



Antioxidant response elements: Discovery, classes, regulation and potential applications

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ABSTRACT

Exposure to antioxidants and xenobiotics triggers the expression of a myriad of genes encoding antioxidant proteins, detoxifying enzymes, and xenobiotic transporters to offer protection against oxidative stress. This articulated universal mechanism is regulated through the *cis*-acting elements in an array of Nrf2 target genes called antioxidant response elements (AREs), which play a critical role in redox homeostasis. Though the Keap1/Nrf2/ARE system involves many players, AREs hold the key in transcriptional regulation of cytoprotective genes. ARE-mediated reporter constructs have been widely used, including xenobiotics profiling and Nrf2 activator screening. The complexity of AREs is brought by the presence of other regulatory elements within the AREs. The diversity in the ARE sequences not only bring regulatory selectivity of diverse transcription factors, but also confer functional complexity in the Keap1/Nrf2/ARE pathway. The different transcription factors either homodimerize or heterodimerize to bind the AREs. Depending on the nature of partners, they may activate or suppress the transcription. Attention is required for deeper mechanistic understanding of ARE-mediated gene regulation. The computational methods of identification and analysis of AREs are still in their infancy. Investigations are required to know whether epigenetics mechanism plays a role in the regulation of genes mediated through AREs. The polymorphisms in the AREs leading to oxidative stress related diseases are warranted. A thorough understanding of AREs will pave the way for the development of therapeutic agents against cancer, neurodegenerative, cardiovascular, metabolic and other diseases with oxidative stress.

Abbreviations: 3-MC, 3-methylcholanthrene; Ah, aryl hydrocarbon; AhE, aryl hydrocarbon receptor; AP-1, activator protein-1; ARE, antioxidant response element; ATF4, activating transcription factor 4; β -NF, β -naphthoflavone; β -NF-RE, β -NF-responsive element; β -TRCP, β -transducin repeat-containing protein; B[α]P, benzo[*a*]pyrene; BACH, broad-complex, tramtrack and bric-a-brac (BTB), and cap'n'collar (CNC) homology proteins; bla, β -lactamase; BTB, broad-complex, tramtrack and bric-a-brac; CAT, chloramphenicol acetyltransferase; ChIP-Seq, chromatin immunoprecipitation sequencing; C-MARE, cyclic AMP responsive element (CRE)-type MARE; CNC-bZIP, cap'n'collar basic-region leucine zipper; CRE, cyclic AMP responsive element; CTD, C-terminal domain; CY1A1, cytochrome P450 1A1; DDI2, DNA-damage inducible 1 homology 2; eGFP, enhanced green fluorescent protein; EpRE, electrophile-responsive element; ER, endoplasmic reticulum; FRET, fluorescence resonance energy transfer; FTL, ferritin light polypeptide; GSH, glutathione; GST, glutathione S-transferase; GSTYa, glutathione S-transferase Ya subunit structural gene; hARE, human ARE; HBE1, human bronchial epithelial 1; HO-1, hemeoxygenase-1; HRD1, hydroxymethylglutaryl reductase degradation protein 1; HRE, heme responsive element; Keap1, Kelch-like ECH-associated protein 1; KO, knock-out; Maf, musculoaponeurotic fibrosarcoma proteins; MAPT, microtubule-associated protein Tau; MAREs, Maf-recognition elements; MT, metallothionein; Nap, naphthalene; NCBI, national center for biotechnology information; NE, nuclear envelope; NESzip, nuclear export signal co-localized with the leucine zipper domain; NQO1, NAD(P)H quinone dehydrogenase 1; NQR, NAD(P)H:quinone reductase; Nrf1, nuclear factor erythroid 2 (NFE2)-related factor 1; Nrf2, nuclear factor erythroid 2 (NFE2)-related factor 2; Nrf3, Nuclear factor erythroid 2 (NFE2)-related factor 3; NTD, N-terminal domain; PAHs, polycyclic aromatic hydrocarbons; Phe, phenanthrene; PHx, partial hepatectomy; PI3K, phosphatidylinositol-4,5-bisphosphate 3-kinase; PMA, phorbol 12-myristate 12-acetate; PMF-1, polyamine-modulated factor-1; PWM, position weight matrix; Pyr, pyrene; ROS, reactive oxygen species; sMAF, small Maf; SNPs, single nucleotide polymorphisms; tBHQ, tert-butylhydroquinone; T-MARE, TRE-type MARE; TPA, tetradecanoyl-phorbol-13-acetate; TRE, TPA-responsive element; VCP, valosin-containing protein; XRE, xenobiotic-responsive element

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1. Introduction

The emergence of techniques such as isolation and characterization of genes, construction of reporter genes, and transient transfection of reporter constructs has made it possible to study the regulatory elements of phase II genes. The dynamic expression of phase II genes is regulated by the transcriptional regulatory element called antioxidant response element (ARE). It is a daunting task to recognize and identify the AREs. Though a formidable challenge, scientists have not only identified the AREs, but also characterized these AREs. Many transcription factors interact with these AREs to orchestrate the expression of an array of cytoprotective genes in a spatio-temporal manner. Cells are constantly exposed to various kinds of stressors: chemical, environmental, oxidative, radiation, etc. The defense systems in the cells overcome these stressors through the action of the *cis*-acting elements of antioxidant, phase II detoxification and xenobiotic responsive genes [1,2]. AREs are well-established as significant regulators of redox homeostasis and activators of cytoprotection during oxidative stress. The nuclear factor erythroid 2 (NFE2)-related factor 2 (Nrf2) - the primary transcription factor - acts on these AREs (*cis*-acting elements), thereby elevating the expression of an array of genes that recuperates the redox insult by chemicals and xenobiotics, which ultimately protects the cells from damage [3,4]. Kelch-like ECH-associated protein 1 (Keap1) inhibits and holds Nrf2 in the cytoplasm and directs Nrf2 for proteasomal degradation [3]. These findings led to the decoding of the signaling cascade involved in the defense mechanism, called the Keap1/Nrf2/ARE system. As a universal system, the Keap1/Nrf2/ARE pathway regulates the network of genes and offers cytoprotection under various stress conditions. Besides their role in cytoprotection due to oxidative stress, AREs regulate carbohydrate metabolism, cognition, inflammation, iron metabolism, metastasis, NADPH regeneration, lipid metabolism, and tissue remodeling [5]. This review describes the discovery of the AREs, classes of ARE enhancers, computational identification and analysis of AREs, transcription factors that act on the AREs, and applications of AREs.

2. Discovery of the ARE

The detoxification of toxic chemicals and xenobiotics happens in a highly regulated manner in three phases namely, phase I, II, and III [6,7]. Phase I enzymes primarily consist of cytochrome P450 superfamily of enzymes and metabolizes the xenobiotics [8]. Phase II conjugating enzymes include glutathione S-transferases which catalyzes the conjugation of reactive electrophile species with glutathione (GSH) thereby it attenuates the toxic potential of xenobiotics [9]. Phase III transporters eliminate the GSH conjugates and offers protection against deleterious chemicals [10]. The regulation of three phase enzymes plays a chief role to counter environmental toxicants; hence it triggered scientists to unravel the detoxification regulatory mechanism. Xenobiotic metabolites induce the key phase I and phase II enzymes that are essential for the detoxification process [11]. These key enzymes, include GST isoenzymes, epoxide hydrolase and P450 isoenzymes, are expressed in high levels in the hepatocytes of animals treated with xenobiotics [12]. Polycyclic aromatic hydrocarbons (PAHs) such as β -naphthoflavone (β -NF) and 3-methylcholanthrene (3-MC) elicited the inducible expression of glutathione S-transferase Ya subunit structural gene (*GSTY*a) [13]. Scientists utilized these PAHs to study regulatory regions of *GSTY*a and other genes.

In the late 1980s, the functional analysis of the rat 5'-flanking sequences of a *GSTY*a - a phase II enzyme paved the way to dissect out the regulatory elements [14]. This study pioneered the identification of the AREs in many genes since then. The pGTBcat vectors were constructed through the fusion of the 5'-flanking region of *GSTY*a to the chloramphenicol acetyltransferase (*CAT*). The different promoter length of pGTBcat vectors - pGTB.7 cat, pGTB1.6 cat, and pGTB4.0 cat were constructed from the genomic subclone p λ GTB45-15-5.5. These

fusion genes were transiently transfected into rat cell lines (H5-6 and 3MO), mouse cell lines (Hepa1c1c7), and human hepatoma cells (HepG2). The measurement of *CAT* activity revealed the two regulatory elements between nucleotides -650 and -1550. Of the two *cis*-acting elements, one is present in human, mouse, and rat cells, and responsive to β -NF in heterologous cells; whereas the other element is found only in human and rat cell lines, and exhibited maximal basal promoter activity in homologous cells. The element responsive to β -NF is found to be functional only in the presence of dioxin receptors. Though this groundbreaking study first identified the two regulatory elements and their approximate location in the promoter, it did not discover the exact *cis*-acting sequence elements.

2.1. β -NF-responsive element

Three years later, Paulson et al. [15] identified the critical *cis*-acting sequence elements necessary for both the basal and 3-MC-inducible expression of *GSTY*a in HepG2 cells. Dimethyl sulfate methylation protection footprints identified the presence of a regulatory element between -905 and -885, and these *cis*-acting elements resembled the xenobiotic-responsive element (XRE) or dioxin-responsive element. This study narrowed down the location of the *cis*-acting elements identified by the Telakowski-Hopkins team [14]. Rushmore et al. [16] identified three regulatory regions at different locations in the promoter of *GSTY*a. The first regulatory region identified is similar to the XRE sequence and is present between nucleotides -867 and -857, and controlled the maximum basal expression; the second regulatory region localized to positions -908 to -899 and has identity with the core XRE sequence of the cytochrome P450 1A1 (*CYP1A1*) gene; the third regulatory region is distinct from that of XRE sequence between -722 and -682 and is responsible for the inducible expression and the basal level expression of both planar aromatic compounds - β -NF and 3-MC. Hence, this element was termed the β -NF-responsive element (β -NF-RE). This study provided the evidence that the regulation of *GSTY*a is mediated by a regulatory element that is different from that of XRE.

2.2. Antioxidant response element

The further unravelling of this distinct β -NF-RE revealed that the phenolic antioxidant t-butylhydroquinone activated the transcription of *GSTY*a through this element without the need of aryl hydrocarbon (Ah) receptors [17]. As this β -NF-RE is responsive to phenolic antioxidants, this element is also named as an antioxidant-responsive element (ARE). The hypothesis put forward by Talalay et al. [18] and Prochaska and Talalay [19] that the induction of phase II drug metabolism enzymes by phenolic antioxidants was confirmed with the identification of ARE and its regulation of *GSTY*a independent of the Ah receptor. The ARE core sequence of *GSTY*a was identified as 5'-puGTGACNNGC-3' (N represents any nucleotide) on characterization with deletion and mutational analysis [20]. This ARE core sequence was clearly different from that of the XRE core sequence of *CYP1A1*. The difference in the core sequences of ARE and XRE reveals the difference in their functional activity. In addition, Rushmore et al. [20] observed that reactive oxygen species (ROS) and oxidants formed through electron reduction and redox cycling of phenolic antioxidants. These ROS and oxidants activated the transcription of *GSTY*a through the ARE. This is the first study reporting that oxidative stress activates antioxidant genes through the *cis*-acting regulatory element - ARE - and offered a defense in eukaryotic cells. In the search for *trans*-acting proteins that bind to the ARE, a protein from within the untreated cells interacted with the ARE and treated cells but did not result in the induction of a new protein [16]. These findings envisioned that a *trans*-acting protein that is not inducible and constitutively expressed recognizes the ARE. AREs remain the central part of the signal transduction pathway in eukaryotic cells that respond to oxidative stress.

2.3. Electrophile-responsive element

Another group of scientists were characterizing *cis*-acting sequences of mouse *GSTY α* in the late 1980s. Daniel et al. [21] reported the two regulatory elements exactly similar as those found in rat *GSTY α* in the 5'-flanking region of mouse *GSTY α* . These two regulatory elements were located between -1.6 and -0.2 kb. One is responsible for basal expression, whereas the other is responsible for inducible expression when exposed to β -NF and 3-MC in both homologous (mouse) and heterologous (rat and human) hepatoma cells. The regulation of one of these two regulatory elements of *GSTY α* corroborated the metabolic cascade model proposed [18,19]. This particular common element present in nucleotides -754 to -713 responded not only to planar aromatic compounds (β -NF, 3-MC, and Dioxin) but also electrophilic compounds (tert-butylhydroquinone, dimethyl fumarate, and trans-4-phenyl-3-buten-2-one) [22]. As this element responded surprisingly to an electrophilic signal, it was termed an electrophile-responsive element (EpRE). A DNA motif with an inverse repeat 5'-TGAAAT(GAC ATTGC)TAATGGT-3' was identified as the EpRE. The *trans*-acting proteins acting on this *cis*-element were observed in both the nuclear extracts and the cytosolic fractions from DNaseI footprint and gel mobility-shift assays.

As scientists analyzed the function of the 5'-flanking region of *GSTY α* during the same period, Bayney et al. [23] investigated the *cis*-acting sequences regulating NAD(P)H: quinone reductase (*NQR*) in rat liver - a different antioxidant gene. The findings revealed that *cis*-acting regulatory elements are responsible for inducible expression of *NQR*. As observed in the rat and mouse *GSTY α* , β -NF induced the expression of *NQR*. In addition to β -NF, Sudan III - an azo dye - induced a 4–5 fold elevation in the expression of *NQR*. Favreau and Pickett [24] located two regulatory elements: one at position -393 to -352 , which shared XRE sequence identity, and another at -434 to -404 , which is distinct from that of XRE. This observation is very similar to that of findings of Rushmore and Pickett [17] in rat *GSTY α* . Both the planar aromatic compounds and phenolic antioxidants regulate the inducible expression of rat *NQR* through the ARE. As demonstrated in *GSTY α* , hydrogen peroxide (H_2O_2) induced the expression of rat *NQR* through the ARE sequence [25]. The ARE sequence of rat *NQR* is protected from digestion with the nuclear extracts and the sequence is palindromic (5'-AGTCACAGTGACT-3'). The 3'-end of this ARE sequence showed strong protection from digestion and high homology between the rat *GSTY α* and human *NQR*. The determination of specific ARE nucleotide sequences of rat *NQR* revealed three regions: 3'-flanking region, proximal, and distal half sites [26]. These two half-sites are oriented in a palindromic fashion. All three regions are essential for the high basal expression of rat *NQR* in HepG2 cells. Mutational analysis of the proximal half-site highlighted the importance of 3 nucleotides in the proximal half-site, 5'-gTGActtgca-3' that are essential for the maximum basal and inducible activity of rat *NQR*. Many of the features of the rat *NQR* ARE are similar to that of rat *GSTY α* ARE. Yet another study identified the ARE in the human *NQR* located between -470 and -445 [27]. This ARE regulated the expression of *NQR* in both hepatoma (Hepa-1 and HepG2) cells and non-hepatic (HeLa) cells on exposure to β -NF and 3-(2-*tert*-butyl-4-hydroxyanisole). The sequence of the human *NQR* ARE is 5'-TGAGTCAGC-3'. Within a span of half a decade, groups of scientists discovered the AREs that regulate *GSTY α* in the mouse and rat, and *NQR* in the rat and human, and laid the foundation for the discovery of the Keap1-Nrf2-ARE pathway in later years. The experimentally identified functional AREs in human, mice, rat, zebrafish, and cell lines are summarized in this review (Table 1).

3. A regulatory element within another regulatory element

It was a daunting task for scientists to clearly define the ARE and its functions due to the presence of another element within the ARE called the activator protein-1 (AP-1) site. The AP-1 site is an element that is

transcriptionally activated by tetradecanoyl-phorbol-13-acetate (TPA) and hence called a TPA-responsive element (TRE) [48]. It is also known as phorbol 12-myristate 12-acetate (PMA) response element because it responds to PMA. AP-1 is a transcription factor that acts on the *cis*-element of human metallothionein IIa promoter [75]. An array of genes carried these TREs as they were discovered from DNase I protection analyses [76]. The consensus sequence of the TRE is defined as TGA(C/G)TCA. The ARE contains a tetranucleotide sequence 5'-TGAC-3', which is a half-site of TRE. Besides phorbol esters, UV light, metals, growth factors, and other stressors activate AP-1, which then binds the TRE. The binding of the transcription factors Fos and Jun to the ARE and its transactivation were ascertained by the presence of a cryptic AP-1 site (TRE) within the ARE [48]. Despite the absence of a consensus TRE sequence within the ARE (EpRE), TPA triggered the response through the interaction between c-Jun/c-Fos and TRE. Like ARE, TRE also activates the transcription of an array of genes on exposure to various enhancers, so both these elements (ARE and TRE) belong to the class of inducible enhancers [77]. The human ARE (hARE) of *NQR* carries a TRE in 5'-CTAGTGAtagtcaGCCGTC-3' [27]. The presence of such a TRE within the ARE allows the competition of different transcription factors to bind to both these elements. Such competition encouraged researchers to identify and distinguish the transcription factors that bind to TRE and ARE and the regulation of the gene expression by these two elements. Although AP-1 binds AREs with low affinity, numerous studies differentiated the TRE-mediated regulation from ARE-induced transcription. Nguyen et al. [78] unmasked the essentiality of the GC-3' in the ARE core sequence and distinguished the ARE from the TRE. The close similarity of these two elements discloses that their regulatory proteins are also closely related. The investigations showed that the perfect consensus TRE sequence within the hARE is essential for the basal and xenobiotic inducible expression of human *NQR* [79]. Both TRE and ARE are present in the 5'-flanking sequences of a number of genes and two or more TRE copies are present within the AREs [80]. Cells that are devoid of AP-1 induced ARE transcription, but in contrast, ARE activators did not mediate TRE transcription [81]. Mutational analysis revealed that two copies rather than a single copy of the TRE are responsive to antioxidants and xenobiotics [79].

Another atypical AP-1 family of transcription factors - musculoaponeurotic fibrosarcoma proteins (Mafs) - binds the 13 bp consensus Maf-recognition elements (MAREs) 5'-TGCTGAG/CTCAGCA-3', which is palindromic in nature. The core MARE region has high similarity to the core ARE region [82]. Based on the type of core regions harbored within the MAREs, MAREs are termed TRE-type MARE (T-MARE) 5'-TGctgactcaGCA-3' and cyclic AMP responsive element (CRE)-type MARE (C-MARE) 5'-TGctgacgtcaGCA-3'. Maf, as a homodimer with itself, recognizes the GC dinucleotide of MAREs, and with Nrf2 as a heterodimer, binds the GC-3' dinucleotide of the ARE [83]. A variant of T-MARE (5'-TGCTGACTCATCA-3') interaction with MafG was identified from the crystal structure of MafG. MAREs are found in the regulatory regions of erythroid and megakaryocyte-specific genes [84]. The dimers such as small Maf (sMaf) homodimers and sMaf: Nrf2 heterodimers bind to the ARE [85].

Through sequence conservation and mutation analyses, Inamdar et al. [86] identified a 10 bp consensus motif (T/C)GCT(G/T)(A/T)GTCA called the heme responsive element (HRE). The HRE contains AP-1 heptad and the ARE, though these AREs are not responsive to heme or cadmium. The *trans*-acting factors that bind to the ARE may also regulate HO-1. Besides heme and cadmium, other inducers may activate the transcription of the *HO-1* through the ARE with cap'n/collar basic-region leucine zipper (CNC-bZIP) interfamily heterodimers [87]. The HRE, being a composite ARE, can serve as a binding site for the different bZIP proteins.

4. Four classes of ARE enhancers

The importance of the 5'-end of the core ARE made Wasserman and

Table 1
The experimentally identified functional AREs in human, mice, rat, zebrafish and cell lines.

ARE	Location/Position of ARE with respect to + 1 transcription start site	Experiments ^a	Gene	Category/Function	Species/Cell lines	References
TGACTCAGC, TGACTAAGC, TTAGGAAGC	-3118, -291, -330	MA	Gclc	Antioxidant	Homo sapiens	[28]
TGACTTACG, TGAGAGGGC	-76, -387	SDM	Gpx2	Antioxidant	Homo sapiens	[29]
TGAATCAGC, TGCCTCAGC	-3429, -4322	ChIP, SDM, EMSA	Prdx1	Antioxidant	Homo sapiens	[30]
TGACCGAGC	-349	ChIP, SDM	Prdx6	Antioxidant	Homo sapiens	[31]
TTACTCAGC	-416	EMSA	Trx	Antioxidant	Homo sapiens	[32]
TGACAAAAGC	-301	EMSA	Txnrd1	Antioxidant	Homo sapiens	[33]
TGACTCAGC	-1565	RA, SDM	Fh1	Metal binding protein	Homo sapiens	[34]
TGACTTGGC	-99	TTA	Mt1b	Metal binding protein	Homo sapiens	[35]
TGACTCAGC	-5522	EMSA, ChIP	Akr1c2	Detoxification protein	Homo sapiens	[36]
TGACAAAAGC	-499	Cl, SA	Mgst1	Detoxification protein	Homo sapiens	[37]
TGACTCAGC	-463	CAT RA, SA	Nqo1	Detoxification protein	Homo sapiens	[38]
TGACTTGGC	-3296	EMSA	Ugt1a1	Detoxification protein	Homo sapiens	[39]
TGATTCAGC, TGAGGAGGC, TGACTCAGC, TGACGGCAGC,	-3231, -3995, -4009, -4073, -4186,	ChIP	Hmox1	Antioxidant	Homo sapiens	[40]
TGACTCGCC, TGAGTGAGC, TGATTCAGC, TGATTTCTGC,	-5520, -6047, -6080, -7184, -9059,					
TGACAAAGC, TGACTCAGC, TGACTCAGC, TGACTTACG,	-9088, -9117, -9146, -9579, -11779					
TGACTCAGC, TGACAGAGC, TGAGGCAGC	-					
TGCTGAGTC	-	ChIP	MAPT	Microtubule associated protein Tau	Homo sapiens	[41]
TGACTCTGC	-2603 to -2629	EMSA, ChIP	Ox5	Transcription factor	Homo sapiens	[121]
TGACGTCCG,	-52, -341	ChIP	Pamb5	Proteolytic degradation of misfolded proteins	Mus musculus	[42]
TGACCAAAC						
TGAGTCAGC,	-59, -915, -937	EMSA, FP	Gst-p1	Antioxidant	Mus musculus	[43]
TGAAITCTGG, TGACATCTC						
TGACTAAGC, TGACCAAAGC	-35, -804	ChIP	Gst1	Antioxidant	Mus musculus	[44]
TGAGAAAAGC	-440	SDM	Slc7a11	Antioxidant	Mus musculus	[45]
TGACAAAAGC,	-4076, -4023	RA	Fth1	Metal binding protein	Mus musculus	[46]
TGACTCAGC						
TGACTCAGC	-1118	RA, SDM	Fh1	Metal binding protein	Mus musculus	[34]
TGACTATGC	-69	TTA	Mt1	Metal binding protein	Mus musculus	[35]
TGACTCAGC	-214	TTA	Mt2	Metal binding protein	Mus musculus	[35]
TGACCCAGC	-925	RA, EMSA	Akr1b3	Detoxification protein	Mus musculus	[47]
TGACAAAAGC	-728	EMSA	Gsta1	Detoxification protein	Mus musculus	[48]
TGACATTGC	-147	SDM, RA, EMSA	Gsta3	Detoxification protein	Mus musculus	[49]
TGACATPAGC	-94	RA, EMSA	Mrp2	Excretion pump	Mus musculus	[50]
TGAGTCGGC	-435	SDM, GW, 5'RACE, EMSA	Nqo1	Detoxification protein	Mus musculus	[51]
TGAGCGAGC, TGACTTGGC, TGACCCCTGC, TGAGGCTGC,	-126, -3318, -3547, -3612, -3990, -4042,	EMSA, SDM	Hmox1	Antioxidant	Mus musculus	[52–54]
TGACTCAGC, TGACACAGC, CAACTCAGC, TGACTCTGC,	-4090, -6069, -7426, -8709, -9734,					
TGACTCAGC, TGACTAAGC, TGACTCAGC, TGACTCAGC,	-9763, -9791, -9878					
TGACTCAGC, TGAGCAAGC						
TGACATPAGC	-784	EMSA, SDM	Pparg	Anti-inflammation	Mus musculus	[55]
TGACCCAGC	-983 to -944	EMSA, RA	Akr1b3	Catalyzing the reduction of glucose to sorbitol	Mus musculus	[47]
GTGGTAGTG	-731 to -722	RA	Gclc	Antioxidant	Mus musculus	[56]
GCACACAGTG	-502 to -493	RA	Hsp70	Antioxidant	Mus musculus	[56]
TGATCTGGC, TGACATTGC, TGACAAAAGC, TGATTTGGC	-913 to -904, -743 to -734, -728 to -719,	RA	Gst	Antioxidant	Mus musculus	[56]
	-148 to -139					
TGACATTTGC	-1762 to -1733	EMSA, ChIP	Ox5	Transcription factor	Mus musculus	[121]
TGAGTCAGC	-247	SDM	Srxn1	Antioxidant	Rattus norvegicus	[57]
TGACAAAAGC	-696	MA	Gsta2	Detoxification protein	Rattus norvegicus	[20]
TGACTTGGC	-421	CAT RA	Nqo1	Detoxification protein	Rattus norvegicus	[24]
TGACGGTGC	-3470 to -3500	EMSA, ChIP	Ox5	Transcription factor	Rattus norvegicus	[121]
TGACTCATC, TGACTCATC	-	EMSA	Gsp1	Antioxidant	Danio rerio	[58]

(continued on next page)

Table 1 (continued)

ARE	Location/Position of ARE with respect to + 1 transcription start site	Experiments ^a	Gene	Category/Function	Species/Cell lines	References
TGACAAAGC, TGAAGTTCAGC	-453 to -444, -355 to -346	RA	<i>Gclc</i>	Antioxidant	<i>Danio rerio</i>	[56]
TGACGGGG	-690 to -681	RA	<i>Hsp70</i>	Antioxidant	<i>Danio rerio</i>	[56]
TGATAGAGC, GCCACAGTG	-749 to -740, -1331 to -1322	RA	<i>Gst</i>	Antioxidant	<i>Danio rerio</i>	[56]
TGACTCAGC	-53 to -45	EMSA	<i>Gsp1</i>	Antioxidant	<i>Danio rerio</i>	[58]
TGCTGATTC	-86 to -77	CHIP	<i>Nrf2</i>	Transcription factor	Adenocarcinomic human alveolar basal epithelial cells	[59]
TGACAAAGC, TGAAGTTCAGC	-48 to -62, -46 to -32	CHIP, EMSA	<i>Trxr1</i>	Antioxidant	Bovine arterial endothelial cells	[60]
TGCTGAGTA	-452 to -420	EMSA	<i>Trx</i>	Antioxidant	Erythroleukemic cell line	[32]
TGACTGTGG	-754	EMSA, ChIP	<i>Nrf2</i>	Transcription factor	Murine keratinocyte cell line	[2]
TGACATTGC	-	SDM, EMSA, ChIP	<i>Mgst3</i>	Antioxidant	Mouse hepatoma Hepa1c7	[49]
TGCTGAGTC	-	EMSA	<i>HO-1</i>	Antioxidant	Immortalized rat proximal tubular epithelial cells	[61]
TGAATCAGC, TGCCTCAGC	-536 to -528, -1429 to -1421	SDM, ChIP	<i>Ppx1</i>	Antioxidant	Human lung cancer cell line	[30]
TGACTCAGC	-461 to -455	CAT RA	<i>Did</i>	Anticancer	Human colon adenocarcinoma cell lines	[62]
TGACTCAGC	-	CAT RA, EMSA	<i>Nqo1</i>	Detoxification protein	Human monocyte cell lines	[63]
TGCTGTGTC	-	EMSA	<i>HO-1</i>	Antioxidant	Human breast adenocarcinoma cell line and cervical cancer cell line	[64]
TGACTCAGC, TGAAGTTCAGC	-	EMSA	<i>Bach1</i>	Transcription factor	Human umbilical vein endothelial cells	[65]
TGACTCAGC	-	EMSA	<i>Nqo1</i>	Antioxidant	Human umbilical vein endothelial cells	[65]
TGACAAAGC	-4117	EMSA	<i>Ferritin H</i>	Antioxidant	Hepatoma cells, Liver hepatoblastoma cell line	[66]
TGACTCAGC	-	EMSA	<i>Nrf2</i>	Transcription factor	Human umbilical vein endothelial cells	[67]
TGACATAGC	-	EMSA, RA	<i>Mrp2</i>	Excretion pump	Mouse hepatoma cell, human hepatoblastoma cell line	[50]
TGACATGGC	-	EMSA, RA	<i>Mrp2</i>	Excretion pump	Mouse hepatoma cell, human hepatoblastoma cell line	[50]
TGAGCATGC, TGATCTTC, TGAGTGAGC, TGAAGTTCAGC	-152 to -121, -212 to -183, -78 to -49, -62 to -31	EMSA	<i>Ncb5or</i>	Antioxidant	Mouse embryonic fibroblast	[68]
TGACAGAGC, TGGCATTGC, TGACAAAGC	-	EMSA	<i>Gsta5</i>	Drug metabolizing enzyme	Liver hepatoblastoma cell line	[69]
TGACATTGC, TGACAAAGC	-	EMSA	<i>Gsta1</i>	Drug metabolizing enzyme	Liver hepatoblastoma cell line	[69]
TGACTCAGC	-	EMSA	<i>Gcsh</i>	Oxidative stress response	Liver hepatoblastoma cell line	[70]
TGACTAAGC	-	EMSA	<i>Gcs1</i>	Oxidative stress response	Liver hepatoblastoma cell line	[70]
TGACTCAGC	-	SDM, EMSA	<i>Gclm</i>	Antioxidant	Liver hepatoblastoma cell line	[71]
TGGCATTGC	-312	EMSA	<i>Gsta2</i>	Antioxidant	Rat hepatocyte derived cell line	[72]
TGACAAAGC	-	CHIP	<i>Ferritin H</i>	Antioxidant	Human hepatocarcinoma cell line	[73]
TGACCAAGC	-	-	<i>Ets-1</i>	Transcription factor	Human Ovarian carcinoma cell line	[74]
TGACTCAGC	-	EMSA	<i>Bach1</i>	Transcription factor	Human umbilical	[65]

^a The experimental methods employed in the identification of AREs abbreviated in this column are as follows: MA, mutational analysis; ChIP, chromatin immunoprecipitation assay; SDM, site directed mutagenesis; EMSA, electrophoretic mobility shift assay; RA, Reporter gene assay; TTA, transient transfection assay; CL, chromosomal localization; SA, sequence analysis; CAT RA, chloramphenicol acetyltransferase reporter assay; FP, foot printing; GW, genome walking; 5'FACE, rapid amplification of 5' complementary DNA ends.

Fahl [88] extend the ARE to 20-bp by adding nucleotides at both ends and termed the resulting ARE an extended ARE. The consensus extended ARE sequence is 5'-TMAnnRTGAYnnnGCRwww-3', in which M represents A/C, R - A/G, Y - C/T, W - A/T, and n - A/T/G/C. In this, the trinucleotide at the 5' end is called 'TMA' motif, which is essential for the induction of *Gsta1*. Through point mutations, it was observed that the minimal length of 16-bp 5'-TMAnnRTGAYnnnGCR-3' was enough for induction of mouse *NQO1*. The alignment of AREs from different genes revealed the better conservation of core AREs than the extended AREs. The distinct sequence within one ARE that is essential for the function of a particular gene will not be efficient in the other genes. In this context of specific nucleotide and conservation, AREs are grouped into four different classes of enhancers [89]. Class I contains a 16-bp ARE with a TMA motif and AP-1 binding site. e.g. mouse *Fth1* cTccATGACaaaGCA [46]. Class II contains a 16-bp ARE with the presence of a TMA motif and the absence of the AP-1 site. e.g., mouse *Gsta1* TAAtgGTGACaaaGCA [48]. Class III (e.g., mouse *Mt2* GTGActcGCG) and IV (e.g. mouse *Mrp2* ATGACataGCA) include 11-bp ARE, excluding the TMA with the presence and absence of the AP-1 site respectively [35,50]. Classes I and III ARE genes are activated by AP-1 whereas classes I and II ARE genes are induced by Nrf2. Though the classification of ARE enhancers was put forth, it was ambiguous and could not classify all the AREs under these four classes.

5. AREs - Computational methods and analysis

As a result of numerous experimental investigations of promoter sequences of specific genes, functional ARE sequences were identified. Additionally, consensus ARE sequences were proposed for several organisms by utilizing mutational studies. A survey of the literature revealed that there are a few computational studies performed to identify and analyze ARE sequences.

Wang et al. [90] collected a set of experimentally identified ARE sequences from the NCBI literature database and developed a position weight matrix (PWM) statistical model using a set of experimentally identified ARE sequences in the human genome, and identified a set of ARE sequences with functional evidence. By aligning the binding sites, a nucleotide position frequency matrix was created and then converted into a PWM, which is a widely used statistical model that reflects the observed nucleotide frequencies of each nucleotide at each position. Further, a sliding window approach with a search pattern was performed to retrieve sub-sequences with the size of PWM in the human genomic sequence to identify the putative ARE sequences. A sub-sequence which matches the search pattern and also holds the higher PWM score than the lowest PWM score of the experimentally identified functional AREs. In addition, conservation of AREs at the sequence level was identified using phylogenetic footprinting by analyzing the upstream 5-kb regions of a set of orthologous genes from human, mouse, and rat genomes [91]. With the development of an integrated computer system, functional polymorphisms were identified within the AREs in the human genome and checked how these single nucleotide polymorphisms (SNPs) in the AREs bring changes in the expression of the target genes. Further experimental analysis of these SNPs will help us identify individuals who are highly prone to diseases in response to xenobiotics and oxidative stress as a consequence of genetic predisposition.

In recent years there have been a few investigations on ARE SNPs (Fig. 3). A functional ARE SNP was identified in the promoter of microtubule-associated protein Tau (*MAPT*) using computational data analysis with input data from chromatin immunoprecipitation sequencing (ChIP-Seq) and a genome-wide association study (GWAS) [41]. The ARE SNP rs242561 C/T (Cgctgagtc/Tgctgagtc) exhibited differential affinity to Nrf2/sMaf heterodimers. The T allelic variant of rs242561 showed high affinity, whereas the C allelic variant had a low affinity towards Nrf2/sMaf. This strong affinity of Nrf2/sMaf due to the presence of the T allelic variant in the ARE of *MAPT* will produce *MAPT*

tau protein that is less prone to aggregation due to the inclusion of exon 3 in the *MAPT* of the tau protein product. Thus, the high affinity enhanced the *MAPT* transcript and reduced the risk of Parkinsonian diseases. Using an online tool 'Region Report', Kuosmanen et al. [92] identified the SNP - rs113067944 in the ARE of the ferritin light polypeptide (*FTL*) gene promoter. When there is a change in the allele from A to C in the core ARE of TG[A/C]CTCAGC, the Nrf2 has a poor affinity towards the ARE with a C allele and results in decreased *FTL* transcription. By using an Nrf2 binding prediction model, this study revealed 14 different SNPs in the ARE sequences that had clinical relevance. Yet another GWAS reported the creation of an ARE in the membrane-spanning 4-domain family, subfamily A (MS4A) locus due to an SNP rs667897 [93]. A putative *cis*-regulatory SNP - GCTGTGTC[A/G] was identified at the MS4A6A locus. The terminal nucleotide change from G to A results in the allele-specific transcription factor binding site. Though both Nrf1 and Nrf2 in association with sMafs displayed the potential to activate the rs667897^A, Nrf1 is more effective in the transcriptional activation of the rs667897^A *cis*-SNP. A subset of a population carrying rs667897^A is associated with enhanced MS4A6A gene expression and Alzheimer's disease. The ARE SNPs associated disease studies still remain in their infancy.

There are several computational tools developed to predict/identify transcription factor binding sites. Transcription factor flexible model overcomes the fixed length motifs prediction of PWMs to predict variable length motifs [94]. One of the recent models - DRAF, adopts machine learning approach using transcription factor binding sequences and physicochemical properties of transcription factor binding domains to predict the binding sites [95]. However, to the best of our knowledge, there is no single method available to predict/identify ARE sequences of query genes and no computational studies were attempted to identify ARE sequences at the genome-level using the organism specific consensus ARE sequences, which are highly needed and thus offer challenges in the computational research field.

6. Transcription factors that interact with AREs

The transcription factors that interact with AREs intrigued scientists for over half a decade, despite the first ARE being identified in the late 1980s. The cryptic TRE (AP-1 binding site) within the ARE not only baffled scientists but also created dispute among them, a few said that AP-1 regulates the expression of detoxification genes through the ARE [48,96,97] while others argued that unique proteins bind the ARE, not the AP-1 [98–100]. A clearer picture emanated from work on mouse F9 embryonal carcinoma cells [81]. Tert-butylhydroquinone (tBHQ) - an inducer - stimulated the ARE site but not the TRE site in F9 cells. Growth hormone reporter constructs carrying ARE elements transfected into F9 cells that lacked TRE-binding proteins triggered the activation of transcription of this reporter gene. Even the TRE consensus sequence was not activated by ARE-activating protein. The transcriptional activation of the most phase II enzymes failed even when ARE sequences are swapped with TRE consensus sequence which eventually revealed that proteins interact with ARE rather TRE [81]. Other studies evidenced that ARE-binding proteins induce the phase II enzymes through ARE but not with AP-1 [78,100]. Hence, both the electrophilic and antioxidant inducers mediate the regulation only through ARE-binding proteins.

The activation or repression of the target genes is determined by the dimerizing partners of the transcription factors and AREs in the promoter of the target genes (Fig. 1). Of all the transcription factors, Nrfs are the primary transcription factors that interact with AREs. Locus control regions (LCRs) are the evolutionarily conserved regulatory sequences present on the upstream α - and β -globin genes [101]. Sequence-specific transcription factor called nuclear factor erythroid 2 (NF-E2) regulates the expression of these globin genes by binding with LCRs [102,103]. Besides their regulatory sites in α - and β -globin genes, NF-E2 possess recognition sites in ferredoxinase, heme biosynthesis

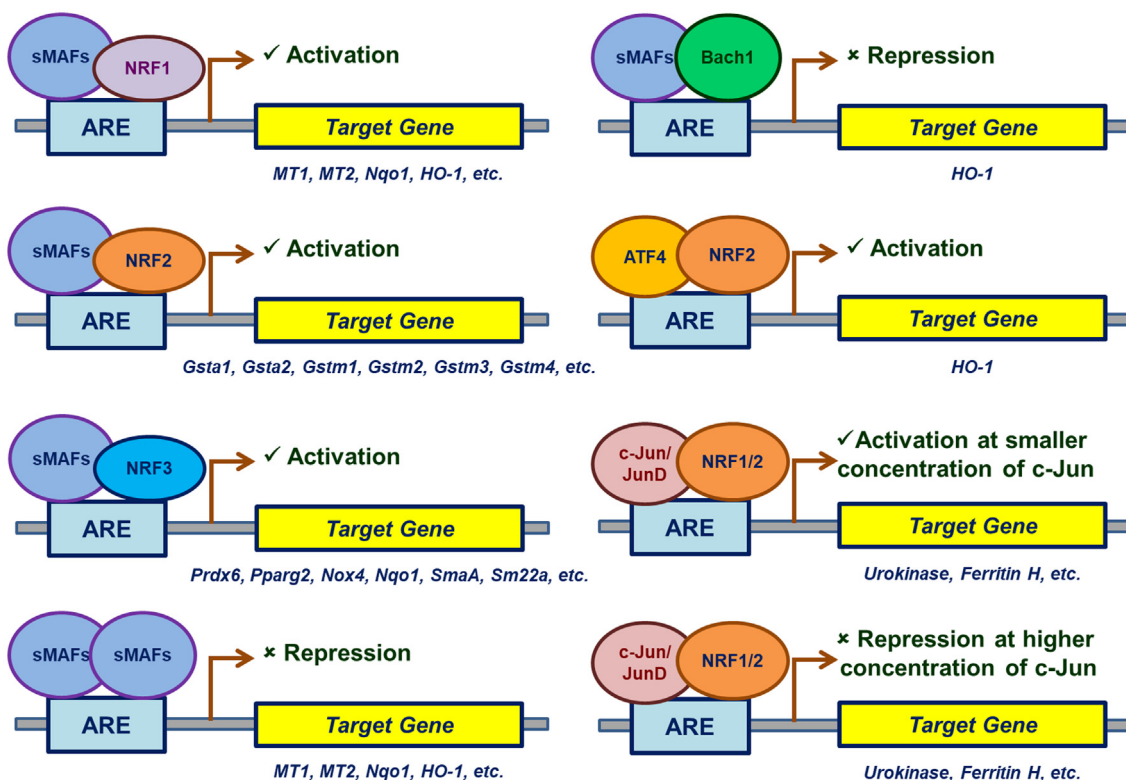


Fig. 1. Overview of the transcription factors involved in the activation or repression of target gene expression via AREs. Besides the partners in the dimerization, the transcription factors may either activate or repress the target gene expression based on the nature of cell type, electrophilic compound, oxidative stressor, and target gene.

and porphobilinogen deaminase genes [84,104]. More erythroid-specific transcription factors were identified that recognizes the LCRs after the identification of NF-E2. Two of them are nuclear factor erythroid 2 (NFE2)-related factor 1 (Nrf1) and nuclear factor erythroid 2 (NFE2)-related factor 2 (Nrf2) falls under same bZIP transcription factor family [105].

6.1. Nuclear factor erythroid 2 (NFE2)-related factor 1 (Nrf1)

Despite the AREs of *NQO1* of human and rat being highly conserved, the interaction of Jun and Fos transcription factors occurred only with the hARE but not with the rat ARE [22,106]. Venugopal and Jaiswal [107] rightly observed this difference and hypothesized that AP-1 related proteins might interact with AREs. From earlier studies, they observed the similar human tissue-specific pattern of expression of

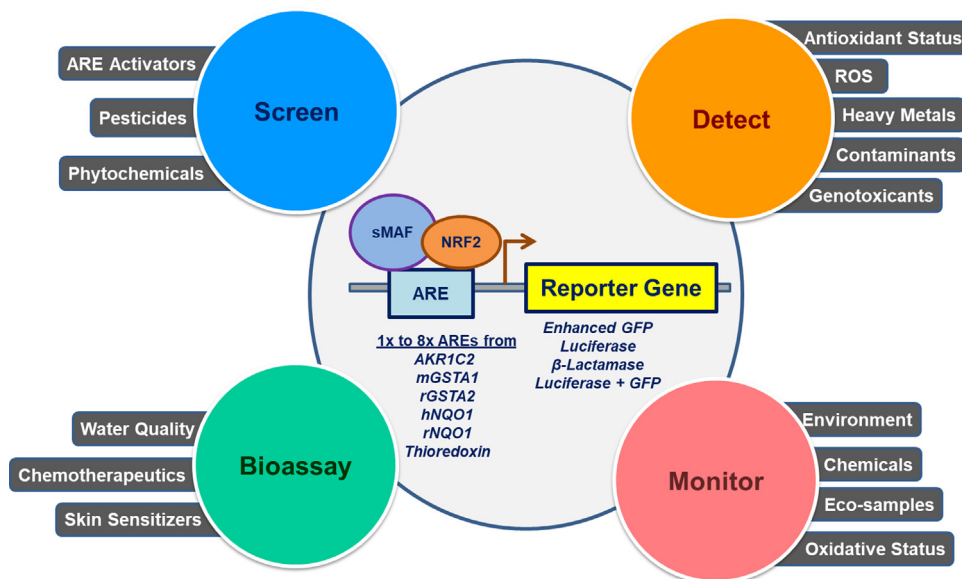


Fig. 2. The different applications based on ARE reporter constructs. The ARE based reporter constructs are used in the bioassay, detection, monitoring, and screening of various compounds/drugs in both in vitro and in vivo models.

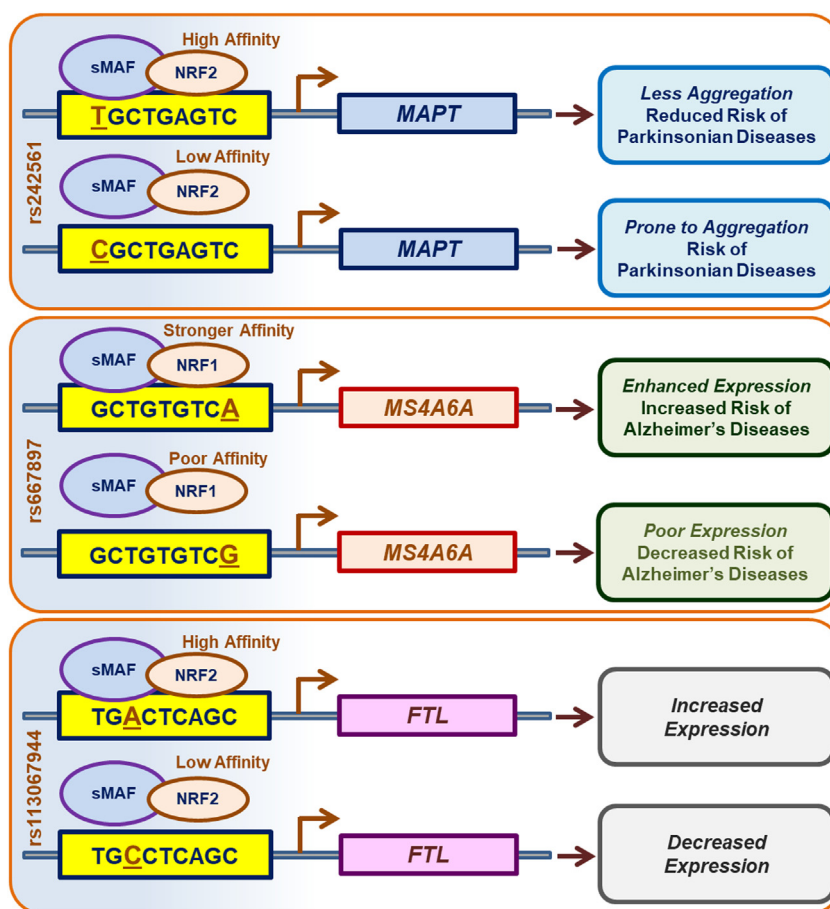


Fig. 3. ARE SNPs influence the expression of target genes. The SNPs present in the AREs alter the affinity of the transcription factors towards AREs and modulate the expression of their target genes. The specific allele carried within the AREs may either increase or decrease the risk of disease.

Nrf1/Nrf2 and *NQO1* are regulated by the ARE [105,108], and the binding site was identical to that of hARE [109]. The presence or absence of an absolute AP-1 binding site within the ARE governs the binding of the transacting proteins with the AREs [109]. The hARE regulated *CAT* transcripts were elevated when *Nrf1* and *Nrf2* proteins were overexpressed independently and combinatorially in both human hepatoblastoma cells (HepG2) and monkey kidney (Cos1) cells [107]. Yet no significant difference in the levels of *CAT* transcripts was observed when *Nrf1* and *Nrf2* were expressed individually or in combination, and hence no heterodimerization of these two transcription factors was obligatory. β -NF and tBHQ also triggered the hARE regulated *CAT* transcription through *Nrf1* and *Nrf2*. These evidence unraveled the *Nrf1/Nrf2* regulation of AREs and pioneered the identification of signal transduction mechanisms in antioxidant and xenobiotic metabolism.

Through a complementation assay in yeast, genes that encode the NF-E2/AP-1 site binding proteins were studied; one of the proteins showed extreme closeness to the NF-E2 and CNC proteins and was designated as *Nrf1* [105]. Though it was well-established that *Nrf1* binds AREs and transactivates an array of genes [110], their subcellular localization and regulation mechanisms remained elusive for some years. The *Nrf1* carries 155 additional amino acids in its N-terminal domain (NTD), which distinguishes it from *Nrf2* [111]. Keap1 negatively regulates *Nrf2* but not *Nrf1*. NTD negatively regulates *Nrf1* and is responsible for its endoplasmic reticulum (ER) localization. When this NTD of *Nrf1* was fused to the N-terminus of *Nrf2*, the *Nrf2* was still regulated by Keap1 but localized to the ER. The localization of *Nrf1* to the ER membrane raises the question of nuclear localization and the activation of ARE-driven genes. During ER stress, *Nrf1* is cleaved in the

ER and is translocated to the nucleus to activate the transcription of its target genes [112]. When residing within the ER, *Nrf1* is glycosylated, whereas it is not in the nucleus [113]. The deglycosylated and proteolytically cleaved *Nrf1* of different truncated forms make an entry into the nucleus through the nuclear pore and activate the transcription of its target genes on binding with AREs [113,114]. Scientists are still finding the precise details of subcellular localization of *Nrf1* and its functional forms. The affinity for the ARE is dependent on cofactor assembly of *Nrf1* in a cell-specific manner [115]. *Nrf1* generally spans across the cell membrane as an integral membrane protein with both cytoplasmic and luminal domains [116]. The 65 residues in the N-terminus of *Nrf1* are essential for the integration into both the ER and nuclear envelope (NE) membranes. tBHQ activates the NE bound *Nrf1* but not by the ER stressors.

The hepatocyte-specific deletion of *Nrf1* resulted in liver damage, but no deleterious effects were observed in the *Nrf2* knock-out (KO) mice [115]. In addition, metallothionein gene (*MT1* and *MT2*) expression decreased in *Nrf1* null mutant mice. *MT1* and *MT2* carry an ARE in their regulatory region, and *Nrf1* exclusively regulates these two genes over *Nrf2*. An interesting observation disclosed that under acute copper exposure, *Nrf2* regulates *MT1*, whereas under chronic copper exposure, *Nrf1* regulates *MT1* through the ARE [117]. Furthermore, *Nrf1* regulates glutamate-cysteine ligase catalytic/modifier subunits, *NQO1*, *HO-1*, and *ferritin* [115,118], and thereby defends oxidative stress in vivo [119]. The indispensable role of *Nrf1* in development was evidenced from global KO of *Nrf1* in mouse embryos leading to lethality [120]. The critical ARE-mediated developmental genes are under the control of *Nrf1*, and its target genes are constitutively expressed and are essential for development. *Nrf1* regulates *osterix* - a zinc finger

transcription factor essential for osteoblast differentiation and bone formation [121]. The *osterix* promoter carries a conserved ARE that interacts with Nrf1.

Nrf1, similar to that of Nrf2, responds to xenobiotics and thereby binds AREs and activates *GCLC*, *NQO1*, *HO-1*, and *ferritin*. Instead of Keap1, NTD of Nrf1 inhibits Nrf1 by localizing it into the ER. After the proteolytic cleavage of NTD, Nrf1 translocates into the nucleus. Nrf1 responds to metal toxicity through *MT1* and *MT2* regulation. Unlike Nrf2, Nrf1 is indispensable for redox homeostasis during development.

6.2. Nuclear factor erythroid 2 (NFE2)-related factor 2 (Nrf2)

Though Nrf1 regulates ARE-driven target genes, another class of CNC-bZIP transcription factor predominates the regulation of ARE-driven phase II genes during oxidative stress [122,123] and hence is called a master regulator of stress responses [124]. Unlike Nrf1, the global deletion of Nrf2 produced viable animals, but they were susceptible to stressors [119]. Though Nrf2 was well-known as the master regulator of ARE-dependent genes, it was first discovered as a transcriptional regulator of β -globin genes [108]. Of the several DNA binding proteins, one clone was isolated, characterized, and found to have a bZIP domain with high homology to NF-E2 and was ultimately named Nrf2. Initially, it was hypothesized that Nrf2 was an essential factor for hematopoiesis [125]; later it was evident that Nrf2 induced ARE-mediated genes. Further investigation on Nrf2 discovered the Keap1/Nrf2/ARE pathway, which is a requisite molecular mechanism in the metabolism of electrophiles and oxidants. The resemblance in the sequence motifs between the ARE and NF-E2 binding site led to the elucidation that Nrf2 is an absolute transcription factor that regulates ARE transcription.

The activity of Nrf2 is repressed by a cytoplasmic protein called Keap1 with CNC homology-associated protein 1 [4]. Keap1 serves as a sensor of ARE inducers and thereby regulates Nrf2. The binding of the ARE inducers to the Keap1 liberates Nrf2 from its complex and initiates the ARE response. The Nrf2^{-/-} KO mouse model confirmed that Nrf2 is essential for both the constitutive and inducible expression of ARE-mediated glutathione S-transferase (*Gsta1*, *Gsta2*, *Gstm1*, *Gstm2*, *Gstm3*, and *Gstm4*) genes [126].

Several lines of evidence support that Nrf2 regulates a repertoire of ARE-dependent genes in mammalian cells. In human neuroblastoma IMR-32 cells, microarray analysis revealed that the PI3K-Nrf2-ARE pathway triggers a set of ARE-induced genes on tBHQ treatment [127]. Another *in vivo* study in the small intestine of wild-type and Nrf2^{-/-} KO mice on exposure to sulforaphane reported that ARE-driven genes are upregulated in wild-type mice by Nrf2 but not in Nrf2 deficient mice [128]. A similar investigation revealed that the Keap1-Nrf2 pathway increases the expression of an array of ARE-mediated genes in the liver of 3H-1,2,-dithiole-3-thione exposed wild-type mice but not in Nrf2^{-/-} KO mice [129]. Hypoxia treatment markedly increased the expression of Nrf2-ARE pathway regulated genes in the lungs of Nrf2^{+/+} mice than in Nrf2^{-/-} mice [130]. These studies not only revealed that Nrf2 regulates an array of genes, but also indicated the presence of AREs in the promoter of Nrf2 target genes.

Nrf2 exerts multiple functions besides its defense against oxidants and electrophiles [131]. A repertoire of ARE-regulated genes was identified while mining the genome, and these genes regulate processes such as cell proliferation, metabolic reprogramming, and proteasomal protein degradation [42,132,133]. The promoter region of Nrf2 itself has AREs, which helps in the amplification of its own transcription during the defense response [134]. In addition to the AREs, the Nrf2 promoter possesses an XRE at -712 bp and two XRE-like motifs upstream of a lone XRE. AhR binds to XRE and regulates the expression of Nrf2 [135]. Likewise, the *AhR* promoter also carries an ARE at -230 bp to which Nrf2 interacts and activates the *AhR* expression [136]. The presence of each of these regulatory elements in these two genes - Nrf2 and AhR - confirms the interaction between AhR and Nrf2 signaling

pathways. The complexity of these signaling pathways exhibited through different regulatory elements requires further investigation to envision their roles in health and disease.

6.3. Nuclear factor erythroid 2 (NFE2)-related factor 3 (Nrf3)

In search of a novel CNC transcription factor, Kobayashi et al. [137] identified Nrf3 with a high homology bZIP domain to other CNC proteins. The function of Nrf3 still remains elusive since its discovery. This high homology among CNC factors reveals that they all share similar and overlapping regulatory elements. Nrf3 interacts with MARE in the β -globin promoter of chicken, which is also a target for Nrf1 and Nrf2. Nrf3 binding to the ARE and transactivation of its target genes was well-evidenced. The ARE-driven *NQO1* expression was triggered by Nrf3 in monkey kidney COS-1 cells [138], but in contrast Nrf3 repressed the *NQO1* expression in human hepatoma HepG2 cells [139] and mouse embryonic stem cells [140]. Depending on the cell types, expression levels of Nrf3 and its cofactors, Nrf3 either activates or represses the transcription of their target genes.

Nrf3 contains an ER signal peptide in its NHB1 domain, which targets Nrf3 to the ER and gets activated during ER stress and translocates itself into the nucleus to transactivate ARE-dependent genes [141]. Glycosylation and deglycosylation control the activation of Nrf3. In the ER and Golgi apparatus, Nrf3 gets glycosylated, and when glycosylated, Nrf3 becomes a negative regulator [142]. *In vitro* studies revealed potential target genes of Nrf3 such as *PRDX6*, *PPARG2*, *NFE2L2*, *NOX4*, *NQO1*, *SMAA*, and *SM22A* but there is hardly any *in vivo* evidence.

Both Nrf1 and Nrf3 are regulated by the same proteins [143]. The ER-associated degradation ubiquitin ligase hydroxymethylglutaryl reductase degradation protein 1 (HRD1) and valosin-containing protein (VCP) degrade Nrf3 in the cytoplasm during normal physiological conditions. Under stress conditions, DNA-damage inducible 1 homology 2 (DDI2) cleavage of Nrf3 activates it and translates it into the nucleus. In the nucleus, β -transducin repeat-containing protein (β -TRCP)-based E3 ubiquitin ligase facilitates the degradation of Nrf3 in the nucleus.

Though all the three Nrfs (Nrf1, Nrf2, and Nrf3) regulates redox homeostasis, Nrf2 reins the regulation of phase II genes during oxidative insult [119]. They all transactivate the same genes yet they transcribe different genes depending on their partners. Besides redox regulation, all three regulates distinct genes that regulate different processes. In competition towards common ARE targets, Nrf2 supercedes Nrf1 complexes in mice during extreme electrophilic or oxidative stress [144]. The subcellular localization of Nrf1/Nrf3 and Nrf2 is ER and cytosol respectively. In humans, elevated expression of Nrf1 was detected in lung, heart, skeletal muscle, kidney and ovary where low expression was observed in brain, thymus, liver, spleen, pancreas, small intestine, colon, prostate, testis and peripheral blood leukocytes [108]. Nrf1 is mandatory for normal growth, development and cytoskeletal organization [120]. In mice, during development Nrf1 is ubiquitously expressed [145]. Nrf1 maintains normal homeostasis whereas Nrf2 responds to metabolic stress [115]. Nrf1 and Nrf2 are expressed ubiquitously albeit at different levels in vertebrate tissues and thus perform cooperative as well as competitive functions. Nrf2 expression is observed in wide range of tissues and even in embryonic stem cells [146]. Elevated expression of Nrf2 was detected in the fetal liver and muscle and in adult lung, muscle and kidney [105,147]. High levels of Nrf3 expression were observed in the B cell lineage and mammalian placenta [148]. The expression of Nrf3 was well established in the cells and tissues of mouse and human sources [137]. In humans, intermediate and low levels of Nrf3 express in the brain, thymus, lung, heart, pancreas, spleen, colon, kidney, and leukocytes whereas Nrf3 expression was absent in skeletal muscle, ovary, testis and prostate [149]. In contrast, mouse expressed high levels of Nrf3 in brain, thymus, lung, adipose tissue, stomach, placenta, uterus, and testis [150]. Although the expression was observed to be common in some tissues and species, yet the expression and distribution of Nrf1, Nrf2 and Nrf3 display

difference in species as well as tissues.

6.4. Small musculoaponeurotic fibrosarcoma proteins (sMafs)

v-maf - an avian musculoaponeurotic fibrosarcoma viral oncogene - codes for a leucine zipper motif that shows similarity with other bZIP proteins [151]. Fujiwara et al., [152] isolated two sMafs, namely *MafK* and *MafF*, coding for proteins with MW of ~18 kDa. Another novel Maf-related gene, *MafG* was reported to have extensive homology with its related genes *MafK* and *MafF* [153]. Due to their low MW and small size, these three Mafs (*MafK*, *MafF*, and *MafG*) are grouped into the small Maf (sMaf) family. The sMafs possess two important domains: a basic region responsible for DNA binding and a leucine zipper responsible for dimerization. There is another group of Maf family proteins called the large Mafs - c-Maf, MafA/L-Maf, MafB/KREISLER, and NRL [154,155]. All these large Mafs differ from the sMafs by having an acidic N-terminal transactivation domain, yet sMafs play an important role in transcriptional regulation [156]. sMafs form homodimers in all possible combinations and bind response elements but lack transcriptional activation domains in all their possible homodimers, and thus function as transcriptional repressors [157]. Depending on the dimerization partners, sMafs activate or repress the transcription of ARE-regulated genes. sMafs can form heterodimers with most CNC family transcription factors: p45 NF-E2, Nrf1, Nrf2, Nrf3, Bach1, and Bach2 [1,158,159]. Nrf2-sMaf heterodimers bind an ARE present in the upstream region of *MafG* and trigger *MafG* expression on exposure to H₂O₂ [160,161]. “RTGACTCAGCA” serves as the binding site for Bach1-, p45-NFE2-, and Nrf2-sMaf heterodimers [162,163]. The extended GC bases are essential for the sMaf-specific DNA binding [83]. A nuclear export signal co-localized with the leucine zipper domain (NESzip) is present in the Nrf2 [164]. This NESzip is switched-off due to heterodimerization with MafG. NESzip is not exposed to the nuclear export protein Nrf2zip/CRM1, preventing its export and degradation in the cytosol. Thus, MafG retains and stabilizes the Nrf2 within the nucleus, and Nrf2-MafG transcriptionally activates the cytoprotective genes by binding with AREs. ARE regulated genes are activated through Nrf2-sMaf dimers and thus serve as the key components of antioxidant and xenobiotic metabolism. It has been evidenced recently from ChIP-Seq that Nrf2-sMaf dimers bound to a large number of genomic regions and the majority was novel members of the Nrf2 pathway [165].

6.5. Broad-complex, Tramtrack and Bric-a-brac (BTB), and cap'n/collar (CNC) homology proteins (BACH)

Bach - a novel bZIP transcription factor family heterodimerizes with MafK and interacts with AREs. Bach1 and Bach2 are identified to interact with MafK and carried similar BTB and bZIP domains [159]. The presence of BTB and bZIP domains makes them unique from other bZIP and zinc finger family proteins. The BTB domain is essential for both homodimerization and heterodimerization with similar BTB domain proteins. Though they possess similarity in their BTB and bZIP domains, Bach1 and Bach2 with MafK function as an activator and repressor in erythroid cells respectively. Bach1 heterodimerizes with sMafs and they both act together as repressor of MAREs [166]. Bach1 primarily serve as a repressor as it lacks a transactivation domain [167]. Bach1 represses the expression of *HO-1* by forming heterodimers with sMafs, and these Bach1/sMafs interact with AREs of *HO-1* and make them inaccessible for the activation of Nrf2 [168]. It is well-known that oxidative stress induces *HO-1* expression when Bach1 exposes the cryptic AREs. The cysteine residues, particularly C574 of Bach1, act as sensors of redox status; the increased oxidants oxidize this cysteine residue and allow the dissociation of Bach1 from AREs and thus exposes AREs for transactivation by Nrf2 [169]. The redox status regulates the ARE regulated expression of their target genes through Bach1. Bach1 represses gene expression of its target genes in an unstressed state. The presence of a functional intronic ARE at +1411 from the TSS in *Bach1* revealed that

it is a *bona fide* target of Nrf2 and thereby establishes a feedback-inhibitory mechanism [65]. The differential expression of ARE-regulated genes is decided by the balance between Nrf2 (activator) and Bach1 (repressor). Antioxidant enzymes are brought back to normal levels due to the repression of ARE-regulated antioxidant genes as Bach1 accumulates within the nucleus in response to antioxidants [170]. Bach2 - a B-cell-specific Bach protein - heterodimerizes with sMafs and negatively regulates MAREs, thereby repressing the expression of immunoglobulin genes in undifferentiated B-cells [171]. With aging, Bach1 expression increases with a concomitant decrease in Nrf2-regulated antioxidant genes. This increase of Bach1 expression as aging progresses has to be investigated to combat age-related oxidative stress diseases.

6.6. Activating transcription factor 4

The hunt for Nrf2 partners that regulate the expression of stress response genes resulted in the discovery of activating transcription factor 4 (ATF4) [172]. The dimerization of ATF4 with Nrf2 was confirmed in mammalian cells through co-immunoprecipitation and two-hybrid assays. When mouse hepatoma cells are exposed to cadmium chloride - a potent inducer of HO-1, the ATF4-Nrf2 dimer binds to the ARE of *HO-1* and activates its transcription. The ATF-Nrf2 dimer binds to the AREs depending on the nature of the stress stimulus [173]. During the induction of atherosclerotic vessels by oxidized phospholipids, Nrf2 upregulates ATF4 leading to the increased expression of vascular endothelial growth factor [174]. Nrf2 and ATF4 are the major regulators of electrophilic stress response and unfolded protein response (UPR) respectively. Both ER stress and oxidative stress induce ATF4 [175]. Fisetin - a polyphenol - has the potential to increase not only these transcription factors (Nrf2 and ATF4) but also their respective target genes through distinct mechanisms [176]. These two transcription factors (Nrf2 and ATF4) and their target genes are essential to enhance and maintain GSH levels and thus offer protection against oxidative stress. Cells respond to stressors through a novel convergence point between UPR and electrophilic stress response. There are a limited number of studies exploring the crosstalk between Nrf2 signaling pathway and UPR pathway. The roles of Nrf2 and ATF4 during UPR and oxidative stress require investigation on whether they act synergistically or antagonistically. Further research on the key players will unravel the interconnections within the oxidative and ER stress that can be translated into therapeutics for these stress related diseases.

6.7. Jun proteins

Jun proteins (c-Jun, Jun-B, and Jun-D) heterodimerize with both Nrf1 and Nrf2 and bind the hARE of *NQO1* [27,107]. The expression of *NQO1* and *GSTYα* subunit genes are coordinately induced by Nrf2 and Nrf2 in association with Jun proteins through the *cis*-acting element - ARE [110]. Environmental factors and extracellular physiological stimuli trigger the three MAP kinase families: ERK, JNK and p38 which in turn regulates the expression of c-Jun [177–180]. c-Jun controls cellular proliferation, apoptosis and oncogenic transformation [181]. JNK, ERK, and p38 induce c-Jun expression and phosphorylate c-Jun in response to stress stimuli [182]. c-Jun expression gets down-regulated through the inhibition of JNK by p38 MAPK in response to epidermal growth factor. Depending on the nature of the stimuli the levels of c-Jun varies and thus the regulation of downstream processes by c-Jun gets altered. The concentrations of c-Jun determine the positive and negative regulation of hARE-induced *CAT* expression. Interestingly, with a small increase in the concentration, c-Jun can heterodimerize with Nrf1 and Nrf2 to form positive regulatory complexes (Nrf1 + c-Jun and Nrf2 + c-Jun). The dimerizing partners of c-Jun determines the regulation of an array of genes [183]. These bind the hARE of *CAT* and activate the transcription of *CAT*. In contrast, with an increased concentration, c-Jun complexes with c-Fos and inhibits the positive

regulatory factors, thereby suppressing the transcription of *CAT*. Though Jun-B and Jun-D are found to be as efficient as c-Jun, the Nrf2 in association with Jun-B and Jun-D is found more efficacious than Nrf1. c-Jun regulates the expression of *urokinase* [184] and γ -GCS [185] in a similar fashion. In human K562 leukemia cells, c-jun along with two other transcription factors - Fra-1 and NF-E2 p45 - regulates the expression of *GSTP1* [186]. Ferritin plays a major role in the homeostasis of iron. JunD regulates human *ferritin H* via the ARE present upstream of *ferritin H* [73]. In addition to Nrf2, JunD also plays an important role in the defense against oxidative stress. JunD responds to both oxidative stressors and electrophilic xenobiotics. The phosphorylation of c-Jun led to the increased transcriptional activation of its target genes through ARE sequences in human bronchial epithelial (HBE1) cells; but in contrast, phosphorylation is not required for the activation in HepG2 cells [187]. This phosphorylation was well evidenced in HBE1 cells, triggering the increased expression of *NQO1*, *Gclc*, and *Gclm*. This difference in the phosphorylation of c-Jun may not only be cell dependent but also gene dependent. On binding with the ARE, Nrf2/c-Jun enhanced the transcription of *HO-1*, *NQO1*, *Sod2*, and *Cat* in rat primary astrocytes on exposure to ginsenoside Rh1 [188]. In contrast to c-Jun, p34 phosphorylates JunB independent of JNK and leads to the degradation of JunB rather activation [189,190]. The homodimerization of JunB and the affinity of JunB dimers to AP-1 site are feeble [191]. Dynamics in the signaling pathways and gene regulation by the Jun proteins is due to the differences in the tissue-specific expression, activation, dimerization and affinity towards the AP-1 site [192]. c-Jun promotes cell proliferation and oncogenesis whereas JunB inhibits cell proliferation through cyclin-dependent kinase inhibitor [193,194]. JunD and c-Jun share the same DNA binding sites and regulates the same genes such as c-myb or human telomerase reverse transcriptase gene [195]. JunD exhibits antioxidant defense, protects cells against oxidative stress and inhibits angiogenesis in tumor [196]. JNK phosphorylates c-Jun more efficiently than JunD [197]. JunD displays activities antagonistic to that of c-Jun with respect to cell growth and apoptosis [198]. All the three members of Jun protein family display functions that are redundant and distinct.

6.8. Other transcription factors that interact with AREs

c-Fos and Fra proteins form heterodimers with Jun proteins, thereby regulating the expression of genes via AREs [199]. hARE-mediated *CAT* expression is repressed by c-Fos and Fra1 in HepG2 cells [107]. Jun-Fos and Jun-Fra1 heterodimers exhibited high affinity for hARE. Nrf2/polyamine-modulated factor-1 (PMF-1) complex formation enhances the spermidine/spermine N(1)-acetyltransferase 1 expression on exposure to the anti-tumor agent PX-12 [200].

Organisms' exposure to countless number of xenobiotics is inevitable. Such exposure generates ROS causing damage to biomolecules and modulates the metabolic process. The cells overcome such deleterious effect through the Keap1-Nrf2-ARE defense pathway. This regulation of antioxidant and detoxification enzymes by Nrf2 was studied [201,202] and such studies revealed the multitude roles of Nrf2 in the diverse cellular processes and it is the primary player in this complex regulatory pathway. Nrf2 regulates endogenous antioxidant systems through the basal and inducible expression of ARE-regulated genes. Of the discussed transcription factors, Nrf2 is the primary factor that regulates Keap1-Nrf2-ARE pathway. AREs are present in the promoters of transcription factor encoding genes and Nrf2 regulates these genes [132,161]. Though Nrf1, Nrf2 and Nrf3 regulate common genes yet they exhibit definite functions. sMafs act as transcription repressors in all their possible homodimers. Nrf2-sMaf dimers are the primary components of antioxidant and xenobiotic metabolism. In an unstressed state, Bach1 represses the ARE regulated genes. During ER stress, UPR is activated where ATF4 dimers with Nrf2 and offers protection. Jun family proteins in association with Nrf1 and Nrf2 regulate various cellular processes such as cell proliferation, apoptosis and oncogenesis. The

combination of different transcription factors that act upon AREs has still not been resolved completely. However, the constitution differs based on the nature of cell type, electrophilic compound, oxidative stressor, and target gene. Though different homodimers and heterodimers are known to activate or repress the transcription of ARE regulated genes, the binding specificities of these diverse combinations have not been categorized yet. Future research is required to determine how different combination of transcription factors shape under different stress conditions. The spatial and temporal expression of ARE regulated genes are determined by the transcription factors and when this regulation goes awry results in oxidative stress related diseases.

7. Applications based on AREs

The design of ARE-mediated reporter constructs was started in the late 1980s to discover and characterize AREs. Scientists adopted these ARE-based reporter constructs for a wide variety of applications (Fig. 2). The design of the ARE reporter constructs is different for various applications. There is no universal ARE reporter construct for all the assays. The application determines the design of the ARE reporter construct. Based on the assay requirement, the design of the ARE-reporter constructs and nature of the cell lines are chosen. The key components essential for the ARE reporter constructs are one or more copies of the same or different AREs from well-studied antioxidant genes and a reporter gene downstream of the AREs. The reporter gene includes fluorescence protein or an enzyme that converts a substrate into a chromogenic substance or light emitting product. The size of the construct influences the transfection efficiency. If there is more than one ARE in the construct, the size of the construct gets increase which may affect the transfection efficiency. Yet there is no clear evidence on the number of AREs required for a specific application. More research is required for the optimization on the number of AREs and the precise reporter gene that can be employed the most. The delivery method differs for different types of hosts.

7.1. Monitoring samples and ARE activity

A stable ARE-reporter Huh7-1 \times ARE-*luc* was successfully developed to monitor chemicals and environmental samples [203]. This reporter construct has a luciferase gene, which is controlled by an ARE from the human *NQO1* promoter. When these hepatoma Huh7 reporter cells are exposed to ARE-activating substances, they exhibit luciferase activity. The Huh7-1 \times ARE-*luc* reporter carries one copy of ARE within the reporter construct and is sensitive enough to monitor oxidative stress in vitro. ARE-reporter cell lines are utilized to monitor chemicals, drugs and environmental samples for their oxidative stress inducing potentials. These cells serve as a rapid and inexpensive tool to monitor samples instead of using animals.

Nanoparticles are well-known to cause oxidative stress responses in vitro [204]. Nrf2-ARE luciferase reporter constructs harbored in HepG2 cells have been successfully employed to assess the induction of oxidative stress response by metal and metal oxide nanoparticles [205]. These cytotoxicity assays will serve to analyze the safety of nanoparticles in the future.

ARE-driven enhanced green fluorescent protein (eGFP) was tethered with nanoparticles [206]. These magnetic nanoparticles were then transfected into adult dog retinal endothelial cells. The transfection was efficient in dividing and migrating cells rather quiescent cells. Under hyperoxia, the ARE-mediated eGFP expression gets activated. This method of ARE-tethered magnetic nanoparticles can be adopted in the treatment of retinopathy of prematurity (ROP). ROS generated during hyperoxic conditions lead to ROP. Replacing the reporter eGFP with therapeutic genes will offer therapeutic approach to ROP. The transcriptional activation of the therapeutic genes relies on the pathogenic status of the cells. During hyperoxic conditions retinal vasculature develops from migrating cells and most of the cells divide and migrate in

the developing eye. As the transfection to these magnetic nanoparticles in migrating and dividing cells is more efficient, this method can be employed for the treatment of ROP. A similar strategy using the ARE-GFP/nanoparticle construct was used to monitor tissue oxidative status in vivo [207]. The construct consists of a minimal thymidine kinase promoter with multiple AREs followed by eGFP. Undue ROS lead to mitochondrial oxidative stress and is an early sign of injury in diabetes. The sub-retinal injection of these ARE-GFP/nanoparticle constructs reported the activation of AREs due to oxidative stress in diabetic rat retinal pigment epithelium. These systems adopt the use of nanoparticles for the attachment and delivery of the reporter constructs in vitro and in vivo models to detect the ROS and oxidative stress. However, these nanoparticles have the potential to generate ROS and cause oxidative stress in both cells and tissues, which is a concern in the use of ARE-GFP/nanoparticle constructs. The detection of ROS was efficiently performed with the generation of nanoscale biosensors by tethering magnetic nanoparticles with the AREs [208].

Using a high throughput screening approach, Shukla et al. [209] profiled environmental chemicals for ARE activators from a U.S. National Toxicology Program with 1340 compounds from a 1408 compound library. Two ARE reporters - ARE (3×) derived from *hNQO1* with a downstream *beta-lactamase* (*bla*) reporter gene and ARE-*luc* reporter with 7 consensus AREs that have affinity only for Nrf2 were transfected into HepG2 cells for quantitative high throughput screening of chemicals [209]. Of the 1340 compounds, 30 exhibited ARE activity induced through oxidative stress in both the ARE-*bla* and ARE-*luc* HepG2 cells. The AREs in the two reporters are different in terms of activation, ARE-*bla* activates the ARE through interactions of different transcription factors, while ARE-*luc* activates the ARE only through Nrf2 during oxidative stress. These two different constructs sort chemicals based on their specific signatures in the activation of AREs and distinguish compounds that mediate ARE activation through Nrf2 and non-Nrf2. This approach is quite novel in the use of AREs to differentiate compounds that exhibit different chemical properties. The advantage of this method is that a large number of compounds can be tested in a short time.

The monitoring of ARE activity in liver regeneration post partial hepatectomy (PHx) was made possible in vivo by using an ARE-driven *luciferase* reporter gene from the firefly (*Photinus pyralis*) [210]. Nrf2 activity was measured through in vivo bioluminescence imaging and in vitro luminescence assays. The Nrf2 activity was at its peak on day 3 and became saturated at day 7 after PHx. The ARE-*luc* mouse serves as an excellent model to study Nrf2-mediated expression, which interacts with important pathways during regeneration. In addition, ARE-driven *luciferase* reporter assays help us study antioxidant stress responses during post-operative treatments.

7.2. Screening of ARE activators, pesticides and genotoxicants

With the stable transfection of ARE(4×)/TK-GFP reporter constructs into HepG2 cells, the screening of ARE activators was performed from chemical libraries containing small molecules [211]. In a high throughput HepG2 ARE functional assay, the novel small molecule, LAS0811 - 1,2-dimethoxy-4,5-dinitrobenzene was identified as an activator of the ARE. The 10 combinatorial chemical libraries examined consisted of 9400 small molecules with no known ARE-activators. An ARE-driven reporter is not only a powerful tool to discover ARE activators but also a high throughput tool to screen large numbers of small molecules and thus remains as one of the best methods to identify potential agents for cancer chemoprevention yet, the use of these tools is still in its infancy.

A HepG2 cell-based assay was recently developed to measure the change in activity of the ARE signaling pathway [212]. A reporter construct with *β-lactamase* under the control of ARE was transfected into HepG2 cells. Fluorescence resonance energy transfer (FRET) technology detects the activation of the ARE. CCF4-AM is a FRET

reporter substrate, which is turned into a polar CCF4 through hydrolysis by cytoplasmic esterase. Upon cleavage, CCF4 shifts the emission form 530–460 nm as a result of disruption in energy transfer. The cleavage of CCF4 is mediated by the expression of *β-lactamase*, which is under the control of the ARE. When there is no *β-lactamase* expression, energy transfer occurs within the CCF4, resulting in the 530 nm emission. This principle was employed for quantitative high-throughput screening of compounds capable of activating the ARE signaling pathway. This assay employed FRET, which is completely different from other ARE-reporter construct assays.

The ARE activating potential of botanical pesticides was tested using primary mixed cultures derived from ARE-human placental alkaline phosphatase reporter mice [213]. An ARE-driven luciferase reporter in human neuroblastoma cells detected the subtoxic concentration of botanical pesticides capable of eliciting the Keap1/Nrf2/ARE pathway. In the testing of compounds in primary cortical neurons and neuroblastoma cells, using ARE-reporter assays, neuroprotective phytochemicals can be identified and characterized. This assay will help us limit the use of potential toxic botanical pesticides in the environment.

The stereospecific properties of the phytochemicals were validated in the activation of EpRE-mediated gene transcription using EpRE (*mGstYa*)-*Lux* and EpRE(*hNQO1*)-*Lux* reporter constructs [214]. A difference in EpRE mediated transcription activation was observed between planar and non-planar flavonoids. The planar structured flavonoids exhibited luciferase activity, but non-planar flavonoids failed to elicit any luciferase activity. This indicates that these EpRE constructs can be employed to screen molecules based on the planarity and mechanism of activation.

In continuation with the above approaches, a workflow was developed using ARE-*bla* reporter gene assay models and high-throughput screening data to mechanistically profile compounds that elicit hepatotoxicity [215]. The genotoxicity of the compounds was assessed adopting ARE-*luc* reporter constructs transfected into HepG2 cells [216]. This Nrf2 mediated ARE-reporter assay identified the genotoxic compounds successfully. The induction of luminescence was lower in the non-genotoxic compounds. The screening of drugs for genotoxicity in the early phase of research can be achieved using ARE-reporter constructs. In this study, two different vectors were tested for the efficient induction of luminescence, one with 1 × ARE and the other with 3 × AREs. No difference in luminescence was observed from these two constructs. The findings from this study suggest that the use 1 × ARE is sufficient for the efficient use of ARE-reporter assays.

7.3. Detecting antioxidant levels and heavy metal contamination

The level of antioxidants plays an important role in the newborn brain; when the levels go down, oxidative stress is caused, leading to injury and inflammation [217]. To know the status in the levels of antioxidants, an EpRE-*luc* reporter was constructed with two EpREs from the *thioredoxin* promoter and inserted into a mouse strain. The luminescence activity was high in the first 4 days and declined at day 10. These constructs offer insight into the levels of antioxidants and their influence in development in the newborn. In all the above reporter assays, the reporter protein is induced at the transcriptional level, but the reporter protein product is not stabilized. The OKD48 system was developed to overcome this problem, which successfully monitored oxidative stress in both in vitro (HeLa and HEK293T) and in vivo (C57BL/6 mouse) systems [218]. This OKD48 construct consists of 3xARE in the *TK* basal promoter along with the Neh2 domain fused to flag luciferase. The Neh2 domain of the hNrf2 binds Keap1 and becomes stabilized. In normal conditions, the OKD48 construct is not induced, and even when transcribed and translated, the OKD48 protein is degraded through the Keap1 system. The 3xARE in the OKD48 construct are activated during oxidative stress and the resulting protein Neh2(Nrf2)-Luciferase is stabilized by the Keap1 protein, thus aiding in the detection of luminescence. The 3xARE present in the construct lack

the TRE and are derived from *GST α* to prevent the interaction of these AREs with transcription factors other than Nrf2. Hence, this ARE based OKD48 model serves as a reporter system to screen Nrf2 inducers in both *in vitro* and *in vivo* settings.

The detection of heavy metal contamination in aquatic environments is still a herculean task using animal models. A study evidenced the detection of heavy metal mercury using a fusion protein (green fluorescent-luciferase) under the control of EpRE constructed into a plasmid pEpRE-*luc-GFP* [219]. This plasmid construct has one copy of EpRE from the murine *Gsta1* incorporated into the minimal promoter from the murine *MT1*. Both the transient and stable transfection of these plasmids into the zebrafish detected the low levels of mercury (0.1–0.2 μ M HgCl₂) that do not show external signs of toxicity. These whole fish reporter assays are more sensitive than cultured cells. The oxidative stressors in the aquatic environments can successfully be detected by these ARE-mediated plasmid constructs transfected into zebrafish. Yet another novel Nrf2-responsive reporter gene revealed that heavy metal induction of Nrf2 activity is cell specific [220]. Reporters such as ARE-*luciferase* and AREmut-*luciferase* constructs were derived from the 7 tandem repeats from hARE. These two reporter constructs were transduced into 5 cell lines - A172, A549, HEK293T, HepG2, and MCF7. Of the ten metals tested (Ag, As, Au, Cd, Co, Cu, Fe, Hg, Pb, and Zn), three metals (As, Cd, and Cu) elicited an Nrf2 response in all the 5 engineered cell lines. This cell specific variation of heavy metal activation of Nrf2 activity may due to a difference in the pathways displayed by different cells. The Nrf2 antioxidant pathway-inducing potential of the polyaromatic hydrocarbons (PAHs) - benzo[*a*]pyrene (B[α]P), naphthalene (Nap), phenanthrene (Phe), and pyrene (Pyr) - and heavy metal/loid(s) - As, Cd, and Pb was tested both individually and as mixtures using ARE-*luc* HepG2 cells [221]. Both individual and binary to seven-component mixtures of heavy metal/loid(s) and PAHs elicited the Nrf2 antioxidant pathway. This ARE-*luc* HepG2 cell model of heavy metal/loid(s) activates the Nrf2 antioxidant pathway. Thus, the ARE-*luc* HepG2 cell model can be used to test mixtures for oxidative stress response pathways of common contaminants from the environment. The environment contains mixtures of pollutants, instead of detecting the specific components in the mixture, it is helpful to detect whether the components in the mixture elicits oxidative insult which is the major cause of deleterious diseases.

7.4. Bioassays

A water quality bioassay based on oxidative stress response was developed using the AREc32 cell line [222]. Water samples from different sources - effluents, drinking water, surface water, and wastewater, were tested using the AREc32 cell line. While these cells could respond using the oxidative stress response pathway, the concentration of contaminants in water determines whether it activates this defense pathway or induces cytotoxicity in cells. The ARE-*luciferase* reporter was transfected into HepG2 cells and used to estimate the risk of organic contaminant extracts from drinking water [223]. This method revealed several components of the organic extracts from the drinking water that elicited ARE activity in the ARE-*luciferase* HepG2 cells individually or in combination. Though there are lots of assays to test the contaminants in the water, they all fail to test whether the contaminants elicit oxidative stress in the system.

The efficacy of cancer chemotherapeutic agents was assessed by the generation of AREc32, a stable MCF-7 breast cancer-reporter cell line [224]. The reporter construct contains 8 copies of ARE derived from the mouse *Gsta1* and rat *Gsta2*. AREc32 cells displayed enhanced luciferase activity on treatment with a few cancer chemotherapeutic agents such as carmustine [1,3-bis (2-chloroethyl)-1-nitrosourea], chlorambucil, cisplatin, and melphalan when the cells are pre-exposed with L-buthionine-S,R-sulfoximine – a GSH depleter. GSTs conjugate electrophilic compounds with GSH and bring about resistance towards anticancer agents. The anticancer agents used are mostly alkylating agents and

redox-cycling compounds. Such agents activate Nrf2 mediated ARE-genes. To test whether these anticancer agents will induce ARE-based reporter gene expression, this reporter was constructed. This AREc32 revealed that chemotherapeutic agents triggered Nrf2 activation in a redox-dependent fashion as evidenced from increased luciferase activity. This assay will reveal whether Nrf2 play a role in the response of tumor cells to anticancer agents based on the redox status. In addition, AREc32 cells will aid in optimal concentration of the chemotherapeutic agents that can be utilized for treatment. The use of suboptimal concentration may assist tumor cells to adapt them against chemotherapeutic agents with increased induction of cytoprotective genes.

The skin sensitizing potential of cosmetic products was tested using animals till the ban was imposed during 2013. Then scientists employed *in vitro* tests with keratinocytes for the toxicological evaluation of skin irritants. Chemicals in the cosmetics react with proteins in the skin and modify them covalently [225]. These covalently modified proteins are recognized by the immune system as non-self antigens and trigger a T-cell mediated immune response. This innate response is similar to that of innate response elicited by pathogenic organisms [226]. Hence, scientists utilized Keap1-Nrf2-ARE defense pathway to identify the skin sensitizing chemicals. Most of the skin sensitizing *in vitro* test employs the vectors constructed with one or more of the AREs upstream of the luciferase reporter gene. These vectors are transfected into the different types of cell lines to screen and test skin sensitizing chemicals. When the cells are exposed to different cosmetics, they trigger the activation of Nrf2, which then binds AREs in the construct and starts the transcription of the reporter gene. Thus the chemicals that are skin irritants activate reporters in the construct.

In vitro testing of skin sensitizing chemicals was assayed using ARE-regulated quinone reductase and ARE-dependent luciferase activity in Hepa1C1C7 and AREc32 cells respectively [225]. These ARE constructs reported the skin sensitization potential of 102 different chemicals *in vitro* and classified them into extreme, strong, and moderate allergens. This ARE-based molecular endpoint assay offers advantages over empirical methods such as gene expression analyses (gene-chip and reverse-transcription-PCR), surface marker expression analysis by flow cytometry, and measurement of cytokine levels by enzyme-linked immunosorbent assay as these experiments rely on analytical endpoints. A further advancement was made to match the human skin conditions, where luciferase reporter constructs with one copy of the ARE from human *AKR1C2* was stably incorporated into HaCaT keratinocytes to screen skin sensitizers [227]. Yet another study developed a similar construct of luciferase reporter using the ARE of the rat *NQO1* and introduced it into human keratinocyte – LuSens [228]. As evidenced from these experiments, the number of copies of AREs determines the sensitivity of the reporters [229]. The use of number of copies of AREs in the design of efficient reporter construct is still a debate which necessitates further research how the number of AREs influence the assays.

The combination of four assays - direct peptide reactivity assay, KeratinoSens assay, MUSST assay, and h-CLAT assay - yielded excellent results in the prediction of potential skin sensitizing chemicals. The KeratinoSens assay in combination with the MUSST assay offered increased accuracy [230]. The validation of chemicals with pairing of assays yielded better screening of compounds.

A novel *in vitro* photosafety assay was developed to evaluate potential photoallergens and phototoxicants using AREc32 and KeratinoSens reporter cell lines [231]. Chemicals that are photoallergens/phototoxicants activate the Keap1-Nrf2-ARE pathway when exposed to UV radiation. With the photo-ARE assay and photo-KeratinoSens, potential photoallergenic and phototoxic chemicals can be screened.

Even the KeratinoSens cell line distinguished Nrf2-independent and -dependent activation through the difference in gene expression on exposure to different skin sensitizers [232]. ARE-*luciferase* transfected stable keratinocyte cell lines offer an alternative to animal testing for the assessment of the skin sensitizing potential of chemicals [233].

There will be more and more applications based on the ARE-reporter constructs in the coming years.

8. Conclusion and future perspectives

Since the discovery of the first ARE in the late 1980s, more AREs have been identified in a myriad of genes, which led to an understanding of the complexity of regulatory control through various transcription factors in the Keap1/Nrf2/ARE pathway. These transcription factors in different combinations either activate or repress the transcription of their target genes, depending on the heterogeneity in the ARE sequences. Within the past three decades, we have witnessed how ARE-regulated gene expression maintains redox equilibrium through accelerated research. With the advent of ARE-reporter assays, manifold applications were developed using ARE sequences for a range of investigations from environmental chemical profiling through to the screening of Nrf2 activators. Though considerable progress has been made in the mechanistic understanding of ARE-mediated gene regulation, there exist many new questions and gaps that remain to be explored. First, the number of AREs present upstream of cytoprotective genes varies, and studies are required to test whether this difference in the number of AREs determine the activation of its target gene expression in a spatio-temporal manner. Second, most of the experimentally identified AREs carry cytosine in the core ARE sequence, and determining whether the methylation of these cytosine residues plays any role in the gene regulation besides the primary ARE sequence will be a major challenge. Third, for decades, genetic variants in the coding regions of the genome responsible for diseases have been reported. Recently, there are reports that a considerable number of genetic variants that fall into the *cis*-regulatory region are associated with diseases. Though a few studies reported the presence of SNPs within the AREs leading to the neurodegenerative diseases, more studies are warranted to identify SNPs in the AREs and their predisposition to oxidative stress related diseases. The polymorphisms within the ARE sequences influence the binding of Nrf2 and their target gene regulation. This difference in the binding affinity may result in a differential response during oxidative stress, leading to disease. Fourth, the intrinsic affinity of AREs and their neighboring sequences with histone octamers has not been studied yet. Finally, the deep conserved ARE sequences can be exploited for different applications based on AREs such as detection of environmental pollutants and monitoring of oxidative stress status. In the years to come, research will shed new insights into ARE-regulated gene expression that offers therapeutic interventions in oxidative stress related diseases.

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Conflict of interest

The authors declare that they have no conflict of interest.

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