



# Anti-Proliferative and Apoptotic Activities of Müllerian Inhibiting Substance Combined with Calcitriol in Ovarian Cancer Cell Lines

Yeon Soo Jung<sup>1,2</sup>, Hee Jung Kim<sup>2</sup>, Seok Kyo Seo<sup>2,3</sup>, Young Sik Choi<sup>2,3</sup>, Eun Ji Nam<sup>2,3</sup>, Sunghoon Kim<sup>2,3</sup>, Sang Wun Kim<sup>2,3</sup>, Hyuck Dong Han<sup>1</sup>, Jae Wook Kim<sup>2,3</sup>, and Young Tae Kim<sup>2,3</sup>

<sup>1</sup>Department of Obstetrics and Gynecology, Wonju Severance Christian Hospital, Yonsei University Wonju College of Medicine, Wonju; <sup>2</sup>Institute of Women's Life Medical Science, Yonsei University College of Medicine, Seoul;

**Purpose:** This study aimed to investigate whether Müllerian inhibiting substance (MIS) in combination with calcitriol modulates proliferation and apoptosis of human ovarian cancer (OCa) cell lines (SKOV3, OVCAR3, and OVCA433) and identify the signaling pathway by which MIS mediates apoptosis.

Materials and Methods: OCa cell lines were treated with MIS in the absence or presence of calcitriol. Cell viability and proliferation were evaluated using the Cell Counting Kit-8 assay and apoptosis was evaluated by DNA fragmentation assay. Western blot and enzyme-linked immunosorbent assay were used to determine the signaling pathway.

**Results:** The cells showed specific staining for the MIS type II receptor. Treatment of OCa cells with MIS and calcitriol led to dose-and time-dependent inhibition of cell growth and survival. The combination treatment significantly suppressed cell growth, down-regulated the expression of B-cell lymphoma 2 (Bcl-2), and up-regulated the expressions of Bcl-2 associated X protein, caspase-3, and caspase-9 through the extracellular signal-regulated kinase signaling pathway.

**Conclusion:** These results, coupled with a much-needed decrease in the toxic side effects of currently employed therapeutic agents, provide a strong rationale for testing the therapeutic potential of MIS, alone or in combination with calcitriol, in the treatment of OCa.

Key Words: Ovarian cancer, Müllerian inhibiting substance, calcitriol, antiproliferation, apoptosis

## **INTRODUCTION**

Epithelial ovarian cancer (OCa) affects nearly 25000 women in North America every year and is the fifth most common malignancy in women with a five-year mortality of over 70%. Be-

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**Corresponding author:** Dr. Young Tae Kim, Department of Obstetrics and Gynecology, Severance Hospital, Yonsei University College of Medicine, 50-1 Yonsei-ro, Seodaemun-gu, Seoul 03722, Korea.

Tel: 82-2-2228-2230, Fax: 82-2-313-8357, E-mail: ytkchoi@yuhs.ac

•The authors have no financial conflicts of interest

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cause the symptoms are often not observed until the cancer has spread extensively, less than 25% of women are diagnosed at early stage of the disease. Combined surgery and cytotoxic therapy produce favorable clinical responses in 50% to 80% of patients; however, the majority of patients relapse. Therefore, it is crucial to search for new biologically targeted treatment modalities.  $^{\!\!2,3}$ 

The Müllerian duct, which is formed from the coelomic epithelium, develops into the Fallopian tubes, uterus, cervix, proximal vagina, and the surface epithelium of the ovaries in females.  $^4$  Müllerian inhibiting substance (MIS), also referred to as anti-Müllerian hormone or AMH, is a glycoprotein composed of two identical 535 amino acid residues subunits with a combined molecular weight of 140 kDa. MIS belongs to the transforming growth factor- $\beta$  (TGF- $\beta$ ) family along with bone morphogenetic protein, activin, and inhibin.  $^5$  Several studies have

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<sup>&</sup>lt;sup>3</sup>Department of Obstetrics and Gynecology, Severance Hospital, Yonsei University College of Medicine, Seoul, Korea.



suggested that MIS inhibits the growth of cell lines and tissues of MIS receptor-expressing gynecological malignancies such as breast, endometrial, cervical, and ovarian cancer.<sup>6-10</sup>

Calcitriol (1, 25-dihydroxycholecalciferol), the hormonally active form of Vitamin D (Vit D), has long been known as an important regulator of calcium homeostasis and bone metabolism through its activity in the intestines, bones, kidneys, and the parathyroid glands. Emerging evidence indicates that calcitriol may be implicated in the regulation of other important biological processes such as insulin secretion, immune response, pro-differentiation, anti-proliferation, pro-apoptosis, anti-angiogenesis, inhibition of invasion and metastasis, and antiinflammation. It has recently been suggested that MIS constitutes a novel target regulated by calcitriol in prostate cells, and that induction of MIS expression may play an important role in the anti-cancer activity of calcitriol. It is a support of the control of the calcitriol of the calcitriol.

Growing evidence suggesting that MIS and calcitriol can act synergistically to inhibit the growth of tumor cells prompted us to examine the effects of MIS in combination with calcitriol on OCa cell lines. Therefore, the purpose of this study was to investigate whether MIS in combination with calcitriol modulates the proliferation and apoptosis of human OCa cell lines (SKOV3, OVCAR3, and OVCA433) and to identify the signaling pathway by which MIS and calcitriol mediate proliferation and apoptosis.

### **MATERIALS AND METHODS**

#### Cell culturing

Human epithelial OCa cell lines (SKOV3, OVCAR3, and OVCA 433) were cultured in RPMI-1640 medium (Gibco-BRL, Gaithersburg, MD, USA) supplemented with 10% fetal bovine serum (FBS), 100 U/mL penicillin, and 100  $\mu$ g/mL streptomycin. The cells were incubated in a humidified atmosphere containing 5% CO<sub>2</sub> at 37°C.

## MIS type II receptor (MISRII) detection

MIS type II receptor (MISRII) expression was examined in SKOV3, OVCAR3, and OVCA433 cell lines by western blot analysis, performed with rabbit polyclonal antihuman MISRII antiserum (Abcam, Cambridge, MA, USA).

#### Cell viability and proliferation assay

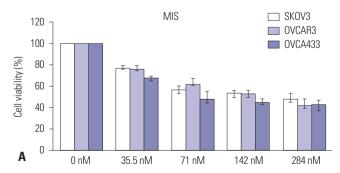
Cell viability and proliferation were measured using the Cell Counting Kit-8 (CCK-8) assay (Dojindo Laboratories, Kumamoto, Japan). Cells were seeded in a 96-well flat-bottomed plate ( $2\times10^3$  cells in  $100~\mu L$  per well), incubated overnight to allow for cell attachment and recovery, and then exposed to MIS (USCN Life Science Inc., Wuhan, Hubei, China) and calcitriol (Sigma, St. Louis, MO, USA) dissolved in methanol for 24, 48, 72, and 96 h. Next, CCK-8 solution ( $10~\mu L$ ) was added to each well, and the cells were incubated for an additional two hours. Absorbance at 450 nm was measured with a microplate reader.

#### Treatment of cells with inhibitors

Cells were seeded at a density of  $5\times10^3$  cells/100-mm dish. Following the 48-h incubation, they were washed with a serumfree medium and then transferred into media without FBS at least 16 h prior to the start of the experiments. Cells were pretreated with 20  $\mu$ M each of the following inhibitors: SB203580 (Sigma), a p38 mitogen-activated protein kinase (p38 MAPK) inhibitor; PD98059 (Sigma), an extracellular signal-regulated kinase (ERK) inhibitor; LY294002, a phosphoinositide 3-kinase (PI3K) inhibitor; and SP600125 (Sigma), a c-Jun amino-terminal kinase (JNK) inhibitor.

#### Western blot analysis

Following treatment, cells were collected and centrifuged and whole-cell lysates were prepared using a lysis buffer. Total protein concentration was determined using a DC protein assay kit (Bio-Rad, Hercules, CA, USA). Thirty micrograms of protein was directly separated by 10% SDS-polyacrylamide gel electrophoresis (PAGE) and transferred to polyvinylidene difluoride (PVDF, Bio-Rad Laboratories). Blocked membranes were



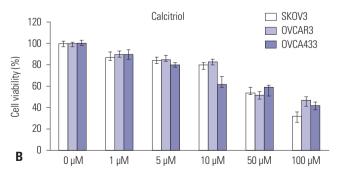


Fig. 1. Effects of MIS and calcitriol on the viability of ovarian cancer (OCa) cells. (A) Cells were treated with a range of MIS (35.5–284 nM) to determine the IC<sub>50</sub> for each cell line. (B) Cells were treated with a range of calcitriol concentrations (1–100 μM) to determine the IC<sub>50</sub> for each cell line. Values are presented as a percentage of the control and were calculated using the following equation: [(mean absorbance of treated cells)/(mean absorbance of control cells)]×100. Data are expressed as mean±SD from three independent experiments. For all subsequent experiments, MIS and calcitriol concentrations were held constant at or near their IC<sub>50</sub>, 71 nM and 50 μM, respectively. MIS, Müllerian inhibiting substance.



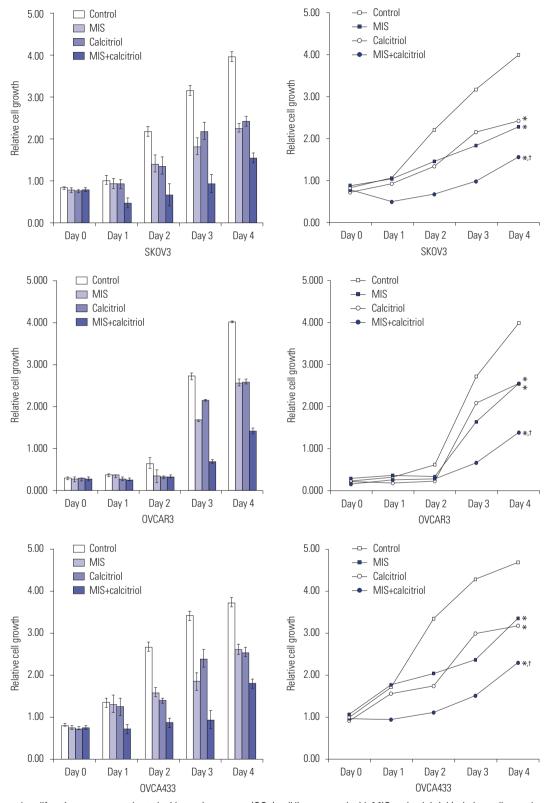


Fig. 2. Viability and proliferation assays conducted with ovarian cancer (OCa) cell lines treated with MIS and calcitriol (relative cell growth as a function of time). MIS and calcitriol concentrations were held constant at or near their IC $_{50}$ , 71 nM MIS and 50  $\mu$ M calcitriol. Cells were treated with vehicles (control), 71 nM MIS (MIS), 50  $\mu$ M calcitriol (calcitriol), or both agents (MIS+calcitriol). Combined use of calcitriol and MIS reduces cell proliferation of human OCa cell lines (SKOV3, OVCAR3, and OVCA433). Cell growth was monitored for 96 h post treatment. For the combination treatment, cells were pretreated with calcitriol (50  $\mu$ M) for 4 h prior to the addition of MIS (71 nM). Cell proliferation was measured using the Cell Counting Kit-8 solution as described in the Materials. Results are representative of three experiments. Data in the bar graph represent mean $\pm$ SD. \*p<0.05 vs. control, †p<0.05 vs. MIS. MIS, Müllerian inhibiting substance.



then incubated with primary antibodies overnight at 4°C. B-cell lymphoma 2 (Bcl-2), Bcl-2 associated X protein (BAX), ERK, phospho-ERK, JNK, and phosphor-JNK purchased from Cell signaling Technology (Beverly, MA, USA); and caspase-3 and caspase-9 from Biovision (Milpitas, CA, USA) were used

at a 1:1000 dilution. Subsequent to washing, the membranes were incubated with a horseradish peroxidase-conjugated anti-rabbit or anti-mouse secondary antibody (Santa Cruz, Biotechnology, Santa Cruz, CA, USA). The blots were re-probed with anti- $\beta$ -actin antibody as a loading control. Protein bands

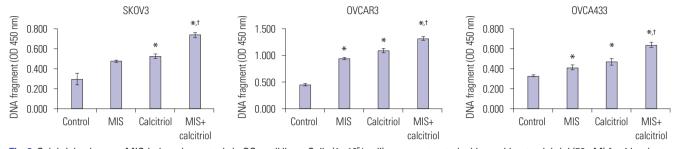


Fig. 3. Calcitriol enhances MIS-induced apoptosis in OCa cell lines. Cells ( $1 \times 10^5$ /well) were pretreated with or without calcitriol (50 μM) for 4 h prior to the addition of MIS (71 nM). Apoptosis was measured as cellular DNA fragmentation determined by ELISA. Results are representative of three experiments. Significant inhibition relative to the control (MIS 0 nM) is indicated by an asterisk and the cross indicates a significant difference relative to the MIS treatment (MIS 71 nM). Data are presented as mean $\pm$ SD. \*p<0.05 vs. control, †p<0.05 vs. MIS. MIS, Müllerian inhibiting substance; ELISA, enzyme-linked immunosorbent assay; OD, optical density.

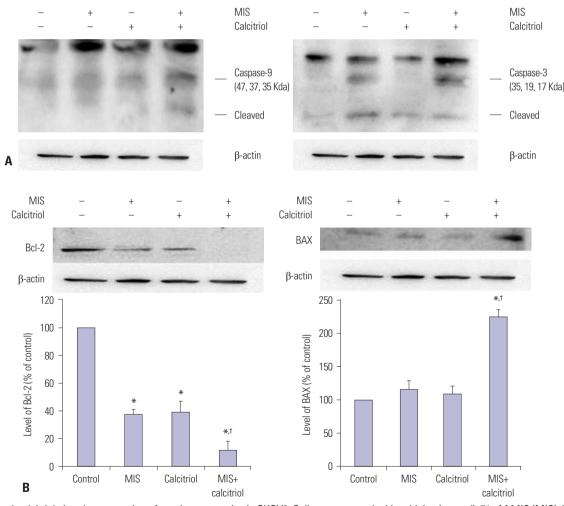


Fig. 4. MIS and calcitriol alter the expression of regulatory proteins in SKOV3. Cells were treated with vehicles (control), 71 nM MIS (MIS), 50 μM calcitriol (calcitriol), or both (MIS+calcitriol). For the combined treatment, cells were incubated in the presence or absence of calcitriol (50 μM) for 4 h followed by stimulation with MIS (71 nM) for 48 h. (A) Western blot analysis of caspase-9 and caspase-3. (B) Western blot analysis of Bcl-2 and BAX. Band intensities were quantitated and data are presented as mean $\pm$ SD. \*p<0.05 vs. control,  $^{\dagger}p$ <0.05 vs. MIS. MIS, Müllerian inhibiting substance; Bcl-2, B-cell lymphoma 2; BAX, Bcl-2 associated X protein.



were visualized using an enhanced chemiluminescence system (ECL<sup>TM</sup>; Amersham, Little Chalfont, UK) and band intensities were quantified using the Luminescent image analyzer (LAS 4000 mini; Fujifilm, Uppsala, Sweden). All experiments were independently repeated three times.

#### **DNA fragmentation assay**

The DNA fragmentation assay was performed using enzymelinked immunosorbent assay (ELISA) with a DNA fragmentation Kit (Roche Applied Science, Indianapolis, IN, USA). Cells were seeded at a density of  $1\times10^5$  cells per well in 96-well plates. Subsequent to 24 h growth, the medium was changed to a serum-free one, and cells were grown for an additional 24 h. In order to label the DNA, the medium was replaced with 10% FBS-Dulbecco's modified Eagle medium, 10  $\mu$ M 5-bromo-2'-deoxyuridine was added to each well, and cells were incubated for 24 h. Cells were treated with calcitriol for 4 h and then incubated with MIS for an additional 96 h. Cells were then lysed in 200  $\mu$ L of incubation buffer, and soluble DNA fragments were quantified using the Cellular DNA fragmentation ELISA kit according to the manufacturer's instructions. All experiments were performed in triplicate.

#### Statistical analysis

Data were analyzed by Student's t-test or ANOVA for each of the repeated experiments. For all analyses, statistically significant differences were designated as p<0.05. Results are shown as mean±SD.

#### RESULTS

#### MISRII is expressed in ovarian cancer cell lines

Before evaluating the response of OCa cells to MIS, we first determined whether the cells expressed MISRII. Thus, expression of MISRII was examined in SKOV3, OVCAR3, and OVCA433 cell lines by western blot analysis, using a rabbit polyclonal antihuman MISRII antiserum. All cell lines showed specific staining for MISRII, although expression in OVCAR3 was higher than in SKOV3 and OVCA433 (data not shown).

#### Growth inhibitory concentrations for MIS and calcitriol

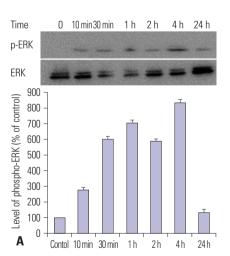
OCa cells were treated with a range of MIS (35.5–284 nM) and calcitriol concentrations (1–100  $\mu$ M) to determine the IC<sub>50</sub> for each cell line. For all subsequent experiments, MIS and calcitriol concentrations were held constant at or near their IC<sub>50</sub>, 71 nM and 50  $\mu$ M, respectively (Fig. 1).

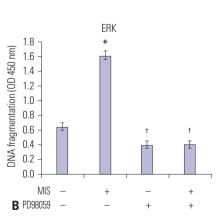
# Cooperative effects of MIS and calcitriol on suppression of ovarian cancer cell proliferation

SKOV3, OVCAR3, and OVCA433 cells were grown in plates for 48 h, and then treated with 71 nM MIS and 50  $\mu$ M calcitriol. After 24, 48, 72, and 96 h of treatment, the cells were incubated with CCK-8 solution and absorbance was read at 450 nm. As shown in Fig. 2, cell proliferation decreased significantly following 72 h of exposure to MIS combined with calcitriol.

## Calcitriol enhanced MIS-induced apoptosis in ovarian cancer cell lines

The degree of apoptosis was analyzed by measuring the level of cellular DNA fragmentation using ELISA. A significant in-





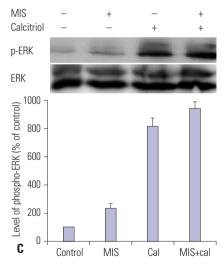


Fig. 5. Calcitriol increases MIS-induced ERK phosphorylation in SKOV3 cells. (A) Western blot analysis of ERK and phosphorylated ERK levels in SKOV3 cells treated with MIS. Bands were detected with anti-ERK and anti phospho-ERK antibodies. (B) SKOV3 cells were treated with 71 nM MIS, 20 μM PD98059, or both for 2 h and the degree of apoptosis was analyzed by ELISA measuring the level of cellular DNA fragmentation. Significant increase relative to controls (MIS 0 nM) is indicated by asterisks and crosses indicate a significant difference (*p*<0.05) compared with MIS treatment (MIS 71 nM). (C) SKOV3 cells were incubated with or without calcitriol (50 μM) for 4 h prior to the addition of MIS (71 nM). Subsequent to 48 h of incubation, cells were harvested and ERK activation was analyzed by western blot analysis using anti-phospho-ERK antibody. \**p*<0.05 vs. control, †*p*<0.05 vs. MIS. MIS, Müllerian inhibiting substance; ERK, extracellular signal-regulated kinase; ELISA, enzyme-linked immunosorbent assay; OD, optical density.



crease in DNA fragmentation was apparent in cells treated with MIS (71 nM) combined with calcitriol (50  $\mu$ M), compared with the control. In addition, the results for the combination treatment were significantly different from MIS alone treatment in all cell lines (Fig. 3).

# MIS and calcitriol alter the expression of regulatory proteins in SKOV3

To demonstrate that MIS and calcitriol-reduced cell proliferation was due to apoptotic activity, the levels of Bcl-2, BAX, caspase-3, and caspase-9 were examined. SKOV3 cells were pretreated with or without calcitriol (50  $\mu M$ ) for 4 h prior to the addition of MIS (71 nM). Following 48 h of incubation, cells were analyzed by western blot analysis with anti-caspase-9 antibody and anti-caspase-3 antibody; the expression of the apoptosis-related proteins Bcl-2 and BAX were also evaluated. Treatment of SKOV3 with MIS plus calcitriol induced apoptosis, as evidenced by an increase in the levels of BAX, caspase-3, and caspase-9 and a decrease in the levels of Bcl-2 (Fig. 4).

# The effects of MIS plus calcitriol on the phosphorylation of ERK in SKOV3

Potential molecular mechanisms underlying the synergistic effect of calcitriol and MIS were assessed by western blot analvsis following treatment with chemical inhibitors; p38 MAPK activation was inhibited with 20 µM SB203580, PI3K was inhibited with 20  $\mu$ M LY294002, ERK was inhibited with 20  $\mu$ M PD98059, and JNK signaling was inhibited with 20  $\mu M$ SP600125. Although MIS did not activate the p38 MAPK, PI3K, or JNK pathway (data not shown), Fig. 5A indicates that the ERK pathway is activated by MIS. SKOV3 cells were then treated with 71 nM MIS, 20  $\mu$ M PD98059, or both for 2 h and then the degree of apoptosis was analyzed by measuring the level of cellular DNA fragmentation using ELISA. A significant increase in fragmentation was observed for the MIS treatment vs. the control (p < 0.05) and MIS vs. PD98059 (p < 0.05) (Fig. 5B). Next, cells were incubated with or without calcitriol (50 μM) for 4 h prior to the addition of MIS (71 nM). Following 48 h of incubation, cells were harvested and ERK activation was analyzed by western blotting using an anti-phospho-ERK antibody. The combination treatment resulted in the most intense specific band compared to control, MIS alone, and calcitriol alone (Fig. 5C).

#### DISCUSSION

The clinical use of cytotoxic drugs has had a significant impact on neoplastic diseases. However, their therapeutic effectiveness is limited because of their narrow therapeutic index and the onset of chemoresistance. Therefore, many efforts are currently being directed at finding new therapeutic options that may overcome these problems. Our present study was aimed at further elucidating the molecular mechanisms underlying the anti-proliferative and cancer preventive effects of MIS and calcitriol in order to develop strategies to improve OCa treatment. The results suggested that calcitriol enhanced the antitumor activity of MIS in OCa cells by down-regulating the expression of Bcl-2 and up-regulating the expression of BAX, caspase-3, and caspase-9 through the ERK signaling pathways.

Initial *in vitro* studies using human OCa cell lines or tissues and several follow-up studies have revealed that MIS inhibits the growth of human cancer cells including breast, cervical, endometrial, prostate cancer, and ocular melanoma. <sup>6,8,9,15-17</sup> In addition, a recent study indicates that MIS also plays a role in cell cycle arrest and apoptosis of endometriosis. <sup>18</sup>

The prophylactic and therapeutic activities of Vit D against the most common types of cancer have been extensively investigated both *in vitro* and *in vivo*. <sup>19-21</sup> The most striking results have been obtained from studies on breast cancer, prostate cancer, and colorectal cancer. <sup>19,22</sup> Experimental observations suggest that the chemopreventive effects of Vit D are due mainly to its ability to modulate important biological functions such as cell proliferation, cell differentiation, growth factor gene expression, signal transduction, and apoptosis. <sup>23,24</sup> Interestingly, recent studies have shown that calcitriol may also affect OCa cell proliferation by decreasing human telomerase reverse transcriptase mRNA through a small non-coding RNA. <sup>25</sup>

Vit D and TGF- $\beta$  have similar effects on cell growth and differentiation. Experimental stress studies indicate that Vit D may increase the expression levels of TGF- $\beta$  and its receptors or TGF- $\beta$  secretion in certain cell types. <sup>26-28</sup> The Feldman research group has demonstrated that MIS, a TGF- $\beta$  family member, constitutes a novel target gene regulated by calcitriol in prostate cells. <sup>14</sup> Exposing prostate cancer cells to calcitriol for 24 h resulted in a considerable increase in the expression of MIS mRNA. In addition, HeLa cells transfected with an MIS promoter-luciferase construct and a Vit D receptor expression vector demonstrated a significant (two- to four-fold) induction of MIS promoter-luciferase following treatment with calcitriol, suggesting that the MIS promoter is responsive to calcitriol. <sup>13,14</sup>

Determining the utility of MIS as an anticancer drug would most likely involve administering MIS to patients as an adjuvant in combination with other drugs. Therefore, elucidating the anti-proliferation and apoptosis signaling mechanisms downstream of MIS is necessary before combining MIS with commonly used cytotoxic drugs. Moreover, it is important to test for synergy or additivity between MIS and other drugs to ensure that they do not counteract with each other. Since little is known as for the signaling pathways by which MIS mediates proliferation inhibition and apoptosis in OCa cell lines, we investigated several potential molecular mechanisms using chemical inhibitors of the ERK, p38 MAPK, PI3K, and JNK signaling pathways. Our results demonstrated that MIS is not dependent on the p38 MAPK, PI3K, or JNK pathways, but that



the ERK pathway is activated by MIS. Consistent with our findings, Renlund, et al.<sup>29</sup> reported that MIS does not activate the JNK pathway. In addition, they identified the JNK inhibitor, SP600125, as an activator of the MIS signal transduction pathway.

Numerous case studies have demonstrated that serum MIS levels can be increased >1000-fold above the normal range without any significant adverse reactions; therefore, the therapeutic administration of MIS to cancer patients may be well tolerated. However, purified recombinant MIS is difficult and expensive to obtain, and the clinical use of calcitriol is limited, because of the adverse effects of hypercalcemia. Thus, several important issues remain to be resolved prior to clinical use, including indication, appropriate doses, blood concentration, adverse effects, resistance, drug interactions, and effectiveness in vivo

Despite these issues, our findings indicate that treatment with MIS in combination with calcitriol may be an effective clinical strategy for treating ovarian cancer, since combination of the two agents enhances the anti-proliferative and apoptotic effects of each agent alone. These results, coupled with the need for a decrease in the toxic side effects of currently employed therapeutic agents, provide a strong rationale for testing the therapeutic potential of MIS, alone or in combination with calcitriol, in the treatment of OCa. Future studies should address the exact biological functions of MIS and of the extent of the MIS-stimulated anti-proliferative and apoptotic activities of calcitriol.

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