# Intracellular Ca<sup>2+</sup> signaling A novel player in the canonical mTOR-controlled autophagy pathway

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Abbreviations: AMPK, AMP-activated kinase; Atg, Autophagy protein; ATP, adenosine triphosphate; BAPTA(-AM), 1,2-bis(oaminophenoxy)ethane-N,N,N',N'-tetraacetic acid (-acetoxymethyl ester); Bcl-2, B cell CLL/lymphoma 2; CaMKI, Calmodulin kinase I; CaMKKβ, Calmodulin kinase kinase β; Dox, doxycycline; EGTA, ethylene glycol tetraacetic acid; ER, Endoplasmic reticulum; ERK, Extracellular signal-regulated kinase; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; Ins(1,4,5)P<sub>3</sub>R, Inositol 1,4,5-trisphosphate receptor; LC3, Microtubule-associated protein 1 light chain 3; MEF, Mouse embryonic fibroblast; mTOR, Mammalian target of rapamycin; NAADP, Nicotinic acid adenine dinucleotide phosphate; PI3K, Phosphatidylinositol 3-kinase; PKCθ, Protein kinase C θ; SERCA, Sarco-/endoplasmic reticulum Ca<sup>2+</sup> ATPase; ULK1, Unc-51-like kinase 1; WIPI-1, WD repeat domain phosphoinositide-interacting protein 1

Functional intracellular Ca<sup>2+</sup> signaling is essential for the upregulation of the canonical mTOR-controlled autophagy pathway triggered by rapamycin or by nutrient deprivation. Moreover, modifications in the Ca<sup>2+</sup>-signaling machinery coincide with autophagy stimulation. This results in enhanced intracellular Ca<sup>2+</sup> signaling essential for driving the autophagy process. Yet, the mechanisms upstream (the players causing the changes in Ca<sup>2+</sup> signaling) and downstream (the targets of the altered Ca<sup>2+</sup> signals) of this Ca<sup>2+</sup>-dependent autophagy pathway remain elusive. Here, we speculate about these mechanisms based on our current knowledge.

## To Have a Look Upstream: The Culprit(s) of the Changes in Ca<sup>2+</sup> Signaling

The role of  $Ca^{2+}$  signaling in autophagy regulation was met with a great deal of controversy in the past years, with reports suggesting inhibitory, as well as stimulatory, effects of  $Ca^{2+}$ on autophagy.<sup>1</sup> We recently investigated the role of intracellular  $Ca^{2+}$  homeostasis/signaling in canonical mTOR-controlled autophagy upon rapamycin treatment.<sup>2</sup> Rapamycin activates autophagy via the inhibition of mTOR, which is regarded as a key regulator of autophagy, leading to its stimulation through a canonical pathway, involving downstream of mTOR, the ULK1 complex, the PI3K complex III (including Beclin 1), Atg5, Atg7 and LC3. Rapamcyin treatment of HeLa and MEF cells stimulated autophagy in a concentration- and time-dependent manner. Interestingly, the upregulation of autophagy correlated with an increase in the ER Ca<sup>2+</sup> content and increased Ins(1,4,5) $P_3$ Rmediated Ca<sup>2+</sup> signaling. Buffering the intracellular Ca<sup>2+</sup> with the cell-permeable chelator BAPTA-AM abolished rapamycininduced autophagy, indicating that intracellular Ca<sup>2+</sup> signaling is required for activation of the canonical autophagy pathway. This study followed up on a previous study investigating the role of Ca<sup>2+</sup> signaling in nutrient starvation-induced autophagy.<sup>3</sup> Nutrient starvation stimulates autophagy via the same canonical pathway. Hence, it is not surprising that also starvation induced changes in the intracellular Ca<sup>2+</sup> homeostasis and that starvationinduced autophagy was also abolished by BAPTA-AM.

Although these data suggest that Ca<sup>2+</sup> signaling is an important regulator in the canonical mTOR-controlled autophagy pathway, it remains to be addressed whether other autophagyinducing stimuli that do not act via this pathway induce similar changes in intracellular Ca<sup>2+</sup> signaling as rapamycin or

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starvation. This is certainly not the case for Li<sup>+</sup>, which activates autophagy in an mTOR-independent fashion, through inhibition of the inositol metabolism.<sup>4</sup> This leads to less  $Ins(1,4,5)P_3$  and less activation of the ER-resident  $Ca^{2+}$  channel  $Ins(1,4,5)P_3R$ . Hence, Li<sup>+</sup> works in an opposite way than rapamycin or starvation, i.e., through a decrease in intracellular  $Ca^{2+}$  signaling. This discrepancy can be explained by a difference in destination of the  $Ca^{2+}$  signals (mitochondria vs. cytosol, see further).<sup>5</sup> This effect of Li<sup>+</sup> clearly exemplifies that autophagy stimulation in general does not always require increased  $Ca^{2+}$  signaling. Moreover, when  $Ca^{2+}$  signaling participates in the autophagy process, its action will depend on the exact stimulus and on the different autophagy players involved.

To address which of these players are crucial for  $Ca^{2+}$ dependent autophagy stimulation, it will be of interest to evaluate the  $Ca^{2+}$  effects in a context of mTOR-, ULK1-, Beclin 1-, Atg5or Atg7-independent autophagy stimulation. In this respect, it is important to note that the changes in  $Ca^{2+}$  homeostasis were still observed in an Atg5-knockout model of MEF cells upon nutrient starvation (Fig. 1) or rapamycin treatment.<sup>2</sup> This suggests that (1) Atg5 is not required for enhanced Ca<sup>2+</sup> signaling during the stimulation of mTORcontrolled autophagy, and (2) the key players responsible for enhanced Ca<sup>2+</sup> signaling occur upstream of Atg5 in the autophagy pathway. Since LC3 lipidation is downstream of Atg5, it is unlikely LC3 will be a main contributor of the observed changes in Ca<sup>2+</sup> signaling.

The most intriguing autophagy player in this story however is Beclin 1. We observed that Beclin 1 was essential for sensitization of the  $Ins(1,4,5)P_{a}R$  in HeLa cells after nutrient starvation, resulting in more Ca<sup>2+</sup> release upon stimulation by low or medium  $[Ins(1,4,5)P_3]$ .<sup>3</sup> This sensitization was concomitant with an increased binding of Beclin 1 to the  $Ins(1,4,5)P_{a}R$  and the dissociation of Beclin 1 from inhibitory Bcl-2 family proteins.3 Beclin 1 knockdown prevented  $Ins(1,4,5)P_{a}R$  sensitization during nutrient starvation, while recombinantly expressed and purified Beclin 1 was able to sensitize  $Ins(1,4,5)P_{3}R$ -mediated  $Ca^{2+}$  flux in non-starved cells. Importantly, Beclin 1 knockdown did not alter the increased ER Ca2+-store content upon nutrient starvation. This indicates that two mechanisms can contribute to the enhanced Ins(1,4,5) $P_{a}$ R-mediated Ca<sup>2+</sup> signaling during

nutrient starvation: the Beclin 1-dependent  $Ins(1,4,5)P_3R$  sensitization and the Beclin 1-independent increase in ER Ca<sup>2+</sup> content (Fig. 2). Likely, the more subtle Beclin 1-dependent sensitization of the  $Ins(1,4,5)P_3R$  is required to generate the more specific autophagy-stimulating Ca<sup>2+</sup> signals. In this sense, this sensitization may be of more importance than the observed increase in ER Ca<sup>2+</sup> content, and Beclin 1 may represent the switch that drives the Ca<sup>2+</sup>-dependent autophagy pathway. Therefore, the role of Beclin 1 in autophagy triggered by different stimuli ought to be further scrutinized.

#### To have a Look Downstream: The Ca<sup>2+</sup> Target

An important point that needs clarification is the exact target of these autophagy-stimulating  $Ca^{2+}$  signals. The differences observed in autophagy levels after BAPTA-AM or Xestospongin B (an  $Ins(1,4,5)P_3R$  inhibitor) treatment can partially address this question.<sup>3</sup> BAPTA-AM, which buffers intracellular  $Ca^{2+}$ , did not induce any changes in basal autophagy levels, while Xestospongin B increased them. However, both of them blunted starvation-stimulated autophagy. We anticipate that the different effects on basal autophagy levels by BAPTA-AM and Xestospongin B can be explained by differences in localization of the autophagy-inhibiting and autophagy-stimulating Ca2+ signals (Fig. 2).  $Ins(1,4,5)P_3Rs$  mediate a constitutive Ca2+ release toward mitochondria for assuring an appropriate energy production, which represses AMPK activity and hence keeps autophagy at low levels.<sup>5</sup> For this pathway, close ER-mitochondria contact sites are required to facilitate the efficient transfer of Ca2+ into the mitochondria.<sup>6</sup> Xestospongin B, but not BAPTA, likely can access these microdomains and inhibit the  $Ins(1,4,5)P_{a}Rs$  present in the ER-mitochondria contact sites. Hence, only Xestospongin B will attenuate energy production and increase basal autophagy levels. However, since both BAPTA-AM and Xestospongin B can abolish starvation-induced autophagy,3 the autophagy-stimulating Ca2+ signal has another target than mitochondria.

Several cytosolic Ca<sup>2+</sup> targets that regulate autophagy have already been proposed in the literature: CaMKKß,<sup>7</sup> PKC $\theta^8$  and ERK.<sup>9</sup> However, it should be noted that these reports are based on autophagy-inducing stimuli that result in a rather general increase in the cytosolic [Ca<sup>2+</sup>], rather than an increase in the ER Ca<sup>2+</sup> content and/or in Ins(1,4,5)P<sub>3</sub>R-mediated Ca<sup>2+</sup> release. In particular, thapsigargin, a potent inhibitor of the ER Ca<sup>2+</sup> pump SERCA, is often applied, but this treatment actually leads to an emptying of the ER Ca<sup>2+</sup> content, opposite to the effects observed after rapamycin treatment or starvation (Fig. 2). The activation of autophagy through a general increase in cytosolic [Ca<sup>2+</sup>] is therefore not strictly equal to autophagy stimulation via increased Ins(1,4,5)P<sub>3</sub>R-mediated Ca<sup>2+</sup> signaling, and both ways of autophagy stimulation may have different targets (Fig. 2).

The Beclin 1-mediated  $Ins(1,4,5)P_3R$  sensitization that we observe during nutrient starvation led to a small, but significant increase of  $Ins(1,4,5)P_3$ -induced  $Ca^{2+}$  release.<sup>3</sup> The question arises whether such a small difference in  $Ca^{2+}$  release can have major cellular effects. However, the small nature of this sensitization suggests that the subsequent effects are restricted to the local environment of the  $Ins(1,4,5)P_3R$ . Interestingly, the ER and in particular special subdomains termed omegasomes are reported as important sites of origin for autophagosomes.<sup>10</sup> At these sites several key players for autophagosome formation are assembled, including WIPI proteins and the PI3K complex III. It is therefore possible that the autophagy-inducing  $Ca^{2+}$  signal does not reach beyond the close proximity of its release site, that the target is therefore situated at these omegasomes and that these  $Ca^{2+}$  signals are hence required for the initial steps in autophagosome



**Figure 2.** The different mechanisms by which autophagy is controlled by intracellular Ca<sup>2+</sup>signaling events. (Left) In basal conditions, constitutive Ins(1,4,5)P<sub>3</sub>R-mediated Ca<sup>2+</sup> release toward mitochondria enhances mitochondrial ATP production, inhibiting autophagy through inactivation of AMPK. This Ca<sup>2+</sup> signal can be abrogated by Xestospongin B, but not by BAPTA. (Middle) Upon addition of Ca<sup>2+</sup>-mobilizing agents, like thapsigargin, the ER Ca<sup>2+</sup> store is emptied and the cytosolic [Ca<sup>2+</sup>] gradually increases. The latter activates autophagy through a pathway putatively involving CaMKKβ and AMPK. Right: Upon rapamycin treatment or after nutrient starvation, the Ins(1,4,5)P<sub>3</sub>R becomes sensitized through the recruitment of Beclin 1 and the increased ER Ca<sup>2+</sup>-store content, both enhancing Ins(1,4,5)P<sub>3</sub>R-mediated Ca<sup>2+</sup> signaling, thereby stimulating autophagy. These Ca<sup>2+</sup> signals are not only suppressed by Xestospongin B but also by BAPTA, implying these occur outside the ER-mitochondria microdomains. The target may hence be cytosolic and localized at the ER (e.g., CaMKI) or may be connected with the lysosomes.

formation. In this context, a likely  $Ca^{2+}$ -target candidate is CaMKI, involved in the  $Ca^{2+}$ -dependent formation of WIPI-1 punctae upon various triggers of autophagy, including nutrient starvation (Fig. 2).<sup>11</sup>

Recently, more insights in the role of lysosomal Ca<sup>2+</sup> homeostasis in autophagy regulation have been obtained. Lysosomeresident NAADP-gated Ca2+ release channels seem important regulators of autophagy.<sup>12,13</sup> Since lysosomes function only in the final steps of the autophagy process, it is likely that Ca<sup>2+</sup> release from these organelles predominantly regulates distal steps in the autophagy process, such as autophagosome-lysosome fusions, the degradation of the autophagic cargo or the recycling of the lysosomal membranes. However, Ca<sup>2+</sup> release from the lysosomes have been proposed to be amplified by Ca2+ release from the ER by a process of Ca<sup>2+</sup>-induced Ca<sup>2+</sup> release, and may therefore also modulate proximal steps in the autophagy pathway.<sup>14,15</sup> Moreover, recent work of different groups highlighted the possibility of complex, bi-directional functional interactions between lysosomal and ER Ca<sup>2+</sup>.<sup>16-18</sup> Thus, enhanced Ins(1,4,5)P<sub>2</sub>R-mediated Ca<sup>2+</sup> signaling may not only affect early steps in the autophagy pathway by regulating systems locally at the ER, but also distal steps by reciprocal Ca2+ signaling between the ER and the lysosomes. Thus, the modulation of intracellular Ca2+ signaling at the spatiotemporal level allows for a complex and fine-tuned control of the autophagy pathway by Ca<sup>2+</sup>, likely involving multiple Ca<sup>2+</sup> targets at different steps of the autophagy process.

In conclusion, the present findings represent only the tip of the iceberg in unraveling the role of  $Ca^{2+}$  in autophagy stimulation. The identification of the exact key players, both upstream and downstream of the autophagy-stimulating  $Ca^{2+}$  signals, will

be a key future prospect to further understand the generality and importance of intracellular Ca<sup>2+</sup> signaling in autophagy regulation. Moreover, the clarification of this complex regulation may provide novel opportunities to modulate autophagy.

### Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

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