Successful use of retrograde branched extension limb assembling technique in endovascular repair of pararenal abdominal aortic aneurysm

Jiang Xiong, MD, PhD,^a Zhongzhou Hu, MD, PhD,^a Hongpeng Zhang, MD, PhD,^a Huanming Xu, MSc,^b Duanduan Chen, PhD,^b and Wei Guo, MD,^a Beijing, China

ABSTRACT

Surgeon-modified retrograde branched extension limb assembling technique and bridged endografts were successfully used to exclude an asymptomatic pararenal abdominal aortic aneurysm and to reconstruct the superior mesenteric artery and bilateral renal arteries in a case with high-grade celiac artery stenosis, nondilated aorta above the superior mesenteric artery, and large lumen below the renal arteries. In patient-specific models for hemodynamics analysis, enhanced flow diversion to visceral arteries up to 6-month follow-up confirmed treatment feasibility; however, endograft configurations could be improved to avoid sharp corners at bifurcations, thereby ensuring smooth flow transport and possibly reducing risk for endograft narrowing or the development of thrombosis. (J Vasc Surg Cases and Innovative Techniques 2017;3:90-4.)

Total endovascular repair of thoracoabdominal aortic aneurysms (TAAAs) or pararenal abdominal aortic aneurysms (PRAAAs) with fenestrated or multibranched stent grafts (SGs) precludes aortic clamping and consequent visceral ischemia and yields encouraging outcomes.¹⁻¹⁰ However, it is time-consuming to customize SGs, and the access is limited by insufficient aortic space above the target visceral arteries, whereas additional access, as in reconstruction of visceral arteries via subclavian artery, increases incidence of stroke and upper extremity artery complications.⁴⁻⁶ Furthermore, passing the customized SG with multiple branches through the nondilated aorta above visceral arteries is technically difficult in PRAAAs. We here describe a case of successful retrograde revascularization of visceral arteries with modified branched extension limb (BEL) assembling technique in total endovascular repair of PRAAA. This patient consented to the publication of this report.

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CASE REPORT

A 68-year-old man with history of hypertension, chronic obstructive pulmonary disease, coronary artery disease, and diabetes mellitus presented with an asymptomatic PRAAA. Imaging information of this patient is shown in Fig 1. Computed tomography angiography demonstrated a PRAAA with a maximum diameter of 85 mm just below the superior mesenteric artery (SMA; Fig 1, a). The images also revealed a high-grade celiac artery stenosis (Fig 1, c). With an American Society of Anesthesiologists score of 3, the patient refused open surgery or hybrid repair and provided informed consent for use, with Institutional Review Board approval, of retrograde branched graft assembling technique to reconstruct the SMA and bilateral renal arteries in total endovascular repair of the PRAAA. A PRAAA three-dimensional printing model was prepared to assist anatomic visualization (Fig 1, g), which showed a PRAAA diameter of 28.4 mm and 54.9 mm at the SMA and origin of the renal arteries, respectively. The celiac artery was intentionally covered because of high-grade stenosis at its root.

Zenith extension limbs, one 12 \times 12 \times 122 mm and two 12 \times 12 \times 88 mm (Cook Medical, Bloomington, Ind), were modified on site under strict sterile conditions and released from a 14F sheath. A 10-mm hole was made using an electrotome, and a $10 - \times 25$ -mm Viabahn covered stent (W. L. Gore & Associates, Flagstaff, Ariz) was sewn in the middle of the fourth strut of the Zenith 12- imes12- \times 88-mm endograft with end-to-side anastomosis. The coil was sewn around the anastomosis site, and four radiopaque markers cut from a golden pigtail catheter were sewn along the anastomosis site with a 90-degree interval. The inside edge of the branch tip was attached to the endograft's vertical side using polytetrafluoroethylene suture, with a 45-degree angle between the parent endograft and its branch (Fig 1, h). Using the same method, two Zenith 12- \times 12- \times 122-mm extension limbs with an 8×25 -mm branch were made (Fig 1, h), with the anastomosis site between the fourth and fifth struts, and the inside edge

From the Department of Vascular and Endovascular Surgery, Chinese PLA General Hospital^a: and the School of Life Science, Beijing Institute of Technology.^b

Jiang Xiong and Zhongzhou Hu are co-first authors.

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Correspondence: Wei Guo, MD, Department of Vascular and Endovascular Surgery, Chinese PLA General Hospital, Beijing 100853, China (e-mail: pla301dml@vip.sina.com).

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Fig 1. a and **b**, Three-dimensional reconstruction of the aorta based on computed tomography angiography data at initial presentation and after treatment, respectively. **c** and **d**, Roots of celiac artery (*CA*), superior mesenteric artery (*SMA*), left renal artery (*LRA*), and right renal artery (*RRA*); the *arrow* in **(c)** indicates the high-grade stenosis at the origin of the CA. **e** and **f**, Angiography showing the reconstruction of the LRA and RRA, respectively. **g**, Three-dimensional printing model of the aneurysm. **h**, Surgeon-modified branched extension limb (BEL). **i**, Embolization of the left iliac artery. **j**, Reconstruction of the SMA. **k**, Completion aortography revealing patency of all reconstructed visceral branches without endoleak.

of the branch tip was sewn to the endograft's vertical side using polytetrafluoroethylene suture. All modified endografts were reassembled into a 16F introducer sheath. Device modification duration was 160 minutes.

Implantation was performed under general anesthesia in a hybrid operating room (GE Inova 3100-IQ: GE Healthcare, Wauwatosa, Wisc). Bilateral common femoral arteries were surgically exposed, and systemic heparinization was achieved with intravenous bolus injection of 100 IU/kg of unfractionated heparin. Endovascular repair involved the following steps (Fig 2):

- 1. Through the left femoral approach, a 13 \times 100-mm Viabahn covered stent was implanted in the SMA, and the wire was left in the SMA toward the inferior direction to keep the end of the Viabahn stent stable.
- 2. Through the right femoral approach, a Zenith 36 \times 12 \times 95-mm bifurcated SG was deployed over a 0.035-inch Lunderquist guidewire (Cook Medical), and the proximal two struts with membrane were deployed over the SMA origin.

- 3. A modified BEL (12 \times 12 \times 88 mm) was bridged with a bifurcated SG long limb over a 0.035-inch Lunderquist guidewire.
- 4. Through the right femoral approach, a left renal artery (LRA) access was established using a 0.035-inch Supra Core guidewire (Abbott Vascular, Santa Clara, Calif) through a modified BEL branch; a 10 \times 150-mm Viabahn covered stent was implanted in the LRA; a 10 \times 100-mm Viabahn covered stent was bridged between the endograft in the LRA and the modified BEL branch; and the overlap in the modified BEL branch was reinforced with an 8 \times 37-mm Express balloonexpandable stent (Boston Scientific, Marlborough, Mass).
- 5. Through the left femoral approach, a modified BEL (12 \times 12 \times 88 mm) was deployed in the bifurcated SG short limb with a 3-cm overlap.
- 6. Through the left femoral approach, using a similar approach as in LRA reconstruction, the right renal artery (RRA) was stented and bridged to the modified BEL branch. Through the right femoral approach, an extension limb was deployed to bridge the modified



Fig 2. Step-by-step procedure for retrograde branched extension limb (BEL) implantation.

BEL in charge of the LRA to right common iliac artery (RCIA); the left internal iliac artery was then embolized with coils.

- 7. A modified BEL (12 \times 12 \times 122 mm) was bridged from the modified BEL in charge of the RRA to left external iliac artery.
- 8. Through the left femoral approach, using a similar reconstruction technique, the SMA was stented and bridged to the modified BEL branch. All joints and seal zones were inflated with a compliant balloon. Implantation of balloon-expandable stents at each junction was planned intentionally to prevent endograft migration and potential leak between the connected endografts.

Completion angiography revealed exclusion of the aneurysm and patency of BELs without endoleak (Fig 1, *e* and *f*, *i-k*). Procedure and fluoroscopy duration was 300 and 90 minutes, respectively, with 200 mL of total blood loss and 300 mL of total iodinated contrast volume. The patient was discharged on postoperative day 12 without complications. Six-month follow-up computed tomography angiography demonstrated the patency of endografts. There was no type I or type II endoleak in the BEL, endograft migration, or reduced aneurysmal sac (Fig 1, *b*).

To evaluate the effectiveness of endovascular repair, hemodynamic studies were conducted both before treatment and 6 months after treatment (Fig 3 and Supplementary data, online only). Pressure drop distributions at systolic peak (from ascending aorta to common iliac arteries) for the patient vs a normal control (Fig 3, a and b) and flow patterns at systolic peak (streamlines drawn tangential to instantaneous velocity; Fig 3, c) suggested highly vortical flow presence at initial presentation, disrupting visceral flow supply, inducing high-energy exchange, and leading to a low-pressure drop from the distal thoracic aorta to the iliac bifurcation (arrow, Fig 3, a). After treatment, a relatively organized flow was observed in the endografts (Fig 3, c), and pressure at systolic peak in the aorta above the renal arteries gradually dropped from the ascending aorta downstream. Analyses with 100% inflow at the ascending aorta inlet revealed the following flow division (Fig 3, e): 8.7% to SMA (6.7% in control); balanced blood supply to bilateral renal arteries (RRA 9.4%, LRA 9.5%; control: RRA 2.7%, LRA 2.9%); and smaller blood transport to left common iliac artery (LCIA;



Fig 5. Hemodynamic evaluation of the endovascular repair. **a** and **b**, Pressure drop at systolic peak (*PDsys*) for the patient's case before and after treatment as well as for a normal case. **c**, Flow pattern by drawing the streamlines in the aorta; the magnified images (*A* and *B*) show the vortical flows near the root of the branches. **d**, Distributions of time-averaged wall shear stress (*TAWSS*) and relative residence time (*RRT*) in the abdominal region after treatment; *arrows* indicate the regions with relatively low TAWSS and high RRT. **e**, Flow divisions at the visceral branches and the common iliac arteries. *LCIA*, Left common iliac artery; *LRA*, left renal artery; *RCIA*, right common iliac artery; *SMA*, superior mesenteric artery.

supplying both SMA and RRA) vs RCIA (LCIA 15.1%, RCIA 24.6%; control: LCIA 29.3%, RCIA 25.8%). Vortical flow was present at branched endografts (magnified in Fig 3, *c*), and high relative particle residence time (RRT) corresponded to low time-averaged wall shear stress near the root of BELs (Fig 3, *d*, arrows; Supplementary data, online only).

DISCUSSION

Based on the anatomic features of this patient's case small space over but large space below intentconstruction visceral arteries—retrograde BEL was assembled to reconstruct visceral arteries through femoral access; directional branch was made to the extension limb through which the endografts were bridged to the target vessels. Compared with the upper limb artery antegrade access to visceral arteries, this technique eliminates the requirement of a large space above visceral arteries and reduces the risks of upper limb artery and cerebrovascular complications, and it thus might be suitable for some PRAAAs and type IV TAAAs with insufficient space above the intentreconstruction visceral arteries. Indeed, more visceral vessel reconstruction would require a wider aneurysmal lumen, and longer aneurysms offer more space for BELs. Thus, patients with wider and longer aneurysmal lumen might be more suitable for the retrograde BEL assembling technique. Moreover, for emergent visceral artery reconstruction, retrograde BEL assembling might allow endovascular repair of TAAAs and PRAAAs with relatively easy-to-manufacture off-the-shelf products and lower endoleak risk than with the chimney or sandwich technique.^{11,12}

Based on flow analysis (Fig 3, *e*), blood supply to the SMA was greatly improved, supplying balanced flow to bilateral renal arteries, which would indicate treatment feasibility in terms of visceral blood supply. After treatment, pressure gradually decreased from ascending aorta downstream; however, pressure drop at systolic

peak was relatively high in the patient both before and after treatment (Fig 3, *a* and *b*), underscoring the importance of continuous blood pressure control despite pressure drop distribution improvement after endovascular repair. Moreover, low wall shear stress and high RRT are generally believed to be associated with the development of thrombosis in arteries.^{13,14} In this case, regional vortices corresponding to low time-averaged wall shear stress and high RRT were found near endograft bifurcations (Fig 3, *c* and *d*), which might possibly predict endograft narrowing or thrombosis, suggesting that attention should be paid at follow-ups to regions near the root of BELs.

CONCLUSIONS

The retrograde BEL assembling technique was successfully used to reconstruct visceral arteries and for total endovascular repair of a patient with PRAAA. Hemodynamic analysis confirmed the improvement of visceral flow supply. Nevertheless, wall shear stress analysis suggested that configurations of the endografts could be further improved to avoid sharp corners at bifurcations, thereby ensuring smoother flow transport and reducing the risk for narrowing in the endograft or the development of thrombosis.

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