#### CASE REPORT



# Reflectance Confocal Microscopy Identification of Subclinical Basal Cell Carcinoma after Vismodegib Treatment: Report of a Case

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#### **ABSTRACT**

Although surgery represents the treatment of choice for the majority of basal cell carcinomas, different therapies are required to treat the advanced ones. Vismodegib and sonidegib are the two oral Smoothened (Smo) inhibitors approved for the treatment of advanced basal cell carcinoma. Clinical detection of subclinical basal cell carcinoma during and after vismodegib treatment could be difficult, requiring the use of dermoscopy and reflectance confocal microscopy as noninvasive diagnostic methods. We report the case of a 62-year-old woman with a locally advanced basal cell carcinoma successfully treated with vismodegib in which dermoscopy and reflectance confocal microscopy showed their superiority in detecting subclinical recurrent basal cell carcinoma developed on scar tissue after complete regression of the tumor.

**Keywords:** Vismodegib; Reflectance confocal microscopy; Dermoscopy; Basal cell carcinoma; Nonmelanoma skin cancer

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# **Key Summary Points**

Surgical excision represents the treatment of choice in most cases of basal cell carcinoma, although new targeted therapies have been developed to treat the advanced ones.

To date, the Smoothened (Smo) inhibitors, vismodegib and sonidegib, are the two oral molecules approved for the treatment of advanced BCCs.

Previous studies demonstrated the superiority of dermoscopy and in vivo reflectance confocal microscopy (RCM) as noninvasive diagnostic techniques for the detection of residual or recurrent subclinical BCC.

Further studies on larger sample size should be performed to evaluate how clinical, dermoscopic, and RCM features modify during tumor regression and how to introduce them into clinical practice.

#### DIGITAL FEATURES

This article is published with digital features, including a summary slide, to facilitate understanding of the article. To view digital features for this article go to https://doi.org/10.6084/m9.figshare.14381243

#### INTRODUCTION

Basal cell carcinoma (BCC) is the most common skin cancer, with an increasing incidence worldwide; while surgical excision represents the treatment of choice in most cases, new targeted therapies have been developed to treat the advanced ones. To date, the Smoothened (Smo) inhibitors, vismodegib and sonidegib, are the two oral molecules approved for the treatment of advanced BCCs [1, 2]. Clinical assessment of tumor remission during and after Smo-inhibitor therapy can be challenging because treatment response changes the clinical features of the tumor, inducing the development of scar tissue that replaces tumor tissue. Moreover, clinical detection of residual or recurring subclinical BCC after Smo-inhibitor treatment could also be difficult, requiring the use of more accurate diagnostic techniques to ensure the most effective outcome. Previous studies demonstrated the superiority of dermoscopy and in vivo reflectance confocal microscopy (RCM) as noninvasive diagnostic techniques for the detection of residual BCC in patients with locally advanced (la) BCCs treated with vismodegib [3, 4].

#### **CASE**

Herein, we report the case of a 62-year-old woman with a laBCC, successfully treated with vismodegib in which dermoscopy and RCM showed their superiority in detecting subclinical recurrent BCC developed on scar tissue after complete regression of the tumor. The patient gave written informed consent for publication of her case details and images. The patient presented to our department with an inoperable exophytic lesion, measuring  $6 \times 6 \, \mathrm{cm}$  in

diameter and 4 cm in depth, involving the left side of the upper back that was biopsied and histologically diagnosed as an infiltrative BCC. aggressive type (Fig. 1a). Beyond the esthetic disfigurement, pain was referred. Radiation therapy was not considered as an option because of cumulative dose limitations to critical structures. Given the tumor dimensions, she was placed on vismodegib treatment, an oral inhibitor of the hedgehog pathway given at the approved dosage of 150 mg daily. After 6 months of treatment, the patient presented an excellent response with approximately > 80% tumor regression. Complete remission of the tumor was achieved and histologically confirmed after 40 weeks of vismodegib treatment (Fig. 1b). Vismodegib was discontinued, and the patient received her monthly follow-up. At 5-month follow-up, clinical examination showed the development of three small red-pink papular lesions on the left part of scar tissue (Fig. 1c); dermoscopic examination of the papules showed the presence of grey-blue globules and short-fine teleangictasias suspicious for pigmented BCC developed on the whitish background of scar tissue (Fig. 1d). Basal cell carcinoma diagnosis was also confirmed at reflectance confocal microscopy (RCM) examination [5]. The presence of tumor islands with peripheral thickened collagen bundles and dark peritumoral clefts were described, confirming the proposed diagnosis of pigmented BCC. RCM examination is shown in Fig. 1. Tumoral lesion was surgically excised and BCC histologically confirmed. The patient continues monthly follow-up visits.

## **DISCUSSION**

Clinical assessment of complete tumor remission after vismodegib treatment can be challenging because scar tissue developed as clinical response could be mistaken as tumor, and vice versa. The superiority of dermoscopy and RCM on clinical examination as noninvasive diagnostic imaging techniques for the detection of residual or recurring subclinical BCC during or after vismodegib treatment has already been pointed out in previous studies [3]; moreover,

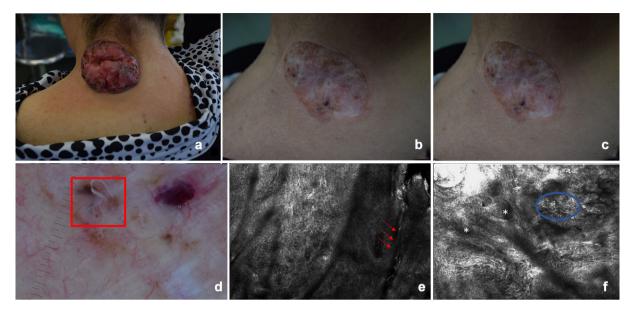


Fig. 1 a Advanced basal cell carcinoma (BCC) before vismodegib treatment. An exophytic lesion, measuring  $6 \times 6$  cm in diameter and 4 cm in depth and involving the left side of the upper back. (b) Complete remission of the BCC after 40-week vismodegib treatment. (c) Development of three small red–pink papular lesions on the left part of scar tissue (red square) after 5 months from vismodegib discontinuation. (d) Dermoscopic examination (polarized dermoscopy  $10\times$ ) of the papules revealed presence of grey–blue globules and short-fine

teleangictasias suspicious for subclinical pigmented BCC. (e) Reflectance confocal microscopy (RCM) of the papules revealed the presence of sharply demarcated cords connected to the epidermis outlined by dark peritumoral clefting (red arrows). (f) Tumor islands (white asterisks) and clumps of melanophages (blue circle) typical of pigmented BCCs

clinical detection of subclinical BCC during or after vismodegib treatment could be difficult when BCC, approaching total regression, becomes too small. Methodical use of RCM could be a strategy to avoid useless and repeated biopsies, being a fast and noninvasive diagnostic method. This case confirms previous observations, also underlying the importance of monthly follow-up visits for patients treated with hedgehog inhibitors to assess response, manage possible adverse events, and detect the possible recurrence of the tumor after treatment discontinuation [6, 7].

### CONCLUSION

This report underlines how RCM could be of great help for follow-up of BCC during and after vismodegib treatment to avoid the risk of stopping treatment before complete remission with

subsequent recurrence. Further studies with larger sample size should be performed to evaluate how clinical, dermoscopic, and RCM features modify during tumor regression and study how these noninvasive techniques should be integrated into clinical practice to detect subclinical BCCs.

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**Data availability.** The data that support the findings of this study are available on request from the corresponding author. The data are not publicly available due to privacy or ethical restrictions.

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