Prevalence, Risk Factors, and Outcome of Carbapenem-resistant *Acinetobacter* Infections in a Community Hospital in Madinah, Saudi Arabia

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Abstract Background: *Acinetobacter* is a Gram-negative bacterium that causes nosocomial infections, increasing healthcare costs, patient morbidity, and mortality. The rate of carbapenem resistance among *Acinetobacter* species is rising in several countries, including Saudi Arabia.

Objective: To determine the risk factors and compare the predictors of mortality in patients infected with carbapenem-susceptible and carbapenem-resistant *Acinetobacter* strains.

Materials and Methods: This retrospective study included patients with *Acinetobacter* infection who were admitted to a community hospital in Madinah, Saudi Arabia, between January 2017 and June 2021. A logistic regression analysis was conducted to assess the risks of acquiring carbapenem-resistant *Acinetobacter* infections and the mortality risk associated with these infections.

Results: This study included 138 *Acinetobacter*-infected cases, of which 114 (82%) were carbapenem-resistant infections. Between 2017 and 2020, resistance rates increased from 75% to 87%. Patients with carbapenem-resistant *Acinetobacter* infections had higher 90-day mortality than those with carbapenem-susceptible infection (62% vs. 29%, P = 0.006). The risk factors for carbapenem-resistant *Acinetobacter* infections were prior antimicrobial therapy (aOR: 8.36 [1.69–41.29]; P = 0.009) and mechanical ventilation (aOR: 6.07 [1.82–20.20]; P = 0.003). Among all patients with *Acinetobacter* infections, significant predictors of 90-day mortality were carbapenem resistance (aOR: 3.26 [1.19–8.90]; P = 0.021) and Charlson comorbidity score (aOR: 1.19 [1.06–1.34]; P = 0.004).

Conclusion: The increase in carbapenem-resistant *Acinetobacter* cases in this study was consistent with the findings of other studies from Saudi Arabia. This, together with the high associated mortality rates, indicates the urgent need for effective antimicrobials and infection prevention strategies to combat carbapenem-resistant *Acinetobacter* infections in hospitals.

Keywords: Acinetobacter, carbapenem-resistant, mortality, outcome, predictors, risk factor, Saudi Arabia

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INTRODUCTION

Acinetobacter is a multidrug-resistant Gram-negative bacterium that causes skin, blood, respiratory, and urinary tract infections. It is endemic in many hospitals, as it colonizes patients, survives in harsh environments, and is resistant to many antibiotics. Acinetobacter infection prolongs hospital stay, increases healthcare costs, and increases in-hospital mortality.^[1] In addition, some Acinetobacter species carry mobile antimicrobial-resistant genes that can transfer antimicrobial resistance to other bacteria.

Carbapenem-resistant *Acinetobacter* (CRA) represents a substantial threat because carbapenems are last-resort antibiotics. The World Health Organization (WHO) and the Centers for Disease Control and Prevention (CDC) have classified CRA infection as a severe threat that needs urgent attention, as it currently has no effective therapy.^[2,3] In many countries, including Saudi Arabia, the rate of CRA infections has increased significantly in the past 10 years. For instance, in some Saudi Arabian regions, CRA infections rose from 5.4% to 80% between 2009 and 2019.^[4,5] Furthermore, CRA infections causes more than 25% of the nosocomial pneumonia cases in several hospitals in the country.^[6]

Many studies have described *Acinetobacter* as a nosocomial infection and reported multiple risk factors, including extended hospitalization, ICU admission, mechanical ventilation, antimicrobial exposure, recent surgery, and indwelling catheters.^[7] Conversely, other studies have described *Acinetobacter* as a community-acquired infection that causes about 10% of community-acquired pneumonia.^[8] Therefore, the exact origin and risk factors of CRA infections remain unclear.

During the COVID-19 pandemic, several hospitals had CRA outbreaks, leading to increased mortality among COVID-19 patients.^[9] These increased CRA infection rates were mainly because of breaches in infection prevention measures, increased antimicrobial use, staff shortages, and a shortage of personal protective equipment.^[10,11] Recently, in our hospital, there has been an increase in multidrug-resistant (MDR) *Acinetobacter* infection rates, including CRA; however, the risk factors and outcome of the CRA infections were unclear. Therefore, this study was conducted to describe the risk factors of CRA and carbapenem-susceptible *Acinetobacter* (CSA) infections and to compare the mortality between these infections.

MATERIALS AND METHODS

Study setting, design, and population

This retrospective study included all adult patients (aged ≥ 18 years) who were admitted in a community hospital in Madinah, Saudi Arabia, between January 1, 2017, and June 30, 2021, and had a clinical diagnosis of *Acinetobacter* infection. The included patients had a positive culture for *Acinetobacter* species that required specific antimicrobial therapy. Cases that were colonized with *Acinetobacter* species were excluded. For patients with more than one *Acinetobacter* infection, only the first episode of infection was recorded. All data were collected from patients' medical records. Ethical approval was obtained from the King Abdullah International Research Center, Jeddah, Saudi Arabia.

Microbiology method

Our laboratory employs an automated blood culture system (BACT/ALERT3D) to process blood cultures and a VITEK 2 instrument to identify bacterial species and perform antimicrobial susceptibility testing (ver. 8, bioMérieux, USA). The latest Clinical and Laboratory Standards Institute breakpoints was used to define susceptibility patterns. *Acinetobacter* isolates were considered as carbapenem-resistant if they had a minimal inhibitory concentration of $\geq 8 \,\mu g/mL$ to imipenem, meropenem, or doripenem.^[12]

Definitions and outcomes

The following risk factors for *Acinetobacter*-infected cases were explored if they occurred within 3 months before the infection: patient demographics, comorbidities, antimicrobial therapy, interhospital transfer, central venous line, indwelling urinary catheter, mechanical ventilation, recent trauma, receipt of wound care, and hemodialysis. For the outcome variables, the length of the hospital and ICU stays and the duration of mechanical ventilation were calculated. In addition, the 30-day, 90-day, and in-hospital mortalities were calculated.

Using the National Healthcare Safety Network definition, hospital-acquired infection was defined as an infection that occurred 2 days after hospital admission. The sites were classified as lung, skin, soft tissue, central venous catheter, urinary tract, and intra-abdominal infections.^[13] The severity of infection was assessed using a quick sequential organ failure assessment (SOFA) score and the occurrence of septic shock. The Charlson comorbidity index was used to categorize comorbidities.^[14] Confounders were accounted for in the adjusted analysis, including comorbidities, infection severity, and appropriate antimicrobial therapy for *Acinetobacter* infection.

Statistical analysis

The mean, median, standard deviation (SD), and interquartile range (IQR) were calculated for each continuous variable and the percentage for categorical variables in the descriptive statistics. Fisher's exact test was used to compare categorical variables and Student's t-test to compare normally distributed continuous variables. For non-normally distributed continuous variables, the Wilcoxon rank-sum test was used. A multivariate logistic regression analysis was performed to estimate the risk factor of and mortality due to CRA infection. Using the backward stepwise selection method, variables that were significant in the univariate analysis were included in the final model. All data were analyzed using the STATA software, version 13 (StataCorp, Texas, USA). A P value <0.05 was considered statistically significant.

RESULTS

A total of 196 hospitalized patients had a positive culture for *Acinetobacter*. Of these, 58 cases (29%) were considered colonized with *Acinetobacter* and excluded from the analysis. Of the remaining 138 *Acinetobacter*-infected patients, 66% were male, with a mean and median age of 69 and 72 years, respectively (IQR: 61–81 years) [Table 1]. Most patients had been admitted to the ICU during hospitalization (87%) and required mechanical ventilation (76%). Bacteremia occurred in 20% of the cases, and most infections were nosocomial (75%). The most common sites of the infection were lungs, urinary tract, and skin and soft tissues. Within the 3 months of the current Acinetobacter infection, 33% of the cases had been hospitalized, 19% received outpatient wound care, and 12% were on regular hemodialysis. The median quick SOFA score for the Acinetobacter-infected cases was 2 (IQR = 1-2), and half of the subjects developed septic shock. The mortality rate was 32% in 2019 and 41% in 2020. The overall 30- and 90-day mortality rates were 39% and 57%, respectively. The median length of the hospital and ICU stays and mechanical ventilation were 33, 21, and 18 days, respectively [Table 2].

Acinetobacter susceptibility pattern

Overall, 83% of the 138 *Acinetobacter* isolates were resistant to carbapenems; however, the resistance rates increased between 2017 and 2020 from 75% to 87%, respectively [Figure 1]. In addition, high resistance rates were observed among other antimicrobials, including ceftazidime (87%), piperacillin/tazobactam (85%), and ciprofloxacin (85%). Meanwhile, 89%, 55%, and 48% of

Table 1: Clinical characteristics of the Acinetobacter-infected cases with resistant and susceptible isolates

Characteristics	All cases (N=138)	CRA (<i>n</i> =114)	CSA (n=24)	Р	
	N (%)	n (%)	n (%)		
Age (years)					
Mean	69.24 (17)	70.93 (16)	61.2 (19)	0.033*	
Median	72 (61-81)	73 (63-81)	63 (50-79)		
Male	91 (66) 78 (68) 13 (54)		0.236		
Female	47 (34)	36 (32)	11 (46)	0.236	
Mechanical ventilation	98 (76)	91 (81)	7 (47)	0.007*	
Healthcare-associated infection	104 (75)	94 (82)	10 (42)	0.001*	
Wound care	26 (19)	25 (22)	1 (4)	0.046*	
Hemodialysis	17 (12)	17 (15)	Ô	0.043*	
Urinary catheter	32 (23)	29 (25)	3 (13)	0.286	
Tracheostomy	8 (6)	8 (7)	0	0.350	
Venous catheter	30 (22)	30 (26)	0	0.002*	
Transfer from another hospital	46 (33)	44 (37)	2 (8)	0.004*	
Recent antimicrobial treatment	64 (46)	58 (51)	6 (25)	0.025*	
Intensive care unit admission	111 (87)	101 (89)	10 (67)	0.030*	
Diabetes mellitus	91 (66)	81 (71)	10 (42)	0.009*	
Chronic lung diseases	22 (16)	19 (17)	3 (13)	0.765	
Malignancy	12 (9)	10 (9)	2 (8)	0.999	
Heart failure	30 (22)	26 (23)	4 (17)	0.597	
Charlson comorbidity score (median)	5 (3-8)	6 (4-8)	3.5 (1-5.5)	0.006*	
Bacteremia	28 (20)	27 (23)	1 (4)	0.001*	
Site of the infections					
Skin and soft tissues	29 (21)	27 (24)	2 (8)	0.106	
Intra-abdominal	4 (3)	2 (2)	2 (8)	0.140	
Pneumonia	92 (67)	85 (75)	7 (29)	0.001*	
Bone and joint	6 (4)	6 (5)	0	0.590	
Venous catheters	13 (9)	12 (11)	1 (4)	0.466	
Urinary tract	29 (21)	16 (14)	13 (54)	0.001*	

*Significant at P<0.05. Median are presented with interquartile range. CRA – Carbapenem-resistant Acinetobacter, CSA – Carbapenem-susceptible Acinetobacter

Table 2: Outcome and laboratory parameters of	f carbapenem-resistant and carbapenem-susceptible Acinetobacter infected
cases	

Characteristics	All (n=138) n (%)	CRA (n=114) n (%)	CSA (<i>n</i> =24) <i>n</i> (%)	Р	
Days of ICU stay					
Mean	31 (49)	32 (50)	26 (30)	-	
Median	21 (12-37)	21 (12-37)	23 (4–30)	0.473	
Days of hospital stay					
Mean	54 (68)	56 (70)	44 (56)	-	
Median	33 (18-60)	36 (18-61)	26 (16-32)	0.227	
Days of mechanical ventilation	() ,				
Mean	21 (18)	21 (19)	22 (11)	-	
Median	18 (9-29)	17 (9-28)	22 (14-34)	0.422	
Quick SOFA score			(, , , , , , , , , , , , , , , , , , ,		
Mean	1.47 (0.93)	1.6 (0.9)	0.8 (0.85)	-	
Median	2 (1-2)	2 (1-2)	1 (0-1)	0.001*	
Septic shock	73 (52)	69 (61)	4 (17)	0.001*	
30-day mortality	54 (39)	49 (43)	2 (20)	0.050	
90-day mortality	78 (57)	71 (62)	7 (29)	0.006*	
In-hospital mortality	93 (67)	86 (75)	7 (29)	0.001*	
Serum creatinine (µmol/L)					
Mean	133 (118)	141 (124)	90 (61)	-	
Median	83 (61–150)	94 (61–164)	73 (58–94)	0.093	
White blood cells per µL	, , , , , , , , , , , , , , , , , , ,				
Mean	13 (9)	13.4 (10)	11 (6)	-	
Median	11 (7.4–16)	11 (7.4–16)	10 (7.2–15)	0.001*	
C-reactive protein (mg/dL)					
Mean	121 (94)	126 (96)	73 (51)	-	
Median	96 (50–184)	113 (54–201)	62 (33-88)	0.091	
Platelet per μL					
Mean	253 (189)	246 (197)	298 (120)	-	
Median	219 (113-355)	209 (101-340)	321 (228-397)	0.034*	

*Significant at P<0.05. Median are presented with interquartile range. ICU – Intensive care unit; CRA – Carbapenem-resistant Acinetobacter;

CSA - Carbapenem-susceptible Acinetobacter, Quick SOFA score - Quick sequential organ failure assessment score

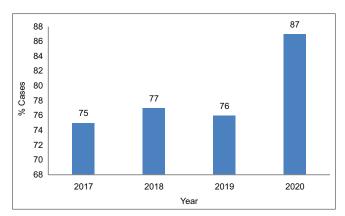


Figure 1: Trends in carbapenem-resistant *Acinetobacter* cases: 2017–2020

the isolates were susceptible to colistin, tigecycline, and sulfamethoxazole/trimethoprim, respectively [Figure 2].

Risk factors for carbapenem-resistant Acinetobacter infection

Table 1 compares the characteristics of CRA and CSA infections. In the univariate analysis, several risk factors were found to be associated with CRA, including age, prior antimicrobial therapy, mechanical ventilation, Charlson comorbidity score, quick SOFA score, diabetes mellitus, culture site, and ICU admission. However, in the adjusted multivariate analysis,

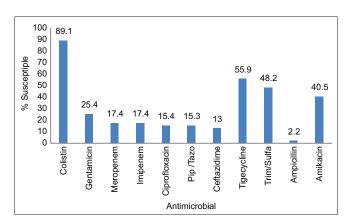


Figure 2: Acinetobacter susceptibility to antimicrobials: 2017-2020

the risk factors that remained significantly associated with CRA were prior antimicrobial therapy (odds ratio [OR], 95% confidence interval [CI]: 8.36 [1.69–41.29]; P = 0.009) and mechanical ventilation (OR: 6.07 [1.82–20.20]; P = 0.003).

Table 2 compares the outcomes of CRA and CSA infections. Patients with CRA had higher 30- and 90-day mortality than those with CSA (43% vs. 20%, P = 0.05; and 62% vs. 29%, P = 0.006, respectively). Overall, the in-hospital mortality was also significantly higher in CRA cases than in CSA cases (75% vs. 29%; P = 0.001). No significant difference was found in the length of

hospitalization, ICU stays, or duration of mechanical ventilation between cases with CRA and CSA.

Patients who died within 90 days of hospitalization were older (P = 0.049), had a higher median Charlson comorbidity score (P = 0.001), higher rates of CRA (P = 0.006), septic shock (P = 0.026), and more likely to have diabetes mellitus (P = 0.007) than those who survived [Table 3]. Patients who survived were more likely to have *Acinetobacter* urinary tract infections than those who died (P = 0.018). There was no difference in antimicrobial treatment among

those who survived and those who did not. After adjusting for confounding factors, the only significant predictors of 90-day mortality among cases infected with *Acinetobacter* were carbapenem resistance (OR: 3.26, 95% CI: 1.19–8.90; P = 0.021) and Charlson comorbidity score (OR: 1.19, 95% CI: 1.06–1.34; P = 0.004) [Table 4].

DISCUSSION

This study found that among adult patients who were found to have an *Acinetobacter* infection after admission to a community hospital in Madinah, Saudi Arabia, most CRA

Table 3: Clinical characteristics of patients with Acinetobacter infection at 90 days after hospitalization

Characteristics	All (<i>N</i> =138) <i>N</i> (%)	Nonsurvivors (<i>n</i> =78) <i>n</i> (%)	Survivors (<i>n</i> =60) <i>n</i> (%)	Р
Age (years)				
Mean	69 (17)	72 (13)	65 (20)	-
Median	72 (61-81)	73 (63-81)	69 (48-79)	0.049*
Age groups (years)				
15-39	10 (7.25)	1 (1.28)	9 (15)	-
40-59	22 (15.94)	12 (15.38)	10 (16.67)	-
>60	106 (76.81)	65 (83.33)	41 (68.33)	0.007*
Gender				
Male	91 (65.94)	54 (69.23)	37 (61.67)	0.371
Female	47 (34.06)	24 (30.77)	23 (38.33)	-
Diabetes mellitus	91 (65.94)	59 (75.64)	32 (53.33)	0.007*
Lung diseases	22 (15.94)	13 (16.67)	9 (15)	0.819
Malignancy	12 (8.70)	10 (12.82)	2 (3.33)	0.068
Heart failure	30 (21.74)	22 (28.210)	8 (13.33)	0.039*
Mechanical ventilation	98 (76.56)	61 (78.21)	37 (74)	0.670
Charlson comorbidity score (mean)	5.72 (3.39)	6.57 (3.17)	4.61 (3.36)	-
Charlson comorbidity score (median)	5 (3-8)	7 (4-9)	5 (2.5-7)	0.001*
Quick SOFA score (mean)	1.47 (0.93)	1.58 (0.88)	1.32 (0.99)	0.091
Quick SOFA score (median)	2 (1-2)	2 (1-2)	1 (1-2)	-
Septic shock	73 (52.9)	48 (61.54)	25 (41.67)	0.026*
Bacteremia	28 (20)	9 (11.54)	19 (31.67)	0.005*
Appropriate antimicrobials	120 (86)	68 (87)	52 (86)	0.929
Carbapenem-resistance	114 (82.61)	71 (91.03)	43 (71.67)	0.006*
Site of the infection				
Skin and soft tissue	29 (21.01)	20 (25.64)	9 (15)	0.145
Intra-abdominal infection	4 (2.90)	3 (3.85)	1 (1.67)	0.632
Pneumonia	92 (66.67)	57 (73.08)	35 (58.33)	0.101
Bone and joint infection	6 (4.38)	3 (3.90)	3 (5)	0.999
Venous-catheter infection	13 (9.42)	4 (5.13)	9 (15)	0.076
Urinary tract	29 (21)	11 (14)	18 (30)	0.018*

*Significant at P < 0.05. Median are presented with interquartile range. N - Values represent all patients; n/N (%) - % a proportion of subset; CRS - Carbapenem-resistant *Acinetobacter*; CSA - Carbapenem-susceptible *Acinetobacter*; Quick SOFA score - Quick Sequential organ failure assessment score; IQR - Interquartile range

Table 4: Risk factors for 90-day mortality of all cases with *Acinetobacter* infection using unadjusted and adjusted multivariable logistic analysis

Characteristics	90-day mortality					
	Univariate analysis			Multivariate analysis		
	OR	95% CI	Р	OR	95% CI	Р
Carbapenem-resistance	4.00	1.54-10.45	0.005	3.26	1.19-8.90	0.021
Charlson comorbidity score	1.20	1.08-1.35	0.001	1.19	1.06-1.34	0.004
Septic shock	2.24	1.13-4.45	0.021	-	-	-
Age (years)	1.03	1.00-1.05	0.017	-	-	-
Urinary tract	0.38	0.16-2.34	0.026	-	-	-
Diabetes mellitus	2.71	1.31-5.60	0.007	-	-	-
Heart failure	2.55	1.04-6.23	0.040	-	-	-
Appropriate antimicrobials administration	1.04	0.39-2.83	0.929	1.72	0.58-5.08	0.324

OR - Odds ratio; CI - Confidence interval

isolates were hospital-acquired and resistant to multiple antimicrobial classes, including carbapenems. In addition, the main risk factors for CRA infections were mechanical ventilation and prior antimicrobial therapy. Compared with CSA, CRA infections were associated with increased mortality, with patients' comorbidities being the main predictor of mortality.

In this study, most *Acinetobacter* species were multidrug-resistant and were mainly susceptible to polymyxins. This represents a significant increase in the past 10 years: in 2009, 5.4% of *Acinetobacter* infections were resistant to imipenem,^[4] while the current study and another recent study found 83% and 94% CRA infection rates, respectively.^[5] Another study from Saudi Arabia has reported that the increased rate of CRA is due to extreme use of wide-spectrum antimicrobial drugs and use of invasive medical devices.^[15]

The current study found that patients with CRA infections had a twofold higher 90-day mortality rate than those with CSA infections, which is in coherence with the findings of previous studies, including a meta-analysis.^[16,17] While a few studies found this association in the unadjusted analysis, we could not confirm the same due to the small sample size.^[18-20] Therefore, there is a need for larger, more controlled studies to better understand the impact of CRA infections on mortality outcomes. The increased mortality in patients with CRA infections may be attributed to several factors, such as underlying comorbidities, the severity of the infection, and inadequate antimicrobial therapy. Nonetheless, in our study, the association between CRA infection and higher mortality rates remained significant even after adjusting for confounding factors.

While the majority of cases infected with *Acinetobacter* were treated with active antimicrobials based on laboratory susceptibility testing, it is important to mention that cases of CRA were primarily treated with colistin and tigecycline, unlike cases of CSA. Nevertheless, multiple studies have demonstrated that these antimicrobials are less effective against carbapenem-resistant Gram-negative bacteria than alternative agents.^[21-24] Therefore, the absence of efficacious antimicrobials that specifically target CRA may be a factor contributing to the difference in mortality rates between patients with CRA and CSA.

Comorbidities were found to be a significant factor associated with 90-day mortality, which is in accordance with the findings of several other studies.^[17,25] Since CRA infections were more frequent in patients with chronic comorbidities, increased mortality in the CRA group may be due to underlying chronic illnesses. The higher 90-day mortality than 30-day mortality in patients with CRA may also support the association between comorbidities and increased mortality, as the progression of the underlying comorbidities could contribute to the increased mortality observed at 90 days. However, *Acinetobacter* infection is likely to contribute to mortality rates, as some studies have shown that patients with *Acinetobacter* infections, regardless of antimicrobial susceptibility, had higher mortality than uninfected patients.^[26]

In line with previous studies, we found that mechanical ventilation is a risk factor for CRA infection.^[27-29] Two-thirds of the cases in this study had *Acinetobacter* ventilator-associated pneumonia, of which 75% were CRA infections. It was also the most common site of infection (73%) among non-survivors. *Acinetobacter* can survive in harsh hospital environments for long periods and is difficult to eradicate with current infection control practices. Therefore, new prevention intervention strategies are needed to eliminate it from hospital environments, especially mechanical ventilators.

We found that prior antimicrobial therapy was associated with CRA infection. This result has also been demonstrated in many previous studies.^[27,30] However, those previous studies examined different antimicrobial agents and various time intervals before CRA infection. For instance, Huang et al. showed that the risk of CRA infection was increased with prior use of piperacillin/tazobactam and cefepime,^[31] while Zheng et al. found that prior carbapenem therapy was associated with CRA infection.[27] Our study limited the interval before CRA infection to 3 months and examined all antimicrobials. In the same context, previous studies showed that prior antimicrobial therapy was associated with carbapenem resistance in Enterobacterales, supporting our findings.^[32] Although prior antimicrobial treatment increases the risk of resistance, Acinetobacter survival in the environment is a prerequisite to the emergence of CRA.^[33]

Limitations

This is a retrospective study and has the inherent limitations of this study design. Another limitation of this study is that the relatively small sample size may have resulted in missing some risk factors for CRA infections that were significant in our unadjusted analysis but not in the adjusted analysis. Future studies with a larger sample are needed to clarify these risk factors. In addition, the mortality rate may have been underestimated, as recording death after discharge was beyond the scope of the study. Lastly, we could not verify the timing of antimicrobial administration, which may have influenced the mortality in both CRA and CSA groups.

CONCLUSION

This study found that in patients admitted to our community hospital, most *Acinetobacter* isolates were carbapenem-resistant, and that there was a gradual increase in the resistance over the study period. CRA infections were mostly hospital-acquired and associated with higher mortality than CSA. The main risk factors for CRA infections were mechanical ventilation and prior antimicrobial therapy. With the current *Acinetobacter* eradication strategies within hospitals proving to be less effective, there is a need for newer eradication strategies and to ensure limiting its spread to chronically hospitalized patients, particularly ventilated patients.

Ethical considerations

The study was approved by the Research Ethics Committee (Ref. no. roj-data/om/2021/rc/083; date: March 16, 2021), King Abdullah International Research Center, Jeddah. Saudi Arabia. Requirement for patient consent was waived owing to the study design. The study adhered to the principles of the Declaration of Helsinki, 2013.

Peer review

This article was peer-reviewed by three independent and anonymous reviewers.

Data availability statement

The data underlying this study are limited and restricted. Access to the data is controlled by Prince Mohammed Bin Abdulaziz Hospital, Ministry of National Guard Health Affairs. Due to privacy and confidentiality considerations, the data cannot be shared publicly. For researchers interested in accessing the data, inquiries should be directed to Prince Mohammed Bin Abdulaziz Hospital. Requests for access will be evaluated on a case-by-case basis in accordance with institutional policies and regulations.

Author contributions

Conceptualization: Z.G., R.F., and A.A.; Methodology: Z.G. and R.F.; Data analysis: Z.G.; Writing–original draft preparation: Z.G., R.F., A.A., R.A., L.H., H.O.; Writing – review and editing: Z.G., R.F., A.A., R.A., L.H., M.M., H.O.; Supervision: Z.G. and R.F.

All authors have read and agreed to the published version of the manuscript.

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Conflicts of interest

There are no conflicts of interest.

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