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## Research Article

# Duration of Acute Kidney Injury and In-Hospital Mortality in Elder Patients with Severe COVID-19: A Retrospective Cohort Study

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Background. Patients with severe coronavirus disease 2019 (COVID-19) who develop acute kidney injury (AKI) in the intensive care unit (ICU) have extremely high rates of mortality. This study evaluated the prognostic impact of AKI duration on in-hospital mortality in elder patients. Methods. We performed a retrospective study of 126 patients with confirmed COVID-19 with severe or critical disease who treated in the ICU from February 4, 2020, to April 16, 2020. AKI was defined according to the Kidney Disease Improving Global Outcomes serum creatinine (Scr) criteria. AKI patients were divided into transient AKI and persistent AKI groups based on whether Scr level returned to baseline within 48 h post-AKI. Results. In total, 107 patients were included in the final analysis. The mean age was 70 (64-78) years, and 69 (64.5%) patients were men. AKI occurred in 48 (44.9%) during their ICU stay. Of these, 11 (22.9%) had transient AKI, and 37 (77.9%) had persistent AKI. In-hospital mortality was 18.6% (n = 11) for patients without AKI, 72.7% (n = 8) for patients with transient AKI, and 86.5% (n = 32) for patients with persistent AKI (P < 0.001). Kaplan-Meier curve analysis revealed that patients with both transient AKI and persistent AKI had significantly higher death rates than those without AKI (log-rank P < 0.001). Multivariate Cox regression analysis revealed that transient and persistent AKI were an important risk factor for in-hospital mortality in older patients with severe COVID-19 even after adjustment for variables (hazard ratio [HR] = 2.582; 95% CI: 1.025–6.505; P = 0.044; and HR = 6.974; 95% CI: 3.334– 14.588; P < 0.001). Conclusions. AKI duration can be an important predictive parameter in elder patients suffering from COVID-19 and are admitted to ICU. Among these patients, those exhibiting persistent AKI have a lower in-hospital survival rate than those with transient AKI, emphasizing the importance of identifying an appropriate treatment window for early intervention.

## 1. Introduction

Since December 2019, an outbreak of coronavirus disease 2019 (COVID-19) has rapidly evolved into a global pandemic [1]. The COVID-19 epidemic carries an especially higher risk to older populations resulting in severe complica-

tions, intensive care unit (ICU) admissions, and high mortality rate [2–5]. On May 2, 2022, 513,523,166 confirmed cases of COVID-19 including 6,261,385 deaths were reported by the World Health Organization.

AKI is frequently observed in COVID-19 infected patients, approximately 26-80% of AKI occurrence in ICU

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settings [6–9]. AKI has been recognized as a surrogate marker of the severity of illness; the in-hospital mortality is as high as 50% overall [7]. The recommendation from the Kidney Disease Improving Global Outcomes (KDIGO) guidelines defined AKI and classified the stages of AKI severity into three grades, based on the increase and/or decrease in serum creatinine (Scr) and urine output, and a more advanced AKI stage has been associated with adverse outcomes [10, 11]. Irrespective of its severity, AKI duration recently has been viewed as another independent risk factor for a poorer outcome: Longer duration of AKI (also called persistent AKI), typically defined as more than 48–72 h after onset, has been associated with a higher risk for death compared to short-duration AKI (also called transient AKI) [12–17].

Limited information is available on the association between the duration of the increase in Scr and clinical outcomes in severe COVID-19 patients in the ICU [18]. We hypothesized that the majority of AKI would be persistent after AKI development and could be associated with higher short-term mortality. The aim of the current study was to evaluate the incidence and prognostic impact of AKI duration and AKI stage on in-hospital mortality in elder patients with severe COVID-19.

#### 2. Patients and Methods

2.1. Study Design and Patients. We retrospectively analyzed patients diagnosed with COVID-19 who were hospitalized from February 4, 2020, to April 16, 2020. All patients who were enrolled in this study were diagnosed with COVID-19 according to the guidance provided by the Chinese National Health Commission. This study was approved by the National Health Commission of China and the Institutional Review Board at Huo Shen Shan Hospital (HSSLL028, Wuhan, China). The requirement for written informed consent was waived by the ethics committee of the designated hospital for patients with emerging infectious diseases.

Between February 4, 2020, and April 16, 2020, we followed 126 patients with confirmed COVID-19 with severe or critical disease who required admission to the ICU. Of the 126 patients, we excluded 19 patients, resulting in 107 elderly patients who were eligible for the final analyses, among which 48 (44.9%) had AKI during their ICU stay (Figure 1). We excluded patients who had stages 4–5 CKD, had only 1 Scr test or no Scr examination, or had missing or incomplete medical history. Patients who had 2 Scr assays with intervals longer than 7 days were also excluded because we could not determine whether these patients developed AKI.

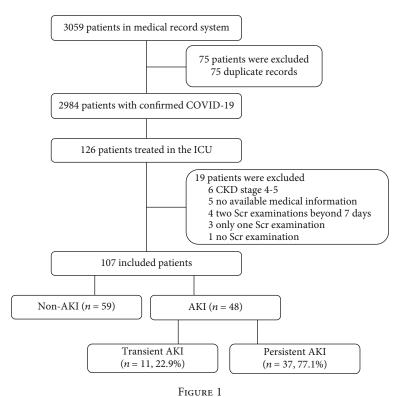
2.2. Data Collection. Epidemiological, medical records, nursing records, radiological characteristics, treatments, and outcome data were obtained with data collection forms from electronic medical records and reviewed by a trained team of physicians. The information recorded included demographic data, medical history, exposure history, underlying comorbidities, time of symptoms onset, signs, laboratory findings, chest computed tomography (CT) scans, complications (acute respiratory distress syndrome [ARDS], sepsis,

septic shock, AKI, hypoproteinemia, and disseminated intravascular coagulation), treatments during hospitalization, and hospitalization and discharge or death. All medical records of patients with AKI were checked by 2 trained intensive care specialists and nephrologists. All patients data accessed complied with relevant data protection and privacy regulations.

- 2.3. Definitions. The criteria in the KDIGO guidelines for Scr levels were used for screening patients because retrospectively collected urine data can be inaccurate [11]. AKI was defined as an increase at least 26.5  $\mu$ mol/L in Scr within 48 h or a 50% increase from the baseline value within 7 days. "Transient AKI" was defined as Scr that returned to baseline within 48 h post-AKI; "persistent AKI" was defined as renal dysfunction without recovery within 48 h [19]. The baseline Scr level was defined as the most recent measurement in the previous 3 months [20]. When there were no prior records on Scr level, we used the lowest Scr value during hospitalization as the baseline Scr level [21, 22]. ARDS was defined according to the Berlin definition [23]. Septic shock was defined according to the Sepsis-3 criteria [24].
- 2.4. Statistical Analysis. Continuous parametric variables are presented as the means ± standard deviations (SDs), and continuous nonparametric variables are presented as medians with interquartile ranges (25th and 75th percentiles). Categorical variables are presented as numbers (n) or percentages (%). Three-group comparisons were conducted using one-way ANOVA or the Kruskal-Wallis H test for continuous variables and Pearson's chi-square test or Fisher's exact test for categorical variables. The associations between AKI and in-hospital death were examined using Cox proportional hazard regression analysis. The probability of survival was estimated using the Kaplan-Meier method, and curves were compared using the log-rank test. All tests were twosided, and P < 0.05 was considered to indicate statistical significance. Statistical analyses were performed using SPSS version 21.0 for Windows (SPSS, Inc., Chicago, IL).

## 3. Results

- 3.1. Development of AKI in Study Population. Figure 1 shows the flow diagram of this study. Of these 48 AKI patients, transient AKI was documented in 11 (22.9%) and persistent AKI in 37 (77.1%) according to KDIGO guidelines. In addition, 55 patients required invasive mechanical ventilation (51.4%), 38 patients required vasopressors (35.5%), and 20 patients required continuous renal replacement therapy (CRRT, 18.7%). During follow-up, a total of 51 patients (47.7%) died, including 11 patients in non-AKI group, 8 in the transient AKI group, and 32 in the persistent AKI group.
- 3.2. Clinical Characteristics Associated with Transient AKI and Persistent AKI. As shown in Table 1 and Table 2, the persistent AKI group had a higher percentage of cardiovascular disease (45.9% vs 36.4% vs 20.3%) or CKD (13.5% vs 0 vs 0) compared with the non-AKI group and transient AKI group. Similarly, the persistent AKI group was more frequently suffered from ARDS (64.9% vs 45.5% vs 32.2%), septic shock (67.6% vs 36.4% vs 15.3%), and more frequently



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required CRRT (40.5% vs 18.2% vs 5.1%). Laboratory results, such as baseline Scr levels (P < 0.001), Scr on ICU admission levels (P < 0.001), Scr at the time of AKI diagnosis levels (P < 0.001), peak Scr levels (P < 0.001), BUN levels (P < 0.001), uric acid levels (P < 0.001), calcium levels (P = 0.038), cystatin C levels (P < 0.001), platelets levels (P < 0.001), lactate levels (P = 0.001), and oxygenation index levels (P < 0.011) on ICU admission differed significantly between the three groups. Patients with transient AKI had a higher percentage of cerebrovascular disease (P = 0.006); needed for vasopressors (P < 0.001); were more frequently treated with mechanical ventilation (P < 0.001); and more frequently suffered from oliguria (P < 0.001), proteinuria (P < 0.001), and hematuria (P = 0.023). Patients with persistent AKI more frequently exhibited stages 3 and 2 AKI than patients with transient AKI (48.6% vs 36.4%, 21.6% vs 9.1%; P < 0.001).

- 3.3. Acute Kidney Injury and KDIGO Stage. According to the KDIGO criteria, 17 patients (35.4%) had stage 1 AKI, 9 (18.8%) had stage 2 AKI, and 22 (45.8%) had stage 3 AKI. AKI severity was not associated with a significantly higher in-hospital mortality (64.7% for stage 1 patients, 88.9% for stage 2, and 95.5% for stage 3). Surprisingly, outcomes not worsened with more advanced AKI stage (P = 0.864 for the three stages, Figure 2).
- 3.4. Effect of Transient and Persistent AKI on In-Hospital Mortality. As shown in Table 3, in-hospital mortality was 18.6% (n = 11) for patients without AKI, 72.7% (n = 8) for patients with transient AKI, and 86.5% (n = 32) for patients with persistent AKI (P < 0.001). Kaplan–Meier curve analy-

sis revealed that patients with both transient AKI and persistent AKI had significantly higher death rates than those without AKI in elderly patients with severe COVID-19 (log-rank P < 0.001; Figure 3). Furthermore, in a multivariable Cox proportional hazard analysis, transient and persistent AKI were an important risk factor for in-hospital mortality in elderly patients with severe COVID-19 even after adjustment for variables (hazard ratio [HR] = 2.582; 95% CI: 1.025-6.505; P = 0.044; and HR = 6.974; 95% CI: 3.334-14.588; P < 0.001, respectively) (Table 3).

#### 4. Discussion

In this observational study, we illustrated that 45% (48/107) of severe patients with COVID-19 developed AKI, including 22.9% (11/48) patients with transient AKI and 77.1% (37/48) patients with persistent AKI. However, these patients with transient AKI showed significantly higher in-hospital mortality than those without AKI. Moreover, we found that patients with persistent AKI had a higher rate of in-hospital mortality than those with transient AKI.

AKI is common among severe patients with COVID-19, affecting approximately 26–76% of patients admitted to the ICU [6–8]. In-hospital mortality rates of AKI range from 50% overall to 42% in the ICU [7]. AKI could be distinguishable in terms of renal recovery from AKI or the duration of AKI [25]. Recent findings have led to the hypothesis that transient AKI and persistent AKI in critically ill patients might share similar pathophysiological mechanisms and that the duration of AKI might reflect its severity rather than its mechanism [26]. In the present study, patients with persistent AKI had significantly higher death rates than those

Table 1: Comparisons of the clinical characteristics of patients between transient AKI, persistent AKI, and non-AKI with coronavirus disease 2019.

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| Characteristic                             | Non-AKI group (59, 55.1) | Transient AKI (11, 22.9) | Persistent AKI (37, 77.1) | P value <sup>a</sup> |
|--|--------------------------|--------------------------|---------------------------|----------------------|
| Age (years)                                | 68 (63–75)               | 73 (67–81)               | 73 (66–82)                | 0.097                |
| Male sex                                   | 37 (62.7)                | 6 (54.5)                 | 26 (70.3)                 | 0.578                |
| Body mass index (kg/m <sup>2</sup> )       | $22.8 \pm 1.9$           | $23.7 \pm 1.8$           | $23.7 \pm 2.7$            | 0.105                |
| Comorbidity                                |                          |                          |                           |                      |
| Hypertension                               | 37 (62.7)                | 8 (72.7)                 | 28 (75.7)                 | 0.386                |
| Cardiovascular disease                     | 12 (20.3)                | 4 (36.4)                 | 17 (45.9)                 | 0.028                |
| COPD                                       | 12 (20.3)                | 1 (9.1)                  | 10 (27.0)                 | 0.388                |
| Diabetes                                   | 10 (16.9)                | 1 (9.1)                  | 11 (29.7)                 | 0.193                |
| Cerebrovascular disease                    | 6 (10.2)                 | 6 (54.5)                 | 7 (18.9)                  | 0.006                |
| CKD  | 0                        | 0                        | 5 (13.5)                  | 0.004                |
| Signs and symptoms                         |                          |                          |                           |                      |
| Cough                                      | 51 (86.4)                | 7 (63.6)                 | 31 (83.8)                 | 0.234                |
| Fever                                      | 46 (78.0)                | 9 (81.8)                 | 26 (70.3)                 | 0.615                |
| Dyspnea                                    | 47 (79.7)                | 4 (36.4)                 | 26 (70.3)                 | 0.019                |
| Muscle ache                                | 38 (64.4)                | 5 (45.5)                 | 25 (67.6)                 | 0.413                |
| Fatigue                                    | 34 (57.6)                | 6 (54.5)                 | 21 (56.8)                 | 0.982                |
| Chest pain                                 | 11 (18.6)                | 1 (9.1)                  | 4 (10.8)                  | 0.478                |
| Chills                                     | 11 (18.6)                | 1 (9.1)                  | 4 (10.8)                  | 0.478                |
| Headache                                   | 4 (6.8)                  | 1 (9.1)                  | 1 (2.7)                   | 0.582                |
| Diarrhea                                   | 1 (1.7)                  | 0                        | 3 (8.1)                   | 0.204                |
| Chest CT findings                          |                          |                          |                           |                      |
| Multiple mottling and ground glass opacity | 56 (94.9)                | 11 (100.0)               | 33 (89.2)                 | 0.267                |
| Pneumonia                                  |                          |                          |                           | 0.549                |
| Unilateral pneumonia                       | 1 (1.7)                  | 0                        | 0                         |                      |
| Bilateral pneumonia                        | 58 (98.3)                | 11 (100.0)               | 37 (100.0)                |                      |
| Disease classification                     |                          |                          |                           | < 0.001              |
| Severe                                     | 30 (50.8)                | 1 (9.1)                  | 6 (16.2)                  |                      |
| Critical                                   | 29 (49.2)                | 10 (90.9)                | 31 (83.8)                 |                      |
| On ICU admission                           |                          |                          |                           |                      |
| MAP  | $97 \pm 15$              | $94 \pm 23$              | $95 \pm 21$               | 0.881                |
| Albumin (g/L)                              | $31.9 \pm 3.8$           | $30.5 \pm 4.4$           | $31.1 \pm 4.6$            | 0.493                |
| BUN (mmol/L)                               | 6.1 (4.5–8.1)            | 7.3 (4.9–9.8)            | 10.0 (6.4–14.0)           | < 0.001              |
| Uric acid (µmol/L)                         | 189.0 (133.0-229.0)      | 225.0 (192.0-378.0)      | 293.0 (184.0-427.5)       | < 0.001              |
| Potassium (µmol/l)                         | 4.2 (3.8–4.5)            | 4.3 (4.1–5.0)            | 4.2 (3.9–4.8)             | 0.372                |
| Sodium (mmol/l)                            | 140.0 (137.0–143.0)      | 138.0 (139.0–144.0)      | 143.0 (137.0–146.0)       | 0.095                |
| Chlorine (mmol/l)                          | 103.0 (100.0–106.0)      | 103.0 (101.0–109.0)      | 104.0 (102.0-111.0)       | 0.097                |
| Calcium (mmol/L)                           | 2.0 (1.9–2.2)            | 2.0 (1.9–2.3)            | 2.0 (1.9–2.0)             | 0.038                |
| Phosphate (mmol/L)                         | 0.9 (0.7–1.0)            | 1.0 (0.7–1.4)            | 0.9 (0.7–1.1)             | 0.223                |
| Magnesium (mmol/L)                         | 0.9 (0.8–1.0)            | 0.9 (0.9–1.0)            | 1.0 (0.9–1.1)             | 0.054                |
| Cystatin C (mg/L)                          | 1.0 (0.9–1.2)            | 1.4 (1.1–1.8)            | 1.4 (1.1–1.9)             | < 0.001              |
| Hemoglobin (g/L)                           | $114 \pm 20$             | $111 \pm 19$             | $122 \pm 21$              | 0.135                |
| Platelets (×10 <sup>9</sup> /L)            | 224 (165–276)            | 189 (65–351)             | 152 (58–182)              | < 0.001              |
| C-reactive protein (mg/L)                  | 33.2 (8.7–112.4)         | 76.0 (11.7–152.6)        | 92.6 (25.8–151.9)         | 0.091                |

Table 1: Continued.

| Characteristic                                  | Non-AKI group (59, 55.1) | Transient AKI (11, 22.9) | Persistent AKI (37, 77.1) | P value a |
|---|--------------------------|--------------------------|---------------------------|-----------|
| Blood gas analysis                              |                          |                          |                           |           |
| Lactate (mmol/L)                                | 1.2 (0.7–2.3)            | 1.3 (1.1–3.7)            | 2.2 (1.5-3.7)             | 0.001     |
| PH  | $7.42 \pm 0.10$          | $7.40 \pm 0.11$          | $7.38 \pm 0.13$           | 0.230     |
| PaO <sub>2</sub> (mmHg)                         | 78.9 (56.7–114.0)        | 77.3 (61.6–92.0)         | 71.0 (56.0-89.0)          | 0.631     |
| PaCO <sub>2</sub> (mmHg)                        | 38.7 (33.4-45.2)         | 33.6 (32.0-55.2)         | 41.0 (35.0-47.0)          | 0.622     |
| Oxygenation index (mmHg)                        | 205.0 (86.0-280.0)       | 150.0 (62.0-188.0)       | 87.0 (66.0–166.0)         | 0.011     |
| Proteinuria                                     | 13 (22.0)                | 9 (81.8)                 | 24 (64.9)                 | < 0.001   |
| Hematuria                                       | 19 (32.2)                | 7 (63.6)                 | 21 (56.8)                 | 0.023     |
| Kidney function                                 |                          |                          |                           |           |
| Baseline Scr (μmol/L)                           | 58 (48-66)               | 58 (54–72)               | 72.0 (65.0-80.5)          | < 0.001   |
| Scr on ICU admission (µmol/L)                   | 56.8 (48.6–68.8)         | 78.0 (55.0–95.0)         | 84.0 (70.0–124.5)         | < 0.001   |
| Scr at the time of AKI diagnosis ( $\mu$ mol/L) | 56.8 (48.6–68.8)         | 111.4 (95.0-134.2)       | 131.7 (113.5–164.6)       | < 0.001   |
| Peak Scr (µmol/L)                               | 67.6 (57.6–77.1)         | 111.4 (100.0-245.4)      | 212.5 (136.5–287.5)       | < 0.001   |
| Oliguria  | 0                        | 5 (45.5)                 | 12 (32.4)                 | < 0.001   |
| AKI stage                                       |                          |                          |                           | < 0.001   |
| 1   | 0                        | 6 (54.5)                 | 11 (29.7)                 |           |
| 2   | 0                        | 1 (9.1)                  | 8 (21.6)                  |           |
| 3   | 0                        | 4 (36.4)                 | 18 (48.6)                 |           |

Notes: Values are n (%), mean  $\pm$  SD, or median (interquartile range). Abbreviations: AKI: acute kidney injury; COPD: chronic obstructive pulmonary disease; CKD: chronic kidney disease; MAP: mean arterial pressure; 1 mmHg = 0.133 kPa. Scr: serum creatinine; BUN: blood urea nitrogen; ICU: intensive care unit.  $^{a}P$  values represent the comparability across the three groups.

Table 2: Complications, treatments and outcomes of patients between transient AKI, persistent AKI, and non-AKI with coronavirus disease 2019.

| Characteristic                                       | Non-AKI group (59, 55.1) | Transient AKI (11, 22.9) | Persistent AKI (37, 77.1) | P<br>value <sup>a</sup> |
|--|--------------------------|--------------------------|---------------------------|-------------------------|
| Complications  |                          |                          |                           |                         |
| Acute respiratory distress syndrome                  | 19 (32.2)                | 5 (45.5)                 | 24 (64.9)                 | 0.007                   |
| Hypoproteinemia                                      | 22 (37.3)                | 4 (36.4)                 | 15 (40.5)                 | 0.941                   |
| Septic shock   | 9 (15.3)                 | 4 (36.4)                 | 25 (67.6)                 | < 0.001                 |
| Disseminated intravascular coagulation               | 3 (5.1)                  | 1 (9.1)                  | 5 (13.5)                  | 0.358                   |
| Treatment  |                          |                          |                           |                         |
| Antibiotic therapy                                   | 55 (93.2)                | 11 (100.0)               | 35 (94.6)                 | 0.492                   |
| Glucocorticoids                                      | 51 (86.4)                | 10 (90.9)                | 30 (81.1)                 | 0.651                   |
| Intravenous immunoglobulin therapy                   | 32 (54.2)                | 4 (36.4)                 | 25 (67.6)                 | 0.149                   |
| Need for vasopressors                                | 9 (15.3)                 | 7 (63.6)                 | 22 (59.5)                 | < 0.001                 |
| Oxygen therapy                                       | 57 (96.6)                | 9 (81.8)                 | 33 (89.2)                 | 0.163                   |
| Non-invasive mechanical ventilation                  | 26 (44.1)                | 10 (90.9)                | 31 (83.8)                 | < 0.001                 |
| Invasive mechanical ventilation                      | 16 (27.1)                | 9 (81.8)                 | 30 (81.1)                 | < 0.001                 |
| Continuous renal replacement therapy                 | 3 (5.1)                  | 2 (18.2)                 | 15 (40.5)                 | < 0.001                 |
| Extracorporeal membrane oxygenation                  | 1 (1.7)                  | 1 (9.1)                  | 2 (5.4)                   | 0.419                   |
| Time from symptom onset to hospital admission (days) | 16 (12–26)               | 14 (7–22)                | 13 (8–20)                 | 0.035                   |
| Time from symptom onset to ICU admission (days)      | 21 (14-36)               | 24 (17-33)               | 17 (14–26)                | 0.136                   |
| Length of hospital stay (days)                       | 26 (16-40)               | 32 (14-49)               | 13 (7–23)                 | < 0.001                 |
| Length of ICU stay (days)                            | 9 (5–15)                 | 6 (3–36)                 | 7 (4–13)                  | 0.618                   |
| In-hospital mortality                                | 11 (18.6)                | 8 (72.7)                 | 32 (86.5)                 | < 0.001                 |

Abbreviations: AKI: acute kidney injury; ICU: intensive care unit. <sup>a</sup>P values represent the comparability across the three groups.

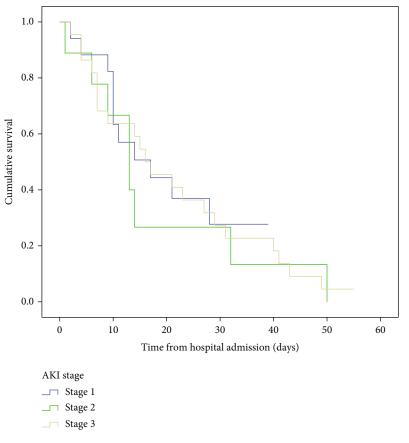


Figure 2

Table 3: Multivariate proportional hazard model analysis of risk factors for hospital mortality.

| Risk factor       | HR        | 95% CI       | P value |
|-------------------|-----------|--------------|---------|
| Non-AKI           | Reference | Reference    | < 0.001 |
| Transient AKI     | 2.582     | 1.025-6.505  | 0.044   |
| Persistent AKI    | 6.974     | 3.334-14.588 | < 0.001 |
| Oxygenation index | 0.992     | 0.988-0.996  | < 0.001 |

Abbreviations: AKI: acute kidney injury; HR: hazard ratio; CI: confidence interval.

transient AKI. Although exact pathophysiology is not clearly elucidated in, experimental models have shown that even with apparent renal function recovery from AKI, histologic and physiologic changes may persist after AKI. Recently, the 2017 Acute Disease Quality Initiative (ADQI) 16 workgroup defined persistent AKI as the continuance of AKI diagnosed by the Scr level or urine output criteria for >48 hours after AKI onset. So early recognition of transient AKI secondary to severe COVID-19 and use of supportive and therapeutic measures to avoid further kidney damage are crucial to reduce morbidity and mortality. Several studies have examined the prognostic impact of AKI duration using different diagnostic criteria as follows: transient AKI (≤7 days) and persistent AKI (>7 days) using the KDIGO criteria [27, 28]; transient AKI (Scr≤115 µmol/L at discharge) and persistent AKI (Scr>115 µmol/L at discharge) using the

KDIGO criteria [29]; short (≤2 days), medium (3–5 days), and long (≥6 days) using the KDIGO criteria [15]; and transient AKI (≤3 days) and persistent AKI (>3 days) using the AKIN or KDIGO criteria [16, 17]. The use of a universally recognized definition of AKI would improve our knowledge regarding practices for, research on, and public health issues related to AKI.

Previous studies on the prognostic impact of AKI duration yielded conflicting results. For example, Mizota and colleagues published a retrospective cohort study involving 258 AKI patients (median age 66 years) undergoing major abdominal surgery [28]. Using the KDIGO criteria, the postoperative AKI patients were divided into transient AKI and persistent AKI groups based on the time when the Scr level returned to the no-AKI range within 7 days after surgery. The authors reported that both transient AKI and persistent AKI were independently associated with 1-year mortality. Also, the mortality rate was higher in the persistent AKI than the transient AKI group. However, another retrospective study found no significant association between AKI duration and adverse outcomes [17]. The discrepancies between these studies might reflect differences in the duration of recovery from AKI according to the definition of AKI, transient AKI, or persistent AKI; the participants' age; and the etiology of AKI. One of the limitations is that we not further classified persistent AKI into categories based on AKI duration.

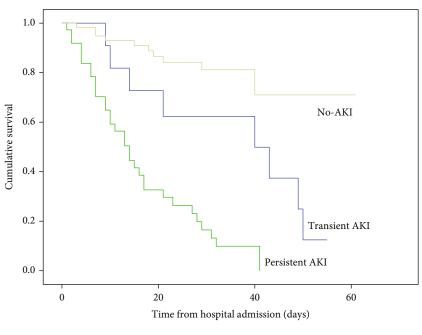


Figure 3

In the present study, we found that patients with both transient AKI and persistent AKI had significantly higher death rates than those without AKI in elderly patients with severe COVID-19. The ADQI 16 workgroup defined transient AKI as Scr that returned to baseline within 48 h after AKI onset calling for at least two measurements over a 48hour period and baseline Scr available prior to admission. However, this can be difficult in clinical practice with emerging infectious diseases. In addition, previous publications from developed countries report the proportion of patients with more than 2 Scr measurements during hospitalization ranging from 63.2 to 67.6%, which is much higher than the figure reported in China only 25% to 30% [30-32]. Therefore, some patients with transient AKI could be misclassified as not having AKI [16]. Indeed, improving survival only via recognized AKI is not enough. It is, for instance, the absence of kidney care that is also a negative factor affecting the outcomes. In 2009, the National Confidential Enquiry into Patient Outcome and Death reported that up to 50% of patients who died from AKI had not received "good" kidney care; in addition, for 20% of these patients, the cause was both predictable and preventable [33]. Thus, increasing the likelihood of a timely AKI diagnosis and identifying patients who need kidney care to preventing the progression of transient AKI to persistent AKI remains a challenge.

The classification of AKI by duration may discriminate between patients with transient AKI (pre-renal) or hemodynamic AKI that does not involve any true injury to the renal tubular cells and those with true intrinsic AKI (that is, structural kidney injury). Furthermore, the duration of AKI may be a surrogate of the renal recovery potential of the injured kidney or continued on-going insults. The parameters used for evaluating patients' renal function were glomerular filtration rate (GFR) or Scr. The recent definition from the KDIGO guideline classifies AKI by increasing severity, from

stage 1 to stage 3, based on the Scr increase and/or decrease in urine output, and more severe AKI stages are associated with adverse outcomes [10, 11]. However, we found no association between in-hospital mortality and AKI severity in this study. It has been demonstrated that in elderly patients, renal recovery may be prolonged and frequently incomplete. Additionally, the duration of AKI may likely denote the overall illness severity of the patient, as those who are more severely ill and have continued extrarenal organ dysfunction will take longer to recover. Therefore, the KDIGO diagnosis and staging of AKI with Scr may not be suitable for the elderly population with severe COVID-19. Herein, we demonstrated that the duration of AKI still provided prognostic information over the KDIGO stage alone and can provide additive risk information for mortality risks for elderly patients, especially when AKI duration is longer than 48 hours.

The study had the following limitations. (1) First, medical data of this study were collected from a single center, and the number of patients included is limited; thus, the results may lack generalizability. (2) Second, because of the strain on medical resources, urine output data of most patients were missing and not been collected, which is one component of the AKI definition; therefore, the incidence of AKI may be underestimated. (3) Due to the limited number of patients included, AKI patients were not further divided into categories based on AKI duration, such as short duration: resolving AKI lasting 3–4 days; medium duration: resolving AKI lasting 5–7 days; and long duration: AKI lasting >7 days. Thus, a larger AKI patient population is needed to confirm these results. (4) Finally, we lacked data after the patients were discharged.

#### 5. Conclusions

The duration of AKI is independently associated with inhospital mortality and may provide prognostic information

in addition to that provided by the magnitude of Scr alone. Among AKI patients, those persistent AKI have a higher in-hospital survival rate than those transient AKI. These data need to be validated in other settings of AKI, and if found to be valid, the duration of AKI should be incorporated into the consensus definitions of AKI and used in clinical studies of AKI in the future.

## **Abbreviations**

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COVID-19: Coronavirus disease 2019

SARS: Severe acute respiratory syndrome MERS: Middle East respiratory syndrome

ICU: Intensive care unit

ARDS: Acute respiratory distress syndrome ECMO: Extracorporeal membrane oxygenation

AKI: Acute kidney injury

KDIGO: Kidney disease: improving global outcomes CRRT: Continuous renal replacement therapy.

## **Data Availability**

The datasets used and/or analyzed during the current study are available from the corresponding authors on reasonable request.

## **Ethical Approval**

This study was approved by the National Health Commission of China and the Institutional Review Board at Huo Shen Shan Hospital (HSSLL028, Wuhan, China).

## **Consent**

The requirement for written informed consent was waived by the ethics committee of the designated hospital for patients with emerging infectious diseases.

#### **Conflicts of Interest**

The authors declare that they have no competing interests.

## **Authors' Contributions**

LT and FL conceived of and designed the study, had full access to all of the data in the study, and took responsibility for the integrity of the data and the accuracy of the data analysis. YC, CT, YL, and YS collected the epidemiological and clinical data. QL, SG, YC, and FW were responsible for the statistical analysis. YC, CT, and YS wrote the initial draft. LT and YL revised the final manuscript. All the authors approved the final version of this manuscript. Yue Cai, Chong Tang, and Yun Song contributed equally to this work.

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