The off-label use of drugs for parenteral nutrition as a solvent of substances slightly soluble in water in pharmacological research

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ABSTRACT

Because of the problem to evaluate biological activity in water-soluble substances in all phases of preclinical and clinical studies, the research work enabled to develop the original solvent for poorly soluble compounds based on substances for parenteral nutrition. The main aim is to examine the impact of the original solvent based on substances for parenteral nutrition on biological systems exemplified by the hemostatic system, characterized by sensitivity and variability of the effects in response to any impact, and its comparison with the solvents that are conventional in pharmacological research. Experimental work is performed according to the "guidance on preclinical research of new pharmacological substances" in vitro. The findings show that traditional solvents at low dosages affect all the researched indicators of the hemostasis system. The smallest effect in respect of the hemostatic system was characterized by ethanol, and the most apparent antiaggregational effect was registered with dioxane. 10% concentration of original blend of lipids made no effect on hemostasis system. Thus, according to their own findings and experience in application of lipid emulsions as substances of parenteral nutrition, they can be considered to be an adequate solvent in all phases of preclinical and clinical studies of new drugs.

Key words: Hemostasis system, lipid emulsion, nonclinical and clinical studies, off-label use

INTRODUCTION

Drugs for parenteral nutrition are an integral part of methods to correct nutritional deficiency.^[1,2] The feasibility and safety of prescribing drugs for parenteral nutrition are based on the results of clinical studies.^[3-6] It should be noted that, to date, off-label usage is widely distributed for parenteral nutrition tools, including lipid emulsions. There is a problem to evaluate biological activity in

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water-soluble substances in all phases of preclinical and clinical studies, so an original solvent for poorly soluble compounds based on substances for parenteral nutrition was developed.^[7] The main aim is to examine the impact of the original solvent based on substances for parenteral nutrition on biological systems exemplified by the hemostatic system, characterized by sensitivity and variability of the effects in response to any impact, and its comparison with the solvents that are conventional in pharmacological research.^[8,9]

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SUBJECTS AND METHODS

Target of research

Originally developed solvent of water-insoluble compounds represented by 10% oil emulsion for 1 liter of the solution

- soybean oil (refined) 30 g
- triglycerides with medium chain 30 g
- olive oil (refined) 25 g
- cod liver oil purified 15 g.

An analog to dissolute might be any ready-made commercial lipid mixture for parenteral nutrition, corresponding to the above-mentioned formula, such as Smoflipid[®] (Sweden, Fresenius Kabi).

To compare the effects on hemostasis system, the following solvents were selected: distilled water, 0.9% NaCl solution, ethanol, dimethyl sulfoxide (DMSO), dimethylformamide (DMF), and dioxane at concentrations of 50.0% (I), 10.0% (II), 1.0% (III), and 0.1% (IV).

Study design

All the experimental work is performed in compliance with the "guidance on preclinical research of new pharmacological substances."^[10] *In vitro* study was carried out on the blood of healthy male donors. The median age was 22 ± 2.7 . The study was approved by Ethics Committee (No 247 dated from October 17, 2012). All research participants gave consent before blood sampling.

Blood sampling and centrifugation

Blood sampling from donor volunteers was carried out aseptically from cubital vein through vacuum blood sampling BD Vacutainer® (Dickinson and Company, United States). All tests were carried out on enriched and platelet-depleted dry blood. The work included centrifuge OPN-3.02 (Kyrgyzstan).

Determination of solvent abilities of the selected solvents

The solvency of distilled water, DMSO, DMF, dioxane, ethanol, and 10% fat emulsion was estimated by solubility of slightly soluble substance in water. Slightly soluble substance was chosen acetylsalicylic acid (2-acetoxybenzoic acid). Ability to dissolve acetylsalicylic acid has been studied for distilled water 95% (vol/vol) DMSO and ethanol, 10% (vol/vol) solution of fat emulsion. Concentration of acetylsalicylic acid after the dissolution was to be 2×10^{-3} mol/L. The volume of solvent is 1 ml. The dissolution took place in standard conditions (standard ambient temperature and pressure) at atmospheric pressure of 750.06 mmHg and temperature of 25°C.

Platelet aggregation

A study of influence of the solvents on platelet aggregation with laser analyzer of platelet aggregation "Biola 230

LA" (LLC "Biola," Russia).^[4] Aggregation inductor was used adenosine diphosphate (ADP) with a concentration of 20 μ g/ml and collagen of 5 mg/ml.

Coagulation component of hemostasis system

When examining the influence of solvents on coagulation hemostasis component, the cuvette with platelet-depleted plasma was injected 10 μ l of solution of the substance upon constant mixing and incubated for 5 min at 37°C. Further coagulation activity of solvents was determined *in vitro* with standard clotting tests on turbodimetric hemocoagulometer Solar CGL (Belarus).

Flow cytometry

Cytofluorimetric analysis was performed on the BD FACSCanto II (United States), using FACSDiva (BD Biosciences, USA) software. The research measured binding to platelets of blood in healthy donors of fluorescent-marked antibodies (MA) against CD41a, labeled phycoerythrin, CD61, labeled fluorescein isothiocy and CD62, marked with allophycocyanin (United States). A marker of platelet activation was measured the expression of P-selectin on platelet surface by ADP of $20 \,\mu$ g/ml for 15 min. The number of positive cells was assessed (%) as per CD41a, CD61, and CD62.

Acute toxicity

A toxicological study was made on 85 white viripotent male rat mice, weighing 20–21 g, upon intravenously injection of the studied solvents. The solvents were injected intravenously at doses of 0.1, 1.0, 5.0, 10.0, and 15.0 g/kg. The injected solution was calculated by its volume, depending on body weight, taking into account the maximum allowable amount of liquid. The test groups were observed within 14 days.

Statistical processing

The findings are processed with Statistica 10.0 (StatSoft Inc., USA). The normality of the distribution of actual data was checked by Shapiro–Wilk criterion. The groups were described by means of a median and interquartile interval. Variance analysis was performed with Kruskal–Wallis test (for independent observations) and Friedman test (for repeated observations). Lethal dose 50 (LD 50) value was calculated with probit-analysis method using BioStat 5.9 (AnalystSoft Inc.). The relationship of signs was evaluated with calculation of the Pearson's correlation coefficient (r) and the coefficient of determination (r^2). Critical level of P significance for statistical criteria was taken equal to 0.05.

RESULTS

The findings show that in selected dissolution conditions, the acetylsalicylic acid precipitates when dissolved in distilled water. Ethanol is able to dissolve this number of acetylsalicylic acid only when heated, and when returning

to the original temperature indicators, the acetylsalicylic acid precipitates. Other solvents, including a mixture of lipids, effectively and tantamountly dissolved acetylsalicylic acid [Table 1].

Table 1: Dissolution of acetylsalicylic acid understandard ambient temperature and pressureconditions

Solvent	Acetylsalicylic acid sludge		
10% DMSO (vol/vol)	-		
10% mixture of lipids (vol/vol)	-		
95% ethanol (vol/vol)	+		
10% dioxane (vol/vol)	-		
10% DMF (vol/vol)	-		
H ₂ O	++		
DMSO: Dimethyl sulfoxide, DMF: Dimethylformamide. Sludge: "+", "++" - yes, "-" - no			

The findings of the influence of solvents on plasma component of hemostasis system are in Table 2. Traditional solvents lengthened the time of plateletless plasma coagulation. 95% solution of DMSO lengthens the activated partial thromboplastin time on average by 50% compared with the control. 95% ethyl alcohol shows anticoagulation activity for all indicators, extending indicators defined by an average of 5%. 10% solution of the fat emulsion had no effect on indicators of plateletless plasma coagulation.

The findings of the influence of ethanol, DMSO, DMF dioxane on the processes of aggregation of platelet activation, and binding of receptor glycoprotein IIb-IIIa (GP IIb-IIIa) on integrins CD41a and CD61 are in Tables 3 and 4.

Table 2: Anticoagulation activity indicators of the source solutions of dimethyl sulfoxide, ethanol, and lipid emulsions (n=7)

Indicator solvent	APTT elongation, percentage	PT elongation, percentage	Fibrinogen, percentage to the
	to the monitoring	to the monitoring	monitoring
DMSO	54.7 (52.6-58.8)**	41.7 (37.6-46.8)*	96.3 (91.2-98.4)*
Ethanol	7.2 (5.7-9.5)**	2.9 (1.1-4.5)**	0.0 (0.0-0.0)***
DMF	78.6 (69.5-84.3)**	50.7 (49.5-56.8)**	48.3 (44.2-50.3)**
Dioxane	84.3 (79.3-86.1)**	60.3 (58.6-64.1)**	63.2 (59.3-70.1)**
Lipid emulsion	0.0 (0.0-0.0)***	0.0 (0.0-0.0)***	0.0 (0.0-0.0)***

The level of statistical significance of the differences of indications in comparison with the observational group: $*P \le 0.001$, $**P \ge 0.05$. DMSO: Dimethyl sulfoxide, DMF: Dimethylformamide, APTT: Activated partial thromboplastin time, PT: Prothrombin time

Table 3: Influence of solvents on indicators of platelet aggregation and marked antibodies binding with receptor of platelet glycoprotein IIb–IIIa on integrins CD61 and CD41a, Me (25-75)

Concentration	Solvent	•	Positive platelets by monoclonal antibodies, %	
		CD61	CD41a	
-	Control	99.9 (99.9-99.9)	99.9 (99.9-99.9)	51.4 (48.5-54.3)
	Water distilled	99.9 (99.9-99.9)	99.9 (99.9-99.9)	49.7 (47.9-53.1)
	Solution NaCl 0.9%	99.9 (99.9-99.9)	99.9 (99.9-99.9)	50.1 (49.6-52.9)
	10% blend of lipids	99.9 (99.9-99.9)	99.9 (99.9-99.9)	52.1 (47.9-54.8)
1	Ethanol	97.4 (96.2-98.5)	97.5 (96.2-99.9)	44.2 (42.1-46.5)*
	DMSO	21.0 (19.4-23.1)*	94.7 (93.8-95.6)	0.0 (0.0-0.0)**
	DMF	9.6 (8.9-11.2)**	0.28 (0.12-1.2)**	0.0 (0.0-0.0)**
	Dioxane	2.7 (2.3-3.1)**	99.9 (99.9-99.9)	0.0 (0.0-0.0)**
11	Ethanol	99.9 (99.9-99.9)	99.9 (99.9-99.9)	50.9 (48.3-52.4)
	DMSO	85.5 (83.2-87.4)*	99.8 (99.4-99.9)	13.6 (11.2-16.3)**
	DMF	78.5 (76.4-79.2)**	77.5 (75.4-78.9)*	0.0 (0.0-0.0)**
	Dioxane	21.2 (19.9-23.6)**	99.9 (99.9-99.9)	0.0 (0.0-0.0)**
	Ethanol	99.9 (99.9-99.9)	99.9 (99.9-99.9)	53.7 (51.5-55.1)
	DMSO	97.4 (96.5-98.3)	99.9 (99.9-99.9)	40.6 (38.8-42.6)**
	DMF	83.4 (82.1-84.6)*	99.2 (98.7-99.9)	26.9 (24.7-28.5)**
	Dioxane	51.6 (49.4-54.8)**	99.9 (99.9-99.9)	0.0 (0.0-0.0)**
IV	Ethanol	99.9 (99.9-99.9)	99.9 (99.9-99.9)	52.6 (50.1-54.9)
	DMSO	98.5 (96.4-99.9)	99.9 (99.9-99.9)	49.6 (48.7-53.8)
	DMF	95.4 (93.2-97.4)*	99.4 (93.1-98.9)	39.7 (37.4-40.5)**
	Dioxane	61.7 (67.1-72.5)**	99.9 (99.9-99.9)	9.9 (8.3-11.6)**

The level of statistical significance of the differences of indications in comparison with control: $*P \le 0.05$, $**P \le 0.001$ (n=7). DMSO: Dimethyl sulfoxide, DMF: Dimethylformamide



Figure 1: Examples of histograms under action of dimethyl sulfoxide (a and b), dimethyl formamide (c and d) and dioxane (e)

Saline and sterile distilled water in these volumes do not affect the morphology of the platelets, platelet activation, and aggregation.

Ethanol at a concentration I shows antiaggregation activity that is equal to 10.0%. The values of binding of platelets MA CD41a and CD61 remain at the level of the reference values. However, concentrations of I and II showed full suppression, and concentration III showed reducing of ADP-induced expression of P-selectin by 48.9%. It should be noted that the concentration II and III of antiaggregational activity according to the Born method is no longer registered with ethanol.

DMSO in concentration I completely inhibits platelet aggregation and antiaggregational effect shows till concentration III. Solution III DMSO has no effect on ADP-induced platelet aggregation, however, even this concentration shows effective inhibition of the expression of P-selectin and binding disorder of binding with receptor GP IIb-IIIa on integrins CD41a and CD61 [Figure 1a-b].

DMF suppresses platelet aggregation induced by ADP, in all the studied concentrations. However, concentrations I and II show complete lack of response of platelets to addition of ADP. Solution III suppresses platelet aggregation by 48.9% and solution intravenous (IV) by 24.8% [Figure 1c-d].

The most apparent antiaggregational effect was registered with dioxane. Antiaggregational activity in concentration IV amounted to 85.8%. All the studied concentrations reported reduced expression of P-selectin and platelet, positive on integrins CD41a and CD61 [Figure 1e].



Figure 2: Correlation of indicators of antiaggregation activity and binding with integrin CD61 of receptor glycoprotein IIb-IIIa of platelets for dimethyl sulfoxide, dimethylformamide, and dioxane

The findings of correlation analysis [Figure 2 and Table 5] show high significant inverse correlation between antiaggregational activity and the remaining free receptors of platelets GP IIb-IIIa on CD61 on integrins for all studied solvents.

Acute toxicity parameters are presented in Table 6. DMSO LD50 at IV injection to mice is 11.4 g/kg, which is almost 2 times the value of ethanol, which amounted to 5.7 g/kg. Most toxic were DMF and dioxane with indicators of LD50, 0.48 and 0.74 g/kg, respectively. The study of toxicity of lipids did not show any loss of laboratory mice at a dose of 15 mg/kg.

DISCUSSION

The findings show that with the exception of sterile distilled

Concentration	Substance	Positive platelets by monoclonal antibodies, %		P2
		CD62ADP-	CD62ADP+	
-	Control	1.3 (1.1-1.4)	17.9 (16.5-19.3)	0.007
	Water distilled	1.2 (1.0-1.3)*	16.4 (15.9-18.6)	0.008
	Solution NaCl 0.9%	1.3 (1.0-1.4)*	17.1 (16.5-19.4)	0.006
	10% blend of lipids	1.2 (1.1-1.5)*	17.2 (15.8-20.3)	0.006
1	Ethanol	1.2 (0.8-1.4)*	1.2 (1.0-1.3)**	0.6
	DMSO	0.9 (0.7-1.2)*	0.7 (0.5-0.9)**	0.4
	DMF	1.1 (0.9-1.3)*	1.2 (0.9-1.3)**	0.8
	Dioxane	1.3 (1.1-1.5)*	1.0 (0.8-1.2)**	0.3
Ш	Ethanol	1.3 (1.2-1.7)*	1.3 (1.1-1.4)**	0.6
	DMSO	1.1 (0.9-1.3)*	1.2 (1.0-1.4)**	0.5
	DMF	1.2 (0.9-1.4)*	1.1 (0.9-1.3)**	0.4
	Dioxane	1.1 (1.0-1.3)*	1.0 (0.8-1.2)**	0.8
111	Ethanol	1.2 (1.0-1.4)*	10.4 (9.5-12.1)**	0.4
	DMSO	1.1 (0.9-1.3)*	1.1 (0.8-1.2)**	0.6
	DMF	1.0 (0.8-1.3)*	1.3 (1.1-1.5)**	0.8
	Dioxane	1.1 (0.9-1.2)*	1.2 (1.0-1.4)**	0.4
IV	Ethanol	1.2 (1.0-1.4)*	17.6 (15.2-19.3)*	0.004
	DMSO	1.3 (1.1-1.5)*	4.6 (3.8-5.4)**	0.001
	DMF	1.1 (1.0-1.3)*	8.7 (7.6-9.2)**	0.002
	Dioxane	1.1 (0.8-1.3)*	15.8 (12.3-17.6)*	0.005

Table 4: Impact of solvents on the spontaneous and adenosine diphosphate-induced expression of P-select in, Me (25-75)

The level of statistical significance of the differences of indications in comparison with control: $*P \ge 0.05$, $**P \le 0.001$; P2: Level of statistical significance of differences in group indicators after the activation of the ADP (n=7). DMSO: Dimethyl sulfoxide, DMF: Dimethylformamide, ADP: Adenosine diphosphate

Table 5: Indicators of correlation of antiaggregation activity and free platelet receptors of glycoprotein IIb-IIIa on integrin **CD61**

Solvent	r	r ²	Р
DMSO	-0.785	0.616	0.0007
DMF	-0.778	0.605	0.0008
Dioxane	-0.794	0.603	0.007

DMSO: Dimethyl sulfoxide, DMF: Dimethylformamide

Table 6: Indicators of acute toxicity of dimethyl sulfoxide, ethanol, and lipid emulsions

Solvent	DMSO	DMF	Dioxane	Ethanol	Lipid emulsion
LD50, g/kg	11.4	0.48	0.74	5.7	>15.0
DMSO: Dimethyl sulfoxide, DMF: Dimethylformamide					

water, saline solution, and 10% mixture of lipids, all the selected solvents affect hemostasis system.

Dimethyl sulfoxide

DMSO at concentration of 1%-10% inhibits platelet release reaction induced by collagen, arachidonic acid, and thrombin and inhibits platelet adhesion, due to inhibition of cyclooxygenase-1.[11,12] DMSO inhibits aggregation of platelet activity even in 950-fold dilution (0.1%). At a concentration of 0.1% (vol), the impact on platelet aggregation of DMSO is not recorded, but the expression of P-selectin reduces significantly. Thus, the use of DMSO as solvent under conditions of preclinical research regarding hemostasis in concentrations of >0.1% (vol) will not allow objectively evaluate their biological activity.

Dimethylformamide and dioxane

DMF and dioxane equally aggressively suppress physiological response of platelets in response to aggregation agonists.^[13] Despite good solubility and DMF dioxane, using them as a solvent for preclinical studies on hemostasis system is unacceptable at concentrations exceeding 0.1% (vol/vol). Even in this concentration, there is an apparent inhibition of processes of P-selectin expression and antiaggregational activity associated with the binding of CD61.

Ethanol

The most studied one of the hemostatic systems in vitro and in vivo is ethanol.^[14] In the year 2002, a number of researchers for the first time established direct impact of ethanol on the main receptors of platelets.^[15] Dose-dependent inhibition of GP IIb/IIIa and the expression of P-selectin, CD63 receptor, and CD107a were observed in ethanol-treated whole blood samples. The dependence of the effects of ethanol on hemostasis system from concentration suggests the presence of concentration with minimal effect on the functional activity of platelets. The study, aimed at finding a concentration of ethanol that does not affect the

performance of platelet aggregation of ADP and collagen convincingly demonstrated that the use of ethanol in solution of <50% (vol) has no effect on platelet aggregation and probably, is the way out for the dissolution of slightly soluble substances for preclinical studies.^[13] However, the findings show that even in a concentration of 1.0% (vol) expression of P-selectin is reduced virtually twice.

Lipid emulsions

Lipid emulsions are characterized by good solvent capacity comparable to analog solvents. The widespread use of lipid emulsions as tools for nutritional support has enabled to verify biological inertness, security, and the absence of biological activity both in bolus and long-term use.^[1,16-18] Lipid emulsions do not affect the performance of coagulational component of hemostasis and adhesive platelet function of platelets and are less toxic than ethanol and DMSO.

CONCLUSION

The solvents, possessing its own biological activity, should not be used as a solvent medium to study potential effects of medicines.^[10] The original mixture of lipids on the results of our own research and experience as a means of parenteral nutrition may be considered an adequate solvent at the stage of preclinical studies of new drugs that affect hemostasis system *in vitro*. Results of safety evaluation of IV fat emulsions in the applied dosages will allow eliminating the stage to assess the impact of the solvent on patients.

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Conflicts of interest

There are no conflicts of interest.

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