



# Article Microvesicles Contribute to the Bystander Effect of DNA Damage

Xiaozeng Lin <sup>1,2,3</sup>, Fengxiang Wei <sup>4</sup>, Pierre Major <sup>5</sup>, Khalid Al-Nedawi <sup>1,2,3</sup>, Hassan A. Al Saleh <sup>1,2,3</sup> and Damu Tang <sup>1,2,3,\*</sup>

- <sup>1</sup> Division of Nephrology, Department of Medicine, McMaster University, Hamilton, ON L8N 4A6, Canada; linx36@mcmaster.ca (X.L.); alnedaw@mcmaster.ca (K.A.-N.); alsaleha@mcmaster.ca (H.A.A.S.)
- <sup>2</sup> Father Sean O'Sullivan Research Institute, Hamilton, ON L8N 4A6, Canada
- <sup>3</sup> The Hamilton Center for Kidney Research, St. Joseph's Hospital, Hamilton, ON L8N 4A6, Canada
- <sup>4</sup> The Genetics Laboratory, Longgang District Maternity and Child Healthcare Hospital, Longgang District, Shenzhen 518116, Guangdong, China; haowei727499@163.com
- <sup>5</sup> Department of Oncology, McMaster University, Hamilton, ON L8V 5C2, Canada; pierrepaulmajor@gmail.com
- \* Correspondence: damut@mcmaster.ca; Tel.: +1-905-522-1155 (ext. 35168); Fax: +1-905-521-6181

Academic Editor: Guillermo T. Sáez

Received: 13 February 2017; Accepted: 5 April 2017; Published: 7 April 2017

**Abstract:** Genotoxic treatments elicit DNA damage response (DDR) not only in cells that are directly exposed but also in cells that are not in the field of treatment (bystander cells), a phenomenon that is commonly referred to as the bystander effect (BE). However, mechanisms underlying the BE remain elusive. We report here that etoposide and ultraviolet (UV) exposure stimulate the production of microvesicles (MVs) in DU145 prostate cancer cells. MVs isolated from UV-treated DU145 and A431 epidermoid carcinoma cells as well as etoposide-treated DU145 cells induced phosphorylation of ataxia-telangiectasia mutated (ATM) at serine 1981 (indicative of ATM activation) and phosphorylation of histone H2AX at serine 139 ( $\gamma$ H2AX) in naïve DU145 cells. Importantly, neutralization of MVs derived from UV-treated cells with annexin V significantly reduced the MV-associated BE activities. Etoposide and UV are known to induce DDR primarily through the ATM and ATM- and Rad3-related (ATR) pathways, respectively. In this regard, MV is likely a common source for the DNA damage-induced bystander effect. However, pre-treatment of DU145 naïve cells with an ATM (KU55933) inhibitor does not affect the BE elicited by MVs isolated from etoposide-treated cells, indicating that the BE is induced upstream of ATM actions. Taken together, we provide evidence supporting that MVs are a source of the DNA damage-induced bystander effect.

Keywords: DNA damage response; microvesicles; yH2AX; ATM; ATR

# 1. Introduction

The World Health Organization has thoroughly documented that radiation induces cancer [1]. Major epidemiological studies on A-bomb survivors clearly linked radiation exposure to carcinogenesis for human cancers [2]. Mechanistically, radiation causes DNA damage when traveling through the nucleus of the cell, thereby inducing DNA damage response (DDR) by activating three apical PI3 kinase related kinases (PIKKs): ATM (ataxia-telangiectasia mutated), ATR (ATM- and Rad3-related), and DNA-dependent protein kinase (DNAPK) [3–5]. ATM and ATR subsequently phosphorylate their downstream targets, including check kinase 1 (CHK1) S345 (for ATR), CHK2 T68 (for ATM), and H2AX S139 ( $\gamma$ H2AX) [5,6]. The actions of ATM, ATR and DNAPK orchestrate check point activation and DNA lesion repair [3–5].

As a result of being exposed to genotoxic treatment, cells not only elicit DDR but also produce factors that induce DDR in cells that have not been exposed to genotoxic reagents, a process that is commonly known as the bystander effect (BE) of DNA damage [7,8]. Bystander factors released from irradiated cells play critical roles in radiotherapy-associated secondary carcinogenesis [9]. These secondary cancers were observed in patients with cervical and breast cancer [10-15]; the reported latency is 5–15 years for cervical cancer patients receiving external bean radiation [16]. In a 7-year follow-up of 269,069 prostate cancer patients treated with radiotherapy, approximately 10% experienced secondary cancers [16,17]. It has been shown that the blood of patients receiving radiotherapy contained activities or clastogenic factors that cause chromosome damage [18–20]. Clastogenic factors were also detected in the plasma of individuals exposed to radiation from the Chernobyl nuclear reactor accident [21]. Additionally, conditioned medium harvested from irradiated cells induced cell death, mutation, and genome instability in naive cells [22–28], supporting the concept that the clastogenic factors detected in the plasma of radiotherapy-treated patients were directly released from irradiated cells. Furthermore, local cranial irradiation induced distance BE DNA damage in mice in the lead-shield spleen and testes [29,30] and irradiation of one side of the mouse body caused DNA damage and epigenetic changes in the other side of the body that was shielded by lead [31]. More importantly, irradiation of the lower body induced medulloblastoma in the brain of Patched 1 heterozygous mice [32].

While accumulating evidence demonstrates that bystander DNA damage contributes to radiotherapy-induced secondary cancers, the bystander factors remain unclear. Although a variety of molecules have been implicated in mediating the BE, including reactive oxygen species (ROS), reactive nitrogen species, TNF $\alpha$ , TGF $\beta$ 1, IL-6, and IL-8 [9], evidence suggests the existence of additional bystander factors [7].

Microvesicles (MVs) are small membrane-enclosed sacks that are shed from donor cells. MVs carry a unique set of cargo, and communicate the specific messages from donor cells to the acceptor cells [33–35]. As bystander factors communicate the stress signals originated from cells undergoing DNA damage response to naïve cells, MVs are ideal vesicles to carry these messages to bystander cells. We thus report here that MV is a source of bystander DNA damage signals.

## 2. Results

## 2.1. DNA Damage Enhances Microvesicles (MV) Formation

ATM and ATR play pivotal roles in the initiation of DDR under different settings of DNA damage. While etoposide (ETOP) primarily activates ATM by the induction of double strand DNA breaks (DSBs) [3,36,37], ultraviolet (UV)-initiated DDR is mediated by ATR [38,39]. We thus set up our investigations into the involvement of microvesicles (MVs) in ETOP and UV-induced BE. For this purpose, we first determined the kinetics of UV and etoposide-elicited DDR in DU145 cells. In response to UV at the energy levels ranging from 10 to 50 mJ/cm<sup>2</sup>, CHK1 phosphorylation at S345 (p-CHK1) was clearly induced in a dose-dependent manner starting at 10 mJ/cm<sup>2</sup> in DU145 cells, while other typical DDR events, including CHK2 phosphorylation at T68 (p-CHK2), phosphorylation of DNAPKcs (catalytic subunit) at S2056 (p-DNAPK), and  $\gamma$ H2AX production, occurred in response to treatment with higher doses (Figure 1A). ATR plays a major role in the initiation of DDR caused by UV exposure [40]; CHK1 is a specific ATR target [41–44]. The kinetics of UV-induced DDR events in DU145 cells are thus in line with this knowledge. On the other hand, etopside results in DSBs, which primarily induce ATM and DNAPK activation [41,45,46]. In this regard, ETOP induces DNAPK activation, evidenced by phosphorylation of DNAPK at S2056, in a dose-dependent manner in DU145 cells (Figure 1B).

We subsequently analyzed the effects of UV and ETOP treatment on MV production. It has been reported previously that expression of a membrane-bound green fluorescent protein (GFP) simplified the process of detecting MVs [47]. Following this system, we have stably expressed membrane-bound GFP in DU145 cells. In comparison to mock-treated cells, UV at 20 mJ/cm<sup>2</sup> and ETOP at concentrations

ranging from 5  $\mu$ M to 25  $\mu$ M increased the number of MVs per cell (Figure 2). Our results are consistent with a report showing an elevation of MV production in MCF7 cells undergoing doxorubicin-induced DDR [48]. Etoposide and doxorubicin are well-established DNA topoisomerase II inhibitors [49].



**Figure 1.** Characterization of ultraviolet (UV) and etoposide (ETOP) induced DNA damage response (DDR). (**A**) DU145 cells were treated with UV at the indicated energy levels and cultured for 6 h. Western blot was performed for the indicated proteins. p-DNAPK: phosphorylation of DNAPK at serine 2056 (S2056); p-CHK1: phosphorylation of CHK1 at S345; p-CHK2: phosphorylation of CHK2 at threonine 68 (T68); (**B**) DU145 cells were treated with ETOP for 2 h at the indicated doses, followed by Western blot examination for the indicated proteins. All experiments were repeated once; typical images from a single repeat are shown.



**Figure 2.** UV and ETOP treatments elevate microvesicle production. DU145 cells were stably expressed with a membrane-bound green fluorescent protein (GFP). The cells were treated with UV at 20 mJ/cm<sup>2</sup> and cultured for 6 h or with the indicated doses of ETOP for 2 h. Images were taken for control treatment, UV-, DMSO- and ETOP-treated cells. Scale bars indicate 20  $\mu$ m. The marked regions are enlarged 4-fold and placed underneath the respective panels. Experiments were repeated once; typical images are included.

#### 2.2. MVs Contributes to DNA Damage-Induced Bystander Effect (BE)

The observed enhancement of MV production in cells undergoing DDR above strongly suggests that MVs produced by these cells are able to elicit DDR in naïve or bystander cells. To examine this possibility, we isolated MVs from DU145 cells treated with either DMSO or 25  $\mu$ M ETOP; these isolations were confirmed by the presence of flotillin (Figure 3A), a well-established MV protein [50]. At 100  $\mu$ g/mL, MVs derived from ETOP-treated cells (ETOP-MVs) robustly induced  $\gamma$ H2AX in naïve DU145 cells in comparison to MVs produced by DMSO-treated cells (control/Ctrl-MVs) (Figure 3B). The bystander DDR was unlikely resulted from residue ETOP presence in ETOP-MVs, as similar observations were reported when naïve MCF7 cells were incubated with MVs isolated from doxorubicin-treated cells [48].



**Figure 3.** Microvesicles (MVs) derived from ETOP-treated DU145 cells induce the bystander effect (BE) in naïve DU145 cells. (A) MVs were isolated from DU145 cells treated with DMSO (control/Ctrl) or 25  $\mu$ M ETOP for 24 h, followed by Western blot for flotillin-1; (B) DU145 recipient (naïve) cells were incubated with Ctrl-MVs or ETOP-MVs at 100  $\mu$ g/mL for 24 h, followed by immunofluorescence (IF) staining for  $\gamma$ H2AX. Nuclei were counterstained with DAPI. Images were acquired at 63× magnification.

To further study the contributions of MVs to the DNA damage-induced BE in naïve cells, we have treated DU145 cells with UV at either 10 or 20 mJ/cm<sup>2</sup>, conditions that resulted in DDR evidenced by elevations of p-CHK1 (Figure 1A). In comparison to MVs isolated from control (Ctrl) cells, MVs derived from cells treated with UV at either 10 mJ/cm<sup>2</sup> (UV10) or 20 mJ/cm<sup>2</sup> (UV20) clearly enhanced  $\gamma$ H2AX production in DU145 naïve cells (Figure 4A). Additionally, MVs derived from UV-treated DU145 cells induced  $\gamma$ H2AX nuclear foci in recipient DU145 cells in comparison to Ctrl MVs (Figure 4B). These observations further exclude the unlikely possibility that MVs produced from ETOP-treated DU145 initiate the BE through a potential presence of residue ETOP. Furthermore, by taking advantage of the high affinity association between annexin V and MVs [50,51], we were able to demonstrate that incubation of MVs isolated from DU145 cells treated with UV at 40 mJ/cm<sup>2</sup> with annexin V effectively blocked the MV-associated BE activities (Figure 4C).

The bystander DDR properties can also be demonstrated in heterogeneous cell types. We first established that UV at 20 mJ/cm<sup>2</sup> induced DDR in A431 cells (Figure 5A). Following these conditions, we initiated DDR in A431 cells through UV exposure, and subsequently isolated MVs from Ctrl

and UV-treated A431 cells (Figure 5B). In comparison to MVs isolated from Ctrl A431 cells, those derived from UV-treated A431 cells enhanced  $\gamma$ H2AX production in recipient DU145 cells (Figure 5C). Furthermore, MVs produced by UV-treated A431 cells clearly generated  $\gamma$ H2AX and p-ATM nuclear foci, indicative of ATM activation, in DU145 naïve cells (Figure 5D); co-localization of both types of nuclear foci was also demonstrated (Figure 5D). Taken together, we provide evidence supporting that MVs produced from DDR cells possess activities in inducing BE.



**Figure 4.** MVs produced by UV-treated DU145 cells induce the BE in recipient DU145 cells. (**A**) MVs were isolated from DU145 cells treated with Ctrl or UV at either 10 mJ/cm<sup>2</sup> (UV10) or 20 mJ/cm<sup>2</sup> (UV20) and used to incubate with naïve DU145 cells at 100  $\mu$ g/mL for 24 h, followed by Western blot examination for  $\gamma$ H2AX and H2AX. Experiments were repeated once; typical images from a single repeat are included; (**B**) MVs were isolated from control (0) or UV-treated (40 mJ/cm<sup>2</sup>; UV40) DU145 cells; MV isolations were confirmed by Western blot for flotillin (**top** panel). DU145 naïve cells were incubated with Ctrl-MVs and UV40-MVs for 24 h, followed by IF examination for  $\gamma$ H2AX. Nuclei were counterstained with DAPI. Typical images are shown (**bottom** panel); Images were taken at the 100× magnification. (**C**) DU145 naïve cells were either untreated (non-treated) or treated with Ctrl-MVs, UV40-MVs, or UV40-MVs + annexin V. IF was carried out for  $\gamma$ H2AX. Nuclei were counterstained with DAPI. Images were acquired at the 63× magnification.



**Figure 5.** MVs produced by UV-treated A431 cells induce the BE in naive DU145 cells; (**A**) A431 cells were control- or UV-treated as indicated, cultured for 6 h, and examined for  $\gamma$ H2AX and H2AX; (**B**) A431 cells were treated with Ctrl or UV at 20 mJ/cm<sup>2</sup> (UV20) and cultured for 6 h. Isolation of MVs was examined for flotillin by Western blot; (**C**,**D**) DU145 recipient cells were treated with Ctrl- or UV20-MVs for 24 h at 100 µg/mL, followed by Western blot examination for  $\gamma$ H2AX and H2AX (**C**) and by IF for  $\gamma$ H2AX or S1981-phosphorylated ATM (p-ATM). Nuclei were counterstained with DAPI. Images were taken at the 63× magnification (**D**).

#### 2.3. MV Induces BE in Recipient Cells Upstream of Ataxia-Telangiectasia Mutated (ATM)

In view of the respective apical role of ATM and ATR in ETOP and UV-initiated DDR [36,37,40], we have investigated the respective contributions of ATM and ATR in the ETOP- and UV-MV-induced BE. For this purpose, we first demonstrated that the ATM inhibitor KU55933 at 10  $\mu$ M substantially reduced ETOP-induced CHK2 phosphorylation, a well-established ATM target (Figure 6A). Furthermore, the basal level of CHK2 phosphorylation was also inhibited by KU55933 (Figure 6A, comparing p-CHK2 in lane 1 and lane 3). On the other hand, KU55933 does not apparently affect ETOP-induced  $\gamma$ H2AX production (Figure 6A), consistent with the fact that  $\gamma$ H2AX is also produced by ATR and DNAPK [5,6]. Collectively, evidence supports that KU55933 at 10  $\mu$ M inhibits ETOP-initiated ATM activation. Consistent with a major role of ATM activity in DSB repair [4,52], the presence of KU55933 sensitized  $\gamma$ H2AX formation in DU145 cells treated with DMSO MVs (Figure 6B). However, KU55933 did not significantly affect  $\gamma$ H2AX nuclear foci in naïve DU145 cells treated with ETOP-MVs (Figure 6B). These results do not support a major role of ATM kinase activity in the ETOP MV-induced BE.



**Figure 6.** Inhibition of ATM activities in recipient DU145 cells does not reduce the BE induced by MVs. (**A**) DU145 cells were pre-treated with the ATM inhibitor KU55933, followed by mock treatment with DMSO or ETOP at 25  $\mu$ M for 2 h. Western blot analysis was subsequently performed for the indicated proteins; (**B**) DU145 cells were pre-incubated with KU55933 for 8 h, followed by treatment with DMSO-MVs or ETOP-MVs (derived from cells treated with 25  $\mu$ M ETOP for 24 h) for 24 h. IF staining was carried out for  $\gamma$ H2AX. Experiments were repeated three times. More than 400 nuclei in several randomly selected fields were counted for  $\gamma$ H2AX nuclear foci; means  $\pm$  SE (standard error of the mean) were graphed. \*\*\* *p* < 0.0001 in comparison to naïve DU145 cells treated with DMSO MVs (2-tailed Student *t*-test).

Following the same principle, we have examined the involvement of ATR in the UV-MVs-induced BE. By taking advantage of CHK1 being the most specific ATR target in DDR, we were able to show that both the basal and UV-induced p-CHK1 were dramatically reduced by the specific ATR inhibitor VE821 (Figure 7A). Surprisingly, VE821 significantly elevated  $\gamma$ H2AX production (Figure 7A, comparing lane 1 to lane 3) and  $\gamma$ H2AX nuclear foci in DU145 recipient cells treated with not only Ctrl-MVs but also UV-MVs (Figure 7B). The enhancement was likely attributable to ATR activity being required in preventing the collapse of replication forks during DNA replication; inhibition of ATR activity by VE821 itself will be expected to induce DDR. In this regard, the system was unable to examine the role of ATR in the UV-MV-elicited BE.



**Figure 7.** Examination of the involvement of ATR activities in naive DU145 cells treated with MVs derived from UV-treated DU145 cells. (**A**) DU145 cells were pre-treated with the ATR inhibitor VE821 for 8 h, followed by exposure to UV at 20 mJ/cm<sup>2</sup> and cultured for 6 h. Western blot was then performed for the indicated events; (**B**) DU145 naïve cells were pre-incubated with VE821 for 8 h, followed by the treatment of Ctrl-MVs or UV-MVs (derived from DU145 cells treated with UV at 20 mJ/cm<sup>2</sup>) for 24 h. IF staining was carried out for  $\gamma$ H2AX. Experiments were repeated three times. More than 500 nuclei in several randomly selected fields were counted for  $\gamma$ H2AX nuclear foci; means  $\pm$  SE (standard error of the mean) were graphed. \*\*\* *p* < 0.0001 in comparison to naïve DU145 cells treated with UV-MVs (2-tailed Student *t*-test); <sup>\$\$\$</sup> *p* < 0.0001 in comparison to naïve DU145 cells treated with UV-MVs (2-tailed Student *t*-test).

## 3. Discussion

A large body of evidence reveals a major impact of the DNA damage-induced BE on human health. Radiotherapy is a major cancer therapy and can effectively control tumors. However, the treatment is associated with a variety of chronic complications, including the well-established cardiovascular diseases [53], and secondary malignancies. These adverse effects occur in both adult and childhood cancer survivors, and are a particular concern for the latter survivors. While technological advances in modern radiotherapy enable 80% of children with cancer to survive for 5 years or longer [54,55], the cumulative incidence of secondary neoplasm was 20.5% among these survivors 30 years later [54,56]. Additionally, chronic health conditions affect 73.4% of survivors with 42.4% being life-threatening 30 years after radiotherapy [57]. Despite the BE being a major health issue in cancer patients receiving radiation therapy, the process has not been thoroughly investigated and the underlying mechanisms remain elusive.

We provide clear evidence supporting a role of MVs in inducing the BE. This concept is based on our observations that MVs derived from cells undergoing DDR induce the BE in naïve DU145 cells and that neutralization of these MVs with annexin V significantly reduces the BE activities. The concept of MVs as a DDR messenger is supported by the knowledge that MVs play roles in cell-to-cell communication [34,58,59]. Intriguingly, MVs are a pathological contributor to cardiovascular disease [58], a well-established adverse effect caused by radiation therapy in cancer patients [53]. Furthermore, the involvement of MVs in the DDR-induced BE has also been reported by others very recently [48,60].

In line with our observations, Carroll et al. reported an elevation of MV shedding in doxorubicin-treated MCF7 cells [48]. In addition to etoposide, we also observed an enhancement in MV shedding in DU145 cells treated with UV (Figure 2). Based on these observations, it is tempting to propose that upregulation of MV shedding is a general response of cells undergoing DDR and that this upregulation has a functional consequence i.e., the bystander effect.

MVs contain a complex array of materials that are able to mediate cell–cell communications [34]. It is thus likely that multiple mechanisms are in play for DDR cell-derived MVs to elicit the BE in naïve cells. ATM, BRCA1, FANCD2, and CHK1 have been indicated to contribute to the BE in naïve cells in response to conditioned medium obtained from cells treated with ionizing radiation [61,62]. Transfer of microRNA-21 (miR-21) by MVs was reported to be a cause of ionizing radiation-induced BE [60]. In our research, inhibition of ATM activation using KU55933 in recipient cells was without an apparent impact on the formation of  $\gamma$ H2AX nuclear foci when treated with MVs produced by etoposide-treated DU145 cells (Figure 6B). The nuclear focus of  $\gamma$ H2AX is a common surrogate marker of DSBs [63], suggesting that MVs derived from cells with DNA damage are able to damage DNA. However, the molecular basis underlying this process remains unknown. Collectively, the exact mechanisms underlying the MV-mediated BE need further investigations.

The BE is observed in recipient DU145 cells treated with MVs isolated from DU145 and A431 cells exposed to either etoposide or UV (this study). MVs also deliver the BE message in MCF7 breast cancer and human lung fibroblast MRC-5 cells in the setting of doxorubicin and ionizing radiation-induced DDR [48,60]. Taken together, these observations suggest the existence of common BE factors in DDR cell-produced MVs. However, this possibility does not exclude the presence of other BE factors in cells undergoing DDR. Nonetheless, the contributions of MVs to the DDR-induced BE implies an interesting application of annexin V in attenuating the chronic effects of radiation therapy.

#### 4. Materials and Methods

#### 4.1. Chemicals, Cell Lines, and Plasmids

Hydroxyurea (HU) and etoposide (ETOP) were purchased from Sigma (Oakville, ON, Canada). ETOP was dissolved in dimethylsulfoxide (DMSO). Annexin V was purchased from BD Biosciences (Mississauga, ON, Canada). DU145 and A431 cells were obtained from American Type Culture Collection (ATCC, Manassas, VA, USA), and cultured in Mininum Essential Medium Eagle (MEM) (DU145) and Dulbecco's Modified Eagle Medium (DMEM) (A431) media supplemented with 10% foetal bovine serum (FBS; Sigma Aldrich, Oakville, ON, Canada) and 1% penicillin–streptomycin (Life Technologies; Burlington, ON, Canada). Membrane-associated GFP (green fluorescent protein) (mGFP) was provided by Addgene (Cambridge, MA, USA) and subcloned into PLPCX retroviral vector. DU145 cells stably expressing mGFP were subsequently constructed using mGFP retrovirus.

## 4.2. Retroviral Infection

Packing retrovirus was performed according to our published procedures [64–66]. Briefly, the mGFP retroviral vector, the gag-pol (GP) and an envelope expressing vector (VSV-G) (Stratagene, Mississauga, ON, Canada) vectors were transiently co-transfected into 293T cells using a calcium-phosphate transfection. The virus-containing medium was harvested 2 days later, filtered using a 0.45  $\mu$ M filter, and centrifuged at 50,000 × *g* for 90 min. The viral pellet was resuspended in the MEM medium containing 10  $\mu$ g/mL of polybrene (Sigma) prior to infecting cells. Infection was selected using specific antibiotics.

9 of 13

# 4.3. Immunofluorescence Staining

Immunofluorescence (IF) staining was performed following our published conditions [64–66]. Briefly, cells were fixed with prechilled (-20 °C) acetone–methanol for 15 min prior to the addition of primary antibodies anti- $\gamma$ H2AX (1:100, Cell Signaling, Danvers, MA, USA) and anti-phospho-ATM (S1981) (1:100, Cell Signaling) at 4 °C overnight. After rinsing, FITC-Donkey anti-mouse IgG (1:200, Jackson Immuno Research Lab, West Grove, PA, USA) and Rhodamine-Donkey anti-rabbit IgG (1:200, Jackson Immuno Research Lab) were added for 1 h at room temperature. Slides were mounted using the VECTASHIELD mounting medium containing DAPI (VECTOR Lab Inc., Burlington, ON, Canada). VE-281 (Selleckchem, Burlington, ON, Canada) or KU-55933 (Selleckchem) was added to cells 8 h prior to treatment. Images were then acquired with a fluorescent microscope (Axiovert 200, Carl Zeiss, North York, ON, Canada).

# 4.4. Western Blot Analysis

Cells were lysed in a buffer containing Tris (20 mM, pH 7.4), NaCl (150 mM), EDTA (1 mM), EGTA (1 mM), Triton X-100 (1%), sodium pyrophosphate (25 mM), NaF (1 mM),  $\beta$ -glycerophosphate (1 mM), sodium orthovanadate (0.1 mM), PMSF (1 mM), leupeptin (2  $\mu$ g/mL) and aprotinin (10  $\mu$ g/mL). An amount of 50  $\mu$ g of total cell lysate protein was separated on SDS-PAGE gel, and transferred onto Hybond ECL nitrocellulose membranes (Amersham, UK), which were blocked with 5% skim milk at room temperature (RT) for 1 h, and incubated with individual primary (overnight at 4 °C) and secondary antibodies for 1 h at RT. Signals were subsequently developed using an ECL kit (Amersham, UK). Primary antibodies used were anti- $\gamma$ H2AX (1:100, Cell Signaling); anti-H2AX (1:1000, Millpore, Billerica, MA, USA); anti-phosphorylated DNAPK (1:1000, Abcam, Toronto, ON, Canada); anti-DNAPK (1:1000, Abcam); anti-phosph-CHK1 (S345) (1:500, Cell Signaling); anti-CHK1 (1:1000, Cell Signaling); anti-Flotillin-1 (1:1000, Cell Signaling); anti-Flotillin-1 (1:1000, Cell Signaling); anti-Flotillin-1 (1:1000, Cell Signaling); anti-actin (1:1000, Santa Cruz, Dallas, TX, USA).

# 4.5. Microvesicle Isolation and Treatment of Cells with MVs

Isolation of microvesicles was carried out based on our published procedures [50,51,67]. Briefly, conditioned medium was harvested from cells following specific treatments, followed by centrifugations for 5 min at  $300 \times g$ , 20 min at  $12,000 \times g$ , and 120 min at  $100,000 \times g$ . Supernatant of the first two centrifugations and the pellet of the last centrifugation were collected. The  $100,000 \times g$  centrifugation pellet was washed twice with phosphate buffered saline (PBS), and resuspended in PBS. The exosome proteins were determined using the Bradford assay (Bio-Rad, Mississauga, ON, Canada). Cells were treated with MVs at  $100 \ \mu g/\mu L$  and MVs that were pre-incubated with Annexin V (BD Pharmingen, Mississauga, ON, Canada) at  $2 \ \mu g/mL$  for 1 h.

# 4.6. Statistical Analysis

Student's *t*-test (2-tails) was used for statistical analyses. The significant level was defined as a p-value < 0.05.

Acknowledgments: Xiaozeng Lin is a recipient of Chinese Government Award for Outstanding Self-Financed Student Abroad. This work was supported in part by a CIHR grant (MOP-84381), the GAP funding from McMaster University and St. Joseph's Hospital at Hamilton, and a grant from Teresa Cascioli Charitable Foundation Research Award in Women's Health to Damu Tang as well as by grants from Shenzhen Science and Technology Program (Grant No. 20150403094227974), the National Natural Science Foundation of China (Grant No. 81201568), the Natural Science Foundation of Guangdong Province (Grant No. 2014A030313749), and the Shenzhen Program of Innovation and Entrepreneurship for Overseas Elites (Grant No. KQCX20120814150420241) to Fengxiang Wei.

**Author Contributions:** Xiaozeng Lin, Fengxiang Wei, and Damu Tang designed the study. Xiaozeng Lin, Fengxiang Wei, and Hassan A. Al Saleh performed experiments and obtained data. Damu Tang and Khalid Al-Nedawi supervised the project. Xiaozeng Lin, Fengxiang Wei, Pierre Major, Khalid Al-Nedawi, Hassan A. Al Saleh and Damu Tang carried out data analysis and interpretation, and concluded the results. Xiaozeng Lin, Pierre Major, Khalid Al-Nedawi and Damu Tang prepared the manuscript.

## Conflicts of Interest: The authors declare no conflict of interest.

## References

- El Ghissassi, F.; Baan, R.; Straif, K.; Grosse, Y.; Secretan, B.; Bouvard, V.; Benbrahim-Tallaa, L.; Guha, N.; Freeman, C.; Galichet, L.; et al. A review of human carcinogens—Part D: Radiation. *Lancet Oncol.* 2009, 10, 751–752. [CrossRef]
- 2. Pawel, D.; Preston, D.; Pierce, D.; Cologne, J. Improved estimates of cancer site-specific risks for A-bomb survivors. *Radiat. Res.* **2008**, *169*, 87–98. [CrossRef] [PubMed]
- 3. Wei, F.; Yan, J.; Tang, D. Extracellular signal-regulated kinases modulate DNA damage response—A contributing factor to using MEK inhibitors in cancer therapy. *Curr. Med. Chem.* **2011**, *18*, 5476–5482. [CrossRef] [PubMed]
- 4. Lin, X.; Yan, J.; Tang, D. ERK kinases modulate the activation of PI3 kinase related kinases (PIKKs) in DNA damage response. *Histol. Histopathol.* **2013**, *28*, 1547–1554. [PubMed]
- 5. Zhou, B.B.; Elledge, S.J. The DNA damage response: Putting checkpoints in perspective. *Nature* **2000**, *408*, 433–439. [PubMed]
- Jiang, H.; Wang, B.; Zhang, F.; Qian, Y.; Chuang, C.C.; Ying, M.; Wang, Y.; Zuo, L. The Expression and Clinical Outcome of pCHK2-Thr68 and pCDC25C-Ser216 in Breast Cancer. *Int. J. Mol. Sci.* 2016, 17, 1803. [CrossRef] [PubMed]
- 7. Mothersill, C.; Seymour, C.B. Radiation-induced bystander effects—Implications for cancer. *Nat. Rev. Cancer* **2004**, *4*, 158–164. [PubMed]
- 8. Martin, O.A.; Redon, C.E.; Nakamura, A.J.; Dickey, J.S.; Georgakilas, A.G.; Bonner, W.M. Systemic DNA damage related to cancer. *Cancer Res.* **2011**, *71*, 3437–3441. [CrossRef] [PubMed]
- 9. Prise, K.M.; O'Sullivan, J.M. Radiation-induced bystander signalling in cancer therapy. *Nat. Rev. Cancer* 2009, *9*, 351–360. [CrossRef] [PubMed]
- Choy, A.; Barr, L.C.; Serpell, J.W.; Baum, M. Radiation-induced sarcoma of the retained breast after conservative surgery and radiotherapy for early breast cancer. *Eur. J. Surg. Oncol.* 1993, 19, 376–377. [PubMed]
- Kleinerman, R.A.; Boice, J.D., Jr.; Storm, H.H.; Sparen, P.; Andersen, A.; Pukkala, E.; Lynch, C.F.; Hankey, B.F.; Flannery, J.T. Second primary cancer after treatment for cervical cancer. An international cancer registries study. *Cancer* 1995, 76, 442–452. [CrossRef]
- 12. Mills, T.D.; Vinnicombe, S.J.; Wells, C.A.; Carpenter, R. Angiosarcoma of the breast after wide local excision and radiotherapy for breast carcinoma. *Clin. Radiol.* **2002**, *57*, 63–66. [CrossRef] [PubMed]
- Ohno, T.; Sakurai, H.; Saito, Y.; Takahashi, M.; Fukusato, T.; Mitsuhashi, N.; Niibe, H. Secondary malignant fibrous histiocytoma following radiation therapy for carcinoma of the uterine cervix: Report of two cases. *Radiat. Med.* **1997**, *15*, 229–233. [PubMed]
- Senkus, E.; Konefka, T.; Nowaczyk, M.; Jassem, J. Second lower genital tract squamous cell carcinoma following cervical cancer. A clinical study of 46 patients. *Acta Obstet. Gynecol. Scand.* 2000, 79, 765–770. [CrossRef] [PubMed]
- 15. Wijnmaalen, A.; van Ooijen, B.; van Geel, B.N.; Henzen-Logmans, S.C.; Treurniet-Donker, A.D. Angiosarcoma of the breast following lumpectomy, axillary lymph node dissection, and radiotherapy for primary breast cancer: Three case reports and a review of the literature. *Int. J. Radiat. Oncol. Biol. Phys.* **1993**, *26*, 135–139. [CrossRef]
- 16. Sountoulides, P.; Koletsas, N.; Kikidakis, D.; Paschalidis, K.; Sofikitis, N. Secondary malignancies following radiotherapy for prostate cancer. *Ther. Adv. Urol.* **2010**, *2*, 119–125. [CrossRef] [PubMed]
- 17. Moon, K.; Stukenborg, G.J.; Keim, J.; Theodorescu, D. Cancer incidence after localized therapy for prostate cancer. *Cancer* **2006**, *107*, 991–998. [CrossRef] [PubMed]
- 18. Parsons, W.B., Jr.; Watkins, C.H.; Pease, G.L.; Childs, D.S., Jr. Changes in sternal marrow following roentgen-ray therapy to the spleen in chronic granulocytic leukemia. *Cancer* **1954**, *7*, 179–189. [CrossRef]
- 19. Goh, K.; Sumner, H. Breaks in normal human chromosomes: Are they induced by a transferable substance in the plasma of persons exposed to total-body irradiation? *Radiat. Res.* **1968**, *35*, 171–181. [CrossRef] [PubMed]
- 20. Hollowell, J.G., Jr.; Littlefield, L.G. Chromosome damage induced by plasma of X-rayed patients: An indirect effect of X-ray. *Proc. Soc. Exp. Biol. Med.* **1968**, 129, 240–244. [CrossRef] [PubMed]

- 21. Emerit, I.; Levy, A.; Cernjavski, L.; Arutyunyan, R.; Oganesyan, N.; Pogosian, A.; Mejlumian, H.; Sarkisian, T.; Gulkandanian, M.; Quastel, M.; et al. Transferable clastogenic activity in plasma from persons exposed as salvage personnel of the Chernobyl reactor. *J. Cancer Res. Clin. Oncol.* **1994**, *120*, 558–561. [CrossRef] [PubMed]
- 22. Nagasawa, H.; Little, J.B. Induction of sister chromatid exchanges by extremely low doses of α-particles. *Cancer Res.* **1992**, *52*, 6394–6396. [PubMed]
- Deshpande, A.; Goodwin, E.H.; Bailey, S.M.; Marrone, B.L.; Lehnert, B.E. Alpha-particle-induced sister chromatid exchange in normal human lung fibroblasts: Evidence for an extranuclear target. *Radiat. Res.* 1996, 145, 260–267. [CrossRef] [PubMed]
- 24. Mothersill, C.; Seymour, C. Medium from irradiated human epithelial cells but not human fibroblasts reduces the clonogenic survival of unirradiated cells. *Int. J. Radiat. Biol.* **1997**, *71*, 421–427. [PubMed]
- Lorimore, S.A.; Kadhim, M.A.; Pocock, D.A.; Papworth, D.; Stevens, D.L.; Goodhead, D.T.; Wright, E.G. Chromosomal instability in the descendants of unirradiated surviving cells after α-particle irradiation. *Proc. Natl. Acad. Sci. USA* **1998**, *95*, 5730–5733. [CrossRef] [PubMed]
- 26. Nagasawa, H.; Little, J.B. Bystander effect for chromosomal aberrations induced in wild-type and repair deficient CHO cells by low fluences of alpha particles. *Mutat. Res.* **2002**, *508*, 121–129. [CrossRef]
- 27. Sawant, S.G.; Randers-Pehrson, G.; Geard, C.R.; Brenner, D.J.; Hall, E.J. The bystander effect in radiation oncogenesis: I. Transformation in C3H 10T1/2 cells in vitro can be initiated in the unirradiated neighbors of irradiated cells. *Radiat. Res.* 2001, 155, 397–401. [CrossRef]
- Zhou, H.; Randers-Pehrson, G.; Waldren, C.A.; Vannais, D.; Hall, E.J.; Hei, T.K. Induction of a bystander mutagenic effect of α particles in mammalian cells. *Proc. Natl. Acad. Sci. USA* 2000, 97, 2099–2104. [CrossRef] [PubMed]
- Koturbash, I.; Loree, J.; Kutanzi, K.; Koganow, C.; Pogribny, I.; Kovalchuk, O. In vivo bystander effect: Cranial X-irradiation leads to elevated DNA damage, altered cellular proliferation and apoptosis, and increased p53 levels in shielded spleen. *Int. J. Radiat. Oncol. Biol. Phys.* 2008, 70, 554–562. [CrossRef] [PubMed]
- 30. Tamminga, J.; Koturbash, I.; Baker, M.; Kutanzi, K.; Kathiria, P.; Pogribny, I.P.; Sutherland, R.J.; Kovalchuk, O. Paternal cranial irradiation induces distant bystander DNA damage in the germline and leads to epigenetic alterations in the offspring. *Cell Cycle* **2008**, *7*, 1238–1245. [CrossRef] [PubMed]
- 31. Koturbash, I.; Rugo, R.E.; Hendricks, C.A.; Loree, J.; Thibault, B.; Kutanzi, K.; Pogribny, I.; Yanch, J.C.; Engelward, B.P.; Kovalchuk, O. Irradiation induces DNA damage and modulates epigenetic effectors in distant bystander tissue in vivo. *Oncogene* **2006**, *25*, 4267–4275. [CrossRef] [PubMed]
- 32. Mancuso, M.; Pasquali, E.; Leonardi, S.; Tanori, M.; Rebessi, S.; Di Majo, V.; Pazzaglia, S.; Toni, M.P.; Pimpinella, M.; Covelli, V.; et al. Oncogenic bystander radiation effects in Patched heterozygous mouse cerebellum. *Proc. Natl. Acad. Sci. USA* **2008**, *105*, 12445–12450. [CrossRef] [PubMed]
- 33. Rak, J. Microparticles in cancer. Semin. Thromb. Hemost. 2010, 36, 888–906. [CrossRef] [PubMed]
- 34. Ratajczak, M.Z.; Ratajczak, J. Horizontal transfer of RNA and proteins between cells by extracellular microvesicles: 14 years later. *Clin. Transl. Med.* **2016**, *5*, 7. [CrossRef] [PubMed]
- Muralidharan-Chari, V.; Clancy, J.W.; Sedgwick, A.; D'Souza-Schorey, C. Microvesicles: Mediators of extracellular communication during cancer progression. J. Cell Sci. 2010, 123, 1603–1611. [CrossRef] [PubMed]
- Tang, D.; Wu, D.; Hirao, A.; Lahti, J.M.; Liu, L.; Mazza, B.; Kidd, V.J.; Mak, T.W.; Ingram, A.J. ERK activation mediates cell cycle arrest and apoptosis after DNA damage independently of p53. *J. Biol. Chem.* 2002, 277, 12710–12717. [CrossRef] [PubMed]
- 37. Wei, F.; Xie, Y.; Tao, L.; Tang, D. Both ERK1 and ERK2 kinases promote G2/M arrest in etoposide-treated MCF7 cells by facilitating ATM activation. *Cell Signal.* **2010**, *22*, 1783–1789. [CrossRef] [PubMed]
- 38. Park, J.M.; Kang, T.H. Transcriptional and posttranslational regulation of nucleotide excision repair: The guardian of the genome against ultraviolet radiation. *Int. J. Mol. Sci.* **2016**, *17*, 1840. [CrossRef] [PubMed]
- 39. Lagerwerf, S.; Vrouwe, M.G.; Overmeer, R.M.; Fousteri, M.I.; Mullenders, L.H. DNA damage response and transcription. *DNA Repair* **2011**, *10*, 743–750. [CrossRef] [PubMed]
- 40. Batista, L.F.; Kaina, B.; Meneghini, R.; Menck, C.F. How DNA lesions are turned into powerful killing structures: Insights from UV-induced apoptosis. *Mutat. Res.* **2009**, *681*, 197–208. [CrossRef] [PubMed]

- 41. Awasthi, P.; Foiani, M.; Kumar, A. ATM and ATR signaling at a glance. J. Cell Sci. 2015, 128, 4255–4262. [CrossRef] [PubMed]
- 42. Cimprich, K.A.; Cortez, D. ATR: An essential regulator of genome integrity. *Nat. Rev. Mol. Cell Biol.* 2008, 9, 616–627. [CrossRef] [PubMed]
- 43. Liu, Q.; Guntuku, S.; Cui, X.S.; Matsuoka, S.; Cortez, D.; Tamai, K.; Luo, G.; Carattini-Rivera, S.; DeMayo, F.; Bradley, A.; et al. Chk1 is an essential kinase that is regulated by Atr and required for the G<sub>2</sub>/M DNA damage checkpoint. *Genes Dev.* 2000, 14, 1448–1459. [PubMed]
- 44. Zhao, H.; Piwnica-Worms, H. ATR-mediated checkpoint pathways regulate phosphorylation and activation of human Chk1. *Mol. Cell. Biol.* **2001**, *21*, 4129–4139. [CrossRef] [PubMed]
- 45. Paull, T.T. Mechanisms of ATM Activation. Annu. Rev. Biochem. 2015, 84, 711–738. [CrossRef] [PubMed]
- 46. Mahaney, B.L.; Meek, K.; Lees-Miller, S.P. Repair of ionizing radiation-induced DNA double-strand breaks by non-homologous end-joining. *Biochem. J.* **2009**, *417*, 639–650. [CrossRef] [PubMed]
- 47. Antonyak, M.A.; Li, B.; Boroughs, L.K.; Johnson, J.L.; Druso, J.E.; Bryant, K.L.; Holowka, D.A.; Cerione, R.A. Cancer cell-derived microvesicles induce transformation by transferring tissue transglutaminase and fibronectin to recipient cells. *Proc. Natl. Acad. Sci. USA* **2011**, *108*, 4852–4857. [CrossRef] [PubMed]
- Carroll, B.L.; Pulkoski-Gross, M.J.; Hannun, Y.A.; Obeid, L.M. CHK1 regulates NF-kappaB signaling upon DNA damage in p53- deficient cells and associated tumor-derived microvesicles. *Oncotarget* 2016, 7, 18159–18170. [PubMed]
- 49. Pommier, Y.; Leo, E.; Zhang, H.; Marchand, C. DNA topoisomerases and their poisoning by anticancer and antibacterial drugs. *Chem. Biol.* **2010**, *17*, 421–433. [CrossRef] [PubMed]
- Al-Nedawi, K.; Meehan, B.; Micallef, J.; Lhotak, V.; May, L.; Guha, A.; Rak, J. Intercellular transfer of the oncogenic receptor EGFRvIII by microvesicles derived from tumour cells. *Nat. Cell Biol.* 2008, 10, 619–624. [CrossRef] [PubMed]
- Al-Nedawi, K.; Meehan, B.; Kerbel, R.S.; Allison, A.C.; Rak, J. Endothelial expression of autocrine VEGF upon the uptake of tumor-derived microvesicles containing oncogenic EGFR. *Proc. Natl. Acad. Sci. USA* 2009, 106, 3794–3799. [CrossRef] [PubMed]
- 52. Goodarzi, A.A.; Jeggo, P.A. The heterochromatic barrier to DNA double strand break repair: How to get the entry visa. *Int. J. Mol. Sci.* **2012**, *13*, 11844–11860. [CrossRef] [PubMed]
- 53. Berkey, F.J. Managing the adverse effects of radiation therapy. Am. Fam. Phys. 2010, 82, 381–388, 394.
- Smith, M.A.; Seibel, N.L.; Altekruse, S.F.; Ries, L.A.; Melbert, D.L.; O'Leary, M.; Smith, F.O.; Reaman, G.H. Outcomes for children and adolescents with cancer: Challenges for the twenty-first century. *J. Clin. Oncol.* 2010, 28, 2625–2634. [CrossRef] [PubMed]
- Robison, L.L.; Armstrong, G.T.; Boice, J.D.; Chow, E.J.; Davies, S.M.; Donaldson, S.S.; Green, D.M.; Hammond, S.; Meadows, A.T.; Mertens, A.C.; et al. The Childhood Cancer Survivor Study: A National Cancer Institute-supported resource for outcome and intervention research. *J. Clin. Oncol.* 2009, 27, 2308–2318. [CrossRef] [PubMed]
- Friedman, D.L.; Whitton, J.; Leisenring, W.; Mertens, A.C.; Hammond, S.; Stovall, M.; Donaldson, S.S.; Meadows, A.T.; Robison, L.L.; Neglia, J.P. Subsequent neoplasms in 5-year survivors of childhood cancer: The Childhood Cancer Survivor Study. J. Natl. Cancer Inst. 2010, 102, 1083–1095. [CrossRef] [PubMed]
- 57. Oeffinger, K.C.; Mertens, A.C.; Sklar, C.A.; Kawashima, T.; Hudson, M.M.; Meadows, A.T.; Friedman, D.L.; Marina, N.; Hobbie, W.; Kadan-Lottick, N.S.; et al. Chronic health conditions in adult survivors of childhood cancer. *N. Engl. J. Med.* **2006**, *355*, 1572–1582. [CrossRef] [PubMed]
- Lawson, C.; Vicencio, J.M.; Yellon, D.M.; Davidson, S.M. Microvesicles and exosomes: New players in metabolic and cardiovascular disease. *J. Endocrinol.* 2016, 228, R57–R71. [CrossRef] [PubMed]
- 59. Budnik, V.; Ruiz-Canada, C.; Wendler, F. Extracellular vesicles round off communication in the nervous system. *Nat. Rev. Neurosci.* 2016, 17, 160–172. [CrossRef] [PubMed]
- 60. Xu, S.; Wang, J.; Ding, N.; Hu, W.; Zhang, X.; Wang, B.; Hua, J.; Wei, W.; Zhu, Q. Exosome-mediated microRNA transfer plays a role in radiation-induced bystander effect. *RNA Biol.* **2015**, *12*, 1355–1363. [CrossRef] [PubMed]
- 61. Ghosh, S.; Ghosh, A.; Krishna, M. Role of ATM in bystander signaling between human monocytes and lung adenocarcinoma cells. *Mutat. Res. Genet. Toxicol. Environ. Mutagen.* **2015**, 794, 39–45. [CrossRef] [PubMed]

- 62. Burdak-Rothkamm, S.; Rothkamm, K.; McClelland, K.; Al Rashid, S.T.; Prise, K.M. BRCA1, FANCD2 and Chk1 are potential molecular targets for the modulation of a radiation-induced DNA damage response in bystander cells. *Cancer Lett.* **2015**, *356*, 454–461. [CrossRef] [PubMed]
- Mirzayans, R.; Andrais, B.; Scott, A.; Wang, Y.W.; Weiss, R.H.; Murray, D. Spontaneous γH2AX foci in human solid tumor-derived cell lines in relation to p21WAF1 and WIP1 expression. *Int. J. Mol. Sci.* 2015, *16*, 11609–11628. [CrossRef] [PubMed]
- 64. He, L.; Fan, C.; Kapoor, A.; Ingram, A.J.; Rybak, A.P.; Austin, R.C.; Dickhout, J.; Cutz, J.C.; Scholey, J.; Tang, D. α-Mannosidase 2C1 attenuates PTEN function in prostate cancer cells. *Nat. Commun.* 2011, 2, 307. [CrossRef] [PubMed]
- 65. He, L.; Ingram, A.; Rybak, A.P.; Tang, D. Shank-interacting protein-like 1 promotes tumorigenesis via PTEN inhibition in human tumor cells. *J. Clin. Investig.* **2010**, *120*, 2094–2108. [CrossRef] [PubMed]
- Yan, J.; Ojo, D.; Kapoor, A.; Lin, X.; Pinthus, J.H.; Aziz, T.; Bismar, T.A.; Wei, F.; Wong, N.; de Melo, J.; et al. Neural cell adhesion protein CNTN1 promotes the metastatic progression of prostate cancer. *Cancer Res.* 2016, 76, 1603–1614. [CrossRef] [PubMed]
- 67. Gabriel, K.; Ingram, A.; Austin, R.; Kapoor, A.; Tang, D.; Majeed, F.; Qureshi, T.; Al-Nedawi, K. Regulation of the tumor suppressor PTEN through exosomes: A diagnostic potential for prostate cancer. *PLoS ONE* **2013**, *8*, e70047. [CrossRef] [PubMed]



© 2017 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).