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# Fluorescence quenching by high-power LEDs for highly sensitive fluorescence *in situ* hybridization

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Recent technical advances have made fluorescent in situ hybridization (ISH) a pivotal method to analyze neural tissue. In a highly sensitive ISH, it is important to reduce tissue autofluorescence. We developed a photobleaching device using a light-emitting diode (LED) illuminator to guench autofluorescence in neural tissue. This device was equipped with 12 high-power LEDs (30 W per single LED) and an evaporative cooling system, and these features achieved highly efficient bleaching of autofluorescence and minimized tissue damage. Even after 60 min of photobleaching with evaporative cooling, the temperature gain of the tissue slide was suppressed almost completely. The autofluorescence of lipofuscin-like granules completely disappeared after 60 min of photobleaching, as did other background autofluorescence observed in the mouse cortex and hippocampus. In combination with the recently developed fluorescent ISH method using the hybridization chain reaction (HCR), high signal/noise ratio imaging was achieved without reduction of ISH sensitivity to visualize rare mRNA at single copy resolution by guenching autofluorescence. Photobleaching by the LED illuminator was also effective in quenching the fluorescent staining of ISH-HCR. We performed multiround ISH by repeating the cycle of HCR staining, confocal imaging, and photobleaching. In addition to the two-round ISH, fluorescent immunohistochemistry or fluorescent Nissl staining was conducted on the same tissue. This LED illuminator provides a guick and simple way to reduce autofluorescence and quench fluorescent dyes for multiround ISH with minimum tissue degradation.

#### KEYWORDS

autofluorescence, in situ hybridization, hybridization chain reaction, lipofuscin, multiround  $\mathsf{ISH}$ 

## Introduction

Detecting multiple molecules using fluorescent labeling is crucial to many fields in biology. In this decade, various techniques were developed to detect mRNAs at single-molecule resolution, and they were characterized by two aspects: signal intensity and signal specificity. Nonenzymatic signal amplification was achieved by sequential hybridization resulting in large branched-DNA (Player et al., 2001; Wang et al., 2012; RNAscope® or viewRNATM) or hybridization chain reaction (HCR) of hairpin DNAs (Dirks and Pierce, 2004; Choi et al., 2010). Polymerase-based signal amplification is known as rolling cycle amplification (Larsson et al., 2010). Although there are various methods for achieving high signal intensity, the common strategy to ensure signal reliability is a specific reaction that relies on the matching of two split sequences to a single target sequence (Larsson et al., 2010; Wang et al., 2012; Choi et al., 2018). This approach can drastically suppress the noise derived from the nonspecific binding of probes. Another considerable noise for imaging fluorescently stained tissue is autofluorescence, which cannot be ignored even if the above-listed highly-sensitive ISH methods were used (Rocco et al., 2017; Baharlou et al., 2021; Maynard et al., 2021).

Autofluorescence is derived from lipofuscin, hemosiderin, collagen and elastin fibers, and other metabolic products of cells (O'Connell et al., 1986; Schnell et al., 1999; Billinton and Knight, 2001). Although the causes of autofluorescence seem to be diverse, the major source of autofluorescence in nervous tissue has been known to be lysosome-associated granule accumulation, lipofuscin (Ivy et al., 1984). Substances emitting autofluorescence, including lipofuscin, have a broader range of fluorescent emission spectra than those of commonly used fluorescent dyes. Although autofluorescence signals can be separated from fluorescent labeling by spectrum analysis (Pyon et al., 2019), this is not practical in cases where autofluorescence is stronger than the target signal or in multiple staining using different fluorescent dyes. Various reagents that quench autofluorescence have been reported, such as CuSO<sub>4</sub> in ammonium acetate buffer, Sudan Black B, NaBH<sub>4</sub>, and other commercially available quenchers (Clancy and Cauller, 1998; Schnell et al., 1999; Rocco et al., 2017). However, these reagents can quench genuine fluorescence derived from dyes or induce backgrounds in a specific fluorescent spectrum (Schnell et al., 1999; Sun and Chakrabartty, 2016; Rocco et al., 2017; unpublished observation).

Another approach to eliminate autofluorescence from tissue is light irradiation to induce irreversible modification of fluorophores. Irradiation by multiple fluorescent tubes consisting of UV and visible light effectively reduced autofluorescence, but it required cooling of specimens and long irradiation times (24 h or longer; Neumann and Gabel, 2002). Irradiation by a mercury arc lamp with an emission spectrum from long UV to be visible through an objective lens equipped with a fluorescence microscope successfully quenched autofluorescence within only 20 min, although the quenched area was limited within the field of view of the microscope (Neumann and Gabel, 2002). Others also tried to reduce autofluorescence using a light-emitting diode (LED). Illumination by LED arrays also eliminates tissue autofluorescence, but it takes 1–3 days (Duong and Han, 2013; Sun and Chakrabartty, 2016; Ku et al., 2020). When the LED array got closer to the specimens, the effectiveness of quenching autofluorescence became greater, but the specimens became too warm (Duong and Han, 2013). Photobleaching has not become a major method to reduce autofluorescence, perhaps because of these problems of heat generation and prolonged irradiation.

To solve the problems in photobleaching autofluorescence in tissues, we have developed a highly efficient photobleaching device using LED illumination. The LED illuminator is equipped with high-power LEDs and an evaporative cooling system to reduce autofluorescence while preventing tissue damage induced by heat. This device is especially useful for in situ hybridization (ISH) using HCR amplification because it dramatically improves the signal/noise ratio in histological examination. HCR is an enzyme-free polymerization of two kinds of hairpin DNAs in the presence of an initiator nucleotide (Dirks and Pierce, 2004). In ISH-HCR, fluorescently labeled hairpin DNAs are amplified by initiator nucleotides with probe sequences that hybridize target mRNAs (Choi et al., 2010, 2014, 2018). Recently, we improved the ISH-HCR method by using short hairpin DNAs (Tsuneoka and Funato, 2020). ISH-HCR using short hairpin DNAs does not require high temperature or proteinase treatment, thus causing minimum tissue damage and allows the detection of endogenous fluorescently tagged proteins (Maejima et al., 2021). Furthermore, the LED illuminator effectively bleached fluorescent labeling by ISH-HCR. Using this quenching method, we also established simple multiround fluorescent ISH combined with immunohistochemistry (IHC) by repeating cycles of fluorescent staining, confocal imaging, and quenching. Using this method, we succeeded in visualizing nine molecules in the same brain section.

## Materials and methods

## Animals

All animal procedures were conducted in accordance with the Guidelines for Animal Experiments of Toho University and were approved by the Institutional Animal Care and Use Committee of Toho University (Approval Protocol ID #21-53-405). Breeding pairs of C57BL/6J mice were obtained from Japan SLC and CLEA Japan. Mice were raised in our breeding colony under controlled conditions (12 h light/dark cycle, lights on at 8:00 A.M.,  $23 \pm 2^{\circ}$ C,  $55 \pm 5\%$  humidity, and *ad libitum* access to water and food).

Twelve- to 15-week-old male mice were anesthetized with sodium pentobarbital (50 mg/kg, i.p.) and then transcardially perfused with 4% paraformaldehyde (PFA) in phosphatebuffered saline (PBS). The brains were postfixed in 4% PFA at 4°C overnight, followed by cryoprotection in 30% sucrose in PBS for 2 days, embedded in Surgipath (FSC22, Leica Biosystems), and stored at  $-80^{\circ}$ C. The frozen brains were cryosectioned coronally at a thickness of 10, 20, or 40 µm. The sections were mounted on adhesive-coated slide glass (Platinum Pro, Matsunami, Japan) and stored at  $-20^{\circ}$ C until use. Ten-µm-thick sections were used for multiround ISH/IHC ("Multiround ISH-HCR and IHC" Section) and 20–40-µm-thick sections were used for quenching autofluorescence ("Quenching autofluorescence" and "Single round ISH-HCR" Section).

## Equipment

The overall design of the LED illuminator is described in Figure 1. The LED illuminator TiYO<sup>TM</sup>, meaning the sun in Japanese, was designed to illuminate each slide glass with two high-power LEDs. The LEDs were placed as a  $2 \times 6$  array, and the distance interval was 4 cm. In our preliminary trial, the most efficient quenching in the brain tissue was observed in the blue LED (dominant spectrum: 475 nm), so we chose a cool-white LED (NV9W149AM, Nichia Corporation, Japan): the nominal correlated color temperature is 5,000 K, and the luminous flux is 4,131 lm at a 3,000-mA drive current. A mirror (polished aluminum plate) was placed 24 mm from the LED to illuminate the slide glass evenly. The minimum distance between the LED and the tissue section was set at 5 mm, and the slides were placed in a transparent acrylate container (15  $\times$  260  $\times$  105 mm) filled with PBS. The LED board and the mirror were equipped with heat sinks (120  $\times$  240  $\times$  120 mm for the LED board and  $30 \times 240 \times 120$  for the mirror). The LED illuminator was also equipped with four small cooling fans (airflow: 5.3 cfm, SanAce40-109P0412H901, SANYO, Japan) and two large cooling fans (airflow: 70.6 cfm, SanAce120-9S1212F401, SANYO, Japan) to minimize changes in the tissue temperature (Figure 1E). The temperature change was measured at three positions close to the slide glass by thermocouple.

## Quenching autofluorescence

To examine the efficiency of the LED illuminator described in Section "Equipment", the brain sections without any staining procedures were bleached for 0, 15, 30, 60, or 90 min in an acrylate container filled with PBS. The LEDs were driven at a constant current as the maximum power output (30 W for a single LED). After bleaching, the slides were coverslipped with VECTASHIELD Vibrance (Vector Laboratories, H-1700) and observed by confocal microscopy ("Histological analysis").

## Single round ISH-HCR

# Preparation of probes and fluorescent hairpin DNAs

The probes for ISH-HCR were designed to minimize off-target complementarity using a homology search by NCBI Blastn<sup>1</sup>, and they were designed to have split-initiator sequences with an mRNA binding site. The number of target sites per single mRNA varied from 5 to 30 (Supplementary Table 1) based on their abundance. The DNA probes were synthesized as standard desalted oligos (Integrated DNA Technologies). The fluorescent hairpin DNAs were prepared by conjugation of succinimidyl ester of fluorophores (Sarafluore488, ATTO550, or Cy5) and synthesized with a C12 amino-linker at the 5' end (Integrated DNA Technologies or Tsukuba Oligo Services). The DNA probes and hairpin DNAs were purified by denaturing polyacrylamide gel electrophoresis using 20% polyacrylamide gels. The detailed procedures for DNA purification were described in our previous study (Tsuneoka and Funato, 2020).

### Probe hybridization

ISH procedures were similar to those previously described with some modifications (Tsuneoka and Funato, 2020; Katayama et al., 2022). The sections were washed with PBS containing 0.2% Triton (PBST) and immersed in methanol for 10 min, followed by PBST washing for 5 min twice. After washing, the sections were prehybridized for 5 min at 37°C in a hybridization buffer containing 10% dextran sulfate, 0.5× SSC, 0.1% Tween 20, 50  $\mu$ g/ml heparin, and 1 $\times$  Denhardt's solution. The sections were treated with another hybridization solution containing a mixture of 10 nM probes for Drd1, Drd2, and Vglut1 mRNAs, and these probes contained the split-initiator sequences for amplification of S41, S23, and S10 hairpin DNAs (Supplementary Table 1), respectively. The slides with hybridization solution were covered by a plastic film (Labopita, NIPRO, Japan) to prevent evaporation and incubated overnight at 37°C. After hybridization, the sections were washed three times for 10 min in 0.5× SSC containing 0.1% Tween 20 at 37°C. Then, the sections were bleached by an LED illuminator for 60 min in PBST. For comparison, the other sections from the same animals were immersed in PBST without bleaching. The control experiment was performed without probes.

<sup>1</sup> https://blast.ncbi.nlm.nih.gov



Overview of the LED illuminator,  $11YO^{1m}$ . (A) Frontal view and (B) back view of the LED illuminator. (C) Lateral illustration of the LED illuminator. Two high-power LEDs (more than 3,000 lumens/single LED) are placed in one column, and the LEDs are arrayed as 2 × 6. LED circuit boards are mounted on a large heat sink ( $12 \times 24 \times 12$  cm). On the upper side of the sample, a mirror with a heat sink ( $3 \times 24 \times 12$  cm) is placed. Two heat sinks are cooled by cooling fans. The airflow shown by the blue arrow also removes heat from the buffer solution in the acrylic container. (D) Inside view of the LED illuminator. (E) Temperature change of the buffer solution inside the acrylic container according to the duration of photoirradiation. (F) Spectrum of the LED used in this study.

## HCR amplification

For HCR amplification, SaraFluor488-conjugated S10, ATTO550-conjugated S41, and Cy5-conjugated S23 hairpin DNA pairs were used (**Supplementary Table 1**). These hairpin

DNA solutions were separately snap-cooled (heated to  $95^{\circ}$ C for 1 min and then gradually cooled to  $65^{\circ}$ C for 15 min and  $25^{\circ}$ C for 40 min) before use. The sections were incubated in an amplification buffer (10% dextran sulfate in  $8 \times$  SSC, 0.2% Triton X-100, 100 mM MgCl<sub>2</sub>) for 5 min and then immersed

in another amplification buffer containing 60 nM hairpin DNA for 2 h at 25°C. The samples were washed with PBST, followed by staining with Hoechst 33342 (2  $\mu$ g/ml, Dojindo, H342) for 15 min at room temperature. After washing with PBS, the slides were coverslipped with VECTASHIELD vibrance.

## Multiround ISH-HCR and IHC

## Probe hybridization

For multiround ISH, the procedures for probe hybridization were the same as those for single-round ISH ("Preparation of probes and fluorescent hairpin DNAs" Section) except for probe number, and the hybridization buffer contained six probes (probe set 1: Drd1-S41, Drd2-S23, Vgat-S68, Vglut2-S45, Penk-A161, and Pdyn-S85; probe set 2: Esr1-S86, Moxd1-S73, Hrh1-S10, Tac2-S81, Cart-S83, and Neurotensin-S72, **Supplementary Table 1**). A control experiment was performed without probes. After hybridization and subsequent washing, the sections were bleached by an LED illuminator for 60 min in PBST to quench autofluorescence.

# HCR amplification and quenching fluorescent labeling

The first HCR reaction was performed using three of six hairpin DNA pairs. For probe set 1, SaraFluor488-conjugated S41, ATTO550-conjugated S23, and Cy5-conjugated S68 hairpin DNAs were used. For probe set 2, SaraFluor488-conjugated S86, ATTO550-conjugated S10, and ATTO647N-conjugated S73 hairpin DNAs were used (**Supplementary Table 1**). After 2 h of HCR amplification followed by Hoechst 33342 nuclear staining, the sections were coverslipped with 50% glycerol/PBS. Fluorescence images were obtained by confocal microscopy ("Histological analysis" Section), and then, the sections were bleached by the LED illuminator for 120 min in PBST. At this time, the cover glass was separated from the sections.

After a brief examination by fluorescence microscopy to confirm the extinction of the fluorescent signals, the sections were subjected to the second HCR reaction using the remaining three hairpin DNA pairs. For probe set 1, SaraFluor488-conjugated S45, ATTO550-conjugated A161, and Cy5-conjugated S85 hairpin DNAs were used. For probe set 2, SaraFluor488-conjugated S81, ATTO550-conjugated S83, and Cy5-conjugated S72 hairpin DNAs were used (**Supplementary Table 1**). After 2 h of HCR amplification without additional nuclear staining, the sections were coverslipped with 50% glycerol/PBS. The fluorescent images in a similar location to the first imaging were obtained by confocal microscopy ("Histological analysis"), and then, the sections were bleached by the LED illuminator for 120 min in PBST.

### IHC and fluorescent Nissl staining

After a brief examination by fluorescence microscopy to confirm the extinction of the fluorescent signals, the sections stained by probe set 1 proceeded to IHC, and the sections stained by probe set 2 proceeded to fluorescent Nissl staining. For IHC, the sections were blocked with 0.8% BlockAce (Dainihon-Seivaku, Japan) in PBST for 30 min. Then, a cocktail of mouse anti-tyrosine hydroxylase antibody, goat anti-oxytocin neurophysin antibody, and rabbit anti-nNos antibody in 0.4% BlockAce/PBST was applied to the sections and incubated at 4°C overnight in a humidified chamber. The sections were washed with PBST three times for 5 min and incubated in a cocktail of AlexaFluor488-conjugated anti-mouse IgG antibody, AlexaFluor568-conjugated anti-goat IgG antibody, AlexaFluor647-conjugated anti-rabbit IgG antibody and Hoechst 33342 for 60 min at room temperature. For fluorescent Nissl staining, the sections were treated with Neurotrace 640/660 (1:500, N21483, Thermo Fisher Scientific, USA) and Hoechst 33342 for 60 min. The sections were washed and coverslipped with 50% glycerol/PBS. The fluorescent images in a similar location to the first imaging were obtained similarly.

## Histological analysis

Fluorescent photomicrographs were obtained using a Nikon Eclipse Ni microscope equipped with the A1R confocal detection system under  $20 \times /0.75$  NA objective lenses at more than 8 µs/pixel speed at 0.314–1.28 µm/pixel resolution (Nikon Instruments Inc., Tokyo, Japan). The spectra passing through fluorescent filters were 425–475 (blue), 500–550 (green), 570–620 (red), and more than 650 nm (infrared). Tiled images were captured and automatically stitched by NIS-Elements C software (Nikon Instruments Inc., Tokyo, Japan). Z stacked images were captured with a distance of 1 µm between the optical slices.

Images were analyzed using ImageJ software (version 1.50i, NIH, USA) to adjust the contrast and to evaluate the overall fluorescence intensity, maximum intensity, and number of lipofuscin-like granules. Quantification of the fluorescent photographs was performed at the same threshold and adjustment of contrast. To evaluate quenching autofluorescence, four sets of sections, including the cingulate cortex, were used. Lipofuscin-like granules were counted on the thresholded image of the red filter. In the multiround ISH-IHC (Section "Multiround ISH-HCR and IHC" Section), the XY position of the images was adjusted manually based on the nuclear staining. To confirm quenching fluorescent dyes, the contours were set based on the threshold images captured before light irradiation by analyze particles menu command in the ImageJ. The signal



to background ratio before and after photobleaching were compared by measuring mean intensity inside or outside the contours. In the colocalization analysis, cell boundaries were determined based on Nissl staining. If more than one punctum was observed within the single-cell boundary, the cells were judged as mRNA-positive cells.

# Results

## Quenching autofluorescence

In the cingulate cortex as well as in other brain areas, autofluorescence of lipofuscin-like granules was abundantly

observed around the cell nucleus of nonbleached sections. The fluorescent spectrum of these granules was distributed in green, red, and infrared but weak in blue (Figure 2A). The fluorescent signals of these granules decreased depending on the bleaching duration, and the signals completely disappeared after 60 min of bleaching (Figure 2A). The mean number of granules in the tissue bleached for 15 and 30 min changed to 8.33  $\pm$  4.01 and 4.65  $\pm$  2.22% from nonbleached tissue, respectively (Figure 2B). The maximum fluorescent intensities, except for the blue filter, dropped to 20%-30% after 15 min of bleaching and decreased slowly as time elapsed (Figure 2C). In addition to the lipofuscin-like structure, these bleaching effects were also observed across the tissue section. The total fluorescence intensity, including background fluorescence in the tissue, drastically decreased after 15 min of bleaching, except for the blue spectrum (Figure 2D). In the z-stack image of 40-µm-thick sections, there was no bias of photobleaching (Figures 2E,F).

## Single ISH-HCR with photobleaching

Next, we examined whether photobleaching before HCR staining improves the signal-to-noise ratio in the ISH-HCR of mouse hippocampal tissue. In the no-probe control, the fluorescent signals were observed as granules with a broad color spectrum, suggesting autofluorescence (Figure 3B). When the tissue slides were irradiated by the LED illuminator for 60 min, both granule-derived and background autofluorescence drastically decreased, and detectable signals were rarely found in the no-probe control section (Figure 3C). Although probe hybridization and subsequent HCR developed specific fluorescent labeling of Vglut1 mRNA in the hippocampal sections, the staining results of Drd1 and Drd2 mRNA without photobleaching were not distinct from those of control sections (Figure 3D). When the sections were illuminated for 60 min, Drd1-positive cells could be moderately found as 1-3 puncta per cell in the granule cell layer, and a small number of Drd2positive cells were also found in the pyramidal layer (Figure 3E). Line profile of fluorescent intensity showed that the background signals reduced to approximately half by photobleaching without a decrease in HCR signals (Figure 3L).

## **Multiround ISH-IHC**

In the mouse striatum, ISH-HCR successfully detected *Drd1*, *Penk*, and *Drd2* mRNAs by SaraFluor488, ATTO550, and Cy5-labeled hairpin DNAs, respectively. Photobleaching by our LED illuminator for 2 h also diminished the fluorescence by these HCR stains to undetectable levels, while Hoechst 33342 nuclear staining did not completely disappear (**Figures 4A,C**). In addition, the signal to background ratio

became close to 1.0, suggesting that the tissue fluorescence became uniform after photobleaching (Figures 4B,C).

Next, we performed two rounds of ISH-HCR combined with IHC (Figure 5). In the first HCR using S41-SaraFluor488, S23-ATTO550, and S68-Cy5 hairpin DNAs, the Drd1, Drd2, and Vgat mRNAs were observed intensely in the striatum, and relatively weak expression was observed in the preoptic area (Figure 6A). After photobleaching, no detectable signals were observed under the same imaging conditions (Figure 6B). In the second HCR, we used S45-SaraFluor488, A161-ATTO550, and S85-Cy5 hairpin DNAs to detect the Vglut2, Penk, and Pdyn mRNAs. Vglut2-positive cells were mainly observed in the preoptic area. The Penk- or Pdyn-expressing cells were densely distributed in and around the striatum and moderately distributed in the preoptic area. Secondary photobleaching also completely quenched the fluorescent HCR labeling (Figure 6B). Additional IHC staining showed specific expression of tyrosine hydroxylase, oxytocin-neurophysin, and nNos in the same section. The immunoreactivity of tyrosine hydroxylase was abundantly observed in the fibers in the striatum, and a small number of cells in the medial preoptic area showed immunoreactivity in their cell bodies. The fibers of oxytocinneurophysin were sparsely distributed in the preoptic area. nNos-positive cells were observed both in the striatum and in the preoptic area, and the preoptic cells showed a relatively weak signal. These fluorescent stainings were not matched between ISH and IHC (Figure 6C). Thus, by combining two rounds of ISH-HCR combined with IHC, we succeeded in visualizing nine molecules in the same brain section.

We also tried two rounds of ISH using another probe set combined with fluorescent Nissl staining. Region-specific expression of Esr1, Hrh1, Cart, Neurotensin, Moxd1, and Tac2 mRNA was observed in the medial preoptic area (MPOA) and divided its subregions (Figure 7A). Esr1-positive cells were abundantly found in the central and lateral parts of the medial preoptic nucleus (MPNc and MPNl), the central part of the MPOA (cMPOA), and the bed nucleus of the stria terminalis, the principal component (BNSTpr). Hrh1 expression was not region specific, but the Hrh1-positive cells were not uniformly distributed. Hrh1-positive cells were found in the cells that were negative for Cart, Neurotensin, or Tac2 mRNA. Cart-positive neurons were found in the dorsomedial and ventrolateral MPOA (dmMPOA and vlMPOA). In the vlMPOA, more than half of the Cart-positive neurons were also positive for Tac2 mRNA. Neurotensin mRNA was abundantly found in the MPNl and cMPOA with colocalization of Esr1 mRNA. Moxd1-positive cells were distributed only in the MPNc and BNSTpr and showed highly frequent colocalization of Esr1 and Hrh1 mRNAs (Figures 7B-D). Tac2-positive cells were found in Neurotensin-positive cells in the cMPOA, and Cart-positive cells were found in the vlMPOA.



#### FIGURE 3

Effect of photobleaching on the signal/noise ratio of ISH-HCR staining. (A) Schematic drawings describing ISH-HCR staining in this study. ISH-HCR consists of two steps: hybridization of split DNA probes and HCR amplification of fluorophore-labeled hairpin DNAs. HCR amplification starts only in the case that both split probes are hybridized with target mRNA. In the HCR amplification step, a pair of fluorophore-labeled hairpin DNAs polymerize on the hybridized probes with complete initiator sequences. For details, see Tsuneoka and Funato (2020). (**B**–**E**) Representative photomicrograph of ISH-HCR staining for *Vglut1* (green), *Drd1* (red), and *Drd2* (magenta) mRNAs in addition to Hoechst 33342 nuclear staining (blue) in the dentate gyrus of the mouse hippocampus. No probe control without photobleaching (**B**) and with photobleaching (**C**). ISH-HCR staining of *Vglut1*, and *Drd2* without photobleaching (**C**) and with photobleaching (**C**). ISH-HCR staining of *Vglut1*, protein cell layer; PC, polymorph cell layer. (**F–K**) Magnified views indicated by rectangles in (**D**,**E**). (**L**) Line profile of fluorescent intensity indicated by dotted lines and triangles on (**F–K**). Light blue lines indicate the maximum intensity of background signals. Fluorescence intensities are shown as arbitrary units (A.U.).



# Discussion

In this study, we developed an LED illuminator with a cooling system that can effectively quench both autofluorescence and fluorescent dyes. High-power LED illumination at a close range drastically and quickly reduced tissue autofluorescence in

mouse brains. Quenching autofluorescence led to an increased signal/noise ratio of the ISH-HCR staining, which enabled the detection of very low amounts of mRNAs. Furthermore, fluorescent labeling by ISH-HCR was successfully eliminated without tissue damage by photobleaching using the LED illuminator. These techniques allow highly sensitive multiround



ISH combined with IHC for the visualization of multiple targets on the same tissue. Although we showed that this system visualized nine molecules in the same section, the number of molecules can be increased by repeating this labeling-image acquisition-quenching cycle.

The time required for quenching autofluorescence in this system was less than 60 min, the shortest time of any previously reported illuminating device that required 24 h or longer for quenching a wide field as whole slide glass (Schnell et al., 1999; Neumann and Gabel, 2002; Duong and Han, 2013; Sun and Chakrabartty, 2016; Ku et al., 2020). The autofluorescence of thick free-floating sections (40  $\mu$ m) was also quenched by the same time course (data not shown). Such effectiveness of illumination must require both high-power irradiation and liquid immersion of tissue samples. The color spectrum of LED would be also important to fit the absorption wavelength of lipofuscin. In our setup, slides were illuminated by 60 W/slide, and the distance from LED to tissue was 5 mm. The present condition was optimized based on the quenching effectiveness, and the amount of light received by

tissues was distinct among the previous studies listed above. For example, the previous study performed by Duong and Han (2013) illuminated tissue sections at 10 W/slide with LEDs for plant growing, of which the major emission spectrum was biased toward red color. Because of high-power irradiation at 60 W power per specimen, the specimen quickly heats up unless any cooling equipment is used (Figure 1E). Our preliminary experiments showed that the closed container (no opening on its upper side) became too hot after photobleaching and that other cooling systems, such as ice or Peltier cooling, were insufficient or the mass of equipment was too large. Opening the top of the container filled with buffer solution under strong airflow was very simple and effective in suppressing the temperature rise by evaporative cooling. The evaporative cooling system requires the addition of a buffer solution for longer photobleaching (e.g., more than 2 h), but in most cases, sufficient photobleaching should be completed within several hours. An effective cooling system can avoid protein degradation and loss of antigen reactivity caused by heat (Ikeda et al., 2011).



### FIGURE 6

Representative photomicrographs of two-round ISH-IHC. The first HCR visualized *Drd1* (green, S41-SaraFluor488), *Drd2* (yellow, S23-Atto550), and *Vgat* (magenta, S68-Cy5) mRNAs. The second HCR visualized *Vglut2* (green, S45-SaraFluor488), *Penk* (yellow, A161-Atto550), and *Pdyn* (magenta, S85-Cy5) mRNAs. In the IHC, tyrosine hydroxylase, oxytocin-neurophysin, and nNos were visualized by Alexa488, Alexa568, and Alexa647 secondary antibodies, respectively. **(A)** Merged low-magnification images of mouse sections, including the preoptic area (POA) and striatum. Rectangles indicate the regions shown in **(B,C)**. Scale bar: 200  $\mu$ m. **(B)** Merged, sequential images of the first HCR, photobleached image, the second HCR, photobleached image, and IHC. Scale bar: 50  $\mu$ m. **(C)** Separate high-magnification images of each molecule. Scale bar: 20  $\mu$ m.



Elimination of autofluorescence of lipofuscin-like granules improved the signal/noise ratio in ISH-HCR staining. Because the size and subcellular location of lipofuscin-like granules were very similar to the fluorescence of mRNA puncta labeled by the ISH techniques detected at a single copy level, it was difficult to distinguish these two. In the control sections of the mouse hippocampus, many fluorescent signals were observed in green, red, and far-red channels, and the distribution of these fluorescent signals was similar among channels, suggesting lipofuscin autofluorescence has a wide emission spectrum (Schnell et al., 1999). These fluorescent signals were eliminated by photobleaching before the HCR staining procedure. Photobleaching increased the high signal/noise ratio except for the blue spectrum and was very effective in visualizing *Drd1* and *Drd2* mRNAs in the hippocampus (Figure 3). *Drd1*  and *Drd2* mRNAs were expressed specifically but weakly in the granule cell layer (Tanaka et al., 2011; Sariñana et al., 2014) and polymorphic cell layer of the mouse dentate gyrus (Etter and Krezel, 2014), respectively. These expression patterns were also confirmed by GFP- and Cre-transgenic mice for these genes (Gangarossa et al., 2012; Puighermanal et al., 2017), which is consistent with the present results. In general, the gene expression of G-protein coupled receptors is relatively low, and it is necessary to quench autofluorescence in the brain to accurately determine the expression of such genes. One hour of photobleaching by our LED illuminator should be sufficient for this purpose. The amount of lipofuscin must be varied by multiple biological factors, such as aging, cell types, and species. We observed that the very aged mouse brain accumulated a huge amount of lipofuscin, and in such cases,

longer photobleaching was required. Therefore, the duration of irradiation should be decided carefully, especially in the aged primate brain which has very dense lipofuscin granules. We also tested photobleaching by our LED illuminator on the liver, muscle, and lung with fibrosis, which did not contain a huge amount of lipofuscin but showed high autofluorescence. We confirmed the reduction of autofluorescence to detect mRNAs at a single copy level in these tissues (unpublished data). However, the time required to quench autofluorescence depended on the tissue types, extending up to 4 h, which is sufficiently short to prevent degradation of the tissues. Photobleaching seemed to be relatively ineffective in quenching the autofluorescence of erythrocytes.

Our LED illuminator can not only suppress autofluorescence but also guench artificial fluorescent dyes, such as AlexaFluor<sup>®</sup>, Atto<sup>TM</sup>, and Cy<sup>®</sup> dyes, except for dyes excited by UV. Using this feature, we performed multiround ISH/IHC in a very simple way, consisting of cycles of staining and bleaching. This is the first report of multiround fluorescent ISH using an LED illuminator. Because Hoechst 33342 nuclear staining is relatively tolerated for LED illumination (Figure 4A), additional nuclear staining is usually not necessary. The distribution of gene expression in multiround ISH did not differ from single-round ISH (data not shown) or that in a previous report (Tsuneoka et al., 2017a,b; Moffitt et al., 2018; Tsuneoka and Funato, 2020), suggesting that specific reactions occurred between probes and hairpin DNAs. Although the time required for complete quenching needs to be adjusted depending on the type of fluorophores and abundance of gene expression, two hours of illumination was sufficient for fluorophores in this study. In the mouse striatum, there was a strong expression of Drd1, Drd2, Penk, Pdyn, and Vgat mRNAs (Lobo et al., 2006; Heiman et al., 2008; Labouesse et al., 2018), and ISH-HCR staining of these mRNAs disappeared after 2 h of photobleaching (Figures 4A, 6B).

To date, several strategies for multiround ISH have been proposed, and quenching fluorophores has not been the major strategy. Although photobleaching by a solid-state laser has been reported, the irradiated region was limited to a very small area (Lubeck et al., 2014; Chen et al., 2015). Another similar approach for multiround ISH is the cleavage of the conjugated fluorophore from DNA. The disulfide bond was used for the conjugation between the fluorophore and DNA readout probes, and the disulfide bond was chemically digested after imaging (Moffitt et al., 2016; Wang et al., 2018). However, such treatment also digests the disulfide bond of peptides in the tissue, which results in tissue damage and makes it unsuitable for IHC. Digesting probes with DNase or stripping hybridized probes by heating have been frequently adopted strategies in other studies (Chen et al., 2016; Shah et al., 2016; Zhu et al., 2018; Eng et al., 2019). This approach for multiround ISH must be useful when the number of available sequences for readout probes is small compared with the required number of ISH rounds. However, additional hybridization steps are required

for every round of ISH. We designed 12 sets of short hairpin DNAs, including those in a previous report (Tsuneoka and Funato, 2020; Katayama et al., 2022). Therefore, four rounds of ISH using three colors in each round should be applicable without additional probe hybridization. However, we found that the final round of ISH sometimes showed decreased intensity, regardless of the type of hairpin DNA. These unstable results may be due to nuclease contamination and/or tissue degradation by prolonged incubation of the samples at room temperature. Repeated coverslipping and removing the cover glass sometimes increased the risk of tissue detachment from the slide glass under manual manipulation. Therefore, we recommend three or fewer rounds of ISH/IHC staining practically; otherwise, an automated system or very delicate handling is required to prevent contamination and tissue damage.

## Conclusion

This study showed that the evaporative cooling system-equipped LED illuminator effectively reduced the autofluorescence in nervous tissue within an hour. This photobleaching device drastically improved the signal/noise ratio of fluorescent ISH in a simple way. In addition, the LED illuminator could quench commercially available fluorescent dyes. In combination with the ISH-HCR technique, multiround HCR/IHC, and photobleaching visualize multiple targets in the same tissue samples. The developed protocol will contribute to increasing the quality of histological fluorescent examinations in neuroscience as well as other biological fields.

## Data availability statement

The original contributions presented in the study are included in the article/Supplementary material, further inquiries can be directed to the corresponding author/s.

# **Ethics statement**

The animal study was reviewed and approved by Institutional Animal Care and Use Committee of Toho University.

## Author contributions

YT: conceptualization, methodology, and formal analysis. YT, YA, AM, and MY: doing experiments. YT and HF: writing, funding, acquisition, and supervision. All authors contributed to the article and approved the submitted version.

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# **Conflict of interest**

YA, AM, and MY were employed by the company Nepa Gene Corporation.

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## Supplementary material

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fnmol.2022.976349/full#supplementary-material.

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