

1 **Clinical Outcomes, Costs, and Cost-effectiveness of Strategies for People Experiencing**  
2 **Sheltered Homelessness During the COVID-19 Pandemic**

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63 **Key Points**

64 **Question:** What are the projected clinical outcomes and costs of strategies for reducing  
65 COVID-19 infections among people experiencing sheltered homelessness?

66 **Findings:** In this microsimulation modeling study, daily symptom screening with polymerase  
67 chain reaction (PCR) testing of screen-positive individuals, paired with non-hospital care site  
68 management of people with mild to moderate COVID-19, substantially reduced infections and  
69 lowered costs over 4 months compared to no intervention, across a wide range of epidemic  
70 scenarios. In a surging epidemic, adding periodic universal PCR testing to symptom screening  
71 and non-hospital care site management improved clinical outcomes at modestly increased  
72 costs. Periodic universal PCR testing paired with temporary housing further reduced infections  
73 but at much higher cost.

74 **Meaning:** Daily symptom screening with PCR testing of screen-positive individuals and use of  
75 alternate care sites for COVID-19 management among sheltered homeless people was  
76 associated with substantially reduced new cases and costs compared to other strategies.

77 **ABSTRACT**

78 **Importance:** Approximately 356,000 people stay in homeless shelters nightly in the US. They  
79 are at high risk for COVID-19.

80 **Objective:** To assess clinical outcomes, costs, and cost-effectiveness of strategies for COVID-  
81 19 management among sheltered homeless adults.

82 **Design:** We developed a dynamic microsimulation model of COVID-19 in sheltered homeless  
83 adults in Boston, Massachusetts. We used cohort characteristics and costs from Boston Health  
84 Care for the Homeless Program. Disease progression, transmission, and outcomes data were  
85 from published literature and national databases. We examined surging, growing, and slowing  
86 epidemics (effective reproduction numbers [ $R_e$ ] 2.6, 1.3, and 0.9). Costs were from a health care  
87 sector perspective; time horizon was 4 months, from April to August 2020.

88 **Setting & Participants:** Simulated cohort of 2,258 adults residing in homeless shelters in  
89 Boston.

90 **Interventions:** We assessed daily symptom screening with polymerase chain reaction (PCR)  
91 testing of screen-positives, universal PCR testing every 2 weeks, hospital-based COVID-19  
92 care, alternate care sites [ACs] for mild/moderate COVID-19, and temporary housing, each  
93 compared to no intervention.

94 **Main Outcomes and Measures:** Cumulative infections and hospital-days, costs to the health  
95 care sector (US dollars), and cost-effectiveness, as incremental cost per case prevented of  
96 COVID-19.

97 **Results:** We simulated a population of 2,258 sheltered homeless adults with mean age of 42.6  
98 years. Compared to no intervention, daily symptom screening with ACs for pending tests or  
99 confirmed COVID-19 and mild/moderate disease led to 37% fewer infections and 46% lower  
100 costs ( $R_e=2.6$ ), 75% fewer infections and 72% lower costs ( $R_e=1.3$ ), and 51% fewer infections  
101 and 51% lower costs ( $R_e=0.9$ ). Adding PCR testing every 2 weeks further decreased infections;  
102 incremental cost per case prevented was \$1,000 ( $R_e=2.6$ ), \$27,000 ( $R_e=1.3$ ), and \$71,000

103 ( $R_e=0.9$ ). Temporary housing with PCR every 2 weeks was most effective but substantially more  
104 costly than other options. Results were sensitive to cost and sensitivity of PCR and ACS  
105 efficacy in preventing transmission.

106 **Conclusions & Relevance:** In this modeling study of simulated adults living in homeless  
107 shelters, daily symptom screening and ACSs were associated with fewer COVID-19 infections  
108 and decreased costs compared with no intervention. In a modeled surging epidemic, adding  
109 universal PCR testing every 2 weeks was associated with further decrease in COVID-19  
110 infections at modest incremental cost and should be considered during future surges.

111

112 **Keywords:** Homelessness, COVID-19, cost-effectiveness analysis, simulation model

## 113 INTRODUCTION

114 Over 1.4 million people experience sheltered homelessness annually in the US, including  
115 approximately 356,000 each night.<sup>1,2</sup> The crowded circumstances of homeless shelters place  
116 this population at increased risk for coronavirus disease 2019 (COVID-19). The United States  
117 (US) Centers for Disease Control and Prevention (CDC) issued comprehensive guidance for  
118 preventing and mitigating COVID-19 among people experiencing sheltered homelessness,  
119 including recommendations for infection control practices in shelters, symptom screening of  
120 shelter guests, and dedicated settings for isolation and management of individuals with  
121 symptoms or confirmed illness.<sup>3</sup> The high burden of COVID-19 among sheltered homeless  
122 populations<sup>4-7</sup> highlights an urgent need to understand the clinical outcomes and costs of CDC-  
123 recommended and other prevention and treatment strategies. After a cluster of COVID-19 cases  
124 at a single large shelter in Boston, universal polymerase chain reaction (PCR) testing of 408  
125 shelter residents found that 36% had SARS-CoV-2 infection.<sup>4</sup> Eighty-eight percent of these  
126 individuals reported no symptoms at the time of testing, raising questions about how to identify  
127 COVID-19 disease in this population and the role of non-hospital alternate care sites (ACSS) to  
128 isolate those who do not require hospitalization. Our objective was to project the clinical and  
129 economic impact of COVID-19 management approaches for adults experiencing sheltered  
130 homelessness.

131

## 132 METHODS

### 133 Analytic Overview

134 We developed the Clinical and Economic Analysis of COVID-19 interventions (CEACOV)  
135 model, a dynamic microsimulation of the natural history of COVID-19 disease and the impact of  
136 prevention, testing, and treatment interventions. We used CEACOV to project the clinical  
137 impact, costs, and cost-effectiveness of various COVID-19 management strategies for people  
138 experiencing sheltered homelessness, including different combinations of symptom screening,

139 PCR testing, ACSs, and relocating all shelter residents to temporary housing. Using data from  
140 the early stage of an outbreak among homeless adults in Boston, Massachusetts, we modeled a  
141 cohort of sheltered homeless adults and examined management strategies under various  
142 epidemic scenarios, given evolving and heterogenous epidemic dynamics across the US.<sup>4,8</sup> We  
143 evaluated 3 scenarios over a 4-month time horizon, from April to August 2020, with different  
144 effective reproduction numbers ( $R_e$ ) representing surging ( $R_e=2.6$ ), growing ( $R_e=1.3$ ), and  
145 slowing ( $R_e=0.9$ ) epidemics. Outcomes included number of infections, utilization of hospital and  
146 intensive care unit (ICU) beds, costs, and cost per COVID-19 case was conducted from a health  
147 care sector perspective. This study was approved by the Partners prevented. The analysis  
148 Human Research Committee.

149

## 150 **Model Structure**

### 151 *Disease states and progression*

152 CEACOV is a dynamic microsimulation model of COVID-19 based on an SEIR framework,  
153 including susceptible, exposed, infectious, recovered, and death states.<sup>9</sup> Infected individuals  
154 face daily probabilities of disease progression through 6 COVID-19 states: pre-infectious  
155 latency, asymptomatic, mild/moderate, severe, critical, and recuperation. With mild/moderate  
156 disease, individuals have mild symptoms, such as cough or fever, that generally do not require  
157 inpatient management in a stably housed population. With severe disease, symptoms warrant  
158 inpatient management. With critical disease, patients require ICU care. Recovered individuals  
159 cannot transmit and are assumed immune from repeat infection.<sup>10</sup> eFigure1 displays how  
160 patients move through the model. We describe model validation in the Supplemental Methods.

161

### 162 *Transmission*

163 Individuals with COVID-19 transmit to susceptible individuals at health state-stratified rates. We  
164 model a closed cohort, with transmissions occurring between people experiencing sheltered



165 homelessness. All susceptible people face equal probabilities of contacting infected individuals  
166 and becoming infected (homogenous mixing). The number of projected infections depends on  
167 COVID-19 prevalence, proportion of the population susceptible, transmission rates, and  
168 interventions that change contact rates or infectivity per contact. Transmission rates are  
169 calibrated to achieve the desired  $R_e$ , which captures the average number of transmissions per  
170 case. More details can be found in the Supplemental Methods.

171

### 172 *Testing and care interventions*

173 Symptom screens or PCR tests are offered at intervals defined in each strategy; test  
174 sensitivities and specificities depend on COVID-19 health state. Care interventions include  
175 hospital care, ACSs, and temporary housing. Since adequate isolation for COVID-19 is not  
176 possible within congregate homeless shelters, care of homeless individuals with mild/moderate  
177 COVID-19 occurs either in hospitals or ACSs, such as large tents or non-hospital facilities with  
178 on-site medical staff.<sup>11,12</sup> ACSs reduce transmission and hospital use for people with  
179 mild/moderate illness. Temporary housing reduces transmission by preemptively moving  
180 everyone from shelters to individual living units (e.g., hotel or dormitory rooms) for the entire  
181 simulation period. Anyone who develops mild/moderate COVID-19 remains in temporary  
182 housing, which offers health monitoring and space for isolation but less intensive staffing and  
183 infection control than ACSs.

184

### 185 *Resource use, costs, cost-effectiveness, and budget impact*

186 The model tallies resource utilization, including tests and days in hospital, ICU, ACS, or  
187 temporary housing, and daily costs, including medical supplies and personnel. We included a  
188 budget impact analysis to determine total costs over the 4-month simulation. To understand the  
189 tradeoffs between cost and infections prevented and highlight the relative “return on investment”  
190 for each strategy, we present efficiency frontiers, plotting number of infections prevented against

191 total cost for each strategy.<sup>13</sup> Since we focus on a cohort relevant to an individual city, and since  
192 overall COVID-19 mortality is low, we report incremental cost per COVID-19 case prevented as  
193 an outcome; \$1,000/case prevented is approximately equivalent to \$61,000/quality-adjusted life  
194 year (QALY) gained at current case fatality levels (Table 2, notes).

195

## 196 **Strategies**

197 We assessed 8 strategies:

198 1) *NoIntervention*: Only basic infection control practices are implemented in shelters.

199 2) *SxScreen/PCR/Hospital*: CDC-recommended symptom screening daily in shelters.<sup>14</sup> Screen-  
200 negative individuals remain in shelters. Screen-positive individuals are sent to the hospital for  
201 PCR testing. PCR-positive individuals remain in hospital; PCR-negative individuals return to  
202 shelter.

203 3) *SxScreen/PCR/ACS*: CDC-recommended symptom screening daily in shelters. Screen-  
204 negative individuals remain in shelters. Screen-positive individuals are sent to an ACS for  
205 people under investigation, where they undergo PCR testing and await results. PCR-positive  
206 individuals with mild/moderate illness are transferred to ACSs for confirmed COVID-19 cases.  
207 PCR-negative individuals return to shelter.

208 4) *UniversalPCR/Hospital*: Universal PCR testing every 2 weeks in shelters. Those with  
209 symptoms at the time of testing await results at the hospital; individuals without symptoms await  
210 results in shelters. PCR-negative individuals return to or stay in shelters. PCR-positive  
211 individuals, regardless of illness severity, remain in or are sent to the hospital.

212 5) *UniversalPCR/ACS*: Universal PCR testing every 2 weeks in shelters. Those with symptoms  
213 at the time of testing are sent to an ACS for people under investigation while awaiting results;  
214 individuals without symptoms await results in shelters. PCR-negative individuals return to or  
215 stay in shelters. PCR-positive individuals with mild/moderate illness are transferred to ACSs for  
216 confirmed COVID-19 cases.

217 6) *UniversalPCR/TempHousing*: All shelter residents are pre-emptively moved to temporary  
218 housing for the duration of the 4-month period. Universal PCR testing occurs every 2 weeks.  
219 PCR-positive individuals with mild/moderate illness remain in temporary housing and are  
220 transferred to the hospital if they progress to severe or critical disease.

221 7) *Hybrid/Hospital*: This includes the *SxScreen/PCR/Hospital* strategy and adds shelter-based  
222 universal PCR testing every 2 weeks for those without symptoms.

223 8) *Hybrid/ACS*: This includes the *SxScreen/PCR/ACS* strategy and adds shelter-based  
224 universal PCR testing every 2 weeks for those without symptoms.

225

226 In all 8 strategies, people with severe or critical illness are sent to the hospital. Individuals are  
227 eligible for repeat PCR testing after 5 days since their most recent negative test. See eFigure2  
228 for details.

229

## 230 **Input Parameters**

### 231 *Cohort characteristics*

232 The simulated cohort represents 2,258 adults living in Boston homeless shelters.<sup>2</sup> 83% are aged  
233 18-59 years, and 17% are  $\geq 60$  years (Table 1). Initial prevalence of active or past COVID-19 is  
234 assumed to be 2.2%. To reflect symptoms similar to but not due to COVID-19 (e.g., from other  
235 respiratory viruses or seasonal rhinitis), susceptible and recovered individuals have a 0.01%  
236 daily probability of exhibiting mild/moderate COVID-like symptoms.<sup>15-17</sup>

237

### 238 *Progression of COVID-19 and transmission*

239 Average duration of each COVID-19 state varies by severity (eTable1). The probabilities of  
240 developing severe or critical disease or dying increase with age.<sup>18,19</sup> Transmission rates are  
241 highest for individuals in asymptomatic and mild/moderate states; individuals in severe and  
242 critical states have fewer infectious contacts due to hospitalization.<sup>19-22</sup>

243 *Testing*

244 We assumed symptom screen sensitivity of 0% for asymptomatic infection, 62% for  
245 mild/moderate COVID-19, and 100% for severe or critical COVID-19.<sup>4</sup> The PCR test is a  
246 nasopharyngeal sample with one-day result delay, 70% sensitivity for people with no symptoms  
247 or mild/moderate symptoms,<sup>23,24</sup> 100% sensitivity for severe or critical illness, and 100%  
248 specificity.

249

250 *Hospitalization, alternate care sites, and temporary housing*

251 Mortality was decreased with hospitalization among those with critical illness.<sup>18,19</sup> We assumed  
252 hospitalization reduces transmission by 100%, while ACSs reduce transmission by 80% and  
253 temporary housing by 60%. Temporary housing was assumed less effective at reducing  
254 transmission compared to ACSs due to less stringent infection control measures in temporary  
255 housing and potential mixing of uninfected and infected individuals. Length-of-stay at hospitals  
256 and ACSs depends on severity and duration of illness.<sup>18-21,25-28</sup>

257

258 *Resource use and costs*

259 The nasopharyngeal PCR test costs \$51.<sup>29</sup> Hospitalization costs \$1,641/day; ICU costs  
260 \$2,683/day (Table 1; Supplement).<sup>30-32</sup> ACSs cost \$304/day; temporary housing costs \$141/day  
261 (data from BHCHP).

262

263 **Sensitivity Analyses**

264 In one-way sensitivity analyses, we examined: 1) PCR sensitivity, PCR frequency, and symptom  
265 screen sensitivity (eTables2-4); 2) efficacy of ACS and temporary housing in reducing  
266 transmission (eTables5-6); and 3) costs of PCR test, symptom screen, hospital care, ACS, and  
267 temporary housing (eTables7-11). In two-way sensitivity analyses, we varied influential  
268 parameters simultaneously (eTables12-13). To relate these findings to other settings, eTable14

269 displays outcomes per 1,000 homeless adults and the number of sheltered homeless adults in  
270 select US cities.

271

## 272 **RESULTS**

### 273 **Base Case**

#### 274 *Surging epidemic ( $R_e=2.6$ )*

275 With  $R_e=2.6$ , the number of projected COVID-19 cases was highest with *NoIntervention* (1,954)  
276 and lowest with *UniversalPCR/TempHousing* (376) (Table 2; Figure 1). Other than the  
277 temporary housing strategy, strategies that rely on daily symptom screening were more effective  
278 in preventing infections (1,133 to 1,239 cumulative infections) than those with universal PCR  
279 testing every two weeks alone (1,679 to 1,681 cumulative infections). Hybrid strategies involving  
280 daily symptom screening plus universal PCR testing every two weeks performed better than  
281 either alone (967 to 985 cumulative infections).

282

283 With  $R_e=2.6$ , all ACS-based strategies had lower total costs (\$3.27 to \$4.14 million) than  
284 hospital-based strategies (\$12.20 to \$12.91 million) and *NoIntervention* (\$6.10 million; Table 2;  
285 Figure 2, eTable15). *UniversalPCR/TempHousing* was most costly (\$39.12 million), and  
286 *SxScreen/PCR/ACS* was least costly (\$3.27 million).

287

288 Compared with *SxScreen/PCR/ACS*, *Hybrid/ACS* had 20% fewer cases (985 vs 1,239) at  
289 \$1,000/case prevented (Table 2). *UniversalPCR/TempHousing*, the most clinically effective  
290 strategy, had an incremental cost of \$58,000/case prevented compared to *Hybrid/ACS*. All other  
291 strategies were dominated, or less effective and more costly than another strategy or  
292 combination of strategies (Table 2; Figure 2, eTable15).

293 *Growing epidemic ( $R_e=1.3$ )*

294 With  $R_e=1.3$ , projected cases ranged from 538 (*NoIntervention*) to 95

295 (*UniversalPCR/TempHousing*) (Table 2; Figure 1). All strategies had at least 60% fewer

296 infections than *NoIntervention*. ACS strategies had fewer infections, fewer hospital days, and

297 lower costs than *NoIntervention*, whereas hospital strategies had higher costs than

298 *NoIntervention* (Table 2; Figure 2, eTable15). *SxScreen/PCR/ACS* had 75% fewer infections

299 than *NoIntervention* and the lowest cost. Compared to *SxScreen/PCR/ACS*, *Hybrid/ACS* yielded

300 an additional 6% decrease in infections at \$27,000/case prevented.

301 *UniversalPCR/TempHousing* had the lowest number of infections at \$6,854,000/case prevented

302 (Table 2; Figure 3).

303

304 *Slowing epidemic ( $R_e=0.9$ )*

305 With  $R_e=0.9$ , cumulative infections were fewer than in the other scenarios, ranging from 174

306 (*NoIntervention*) to 71 (*UniversalPCR/TempHousing*) (Table 2; Figure 1). All strategies had at

307 least 46% fewer infections than *NoIntervention*. *SxScreen/PCR/ACS* had 51% fewer infections

308 and 51% lower costs than *NoIntervention*; it was the only strategy that cost less than

309 *NoIntervention* (Table 2; Figure 2, eTable15). Compared to *SxScreen/PCR/ACS*, *Hybrid/ACS*

310 yielded an additional 8% decrease in infections at \$71,000/case prevented (Table 2; Figure 3).

311

## 312 **Sensitivity Analyses**

313 *One-way sensitivity analysis*

314 Across the 3 epidemic scenarios, changes in PCR sensitivity, PCR cost, PCR frequency, and

315 ACS efficacy had the greatest impacts on the incremental cost per case prevented. If PCR

316 sensitivity increased from 70% to 90% with  $R_e=2.6$ , the number of infections with *Hybrid/ACS*

317 decreased from 985 to 668; incremental cost per case prevented was \$100 compared with

318 *SxScreen/PCR/ACS* (eTable2). If PCR cost decreased from \$51 to \$25 in  $R_e=2.6$ , the

319 *Hybrid/ACS* strategy became cost-saving compared with *SxScreen/PCR/ACS* (eTable7).

320 Results for higher PCR costs are also shown in eTable7. If ACS efficacy in preventing  
321 transmissions decreased, total cases increased in all ACS-based strategies, and *Hybrid/ACS*  
322 became relatively less effective compared to *SxScreen/PCR/ACS* (eTable5).

323  
324 With  $R_e=2.6$ , *Hybrid/ACS* with universal PCR testing every 7 rather than every 14 days was  
325 associated with 29% fewer infections (incremental cost of \$1,000/case prevented compared  
326 with testing every 14 days, eTable16). Every 3-day testing had fewer infections, at \$2,000/case  
327 prevented. In other  $R_e$  scenarios, the *Hybrid/ACS* strategy did not result in a cost per case  
328 prevented below \$20,000 compared with *SxScreen/PCR/ACS*, regardless of universal testing  
329 frequency.

330  
331 ACS-based management approaches remained less costly than hospital care unless daily ACS  
332 costs began to approach hospital costs. Although *UniversalPCR/TempHousing* had the lowest  
333 number of cases in all scenarios, with  $R_e=2.6$ , daily costs of temporary housing needed to be  
334  $\leq \$20/\text{day}$  to have an incremental cost per case prevented of  $\leq \$1,000$  compared to *Hybrid/ACS*  
335 (eTable11). In the lower  $R_e$  scenarios, *UniversalPCR/TempHousing* had higher costs per case  
336 prevented.

337  
338 *Two-way sensitivity analysis*

339 In two-way sensitivity analysis there were several combinations where *Hybrid/ACS* was cost-  
340 saving or had an incremental cost per case prevented compared to *SxScreen/PCR/ACS* of  
341 \$1,000-\$3,000 as the sensitivity of PCR increased and PCR cost decreased (eTable12).

342  
343 **DISCUSSION**

344 We developed a microsimulation model to examine the impact of COVID-19 testing and  
345 isolation strategies on infections and health care costs among adults experiencing sheltered  
346 homelessness. Across all epidemic scenarios, daily symptom screening with PCR testing of  
347 screen-positive individuals and ACS-based COVID-19 management was the most efficient  
348 strategy and was cost-saving relative to no intervention.

349  
350 In all cases, strategies employing ACSs for isolation of symptomatic individuals with pending  
351 tests, and for those with confirmed mild or moderate COVID-19, were associated with  
352 substantially decreased costs compared to analogous strategies relying on hospital-based care  
353 while achieving similar clinical outcomes. ACSs are especially useful for managing COVID-19 in  
354 homeless populations since people with mild to moderate illness cannot be effectively isolated  
355 in shelters. With high levels of SARS-CoV-2 infection among people experiencing  
356 homelessness in Boston and other cities,<sup>4-7,33</sup> ACSs could avert many hospitalizations,  
357 preserving beds for severely ill individuals and reducing costs. Boston created several such  
358 ACSs, ranging from 16-bed tents to a 500-bed field unit in a downtown convention center.<sup>34</sup> In  
359 cities with smaller numbers of sheltered homeless adults (eTable14), using existing facilities  
360 (e.g. hotels/motels) as ACSs would avoid the fixed costs of new ACSs and allow for rapid  
361 implementation of care sites for people with mild to moderate COVID-19.

362  
363 In a surging epidemic, adding universal PCR testing every 14 days to daily symptom screening  
364 had clinical benefits at an incremental cost of \$1,000/case prevented. We selected a 2-week  
365 testing interval because this was deemed by BHCHP clinical staff to be realistic and in line with  
366 practice during the study time period; however, reducing the universal testing interval to every 7  
367 days yielded additional benefits at \$1,000/case prevented. In sensitivity analyses, this “hybrid”  
368 approach of daily symptom screening with additional periodic universal PCR testing was less  
369 expensive than daily symptom screening alone when PCR sensitivity increased and PCR cost



370 decreased. In a growing or slowing epidemic, testing beyond daily symptom screening  
371 prevented a small number of new cases at high incremental costs. If PCR turnaround time was  
372 longer than the 1 day we modeled, all strategies would have more cases and higher costs.

373  
374 Temporary housing with universal PCR testing every 2 weeks was the most effective strategy  
375 for reducing COVID-19 in all scenarios but was also the most costly, except in sensitivity  
376 analyses where temporary housing costs were reduced below plausible ranges. However, this  
377 analysis does not account for other potential benefits of temporary housing on physical or  
378 mental health.<sup>35</sup> Ultimately, broader policies around supportive housing measures for people  
379 experiencing homelessness should account for more than COVID-19 mitigation, recognizing  
380 that the COVID-19 pandemic is one of many health risks of homelessness.<sup>36</sup>

381  
382 This study complements the findings of a dynamic transition model of structural interventions for  
383 COVID-19 among people experiencing homelessness in England.<sup>37</sup> In that analysis, single-  
384 room accommodations for people with COVID-19 symptoms and people without symptoms but  
385 at high risk for COVID-19 complications were projected to reduce infections, hospitalizations,  
386 and deaths by 36% to 64%. Our analysis adds to this by examining additional structural  
387 interventions (e.g. ACSs and temporary housing) in a US context, combined with various  
388 COVID-19 diagnostic approaches (e.g. symptom screening, universal PCR testing, and hybrid  
389 strategies), and by adding cost-effectiveness to inform policy and practice.

390  
391 This analysis has limitations. The findings are specific to individual adults; we excluded adults  
392 experiencing homelessness as part of a family, because family shelters more likely provide  
393 private living quarters.<sup>38</sup> We also excluded unsheltered homeless individuals because disease  
394 transmission dynamics and infection control considerations are distinct for this subpopulation.<sup>39</sup>  
395 We assumed homogeneous mixing of sheltered homeless adults; in reality this population is

396 spread over numerous shelters. This homogenous mixing assumption may impact the number  
397 of infections projected by our model, but we expect this impact to be small. In the base case, we  
398 did not assume increased comorbidities among homeless adults compared with the general  
399 population.<sup>40</sup> The analysis is based on the possibility that ACSs and PCR tests can be made  
400 available relatively quickly to homeless adults. This may be difficult in some settings because  
401 those responsible for making ACSs and PCR tests available may not be those responsible for  
402 hospital costs, and record-keeping may be challenging. Finally, we focused this analysis on  
403 Boston, which has a 29.7% higher cost of living than the US average.<sup>41</sup> Costs of temporary  
404 housing may be considerably lower in other cities. In sensitivity analysis, however, results were  
405 robust to even large changes in testing, hospital, and housing costs.

406  
407 In summary, daily symptom screening and use of ACSs for those with pending test results or  
408 mild to moderate COVID-19 was associated with reduced infections and lower costs compared  
409 to no intervention. In a surging epidemic, adding universal PCR testing every 2 weeks was  
410 associated with further reduction in infections at a reasonable cost. Routine symptom screening,  
411 implementation of ACSs, and selective use of universal PCR testing should be implemented for  
412 sheltered homeless populations in the US.

413

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419  
420 KAF and TPB had full access to all the data in the study and take responsibility for the integrity  
421 of the data and the accuracy of the data analysis.

422

423 **AUTHOR ROLES**

424 All authors contributed substantively to this manuscript in the following ways: study and model  
425 design (all authors), data analysis (MHL, FMS, EL), interpretation of results (all authors),  
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427 approval of submitted version (all authors).

428

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606

607 **Table 1.** Input parameters for an analysis of management strategies for people experiencing sheltered homelessness during the  
 608 COVID-19 pandemic.  
 609

Parameter	Value				Source
<b>Cohort characteristics</b>					
Cohort size	2,258				2
Age distribution, %*					BHCHP
18-59y	82.9				
>60y	17.1				
<b>Natural history</b>					
Probability of COVID-19 severity, <sup>a</sup> stratified by age	Asymptomatic infection	Mild/moderate illness	Severe illness	Critical illness	Derived from <sup>42–</sup> 45
18-59y	0.262	0.719	0.012	0.007	
>60y	0.180	0.788	0.001	0.031	
Duration of illness state among hospitalized patients, stratified by COVID-19 severity, mean, days <sup>b</sup>	Asymptomatic infection	Mild/moderate illness	Severe illness	Critical illness	Derived from 20,25–27
Pre-infectious latent to asymptomatic state	2.6	2.6	2.6	2.6	
Asymptomatic to mild/moderate state	NA	2.0	2.0	2.0	
Mild/moderate to severe state	NA	NA	6.5	3.0	
Severe to critical illness state	NA	NA	10.5	7.1	
Critical illness to recuperation state	NA	NA	NA	11.9	
Duration of illness state among non- hospitalized patients, stratified by COVID-19 severity, mean, days <sup>b</sup>	Asymptomatic infection	Mild/moderate illness	Severe illness	Critical illness	Derived from 20,25–27
Pre-infectious latent to asymptomatic state	2.6	2.6	2.6	2.6	
Asymptomatic to mild/moderate state	NA	2.0	2.0	2.0	
Mild/moderate to severe state	NA	NA	6.5	3.0	
Severe to critical illness state	NA	NA	NA	6.5	
Duration of viral shedding, stratified by COVID- 19 severity, mean, days <sup>b</sup>	Asymptomatic infection	Mild/moderate illness	Severe illness	Critical illness	19–21
	9.5	12	19	24	

610

611

612 **Table 1 continued.** Input parameters for an analysis of management strategies for people experiencing sheltered homelessness  
 613 during the COVID-19 pandemic.  
 614

Parameter	Value		Source
<b>Natural history, continued</b>			
Daily probability of mortality in the critical state, stratified by age	18-59y	>60y	
Hospital care	0.004	0.050	Derived from 18,19
No hospital care	0.166	0.203	Derived from 42,46,47
Daily probability of onward transmission, stratified by disease state			
Asymptomatic state	0.2394		Derived from 19-22
Mild/moderate state	0.1948		
Severe state	0.0135		
Critical state	0.0107		
Recuperation state	0.0135		
Persons with other respiratory illnesses exhibiting mild/moderate COVID-like symptoms, daily, %	0.01		15-17
Duration of mild/moderate COVID-like symptoms, mean, days	5		Assumed
<b>Intervention</b>			
Reduction in transmission rates, <sup>c</sup> %			
ACS for people with pending PCR test results	80		Assumed
ACS for people with confirmed COVID-19	100		Assumed
Temporary housing	60		Assumed
Hospitalization	100		Assumed
Intervention cost, 2020 USD	Daily cost		Total daily cost
	Materials	Personnel	
ACS	79	225	304
Temporary housing*	85	56	141
Hospital (non-ICU) bed*	NA	NA	1,641
ICU bed	NA	NA	2,683
			BHCHP
			BHCHP
			Derived from 30-32

615

616 **Table 1 continued.** Input parameters for an analysis of management strategies for people experiencing sheltered homelessness  
 617 during the COVID-19 pandemic.  
 618

Parameter	Value	Source
<b>Testing</b>		
Symptom screen		
Sensitivity, stratified by disease state, %		
Pre-infectious latent	0	Assumed
Asymptomatic state	0	Assumed
Mild/moderate state <sup>d</sup>	62	Derived from <sup>4</sup> , Assumed
Severe state	100	Assumed
Critical state	100	Assumed
Result return delay, days	0	Assumed
Unit cost, 2020 USD	0	Assumed
PCR, nasopharyngeal specimen		
Sensitivity, stratified by disease state, %		
Pre-infectious latent	0	Assumed
Asymptomatic state	70	Assumed
Mild/moderate state	70	<sup>23,24</sup>
Severe state	100	Assumed
Critical state	100	Assumed
Specificity, %	100	Assumed
Result return delay, days	1	Assumed
Unit cost, 2020 USD	51	<sup>29</sup>

619 Abbreviations: ACS, alternate care sites; BHCHP, Boston Health Care for the Homeless Program; COVID-19, coronavirus disease  
 620 2019; ICU, intensive care unit; mod., moderate; NA, not applicable; PCR, polymerase chain reaction; SARS-CoV-2, severe acute  
 621 respiratory syndrome coronavirus 2; USD, United States dollars.; y, years.  
 622

623 <sup>a</sup> Severity probability refers to the likelihood that an individual, once infected with SARS-CoV-2, will eventually progress to the  
 624 specified severity of COVID-19 disease.

625 <sup>b</sup> Durations of illness state and of viral shedding were derived from model inputs of transition probabilities. See eTable1 for more  
 626 details.

627 <sup>c</sup> In ACSs for people with pending PCR test results, there are people without COVID-19 who are susceptible to infection.

628 Transmission in ACSs for people with pending PCR test results is thus not completely reduced. In ACSs for people with confirmed  
 629 COVID-19, we assumed complete reduction in transmission among sheltered homeless people and did not examine SARS-CoV-2

630 transmission to healthcare workers. Temporary housing is a less medicalized setting compared to hospitals and ACSs and was  
631 assumed to have a lower reduction in SARS-CoV-2 transmission rates.

632 <sup>d</sup> The sensitivity of symptom screening for identifying individuals with mild to moderate COVID-19 was derived from an unpublished  
633 reanalysis of data from SARS-CoV-2 testing at a single large shelter in Boston, MA.<sup>4</sup> Among COVID-positive individuals presenting  
634 with mild to moderate symptoms at time of testing, 83% (15/18) would have been identified using symptom screening instrument  
635 concordant with CDC guidelines.<sup>14</sup> To account for the underreporting of symptoms among shelter residents due to stigma and/or fear  
636 of losing shelter accommodations, we estimated that only 75% of those with mild to moderate COVID-19 would report their  
637 symptoms. Thus, we estimated that the symptom screen would identify 62% ( $0.83 \times 0.75$ ) shelter residents with mild to moderate  
638 COVID-19.

639 \*Data on cohort characteristics and costs of alternative care sites and temporary housing were derived from unpublished data from  
640 the Boston Health Care for the Homeless Program.

641 **Table 2.** Results of an analysis of management strategies for people experiencing sheltered homelessness during the COVID-19  
 642 pandemic at 4 months (n=2,258).  
 643

Strategy	Cumulative infections, n	Reduction in cases, <sup>a</sup> %	Peak daily hospital bed use, n	Total hospital days, n	Total cost, <sup>b</sup> 2020 USD	Cost compared with <i>NoIntervention</i> , <sup>b</sup> 2020 USD	Incr. cost per case prevented, <sup>b, c</sup> 2020 USD
<b>Effective reproduction number (<math>R_e</math>) = 2.6</b>							
<i>SxScreen/PCR/ACS</i>	1,239	36.6	5	394	3,267,000	- 2,831,000	NA
<i>Hybrid/ACS</i>	985	49.6	4	305	3,628,000	- 2,470,000	1,000
<i>UniversalPCR/ACS</i>	1,681	14.0	9	569	4,143,000	- 1,955,000	Dominated
<i>NoIntervention</i>	1,954	NA	64	3,567	6,098,000	NA	Dominated
<i>Hybrid/Hospital</i>	967	50.5	80	6,796	12,202,000	+ 6,104,000	Dominated
<i>SxScreen/PCR/Hospital</i>	1,133	42.0	93	7,656	12,620,000	+ 6,522,000	Dominated
<i>UniversalPCR/Hospital</i>	1,679	14.1	112	7,165	12,914,000	+ 6,816,000	Dominated
<i>UniversalPCR/TempHousing</i>	376	80.8	1	121	39,119,000	+ 33,021,000	58,000
<b>Effective reproduction number (<math>R_e</math>) = 1.3</b>							
<i>SxScreen/PCR/ACS</i>	137	74.5	1	48	409,000	- 1,052,000	NA
<i>Hybrid/ACS</i>	103	80.8	1	69	1,325,000	- 136,000	27,000
<i>UniversalPCR/ACS</i>	207	61.5	1	34	1,426,000	- 35,000	Dominated
<i>NoIntervention</i>	538	NA	9	867	1,461,000	NA	Dominated
<i>SxScreen/PCR/Hospital</i>	125	76.7	22	966	1,604,000	+ 143,000	Dominated
<i>Hybrid/Hospital</i>	100	81.4	23	815	2,368,000	+ 907,000	382,000
<i>UniversalPCR/Hospital</i>	207	61.4	19	977	2,631,000	+ 1,170,000	Dominated
<i>UniversalPCR/TempHousing</i>	95	82.3	1	39	38,974,000	+ 37,513,000	6,854,000

644



645 **Table 2 continued.** Results of an analysis of management strategies for people experiencing sheltered homelessness during the  
 646 COVID-19 pandemic at 4 months (n=2,258).  
 647

Strategy	Cumulative infections, n	Reduction in cases, <sup>a</sup> %	Peak daily hospital bed use, n	Total hospital days, n	Total cost, <sup>b</sup> 2020 USD	Cost compared with <i>NoIntervention</i> , <sup>b</sup> 2020 USD	Incr. cost per case prevented, <sup>b, c</sup> 2020 USD
<b>Effective reproduction number (<math>R_e</math>) = 0.9</b>							
<i>SxScreen/PCR/ACS</i>	85	51.2	1	30	264,000	- 276,000	NA
<i>NoIntervention</i>	174	0.0	5	318	540,000	NA	Dominated
<i>SxScreen/PCR/Hospital</i>	82	53.2	20	669	1,113,000	+ 573,000	Dominated
<i>UniversalPCR/ACS</i>	94	45.7	1	31	1,226,000	+ 686,000	Dominated
<i>Hybrid/ACS</i>	71	59.1	1	25	1,240,000	+ 700,000	71,000
<i>UniversalPCR/Hospital</i>	95	45.5	19	534	1,901,000	+ 1,361,000	Dominated
<i>Hybrid/Hospital</i>	71	59.4	22	595	2,004,000	+ 1,464,000	Dominated
<i>UniversalPCR/TempHousing</i>	71	59.2	1	29	38,954,000	+ 38,414,000	Dominated

648 Abbreviations: ACS, alternate care site; COVID-19, coronavirus disease 2019; Dominated, less clinically effective and more costly  
 649 than an alternative strategy, or a combination of two alternative strategies;<sup>48</sup> Incr., incremental; NA, not applicable; *PCR*, polymerase  
 650 chain reaction; *UniversalPCR*, universal polymerase chain reaction test for everyone; USD, United States dollars; *SxScreen*,  
 651 symptom screen; *TempHousing*, temporary housing.

652  
 653 <sup>a</sup> Reduction in cases are calculated by dividing the number of cases prevented with the use of an alternative strategy by the number  
 654 of cumulative cases for *NoIntervention*.

655 <sup>b</sup> All costs are rounded to the nearest thousands.

656 <sup>c</sup> Incremental costs per case prevented are calculated by dividing the difference in total costs by the difference in cumulative  
 657 infections compared to the next most expensive strategy. All strategies are listed in order of ascending total costs, per convention of  
 658 cost-effectiveness analysis.

659  
 660 Using 9.50 years of life lost per COVID-19 death from the model, and a mean age-stratified utility of 0.85 for the modeled  
 661 population,<sup>42,49-51</sup> a cost per case prevented of \$1,000 is equivalent to an incremental cost-effectiveness ratio (ICER) of  
 662 \$61,000/quality-adjusted life year (QALY) gained. A ratio of \$27,000/case prevented is equivalent to \$1,728,000/QALY gained. Any  
 663 higher cost per case prevented has an even higher ICER.

664 **LEGENDS TO FIGURES**

665 **Figure 1.** Cumulative infections by management strategy for people experiencing sheltered  
666 homelessness in Boston during the COVID-19 pandemic over a 4-month period.

667  
668 These panels depict the projected number of cumulative infections over time by management  
669 strategy. Panels A, B, and C show model results for  $R_e$  of 2.6, 1.3, and 0.9, respectively. In each  
670 panel, time 0 on the horizontal axis represents the start of model simulation, with SARS-CoV-2  
671 infection prevalence of 2.2%. *UniversalPCR/Hospital* and *UniversalPCR/ACS* are overlapping  
672 lines since they differ only in costs; they are shown separately for clarity. The same is true for  
673 *Hybrid/Hospital* and *Hybrid/ACS*. The insets in Panels B and C magnify the vertical axis for  
674 clarity. See Methods for strategy definitions.

675  
676 Abbreviations: ACS, alternate care site; COVID-19, coronavirus disease 2019; *PCR*,  
677 polymerase chain reaction; *UniversalPCR*, universal polymerase chain reaction test for  
678 everyone; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2; *SxScreen*, symptom  
679 screen; *TempHousing*, temporary housing.

680  
681 **Figure 2.** Health care sector costs of implementing different management strategies for people  
682 experiencing sheltered homelessness in Boston during the COVID-19 pandemic over a 4-month  
683 period.

684  
685 These panels show the total and component COVID-19-related health care costs, from a health  
686 care sector perspective, associated with different intervention strategies when applied to the  
687 adult sheltered homeless population in Boston. Panels A, B, and C show model results for  $R_e$  of  
688 2.6, 1.3, and 0.9, respectively. Costs are derived from model-generated results and are  
689 undiscounted. See Methods for strategy definitions.

690 Abbreviations: ACS, alternate care site; COVID-19, coronavirus disease 2019; ICU, intensive  
691 care unit; M, millions; *PCR*, polymerase chain reaction; *UniversalPCR*, universal polymerase  
692 chain reaction test for everyone; USD, United States dollars; *SxScreen*, symptom screen;  
693 *TempHousing*, temporary housing.

694

695 **Figure 3.** Infections averted and costs of management strategies for people experiencing  
696 sheltered homelessness in Boston during the COVID-19 pandemic over a 4-month period.

697

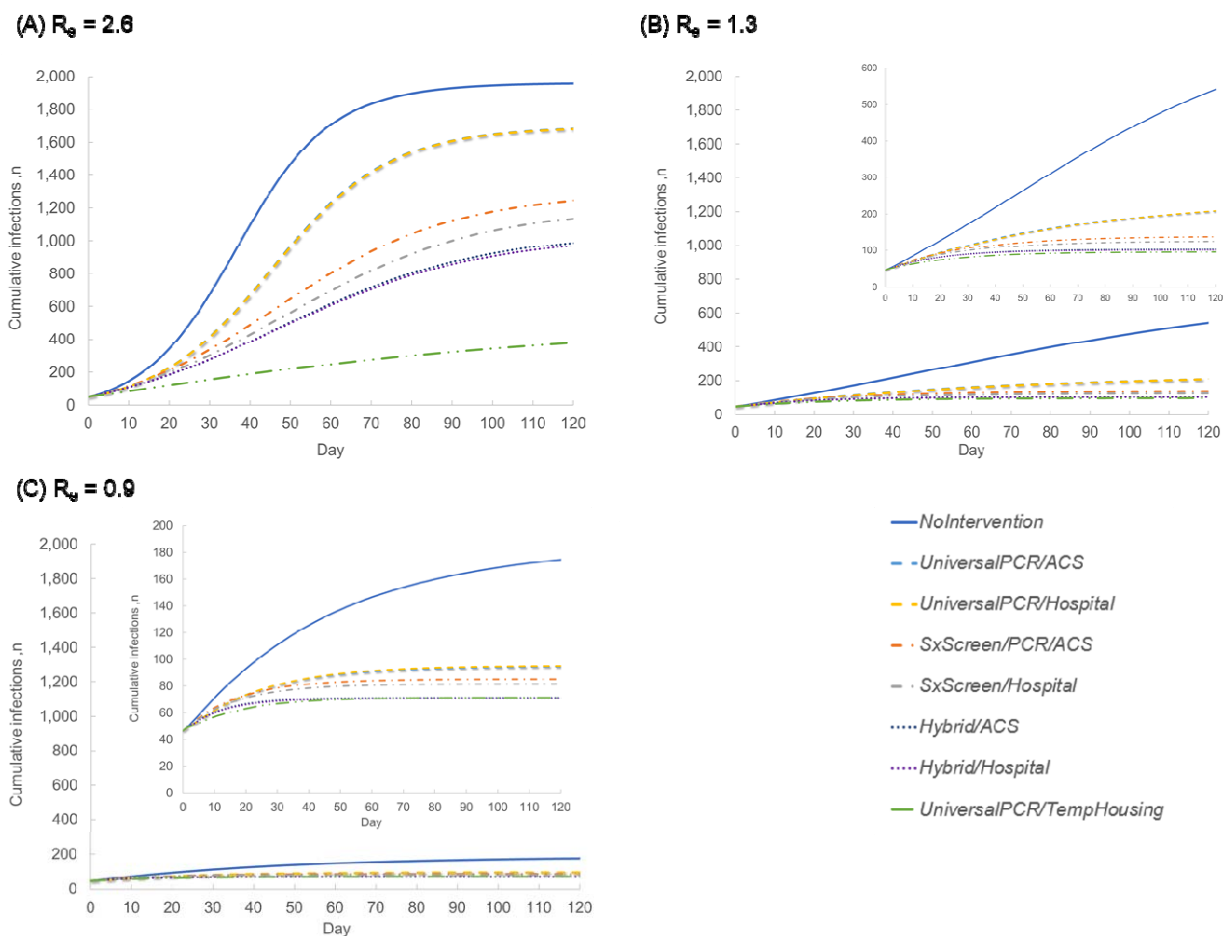
698 Panels A, B, and C show model results for  $R_e$  of 2.6, 1.3, and 0.9, respectively. The circle  
699 markers represent *NoIntervention* and all strategies with universal PCR testing, which include  
700 *UniversalPCR/Hospital*, and *UniversalPCR/TempHousing*. The square markers represent  
701 strategies that are based on symptom screening, *SxScreen/PCR/Hospital* and  
702 *SxScreen/PCR/ACS*. The triangle markers represent strategies that use a combination of  
703 symptom screening and universal PCR testing, including *Hybrid/Hospital* and *Hybrid/ACS*.  
704 Additionally, the inside shading of the markers indicates the presence of ACSs for the isolation  
705 of individuals with symptoms or a positive test result. The dashed line represents the efficient  
706 frontier; strategies below this line are dominated; less clinically effective and more costly, or with  
707 a higher incremental cost per case prevented than an alternative strategy or combination of  
708 strategies. Costs are from model-generated results and are undiscounted. Results for the  
709 *UniversalPCR/TempHousing* strategy are not shown for  $R_e$  of 1.3 and 0.9. In addition to all base  
710 case strategies, Panel A shows the *Hybrid/ACS* strategy with PCR testing every 7 days. See  
711 Methods for strategy definitions.

712

713 Abbreviations: ACS, alternate care site; COVID-19, coronavirus disease 2019; *PCR*,  
714 polymerase chain reaction; *UniversalPCR*, universal polymerase chain reaction test for

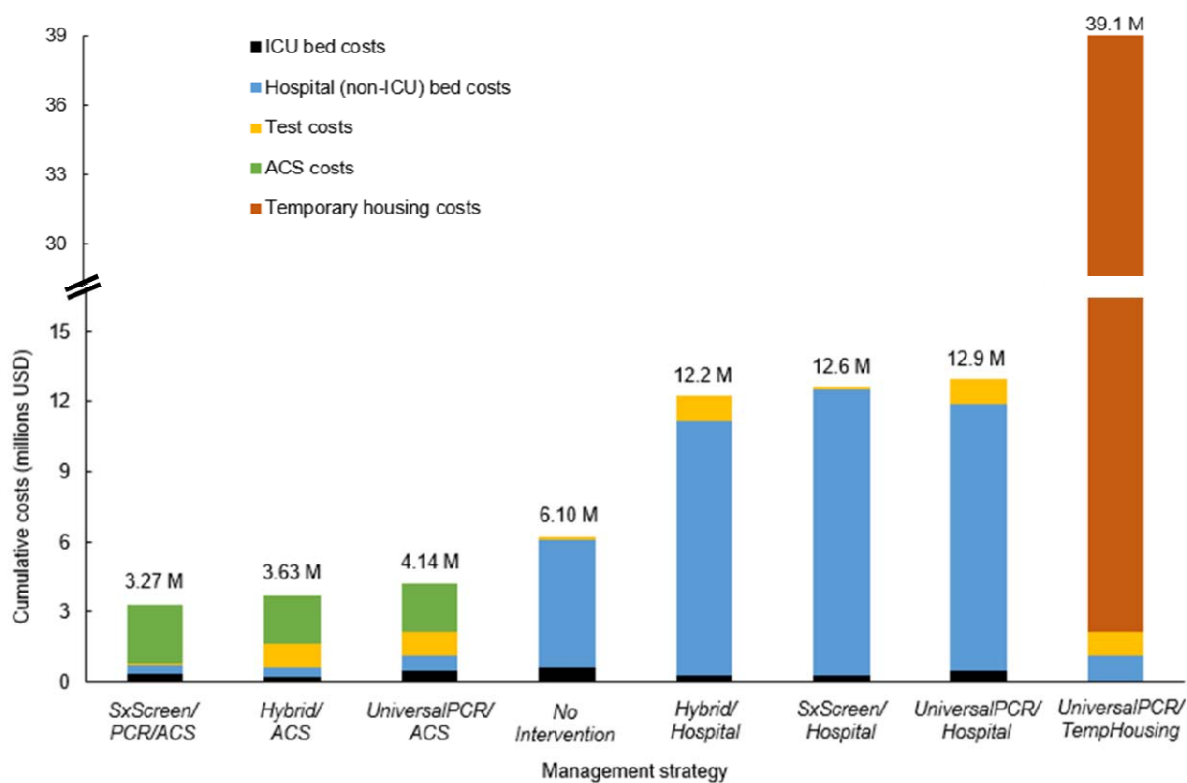
715 everyone; USD, United States dollars; *SxScreen*, symptom screen; *TempHousing*, temporary  
716 housing.

717 **Figure 1.**



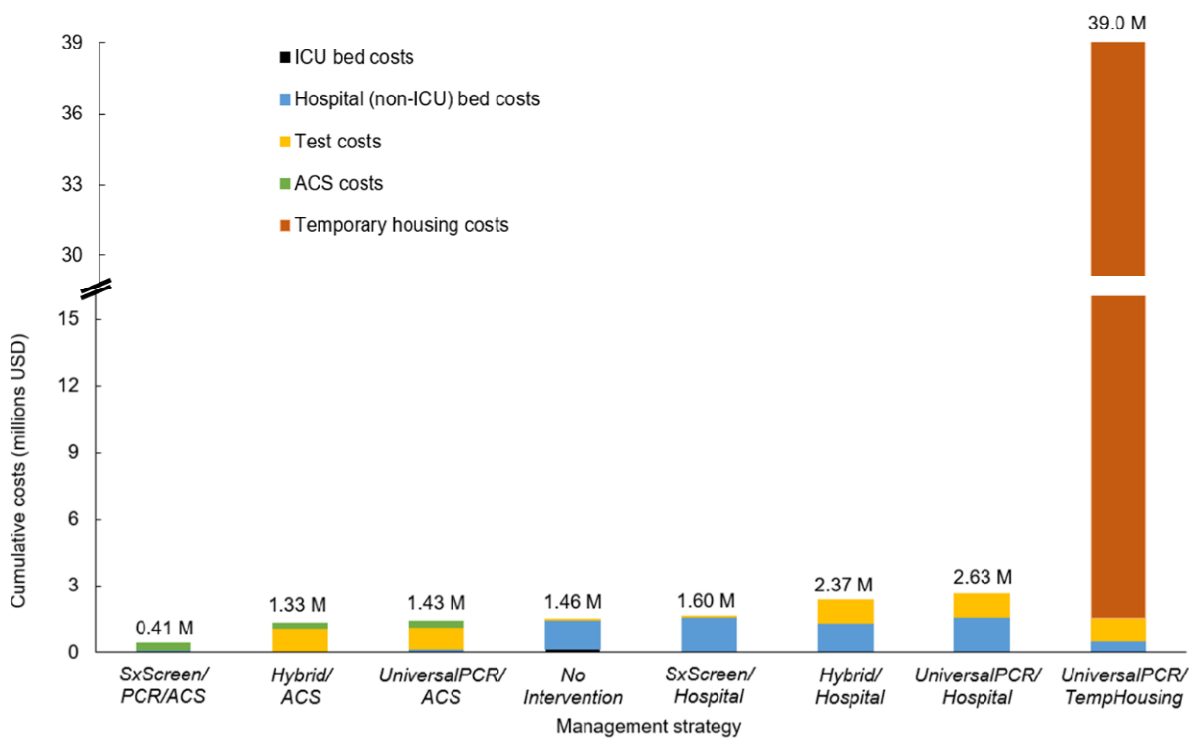
718

719 **Figure 2.**  
720  
721 (A)  $R_e=2.6$



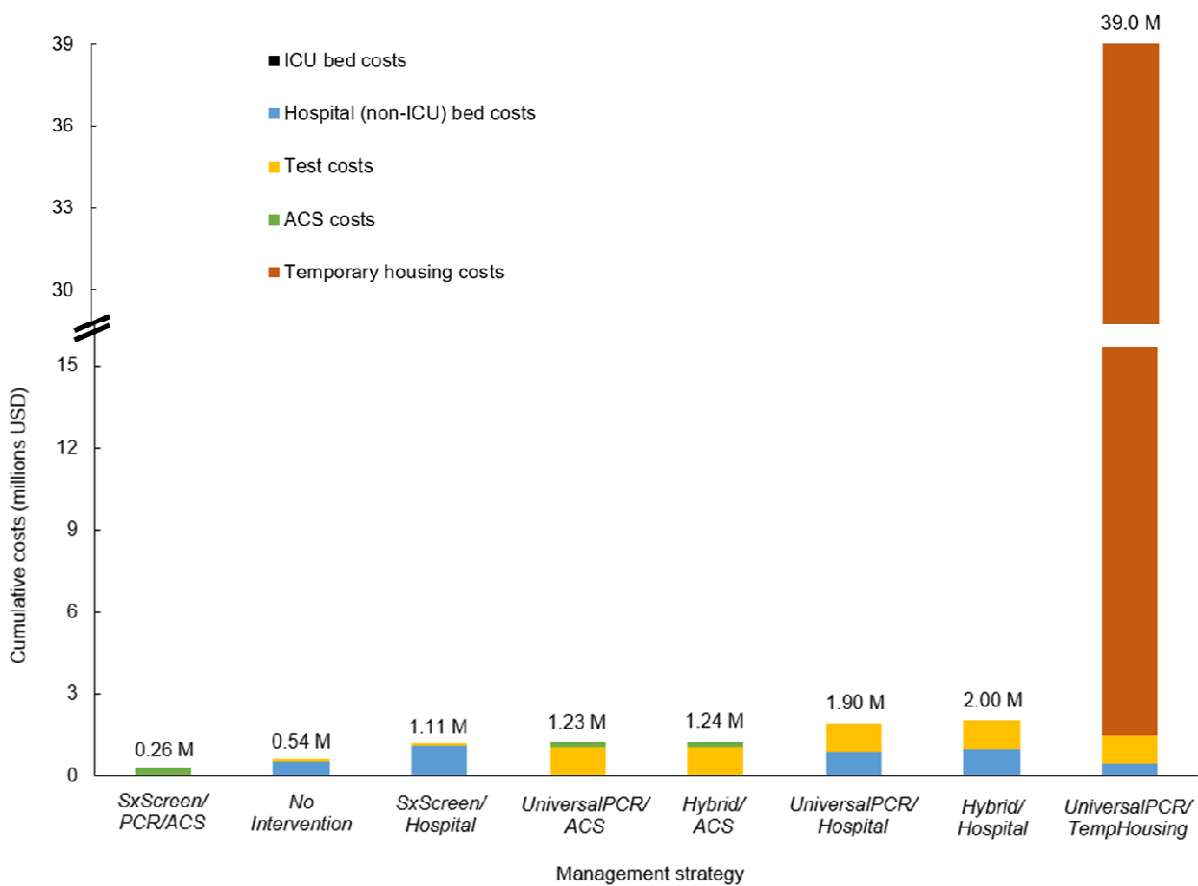
722  
723

724 (B)  $R_e=1.3$



725  
726

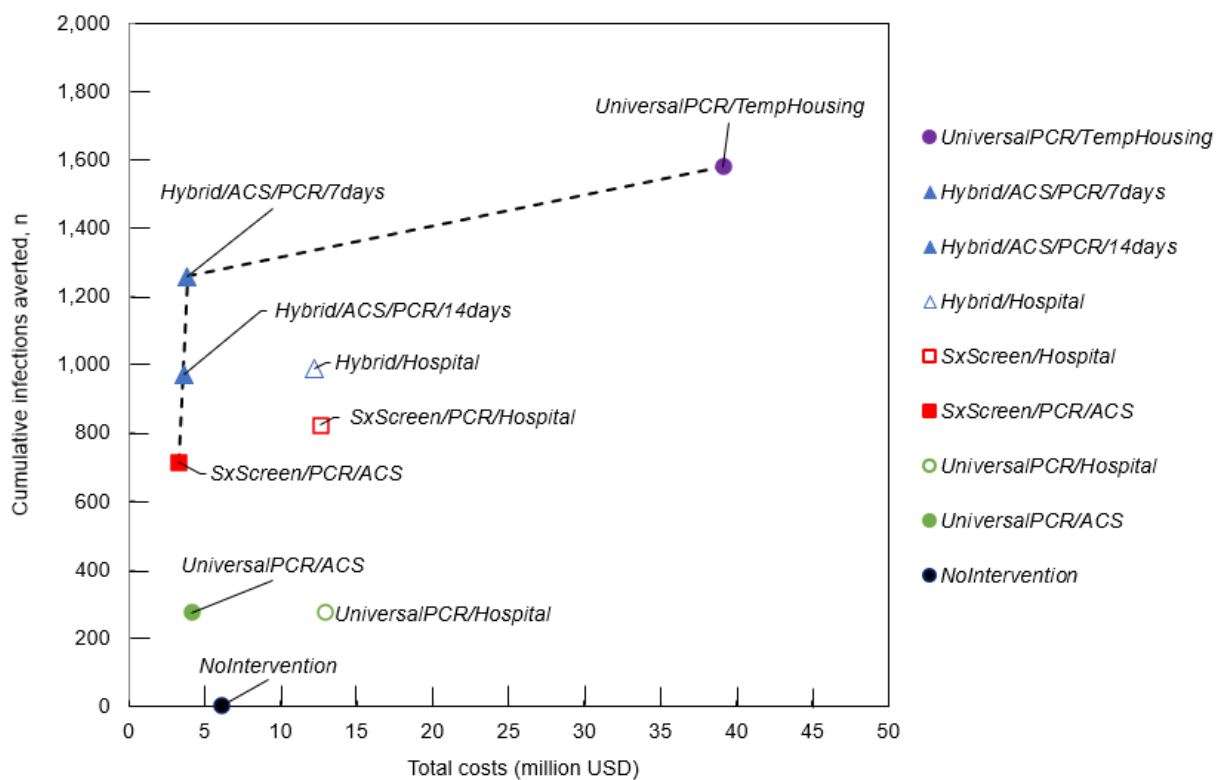
727 (C)  $R_e=0.9$



728  
729

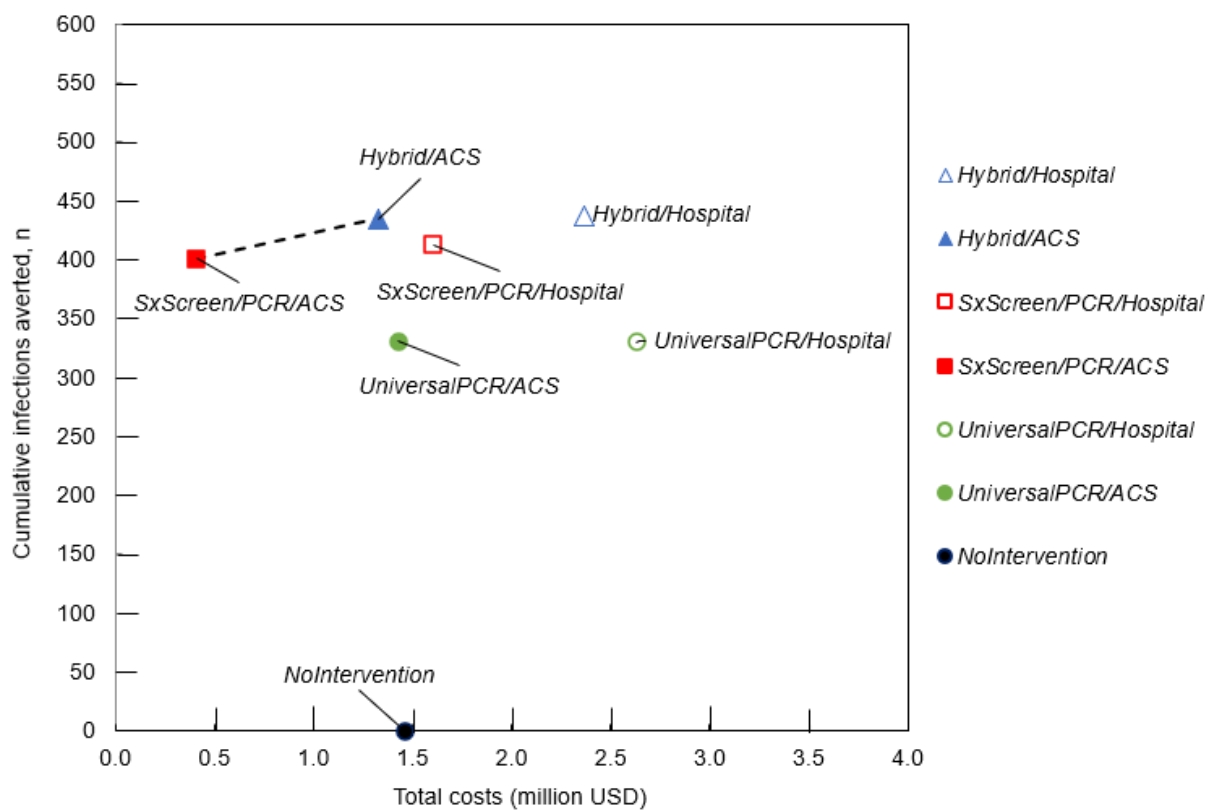


730 **Figure 3.**  
731  
732 (A)  $R_e=2.6$



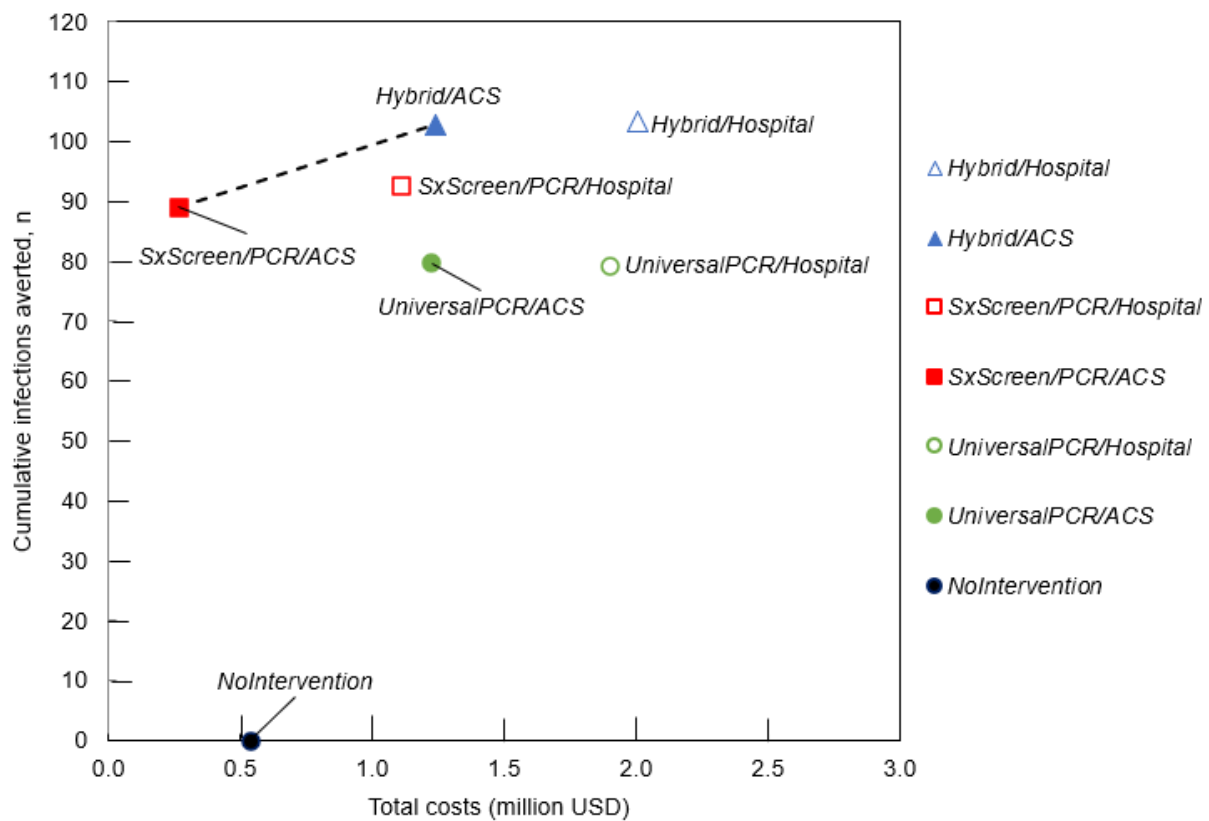
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734 (B)  $R_e=1.3$



735

736 (C)  $R_e=0.9$



737