

The Value of Three-Dimensional Speckle-Tracking Echocardiography in the Prediction of Cardiovascular Events in Patients with Hypertension Complicated by Acute Myocardial Infarction: A Long-Term Follow-Up Study

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Background: Patients with hypertension complicated by acute myocardial infarction (AMI) have a generally poor prognosis. The identification of powerful predictors for recurring cardiovascular events (RCEs) is vital. This study seeks to evaluate the predictive value of three-dimensional (3D) strain parameters for RCEs in patients with hypertension complicated by AMI.

Methods: We successfully followed up patients with hypertension and AMI from April 2015 to December 2015 in this retrospective study. Participants previously underwent 3D echocardiography, one week, and one month after percutaneous coronary intervention (PCI). The left ventricular structural function parameters, as well as 3D strain parameters including 3D global longitudinal strain (3D-GLS), 3D global circumferential strain, 3D global radial strain, and 3D global area strain (3D-GAS), were acquired. A Cox model was used to determine the relationships between these parameters and RCEs.

Results: In total, 62 patients were enrolled in the analysis. During follow-up (41.27 ± 20.45 months), 20 patients (32.3%) had RCEs that were independently predicted one month after PCI by 3D-GLS (HR: 1.481, 95% CI: 1.202–1.824, $P < 0.001$) and 3D-GAS (HR: 1.254, 95% CI: 1.093–1.440, $P = 0.001$). The optimal cutoffs for 3D-GLS and 3D-GAS in predicting cardiac events were $\geq 12.5\%$ (area under the receiver operating characteristic curve [AUC]: 0.736, 95% CI: 0.611–0.862, $P = 0.003$), and $> 20.5\%$ (AUC: 0.685, 95% CI: 0.551–0.818, $P = 0.020$), respectively.

Conclusion: The assessed values of 3D-GLS and 3D-GAS one month after PCI can predict RCEs in patients with hypertension complicated by AMI.

Keywords: hypertension, acute myocardial infarction, three-dimensional speckle tracking echocardiography, strain, cardiovascular events

Introduction

Acute myocardial infarction (AMI) is a sudden, critical type of coronary heart disease accounting for approximately 40% of all deaths among patients following hospital discharge.¹ The relationship between increased blood pressure (BP) and AMI has generally been recognized,² and it is common for patients with AMI to have a history of hypertension.³ In addition, the mortality rate of patients with hypertension complicated by AMI is almost 2–3 times that of patients with a normal BP.^{4,5} Establishing methods for evaluating the myocardial activity of

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patients with hypertension after AMI and predicting their prognosis is thus important.

Various imaging methods have been used to evaluate coronary microcirculation function post-AMI, eg, cardiac magnetic resonance, echocardiography, radionuclide ventriculography, and cardiac computed tomography; these methods have also been applied to review changes observed during follow-up that may have prognostic implications.^{6–8} However, these approaches are generally limited by their availability, cost, technical operational difficulty, subjective characteristics, or a combination of these factors. Studies showed that the myocardial perfusion state has a good correlation with myocardial strain, and speckle-tracking echocardiography can quantitatively assess myocardial strain and indirectly reflect blood perfusion through changes in myocardial mechanics.⁹

For decades, two-dimensional (2D) speckle-tracking echocardiography has been employed to quantitatively analyze myocardial strain. However, 2D strain image acquisition is affected by plane motion and perspective, which may misrepresent the true anatomy of the left ventricle (LV).¹⁰ Three-dimensional (3D) speckle-tracking imaging (3DSTI) compensates for this disadvantage and can track myocardial trajectory movement in 3D space to acquire the 3D myocardial strain.^{11,12}

In this study, 3DSTI was used to analyze the myocardial mechanics of patients with hypertension complicated by AMI and to evaluate the predictive value of 3D strain parameters for recurring cardiovascular events (RCEs) in these patients after percutaneous coronary intervention (PCI).

Methods

Study Population

This retrospective study included patients with hypertension who were diagnosed with AMI in our hospital from April 2015 to December 2015. The inclusion criteria were as follows: 1) the time of the first episode of AMI, the patient's clinical manifestations, electrocardiogram results, serum myocardial necrosis marker examination, and coronary angiography confirming the diagnosis of AMI; 2) coronary angiography confirmed that at least one of the three main coronary arteries had a lumen diameter stenosis of $\geq 75\%$ to complete obstruction; furthermore, emergency treatment with PCI was performed for balloon dilation and stent placement, and the thrombolysis in myocardial infarction value reached level 3 after PCI¹³

without residual significant stenosis; 3) patients had a diagnosis of primary hypertension including newly diagnosed hypertension, as well as hypertension being treated with antihypertensive medication; 4) patients who provided signed informed consent for inclusion in the study.

We excluded patients who had diabetes, congenital heart disease, cardiomyopathy, organic valvular heart disease, and poor echocardiographic image quality.

The study protocol was approved by the Medical Ethics Committee of Shanxi Baiqiuen Hospital (Shanxi Academy of Medical Science, China, approval number YXLL-2019-026).

Echocardiography

Echocardiographic imaging was performed using a Vivid™ E9 commercial scanner (GE Medical Systems, GE Vingmed Ultrasound AS, Norway) equipped with an M5S probe (frequency 1.5–4.5 MHz), a 4V heart real-time 3D volume probe (frequency 1.5–4.5 MHz), and EchoPAC™ (v.201) analysis software. All participants underwent echocardiography ≤ 12 h before PCI, one week after PCI, and one month after PCI.

The subjects lay on their left side and breathed calmly, and electrocardiograms were recorded at the same time as the examinations. Two-dimensional echocardiography using a 5S probe was applied to determine the LV end-diastolic volume (LVEDV) and the LV end-systolic volume (LVESV). The LV ejection fraction (LVEF) was measured using Simpson's biplane method.

Three-dimensional echocardiography using a 4V probe was employed to obtain an apical four-chamber view, and the 4D mode was applied to record the subject's six consecutive cardiac cycles during a breath-hold. The "store" button was used to store the 3D dynamics. The images required a heart rate with a frame rate $>40\%$.

Three-Dimensional Speckle-Tracking Echocardiographic Image Analysis

The EchoPAC™ software program was used for the analysis of the echocardiographic images. We selected the midpoint of the mitral annulus and the apical endocardium at the end-diastole and end-systole, respectively. The system automatically delineated the endocardium and epicardium and manually adjusted to correctly track the myocardium.

Following this analysis, the software automatically calculated the 3D-LVEDV, 3D-LVESV, 3D-LVEF, 3D

global longitudinal strain (3D-GLS), 3D global circumferential strain (3D-GCS), 3D global radial strain (3D-GRS), and 3D global area strain (3D-GAS).

Laboratory Analysis

Biochemical analyses including the measurement of total cholesterol, triglycerides, low-density lipoprotein, creatine kinase isoenzyme-II, myoglobin, troponin-I, and B-type natriuretic peptide were performed using standard laboratory techniques in all subjects within 1 h of hospital admission.

Follow-Up

The patients were routinely treated with aspirin, polyvir, atorvastatin, olmesartan, metoprolol, and other drugs after PCI. We completed follow-up for all patients for five years. During the follow-up, we determined whether they experienced RCEs including cardiac death, severe arrhythmia (arrhythmia combined with hemodynamic alteration inducing a reduction in BP and risk of death), recurrence of myocardial infarction during the follow-up period, and re-hospitalization due to cardiovascular disease. The New York Heart Association classification was judged to be III–IV.¹⁴ Concurrently, the time and type of the patient's RCEs were recorded.

Statistical Analysis

All statistical analyses were performed using the SPSS Statistics 17.0 (Chicago, IL, USA) software program. Kaplan–Meier analysis was performed for the analysis of RCE rates. Normally distributed measurement data were tested for normality using the Shapiro–Wilk test; data that followed the normal distribution were statistically described as the mean \pm standard deviation ($X \pm S$), and the difference between the groups with or without RCEs was compared using two independent sample *t*-tests. Non-normally distributed data were statistically described by the median and interquartile range, and the Wilcoxon rank-sum test was used to compare the differences between the groups. Categorical variables were presented as absolute counts and percentages (n%), and a chi-square (χ^2) analysis or Fisher's exact test was used to compare the differences between the groups. One-way analysis of variance was used to compare the continuous variables before PCI, one week, and one month after PCI.

Univariate and multivariate Cox proportional hazards regression analyses were performed to correlate the RCEs with the echocardiographic parameters. Receiver operating characteristic (ROC) curve analysis was conducted to

determine the value of the 3D echocardiographic strain parameters for predicting RCEs. The overall accuracy, sensitivity, specificity, and positive and negative predictive values for optimal cutoff points were calculated. The 3D echocardiographic strain parameter cutoff values for predicting cardiovascular disease were selected using Youden's index and calculated as sensitivity + specificity – 1. The area under the ROC curve was also estimated.

To ensure the reliability of the echocardiographic results, the intraclass correlation coefficient (ICC) was used to evaluate inter- and intra-observer variability, and 22 subjects were randomly chosen for this analysis. Clinical significance was categorized as follows: good ($ICC \geq 0.75$), moderate ($0.4 \leq ICC < 0.75$), and poor ($ICC < 0.4$).

A P-value below 0.05 was considered statistically significant.

Results

Following inclusion and exclusion criteria, 62 of 70 patients with hypertension and AMI were enrolled in this study, the majority of whom were men (87.1%) with an average age of 56.95 ± 6.38 years.

We obtained the complete clinical and echocardiographic data of 62 patients with hypertension complicated with AMI at onset and after PCI. The mean follow-up time was 41.27 ± 20.45 months. During follow-up, 20 patients (32.3%) reached one or more endpoints. There were 2 cases (3.3%) of cardiogenic death, 12 cases (19.4%) of recurrent myocardial infarction, 7 cases (11.3%) of heart failure (including 4 cases of recurrent AMI with heart failure), and 3 cases (4.8%) of severe arrhythmia. The Kaplan–Meier survival curve during the follow-up period is shown in [Figure 1](#). Based on the follow-up results, patients were divided into two groups: the RCE (Group RCE) and the non-cardiovascular event (Group NCE) groups.

Comparison of the Clinical Data and Echocardiographic Parameters Between the RCE Groups and Non-Cardiovascular Event Groups

[Table 1](#) shows the basic clinical data and analysis results for all patients before PCI. There was no significant difference in the basic clinical data between Group RCE and Group NCE ($P > 0.05$).

The analysis of the echocardiographic parameters before and one week after PCI is shown in [Table 2](#), and

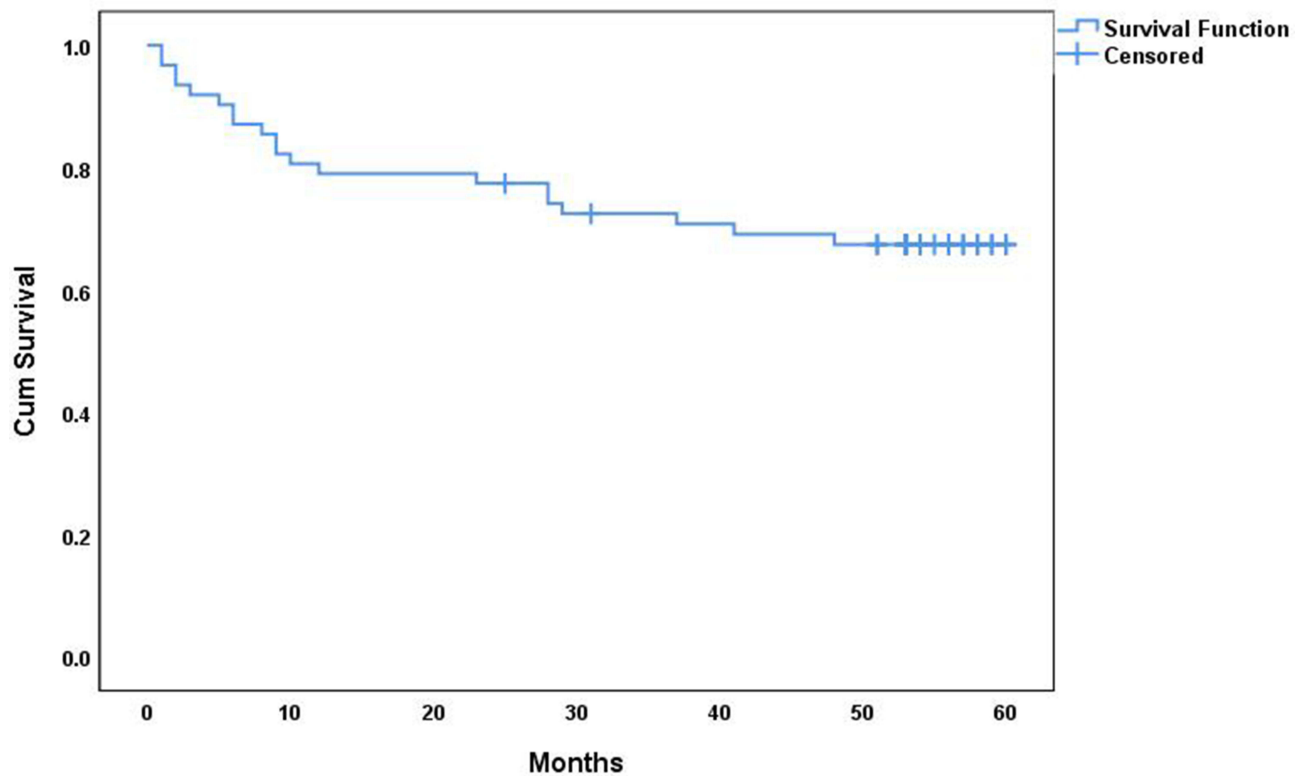


Figure 1 Kaplan–Meier survival analysis curve for patients with hypertension accompanied by AMI. The follow-up time was (41.27 ± 20.45) months, and 20 patients had recurrent cardiovascular events during the follow-up period.

there was no significant difference between Group RCE and Group NCE ($P > 0.05$).

In the comparison of the echocardiographic data one month after PCI, we found that the LVEDV, LVESV, 3D-LVEDV, 3D-LVESV, 3D-GLS, and 3D-GAS of Group RCE were higher than those of Group NCE (LVEDV 137.05 ± 9.26 and 131.20 ± 9.77 mL, LVESV 64.00 ± 6.03 and 60.31 ± 6.34 mL, 3D-LVEDV 146.15 ± 16.34 and 137.83 ± 11.12 mL, 3D-LVESV 70.60 ± 7.69 and 66.36 ± 6.55 mL, 3D-GLS $-10.55 \pm 2.21\%$ and -12.81 ± 2.48 , and 3D-GAS $-19.45 \pm 3.19\%$ and $-21.95 \pm 3.59\%$, respectively; see [Table 2](#)), and the differences were statistically significant ($P < 0.05$).

Analysis of the Echocardiographic Parameters During Follow-Up

Before PCI, one week after PCI, and one month after PCI, the 2D-LVEF and 3D-LVEF of the two groups gradually increased, while the LVESV gradually decreased ($P < 0.05$). One month after PCI, the 3D-LVESV of the two groups was lower than before PCI and one week after PCI ($P < 0.05$). These results are shown in [Table 2](#).

In addition, [Table 2](#) and [Figure 2](#) show that in both groups, 3D-GLS, 3D-GCS, and 3D-GAS one month after PCI were all lower than before PCI and one week after PCI, and the 3D-GRS one month after PCI was higher than before PCI and one week after PCI ($P < 0.05$).

Risk Analysis of Recurring Cardiovascular Events in Patients with Hypertension Complicated by Acute Myocardial Infarction

The clinical and echocardiographic variables were determined after univariate analysis using the Cox proportional hazards model in relation to the presence or absence of RCEs (see [Table 3](#)). The results showed that the LVEDV, 3D-LVEDV, 3D-LVESV, 3D-GLS, and 3D-GAS one month after PCI were factors related to RCEs ($P < 0.05$).

According to univariate analysis, LVEDV, 3D-LV LVEDV, 3D-LVESV, 3D-GLS, and 3D-GAS were all factors affecting the recurrence of cardiovascular events. Variables with $P < 0.10$ values were enrolled in multivariate analysis. There was a strong correlation between LVEDV and 3D-LVEDV and a statistical significance

Table 1 Demographic and Clinical Characteristics of Patients in Group NCE and Group RCE

| Parameter | Group NCE (n=42) | Group RCE (n=20) | t/Z/ χ^2 | P |
|--------------------------------------|-----------------------|-----------------------|---------------|-------|
| Age (years) | 54.14±11.59 | 57.30±10.40 | -1.035 | 0.305 |
| Male gender, n (%) | 35 (83.3%) | 19 (95.0%) | 0.767 | 0.381 |
| High (cm) | 167.40±5.08 | 166.00±4.23 | 1.072 | 0.288 |
| Weight (Kg) | 68.45±9.06 | 63.95±9.39 | 1.807 | 0.076 |
| BMI (Kg/m ²) | 24.40±2.79 | 23.15±2.92 | 1.614 | 0.112 |
| Heart rate (beats/min) | 71.33±9.35 | 68.40±6.07 | 1.481 | 0.144 |
| Systolic blood pressure (mm Hg) | 134.05±17.51 | 130.15±14.82 | 0.859 | 0.394 |
| Diastolic blood pressure (mm Hg) | 75.17±7.90 | 76.55±7.67 | -0.650 | 0.518 |
| Total cholesterol (mmol/l) | 3.73 (2.83, 4.75) | 2.74 (2.19, 1.83) | -1.875 | 0.061 |
| Plasma triglycerides (mmol/l) | 1.45 (1.20, 1.70) | 1.55 (1.35, 1.87) | -1.212 | 0.225 |
| Low-density lipoprotein (mmol/l) | 1.28±0.54 | 1.31±0.65 | -0.183 | 0.855 |
| Creatine Kinase Isoenzyme-II (ng/mL) | 55.16 (2.00, 138.80) | 11.73 (4.78, 72.35) | -1.204 | 0.233 |
| Myoglobin (ng/mL) | 56.20 (30.80, 405.20) | 41.85 (19.23, 158.05) | -1.604 | 0.112 |
| Troponin-I (ng/mL) | 14.87 (0.97, 38.42) | 23.29 (6.81, 87.71) | -0.345 | 0.737 |
| B-type natriuretic peptide (ng/mL) | 397 (109, 942) | 600 (235.25, 996.75) | -1.086 | 0.288 |
| Culprit lesion on CAG LAD | 17 (40.5%) | 9 (45.0%) | 0.138 | 0.972 |
| Culprit lesion on CAG RCA | 12 (28.6%) | 5 (25.0%) | | |
| Culprit lesion on CAG CX | 2 (4.8%) | 1 (5.0%) | | |
| Two or more culprit lesion | 11 (26.2%) | 5 (25.0%) | | |

Notes: Data presented as mean ± standard deviation, median and interquartile range or n (%); Group NCE patients without recurrent cardiovascular event, Group RCE patients with recurrent cardiovascular event.

Abbreviations: CAG, coronary angiography; LAD, left anterior descending coronary artery; RCA, right coronary artery; CX, circumflex coronary artery.

between these two factors ($r = 0.89$, $P < 0.01$) (Table 2); therefore, LVEDV was not included in the multivariate analysis. Incorporating the above parameters in the multivariate regression analysis showed that the model likelihood ratio was $\chi^2 = 11.119$, $P = 0.001$, indicating an overall statistically significant model. Finally, the risk factors included in the model were 3D-GLS one month after PCI (HR: 1.481, 95% CI: 1.202–1.824, $P < 0.001$), and 3D-GAS one month after PCI (HR: 1.254, 95% CI: 1.093–1.440, $P = 0.001$; see Table 3).

Analysis of the Value of the Three-Dimensional Global Longitudinal Strain and Three-Dimensional Global Area Strain for Predicting Recurring Cardiovascular Events

The areas under the ROC curves of 3D-GLS and 3D-GAS for predicting RCEs were 0.736 (95% CI 0.611–0.862, $P = 0.003$) and 0.685 (95% CI 0.551–0.818, $P = 0.020$), respectively. When the 3D-GLS cutoff value was -12.5%, the sensitivity was 80.0%, the specificity was 57.1%, and Youden's index reached a maximum value of 0.371. When the 3D-GAS cutoff value was -20.5%, the sensitivity was 60.0%, the specificity was 71.4%, and

Youden's index reached a maximum value of 0.314 (see Figure 3).

Intra- and Interobserver Variability

The variability for strain assessment was measured using 3D echocardiography. Table 4 shows the intra- and interobserver variability for the 3D speckle-tracking echocardiography analysis. The ICCs for intra- and interobserver variability were 0.980–0.993 and 0.855–0.978, respectively, suggesting the consistency of 3D echocardiographic image analysis.

Discussion

Several meaningful and valuable prognostic factors, such as natriuretic peptides, cardiac troponins, galectin 3, soluble suppressor tumorogenicity-2, high-sensitive C-reactive protein, growth differential factor-15, mid-regional proadrenomedullin, noncoding RNAs, and other biomarkers exist for predicting the RCEs of patients with AMI after PCI and reconstruction of the myocardium.¹⁵ However, tests for these indices are not widely applied in developing countries due to financial constraints; as such, the present study aimed to explore other predictive factors. We collected the clinical data of patients with hypertension complicated by AMI and followed them for an extended time. Concurrently, 3DSTI was used to analyze the degree of LV function

Table 2 Echocardiographic Parameters of Patients in Group NCE and Group RCE

| Parameter | Group NCE (n=42) | Group RCE (n=20) | t | P |
|---|------------------|------------------|--------|-------|
| Initial echocardiographic findings | | | | |
| LV end-diastolic volume (mL) | 134.79±13.28 | 135.85±14.45 | -0.287 | 0.775 |
| LV end-systolic volume (mL) | 70.67±7.27 | 72.60±6.64 | -1.006 | 0.319 |
| LV ejection fraction (%) | 46.48±3.41 | 47.00±3.58 | -0.556 | 0.580 |
| 3D LV end-diastolic volume (mL) | 144.76±17.19 | 140.95±17.97 | 0.805 | 0.424 |
| 3D LV end-systolic volume (mL) | 75.21±8.48 | 79.35±8.15 | -1.817 | 0.074 |
| 3D LV ejection fraction (%) | 44.24±2.77 | 44.70±2.34 | 0.644 | 0.522 |
| 3D Global longitudinal strain (%) | -7.24±2.13 | -8.25±2.27 | 1.714 | 0.092 |
| 3D Global circumferential strain (%) | -8.67±2.87 | -7.65±2.83 | -1.310 | 0.195 |
| 3D Global radial strain (%) | 23.00±6.11 | 22.05±7.38 | 0.537 | 0.593 |
| 3D Global area strain (%) | -15.31±5.29 | -14.35±4.33 | -0.706 | 0.483 |
| One week after PCI | | | | |
| LV end-diastolic volume (mL) | 131.64±8.91 | 135.20±9.13 | -1.458 | 0.150 |
| LV end-systolic volume (mL) | 65.29±7.13* | 68.10±8.05* | -1.394 | 0.169 |
| LV ejection fraction (%) | 49.57±3.25* | 50.85±3.23* | -1.451 | 0.152 |
| 3D LV end-diastolic volume (mL) | 139.45±11.31 | 141.95±12.81 | -0.779 | 0.439 |
| 3D LV end-systolic volume (mL) | 74.17±10.63 | 77.40±6.55 | -1.471 | 0.147 |
| 3D LV ejection fraction (%) | 47.38±2.76* | 46.05±2.40* | 1.850 | 0.069 |
| 3D Global longitudinal strain (%) | -7.36±2.52 | -8.30±2.56 | 1.372 | 0.175 |
| 3D Global circumferential strain (%) | -8.71±2.96 | -7.75±2.40 | -1.270 | 0.209 |
| 3D Global radial strain (%) | 21.50±6.70 | 21.85±5.68 | -0.203 | 0.840 |
| 3D Global area strain (%) | -15.05±4.22 | -14.75±6.32 | -0.191 | 0.850 |
| One month after PCI | | | | |
| LV end-diastolic volume (mL) | 131.20±9.77 | 137.05±9.26 | -2.240 | 0.029 |
| LV end-systolic volume (mL) | 60.31±6.34*# | 64.00±6.30* | -2.147 | 0.036 |
| LV ejection fraction (%) | 53.62±3.42*# | 53.50±3.27*# | 0.130 | 0.897 |
| 3D LV end-diastolic volume (mL) | 137.83±11.12 | 146.15±16.34 | -2.354 | 0.022 |
| 3D LV end-systolic volume (mL) | 66.36±6.55*# | 70.60±7.69*# | -2.254 | 0.028 |
| 3D LV ejection fraction (%) | 50.21±3.47*# | 50.95±2.78*# | -0.829 | 0.410 |
| 3D Global longitudinal strain (%) | -12.81±2.48*# | -10.55±2.21*# | -3.466 | 0.001 |
| 3D Global circumferential strain (%) | -11.90±3.33*# | -10.95±2.95*# | 1.093 | 0.279 |
| 3D Global radial strain (%) | 27.40±5.71*# | 26.40±5.67 | 0.649 | 0.519 |
| 3D Global area strain (%) | -21.95±3.59*# | -19.45±3.19*# | -2.657 | 0.010 |

Notes: Data given as the mean±SD; Group NCE patients without recurrent cardiovascular event, Group RCE patients with recurrent cardiovascular event; *p value ≤ 0.05 versus Initial echocardiographic findings, #p value ≤ 0.05 versus One week after PCI. There was a strong correlation between LV end-diastolic volume and 3D LV end-diastolic volume with statistical significance (r=0.89, P<0.01).

Abbreviations: LV, left ventricle; PCI, percutaneous coronary intervention.

impairment in these patients, and longitudinal, circular, and radial wall motion functions were evaluated using 3D-GLS, 3D-GCS, 3D-GRS, and 3D-GAS. The results of this study delivered sensitive indicators that could predict the recurrence of severe cardiovascular events in patients with hypertension complicated by AMI.

The primary findings of our study were as follows. Following PCI, in patients with hypertension complicated by AMI, LV function and 3D strain parameters were gradually improved. The follow-up data of these patients showed that 3D-GLS and 3D-GAS measured one month after PCI could predict RCEs.

The Left Ventricular Structure and Function of Patients with Hypertension Complicated by Acute Myocardial Infarction After Percutaneous Coronary Intervention Were Gradually Improved

Existing studies showed that patients with hypertension complicated by AMI have a poor prognosis,³ which is linked to slow recovery of the myocardial function of the LV. In the current study, one week after PCI, the LVEF showed a slight increase; however, the remaining echocardiographic parameters of the patients in this trial did not improve. This

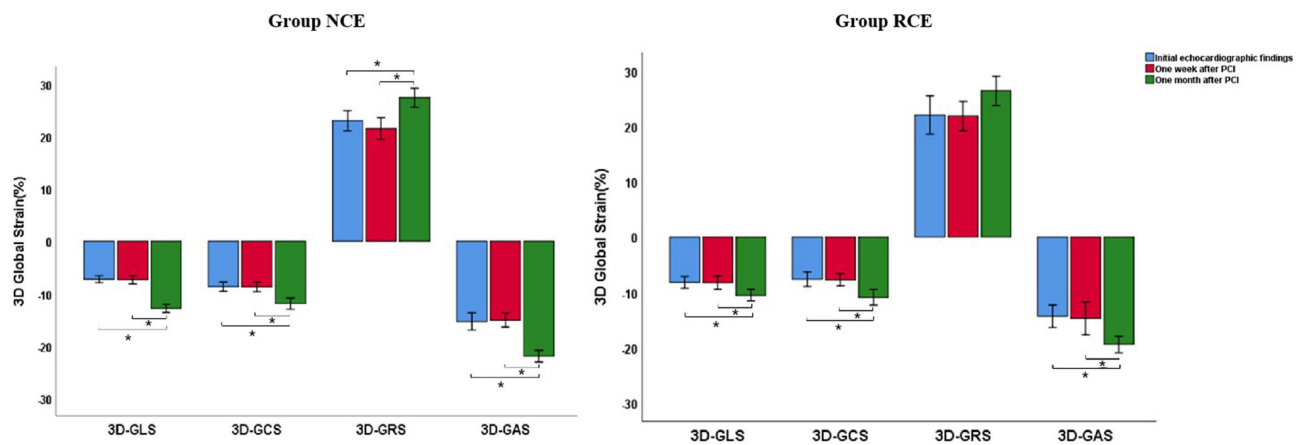


Figure 2 Comparison of 3D strain parameters in patients with hypertension accompanied by AMI during follow-up. Group NCE patients without recurrent cardiovascular event, Group RCE patients with recurrent cardiovascular event; *p value < 0.05 versus Initial echocardiographic findings or one week after PCI.

Abbreviations: LV, left ventricle; PCI, percutaneous coronary intervention; 3D-GLS, 3D Global longitudinal strain; 3D-GCS, 3D Global circumferential strain; 3D-GAS, 3D Global radial strain; 3D-GAS, 3D Global area strain.

indicated that ischemic myocardial function did not recover significantly in the short term, which may have been related to LV hypertrophy and remodeling.¹⁶ Abnormal geometry of the LV affected reperfusion and further impacted the recovery of LV myocardial mechanics. One month after PCI, the LV structure, function, and strain parameters of the participant patients were significantly improved, indicating that cardiac functions had gradually improved over time after myocardial reperfusion. This finding was related to partial ischemic myocardial necrosis after myocardial infarction, known as stunning or hibernation.¹⁷

The Predictive Value of Three-Dimensional Strain Parameters for Recurring Cardiovascular Events

Existing studies used echocardiographic parameters to predict the prognosis of patients with AMI undergoing PCI treatment; these studies adopted death or heart failure as combined events because approximately 20% of patients experienced them.^{18,19} However, the rate of RCEs was

significantly higher in our study, in which 20 of 62 patients (32.3%) experienced these events; this indicated antecedent hypertension as being associated with higher rates of death and morbid events during the long-term course of AMI.³

Since the recovery of cardiac function in patients with hypertension complicated by AMI is slow and the prognosis is poor, it is important to evaluate the factors that can predict RCEs. Generally, LV systolic function is considered to be the main predictor of prognosis following an AMI.²⁰ Therefore, analyzing the prognostic value of LV systolic function, combined with the clinical data of patients with hypertension accompanied by AMI, will provide clinically valuable information for predicting RCEs in these patients.

Through the comprehensive analysis of the multifactorial Cox risk regression, this study found that 3D-GLS and 3D-GAS may be independent predictors for adverse events. The results showed that for every 1% increase in 3D-GLS, the risk of RCEs increased by 48.1%, and for every 1% increase in 3D-GAS, the risk of RCEs increased by 25.4%. In

Table 3 Univariate and Multivariate Cox Risk Regression Models to Analyze Risk Factors for Recurring Cardiovascular Events in Patients with Hypertension Accompanied by AMI

| Variable | Univariate Analysis | | | Multivariate Analysis | | |
|-----------------------------------|---------------------|----------------|-------|-----------------------|----------------|--------|
| | HR | 95% CI | P | HR | 95% CI | P |
| LV end-diastolic volume (mL) | 1.053 | (1.003, 1.106) | 0.039 | – | – | – |
| 3D LV end-diastolic volume (mL) | 1.038 | (1.004, 1.072) | 0.027 | – | – | – |
| 3D LV end-systolic volume (mL) | 1.074 | (1.010, 1.143) | 0.023 | – | – | – |
| 3D Global longitudinal strain (%) | 1.381 | (1.130, 1.689) | 0.002 | 1.481 | (1.202, 1.824) | <0.001 |
| 3D Global area strain (%) | 1.188 | (1.044, 1.351) | 0.009 | 1.254 | (1.093, 1.440) | 0.001 |

Abbreviations: LV, left ventricle; 3D, three-dimensional; HR, hazard ratio; CI, confidence interval.

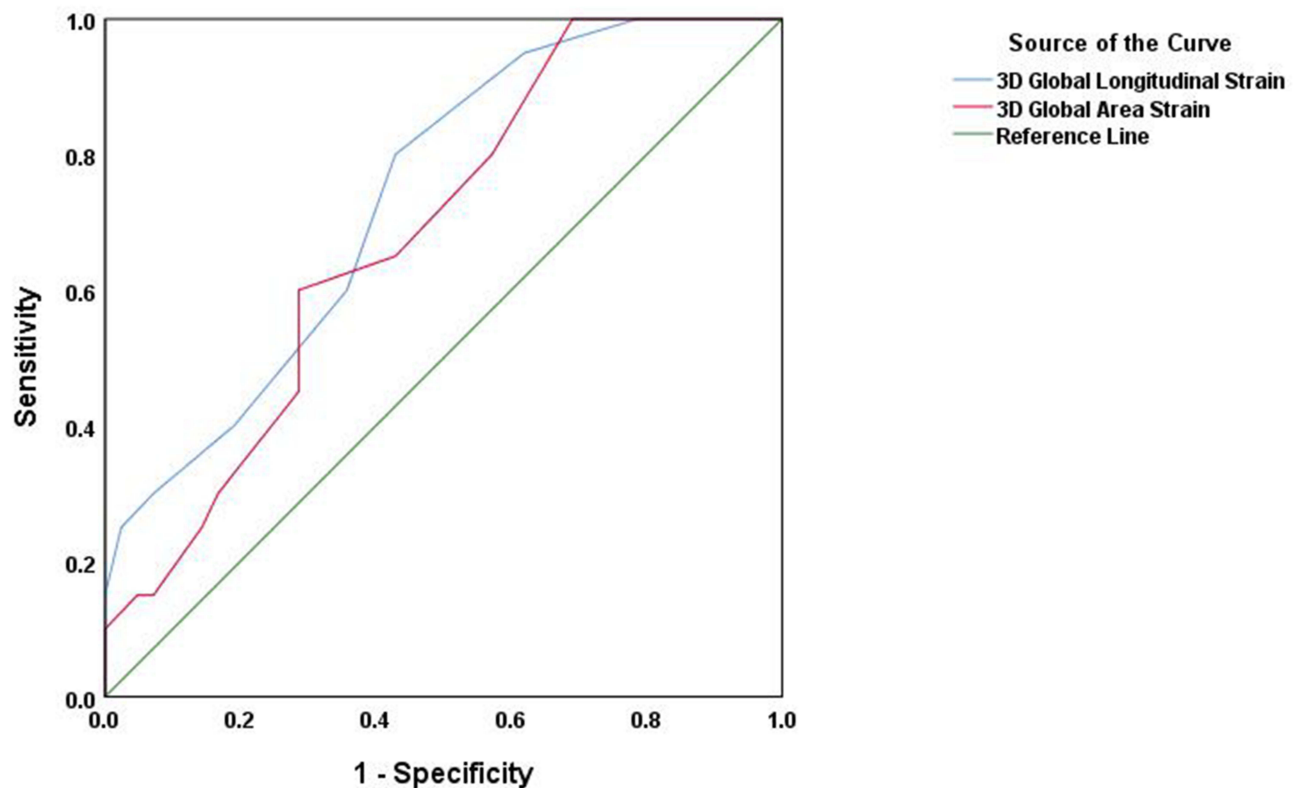


Figure 3 ROC curves of 3D Global longitudinal strain, 3D Global area strain for predicting recurrent cardiovascular events in patients with hypertension accompanied by AMI.

addition, these results showed that the diagnostic value of 3D-GLS was higher compared with 3D-GAS, which was consistent with the results of existing studies.^{18,21,22} Notably, sub-endocardial fibers are more prone to ischemic damage and early alterations during acute ischemia,²³ with the longitudinal strain being a marker of sub-endocardial longitudinal shortening;²⁴ as such, the predictive value of 3D-GLS is higher compared with other parameters. Concurrently, our results showed that a 3D-GLS value of -12.5% was an independent predictor of cardiovascular events during follow-up after PCI in patients with hypertension and AMI. In studies comparable to ours, a GLS value of -12% to -14% was independently associated with mortality, heart failure, and stroke.^{19,25,26} These results may provide

valuable information for the clinical treatment of patients with hypertension and AMI.

Limitations

The primary shortcoming of this study was its single-center design, which may have led to bias in the sample selection. Future research should address this problem.

In addition, all patients in the study underwent PCI and overcame the acute onset through an optimized clinical treatment plan. However, it was still difficult to achieve a completely consistent homogeneous treatment as a means for excluding the influence of various treatment factors on patients with RCEs. The main weakness in this regard was that the onset of AMI and the door-to-balloon

Table 4 Intra-Observer and Inter-Observer Variability of 3D Strain Parameters (n = 22)

| | Intra-Observer (n=11) ICC | 95% CI | Inter-Observer (n=11) ICC | 95% CI |
|--------------------------------------|---------------------------|-------------|---------------------------|-------------|
| 3D Global longitudinal strain (%) | 0.993 | 0.974–0.998 | 0.945 | 0.796–0.986 |
| 3D Global circumferential strain (%) | 0.992 | 0.967–0.998 | 0.978 | 0.913–0.994 |
| 3D Global radial strain (%) | 0.980 | 0.924–0.995 | 0.855 | 0.572–0.963 |
| 3D Global area strain (%) | 0.991 | 0.960–0.998 | 0.904 | 0.669–0.979 |

Abbreviations: 3D, three-dimensional; ICC, interclass coefficient; CI, confidence interval.

time of PCI were not included in the analysis. If future research can expand the sample size, reduce the rate of loss to follow-up, and eliminate (as much as possible) the influence of differences in treatment methods on patient prognosis and RCEs it will help improve the accuracy of the analysis results and conclusions of the study.

More importantly, the participants included in the present study were all critically ill, and the image acquisition time was limited. Due to the short acquisition time available for 3D echocardiography, only 3DSTIs (not 2DSTIs) were collected. Accordingly, we did not perform a comparative analysis of the LV 3D and 2D strain parameters.

Conclusions

In the long-term follow-up of patients with hypertension complicated by AMI, the LV structure and function were gradually improved after PCI. Additionally, 3D-GLS and 3D-GAS, measured one month after PCI, were established as predictors of RCEs.

Ethics Approval and Consent to Participate

This study was conducted with approval from the Ethics Committee of Shanxi Academy of Medical Sciences & Shanxi Dayi Hospital (No.YXLL-2019-026). This study was conducted in accordance with the declaration of Helsinki. Written informed consent was obtained from all participants.

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Disclosure

The authors declare that they have no competing interests.

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