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Metastasectomy versus radiation of secondary sites in stage IV breast cancer: Analysis from a national cancer registry



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ABSTRACT

Purpose: Locoregional therapy at primary or secondary sites in breast cancer may be associated with improved survival as compared to systemic therapy alone. We explored the sociodemographic and clinicopathologic factors associated with the use of radiation versus surgical resection of metastatic sites (metastasectomy) in patients with *de novo* stage IV breast cancer, followed by the associated overall survival.

Methods: We sampled the National Cancer Database for patients with *de novo* stage IV breast cancer, (2010-2017) and described cohort's characteristics using univariate analyses. We identified 5 subgroups based on malignant site involvement: **1.** Bone only, **2.** Brain only, **3.** Liver only, **4.** Lung only, and **5.** Metastasis involving >1 site. Kaplan-Meier modeling with log-rank testing and multivariate Cox Regression analysis were used to explore differences in overall survival between those that received radiation at secondary sites and those that underwent metastasectomy.

Results: N = 22,749patients were included in this analysis. Radiation (81.2%) was used more commonly than metastasectomy (28.8%). Metastasectomy was associated with better median overall survival across all 5 cohorts (p < .001), with the survival benefit being the most pronounced with lung only (OS: 56.9 months; HR 0.8, 95% CI 0.7–0.9, p = .032), or liver only (OS: 41.6 months; HR: 0.9; 95% CI: 0.7–1.1, p < .001) metastasis.

Conclusion: Metastasectomy in patients with *de novo* stage IV breast cancer may be associated with improved overall survival as compared to radiation of secondary lesions, particularly in those with only liver or lung involvement. Prospective randomized controlled trials investigating surgical resection of metastatic sites in patients with breast cancer are warranted.

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1. Introduction

Breast cancer (BC) remains the most commonly diagnosed

cancer in women. At diagnosis, 6% of patients with BC will already have distant organ metastasis [1]; referred to as *de novo* stage IV BC. Patients with *de novo* stage IV have an estimated 5-year overall survival (OS) rate of 27% [2]. The mainstay of treatment for metastatic BC remains systemic therapy, with the goal of palliating symptoms. In metastatic breast cancer, surgical resection may be used for palliative purposes [3]. While mounting evidence suggests that locoregional treatment (LRT), including radiation or surgical resection of the primary tumor, may be associated with improved survival, both in large registry analysis [4] and prospective trials [5], this has yet to be corroborated consistently [6,7]. Thus far, however,

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these studies have focused primarily on the impact of lumpectomy or mastectomy alone of primary lesions only, and did not explore the surgical resection of secondary BC lesions.

Targeting a secondary metastatic site is an important therapeutic consideration in metastatic BC. We previously showed that a combined approach involving resection of primary and secondary sites (i.e. 'metastasectomy') in patients with limited metastasis was associated with improved OS in stage IV BC [8]. We also showed that metastasectomy alone, without primary site surgical resection, was associated with improved OS compared to no surgery [9]. Retrospective and single-arm prospective studies have investigated the survival benefit of locoregional therapy in lung [10–12], prostate [13], and colorectal cancer [14]. No study to this date has compared the benefit associated with different LRT approaches for secondary BC lesions.

In this study, we sought to first explore the sociodemographic and clinicopathologic factors associated with the use of metastasectomy versus radiation of secondary sites in patients with *de novo* stage IV BC. Thereafter, we investigated whether radiation therapy or metastasectomy was associated with improved overall survival (OS).

2. Patients and methods

2.1. Patient data

We sampled the National Cancer Database (NCDB) for patients with *de novo* stage IV BC, diagnosed between 2010 and 2017. Access to the NCDB was achieved based on a Participant User File (PUF) award granted to the principal investigator (Z.N). The NCDB is a large deidentified national database in the United States, jointly supported by the American College of Surgeons (ACS) and the Commission on Cancer. It encompasses an estimated 70% of all cancer diagnoses from more than 1500 institutions nationwide [15].

2.2. Statistical analysis

Data were analyzed by using version 27.0 of the Statistical Package for the Social Sciences (SPSS) software (IBM, Version 23.0. Armonk, NY: IBM Corp). Bivariate analysis with chi-squared statistics was performed to compare patient sociodemographic (including age, sex, race, etc.) and clinicopathologic characteristics (such as receptor status, Charlson/Deyo comorbidity scoring, etc.) between two patient groups, based on the LRT approach adopted. We then performed a multivariate regression model to identify the most important factors associated with the choice of LRT at the secondary site.

We identified 5 cohorts of patients by the site of metastatic involvement: **1.** Bone only, **2.** Brain only, **3.** Liver only, **4.** Lung only, and **5.** Metastasis involving >1 site. For each cohort, we used Kaplan-Meier (KM) models and log-rank testing to explore differences in OS by the approach of LRT used for secondary sites (radiation vs. metastasectomy). We adjusted KM models according to identified potential confounders. Multivariate Cox regression for OS was also performed for each cohort to ensure that the LRT approach was significantly independent of other potential confounders documented by the NCDB, including patient age, race, breast cancer receptor subtype, and Charlson/Deyo comorbidity scoring.

3. Results

3.1. Patient characteristics

A total of n = 22,749 patients with *de novo* stage IV BC were included in this analysis. These cases were included due to the availability of data on LRT approaches at secondary sites

(radiotherapy vs. metastasectomy), as well as and survival. Most patients had metastasis involving more than 1 site (63.1%). In patients with secondary involvement to only one site, bone involvement was most common (31.6%), followed by brain involvement (2.9%), lung involvement (1.3%), and liver involvement (1.1%).

Interestingly, amongst patient characteristics, race did not play a statistically significant role in the choice of LRT modality (p = .059). Focusing on disease characteristics, breast cancer subtype per receptor status was not a significant predictor of LRT approach, as all breast cancer subtypes had similar rates of likelihood of meta-stasectomy: 17.1% for the HR+/HER2+ BC subtype, 19.4% for the HR+/HER2- BC subtype, for 17.8% for the HR-/HER2+ BC subtype and 18.4% for the HR-/HER2- BC subtype (p = .084). Similarly, tumor grade did not significantly predict the LRT modality adopted with metastasectomy rates of 17.8% for Grade I, 15.6% for Grade II and 16.7% for Grade III (p = .064).

Overall, radiation therapy (n = 18,469, 81.2%) was used more commonly to target secondary sites LRT when compared to meta-stasectomy (n = 4,280, 18.8%) (Table 1).

3.2. Use of either radiation or metastasectomy at secondary sites

Patient profile and clinical characteristics were significantly associated with different LRT approaches targeting secondary BC lesions. 1. Metastatic site involvement: Compared to patients with bone metastasis only, patients with liver only (OR 7.8; 95% CI 6.0–10.2, p < .001) or lung only (OR 12.9, 95% CI 9.9–16.7, p < .001) were more likely to receive metastasectomy.2. Age: Patients aged 50-70 (OR 0.8, 95% CI 0.7-0.9, p < .001) were less likely to receive metastasectomy as compared to patients <50 years old, while patients >70 years old (OR 0.7, 95% CI 0.6-0.8, p < .001) were the least likely to receive metastasectomy 3. Insurance status: Patients with private insurance were the most likely to receive metastasectomy (OR 1.6, 95% CI 1.3–1.9, p < .001), followed by patients on Medicaid (OR 1.4, 95% CI 1.2–1.7, p < .001), compared to uninsured patients. 4. Facility-type Community Cancer Programs (CP) were the least likely to use metastasectomy for the treatment of secondary cancer lesions in their patients overall P < .001). Academic/Research CP were the most likely (OR 2.4, 95% CI2.1–2.7, p < .001) to use metastasectomy in their patients, followed by Integrated Network CP (OR 1.6, 95% CI 1.4–1.9, p < .001) and Comprehensive community CP (OR 1.3, 95% CI 1.2–1.6, p < .001) **5.** Charlson/Deyo comorbidity score was also significantly associated with the LRT treatment approach at secondary sites (p < .001). Increase in comorbidity score was associated with increased likelihood of metastasectomy as opposed to radiation when the score was 1 (OR: 1.2; 95% CI: 1.1–1.3, p < .001) or 2 (OR: 1.5, 95% CI: 1.3–1.8, p < .001), but not when it was 3 or above (OR: 1.2, 95% CI: 0.9–1.5, p = .218) (Table 1).

Race, BC receptor status, and tumor grade were not significantly associated with differences in the LRT approach for secondary BC lesions (Table 1).

3.3. Survival analysis

Multivariate Cox regression modeling (Table 2) was conducted to evaluate for differences in overall survival by treatment approach used for secondary sites, controlling for known predictors of survival documented by the NCDB. Survival curves were also constructed using the Kaplan-Meier method with log-rank testing on the 5 subgroups of analysis (i.e. patients with only bone involvement, brain involvement, liver involvement, lung involvement, or involvement of multiple sites) (Fig. 1 and Fig. 2). A summary of KM statistics can be found in Table 3. Of potential confounders, age was significantly different in patients with bone metastasis only receiving radiation versus metastasectomy, so KM modeling

Table 1

Sociodemographic and clinical characteristics associated with the use of surgical resection at secondary sites over radiation in patients with *de novo* stage IV breast cancer.

Variable N (%)	LRT	Chi-square <i>p</i> -value	Multiple logistic regression		
	Radiation therapy $N = 18,469$ (81.2%)	Metastasectomy $N = 4280 (18.2\%)$		OR (95% CI)	p-value
Metastatic site involvement					<.001
Bone	6057 (84.3)	1124 (15.7)	<.001	1	
Brain	490 (73.6)	176 (26.4)		1.9 (1.6-2.3)	<.001
Liver	100 (39.2)	155 (60.8)		7.8 (6.0-10.2)	<.001
Lung	87 (29.7)	206 (70.3)		12.9 (9.9-16.7)	<.001
More than 1 site	11,735 (81.8)	2619 (18.2)		1.2 (1.1-1.3)	<.001
Age				. ,	<.001
< 50	3635 (78.4)	1000 (21.6)	<.001	1	
50-70	10,507 (81.1)	2443 (18.9)		0.8 (0.7-0.9)	<.001
> 70	4327 (83.8)	837 (16.2)		0.7 (0.6–0.8)	<.001
Race					
White	14,797 (81.0)	3462 (19.0)	.059	_	_
Black	2890 (82.5)	613 (17.5)	.000	_	_
Asian	400 (78.1)	112 (29.2)		_	_
Other	182 (80.5)	44 (19.5)		_	_
Insurance Status	102 (00.5)	11 (15.5)			<.001
Not insured	1089 (85.3)	188 (14.7)	<.001	1	
Private Insurance	7610 (78.8)	2052 (21.2)	<.001	1.6(1.3-1.9)	<.001
Medicare	2592 (83.1)	527 (16.9)		1.0(1.3-1.9) 1.2(1.0-1.4)	<.001 .087
Medicaid	6849 (82.4)	1459 (17.6)		1.2(1.0-1.4) 1.4(1.2-1.7)	.087 < .001
Facility Type	0849 (82.4)	1459 (17.6)		1.4(1.2-1.7)	<.001 <.001
Community CP	1021 (88.0)	264 (12.0)	<.001	1	<.001
5	1931 (88.0)	264 (12.0)	<.001	-	001
Comprehensive Community CP	7389 (84.4)	1363 (15.6)		1.3 (1.2–1.6)	<.001
Academic/Research CP	5490 (75.4)	1795 (24.6)		2.4 (2.1–2.7)	<.001
Integrated Network CP	2530 (81.8)	562 (18.2)		1.6 (1.4–1.9)	<.001
Charlson/Deyo Comorbidity Score					<.001
0	15,210 (81.7)	3385 (18.3)	<.001	1	
1	2381 (79.5)	615 (20.5)		1.2 (1.1–1.3)	<.001
2	675 (76.3)	210 (23.7)		1.5 (1.3–1.8)	<.001
3	293 (80.7)	70 (19.3)		1.2 (0.9–1.5)	.218
Receptor Status					
HR+/HER2+	1799 (82.9)	372 (17.1)	.084	-	-
HR+/HER2-	7207 (80.6)	1730 (19.4)		-	_
HR-/HER2+	796 (82.2)	172 (17.8)		-	-
HR-/HER2-	1333 (81.6)	300 (18.4)		-	-
Grade					
Ι	1114 (82.2)	242 (17.8)	.064	-	-
II	6097 (84.4)	1129 (15.6)		-	-
III	6121 (83.3)	1224 (16.7%)		-	_

CP = Cancer Program.

controlled for patients aged 50–70. Additionally, age, Charlson/ Deyo comorbidity scoring, and receptor were all controlled for in patients with more than 1 metastatic site as bivariate analysis showed they were potential confounders.

The multivariate Cox Regression model that controlled for other confounders of survival showed that patients who underwent metastasectomy of a secondary site had better OS compared to those that underwent radiation therapy (HR 0.7, 95% CI 0.6–0.7, p < .001). Metastatic site involvement was an additional independent predictor of OS: as compared to patients with bone metastasis, patients with metastasis to the lung only (HR 0.8, 95% CI 0.7–0.9, p = .032) had better OS while patients with brain only (HR 1.6, 95% CI 1.5–1.8, p < .001) or more than 1 metastatic site (HR 1.7, 95% CI 1.6–1.8, p < .001) had worse OS.

Age was a significant factor predicting OS (p < .001), with decreasing OS associated with an increase in age: age 50–70 (HR 1.3, 95% CI 1.2–1.4, p < .001), age >70 (HR 1.9, 95% CI 1.7–2.0, p < .001) as compared to those aged <50. Black patients had better OS (HR 1.2, 95% CI 1.1–1.2, p < .001) than white patients, while Asian patients (HR 0.8, 95% CI 0.7–0.9, p = .020) or patients from other races (HR 0.7, 95% CI 0.5–0.9, p = .002) had worse OS. Higher Charlson/Deyo comorbidity scoring was also associated with worse OS outcomes (p < .001).

Patients with receptor status HR+/HER2+ had the best OS as compared to other receptor subtypes (p < .001), with the worst OS

seen in patients with receptor type HR-/HER2- (HR 3.2, 95% CI 2.9-3.4, p < .001).

Kaplan-Meier modeling indicated a significant benefit in OS observed with metastasectomy versus as radiation therapy in patients with stage IV BC as opposed to radiation across all 5 cohorts (p < .001) (Table 3). The difference in median OS (Δ mOS) by the LRT approach was the most pronounced when metastasis involved only the lung (Δ mOS: 56.9 months), followed by the liver (Δ mOS: 41.6 months. Metastasectomy improved median OS by Δ mOS = 20.0 months in patients with >1 metastatic site, as compared to radiation therapy, versus only the brain (Δ mOS: 9.1 months) or bone (Δ mOS: 8.9 months) (Table 3).

4. Discussion

This study used multivariate survival models on a large sample to investigate the impact of LRT on survival in metastatic BC. Our findings suggest that local treatment targeting secondary lesions, through either radiation therapy or surgical resection, results in improved OS, regardless of the treatment modality of primary lesions.

A number of clinical characteristics were predictive of the use of radiation therapy versus metastasectomy at the secondary sites. As would be expected, patients with metastasis to the liver or the lungs were more likely to undergo metastasectomy while patients

Table 2

Multivariable Cox Regression model for overall survival.

	HR (95% CI)	<i>p</i> -value
LRT		
Radiation	1	_
Metastasectomy	0.7 (0.6-0.7)	<.001
Metastatic site involvement		<.001
Bone	1	
Brain	1.6 (1.5-1.8)	<.001
Liver	0.9 (0.7-1.1)	<.001
Lung	0.8 (0.7-0.9)	.032
More than 1 site	1.7 (1.6-1.8)	<.001
Age		<.001
< 50	1	
50-70	1.3 (1.2-1.4)	<.001
>70	1.9 (1.7-2.0)	<.001
Race		<.001
White	1	
Black	1.2 (1.1–1.2)	<.001
Asian	0.8 (0.7-0.9)	.020
Other	0.7 (0.5-0.9)	.002
Charlson/Deyo Comorbidity Score		<.001
0	1	
1	1.2 (1.2–1.3)	<.001
2	1.5 (1.3–1.7)	<.001
3	1.7 (1.4-2.0)	<.001
Receptor Status		<.001
HR+/HER2+	1	
HR+/HER2-	1.1 (1.1-1.2)	<.001
HR-/HER2+	1.3 (1.2–1.5)	<.001
HR-/HER2-	3.2 (2.9-3.4)	<.001

* Bone only 10 Survival Probability м from Die Numbe 3,853 2.754 1.38 584 32 194 788 579 330 150 68 Liver only 0. Survival Probability 0/ 0.3 Months from Diagn 80 51 25 6 0 0 128 104 57 26 12 5

with metastasis to the bone, brain, or with multiple metastatic sites were more likely to undergo radiation therapy. The current widespread use of surgical resection as treatment for primary and secondary liver malignancies may explain the higher rates of metastasectomy in this population [16]. Inconsistent evidence is found when looking at the survival benefit of surgical resection of liver metastasis [17], a finding that contrasts with ours.

Some evidence does however suggest improved survival from radiation to liver metastasis from colon cancer [18], notably in unresectable tumors [19]. This finding that was corroborated when looking at 491 patients with BC, who demonstrated a median survival of 25.7 months after receiving radiation targeting their liver metastasis at a mean follow-up period of 26 months [20]. Focusing on lung metastasis, the clinical characteristics of lung metastases from BC - notably the peripheral location of most secondary BC lesions to the lung [21] – may also justify the high rates of secondary site surgical resection observed in our study population. A multicenter prospective study looking at 467 patients, complete resection was possible in 84% of lung metastasis [22]. Additionally, small population studies suggests survival benefit in women with isolated lung metastasis who underwent surgical resection of their secondary tumors [23]. One prospective study showed a median survival benefit of 79.2 months (6.6 years), similar to our findings which showed a survival benefit of 74.6 months [24]. Conversely, patients with brain metastasis are traditionally treated with whole-brain radiation [25]. Scant evidence is



* KM adjusted for age > 70.

Fig. 1. Kaplan-Meier models depicting overall survival of patients with breast cancer metastatic to only one site, by treatment approach at the secondary site (radiation versus metastasectomy).



** KM adjusted for age < 50, Receptor status HR+/HER2-, and CDS (0-1, 3)

Fig. 2. Kaplan-Meier model depicting overall survival of patients with breast cancer metastatic to >1 site, by treatment approach at the secondary site (radiation versus metastasectomy).

Table 3

Summary of Kaplan-Meier modeling across all 5 cohorts of investigation by site of malignant involvement: **1.** Bone only, **2.** Brain only, **3.** Liver only, **4.** Lung only, and **5.** Metastasis involving >1 site.

		KM Median OS (Months)		ΔmOS (months)	Log-rank p-value	
		Radiation	Metastasectomy			
1 site of metastasis	Bone Only *	42.4	50.3	8.9	<0.001	
	Brain Only	11.9	21.0	9.1	<0.001	
	Liver Only	39.2	80.8	41.6	<0.001	
	Lung Only	17.7	74.6	56.9	<0.001	
> 1 site of metastasis **	2 0	20.1	40.1	20.0	<0.001	

* KM adjusted for age > 70.

** KM adjusted for age < 50, Receptor status HR+/HER2-, and CDS (0-1, 3).

available on the role of surgery for the palliation of bone metastasis in BC. Similarly, radiation therapy is the mainstay of treatment for bone metastases [26], and provides excellent palliation for pain management [27,28]. Evidence on survival outcomes remains scarce. Data on sternal resection has shown good long-term local tumor of the term and adequate pain relief, but did not provide information on survival benefit [29,30]. These current management practices go in hand with our analysis findings that the survival benefit in a patient with liver ($\Delta mOS = 41.6$ months) and lung ($\Delta mOS = 56.9$ months) metastasis is much greater than that observed in patients with brain ($\Delta mOS = 8.9$ months) and bone ($\Delta mOS = 9.1$ months) metastasis.

Furthermore, this study also suggests that socioeconomic factors affecting healthcare disparity do not play a major role in the decision to surgically manage secondary lesions versus use radiation therapy. However, as would be expected, advanced age, higher comorbidity as measured by the Charlson/Deyo score, and receptor status were independent negative predictors of worsened outcome. These findings were consistent across all 5 patient cohorts. The main takeaway remains the survival benefit observed with either radiation therapy or metastasectomy after controlling for these factors negatively impacting survival. Metastasectomy also remained an independent predictor of better survival outcomes as compared to radiation therapy, after these factors were controlled for. Current National Comprehensive Cancer Network (NCCN) treatment guidelines recommend systemic therapy as the mainstay of treatment for stage IV BC, in the form of chemotherapy or endocrine therapy, depending on the molecular receptor status of the specific cancer [3]. With the observed survival benefit with LRT – either as radiation therapy or surgical resection – clinical practice needs to consider both options in patients with stage IV BS, with the appropriate use of either radiation therapy or metastasectomy depending on the clinical indication as part of a multidisciplinary discussion. As per the NCCN, clinical trials remain the best management of any patient with cancer. Which patients *ultimately benefit* the most when pursuing a metastasectomy vs localized treatment with radiation therapy needs to be answered in future prospective trials. The latter would also need to investigate these outcomes in relation to the various modalities of radiation therapy. Future trials are already looking to expand the use of radiation treatment for patients with limited sites of metastatic disease specifically oligometastatic disease [31].

An additional consideration to be investigated in clinical trials is the quality of life of patients during the increased survival period. Factors such as physical health, mental health, pain levels, etc. need to be explored prospectively. Physical symptoms, notably pain, mobility, physical activity, appetite, and sleep are all quality of life issues that women with stage IV BC face [32]. A Turkish trial in 2020 evaluated the quality of life in patients with Stage IV BC who received LRT and survived at least 3 years and found similar physical and mental health outcomes in this population as compared to patients with Stage IV BC who never received LRT [33]. There is however not enough evidence of the association between LRT and quality of life in Stage IV BC patients [34]. In fact, some prospective studies showed no improvement in quality of life when patients receive LRT for Stage IV BC [35], thus raising the need for this matter to be explored thoroughly in any prospective trial investigating the survival outcomes of LRT in this patient population.

The strength in the study lies in the consistency and reliability of the NCDB data, which undergoes continuous internal auditing, and reflects real practice on a national level. However, the limitations of this study also lie in the limitations of the NCDB and those of a retrospective study. Characteristics of the secondary BC lesions, such as size or relative location (peripheral vs. central) are not available and may limit the generalizability of our findings. Information on metastasis is limited to the following secondary sites: bone, brain, liver, lungs, distant lymph nodes, and "other". Only bone, brain, liver, and lung were included for specificity. There is no documentation on the number of secondary sites that underwent surgical resection (e.g. resection of bone and brain metastases), versus metastasectomy at only one site. It was thus not possible to assess whether limited versus radical resection at metastatic sites is associated with improved survival. Furthermore, the NCDB does not document whether disease involvement of visceral organs is unifocal or multifocal. Survival outcomes, and the potential utility of the LRT approach to secondary lesions, may differ based on this pattern of involvement. This raises the need of focusing on the clinicopathologic characteristics of secondary BC lesions in clinical practice, with the aim of evaluating the possibility of surgical resection. The subsequent inclusion of this information in the NCDB and other major databases must ensue. Additionally, the NCDB does not report information on disease progression, or any patient outcome apart from OS such as disease control rate or progression free survival (PFS).

Despite these limitations, notably pertaining to the underestimation of the true extent of metastasis in Stage IV BC patients, a significant survival benefit was observed in our analysis. Both radiation therapy and metastasectomy should be considered in addition to systemic therapy in clinical practice.

5. Conclusion

Surgical resection of metastatic sites in patients with *de novo* Stage IV is associated with significantly improved OS as compared to radiation of these secondary lesions, regardless of organ involvement and number of secondary lesions. Improved OS is however most apparent when the BC metastasis involves the liver or the lung. Both radiation therapy and metastasectomy should be considered in addition to systemic therapy in clinical practice, depending on the clinical indication as part of a multidisciplinary discussion.

Prospective randomized controlled trials investigating radiation and/or surgical resection of metastatic sites in patients with stage IV BC are warranted. These trials need to additionally focus on the quality of life patients will have post-metastasectomy, and evaluate whether or not the treatment approach influences quality of life outcomes.

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Availability of data and material

The data that support the findings of this study are available from the American College of Surgeons/American Cancer Society but restrictions apply to the availability of these data, which were used under license for the current study, and so are not publicly available. Data are however available from the authors upon reasonable request and with permission of the American College of Surgeons/American Cancer Society.

Code availability

Not applicable.

Authors' contributions

N·B., M.Y., O.M., and M.N. are major contributors in study design, conduction of statistics and data interpretation, and manuscript writing. Z.N. participated in study design, interpretation of the data, and writing the manuscript. H.L. participated in the conduction of statistics. I.J., C.R., L.E., and D.S. participated in writing and editing. All authors read and approved the final manuscript.

Additional declarations for articles in life science journals that report the results of studies involving humans and/or animals

Not applicable.

Ethics approval

Ethical approval was obtained from the Cleveland Clinic Institutional Review Board (IRB) before conducting this study. All patient data were strictly de-identified and provided, with approval, from the American College of Surgeons as part of the National Cancer Database.

Consent to participate

Ethical approval was obtained from the Cleveland Clinic Institutional Review Board (IRB) prior to conducting this study. All patient data were strictly de-identified and provided, with approval, from the American College of Surgeons as part of the National Cancer Database.

Consent for publication

No individual person's data were included; all data is reported in an aggregated manner.

Declaration of Competing interest

The authors declare that they have no conflict of interest. The authors declare that they have no competing interests.

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