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## **OPEN** Fundamental Limitation on Cooling **under Classical Noise**

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**We prove a general theorem that the action of arbitrary classical noise or random unitary channels can not increase the maximum population of any eigenstate of an open quantum system, assuming initial system-environment factorization. Such factorization is the conventional starting point for descriptions of open system dynamics. In particular, our theorem implies that a system can not be ideally cooled down unless it is initially prepared as a pure state. The resultant inequality rigorously constrains the possibility of cooling the system solely through temporal manipulation, i.e., dynamical control over the system Hamiltonian without resorting to measurement based cooling methods. It is a substantial generalization of the no-go theorem claiming that the exact ground state cooling is forbidden given initial system-thermal bath factorization, while here we prove even cooling is impossible under classical noise.**

Cooling and, more generally, pure-state preparation<sup>[1](#page-5-0)-[5](#page-5-1)</sup> of a microscopic or mesoscopic open system (small thermal object)<sup>6</sup> is of paramount importance to many intriguing quantum technologies and engineering of low temperature quantum phases, in general. Examples of applications include quantum simulations of many-body physics<sup>7</sup> on a variety of platforms such as cold atoms and molecules, trapped ions and nanophotonic systems. Similarly, quantum computers<sup>8</sup>, the promising quantum adiabatic computing (QAC) paradigm<sup>[9–](#page-5-5)12</sup>, quantum communication<sup>13</sup>, dynamically enhanced nuclear polarization<sup>[14](#page-5-8), [15](#page-5-9)</sup>, small quantum devices<sup>16, 17</sup> and quantum metrology are merely a few prominent examples of contemporary applications where significant control over quantum states needs to be exercised. More specifically, for perfect realization of quantum logic operations, qubits initially need to be cooled down to the ground state of motion prior to coherent manipulation<sup>18</sup>. Any cooling scheme, e.g., bang-bang cooling<sup>19</sup>, single-shot state-swapping cooling<sup>[20](#page-5-14)</sup>, and sideband cooling<sup>[21](#page-5-15)[–24](#page-5-16)</sup>, cannot be performed when the system is isolated<sup>6</sup>.

The quantum adiabatic computation is an interesting paradigm for universal quantum computation. Here the solution to a hard problem is encoded in the ground state of a many-body Hamiltonian, *i*.*e*., the computer. To reach the solution, the computer is initialized to the ground state of some Hamiltonian that can be easily prepared. The initial ground state is then transported adiabatically<sup>[25](#page-5-17)–[30](#page-5-18)</sup> to the target ground state encoding the solution. In principle, adiabaticity suppresses errors in the preparation of the final ground state by overcoming the problem of energy relaxation<sup>31-34</sup> as the system at all times is kept in the ground state of the instantaneous Hamiltonian during evolution. However, the changing-rate of the Hamiltonian control parameters, and so the protocol's running time, scale inversely with the square of the spectral gap to the lowest excitations. In practice, the system is always excited during the protocol, most seriously because one must generically move through regions in parameter space where the gap is very small or closed completely. Apart from this, the system is never truly isolated from its environment, which also results in excitations. One solution to overcome this problem is to combine the quasi-adiabatic evolution with active cooling to suppress such errors generated via excitations during the running of the protocol.

Addressing feasibility of such schemes motivates the search for a better understanding of the description of cooling effects in open system dynamics, in particular as described below, with classical noise. Cooling setups consist of a small target object (e.g., a mechanical resonator) and an ancillary system (e.g., a qubit) as the *entire* system which is embedded in a quantum environment. The three entities seem to be equally crucial in a cooling process. The dynamics of the *entire* system is supposed to be governed by the conventional quantum

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Markovian master equation. Recently it was interestingly shown that fully quantum-mechanical models under the Born-Markov approximation may be mapped in some situations to a quantum system under classical noise<sup>35</sup>. On one hand, this inspires the question about whether the Born-Markov approximation generically allows an arbitrary full quantum bath to be equivalent to some corresponding classical noise. If so, can the *entire* system be cooled by the equivalent classical noise via the quantum Markovian master equation? On the other hand, is it possible that this specific classical-quantum equivalence is fake due to the Born-Markov approximation? These issues are too difficult to be solved in generality with any known analytical and numerical techniques. Therefore, setting up strict quantum bounds is absolutely necessary in studying cooling problems. An example is the recently proposed "counterintuitive" protocols as cooling by heating<sup>[36](#page-6-2), [37](#page-6-3)</sup> with the help of a high-temperature bath generated by "incoherent thermal quantum noise", where we know "quantum noise" could be equivalent to a corresponding classical noise as long as the Born-Markov approximation is used. In ref. [36,](#page-6-2) the authors consider an ancillary system of two optical modes coupled to a mechanical degree of freedom and find the mechanical oscillator can be cooled down to an extent by heating one of the optical modes, *i*.*e*., increasing its thermal state population. It is thus interesting to consider the constraints on the types of processes that can be realized under restricted operations such as evolution under classical noise, and to unambiguously identify the origin of such counter-intuitive effects.

Interestingly, a no-go theorem has been recently proved that exact ground state cooling is forbidden when one assumes factorization of the initial state of the system from the bath state<sup>[38](#page-6-4)</sup>. This is remarkable since initial system-bath product state factorization is a common condition adopted in the derivation of master equations or Kraus operator representations describing open system dynamics<sup>[6,](#page-5-2) [39](#page-6-5)</sup>. Here we ask the less stringent question of whether approximate cooling — understood as increasing the ground state population — can be achieved under such system-bath factorization. We consider the case of coupling the system to classical environmental noise which can be thought of as stochastically affecting the control parameters of the system Hamiltonian. We find that under such conditions, even approximate cooling is impossible.

No-go theorem for cooling an open system under classical noise. Classical noise<sup>40, [41](#page-6-7)</sup> corresponds to a special form of the system-environment interaction Hamiltonian  $H_I = \sum_j A_j B_j$ , where  $A_j$ 's are Hermitian operators in the Hilbert space of the system and  $B_j$ 's are environmental operators, when it can be semi-classically approximated by  $H_I = \sum_j A_j \langle B_j \rangle$ , where the  $\langle B_j \rangle$ 's are now c-numbers (instead of operators) determined by the random states of the environment, time-independent or time-dependent. This yields a stochastic Hamiltonian acting on the system,  $H_{\lambda}(t) = H_0(t) + H_I(\lambda)$ , where the system bare Hamiltonian  $H_0(t)$  is in general time-dependent and might take into account the general possibility of control via external parameters, and  $\lambda \equiv \{\langle B_i \rangle\}$  in *H<sub>I</sub>*( $\lambda$ ) represents a random parameter characterizing a particular realization of the system evolution.

The system evolution determined by the stochastic Hamiltonian *Hλ*(*t*) corresponding to a particular realization of the stochastic environmental parameters is unitary,  $\rho_i \mapsto K_\lambda(t) \rho_i K_\lambda^\dagger(t)$ , where  $\rho_i$  is the initial state of the system and  $K_\lambda(t)$  is defined as a propagator  $\mathcal{T}e^{-i\int_0^tdsH_\lambda(s)}$  with  $\hbar\equiv1$ . Here the time-ordering symbol  $\mathcal T$  accommodates the general situations, in which *Hλ*(*t*) can be time-dependent. Note this time-ordering propagator applies in the Schrödinger picture instead of the interaction picture. A particular evolution given above is not enough to obtain the real evolution of the open system under noise. The configuration of environmental variables is in general unknown and may be assumed to be described by a probability distribution  $|p_\lambda|^2$ . The final (evolved) state of the system must be the average over all possible unitary evolutions of the type just described and therefore

$$
\rho_{\rm f} = \sum_{\lambda} |p_{\lambda}|^2 K_{\lambda}(t) \rho_{\rm i} K_{\lambda}^{\dagger}(t), \tag{1}
$$

<span id="page-1-0"></span>with  $\sum_{\lambda} |p_{\lambda}|^2 = 1$ . This is a general expression independent of the details of system Hamiltonian  $H_0(t)$ . The above equation is a special case of the Kraus operator representation of open system dynamics, which we briefly recap in **Method**.

With this definition, we introduce the following **no**-**go theorem**, whose proof is provided in **Method**: *For any quantum operation process describing uncertainty*-*induced decoherence defined by* Eq. [\(1\)](#page-1-0), *the system can not be completely transferred into a pure state unless it is prepared as one initially*.

At a microscopic level, the strong notion of cooling corresponds to demanding that the population of ground state increases during the cooling process. In particular, this is in strict agreement with the phenomenology of cooling when both the initial and final states are Gibbs-ensemble equilibrium states. Ideal cooling is attained when the final state is the system ground state  $|0\rangle\langle0|$ . The **no-go theorem** shows that cooling even in an approximate sense, *i*.*e*., increasing the population of the ground state by an arbitrarily small amount is impossible under solely classical decoherence with the implicit constraint of initial system-environment factorization.

In order to turn this microscopic picture into a macroscopic one, consider the initial and final states to be thermal Gibbs states at two respective temperatures  $T_i$  and  $T_f$ . It is simplest to consider a two-level system, although the same arguments hold for a system with many energy levels. For such a system, the initial and final temperatures are given by

$$
T_{\rm i} = \frac{\omega_i}{\kappa_B} \ln \frac{P_1}{1 - P_1}, \quad T_{\rm f} = \frac{\omega_f}{\kappa_B} \ln \frac{Q_1}{1 - Q_1},\tag{2}
$$

where the initial and final energy spacings of the system are  $\omega_{i,f}$  and the initial and final populations of the ground state are  $P_1$  and  $Q_1$ , respectively. Since  $Q_1 \leq P_1$  due to our no-go theorem,  $T_f \leq \frac{\omega_i}{\omega_f} T_i$  $\frac{d_i}{dt}T_i$ . Hence to surely cool the

system, one must impose  $\omega_f > \omega_i$  which can only be achieved by doing work on the system resulting in the changing of the spectral properties of the system. However, we are here considering the conventional approach to cooling (in particular to the ground state of) a Hamiltonian which is the same at the initial and final instants. So we have that  $\omega_f\!=\!\omega_i$  and in terms of temperature one obtains  $T_f{\geq}T_p$  *i.e.*, the temperature of the system cannot be reduced.

Classical noise is expected to be the most common source of disturbance in many open quantum systems, such as telegraph noise in ion traps<sup>42</sup> or 1/*f* noise in solid systems<sup>43</sup>. We note that the specific (implicit) time-dependence of Kraus operators in Eq. ([1\)](#page-1-0) depends on the statistical features of the classical noise for the system. When the noise correlation function is proportional to the *δ*-function, the dynamics of the density matrix is equivalent to that described by the conventional Lindblad master equation. In literatures, this corresponds to white noise or Markovian noise. Otherwise, the system process driven by the noise can be non-Markovian<sup>44</sup>. We emphasize here that independently of these characteristics, classical noise is always characterised by a group of unitary transformation  $K_{\lambda}(t)$ 's and our discussion holds in general.

#### **Results**

The classical noisy Hamiltonian is realised by adding stochastic processes to the system's Hamiltonian. It is meaningful in various physical situations, where ambient noise is assumed to be additive under a certain probability distribution. The final state or dynamics of the system is then obtained by an ensemble average of the form (1). For instance, it is sufficient to treat the hyperfine interaction between the electron spin and environmental nuclear spin as a classical entity which describes the inhomogeneous broadening process of the electron spin confined in a quantum dot[45](#page-6-11). We explicitly illustrate the general result (the **no**-**go theorem**) through three concrete examples of the action of classical noise on popularly studied systems in quantum control theory.

**A single two-level system.** Suppose the evolution of a two-level atomic system, initially in the state diag( $[P_1, P_2]$ ) (assuming  $P_1 \ge P_2$  without loss of generality), can be described by the Kraus representation

$$
\rho_{\rm f} = \sum_{k=1}^{N} \lambda_k E_k \rho_{\rm i} E_k^{\dagger}, \quad E_k = \begin{pmatrix} \cos \theta_k & i \sin \theta_k \\ i \sin \theta_k & \cos \theta_k \end{pmatrix} \tag{3}
$$

<span id="page-2-0"></span>where  $\lambda_k \geq 0$ ,  $\sum_{k=1}^{N} \lambda_k = 1$  and  $\theta_k$  represents the *k*-th realization of stochastic disturbance.  $E_k$  describes a general and random unitary transformation characterized by *θk* for arbitrary two-level systems. Physically, this random channel can describe an electron spin interacting with a magnetic field subject to small stochastic fluctuations along the  $z$ - and  $x$ -directions. One can keep in mind that Eq. [\(3](#page-2-0)) is a particular realization of Eq. ([1](#page-1-0)), so that here *θ*<sub>*k*</sub> and *λ*<sub>*k*</sub> correspond to *λ* and  $|p_\lambda|^2$ , respectively. The diagonal representation of the final state *ρ*<sub>f</sub> is given by the populations  $Q_1$  and  $Q_2$  which can be expressed by  $(1 \pm X)/2$ , where *X* can be measured by the auxiliary quantity  $Y \equiv X^2/(2P_1 - 1)^2$  below. We have

$$
Y = \left(\sum_{k=1}^{N} \lambda_k \cos 2\theta_k\right)^2 + \left(\sum_{k=1}^{N} \lambda_k \sin 2\theta_k\right)^2
$$
  
\n
$$
\leq \sum_{k=1}^{N} \lambda_k^2 \left(\sum_{k=1}^{N} \cos^2 2\theta_k + \sum_{k=1}^{N} \sin^2 2\theta_k\right)
$$
  
\n
$$
= N \sum_{k=1}^{N} \lambda_k^2.
$$

According to the condition of Cauchy – Schwarz inequality, the maximal value of *Y* is attained iff  $\lambda_k / \cos 2\theta_k = c_1$  and simultaneously  $\lambda_k / \sin 2\theta_k = c_2$ , where  $c_1$  and  $c_2$  are constant numbers independent of *k*. In this case,  $\lambda_k$  must be taken as 1/*N*, which is independent on *k*, in order for *Y* as well as *X* and *Q*<sub>1</sub> or *Q*<sub>2</sub> to achieve the maximum value. Then we have found max {*Y*} = 1. So that  $X \leq 2P_1 - 1$ , and  $Q_1, Q_2 \leq P_1$  as advertised.

**A mechanical resonator (MR).** Consider a doubly-clamped mechanical resonator embedded in a flux-qubit circuit (serving as an auxiliary qubit), which is composed of superconducting loops with Josephson junction[s46,](#page-6-12) [47](#page-6-13). An in-plane magnetic field *B* induces qubit-MR coupling via a Lorentz force. Upon tuning the tunneling amplitude  $\Delta$  between the two persistent current states  $|\downarrow\rangle$  and  $|\uparrow\rangle$  to be near resonant with the qubit-MR frequency *ωm*, but much larger than the qubit-MR coupling constant *g*, it is proper to approximate the Hamiltonian as  $H = \omega_m a^{\dagger} a + \Delta \sigma_z/2 + g(a\sigma_+ + a^{\dagger} a_-)$ . Here the  $\sigma_{z,+,-}$  are the Pauli operators in the new basis of ground and excited states,  $|g/e\rangle \equiv (|\downarrow\rangle - |+\uparrow\rangle)/\sqrt{2}$ . The Hamiltonian can therefore be diagonalized into  $H = -\Delta/2 \ket{0, g} \bra{0, g} + \sum_{n, s = \pm} \varepsilon_n^s \ket{ns} \bra{ns},$  where the dressed eigenstates are  $\ket{0 \, g}$  and  $n + \} = \cos \alpha_n |n - 1, e\rangle + \sin \alpha_n |n, g\rangle$ , and  $|n - \rangle = \sin \alpha_n |n - 1, e\rangle - \cos \alpha_n |n, g\rangle$ , with  $n \ge 1$ . Here  $\tan 2\alpha_n = 2g\sqrt{n}/(\Delta - \omega_m)$ . The MR system is assumed to be under the influence of a classical noisy Hamiltonian  $H_I(\lambda_k) = \theta_k a^{\dagger} a$  induced by the random pressure from the phonons of mechanical oscillator. Thus, from a diag  $H_I(\lambda_k) = \theta_k a^{\dagger} a$  induced by the random pressure from the phonons of mechanical oscillator. Thus, from a diagonal state  $\rho_i = \rho_{ni}^{\oplus n}$ , the final state can be obtained by  $\rho_f = \rho_{nf}^{\oplus n}$ , which is in a block-diagonal formation. For  $n = 0$ ,  $\rho_{0f} = \rho_{0i}$ . When  $n \ge 1$ ,

$$
\rho_{\rm nf} = \sum_{k=1}^{N} \lambda_k E_{k,n} \rho_m E_{k,n}^{\dagger},\tag{4}
$$

where the four elements of each  $2 \times 2$  blocks  $E_{k,n}$  are



<span id="page-3-0"></span>**Figure 1.** Numerical comparison of the final and initial ground state populations  $Q_1$  vs.  $P_1$  for a three-level system subject to noisy stimulated adiabatic passage. Considered are randomly generated initial states, noise distributions  $\lambda_k$ 's, and classical noise affecting the parameter *θ* (circles, with  $\alpha$  fixed as  $\cos \alpha = \sqrt{1/3}$ ) and  $\alpha$ (squares, with  $\theta$  fixed as  $\cos \theta = \sqrt{7/10}$ ).

$$
E_{k,n}^{11} = e^{-i\theta_k(n-1)}(\cos^2 \alpha_n + e^{-i\theta_k} \sin^2 \alpha_n),
$$
  
\n
$$
E_{k,n}^{12} = e^{-i\theta_k(n-1)}(1 - e^{-i\theta_k})\cos^2 \alpha_n \sin^2 \alpha_n,
$$
  
\n
$$
E_{k,n}^{21} = E_{k,n}^{12},
$$
  
\n
$$
E_{k,n}^{22} = e^{-i\theta_k(n-1)}(\sin^2 \alpha_n + e^{-i\theta_k} \cos^2 \alpha_n).
$$

Suppose in each 2 × 2 block of  $\rho_p$ ,  $P_{1n} \ge P_{2n}$  and  $P_{1n} + P_{2n} = P_n$ ,  $\rho_{0i} + \sum_{n \ge 1} P_n = 1$ . After a straightforward derivation, the two populations  $Q_{1n}$  and  $Q_{2n}$  in the *n*-th block of  $\rho_f$  are evaluated as  $Y_n \equiv X_n^2/(P_{1n} - P_{2n})^2$  that measures the difference between  $Q_{1n}$  and  $Q_{2n}$  is found to be

$$
Y_n = \sum_{j=1}^3 \left( \sum_{k=1}^N \lambda_k \mu_{kn}^{(j)} \right)^2 \le \left( \sum_{k=1}^N \lambda_k^2 \right) \sum_{j=1}^3 \sum_{k=1}^N (\mu_{kn}^{(j)})^2,
$$

where  $\mu_{k,n}^{(1)} \equiv (1 - \cos \theta_k) \sin 4\alpha_n$ ,  $\mu_{k,n}^{(2)} \equiv \sin \theta_k \sin 2\alpha_n$ , and  $\mu_{k,n}^{(3)} \equiv 1 - 2\sin^2 \frac{\theta_k}{2} \sin^2 2\alpha_n$  $\frac{\theta_k}{2}$ sin<sup>2</sup>2 $\alpha_n$ . Due to the fact that  $\sum_{j=1}^{3} (\mu_{kn}^{(j)})^2 = 1$  and the Cauchy – Schwarz inequality,  $Y_n$  as well as  $X_n$ ,  $Q_{1n}$  or  $Q_{2n}$  achieves the maximum value also iff  $\lambda_k = 1/N$ . So that  $|Q_{1n} - Q_{2n}| \leq |P_{1n} - P_{2n}|$  and then  $Q_{1n}$ ,  $Q_{2n} \leq P_{1n}$ .

A three-level system. Consider the stimulated Raman adiabatic passage (STIRAP)<sup>[48](#page-6-14)</sup> in a three-level atomic system, which targets the perfect population transition between  $|0\rangle$  and  $|2\rangle$  without disturbing the quasi-stable state |1〉. The system can be adiabatically evolved from |0〉 to −sin*θ*|2〉+cos *θ*|0〉 under a time evolution operator with two parameters $49$  as,

$$
U(\theta, \alpha) = \begin{pmatrix} \cos \theta \cos \alpha & \cos \theta \sin \alpha & -\sin \theta \\ -\sin \alpha & \cos \alpha & 0 \\ \sin \theta \cos \alpha & \sin \theta \sin \alpha & \cos \theta \end{pmatrix}.
$$

Physically, this is a standard time-evolution operator used to inversely engineer the STIRAP process. Classical noise would fluctuate the parameters in  $U(\theta, \alpha)$ . One can then let  $\theta \to \theta_k$  or  $\alpha \to \alpha_k$ , meaning that the parameters are no longer stable but fluctuate due to noise, and then random unitary transformation  $E_k = U(\theta_k, \alpha)$  or  $E_k = U(\theta, \alpha)$  $\alpha_k$ ) is applied to analysis the effect from two types of classical noise channels on the system.

Substituting the Kraus operator  $E_k$  into Eq. ([3](#page-2-0)), we calculate  $\rho_f$  by random chosen probability  $\lambda_k$  and then obtain its diagonalized form. In Fig. [1,](#page-3-0) we compare the numerical results of 200 random generated *P*1 and the corresponding *Q*1 obtained in different configurations of classical noise. Each *Q*1 is ensemble averaged with *N* = 100 noisy time-evolution operators  $E_k$  [see Eq. [\(3](#page-2-0))]. We can see for both  $\theta$  and  $\alpha$ , classical noise prevents  $Q_1$ from exceeding  $P_1$ . For  $P_1 \le 0.5$ , certain realization of noise allows  $Q_1$  to be equal to  $P_1$ . On the other hand, for  $P_1 \le 0.5$  the difference  $P_1 = Q_1$  roughly increases with  $P_1$ .  $P_1 ≥ 0.5$ , the difference  $P_1 - Q_1$  roughly increases with  $P_1$ .

**Extension to quantum channels.** Our theory on classical noise can be extended to certain channels of quantum systems. One can provide a sufficient condition on the general Kraus representation of the action of noise for even approximate cooling to be impossible. Let  $\hat{Q} = \sum_{\lambda} E_{\lambda} \hat{P} E_{\lambda}^{\dagger}$ , where  $\hat{P}$  and  $\hat{Q}$  indicate the diagonalized  $\rho_i$  and  $\rho_f$  respectively. The individual populations therefore satisfy

$$
Q_m = \langle m|\hat{Q}|m\rangle = \sum_{\lambda,n} \langle m|E_{\lambda}|n\rangle \langle n|\hat{P}|n\rangle \langle n|E_{\lambda}^{\dagger}|m\rangle
$$
  
= 
$$
\sum_{\lambda,n} |\langle m|E_{\lambda}|n\rangle|^2 P_n \leq P_1 \sum_{\lambda,n} |\langle m|E_{\lambda}|n\rangle|^2,
$$
 (5)

where  $P_n = \langle n|\hat{P}|n\rangle$ . Now, we notice that if for arbitrary  $m, \sum_{\lambda,n} |\langle m|E_{\lambda}|n\rangle|^2 \leq 1$ , then  $Q_m \leq P_1$ , which yields the claimed result  $Q_1 \leq P_1$ . As an illustration for a two-level system, see the following list of Kraus operators that satisfy the normalization condition  $\sum_{\lambda} E_{\lambda}^{\dagger} E_{\lambda} = 1$  and are commonly used in the theory of quantum error-correction. The first example is the bit flip channel flips the state of a qubit from  $|0\rangle$  to  $|1\rangle$  (and vice versa) with probability 1−*p*. It has operation elements:

$$
E_1 = \begin{pmatrix} \sqrt{p} & 0 \\ 0 & \sqrt{p} \end{pmatrix}, \quad E_2 = \begin{pmatrix} 0 & \sqrt{1-p} \\ \sqrt{1-p} & 0 \end{pmatrix}.
$$

The second one is the phase flip channel with operation elements

$$
E_1 = \begin{pmatrix} \sqrt{p} & 0 \\ 0 & \sqrt{p} \end{pmatrix}, \quad E_2 = \begin{pmatrix} \sqrt{1-p} & 0 \\ 0 & -\sqrt{1-p} \end{pmatrix}.
$$

The third one, the bit-phase flip channel is characterized by

$$
E_1 = \begin{pmatrix} \sqrt{p} & 0 \\ 0 & \sqrt{p} \end{pmatrix}, \quad E_2 = \begin{pmatrix} 0 & -i\sqrt{1-p} \\ i\sqrt{1-p} & 0 \end{pmatrix}.
$$

The fourth one is the depolarizing channel, which is an important type of quantum noise. To lead the qubit to be depolarized with probability *p*, the Kraus operation elements are chosen as  $E_1 = \sqrt{1 - 3p/4\mathcal{I}}$ ,  $E_2 = \sqrt{p \sigma_1/2}$ ,  $E_3 = \sqrt{p} \sigma_v/2$ , and  $E_4 = \sqrt{p} \sigma_z/2$ , where  $\mathcal I$  and  $\sigma$ 's are identity operator and Pauli operators, respectively. For all of the above quantum operations, one can check that  $\sum_{\lambda,n} |m|E_{\lambda}|n\rangle|^2 = 1$  for either  $m = 1$  or  $m = 2$ , so that  $Q_1 = P_1$ , which means no cooling can take place.

#### **Discussion**

One could hope that cooling might be realized with minimal resources, such as under the influence of classical noise. Here, we have shown that even approximate cooling to the ground state is impossible under such conditions assuming no work is done on the system. This may be viewed as a fundamental limitation in the theory of open system dynamics, which also manifests the application of the Uhlmann's theorem on the cooling proble[m50.](#page-6-16) In principle it means that cooling methods described in a standard way, using initial system-environment state factorization, must include quantum noise (a finite-temperature quantum environment) and/or feedback mechanisms based on relevant measurements allowing extraction of information from the system. These protocols cannot be generally described in terms of the random channels (1). For example, the dynamics induced by projective measurements is generated by a non-Hermitian operator<sup>4, [5](#page-5-1)</sup>. It is noteworthy to state here that our result is independent of system dimension, as illustrated by the examples presented. As a direct application, our no-go theorem implies, e.g., that the exciton energy transfer in light-harvesting complexes at room temperature $51$  is assisted by non-classicality of the molecular vibrations. The discussion of whether or not this process bears quantum features was an interesting problem brought up in the ref. [51](#page-6-17) and was found to be a non-trivial problem to solve.

We believe that it is important to understand constraints on cooling mechanisms under various types of system-environment couplings. We mention here that not all systems can even be cooled quantum-mechanically. In fact the cooling rate and the lowest achievable steady temperatures for optomechanical system<sup>2</sup> and micromechanical system<sup>52</sup> are determined by the resonator's quantum fluctuations (photon shot noise). In certain regime when the frequency of the mechanical system is smaller than the decay rate of the cavity, the cooling might fail even with asymmetry in the noise spectrum. We recall that spectral asymmetry – which means that excitation and dexcitation of the system via the environment are inequivalent processes – is the usual condition required to achieve cooling of a quantum system. Similarly, the ground-state cooling is impossible for initial phonon numbers larger than mechanical quality factor. Experimentally<sup>52</sup>, as the cooling laser power is increased, it is shown that the system will arrive at the quantum backaction limit, with equal sideband heights as the mechanical resonator comes into equilibrium with the optical bath.

Finally, we note that our results offer a different perspective to that provided by existing specific limitations on cooling protocols, such as the recently shown limitation on the amount of steady state entanglement that can be generated when subjecting the system only to local dissipation<sup>53</sup>. The latter limitation means that systems with sufficiently entangled states cannot be cooled to the ground state under local dissipative processes.

#### **Methods**

**Kraus representation emerging in the open quantum system dynamics.** The time evolution of an open quantum system plus its environment is governed by some joint unitary propagator *U*(*t*), which describes the evolution of the joint density matrix  $\rho(t)$  from time  $t = 0$  to time  $t$ , *i.e.*,  $\rho(t) = U(t)\rho(0)U^{\dagger}(t)$ . The reduced dynamics of the system is commonly described in terms of a master equation, or equivalently is mathematically described as a quantum channel which technically is a completely positive trace preserving map. The reduced density matrix describing the system can be represented by  $\rho_f = \sum_k \langle e_k | U \rho(0) U^\dagger | e_k \rangle$ , where  $|e_k \rangle$  is an orthonormal basis for the environment. It is convenient to choose the environmental basis to be the one that diagonalizes the state of the environment at  $t=0$ ,  $\rho_B(0) = \sum_l \epsilon_l |e_l\rangle\langle e_l|$ . In general, assumption of initial independence of system and environment, *i.e.*, the factorized form  $\rho(0) = \rho_i \otimes \rho_B(0)$ , where  $\rho_i$  is the state of open system at the initial instant, is necessary for the derivation of the master equation (or quantum channel) describing the dynamics. Under this condition a sum-up representation of the open system evolution can always be expressed in the form  $\rho_f = \sum_{kl} \varepsilon_l E_{kl} \rho_l E_{kl}^{\dagger}$ , where  $E_{kl} \equiv \langle e_k | U(t) | e_l \rangle$ 's are so-called Kraus operators which satisfy the normalization condi- $\text{tion } \sum_{kl} \varepsilon_l E_{kl}^\dagger E_{kl} = 1.$ 

**Proof of the no-go theorem.** Without loss of generality, both initial and final states for the open system *ρ*<sup>i</sup> and  $\rho_f$  can *always* be written in their respective diagonal forms as  $P = \text{diag}[P_1, P_2, \dots]$  and  $Q = \text{diag}[Q_1, Q_2, \dots]$ , respectively. In other words, suppose  $\rho_i = W^\dagger P W$  and  $\rho_f = V^\dagger Q V$ , where *W* and *V* are unitary operators that diagonalize the initial and final states of the system, respectively, then one can redefine  $K_\lambda(t)$  as  $VK_\lambda(t)W^\dagger$ . Equation ([1](#page-1-0)) can be rewritten as  $Q_m = \sum_{\lambda,n} |p_\lambda|^2 |\langle m|K_\lambda(t)|n\rangle|^2 P_n$ . Throughout this work, we consider the eigenstate populations to be ordered in decreasing order:  $1 \ge P_1 \ge P_2 \ge P_3$ , and  $1 \ge Q_1 \ge Q_2 \ge Q_3$ . Using this as well as the normalization conditions  $\sum_n |m| K_\lambda(t)|n\rangle|^2 = 1$  and  $\sum_\lambda |p_\lambda|^2 = 1$ , the following inequality holds,

$$
Q_m \leq P_{\lambda,n} \left| \frac{p_\lambda}{p_\lambda} \right|^2 \left| \langle m | K_\lambda(t) | n \rangle \right|^2 = P_1,\tag{6}
$$

which implies, in particular, that  $Q_1 \leq P_1$ , *i.e.*, the maximally occupied eigenstate of the final state cannot have a larger population than that of the corresponding initial state. So if  $P_1$  < 1 for a mixed initial state, then  $Q_1$  < 1 and  $\rho_f$  can not be a pure state.

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#### **Author Contributions**

J.J. contributed to numerical and physical analysis and prepare the figure and L.-A.W. initiated the project. J.J., R.W.C., and L.-A.W. wrote and reviewed the main manuscript text.

### **Additional Information**

**Competing Interests:** The authors declare that they have no competing interests.

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