

Neuroprotective Efficiency of Prodigiosins Conjugated with Selenium Nanoparticles in Rats Exposed to Chronic Unpredictable Mild Stress is Mediated Through Antioxidative, Anti-Inflammatory, Anti-Apoptotic, and Neuromodulatory Activities

Ashraf Albrakati,¹
 Khalaf F Alsharif,² Naif E Al omairi,³
 Walaa F Alsanie,²
 Abdulraheem SA Almalki,⁴
 Zakaria Y Abd Elmageed,⁵
 Gehad E Elshopakey,⁶
 Maha S Lokman,^{7,8}
 Amira A Bauomy,⁹
 Ahmed E Abdel Moneim,¹⁰
 Rami B Kassab^{8,10}

¹Department of Human Anatomy, College of Medicine, Taif University, Taif, Saudi Arabia;

²Department of Clinical Laboratory Sciences, College of Applied Medical Sciences, Taif University, Taif, Saudi Arabia; ³Department of Internal Medicine, College of Medicine, Taif University, Taif, Saudi Arabia; ⁴Department of Chemistry, Faculty of Science, Taif University, Taif, Saudi Arabia; ⁵Department of Pharmacology, Edward via College of Osteopathic Medicine, University of Louisiana at Monroe, Monroe, LA, USA; ⁶Department of Clinical Pathology, Faculty of Veterinary Medicine, Mansoura University, Mansoura, Egypt; ⁷Biology Department, College of Science and Humanities, Prince Sattam bin Abdul Aziz University, Alkharj, Saudi Arabia;

⁸Department of Zoology and Entomology, Faculty of Science, Helwan University, Cairo, Egypt;

⁹Department of Science Laboratories, College of Science and Arts, Qassim University, ArRassAl-Qassim, Saudi Arabia; ¹⁰Biology Department, Faculty of Science and Arts, Al Baha University, Al Makhwah Branch, Al Baha, Saudi Arabia

Correspondence: Ahmed E Abdel Moneim
 Department of Zoology and Entomology,
 Faculty of Science, Helwan University, Cairo,
 Egypt
 Tel +20 1153322079
 Email aest1977@hotmail.com

Purpose: Depression is a mood disorder accompanied by intensive molecular and neurochemical alterations. Currently, available antidepressant therapies are not fully effective and are often accompanied by several adverse impacts. Accordingly, the ultimate goal of this investigation was to clarify the possible antidepressant effects of prodigiosins (PDGs) loaded with selenium nanoparticles (PDGs-SeNPs) in chronic unpredictable mild stress (CUMS)-induced depression-like behavior in rats.

Methods: Sixty Sprague Dawley rats were randomly allocated into six groups: control, CUMS group (depression model), fluoxetine (Flu, 10 mg/kg)+CUMS, PDGs+CUMS (300 mg/kg), sodium selenite (Na₂SeO₃, 400 mg/kg)+CUMS, and PDGs-SeNPs+CUMS (200 mg/kg). All treatments were applied orally for 28 consecutive days.

Results: PDGs-SeNPs administration prevented oxidative insults in hippocampal tissue, as demonstrated by decreased oxidant levels (nitric oxide and malondialdehyde) and elevated innate antioxidants (glutathione, glutathione peroxidase, glutathione reductase, superoxide dismutase, and catalase), in addition to the upregulated expression of nuclear factor erythroid 2-related factor 2 and heme oxygenase-1 in rats exposed to CUMS. Additionally, PDGs-SeNPs administration suppressed neuroinflammation in hippocampal tissue, as determined by the decreased production of pro-inflammatory cytokines (tumor necrosis factor- α , interleukin-1 β , and interleukin-6), increased anti-inflammatory cytokine interleukin-10, and decreased inflammatory mediators (prostaglandin E₂, cyclooxygenase-2, and nuclear factor kappa B). Moreover, PDGs-SeNPs administration in stressed rats inhibited neuronal loss and the development of hippocampal apoptosis through enhanced levels of B cell lymphoma 2 and decreased levels of caspase 3 and Bcl-2-associated X protein. Interestingly, PDGs-SeNPs administration improved hormonal levels typically disrupted by CUMS exposure and significantly modulated hippocampal levels of monoamines, brain-derived neurotrophic factor, monoamine oxidase, and acetylcholinesterase activities, in addition to upregulating the immunoreactivity of glial fibrillary acidic protein in CUMS model rats.

Conclusion: PDGs-SeNPs may serve as a prospective antidepressant candidate due to their potent antioxidant, anti-inflammatory, and neuroprotective potential.

Keywords: chronic unpredictable mild stress, prodigiosin-loaded selenium nanoparticles, oxidative stress, neuroinflammation, apoptosis, neurochemical markers

Introduction

Depression is among the most common neuropsychiatric illnesses, affecting approximately 300 million people of all ages worldwide¹ and representing a vast economic and social burden.² Although the causative factors underlying depression are not clearly understood, sufficient evidence has suggested that neural oxidative insults, inflammation, and apoptosis, associated with neurodegeneration and reduced neurogenesis and neural plasticity, underlies the onset of major depressive disorder.³ The depletion of antioxidant molecules due to the overproduction of reactive oxygen species (ROS) has been demonstrated to play an essential role in the development of depression.⁴ The pathophysiology of depression is also associated with activation of monoamine oxidase activity, suppression of monoaminergic neurotransmitters, and stimulation of pro-inflammatory mediators that regulate apoptotic signaling pathways resulting in neuronal loss.^{5,6}

Although depression is considered to be a multifactorial mood disorder, stress is believed to be a major contributor, causing neural biochemical alterations and promoting the progression of depression symptoms.⁷ Chronic unpredictable mild stress (CUMS) has been widely employed as a mechanism for inducing depression-like behaviors in experimental animals to scrutinize the pathophysiological mechanisms underlying depression and evaluate novel antidepressant drug efficacy.⁸ The CUMS model is commonly associated with increased anxiety-like behavior and impaired hypothalamic-pituitary-adrenocortical (HPA) axis function.⁹ The CUMS model is associated with reduced sucrose intake and reduced responsiveness, which are the primary symptoms of anhedonia, a central property of depressive disorders.¹⁰ Several medications are used for depression treatment, such as monoamine oxidase (MAO) inhibitors, tricyclic antidepressants, and selective serotonin reuptake inhibitors (SSRIs).^{11,12} However, the currently available depression therapies are not fully satisfactory for all patients¹³ and are accompanied by several adverse side effects.¹⁴ Thus, further investigations remain necessary to discover novel protocols for the development of safer and influential pharmacological therapies for depression.

Due to their availability, safety, and high efficiency, natural compounds are widely used to treat neurological disorders. Prodigiosins (PDGs), 2-methyl-3-pentyl-6-methoxyprodiginine, are aripyrrole red pigments produced by many microorganisms, including *Serratia marcescens* and *Serratia rubidaea*.¹⁵ These bacterial secondary metabolites are

characterized by their varied ranges of therapeutic benefits and bioactivities, such as antibacterial, antimalarial, antifungal,¹⁶ anticancer,¹⁷ antimetastatic,¹⁸ and immunosuppressive functions.¹⁹ Intriguingly, PDGs can suppress lipopolysaccharide (LPS)-induced inflammatory responses by inhibiting the activation of c-Jun N-terminal kinase (JNK), p38 mitogen-activated kinase (MPAK), and nuclear factor kappa B (NF- κ B).²⁰ However, the neuroprotective potency of PDGs has not received sufficient attention.

Selenium (Se) is a primary trace element with enormous human health benefits and unique biological and pharmacological properties, including protective effects against neurodegenerative diseases.²¹ Se can interact in the dynamics of the electron transport chain, modulate neurogenesis, mediate Ca^{2+} transport in neurons, and maintain redox balance.²² Several Se-based nanoformulations have been developed and tested for efficacy against neurological diseases. For example, epigallocatechin-3-gallate-stabilized Se nanoparticles were found to inhibit amyloid β (A β) aggregation in an Alzheimer's disease model.²³ Sialic acid and resveratrol modified with Se nanoparticles were able to effectively suppress Cu^{2+} -mediated A β aggregation and promote fibril disaggregation into non-toxic oligomers.^{24,25} In addition, Se nanoparticles displayed powerful antioxidant potency, and selenoproteins promote endogenous antioxidant activities in brain tissue.^{22,26}

The primary purpose of the current study was to explore the antidepressant and neuroprotective activity of PDGs-SeNPs against CUMS-induced depression-like behaviors in rats by evaluating behavioral changes, redox status, and inflammatory and apoptotic responses, in parallel with the evaluation of hormonal and neurochemical alterations in hippocampal tissue that are associated with the development of depression.

Materials and Methods

Synthesis of Prodigiosin-Loaded Selenium Nanoparticles (PDGs-SeNPs)

A volume of 10 mL of 10 mM sodium selenite (Na_2SeO_3) was mixed with 10 mL of PDGs (3.5 mg/mL) with magnetic stirring for 24 h. The obtained mixture (PDGs-SeNPs) was lyophilized using a vacuum freeze dryer (LabconcoFreezone 4.5 Liter Freeze Dry System, Marshall Scientific, Hampton NH, USA), and the obtained powder was used in the current investigation.

Characterization of the Prepared Nanoparticles (PDGs-SeNPs)

The average diameter, size distribution, and surface charges of PDGs-SeNPs were determined by the Zetasizer Nano ZS particle analyzer (Zetasizer Nano ZS90, MalvernPanalytical, UK). The molecular structure of PDGs-SeNPs was detected using Fourier-transform infrared spectroscopy (FTIR; PerkinElmer, USA). The crystalline size of the nanoparticles was characterized by X-ray diffraction (XRD; Malvern Panalytical, UK). Moreover, transmission electron micrographs were recorded using a high-resolution transmission electron microscope (TEM; JEOL Ltd., Japan) equipped with an electron diffraction pattern.

Animals

Sixty healthy male Sprague Dawley rats (weight 150 ± 10 g) were purchased from the animal house of King Fahd for Medical Research, King Abdulaziz University, Jeddah, Saudi Arabia. All experimental protocols were approved by the Committee of Research Ethics for Laboratory Animal Care, Taif University (approval no. HAO-02-T-105). The 8th edition of the National Institute of Health for laboratory animals uses guidelines were followed in this procedure.

Before starting the experiment, the rats were maintained for two weeks in the laboratory animal room, with an indoor temperature of 21–25°C, relative humidity of 45%–55%, and a light:dark cycle of 12:12 h. Commercial normal diet and clean drinking water ad libitum were provided to the animals.

Chronic Unpredictable Mild Stress (CUMS) Model

The establishment of CUMS was performed following the schedule previously described by Mao et al,²⁷ with minor modifications. Briefly, the non-stressed control rats were maintained in standard plastic cages in another room, separate from the stressed rats. For the stress-exposed groups, each rat was separately assigned to one cage and subjected to the CUMS stress regime, which consisted of 24-h exposure to water deprivation, food deprivation, the presence of a foreign object, or moist bedding (100 g sawdust bedding in 200 mL water), combined with 6-min forced swimming (8°C), 2-h restraint in an empty water bottle, 7-h cage tilt (45°C), exposure to white noise for 1-hand light exposure overnight. The stressors were

applied twice a day in a random order for four weeks while avoiding applying the same stressor on two consecutive days.

Experimental Protocol

Following the acclimatization period, the animals were randomly distributed into six groups (n= 10 animals / group) as follows: control (Control) group, unstressed rats were orally administered distilled water; CUMS group (depression model), rats were exposed to CUMS and orally administered distilled water; Flu+CUMS group, rats were exposed to CUMS and orally administered fluoxetine (Flu, 5 mg/kg/day)²⁸ suspended in distilled water; PDGs group, rats were exposed to CUMS rats and gavaged with prodigiosin (PDGs, 300 mg/kg/day);²⁹ Na₂SeO₃+CUMS group, rats were exposed to CUMS and gavaged Na₂SeO₃(2 mg/kg/day).²⁸ PDGs-SeNPs+CUMS group, rats were exposed to CUMS and gavaged with PDGs-SeNPs (0.5 mg/kg/day).³⁰ All treatments lasted for 28 consecutive days. Fluoxetine and sodium selenite were obtained from Sigma-Aldrich (St. Louis, MO, USA).

Behavioral Tests

Open-Field Test (OFT)

The open-field test (OFT) was performed as described by Dong et al.³¹ The open-field apparatus was a four-sided, black, square cage (100 × 100 × 40 cm), divided into 25 equal small squares using black lines. Each animal was placed alone at the center of the testing area, and their behavior was monitored freely for 5 min. The distance moved, vertical activity (rearing or wall climbing), the total number of entries to the periphery and central zone, the time spent in the center zone, and grooming activity were carefully recorded. After each test, the cage was completely cleaned with 75% alcohol.

Sucrose Preference Test (SPT)

The sucrose preference test (SPT) was conducted according to the methods previously described by Özkartal et al.³² Briefly, after 4 weeks of CUMS exposure, the animals were maintained individually in cages and provided with two bottles of sucrose solution (1%, w/v) on the first day. One of the bottles was replaced with a bottle of tap water for the second day. After the adaptation period, rats were denied nourishment and water for 24 h. Rats were then allowed free access to two bottles, one containing sucrose solution (1%, 100 mL) and the other

containing tap water (100 mL), for approximately 3 h. The consumed volumes of sucrose solutions and tap water were recorded. The sucrose preference was assessed as the ratio between sucrose solution consumption and total liquid consumption [Sucrose preference (%) = sucrose consumption/(water consumption + sucrose consumption) × 100%].

Measurement of Body Weight

Each individual rat was weighed using an electronic balance every Monday (9:00 am). The overall body weight was calculated as the mean of the weekly body weights (g).

Sampling and Hippocampal Tissue Preparation

Twenty-four hours after behavioral testing, the rats were anesthetized using intraperitoneally injected ketamine (100 mg/kg) and xylazine (10 mg/kg). Individual intracardiac blood samples were collected from different groups in labeled tubes, centrifuged at 2000 × g for 10 min and stored at -80°C until use for hormonal level estimation. Additionally, the hippocampus was rapidly excised and washed twice with isotonic saline. The tissue samples were processed for tissue homogenates, gene expression analysis, and histopathological evaluation. All the biochemical markers were estimated in the hippocampal tissue homogenate (10% w/v), which was homogenized in ice-cold phosphate-buffered saline (10 mM; pH 7.4). Monoamine neurotransmitters were evaluated in hippocampal tissue homogenized in 75% methanolic high-performance liquid chromatography (HPLC) buffer (10% w/v). Both homogenates were then centrifuged at 4000 × g for 10 min, and the resulting supernatants were stored at -80 °C.

Determination of Oxidative Stress Indices in the Hippocampal Tissue

The levels of the lipid peroxidation by-product malondialdehyde (MDA) and nitric oxide (NO) in the hippocampal tissue were determined using a colorimetric assay, as reported by Ohkawa et al³³ and Green et al,³⁴ respectively. The assessment of antioxidant indices, including catalase (CAT), superoxide dismutase (SOD), glutathione (GSH), glutathione peroxidase (GPx), and glutathione reductase (GR), was performed according to the established protocols of Aebi,³⁵ Nishikimi et al,³⁶ Ellman,³⁷ Paglia et al,³⁸ and Smith et al,³⁹ respectively. Hippocampal protein levels were determined for all measurements using the protocols described by Bradford.⁴⁰

Determination of Inflammatory Mediators in the Hippocampal Tissue

Specific enzyme-linked immunosorbent assay (ELISA) kits for rats (Novus Biologicals, Centennial, CO, USA) were employed to assess the levels of inflammatory mediators in the hippocampal tissue, including tumor necrosis factor- α (TNF- α ; catalog No.: NBP1-92681), interleukin-1 β (IL-1 β ; catalog No.: NBP1-92,02), interleukin-6 (IL-6; catalog No.: NBP1-92697), interleukin-10 (IL-10; catalog No.: NBP1-92701), prostaglandin E2 (PGE2; catalog No.: NBP1-02321), and cyclooxygenase-2 (COX-2; catalog No.: NB600-971), according to the manufacturer's guidelines.

Determination of Apoptotic Proteins in the Hippocampal Tissue

Hippocampal levels of B cell lymphoma 2 (Bcl-2) and Bcl-2-associated X protein (Bax) were quantified using ELISA kits purchased from Elabscience (Houston, TX, USA). Caspase-3 activity was estimated colorimetrically using kits obtained from Sigma-Aldrich (St. Louis, MO, USA).

Determination of Monoamine Levels in the Hippocampal Tissue

Hippocampal levels of serotonin (5-HT), dopamine (DA), and norepinephrine (NE) were estimated by HPLC using an electrochemical detector, according to the technique described by Pagel et al.⁴¹ Acetonitrile (87:13, v/v) and sodium citrate buffer (pH 4.5) were employed as the mobile phase. Frozen hippocampal tissue homogenates were filtered using nylon filters (0.22 mm) before injection into the HPLC system. Elution was performed at a 0.8 mL/min flow rate, and the working electrode potential was adjusted to 0.75 V. The standard curves were generated via the injection of standard solutions of various known concentrations into the HPLC system ([Supplementary Materials; Figure S1](#)) and were used to calculate the final concentrations of all tested neurotransmitters.

Determination of Acetylcholinesterase (AChE), Monoamine Oxidase (MAO) Activities and Brain-Derived Neurotrophic Factor (BDNF) in the Hippocampal Tissue

Hippocampal acetylcholinesterase (AChE) activity was determined using the colorimetric protocol reported by Elman et al.⁴² MAO activity was estimated

fluorometrically at 550 nm (excitation wavelength) and 404 nm (emission wavelength), using 5-hydroxytryptamine (500 mM) as a substrate, according to the procedure described by Dar et al.⁴³ The hippocampal level of brain-derived neurotrophic factor (BDNF) was assayed using ELISA kits obtained from Abcam (Catalog. No.: ab213899), according to the manufacturer's instructions.

Determination of Serum Hormonal Levels

Serum cortisol levels were determined using rat-specific ELISA kits (catalog No.: K7430-100), purchased from BioVision (California, USA). Serum adrenocorticotropin hormone (ACTH) and thyroid-stimulating hormone (TSH) were assayed using the ELISA methods previously described by Arlt and Stewart⁴⁴ and Nicoloff and Spencer,⁴⁵ respectively.

Quantitative Real-Time PCR

The TRIzol method (Invitrogen, Carlsbad, CA, USA) was used to extract total RNA from hippocampal tissues. The corresponding cDNA was reverse transcribed from the extracted RNA using the Script cDNA synthesis kit (Bio-Rad, CA). The relative expression of each target gene was measured using SYBR Green PCR kits (Qiagen, Heidelberg, Germany) and specific primers for each gene on an Applied Biosystems 7500 Instrument. The primer sequences for nitric oxide synthase (*Nos2*), nuclear factor erythroid 2-related factor 2 (*Nrf2*, *Nfe2l2*), and heme oxygenase 1 (HO-1, *Hmox1*) are summarized in Table 1. The glyceraldehyde 3-phosphate dehydrogenase (*Gapdh*) gene (internal control gene) was used to normalize all target gene expression levels. PCR amplification conditions were 10 min at 95°C, followed by 40 cycles of 1 min at 94°C for denaturation, 1 min at 55°C for annealing, and 20 s at 72°C for extension. The relative fold-change levels of all target gene expression levels were calculated using the comparative $2^{-\Delta\Delta CT}$ method.⁴⁶

Table 1 Primer Sequences of Genes Analyzed in Real Time-PCR

Name	Accession Number	Sense (5'—3')	Antisense (5'—3')
<i>Gapdh</i>	NM_017008.4	AGTGCCAGCCTCGTCTCATA	TCCCGTTGATGACCAGCTTC
<i>Nfe2l2</i>	NM_031789.2	CAGCATGATGGACTTGAATTG	GCAAGCGACTCATGGTCATC
<i>Hmox1</i>	NM_012580.2	TTAAGCTGGTATGGCCTCC	GTGGGGCATAGACTGGGTTC
<i>Nos2</i>	NM_012611.3	GGTGAGGGGACTGGACTTTAG	TTGTTGGGCTGGGAATAGCA

Abbreviations: *Gapdh*, Glyceraldehyde 3-phosphate dehydrogenase; *Nfe2l2*, Nuclear factor-erythroid 2-related factor 2; *Hmox1*, Heme oxygenase 1; *Nos2*, Nitric oxide synthase 2.

Light Microscopy and Immunohistochemical Examinations

For histopathological examinations, hippocampal tissue specimens were fixed in buffered neutral formalin (10%). Hippocampal specimens were dehydrated, embedded in paraffin, and sectioned (4–5 μm). Sections were stained using hematoxylin and eosin (H&E) and analyzed using a Nikon Eclipse E200-LED microscope (Tokyo, Japan, 200x and 400× magnification). The degree of hippocampal damage was characterized using a semi-quantitative scoring system, with five grades assigned according to the severity of injury, as follows: 1, minimal injury (<1%); 2, slight injury (1%–25%); 3, moderate injury (26%–50%); 4, moderate/severe injury (51%–75%); and 5, severe injury (76%–100%).⁴⁷ To detect glial fibrillary acidic protein (GFAP), hippocampal tissue sections were incubated overnight with an anti-GFAP antibody (Santa Cruz, CA, USA) at 4°C, followed by incubation with biotinylated secondary antibody at room temperature for 1-h. The 3,3'-diaminobenzidine (DAB) peroxidase substrate kit was used to develop a brown color. The images were observed at a magnification of 400×, using a Nikon Eclipse E200 LED (Tokyo, Japan).

Data Analysis

One-way analysis of variance (ANOVA), followed by Duncan's post hoc test, was used to determine significant differences between biochemical and gene expression parameters using SPSS 26.0. To visualize the data, the mean ± standard deviation (SD) was recorded. A *P*-value lower than 0.05 was considered significant.

Results

Physical and Chemical Characterization of PDGs-SeNPs

After adding PDGs to sodium selenite, the solution was turned from colorless to red color. Size distribution by intensity revealed that the average size of the examined SeNPs was 121.7 nm (Figure 1A) with a mean zeta

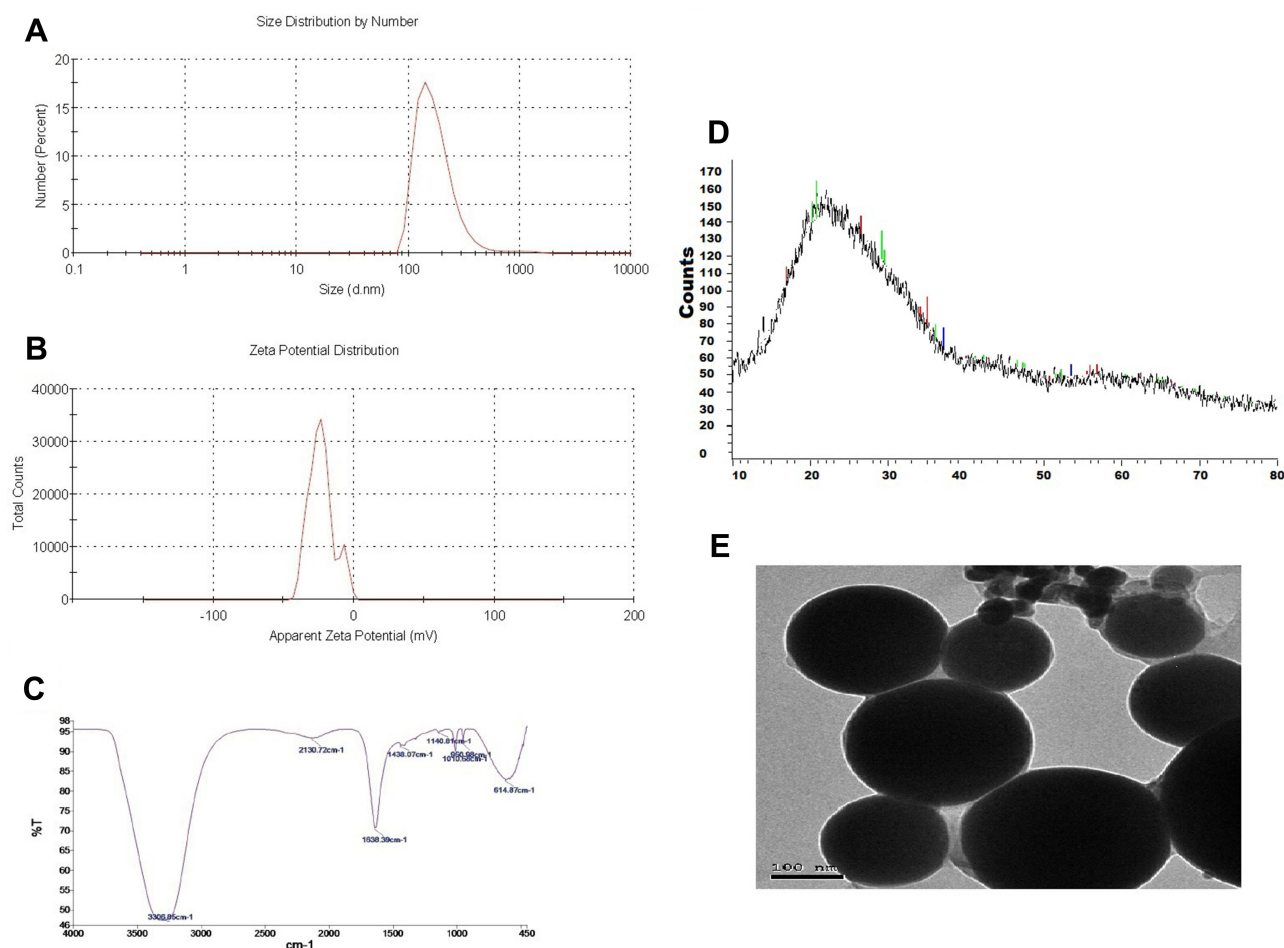


Figure 1 The prodigiosin-loaded selenium nanoparticles characterization, (A) Size distribution histogram as measured by a Malvern Zetasizer, (B) Surface charge histogram as measured by Zeta potential. (C) FT-IR spectra as detected using Fourier-transform infrared spectroscopy. (D) XRD spectra of PDGs-SeNPs. (E) Morphological shape of PDGs-SeNPs as observed by TEM.

potential of -23.3 mV which indicates the moderate stability of SeNPs biosynthesized with PDGs (Figure 1B). The FT-IR investigation result of synthesized PDGs-SeNPs is illustrated in Figure 1C. A broad peak observed at 3306.85 cm^{-1} corresponds to O-H of alcohols and phenols structure. The absorption peak at 2130.72 cm^{-1} corresponds to C≡Calkyne groups. The peak at 1638.39 cm^{-1} is due to the C=O asymmetric stretch carbon compounds. The absorption band at 1438.07 cm^{-1} is due to the presence of O-H bending of alcoholic group. Whereas, the band at 1140.81 cm^{-1} is attributed to the C-O stretching bond corresponding to aliphatic ether group. The absorption peak at 1010.68 cm^{-1} is attributed to the CO-O-CO stretching of the anhydride. C=C stretching in alkene causes a band at 956.98 cm^{-1} . Finally, C-Se stretching in metal compound causes is indicated by the presence band at 614.87 cm^{-1} . These results reveal the presence

of various functional groups that may be responsible for both reduction and stabilization of the PDGs-SeNPs. Furthermore, the XRD pattern records revealed a broader pattern without any definite Bragg peaks. The obtained results indicate that PDGs-SeNPs are not crystalline; rather they are more amorphous (Figure 1D). The prepared PDGs-SeNPs calculated crystalline size is < 134 nm using Scherrer's equation. This amorphous character is in agreement with the earlier studies carried out with lycopene⁴⁸ and different bacterial sp.⁴⁹ Moreover, TEM is employed to analyze the shape of the PDGs-SeNPs biosynthesized with PDGs. TEM image of PDGs-SeNPs revealed spherical particles within the diameter < 120 – 150 nm. These particles were well distributed with mild aggregation (Figure 1E). Moreover, based on our observations, there was no sign of aggregation and the color was stable (deep red color) until 40 days.

Effect of PDGs-SeNPs Treatment on Behavioral and Body Weight Changes Following CUMS Exposure

The impacts of PDGs-SeNPs treatment on CUMS-induced depression-like behaviors were measured using the OFT and SPT in the current study (Figure 2). The OFT total score was significantly reduced ($p < 0.05$) in the CUMS rats compared with that in control rats. Rats treated with Flu, PDGs, Na_2SeO_3 , and PDGs-SeNPs exhibited significant improvements ($p < 0.05$) in OFT scores compared with the CUMS group. Additionally, sucrose consumption (%) was significantly diminished ($p < 0.05$) in the CUMS group compared with the control group. Although all treatments significantly ($p < 0.05$) restored sucrose consumption to near-normal levels, PDGs-SeNPs treatment appeared to be the most effective when compared with no treatment in CUMS model rats (Figure 2). Body weight declined significantly ($p < 0.05$) in the group exposed to CUMS for 28 consecutive days compared with that in the unstressed control group. Treatment with Flu, Na_2SeO_3 , PDGs alone, or PDGs-SeNPs significantly ($p < 0.05$) increased the body weights of CUMS-exposed rats (Figure 2).

Effect of PDGs-SeNPs Treatment on Hippocampal Oxidative Damage Following CUMS Exposure

The hippocampal tissue in CUMS-exposed rats demonstrated a disrupted oxidative status, characterized by increased MDA and NO production and the upregulation of *Nos2* mRNA expression. These changes were accompanied by a significant decrease ($p < 0.05$) in the

levels of endogenous antioxidant proteins, including SOD, CAT, GSH, and its derived enzymes (GPx and GR), compared with those in the control group. The administration of PDGs alone or PDGs-SeNPs significantly inhibited ($p < 0.05$) the development of oxidative insults following exposure to CUMS by enhancing the levels of the examined antioxidant proteins and depleting the levels of pro-oxidants in hippocampal tissue. Similarly, Na_2SeO_3 treatment significantly prevented ($p < 0.05$) oxidative damage associated with CUMS (Figures 3 and 4).

To elucidate the molecular mechanism underlying the antioxidant properties of PDGs-SeNPs treatment following CUMS exposure, *Nfe2l2* and *Hmox1* mRNA expression levels were investigated. Rats exposed to CUMS exhibited the downregulation of *Nrf2* and *HO-1* compared with the expression levels observed in the control group. By contrast, both antioxidant promoters were upregulated in the hippocampal tissue following the administration of PDGs alone or PDGs-SeNPs relative to the levels observed in the untreated CUMS group (Figure 5), demonstrating the potent antioxidant capacities of PDGs and PDGs-SeNPs against hippocampal oxidative damage induced by CUMS exposure (Figure 5).

Effects of PDGs-SeNPs Treatment on Neuroinflammation Following CUMS Exposure

CUMS-induced depression caused neuronal inflammation, identified by significant elevations ($p < 0.05$) in the hippocampal levels of pro-inflammatory cytokines (TNF- α , IL-1 β , and IL-6) and other inflammatory

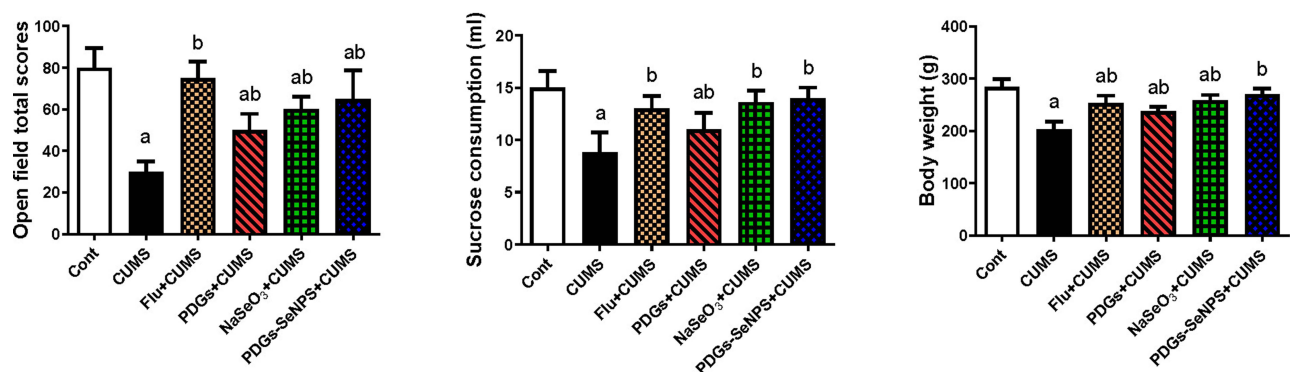


Figure 2 Protective impacts of prodigiosin (PDGs), sodium selenite (Na_2SeO_3), and prodigiosin-loaded selenium nanoparticles (PDGs-SeNPs) administered orally to CUMS-exposed rats on the open-field test, sucrose consumption percentage, and body weight changes. Data were analyzed using one-way ANOVA, followed by Duncan's post hoc test ($p < 0.05$), and are expressed as the mean \pm SD ($n=10$ rats/group). ^aSignificant difference relative to the control group (Non-stressed). ^bSignificant difference relative to the CUMS group (depression model). CUMS: chronic unpredictable mild stress.

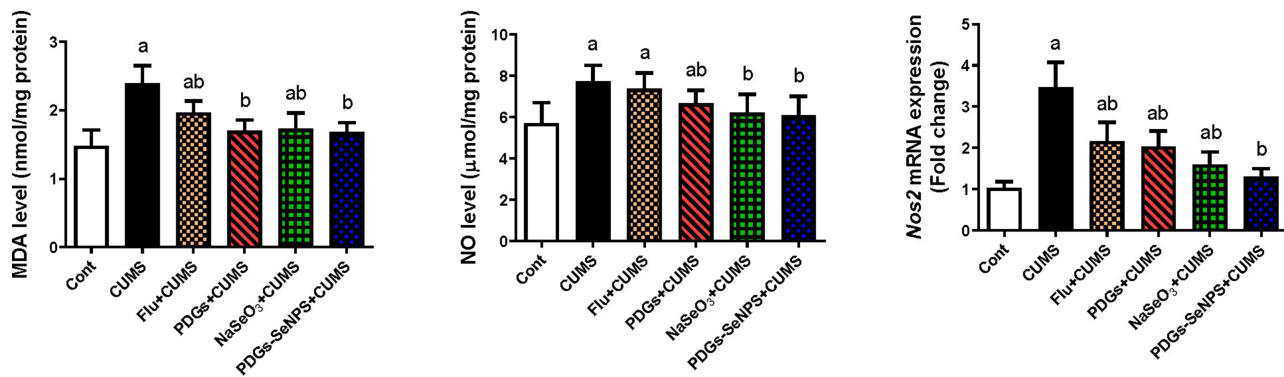


Figure 3 Protective impacts of prodigiosin (PDGs), sodium selenite (Na_2SeO_3), and prodigiosin-loaded selenium nanoparticles (PDGs-SeNPs) administered orally to CUMS-exposed rats on hippocampal mRNA and levels of oxidative stress indicators. Data were analyzed using one-way ANOVA, followed by Duncan's post hoc test ($p < 0.05$), and are expressed as the mean \pm SD ($n=10$ rats/group). ^aSignificant difference relative to the control group (Non-stressed). ^bSignificant difference relative to the CUMS group (depression model).

Abbreviations: MDA, malondialdehyde; NO, nitric oxide; Nos2, inducible nitric oxide synthase; CUMS, chronic unpredictable mild stress.

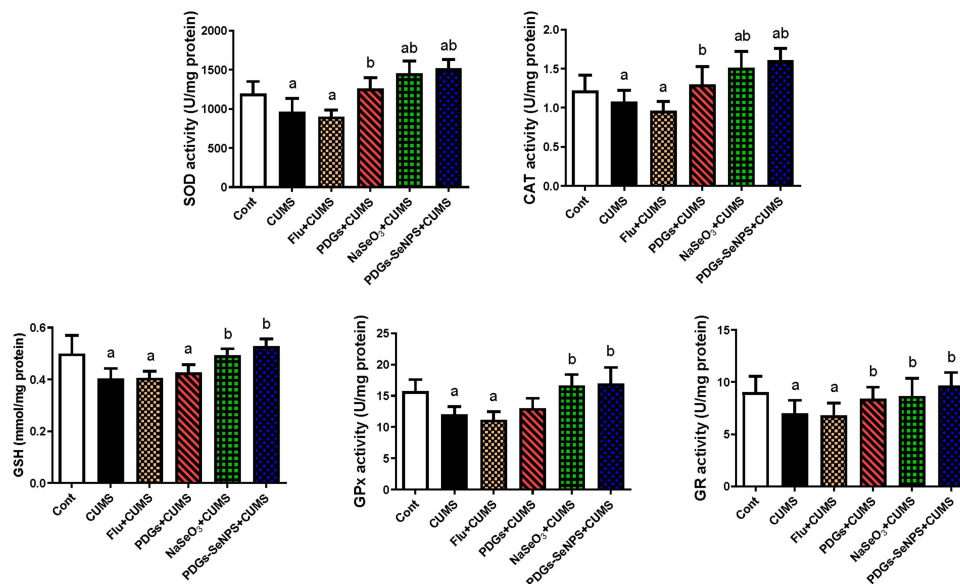


Figure 4 Protective impacts of prodigiosin (PDGs), sodium selenite (Na_2SeO_3), and prodigiosin-loaded selenium nanoparticles (PDGs-SeNPs) administered orally to CUMS-exposed rats on hippocampal antioxidant enzyme activities. Data were analyzed using one-way ANOVA, followed by Duncan's post hoc test ($p < 0.05$), and are expressed as the mean \pm SD ($n=10$ rats/group). ^aSignificant difference relative to the control group (Non-stressed). ^bSignificant difference relative to the CUMS group (depression model).

Abbreviations: CAT, catalase; SOD, superoxide dismutase; GSH, glutathione; GPx, glutathione peroxidase; GR, glutathione reductase; CUMS, chronic unpredictable mild stress.

mediators (PGE2 and COX-2), the upregulation of NF- κ B, and reduced IL-10 levels compared with the levels observed in the control group. However, these hippocampal inflammatory responses were significantly suppressed in all treated groups, especially in PDGs and PDGs-SeNPs treated rats, compared with the CUMS group, indicating the potent anti-inflammatory activity of these treatments in the CUMS-induced depression model (Figure 6).

Effects of PDGs-SeNPs Treatment on Apoptotic Proteins Following CUMS Exposure

To explore neuronal apoptotic events in the CUMS-induced depression model rats and the potential anti-apoptotic role of PDGs-SeNPs treatment, the levels of Bcl-2 and Bax and caspase-3 activity were examined in hippocampal tissue. Compared with the control group, rats exposed to CUMS

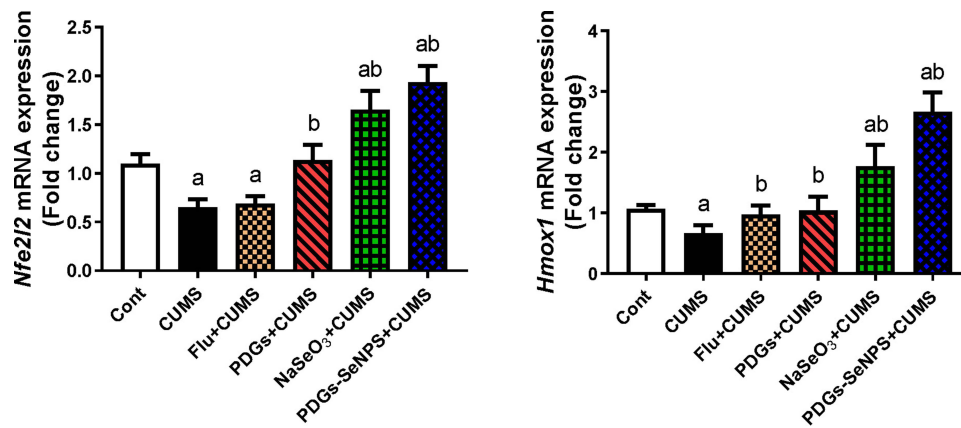


Figure 5 Protective impacts of prodigiosin (PDGs), sodium selenite (Na₂SeO₃), and prodigiosin-loaded selenium nanoparticles (PDGs-SeNPs) administered orally to CUMS-exposed rats on the mRNA expression levels of *Nfe2l2* and *Hmox1*. Data were analyzed using one-way ANOVA, followed by Duncan's post hoc test ($p < 0.05$), and are expressed as the mean \pm SD ($n = 10$ rats/group). ^aSignificant difference relative to the control group (Non-stressed). ^bSignificant difference relative to the CUMS group (depression model). **Abbreviations:** *Nfe2l2*, Nuclear factor erythroid 2-related factor 2; *Hmox1*, heme oxygenase-1; CUMS, chronic unpredictable mild stress.

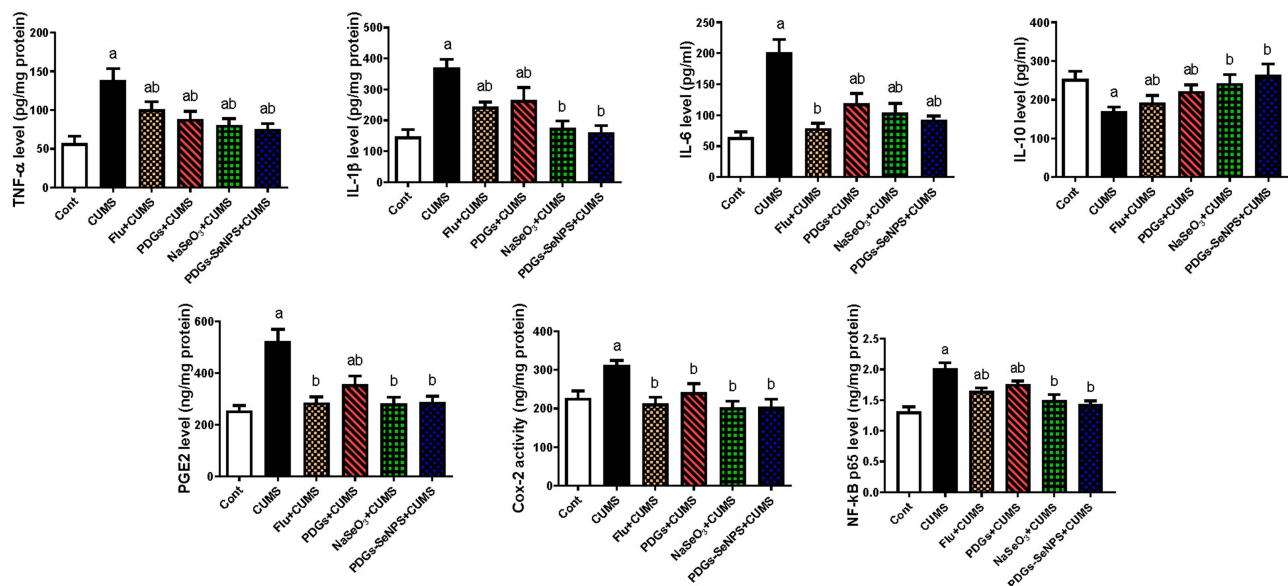


Figure 6 Protective impacts of prodigiosin (PDGs), sodium selenite (Na₂SeO₃), and prodigiosin-loaded selenium nanoparticles (PDGs-SeNPs) administered orally to CUMS-exposed rats on hippocampal levels of neuroinflammatory markers. Data were analyzed using one-way ANOVA, followed by Duncan's post hoc test ($p < 0.05$), and are expressed as the mean \pm SD ($n = 10$ rats/group). ^aSignificant difference relative to the control group (Non-stressed). ^bSignificant difference relative to the CUMS group (depression model).

Abbreviations: TNF- α , tumor necrosis factor-alpha; IL-1 β , interleukin-1 β ; IL-6, interleukin-6; IL-10, interleukin-10; PGE2, prostaglandin E2; COX-2, cyclooxygenase-2; NF- κ B, nuclear factor kappa-B transcription complex; CUMS, chronic unpredictable mild stress.

exhibited significant elevations ($p < 0.05$) in the levels of apoptogenic proteins (Bax and caspase-3), whereas a significant reduction ($p < 0.05$) in the Bcl-2 level (anti-apoptotic protein) was observed. However, PDGs-SeNPs administration prevented the apoptotic cascade and reversed the CUMS-exposure-induced changes in apoptotic proteins compared with the untreated CUMS levels, indicating the protective role played by PDGs-SeNPs against neuronal loss following CUMS exposure. Flu and NaSeO₃ treatments also

restored alterations in the apoptotic proteins near the normal levels when compared with the control group (Figure 7).

Effects of PDGs-SeNPs Treatment on Hormonal Levels Following CUMS Exposure

Serum cortisol and ACTH levels were significantly increased ($p < 0.05$), whereas TSH levels were decreased in CUMS-exposed rats compared with those

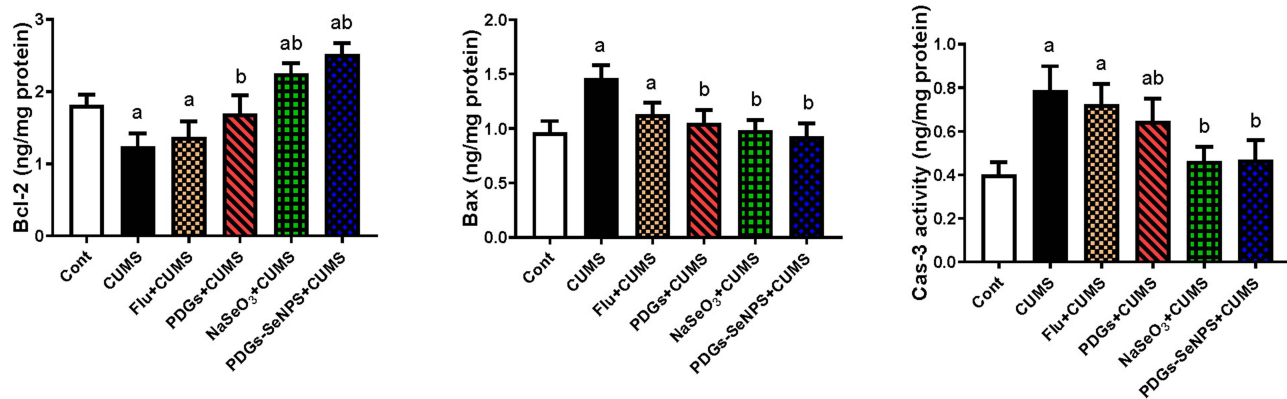


Figure 7 Protective impacts of prodigiosin (PDGs), sodium selenite (Na₂SeO₃), and prodigiosin-loaded selenium nanoparticles (PDGs-SeNPs) administered orally to CUMS-exposed rats on hippocampal levels of apoptosis markers. Data were analyzed using one-way ANOVA, followed by Duncan's post hoc test ($p < 0.05$), and are expressed as the mean \pm SD ($n = 10$ rats/group). ^aSignificant difference relative to the control group (Non-stressed). ^bSignificant difference relative to the CUMS group (depression model).

Abbreviations: Bcl2, B cell lymphoma 2; Bax, Bcl-2-associated X protein; CUMS, chronic unpredictable mild stress.

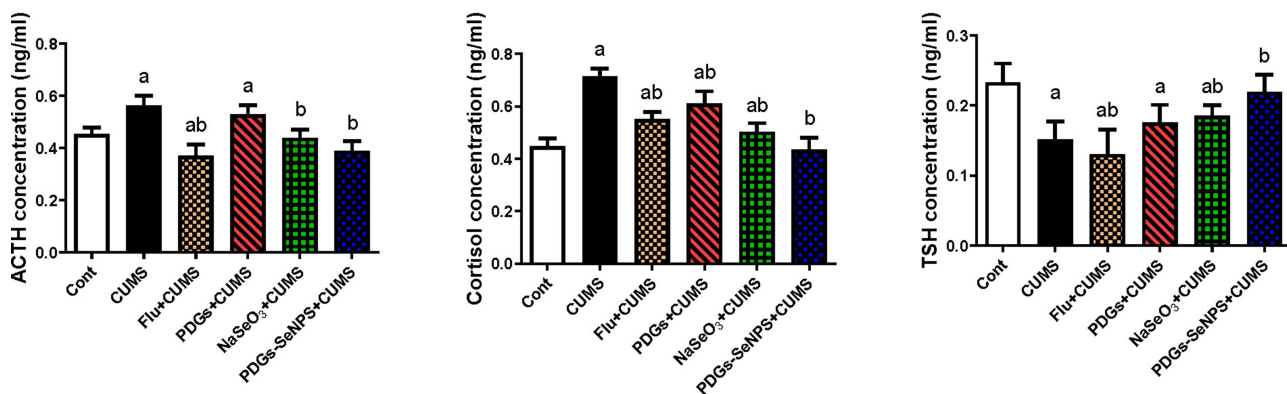


Figure 8 Protective impacts of prodigiosin (PDGs), sodium selenite (Na₂SeO₃), and prodigiosin-loaded selenium nanoparticles (PDGs-SeNPs) administered orally to CUMS-exposed rats on serum hormonal levels. Data were analyzed using one-way ANOVA, followed by Duncan's post hoc test ($p < 0.05$), and are expressed as the mean \pm SD ($n = 10$ rats/group). ^aSignificant difference relative to the control group (Non-stressed). ^bSignificant difference relative to the CUMS group (depression model).

Abbreviations: ACTH, Adrenocorticotropic hormone; TSH, Thyroid-stimulating hormone; CUMS, chronic unpredictable mild stress.

in control animals. The levels of the tested hormones returned to near-normal values, and the maximum effect was observed in the PDGs-SeNPs treated group (Figure 8).

Effects of PDGs-SeNPs Treatment on the Levels of Monoamines, AChE, MAO, and BDNF Following CUMS Exposure

A disturbance in cholinergic and monoaminergic neurotransmission was observed in CUMS-exposed rats, as indicated by decreased levels of 5-HT, DA, and NE and reduced AChE activity in hippocampal tissue. Additionally, the CUMS-exposed rats revealed a significant increase in MAO activity compared with that in the control group. Interestingly, PDGs administration (either alone or as

PDGs-SeNPs) significantly restored ($p < 0.05$) the levels of these neurotransmitters, and AChE and MAO activities were restored to near-normal values, demonstrating the potent neuromodulatory role played by PDGs-SeNPs against CUMS-mediated depression-like symptoms. Flu and Na₂SeO₃ administration were also found to normalize the changes in the examined neurotransmitters to levels similar to those observed in the unstressed control group (Table 2).

CUMS-exposed rats exhibited a marked decrease ($p < 0.05$) in BDNF levels compared with that in the control rats. However, all treated groups showed a significant increase ($p < 0.05$) in BDNF levels (which returned to the control level) when compared with the CUMS group (Table 2).

Table 2 Protective Impacts of Prodigiosin (PDGs), Sodium Selenite (Na_2SeO_3), and Prodigiosin-Loaded Selenium Nanoparticles (PDGs-SeNPs) Administered Orally to CUMS-Exposed Rats on Hippocampal Monoamine Levels and Acetylcholinesterase and Monoamine Oxidase Activities

Parameters	Experimental Groups					
	Cont	CUMS	Flu+CUMS	PDGs+CUMS	Na_2SeO_3 +CUMS	PDGs-SeNPs +CUMS
AChE activity ($\mu\text{mol}/\text{min}/\text{mg}$ protein)	9.18 ± 0.58	13.37 ± 0.68^a	9.62 ± 0.70^b	11.42 ± 1.16^{ab}	10.03 ± 0.73^b	9.73 ± 0.71^b
5-HT ($\mu\text{g}/\text{g}$ tissue)	6.72 ± 0.53	3.73 ± 0.50^a	6.71 ± 0.90^b	4.45 ± 0.52^{ab}	5.84 ± 0.65^{ab}	6.38 ± 0.47^b
DA ($\mu\text{g}/\text{g}$ tissue)	0.120 ± 0.02	0.085 ± 0.02^a	0.123 ± 0.02^b	0.103 ± 0.01^{ab}	0.113 ± 0.01^b	0.122 ± 0.01^b
NE ($\mu\text{g}/\text{g}$ tissue)	0.22 ± 0.02	0.15 ± 0.01^a	0.20 ± 0.02^b	0.18 ± 0.02^{ab}	0.21 ± 0.02^b	0.22 ± 0.02^b
MAO activity (% of control)	107.23 ± 9.35	229.16 ± 12.34^a	133.44 ± 11.25^b	198.52 ± 11.76^a	165.38 ± 9.14^{ab}	160.59 ± 8.36^{ab}
BDNF level (pg/mg protein)	0.35 ± 0.03	0.19 ± 0.02^a	0.28 ± 0.01^{ab}	0.25 ± 0.02^{ab}	0.36 ± 0.01^b	0.38 ± 0.02^b

Notes: Data were analyzed using one-way ANOVA, followed by Duncan's post hoc test ($p < 0.05$), and expressed as the mean \pm SD ($n=10$ rats/group). ^aSignificant difference relative to the control group (Cont; non-stressed); ^bSignificant difference relative to the CUMS group (Depression model).

Abbreviations: AChE, Acetylcholinesterase; 5-HT, Serotonin; DA, Dopamine; NE, Norepinephrine; MAO, Monoamine oxidase; BDNF, Brain-Derived Neurotrophic Factor; CUMS, Chronic Unpredictable Mild Stress; Flu, Fluoxetine; PDGs, Prodigiosin; Na_2SeO_3 , Sodium Selenite; PDGs-SeNPs, Prodigiosin Conjugated with Selenium Nanoparticles.

Effects of PDGs-SeNPs Treatment on Histological Alteration in the Hippocampal Tissue Following CUMS Exposure

As presented in [Figure 9](#), the hippocampal tissue sections obtained from the CUMS group exhibited severe neural cell degeneration, indicated by the presence of apoptotic neurons, pyknotic nuclei, vacuolation in the intraneuronal space, and inflammatory cell infiltration. By contrast, the groups that received PDGs and PDGs-SeNPs administration markedly improved hippocampal structures, and the development of neuronal impairments associated with CUMS was prevented ([Supplementary Materials: Figure S2](#)).

Effects of PDGs-SeNPs Treatment on Glial Fibrillary Acidic Protein (GFAP) Expression in Hippocampal Tissue Following CUMS Exposure

Immunohistochemical examination revealed the downregulation in GFAP immunoreactivity in CUMS-treated rats compared with that in the control group, indicating astrocytic deactivation. However, PDGs-SeNPs administration effectively upregulated the GFAP immunoreactivity in hippocampal tissue following CUMS exposure ([Figure 9](#)).

Discussion

Depression is a multifactorial disease that involves both hereditary and environmental factors, and identifying the

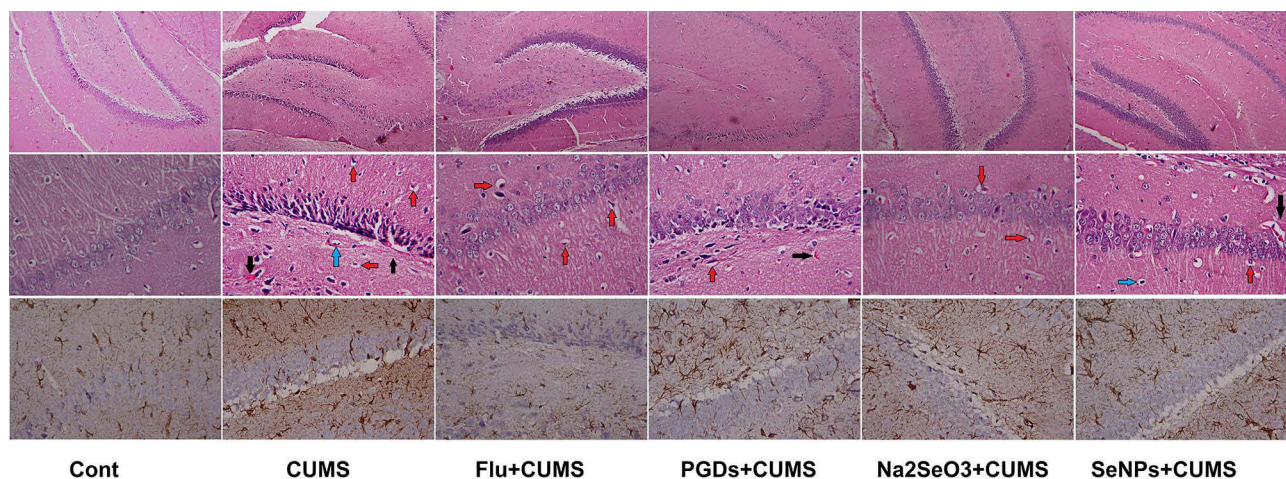


Figure 9 Protective impacts of prodigiosin (PDGs), sodium selenite (Na_2SeO_3), and prodigiosin-loaded selenium nanoparticles (PDGs-SeNPs) administered orally to CUMS-exposed rats on hippocampal histological alterations and glial fibrillary acidic protein (GFAP) expression. Black arrow: blood vessels congestion; red arrow: apoptotic neurons; blue arrow: neuron edema and degeneration.

underlying pathways associated with the development of depression is urgently necessary to gain new insights regarding how to prevent and treat depression using newly developed pharmaceutical strategies.⁵⁰ The currently available classical antidepressant drugs are typically associated with reduced efficacy in some populations and the occurrence of adverse effects.⁵¹ The use of metal-based nanoformulations has become a promising trend in the pharmaceutical industries to the enhanced bioavailability, delivery progression, and drug inflow to the target tissues provided by these treatment formulations compared with typical drug formulations.⁵² Accumulating evidence has indicated the potential role of Se-based nanoparticles for the treatment of neural diseases.³⁰ However, the role and mechanisms through which Se might regulate depressive disorders have not yet been fully determined. To the author's knowledge, this study is the first to investigate the neuroprotective effects of PDGs, either alone or in the form of stabilized-selenium nanoparticles (PDGs-SeNPs), in a CUMS-induced depression-like animal model. Nanoparticles' size has a significant effect on their biological activity. Generally, nanoparticles with a smaller size are more active than those with a bigger size.⁵³ In the case of elemental Se, certain properties are certainly size-dependent. It is physiologically inactive above the micrometre size range.⁵⁴ SeNPs have been shown to have a size effect on redox reactivity,⁵⁵ and SeNPs with a size range of 5–200 nm have a size-dependent effect on directly scavenging several free radicals in vitro, including 1,1-diphenyl-2-picrylhydrazyl and superoxide anion.⁵⁶ According to Pelyhe and Mézes⁵⁷ and Wang et al,⁵⁸ selenium at the nanoscale exhibits a reduced hazardous effect. Additionally, these researchers demonstrated that preparing selenium in the form of nanoselenium increases selenium bioavailability in the body.

One of the most commonly applied tests for evaluating anxiety-like behavior is the OFT, which can also be used to assess spontaneous activity in rodents.⁵⁹ The SPT is commonly used to evaluate notable depression-like symptoms in rodents, anhedonia, or the lack of pleasure.³² Hu et al⁹ reported reduced horizontal and vertical movement, locomotion latencies, and prominent reduction of number of central zone entries in CUMS rats. A substantial reduction in sucrose solution consumption has also been reported in CUMS-exposed animals.⁷ Homogeneity in the reported responses of CUMS-treated animals in both the OFT and SPT has been identified across multiple studies.^{10,31,60} The observed changes in OFT performance in CUMS-exposed animals

relative to unstressed animals indicate that CUMS exposure has a significant influence on anxiety, exercise, and exploration levels.⁶¹ The observed reduction in sucrose consumption in the SPT reflects the suppression of the brain reward system associated with CUMS exposure, which serves as a proxy for depression in rodents.⁶² CUMS has also been associated with significant changes in body weight, which aligns with previous studies and likely reflects combined effects of stress, food deprivation, and sucrose consumption paradigms used during the CUMS protocol.^{31,60,63} Comparably, Zhang et al⁶⁴ reported that animals exposed to the CUMS paradigm showed reduced body weight gains relative to non-stressed animals. Following our discriminate analysis, we observed diminished OFT scores, reduced sucrose intake, and lower body weights in rats exposed to CUMS for four continuous weeks compared with those measures in control unstressed rats. However, our study showed that these changes could be ameliorated by PDGs and PDGs-SeNPs administration. This finding agrees with the findings of Ebokaiwe et al,⁶⁵ Ali et al,⁶⁶ and Yuan et al,³⁰ who reported that SeNP administration attenuated neurobehavioral alterations following brain injury. Our study is considered the first investigation to assess the modification of depression-related behaviors through the administration of PDGs, either alone as PDGs-SeNPs in CUMS-exposed rats.

Oxidative stress plays a fundamental role in the pathogenesis and progression of psychiatric diseases, including depression or bipolar disorder.⁶⁷ One of the pathophysiologicals of depression is the repeated or unpredictable exposure to stress, which results in the upregulation of ROS generation and secretion, the depletion of innate antioxidant proteins, and the induction of neurodegeneration and necrosis.⁶⁸ The current study examined CUMS-induced hippocampal oxidative injury and identified the elevation of MDA and NO levels and *Nos2* mRNA levels, in addition to the suppression of the antioxidant system, indicated by reduced antioxidant molecule activities, including GSH, GPx, GR, SOD, and GR, and the downregulation of the Nrf2/HO-1 pathway. PDGs-SeNPs administration protected hippocampal tissues by enhancing endogenous antioxidants and inhibiting pro-oxidant formation.

These results align with those reported by previous studies, in which a link between CUMS and the initiation of oxidative insults in brain tissues was demonstrated by increased levels of neuronal lipoperoxidation and NO production, which was associated with a reduction in antioxidant markers and enzymes.^{6,69,70} This imbalance between oxidants and antioxidants has been attributed to ROS

overproduction. In support of previous studies, our findings indicated the significant downregulation of *Nfe2l2* and *Hmox1* mRNA expression levels in the hippocampal tissue of CUMS-exposed rats. The deactivation of the Nrf2/HO-1 signaling pathway plays an essential role in the development of oxidative injury following CUMS exposure.⁷¹ Nrf2 is a transcriptional mediator with cytoprotective impacts mediated by controlling the expression of an array of antioxidant proteins, such as HO-1.⁷² The antioxidant activity of Se has been correlated with the incorporation of Se in selenoproteins and selenoenzyme structures, which can dampen ROS and reduce oxidative damage.⁷³ In accordance with our findings, the treatment of epileptic mice with Se nanoparticles restored neuronal oxidative damage through the upregulation of GR, SOD, GPx, and CAT mRNA expression, increased GSH levels, and reduced MDA and NO generation,³⁰ which were attributed to the enhancement of antioxidant regulators (Nrf2/HO-1). Se nanoparticles have been reported to have potent ROS scavenging activity and boosted several endogenous antioxidant proteins due to the small size of Se, which allows for more Se molecules to accumulate and scavenge free radicals.⁷⁴ Due to their small size and large surface area, SeNPs had a greater number of atoms exposed to free radicals for the electron exchanger, implying a greater capacity for scavenging multiple free radicals than larger sized antioxidant enzymes, particularly SOD and GPx. Thus, SeNPs were able to significantly suppress oxidative stress markers and restore non-enzymatic and enzymatic antioxidants.⁵⁸ Previous investigations examining Se or SeNPs have indicated their abilities to improve the activities and expression of endogenous antioxidant proteins and suppress ROS production following neuronal damage.^{66,75,76} Chitosan-stabilized Se nanoparticles also displayed more antioxidant power toward acrylamide-induced neural damage, as demonstrated by reduced cerebral MDA and NO levels and increased GSH levels.⁷⁷ The antioxidant potential of PDGs may also be associated with free radical-scavenging properties and the ability to interfere with NOS activity to suppress NO production.²⁰ PDGs have also been demonstrated to effectively inhibit ROS production associated with hypoxia-mediated brain injury by minimizing nitrotyrosine formation and hindering blood-brain barrier leakage, which suppresses CD11b leukocyte infiltration.⁷⁸ Similarly, PDGs administration prevented the imbalance between gastric oxidants and antioxidants induced by HCl/ethanol through reduced

lipid peroxide and NO levels and elevated antioxidant enzyme and GSH levels.²⁹

Neural inflammation and apoptosis are prevalent etiologic factors associated with neurodegenerative and depressive disorders.⁷⁹ Following CUMS exposure, our results revealed the overproduction of pro-inflammatory cytokines (TNF- α , IL-1 β , and IL-6), COX-2, PGE2, and NF- κ B in the hippocampal tissue. Earlier studies have reported increased levels of pro-inflammatory cytokines in the prefrontal cortex of animal models of depression.^{4,59,80} The inflammatory response that follows CUMS exposure has been suggested to be associated with enhanced COX-2/PGE2-driven inflammatory pathways and the increased activation of NF- κ B, leading to increased pro-inflammatory cytokines production.^{81,82} By contrast, the administration of Se nanoformulations exhibited neuroprotective activity via the suppression of the inflammatory cascade in epileptic mice and diabetic rats.^{30,65} PDGs-SeNPs administration also successfully prevented hippocampal inflammatory events associated with CUMS exposure. Similarly, treatment with SeNPs was shown to inhibit the release of pro-inflammatory cytokines and reduce microglial inflammatory responses through the suppression of NF- κ B.⁶⁶ The neural anti-inflammatory properties of PDGs were previously illustrated in oxygen-glucose deprivation (OGD)-activated microglial cells and middle cerebral artery occlusion/reperfusion (MCAO/R)-injured mouse brains, through the regulation of NF- κ B activation and nuclear translocation. Additionally, PDGs can suppress the activation of the COX-2/PGE2 pathway and myeloperoxidase activity, which are considered to serve as vital mediators of tissue oxidative stress and inflammation.²⁹

A major underlying component associated with neurodegenerative disorders, including depression, is neuronal cell death. Apoptosis is the primary form of cell death and is tightly linked to oxidative insults, either directly or through the activation of inflammatory pathways.⁸³ Our results revealed a significant acceleration in the apoptosis rate in neuronal cells of CUMS-exposed rats, as demonstrated by a decline in the Bcl-2 level and an increase in Bax and caspase-3 levels. Previous studies have also reported disruptions in the Bcl-2/Bax regulatory pathways during depression.^{6,31,84} Emerging evidence suggests that neuronal cell death in depressed patients is coupled with excessive ROS levels and the activation of stress kinases, in addition to the activation of NF- κ B.³ However, treatment with PDGs-SeNPs prevented CUMS-induced neuronal cell loss, as indicated by the decreased expression of pro-apoptotic proteins (Bax and caspase-3) the increased

expression of the anti-apoptotic protein Bcl-2. Earlier reports have demonstrated the anti-apoptotic activity of Se and Se-based nanoformulations.^{29,30,85} The anti-apoptotic effects of SeNPs have been suggested to be associated with the ability to modulate Ca^{2+} homeostasis and decrease intracellular Ca^{2+} concentrations via the regulation of parvalbumin protein expression because increased Ca^{2+} levels induce apoptosis and necrotic cell death.⁶⁵ Additionally, PDGs administration has been reported to stimulate anti-apoptotic protein (Bcl-2) expression and downregulate Bax and caspase-3 activation.⁸⁶

The HPA axis plays a vital role in the stress response.⁶⁰ The unusual release of cortisol has been associated with exposure to chronic stress.^{50,59,63} Here, we recorded a significant increase in cortisol and ACTH levels, accompanied by a decrease in the TSH level. In line with our study, CUMS exposure induced the elevation of serum ACTH and cortisol levels through the enhancement of HPA axis activity.^{4,6} The elevation of pro-inflammatory cytokine release following stress could activate the HPA, subsequently increasing cortisol secretion and inducing neuronal damage in brain tissue.⁸⁷ Treatment with PDGs, either alone or in the form of PDGs-SeNPs, normalized serum levels of ACTH, TSH, and cortisol in CUMS-exposed rats, suggesting that these treatments were able to ameliorate the overactivity of the HPA axis mediated by stress. Se is necessary for peripheral corticosterone and ACTH metabolism and the activity of the selenoenzyme deiodinase, which catalyzes the deiodination of T_4 into T_3 ,⁸⁸ which might explain the restoration of hormonal balance following SeNPs administration.

Although the specific pathophysiological mechanisms underlying depression are not yet completely clear, animal and human studies have illustrated that dysfunctional intracerebral neurotransmission, such as 5-HT, NE, and DA, is positively associated with the development of depression.⁸⁰ In the current study, CUMS exposure disrupted cholinergic and monoaminergic transmission, as demonstrated by reduced hippocampal levels of AChE, 5-HT, DA and NE, which was associated with increased MAO activity. A previous report showed that the hyperactivity of the HPA axis is correlated with a reduction in 5-HT and NE levels in brain tissue.⁸⁹ Additionally, a connection between the overproduction of inflammatory cytokines during stress and monoamine neurotransmitter metabolism has also been reported.⁹⁰ Previous findings have demonstrated diminished levels of cholinergic and monoamine neurotransmitters in depressed animals.^{80,87}

Liu⁹¹ also described reduced AChE activity in CUMS-exposed animals, resulting in acetylcholine accumulation and subsequent neurological consequences. The decrease in 5-HT content in depression has been correlated with reduced synaptosomal uptake and the suppression of tryptophan hydroxylase activity.⁹² In addition, increased cytokine expression can promote NO synthesis and minimize tetrahydropterine, resulting in a decline in tyrosine hydroxylase activity, preventing the conversion of tyrosine into DA.⁹³ NE depletion in neural disorders, including depression, is likely due to the downregulation of $\alpha 1$ receptor density or the suppression of the dopamine- β -hydroxylase enzyme that is responsible for NE synthesis.^{30,94} Another theory that might explain decreased monoamine levels in depression is increased MAO activity, which is involved in the monoamine degradation process⁹⁵ and was observed in our results. Our study is the first to explore the potential neuroprotective effect of PDGs, either alone or in the form of PDGs-SeNPs, highlighting the ability of PDGs to modulate neurotransmission in hippocampal tissues, particularly monoamines. In agreement with our results, SeNPs administration elevated AChE activity and DA, NE, and 5-HT contents in an epileptic model induced by neuronal intoxication with cadmium or acrylamide.^{30,96,97} The authors attributed this outcome to the ability of Se to inhibit MAO activity, in addition to the ROS scavenging activity and anti-inflammatory potency of Se.⁹⁷ The administration of Se was also shown to suppress neurodegeneration and reduce the loss of dopaminergic neurons in a Parkinson's disease model.⁹⁸

BDNF is a neurotrophic factor that contributes to the maintenance and survival of neurons and is involved in synaptic plasticity. Accumulating data suggest that BDNF plays an important role in the development of depression and has been considered as a potential therapeutic target for antidepressant drugs.⁹⁹ Our findings showed a significant decline in BDNF levels in the hippocampal tissue following CUMS exposure. These results are in line with those of previous studies.^{100,101} Reduced BDNF levels correlate with ROS production and the development of oxidative damage following exposure to CUMS.⁶ PDGs and SeNPs co-treatment was shown to significantly counteract the prominent changes in BDNF levels, which could be attributed to their potent antioxidant capacities. Previous reports showed that Se and its nanoformulations could restore BDNF levels following neuronal damage.^{102,103}

GFAP is the primary intermediate filament component of astrocytes and is widely used as a marker for astrocytic

activation.¹⁰⁴ In agreement with previous studies, our findings revealed a decrease in the immunoreactivity of hippocampal GFAP in CUMS-exposed rats,^{105,106} which was attributed to apoptosis induced by chronic stress, reduced neurogenesis, and increased neuronal atrophy and cell death.¹⁰⁷ Treatment with both PDGs and PDGs-SeNPs was able to efficiently restore GFAP immunoreactivity, indicating the activation of astrocytes. Although no previous reports have examined the effects of PDGs, either alone or combined with SeNPs, on GFAP expression in brain tissue, Se and SeNPs were found to dampen apoptotic cell death processes in the hippocampus, increase GFAP expression, reduce reactive astrogliosis, increase neuronal survival, and mitigate overall neuronal damage.^{85,108}

Conclusion

Based on our findings, SeNPs with a size range of 120–150 loaded with PDGs (PDGs-SeNPs) exerted neuroprotective effects against CUMS-induced depression-like behaviors, as demonstrated by ameliorated behavioral responses, the restoration of normal body weight, and the prevention of hippocampal oxidative insults associated with neuroinflammation and neuronal cells loss. Additionally, PDGs-SeNPs displayed a neuroprotective role through the modulation of disrupted monoaminergic and cholinergic transmission, increased BDNF levels, and the activation of GFAP in hippocampal tissue.

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Disclosure

The authors report no conflicts of interest for this work.

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