



Epidemiology and Mortality Risk of Severe Viral Pneumonia During the Pre-Pandemic, COVID-19 Pandemic and Post-Pandemic Era: A Retrospective Study of Hospitalized Children in ShenZhen, China Between 2017 and 2023

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Abstract

Purpose This study aims to investigate the spectrum of viruses leading to severe viral pneumonia (SVP) and the associated risk factors for mortality among pediatric patients in the pediatric intensive care unit (PICU).

Methods Taking the outbreak and end of the COVID-19 pandemic as a boundary, The pre-pandemic period of COVID-19 spans from 01/2017 to 12/2019, the pandemic period from 01/2020 to 12/2021, and the post-pandemic period from 01/2022 to 12/2023. Patients were subsequently stratified into survivor and non-survivor groups based on clinical outcomes.

Results A total of 1007 patients (median age 1.42 years, range 0.58–4.00; male: female ratio 1.7:1) diagnosed with SVP. Cases were stratified into pre-pandemic ($n=419$, 41.6%), pandemic ($n=272$, 27.0%), and post-pandemic ($n=316$, 31.4%) periods. Viral predominance varied across phases: Pre-pandemic: Influenza A (IVA, 37.0% [155/419]), respiratory syncytial virus (RSV, 29.8%), adenovirus (19.8%), and influenza B (15.5%). Pandemic phase: Human rhinovirus (HRV, 40.1% [109/272]), RSV (33.1%), parainfluenza viruses (11.4%), and bocavirus (HBoV, 10.7%). Post-pandemic: HRV (24.4% [77/316]), RSV (22.8%), HBoV (14.2%), and IVA (13.6%). Comparative analysis revealed significant intergroup differences in the proportion of patients aged < 3 years, primary immunodeficiency disorders (PIDs), and sepsis between pure viral infection deaths and coinfection-associated fatalities among SVP cases. Logistic regression identified eight independent mortality predictors: acute leukemia, other malignant tumors, PIDs, moderate-to-severe underweight, rhabdomyolysis, acute respiratory distress syndrome (ARDS), infection-related encephalopathy, and multiorgan dysfunction syndrome (MODS). The prediction model demonstrated robust discriminative capacity for SVP mortality: sensitivity 73.8%, specificity 90.2%, and AUC 0.888 (95%CI 0.838–0.938) via ROC curve analysis.

Conclusions The COVID-19 pandemic has altered the landscape of respiratory viruses causing SVP in children. The presence of underlying health conditions, particularly acute leukemia, other malignancies, and immunodeficiency, significantly increases the risk of death in children with viral pneumonia. The risk prediction model offers a reliable tool for clinical practice to predict mortality in these patients.

Keywords Severe Pneumonia · Viral Etiologies · Risk Factors · Epidemiological Trends · Children

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Extended author information available on the last page of the article

1 Introduction

Pneumonia stands as a leading cause of child mortality, presenting a significant infectious threat to children's health [1]. China has made remarkable strides in improving child survival of pneumonia. However, the proportion of children dying from pneumonia remains high at 13% [2]. The primary cause of pediatric respiratory illnesses is viruses. The emergence of the novel coronavirus, SARS-CoV-2, in December 2019 has precipitated a global health crisis marked by respiratory infections that have reverberated across both public health and economic domains. From May to December 2021, the widespread administration of the COVID-19 vaccine in China, significantly reducing the risk of infection and transmission [3]. However, the widespread implementation of anti-epidemic measures has markedly altered the pathogenic landscape of pediatric respiratory infections in pandemic. Despite the global impact of the COVID-19 pandemic, data characterizing the epidemiological trends of viral pneumonia pathogens in Chinese Pediatric Intensive Care Units across the pre-pandemic, pandemic, and post-pandemic periods remain scarce. This retrospective study analyzed clinical data from children with SVP admitted to a PICU, comparing pathogen profiles across pre-pandemic, pandemic, and post-pandemic phases of COVID-19 and identifying mortality-associated risk factors. By evaluating temporal variations in the SVP pathogen spectrum, this work aims to enhance clinical awareness among healthcare providers and identify risk factors associated with mortality in affected patients.

2 Objectives and Methods

2.1 Research Subjects

We conducted a retrospective analysis of clinical data from children afflicted with SVP, admitted to the PICU of Shenzhen Children's Hospital from January 2017 to December 2023. Inclusion criteria required patients to meet the following conditions: (1) aged between 28 days and 14 years, (2) having laboratory confirmation of viral infection via pathogen testing of respiratory specimens, and (3) exhibiting clinical symptoms consistent with the diagnostic standards for severe pneumonia in children. The severity of pediatric pneumonia was classified based on predefined criteria [4]:

- 1) Major criteria: Requirement for invasive mechanical ventilation, fluid-refractory shock, urgent noninvasive positive-pressure ventilation, or hypoxemia requiring FiO_2 exceeding general ward capacity.

- 2) Minor criteria: Respiratory rate exceeding WHO age-specific thresholds, apnea, increased work of breathing (retractions, dyspnea, nasal flaring, grunting), $\text{PaO}_2/\text{FiO}_2$ ratio < 250 , multilobar infiltrates, altered mental status, hypotension, pleural effusion, comorbidities, or unexplained metabolic acidosis.
- 3) Severe pneumonia was defined by the presence of \geq major criterion or ≥ 2 minor criteria.

Patients were excluded if they had (1) insufficient clinical data or (2) negative result from virological testing. Approval for this study was obtained from the medical ethics committee of Shenzhen Children's Hospital, and informed consent forms were signed by the guardians of the hospitalized children.

2.2 Research Methods

2.2.1 Data Collection and Grouping

Utilizing the electronic medical record management system at Shenzhen Children's Hospital, medical records of children admitted to the PICU with SVP between January 2017 and December 2023 were extracted. Demographic and clinical data, including sex, age, epidemiological features, comorbidities, confirmed pathogens, complications, ancillary diagnostic findings, and therapeutic interventions, were analyzed. Patients were subsequently stratified into survivor and non-survivor groups based on clinical outcomes.

2.2.2 Viral Pathogen Detection

Viral tests were only included if samples were obtained between 72 h before and 48 h after PICU admission, to reflect the likely presence of viruses at the time of PICU admission [5–6]. During hospitalization, respiratory specimens such as tracheal aspirates and bronchoalveolar lavage fluid were collected from the pediatric patients to detect pathogens in the lower respiratory tract. In cases where lower respiratory tract specimens were not obtainable, nasopharyngeal swabs collected during the acute phase of illness were used for virus testing. Each identified virus was recorded individually, even if multiple viruses were present in a single sample. Hospital-acquired viral respiratory infections (HAVRI) was defined as a patient whose number of days from admission to symptom onset exceeded the upper range for the incubation period of the identified virus [7–8] (Table 1). This definition permitted multiple instances of HAVRI during a single hospitalisation, provided that the patient had experienced a complete resolution of symptoms attributed to a respiratory viral infection, a recurrence of symptoms compatible with such an infection, and a time

Table 1 Viral incubation periods

Virus	Incubation periods
	Median (Range)
Influenza A [7]	1.4 days (1.3–1.5 days)
Influenza B [7]	0.6 days (0.5–0.6 days)
Respiratory syncytial virus [7]	4.4 days (3.9–4.9 days)
Human rhinovirus [7]	1.9 days (1.4–2.4 days)
Adenovirus [7]	5.6 days (4.8–6.3 days)
Human parainfluenza viruses [7]	2.6 days (2.1–3.1 days)
Severe acute respiratory syndrome coronavirus 2 [7]	4.0 days (3.6–4.4 days)
Human coronavirus [7]	3.2 days (2.8–3.7 days)
Human metapneumovirus* [7]	Not available (3.0–6.0 days)
Human bocavirus* [8]	Not available (1.0–14.0 days)

Abbreviations: *The incubation periods for human metapneumovirus and human bocavirus remain unvalidated, with current estimates derived from clinical case reports

interval greater than the aforementioned incubation period. In the event that the subsequent episode was attributable to a distinct viral agent, it was classified as a HAVRI.

Viral detection was performed using three approaches: (1) Multiplex PCR-CE fragment analysis (Haier Shi GeneTechnology Co., Ltd., China) for nine respiratory pathogens: influenza A/B (IVA/IVB), HBoV, human coronaviruses (HCoV), adenovirus (ADV), RSV, human rhinovirus (HRV), human parainfluenza viruses (HPIV), and human metapneumovirus (HMPV); (2) SARS-CoV-2 detection via RT-qPCR (Bojie Medical Technology Co., Ltd., China) with 2019-nCoV-specific primers/probes; (3) Direct immunofluorescence (Diagnostic Hybrids Inc., USA) targeting five conventional respiratory viruses (IVA/IVB, RSV, ADV, HPIV). and (4) In cases involving severe or critically infected patients where conventional diagnostic methods cannot exclude concurrent infections with other pathogens, metagenomic next-generation sequencing (mNGS) was utilized to identify potential co-infections [9].

2.2.3 Other Pathogen Detection

Bacterial, fungal, and atypical pathogens were systematically screened alongside viral etiologies. Detection methods included serum antibody testing (a positive test indicated by a single serum sample with a *Mycoplasma pneumoniae* antibody titer $\geq 1:160$), respiratory specimen culture, mNGS, and multiplex PCR-CE fragment analysis. The aim of clinical assessment also involved distinguishing between colonization and false positives.

2.3 Statistical Analysis

Categorical variables are expressed as frequencies (percentages), and continuous variables as mean \pm SD or median (IQR). Intergroup comparisons employed χ^2 or Fisher's exact tests. Multivariable logistic regression analysis calculated adjusted odds ratios (aORs) with 95% CIs. Statistical significance was defined as $p < 0.05$. Analyses were performed using IBM SPSS Statistics 26.0 (IBM Corp.).

3 Results

3.1 General Information

During the observational study period, 7475 pediatric patients were admitted to PICU on a non-elective basis. Of these, 6468 patients (86.5%) who tested negative for other diseases or pathogens were excluded, leaving 1007 patients (13.5%) who met the inclusion criteria. To enhance pathogen detection and accuracy, multiple laboratory methods were employed for testing respiratory specimens from the same patient. Diagnostic testing included multiplex PCR-CE fragment analysis in 608 cases (60.4%), RT-PCR for SARS-CoV-2 detection, direct immunofluorescence in 437 patients (43.4%), and mNGS in 85 patients (8.4%) (Fig. 1).

Among these admissions, SVP was diagnosed in 1007 cases (13.5%), with a case fatality rate (CFR) of 6.1% ($n=61$). The cohort demonstrated male predominance (63.3% [637/1007]; male-to-female ratio, 1.7:1), with a median pre-PICU illness duration of 3.0 days (IQR 2.0–5.0) and median age of 1.25 years (IQR 0.50–3.83). The cases exhibited an annual distribution as follows: 87 cases in 2017, 126 cases in 2018, 206 cases in 2019, 123 cases in 2020, 149 cases in 2021, 100 cases in 2022, and 216 cases in 2023, corresponding to percentages of 8.6%, 12.5%, 20.5%, 12.2%, 14.8%, 9.9% and 21.4%, respectively. Figure 2 illustrates temporal trends in SVP incidence across pre-pandemic, pandemic, and post-pandemic phases of the COVID-19 era.

The distribution by age group was as follows: <1 year (409 patients), 1–3 years (279 patients), 3–5 years (131 patients), 5–10 years (142 patients), and 10–14 years (46 patients), accounting for 40.6%, 27.7%, 13.0%, 14.1%, and 4.6% of patients, respectively. The seasonal distribution revealed 295 cases from December to February, 214 from September to November, 275 from June to August, and 223 from March to May, with percentages of 29.3%, 21.3%, 27.3%, and 22.1%, respectively. The epidemiological distribution of the ten respiratory viruses, classified according to age and season, is presented below (Table 2). Figure 2 delineates 7-year (2017–2023) temporal trends in monthly SVP

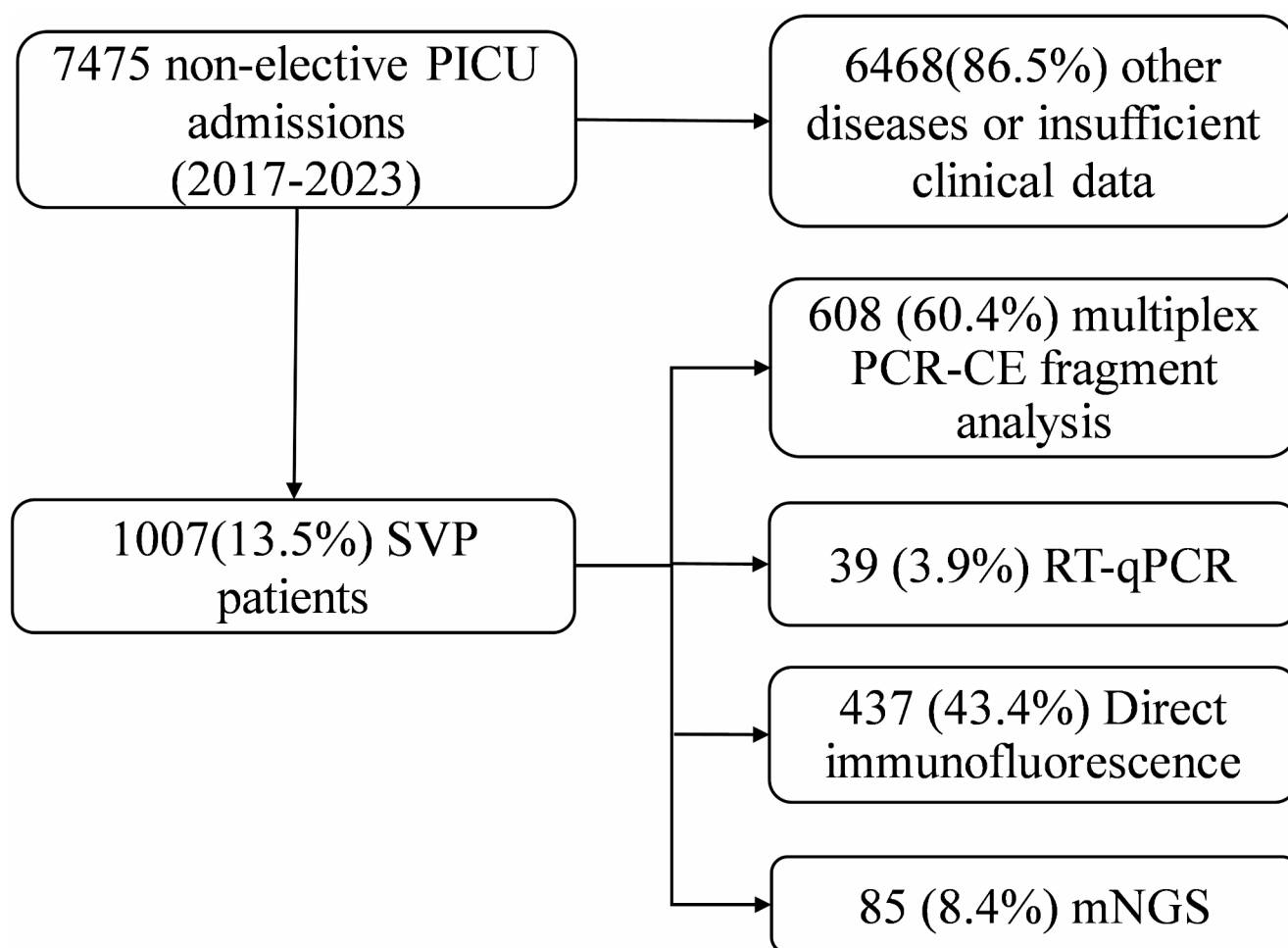


Fig. 1 Flowchart consort diagram

case volumes and mortality rates within the PICU, stratified across pre-pandemic, pandemic, and post-pandemic epidemiological phases.

The cohort comprised pediatric patients from Guangdong Province, China ($n=1007$), predominantly Shenzhen residents (80.2%, $n=808$) versus non-local residents (19.8%, $n=199$). Healthcare transitions included 29.8% ($n=300$) intra-hospital transfers within Shenzhen Children's Hospital and 10.2% ($n=103$) inter-hospital transfers across Guangdong. Community-acquired infections predominated ($n=944$, 93.7%) over hospital-acquired infections ($n=63$, 6.3%). Among hospital-acquired cases, 71.4% ($n=45$) originated from transferred ward patients, while 15.9% ($n=10$) involved hospitalization-acquired transmission from symptomatic caregivers.

Among all patients, 92 cases (9.1%) required multiple PICU admissions for SVP, including 19 pre-pandemic, 38 during the pandemic, and 35 post-pandemic, with a median interval of 6.4 months (IQR 2.5–11.3) between admissions. Of these, 56 cases experienced two episodes, and 36 cases

had three or more episodes. Twenty patients were readmitted for recurrent infection with the same virus. Comorbidities were present in 78 cases (84.8%), with the top five being moderate-to-severe underweight (36 cases), epilepsy (25 cases), bronchopulmonary dysplasia (10 cases), congenital metabolic disorders (8 cases), and spinal muscular atrophy, congenital heart disease, or immunocompromised status (7 cases each; including acute leukemia, PIDs, and post-transplant biliary atresia).

Notably, 289 patients (28.7%, 289/1007) had a confirmed history of exposure to individuals with respiratory infections, predominantly family members (87.5%, 253/289), before the onset of disease.

3.2 Distribution of Pathogens

Viral coinfection patterns revealed 86.7% (873/1007) monoinfections, 12.1% (122) dual infections, and 1.2% (12) triple infections. Pathogen distribution demonstrated RSV predominance (28.5%, 287), followed by influenza

viruses (26.6%; IVA 20.2% [203], IVB 7.2% [72]), HRV (20.1%, 202), ADV (11.9%, 120), HPIV (8.7%, 88), HBoV (7.8%, 79), HMPV (4.7%, 47), SARS-CoV-2 (3.9%, 39), and HCoV (1.5%, 15).

Age-stratified virome analysis revealed distinct predominant viruses: 1) ≤ 1 year: RSV, HRV, IVA, HPIV; 2) 3–5 years: HRV, RSV, IVA, ADV; 3) 5–10 years: IVA, HRV, ADV, RSV; 4) 10–14 years: HRV, IVA, SARS-CoV-2, RSV (Table 2). Pandemic-phase comparisons demonstrated temporal shifts: (1) Pre-pandemic: IVA, RSV, ADV, IVB (Fig. 3); (2) Pandemic: HRV, RSV, HPIV, HBoV (Fig. 4); (3) Post-pandemic: HRV, RSV, HBoV, IVA (Fig. 5), ordered by chronological detection frequency. Community-acquired SVP cases were predominantly associated with RSV, IVA, HRV, and ADV. In contrast, hospital-acquired infections demonstrated distinct viral profiles, with HPIV, IVA, RSV, and HRV constituting the most frequent pathogens. These four agents—HRV, RSV, HPIV, and IVA—emerged as the principal etiological drivers of SVP, exhibiting significant correlations with recurrent hospitalizations (Table 2).

3.3 Coinfection with Other Pathogens

Among the cohort, 32.6% ($n=328$) presented with co-infections: (1) Bacterial: 21.2% ($n=213$), primarily *Streptococcus pneumoniae* ($n=83$), *Haemophilus influenzae* ($n=63$), and *Staphylococcus aureus* ($n=24$); (2) Atypical: 8.9% ($n=90$), predominantly *Mycoplasma pneumoniae* ($n=71$) and *Bordetella pertussis* ($n=13$); (3) Fungal: 2.5% ($n=25$), chiefly *Pneumocystis jirovecii* ($n=12$) and *Aspergillus* spp. ($n=7$).

3.4 Underlying Health Conditions

The cohort exhibited a 53.0% (534/1007) prevalence of comorbidities: (1) Respiratory disorders (17.0%, $n=171$), including airway/lung malformations ($n=67$) (e.g., pulmonary agenesis, laryngotracheomalacia, and stenosis), bronchopulmonary dysplasia ($n=73$), and other conditions ($n=40$) (e.g., scoliosis, pectus excavatum, bronchiectasis, pulmonary hemosiderosis, obstructive bronchitis, and congenital pulmonary cystic adenomatoid malformation); (2) Neurological conditions (11.3%, $n=114$), including epilepsy ($n=99$) and cerebral palsy ($n=32$); (3) Cardiovascular diseases (9.4%, $n=95$), including congenital heart defects ($n=87$), chronic heart failure ($n=32$) and cardiomyopathy ($n=7$); (4) Hematologic malignancies (6.1%, $n=61$), comprising acute leukemia ($n=28$), other malignancies ($n=24$), and severe thalassemia/severe aplastic anemia treated with hematopoietic stem cell transplantation ($n=9$); (5) Congenital metabolic disorders: 2.1% (21), including congenital adrenal insufficiency, glycogen storage diseases,

β -galactosidase deficiency, and β -ketothiolase deficiency; (6) Congenital muscle diseases: 2.9% (29)—spinal muscular atrophy ($n=24$), fatal hyperosmolar myopathy ($n=5$); (7) Primary immunodeficiencies: 1.4% (14); (8) Other conditions: nephrotic syndrome ($n=11$), and post-transplant biliary atresia ($n=9$); and (9) Nutritional status: 23.2% (234) exhibited moderate-to-severe underweight (Table 3).

3.5 Complications

Acute respiratory failure occurred in 83.9% (845/1007) of patients, stratified as type I ($n=260$) and type II ($n=585$). ARDS was observed in 59 patients (5.9%) and 53 patients (5.3%) presented with plastic bronchitis. Complications included 8.5% cases of sepsis, 8.1% cases of infection-related encephalopathy (e.g., acute necrotizing encephalopathy in 6 cases, and Influenza-associated encephalopathy in 33 cases), and 2.9% cases of MODS. In addition, Eighteen cases (1.8%) of rhabdomyolysis were also reported (Table 3).

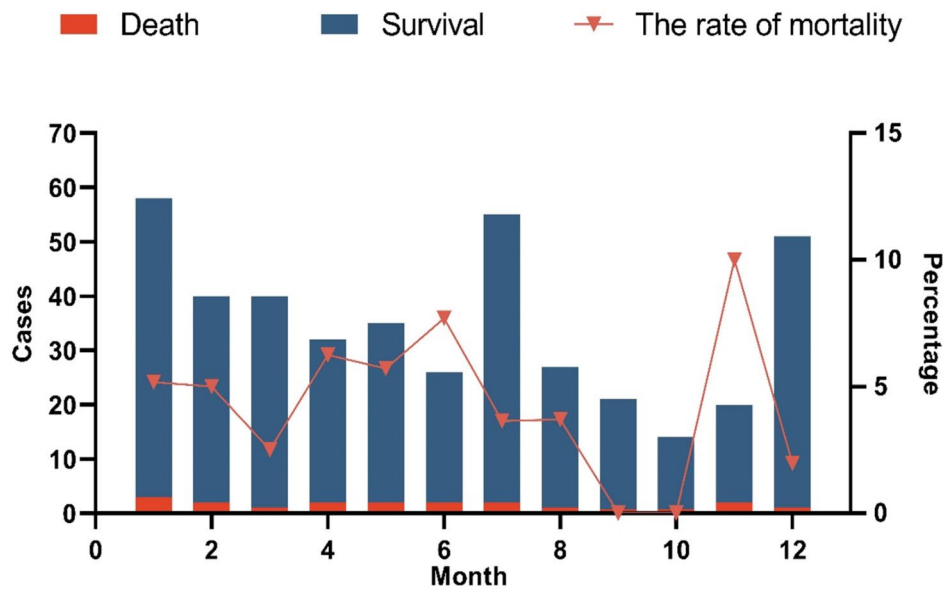
3.6 Treatment and Outcome

All patients received oxygen therapy with the following respiratory support modalities: Noninvasive ventilation (19.5%, $n=196$), high-flow nasal cannula (13.8%, $n=139$) and invasive mechanical ventilation (35.3%, $n=355$). Extracorporeal membrane oxygenation (ECMO) support was required in 11 cases (1.1%), while 33 patients (3.3%) underwent continuous renal replacement therapy (CRRT). Bronchoalveolar lavage was performed under bronchoscopic guidance in 475 cases (47.2%). Systemic corticosteroid therapy with intravenous methylprednisolone was administered to 596 patients (59.2%), and intravenous immunoglobulin (IVIG) therapy was utilized in 506 cases (50.2%).

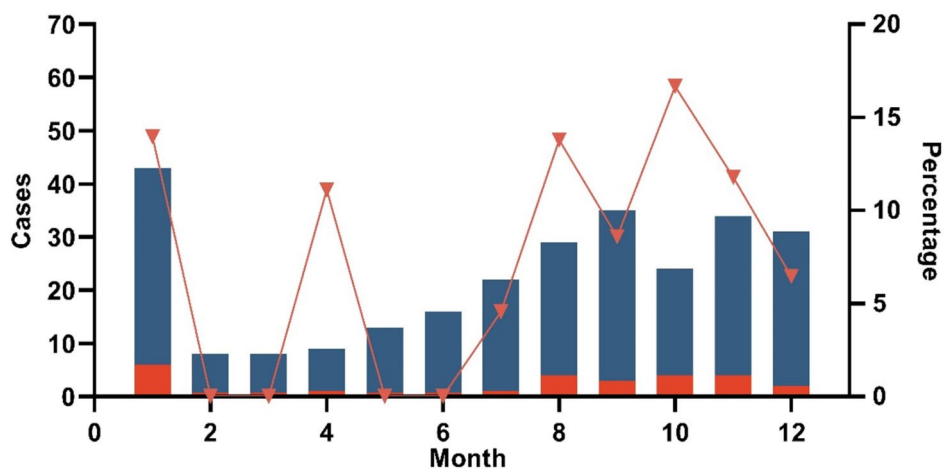
Following therapeutic intervention, 946 patients (93.9%) achieved clinical improvement and were transferred to general wards. The overall mortality rate was 6.1% ($n=61$), with 17 deaths attributed to progression of pre-existing comorbidities, and 16 cases resulting from sepsis-induced MODS. Additional fatal complications included ARDS in 15 patients, infection-associated encephalopathy in 11 cases, and fulminant myocarditis in 2 individuals. The median duration of PICU hospitalization was 4.0 days (IQR 2.0–8.0).

3.7 Stratified Analysis of Death Factors in the Death Group

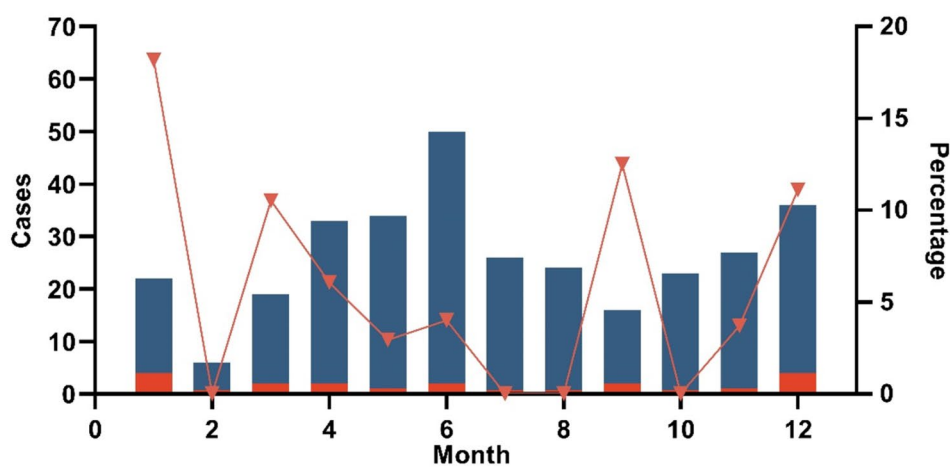
Among 61 pediatric fatalities attributed to SVP, cases were stratified into purely viral infections ($n=40$) and co-infections ($n=21$) groups based on pathogen identification.



(A) Before the COVID-19 pandemic : 2017-2019



(B) During the COVID-19 pandemic : 2020-2021



(C) After the COVID-19 pandemic : 2022-2023

Fig. 2 Accumulation of SVP and death cases in the PICU from 2017 to 2023, by month

Significant intergroup differences emerged in clinical characteristics: the co-infections cohort demonstrated higher prevalence of age < 3 years (76.2% vs. 42.5%, $p=0.012$), primary immunodeficiency diseases (19.0% vs. 0, $p=0.011$), sepsis (66.7% vs. 32.5%, $p=0.011$), IVIG therapy (85.7% vs. 60.0%, $p=0.039$), and bronchoscopy-guided bronchoalveolar lavage utilization (66.7% vs. 22.5%, $p=0.001$) (Table 4).

Multivariable logistic regression analysis revealed that age < 3 years (aOR 4.379, 95% CI 1.155–16.603) and sepsis (aOR 4.051, 95% CI 1.111–14.765) remained independently associated with increased mortality risk in children with SVP complicated by coinfections, following adjustment for potential confounders (Table 5).

3.8 Analysis of Risk Factors for Death

Comparative analysis revealed significant disparities between non-survivor and survivor cohorts. The non-survivor group exhibited higher prevalence of prolonged hospitalization (> 9 days; 37.7% vs. 22.0%), moderate-severe underweight (37.7% vs. 22.3%), acute leukemia (11.8% vs. 2.2%), other malignancies (13.1% vs. 1.7%), PIDs (6.6% vs. 1.1%), ARDS (34.4% vs. 4.0%), rhabdomyolysis (18.0% vs. 0.7%), infection-associated encephalopathy (27.9% vs. 6.9%), sepsis (44.3% vs. 6.2%), and MODS (36.1% vs. 0.6%). Conversely, survivors demonstrated higher rates of younger age (< 5 years; 96.6% vs. 90.2%, $p=0.027$), shorter PICU stays (2–5 days; 46.0% vs. 31.1%, $p=0.006$), and acute respiratory failure (85.2% vs. 63.9%, $p<0.001$) (Table 3).

Multivariable logistic regression adjusted for disease severity scores identified seven independent mortality predictors: acute leukemia (aOR 6.285, 95%CI 1.959–20.164), other malignant tumors (aOR 15.358, 4.873–48.404), PIDs (aOR 9.204, 2.284–37.095), moderate-to-severe underweight (aOR 3.775, 1.879–7.583), rhabdomyolysis (aOR 5.503, 1.105–27.410), ARDS (aOR 7.787, 3.240–18.715), infection-related encephalopathy (aOR 3.489, 1.306–9.323) and MODS (aOR 24.255, 7.107–82.781) (Table 6).

3.9 Construction of a Predictive Model for Mortality in Patients with SVP

The predictive model demonstrated excellent discriminative capacity for mortality risk in SVP, with a receiver operating characteristic (ROC) curve analysis revealing an area under the curve (AUC) of 0.888 (95% confidence interval [CI]: 0.838–0.938). The model achieved 73.8% sensitivity and 90.2% specificity at the optimal cutoff threshold (Fig. 6).

Statistical analyses were performed using IBM SPSS Statistics (version 26.0).

4 Discussion

Lower respiratory infections, particularly pneumonia, are a leading infectious agent of mortality worldwide, claiming over 2 million lives annually, with 672,000 of these being children under five years of age [1, 10]. Among the various pathogens causing pneumonia in children, viruses are the predominant culprits [11]. In a comprehensive study spanning several Asian and African nations, it was revealed that viruses accounted for 61.4% of hospitalizations without HIV infection due to severe pneumonia acquired in the community among children under five years old [12]. In pre-pandemic period, data from a multi-center retrospective analysis in the United States show that among hospitalized children with community-acquired pneumonia, 66% of the patients tested positive for respiratory viruses, and the most commonly detected pathogens were RSV (28%), HRV (27%), HMPV (13%), ADV (11%), HPIV (7%), IVA/B (7%), HCoV (5%) [11]. Which a little different from our observations, IV, RSV, ADV, HRV were the most predominant viral pathogens. Variations in climate, population distribution characteristics and other factors often lead to differences in the prevalence of viral pathogens in different regions [13–14]. RSV and HRV is still the most predominant virus for the baby and young children [15–16], which is the same as our study.

Changes in the pathogen spectrum have an impact on the effective formulation of public health policies and strategies for controlling infectious diseases. The establishment of a respiratory virus surveillance network and the monitoring of viral changes are conducive to the timely adjustment of the allocation and use of medical resources, ensuring effective prevention and treatment of diseases caused by different pathogens [17]. Furthermore, this allows for the rapid and accurate diagnosis of new respiratory viruses, the effective adjustment of detection strategies and epidemiological surveillance means, and a better grasp of the dynamic changes of the epidemic. Before the COVID-19 pandemic, children with acute viral lower respiratory tract infections exhibited a seasonal peak pattern for IV, RSV and ADV, for the previous three, the epidemic is predominantly in the winter [17–18]; With a notable concentration of adenovirus outbreaks occurring in 2019 prior to the onset of the COVID-19 pandemic, and some similar reports have been made in the past [19]. However, the epidemic peaks of respiratory viruses differ between northern and southern regions of China, such as the areas around Shenzhen in the southern regions, with infection peaking in spring and winter or during the wet rainy

Table 2 Clinical and demographic characteristics of pediatric patients with SVP and multiple respiratory viruses in the PICU

	RSV(%) ^a (n=287)	IVA(%) ^a (n=203)	IVB(%) ^a (n=72)	HRV(%) ^a (n=202)	ADV(%) ^a (n=120)	HPIV(%) ^a (n=88)	HBoV(%) ^a (n=79)	HMPV(%) ^a (n=47)	HCOV(%) ^a (n=15)	SARS-Cov-2(%) ^a (n=39)
Genders										
Male	181(63.1)	131(64.5)	49(68.1)	113(55.9)	79(65.8)	53(60.2)	53(67.1)	29(61.7)	8(53.3)	25(64.1)
Female	106(36.9)	72(35.5)	23(31.9)	89(44.1)	41(34.2)	35(39.8)	26(32.9)	18(38.3)	7(46.7)	14(35.9)
Age groups										
28 days~1 year old	190(66.2)	51(25.1)	24(33.3)	63(31.2)	30(25.0)	39(44.3)	30(37.9)	14(29.9)	6(40.0)	14(35.9)
1~3 years old	60(20.9)	50(24.6)	18(25.0)	65(32.2)	48(40.0)	26(29.5)	38(48.1)	16(34.0)	4(26.7)	5(12.8)
3~5 years old	18(6.3)	39(19.2)	14(19.4)	29(14.4)	21(17.5)	10(11.4)	7(8.9)	7(14.9)	2(13.3)	5(12.8)
5~10 years old	13(4.5)	53(26.1)	12(16.7)	32(15.8)	18(15.0)	9(9.1)	4(5.1)	10(21.3)	1(6.7)	7(17.9)
10~14 years old	6(2.1)	10(4.9)	4(5.6)	13(6.4)	3(2.5)	4(4.5)	0	0	2(13.3)	8(20.5)
Seasons^b										
Spring	61(21.3)	57(28.1)	18(25.0)	45(22.2)	32(26.7)	18(20.5)	9(11.4)	4(8.5)	1(6.7)	6(15.4)
Summer	118(41.1)	45(22.2)	18(25.0)	39(19.3)	41(34.2)	22(25.0)	17(21.5)	13(27.7)	2(13.3)	6(15.4)
Autumn	58(20.2)	24(11.8)	10(13.9)	64(31.7)	19(15.8)	26(29.5)	32(40.5)	4(8.5)	7(46.7)	2(5.1)
Winter	50(17.4)	77(37.9)	26(36.1)	54(26.7)	28(23.3)	22(25.0)	21(26.6)	26(55.3)	5(33.3)	25(64.1)
Period										
Before the COVID-19 pandemic	125(43.6)	155(76.4)	65(90.3)	16(7.9)	83(69.2)	22(25.0)	5(6.3)	0	1(6.7)	0
During the COVID-19 pandemic	90(31.4)	5(2.5)	5(6.9)	109(54.0)	8(6.7)	31(35.2)	29(36.7)	18(38.3)	6(40.0)	0
After the COVID-19 pandemic	72(25.1)	43(21.2)	2(2.8)	77(38.1)	29(24.2)	35(39.8)	45(57.0)	29(61.7)	8(53.3)	39(100)
Number of viral infections										
Monoinfections	242(84.3)	167(82.3)	49(68.1)	151(74.8)	77(64.2)	61(69.3)	55(69.6)	35(74.5)	6(40.0)	27(69.2)
Dual/ triple infections	45(15.7)	36(17.7)	23(31.9)	51(25.2)	43(35.8)	27(30.7)	24(30.4)	12(25.5)	9(60.0)	12(30.8)
Viral co-infection with other pathogens										
Purely viral infections	199(69.3)	143(70.4)	41(56.9)	144(71.3)	51(42.5)	57(64.8)	65(82.3)	33(70.2)	11(73.3)	30(76.9)
Viral co-infections	88(30.7)	60(29.6)	31(43.1)	58(28.7)	69(57.5)	31(35.2)	14(17.7)	14(29.8)	4(26.7)	9(23.1)
Multiple hospitalizations^c										
Yes	20(7.0)	10(4.9)	3(4.2)	31(15.3)	7(5.8)	14(15.9)	8(10.1)	7(14.9)	3(20.0)	4(10.3)
No	267(93.0)	193(95.1)	69(95.8)	171(84.7)	113(94.2)	74(84.1)	71(89.9)	40(85.1)	12(80.0)	35(89.7)
Type of infections acquired in different settings										
Community-acquired infections	269(93.7)	187(92.1)	70(97.2)	190(94.1)	114(95.0)	76(86.4)	75(94.9)	45(95.7)	14(93.3)	39(100)
Hospital-acquired infections	18(6.3)	16(7.9)	2(2.8)	12(5.9)	6(5.0)	12(13.6)	4(5.1)	2(4.3)	1(6.7)	0
Prognosis										
Survive	274(86.1)	191(94.0)	66(91.6)	185(91.6)	112(93.3)	81(92.0)	78(98.7)	44(93.6)	14(93.3)	36(92.3)
Death	13(13.9)	12(6.0)	6(8.4)	17(8.4)	8(6.7)	7(8.0)	1(1.3)	3(6.4)	1(6.7)	3(7.7)

Abbreviations: IVA/B, influenza virus type A or type B; RSV, respiratory syncytial virus; ADV, adenovirus; HPIV, human parainfluenza virus; HBoV, human bocavirus; HCoV, human coronavirus; HRV, human rhinovirus; HMPV, human metapneumovirus; SARS-Cov-2, severe acute respiratory syndrome coronavirus 2

a: Data is presented as no. (%) of patients unless otherwise indicated

b: Shenzhen lies south of the Tropic of Cancer, situated between longitudes 113°46'E and 114°37'E, and latitudes 22°27'N to 22°52'N. Characterized by a subtropical monsoon climate, the seasons in Shenzhen are categorized as follows: spring encompassing March, April, and May; summer consisting of June, July, and August; autumn encompassing September, October, and November; and winter including December, January, and February. Cumulative data for identical month, spanning the seven-year period from 2017 to 2023

c: Recurrent PICU admissions (≥2 distinct episodes) for SVP were documented

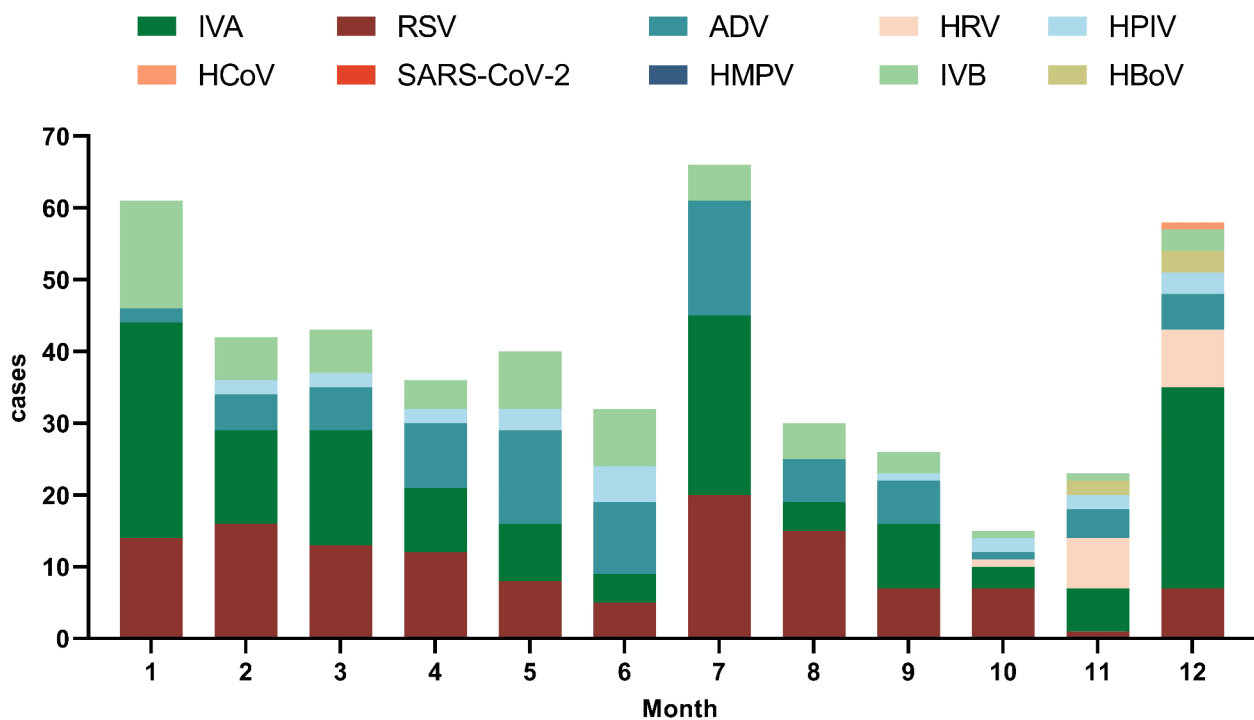


Fig. 3 Accumulation of the number of severe viral pneumonia cases in the same month over three years before the COVID-19 epidemic

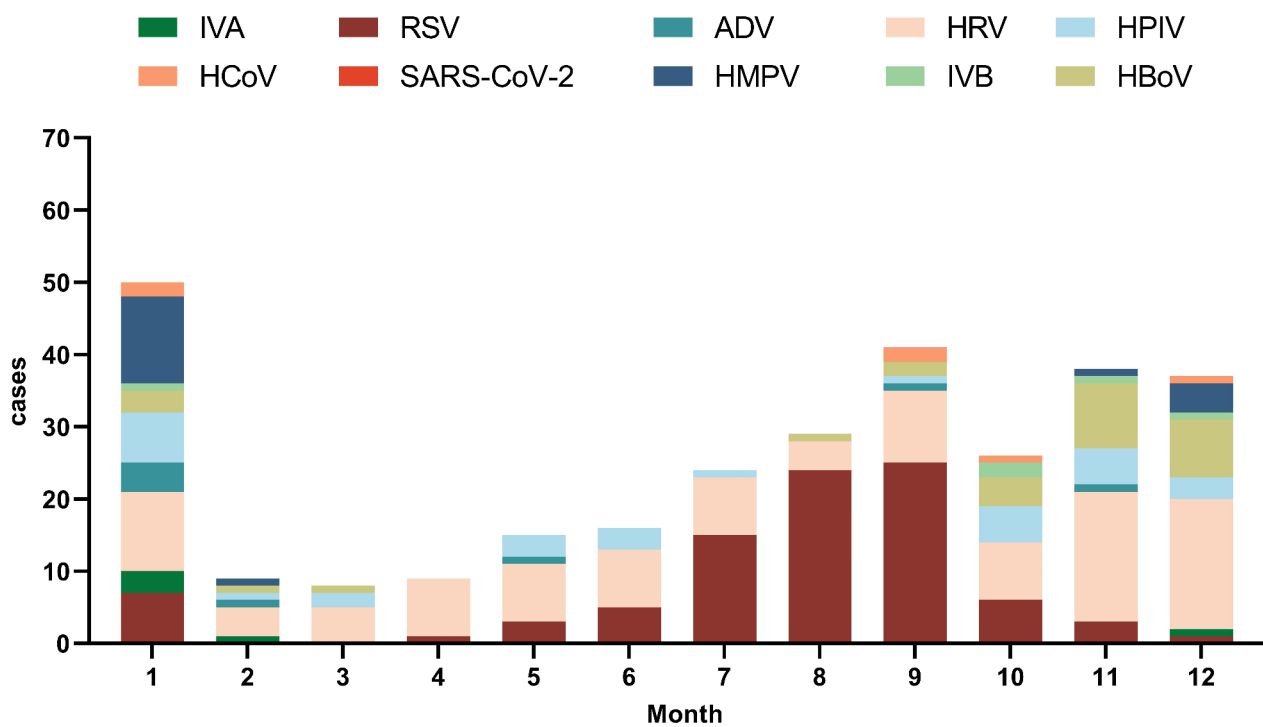


Fig. 4 Accumulation of the number of severe viral pneumonia cases in the same month over two years during the COVID-19 epidemic

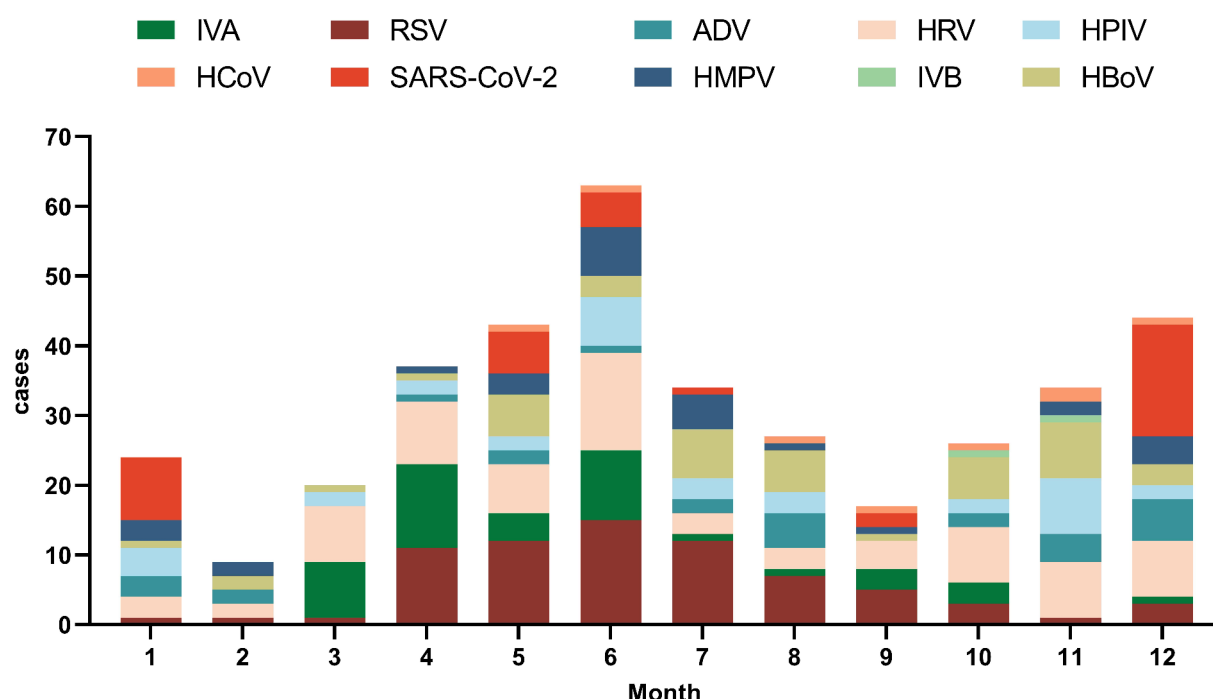


Fig. 5 Accumulation of the number of severe viral pneumonia cases in the same month over two years after the COVID-19 epidemic

season [18, 20]. The prevalence of HRV was consistently high throughout the year and the difference between months was not significant [11, 15, 17, 20], and may be associated with the absence of the envelope of HRV itself, its narrow diameter, its considerable genetic diversity (exceeding 160 serotypes) and its epidemiological inverse correlation with IV(competitive viral inhibition or interference) [21, 22, 23].

Following the onset of the COVID-19 pandemic in December 2019, a marked decline was observed in influenza-associated and adenovirus-associated pneumonia cases, contrasting with significant increases in detection rates of HRV, HPIV, bocavirus HBoV, HCoV, and HMPV, with HRV infections demonstrating the most pronounced epidemiological surge during the pandemic period. A study from South Africa showed a 48% decline in RSV-associated lower lower respiratory infections hospitalisation rates and a 95% decline for influenza in 2020 compared with the pre-pandemic period average [24]. It was mainly attributed to the many non-pharmaceutical interventions (NPIs) implemented to reduce SARS-CoV-2 transmission [17, 24–25]. Despite the challenges of stopping the spread of respiratory viruses in infants and young children due to their unique characteristics, development, compliance issues and limited awareness of autonomous health protection, NPIs have been shown to slow the transmission of COVID-19 in the population and influence the prevalence and spread of other common respiratory viruses [26]. Second, changes in the host's innate antiviral immune response and competitive viral inhibition or interference may be associated with this variation

[21, 22, 23]. As some individuals lack natural immunity and have not previously encountered specific viruses, with relaxation of NPIs, the resulting immunity gap in such settings may have contributed to increased susceptibility and more severe disease when respiratory viruses re-enter the circulation [27]. Our study found a significant increase in the number of RSV, influenza virus and ADV infections in the post-pandemic compared with the pandemic period. Studies also reported that seasonality and burden of IV and RSV infections in 2022 were similar to pre-pandemic levels [24, 28]. In addition, from July 2023 to the present (October 2024), children in China are experiencing a storm of macrolide-resistant *Mycoplasma pneumoniae* ravaging the country [29].

HAVRI, regardless of virus type, contribute significantly to morbidity and mortality, particularly in patients with underlying malignancy or in the transplant population, and are associated with adverse neonatal outcomes, including prolonged hospital stay, need for ventilatory support, and increased risk of developing bronchopulmonary dysplasia [7, 30]. Pediatric respiratory viruses vary in their clinical presentation but are mainly transmitted by respiratory droplets and contact. Within this cohort, 6.3% of patients acquired the infection nosocomially, 71.4% originated from transferred ward patients, while 15.9% involved hospitalization-acquired transmission from symptomatic caregivers. The infectivity of respiratory viruses in clinical settings remains poorly understood, posing challenges for infection control, especially concerning HAVRI. In line with previous

Table 3 Comparison of clinical characteristics between the surviving and nonsurviving patients with SVP

Characteristics	Number (<i>n</i> = 1007)	Survivor group (<i>n</i> = 946)	Non-surviv- ior group (<i>n</i> = 61)	χ^2	<i>p</i> value
Gender (<i>n</i>,%)					
Male	637(63.3)	603(63.7)	34(55.7)	1.580	0.209
Female	370(36.7)	343(36.3)	27(44.3)		
Season (<i>n</i>,%)					
Spring	223(22.1)	212(22.4)	11(18.0)	3.656	0.301
Summer	275(27.3)	263(27.8)	12(19.7)		
Autumn	214(21.3)	198(20.9)	16(26.2)		
Winter	295(29.3)	273(28.9)	22(36.1)		
Age groups (<i>n</i>,%)					
28 days~5 years old	969(96.2)	914(96.6)	55(90.2)	4.915	0.027
5~14years old	38(3.8)	32(3.4)	6(9.8)		
Number of viral infections (<i>n</i>,%)					
Monoinfections	873(86.7)	821(86.8)	52(85.2)	0.118	0.731
Dual/triple infections	134(13.3)	125(13.2)	9(14.8)		
Co-infection*(<i>n</i>,%)	328(32.6)	307(32.6)	21(34.4)	0.102	0.750
Combined with underlying diseases (<i>n</i>,%)					
Epilepsy	99(9.8)	92(9.7)	7(11.5)	0.198	0.656
Cerebral palsy	32(3.2)	30(3.2)	2(3.3)	0.002	0.963
Congenital heart disease	87(8.6)	82(8.7)	5(8.2)	0.016	0.899
Chronic heart failure	32(3.2)	31(3.3)	1(1.6)	0.499	0.480
Bronchopulmonary dysplasia	73(7.2)	71(7.5)	2(3.3)	0.959	0.327
Airway/lung malformations	67(6.7)	67(7.1)	0(0)	3.558	0.059
Scoliosis or pectus excavatum	28(2.8)	28(3.0)	0(0)	0.924	0.337
Acute leukemia	28(2.9)	21(2.2)	7(11.8)	14.897	<0.001
Other malignancies	24(2.4)	16(1.7)	8(13.1)	27.420	<0.001
PIDs	14(1.4)	10(1.1)	4(6.6)	8.952	0.003
Spinal muscular atrophy	24(2.4)	23(2.4)	1(1.6)	0.000	1.000
Congenital metabolic disorders	27(2.7)	26(2.7)	1(1.6)	0.012	0.912
Nephrotic syndrome	11(1.1)	11(1.2)	0(0)	0.045	0.833
Moderate-to-severe underweight	234(23.2)	211(22.3)	23(37.7)	7.619	0.006
Complication (<i>n</i>,%)					
Acute respiratory failure	845(83.9)	806(85.2)	39(63.9)	19.199	<0.001
ARDS	59(5.9)	38(4.0)	21(34.4)	90.639	<0.001
Plastic bronchitis	53(5.3)	50(5.3)	3(4.9)	0.000	1.000
Rhabdomyolysis	18(1.8)	7(0.7)	11(18.0)	88.012	<0.001
Infection-associated encephalopathy	82(8.1)	65(6.9)	17(27.9)	31.030	<0.001
Sepsis	86(8.5)	59(6.2)	27(44.3)	106.082	<0.001
MODS	28(2.8)	6(0.6)	22(36.1)	253.179	<0.001
Length of hospitalization in PICU					
Less than 2 days	108(10.7)	99(10.5)	9(14.8)	1.101	0.294
2~5 days	452(44.9)	435(46.0)	17(31.1)	7.601	0.006
5~9 days	216(21.4)	204(21.4)	12(19.7)	0.122	0.727
9 days or more	231(22.9)	208(22.0)	23(37.7)	8.008	0.005

Coinfection* refers to a condition in which an individual is simultaneously infected with a virus and one or more other pathogens, such as a viral and bacterial coinfection or a viral and fungal coinfection, respectively

studies [30–31], the predominant viruses causing HAVRI were RSV, IVA, and HPIV, and their epidemiology closely reflects that of the community. These highly transmissible viruses, known for their elevated susceptibility rates, are among the most prevalent RNA viruses affecting children. To prevent cross-infections during the initial phases of hospitalization, comprehensive clinical assessments should be conducted upon transfer within the hospital. This is

particularly important during outbreaks of respiratory infections, when the risk of hospital-acquired infections increases in densely populated areas or in inadequately ventilated wards and examination rooms. HAVRI can cause recurrent or worsened pneumonia in children, highlighting the importance of vigilance by healthcare providers. In adults, viral respiratory infections have been implicated in up to a third of ICU admissions with severe pneumonia, with mortality

Table 4 Comparative analysis of clinical characteristics between purely viral infections and Co-infection groups in Non-survivors with SVP

Characteristics	Purely viral infections (<i>n</i> =40)	Viral co-infections (<i>n</i> =21)	χ^2	<i>p</i> value	
Gender (<i>n</i>,%)					
Male	20(50.0)	14(66.7)	1.550	0.213	
Female	20(50.0)	7(33.3)			
Age groups (<i>n</i>,%)					
28 days~3years old	17(42.5)	16(76.2)	6.294	0.012	
28 days~5years old*	34(85.0)	21(100)			
Underlying disease (<i>n</i>,%)					
Epilepsy*	4(10.0)	3(14.3)	0.355	0.683	
Congenital heart disease*	3(7.5)	2(9.5)		1.000	
Bronchopulmonary dysplasia*	1(2.5)	1(4.8)		1.000	
Acute leukemia*	3(7.5)	4(19.0)		0.220	
Other malignant tumors	4(10.0)	4(19.0)		0.552	
Primary immunodeficiency diseases	0	4(19.0)		0.011	
Spinal muscular atrophy*	1(2.5)	0		1.000	
Moderate to severe underweight	16(40.0)	7(33.3)		0.261	0.610
Complication (<i>n</i>,%)					
Acute respiratory failure	28(70.0)	11(52.4)	1.854	0.173	
ARDS	11(27.5)	10(47.6)	2.469	0.116	
Plastic bronchitis*	2(5.0)	1(4.8)	0.814	1.000	
Rhabdomyolysis	9(22.5)	1(4.8)		0.367	
Infection-associated encephalopathy	14(35.0)	3(14.3)	2.939	0.086	
Sepsis	13(32.5)	14(66.7)	6.516	0.011	
MODS	17(42.5)	5(23.8)	2.086	0.149	
Treatment(<i>n</i>,%)					
IVIG therapy	24(60.0)	18(85.7)	4.246	0.039	
Intravenous methylprednisolone	27(67.5)	12(57.1)	0.641	0.423	
Bronchoalveolar lavage	9(22.5)	14(66.7)	11.436	0.001	
Invasive mechanical ventilation	34(85.0)	18(85.7)	0.000	1.000	
CRRT	8(20.0)	6(28.6)	0.190	0.663	
ECMO*	5(12.5)	1(4.8)	0.207	0.654	
Length of hospitalization in PICU(<i>n</i>,%)					
Less than 2 days	7(17.5)	2(9.5)		0.207	0.404
2~5 days	11(27.5)	6(28.6)		0.008	0.929
5~9 days	9(22.5)	3(14.3)		0.183	0.669
9 days or more	13(32.5)	10(47.6)		1.340	0.247

*Comparisons were conducted using Fisher's exact test, and the remaining tests were conducted using the chi-square test

Table 5 Independent predictors of mortality in pediatric patients with SVP and Co-infections: A multivariable logistic regression analysis of PICU admissions

Risk factors	aORs	95% CI		<i>p</i> value
		lower	upper	
The age less than 3 years old	4.379	1.155	16.603	0.030
Sepsis	4.051	1.111	14.765	0.034

rates comparable to those of confirmed bacterial pneumonia [32].

Although the viral spectrum of respiratory viruses that cause SVP in children has changed, there is no significant change in the pneumonia mortality rate compared to pre-pandemic period. Viral pathogens are often found in children requiring intensive care with respiratory infections, but do not alter all-cause mortality in the selected group studied

Table 6 Independent mortality predictors in PICU-Admitted SVP patients: A multivariable logistic regression model

Risk factors	ORs	95% CIs		<i>p</i> value
		lower	upper	
Acute leukemia	6.285	1.959	20.164	0.002
Other malignant tumors	15.358	4.873	48.404	0.000
PIDs	9.204	2.284	37.095	0.002
Moderate to severe underweight	3.775	1.879	7.583	0.000
Rhabdomyolysis	5.503	1.105	27.410	0.037
ARDS	7.787	3.240	18.715	0.000
Infectious related encephalopathy	3.489	1.306	9.323	0.013
MODS	24.255	7.107	82.781	0.000

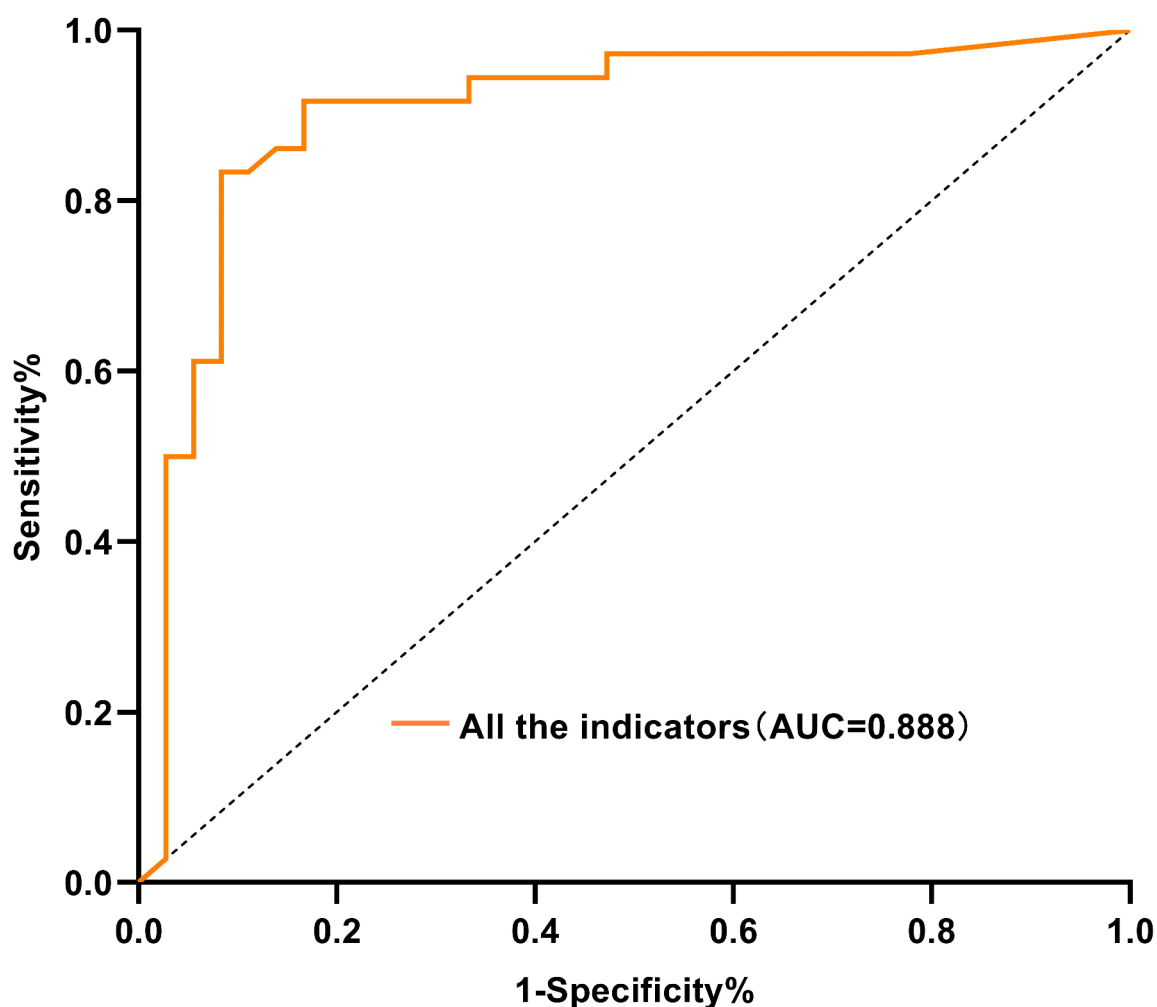


Fig. 6 ROC curve of the severe viral pneumonia mortality prediction model

because the likelihood of viral testing depended on disease and disease severity, and the main analyses were performed only on tested patients [33]. Underlying health conditions are closely related to the severity of pneumonia in children. Within this cohort, 53.0% of the children in this cohort had comorbidities, and diseases of the respiratory system, the cardiovascular system and the nervous system account for 17%, 14.04% and 11.3% respectively. Comorbidities greatly increase the risk of serious outcomes associated with common viral infections, especially cardiovascular and pulmonary disease [4, 33–34]. Additionally, a 12-year retrospective study highlighted severe acute malnutrition and moderate-to-severe underweight as risk factors for pediatric pneumonia-related mortality [35], and 23.2% of children in our study were reported to have moderate-to-severe underweight. Within this patient cohort, acute leukemia, other malignant tumors, and primary immunodeficiency diseases, were identified as significant factors elevating the risk of mortality and also at high risk of developing hospital acquired infections. Similar to previous reports [7, 31, 34,

36–37], our study found that children with these conditions, especially those under 3 years of age (aOR 4.379, 95%CI 1.155–16.603), are more likely to develop severe secondary infections, sepsis, and multi-organ and multisystem involvement, which increases the risk of complications and mortality from viral infections. Mechanistically, insufficient airway epithelial anti-spike secretory IgA (S-IgA) in young children compromises viral clearance through reduced RNA load neutralization and diminished infectivity control [38–39]. Anatomically narrower airways and reduced ciliary motility in this age group promote secretion retention, fostering pathogen proliferation. Furthermore, underdeveloped swallowing coordination and elevated aspiration risk predispose to secondary bacterial colonization.

The dissemination of information regarding the underlying diseases and serious complications associated with childhood illnesses can facilitate a more comprehensive understanding of the health status of children among parents and caregivers. Regular medical check-ups can assist in the early detection of underlying diseases, while prompt

consultation at the onset of disease can help to avert complications. Vaccination is the most cost-effective and efficient means of preventing SVP and its serious complications and reducing the spread of respiratory viruses [40]. It is regrettable that, with the exception of IV and SARS-CoV-2, there are no vaccines that have been specifically approved for use against the majority of respiratory viruses. Nevertheless, vaccination against other respiratory pathogens can also assist in the prevention of viral pneumonia. A study conducted in South Africa demonstrated that the pneumococcal conjugate vaccine was effective in preventing one-third of viral pneumonia cases, which was likely due to its ability to prevent superimposed bacterial co-infections [41].

The respiratory virus can cause organ damage post-infection either through direct invasion of tissue cells leading to pathogenic consequences or indirectly by releasing cytokines and triggering cell or antibody-mediated immune responses [42–43]. The occurrence of “cytokine storms” has been associated with virus-associated encephalopathy and ARDS [44]. Apart from influenza viruses, infections caused by various respiratory viruses can also result in central nervous system consequences such as meningitis and encephalopathy, particularly in young individuals [43, 45]. In our study, 8.1% of children with SVP developed infection-associated encephalopathy, and the proportion was significantly higher in the group that died. Regrettably, due to limitations of the retrospective study, we were unable to ascertain the levels of inflammatory markers in the bronchoalveolar lavage fluid and cerebrospinal fluid of deceased children with simple viral infections and co-infections.

This study has several methodological limitations requiring cautious interpretation. First, the single-center retrospective design inherently constrains sample size adequacy and generalizability, necessitating validation through prospective multi-center cohorts. Second, respiratory specimen collection within 48–72 h post-PICU admission (without standardized collection window) introduces potential diagnostic bias due to variable viral shedding kinetics across pathogens. Third, the absence of viral genotypic characterization precludes delineation of strain-specific virulence or epidemiological patterns. Furthermore, evolving diagnostic modalities warrant consideration: the progressive adoption of multiplex PCR and mNGS over the 7-year study period enhanced pathogen detection sensitivity but concurrently increased risks of misinterpreting respiratory commensals as pathogens. This study employed mNGS for respiratory pathogen detection in 85 patients (8.4%) with specific clinical indications. This targeted application mitigates potential false-positive rates through avoidance of indiscriminate testing in low-prevalence populations, thereby may reducing diagnostic ambiguity associated with non-selective mNGS utilization. Additionally, reliance on viral antigen

detection assays with suboptimal sensitivity during 2017–2018 surveillance phases may have introduced diagnostic ascertainment bias.

Conclusion.

In summary, the impact of the COVID-19 pandemic has led to significant changes in the viral spectrum among critically ill children with viral pneumonia in the PICU. Among critically ill children with viral pneumonia in the PICU, independent risk factors associated with mortality include acute leukemia, other malignancies, primary immunodeficiency, moderate-to-severe underweight, rhabdomyolysis, ARDS, infectious related encephalopathy, MODS. These factors can be utilized to develop a reliable risk prediction model with strong predictive value. Early identification of underlying conditions, prompt treatment, and tailored management strategies based on these criteria contribute to reducing mortality rates in SVP.

Author Contributions Huabao Chen, Lidan Zhang, and Xing Nie designed the study and participated in the drafting of the manuscript. Li Wang participated in data analysis and drafting of the manuscript. Liangliang Kang and Yucong Zhang participated in the data collection. Zhuanggui Chen participated in supervision of this study. Yating Li and Yuhui Wu designed the study, drafted the manuscript, and participated in the critical revisions of the draft. All authors contributed toward data analysis, drafting, and critically revising the paper and agree to be accountable for all aspects of the work.

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Data Availability No datasets were generated or analysed during the current study.

Declarations

Ethics approval and consent to participate This study was conducted in compliance with the protocol approved by the Ethics Committee of the Shenzhen Children’s Hospital (Research approval number: 2022033).

Conflict of interest The authors report no conflicts of interest associated with this work.

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