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EDITED BY

Birija Sankar Patro,
Bhabha Atomic Research Centre
(BARC), India

REVIEWED BY

Bing Shen,
Shanghai General Hospital, China
Sujit Kumar Bhutia,
National Institute of Technology
Rourkela, India

*CORRESPONDENCE

Gianni M. Di Guglielmo,
John.diguglielmo@schulich.uwo.ca

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Transforming growth factor- β in tumour development

Charles B. Trelford¹, Lina Dagnino^{1,2} and
Gianni M. Di Guglielmo^{1*}

¹Department of Physiology and Pharmacology, Schulich School of Medicine and Dentistry, Western University, London, ON, Canada, ²Department of Oncology, Children's Health Research Institute and Lawson Health Research Institute, London, ON, Canada

Transforming growth factor- β (TGF β) is a ubiquitous cytokine essential for embryonic development and postnatal tissue homeostasis. TGF β signalling regulates several biological processes including cell growth, proliferation, apoptosis, immune function, and tissue repair following injury. Aberrant TGF β signalling has been implicated in tumour progression and metastasis. Tumour cells, in conjunction with their microenvironment, may augment tumorigenesis using TGF β to induce epithelial-mesenchymal transition, angiogenesis, lymphangiogenesis, immune suppression, and autophagy. Therapies that target TGF β synthesis, TGF β -TGF β receptor complexes or TGF β receptor kinase activity have proven successful in tissue culture and in animal models, yet, due to limited understanding of TGF β biology, the outcomes of clinical trials are poor. Here, we review TGF β signalling pathways, the biology of TGF β during tumorigenesis, and how protein quality control pathways contribute to the tumour-promoting outcomes of TGF β signalling.

KEYWORDS

transforming growth factor-b (TGFb), Smad, receptor trafficking, epithelial-mesenchymal transition (EMT), autophagy, protein 62/sequestosome 1 (p62/SQSTM1)

Introduction

Transforming growth factor- β (TGF β), a central modulator of development, growth, proliferation, immune function, apoptosis, and homeostasis, plays key roles in cellular communication (Hajek et al., 2012). TGF β is secreted as a latent cytokine that is sequestered by extracellular matrix (ECM) proteins (Isogai et al., 2003). Following enzymatic or allosteric-mediated release and subsequent activation of TGF β , TGF β ligands bind to ubiquitously expressed cell surface receptors (Horiguchi et al., 2012). Autocrine or paracrine TGF β signalling modulates cell function by regulating transcription, translation, and post-translational modifications of several proteins (Massagué, 2012). Alterations in TGF β signalling pathways have been implicated in numerous pathologies, including congenital diseases, fibrotic disorders, immune dysfunction, and tumorigenesis (Massagué, 2008; Neuzillet et al., 2015). The regulation of TGF β signalling in cancer is complex, as it generally plays a tumour suppressive role in normal tissues and early tumour development (Principe et al., 2014). In contrast, mutations or abnormalities in the tumour suppressive arms of TGF β

signalling are common in advanced cancers (Harradine and Akhurst, 2006). In tumour cells, this cytokine drives tumourigenesis by inducing epithelial-mesenchymal transition (EMT), metastasis, angiogenesis, autophagy, and immune suppression (Bierie and Moses, 2006). In this review, we will discuss TGF β signalling pathways and how TGF β may progress tumourigenesis.

Transforming growth factor- β pathways

The TGF β superfamily consists of 33-members of secreted cytokines that are ubiquitously expressed in vertebrates and invertebrates. This superfamily includes TGF β proteins, bone morphogenetic proteins (BMPs), activins, inhibins, nodal, lefty1, lefty2, anti-muellerian hormone (AMH), growth differentiation factors (GDFs), myostatin, and glial cell-derived neurotrophic factor (GDNF) (Lichtman et al., 2016). On the basis of their biological functions and mature protein structure, these members can be subclassified into four subfamilies (David and Massagué, 2018). In humans, the TGF β subfamily consists of TGF β 1, TGF β 2, TGF β 3, the activin/inhibin/nodal subfamily consists of activinA, activinB, nodal, lefty1, lefty2, inhibin α , inhibin β , the BMP/GDF subfamily consists of nine BMPs, and nine GDFs, and the fourth subfamily that has no defined relationship includes AMH, BMP15, GDF9, GDF15, and GDNF (Mueller and Nickel, 2012).

As homodimers or heterodimers, TGF β superfamily members signal through heteromeric TGF β receptor complexes. Seven different type I receptors, five type II receptors, and betaglycan and endoglin type III receptors have been described in vertebrates and invertebrates (Weiss and Attisano, 2013). Receptor activation leads to signalling cascades modulated by several classes of Smad-mothers against decapentaplegic (Smad) proteins, such as receptor regulated Smads (R-Smads), common Smads (co-Smads), and inhibitory Smads (I-Smads) (Massagué, 2012) as well as non-Smad signalling proteins (Mu et al., 2012). Although an extensive number of TGF β superfamily members activate specific subsets of receptors and signalling molecules, this review will focus on the TGF β subfamily.

Synthesis and post-translational modifications of TGF β

In most metazoans, three genes encoding TGF β isoforms have been described, and in humans the *TGF β 1*, *TGF β 2*, and *TGF β 3* genes are located on chromosomes 19, 1, and 14, respectively (Nishimura et al., 1993; Cruts et al., 1995; Green et al., 2001). Although *TGF β 1*, *TGF β 2*, and *TGF β 3*

genes are highly conserved across species, there are some exceptions. For instance, *TGF β 4* has been identified in avian species; however, genetic mapping of chicken *TGF β 4* suggested that it is orthologous to human *TGF β 1* (Halper et al., 2004). Moreover, some South African frogs (*Xenopus laevis*) express a *tgfb5* gene (Kondaiah et al., 1990). Translation of the *TGF β 1*, *TGF β 2*, and *TGF β 3* mRNA generates precursor polypeptides termed pre-pro-TGF β , which are composed, respectively of 390, 412, and 412 amino acid residues (Khalil, 1999). The pre-pro-TGF β species are composed of a signal peptide, a large amino-terminal latency-associated peptide (LAP), which ensures proper folding and transportation through the Golgi complex, and the residues of the mature ligand (Principe et al., 2014). Following signal peptide removal, disulfide isomerase catalyzes the formation of three disulfide bonds between two pre-pro-TGF β monomers, linking cysteine residues at two positions in the LAP and one position in what will become the mature ligand. This modification gives rise to pro-TGF β (Gentry et al., 1988). Within the Golgi complex membrane, furin and other convertases cleave LAP to generate small latent TGF β complexes. Non-covalent bonds tether LAP to TGF β , rendering the latter inactive (Poniatowski et al., 2015). Small latent TGF β complexes, composed of a mature 25 kDa TGF β dimer and two LAP moieties, are subsequently packaged into secretory vesicles in the Golgi complex (Dubois et al., 1995). Once secreted from the cell, the small latent TGF β complexes are retained in the extracellular matrix (ECM), bound to latent TGF β binding proteins (LTBPs) to form large latent TGF β complexes (Massagué, 2012; Principe et al., 2014). TGF β dimers can subsequently be released from the large latent TGF β complexes through various enzymatic reactions or allosteric mechanisms (Figure 1) (Wipff et al., 2007; Tatti et al., 2008).

The enzymatic activation of TGF β through proteolysis requires matrix metalloproteinases (MMPs), plasmin, and other proteases (Kobayashi et al., 2014; Korol et al., 2014). MMP2 and MMP9 are Ca²⁺-dependent Zn²⁺-containing endopeptidases that target the LAP-binding domains of LTBPs, releasing TGF β from the large latent TGF β complexes. Plasmin generated at the cell surface, following plasminogen cleavage by urokinase plasminogen, also contributes to TGF β release from LAPs (Yee et al., 1993; Yu and Stamenkovic, 2000). Alternatively, allosteric activation of TGF β is dependent on several LAP-binding cell surface proteins, such as thrombospondin-1, mannose 6-phosphate receptors, and integrins, which induce conformational rearrangements of LAP (Dennis and Rifkin, 1991; Schultz-Cherry and Murphy-Ullrich, 1993; Sarrazy et al., 2014; Takasaka et al., 2018). Modifications of LAP are also induced by reactive oxygen species (Pociask et al., 2004) as well as acidic (pH < 2) or basic (pH > 12) environments (Lyons et al., 1988). Since these

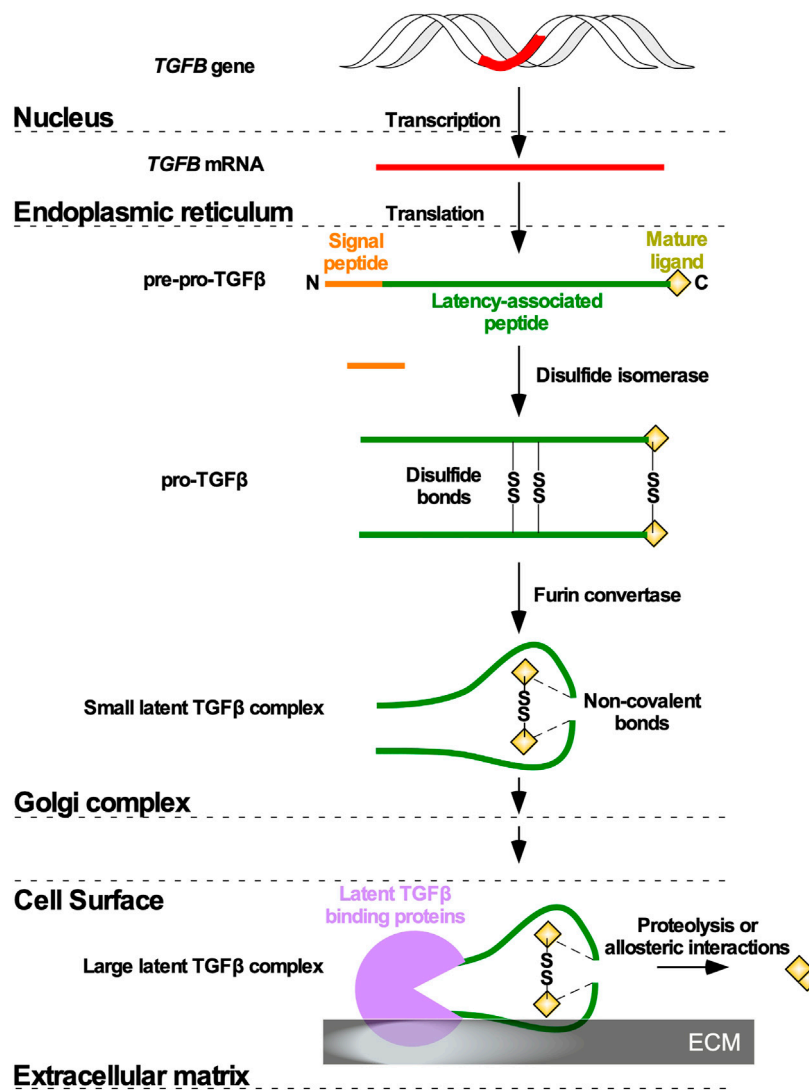


FIGURE 1

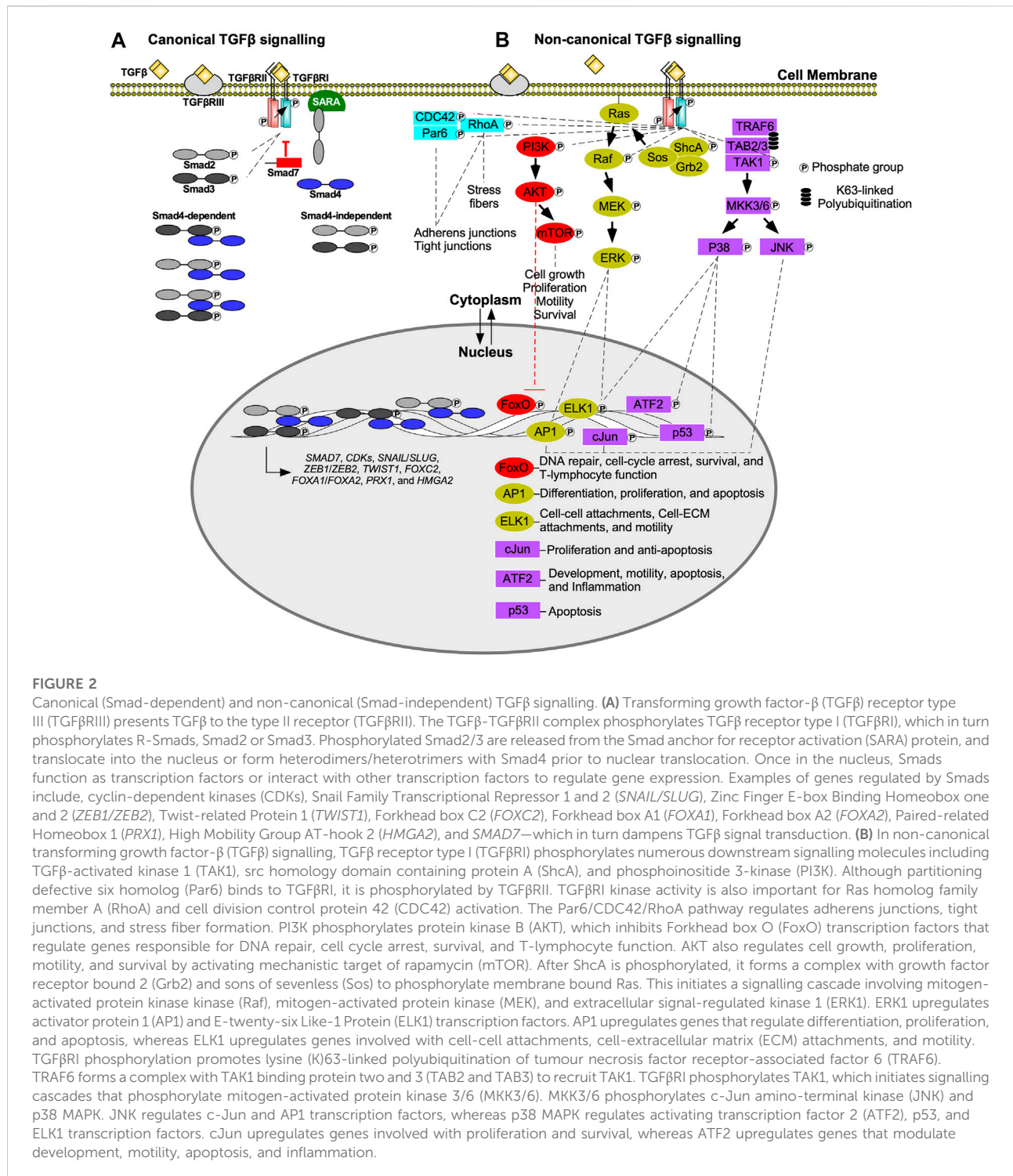
TGF β ligand maturation. Following *Transforming Growth Factor- β* (*TGF β*) gene (red) transcription and *TGF β* mRNA translation in the nucleus and endoplasmic reticulum, respectively, TGF β is synthesized as a precursor pro-TGF β (pre-pro-TGF β). Pre-pro-TGF β contains an amino (N)-terminal signal peptide latency-associated peptide, and mature ligand. The N terminal signal peptide ensures transportation to the Golgi complex. In the Golgi complex, the signal peptide is cleaved, and disulfide isomerases catalyze disulfide bonds (SS) between two pre-pro-TGF β monomers to generate pro-TGF β . Furin convertases modify the latency-associated peptides, which non-covalently associate with mature ligands to generate a small latent TGF β complex. The small latent TGF β complex is secreted from the cell and attaches to latent TGF β binding proteins in the extracellular matrix to form a large latent TGF β complex. Mature ligands are released from the large latent TGF β complexes via allosteric interactions or proteolysis mediated by enzymes.

diverse LAP conformers no longer favour binding to TGF β , the latter is released from the large latent TGF β complexes.

Smad-dependent TGF β signalling

After TGF β ligands are released from large latent TGF β complexes, they bind to cognate cell surface receptors. The Type I and II TGF β receptors (TGF β RI and TGF β RII) exhibit

serine-threonine kinase activity, and initiate signalling cascades upon ligand stimulation (Wrana et al., 1994). Type III TGF β receptors (TGF β RIII) do not exhibit catalytic activity, but may facilitate the interaction between TGF β ligands and TGF β RII (López-Casillas et al., 1994; Mclean and Di Guglielmo, 2010). TGF β signalling is initiated when TGF β binds to TGF β RII, triggering the association and phosphorylation of the glycine/serine domain of TGF β RI (Massagué, 2012). TGF β RI in turn phosphorylates



downstream intracellular signalling molecules to induce canonical Smad-dependent and non-canonical Smad-independent TGFβ signalling, respectively (Massagué et al., 2000; Gunaratne and DiGuglielmo, 2013; McLean et al., 2013; Gunaratne et al., 2014).

All three classes of Smad proteins, R-Smads (Smad2/3), co-Smad (Smad4), and I-Smads (Smad6/7), temporally regulate TGFβ signalling (Massagué et al., 2005). Signal initiation begins when TGFβRI phosphorylates Smad2 or Smad3 on the carboxyl (C) terminus serine-serine-x-serine (SSXS) motif.

Phosphorylated Smad2/3 is then released from the Smad anchor for receptor activation (SARA) protein into the cytoplasm (Tsukazaki et al., 1998; Qin et al., 2002), where it can form hetero-dimeric or hetero-trimeric complexes with Smad4 (Massagué and Wotton, 2000; David and Massagué, 2018). These complexes subsequently translocate into the nucleus, where they regulate gene expression directly, by activating transcription, or indirectly by modulating the activity of other transcription factors (Finsson et al., 2013). Smad targeted genes include I-Smads (Chen et al., 1999), cyclin-dependent kinase 4 (CDK4) (Ewen et al., 1995), and EMT-transcription factors, including Snail Family Transcriptional Repressor one and 2 (SNAIL and SLUG), Zinc Finger E-box Binding Homeobox 1 and 2 (ZEB1 and ZEB2), Twist-related Protein 1 (TWIST1), Forkhead box C2 (FOXC2), Forkhead box A1 (FOXA1), Forkhead box A2 (FOXA2), Paired-related Homeobox 1 (PRX1), and High Mobility Group AT-hook 2 (HMGA2; Figure 2A) (Hajek et al., 2012; Katsuno et al., 2013). Through negative feedback mechanisms, Smad6 and Smad7 terminate TGF β pathway activation (Figure 2A). I-Smads block R-Smad access to TGF β RI or recruit phosphatases (Iyengar, 2017; Kim and Baek, 2018), leading to dephosphorylation of active receptors (Shi et al., 2004). I-Smads also form complexes with E3 ubiquitin ligases, such as Smad ubiquitination regulatory factor 1 or 2 (Smurf1 or Smurf2), resulting in the degradation of TGF β receptors (Kim and Baek, 2018; Miller et al., 2018).

Structure of Smad proteins

Smad structure accounts for differences in Smad function. Structurally, Smad proteins have a Mad Homology 1 (MH1) domain, separated by a flexible linker region from a MH2 domain (Shi et al., 1998; Macias et al., 2015). MH1 domains contain a nuclear localization signal and β -hairpin loop that mediates interactions with glycine cysteine-rich Smad-binding elements on DNA (Jonk et al., 1998; Shi et al., 1998), whereas MH2 domains interact with TGF β receptors and mediate binding to other Smad proteins, transcription factors, and co-activators or co-repressors of transcription (Wu et al., 2001). Among the three regions, the greatest variability is observed within the linker region. The linker region of R-Smads contain phosphorylation sites for multiple kinases, such as CDKs and mitogen-activated protein kinases (MAPKs) (Massagué et al., 2005). Furthermore, within the linker region, both R-Smads and I-Smads, but not Smad4, have a proline-proline-x-tyrosine (PPXY) motif to bind to E3 ubiquitin ligases (Qin et al., 1999; Macias et al., 2015). Although MH1 and MH2 domains are highly conserved, there are some notable differences. I-Smads are missing the MH1 domain, therefore, cannot bind to DNA (Miyazawa and Miyazono, 2017). The MH2 domains of R-Smads have a β 1-strand, L3 loop, and α -helix five structure that together mediates binding to TGF β RI or SARA (Shi et al.,

1998; Wu et al., 2001; Macias et al., 2015). Although the structure of Smad2 and Smad3 are similar, there are notable differences. For instance, Smad2 has two inserts in its MH1 domain (Shi et al., 1998). One of these inserts, known as the E3 insert, was once believed to disrupt the β -hairpin loop, preventing Smad2 from binding DNA (Dennler et al., 1998; Dennler et al., 1999). Further analysis indicated that different conformations of the E3 insert regulate MH1 domain structure, which explains why in some instances Smad2 has been shown to bind to DNA (Aragón et al., 2019).

Although Smad4 is essential to many TGF β -dependent changes in gene expression, Smad4 is not essential for R-Smad nuclear translocation nor is it necessary for some TGF β -dependent transcriptional functions (Ten Dijke and Hill, 2004). Smad4 also performs TGF β -independent functions that include silencing the expression of TGF β target genes in T-lymphocytes (T-cells) (Igalouzene et al., 2022), upregulating genes that promote natural killer (NK) cell maturation (Wang et al., 2018), and tumour suppression by mediating Aurora A kinase degradation (Jia et al., 2014). Although the roles of Smad4 remain incompletely understood, Smad4 is the only Smad with a nuclear export signal and a Smad activation domain (SAD) within its linker region. The SAD region is recognized by the chromatin modifiers p300 and CREB-binding protein co-activators (Pouponnot et al., 1998). Although Smad4 SAD deletion cells are still able to bind p300 and CREB co-activators, these Smad4-p300 and Smad4-CREB complexes are unable to activate transcription (De Caestecker et al., 2000). In this manner, Smad4 contributes to the regulation of gene expression through p300 and CREB-binding protein co-activator complexes.

Smad-independent TGF β signalling

Smad-independent TGF β signalling occurs through various pathways (Figure 2B) (Zhang, 2009). One involves the MAPK cascade *via* tumour necrosis factor receptor-associated factor 6 (TRAF6). Upon stimulation by TGF β , TGF β RI associates with TRAF6, leading to lysine (K)63 polyubiquitination of this protein. K63-linked polyubiquitination provides a scaffold that subsequently recruits TGF β -activated kinase 1 (TAK1), as well as TAK1-binding proteins. After TAK1-dependent phosphorylation, MAPK kinase 3/6 phosphorylates c-Jun amino-terminal kinase (JNK) and p38 MAPK. JNK and p38 MAPK translocate into the nucleus, where they phosphorylate several targets, including p53, activator protein 1 (AP1), E-twenty-six like-1 protein (ELK1), activating transcription factor 2 (ATF2), and cJun (Yamashita et al., 2008). These transcription factors regulate the expression of genes involved in apoptosis, inflammation, motility, development, cell-cell attachments, cell-ECM attachments, and proliferation (De Borst et al., 2006).

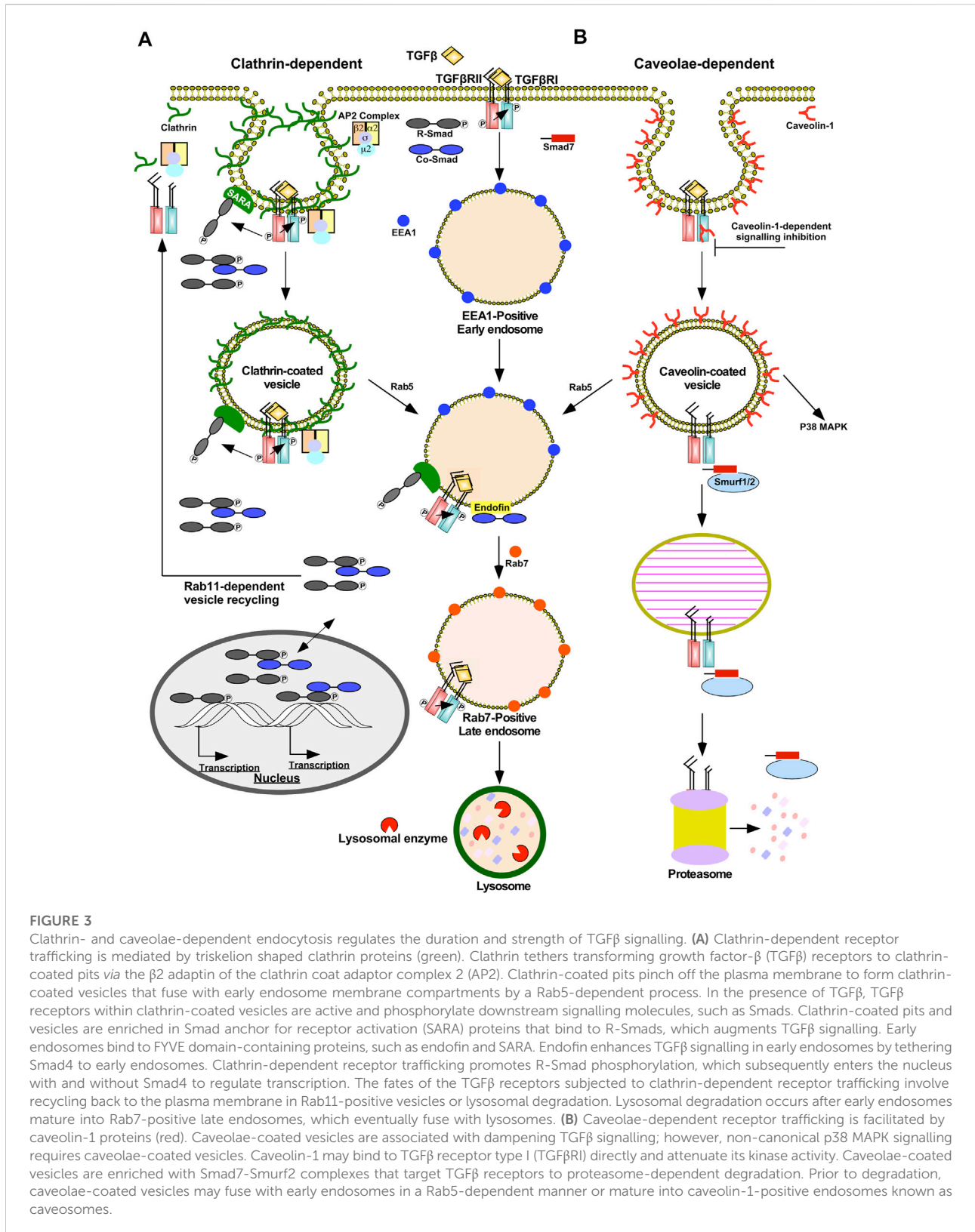


FIGURE 3

Clathrin- and caveolae-dependent endocytosis regulates the duration and strength of TGF β signalling. (A) Clathrin-dependent receptor trafficking is mediated by triskelion shaped clathrin proteins (green). Clathrin tethers transforming growth factor- β (TGF β) receptors to clathrin-coated pits via the β 2 adaptin of the clathrin coat adaptor complex 2 (AP2). Clathrin-coated pits pinch off the plasma membrane to form clathrin-coated vesicles that fuse with early endosome membrane compartments by a Rab5-dependent process. In the presence of TGF β , TGF β receptors within clathrin-coated vesicles are active and phosphorylate downstream signalling molecules, such as Smads. Clathrin-coated pits and vesicles are enriched in Smad anchor for receptor activation (SARA) proteins that bind to R-Smads, which augments TGF β signalling. Early endosomes bind to FYVE domain-containing proteins, such as endofin and SARA. Endofin enhances TGF β signalling in early endosomes by tethering Smad4 to early endosomes. Clathrin-dependent receptor trafficking promotes R-Smad phosphorylation, which subsequently enters the nucleus with and without Smad4 to regulate transcription. The fates of the TGF β receptors subjected to clathrin-dependent receptor trafficking involve recycling back to the plasma membrane in Rab11-positive vesicles or lysosomal degradation. Lysosomal degradation occurs after early endosomes mature into Rab7-positive late endosomes, which eventually fuse with lysosomes. (B) Caveolae-dependent receptor trafficking is facilitated by caveolin-1 proteins (red). Caveolae-coated vesicles are associated with dampening TGF β signalling; however, non-canonical p38 MAPK signalling requires caveolae-coated vesicles. Caveolin-1 may bind to TGF β receptor type I (TGF β RI) directly and attenuate its kinase activity. Caveolae-coated vesicles are enriched with Smad7-Smurf2 complexes that target TGF β receptors to proteasome-dependent degradation. Prior to degradation, caveolae-coated vesicles may fuse with early endosomes in a Rab5-dependent manner or mature into caveolin-1-positive endosomes known as caveosomes.

The protein kinase B (AKT) pathway is activated by TGF β R1 phosphorylation of phosphoinositide 3-kinase (PI3K), which in turn activates AKT (Suwanabol et al., 2012). Downstream targets of AKT include mechanistic target of rapamycin (mTOR), a regulator of cell growth, proliferation, motility, survival, autophagy, transcription, and protein synthesis (Zhang et al., 2013). Additionally, AKT inhibits Forkhead box O (FoxO) transcription factors, which are important regulators of CDKs, survival, DNA repair, and T-cell activity (Zhang et al., 2005; Zhang et al., 2011).

Smad-independent TGF β signalling also leads to modulation of small GTPase activity (Edlund et al., 2002). Specifically, TGF β R2 can phosphorylate partitioning defective six homolog (Par6) (Ozdamar et al., 2005), whereas Ras homolog family member A (RhoA), and cell division control protein 42 (CDC42) activation relies on TGF β R1 activity (Fleming et al., 2009; Kim et al., 2016). These proteins modulate cell-cell and cell-ECM attachments by regulating the function, stability, and organization of proteins essential to adherens and tight junctions. RhoA also promotes cell migration by inducing stress fiber formation (Warner et al., 2010; Nunes de Almeida et al., 2019). Stress fibers are contractile actomyosin bundles found in non-muscle cells composed of filamentous actin, α -actinin, and non-muscle myosin II filaments that may aid in cell movement (Hakkinen et al., 2011; Lehtimäki et al., 2021).

Tyrosine residues on the src homology domain containing protein A (ShcA) was also reported to be phosphorylated by TGF β R1 (Lee et al., 2007). ShcA forms a complex containing growth factor receptor bound 2 (Grb2) and sons of sevenless (Sos) to activate Ras. The latter initiates downstream MAPK cascades that ultimately phosphorylates extracellular signal-regulated kinase (ERK) (Derynck and Zhang, 2003). ERK phosphorylates transcription factors, such as AP1 and ELK1, that regulate the expression of genes essential for cell-cell attachments, cell-ECM attachments, motility, differentiation, proliferation, and apoptosis (Zhang, 2009; Mu et al., 2012).

TGF β receptor endocytosis regulates signalling strength and duration

Endocytosis of TGF β R1, TGF β R2, and TGF β -TGF β R2 complexes are mediated *via* clathrin- or caveolae-dependent mechanisms (Figure 3) (Le Roy and Wrana, 2005). Clathrin-dependent endocytosis allows TGF β signalling to continue following receptor internalization and is associated with signal amplification (Yakymovych et al., 2018). Clathrin-coated pits sequester TGF β receptors *via* the clathrin coat adaptor complex 2 (AP2) (Yao et al., 2002). AP2 is a hetero-tetramer that binds to clathrin and consists of four adaptins (β 2, μ 2, α , and σ 2) (Kovtun et al., 2020). Unlike many receptors within the plasma membrane that bind to μ 2-adaptin, TGF β receptors directly bind to β 2-adaptin (Yao et al., 2002). Next, several proteins facilitate

budding and fission of clathrin-coated pits that are internalized as clathrin-coated vesicles. Clathrin-coated vesicles subsequently shed AP2 and fuse with the early endosome membrane compartment in a Rab5-dependent manner (Semerdjieva et al., 2008). Early endosome membrane compartments are enriched in phosphatidylinositol 3-phosphate (PI3P), which serve as recruitment sites for FYVE domain-containing proteins, such as early endosome antigen 1 (EEA1), endofin, and SARA (Lee et al., 2005). By associating with SARA on early-endosomal membranes, the R-Smads, Smad2/3, are poised to interact with TGF β receptors (Itoh et al., 2002). Since regions involved in clathrin-dependent internalization are enriched in SARA, these routes of subcellular trafficking promote TGF β R1-dependent R-Smad phosphorylation (Macias et al., 2015). SARA also amplifies TGF β signalling because SARA overexpression leads to endosomal swelling, which delays receptor recycling/degradation (Hu et al., 2002). In support of this, when the localization of SARA and EEA1-positive early endosomes was disrupted, there was a decrease in both TGF β -induced Smad2 phosphorylation and Smad2 nuclear translocation (Tsukazaki et al., 1998; Hayes et al., 2002). Finally, endofin facilitates TGF β signalling because it binds to TGF β R1 and Smad4, which brings Smad4 in close proximity to phosphorylated R-Smads. Indeed, endofin knockdown reduced transcriptional responses to TGF β and impaired TGF β -dependent apoptosis (Chen et al., 2007). Therefore, clathrin-dependent trafficking of TGF β receptors enables R-Smad phosphorylation in the early endosome and prolongs the duration in which ligands, receptors, and downstream signalling molecules are in close proximity. The early endosome is primarily responsible for sorting endocytosed TGF β receptors, which may either recycle back to the plasma membrane in Rab11-positive vesicles (Yin et al., 2013) or be degraded in Rab7-positive late endosomes and lysosomes (Feng et al., 1995) (Figure 3A).

Caveolae are plasma membrane invaginations enriched with caveolin-1 that are localized in membrane rafts, plasma membrane subdomains rich in cholesterol and glycosphingolipids (Golub et al., 2004). Caveolin-positive vesicles may mature into or fuse with pre-existing caveosomes or early endosomes in a Rab5-independent or -dependent manner, respectively (Pelkmans et al., 2004). Caveolin-dependent endocytosis is associated with dampening and disrupting TGF β signalling. Unlike clathrin-coated vesicles, SARA localizes away from membrane rafts and Smad7-Smurf2 complexes are commonly associated with caveolin-positive vesicles. Due to the association with Smad7-Smurf2, TGF β R2/TGF β R1 complexes within caveolin-positive vesicles are targeted for proteasomal degradation (Guglielmo et al., 2003; Le Roy and Wrana, 2005). Caveolin-1 also has been shown to directly bind to TGF β R1 following stimulation, which suppresses Smad2 phosphorylation possibly by

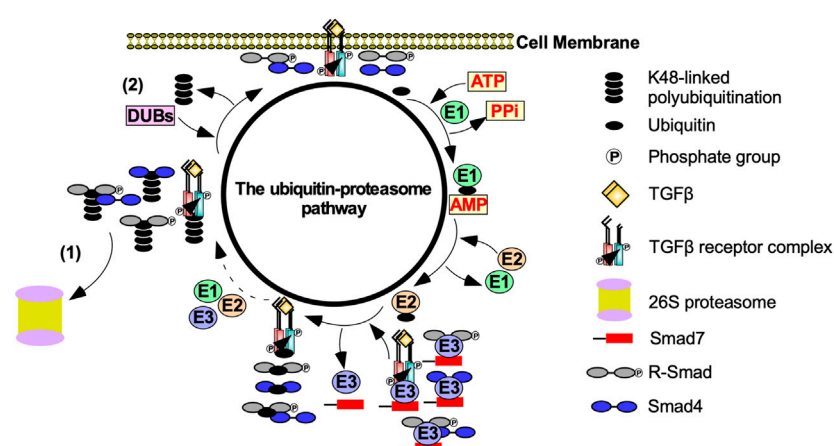


FIGURE 4

The effect of the ubiquitin-proteasome pathway on TGF β signalling. Transforming growth factor- β (TGF β) signalling is tightly regulated by the ubiquitin-proteasome pathway. After TGF β binds to the TGF β -receptors, the ubiquitin-proteasome pathway is activated to prevent uncontrolled TGF β signalling. E1 activating enzymes hydrolyse ATP to bind to ubiquitin. Ubiquitin is then transferred to an E2 conjugating enzyme. Smad7 binds to E3 ubiquitin ligases, which conjugates ubiquitin to TGF β receptors, receptor Smads (R-Smads), Smad4, and R-Smad-Smad4 complexes. This process is repeated until TGF β receptors, R-Smads, Smad4 or R-Smad-Smad4 complexes are polyubiquitinated. Polyubiquitinated components of the TGF β pathway are then subject to (1) proteasome-dependent degradation or (2) the removal of the ubiquitin-linked chains mediated by deubiquitinating enzymes (DUBs).

antagonizing TGF β RI kinase activity (Razani et al., 2001) (Figure 3B). Caveolin-1 also disrupts TGF β signalling through association with CD109, a TGF β co-receptor. In the presence of ligands, CD109 promotes the localization of TGF β receptors in caveolae and increases receptor degradation (Bizet et al., 2011). Indeed, after the TGF β RII/TGF β RI complexes are endocytosed in caveolin-positive vesicles, TGF β signalling is inhibited (Guglielmo et al., 2003). However, the activation of some non-Smad signalling pathways, such as p38 MAPK, rely on the localization of TGF β receptors in caveolae (Zuo and Chen, 2009).

In summary, the route of TGF β receptor subcellular trafficking regulates signalling duration, strength, and receptor fate (McLean and Di Guglielmo, 2014). Although some TGF β signalling occurs in the absence of receptor internalization, clathrin- or caveolae-dependent endocytosis can enhance or dampen TGF β signal transduction pathways (Yakymovych et al., 2018).

The role of the ubiquitin-proteasome pathway in TGF β signalling

The ubiquitin-proteasome pathway (UPP) also regulates the strength and duration of TGF β signalling (Wang, 2003). The polyubiquitination of TGF β receptors, R-Smads, and downstream effectors is dependent on E1 (activating), E2 (conjugating), and E3 (ubiquitin ligase) enzymes (Kim and Baek, 2018). E1 enzymes hydrolyze ATP to activate the C

terminus of ubiquitin. Activated ubiquitin is then transferred to an E2 enzyme. E3 enzymes subsequently bind to E2-ubiquitin conjugates and transfers ubiquitin to K residues on TGF β receptors, R-Smads or downstream effectors (Komander, 2009). K48-linked polyubiquitin chains target TGF β receptors, R-Smads, and downstream effectors to 26S proteasomes, which are multi subunit proteases (Finley et al., 2016). Deubiquitinating enzymes decrease proteasome-dependent degradation by removing ubiquitin (Kim and Baek, 2018) (Figure 4). Although ubiquitination is important for proteasome-dependent degradation, it is also necessary to facilitate signalling (Adhikari et al., 2007). For instance, K63-linked polyubiquitination functions as a scaffold to recruit and activate protein kinase complexes (Yamashita et al., 2008). As previously discussed, ubiquitin ligases catalyze K63-linked polyubiquitin chains on TRAF6 to recruit TAK1 to facilitate Smad-independent TGF β signalling (Landström, 2010).

Given that TGF β signalling regulates a diverse set of cellular processes, modulating TGF β signalling through a balance of ubiquitin ligase and deubiquitinating enzyme activity is important (Ten Dijke and Hill, 2004). By degrading TGF β receptors, R-Smads, and downstream effectors, E3 ubiquitin ligases, protects cells from aberrant TGF β signalling (Gao et al., 2009). However, there are numerous examples where ubiquitin ligases prolong TGF β signalling. For instance, Smad2-Smurf2 complexes lead to the destruction of Ski-related protein N (SnoN) and Ski, which are protooncogenes that impede TGF β signalling (Sun et al., 1999; Bonni et al., 2001). Arkadia, an E3 ubiquitin ligase, amplifies TGF β signalling by

ubiquitinating I-Smads (Koinuma et al., 2003). Paradoxically, if deubiquitinating enzymes remove K48-linked polyubiquitin chains on SnoN, Ski or Smad7, TGF β signalling is dampened (Zhao et al., 2011). Therefore, ubiquitin ligases and deubiquitinating enzymes may both antagonize or promote TGF β signalling depending on the function of the ubiquitinated protein.

Mutations in genes involved in TGF β signalling

Alterations in the TGF β signalling pathway due to genetic mutations are the underlying cause of various hereditary congenital malformations, as well as diseases that arise later in life (Wang et al., 2012; Saito et al., 2018). Germline mutations impair embryonic development, whereas increased susceptibility to develop cancer is associated with somatic mutations (Harradine and Akhurst, 2006). The clinical consequences of mutations in the TGF β signalling pathway are complex, because the tumour microenvironment and TGF β signalling vary among patients and among different tissues within the same individual (Massagué, 2008).

Germline mutations in the TGF β signalling pathway

Genetically engineered mouse models with targeted inactivation of various TGF β ligands have been generated to investigate the importance of TGF β on development and viability (Glick, 2012). *Tgfb1*^{-/-} mice can either succumb during mid-gestation as a result of vascular and hematopoiesis defects, or a few weeks after as a consequence of systemic inflammation (Shull et al., 1992; Kulkarni et al., 1993; Dickson et al., 1995). Death occurs shortly before, during or within minutes of birth in *Tgfb2*^{-/-} mice, due to impaired cardiovascular function. These animals exhibit cardiac, craniofacial, limb, eye, inner ear, and urogenital defects (Sanford et al., 1997; Dünker and Kriegelstein, 2002). *Tgfb3*^{-/-} mice exhibit cleft palates that interfere with feeding, eventually resulting in death (Dünker and Kriegelstein, 2002; Aluwihare et al., 2009). The majority of *Smad*-null mice die *in utero*, indicating that Smad proteins are required for proper embryonic development as previously reviewed (Datto and Wang, 2000). Specifically, *Smad2*^{-/-} and *Smad4*^{-/-} mice die early in embryogenesis, due to defects in the organization of the primitive germ layers and extensive mesodermal defects (Nomura and Li, 1998; Chu et al., 2004). *Smad3*^{-/-} mice are viable, but exhibit impaired local inflammatory responses and accelerated wound healing (Ashcroft et al., 1999; Ling and Robinson, 2002).

In patients, familial juvenile polyposis, which increases the risk of gastrointestinal cancer, is correlated with *SMAD4*

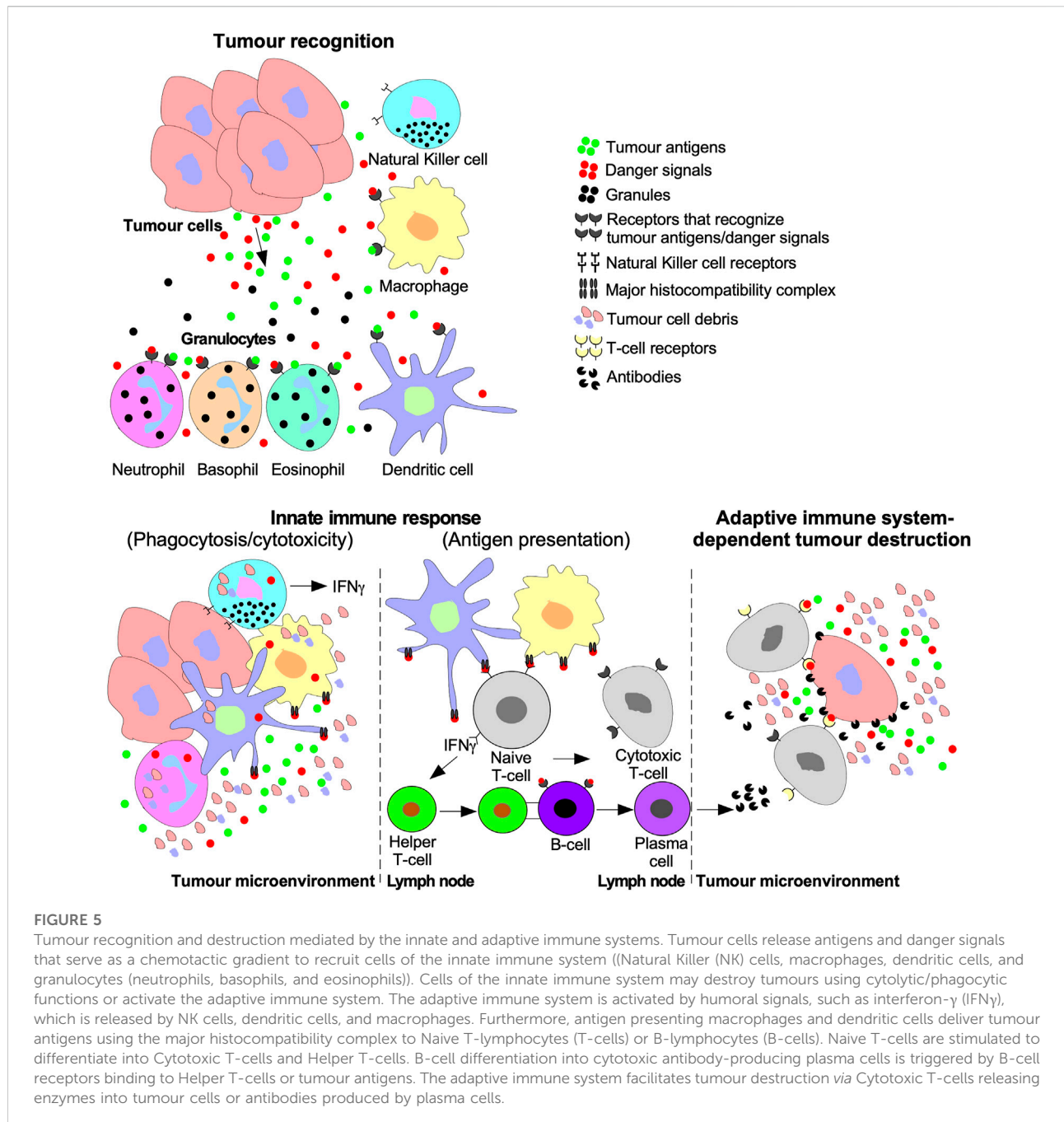
mutants that produce truncated proteins with a loss or partial loss of function (Howe et al., 1998; Johansson et al., 2015). Although juvenile polyposis patients have been screened for *SMAD2* and *SMAD3* mutations, only *SMAD4* germline mutants are identified as an underlying cause of juvenile polyposis (Bevan et al., 1999). However, screening colorectal adenoma patients revealed that mutations to the *SMAD4* loci are rare (Lipton et al., 2003). *SMAD4* mutations in patients with juvenile polyposis syndrome may also develop hereditary hemorrhagic telangiectasia, which results in abnormal vascular structures (Heald et al., 2015).

Somatic mutations in the TGF β signalling pathway

Frameshift and missense mutations in *TGFBRI* are common in several tumour types (Moore-Smith and Pasche, 2011). For example, the *TGFBRI**6A mutation in exon one is a loss of three Alanine residues in a 9-Alanine repeat region that increases cancer susceptibility associated with impaired anti-proliferative TGF β signalling (Liao et al., 2010). Inactivating mutations in *TGFBR2* are frequently present in tumours that exhibit microsatellite instability (Vincent et al., 1996), such as those found in subsets of colon carcinomas, which express truncated mutant forms of TGF β R2 (Ogino et al., 2007). *SMAD4* is the most common Smad family gene mutated in malignant tumours (Sarshekeh et al., 2017). Inactivating *SMAD4* mutations have been found in approximately 50% of pancreatic adenocarcinomas (Howe et al., 1998), 20% of colorectal carcinomas (Chu et al., 2004), and 5% of head and neck squamous cell carcinomas (Lin et al., 2019a). *Smad4* mutations also correlate with tumour formation (Lin et al., 2019b) and may predict poor prognosis and aggressive tumour phenotypes (Fang et al., 2021). For instance, mice with conditional targeted inactivation of *Smad4* in the oral epithelium developed spontaneous squamous cell carcinomas (Bornstein et al., 2009). Although somatic mutations of the TGF β pathway may promote tumour formation, similar mutations in cancerous cells that rely on TGF β can decrease tumour growth (Pino et al., 2010). Since somatic mutations of the TGF β pathway may promote or block tumourigenesis depending on the stage of the disease, this is important to bear in mind when assessing the benefits and risks of using TGF β signalling inhibitors in cancer treatment (Khoshakhlagh et al., 2019).

TGF β signalling in tumourigenesis

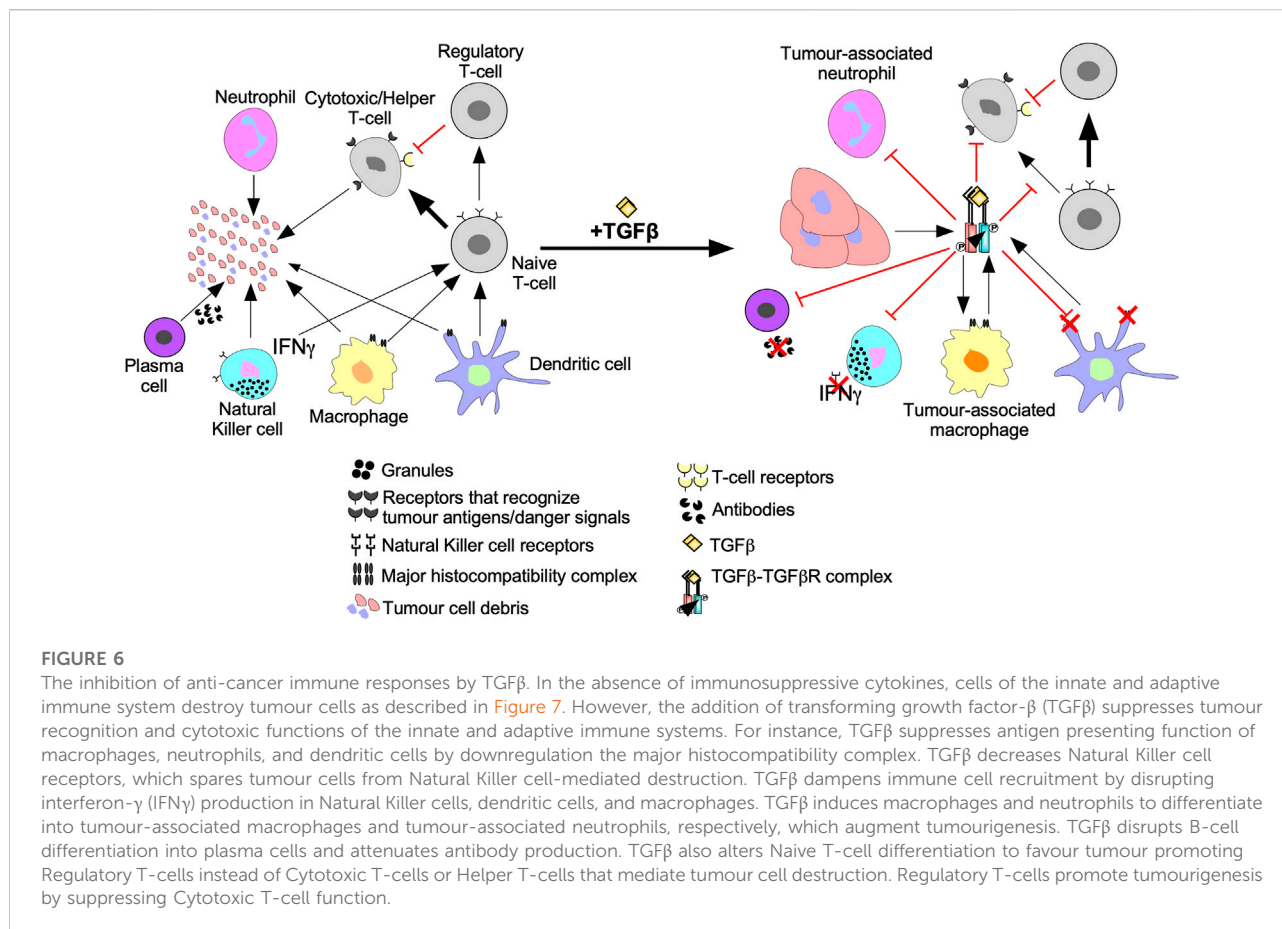
Cells escape the tumour suppressing arms of TGF β signalling through mutations that impede specific TGF β pathways or



abnormalities in processes that dampen TGF β signalling (David and Massagué, 2018). Functional inactivation of the tumour suppressing arms of TGF β signalling can contribute to carcinogenesis through various mechanisms (Massagué, 2008; David and Massagué, 2018). Major mechanisms that contribute to the pro-tumourigenic effects of TGF β include inhibition of immune function, activation of angiogenesis/lymphangiogenesis, and the initiation of EMT (Ferrari et al., 2009; Flavell et al., 2010; Batlle and Massagué, 2019).

Inhibition of anti-cancer immune responses

As prolonged activation of the immune system can induce inflammation and tissue damage, the immune system is modulated through inhibitory mechanisms (Sitkovsky and Ohta, 2005). Cells in the tumour and its microenvironment benefit from these immunological safeguards by producing excessive amounts of immunosuppressive cytokines, such as

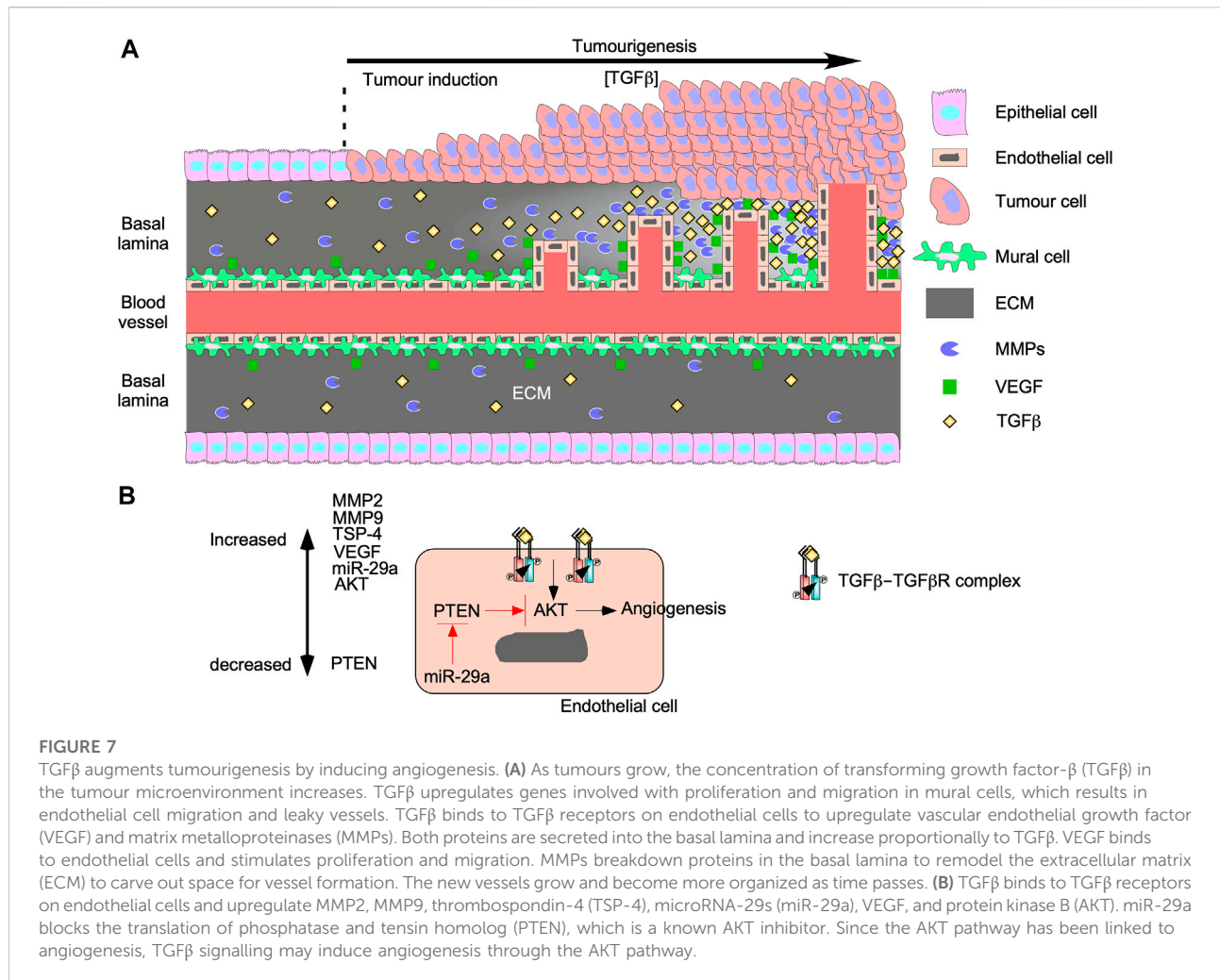


TGF β (Flavell et al., 2010; Batlle and Massagué, 2019). TGF β inhibits many components of both the innate and adaptive immune systems, which creates an environment favourable for tumour growth (Moo-Young et al., 2009).

Tumour cells are targeted for destruction by cells of the innate immune system, which include monocytes, macrophages, dendritic cells, neutrophils, basophils, eosinophils, and NK cells (Gajewski et al., 2013). Through phagocytosis, macrophages, neutrophils, and dendritic cells engulf tumour cell debris and tumour cells missing essential cell surface proteins or expressing danger signals (Chan and Housseau, 2008; Sarode and Sarode, 2014; Zhou et al., 2021). Macrophages, neutrophils, and dendritic cells also attach antigens to their major histocompatibility complexes (MHCs) to activate T- and B- lymphocytes (T- and B-cells) of the adaptive immune system (Figure 5) (Gajewski et al., 2013). The effects of TGF β on dendritic cells include interference with antigen presenting activity, immobilization, and upregulation of TGF β production, creating a positive feedback loop to maintain a decrease in immune responses against the tumour (Esebanmen and Langridge, 2017). Furthermore, by interfering with dendritic cell antigen presenting activity, TGF β blocks naive T-cell and B-cell differentiation into anti-tumour phenotypes (Liu et al., 2018).

TGF β within the tumour microenvironment may manipulate macrophages and neutrophils to differentiate into phenotypes that contributes to tumour growth rather than destroy tumour cells. These macrophages and neutrophils are typically referred to as tumour-associated macrophages (TAMs) and tumour-associated neutrophils (TANs), respectively (Fridlender et al., 2009; Danhier et al., 2017). TGF β -recruited TAMs can phagocytose antigen-containing particles prior to their recognition by dendritic cells. Therefore, TAMs suppress the antigen presenting abilities of dendritic cells, hindering activation of the adaptive immune system (Liu et al., 2018; Batlle and Massagué, 2019). TGF β recruited TANs have decreased cytotoxicity and secrete extensive quantities of MMPs to free TGF β from large latent TGF β complexes, which increases the concentration of active TGF β ligands in the tumour microenvironment, contributing to a positive feedback loop (Figure 6) (Germann et al., 2020).

NK cells are specialized leukocytes that do not rely on MHCs or humoral signals to recognize tumour cells (Abel et al., 2018). Instead, NK cells recognize tumour cells using cell surface receptors. Upon binding to tumour cells, NK cells release interferon- γ (IFN γ) into the tumour microenvironment and cytolytic antibodies directly into the tumour cell (Castro et al.,



2018). Thus, NK cells eliminate tumour cells by triggering an antibody-dependent cell-mediated cytotoxic response and activate other leukocytes using $\text{IFN}\gamma$ (Figure 5) (Abel et al., 2018). TGFβ blocks NK cell-mediated adaptive immune system activation by downregulating the transcription factor T-bet, leading to reduced $\text{IFN}\gamma$ expression (Hayashi et al., 2003; Mohammadzadeh et al., 2014). The TGFβ-dependent loss of $\text{IFN}\gamma$ decreases the activity of leukocytes, downregulates antigen presenting MHCs in antigen presenting leukocytes, and impedes chemotaxis (Castro et al., 2018). TGFβ also downregulates NK receptors responsible for recognizing and destroying tumour cells (Figure 6) (Castriconi et al., 2003).

Like the innate immune system, the adaptive immune system facilitates tumour cell death using humoral immunity and cell-mediated immunity. Cell-mediated immunity and humoral immunity is facilitated by T-cells. Following antigen presentation, naive T-cells differentiate into effector T-cells, such as cytotoxic T-cells and helper T-cells (Fazilleau et al., 2009; Farhood et al., 2019). Cytotoxic T-cells specifically

eliminate cells expressing the antigen presented whereas helper T-cells release humoral signals to activate other leukocytes (Figure 5) (Belardelli and Ferrantini, 2002; Fazilleau et al., 2009). In tumour microenvironments with elevated TGFβ levels, decreased numbers and limited anti-tumour cytolytic activity of cytotoxic T-cells have been observed, through mechanisms that include induction of T-cell apoptosis (Thomas and Massagué, 2005; Flavell et al., 2010; Liu et al., 2018). TGFβ also disrupts T-cell anti-tumourigenic activity by upregulating genes that promote naive T-cell differentiation into less cytotoxic phenotypes, such as Tregs (Figure 6) (Zhang et al., 2018). Plasma cells are adaptive immune system cells that mediate humoral immunity. Upon antigen presentation, B-cells differentiate into plasma cells that produce antibodies to eliminate tumour cells (Figure 5) (Kurosaki et al., 2015). TGFβ attenuates the anti-tumourigenic capacity of B-cells by interfering with their differentiation into plasma cells, antibody production, and proliferation (Figure 6) (Schwartz et al., 2016).

Activation of angiogenesis and lymphangiogenesis

Angiogenesis promotes tumour growth and invasion because as tumours grow, blood carrying oxygen and nutrients is blocked from reaching interior tumour cells (Nishida et al., 2006). To bypass this, tumour microenvironments are enriched with cytokines, such as TGF β , that alter cellular processes within endothelial cells and mural cells to generate new vessels (Figure 7A) (Ferrari et al., 2009). The effects of TGF β on angiogenesis, endothelial cells, and on mural cells are complex. Although in normal vessels TGF β supports vascular development by recruiting mural cells toward endothelial cells (Walshe et al., 2009), TGF β in tumour vasculature induces the differentiation of endothelial cells into mural cells (Hirschi et al., 2003). Then, mural cells secrete angiogenic factors and form defective interactions with endothelial cells resulting in disorganized vasculature (Sun et al., 2021). In endothelial cells, binding of TGF β to TGFBR1 leads to the activation of two distinct type I receptors: endothelial cell-specific activin receptor-like kinase 1, which signals through Smad1/5/8, as well as the ubiquitous TGFBR1, which signals through Smad2/3 (COLLETTA et al., 1988; Goumans et al., 2002; Mallet et al., 2006; Ito et al., 2009). Smad1/5/8 signalling induces endothelial cell proliferation and migration (Ray et al., 2010), whereas Smad2/3 signalling induces endothelial cell differentiation into mesenchymal-like mural cells (Hirschi et al., 2003; Jiang et al., 2018). TGF β can promote angiogenesis through TGFBR1, but inhibits growth factor-induced endothelial sprouting/branching through mechanisms that involve cross-talk with Notch-activated pathways (Mallet et al., 2006; Aspalter et al., 2015). In mural cells and endothelial cells, TGF β also induces Smad-dependent expression of vascular endothelial growth factor (VEGF), thrombospondin-4 (TSP-4), MMPs, microRNA-29a, and other genes that stimulate endothelial cell proliferation and migration (Massagué, 2008; Ferrari et al., 2009).

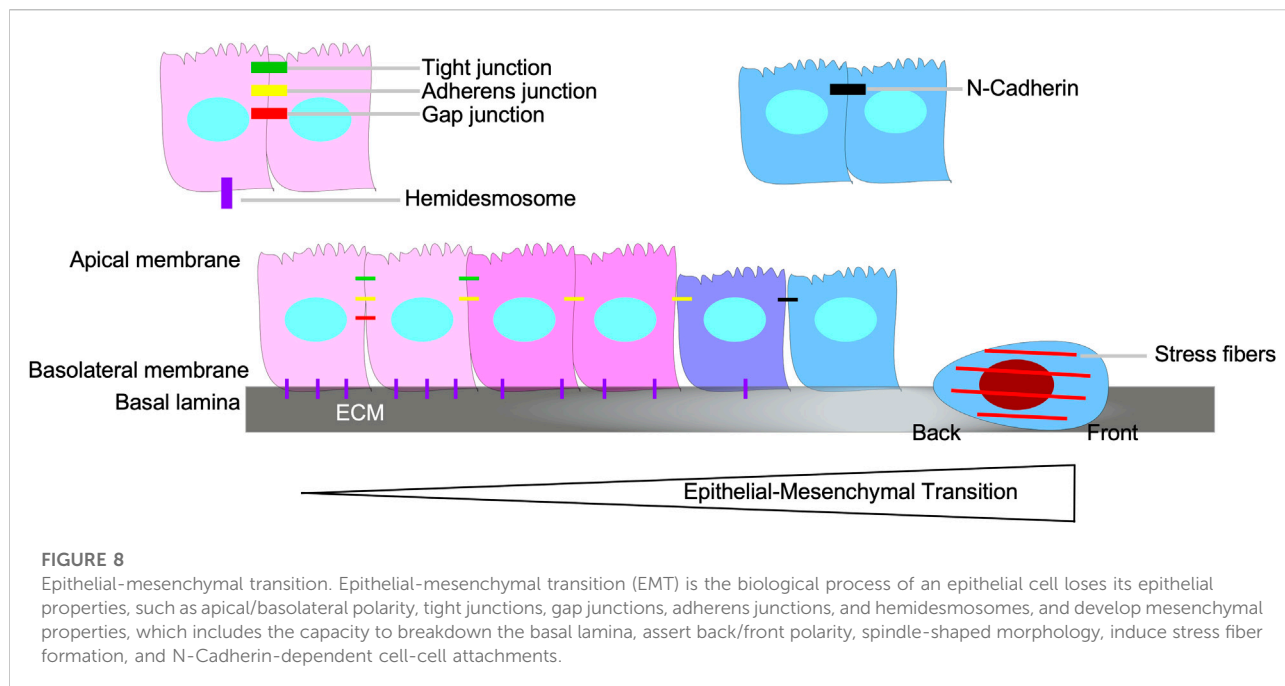
VEGF enhances endothelial cell migration, proliferation, and resistance to apoptosis (Ferrari et al., 2009; Suzuki et al., 2012) by activating two tyrosine kinase VEGF receptors (VEGFR1 and VEGFR2). VEGFR1 activation is involved with migration whereas VEGFR2 activation regulates proliferation and survival (Wang et al., 2017). Interestingly, TGF β activates apoptosis, which suggests that VEGF and TGF β have opposing roles on endothelial cell survival. However, many studies suggest that pro-apoptotic TGF β signalling is necessary for angiogenesis because it ensures less branching and increases vasculature organization (Haque and Morris, 2017). Furthermore, TGF β upregulates ECM remodelling proteins in endothelial cells, such as TSP-4 and MMPs (Tirino et al., 2013; Muppala et al., 2017). By a Smad3-dependent mechanism, TGF β activates post-translation processes that increase TSP-4 protein levels (Muppala et al., 2017). The importance of TSP-4 on endothelial cell proliferation and migration during

angiogenesis was verified when TGF β -induced angiogenesis was attenuated in *Tsp-4^{-/-}* mouse models (Muppala et al., 2017). Additionally, TGF β upregulates the expression of MMP2 and MMP9 in endothelial cells and cells of the tumour microenvironment, thus facilitating ECM remodelling and releasing ECM-sequestered cytokines (Yu and Stamenkovic, 2000). Therefore, MMPs play a role in TGF β -mediated angiogenesis by releasing latent TGF β from LAP and LTBP (Tatti et al., 2008) as well as generating the space required for endothelial cell migration, proliferation, and microvessel formation (Park et al., 2018). Finally, microRNA-29a silences phosphatase and tensin homolog (PTEN) RNA expression (Wang et al., 2013), leading to increased AKT pathway activity and activation of TGF β -induced angiogenesis (Chen et al., 2020). Since blocking PTEN activity increases the activity of the AKT pathway (Chen et al., 2020), the Smad-independent PI3K/AKT TGF β signalling pathway may play a major role in TGF β -induced angiogenesis (Figure 7B).

Tumour cells primarily metastasize through the lymphatic system due to the thinner walls and increased permeability of lymphatic vessels, relative to blood vasculature (Chaffer et al., 2016). Furthermore, cancer cells may drain directly into the lymphatic system if they break free from tumours (Karlsson et al., 2017). Two mechanisms for TGF β contribution to metastasis through the lymphatic system have been proposed. Due to the greater representation of leukocytes in the lymphatic system, lymph node metastasis requires immune suppression (Liu and Cao, 2016). Therefore, the inhibitory effects of TGF β on leukocytes present in the lymphatic system may promote tumour cell survival and increases dissemination (Liu and Cao, 2016). Additionally, Smad-dependent and -independent TGF β signalling induces lymphangiogenesis, formation of new lymphatic vessels from pre-existing lymphatic vessels (García-Caballero et al., 2017), by upregulating VEGF-C, which in turn promotes growth, proliferation, migration, and survival of endothelial cells bordering lymphatic vessels (Pak et al., 2019). Cells of the tumour microenvironment that respond to TGF β , such as TAMs, may also mediate lymphangiogenesis *via* a VEGF receptor 3-dependent process (Alishekevitz et al., 2016).

Epithelial-mesenchymal transition (EMT)

Epithelial-mesenchymal transition (EMT), a biological process whereby cells of epithelial origin acquire characteristics of mesenchymal cells, is essential for embryogenesis and wound healing (Tan et al., 2015; Chaffer et al., 2016). EMT is involved in the ability of carcinoma cells to acquire motile and invasive phenotypes, thus contributing to tumour progression and metastasis (Craene and Berx, 2013). During EMT, there is a loss of epithelial properties, such as apical/basolateral polarity, cytoskeleton polarization, cell-cell

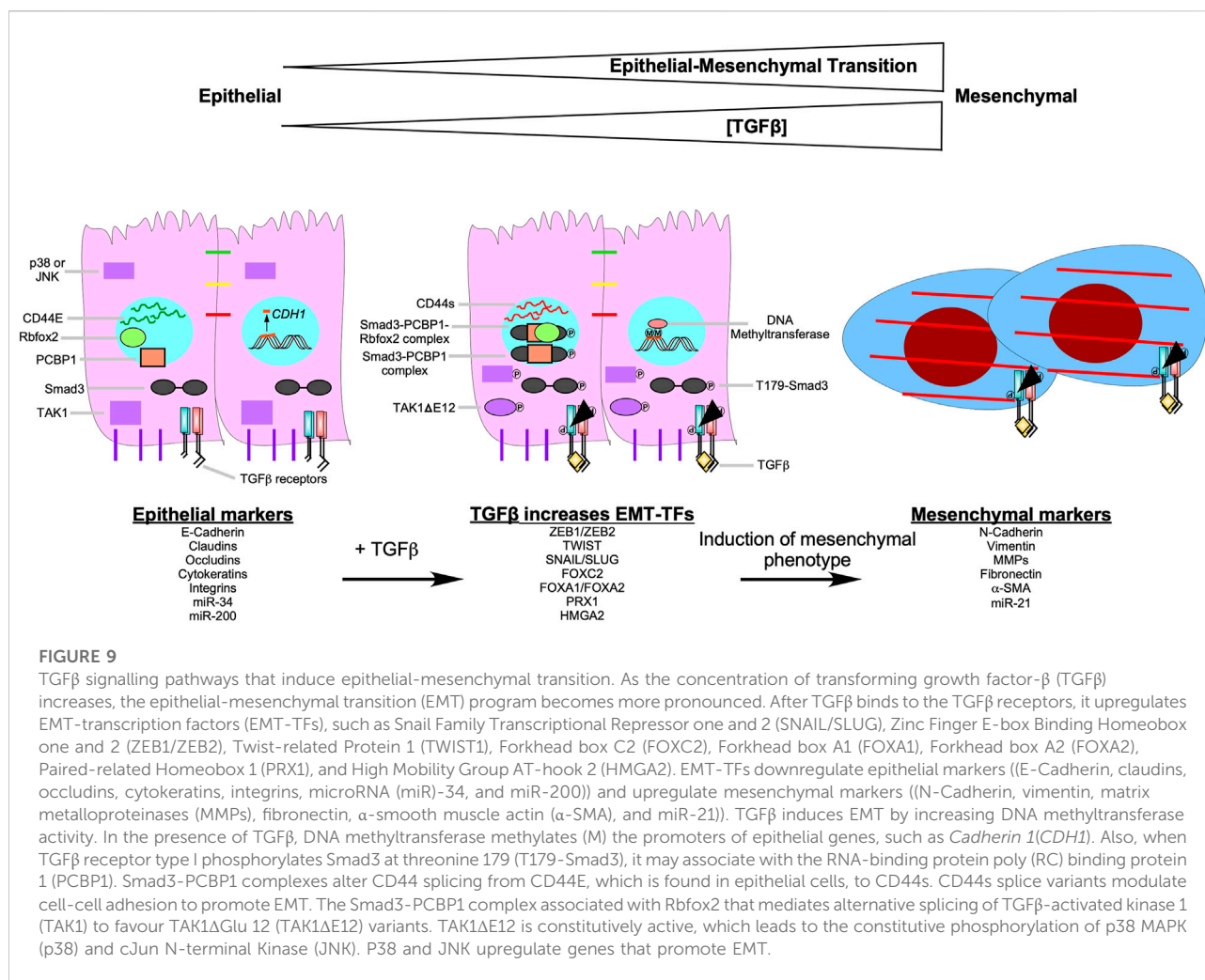


adhesions (adherens junctions, tight junctions, and gap junctions), and attachment to the basal lamina. Subsequently, the cells acquire spindle-shaped morphology, transient focal point cell-cell attachments, lamellipodia/filopodia formation, front-back polarity, stress fibers, and increased motility (Figure 8) (Chaffer et al., 2016; Karlsson et al., 2017).

The profound phenotypical and morphological characteristics observed during EMT are amplified by signals that tumour cells receive from the tumour microenvironment, such as TGF β (Kawata et al., 2012). TGF β contributes to the initiation of the EMT program, *via* transcription-dependent and -independent mechanisms (Gunaratne and DiGuglielmo, 2013; Tirino et al., 2013; Ganesan et al., 2016; Tripathi et al., 2019). TGF β upregulates various EMT-transcription factors (SNAIL, SLUG, TWIST, ZEB1, ZEB2, FOXC2, FOXA1, FOXA2, PRX1, and HMGA2), which decrease the expression of epithelial genes, whilst increasing that of mesenchymal genes (Figure 9) (Barrallo-Gimeno and Nieto, 2005; Kokudo et al., 2008; Kume, 2008; Miyazono, 2009; Xu et al., 2009; Mikheeva et al., 2010; Lee and Yutzey, 2011; Wu et al., 2011; Kaufhold and Bonavida, 2014; Ganesan et al., 2016; Niu et al., 2016; Katsura et al., 2017; Vu and Datta, 2017; Maturi et al., 2018; Atala, 2019; Stemmler et al., 2019). For example, SNAIL, SLUG, and ZEB1 downregulate the expression of E-Cadherin, a protein required for strong adherens junctions observed in epithelial cells, whereas TWIST upregulates the expression of N-Cadherin, a mesenchymal protein that forms weak transient cell-cell interactions (Barrallo-Gimeno and Nieto, 2005; Mikheeva et al., 2010; Dhasarathy et al., 2011; Lee and Yutzey, 2011;

Kaufhold and Bonavida, 2014; Maturi et al., 2018). An in-depth analysis of genes targeted by EMT-transcription factors that mediate the transition of epithelial to mesenchymal phenotypes are outlined in previous reviews (Wrana, 2013; Batlle and Massagué, 2019).

TGF β can promote EMT through non-canonical, Smad3-dependent regulation of RNA splicing. Phosphorylation of Smad3 on Thr179, subsequent to TGF β receptor stimulation, impairs binding to Smad4 and to DNA (Gao et al., 2009; Inui et al., 2011; Tang et al., 2011), but induces Smad3 association with the RNA-binding protein poly (RC) binding protein 1 (PCBP1) in the nucleus (Tripathi and Zhang, 2017). The Smad3-PCBP1 species catalyzes alternative splicing of myriad transcripts involved in EMT, including RNAs encoding the CD44 glycoprotein, which modulates cell-cell adhesion (Ponta et al., 2003). Multiple CD44 splice variants exist. CD44E is preferentially expressed in normal epithelial cells, whereas the mesenchymal isoform CD44s is ubiquitous. In epithelial carcinoma cells, Smad3-PCBP1 complexes induce a splicing switch from CD44E to CD44s, resulting in activation of EMT and invasion (Thomas and Massagué, 2005). Similarly, complex formation between Smad3, PCBP1, and the RNA-binding protein Rbfox2 mediates expression of the alternative TAK1 splice variant TAK1 Δ Glu 12 (TAK1 Δ E12) (Braeutigam et al., 2014). TAK1 Δ E12 is constitutively active, which means downstream signalling kinases, such as p38 MAPK and JNK, are constitutively phosphorylated (Yamashita et al., 2008; Tripathi et al., 2019). Transcription factors regulated by p38 MAPK and JNK are involved with



upregulating genes that promote proliferation and EMT (Figure 9) (Zhao et al., 2017).

Finally, TGFβ can also promote EMT by upregulating DNA methyltransferases, which hypermethylate promoters of various genes involved in the regulation of the cell cycle, apoptosis, cell-cell attachments, ECM production, and cell movement (Lu et al., 2017). For example, in ovarian carcinoma cells, reduced transcription of *CDH1*, which encodes E-Cadherin, is associated with hypermethylation in the presence of TGFβ (Figure 9) (Cardenas et al., 2014).

Similar to EMT, endothelial-mesenchymal transition (EndMT) occurs when endothelial cells lose tight junctions and downregulate various endothelial cell markers, such as VE-Cadherin, to acquire mesenchymal properties, including expression of α-smooth muscle actin and N-Cadherin (Hong et al., 2018). EndMT is important during cardiac development and wound healing, and is believed to be an important contributor to certain pathologies (Lin et al., 2012). EndMT has been described in cardiovascular pathologies, such as

atherosclerosis, cardiac fibrosis, and pulmonary hypertension (Jimenez and Piera-Velazquez, 2016). Recently, evidence has emerged that some cancer-associated fibroblasts (CAFs) have an endothelial origin (Zeisberg et al., 2007). These CAFs express α-smooth muscle actin and type I collagen, which are markers associated with excessive scarring and ECM remodelling (Yeon et al., 2018). A pathway linking TGFβ to EndMT involves TGFβ-mediated upregulation of SNAIL, which in turn induces downregulation of VE-Cadherin (Platel et al., 2019). Additionally, when TGFβ-dependent ERK phosphorylation was blocked, TGFβ-dependent EndMT was attenuated (Wylie-Sears et al., 2014).

There are several factors involved with TGFβ-dependent EMT/EndMT regulation. First, the chromatin structure and epigenetics of a cell dictate if SNAIL and other transcription factors can access genes subject to their regulation (Millanes-Romero et al., 2013; Kaufhold and Bonavida, 2014). Second, miRNAs block the expression of EMT/EndMT-transcription factors. For instance, microRNA-34 and microRNA-200

TABLE 1 The tumour promoting properties of autophagy.

The tumour promoting properties of autophagy	—
Primary tumour	Secondary tumour
Increased EMT	Tumour cell dormancy
Increased Motility	Drug resistance
Anoikis resistance	Survival
Immunosuppression	Establishing metastatic colonies
Drug resistance	—
Secretes tumour promoting cytokines	—
Cell adhesion turnover	—

Epithelial-mesenchymal transition (EMT).

prevent the translation of SNAIL and ZEB1, respectively (Chaffer et al., 2016; Imani et al., 2017; Tittle et al., 2018). Finally, each cell type has different intracellular signalling configurations. Therefore, the rate in which different cell types conduct Smad-dependent or -independent signalling is not the same (Wu et al., 2016). In conclusion, cells that upregulate microRNAs that block EMT/EndMT-transcription factor translation, contain DNA methylation in the promoters of genes regulated by EMT/EndMT-transcription factors, and favour tumour suppressive TGF β pathways are less likely to undergo TGF β -dependent EMT/EndMT.

The relationship between autophagy and the tumour promoting properties of TGF β

Immunosuppression, increased angiogenesis, and EMT are the most widely studied mechanisms whereby TGF β promotes tumorigenesis. However, the pro-tumorigenic activity of TGF β likely includes additional biological processes, such as autophagy (Suzuki et al., 2010). Autophagy, Greek for self-devouring, is a catabolic process where cells degrade and recycle their own macromolecules and organelles primarily *via* lysosomes (Kaur and Debnath, 2015). Autophagy is essential for recycling the building blocks of lipids, carbohydrates, and proteins as well as eliminating invading pathogens, protein aggregates, and damaged organelles (Bernard and Klionsky, 2013). Although autophagy is primarily facilitated by lysosomes, which are acidic organelles that contain luminal degradative hydrolases, other acidic vesicles, such as late endosomes, contribute to autophagic degradation (Lawrence and Zoncu, 2019).

The idea that TGF β -dependent tumorigenesis may rely on autophagy is supported by the extensive roles that autophagy plays in tumour development, maintenance, and metastasis (Mathew et al., 2007). Similar to TGF β , the tumour regulatory consequences of autophagy are context dependent, as autophagy can result in either tumour suppression or promotion, depending on the stage of tumour development (Kiyono et al., 2009; Glick et al., 2010). In non-cancerous tissues, autophagy functions as a homeostatic safeguard by removing protein aggregates, damaged organelles, and other metabolic stressors, all of which protects against neoplastic transformation (Mathew et al., 2009; Klionsky et al., 2016). However, autophagy participates in the survival of established tumour cells under conditions of hypoxia, oxidative damage, metabolic stress, and starvation. Furthermore, cancer cells with elevated rates of autophagy tend to grow more rapidly and are prone to metastasize (Kiyono et al., 2009; Rebecca and Amaravadi, 2016; Alizadeh et al., 2018). Autophagy has been linked to EMT, MMP secretion, angiogenesis, evasion of immune surveillance, promigratory cytokine secretion, anoikis resistance, and stemness in tumour cells (Mowers et al., 2017). Autophagy has also been implicated in resistance to chemotherapeutic agents that target rapidly dividing cells, because it promotes tumour cell dormancy (Table 1) (O'Donovan et al., 2011). Accordingly, silencing of autophagic proteins can increase the efficacy of chemotherapeutic agents (Zhang et al., 2015). Autophagy can also improve survival of circulating tumour cells and establishment of the pre-metastatic niche (Mowers et al., 2017), as well as increase tumour cell survival after metastasis (Pavlides et al., 2012; Rebecca and Amaravadi, 2016). Overall, autophagy plays important roles in the regulation of EMT, immune surveillance, and angiogenesis (Suzuki et al., 2010; Tuloup-Minguez et al., 2013; Alizadeh et al., 2018; Wu et al., 2018; Losier et al., 2019).

Mechanism of TGF β -induced autophagy

Both Smad-dependent and -independent TGF β signalling can contribute to increases in the rate of autophagy (i.e. autophagic flux). Smad-dependent signalling activates transcription of genes essential to autophagy, such as *autophagy-related gene* (ATG)5, ATG7, BECLIN1, and DAPK1 (Figure 10A) (Suzuki et al., 2010; Ma et al., 2017). TGF β can also increase steady-state levels of beclin1, autophagy-related protein (Atg)7, Atg5, uncoordinated 51-like autophagy activating kinase 1 (ULK1), and microtubule-associated protein light chain 3-II (LC3-II) (Xu et al., 2012; Trelford and Guglielmo, 2020). Non-canonical TAK1-mediated TGF β signalling has also been implicated in regulation of autophagy. Specifically, TGF β induces phosphorylation and activation of 5' adenosine monophosphate-activated protein kinase (AMPK) by TAK1 (Herrero-Martín et al., 2009), thereby increasing autophagy as AMPK activates ULK1 and suppresses

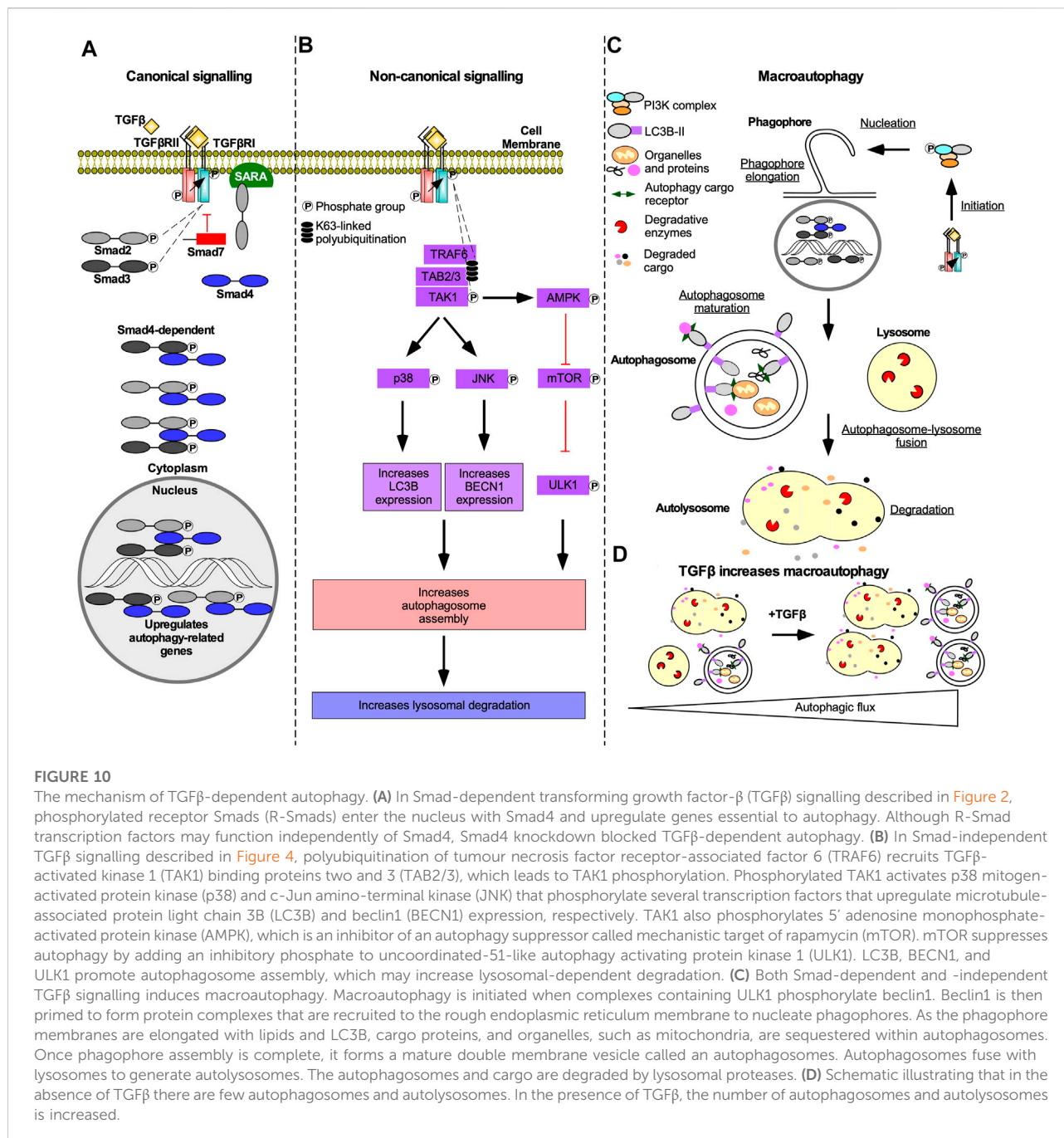


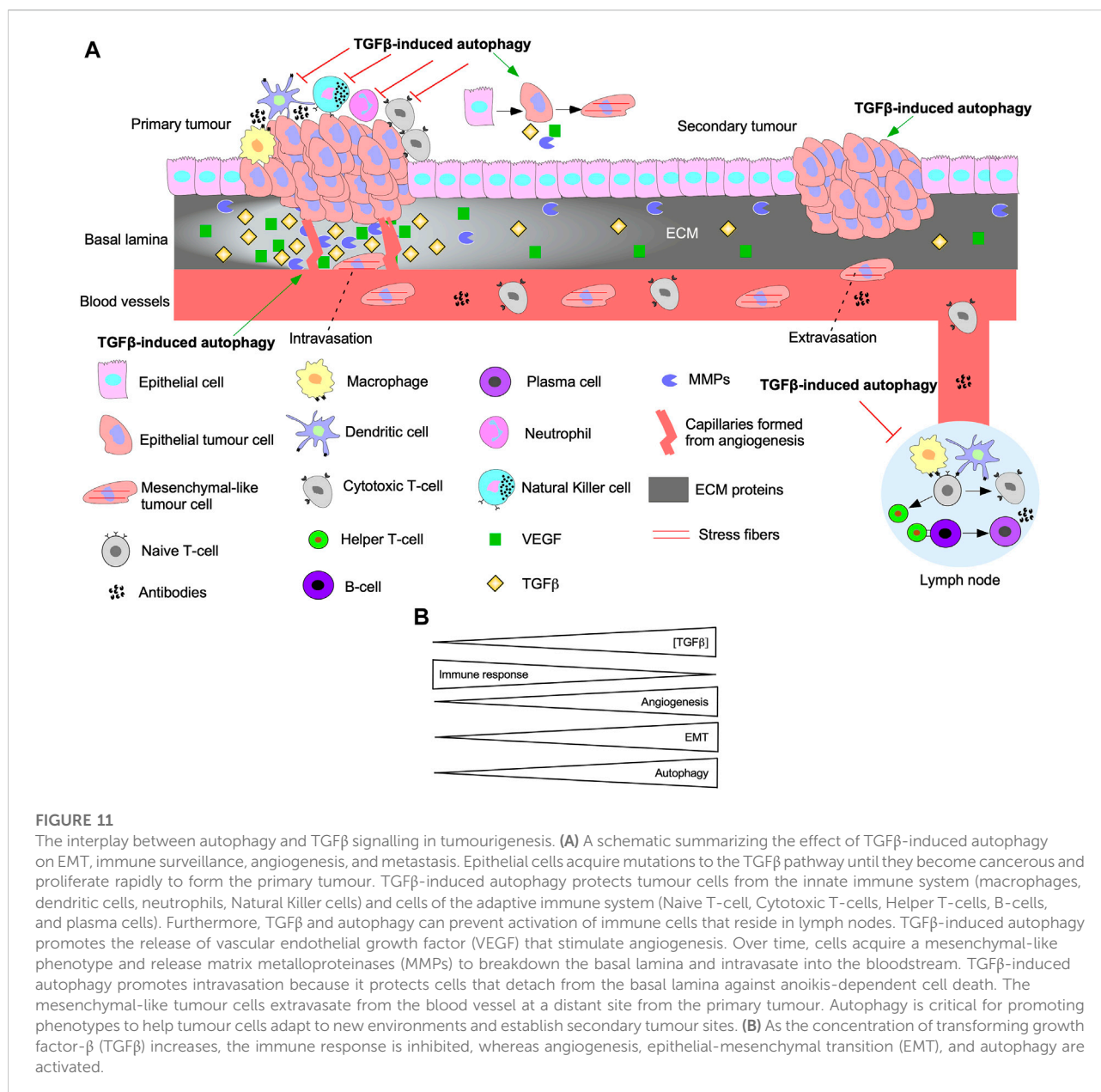
FIGURE 10

The mechanism of TGFβ-dependent autophagy. (A) In Smad-dependent transforming growth factor-β (TGFβ) signalling described in Figure 2, phosphorylated receptor Smads (R-Smads) enter the nucleus with Smad4 and upregulate genes essential to autophagy. Although R-Smad transcription factors may function independently of Smad4, Smad4 knockdown blocked TGFβ-dependent autophagy. (B) In Smad-independent TGFβ signalling described in Figure 4, polyubiquitination of tumour necrosis factor receptor-associated factor 6 (TRAF6) recruits TGFβ-activated kinase 1 (TAK1) binding proteins two and 3 (TAB2/3), which leads to TAK1 phosphorylation. Phosphorylated TAK1 activates p38 mitogen-activated protein kinase (p38) and c-Jun amino-terminal kinase (JNK) that phosphorylate several transcription factors that upregulate microtubule-associated protein light chain 3B (LC3B) and beclin1 (BECN1) expression, respectively. TAK1 also phosphorylates 5' adenosine monophosphate-activated protein kinase (AMPK), which is an inhibitor of an autophagy suppressor called mechanistic target of rapamycin (mTOR). mTOR suppresses autophagy by adding an inhibitory phosphate to uncoordinated-51-like autophagy activating protein kinase 1 (ULK1). LC3B, BECN1, and ULK1 promote autophagosome assembly, which may increase lysosomal-dependent degradation. (C) Both Smad-dependent and -independent TGFβ signalling induces macroautophagy. Macroautophagy is initiated when complexes containing ULK1 phosphorylate beclin1. Beclin1 is then primed to form protein complexes that are recruited to the rough endoplasmic reticulum membrane to nucleate phagophores. As the phagophore membranes are elongated with lipids and LC3B, cargo proteins, and organelles, such as mitochondria, are sequestered within autophagosomes. Once phagophore assembly is complete, it forms a mature double membrane vesicle called an autophagosome. Autophagosomes fuse with lysosomes to generate autolysosomes. The autophagosomes and cargo are degraded by lysosomal proteases. (D) Schematic illustrating that in the absence of TGFβ there are few autophagosomes and autolysosomes. In the presence of TGFβ, the number of autophagosomes and autolysosomes is increased.

mTOR (Mcalpine et al., 2013). mTOR antagonizes autophagy through the addition of an inhibitory phosphate to ULK1, which prevents the formation of the autophagy initiating ULK1 complex (Makhov et al., 2014). TAK1 and JNK signalling have also been linked to increased steady-state levels of LC3 and beclin1. LC3 and beclin1 steady-state levels are correlated to the number of autophagosomes, double membrane vesicles that sequester cellular cargo prior to fusing with lysosomes, and increased lysosomal degradation

(Figure 10B) (Shin et al., 2013). In support of this, TGFβ increases autophagosomes production, LC3 co-localization with autophagosomes or lysosomes, and autophagosome-lysosome fusion in a variety of cell types (Figure 10C&D) (Alizadeh et al., 2018; Trelford and Guglielmo, 2020).

In non-small cell lung cancer cells transfected with a pMRX-IP-green fluorescent protein (GFP)-LC3-red fluorescent protein (RFP)-LC3ΔGly construct, TGFβ decreased the GFP/RFP ratio, which verified that TGFβ



upregulated autophagic flux (Trelford and Guglielmo, 2020). However, the TGFβ-dependent increase in autophagic flux was attenuated by Smad4 knockdown or TAK1/TRAF6/p38 MAPK pathway disruption (Trelford and Di Guglielmo, 2021). In the same cell line system, TGFβ increased the proportion of phosphorylated ULK1 mediated by AMPK and further investigation showed that ULK1 inhibition blocked TGFβ-dependent autophagy (Trelford and Di Guglielmo, 2021; Trelford and Guglielmo, 2021). In summary, Smad-dependent and -independent TGFβ signalling activate autophagy in a ULK1-dependent manner (Trelford and Di Guglielmo, 2021).

The activation of autophagy through TGFβ augments tumourigenesis

Autophagy and TGFβ signalling are reciprocally regulated. In fact, autophagy inhibition blocks Smad-dependent TGFβ signalling by impairing TGFβ receptor endocytosis (Trelford and Di Guglielmo, 2022). Also, siRNA targeting of ATGs disrupt TGFβ-induced apoptosis and cell cycle arrest (Irimie et al., 2015). TGFβ-induced autophagy has been implicated in EMT, angiogenesis, and immune suppression (Figure 11A). For instance, TGFβ signalling pathways that activate autophagy regulate pro-tumourigenic TGFβ outcomes. Indeed, disrupting

Smad4 and TAK1/TRAF6/p38 MAPK signalling pathways blocked TGF β -dependent E-Cadherin to N-Cadherin shift and stress fiber formation (Trelford and Di Guglielmo, 2022). Attenuation of TGF β -induced migration has also been reported following inhibition of autophagy (Alizadeh et al., 2018). In pancreatic ductal adenocarcinoma cells, autophagy is required for TGF β -induced migration, proliferation, and invasion (He et al., 2019; Li et al., 2021). TGF β -induced autophagy also decreases the expression of proinflammatory cytokines in macrophages (Pokharel et al., 2016). Furthermore, genomic analysis of colon cancer revealed that autophagy upregulates immune checkpoint molecules that dampen the immune response, whereas EMT, TGF β , and angiogenic pathways were enhanced (Zhu et al., 2020). *In vivo* xenograft models of breast cancer demonstrate that TGF β -induced autophagy protected fibroblasts from cell death-mediated by nutrient starvation and increased CAF phenotypes (Liu et al., 2016). Although the research of the effect of TGF β -induced autophagy in tumourigenesis is scarce, data shows that as TGF β signalling and autophagy are upregulated, angiogenesis and EMT increase whereas the immune response is dampened (Figure 11B) (Bustos et al., 2020).

Autophagy cargo receptors bridge autophagy and TGF β signalling

Although there are several catabolic processes that regulate protein quality control in mammalian cells, the UPP and autophagy/lysosome pathway are the two central processes (Wojcik, 2013). Due to difference in substrate selectivity, preparation for degradation, and degradative organelles, the UPP and autophagy do not necessarily compete with one another. Instead, their relationship may be described as compensatory. For instance, when autophagy or the UPP are disrupted, the other major route of protein degradation increases protein turnover to compensate for the disruption (Wojcik, 2013). One explanation is that both lysosome and proteasome-dependent degradation rely on ubiquitination to identify proteins destined for degradation (Lecker et al., 2006; Pankiv et al., 2007; Kirkin et al., 2009). Also, both autophagy and the UPP depend on cargo adaptor proteins such as protein 62/sequestosome 1 (p62/SQSTM1) to deliver substrate proteins (Cohen-Kaplan et al., 2016). Currently, the mechanism of how p62/SQSTM1 decides which pathway receives the ubiquitinated protein remains unknown. Thus far, what has been shown is that p62/SQSTM1 is an autophagy cargo receptor protein that functions in autophagic degradation, regulates EMT, binds to ubiquitin, and is important for TGF β signalling (Puissant et al., 2012a; Moscat and Diaz-Meco, 2012; Bitto et al., 2014).

P62/SQSTM1 is composed of several domains including a phospho-ben1 (PB1) domain, ZZ-type zinc finger (ZZ) domain,

TRAF binding (TB) domain, LC3-interacting region (LIR), and ubiquitin-associated (UBA) domain. The UBA domain allows p62/SQSTM1 to function as a ubiquitin receptor protein that targets ubiquitinated proteins to proteasomes (Puissant et al., 2012b; Cohen-Kaplan et al., 2016). In addition to regulating autophagy and the proteasome, p62/SQSTM1 can sequester several downstream TGF β signalling molecules, including p38 MAPK, TRAF6, and aPKC using the ZZ, TB, and PB1 domains, respectively. These proteins have been implicated in modulating autophagy induction and TGF β receptor trafficking (Sanz et al., 1999). Furthermore, using the PB1 domain, p62/SQSTM1 self-oligomerizes to sequester intracellular cargo during cell stress or disruption to protein turnover pathways (Lippai and Low, 2014). Also, between the ZZ and TB domains, there is a region of p62/SQSTM1 that interacts with Raptor, a component of mechanistic target of rapamycin complex 1, which is an additional link between p62/SQSTM1 and autophagy (Figure 12).

An image based genome wide small interfering RNA screen in mammalian cells identified Smurf1 as a mediator of selective autophagy (Orvedahl et al., 2011). Since we know that Smurf1 also mediates the UPP, this suggests that TGF β -specific signalling modulators also have the potential to regulate protein degradation pathways. Therefore, there is evidence of crosstalk between TGF β signal transduction pathways, autophagy, and the UPP. Given that autophagy, proteasomes, and p62/SQSTM1 regulate TGF β -dependent EMT (Bertrand et al., 2015; Moon et al., 2017; Alizadeh et al., 2018) and are altered by TGF β treatment (Bonni et al., 2001; Liang et al., 2020), proteins such as p62/SQSTM1 may be important to understanding the crosstalk between protein degradation pathways and TGF β signalling. Although the role of p62/SQSTM1 in tumourigenesis is context dependent, it may be an important pharmacological target for regulating TGF β signalling transduction in cancer (Yuan et al., 2013).

Targeting TGF β signalling in cancer therapy

Due to the abnormal TGF β signalling in tumour cells and elevated TGF β ligand concentrations in tumour microenvironments, modern adjuvant therapies aim to antagonize TGF β signalling (Yingling et al., 2004). Although TGF β antagonists are ineffective at treating tumourigenesis as monotherapies, antagonizing TGF β as part of combination therapies is promising (Teixeira et al., 2020). Current strategies employed to mitigate pro-tumourigenic TGF β signalling have been extensively reviewed elsewhere (Sheen et al., 2013; Kim et al., 2021). As such, this review will summarize therapeutic strategies undergoing clinical investigations.

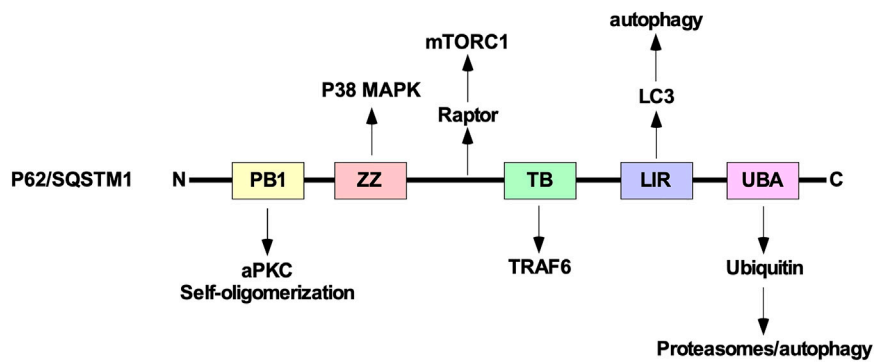


FIGURE 12

The structure of p62/SQSTM1. From the amino (N)-terminal to carboxyl (C)-terminal, p62/SQSTM1 is comprised of the phox bem1 (PB1), ZZ-type zinc finger (ZZ), tumour necrosis factor receptor-associated factor (TRAF) binding (TB), microtubule-associated protein light chain 3 (LC3)-interacting region (LIR), and ubiquitin-associated (UBA) domains. The PB1 domain allows protein 62/sequestosome 1 (p62/SQSTM1) to interact with atypical protein kinase C (aPKC) and self-oligomerize. The ZZ and TB domain have been shown to interact with downstream transforming growth factor- β (TGF β) signalling molecules, such as p38 mitogen-activated protein kinase (MAPK) and TRAF6, respectively. Between the ZZ and TB domains, p62/SQSTM1 associates with Raptor, which is a component of mechanistic target of rapamycin complex 1 (mTORC1). The LIR binds to LC3 and is necessary to facilitate selective autophagy. The UBA domain recognizes ubiquitin prior to delivering ubiquitin-conjugated proteins to proteasomes or lysosomes.

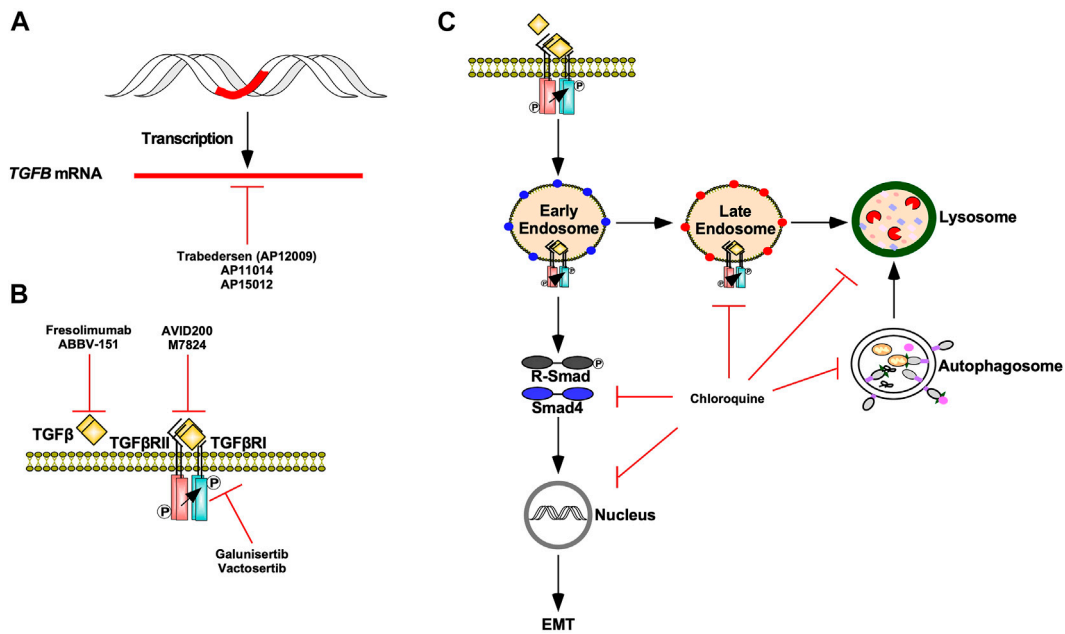


FIGURE 13

TGF β signalling targeted therapies. (A) Trabedersen (AP12009), AP11014, and AP15012 are antisense oligodeoxynucleotides that decrease TGF β expression via mRNA targeting. (B) Fresolimumab and ABBV-151 are monoclonal antibodies against TGF β ligands that block TGF β from binding to TGF β receptor type II (TGF β RII). AVID200 and M7824 are ligand traps that compete with TGF β RII for TGF β ligands. Galunisertib and Vactosertib are TGF β receptor type I (TGF β RI) kinase antagonists. (C) Chloroquine is an autophagy inhibitor that blocks autophagosomes and endosomes from fusing with lysosomes as well as lysosomal-dependent degradation. Chloroquine impedes TGF β receptor internalization and trafficking through early endosome, late endosome, and lysosome membrane compartments. Chloroquine also decreases receptor regulated Smad (R-Smad) phosphorylation, R-Smad nuclear translocation, and TGF β -dependent epithelial-mesenchymal transition (EMT).

Modern adjuvant therapies antagonize pro-tumourigenic TGF β signalling by targeting TGF β ligand production, TGF β -TGF β receptor interactions, and TGF β receptor kinase activity (Kim et al., 2021). Antisense oligodeoxynucleotides, such as Trabedersen (AP12009), AP11014, and AP15012 attenuate the mRNA expression of TGF β 2, TGF β 1, and TGF β 1, respectively. Although AP11014 and AP15012 are in pre-clinical development (Sheen et al., 2013), Trabedersen has proven to be safe and effective and is undergoing phase III clinical trials (Bogdahn et al., 2011). TGF β -TGF β receptor interactions are pharmacologically blocked using ligand traps or neutralizing antibodies against TGF β ligands or TGF β receptors. AVID200, a TGF β trap comprised of TGF β RII ectodomains fused to human fragment crystallizable domains, has demonstrated high affinity for TGF β 1 and TGF β 3 in clinical trials (Yap et al., 2020). Furthermore, the success of pre-clinical studies of soluble TGF β RII and betaglycan receptors verify that ligand trapping is an effective approach at antagonizing TGF β signalling *in vivo* (Bandyopadhyay et al., 2002). As for neutralizing antibodies, Fresolimumab, a pan TGF β human monoclonal antibody, is in clinical trials for malignant melanoma (Morris et al., 2014). TGF β R1 kinase inhibitors, such as Vactosertib and Galunisertib, are safe and effective antagonists of TGF β signalling and clinical trials assessing their potential in combination therapies are in progress (Figure 13) (Herbertz et al., 2015; Song et al., 2019).

Given that TGF β protects tumour cells from the immune system and cancer cells stimulate immune checkpoint inhibitory receptors, anti-tumourigenic immunotherapies are being developed to stimulate immune-mediated destruction of tumour cells (Bai et al., 2019). As such, numerous clinical trials are assessing the efficacy of combining immune checkpoint inhibitors alongside TGF β signalling antagonists (Maruyama et al., 2022). For instance, ABBV-151 and Budigalimab (formerly known as ABBV-181), anti-TGF β 1 and anti-programmed cell death receptor one antibodies, respectively, have begun phase I clinical trials for advanced solid tumours (Powderly et al., 2020). Likewise, the safety and efficacy of Vactosertib or Galunisertib in conjunction with Durvalumab, a monoclonal programmed cell death ligand 1 (PD-L1) antibody, are under investigation in lung, pancreatic, colorectal, and gastric cancer clinical trials (Bai et al., 2019). Finally, M7824, a bifunctional fusion protein containing an extracellular TGF β RII domain and antibody against PD-L1, localizes to tumour microenvironments, sequesters TGF β ligands, and stimulates T-cell immune activity (Figure 13) (Knudson et al., 2018; Paz-Ares et al., 2018; Lind et al., 2020).

Although the dual blockage of immune checkpoint inhibitors and TGF β signalling is promising, several obstacles with respect to antagonizing TGF β signalling in tumourigenesis remain. For instance, targeting TGF β

signalling has been successful *in vitro* and in pre-clinical studies; however, these outcomes fail to translate in clinical trials (Teixeira et al., 2020). Limited understanding of the interplay between the numerous proteins involved in TGF β synthesis, activation, signalling, and signalling crosstalk are among the shortcoming of utilizing modern TGF β inhibitors in adjuvant combination therapies (Kim et al., 2021). Indeed, the combination of the ubiquitous expression of TGF β ligands, lack of dosing regimens, and its dual role in tumourigenesis pose a challenge to utilizing TGF β antagonists in cancer therapy (Sheen et al., 2013).

To date, few autophagy inhibitors have been approved for clinical trials for anticancer therapy. Among those approved, diprotic weak bases, such as chloroquine and hydroxychloroquine, and the proton pump inhibitor, pantoprazole, antagonize autophagy by limiting endosomal and/or lysosomal acidification, which blunts lysosomal fusion and lysosomal hydrolase activity (Beil et al., 1992; Halcrow et al., 2021). However, anti-tumourigenic properties of chloroquine, hydroxychloroquine, and pantoprazole rely on both autophagy inhibition and decreasing glycolysis, lactate production, and cytosolic pH (Halcrow et al., 2021). Despite there being no clinical trials investigating autophagy inhibitors in combination with TGF β signalling antagonist, *in vitro* studies suggest that chloroquine can disrupt TGF β signalling (Wu et al., 2018). In Mv1Lu cells, chloroquine antagonized TGF β RII internalization and decreased co-localization with EEA1, Rab7, and LAMP1-positive membrane compartments. Furthermore, R-Smad phosphorylation, R-Smad nuclear translocation, and mesenchymal phenotypes in NSCLC cells treated with TGF β 1 were suppressed by chloroquine (Figure 13) (Trelford and Di Guglielmo, 2022). As such, autophagy inhibitors may be applicable in targeting tumourigenesis driven by aberrant TGF β signalling without the need to utilize a direct inhibitor of the TGF β pathway.

Concluding remarks

This review highlights TGF β signalling pathways that contribute to homeostasis and tumour biology. TGF β enhances tumourigenesis by promoting proliferation, immune suppression, angiogenesis, lymphangiogenesis, EMT, EndMT, and autophagy. Components of the TGF β pathway pharmaceutically targeted in clinical trials are limited to TGF β synthesis, TGF β -TGF β receptor interactions, and TGF β R1 kinase activity. Although some combination therapies may improve patient prognosis, the efficacy of TGF β signalling antagonists are underwhelming. Based on the existing literature, there is an abundance of studies exploring TGF β -dependent EMT, angiogenesis, and immune suppression. Even though there is still much to be learned about these processes and how they interact with each

other to promote tumourigenesis, studies exploring the impact that TGF β has on other tumour promoting biological processes are scarce. Indeed, further work is needed to explore the relationship between TGF β and autophagy as well as other processes involved with protein quality control, which may yield new therapeutic approaches in targeting TGF β -dependent tumourigenesis.

Author contributions

CT composed the figures and developed the first manuscript draft. GDG edited the figures, revised the manuscript, and prepared the final manuscript draft for submission. LD assisted with the manuscript draft and helped prepare the final version of the manuscript for submission.

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