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Factors influencing aflatoxin B1 levels in the groundnut (*Arachis hypogaea* L.) germplasm of Ethiopia

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ABSTRACT

As there was no maximum permissible limit prescription for aflatoxin B1 (AFB1) in Ethiopia, this study has been conducted to generate data on AFB1 levels in Ethiopian groundnut accessions/ landraces. Besides, an attempt was made to find out if there is any relationship between AFB1 and other parameters such as altitude of cultivation, individual seed weight, kernel colonization by *Aspergillus flavus*, total carbohydrates, protein and total free amino acids. Out of the 28 accessions studied, merely six accessions registered \leq 2 ppb AFB1 and thus, they comply with maximum permissible limit set by European Union. Altitude of cultivation had no relationship with AFB1 levels. Interestingly, total carbohydrates in the seeds as well as kernel colonization by *A. flavus* showed statistically significant (p *<* 0.01) positive relationships with AFB1 levels. It is suggested to use kernel colonization measurement as an alternative to the expensive ELISA based AFB1 measurement. Besides, suitable pre- and post-harvest aflatoxin management strategies should be developed to alleviate the AFB1 levels in Ethiopian groundnut.

1. Introduction

Groundnut, a vital oilseed crop in Ethiopia, is cultivated there under rainfed conditions. It is mainly used to obtain cooking oil and to manufacture confectionaries in Ethiopia [\[1\]](#page-7-0). This crop is environment friendly as it is a leguminous crop that performs biological nitrogen fixation with the help of *Rhizobia* bacteria in its root nodules. Oromia region leads in groundnut production in Ethiopia, followed by Benshangul-Gumuz and Amhara regional states. Between 2005 and 2014, groundnut production in Ethiopia surged by 72 %, primarily attributed to a 58 % rise in land allocation for cultivation [[2](#page-7-0)]. This crop is prone to infection by *Aspergillus flavus* and *A. parasiticus* which produce a fungal toxin, named aflatoxin which is regarded as a "hidden poison" by Ref. [[3](#page-7-0)] because it disrupts important biological processes in humans, leading to gradual but harmful consequences. There are various types of aflatoxins such as aflatoxin B1 (AFB1), aflatoxin B2, aflatoxin M1 aflatoxin M2, aflatoxin G1, aflatoxin G2, aflatoxicol and aflatoxin Q1 [\[4\]](#page-7-0).

AFB1, an economically important mycotoxin, is a hepatacarcinogen [[5](#page-7-0)]. Besides being hepatotoxic, AFB1 is also known for its genotoxicity, carcinogenicity, immuno-toxicity and teratogenicity [\[6\]](#page-7-0). AFB1 is usually present in groundnut grown under rainfed conditions. The correlation between drought conditions and preharvest aflatoxin contamination in groundnut has been extensively reviewed earlier [[7](#page-7-0)]. Prolonged intake of even small quantities of this mycotoxin can result in the development of liver cancer. When AFB1 contaminated feed is ingested by mammals, AFB1 gets transformed into aflatoxin M1 and M2 which then are excreted in the milk; thus, even newborns can get affected [[8](#page-7-0)]. Continued exposure to aflatoxins has been linked to diminished immune function,

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hepatitis B and C infection, undernourishment, growth impairment in children, disabilities, and mortality [9–[11](#page-7-0)]. In low-income countries, there is a problem in deciding what should be given priority, food security or food safety [\[12](#page-7-0)].

The market for groundnut in Ethiopia was reported to be on the decline, and the export of the crop was reduced due to the difficulty in meeting the limits of aflatoxin levels set by the importing countries [\[13](#page-7-0)]. Several studies were conducted to learn the aflatoxin levels in Ethiopian groundnut $[14-17]$ $[14-17]$. In all these studies, the relationship of AFB1 level with other parameters was not investigated. Thus, our current study is different from the previous studies.

Different countries have developed maximum permissible limits for AFB1 level in groundnut (Table 1). If groundnut has more than the permissible limit of AFB1, then such groundnut becomes unfit for consumption and trade as well. In Ethiopia, permissible limit for total AFs is 15 ppb which is based on [\[18](#page-8-0)]. However, limit for AFB1 is not set. Hence, this study has been taken up to get an idea about AFB1 levels in groundnut germplasm of Ethiopia. The present study is in continuance to our previous study on unravelling the connection of certain parameters such as colonization by *A. flavus* on groundnut seeds, individual seed weight and altitude of cultivation with total free amino acids, total carbohydrate and protein in the groundnut germplasm of Ethiopia [[19\]](#page-8-0). In the present study, the relationship of AFB1 with altitude of cultivation, individual seed weight, kernel colonization and certain biochemical variables are investigated. Thus, this research focused on investigation of AFB1 and factors influencing AFB1 levels in groundnut (*Arachis hypogaea* L) germplasm in selected areas of Ethiopia.

2. Materials and methods

2.1. Sample collection

This is a cross-sectional study that involved the collection of 28 groundnut accessions/landraces from Ethiopian Biodiversity Institute (EBI), Addis Ababa. The EBI gathered the germplasm from traditional farming populations which cultivated these locally adapted, traditional varieties in diverse locations as detailed in [Tables 2 and 3](#page-2-0), under rain-fed conditions, following the guidelines prescribed by Werer Agricultural Research Center, Afar Region, Ethiopia. Among the 28 accessions, 13 are from Babile woreda in the Misrak Harerge zone of the Oromiya region, 7 are from Gursum woreda in the same zone, also within the Oromiya region, and 8 are from the Benishangul Gumuz region.

Cultivation practices are briefly given as follows. The cultivation started with ploughing the land to fine tilth. Fertilizer was applied at a rate of 121 kg NPS per hectare. Prior to sowing at a depth of approx. 3 cm, seeds underwent treatment with the fungicide Mancozeb at a concentration of 4 g kg⁻¹. Carbaryl 10 % DP was applied in the soil during seeding to combat termites, ants and earwigs. Typically, a spacing of 60 cm between rows and 10 cm within rows was maintained. Weeding was carried out manually. Planting occurred in June/July 2019, with harvesting taking place in September/October 2019. Harvested plants were left in the field for several days to undergo air and sun drying, aiming to reduce pod moisture content to *<*7 %. The pods were stored in gunny bags (25 kg per bag) and stored in ventilated godowns. Six-month old pods were transported to the laboratory in sterile bags kept in a cold box with icepacks $({\sim}6$ °C).

2.2. Assay of aflatoxin B1

AFB1 ELISA kit (product code: KA07202H) was procured from Beijing Kwinbon Biotechnology Co., Ltd, China. This product is based on indirect competitive Enzyme Linked Immunosorbent Serologic Assay (ELISA). Assay protocol was performed as per manufacturer's instructions (given as supplementary data). The absorbance values were first converted into absorbance⁻¹. Then, the concentrations of the standard, AFB1 (ppb), were displayed on the Y-axis and the absorbance⁻¹ values of the standards were presented on the X-axis.

2.2.1. Sample preparation

For AFB1 analysis, pods were withdrawn from different parts of the gunny bags, i.e., the upper, middle and lower parts that

Country-wise maximum permissible limits for aflatoxin B1 levels in groundnut.

^a The Almond Board of California, 2022 [\[38](#page-8-0)].
^b De Oliveira & Corassin, 2014 [\[39\]](#page-8-0).
^c Norlia et al., 2019 [\[40](#page-8-0)].

Table 2

Groundnut accessions from Oromiya region, Misrak Harerge zone.

Table 3

Groundnut accessions from Benishangul & Gumuz region.

weighed *in toto* 3 kg. Then, the pods were shelled, mixed together and powdered using a kitchen blender aseptically. In a 50 ml polystyrene centrifuge tube, 2 g of seed powder was taken. To this, initially 3 ml of acetonitrile was added, followed by the addition of 3 ml of deionized water. The mixture was vortexed for 5 min and then centrifuged at 3000 g for another 5 min at room temperature. Subsequently, 3 ml of the resulting supernatant was transferred to another 50 ml polystyrene centrifuge tube. To this, 4.5 ml of chloroform was added, followed by another round of vortexing for 5 min and centrifugation at 3000*g* for 5 min at room temperature. Next, 3 ml of the substrate organic phase was transferred to a clean 10 ml glass tube and dried under a flow of nitrogen gas at 50–60 °C. Once dry, 1 ml of *n*-hexane was added, and the mixture was shaken for 30 s. Following this, 1 ml of the extraction solution provided by the kit manufacturer was added, and the mixture was shaken again for 30 s. The tube was then centrifuged at 3000 g for 5 min at room temperature, after which the supernatant organic phase was discarded. Finally, 50 μl of the substrate water phase was retrieved for the assay. This procedure was repeated thrice to get triplicate data.

2.3. Other parameters

Variables namely kernel colonization by *Aspergillus flavus*, individual seed weight, total carbohydrates, protein and total free amino acids were estimated by us earlier [\[19](#page-8-0)].

2.4. Statistical analysis

As previously done by Hamidou et al. [[20\]](#page-8-0), logarithmic (base 10) conversions of AFB1 concentration (ppb) were utilized to stabilize the variance as the data for AFB1 exhibited a diverse range of values. Critical difference (CD) values were estimated at 1 % and 5 % levels using WASP 2.0 [\(https://ccari.icar.gov.in/waspnew.html](https://ccari.icar.gov.in/waspnew.html)) to see if there are any significant differences among the accessions. Relationship of AFB1 with other studied parameters was determined by computing the correlation coefficient (r) values.

3. Results and discussion

AFB1 was determined in 28 groundnut accessions in triplicates by using indirect competitive ELISA. The standard graph used for the calculation AFB1 in the groundnut samples is presented in Fig. 1. Trend line is obtained using polynomial option with order 3 in Microsoft® Excel® 2016. The trend line in this graph was obtained using polynomial option with order 3 in Microsoft® Excel® 2016. The AFB1 levels in ppb ranged from the lowest value of 1.94 in the accessions 19750 & 23521 to the highest value of 410.7 in the accession 19742. These findings are in agreement with previous studies on aflatoxin contamination in Ethiopian groundnut. Bisrat $\&$ Gebre [\[15](#page-8-0)] reported an average AFB1 level of 34.7 ppb. Amare et al. [\[14](#page-8-0)] found aflatoxin levels ranging from 5 to 250 ppb in eastern Ethiopia. Chala et al. [[16\]](#page-8-0) analyzed groundnut samples from farmers' stores and markets and found significant contamination. Over 77 % of their samples tested positive for aflatoxin, with levels varying widely from 15 to a concerning 11,900 ppb. A study by Mohammed et al. [[17](#page-8-0)] investigated groundnut samples collected from farmers' stores in Eastern Ethiopia. They found that a significant portion of the samples from Babile district were contaminated with AFB1. In the 2013/14 cropping season, 45 % of the samples tested positive for AFB1, with levels ranging from 1.8 to 723 ppb. This contamination rate decreased to 30 % in the 2014/15 season, but the levels of AFB1 were higher, ranging from 7.1 to 2526 ppb. It is imperative to note here that all the 28 groundnut accessions investigated in the present study tested positive for AFB1. No level of aflatoxin above zero is considered safe [\[21](#page-8-0)].

Studies from around the globe reveal concerning levels of aflatoxin contamination in groundnuts. In Thailand, Arunyanark et al.

Fig. 1. Standard graph used for AFB1 measurement.

[\[22](#page-8-0)] found significant variation among groundnut varieties, with aflatoxin levels ranging from a low of 4 ppb to a high of 183 ppb. Monyo et al. [\[23\]](#page-8-0) reported AFB1 levels as high as 3240 ppb in fresh groundnut samples from Malawi. Waliyar et al. [[24](#page-8-0)] documented AFB1 in groundnut samples from Malian markets, ranging from 105 to 226.3 ppb. Kachapulula et al. [[25\]](#page-8-0) analyzed groundnuts in Zambia and found an average total aflatoxin content of 39 ppb. Muzoora et al. [[26\]](#page-8-0) detected total aflatoxin levels ranging from 1.6 to 516 ppb in Ugandan groundnut samples collected from traders. Oyedele et al. [[27\]](#page-8-0) found that nearly 30 % of domestic market groundnut samples in Nigeria tested positive for AFB1, with levels ranging from 0.9 to 710 ppb. In Ghana, Kortei et al. [[21\]](#page-8-0) reported that over 61 % of market samples contained AFB1, ranging from 0.38 to 230.21 ppb. A recent study by Kimario et al. [\[28](#page-8-0)] found an alarming average total aflatoxin content of 269 ppb in household-stored groundnut samples from Dodoma, Tanzania. Aflatoxin contamination in groundnuts appears to be a widespread problem across Africa and also in other continents. The severity of the contamination varies depending on the location. Further research is needed to understand the underlying causes of aflatoxin contamination variations and develop effective control strategies in different regions.

The standard deviation in AFB1 content in the current study was 132.58. Because a wide range of values of AFB1 (ppb) was found, logarithmic (base 10) transformations of AFB1 (ppb) were used to stabilize the variance in the current investigation. Log_{10} transformation resulted in almost equal correlation coefficient (r) values for transformed and untransformed data of EBI accessions. *i.e.*, the r value between untransformed data [AFB1 (ppb)] and kernel colonization was 0.855 (p *<* 0.01), while the r value between transformed data [log10 AFB1] and kernel colonization was 0.873 (p *<* 0.01). Similarly, the r value between untransformed data [AFB1 (ppb)] and total carbohydrates was 0.620 (p < 0.01), while the r value between transformed data [log₁₀ AFB1] and total carbohydrate was 0.573 (p < 0.01). Log₁₀ transformation of AFB1 is necessary to compare all the accessions using a histogram. The standard deviation has reduced to 0.85 due to log_{10} transformation. Therefore, log transformed AFB1 values are discussed in the present investigation.

 $Log₁₀$ AFB1 content in the groundnut landraces belonging to Oromiya region, Misrak Harerge zone is presented in Fig. 2. The European Union has established a threshold limit for AFB1 at 2 ppb in ready to eat groundnut. Log₁₀ of 2 ppb is 0.30. Hence, accessions showing log₁₀ AFB1 values > 0.30 are unacceptable in European Union. The present study reveals that the accessions namely, 19750, 19754 and 29574 are only acceptable in European Union. The remaining 17 accessions in are unacceptable due to high AFB1 content. Log_{10} AFB1 content in the groundnut accessions belonging to Benishangul Gumuz region is presented in [Fig. 3](#page-5-0). The accessions namely, 23521, 23524, and 23525 are acceptable in European Union, while the remaining five accessions are unacceptable as they contain *>*0.30 log10 AFB1.

An insignificant relationship ($r = 0.246$) was noticed between altitude of cultivation and log_{10} AFB1 in the present study. Guchi

Fig. 2. Log₁₀ AFB1 content in the groundnut accessions from Oromiya region, Misrak Harerge zone.

Fig. 3. Log₁₀ AFB1 content in the groundnut accessions from Benishangul Gumuz region.

[\[29](#page-8-0)] observed that aflatoxin levels are greatly affected by environmental conditions. He [\[29](#page-8-0)] further added that the danger of aflatoxin contamination rises in grain crops after an increase in temperature. Species that produce aflatoxin necessitate temperatures ranging from 25 to 37 °C and a moisture level between 80 % and 85 % for their growth [[30\]](#page-8-0). In Malawi, aflatoxin contamination typically shows greater prevalence in the hotter, lower altitudes along the lakeshore of Lake Malawi and the Shire Valley, in contrast to the cooler, higher altitudes of Mchinji, Kasungu, and the Lilongwe plateau [[23](#page-8-0)]. The study by Monyo et al. [[23\]](#page-8-0) showed that the hotter regions of Malawi exhibited elevated populations of aflatoxigenic fungi. This observation is contrary to that in Zambia, where Njoroge et al. [[31\]](#page-8-0) noted that populations of aflatoxigenic fungi were higher in the cooler plateau regions in contrast to those in the hot Luangwa Valley. It is concluded based on the data of the present study that altitude of cultivation has no effect on AFB1 content in groundnut accessions of Ethiopia.

[Table 4](#page-6-0) presents the data on individual seed weight, kernel colonization by *A. flavus*, total carbohydrates, protein, total free amino acids, and log10 AFB1 in Ethiopian groundnut germplasm. Statistical analysis showed that there are significant variations (P *<* 0.05; P < 0.01) among the accessions in terms of all the investigated variables. Kernel colonization exhibited a positive relationship with log_{10} AFB1, which is significant at 1 % level [\(Table 5\)](#page-6-0). This is because kernel colonization by *A. flavus* in the initial stage results in AFB1 accumulation in the final stage. In the studies conducted by Arunyanark et al. [[22\]](#page-8-0), under the irrigated treatment, there was a decrease in kernel colonization (2–37 %) and aflatoxin contamination $[1-19ppb]$ $[1-19ppb]$, in contrast to severe drought conditions where kernel colonization could reach up to 53 % and aflatoxin contamination up to 62 ppb. The kernel colonization and aflatoxin contamination were consistently lower in the genotypes ICGVs 98324, 98330, and 98353 [[22\]](#page-8-0).

A significant ($p < 0.01$) positive correlation between Log_{10} AFB1 content and total carbohydrates was also observed in the present study [\(Table 5](#page-6-0)). This indicates that carbohydrate content in the groundnut seeds has relationship with AFB1 content. Basic sugars like glucose, sucrose, and fructose, which serve as the main soluble sugars in groundnuts, have been noted as effective carbon reservoirs for aflatoxin production in controlled laboratory settings [\[32](#page-8-0)]. In times of drought and temperature strain, the carbohydrate levels in groundnut seeds experience an elevation [\[33](#page-8-0)]. Moreover, immature seeds typically contain higher levels of sugar compared to mature seeds, and it is more common for aflatoxin contamination to occur in these immature seeds [\[34](#page-8-0)]. Noted variances in carbohydrate content hold significance because Manda et al. [[34\]](#page-8-0) reported strong positive associations between aflatoxin levels in groundnuts and the sucrose, fructose, and glucose content present in the groundnuts at harvest. The carbohydrate levels in developing groundnut seeds or those subjected to drought stress might have a pivotal influence on aflatoxin production [[32](#page-8-0)].

Table 4

Certain parameters analyzed in the groundnut accessions of Ethiopia.

Values in parenthesis are the ppb value of AFB1.

Table 5

Linear relationship of log₁₀ AFB1 with total carbohydrates (mg/100 mg) and kernel colonization (%), using the data obtained from EBI groundnut accessions. Regression formula $Y = a + bX$, where X is log_{10} AFB1, a and b are regression constants.

n is number of observations. a ^p*<* 0.01.

4. Conclusions

AFB1 level and its relationship with various parameters have been studied in the groundnut germplasm of Ethiopia. The AFB1 levels measured by indirect competitive ELISA ranged from 1.94 ppb to 410.7 ppb. Out of the 28 accessions studied, only six accessions contained ≤2 ppb AFB1 and so, they comply with maximum permissible limit set by European Union. It was found out that altitude do not influence AFB1 content in groundnut. Log10 AFB1 exhibited a positive relationship (p *<* 0.01) with kernel colonization, and also with total carbohydrates. It is put forward that an increase in total carbohydrate favours initial kernel colonization by *A. flavus* and final AFB1 accumulation in groundnut kernels. AFB1 measurement is an expensive technique. Hence, kernel colonization has been recommended as an inexpensive analytical tool to get an idea about AFB1 levels in groundnut. Farmers are recommended to cultivate the groundnut genotypes that are reported to contain low levels of AFB1. For the groundnut genotypes which exceed maximum permissible limit for AFB1, appropriate pre- and post-harvest aflatoxin management practices should be developed. Besides, the data generated in this study can be used by the government to fix maximum permissible limit for AFB1 in the groundnut seeds of Ethiopia. It is imperative to note here that the data generated in the present study especially AFB1 content could change in the subsequent years due to climate change.

As aflatoxin contamination in groundnut is greatly influenced by genotype - environment interaction, breeding for aflatoxin resistance is cumbersome. There is not one route for the fungus to reach the kernel. For example, the kernel may be exposed to the fungi before harvest because of lack of plant genetic resistance or after harvest due to improper drying, transportation and poor storage facilities. Many methods have been used to mitigate aflatoxin levels such as late season irrigation, biocontrol using atoxigenic *A. flavus*, weed & insect control, timely planting & harvesting, and habitat management employing push-pull technology $[35]$ $[35]$. Recently, Kortei et al. [\[36](#page-8-0)] were able to achieve 97.38 % reduction of aflatoxins by means of parboiling groundnut seeds in brine solution before drying and roasting with sand. Guo et al. [[37\]](#page-8-0) found out that the AFB1 levels in groundnut seeds could be brought down to undetectable levels even after 60 days of storage if the soil used for cultivation was fumigated using chloropicrin or metham sodium. So as of now, it is not possible to prevent aflatoxin contamination using a single strategy. The use of a combination of different methods based on the available resources in a locality is the only option now to prevent aflatoxin contamination in groundnut.

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Data availability statement

Data will be made available on reasonable request.

CRediT authorship contribution statement

Yonas Syraji: Methodology, Investigation. **Jeyaramraja PR:** Writing – review & editing, Writing – original draft, Supervision, Formal analysis, Conceptualization. **Teklu Wegayehu:** Supervision, Project administration, Investigation, Conceptualization.

Declaration of generative AI and AI-assisted technologies in the writing process

During the preparation of this work the authors used chatGPT in few places of the manuscript, in order to improve language and readability. After using this tool/service, the authors reviewed and edited the content as needed and take full responsibility for the content of the publication.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Appendix A. Supplementary data

Supplementary data to this article can be found online at [https://doi.org/10.1016/j.heliyon.2024.e35023.](https://doi.org/10.1016/j.heliyon.2024.e35023)

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