Original Article

Evaluation of the toxicological effects of atrazine-metolachlor in male rats: *in vivo* and *in silico* studies

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Abstract

The types and mechanisms of atrazine-metolachlor toxicity, an herbicide composed of atrazine (ATR) and metolachlor (MET), need to be further investigated. This study evaluated the toxic actions of ATR-MET by in vivo and in silico methods. Here, varying doses of ATR-MET were orally administered to rats once daily for twenty-one days using normal saline as control. Molecular docking was used to characterize the binding of ATR and MET with androgen receptor (AR) to predict their potential endocrine-disrupting effects, using testosterone as benchmark. ATR-MET-induced-testicular toxicity (reduced sperm motility, count, and daily sperm production and increased live/dead ratio) was accompanied with testicular oxidative stress (diminished level of reduced glutathione, activities of glutathione-S-transferase, superoxide dismutase and catalase and increased level of malondialdehyde). Furthermore, ATR-MET induced cardiovascular toxicity (increased levels of plasma total cholesterol, HDL-cholesterol, LDL-cholesterol, and triglycerides) with concomitant induction of renal toxicity (increased plasma creatinine and urea levels), and hepatotoxicity (increased plasma bilirubin, alkaline phosphatase, acid phosphatase, alanine aminotransferase and aspartate aminotransferase). Binding energy and amino acid interactions from in silico study revealed that MET possessed endocrine-disrupting capacity. In conclusion, exposure to atrazine-metolachlor could promote cardiovascular, renal, hepatic, as well as reproductive impairment in experimental male albino rats.

Keywords: herbicide, atrazine, metolachlor, cardiotoxicity, testicular toxicity, androgen receptor

Introduction

Atrazine (ATR)-metolachlor (MET) is an herbicide composed of a mixture of ATR emulsion and MET used to control a broad array of weeds mainly in cultivated farmlands. Atrazine (2-chloro-4-ethylamino-6-isopropylamino-striazine, Figure 1) is a selective herbicide that is effective against broadleaf weeds while metolachlor (MET) controls grasses; but used together as a mixed herbicide, ATR-MET provide efficacious management of weeds appearing as broadleaves and grasses [1,2]. Thus, instead of using two different herbicides, one for broadleaf and the other for grasses, ATR-MET as a combination herbicide is used; this is effective, saves time and resources. ATR, on its own is an herbicide in widespread application globally, and the common formulations with MET include 200 g/L of ATR+200 g/ MET suspension-emulsion, 270 g/L ATR+150 g/L MET suspension-emulsion, 370 g/L ATR+290 g/L MET suspension concentrate [2]. It is considered an environmental contaminant [3] because it has been detected in groundwater, food, drinking water, the atmosphere and even in human body; with atrazine detected in 20% of indoor air evaluated at concentration of about 200-300 ng/m for atrazine, using an air sampler [4-6]. In spite of its wide occurrence, the harmful effects of ATR exposure on humans are still not completely clear, although epidemiological studies have shown that exposure to ATR may adversely affect reproductive and developmental progression [7], while various animal studies have shown the adverse effect of ATR on the endocrine, reproductive and the development of the central nervous systems [4]. For instance, it has been shown that ATR reduces the number and motility of sperms in rats and in man [8-10], impedes reproductive maturation in both male and female rats [3, 11], decreases prostate and seminal vesicle weights in rats [3,11]. The hepatotoxicity of atrazine has also been reported by some studies. For example, in Wistar strain of albino rats, atrazine was shown to cause hepatotoxicity which was revealed by increased manifestation of hepatic disease indices including dose dependent reduction in serum glucose concentration, increase in total serum lipids, and the activities of serum alanine amino transferase (ALT), alkaline phosphatase (ALP) and gamma-glutamyltransferase (GGT) [12,13].

Metolachlor (2-chloro-N-(2-ethyl-6-methylphenyl)-N-(2-metoxy-1-methylethyl) acetamide, Figure 2) on the other hand is a discriminatory herbicide from chloroacetamide group which hinder seed germination by inhibiting mitosis and cell division [14], as well as preventing the synthesis of chlorophyll, fatty acids, lipids and proteins [15]. Like atrazine,

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metolachlor has also been found to linger on agricultural soil, in surface waters as well as groundwater [16-18]. Studies have also shown that metolachlor could adversely affect the functions of the male reproductive system by various mechanisms including modulation of testosterone production via increase in the activity of aromatase enzyme in a human cell line, as well as via other mechanisms [15,17-19].



Figure 1. Structure of atrazine.



Figure 2. Structure of metolachlor.

As stated above, ATR-MET is ATR in combination with MET, however, little is known about the toxicity of this formulation. Investigation of alterations in cardiovascular, hepatic and renal disease indices, antioxidant parameters, male-related organ toxicity and related enzymes, and increases of lipid peroxidation levels, offer rapid means to assess toxic effect and mechanism of action of chemicals, including herbicides. These biochemical end points have been used to evaluate potential adverse effect of chemicals to explain their adverse outcomes. Accordingly, this study was undertaken to evaluate the effect of varying combinations of ATR and MET on selected organ disease indices, including cardiovascular, hepatic, renal and the male reproductive system. To achieve this, the study used cardiovascular, hepatic, renal and testicular toxicity and antioxidant indices in male rats to investigate the toxic effects of the administration of varying concentration of ATR-MET. The study also employed molecular docking to characterize the structural binding of atrazine and metolachlor with androgen receptor (AR) to predict their potential endocrine-disrupting effects in AR signalling.

Materials and Methods

Animals and reagents

Twenty-four albino male rats (*Ratus novergicus*) with an average weight of 140 g used for this study were purchased from the Animal Holding Unit of the Department of Biochemistry, University of Ibadan, Nigeria. ATR-MET is a product of First Chemical Co Ltd, Changxing, Zhejiang China. GSH, 1-chloro-2, 4-dinitrobenzene (CDNB), 5', 5'-dithio-bis-2-nitrobenzoic acid (DTNB), thiobarbituric acid (TBA), epinephrine and hydrogen peroxide were purchased from Sigma Chemical Company (London, UK). ALT, AST, ALP, GGT, urea, creatinine, bilirubin, total cholesterol, HDL-cholesterol,

LDL-cholesterol and triglycerides kits were obtained from Randox Laboratories Ltd, Antrim UK. All other chemicals and reagent were of analytical grade and were obtained from British Drug House, Poole, UK.

Animal handling and treatment

The experimental animals were handled and used in accordance with the international guide for the care and use of laboratory animals [20]. They were kept in normal laboratory conditions under natural light–dark cycle with access to food and water *ad libitum* all through the time of the experiment. The animals were randomly assigned into four groups (of 6 rats each), which were designated A (control), B, C and D. The control rats in group A were administered physiological saline orally for 21 days while rats in groups B, C and D were orally administered ATR-MET 1 (67.5 mg ATR+37.5 mg MET kg/BW), ATR-MET 2 (135 mg ATR+75 mg MET kg/BW) and ATR-MET 3 (270 mg ATR kg/BW+150mg MET kg/BW) daily for 21 days respectively. These doses were set independently based on earlier studies [21,22]. The drugs were administered as homogenous aqueous suspensions in normal saline. All the animals were sacrificed 24 hours after the twenty-first day of drug administration.

Collections of plasma and tissue samples

The rats were sacrificed by cervical dislocation. Blood samples were collected by ocular puncture into heparinized tubes. The blood samples were centrifuged for 10 min at 4000 g (*Cencom bench centrifuge*) to obtain the plasma which was thereafter kept frozen for the estimation of cardiovascular indices (lipid profile), renal and liver function test, as well as other marker enzymes. The testes were removed from the animals, rinsed in ice-cold 1.15% KCl, blotted and weighed, and thereafter used to prepare sub-cellular fraction.

Preparation of sub-cellular fraction

The testes were weighed, macerated and homogenized in 4 volumes of ice-cold 0.1 M phosphate buffer (pH 7.4). The homogenates were centrifuge at 12,500 g for 15 mins using an *Eppendorf* refrigerated centrifuge. The supernatant, termed the post mitochondria fractions (PMF), was obtained and stored frozen for subsequent analysis.

Analysis of sperm parameters

Testicular sperm number, progressive sperm motility assay, and volume.

Testicular sperm was obtained by mincing the cauda epididymis and the testis in normal saline and filtering through a nylon mesh. The spermatozoa were counted using the Neubauer haemocytometer following the methodology as described by Pant and Srivastava [23]. The motility of epididymal sperm was evaluated visually at 400xmagnification within 2-4 min of isolation from the cauda. Motility estimations were performed from the entire field in each sample. The mean was used as the final motility score and data were expressed as percentages [24].

Morphological and live-dead examination of spermatozoa

A portion of the sperm suspension placed on a glass slide was smeared out with another slide, fixed in 95% ethanol, and stained with 1% eosin and 5% nigrosine for morphological and viability observation. At least 100 sperms from each rat were examined for abnormalities in different regions of spermatozoa according to the method described by [25].

Daily Sperm Production (DSP) rate

The testis was weighed, decapsulated and homogenized in ice-cold 0.9% sodium chloride. The homogenate was filtered through a nylon mesh to remove connective tissue, and the filtrate was used to count the number of homogenization-resistant spermatids/sperm in each sample in duplicate using a haemocytometer. DSP was calculated by dividing the total number of spermatids/sperm per gram testis by 6.1 days, the duration of step 19 spermatids in the seminiferous tubules [26].

Assay of biochemical parameters

The protein content of the samples was determined according to the Biuret method, using bovine serum albumin as standard [27]. Briefly, the biuret method depends on the principle that when a solution of protein is treated with Cu^{2+} in moderately alkaline medium, a purple colored chelate is formed between Cu^{2+} and the peptide bonds of the protein with maximum absorbance at 540 nm. The intensity of the purple color is proportional to the amount of protein present. Activities of ACP according to the method of Tietz et al. [28], ALP by the method of Wright et al. [29], AST and ALT following the principle described by Reitman and Frankel [30], the levels of creatinine and urea by the method described by Tietz et al. [28] were determined by using Agape Diagnostics, Switzerland GmbH assay kits following the manufacturer's instruction. Catalase activity was determined according to the method of Sinha, 1972 [31]. Briefly, a reaction mixture of 2 mL of hydrogen peroxide (800 μ moles), 2.5 mL of 0.01 M phosphate buffer (pH 7.0) and 0.5 mL of diluted sample (1:50) was rapidly constituted at 25 °C, 1 mL of reaction mixture was withdrawn and promptly added to 2 mL dichromate/acetic

acid solution at intervals of 1 min to measure the residual H₂O₂ in the solution. The chromic acetate generated was quantified at 570 nm and the residual H₂O₂ estimated extrapolating from the standard curve for hydrogen peroxide. The activity of catalase was expressed as micromole of H₂O₂ used up/min/mg protein.

The activity of SOD was estimated by the method of Misra and Fridovich [32]. Briefly, 1 mL of the sample was diluted in 9 mL of distilled water to get a 1:10 dilution; 0.2 mL of the diluted enzyme preparation was added to 2.5 mL of 0.05 M carbonate buffer (pH 10.2) and allowed to equilibrate in the spectrophotometer. The reaction was started by the addition of 0.3 mL of newly prepared 0.3 mM epinephrine to the mixture which was quickly mixed by inversion, the reference cuvette contained 0.2 mL of distilled water, 2.5 mL of carbonate buffer and 0.3 mL of epinephrine. The increase in absorbance at 480 nm was monitored every 30 s for 150 s. The activity of SOD in the sample was expressed as follows:

$$Percentage inhibition = \left(\frac{\text{increase in absorbance of sample}}{\text{increase in absorbance of blank}}\right) \times 100$$
(1)

One Unit of SOD activity is taken as the amount of SOD necessary to cause 50% inhibition of the oxidation of adrenaline to adrenochrome over an interval of 60s.

SOD activity (Unit/mg protein)=(df=dilution factor). The level of GSH was determined by the method described by Jollow et al. [33]. Briefly, the reaction mixture contained 1.8 mL of distilled water, 0.2 mL of sample and 3 mL of 4% sulphosalicylic acid. The reaction mixture was allowed to stand for 5 minutes, filtered, 1 mL of the filtrate was added to 4 mL of 0.1 M phosphate buffer and finally, 0.5 mL of Ellman's reagent (5,5'-dithiobis-(2-nitrobenzoic acid), DTNB), (0.04% in 0.1 M phosphate buffer, pH 7.4) was added. A blank was prepared with 4 mL of the 0.1 M phosphate buffer, 0.5 mL of the Ellman's reagent and 1 mL of diluted sulphosalicylic acid. The absorbance was read at 412 nm and the GSH concentration in the samples was estimated by extrapolation from the GHS standard curve. GST activity was determined by the method of Habig et al. [34]. Briefly, the assay mixture contained of 30 μ L of reduced GSH (0.1 M), 2.79 mL phosphate buffer (0.1 M, pH 6.5), 150 μ L of CDNB (3.37 mg/ mL) and 30 μ L of tissue sample. The absorbance of the reaction mixture was measured at 340 nm against the blank after 60 seconds. The activity of the enzyme in the PMF was estimated using the following equation:

GST activity (µg mole/min/mg protein) =
$$\left(\frac{Abs/min}{9.6}\right) \times \frac{1}{0.03 \times protein (mg)}$$
 (2)

Where: 9.6 is the molar extinction coefficient of CDNB (mmolcm⁻¹) and 0.03 is the volume of tissue sample in mL. Lipid peroxidation was assayed by measuring the thiobarbituric acid reactive (TBAR) products present in the test sample using the procedure of Varshney and Kale [35]. Briefly, the reaction mixture is made up of 1.6 mL Tris-KCl buffer, 0.5 mL of 30% TCA, 0.4 mL of the test sample, 0.5 mL of 0.75% TBA. The temperature of the mixture was raised to 95 °C and maintained at same for 1 h in a water bath. The mixture was then cooled on ice and centrifuged at 3000 rpm. The clear supernatant was collected and the absorbance read against a reference blank of distilled water at 532 nm using a spectrophotometer. Lipid peroxidation in nmole/mg protein was estimated using the following equation:

$$MDA = \frac{Abs \times Volume \ of \ reaction \ mixture}{E532 \times Volume \ of \ sample \ x \ mg \ protein}$$
(3)

Where: E_{532} is the molar extinction coefficient for MDA=1.56 × 105 M⁻¹ cm⁻¹. The concentrations of total cholesterol, HDL- and LDL-cholesterol and triglyceride concentrations were assayed using the CHOD-PAD enzymatic colorimetric method described by Trinder [36] according to the manufacturer's instruction Randox diagnostic kits, UK [36].

Molecular docking of selected compounds with protein targets

Protein preparation

The crystal structures of androgen receptor (AR) with PDB ID of 1e3g was retrieved from the protein databank (http://www.rcsb.org) and prepared by eliminating existing ligands and water molecules while the absent hydrogen atoms were added using the Autodock v4.2 program, Scripps Research Institute. The search grid was expanded above the target proteins and the parameters of the atomic solution were determined. Polar hydrogen charges of the Gasteiger type were allocated and the non-polar hydrogens were integrated with the carbons and the internal degrees of freedom and torsion were formed, after which the protein was saved in PDBQT format.

Ligand preparation

The structure data file (SDF) formats of testosterone, metolachlor and atrazine were obtained from the PubChem

database (www.pubchem.ncbi.nlm.nih.gov) and converted to mol2 chemical format with Open Babel program [37]. The ligands' alpha carbons were detected when the internal degrees of freedom and torsion were set to zero, and then converted using Autodock tools to PDBQT format.

Molecular docking

Docking of the compound to androgen receptor as well as the assessment of binding affinities was done using Vina GUI (Trott& Olson, 2010). The PDBQT format of the protein and the ligands were dragged into their respective columns. The grid center for docking was detected as X=9.54, Y=21.48, Z=36.52 with the dimensions of the grid box, 65.64×67.134× 96.46 for M3 muscarinic acetylcholine receptor, X=124.98, Y=-17.37, Z=129.67 with the dimensions of the grid box, 58.98× 64.41×99.26 for prostaglandin E2 receptor 3. Subsequently, the program was run and cluster analysis based on root mean square deviation (RMSD) values for starting geometry was conducted and the lowest energy conformation of the more populated cluster was found to be the most accurate solution. The pose with the strongest affinity for each cluster was taken as the representation of this cluster. The compounds were then ranked by their affinity scores. Thereafter, molecular interactions between the protein targets and the compounds that have the highest binding affinity were viewed with Discovery Studio Visualizer, 2020.

Statistical analysis

All data were expressed as mean \pm SD of six replicates. The data were subjected to one way analysis of variance (ANOVA) and complemented with student's t-test using sigma plot[®] statistical software. Values were considered significantly different with respect to control data at p<0.05.

Results

Effect of ATR-MET administration on plasma creatinine and urea

Table 1 shows the effects of administration of ATR-MET on the levels of plasma creatinine and urea.

Treatment	Creatinine (mg/L)	Urea (mg/dL)
Control	2.55±0.05	39.25±1.25
ATR-MET 1	4.90±0.05 (92%)*	47.10±0.98 (20%)*
ATR-MET 2	5.40±0.05 (111.7%)*	51.58±0.46 (31.4%)*
ATR-MET 3	6.05±0.13 (137%)*	56.00±0.5 (42.7%)*

ATR-MET 1=(67.5 mg atrazine+37.5 mg metolachlor)

ATR-MET 2=(135 mg atrazine+75 mg metolachlor)

ATR-MET 3=(270 mg atrazine+150 mg metolachlor)

*Significantly different from the control (p<0.05) while values in parenthesis represent percentage (%) increase.

ATR-MET-1, ATR-MET-2 and ATR-MET-3 significantly increase the level of plasma creatinine by 92%, 111.7% and 137% respectively compared with control (p<0.05). Plasma urea level significantly increased by the administration of ATR-MET -1, ATR-MET -2 and ATR-MET -3- treated groups by 20%, 31.4% and 42.7% respectively, compared with control (p<0.05).

Effect of ATR-MET administration on the activities of plasma ALP, ALT and AST level bilirubin

The effects of ATR-MET administration on the activities of plasma ALP, ALT and AST and level of bilirubin are presented in Table 2.

Table 2. Effects of administration of Xtravest® on the activities of plasma alkaline phosphatase (ALP), alanine aminotransferase (ALT) and aspartate aminotransferase (AST) and level bilirubin in rats.

Treatment	ALP (U/L)	ALT (U/L)	AST (U/L)	Bilirubin(mg/dL)
Control	285.5±1.93	45.5±0.48	86.75±0.52	0.15±0.005
ATR-MET 1	340±2.5 (19%)*	54.4±0.48 (19.8%)*	107.75±0.52 (24.2%)*	0.26±0.009 (73.3%)*
ATR-MET 2	375±4.08 (31.3%)*	62.5±0.48 (37.4%)*	113.25±0.94 (30.5%)*	0.30±0.008 (100%)*
ATR-MET 3	396.25±2.56 (38.8%)*	66.8±1.25 (46.8%)*	120.25±0.52 (38.6%)*	0.33±0.008 (120%)*

ATR-MET 1=(67.5 mg atrazine+37.5 mg metolachlor)

ATR-MET 2=(135 mg atrazine+75 mg metolachlor)

ATR-MET 3=(270 mg atrazine+150 mg metolachlor)

*Significantly different from the control p<0.05, while values in parenthesis represent percentage (%) increase. **IU** = International Unit. It is a unit of measurement for the effect on a particular biological activity or effect being considered, including quantitation of vitamins, hormones and the components of blood such as enzymes.

Administration of ATR-MET (ATR-MET -1, -2 and -3) significantly increased the plasma ALP activity in the rats by 19%, 31.3% and 38.8% respectively compared with control (p<0.05). Also, Plasma ALT activity was significantly increased by 19.8%, 37.4% and 46.8% by ATR-MET -1, -2 and -3 compared with control (p<0.05). Furthermore, plasma the activity of AST was increased significantly, following ATR-MET-1, -2 and -3 by 24.2%, 30% and 38.6% respectively when compared with control (p<0.05). Similarly, plasma bilirubin also increased significantly by ATR-MET-1, -2 and -3 by 73.3%, 100% and 120% respectively when compared with control (p<0.05). The activity of plasma ACP following administration of ATR-MET is shown in Figure 3. The ACP activity was significantly increased in ATR-MET-1, -2 and 3-treated groups by 71.4%, 87.6% and 108% respectively when compared with the control (p<0.05).



Figure 3. Influence of ATR-MET treatments on plasma acid phosphatase (ACP) activity in rats: TR-MET 1=67.5 mg Atrazine+37.5 mg Metolachlor; ATR-MET 2=135 mg Atrazine+75 mg Metolachlor; ATR-MET 3=270 mg Atrazine+ 150 mg Metolachlor. *Significantly different from the control, p<0.05.

Effect of ATR-MET administration on lipid profile

The effects of ATR-MET treatment on plasma lipids profile in rats is shown in Table 3.

Table 3. Effects of administration of ATR-MET on pla	asma lipids profile in rats.
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Treatment	Total cholesterol (mg/dL)	HDL-cholesterol (mg/dL)	LDL-cholesterol (mg/dL)	Triglyceride (mg/dL)
Control	85±0.5	44.5±0.48	13.6±0.9	16.75±0.94
ATR-MET 1	104±1.63 (22.4%)*	81.8±0.97(83.7%)*	17.3±0.82 (27%)*	22.5±0.95 (34.3%)*
ATR-MET 2	114.75±0.83 (35%)*	91±0.5 (104.5%)*	18.4±0.68 (35%)*	27±0.82 (61.2%)*
ATR-MET 3	123.5±0.95 (45.3%)*	101±0.85(128%)*	19.6±0.23 (44%)*	34.5±1.25 (105.9%)*

ATR-MET 1=(67.5 mg atrazine+37.5 mg metolachlor)

ATR-MET 2=(135 mg atrazine+75 mg metolachlor)

ATR-MET 3=(270 mg atrazine+150 mg metolachlor)

*Significantly different from the control (p <0.05), while values in parenthesis represent percentage (%) increase.

Administration of ATR-MET-1, ATR-MET-2 and ATR-MET-3 significantly increased plasma total cholesterol,

LDL-cholesterol and HDL-cholesterol concentrations by 22.4%, 27% and 83.7%; 35%, 35% and 104.5%; and 45.3%, 44% and 128% respectively compared to control (p<0.05). Similarly, plasma triglyceride level was significantly increased following administration of Xtravest-1, -2, and -3 by 34.3%, 61.2% and 105.9% respectively compared with control (p<0.05).

The effect of administration of ATR-MET on sperm parameters

The effects of administration of ATR-MET on sperm motility, live/dead ratio, sperm volume, sperm count and daily sperm production (DSP) in rats was shown in Table 4. Administration of ATR-MET at different concentration (ATR-MET-1, -2 and -3) significantly decreased sperm motility, and live/dead respectively by 15%, 42.3% and 54.2%; 3.1%, 15.3% and 40% when compared with control (p<0.05). There were no significant changes in the volume of the sperm in all the groups that were treated with ATR-MET at different concentration when compared with the control. Furthermore, administration of different concentration of ATR-MET-1, -2 and -3 significantly reduced sperm count and daily sperm production (DSP) by 48.7%, 67.4%, and 87.8%; and 10%, 22%, and 46.7% respectively when compared with the control (p<0.05).

Table 4. Effects of administration of ATR-MET on sperm motility, live/dead ratio, sperm volume, sperm count and daily sperm production (DSP) in rats

Treatment	Sperm motility (%)	Live/dead	Sperm	Sperm count (×10 ⁶)	DSP (× 10 ⁶)
		ratio (%)	volume(cc)		
Control	92.5±2.39	98±0.81	5.17±0.013	154±2.52	22±1.29
ATR-MET -1	80±2.5 (15%)*	95±0.5 (3.1%)*	5.17±0.05	105±1.29 (46.7%)*	20±2.64 (10%)*
ATR-MET -2	65±4.08 (42.3%)*	85±0.58 (15.3%)*	5.15±0.05	92±1.29 (67.4%)*	18±0.96 (22%)*
ATR-MET -3	60±2.89 (54.2%)*	70±0.8 (40%)*	5.15±0.05	82±1.29 (87.8%)*	15±1.71(46.7%)*

ATR-MET 1=(67.5 mg atrazine+37.5 mg metolachlor)

ATR-MET 2=(135mg atrazine+75 mg metolachlor)

ATR-MET 3=(270 mg atrazine+150 mg metolachlor)

*Significantly different from the control, p<0.05, while values in parenthesis represent percentage (%) decrease.

The effect of administration of ATR-MET on testicular antioxidant

The effects of administration of ATR-MET on testicular SOD and catalase activities in rats are shown in Table 5. Testicular SOD activity was significantly decreased following administration of ATR-MET-1, -2 and -3 by 48.5%, 100% and 292% respectively compared with control (p<0.05). Also, testicular catalase activity was significantly decreased following administration of ATR-MET-1, -2 and -3 by 59%, 94% and 169% respectively compared with control(p<0.05).

Table 5. Effects of administration of ATR-MET on superoxide dismutase and catalase activities in rats.

Treatment	Superoxide dismutase units	Catalase activity (µmole H2O2 consumed/min)
Control	9.8±0.13	0.35±0.03
ATR-MET 1	6.6±0.22 (48.5%)*	0.22±0.01 (59%)*
ATR-MET 2	4.9±0.33 (100%)*	0.18±0.01 (94%)*
ATR-MET 3	2.5±0.13 (292%)*	0.13±0.02 (169%)*

ATR-MET 1=(67.5 mg atrazine+37.5 mg metolachlor)

ATR-MET 2=(135 mg atrazine+75 mg metolachlor)

ATR-MET 3=(270 mg atrazine+150 mg metolachlor)

*Significantly different from the control, (p<0.05), while values in parenthesis represent percentage (%) decrease.

The effect of administration of ATR-MET on testicular GST activity is shown in Figure 4 following treatment with ATR-MET at different concentration (ATR-MET -1, ATR-MET -2 and ATR-MET -3). The activity of GST was significantly decreased by 24.5% in ATR-MET 1, 35.9% in ATR-MET 2, 54.9% in ATR-MET 3-treated group compared with the control (p<0.05). The testicular GSH level following treatment with ATR-MET is shown in Figure 5, while the level of testicular lipid peroxidation (MDA level) following treatment with ATR-MET is shown in Figure 6. The GSH level was significantly decreased by 20%, 42.5% and 119.5% in respectively in ATR-MET1, 2 and 3-treated groups when compared with the control

(p<0.05). The MDA level was significantly decreased by 21.6%, 26.1% and 48.5% respectively in ATR-MET 1, 2 and 3-treated groups when compared with the control (p<0.05).



Figure 4. Influence of ATR-MET treatments on testicular glutathione-S-transferase (GST) activity in rats.: ATR-MET 1 =67.5 mg atrazine+37.5 mg metolachlor; ATR-MET 2=135 mg atrazine+75 mg metolachlor; ATR-MET 3=270 mg atrazine +150 mg metolachlor; The values are Means±SD (range) for five rats in each group. *Significantly different from the control, p<0.05.



Figure 5. Influence of ATR-MET treatments on testicular reduced Glutathione (GSH) in Rats.: ATR-MET 1=67.5 mg atrazine+37.5 mg metolachlor; ATR-MET 2=135 mg atrazine+75 mg metolachlor; ATR-MET 3=270 mg atrazine+150 mg metolachlor. *Significantly different from the control, p<0.05.



Figure 6. Influence of ATR-MET treatments on testicular lipid peroxidation (MDA) in Rats.: ATR-MET 1=67.5 mg atrazine+37.5 mg metolachlor; ATR-MET 2=135 mg atrazine+75 mg metolachlor; ATR-MET3=270 mg atrazine+150 mg metolachlor. *Significantly different from the control, p<0.05.

In silico studies

The result of the in silico study undertaken showed of the binding tendency of atrazine, metolachlor and testosterone for AR to gain an insight into their androgen disruptive effect are shown in Table 6. The result showed a binding affinity of testosterone for AR is -7.7 kcal/mol, while that of atrazine is -5.8 kcal/mol, and that of metolachlor is -10.8 kcal/mol. The amino acid interactions of testosterone and metolachlor on the androgen receptor are shown in Figure 7 and Figure 8 respectively. Figure 7a revealed that testosterone exhibited hydrogen bond interactions with GLN798, LYS847 and SER851 AR, while exhibiting hydrophobic bond interactions with ARG846 and ARG855, while in Figure 8a it was revealed that metolachlor formed hydrogen bonds with SER851 and ARG855, hydrophobic bonds with ARG855, ILE842 and an electrostatic force of attraction with GLU803 of this receptor.

Table 6. Binding affinities of testosterone, atrazine, metolachlor for androgen receptor.

S/N	Compounds	Binding affinity	
S	Testosterone	-7.7	
1	Atrazine	-5.8	
2	Metolachlor	-10.8	



Figure 7. Interaction between amino acids in the binding site of androgen receptor and (a) testosterone in 3D and (b) testosterone in 2D



Figure 8. Interaction between amino acids in the binding site of androgen receptor and (a) metolachlor in 3D and (b) metolachlor in 2D.

Discussion

Herbicides, including atrazine and metolachlor are produced and used each year around homes and in the agricultural sector. Although a lot of attention has been devoted to elucidating the mechanisms of atrazine toxicity, there are limited reports on the toxicity of its combination with metolachlor. The ATR-MET treated animals showed reduced epididymal and testicular sperm number and sperm motility. These animals also suffered impaired spermatocytogenesis with a concomitant drop in the rate and efficiency of spermatozoa production and the viability of spermatozoa already in storage, in agreement with an earlier study by Simic et al. [39]. The effect of ATR-MET on these sperm parameters indicates that the androgen-secreting capacity in the treated animals was affected. It is known that decrease in sperm count with an associated increase in the percentage of abnormal sperms is associated with infertility in males [40, 41]. Although the adverse effects of atrazine on the reproductive capacity of various animal models are well-reported [10, 42], the effect of ATR-MET, which is a combination of atrazine and metolachlor has not been fully understood. The results obtained from this study indicate that this herbicide could also cause some level of reproductive damage in rats.

The spermatozoa, like most cells have developed a robust antioxidant defense system consisting of enzymes such as catalase, SOD and components like GSH which scavenge and suppress the formation of ROS, while estimation of end products of lipid peroxidation such as MDA is an index of the extent of oxidative damage to cellular structures [43,44]. Oxidative stress happens in tissues when oxidative reactions surpass antioxidant reactions, leading to the loss of the delicate balance between them [45]. The increased level of MDA decreased level of GSH and reduced activities of SOD, catalase and GST in a dose-dependent fashion noticed in the testes homogenates of the ATR-MET-treated animals validate the capacity of the herbicide to cause tissue oxidative damage. This is attributable to the preponderance of polyunsaturated fatty acid in the testis which predisposes it to oxidative stress [46]. Increased MDA level along with altered antioxidant defense machinery such as diminution of GSH level in tissues signals the onset of oxidative stress that may precipitate many peroxidative harm, which is especially a critical issue in the testis because of its vulnerability to oxidative assault [46]. Superoxide dismutase and catalase act as the first line of defense to the cells, while SOD speed up the dismutation of cytotoxic superoxide radicals to H2O2, catalase converts the harmful H2O2 to water and oxygen [44]. The decrease in testicular SOD and catalase activities in animals treated with the herbicide was accompanied with a significant increase in MDA level, as well as reduced GSH level and the activity of GST relative to the control animals. These observations show the ability of the herbicide to overwhelm the antioxidant system of the animals to induce oxidative stress in the testes because over production of ROS and lipid peroxides may cause over utilization of GSH and inhibition of antioxidant enzymes [47,48], while alteration in the activity of testicular SOD might lead to growth arrest and impaired function of the testis and spermatogenesis [49,50]. The decreased activity of catalase in the testis would allow more of the H₂O₂ to be converted to toxic hydroxyl radicals [51], which might contribute to severe oxidative damage to the cellular membrane of spermatozoa of the atrazine-metolachlor treated animals, resulting in the impaired motility.

The results obtained from this study also showed that ATR-MET induced cardiovascular, hepatic, renal and testicular toxicity in male rats in, with concurrent alterations in testicular antioxidative parameters. The increase in plasma total cholesterol concentration following the administration of ATR-MET corroborates various earlier reports on the effect of toxic agents on plasma level of total cholesterol [52]. This generally suggests deleterious effect on heart conditions including high blood pressure and coronary heart diseases [53]. The elevated plasma HDL-cholesterol, LDL-cholesterol and triglyceride following the administration of ATR-MET also indicate the cardiotoxicity of this herbicide. For example, oxidation of LDL in the vascular endothelium initiates the formation of plaque, a major culprit of cardiovascular diseases.

Cholesterol is transported, by LDLs, from where it is produced in the liver to other body tissues, where it is detached from the lipoprotein for subsequent utilization by the cells. LDL-cholesterol is principally responsible for atherosclerotic formation in the blood vessels, especially in the arteries where they cause hardening of the vessels which can also cause heart attack [53]. Therefore, the elevation in plasma LDL-cholesterol concentration occasioned by the administration of ATR-MET suggests that this herbicide may predispose subjects to some cardiovascular diseases. Also, the administration of ATR-MET significantly increased plasma triacylglycerol concentration relative to control, and concurrent increase in plasma triacylglycerol and plasma LDL is said to be a critical coronary risk index [54].

Furthermore, result obtained from this study shows that ATR-MET induced marked increase in renal and hepatic damage biomarkers as evidenced by the significant increase in plasma urea and creatinine levels (renal indices), as well as ALT, AST activities and bilirubin level (hepatic biomarkers). The increased levels of urea and creatinine may indicate acute or chronic kidney disease which may be associated with long duration of symptoms; absence of acute illness, anaemia, hyperphosphataemia, hypocalcaemia [55]. The activities of ALT, AST and the level of bilirubin are useful tools to investigate chemical and drug-induced liver injury, elevation of these indices indicate the liver damaging effect of the administered herbicide in this study [56]. The cytotoxic effect of ATR-MET administration is also revealed by the increased plasma activity of ALP and ACP. These two enzymes are commonly used as a marker enzyme for the integrity of the plasma membrane and endoplasmic reticulum [57,58]. Excess of phosphatases is harmful to the survival of the cells since this may lead to arbitrary hydrolyzation of orthophosphate monoesters [53]. The elevation in the activities of ALP and ACP observed in this study suggests that the integrity of the membrane systems of the animals' hepatic tissue has been compromised by the administration of the herbicide in a dose-responsive manner, corroborating other hepatic indices that the herbicide could be hepatotoxic.

In addition to in vivo studies, molecular docking was used to characterize the structural binding of atrazine, metolachlor and testosterone with AR to probe the possible endocrine-disrupting ability of these compounds in AR signalling. Like testosterone, metolachlor interacted with the ligand-binding pocket of AR via hydrogen bonding and hydrophobic interactions, but with an additional pi-pi (electrostatic) interaction. The binding energy of metolachlor with AR was higher than that of testosterone, a native ligand of this receptor (Table 8). The amino-acid residue interactions of metolachlor had very high similarity compared to that of testosterone; common hydrogen bonding interaction with amino-acid SER851 and common hydrophobic interaction with ARG855 of AR (Figures 7a and 8a). This structural binding pattern suggested the potential of metolachlor to disrupt AR signalling, which could cause androgen-related reproductive impairment, a similar pattern reported by Beg and Sheikh on the endocrine disruption capacity of di(2-ethylhexyl) phthalate and its metabolites (Beg and Heikh, 2020). This study has used in vivo and in silico evaluations to probe the safety of ATR-MET. The results obtained serve as a basis for further studies on the toxic potentials of ATR-MET in other experimental models, especially in humans.

From the results obtained in this study, it may be concluded that exposure to ATR-MET, a combination of atrazine and metolachlor could promote cardiovascular, renal, hepatic as well as reproductive impairment in the male rats, implying possible similar toxic effects in humans, a concern that deserves further investigation.

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Conflict of interest

The authors declare that they have no known competing financial interest or personal relationships that could have appeared to influence this work.

CRediT author statement

ETP: Conceptualization, Supervision, Writing-Review & Editing; AO: Conceptualization, Investigation, Writing-Review & Editing; KEA: Data Curation, Writing-Original draft Preparation, Formal analysis, Writing- Review & Editing; OO: Investigation, Data Curation, Writing- Review & Editing.

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