#### **ARTICLE**





# Coral bleaching from a single cell perspective

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#### **Abstract**

Ocean warming is resulting in increased occurrence of mass coral bleaching; a response in which the intracellular algal endosymbionts (*Symbiodinium* sp.) are expelled from the coral host due to physiological stress. This detrimental process is often attributed to overproduction of reactive oxygen species (ROS) that leak out of the endosymbionts and causes damage to the host cell, though direct evidence validating this link is limited. Here, for the first time, we used confocal microscopy and fluorescent dyes to investigate if endosymbiont ROS production significantly and predictably affects physiological parameters in its host cell. Heat treatment resulted in a 60% reduction in coral symbiont density, a ~70% increase in median endosymbiont ROS and a small reduction in photosystem efficiency ( $F_V/F_M$ , 11%), indicating absence of severe light stress. Notably, no other physiological parameters were affected in either endosymbionts or host cells, including reduced glutathione and ROS-induced lipid peroxidation. Taken together, the increase in endosymbiont ROS could not be linked to physiological damage in either partner, suggesting that oxidative stress is unlikely to have been the driver for symbiont expulsion in this study.

## Introduction

The global success of corals in tropical waters is underpinned by their symbiotic partnership with photosynthetic intracellular dinoflagellate microalgae (*Symbiodinium* sp.), which supply the animal host with photosynthetically fixed carbon in exchange for nutrients [1]. For this mutualistic association to prosper, corals need to balance energy expenditure (nutrient delivery to symbiont) with energy gain (fixed carbon from the symbiont). To achieve this, corals actively regulate their symbiont density both on a seasonal basis and in response to local environmental

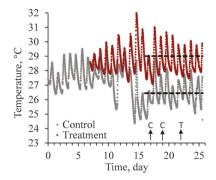
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conditions [2–4]. However, when conditions alter sufficiently to cause physiological stress, it can lead to a phenomenon known as coral "bleaching"; the whitening of corals due to detrimental breakdown of the coral symbiosis and consequent loss-of-symbiotic algae from the host tissue and/or loss-of-pigment [5, 6]. To date, numerous environmental triggers of coral bleaching have been identified including, but not limited to, changes in temperature and light [7, 8], as well as nutrient imbalance [9, 10]. However, complete understanding of the cellular mechanisms responsible for the breakdown of the symbiotic partnership is still lacking [11, 12].

In recent decades, increasing ocean temperatures have resulted in extensive loss-of-coral cover around the globe, reflecting post bleaching mortality [13]. This mass bleaching mortality is considered to be driven by photo-oxidative stress in the coral symbionts following temperature and light-induced damage to the photosystem [11, 14, 15]. According to the oxidative theory of coral bleaching, reactive oxygen species (ROS) produced through activity of the damaged photosynthetic machinery in the symbiont, leak into the host cell where it overwhelms the antioxidant system and causes damage to the host tissue [14, 15]. By expelling the symbiont, and thus the source of excess ROS, the host minimises the level of physiological damage under suboptimal environmental conditions [11, 16]. In cells, ROS are produced in the mitochondria and chloroplasts [17],



**Fig. 1** Temperature throughout the experiment. Grey and red lines: smoothed average of temperature in control and heated mesocosms, respectively. Coral fragments to undergo heat treatment were transferred to heated mesocosms on day 7 (onset of red trace). Arrows indicate days of analysis of control (days 17 and 19) and heat-treated fragments (day 22). Analysis of control fragments were carried out over the 3 days due to processing time constraints

where superoxide dismutase (SOD) works as the first line of defence in an important detoxification process [18]: the SOD converts superoxide anions (O<sub>2</sub><sup>-</sup>), produced through one-electron reduction of O2, to the more stable hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>). To limit build-up of this cytotoxic compound, H<sub>2</sub>O<sub>2</sub> is quickly reduced to harmless H<sub>2</sub>O and O<sub>2</sub> by a broad arsenal of enzymatic and non-enzymatic antioxidants, including the high-affinity glutathione peroxidase (GPx) in conjunction with the co-factor glutathione, as well as ascorbate peroxidase (APX) and the low affinity catalase enzyme. However, under sub-optimal conditions (i.e., stressful) the local concentration of ROS can increase because of an offset between production and this dissipation mechanism. If the production of ROS is higher than the reductive potential of the antioxidant system, ROS may lead to several forms of cellular damage, including lipid peroxidation (membrane damage), protein oxidation and DNA degeneration [17].

The proposed importance of ROS in the physiological mechanism leading to mass coral bleaching is buoyed by evidence of temperature and light-induced production of ROS and reactive nitrogen species (RNS), antioxidant upregulation in both host and symbionts [15, 19-22], as well as a reduction of bleaching in presence of exogenously applied antioxidants [23]. Additionally, observations of mitochondria and chlorophyll degradation in isolated Symbiodinium [24, 25] and host tissue [26] support the role of severe physiological disorder in the bleaching process. However, despite significant effort over recent decades to verify the implication of ROS in coral bleaching, the extent of the relationship between symbiont ROS production and host physiological stress remains ambiguous. In particular, recent work has found the host to increase its antioxidants in response to heat stress prior to its symbionts and preceding photo-physiological decline [27, 28], demonstrating that photosystem stress may in fact be a late stage response in the bleaching process and not the initial driver of expulsion. Irrespective, the initial increase in host antioxidants could suggest a role of ROS in the early bleaching process, which remains to be further investigated.

One of the major obstacles to uncovering the mechanisms of coral bleaching is the inherent difficulty of separating the response of the host from that of the intracellular symbiont. Til now, this has been achieved only by physically separating the host and symbionts, destroying the host tissue in the process and consequently averaging analyses across multiple host cell types, most of which are nonsymbiotic. However, the progressive loss-of-symbionts from coral tissue during bleaching suggests that it happens on a cell by cell basis, highlighting that coral bleaching is fundamentally a single-celled process occurring on a massive scale. Therefore, averaging measurements across cell types may result in substantial bias or a reduction in the observed responses of the specific cells directly involved in the bleaching process.

To adequately separate the stress response of the symbiont from that of the host and to attempt to identify any resulting interactions between the two partners, we propose that it is necessary and advantageous to address the question at the scale of the individual cell. Here we explore, for the first time, the process of coral bleaching at the single-cell level, utilising intact symbiotic cells (host with symbionts) to study heat-induced ROS production and its metabolic consequences in the important reef-building coral *Pocillopora damicornis*. Measuring key stress indicators in >1700 individual cells using confocal microscopy, we aimed to disentangle the thermal stress responses of these closely entwined symbiotic partners.

#### Material and methods

# Coral collection and experimental protocol

Three colonies of *Pocillopora damicornis* were collected from Kaneohe Bay, Oahu, Hawai'i in July 2015 and maintained in mesocosm tanks  $(3 \text{ m}^3)$  with constant flow through of bay seawater ( $\sim 180 \text{ L h}^{-1}$ ). To minimise light-only-induced damage to the photosystem (isolating the effect of thermal stress), corals were kept shaded to a midday maximum of  $\sim 400 \text{ }\mu\text{mol}$  photons m<sup>-2</sup> s<sup>-1</sup> (Fig. S1), a light level well-above the initial minimum saturating irradiance ( $I_k$ ;  $\sim 248 \text{ }\mu\text{mol}$  photons m<sup>-2</sup> s<sup>-1</sup>) (Fig. S2, Table S1). While the reduced light level does not represent the common scenario for exposed corals on a shallow reef flat, it may be considered ecologically relevant to corals living in somewhat more shaded areas or in deeper water [29]. Coral colonies were acclimated for 2 days before being cut into

Table 1 Staining characteristics and microscope settings for each fluorescent dyes used in this study

Dye characteristics			Method		Microscope settings		
Name	Target	Ex./Em. nm	Final conc. µM	Time min	Laser nm	Laser intensity %	Collection range nm
CM-H <sub>2</sub> DCFDA	ROS (broad)	492/520	20	20	488	1.5	510–550
mBBr	Red. glutathione	400/490	50	20	405	1.0	430–510
Image-iT	Lipid hydro-peroxides	581/590 488/ 510	10	20	561 488	3.0	580-610 500-550
Calcein violet AM	Esterase activity	400/452	2	20	405	1.0	410–490
Rhodamine 123	Mitochondrial activity	511/534	5	20	488	1.5	500-550
_	Chlorophyll auto FL	580/650	_	_	561	0.1	621-680

Laser settings and imaging time were optimised to minimise photo-activation/bleaching of the respective dye, as well as auto-fluorescence (except when measuring chlorophyll). All settings were kept constant throughout the experiment

All dyes were obtained from Life Technologies corp., USA

~3 cm fragments and fastened to a grid using Epoxy (Fig. S3). After 1 week of pre-conditioning to control conditions  $(27.6 \pm 0.8 \,^{\circ}\text{C})$ , a sub-set of coral fragments from each colony were transferred to separate mesocosms (3 m<sup>3</sup>) with lower flow and higher thermal heat input via exposure to direct sun (corals remained shaded: Fig. S1), resulting in a daily mean temperature of ~29 °C with a mid-day maximum of 30-31 °C and a night time low of 27-28 °C (Fig. 1). At the time, Kaneohe Bay was experiencing above average and increasing water temperatures, and on day 14 of the study it was deemed necessary to cool the flow through water for control colonies to the long-term average temperature for July (26-27 °C, National Oceanic and Atmospheric Administration's National Data Buoy Center [Station MOKH1-1612480—Mokuoloe, HI, US]) (Fig. 1). A very high-tank-volume-to-coral-biomass ratio (~6000:1) and significant water flow minimised any tank effects and pseudoreplication by ensuring identical treatment conditions to all coral fragments within each mesocosm. Heat treated coral fragments were analysed once they were visually paler than the control fragments, but before complete bleaching, which otherwise would have left too few endosymbiotic cells to analyse. To account for biological variability between colonies, one coral fragment was extracted (see below for methodology) from each coral replicate for each treatment and dye used. However, in subsequent analysis replication was considered to be at the single-cell level. Due to time constraints as a result of the staggered extraction protocol (see below), control and treatment coral fragments were analysed on subsequent days (Fig. 1: C and T, respectively)

## Symbiont photosynthetic capacity and density

Photosynthetic health of symbiont cells was monitored over time (Fig. S4) using a Pulse Amplitude Modulation fluorometer (PAM) (Diving PAM, Walz GmbH, Germany). Minimum  $(F_0)$  and maximum  $(F_M)$  fluorescence of darkadapted (20 min after sunset) coral fragments were determined for each treatment and maximum quantum yield of Photosystem II  $(F_V/F_M)$  calculated according to Schreiber [30]. On the day of sampling, photosynthetic capacity and symbiont cell density was measured on replicate coral fragments. Rapid light curves were carried out after sunset on replicate coral fragments with nine incrementing light levels (54, 91,136, 184, 288, 396, 606, 896 and 1335 µmol photons  $m^{-2} s^{-1}$ ) applied for 30 s each before recording the light-adapted minimum  $(F_T)$  and maximum fluorescence  $(F_{\rm M}')$  values. The relative electron transport rates (rETR) were calculated as  $(F_{\rm M}'-F_{\rm T})/F_{\rm M}')*{\rm PAR}$  and photosynthetic parameters (rETR<sub>max</sub>, I<sub>k</sub>,  $\alpha$ ) determined from a double exponential function fitted to the data (Fig. S2) [31]. Symbiont density was determined by water picking coral tissue from individual fragments (n = 3 per treatment) into 5 mL of filtered sea water (FSW). The resulting tissue slurry was homogenised using a benchtop homogeniser and centrifuged at ~350 RCF for 2 min after which supernatant was discarded and the pellet of symbiont cells resuspended in 2.5-5.0 mL FSW. The cell concentration in each extract was determined by manual counting (repeated eight times) using a haemocytometer (Brightline, Hausser scientific) and normalised to the surface area of each coral fragment, which was measured using a standard waxing technique [32].

# Sample preparation

A range of fluorescent dyes were used for semi-quantitative measures of general ROS (CM-CH<sub>2</sub>DCFDA, reacts with a range of radicals including HO<sub>2</sub>, RO, NO<sub>2</sub>, CO<sub>3</sub>, OH and ONOO [33], reduced glutathione (GSH) (Monobromobimane, C<sub>10</sub>H<sub>11</sub>BrN<sub>2</sub>O<sub>2</sub>, reacts with low-molecular weight reduced thiols, including the abundant glutathione) and lipid peroxidation (Image-iT: BODIPY 581/591 C11, fluorescence shift when oxidised by lipid hydroperoxides),

as well as mitochondrial (Rhodamin123, accumulate in mitochondria in a membrane potential dependent manner) and esterase activity (Calcein AM, hydrolised by intracellular esterases to produce a fluorescent product) in the animal and symbiont cells. All dyes were obtained from Life Technologies, USA (see Table 1 for details). While the final concentration employed for the ROS dye CM-CH<sub>2</sub>DCFDA (20 µM) was higher than recommended in the manufacturers manual (1–10 µM), it was well within the range of use in other published studies (25-50 µM) (i.e., [34–36]). To ensure all samples experienced similar environmental conditions prior to measuring, coral fragments were kept in a laboratory water bath at constant treatment temperature (26 or 29 °C for control and treatment, respectively) and an incident irradiance of 400 µmol photons m<sup>-2</sup> s<sup>-1</sup> (blue and white LED, Hydra, C2 Development inc. USA) for 1 h prior to extraction. For each dye, endoderm cells were extracted from a coral fragment from each coral colony (n = 3). In order to ensure exact timing and uniformity of extraction, incubation, and measuring time, each coral fragment was processed individually, staggered by ~25 min each (time frame of analysis). Symbiotic endoderm cells were extracted by placing a coral fragment in a 50 mL centrifuge tube containing 3 mL of FSW at treatment temperature and briefly striking the base of the tube against a hard surface to loosen the coral tissue from the skeleton. This resulted in the release of symbiotic endoderm cells while most of the outer connective tissue remained on the coral fragment (see Fig. S5 and corresponding figure text). The resulting slurry was pipetted into 1.5 mL Eppendorf tubes and gently pelleted at ~30 RCF for 30 s followed by three washes in 1.5 mL FSW to remove the more buoyant non-symbiotic cells. The remaining cells were resuspended in 0.5 mL FSW to which the respective dyes were added (see Table 1 for final concentrations). For all dyes, cells were incubated in the dark at treatment temperature for 20 min, washed twice as described above and resuspended in 50 µL of FSW for microscopy analysis.

# **Confocal fluorescence imaging**

To measure fluorescence of symbionts and host cells a laser scanning confocal microscope (LSM 710, Zeiss, Oberkochen, Germany) equipped with a temperature controlled environmental chamber (Incubator XI S Examiner, Zeiss, Oberkochen, Germany) was employed. The confocal capability was necessary to visualise the fluorescence inside the symbiont cells, which is otherwise obscured by the dense layer of chloroplast present in these algae (absorption from chlorophyll). Approximately 30 µL of cell suspension was transferred to a pre-heated microscope slide and symbiotic cells located manually under low-intensity visible light. Imaging of fluorescence was done at a total of ×630

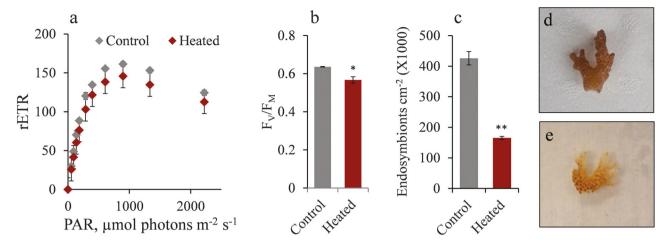
magnification (Zeiss Plan-apochromat 63×/1.40 Oil DIC M27 lens) using fixed collection ranges and laser intensities (Table 1) and the following microscope and imaging acquisition settings (optimised for speed): pinhole size: 1.51 AU, Image resolution:  $512 \times 512$  ( $135 \times 135 \mu m$ ), pixel dwell 1.58 µs, no averaging, z-thickness ~1.0 µm. For ease of identification and consistency, only host cells containing two symbionts were included as representatives of intact endosymbiotic cells. Non-symbiotic (ex-symbiont) cells were identified visually as chlorophyll containing cells with no discernible host membrane and no dye fluorescence external to the symbiont membrane. Due to inefficient dye penetration through the symbiosome membrane, no mitochondrial or esterase information could be obtained from endosymbionts. Auto-fluorescence, light-induced bleaching/activation of dye, as well as pixel-saturation during imaging was avoided by optimising microscope settings using controls of dead (killed by heating to 75 °C for 5 min) and live host and symbiont cells with and without dye.

# Fluorescence analysis

Total fluorescence for the host and symbiont cells was measured using the FIJI package of the open source image software ImageJ [37]. Prior to quantification, the background fluorescence was subtracted from each layer of the respective image stack, measured in four locations around the cell in each layer and calculated as the mean fluorescence  $+2 \times$  standard deviation (S.D.) (n = 4). Each cell type (host and symbionts) was subsequently individually measured in each layer of the image stack and total fluorescence for each calculated by summing all respective measurements (Supplementary Fig. S6). To ensure maximal precision, each region of interest was selected and inspected manually for all images (totalling >18,000 images across >1700 cells). Mitochondria were measured using a custom made ImageJ macro detecting each mitochondria in each layer of the image stack using the 'find peaks' function with outlining of each mitochondria based on a fixed intensity cutoff. Macro settings were kept constant for all treatments ensuring fixed thresholds and sampling parameters for all cells across type and treatment.

## Statistical analyses

After confirming homoscedasticity and normality, a paired t-test was used to determine significant differences in  $F_{\rm V}/F_{\rm M}$  and cell density between control and heat-treated corals at  $\alpha=0.05$ . Comparison of distributions of fluorescence in cell populations from different treatments were carried out using the non-parametric two sample Kolmogorov–Smirnov (KS), where changes were considered significant at P < 0.05. In addition, pairwise comparison of the median



**Fig. 2** Physiological characteristics of coral symbionts after experimental treatment. **a** Relative electron transport rate of coral symbionts at different levels of photosynthetically active radiation (PAR). **b** Maximum quantum yield of PSII  $(F_V/F_M)$  of symbionts in coral tissue. **c** Symbiont cell density in coral tissue. **d** Example of control coral

fragment and **e** example heat-treated coral fragment. Error bars indicate standard error (SE, n=3). Stars indicate significant difference from control (\*P<0.05, \*\*P<0.01). Note, error bars for control in **a** and **b** are too small to be visible in this plot

fluorescence in cell populations from different treatments for each colony replicate were carried out using a paired *t*-test. For ease of visualisation, pooled data from all three replicate colonies are shown. To account for the presence of heteroscedasticity, Spearman's rank correlation was used to test for covariance between host and symbiont fluorescence. Geometric linear regressions of significant correlations between host and endosymbiont fluorescence were included for visual aid to highlight directionality and differences in correlations between treatments. Statistical tests were done using the R software package and Minitab (v.15; Minitab Inc. USA).

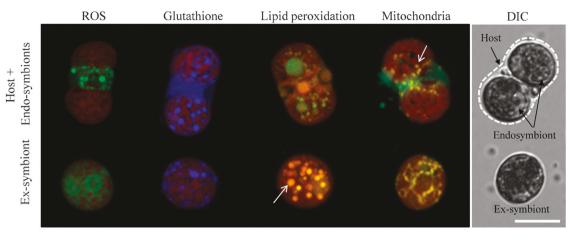
#### Results

After 2 weeks at elevated temperature, there was no significant difference in relative electron transport rates or minimum saturating irradiance (Fig. 2a; Table S1); however, there was a significant decline in the light utilisation efficiency of heat-treated symbionts from ~0.64 to 0.56 (Paired *t*-test, T(2) = 4.98, P = 0.038, Table S1). Similarly, the maximum quantum efficiency of Photosystem II ( $F_V/F_M$ ) of the symbionts had declined in the heat-treated corals by  $-11\% \pm 2.5\%$  (SD) (Paired *t*-test, T(2) = 7.65, P = 0.017, Fig. 2b). A concomitant decline in cell density of 60%, from  $4.3 \times 10^5 \pm 2.2 \times 10^4$  cells cm<sup>-2</sup> to  $1.7 \times 10^5 \pm 4.7 \times 10^3$  cells cm<sup>-2</sup>, verified that active bleaching was taking place (Paired *t*-test, T(2) = 14.76, P = 0.005, Fig. 2c) and distinct paling of the coral tissue was evident (Fig. 2d, e).

The high resolution of the confocal images allowed for easy separation of the host and endosymbiont cells (Fig. 3).

Overall, host cell populations exhibited no changes in ROS, reduced glutathione (GSH), lipid peroxidation, mitochondrial activity (Fig. 4; Table S2) or esterase activity (Fig. S7; Table S2) with heat stress. Elevated temperatures lead to a significant increase in ROS in the endosymbiont cell population (median increase 69%) (KS: D = 0.136, P =0.0049), however, no differences were observed between cell populations for GSH or lipid peroxidation ratio (Fig. 4). Because of the possibility that the endosymbionts remaining in the coral tissue were all healthy and therefore would not exhibit signs of stress, we included in our investigation Symbiodinium cells that were not enclosed in a host cell and therefore might have been recently expelled (hereafter termed "ex-symbionts") (Fig. 3). In general, we found that ex-symbiont cells exhibited the same physiological responses as their non-expelled counterparts (Fig. 4), with a significant increase in ROS (median increase of 100%) (KS: D = 0.523, P < 0.0001), but no change in GSH or lipid peroxidation with heat treatment. Additionally, heat treatment had no effect on mitochondrial activity of the exsymbionts. In all cases, paired t-test on the population medians support the KS results (Table S2).

Associations between the metabolic response of the host and its respective symbionts were investigated using Spearman's ranked correlations on the pooled single-cell data (Fig. 5). We found a weak correlation ( $\rho = 0.26$ , df = 80, P = 0.0196) between host and endosymbiont ROS fluorescence in pooled control cells; however, there was no correlation when colonies were analysed individually (Table S3). We found a significant relationship between the host and endosymbiont ROS fluorescence in the heat-treated cells ( $\rho = 0.51$ , df = 52, P = 0.0001, Fig. 5a), driven by the presence of a small number of highly fluorescent



**Fig. 3** Laser scanning confocal images (maximum projections) of endosymbiotic host cells with endosymbionts (top) and ex-symbionts (bottom), imaged after incubation with fluorescent dyes. Only cells from control groups are shown. Chlorophyll auto-fluorescence is shown in red. Left to right: CM-H<sub>2</sub>DCFDA (ROS, green), mBBr (reduced glutathione, blue), Image-iT (lipid peroxidation, yellow/green

ratio), Rhodamin123 (mitochondrial activity, yellow) and Calcein AM (esterase, teal). Arrows indicate individual mitochondria (top) and lipid body (bottom). Far right: grey scale differential interference contrast images (DIC), white stippled line outlines host cell membrane (top). Scale bar =  $10 \, \mu m$ 

cells in two of the three colonies (Fig. 5a, Table S3). Moderate correlations were also found for GSH fluorescence in both the control and heat-treated cells ( $\rho=0.48$ , df=89, P<0.0001;  $\rho=0.43$ , df=43, P=0.0033, respectively, Fig. 5b). However, at the colony level, this was only evident in two colonies for the control and one of the heat-treated cells. For lipid peroxidation, only a weak correlation was detected in the pooled control cells ( $\rho=0.25$ , df=85, P=0.019), which was not there when analysed by colony (Table S3), and no correlation was detected in the heat-treated cells ( $\rho=0.105$ , df=54, P=0.443) (Fig. 5c).

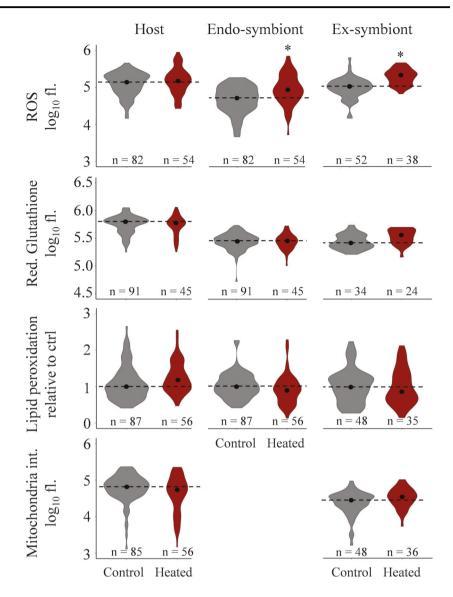
#### Discussion

Reactive oxygen species are an inevitable by-product of electron transport in both mitochondria and chloroplasts. Therefore, all aerobic organisms have developed mechanisms to effectively dissipate ROS, thereby limiting damage to vital cellular components [17, 18]. Increased concentration of cellular ROS is an intrinsic consequence of raised metabolic activity and/or reduction in energy dissipation efficiency associated with physiological stress, which explain the observation of heat-induced increases in ROS production and antioxidant expression in corals [15, 20–23]. As such, the question remains whether the observed correlation of ROS production and antioxidant upregulation with the breakdown of the coral symbiosis is a result of true causality. To this end, evidence confirming a direct detrimental effect of endosymbiont derived ROS on the host metabolism during heat stress is still lacking.

In this study, prolonged heat stress of *Pocillopora* damicornis resulted in significant loss-of-symbionts (i.e.,

bleaching) (Fig. 2). Consistent with previous studies on free-living Symbiodinium sp. exposed to acute heat stress [38, 39], elevated temperatures resulted in increased ROS production by the endosymbionts (Fig. 4) and a significant but minor decline in the maximum quantum yield of photosystem II (PSII) ( $F_V/F_M$ , Fig. 2b). This decline may have been driven by production of singlet oxygen (<sup>1</sup>O<sub>2</sub>) in the chloroplasts, which is thought to be the most important ROS responsible for light-induced loss-of-PSII activity [40], however, the relatively small change in  $F_V/F_M$  indicates that the photosystem was not severely compromised at this stage in the bleaching process. An increase in endosymbiont ROS production to the extent where a significant proportion of non-quenched ROS leaks into the host would be expected to be accompanied by damage to cellular components and changes to the antioxidant capacity of the cell. Yet, we found no additional signs of ROS-related physiological stress (Fig. 4). We observed no consistent reduction in the fluorescence of the Monobromobimane dye (mBBr), suggesting that the pool of reduced glutathione (GSH) was maintained. Glutathione plays a crucial role in the cells antioxidant system, where it is oxidised by ROS to glutathione-disulfide (GSSG) directly (chemically) or enzymatically through the action of ascorbate and/or glutathione peroxidases (APX and GPX, respectively) [41]. Because of its paramount role in this redox cycle, GSH is quickly re-generated by reduction of GSSG with NADPH and glutathione reductase (GR) to maintain the cells redox state [41]. In Symbiodinium, sub-lethal heat stress has been shown to increase activity of GR, resulting in maintenance of the GSH pool despite increased reactive oxygen production [42]. However, this protective mechanism collapsed under more severe heat stress [42], and as such, any

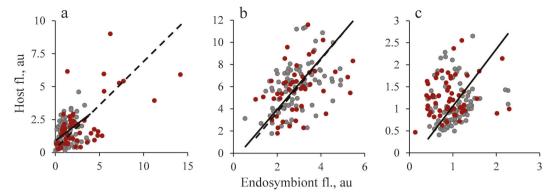
Fig. 4 Violin plots of log transformed cumulated fluorescence intensity and relative lipid peroxidation ratio distribution in pooled cell populations from control and heat-treated coral colonies. The lipid peroxidation values are shown as relative to the mean ratio of the respective control population to account for a significant expulsion effect. Black dot denotes the median of each group. Stippled line represents median value of control treatment for comparison. Stars indicate significant difference from control (\*P < 0.05)



significant reduction in the level of GSH can be considered a strong indicator for excessive oxidative stress. In support of the lack of change in the glutathione pool, we found no evidence for ROS-induced damage through lipid peroxidation (Fig. 4), which is considered the principle molecular mechanism involved in the oxidative damage to cell structures [43]. Also, we observed no significant decline in relative electron transport rates of PSII (Fig. 2a) and no change in the level of chlorophyll fluorescence per cell volume, indicating little or no chlorosis (Fig. S8). Taken together, these data strongly suggest that the symbiont antioxidant system was effective at protecting itself against uncontrolled oxidative damage despite the substantial, heat-induced increase in steady-state ROS content.

The presence of "free" symbionts (here termed "exsymbionts") in coral tissue has been described previously, where non-host associated symbionts were found to account for up to 30% of the total symbiont count within the tissue

of naturally bleached corals [24]. While it was not possible to determine whether these cells had recently been expelled from a host cell or if they were non-symbiotic cells residing freely within the coral host, the ex-symbiont cells were found to contain more lipid bodies than endosymbiotic cells (2-3x, data not shown), showing that, while a fraction of the cells may have been released from their hosts during the extraction procedure, most of the cells were physiologically different from the remaining endosymbionts. Other studies have found that temperature stress increases lipids and fatty acids in endosymbiont [44] and expelled symbionts (Petrou K, personal communication), which demonstrates that expulsion of endosymbionts may be correlated with an increase in lipids. This supports the notion that the exsymbionts observed here may indeed have been expelled from host cells but not yet excluded from the coral tissue. Despite a higher median increase in ROS production (~100% in pooled cells) with heat treatment (Table S4), the



**Fig. 5** Host versus endosymbiont fluorescence from **a**. Reactive oxygen (arbitrary units, au  $\times$  10<sup>-3</sup>), **b** Reduced glutathione (GSH) (au  $\times$  10<sup>-3</sup>) and **c** lipid peroxidation (relative fluorescence ratio) for control (grey) and heat-treated (red) endosymbiotic cells. Black lines represent

geometric linear regressions of significant correlations (full: control, stippled: heat-treated) and are included to highlight directionality and differences in correlations between treatments

ex-symbionts did not exhibit significant changes to other ROS-related physiological parameters measured here. Additionally, heat-treated ex-symbionts showed no consistent changes to mitochondrial activity as measured via proton-gradient dependent fluorescence. Given the high content of poly-unsaturated fatty acids and peroxidation catalysts, mitochondria are specific targets for lipid peroxidation damage, which may reduce the electron transfer rate and thus overall activity [45]. As such, the lack of change with heat treatment substantiates the results of little overall ROS-related physiological stress in these cells, and corroborates the results from the endosymbiont data. Importantly, these data do not preclude that under scenarios in which photosystem damage does occur, ROS could be an important trigger for bleaching due to the breakdown of important cellular and/or symbiotic functions, as suggested by the oxidative theory of coral bleaching. Instead, it highlights that bleaching may occur well before the onset of photosystem damage in the symbionts, perhaps as a result of alterations to the host-regulated nitrogen input to the symbionts as a consequence of physiological stress in the host [9, 46].

With the exception of a few individual cells, the heat treatment did not significantly increase the ROS concentration in the host, although, we cannot exclude the possibility of upregulation of ROS that is not detected by the dye employed. For instance, the important cell-signalling molecule NO has previously been shown to increase in corals in response to heat stress [47], but is not detected by CM-H<sub>2</sub>DCFDA. Similar to the ex-symbionts, we observed no consistent changes to the total mitochondrial fluorescence in the host cells (Fig. 4), indicating that the heat treatment employed in this study had little general effect on mitochondrial activity, and this was supported by the esterase activity showing that cell viability was retained [48]. This contrasts with previous studies that showed loss-of mitochondrial integrity [26] and caspase-induced

apoptosis [49] in host cells in response to acute heat stress. However, the extreme ramping (6–7 °C over a few hours) and sustained high temperatures (32–33 °C for ≥24 h) employed in these studies likely exacerbated the extent of damage to cellular components by not allowing time for adequate metabolic adjustments, including de novo synthesis of heat shock proteins [50]. The importance of heating rates and how it might influence the severity of the bleaching response has been discussed previously [28, 51]. Given the minimal effect on the physiological state of host cells in the present study, it indicates that little if any ROS-induced damage had occurred despite the prolonged incubation at increased temperature and natural light cycles.

The observed correlation between host and endosymbiont ROS in the heat-treated cells (Fig. 5a) may be explained either by a joint increase in net ROS due to metabolic stress in both partners simultaneously or indeed by diffusive transfer of ROS from one symbiotic partner to the other. However, based on the available data it is not possible to determine which of these mechanisms are more likely. While the pooled control cells only showed a weak correlation between host and symbiont ROS, heat treatment resulted in the generation of a sub-population (~15% of total) of highly fluorescent cells from two of the three coral replicates; indicative of high-ROS production. From this it is tempting to propose that the bleaching process is in fact driven by a small but continuously replenished subpopulation of cells reaching a stress-threshold resulting in the expulsion of the symbiont. This would explain the difficulty in obtaining consistent results when investigating coral bleaching using whole-tissue techniques, as the changes in such a relatively small population of cells within a larger pool of less affected cells would invariably reduce the overall observed response. However, the same pattern was not observed for reduced glutathione where the correlation between symbiont and host remained unchanged with no formation of sub-populations (Fig. 5b).

The data presented here are the first of their kind to directly target the link between ROS-related physiological variables of the coral endosymbiont with that of its respective host cell at the cell–cell interface. The results show that the coral endosymbionts are not severely compromised by heat-induced ROS production, and emphasise that, in the absence of severe photosystem damage, ROS leakage from the endosymbiont to the host and subsequent ROS-induced damage is not likely to be the initial trigger for symbiont expulsion during heat-induced bleaching.

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## **Compliance with Ethical Standards**

Conflict of interest The authors declare that they have no conflict of interest.

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