

## CASE REPORT

# Reoccurrence of takotsubo cardiomyopathy induced by osimertinib: A case report

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Email: [yukoishikawa3825@yahoo.co.jp](mailto:yukoishikawa3825@yahoo.co.jp)**Keywords:** heart failure, osimertinib, stress cardiomyopathy, Takotsubo cardiomyopathy

## 1 | INTRODUCTION

Chemotherapy-induced Takotsubo (stress) cardiomyopathy (TC) has been reported for several anticancer agents including antimetabolites, fluoropyrimidines, and molecularly targeted agents.<sup>1</sup> Some molecularly targeted agents reportedly cause cardiovascular side effects, including heart failure, arrhythmia (QT prolongation), and myocardial infarction.<sup>2</sup> The epidermal growth factor receptor (EGFR) inhibitors except trastuzumab are known to cause less cardiotoxicity than BCR-ABL inhibitors and vascular endothelial growth factor (VEGFR) inhibitors.<sup>3</sup> However, osimertinib has been reported more adverse cardiac events than other EGFR inhibitors, including heart failure.<sup>4–6</sup> While there exist a few reports of osimertinib-induced heart failure in detail, reporting nonspecific cardiomyopathy,<sup>6</sup> none have so far reported TC induced by osimertinib. Herein, we report a case of TC caused by osimertinib.

## 2 | CASE HISTORY

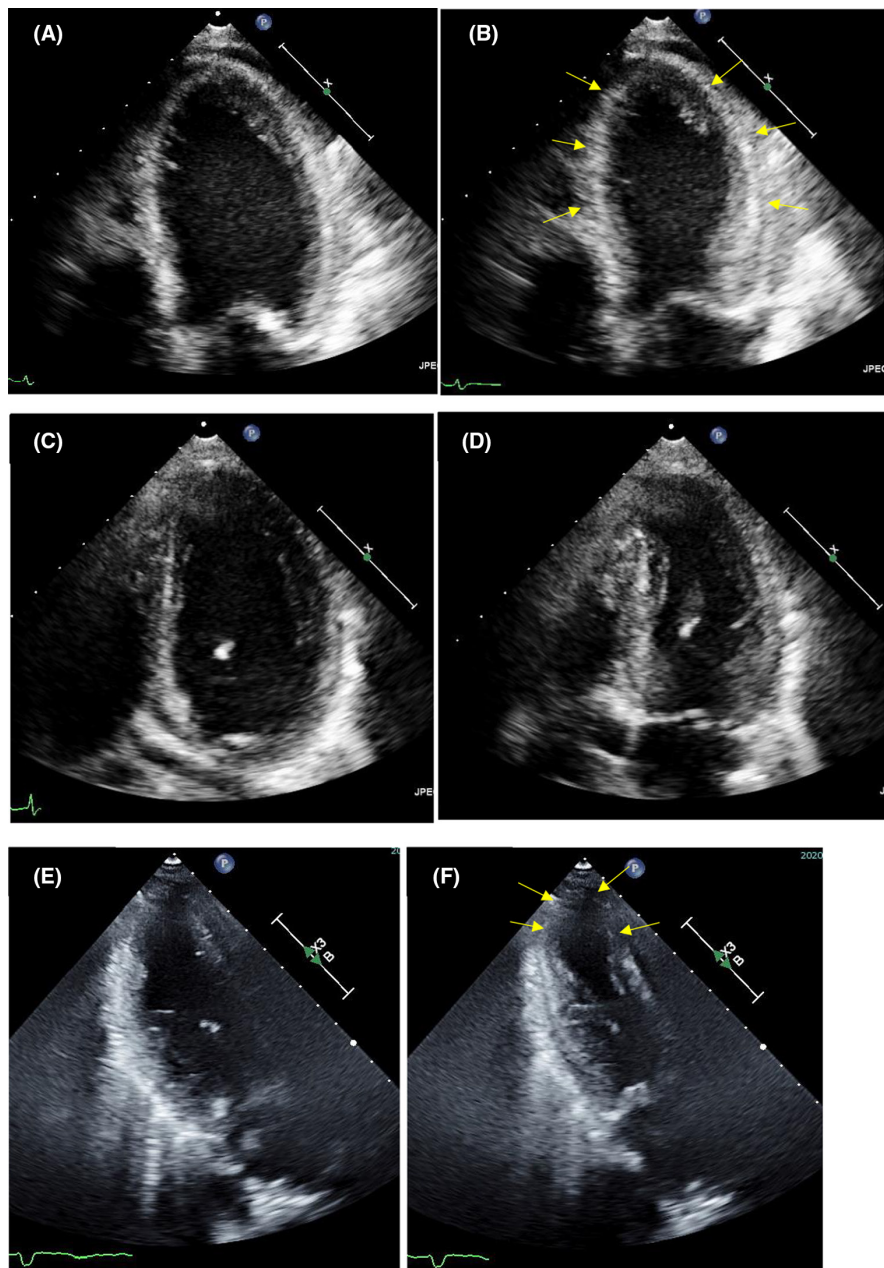
A 73-year-old woman with no history of smoking underwent a thoracoscopic right upper-middle lobectomy in 2016 for non-small-cell lung cancer (NSCLC). Her

clinical stage was T2N0M0, and she did not receive adjuvant chemotherapy. One year later, a chest computed tomography (CT) scan showed pleural dissemination, and brain metastasis was suspected based on brain magnetic resonance imaging (MRI). She was admitted to our institution for targeted therapy. One year and 10 months after administering erlotinib and bevacizumab as first-line therapy (a total of 26 courses), pleural dissemination was found to be a progressive disease. Pleural biopsy revealed a T790M mutation.

Osimertinib (80 mg/day, taken orally) was chosen as second-line therapy. Within 1 month of starting osimertinib, she was admitted to our institution with progressive shortness of breath, fatigue, and edema in the body and extremities. Chest radiography revealed pulmonary congestion, pleural effusion, and cardiac dilation. An echocardiogram revealed left ventricular akinesis from the apical to the midventricular portion, which did not match with coronary arterial perfusion (Figure 1A,B). The left ventricular dimension increased from 34 mm preosimertinib treatment to 46 mm, and left ventricular ejection fraction (LVEF) was reduced from 75% to 58% (Table 1). The electrocardiogram changed from normal to a right bundle branch block, and QTc(F) interval changed from 428 ms to 487 ms (Figure 2A,B). She was diagnosed as symptomatic

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**FIGURE 1** Echocardiography on acute heart failure due to TC (A: diastole and B: systole), after treatment of heart failure (C: diastole and D: systole), and on reoccurrence of TC (E: diastole and F: systole), (A, B). Akinetic left ventricle wall motion is seen from the apical to mid portion (yellow arrows on Figure [B]), which does not match with the coronary arterial perfusion. Basal wall motion is hyperkinetic instead. (C, D). Thirty-five days after treatment of heart failure, left ventricle wall motion improved to almost normal kinesis. (E, F). Sixty-three days after restarting osimertinib, akinetic left ventricle wall motion on apical portion was seen (yellow arrows on Figure (F))

acute heart failure. The daily medications were olmesartan 20 mg, ursodeoxycholic acid 600 mg, clostridium butyricum combined drug 3 g, esomeprazole 20 mg, sucralfate 30 ml, and tramadol 75 mg.

### 3 | DIFFERENTIAL DIAGNOSIS

The differential diagnosis of cause of heart failure included coronary artery disease, arrhythmia, and valvular disease. Cardiac MRI showed no significant stenosis of the coronary arteries, and a monitored electrocardiogram showed no bradycardia nor tachycardiac arrhythmia. Echocardiography revealed no significant left-side valvular disease.

### 4 | OUTCOME AND FOLLOW-UP

She was diagnosed with osimertinib-induced acute heart failure due to TC. She was admitted to our institution on the same day for the treatment of cardiac failure. Her condition improved after discontinuing osimertinib and adding treatment for heart failure including spironolactone 25 mg and bisoprolol 1.25 mg.

Thirty-five days after admission, left ventricular wall motion abnormality improved to almost normal kinesis (Table 1, Figure 1C,D), and electrocardiogram showed ST changes normalized after extensive negative T waves and QT prolongation (Figure 2C,D). She improved from Class IV to Class II as per the New York Heart Association Classification.

**TABLE 1** Echocardiographic parameters, BNP values, and Number of Figure of echocardiogram and electrocardiogram from baseline to TC treatment

	Baseline	AHF due to TC after osimertinib	After discontinuing osimertinib	After restarting half-dose osimertinib
LVDd (mm)	34	46	43	38
LVDs (mm)	19	30	28	21
FS (%)	43	36	35	44
LVEF (%)	75	58	61	64
E wave (m/s)	0.5	0.8	0.8	0.6
A wave (m/s)	0.6	1.0	0.8	0.7
E/A ratio	0.9	0.8	1.0	0.7
TR velocity (m/s)	2.8	3.4	3.1	2.3
TR-PG (mmHg)	31	47	39	22
Medial e' (cm/s)	3.5	3.8	4.0	3.3
E/e'	14	21.3	20.3	16.8
GLS (%)		13.8	16.6	
BNP (pg/ml)	–	1002.1	63.8	201.2
Number of Figure	–	Figure 1A,B	Figure 1C,D	Figure 1E,F
Number of Figure	Figure 2A	Figure 2B	Figure 2C,D	Figure 2E

Abbreviations: AHF, acute heart failure; C, Takotsubo (stress) cardiomyopathy; FS, fractional shortening; GLS, global longitudinal strain using speckle tracking method; LVDd, left ventricular diastolic dimension; LVDs, left ventricular systolic dimension; LVEF, left ventricular ejection fraction; PG, pressure gradient; TR, tricuspid regurgitation.

Since osimertinib was highly effective against her own lung cancer, the treatment was restarted at a reduced dose of 40 mg/day as outpatient care. After 63 days of restarted osimertinib therapy, an echocardiogram showed hypokinesis on the left ventricular apical portion (Table 1, Figure 1E,F). Electrocardiogram showed reappearance of extensive negative T waves and QT prolongation (Figure 2E). She was diagnosed with asymptomatic TC, and osimertinib treatment was subsequently stopped. No new cardiotoxic agents were added for her. Two weeks after stopping osimertinib, left ventricular wall motion improved to normal. She was started on third-line chemotherapy.

## 5 | DISCUSSION

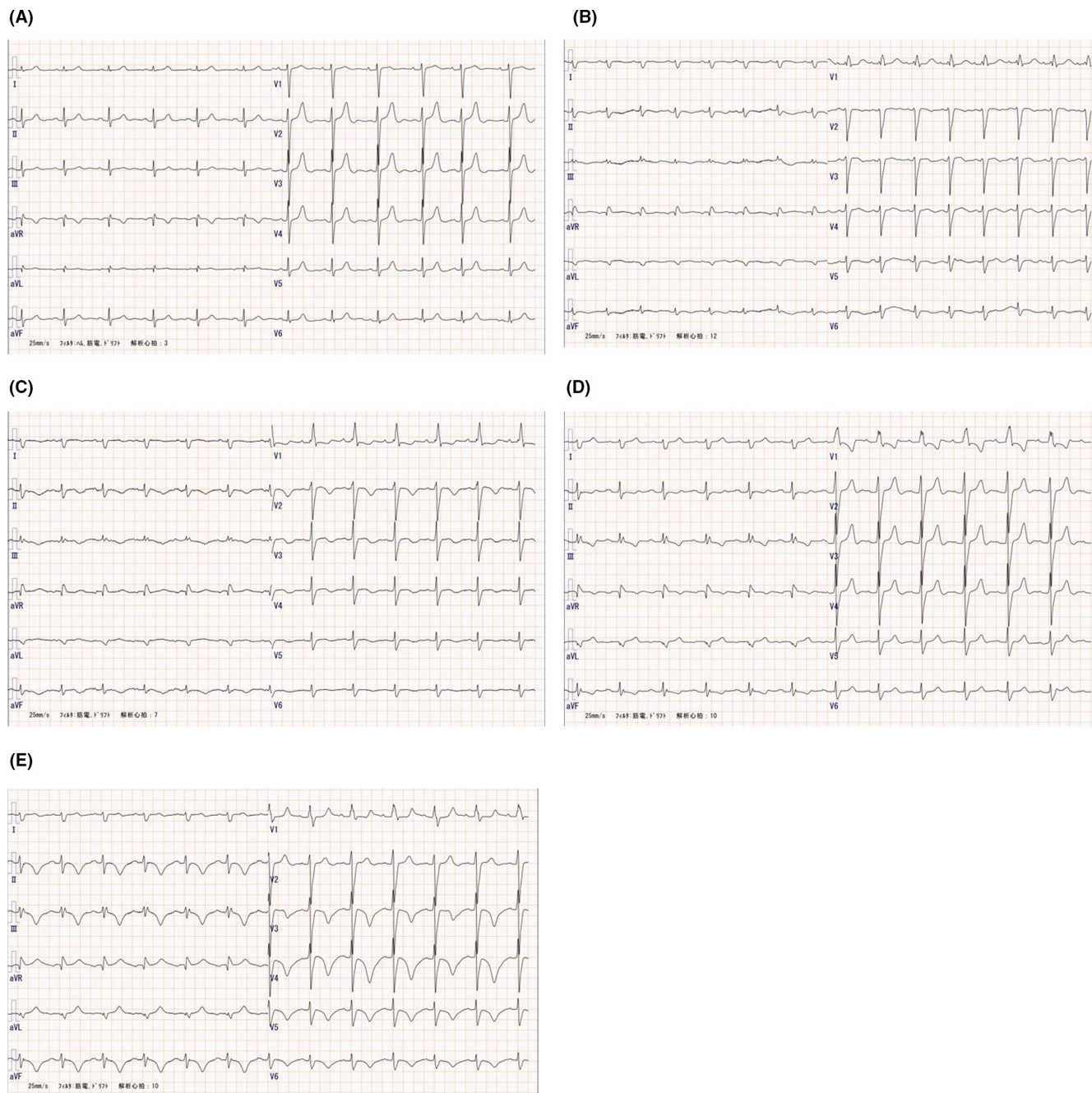
Osimertinib is a third-generation oral EGFR tyrosine kinase inhibitor (TKI) used for the treatment of advanced EGFR-mutant NSCLC with acquired T790M mutations. It has also been shown to improve progression-free survival compared with platinum therapy.<sup>7</sup> Although cardiotoxicity from EGFR-TKI (human EGFR1: HER1) has been reported to be less than that of HER2, BCR-ABL, and VEGFR inhibitors,<sup>3</sup> osimertinib is likely to cause cardiac side effects.<sup>4–6</sup>

TC is a transient systolic left ventricular dysfunction with a variety of wall motion abnormalities.<sup>8</sup> Elderly women and emotional or physical triggers were considered to be the cause of TC, but conditions without an evident trigger have also been reported.<sup>8,9</sup> In a previous study, EGFR was found to be expressed in the central nervous system, and infusion of EGFR into the midbrain had increased dopamine precursor levels in an experimental rat model. One of the mechanisms of osimertinib-induced TC might be that osimertinib may cross the blood–brain barrier, increasing the dopamine release in the central nervous system.<sup>10</sup> Another possible mechanism is that osimertinib inhibits human EGFR2 and cardiomyocyte signaling leading to cause cardiac dysfunction, which is similar to trastuzumab.

Osimertinib may cause TC, which has the possibility of cause of heart failure. The findings of our case study suggest that osimertinib therapy should not be resumed in patients diagnosed with symptomatic heart failure due to TC induced by osimertinib.

## AUTHOR CONTRIBUTIONS

All authors made substantial contributions to prepare and write the manuscript, were involved in revising it critically for important intellectual content, and gave final approval of the version for submission.



**FIGURE 2** Electrocardiogram on baseline (A), on acute heart failure (B), after heart failure treatment (C, D), and on reoccurrence of TC (E). (A). Baseline electrocardiogram was normal sinus rhythm with heart rate of 71 bpm and QTc(F) interval of 428 ms. (B). On acute heart failure due to TC, an electrocardiogram showed complete right bundle branch block with heart rate of 92 bpm and QTc(F) interval of 487 ms. (C). Eleven days after treatment of heart failure, negative T-wave with broad induction was observed. QTc(F) interval was further extended to 551 ms. (D). Nine weeks after treatment of heart failure, ST changes have normalized. QTc(F) interval was shortened to 479 ms. Sixty-three days after restarting osimertinib, negative T-wave with broad induction was observed. QTc(F) was extended to 520 ms

## ACKNOWLEDGMENT

None.

## CONFLICT OF INTEREST

None declared.

## DATA AVAILABILITY STATEMENT

All data that support the findings of this study, which were taken from case clinical records, are available on request from the corresponding author.

## CONSENT

Written informed consent was obtained from the patient to publish this report in accordance with the journal's patient consent policy.

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**How to cite this article:** Fukuda Y, Kawa Y, Nonaka A, Shiotani H. Reoccurrence of takotsubo cardiomyopathy induced by osimertinib: A case report. *Clin Case Rep*. 2022;10:e06279. doi: [10.1002/ccr3.6279](https://doi.org/10.1002/ccr3.6279)