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# **Review** Molecular classification of solid tumours: towards pathway-driven therapeutics

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The last decade has witnessed unprecedented developments in the genetic and epigenetic analyses of solid tumours. Transcriptional and DNA copy-number studies have improved our understanding and classification of solid tumours and highlighted the patterns of genomic aberrations associated with outcome. The identification of altered transcriptional and translational silencing by microRNAs and epigenetic modification by methylation in tumours has showed a layer of additional intricacy to the regulation of gene expression in different tumour types. The advent of massive parallel sequencing has allowed whole cancer genomes to be sequenced with extraordinary speed and accuracy providing insight into the bewildering complexity of gene mutations present in solid tumours. Functional genomic studies using RNA interference-screening tools promises to improve the classification of solid tumours by probing the relevance of each gene to tumour phenotype. In this review, we discuss how these studies have contributed to solid tumour classification and why such studies are central to the future of oncology. We suggest that these developments are gradually leading to a change in emphasis of early clinical trials to a therapeutic model guided by the molecular classification of tumours. The investigation of drug efficacy later in development is beginning to rely on patient selection defined by predictive molecular criteria that complement solid tumour classification based on anatomic site.

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### BACKGROUND

Therapeutic decision-making in oncology after surgical resection of the tumour (adjuvant treatment) is based on an assessment of the risk of tumour relapse. Risk profiling is a complex and often imprecise task that has focussed on the clinical and histopathological features of the tumour. Molecular profiling of gene expression over the last decade has shown that heterogeneity in outcome and survival in cancer can be explained, in part, by genomic variation within the primary tumour (Brenton *et al*, 2005).

Recent developments in tumour classification have shown that although the genetic mutations that occur in solid tumours may be heterogeneous and complex, mutations often occur in genes that function in common cell signalling pathways that may render them sensitive to targeted approaches (Figure 1). The implications for the management of solid tumours are profound. Not only will these strategies improve the classification within each tumour type, but they will also guide the development of therapeutic approaches to limit tumour growth and contribute to the delivery of personalised medical care (van't Veer and Bernards, 2008). These developments will lead to the exploitation of specific signalling pathways in individual tumours that will cross organspecific boundaries to improve patient outcome and survival. Such progress promises to drive the identification of predictive models of drug response enabling drug delivery governed by the genomic heterogeneity specific to each tumour. Predictive models are those used to predict response to a particular therapy and prognostic models are those used to predict clinical outcome independently of therapy.

We suggest that improved classification of solid tumours will contribute to the development of therapeutic strategies guided either by aberrations in single genes, or by the activation of specific signalling pathways, or by patterns of tumour genomic instability (Figure 1).

## GENE EXPRESSION PROFILING AND DNA COPY-NUMBER ANALYSIS

Improved molecular classification of solid tumours is essential to identify biomarkers, which reflect the molecular mechanisms functionally involved in tumour-type specific survival, drug resistance, tumour relapse and patient outcome in a highly sensitive and specific manner. Current molecular classification models have not been proven to act as independent markers of disease outcome in comparison to validated methods and have frequently not adhered to strict guidelines required for biomarker validation (McShane *et al*, 2005). Ultimately, refined molecular models classifying solid tumours will lead to the identification of

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**Figure I** Classification of defined genetic abnormalities in solid tumours to optimise tumour response. Figure shows the three methods through which improved molecular classification of solid tumours is challenging the traditional approach to cytotoxic delivery (green font indicates theoretical or proven sensitivity and red font indicates resistance based on molecular aberration). Mutations (EGFR) or amplification (HER2) guides the use of EGFR tyrosine kinase inhibitors in NSCLC and breast cancer, respectively. Assessing whether genomic instability is an exploitable phenotype is currently under investigation (CINATRA: chromosomal instability and anti-tubulin response assessment) and new approaches evolving from molecular analysis of solid tumours may be directed towards activated pathways in solid tumours through the attenuation of Wnt and Hedgehog signalling. CIN = chromosomal instability, MMR = mismatch repair, CRC = colorectal cancer, mAb = monoclonal antibody, EGFR = epidermal growth factor receptor.

new drug targets and patients at low risk of relapse who will not benefit from adjuvant chemotherapy (Swanton *et al*, 2008).

There have been several issues raised with molecular classification and forecasting strategies in cancer medicine regarding the reproducibility of predictive expression signatures derived from relatively small studies (Brenton *et al*, 2005; Ein-Dor *et al*, 2006). Studies used to derive gene expression signatures predictive of outcome or treatment response have frequently been derived from small and clinically heterogeneous patient series with validation and training tumours originating from the same patient cohorts. The capacity of hypothesis-generating microarray studies to lead to biased predictive models that 'overfit' a list of genes to the cohort under study, that may not validate in truly independent and unrelated clinical cohorts, is well documented. As a result, recent research has focussed on a refinement of predictive classifiers from well-characterised, rather than clinically heterogeneous, patient cohorts.

One such approach has been published recently in a homogeneous group of patients with adenocarcinoma of the lung of defined clinical stage to attempt to define new prognostic models suitable for clinical application across multiple hospital sites (Shedden *et al*, 2008). The authors standardised pathological assessment, collection of tumours and clinical information from each institution involved in the study at the outset. Two-blinded external validation cohorts were used to test their prognostic methods, unlike many earlier studies that have tended to divide a single cohort from one study into a training and validation set. Higher expression of genes involved in cell-cycle progression and chromosome segregation correlated with poorer outcome. The authors noted the improved performance of their models when clinical and gene expression data were combined.

Alternative approaches, include retrospective analyses of tissue from clinical trials. The Trial Assigning IndividuaLized Options for Treatment (Rx), (TAILORx: http://www.cancer.gov/clinicaltrials/ ECOG-PACCT-1) is currently validating one such 21 gene signature by RT – PCR, developed from an analysis of three breast cancer studies in 447 patients, to guide risk stratification among patients with nodenegative oestrogen receptor (ER)-positive breast cancer treated with tamoxifen (Paik *et al*, 2004; and for review see Swanton *et al*, 2008).

Traditional prognostic classifiers from heterogeneous clinicopathological patient groups have failed to provide a robust signature predictive of outcome in ER-negative breast cancer for which prognostic signals seem to be much weaker (Teschendorff *et al*, 2007). Profiling studies using a novel statistical approach that may reduce the false discovery rate have shown that ER-negative breast cancer is divided into four main subtypes of disease and that heterogeneity in outcome relates to the expression of an immune response gene expression set that seems to be independent of lymphocyte recruitment (Teschendorff *et al*, 2007).

Changes in DNA copy number have been shown to drive a high proportion of changes at the mRNA level and outcome stratification in breast cancer can be improved by the parallel assessment of gene expression and change in copy number (Chin et al, 2006). Studies of DNA copy number alterations with expression data in 171 breast cancers of relatively small size and low Nottingham Prognostic Index (reflective of breast cancer demographics in the modern screening era) have been published recently (Chin et al, 2007). This work highlighted that breast cancer is considerably more heterogeneous than earlier studies had portrayed (Chin et al, 2006) and showed the existence of a low genomic instability index (defined as the fraction of the genome altered) tumour cohort consisting disproportionately of ER-negative and basal samples. Two other clusters consisted of intermediate/high grade tumours characterised by high genomic instability index. Therefore, ER-negative tumours seem to have distinct clusters defined by high or low genomic instability index. Intriguingly, unlike

ER-positive tumours for which genomic instability index correlates with clinical outcome, no such correlation was observed in ER-negative tumours.

### CHROMOSOMAL INSTABILITY CLASSIFIES SOLID TUMOURS INTO A POOR PROGNOSTIC CATEGORY

There is now good pre-clinical evidence to suggest that distinct patterns of genomic instability, as opposed to defined aberrations in signalling pathways discussed later, may affect the therapeutic response.

Chromosomal instability (CIN) is associated with poorer outcome in many solid tumours including breast and colon cancer (Furuya *et al*, 2000; Risques *et al*, 2003; Kronenwett *et al*, 2004; Carter *et al*, 2006; Walther *et al*, 2008). Recently, a gene expression signature associated with CIN and the combined level of tumour chromosomal aberrations, termed total functional aneuploidy, predicted poorer outcome in six cancer types (Carter *et al*, 2006). The expression of the CIN signature was higher in metastatic samples compared with primary tumours and was able to classify grade 1 and 2 breast cancers according to outcome.

Rapid acquisition of multidrug resistance is frequently witnessed after the exposure of solid tumours to consecutive 'noncross resistant' chemotherapy regimens, with diminished patient benefit as lines of treatment progress. Aneuploid cells acquire multidrug resistance at a higher rate than diploid cells that may be catalysed by chromosome reassortments at each mitosis (Duesberg et al, 2000). Chromosome missegregation may promote an evolutionary benefit within the solid tumour mass by altering gene dosage across the tumour population as evidenced by the transcriptional changes induced by single-cell chromosome transfer experiments (Upender et al, 2004). A compelling hypothesis generated from these observations is that the selection of a drug resistance gene encoded on a missegregated chromosome after chemotherapy exposure is associated with 'multiple unselected phenotypes' induced by genes encoded on the same chromosome that may promote resistance to unrelated drug compounds (Duesberg et al, 2000).

CIN may refer to both structural DNA copy-number alterations and numerical changes of whole chromosomes. Evidence suggests that CIN may be an exploitable phenotype and that cytotoxic compounds exist that may have preferential activity in cells with distinct patterns of genomic instability (Roschke and Kirsch, 2005). Conversely, functional genomic analysis has identified that numerically CIN tumour cells may be relatively resistant to microtubule stabilising agents owing to similarities between pathways regulating the separation of chromosomes at mitosis and response to taxanes (Swanton et al, 2007). In contrast, our evidence suggests that a near diploid stable karyotype (frequently observed in mismatch repair deficient, microsatellite-unstable colorectal cancers) is associated with sensitivity to mitotic inhibitors, such as taxanes and kinesin 5 inhibitors. This work has led to the initiation of a phase II clinical trial of Epothilone 906 in colorectal cancer. This trial, called CINATRA (Chromosomal Instability and Anti-Tubulin Response Assessment) aims to assess whether patients with MMR deficient, karyotypically stable rectal cancers harbour disease, which is intrinsically more sensitive to microtubule-stabilising agents than the CIN tumours (Swanton et al, 2006). The challenge over the next decade will be to identify therapeutic strategies to limit chromosome missegregation and CIN and exploit weaknesses inherent to tumour karyotype as a targetable phenotype.

## FUNCTIONAL GENOMIC TUMOUR CLASSIFICATION AND THERAPEUTIC SELECTION

Studies have shown that drugs with similar mechanisms of action share common gene expression signatures that may play a functional role in drug response (Lamb *et al*, 2006). This has led to the concept that genetic heterogeneity within the primary tumour may influence drug response and provoked efforts to classify tumours by drug sensitivity status. Unfortunately, small datasets, from which the early studies were derived, have not yielded gene signatures of sufficient power to predict drug sensitivity (Sorlie *et al*, 2006). Efforts to improve on these signatures by combining cell-line gene expression analysis with matched drug sensitivity data to classify sensitivity to combination chemotherapy *in vivo* have been published (Potti *et al*, 2006; Bonnefoi *et al*, 2007). The negative predictive value of this method may be sufficiently robust to enable the selection of patients with multidrug resistant disease for novel therapeutic clinical trials.

The identification of genes functionally involved in drug response using RNA interference-screening techniques has started to yield information enabling the genetic dissection of tumour gene expression. RNA interference screening was used recently to determine that PI3K pathway activation, through PTEN loss and/or PI3KCA mutation, was the main regulator of trastuzumab resistance (Berns *et al*, 2007) indicating that these patients may derive more benefit from treatment with AKT or mTOR inhibitors.

# TUMOUR CLASSIFICATION BASED ON miRNA ANALYSIS

MicroRNAs (miRNAs) are small non-coding RNAs that negatively regulate gene expression through the inhibition of mRNA translation or the initiation of mRNA degradation. The tissuespecific expression of miRNAs has provoked intense investigation to identify whether these non-coding RNAs can reflect signatures of tumour origin, prognosis and outcome. In one of the first investigations of 217 miRNAs in 334 tumour and normal tissue samples, miRNA expression profiling segregated tumours by developmental origin and had the capacity to correctly identify the tissue of origin of poorly differentiated tumours, in contrast to an mRNA-based tissue classifier (Lu et al, 2005). In contrast to mRNA profiling, which does not consistently differentiate between tumour and normal tissue, the majority of miRNAs studied had lower expression in tumour compared with normal tissue. The authors suggest that tumour-specific miRNA repression results from differences in the differentiation status between tumour and normal tissue and propose that a signature of 200 miRNAs may be sufficient to classify human cancer. In agreement with these data, Rosetta Genomics showed the potential of miRNA profiling to define the origin of carcinoma of unknown primary and accurately classify tumour type (Rosenfeld et al, 2008).

In a breast cancer specific study comparing miRNA to mRNAexpression profiles, we have showed that several miRNAs are differentially expressed between the Luminal A/B, Her2 +, basal and normal-like breast cancers (Blenkiron *et al*, 2007). This study shows that alterations in miRNA expression are complex and may relate to genomic loss or gain, changes in primary transcription and miRNA biogenesis. We did not detect significant enrichment for down- or up-regulated predicted target mRNAs and suggest that the predominant activity of miRNA influence lies in mRNA translational control.

### miRNA EXPRESSION AND PROGNOSTICATION

Expression of miRNAs may offer prognostic and predictive information in several solid tumours. Yu *et al* (2008) presented data showing that a signature of five miRNAs can predict treatment outcome in NSCLC and serves as an independent predictor of recurrence free and overall survival. Four miRNAs; miR-7, miR-128a, miR-210 and miR-516-3p are associated with tumour aggressiveness in ER-positive, lymph-node negative breast cancer. Expression of miR-210 was associated with early relapse in ER-negative, lymph-node negative disease and in a cohort of 69 triple-negative breast cancers (Foekens *et al*, 2008). The potential prognostic role of miR-210 in this disease has been supported in a separate study, which showed the induction of miR-210 by tumour hypoxia in a HIF1a-dependent manner (Camps *et al*, 2008).

If the association of miRNAs with prognosis can be shown to be directly causative, they may represent excellent therapeutic targets because of their potential ability to influence multiple biological processes by altering the expression and translation of many mRNAs. In this regard, several miRNAs have now been attributed with direct roles in tumour invasion, tumour growth and motility and in the activation or repression of cancer survival signalling and angiogenic pathways (Ovcharenko *et al*, 2007; Fish *et al*, 2008; Kefas *et al*, 2008; Lujambio *et al*, 2008).

### CANCER GENOME SEQUENCING STUDIES

Sequencing analysis of the human genome has enabled benchmarks to be set, by which cancer genomes can be compared. Developments in bioinformatics tools and sequencing platforms have led to the publication of several genome-wide sequencing studies in solid tumours. In 2006, Velculescu *et al.* (Sjoblom *et al*, 2006) presented sequencing results for 13 023 genes in 11 breast and 11 colorectal cancers. Following stringent validation procedures they identified 365 mutations in 236 genes. This study showed that each tumour harboured mutations in ~90 genes that displayed significant heterogeneity between tumour types.

This group and others have provided similar genomic analysis of glioblastoma multiforme and pancreatic cancer (Jones *et al*, 2008; McLendon *et al*, 2008; Parsons *et al*, 2008). After sequencing of 20 661 genes, 63 genetic alterations were found on average in each pancreatic cancer belonging to a set of 12 signalling pathways altered in greater than two-thirds of tumours (Jones *et al*, 2008). The authors speculate that the lower somatic mutation rate in pancreatic cancer compared with breast or colorectal cancer may be explained by a requirement for fewer divisions in the initiation of pancreatic neoplasia compared with breast or colorectal cancer.

Glioblastoma multiforme (GBM) sequencing analysis has shown recurrent mutations in isocitrate dehydrogenase 1 (IDH1) in 12% of patients (Parsons *et al*, 2008). These mutations seemed to occur in younger patients and most patients with secondary GBMs. Tumours harbouring these mutations seem to be associated with an increase in overall survival of patients. Pathways altered in these tumours were similar to those in pancreatic, breast and colorectal cancer, although some GBM-specific pathways incorporating ion-channels and pathways involved in transmission of synaptic or neural signals and axonal guidance were noted.

The Cancer Genome Atlas Research Network recently published data of a similar analysis in GBM-combining gene expression profiling, DNA copy-number analysis with methylation and nucleotide sequencing analysis (McLendon *et al*, 2008). These data show a connection between MGMT promoter methylation and

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the hypermutator phenotype in temozolomide-treated GBM. The MGMT promoter methylation results in a failure to repair alkylated guanine residues resulting from treatment. Unrepaired alkylated guanines initiate repetitive cycles of mismatch repair triggering cell death. The dependence of cell death on a competent MMR pathway initiates a strong selective pressure for inactivation of the MMR pathway and the resultant hypermutator phenotype. This is one of the first studies to show the emergence of genomic instability resulting from a selection pressure driven by chemotherapy and has major clinical implications regarding the use of temozolomide and the development of new drugs in this disease.

### CONCLUSIONS AND PERSPECTIVES

Classification studies in solid tumours have showed the complex heterogeneity of gene and miRNA expression that may account for the unpredictable clinical behaviour and response to therapy in solid tumours, exacerbated further by underlying tumour genomic instability. We propose a model, (Figure 1) whereby improved molecular classification of solid tumours is in the process of directing therapeutics guided by the status of single genes within the tumour (mutation/deletion/amplification or loss), the activation of specific signalling pathways and the genomic instability and epigenetic status of the tumour.

Clinical trials investigating activity of EGFR-directed therapies using kRAS and EGFR receptor mutation status as biomarkers of response have altered the landscape of targeted therapy use. Clinical strategies to maximise response to Her2-targeted agents in tumours with PI3KCA mutations and/or PTEN loss are being considered based on knowledge of downstream signalling pathways. The specific targeting of a distinct pattern of genomic instability is the subject of investigation in the phase II trial CINATRA discussed in this paper.

Finally, although most genes are only mutated at low frequency in each tumour type, the identification of functional gene groups belonging to the same signalling pathway, may provide opportunities for therapeutic exploitation. For example, all pancreatic cancers analysed had gene alterations in the Wnt and Hedgehog signalling pathways. Therefore, although a large number of genes are mutated in solid tumours, the number of pathways through which they function is relatively small. These studies provide a compelling focus for pathway directed, rather than traditional tumour-type specific interventions.

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