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# Isodeoxyelephantopin, a Sesquiterpene Lactone Induces ROS Generation, Suppresses NF- $\kappa$ B Activation, Modulates LncRNA Expression and Exhibit Activities Against Breast Cancer

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The sesquiterpene lactones, Isodeoxyelephantopin (IDET) and Deoxyelephantopin (DET) are known to exhibit activities against some cancer types. The activities of these lactones against breast cancer and the molecular bases is not known. We examined the efficacy of lactones in breast cancer preclinical model. Although both lactones exhibited drug like properties, IDET was relatively effective in comparison to DET. IDET suppressed the proliferation of both invasive and non-invasive breast cancer cell lines. IDET also suppressed the colony formation and migration of breast cancer cells. The assays for Acridine Orange (AO)/Propidium Iodide (PI) staining, cell cycle distribution, phosphatidylserine externalization and DNA laddering suggested the apoptosis inducing potential of IDET. The treatment with IDET also induced an accumulation of cells in the sub-G1 and G2/M phases. The exposure of breast cancer cells to the lactone was associated with a depolarization in mitochondrial membrane potential, and cleavage of caspase and PARP. The lactone induced reactive oxygen species (ROS) generation in breast cancer cells. Further, the use of N-acetyl cysteine (NAC) suppressed IDET induced ROS generation and apoptosis. The NF- $\kappa$ B-p65 nuclear translocation induced by okadaic acid (OA) was suppressed by the sesquiterpene. IDET also suppressed the expression of NF- $\kappa$ B regulated tumorigenic proteins, and induced the expression of proapoptotic gene (Bax) in cancer cells. While the expression of oncogenic lncRNAs was suppressed, the tumor suppressor lncRNAs were induced by the sesquiterpene. Collectively, the modulation of multiple cell signaling molecules by IDET may contribute to its activities in breast cancer cells.

The long non-coding RNAs (lncRNAs) containing equal to more than 200 nucleotides constitute a major class of non-coding RNAs. The lncRNAs play crucial role in multi-steps of tumor development<sup>1</sup>. The preclinical and clinical studies suggest the diagnostic, prognostic and therapeutic potential of lncRNAs<sup>2</sup>. The lncRNAs are often dysregulated in a variety of cancer types including breast cancer<sup>3</sup>.

The lncRNAs can cross talk with other cancer associated molecules such as nuclear factor kappa B (NF- $\kappa$ B), p53, and signal transducer and activator of transcription 3 (STAT3)<sup>4</sup>. Originally identified in the mid-1980s in response to pathogens and viruses<sup>5</sup>, NF- $\kappa$ B is frequently dysregulated in the breast cancer patients. NF- $\kappa$ B is also involved in the development of breast cancer chemoresistance<sup>6</sup>. Under physiological conditions, the heterotrimeric NF- $\kappa$ B (consisting of p65, p50 and I $\kappa$ B $\alpha$ ) is localized in the cytoplasm. For NF- $\kappa$ B to be activated, the

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IKK $\beta$  must undergo phosphorylation, ubiquitination and degradation. The p65-p50 subunit is then released and translocate from the cytoplasm to the nucleus. NF- $\kappa$ B can modulate multiple cancer related genes and promote the breast cancer growth<sup>7</sup>. During recent years, an association between NF- $\kappa$ B activation pathway and lncRNAs has been reported<sup>8</sup>. Some of the NF- $\kappa$ B associated lncRNAs include antisense non-coding RNA in the INK4 locus (ANRIL)<sup>9</sup>, HOX transcript antisense RNA (HOTAIR)<sup>10</sup>, Lethe<sup>11</sup>, Metastasis Associated Lung Adenocarcinoma Transcript 1 (MALAT1)<sup>12</sup>, NF- $\kappa$ B interacting lncRNAs (NKILA)<sup>13</sup> and H19<sup>14</sup>.

Because of their crucial role during tumorigenesis, lncRNAs has been targeted therapeutically by the approaches such as antisense oligonucleotides and RNAi technology. However, the studies on the pharmacological intervention of lncRNAs are limited. Since cancer is a multigenic disease, promiscuous drugs with ability to modulate multiple targets are preferred. The agents derived from nature offer potential because of their multi-targeting nature. Approximately 50% of the anticancer drugs approved between 1940 and 2014 were either natural products or drugs derived directly from natural products<sup>15</sup>. *Elephantopus scaber* Linn (family Asteraceae) is a small herb mainly distributed in Africa, Asia, Australia and Europe<sup>16</sup>. The extract from this plant has been shown to exhibit analgesic, anti-asthmatic, anti-diabetic, anti-inflammatory, anti-microbial, anti-oxidant, anti-platelet, hepatoprotective and wound healing activities<sup>17</sup>. The sesquiterpene lactones such as Isodeoxyelephantopin (IDET) and Deoxyelephantopin (DET) are the major constituents from this plant. The sesquiterpenes are known to exhibit activities against colorectal cancer<sup>18</sup>, liver cancer<sup>19</sup>, lung cancer<sup>20</sup> and nasopharyngeal carcinoma<sup>21</sup>. Previous studies have demonstrated that IDET exhibit activities against some cancer types. However, its potential in breast cancer and the molecular mechanism remains poorly understood. Because breast cancer is an inflammatory disease and IDET is known to exhibit anti-inflammatory activities, our hypothesis in this study was that IDET exhibit activities in breast cancer by modulating inflammatory pathways. A previous study demonstrated that IDET induces cell cycle arrest at G2/M phase in nasopharyngeal carcinoma<sup>21</sup>. In chronic myeloid leukemia cells, IDET can suppress constitutive and inducible NF- $\kappa$ B activation<sup>22</sup>. Conversely, IDET favored lung cancer cell survival through Nrf2-p62-keap1 mediated protective autophagy<sup>20</sup>.

The aim of this study was to examine the anticancer potential of IDET and DET in breast cancer cells. Whether IDET can modulate lncRNAs expression, generation of reactive oxygen species (ROS) and NF- $\kappa$ B activation was also investigated.

## Material and Methods

**Experimental procedures.** *Reagents.* IDET and DET was isolated from *Elephantopus scaber* Linn in the laboratory of Dr. Mangalam Nair (CSIR-NIIST, Thiruvananthapuram, India). Doxorubicin hydrochloride was purchased from Tokyo Chemical Industry (Tokyo, Japan). The trypsin-EDTA, streptomycin, penicillin, Dulbecco's Modified Eagle's Medium (DMEM) and N-Acetyl-L-cysteine (NAC) were obtained from Himedia (Mumbai, Maharashtra). The dimethyl sulfoxide (DMSO), crystal violet and 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyl tetrazolium bromide (MTT) were purchased from SRL Diagnostics (Mumbai, Maharashtra). Acridine orange; ethidium bromide; propidium iodide; 5,5',6,6'-Tetrachloro-1,1',3,3'-tetraethyl benzimidazolyl carbocyanine iodide (JC-1); 4',6-diamidino-2-phenylindole (DAPI); 2',7'-dichlorodihydrofluorescein diacetate (H2DCFDA); Alexa Fluor 488; agarose; Annexin V staining kit and fetal bovine serum (FBS) was obtained from Invitrogen (Carlsbad, California). The antibodies for Bcl-xL, Bcl-2, p65, MMP-9 and PARP were obtained from Santa Cruz Biotechnology (Santa Cruz, California). The cleaved caspase 7 and cleaved caspase 9 antibodies were procured from Cell Signaling Technology (Danver, Massachusetts). The primers for cyclinD1, survivin, Bax, ANRIL, lincRNA-Tnfaip3, HOTAIR, GAS5, NKILA, H19 and GAPDH were purchased from Eurofins Genomics (Bangalore, Karnataka). Maxima SYBR Green/ROX qPCR Master Mix (2X) was obtained from Thermo Fisher Scientific (Baltics, Lithuania).

*Cell lines.* We obtained breast cancer cell lines (MDA-MB-468, MDA-MB-453, MDA-MB-231, T47D and MCF-7) from National Centre for Cell Science (NCCS), Pune, India. The cells were cultured in the high glucose DMEM medium. The media was supplemented with FBS (10%), streptomycin (100  $\mu$ g/mL) and penicillin (100 units/mL).

*Cell viability assay.* The mitochondrial reductase activity<sup>23</sup> was estimated to examine the effects of IDET and DET on the breast cancer cells viability. In brief, 5,000 cells were seeded in each well of 96 well plate. The cells were then treated with different concentrations of agents for 12–72 hrs. Finally, the formation of purple formazan was measured using MTT as the substrate.

*Clonogenic assay.* We performed an assay as reported before with minor modifications<sup>24</sup>. The cells were first treated with IDET for 24 hrs. The agent was then washed off and the cells were allowed to form colonies. After 7 days, the colonies were stained with crystal violet (0.25%) and counted manually.

*Live/dead cell discrimination assay.* For this assay, we used acridine orange (AO) and propidium iodide (PI) dual staining. AO is permeable to both live and dead cells; it can stain nucleated cells to generate green fluorescence. PI can enter and stain only dead cells with compromised membrane integrity to generate red fluorescence. Briefly, cells (MCF-7 and MDA-MB-231) were treated with 5–25  $\mu$ M IDET for 24 hrs, washed and stained with AO/PI (100  $\mu$ g/mL). Finally, we examined the stained cells under fluorescence microscope.

*Phosphatidylserine externalization assay.* A marker for the early phases of apoptosis is the externalization of phosphatidylserine (PS) from the inner surface of the plasma membrane to the outer surface. This results in the disruption of membrane symmetry. For this, we used annexin V/PI staining and followed a method as provided by the supplier (Invitrogen).

Gene/lncRNA	Forward sequence (5'-3')	Reverse sequence (5'-3')
<b>Semi-quantitative RT-PCR</b>		
Bax	CCAAGAAGCTGAGCGAGTGT	CCGAGGAAGTCCAATGTC
Cyclin D1	CTCCACCTCACCCCTAAAT	AGAGCCCAAAGCCATCC
Survivin	GACACTTAGTATGGGAGGGTTG	ACCAAGGCACCAGCATATAG
GAPDH	GCTCTCTGCTCCTCTGTTC	ACGACCAAATCCGTTGACTC
<b>Quantitative RT-PCR</b>		
H19	ATCGGTGCCTCAGCGTTCGG	CTGTCCTCGCCGTCACACCG
GAS5	CTTCTGGGCTCAAGTGATCCT	TTGTGCCATGAGACTCCATCAG
NKILA	TGGATTGTTGGGTATATTTTGGGA	TGTATGAAGAGGATGCTGAAGGC
lincRNA-Tnfaip3	GGCTCAGTTGCCATAGAGACTC	CCCACAGCCTACCAAACATC
ANRIL	TGCTCTATCCGCCAATCAGG	GGGCCTCAGTGGCACATACC
HOTAIR	GGTAGAAAAGCAACCACGAAGC	ACATAAACCTCTGTCTGTGAGTGCC
ACTB	CTGTGGCATCCACGAAAC	CAGACAGCACTGTGTTGG
5Sr RNA	GGCCATACCACCTGAACGC	CAGCACCCGGTATCCCAGG

**Table 1.** The sequences of the primers used in the semi-quantitative and quantitative RT-PCR.

**DNA laddering assay.** DNA laddering wherein nuclear DNA undergo fragmentation is one of the key features of apoptosis. This assay was performed using a previously described method with minor modifications<sup>25</sup>. In brief, the cell lysis was performed at 37 °C for 30 min in a buffer consisting of 20 mM EDTA, 100 mM Tris (pH 8.0), RNaseA (500 unit/ml), and 0.8% SDS. The cell lysate was partially deproteinized with proteinase k (20 mg/mL) for 2 hrs at 55 °C. The DNA was precipitated with chloroform and isopropanol. After washing with 70% ethanol and air drying, Tris-EDTA buffer was used to dissolve the DNA. The agarose gel (1.5%) containing ethidium bromide was used to electrophorese the DNA. Finally, the gel documentation (BioRad Gel Doc XR+) was used for the visualization and imaging of DNA bands.

**Cell cycle analysis.** The cells were stained with PI to examine if IDET affects different cell cycle phases. After treatment with various concentrations of IDET, the cells were washed with PBS and fixed with 70% chilled methanol. The RNaseA was used for the treatment of cells followed by staining with PI. We used flow cytometer to assess the percentage of cells and the Cell Quest software (Becton Dickinson) for the analysis.

**Measurement of mitochondrial membrane potential ( $\Delta\Psi$ ).** The effects of IDET on mitochondrial membrane potential was examined using a previously described method<sup>26</sup>. In brief, cells were exposed to 10–50  $\mu$ M IDET, washed and incubated in the dark (at 37 °C for 20 minutes) with 10  $\mu$ g/mL JC-1. Cells were then washed and imaged under fluorescence microscopy. Whereas green fluorescence is an indicator of depolarized mitochondria, intact mitochondria produce red fluorescence.

**Western blot analysis.** The western blot analysis was performed to examine the effects of IDET on the expression of tumorigenic proteins<sup>27</sup>. Briefly, the whole cell lysate was prepared from normal and IDET treated cells. After separation on the SDS-PAGE and transferring onto nitrocellulose membrane, the proteins were probed with primary and secondary antibodies. Finally, the ECL reagent was used for the detection of the protein signals.

**Immunocytochemistry for the NF- $\kappa$ B p65 cellular localization.** For this, we used a previously described method<sup>27</sup>. Briefly, paraformaldehyde and PBST were used for the fixing and permeabilization of the cells, respectively. After probing with antibodies (primary and secondary) and counterstaining with DAPI, the cells were imaged under fluorescence microscope.

**Cell migration assay.** Whether IDET affects cell migration was examined by scratch (wound healing) assay<sup>28</sup>. Briefly, at the 70% confluency, the monolayer cells were wounded with a sterile culture tip. After washing the debris, IDET was applied over cells. The wounded area was examined at 0, 9, 24 and 48 hrs by phase contrast microscope. The image J software was used to calculate the healed area and wound size at each time point.

**Estimation for ROS generation.** The potential of IDET to generate ROS in breast cancer cells was examined by flow cytometry<sup>29</sup>. Briefly, the control and treated cells were stained with 10  $\mu$ M H2DCFDA for 1 hr in the dark. We used flow cytometry to examine the stained cells and Cell Quest software (Becton Dickinson) for the data analysis.

**Semi-quantitative and quantitative RT-PCR.** We performed semiquantitative RT-PCR to examine the IDET's effects on the expression of mRNA transcripts of cyclin D1, survivin and Bax. The quantitative real-time PCR was performed to examine the IDET's effects on the lncRNA expression<sup>30</sup>. Table 1 lists the primer sequences used for the amplification of the gene of interest.

The trizol reagent was used for the isolation of total RNA by following the manufacturer's instructions (Invitrogen). The high capacity cDNA synthesis kit was used for reverse transcription.

We used 1.5% agarose gel for the electrophoresis of the PCR product. The densitometry and ImageJ software were used for the quantification of DNA bands. The PCR product for the gene of interest were normalized to GAPDH. The Maxima SYBR Green/ROX qPCR Master Mix and Applied Biosystems 7500 Real-Time system was used for the quantitative real-time PCR analyses of lncRNA expression. The data analysis was performed using a method as described previously<sup>31</sup>. The values for house-keeping genes (ACTB and 5SrRNA) were used for the normalization of the data.

**In silico analysis.** The drug like properties of IDET (Pub Chem ID: 38359583) and DET (Pub Chem ID: 6325056) were examined by analyzing Lipinski's rule of five (<http://www.molinspiration.com/cgi-bin/properties>) and ADMET (absorption, distribution, metabolism, excretion and toxicity)<sup>32</sup>. SMILE IDs of IDET and DET were obtained from Pub Chem database. CORINA 3D server was used to convert the SMILE ID to .pdb files. PDB ID 1NFI was used to procure 3D structure of NF- $\kappa$ B-p65 (Chain A), NF- $\kappa$ B-p50 (Chain B) and I $\kappa$ B $\alpha$  (Chain E). 2EVA and 5TQY was used to procure TAK-1 and IKK $\alpha$ , respectively. Auto Dock Tool 4 was used for the identification of binding affinities and poses of ligands and proteins<sup>33,34</sup>.

**Statistical analysis.** Different end points were performed in control and treated groups. We performed the unpaired Student's t-test for the comparison between the two groups. Statistical significance was calculated at a value of  $P < 0.05$ .

## Results

In this study, we examined the relative potency of IDET and DET in breast cancer cells (Fig. 1A). Preliminary experiments were performed with both IDET and DET. However, most experiments were performed with IDET. We examined the anti-tumorigenic and anti-inflammatory activities of IDET. Because of availability of multiple variants, MDA-MB-231 was used for most experiments. We also used other cell lines such as T-47D and MCF-7 to examine the IDET's specificity. The underlying mechanism for the anti-carcinogenic activities of IDET was examined.

### IDET exhibit stronger anti-proliferative activities in breast cancer cells as compared to DET.

First, the relative anti-proliferative activities of IDET and DET was examined. We exposed MDA-MB-231 cells to 1–100  $\mu$ M IDET and DET for 12–72 hrs. The mitochondrial reductase activity was measured using the MTT substrate. The anti-proliferative activities of IDET was stronger as compared to DET (Fig. 1B). For example, the cell proliferation was suppressed by 36% when cells were exposed to 10  $\mu$ M DET for 72 hrs (Fig. 1C). However, the cell proliferation was suppressed by 50% after exposure of cells to 10  $\mu$ M IDET for 72 hrs. Similarly, a respective 10% and 27% suppression in cell proliferation was observed after exposure of cells for 12 hrs to 25  $\mu$ M DET and 25  $\mu$ M IDET, respectively.

Whether IDET and DET possess drug like properties was examined by *in silico* tools. Using Lipinski's rule of five and ADMET analysis, we found that both IDET and DET exhibited similar characteristics (Table 2). The predicted lipophilicity (log P), topological polar surface area, molecular weight, hydrogen bond acceptor, hydrogen bond donor, and rotatable bonds were found to be 2.25, 78.92, 344.36, 6, 0, and 3, respectively. Furthermore, both IDET and DET were permeable to blood brain barrier and intestine without any evidence of carcinogenic and genotoxic effects.

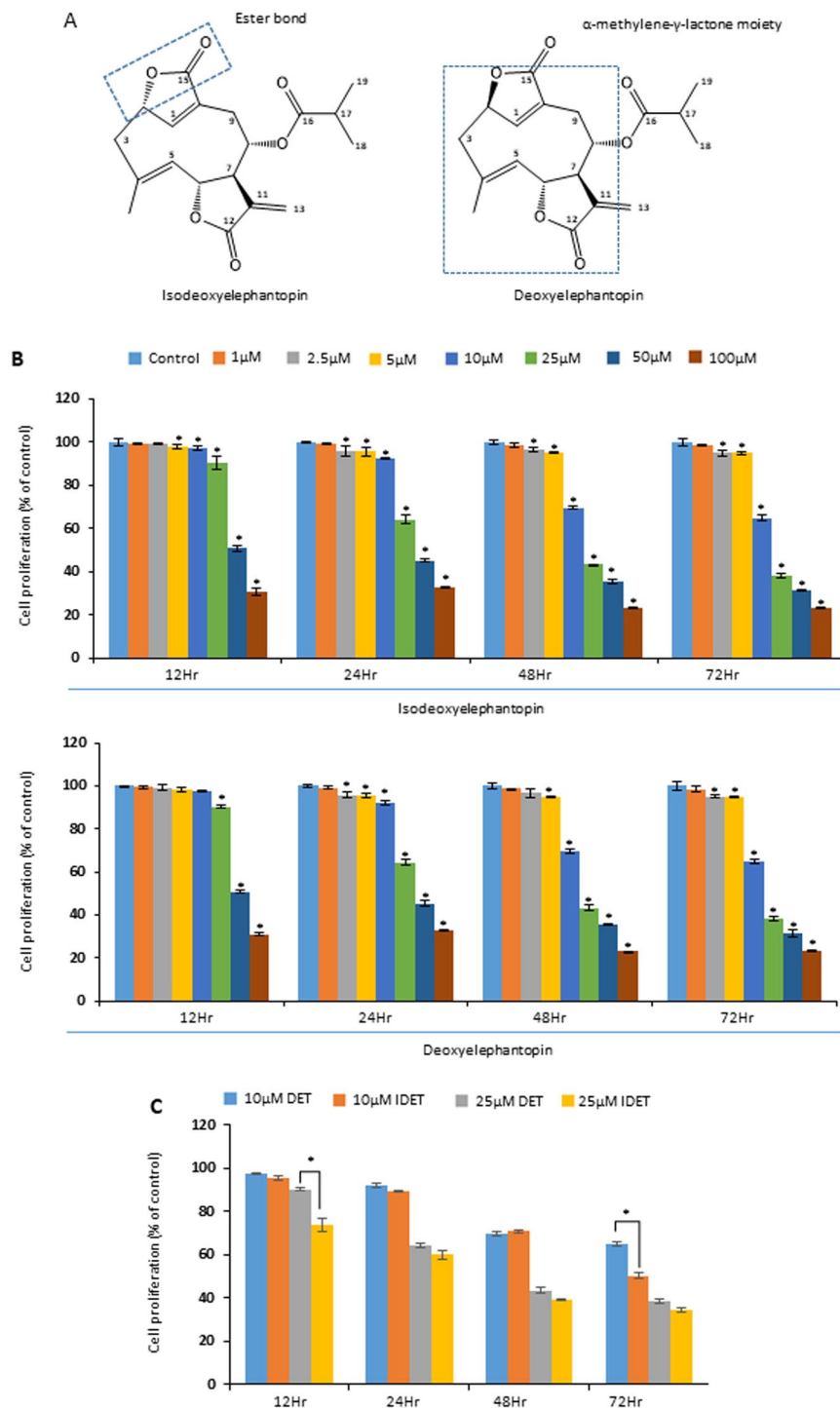
Because the anti-proliferative activities of IDET was relatively stronger as compared to DET, we used IDET for most of the other experiments.

**IDET suppresses the proliferation of multiple breast cancer cells.** Whether the anti-proliferative activities of IDET is specific to one cell line was examined. For this, we used multiple breast cancer cell lines. T47D, MCF-7, MDA-MB-468 and MDA-MB-453 cells were treated with 1–100  $\mu$ M IDET for 72 hrs. The cell viability was decreased in a dose dependent manner (Fig. 2A). Similarly, when cells were exposed to 25  $\mu$ M IDET for 24–72 hrs, the viability of cells was suppressed in a time dependent manner (Fig. 2B). These observations suggest that the effects of IDET is not cell-type specific.

**IDET suppresses the colony formation of breast cancer cells.** Whether IDET affects the colony formation of breast cancer cells was examined. We exposed MCF-7 (Fig. 3A) and MDA-MB-231 (Fig. 3B) cells to 1–25  $\mu$ M IDET for 24 hrs. The IDET was then washed off and the colony formation was examined after 7 days. At a concentration as low as 2.5  $\mu$ M IDET, a drastic decrease in the colony formation was observed.

**Breast cancer cells are sensitized to doxorubicin by IDET.** Doxorubicin is a commonly used chemotherapy for breast cancer. However, patients develop resistance over time. Whether the sensitivity of breast cancer cells to doxorubicin can be enhanced by IDET was examined. We exposed MCF-7 cells to different concentrations of IDET before treatment with doxorubicin. Both IDET and doxorubicin suppressed the viability of cancer cells (Fig. 3C). However, when cells were pretreated with IDET, the sensitivity of cells to doxorubicin was significantly increased. For example, at 0.25  $\mu$ M doxorubicin, 7% reduction in the viability of cells was observed. However, the pretreatment of cells with 1  $\mu$ M and 10  $\mu$ M IDET before 0.25  $\mu$ M doxorubicin reduced the viability by 17% and 58%, respectively.

**IDET induces apoptosis in breast cancer cells.** One possibility for the reduction in the viability of cells after IDET treatment may be due to induction of apoptosis. A variety of assays were performed to examine the apoptosis inducing potential of IDET. First, AO/PI dual staining was carried out to accurately determine the cell viability. After dual staining, the live nucleated cells fluoresce green and the dead nucleated cells fluoresce red. An increase in the IDET concentration was associated with a decrease in the viability of MCF-7 cells and increased

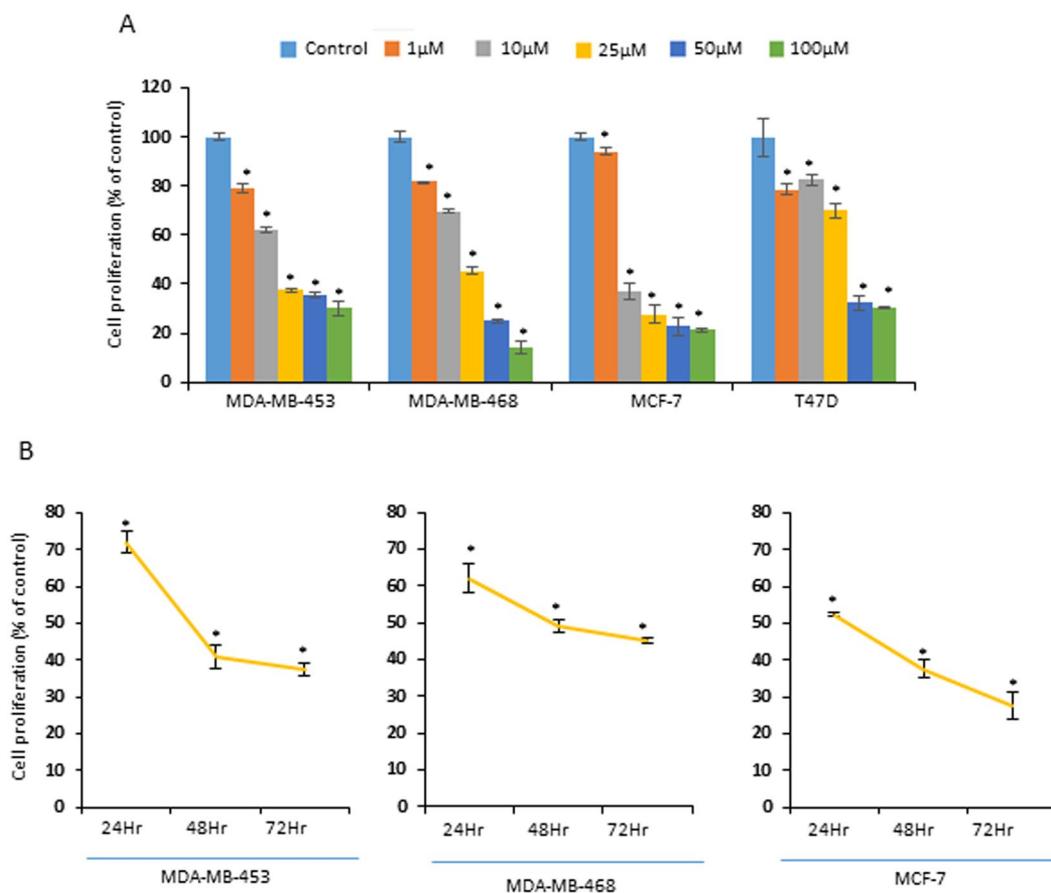


**Figure 1.** IDET is more effective in suppressing the breast cancer cells proliferation as compared to DET. **(A)** The chemical structure of IDET and DET. **(B)** MDA-MB-231 cells were exposed to different concentrations of IDET and DET for 12–72 hrs. The MTT assay was used to examine the proliferation of cells. **(C)** The relative sensitivity of MDA-MB-231 cells to 10  $\mu\text{M}$  and 25  $\mu\text{M}$  concentrations of two agents was examined at 12–72 hrs. The values indicate mean  $\pm$  SE (3 experiments). \*Shows the significance level in comparison to untreated group;  $P < 0.05$ . IDET, isodeoxyelephantopin; DET; deoxyelephantopin.

number of dead cells (Fig. 4A, left). A similar trend in the viability of MDA-MB-231 cells was observed after treatment with IDET (Fig. 4A, right). The membrane blebbing and nuclear condensation, which are characteristics of early apoptosis was also observed after IDET treatment. Next, we examined the effects of lactone on the cell cycle distribution by flow cytometry. While the percentage of cells in the sub-G1 and G2/M phase was increased, a decrease in the population of cells in the G1 and S phase was observed after IDET treatment (Fig. 4B). For example, 3.5 folds increase in the sub-G1 population was observed at 25  $\mu\text{M}$  IDET in comparison to control. Similarly,

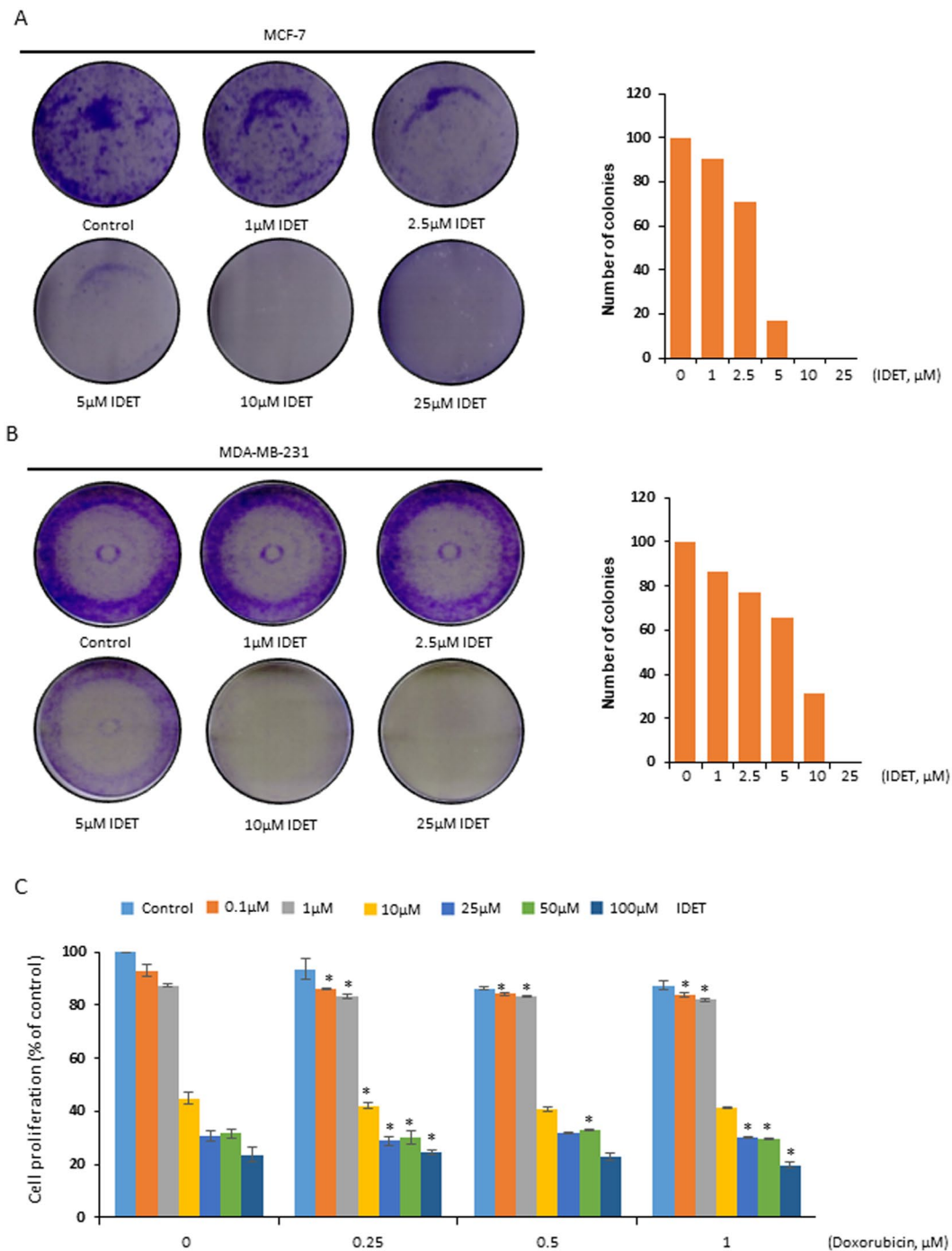
Ligand	Absorption		Metabolism										Excretion	Toxicity		
	BBB	HIA	P-Glycoprotein		CYP-450 substrate			CYP-450 inhibitor						ROCT	AMES	Carcinogen
			Pg-S	Pg-I 1/2	2C9	2D6	3A4	1A2	2C9	2D6	2C19	3A4				
-IDET [Pubchem ID: 38359583; SMIL ID: CC1=CC2C(C(CC3=CC(C1)OC3=O)OC(=O)C(=C)C)C(=C)C(=O)O2]	+	+	-	-/+	-	-	-	-	-	-	-	-	-	-	-	-
DET [Pubchem ID: 6325056; SMIL ID: CC1=CC2C(C(CC3=CC(C1)OC3=O)OC(=O)C(=C)C)C(=C)C(=O)O2]	+	+	-	-/+	-	-	-	-	-	-	-	-	-	-	-	-

**Table 2.** *In silico* ADMET analysis of IDET and DET. Abbreviation: IDET, Isodeoxyelephantopin; DET, Deoxyelephantopin.



**Figure 2.** IDET suppresses the proliferation of multiple breast cancer cells in a dose- and time-dependent manner. Breast cancer cell lines (T47D, MCF-7, MDA-MB-468, MDA-MB-453) were exposed to (A) different concentrations of IDET for 72 hrs or (B) 25 μM IDET for 24–72 hrs. The proliferation of cells was assessed by measuring the mitochondrial reductase activity. The values indicate mean ± SE (3 experiments). \*Shows the significance level in comparison to untreated group;  $P < 0.05$ . IDET, isodeoxyelephantopin.

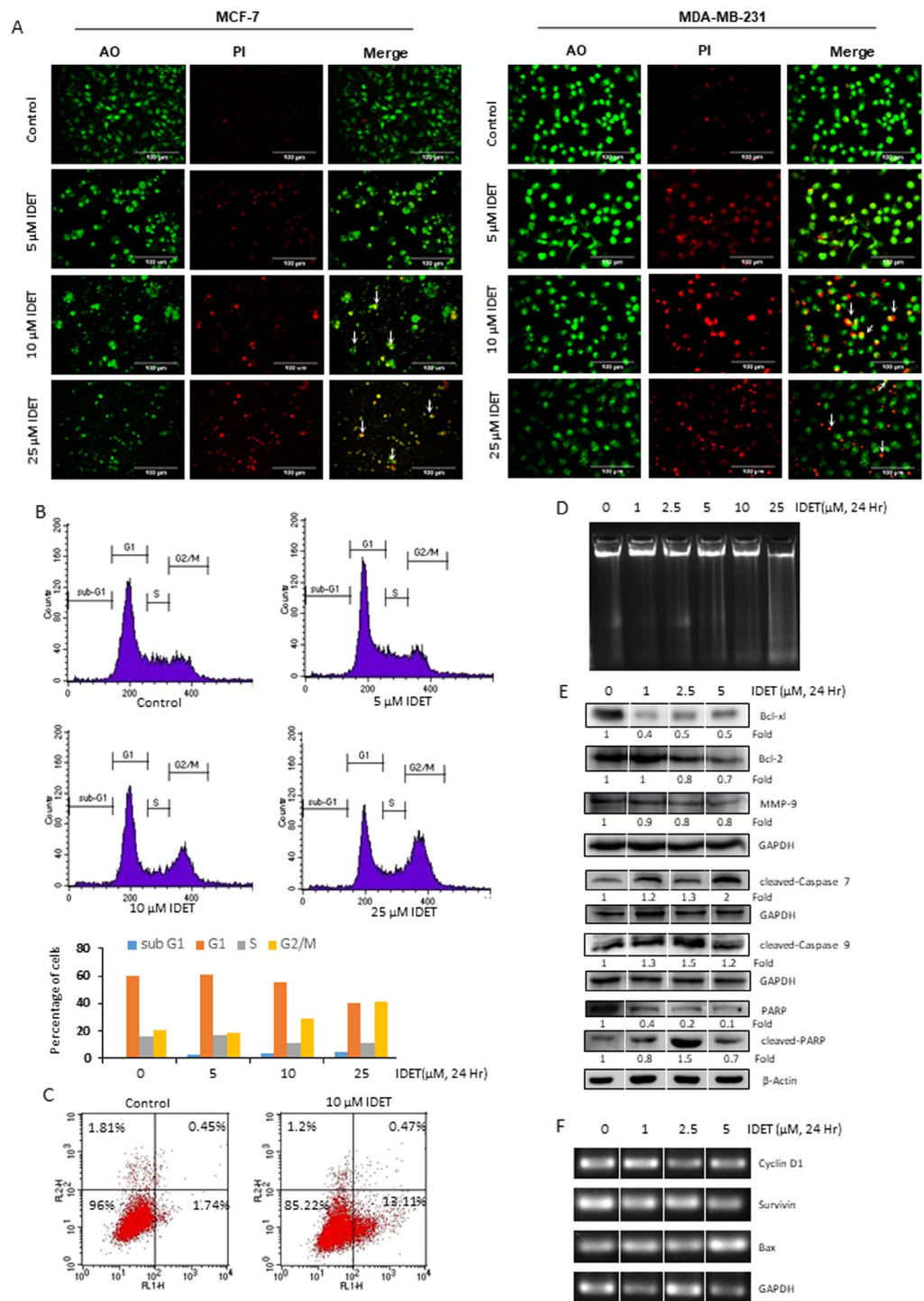
2 folds increase in the G2/M phase was observed at 25 μM IDET in comparison to control. Overall, these results suggest that IDET induces cell cycle arrest at sub-G1 and G2/M phase in MDA-MB-231 cells. A key feature of early apoptosis is the PS externalization from the inner surface to the outer surface of plasma membrane that disrupts the membrane symmetry. While Annexin V has a high affinity for PS, PI binds to DNA<sup>35</sup>. Thus, dual staining with Annexin V and PI can be used to distinguish cells undergoing early apoptosis and late apoptosis. In control group, 1.7% cells were stained with Annexin V. However, 13.1% Annexin V positive cells were observed at 10 μM IDET (Fig. 4C). The late stages of apoptosis are associated with cleavage of DNA into 180–200 base pair fragments known as DNA ladders. Exposure of cells to IDET induced DNA laddering in a concentration dependent manner (Fig. 4D). Next, we examined if IDET can modulate the expression of tumorigenic proteins. The expression of anti-apoptotic (Bcl-xL, Bcl-2) and invasive (MMP-9) proteins was significantly suppressed while an induction in caspase and PARP cleavage was observed by IDET (Fig. 4E). The lactone also suppressed the expression of mRNA transcript of genes involved in cell survival (survivin) and proliferation (cyclin D1) (Fig. 4F). The



**Figure 3.** IDET suppresses the colony formation and enhances the sensitivity of breast cancer cells to doxorubicin. **(A,B)** MDA-MB-231 and MCF-7 cells (1000 cells/well) were exposed to different concentrations of IDET. After 24 hrs, IDET was washed off and cells were allowed to form colonies for 7 days. After staining with 0.1% crystal violet, the colonies were counted manually. IDET reduced the colonies number in a dose dependent manner. **(C)** MCF-7 cells were treated with different concentrations of IDET. After 24 hrs, IDET was washed off and cells were treated with different concentrations of doxorubicin for another 24 hrs. The combination of two agents significantly suppressed the viability of cells in comparison to individual agents. Where shown, the values are mean  $\pm$  SE (3 experiments). \*Shows the significance level in comparison to untreated group;  $P < 0.05$ . IDET, isodeoxyelephantopin.

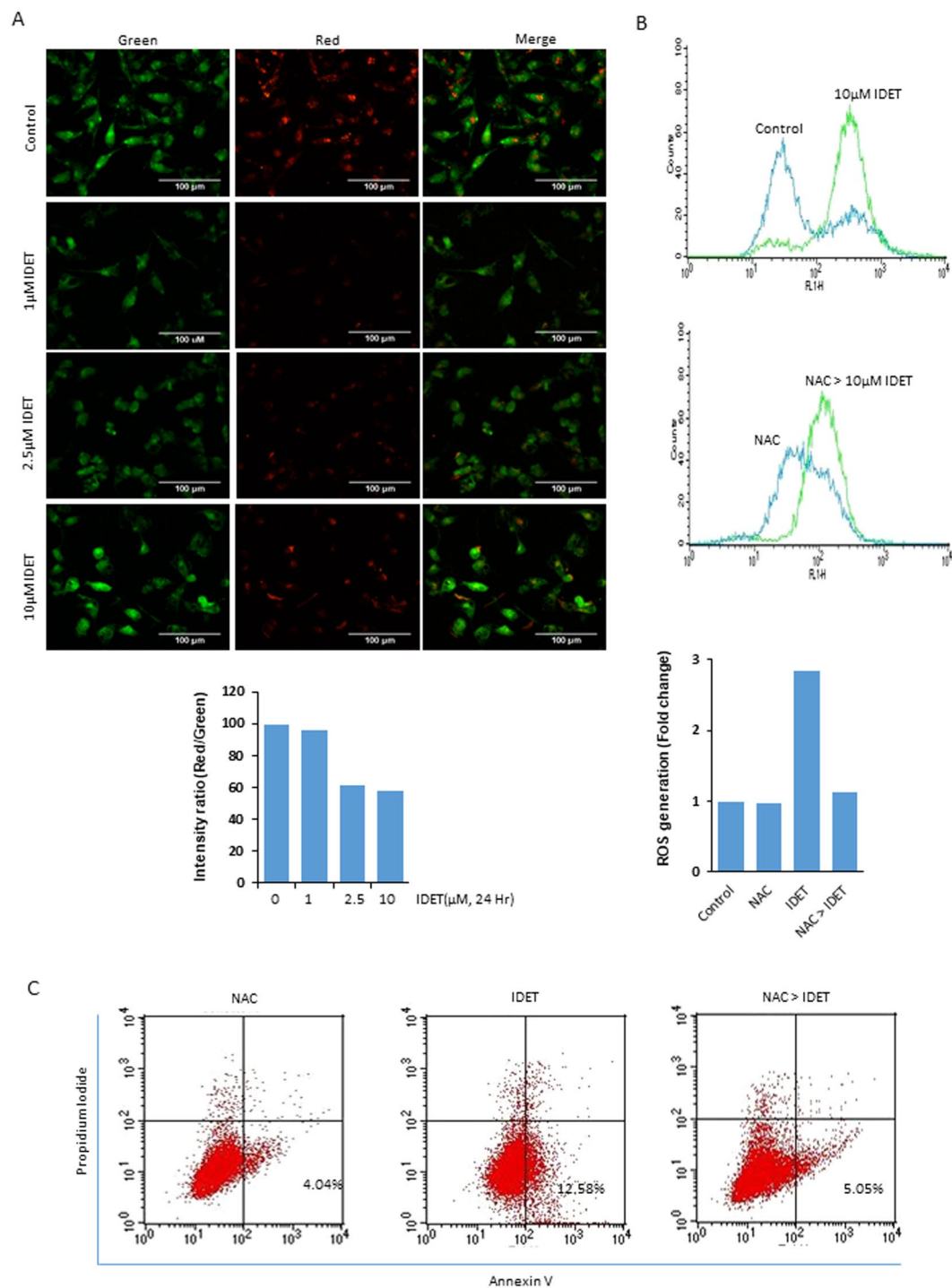
expression of mRNA transcript of proapoptotic Bax was also induced by IDET (Fig. 4F). Collectively, IDET can induce apoptosis in breast cancer cells.

**IDET disrupts mitochondrial membrane potential and induces ROS generation in breast cancer cells.** We used the fluorochrome JC-1 to examine if IDET induced apoptosis in breast cancer cells require mitochondria.



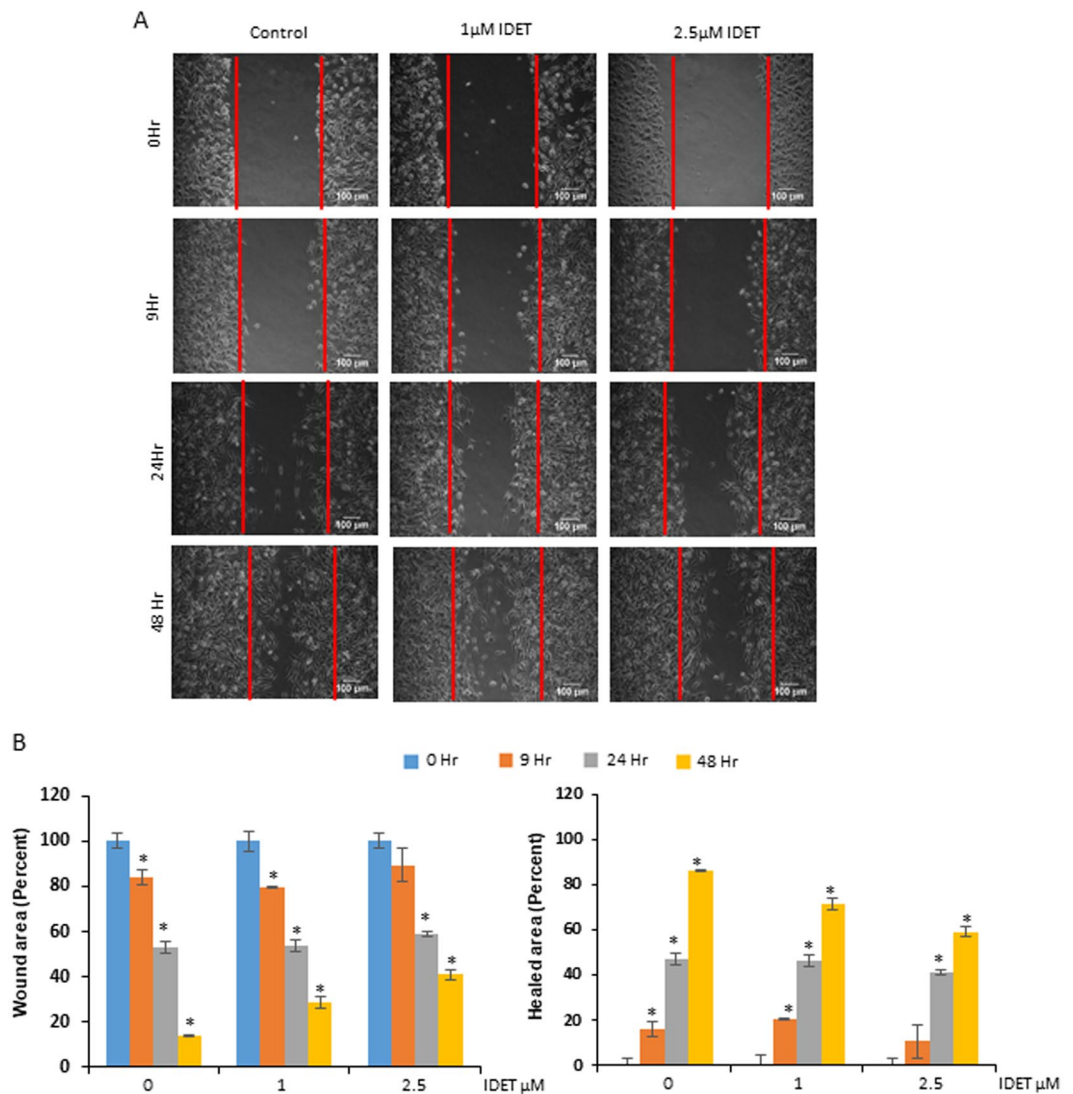
**Figure 4.** IDET induces apoptosis in breast cancer cells. (A) MDA-MB-231 and MCF-7 cells were treated with 5, 10 and 25  $\mu$ M IDET. After 24 hrs, cells were stained with AO/PI, washed and examined under fluorescence microscope. (B) Untreated and IDET treated MDA-MB-231 cells were stained with PI, and flow cytometry was used to analyze the cells at different phases of cell cycle. (C) IDET induces PS externalization in breast cancer cells. MDA-MB-231 cells were exposed to 10  $\mu$ M IDET for 24 hrs, stained with Alexafluor 488 conjugated annexin V antibody and analyzed by flow cytometry. (D) DNA was extracted from control and treated cells and electrophoresed on 1.5% agarose gel containing ethidium bromide. (E) The whole cell extract obtained from untreated and treated MDA-MB-231 cells was used to examine the expression pattern of cell survival, invasive, cleaved caspase, and PARP proteins. The corresponding GAPDH and  $\beta$ -Actin was used for the normalization of the data. The fold reduction in the experimental group as compared to the control group is indicated below the blot. (F) The RNA was extracted from the untreated and treated cells, reverse transcribed, amplified by PCR, electrophoresed on the agarose gel and stained with ethidium bromide. The blots were derived from the same gel and the data was normalized using GAPDH as an internal control. IDET, isodeoxyelephantopin.





**Figure 5.** IDET disrupts mitochondrial membrane potential and induces ROS generation. **(A)** MDA-MB-231 cells were treated with 1–10  $\mu\text{M}$  IDET. After 24 hrs, the cells were stained with JC-1 and examined under the fluorescence microscope. Whereas green fluorescence indicates the cells with depolarized mitochondria, red fluorescence shows cells with intact mitochondria. **(B)** Cells were treated with indicated concentrations of IDET without or with pre-treatment of NAC for 1 hr. The cells were then stained with H2DCFDA (10  $\mu\text{M}$ ) for 30 minutes and flow cytometry was used to measure ROS generation. **(C)** Control and treated cells were stained with Alexafluor 488 conjugated annexin V antibody and analyzed by flow cytometry for PS externalization. IDET, isodeoxyephantopin; NAC, N-acetyl-L-cysteine.

In control cells with intact mitochondria, the fluorochrome produces red fluorescence. However, with the depolarization of mitochondria and the reduction of the mitochondrial membrane potential, the intensity of the green fluorescence is increased. The staining of control cells with JC-1 produced prominent red fluorescence and minimal green fluorescence (Fig. 5A). However, the treatment of cells with IDET produced a reduction in the red



**Figure 6.** The breast cancer cells migration is suppressed by IDET. (A) The MDA-MB-231 cells were seeded and allowed to grow till 70% confluency. The cells were then scratched using sterile micro tip and exposed to different concentrations of IDET. (B,C) The width of the scratched area over a period of time was visualized examined under phase contrast microscope. Then, the wound size and healed area (percent) was calculated. The migration potential of MDA-MB-231 cells was decreased by IDET. Where shown, the values are mean  $\pm$  SE (3 experiments). \*Shows the significance level in comparison to untreated group;  $P < 0.05$ . IDET, isodeoxyelephantopin.

fluorescence and an increase in the green fluorescence (Fig. 5A). Overall, these results suggest that IDET induces depolarization in mitochondrial membrane potential.

Whether IDET can induce ROS generation in breast cancer cells was examined. MDA-MB-231 cells were exposed to 10  $\mu$ M IDET for 1 hr and ROS generation was examined by staining the cells with H<sub>2</sub>DCFDA. As shown in Fig. 5B, the treatment of cells with 10  $\mu$ M IDET produced 2.8 folds increase in ROS generation. Furthermore, the use of NAC almost completely suppressed the ROS generation induced by IDET. Similarly, the PS externalization induced by IDET was also suppressed by the use of NAC (Fig. 5C). Overall, these results suggest that IDET can induce ROS generation, which is required for apoptosis induction in breast cancer cells.

**IDET reduces the migration of breast cancer cells.** We examined if IDET can suppress the motility of breast cancer cells which is required for the invasion and metastasis. MDA-MB-231 cells were wounded at 70% confluency and cultured in the presence of IDET for 9–48 hrs. The wound area after 48 hrs in control, 1  $\mu$ M and 2.5  $\mu$ M IDET groups was found to be 14%, 28%, and 40%, respectively (Fig. 6A). Similarly, the wound area was significantly healed in the control cells over time. However, IDET significantly suppressed the healing potential of cancer cells. For example, the healed area after 48 hrs was found to be 85%, 71%, and 59%, in the control, 1  $\mu$ M and 2.5  $\mu$ M IDET groups, respectively. In conclusion, IDET can suppress the motility of breast cancer cells.

Receptor	Binding Energy (kcal/mol)		Ki (μM)		Binding residues		H-Bonds	Distance (Å)	H-Bonds	Distance (Å)
	IDET	DET	IDET	DET	IDET	DET	IDET		DET	
p65 (PDB: 1NFI)	−6.67	−6.51	12.86	16.99	Lys37, Pro87, Glu89, Gln119, Cys120, Val121, Lys122, Arg124, Asp125, Gln128, Ala129, Arg133	Tyr36, Lys37, Glu89, Gln119, Cys120, Val121, Lys122, Arg124, Asp125, Gln128, Ala129, Gln132, Arg133	CYS120:N-IDET1:O	3.15151	LYS122:N-DET:O	2.63244
							ARG124:NH1-IDET1:O	2.84434	ARG124:NH2-DET:O	3.17358
							ARG124:NH2-IDET1:O	2.96715		
p50 (PDB: 1NFI)	−6.23	−6.37	27.05	21.29	Gly266, Trp295, Gly297, Phe298, Asp300, Lys315, Thr316, Pro317, Lys318	Thr264, Gly266, Glu296, Gly297, Phe298, Gly299, Asp300, Thr316, Pro317, Lys318	PHE298:N-IDET:O	2.71851	PHE298:N-DET:O	3.19342
							LYS318:N-IDET:O	2.92484	LYS318:N-DET:O	2.93974
IκBα (PDB: 1NFI)	−5.19	−4.46	156.00	539.25	Ser191, Ile192, His193, Gly194, Tyr195, Leu227, Asn229	Glu153, Asn180, Asn182, His184, Leu189, Ile192, His193, Leu223, Leu227	ASN229:ND2-IDET:O	3.16329	ASN182:ND2-DET:O	2.85601
TAK-1 (PDB: 2EVA)	−6.25	−6.71	26.22	12.10	Val42, Gly43, Arg44, Gly45, Ala46, Val50, Ser111, Tyr113, Asn114, Pro160, Asn161, Asp175	Val42, Gly43, Arg44, Gly45, Val50, Gly110, Ser111, Tyr113, Asn114, Pro160, Leu163	SER111:OG-IDET:O	2.84141	GLY45:N-DET:O	3.00685
							SER111:OG-B-IDET1:O	2.82763	ASN114:ND2:B-DET:O	3.06489
IKKα (PDB: 5TQY)	−6.15	−5.81	30.89	54.83	Glu118, Leu122, Asn309, Leu310, Lys311, Ile312, Val313, His314, Met383	Glu118, Leu310, Lys311, Ile312, Val313, His314, Met383	ILE312:N-IDET:O	3.15137	ILE312:N-DET:O	3.11097
							HIS314:N-IDET:O	2.73251	ILE312:N-DET:O	2.8978
							MET383:N-IDET:O	3.10888	HIS314:N-DET:O	2.75596

**Table 3.** Molecular docking analyses of IDET and DET with major proteins of NF-κB signaling pathway. Abbreviation: IDET, Isodeoxyelephantopin (PubChem ID: 38359583); DET, Deoxyelephantopin (PubChem ID: 6325056).

*IDET inhibits NF-κB activation and interacts with NF-κB associated proteins.* The pro-inflammatory transcription factor, NF-κB plays a crucial role in the survival, proliferation, migration and chemoresistance of breast cancer cells. Whether, the lactone can reverse the NF-κB activation induced by okadaic acid (OA) was examined. We treated MDA-MB-231 cells either with OA and IDET alone or with IDET followed by OA. The NF-κB p65 cellular localization was examined by immunocytochemistry. An induction in the p65 nuclear translocation was observed after the treatment of cells with OA. IDET alone did not affect the localization of p65. However, by pre-treatment of cells with IDET, OA induced p65 nuclear translocation was significantly suppressed.

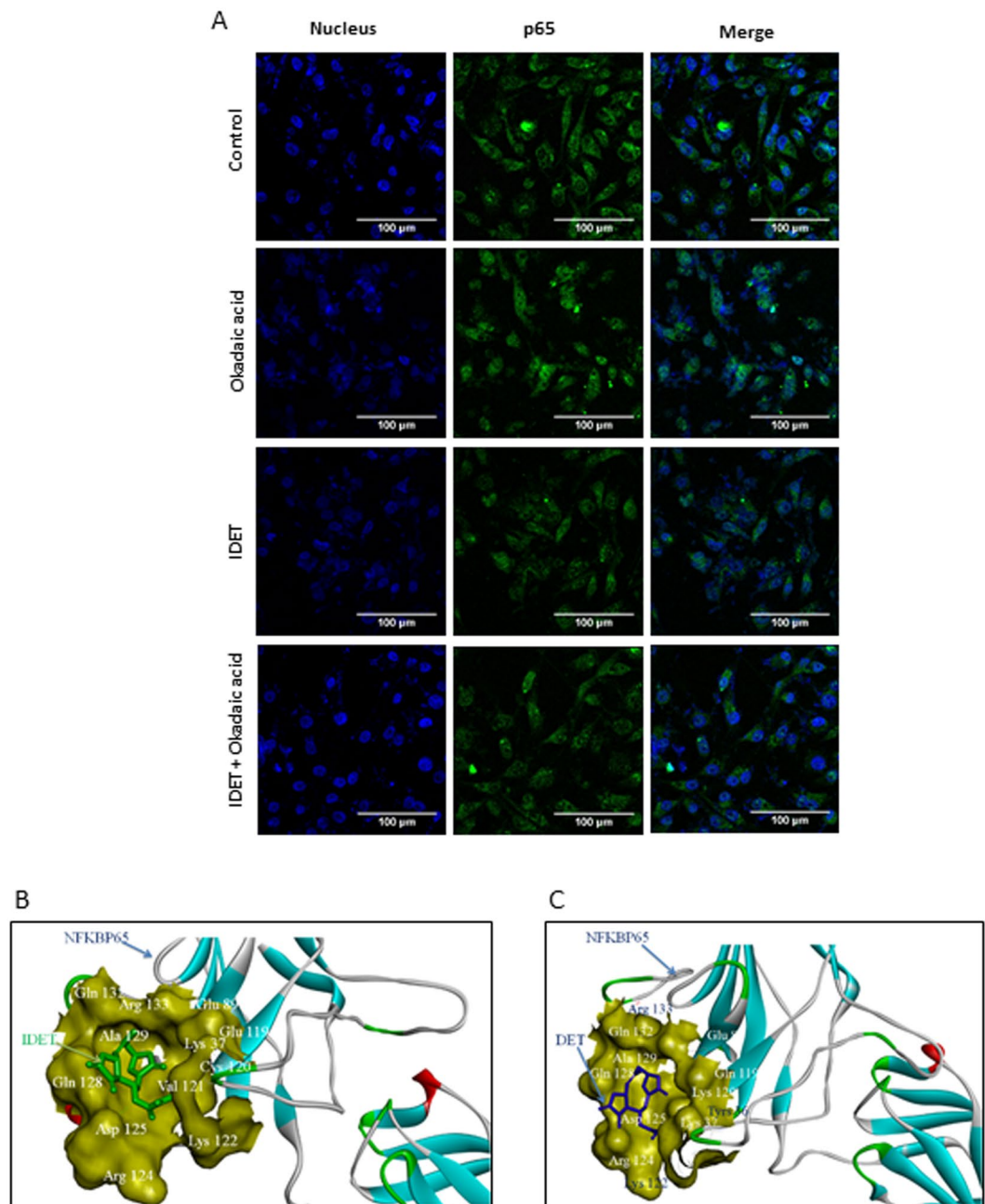
Whether IDET and DET interact with NF-κB associated proteins was examined by *in silico* tools. The binding energies (kcal/mol) and Ki (dissociation constant, μM) values of p65, p50, inhibitor of kappa-B alpha (IκBα), transforming growth factor-β-activating kinase-1 (TAK-1) and IκB kinase alpha (IKKα) with IDET were −6.67 and 12.86, −6.23 and 27.05, −5.19 and 156, −6.25 and 26.22, −6.15 and 30.89, respectively (Table 3). Similarly, the binding energies (kcal/mol) and Ki (μM) values of p65, p50, IκBα, TAK-1 and IKKα with DET were in a respective order of −6.51 and 16.99, −6.37 and 21.29, −4.46 and 539.25, −6.71 and 12.10, −5.81 and 54.83. The affinity of p65 with IDET (binding energy: −6.67 kcal/mol; Ki: 12.86 μM; 3 hydrogen bonds) was stronger as compared to DET (binding energy: −6.51 kcal/mol; Ki: 16.99 μM; 2 hydrogen bonds) (Fig. 7B,C). A similar pattern was observed for IκBα and IKKα. However, TAK-1 exhibited higher affinity for DET as compared to IDET (Table 3).

**IDET modulates the lncRNAs expression in breast cancer cells.** The lncRNAs are known to modulate multiple steps of tumor development. Some lncRNAs such as NKILA and H19 can also cross talk with NF-κB. Whether the expression of lncRNAs is modulated by IDET was examined. The lactone up-regulated the expression of growth arrest specific 5 (GAS5), NKILA, ANRIL, tumor necrosis factor α-induced protein 3 (lincRNA-Tnfaip3) and HOTAIR in a concentration dependent manner (Fig. 8). For example, the expression of GAS5 was induced by 1.3 folds, 2.3 folds and 3.2 folds at 1, 2.5 and 5 μM IDET, respectively. Similarly, a respective 4.7 folds, 5.1 folds and 7.5 folds increase in NKILA expression was observed by 1, 2.5 and 5 μM IDET, respectively. Conversely, H19 expression was reduced by IDET in a concentration dependent manner. Collectively, IDET can modulate the lncRNAs expression pattern in breast cancer cells.

## Discussion

The multigenic breast cancer is the leading cause of cancer associated deaths in women globally. The pro-inflammatory NF-κB is known to regulate multi-steps of breast tumor development and chemoresistance. Therefore, the suppression of NF-κB activation can prevent or delay the onset of breast tumor development. The Mother Nature has been a gold mine for the discovery of anti-cancer agents. Roughly 50% of the anticancer agents approved between 1940 and 2014 were derived from Nature. In this study, we examined the activities of sesquiterpene lactones such as IDET and DET against breast cancer. The molecular mechanism by which the lactones exhibit activities was also examined.

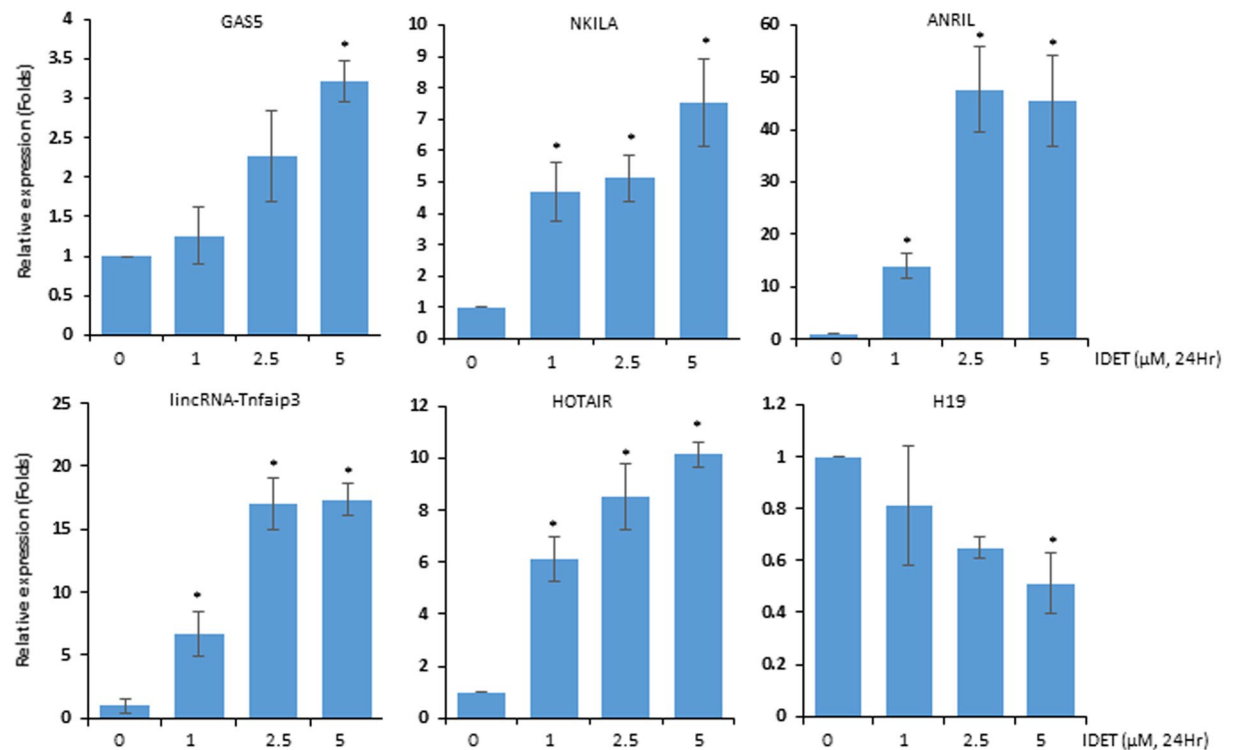
IDET was more effective in reducing the proliferation of breast cancer cells as compared to DET. Both the lactones contain α-methylene-γ-lactone which can contribute to their cytotoxic activities<sup>36</sup>. The γ-lactone ring



**Figure 7.** IDET suppresses nuclear translocation of NF- $\kappa$ B-p65 and interacts with NF- $\kappa$ B-p65. **(A)** Cells were treated with 10  $\mu$ M IDET. After 6 hrs, IDET was removed and cells were cultured in the presence of 100 nM okadaic acid for 4 hrs. Immunocytochemistry was used to examine localization of NF- $\kappa$ B p65. Note a suppression in OA induced p65 nuclear translocation after IDET treatment. **(B,C)** Molecular docking for the interaction of p65 with IDET and DET.

oxygen atom at C-2 is in  $\beta$ -orientation and  $\alpha$ -orientation in DET and IDET, respectively. The presence of C<sub>11</sub>-C<sub>13</sub> exocyclic methylene in conjugation with  $\gamma$ -lactone can contribute to the cytotoxicity of both IDET and DET. In agreement with these observations, Helenain, a sesquiterpene lactone with reactive  $\alpha$ ,  $\beta$ -unsubstituted cyclopentenone ring has been reported to exhibit potent cytotoxicity in cancer cell lines<sup>37</sup>. Why IDET is more potent than DET remains to be elucidated.

Apoptosis and necrosis are two common modes of cell death. While apoptosis is programmed mode of cell death, necrosis may result in inflammation which is a precursor to several chronic diseases including cancer<sup>38</sup>. Therefore, agents with potential to selectively induce apoptosis in cancer cells are preferred<sup>39</sup>. The presence of membrane blebbing, nuclear condensation, phosphatidylserine externalization and DNA laddering by IDET suggest the potential of this lactone in inducing apoptosis in breast cancer cells. We observed that IDET suppresses the expression of cell survival (Bcl-xL, Bcl-2) and invasive (MMP-9) proteins. Furthermore, an induction in caspase cleavage was observed by IDET. Additionally, the lactone reduces the expression of mRNA transcripts



**Figure 8.** The lncRNA expression in breast cancer cells is modulated by IDET. MDA-MB-231 cells were exposed to indicated concentrations of IDET for 24 hrs. RNA was isolated, cDNA was synthesized and the lncRNAs expression pattern was assessed by quantitative RT-PCR. The oncogenic H19 expression was reduced while the tumor suppressive lncRNAs (GAS5, NKILA) expression was increased. \*Shows the significance level in comparison to untreated group;  $P < 0.05$ .

of genes involved in survival (survivin) and proliferation (cyclin D1). The lactone also induces the expression of proapoptotic gene, Bax. The early phases of apoptosis is associated with phosphatidylserine externalization, disruption of mitochondrial membrane potential ( $\Delta\Psi$ ), insertion of proapoptotic proteins into the membrane and the cytochrome c release from mitochondria to the cytoplasm<sup>40</sup>. The ability of IDET to induce loss in  $\Delta\Psi$  suggest that the mitochondria is involved in the apoptosis induction by this lactone. NF- $\kappa$ B is known to regulate the expression of over 500 tumorigenic genes and proteins. The inhibitory effects of IDET on the tumorigenic genes and proteins may be due to the negative regulation of NF- $\kappa$ B activation pathway by this lactone. The mechanism of NF- $\kappa$ B inactivation by IDET in breast cancer cells was not examined. However, a previous study demonstrated the inhibitory effects of IDET on IKK, a central kinase in the NF- $\kappa$ B signaling pathway<sup>22</sup>. It is likely that the reduction in the NF- $\kappa$ B activity by IDET in breast cancer cells is due to its inhibitory effects on IKK activity.

Cancer cells are normally characterized by dysregulation in cell cycle<sup>41</sup>. Thus, targeting cell cycle could be a potential strategy for breast cancer therapy. We observed an accumulation of cells in the G2/M phase. Similar to these observations, IDET has been demonstrated to induce G2/M cell cycle arrest in A549 lung carcinoma cells<sup>42</sup>. Previous studies have demonstrated that Cdc2/Cyclin B1 complex regulate G2/M cell cycle arrest under oxidative stress<sup>43</sup>. IDET was found to induce ROS generation in breast cancer cells that was reversed by NAC. The chemotherapeutic agents and phytochemicals work through generation of ROS<sup>44</sup>. The mechanistic association between ROS generation and G2/M cell cycle arrest by IDET remains to be elucidated.

The cancer cell migration is an important step prior to the invasion and metastasis. The majority of the breast cancer deaths are because of the potential of the tumor to metastasize to other organs. In our observations, IDET significantly reduced the migration of MDA-MB-231 cells. Consistence with these observations, the expression of MMP-9, an invasive protein regulated by NF- $\kappa$ B was also suppressed. The reduction of NF- $\kappa$ B activation by IDET may be responsible for the suppression in MMP-9 expression and the inhibition of migration of MDA-MB-231 cells.

Dysregulation in the lncRNAs expression plays a crucial role in several human malignancies including breast cancer<sup>45</sup>. An increase in the GAS5 and NKILA expression was observed after IDET treatment. Originally identified in breast cancer and located in the cytoplasm, NKILA masks the phosphorylation motifs of I $\kappa$ B by interacting with p65-I $\kappa$ B subunits thereby suppressing NF- $\kappa$ B activation<sup>46</sup>. While NKILA is abundantly expressed in the normal breast epithelia, its low expression associates with breast cancer metastasis and poor patient prognosis. Further, the gene silencing of NKILA results in significant phosphorylation and degradation of I $\kappa$ B leading to enhanced NF- $\kappa$ B activation<sup>46</sup>. An up-regulation in NKILA expression by IDET may suppress I $\kappa$ B phosphorylation and NF- $\kappa$ B activation. Similar to these observations, the anti-invasive activities of TGF- $\beta$ <sup>47</sup> and anti-carcinogenic activities of baicalein<sup>48</sup> are mediated through NKILA.

GAS5 is known to function as tumor suppressor in a number of cancer types<sup>49</sup>. This lncRNA can also induce apoptosis and reduce the tumor cells proliferation<sup>50</sup>. GAS5 is frequently decreased in the breast cancer tissues as compared to the adjacent non-tumor tissues<sup>51</sup>. The chemo-resistant breast cancer cells also exhibit significantly lower expression of GAS5<sup>51</sup>. The development of chemoresistance by tumor cells is a major roadblock to cancer therapy. In our observations, IDET enhanced the breast cancer cells sensitivity to doxorubicin. While GAS5 expression was low under normal conditions in breast cancer, its expression was significantly upregulated by IDET. The upregulation in GAS5 expression by IDET may be responsible for its anti-proliferative, apoptosis inducing and chemosensitization activities. The chemosensitization properties of IDET are significant as the breast cancer cells develop resistance to chemotherapeutic drugs over time. Similar to these observations, downregulation in GAS5 expression decreases the therapeutic effects of dendrosomal curcumin in breast cancer cells<sup>52</sup>. Similarly, gambogic acid induced GAS5 expression can produce pro-apoptotic effects in bladder cancer cells<sup>53</sup>. The oncogenic H19 is constitutively expressed in multiple cancer types including breast cancer<sup>28,54</sup>. H19 expression also correlate with NF- $\kappa$ B activation<sup>54</sup> and paclitaxel resistance<sup>55</sup>. The suppression in H19 expression by IDET may be another possibility for the inhibition of NF- $\kappa$ B activation and sensitization of breast cancer cells to doxorubicin. The oncogenic role of ANRIL and HOTAIR is reported in the breast cancer model<sup>56</sup>. An upregulation in the expression of ANRIL and HOTAIR by IDET may be a compensatory mechanism in response to the suppressed expression of other oncogenic lncRNAs and upregulation of tumor suppressor lncRNAs. Although the lincRNA-Tnfaip3 is an early response gene controlled by NF- $\kappa$ B in murine macrophages<sup>57</sup>, its role in the breast cancer model remains to be elucidated.

The *In Silico* data revealed the drug like properties of both IDET and DET. The Lipinski's 'rule of five' suggest that most drug-able compounds have molecular weight  $\leq 500$ , LogP  $\leq 5$ , number of hydrogen bond donors  $\leq 5$ , and number of hydrogen bond acceptors  $\leq 10$ <sup>58</sup>. Both IDET and DET obeyed these rules. The pharmacokinetics analyses revealed that both lactones can cross the blood brain barrier and have better intestinal absorption. The lack of any evidence for carcinogenic and genotoxic properties further support that both lactones can be good drug candidate.

In conclusion, IDET exhibit anti-carcinogenic, pro-apoptotic and anti-proliferative activities in breast cancer cells. Further, IDET is potent as compared to DET. The NF- $\kappa$ B inactivation and the modulation in lncRNA expression may be underlying mechanism for the anti-carcinogenic activities of IDET. However, whether NF- $\kappa$ B regulate lncRNA expression or later regulate the former in response to IDET is unclear. Whether the micromolar concentrations of IDET used in the current study are physiologically relevant remains to be elucidated. However, a previous study demonstrated that IDET exhibit anti-inflammatory activities only in cancer cells but not in normal lymphocyte<sup>59</sup>. Future studies should examine the activities of the lactone in the breast cancer animal model. The thorough pharmacokinetics and pharmacodynamics studies in animal models should also be performed before IDET can be tested in humans by clinical trial.

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## Author contributions

Participated in research design: S.S.V., A.D. and S.C.G. Conducted experiments: S.S.V., V.R., N.A. and A.D. Contributed reagents: D.S.R. and M.S.N. Performed data analysis: S.S.V., A.D. and S.C.G. Contributed to manuscript writing: S.S.V., A.D. and S.C.G. Supervised the work: M.S.N. and S.C.G.

## Competing interests

The authors declare no competing interests.

## Additional information

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