

ORIGINAL RESEARCH



Ultrasensitive detection of *BRAF* mutations in circulating tumor DNA of non-metastatic melanoma

M. A. Gouda^{1†}, J. Polivka^{2,3,4†}, H. J. Huang¹, I. Treskova⁵, K. Pivovarcikova⁶, T. Fikrle⁷, V. Woznica⁵, D. J. Dustin¹, S. G. Call¹, F. Meric-Bernstam¹, M. Pesta^{3,8} & F. Janku^{1*}

¹Department of Investigational Cancer Therapeutics, The University of Texas MD Anderson Cancer Center, Houston, USA; ²Department of Histology and Embryology; ³Biomedical Center, Faculty of Medicine in Pilsen, Charles University, Pilsen; Departments of ⁴Neurology; ⁵Plastic Surgery; ⁶Pathology; ⁷Dermatovenerology, University Hospital Pilsen, Pilsen; ⁸Department of Biology, Faculty of Medicine in Pilsen, Charles University, Pilsen, Czech Republic

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Background: Implementation of adjuvant therapies in non-metastatic melanoma improved treatment outcomes in some patients; however, adjuvant therapy can be associated with significant cost and risk of toxicity. Therefore, there is an unmet need to better identify patients at high risk of recurrence.

Patients and methods: We carried out an ultrasensitive droplet digital PCR (ddPCR)-based detection of *BRAF*^{V600E}mutated circulating tumor DNA (ctDNA) from blood samples prospectively collected before surgery, 1 hour after surgery, and then serially during follow-up.

Results: In 80 patients (stages \leq III), *BRAF*^{V600E} mutations were detected in 47.2% of tissue, in 37.7% of ctDNA samples collected before surgery, and in 25.9% of ctDNA samples collected 1 hour after surgery. Patients with detected ctDNA in blood collected 1 hour after surgery compared to patients without detected ctDNA had higher likelihood of melanoma recurrence (P < 0.001) and shorter median disease-free survival (P = 0.001) and overall survival (P = 0.003). **Conclusions:** Ultrasensitive ddPCR can detect ctDNA in pre- and post-surgical blood samples from patients with resectable melanoma. Detection of ctDNA in post-surgical samples is associated with inferior treatment outcomes.

Key words: circulating tumor DNA, liquid biopsy, melanoma

INTRODUCTION

Cutaneous melanoma is the fifth most common cancer in the United States with a median age at diagnosis of 65 years.¹ Treatment of locally advanced and metastatic melanoma has been challenging because of the high recurrence rate and limited therapeutic options. Even though patients with early disease are potentially curable with surgery, 13% develop recurrent locoregional or metastatic disease within 2 years with a median overall survival (OS) of 1-2 years.² Addition of adjuvant therapy after surgical resection improved outcomes for some patients; however, it was also associated with significant cost and increased risk of bothersome or even permanent side-effects.³⁻⁵ Therefore, there is an unmet need to identify patients at high risk of recurrence who can benefit most from post-surgical adjuvant therapy.

E-mail: fjanku@me.com (F. Janku).

[†]Both authors contributed equally to this manuscript.

Approximately half of the patients with melanoma harbor BRAF^{V600} mutations followed by NRAS mutations and some less frequent alterations such as class II and III BRAF alterations, MEK1 mutations, KIT mutations, or other alterations.⁶ Mutated DNA can be detected in fragments of circulating tumor DNA (ctDNA), which are released to the circulation from dying tumor cells in patients with advanced and to less extent early-stage cancers.⁷ We hypothesize that the presence of ctDNA in blood from patients with earlystage melanoma is associated with unfavorable diseasefree survival (DFS). Because the quantity of ctDNA decreases with less advanced disease,⁷ we developed and used an ultrasensitive technique for the detection of BRAF^{V600E}-mutated ctDNA in blood from patients with early-stage melanoma and compared ctDNA detection to clinical outcomes.

PATIENTS AND METHODS

Patients with newly diagnosed early-stage melanoma who underwent definitive surgery at Charles University (Czech Republic) between January 2014 and July 2020 were invited to participate in this study. Institutional review board approval was obtained from Charles University and patients consented to collection of both archival tumor tissue and

^{*}*Correspondence to*: Dr Filip Janku, Department of Investigational Cancer Therapeutics (Phase 1 Clinical Trials Program), The University of Texas MD Anderson Cancer Center, 1515 Holcombe Blvd, Box 0455, Houston, TX 77030, USA. Tel: +1-713-563-0803

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Figure 1. Different timepoints for blood collection as well as summary of the technique.

serial blood samples. Plasma samples were obtained from patients before and after surgery as well as at follow-up visits according to predefined timepoints (Figure 1). Peripheral blood samples were collected from the cubital vein using K3EDTA Vacutainer tubes (Greiner Bio-One, Kremsmünster, Austria). Plasma was separated by two-step centrifugation of 6 ml of blood [950 relative centrifugal force (RCF) for 10 min at 4°C and then 11000 RCF for 10 min at 4°C] and then stored at -80° C until further use.

Cell-free DNA (cfDNA) was isolated from an average of 3 ml plasma (0.5-5 ml) using QlAamp Circulating Nucleic Acid Kit (QIAGEN, Hilden, Germany) and from corresponding formalin-fixed paraffin blocks using QlAamp DNA FFPE Tissue Kit (QIAGEN, Hilden, Germany). cfDNA was quantified using Quanti-iT PicoGreen dsDNA Assay Kit (Invitrogen, MA) on SpectraMax M2 (Molecular Devices, CA) where reference standard curve assay was used with serial dilutions for accurate quantification. Unproportionate pre-amplification of mutant and wild-type (WT) copies (favoring mutant alleles) was done using Q5 High-Fidelity PCR Kit (New England BioLabs, MA). QIAquick PCR Purification kits (QIAGEN, Hilden, Germany) were used to purify DNA after pre-amplification, and droplet digital PCR (ddPCR) (BioRad, CA) was carried out on pre-amplified cfDNA for detection of *BRAF*^{VGODE} mutations.

Clinical and epidemiological data were obtained from patients' medical records where disease staging was defined based on American Joint Committee on Cancer (AJCC) Staging Manual, eighth edition.⁸ Patients with medical records showing another primary tumor were excluded from analysis. Recurrence rate was defined as the percentage of patients developing recurrent melanoma during the study. DFS was defined as the time between curative surgery and development of disease recurrence or death of any cause. OS was calculated as the difference between date of patient's death or last follow-up and date of diagnosis.

Statistical analysis was carried out using IBM SPSS Statistics for Windows, Version 26.0 (IBM Corp., NY). Median and interquartile range (IQR) were used for description of continuous variables, while frequencies and percentages were used to describe categorical variables. Statistical significance was tested using Pearson's chi-square test, Fisher's exact test, and Mann–Whitney test, each when appropriate. Survival analysis was done using Kaplan–Meier analysis, and log-rank test was used to assess statistical significance. A *P* value of <0.05 was considered statistically significant.

RESULTS

A total of 80 patients were included in the study with a median age at diagnosis of 60 years. Most patients were males (n = 43, 53.8%), had stage II disease (n = 30, 37.5%), had no nodal involvement (n = 49, 61.3%), and had no associated ulceration (n = 46, 57.5%). The median Breslow thickness in the studied cohort was 2.2 mm (IQR, 3) (Table 1). Only 17 patients (21.3%) received adjuvant interferon (n = 16) or nivolumab (n = 1).

Tumor tissue samples, adequate for $BRAF^{V600E}$ mutation testing, were available in 52 patients (65%) and 23 of these 52 (44.2%) patients demonstrated $BRAF^{V600E}$ mutation in the tumor tissue. There were no significant differences between tissue $BRAF^{V600E}$ -mutated samples and $BRAF^{V600E}$ -WT samples in terms of recurrence risk [21.7% (n = 5) for tissue-mutated cohort versus 33.3% (n = 10) for tissue-WT cohort, P = 0.314], DFS (median survival not reached in both groups, P = 0.158), or OS (median survival not reached in both groups, P = 0.713) (Supplementary Table S1, available at https://doi.org/10.1016/j.esmoop. 2021.100357).

Of 80 patients included in this study, 76 (95%) had plasma samples available at baseline, at 1 hour after surgery, and at 1 day after surgery and were tested for presence of $BRAF^{V600E}$ mutation in ctDNA. Figure 2 shows the distribution of variant allele frequencies for $BRAF^{V600E}$ at different timepoints and frequencies of $BRAF^{V600E}$ mutations in pre- and post-operative samples.

 $BRAF^{V600E}$ -mutated ctDNA was detected in plasma samples collected before surgery in 28 patients (36.8%). We tried to explore the concordance between tissue and plasma $BRAF^{V600E}$ mutation status. In 49 patients, who had both tumor tissue and pre-surgical ctDNA available, we found agreement between $BRAF^{V600E}$ mutation status in the tumor tissue and plasma in 23 patients (46.9%). $BRAF^{V600E}$ mutations were present in tumor tissue only in 13 patients

Table 1. Patient characteristics									
Age [median years (IQR)]		60 (21)							
Gender [<i>n</i> (%)]	Males	43 (53.8)							
	Females	37 (46.3)							
Stage [n (%)]	Stage 0	4 (5)							
	Stage IA	12 (15)							
	Stage IB	12 (15)							
	Stage IIA	11 (13.8)							
	Stage IIB	10 (12.5)							
	Stage IIC	9 (11.3)							
	Stage IIIA	1 (1.3)							
	Stage IIIB	4 (5)							
	Stage IIIC	14 (17.5)							
	Stage IIID	1 (1.3)							
	Unknown	2 (2.5)							
Nodal involvement [n (%)]	Yes	19 (23.8)							
	NO	49 (61.3)							
	Unknown	12 (15)							
Oceration [n (%)]	res	34 (42.5) AG (57.5)							
Proclaw thicknoss (modian mm		40 (57.5)							
Bathology [n (%)]	Malignant malanama (NOS)	2.2 (3)							
		11 (15.8)							
	Lentigo maligna	3 (3.8)							
	Acrolentigionous	6 (7.5)							
	Nodular melanoma	23 (28.7)							
	Superficial spreading	23 (28.7)							
	Other types	9 (11.3)							
	Unknown	1 (1.3)							
Tissue BRAF [n (%)]	Mutated	23 (28.7)							
	Wild type	29 (36.3)							
	Unavailable	28 (35)							
Relapse [n (%)]	Yes	19 (23.8)							
	No	61 (76.3)							
Vital status [n (%)]	Alive	72 (90)							
	Dead	8 (10)							
QR, interquartile range; NOS, not otherwise specified.									

(26.5%) and in plasma only in 13 (26.5%) out of 49 patients (Supplementary Figure S1, available at https://doi.org/10. 1016/j.esmoop.2021.100357).

In patients with plasma collected before surgery (n = 76), presence of BRAF^{V600E}-mutated ctDNA in pre-surgical specimens was associated with higher rate of melanoma recurrence [39.3% (n = 11) versus 16.7% (n = 8), P = 0.028] and death [21.4% (n = 6) versus 4.2% (n = 2), P = 0.046]; however, this did not translate into difference in median DFS (41 months versus not reached, P = 0.214) or median OS (not reached in both groups, P = 0.077, Table 2). At 1hour post-surgery, BRAF^{V600E} mutations were detected in 26.3% (n = 20) of patients. Immediate conversion from preoperative ctDNA mutated to post-operative ctDNA wild-type BRAF^{V600E} occurred in 20% (n = 15) of patients. Patients with BRAF^{V600E}-mutated ctDNA at 1 hour after surgery compared to patients with BRAF^{V600E}-WT ctDNA had higher likelihood of overall recurrence [55% (n = 11) versus 14.3% (n = 8), P < 0.001], recurrence risk at 6 months [20% (n =4) versus 0% (n = 0), P = 0.004], and recurrence risk at 24 months [35% (n = 7) versus 12.5% (n = 7), P = 0.042]. They also had shorter DFS (29 months versus median survival not reached, P = 0.001) and OS (median survival not reached in both groups, P = 0.003; Figure 3). At the second day after surgery, BRAF^{V600E} mutations in ctDNA were associated with higher rate of recurrence [41.7% (n = 10) versus 17.3% (n =9), P = 0.023] but not with a difference in median DFS (41



Figure 2. Plasma *BRAF*^{V600E} variant allele frequency (VAF%) at different timepoints (A) as well as frequency of plasma *BRAF*^{V600E} mutations (B). MT, mutant; WT, wild type.

months versus not reached, P = 0.214) or OS (not reached in both groups, P = 0.077). At all other follow-up timepoints, there was no significant difference between ctDNAmutant and -WT groups in terms of recurrence risk, DFS, or OS (all P > 0.05) (Table 2).

Finally, in order to investigate if the above reported associations with outcomes differed with respect to the tissue $BRAF^{V600E}$ mutation status, we carried out separate subgroup analyses for tissue $BRAF^{V600E}$ -mutated and tissue $BRAF^{V600E}$ -WT subgroups. In 23 patients with the $BRAF^{V600E}$

mutation in the tumor tissue, patients with detectable $BRAF^{V600}$ -mutated ctDNA 1 hour after surgery compared to patients with undetectable ctDNA had higher overall risk of recurrence [57.1% (n = 4) versus 6.7% (n = 1), P = 0.021], higher risk for death [57.1% (n = 4) versus 0% (n = 0), P = 0.005], shorter median DFS (26 months versus not reached, P = 0.002), and shorter median OS (not reached in both groups, P < 0.001) (Supplementary Table S2, available at https://doi.org/10.1016/j.esmoop.2021.100357). In tissue $BRAF^{V600E}$ -WT cohort (n = 29), we found an increased rate

Table 2. Associations between clinical outcomes and ctDNA mutation status at different timepoints for the overall population													
		Recurrence at 6 months		Recurrence at 24 months		Overall progression probability		Death probability		DFS		OS	
		n (%)	Р	n (%)	Р	n (%)	Р	n (%)	Р	Median (months)	Р	Median (months)	Р
T1 (n = 76)	MT ($n = 28$) WT ($n = 48$)	2 (7.1) 2 (4.2)	0.623	7 (25) 7 (14.6)	0.258	11 (39.3) 8 (16.7)	0.028	6 (21.4) 2 (4.2)	0.046	41 NR	0.214	NR NR	0.077
T2 (n = 76)	MT $(n = 20)$ WT $(n = 56)$	4 (20) 0 (0)	0.004	7 (35) 7 (12.5)	0.042	11 (55) 8 (14.3)	<0.001	6 (30) 2 (3.6)	0.003	29 NR	0.001	NR NR	0.003
T3 (n = 76)	MT $(n = 24)$ WT $(n = 52)$	3 (12.5) 1 (1.9)	0.09	7 (29.2) 7 (13.5)	0.120	10 (41.7) 9 (17.3)	0.023	3 (12.5) 5 (9.6)	0.702	41 NR	0.129	NR NR	0.943
T4 (n = 69)	MT $(n = 25)$ WT $(n = 44)$	2 (8) 2 (4.5)	0.617	4 (16) 9 (20.5)	0.756	7 (28.0) 11 (25)	0.785	3 (12) 5 (11.4)	1	41 NR	0.600	NR NR	0.570
T5 (n = 56)	MT ($n = 17$) WT ($n = 39$)	3 (17.6) 1 (2.6)	0.079	5 (29.4) 9 (23.1)	0.739	7 (41.2) 11 (28.2)	0.339	4 (23.5) 4 (10.3)	0.228	41 NR	0.746	NR NR	0.437
T6 (n = 42)	MT (n = 19) WT (n = 23)	1 (5.3) 0 (0)	0.452	2 (10.5) 5 (21.7)	0.428	4 (21.1) 6 (26.1)	1	3 (15.8) 2 (8.7)	0.644	NR NR	0.307	NR NR	0.790
T7 (n = 31)	MT $(n = 12)$ WT $(n = 19)$	2 (16.7) 1 (5.6)	0.548	3 (25) 6 (33.3)	0.704	5 (41.7) 6 (33.3)	0.712	3 (25) 2 (11.1)	0.364	41 NR	0.935	NR NR	0.612
T8 (n = 37)	MT $(n = 9)$ WT $(n = 28)$	1 (11.1) 1 (3.6)	0.432	2 (22.2) 5 (17.9)	1	2 (22.2) 8 (28.6)	1	1 (11.1) 4 (14.3)	1	NR 34	0.680	NR NR	0.469

Highlighted comparisons indicate statistical significance (P < 0.05); NR indicates that median survival was not reached. ctDNA, circulating tumor DNA; DFS, disease-free survival; MT, mutant; OS, overall survival; WT, wild type.



Figure 3. Difference in disease-free survival (DFS) (A) and overall survival (OS) (B) between circulating tumor DNA (ctDNA)-mutant group (MT) and ctDNA-wildtype group (WT) at 1 hour after surgery (T2). Patients with mutant ctDNA $BRAF^{VGOOE}$ had shorter DFS (29 months versus median survival not reached, P = 0.001) and OS (median survival not reached in both groups,

P = 0.003).

of overall recurrence risk in patients with detectable BRAF^{V600E}-mutated ctDNA at 1 hour after surgery compared to patients without detectable ctDNA [66.7% (n = 6) versus 23.5% (n = 4), P = 0.046]. However, there was no difference between the two groups in rate of death [22.2% (n =2) versus 5.9% (n = 1), P = 0.268], or median OS (not reached in both groups, P = 0.286) with exception of a trend toward shorter median DFS in patients with detectable ctDNA (29 months versus not reached, P = 0.06), (Supplementary Table S3, available at https://doi.org/10. 1016/j.esmoop.2021.100357).

DISCUSSION

Melanoma is a common skin malignancy that can be cured in early stages if completely surgically removed.⁹⁻¹² Adjuvant therapy decreases recurrence rates in high-risk patients but that comes at also increased cost and risk of toxicity.^{3-5,13} Identification of biomarkers that can predict

patient outcomes can plausibly help in better selection of patients likely to benefit from adjuvant therapy. In our study, we carried out a clinical validation of the ultrasensitive detection of BRAF^{V600E} mutations in ctDNA from blood samples of patients with resectable melanoma. We identified BRAF^{V600E} mutations in tumor tissue in 47.2% of patients and in blood collected before surgery in 37.7% of patients, which is comparable to previously published reports of BRAF testing in non-metastatic melanoma.^{6,14} Tumors at earlier stages shed less ctDNA compared to metastatic tumors with larger disease burden and it could have accounted for the difference between BRAF^{V600E} mutation frequency in the tumor and ctDNA.¹⁵ Interestingly, detection of BRAF^{V600E}-mutated ctDNA in blood collected 1 hour after surgery was associated with higher overall recurrence rate, higher recurrence rate at 6 and 24 months, shorter DFS, and shorter OS. Also, 20% of patients had conversion of ctDNA detection before surgery to no

detection 1 hour after surgery, which can be plausibly explained by a short half-life of ctDNA spanning from 8 to 147 min. 16

Most of the current data on the utility of ctDNA detection in melanoma come from studies in stage IV disease,¹⁷⁻²² where detection rate of mutant BRAF can be up to 90% and is intended to be used for selection of targeted therapies or prognosis determination.^{17,23} In early-stage melanoma, there has been emerging evidence suggesting the utility of ctDNA detection to identify patients with stage II or III resected melanoma at high risk of recurrence. For instance, Tan et al. reported that pre-operative and postoperative detection of ctDNA in blood from patients with stage III melanoma was associated with shorter relapse-free survival and distant metastasis-free survival.¹⁴ Similarly, Lee et al. reported that detection of ctDNA in pre-operative blood samples from patients with stage III melanoma was associated with more significant nodal involvement, high lactate dehydrogenase levels, and worse melanoma-specific survival.²⁴ In our study, other post-operative timepoints, except for the first post-surgical collection, did not demonstrate statistically significant association with outcomes and reasons behind that phenomenon remain unclear. It is plausible though that tumor manipulation during surgery could have led to release of more mutant ctDNA, which was then detected at the 1-hour post-operative timepoint.

Current melanoma treatment guidelines establish surgical resection as the standard of care for localized and locoregional disease with the possibility of adding adjuvant therapy in high-risk patients.²⁵ Our results suggest that ctDNA detection at 1 hour after surgery can identify patients with higher risk of recurrence. While this observation needs to be confirmed, testing for ctDNA can be considered for future investigations as a selection tool for adjuvant therapy.²⁶

We noticed that nearly half of the patients with no BRAF^{V600E} mutation in tumor tissue had BRAF^{V600E}-mutated ctDNA detected in at least one timepoint. This plasmaspecific mutation pattern has also been described in previous reports in other tumor types.^{27,28} This can be possibly explained by the tumor heterogeneity that cannot be addressed during lesion biopsy mutation analysis, while shedding from different tumor clones in plasma gives a more holistic overview of the genomic profile.²⁹ In order to investigate whether observed differences were not driven by patients with $BRAF^{V600E}$ mutation in the tumor tissue, we carried out a separate subgroup analysis for both the tissue BRAF^{V600E}-mutated and tissue BRAF^{V600E}-WT groups to make sure the benefit was not driven by the tissue-mutated cohort. Even though tissue-mutated cohort showed more pronounced associations with outcomes, the recurrence risk was also higher for patients with ctDNA detection at 1 hour after surgery in the tissue BRAF^{V600E}-WT group.

Our study has several limitations, which include the relatively small number of patients with diverse AJCC stages. In addition, 35% of patients did not have available

tumor tissue for confirmatory $BRAF^{V600E}$ mutation analysis. Also, not all patients had all planned timepoints collected, which also could have impacted our analysis. Nevertheless, our results provide a proof of concept that detection of $BRAF^{V600E}$ mutations in ctDNA isolated from blood collected after surgery using the ultrasensitive ddPCR-based approach can identify patients at higher risk of disease recurrence and shorter survival, which warrants further investigation especially with respect to indication of adjuvant therapy.

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DISCLOSURE

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