** Clinical parameters of the volunteers.

Parameters	Controls ( <i>n</i> = 51)	T1D Patients ( <i>n</i> = 55)
Age (years) (mean $\pm$ SD)	28.7 $\pm$ 6.5	20.2 $\pm$ 9.4
Male <i>n</i> (%)	32 (62.7%)	19 (34.5%)
Female <i>n</i> (%)	19 (37.3%)	36 (65.5%)
Age of disease onset (years) (mean $\pm$ SD)	-	10.1 $\pm$ 7.4

Type 1 diabetes (T1D).

### 2.2. DNA Extraction and MICA Genotyping

DNA was isolated from blood as described previously [46]. Typing of exons 2–4 as well as exon 5 of the *MICA* gene was performed using amplicon sequencing (MiSeq Illumina platform). Primers designed to amplify exons 2 to 4 as well as exon 5 of the *MICA* gene are summarized in Table 2. After amplifying regions of interest in the *MICA* gene, next-generation sequencing (NGS) was completed by Genochem World SL. (Valencia, Spain). Capillary electrophoresis using the QIAxcel Advanced System (Qiagen, Barcelona, Spain) was performed to evaluate the quality of PCR products and the MiSeq Reagent Kit v2 (500-cycle) was utilized for sequencing.

**Table 2.** Primers utilized for amplifying exons 2–5 of the *MICA* gene.

Primer Name	Forward Primer	Reverse Primer
<i>MICA</i> _1	AAGGTTGGGACAGCAGACC	TTTCCCAGGACATCTTCTGCC
<i>MICA</i> _2	GGCAGAAATGCAGGGCAAAG	GCTCTCTGCCCTAACTTTTCT
<i>MICA</i> _4	GCACTCAGCCCACACAGG	GTTTTGGGAGAGGAAGAGCT
<i>MICA</i> _5	CCAGGAGCTCCCAGCATTC	AGATATCGCCGTAGTTCCTGC
<i>MICA</i> _6	ACCAAGACACACTATCAGCT	ATCAGGACACGATGTGCCAA
<i>MICA</i> _9	CCTGCCAGCCTGGAAGAAC	AAGCCCTGCATGTCACGG
<i>MICA</i> _10	TGCCCTTTCTTCTCCAGTGC	GTTCCATGTAGCAGGTGAACC
<i>MICA</i> _11	TGCCTGATGGGAATGGAACC	GACTCTGAAGCACCAGCACT
<i>MICA</i> _exon5	TGCTGGTGCTTCAGAGTCATT	TTACCATCTCCAGAACTGCCCG

Major Histocompatibility Complex (MHC) class I chain-related gene A (*MICA*).

### 2.3. Determination of Allele Frequency and Statistical Analysis

Direct counting was used to determine allele frequencies. *MICA* alleles and genotypes frequencies among T1D and control groups were compared using chi-squared test ( $\chi^2$ ). The *p* value was considered significant when *p* value  $\leq 0.05$ . Odds ratio (OR) calculation was performed as described previously [47] with a confidence interval (CI) of 95%. We conducted statistical analysis using the SPSS program (IBM analytics, Armonk, NY, USA).

### 3. Results

Sequencing results of exons 2–4 of the *MICA* gene revealed the presence of 24 different *MICA* alleles among the study group (both control and T1D groups) (Table 3). The most prevalent allele in the T1D patients' group was *MICA*\*009 with a frequency of 23.6%, followed by *MICA*\*008, *MICA*\*002, and *MICA*\*004 with a frequency of 13.6%, 13.6%, and 10.9%, respectively. Nevertheless, the frequencies of most alleles in the T1D patient group were found to be comparable, with no significant differences, to the healthy control group. However, the only allele with a significant difference (*p* = 0.023, OR = 0.125, CI = 0.015–1.030) in frequency between the control and T1D patient group was *MICA*\*011, with a frequency of 6.9% in controls and a lower allelic frequency in T1D patients' group (0.9%).

A wide variety of genotypes (55 different genotypes) have been identified among the study groups (Table 4). The genotype with the highest frequency in the T1D patients' group was *MICA*\*009/\*009 (7.3%). Furthermore, *MICA*\*002/\*008, *MICA*\*004/\*009, *MICA*\*008/\*008, and *MICA*\*009/\*057 had a frequency of 5.5% in the T1D patients' group. Whereas the rest of the genotypes (the majority) observed in the T1D patients' group had a frequency of 3.6% or below, which is probably due to the high genotypic diversity identified in the study group. Nevertheless, although the frequency of the *MICA*\*009/\*009 genotype was higher in the T1D patients' group (7.3%) in comparison to the control group (3.9%), this difference did not reach statistical significance (*p* = 0.456). No significant differences in frequency among all examined genotypes were detected between the two studied groups.

**Table 3.** Allele frequencies of exons 2–4 of the *MICA* gene among Jordanian T1D patients versus healthy controls.

Alleles (Exons 2–4)	Control (n = 102) n (%)	T1D (n = 110) n (%)	<i>p</i> Value	OR	95% CI
<i>MICA</i> *001	1 (1%)	0 (0%)	0.470	0.306	0.012–7.602
<i>MICA</i> *002	11 (10.8%)	15 (13.6%)	0.527	1.306	0.570–2.994
<i>MICA</i> *004	17 (16.7%)	12 (10.9%)	0.223	0.612	0.277–1.354
<i>MICA</i> *006	2 (2%)	1 (0.9%)	0.517	0.459	0.041–5.137
<i>MICA</i> *007	2 (2%)	0 (0%)	0.273	0.182	0.009–3.835
<i>MICA</i> *008	11 (10.8%)	15 (13.6%)	0.527	1.306	0.570–2.994
<i>MICA</i> *009	15 (14.7%)	26 (23.6%)	0.100	1.795	0.889–3.625
<b><i>MICA</i>*011</b>	<b>7 (6.9%)</b>	<b>1 (0.9%)</b>	<b>0.023 *</b>	<b>0.125</b>	<b>0.015–1.030</b>
<i>MICA</i> *012	2 (2%)	0 (0%)	0.273	0.182	0.009–3.835
<i>MICA</i> *016	8 (7.8%)	5 (4.5%)	0.317	0.560	0.177–1.770

Table 3. Cont.

Alleles (Exons 2–4)	Control (n = 102) n (%)	T1D (n = 110) n (%)	p Value	OR	95% CI
MICA*017	2 (2%)	0 (0%)	0.273	0.182	0.009–3.835
MICA*018	7 (6.9%)	9 (8.2%)	0.716	1.209	0.433–3.376
MICA*019	2 (2%)	2 (1.8%)	0.939	0.926	0.128–6.698
MICA*020	8 (7.8%)	9 (8.2%)	0.928	1.047	0.388–2.826
MICA*023	0 (0%)	1 (0.9%)	0.529	2.808	0.113–69.723
MICA*024	1 (1%)	2 (1.8%)	0.606	1.870	0.167–20.944
MICA*027	1 (1%)	3 (2.7%)	0.350	2.832	0.290–27.670
MICA*030	0 (0%)	1 (0.9%)	0.529	2.808	0.113–69.723
MICA*038	1 (1%)	0 (0%)	0.470	0.306	0.012–7.602
MICA*057	4 (3.6%)	4 (3.6%)	0.913	0.925	0.225–3.798
MICA*072	0 (0%)	1 (0.9%)	0.529	2.808	0.113–69.723
MICA*075	0 (0%)	1 (0.9%)	0.529	2.808	0.113–69.723
MICA*080	0 (0%)	1 (0.9%)	0.529	2.808	0.113–69.723
MICA*086	0 (0%)	1 (0.9%)	0.529	2.808	0.113–69.723

\* Significant p-value  $\leq 0.05$ .

Table 4. Genotype frequencies of exons 2–4 of the MICA gene among Jordanian T1D patients versus healthy controls.

Genotype (Exons 2–4)	Control (n = 51) n (%)	T1D (n = 55) n (%)	p Value	OR	95% CI
*001/*004	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*002/*002	1 (2%)	1 (1.8%)	0.957	0.926	0.056–15.202
*002/*004	1 (2%)	2 (3.6%)	0.603	1.887	0.166–21.461
*002/*006	1 (2%)	1 (1.8%)	0.957	0.926	0.056–15.202
*002/*008	1 (2%)	3 (5.5%)	0.346	2.885	0.290–28.663
*002/*009	0 (0%)	2 (3.6%)	0.314	4.813	0.226–102.6
*002/*011	2 (3.9%)	0 (0%)	0.270	0.178	0.008–3.806
*002/*017	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*002/*018	2 (3.9%)	1 (1.8%)	0.514	0.454	0.040–5.161
*002/*020	0 (0%)	2 (3.6%)	0.314	4.813	0.226–102.6
*002/*057	1 (2%)	1 (1.8%)	0.957	0.926	0.056–15.202
*002/*086	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
*004/*004	2 (3.9%)	2 (3.6%)	0.939	0.925	0.125–6.818
*004/*006	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*004/*008	2 (3.9%)	1 (1.8%)	0.514	0.454	0.040–5.161
*004/*009	3 (5.9%)	3 (5.5%)	0.924	0.923	0.178–4.795
*004/*016	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*004/*020	3 (5.9%)	1 (1.8%)	0.273	0.296	0.030–2.944
*004/*027	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
*007/*007	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*008/*008	1 (2%)	3 (5.5%)	0.346	2.885	0.290–28.663
*008/*009	3 (5.9%)	2 (3.6%)	0.586	0.604	0.097–3.769
*008/*011	2 (3.9%)	0 (0%)	0.270	0.178	0.008–3.806
*008/*016	0 (0%)	2 (3.6%)	0.314	4.813	0.226–102.6
*008/*018	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
*009/*009	2 (3.9%)	4 (7.3%)	0.456	1.922	0.337–10.971
*009/*011	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
*009/*016	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*009/*018	1 (2%)	1 (1.8%)	0.957	0.926	0.056–15.202
*009/*020	2 (3.9%)	2 (3.6%)	0.939	0.925	0.125–6.818
*009/*023	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
*009/*030	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
*009/*057	1 (2%)	3 (5.5%)	0.346	2.885	0.290–28.663
*009/*072	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
*011/*004	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616

**Table 4.** Cont.

Genotype (Exons 2–4)	Control (n = 51) n (%)	T1D (n = 55) n (%)	p Value	OR	95% CI
*011/*016	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*011/*018	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*012/*012	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*016/*016	1 (2%)	1 (1.8%)	0.957	0.926	0.056–15.202
*016/*018	1 (2%)	1 (1.8%)	0.957	0.926	0.056–15.202
*016/*019	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*016/*027	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*017/*024	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*018/*018	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
*018/*019	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*018/*020	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*018/*024	0 (0%)	2 (3.6%)	0.314	4.813	0.226–102.6
*018/*075	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
*019/*020	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
*019/*080	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
*020/*008	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*020/*020	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
*020/*038	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616
*027/*027	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
*057/*057	1 (2%)	0 (0%)	0.468	0.303	0.012–7.616

Analysis of the STR polymorphism alleles (exon 5) of the *MICA* gene revealed only five different alleles in our Jordanian study group (healthy control and T1D patients); *A4*, *A5*, *A6*, *A9*, and *A5.1* (Table 5), while the remaining alleles which are considered rare alleles were not detected in our study sample [38,48]. Furthermore, *A6* allele (45.5%) was the most frequent *MICA* allele found in the T1D patients' group, followed by *A5.1* (12.7%), *A9* (12.7%), *A5* (11.8%), and *A4* (9.1%). However, results showed no statistically significant differences in the frequency of all five STR alleles between the Jordanian T1D patients' group and control group.

Fifteen different genotypes of exon 5 of the *MICA* gene among our study groups (control and T1D groups) were observed (Table 6). Genotypes with the highest frequency among the T1D patients' group were *A6/A6* (25.5%), *A5.1/A6* (16.4%), and *A6/A9* (10.9%). However, no significant differences in frequency among genotypes between the control and T1D patients' groups were detected.

**Table 5.** Allele frequencies of exon 5 of the *MICA* gene among Jordanian T1D patients versus healthy controls.

Alleles (Exon 5)	Control (n = 102) n (%)	T1D (n = 110) n (%)	p Value	OR	95% CI
<i>A4</i>	10 (9.8%)	10 (9.1%)	0.895	0.920	0.366–2.311
<i>A5</i>	8 (7.8%)	13 (11.8%)	0.333	1.575	0.624–3.972
<i>A5.1</i>	16 (15.7%)	14 (12.7%)	0.537	0.784	0.361–1.700
<i>A6</i>	50 (49%)	50 (45.5%)	0.603	0.867	0.505–1.487
<i>A9</i>	16 (15.7%)	14 (12.7%)	0.537	0.784	0.361–1.700

**Table 6.** Genotype frequencies of exon 5 of the *MICA* gene among Jordanian T1D patients versus healthy controls.

Genotype (Exon 5)	Control (n = 51) n (%)	T1D (n = 55) n (%)	p Value	OR	95% CI
<i>A4/A4</i>	2 (3.9%)	1 (1.8%)	0.514	0.454	0.040–5.161
<i>A4/A5</i>	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182

Table 6. Cont.

Genotype (Exon 5)	Control (n = 51) n (%)	T1D (n = 55) n (%)	p Value	OR	95% CI
A4/A5.1	1 (2%)	3 (5.5%)	0.346	2.885	0.290–28.663
A4/A6	4 (7.8%)	2 (3.6%)	0.349	0.443	0.078–2.532
A4/A9	1 (2%)	2 (3.6%)	0.603	1.887	0.166–21.461
A5/A5	1 (2%)	2 (3.6%)	0.603	1.877	0.166–21.461
A5/A5.1	2 (3.9%)	4 (7.3%)	0.456	1.922	0.337–10.971
A5/A6	4 (7.8%)	4 (7.3%)	0.912	0.922	0.218–3.895
A5/A9	0 (0%)	1 (1.8%)	0.526	2.835	0.113–71.182
A5.1/A5.1	1 (2%)	2 (3.6%)	0.603	1.877	0.166–21.461
A5.1/A6	10 (19.6%)	9 (16.4%)	0.663	0.802	0.297–2.168
A5.1/A9	3 (5.9%)	3 (5.5%)	0.924	0.923	0.178–4.795
A6/A6	13 (25.5%)	14 (25.5%)	0.997	0.998	0.416–2.393
A6/A9	6 (11.8%)	6 (10.9%)	0.890	0.918	0.276–3.054
A9/A9	3 (5.9%)	1 (1.8%)	0.273	0.296	0.030–2.944

#### 4. Discussion

Considering *MICA* as a candidate gene for susceptibility to T1D is noteworthy because of its potential role in triggering autoimmune responses through its interaction with the NK2GD receptor [27–29], as well as its high level of polymorphism [21]. Data from studies performed on Italian [13], Korean [14], Belgian [15], Dutch [16], Spanish Basque [18], U.S. [39], African American [40], Nigerian [40], Australian [41], Slovenian [49], Japanese [50], Swedish [51,52], Latvian [53], and Chinese [54] populations examining the relation of *MICA* alleles and/or genotypes to T1D susceptibility revealed controversial results. However, to our best knowledge, this is the first study to examine the association of *MICA* polymorphisms with T1D in the Jordanian population. Polymorphisms in exons 2–4 as well as exon 5 (STR polymorphisms) of the *MICA* gene were analyzed in this study using a highly accurate genotyping method, namely the NGS method.

Data about the role of *MICA* gene polymorphisms in exons 2–4 in T1D pathogenesis remain sparse among populations. However, our results revealed no association between *MICA* polymorphisms and T1D susceptibility among Jordanian patients. Only two studies investigated their association with T1D, and our findings were similar to those reported by these studies performed on populations in the UK and Slovenia [42,49]. Nevertheless, the only significant difference between the control and T1D patient groups was for *MICA\*011* ( $p = 0.023$ ), with a frequency of 6.9% in controls and a lower allelic frequency in T1D patients' group (0.9%). On the contrary, most previous studies concentrated on studying the association of STR polymorphisms in exon 5 of the *MICA* gene with T1D and their findings were debatable. Regarding the STR polymorphisms in exon 5 of the *MICA* gene in our Jordanian T1D patients, our findings revealed no statistically significant differences in the frequency of all STR alleles between the Jordanian T1D patients' group and control group. Our results are in accordance with the findings of studies performed in Australia [41], Finland [43], and the UK [42], which also showed no association between STR alleles and predisposition to T1D. On the contrary, studies performed in different populations identified different STR alleles as potential susceptibility factors for T1D development. The Korean and Japanese population identified A4 as a risk and A6 as a protective allele for T1D susceptibility [14,50]. On the other hand, a study performed in the Netherlands identified A5 as a risk allele and A6 as a protective allele for T1D [16]. Furthermore, studies performed in Sweden identified A5 [51] and A5.1 [52] as risk alleles and A6 as a protective allele for T1D [51]. Moreover, studies in the Italian, Belgian, and Latvian populations identified A5 as a risk factor for T1D development [13,15,53]. In addition, studies performed on Belgian as well as Spanish Basque volunteers identified A9 as a protective allele against T1D [15,18] while another study performed on Chinese volunteers identified A9 as a risk allele for T1D development [54]. Nevertheless, these controversial results refer to genetic



diversity among different populations. The sample size of this study may be considered as a limitation. However, the number of patients included in this study represents all the T1D patients registered at the pediatric section at that the time of sample collection. We also acknowledge that another limitation of the study is the variation in gender distribution among the studied groups, but no studies regarding *MICA* allele association mentioned differences between males and females [13–16,40].

## 5. Conclusions

None of the *MICA* alleles and genotypes was observed to be positively associated with susceptibility to T1D in Jordanian patients. Nevertheless, only one negative association with T1D was detected in our population, namely the *MICA\*011* allele. Our study ascertains that different *MICA* alleles and genotypes seem to have no role in the pathogenesis of T1D in Jordanian patients. Nevertheless, analysis of additional candidate risk genes needs to be undertaken to clarify the contribution of these genes to the susceptibility to T1D. All in all, identifying possible risk genes might aid in developing an approach for screening these genetic markers associated with T1D in individuals in order to recognize individuals at risk for developing T1D. Nevertheless, early identification of individuals at risk of T1D development might help in prevention or at least delay of T1D disease onset.

**Author Contributions:** Conceptualization, W.J.; methodology, S.I.K. and F.A.K.; formal analysis, W.J.; data curation, S.I.K.; writing—original draft preparation, W.J. and S.I.K.; writing—review and editing, W.J. and S.I.K.; funding acquisition, W.J. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research was funded by Al-Zaytoonah University of Jordan, grant number [26/8/2021–2022].

**Institutional Review Board Statement:** The study was conducted in accordance with the Declaration of Helsinki and approved by the Institutional Review Board of King Abdullah University Hospital (approval number: 46/117/2018).

**Informed Consent Statement:** Informed consent was obtained from all subjects involved in the study.

**Data Availability Statement:** The data are available from the corresponding authors upon request.

**Acknowledgments:** We thank the volunteers for taking part in this study. We are also grateful to Alaa Hammad for her assistance in statistical analysis. We as well thank Al-Genome Medical Company “Cgenomix” (Jordan) and Genochem World SL. (Spain) for their technical support.

**Conflicts of Interest:** The authors declare no conflict of interest.

## References

1. Pociot, F.; Lernmark, Å. Genetic Risk Factors for Type 1 Diabetes. *Lancet* **2016**, *387*, 2331–2339. [[CrossRef](#)]
2. Zayed, H. Genetic Epidemiology of Type 1 Diabetes in the 22 Arab Countries. *Curr. Diab. Rep.* **2016**, *16*, 37. [[CrossRef](#)] [[PubMed](#)]
3. Howson, J.M.M.; Stevens, H.; Smyth, D.J.; Walker, N.M.; Chandler, K.A.; Bingley, P.J.; Todd, J.A. Evidence That HLA Class I and II Associations with Type 1 Diabetes, Autoantibodies to GAD and Autoantibodies to IA-2, Are Distinct. *Diabetes* **2011**, *60*, 2635–2644. [[CrossRef](#)] [[PubMed](#)]
4. Khdair, S.I.; Jarrar, W.; Jarrar, Y.B.; Bataineh, S.; Al-Khaldi, O. Association of HLA-DRB1 and -DQ Alleles and Haplotypes with Type 1 Diabetes in Jordanians. *Endocr. Metab. Immune Disord.-Drug Targets* **2020**, *20*, 895–902. [[CrossRef](#)] [[PubMed](#)]
5. Hamzeh, A.R.; Nair, P.; Al Ali, M.T. The Profile of HLA-DRB1 Alleles in Arabs with Type 1 Diabetes; Meta-Analyses. *Hla* **2016**, *87*, 25–30. [[CrossRef](#)]
6. Hamzeh, A.R.; Nair, P.; Al-Khaja, N.; Al Ali, M.T. Association of HLA-DQA1 and -DQB1 Alleles with Type I Diabetes in Arabs: A Meta-Analyses. *Tissue Antigens* **2015**, *86*, 21–27. [[CrossRef](#)]
7. Erlich, H.; Valdes, A.M.; Noble, J.; Carlson, J.A.; Varney, M.; Concannon, P.; Mychaleckyj, J.C.; Todd, J.A.; Bonella, P.; Fear, A.L.; et al. HLA DR-DQ Haplotypes and Genotypes and Type 1 Diabetes Risk: Analysis of the Type 1 Diabetes Genetics Consortium Families. *Diabetes* **2008**, *57*, 1084–1092. [[CrossRef](#)]
8. She, J.-X.; Marron, M.P. Genetic Susceptibility Factors in Type 1 Diabetes: Linkage, Disequilibrium and Functional Analyses. *Curr. Opin. Immunol.* **1998**, *10*, 682–689. [[CrossRef](#)]
9. Moghaddam, P.H.; De Knijf, P.; Roep, B.O.; Van der Auwera, B.; Naipal, A.; Gorus, F.; Schuit, F.; Giphart, M.J. Genetic Structure of IDDM1: Two Separate Regions in the Major Histocompatibility Complex Contribute to Susceptibility or Protection. *Diabetes* **1998**, *47*, 263–269. [[CrossRef](#)]

10. Blomhoff, A.; Olsson, M.; Johansson, S.; Akselsen, H.E.; Pociot, F.; Nerup, J.; Kockum, I.; Cambon-Thomsen, A.; Thorsby, E.; Undlien, D.E.; et al. Linkage Disequilibrium and Haplotype Blocks in the MHC Vary in an HLA Haplotype Specific Manner Assessed Mainly by DRB1\*03 and DRB104\* Haplotypes. *Genes Immun.* **2006**, *7*, 130–140. [[CrossRef](#)]
11. Zavattari, P.; Lampis, R.; Motzo, C.; Loddo, M.; Mulargia, A.; Whalen, M.; Maioli, M.; Angius, E.; Todd, J.A.; Cucca, F. Conditional Linkage Disequilibrium Analysis of a Complex Disease Superlocus, IDDM1 in the HLA Region, Reveals the Presence of Independent Modifying Gene Effects Influencing the Type 1 Diabetes Risk Encoded by the Major HLA-DBQ1, -DRB1 Disease Loci. *Hum. Mol. Genet.* **2001**, *10*, 881–889. [[CrossRef](#)] [[PubMed](#)]
12. Undlien, D.E.; Lie, B.A.; Thorsby, E. HLA Complex Genes in Type 1 Diabetes and other autoimmune diseases. Which Genes Are Involved? *Trends Genet.* **2001**, *17*, 93–100. [[CrossRef](#)]
13. Gambelunghe, G.; Ghaderi, M.; Cosentino, A.; Falorni, A.; Brunetti, P.; Falorni, A.; Sanjeevi, C.B. Association of MHC Class I Chain-Related A (MIC-A) Gene Polymorphism with Type I Diabetes. *Diabetologia* **2000**, *43*, 507–514. [[CrossRef](#)] [[PubMed](#)]
14. Park, Y.; Lee, H.; Sanjeevi, C.B.; Eisenbarth, G.S. MICA Polymorphism Is Associated with Type 1 Diabetes in the Korean Population. *Diabetes Care* **2001**, *24*, 33–38. [[CrossRef](#)] [[PubMed](#)]
15. Van Autreve, J.E.; Koeleman, B.P.C.; Quartier, E.; Aminkeng, F.; Weets, I.; Gorus, F.K.; Van der Auwera, B.J.R. MICA Is Associated with Type 1 Diabetes in the Belgian Population, Independent of HLA-DQ. *Hum. Immunol.* **2006**, *67*, 94–101. [[CrossRef](#)]
16. Alizadeh, B.Z.; Eerligh, P.; van der Slik, A.R.; Shastry, A.; Zhernakova, A.; Valdigem, G.; Bruining, J.G.; Sanjeevi, C.B.; Wijmenga, C.; Roep, B.O.; et al. MICA Marks Additional Risk Factors for Type 1 Diabetes on Extended HLA Haplotypes: An Association and Meta-Analysis. *Mol. Immunol.* **2007**, *44*, 2806–2812. [[CrossRef](#)]
17. Gambelunghe, G.; Brozzetti, A.; Ghaderi, M.; Candeloro, P.; Tortoioli, C.; Falorni, A. MICA Gene Polymorphism in the Pathogenesis of Type 1 Diabetes. *Ann. N. Y. Acad. Sci.* **2007**, *1110*, 92–98. [[CrossRef](#)]
18. Bilbao, J.R.; Martín-Pagola, A.; Calvo, B.; Perez De Nanclares, G.; Gepv-N; Castaño, L. Contribution of MIC-A Polymorphism to Type 1 Diabetes Mellitus in Basques. *Ann. N. Y. Acad. Sci.* **2002**, *958*, 321–324. [[CrossRef](#)]
19. Frigoul, A.; Lefranc, M.-P. MICA: Standardized IMGT Allele Nomenclature, Polymorphisms and Diseases. *Recent Res. Devel. Hum. Genet.* **2005**, *3*, 95–145.
20. Bahram, S. MIC Genes: From Genetics to Biology. *Adv. Immunol.* **2001**, *76*, 1–60. [[CrossRef](#)]
21. Choy, M.K.; Phipps, M.E. MICA Polymorphism: Biology and Importance in Immunity and Disease. *Trends Mol. Med.* **2010**, *16*, 97–106. [[CrossRef](#)] [[PubMed](#)]
22. Groh, V.; Bahram, S.; Bauer, S.; Herman, A.; Beauchamp, M.; Spies, T. Cell Stress-Regulated Human Major Histocompatibility Complex Class I Gene Expressed in Gastrointestinal Epithelium. *Proc. Natl. Acad. Sci. USA* **1996**, *93*, 12445–12450. [[CrossRef](#)] [[PubMed](#)]
23. Bauer, S.; Groh, V.; Wu, J.; Steinle, A.; Phillips, J.H.; Lanier, L.L.; Spies, T. Activation of NK Cells and T Cells by NKG2D, a Receptor for Stress-Inducible MICA. *Science* **1999**, *285*, 727–729. [[CrossRef](#)] [[PubMed](#)]
24. Collins, R.W.M. Human MHC Class I Chain Related (MIC) Genes: Their Biological Function and Relevance to Disease and Transplantation. *Eur. J. Immunogenet.* **2004**, *44*, 105–114. [[CrossRef](#)]
25. Borrego, F.; Kabat, J.; Kim, D.K.; Lieto, L.; Maasho, K.; Peña, J.; Solana, R.; Coligan, J.E. Structure and Function of Major Histocompatibility Complex (MHC) Class I Specific Receptors Expressed on Human Natural Killer (NK) Cells. *Mol. Immunol.* **2002**, *38*, 637–660. [[CrossRef](#)]
26. Tsai, S.; Shameli, A.; Santamaria, P. CD8+ T Cells in Type 1 Diabetes. *Advances in Immunology.* **2008**, *100*, 79–124. [[CrossRef](#)]
27. Zingoni, A.; Molfetta, R.; Fionda, C.; Soriani, A.; Paolini, R.; Cippitelli, M.; Cerboni, C.; Santoni, A. NKG2D and Its Ligands: “One for All, All for One”. *Front. Immunol.* **2018**, *9*, 476. [[CrossRef](#)]
28. Caillat-Zucman, S. How NKG2D Ligands Trigger Autoimmunity? *Hum. Immunol.* **2006**, *67*, 204–207. [[CrossRef](#)]
29. Sanjeevi, C.B. Genes Influencing Innate and Acquired Immunity in Type 1 Diabetes and Latent. *Ann. N. Y. Acad. Sci.* **2006**, *80*, 67–80. [[CrossRef](#)]
30. Robinson, J.; Waller, M.J.; Parham, P.; Bodmer, J.G.; Marsh, S.G.E. IMGT/HLA Database—A Sequence Database for the Human Major Histocompatibility Complex. *Nucleic Acids Res.* **2001**, *29*, 210. [[CrossRef](#)]
31. Anthony Nolan Research Institute. HLA. Available online: <http://hla.alleles.org/alleles/classo.html> (accessed on 28 September 2022).
32. Stephens, H.A.F. MICA and MICB Genes: Can the Enigma of Their Polymorphism Be Resolved? *Trends Immunol.* **2001**, *22*, 378–385. [[CrossRef](#)]
33. Li, P.; Morris, D.L.; Willcox, B.E.; Steinle, A.; Spies, T.; Strong, R.K. Complex Structure of the Activating Immunoreceptor NKG2D and Its MHC Class I-like Ligand MICA. *Nat. Immunol.* **2001**, *2*, 443–451. [[CrossRef](#)]
34. Mizuki, N.; Ota, M.; Kimura, M.; Ohno, S.; Ando, H.; Katsuyama, Y.; Yamazaki, M.; Watanabe, K.; Goto, K.; Nakamura, S.; et al. Triplet Repeat Polymorphism in the Transmembrane Region of the MICA Gene: A Strong Association of Six GCT Repetitions with Behçet Disease. *Proc. Natl. Acad. Sci. USA* **1997**, *94*, 1298–1303. [[CrossRef](#)] [[PubMed](#)]



35. Ota, M.; Katsuyama, Y.; Mizuki, N.; Ando, H.; Furihata, K.; Ono, S.; Pivetti-Pezzi, P.; Tabbara, K.F.; Palimeris, G.D.; Nikbin, B.; et al. Trinucleotide Repeat Polymorphism within Exon 5 of the MICA Gene (MHC Class I Chain-Related Gene A): Allele Frequency Data in the Nine Population Groups Japanese, Northern Han, Hui, Uyghur, Kazakhstan, Iranian, Saudi Arabian, Greek and Italian. *Tissue Antigens* **1997**, *49*, 448–454. [[CrossRef](#)] [[PubMed](#)]
36. Vitiani, L.R.; Potolicchio, I.; D'Amato, M.; Baricordi, O.R.; Sorrentino, R. MICA Exon 5 Microsatellite Typing by DNA Heteroduplex Analysis: A New Polymorphism in the Transmembrane Region. *Tissue Antigens* **1998**, *51*, 309–311. [[CrossRef](#)]
37. Gambelunghe, G.; Brozzetti, A.L.; Ghaderi, M.; Tortoioli, C.; Falorni, A. MICA A8: A New Allele within MHC Class I Chain-Related A Transmembrane Region with Eight GCT Repeats. *Hum. Immunol.* **2006**, *67*, 1005–1007. [[CrossRef](#)]
38. Pérez-Rodríguez, M.; Corell, A.; Argüello, J.R.; Cox, S.T.; McWhinnie, A.; Marsh, S.G.E.; Madrigal, J.A. A New MICA Allele with Ten Alanine Residues in the Exon 5 Microsatellite. *Tissue Antigens* **2000**, *55*, 162–165. [[CrossRef](#)]
39. Triolo, T.M.; Baschal, E.E.; Armstrong, T.K.; Toews, C.S.; Fain, P.R.; Rewers, M.J.; Yu, L.; Miao, D.; Eisenbarth, G.S.; Gottlieb, P.A.; et al. Homozygosity of the Polymorphism MICA5.1 Identifies Extreme Risk of Progression to Overt Adrenal Insufficiency among 21-Hydroxylase Antibody-Positive Patients with Type 1 Diabetes. *J. Clin. Endocrinol. Metab.* **2009**, *94*, 4517–4523. [[CrossRef](#)]
40. Tian, W.; Boggs, D.A.; Uko, G.; Essiet, A.; Inyama, M.; Banjoko, B.; Adewole, T.; Ding, W.Z.; Mohseni, M.; Fritz, R.; et al. MICA, HLA-B Haplotypic Variation in Five Population Groups of Sub-Saharan African Ancestry. *Genes Immun.* **2003**, *4*, 500–505. [[CrossRef](#)]
41. Allcock, R.; Cheong, K.; Christiansen, F.; Witt, C. Comment to: Gambelunghe, G., Ghaderi, Cosentino A et al. (2000) Association of MHC Class I Chain-Related A (MIC-A) Gene Polymorphism with Type I Diabetes. *Diabetologia* **2001**, *44*, 514–520.
42. Field, S.F.; Nejentsev, S.; Walker, N.M.; Howson, J.M.M.; Godfrey, L.M.; Jolley, J.D.; Hardy, M.P.A.; Todd, J.A. Sequencing-Based Genotyping and Association Analysis of the MICA and MICB Genes in Type 1 Diabetes. *Diabetes* **2008**, *57*, 1753–1756. [[CrossRef](#)] [[PubMed](#)]
43. Nejentsev, S.; Gombos, Z.; Laine, A.P.; Veijola, R.; Knip, M.; Simell, O.; Vaarala, O.; Åkerblom, H.K.; Ilonen, J. Non-Class II HLA Gene Associated with Type 1 Diabetes Maps to the 240-Kb Region near HLA-B. *Diabetes* **2000**, *49*, 2217–2221. [[CrossRef](#)] [[PubMed](#)]
44. Patterson, C.C.; Karuranga, S.; Salpea, P.; Saeedi, P.; Dahlquist, G.; Soltesz, G.; Ogle, G.D. Worldwide Estimates of Incidence, Prevalence and Mortality of Type 1 Diabetes in Children and Adolescents: Results from the International Diabetes Federation Diabetes Atlas, 9th Edition. *Diabetes Res. Clin. Pract.* **2019**, *157*, 107842. [[CrossRef](#)] [[PubMed](#)]
45. World Medical Association. World Medical Association Declaration of Helsinki: Ethical Principles for Medical Research Involving Human Subjects. *JAMA* **2013**, *310*, 2191–2194. [[CrossRef](#)] [[PubMed](#)]
46. Khamees, M.; Jarrar, Y.; Al-Qirim, T.; Mahmoud, I.S.; Hatmal, M.M.; Alshaer, W.; Lee, S.-J. No Impact of Soluble Epoxide Hydrolase Rs4149243, Rs2234914 and Rs751142 Genetic Variants on the Development of Type II Diabetes and Its Hypertensive Complication among Jordanian Patients. *Int. J. Clin. Pract.* **2021**, *75*, e14036. [[CrossRef](#)]
47. Szumilas, M. Explaining Odds Ratios. *J. Can. Acad. Child. Adolesc. Psychiatry* **2010**, *19*, 227–229.
48. Rueda, B.; Pascual, M.; López-Nevot, M.A.; González, E.; Martín, J. A New Allele within the Transmembrane Region of the Human MICA Gene with Seven GCT Repeats. *Tissue Antigens* **2002**, *60*, 526–528. [[CrossRef](#)]
49. Bratanic, N.; Smigoc Schweiger, D.; Mendez, A.; Bratina, N.; Battelino, T.; Vidan-Jeras, B. An Influence of HLA-A, B, DR, DQ, and MICA on the Occurrence of Celiac Disease in Patients with Type 1 Diabetes. *Tissue Antigens* **2010**, *76*, 208–215. [[CrossRef](#)]
50. Kawabata, Y.; Ikegami, H.; Kawaguchi, Y.; Fujisawa, T.; Hotta, M.; Ueda, H.; Shintani, M.; Nojima, K.; Ono, M.; Nishino, M.; et al. Age-Related Association of MHC Class I Chain-Related Gene A (MICA) with Type 1 (Insulin-Dependent) Diabetes Mellitus. *Hum. Immunol.* **2000**, *61*, 624–629. [[CrossRef](#)]
51. Gupta, M.; Nikitina-Zake, L.; Zarghami, M.; Landin-Olsson, M.; Kockum, I.; Lernmark, Å.; Sanjeevi, C.B. Association between the Transmembrane Region Polymorphism of MHC Class I Chain Related Gene-A and Type 1 Diabetes Mellitus in Sweden. *Hum. Immunol.* **2003**, *64*, 553–561. [[CrossRef](#)]
52. Zake, L.N.; Ghaderi, M.; Park, Y.S.; Babu, S.; Eisenbarth, G.; Sanjeevi, C.B. MHC Class I Chain-Related Gene Alleles 5 and 5.1 Are Transmitted More Frequently to Type 1 Diabetes Offspring in HBDI Families. *Ann. N. Y. Acad. Sci.* **2002**, *958*, 309–311. [[CrossRef](#)] [[PubMed](#)]
53. Shtauvere-Brameus, A.; Ghaderi, M.; Rumba, I.; Sanjeevi, C.B. Microsatellite Allele 5 of MHC Class I Chain-Related Gene a Increases the Risk for Insulin-Dependent Diabetes Mellitus in Latvians. *Ann. N. Y. Acad. Sci.* **2002**, *958*, 349–352. [[CrossRef](#)] [[PubMed](#)]
54. Lee, Y.J.; Huang, F.Y.; Wang, C.H.; Lo, F.S.; Tsan, K.W.; Hsu, C.H.; Huang, C.Y.; Chang, S.C.; Chang, J.G. Polymorphism in the Transmembrane Region of the MICA Gene and Type 1 Diabetes. *J. Pediatr. Endocrinol. Metab.* **2000**, *13*, 489–496. [[CrossRef](#)] [[PubMed](#)]