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# Oyster mushroom functions as an anti-hyperglycaemic through phosphorylation of AMPK and increased expression of GLUT4 in type 2 diabetic model rats



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الملخص

أهداف البحث: يستخدم الفطر للحد من ارتفاع السكر في الدم تقليديا. بالرغم من ذلك، لم يتم استكشاف الآلية الكامنة وراء هذا التأثير. ومن المعروف أن أحادي فسفات الأدينوزين المنشط البروتين كيناز يخفض من ارتفاع السكر في الدم من خلال مسار الأنسولين- المستقل. تهدف هذه الدراسة لمراقبة تأثير مسحوق فطر المحار على فسفرة أحادي فسفات الأدينوزين المنشط البروتين كيناز واستخراج مراسل الحمض النووي الريبي لناقل الجلوكوز النوع الرابع في الفنران المصابة بداء السكري.

**طرق البحث:** تم استخدام فنران ايفانز الطويلة لإستحداث فنران مصابة بداء السكري النوع ۲ من خلال تحريض الستربتوزوتوسين داخل الصفاق. تمت إضافة ٥٪ مسحوق فطر المحار مع التغذية المعتادة للفنران لمدة ٨ أسابيع متوالية. بعد ذلك، تم ذبح الفنران. واستخراج الحمض النووي الريبي بواسطة كاشف تر ايزول، وتم استخلاص البروتينات من أنسجة مختلفة مع تحلل العازلة ريبا. كما تم قياس استخراج مر اسل الحمض النووي الريبي لناقل الجلوكوز النوع الرابع من خلال تقنيات تفاعل البوليميراز المتسلسل للحمض النووي الريبوزي منقوص الأكسجين، وتم تحديد فسفرة أحادي فسفات الأدينوزين المنشط البروتين كيناز بواسطة النشاف الغربي. تم قياس كثافة شريط منتجات تغاعل البلمرة المتسلسل والبروتينات باستخدام برنامج جيه للصور.

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النتائج: مكملات مسحوق فطر المحار لمدة ٨ أسابيع نتج عنه انخفاض مستوى السكر في دم الفنران المصابة بداء السكري النوع ٢ من خلال تحريض الستربتوزوتوسين داخل الصفاق. مستويات فسفرة أحادي فسفات الأدينوزين المنشط البروتين كيناز، كنسبة إلى بيتا-الاكتين، ارتفعت في العضلات والأنسجة الدهنية عند الفئران المصابة بداء السكري النوع ٢ المعالجة بالفطر، بالمقارنة بفئران مجموعة التحكم. ارتفع استخراج ناقل الجلوكوز النوع الرابع، كنسبة إلى جليسر الديهيد ٣-فوسفات ديهيدروجينيز، بشكل ملحوظ في كل من العضلات والأنسجة الدهنية للفئران المصابة بداء السكري المعالجة بالفطر.

**الاستنتاجات:** قد يقلل فطر المحار من ارتفاع السكر في الدم من خلال زيادة فسفرة أحادي فسفات الأدينوزين المنشط البروتين كيناز وأيضا استخراج ناقل الجلوكوز النوع الرابع في العضلات والأنسجة الدهنية.

الكلمات المفتاحية: أحادي فسفات الأدينوزين المنشط البروتين كيناز؛ ناقل الجلوكوز النوع الرابع؛ ارتفاع السكر في الدم؛ فطر المحار

# Abstract

**Objectives:** Traditionally, mushrooms have been used to reduce hyperglycaemia. However, the mechanism underlying this effect has not yet been explored. AMP-activated protein kinase (AMPK) is known to reduce hyperglycaemia through an insulin-independent pathway. This study aimed to observe the effect of oyster mushroom powder (OMP) on phosphorylation of AMPK (p-AMPK) and expression of GLUT4 mRNA in diabetic model rats.

**Methods:** Long-Evans rats were used to develop type 2 diabetic model rats through intraperitoneal induction of

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streptozotocin (STZ). OMP was supplemented at 5% with the usual feed of rats for 8 consecutive weeks. Then, the rats were sacrificed. RNA was extracted by the TRIzol reagent, and proteins were extracted from different tissues with RIPA lysis buffer. Expression of GLUT4 mRNA was measured through cDNA-PCR techniques, and p-AMPK was detected using western blotting. The band intensities of the PCR products and proteins were measured using Image J software.

**Results:** Supplementation of OMP for 8 weeks resulted in a reduction of the serum glucose level in STZ-induced, type 2 diabetic model rats. The levels of p-AMPK, as a ratio relative to  $\beta$ -actin, increased in the muscle and adipose tissues of mushroom-treated type 2 diabetic model rats, compared to those in control diabetic model rats. Expression of GLUT4, as a ratio relative to GAPDH, increased significantly in both the muscle and adipose tissues of mushroom-treated diabetic rats.

**Conclusion:** Oyster mushroom may decrease hyperglycaemia through increased p-AMPK and also expression of GLUT4 in the muscle and adipose tissues.

Keywords: AMP-activated protein kinase; Glucose transporter 4; Hyperglycaemia; Oyster mushroom

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### Introduction

Type 2 diabetes is a complex and heterogeneous disorder, which is characterized by impaired insulin sensitivity or decreased insulin secretion and is diagnosed as hyperglycaemia.<sup>1</sup> A calorie-rich diet, obesity, and a sedentary lifestyle contribute to the rising number of individuals with type 2 diabetes worldwide.<sup>2</sup> Insulin resistance and pancreatic  $\beta$  cell failure are defining metabolic parameters of type 2 diabetes.<sup>3</sup> Moreover, in the majority cases, type 2 diabetes arises due to obesity and insulin resistance.<sup>4,5</sup> However, type 2 diabetes is a chronic disease and leads to serious health complications.<sup>6</sup> Therefore, in developed and developing countries, type 2 diabetes poses a major health threat.<sup>7</sup> The prevalence and complications of type 2 diabetes are aggrandizing every day. Furthermore, the use of conventional, pharmacological, anti-diabetic drugs can sometimes increase the treatment complexity, due to drug side effects and high costs.<sup>8</sup> Accordingly, natural products are alternatives, because these compounds are believed to have fewer side effects.

Mushrooms have been used as food and medicine for thousands of years. The mushroom serves as a natural source of medicine with antidiabetic potential.<sup>9</sup> Oyster mushrooms (*Pleurotus ostreatus*) possess many valuable food qualities, e.g., low in calories, fats, and essential fatty acids, but rich in proteins, vitamins, and minerals.<sup>10,11</sup> The oyster mushroom has a promising hypoglycaemic potential in an

animal model.<sup>12</sup> Although the acute and chronic, oral hypoglycaemic potential of the oyster mushroom has been already established in an animal model, the cellular mechanism is still unknown.

In mammals, AMP-activated protein kinase (AMPK) is a heterometric enzyme complex, which is activated by phosphorylation of threonine 172, due to a variety of metabolic stressors.<sup>13</sup> AMPK is activated in response to low levels of ATP, which results in an increase in the AMP:ATP ratio and also changes the cellular redox potential, resulting in a rise in the NAD/NADH ratio.<sup>13,14</sup> In peripheral tissues, AMPK maintains a number of metabolic processes, such as glucose and lipid metabolism.<sup>14</sup> Moreover, AMPK serves as a fuel gauge that responds to fluctuations in cellular energy levels and extracellular nutrient levels, such as glucose, hormones, and fatty acids. AMPK plays an important role in regulating whole body energy metabolism by responding to circulating hormones and by circulating the food intake.<sup>13</sup>

The glucose transporter 4 plays a key role in transporting extracellular glucose into insulin sensitive muscles and adipose tissues in vivo. Besides, skeletal muscles and adipose tissues are responsible for up to 50-80% of glucose transportation in the body. GLUT4 expression in the skeletal muscle and adipose tissues of type 2 diabetic patients is significantly reduced, indicating that such patients have a lower capability to transport glucose.<sup>15</sup> Therefore, the aim of this study was to observe the phosphorylation of AMPK and the expression of GLUT4 mRNA in mushroom-treated type 2 diabetic model rats.

#### Materials and Methods

### Animals

Adult Long-Evans rats, weighing 170-220 g, were used in this study. The animals were bred at the Bangladesh University of Health Sciences animal house, in Dhaka, Bangladesh, and maintained at a constant room temperature of 22 °C, with a humidity of 40-70% and a natural 12 h day-night cycle. The experiment was conducted according to the ethical guidelines, approved by the Bangladesh University of Health Sciences. Type 2 diabetic model rats were created by a single intraperitoneal injection of streptozotocin (STZ) in citrate buffer (pH 4.5), at a dose of 90 mg/kg of the body weight, into rat pups (48 h old; average weight: 7 g).<sup>16,17</sup> After 3 months, the STZ-injected rats were examined for their blood glucose level by an oral glucose tolerance test (OGTT), in which blood was collected from the tail tips. Diabetic model rats with a blood glucose level > 7.0 mmol/l under fasting conditions were selected to study the effect of white oyster mushroom powder.

### Preparation of rat feed, supplemented with 5% oyster mushroom (P. ostreatus) powder

All of the standard rat pellet ingredients, i.e. flour, wheat bran, maize bran, rice bran, fish meal, beshon, powder milk, salt, oil, vitamins, molasses, and oil cake, were purchased from the market for poultry feed. Oyster mushrooms (*P*.

ostreatus) were collected from the National Mushroom Development and Extension Center, Savar, Dhaka, Bangladesh. Then, all of the ingredients were mixed in a bowl with the following proportions: 40% flour, 15% wheat bran, 8% maize bran, 4% rice bran, 10% fish meal, 3% beshon, 4% powder milk, 0.5% salt, 1% oil, 1% vitamins, 0.5% molasses, 8% oil cake, and 5% oyster mushroom powder. Water was added to make dough, and then, the dough was placed in a thin layer on an oven tray and dried in the oven at 150 °C for 30 min. This feed, supplemented with 5% OMP, was prepared everyday throughout the experimental period.

### Experimental design

A total of 21 rats (3 normal rats and 18 type 2 diabetic model rats) were used for 8 weeks in the chronic experimental study.

The untreated control group (n = 6) consisted of type 2 diabetic model rats that were administered water as the vehicle [7.5 g food/100 g body weight per day]. For the gliclazide-treated group (n = 6), type 2 diabetic model rats were administered the standard drug gliclazide [20 mg/5 ml of solvent (water with a few drops of 1 N sodium hydroxide) per kg of body weight]. For the mushroom-treated group (n = 6), white oyster mushroom powder (5%) was supplemented in the normal feed.

### Biochemical analysis

Serum glucose was measured by the glucose oxidase (GOD-PAP) method, using a micro-plate reader (Bio-Tec, ELISA). The serum lipid profile was measured by an enzymatic colorimetric method (Randox Laboratories Ltd., UK), using a micro-plate reader.

### Reverse-transcriptase PCR (RT-PCR)

mRNA was extracted using the TRIzol reagent (SIGMA, USA) (1 ml/100 mg of tissue) from the muscle and adipose and liver tissues of all of the experimental rats. The concentration of the RNA in each solution was determined by measuring the absorbance at 260 nm, and the RNA solutions were stored at -80 °C until assayed. For reverse transcription, mRNA was converted to a single stand of complementary DNA (cDNA) using a high capacity cDNA reverse transcriptase kit (Promega Corp. USA), following the manufacturer's instructions and a previous study.<sup>18</sup> Briefly, 1 µg of mRNA was used in a 10 µl reaction volume. The mixture was incubated at 42 °C for 1 h, snap-chilled on ice, and then incubated at 70 °C for 5 min. Reaction products were separated with a 3% agarose gel and visualized with a gel documentation system.

Three  $\mu$ l of cDNA was used for PCR (35 cycles) to observe the expression of GLUT4 using the following primers: Forward: 5'-GGG CTG TGA GTG AGT GCT TTC-3' and reverse: 5'-CAG CGA GGC AAG GCT AGA-3'. PCR for the housekeeping gene GAPDH was also conducted, but with the following primers: Forward: 5'-TGC TGG GGC TGG CAT TGC TC-3' and reverse: 5'-TCC TTG CTG GGC TGG GTG GT-3'. The band intensities of the PCR products were measured using ImageJ software, and the changes in GLUT4 expression were normalized to the housekeeping gene GAPDH.

#### Western blotting

Proteins were extracted from the muscle and adipose tissues of all of the experimental rats using RIPA lysis buffer (200 mg tissue/1 ml buffer) and quantified by the Bradford reagent. Western blotting for specific protein detection was carried out as described previously.<sup>14</sup> Total cell lysates were resolved by sodium dodecyl sulphate polyacrylamide gel electrophoresis (SDS-PAGE) (12% separating and 4% stacking gel). Protein was then transferred to a PVDF membrane in transfer buffer (Tris base, glycine, 20% methanol). Membranes were blocked in 3% BSA (bovine serum albumin) and then, incubated with primary rabbit monoclonal antibodies (phospho-AMPK, Santa Cruz Biotech. USA) (1:100), followed by a 1 h incubation with a 1:2000 dilution of the secondary horse-radish peroxide-anti rabbit IgG (Santa Cruz Biotech. USA). Protein signals were detected using an ECL solution followed by autoradiography. Blots were imaged using autoradiography film. Equal amounts of protein were also resolved for the detection of  $\beta$ actin, which is ubiquitously expressed. After transfer of the protein to the PVDF membrane, the membrane was blocked in 5% non-fat milk for 1 h at room temperature and then, incubated with primary mouse monoclonal antibody (1:5000)  $\beta$ -actin for 1 h at room temperature, followed by another 1 h incubation at room temperature with secondary horseradish peroxide anti-mouse IgG (1:2000). Protein was detected by ECL solution on autoradiography film. The band intensities of this blot were determined by ImageJ software, and changes in the p-AMK level were normalized to the housekeeping protein  $\beta$ -actin.

# Statistical analysis

Statistical analysis was performed using the Statistical Package for Social Science (SPSS) software for Windows, version 12 (SPSS Inc., Chicago, Illinois, USA). Data were expressed as the mean  $\pm$  SD, as a number (percentage) as appropriate. The statistical difference between two groups was assessed by one way ANOVA paired *t*-tests. A two-tailed p value of <0.05 was considered statistically significant.

### Results

# *Effect of the oyster mushroom on the body weight of type 2 diabetic model rats*

Changes in body weight for the different rat groups are depicted in Figure 1. The initial body weights (g) were  $176 \pm 12$ ,  $196 \pm 10$ , and  $194 \pm 22$  for the control diabetic rats, the gliclazide-treated, and mushroom-treated diabetic model rats, respectively. Body weight was monitored every week, and after eight weeks, the bodyweight increases among the groups were similar. Therefore, the oyster mushroom did



**Figure 1:** Body weights of the different groups of type 2 diabetic model rats during the experimental periods: Groups CG, GT, and MT represent the control group diabetic model rat, gliclazide-treated diabetic rat, and mushroom-treated diabetic rat, respectively.

not show any effects on the body weight of the diabetic model rats (Figure 1).

# *Effect of the oyster mushroom on the serum glucose level of the type 2 diabetic model rats*

To evaluate the effect of the oyster mushroom on glucose metabolism, fasting serum glucose (mmol/l) levels were measured for the different experimental groups. The fasting blood glucose on the first day was considered 100%, and the values on the 56th day were calculated based on the initial day. The untreated control group did not have any significant difference between day 0 and day 56. The fasting serum glucose level in the mushroom-treated (MT) group decreased significantly (p < 0.05; 29%) by the 56th day (day 0:  $8.97 \pm 1.31$ ; day 56:  $6.40 \pm 1.41$ ). For the gliclazide-treated (GT) group, the fasting glucose concentrations were  $10.01 \pm 1.44$  and  $6.70 \pm 1.82$  on day 0 and day 56, respectively, which indicates a 33% decline, compared to day 0 (Table 1).

# Effect of the oyster mushroom on the serum lipid profile level of STZ-induced, type 2 diabetic model rats

Chronic effects of the oyster mushroom on the lipid profile were observed in the type 2 diabetic model rats. Both the serum triglycerides (TG) and total cholesterol (Chol)

Table 1: Fasting serum glucose level in different groups of type
2 diabetic model rats on day 0 and day 56 of the experiment.

Groups	Fasting glucose (mmol/l), day 0	Fasting glucose (mmol/l), day 56
CG (n = 6) GT (n = 6) MT (n = 6)	$\begin{array}{l} 9.15 \pm 1.24 \; (100\%) \\ 10.01 \pm 1.44 \; (100\%) \\ 8.97 \pm 1.31 \; (100\%) \end{array}$	$\begin{array}{c} 9.58 \pm 0.91 \; (106\%) \\ {}^{*}6.70 \pm 1.82 \; (67\%) \\ {}^{*}6.40 \pm 1.41 \; (71\%) \end{array}$

Groups CG, GT, and MT represent the control group diabetic model rat, gliclazide-treated diabetic rat, and mushroom-treated diabetic rat, respectively. Data are presented as the mean  $\pm$  standard deviation (M  $\pm$  SD). Statistical comparison between groups was performed using a paired sample t-test. \*p < 0.05 compared to day 0 for the respective group.



**Figure 2:** Effect of the oyster mushroom on the lipid profiles of T2DM model rats: Groups CG, GT, and MT represent the control group diabetic model rat, gliclazide-treated diabetic rat, and mushroom-treated diabetic rat, respectively. Data are presented as the mean  $\pm$  standard deviation (M  $\pm$  SD).

were measured, but did not show any differences among the control, the gliclazide-treated, or mushroom-treated groups between day 0 and day 56 (Figure 2).

*Effect of the oyster mushroom on the phospho-AMPK (p-AMPK) protein in the muscle and adipose tissue of type 2 diabetic model rats* 

As shown in Figures 3 and 4, p-AMPK from the muscle and adipose tissue, respectively, of non-diabetic, diabetic control, mushroom-treated, and gliclazide-treated rats was detected using western blotting between the marker proteins 85 kDa and 50 kDa in size. These values are presented as ratios, compared to  $\beta$ -actin (a housekeeping protein) in bar diagrams. p-AMPK appeared to decrease more than 20% in the STZ-induced, diabetic model rats (the water control), compared to the non-diabetic rats. However, in the case of the mushroom-treated diabetic rats, p-AMPK increased about two-fold in the muscle tissues, compared to the control diabetic rats (Figure 3). Similar effects were also observed in the muscle tissues of gliclazide-treated diabetic model rats (Figure 3). In the case of the adipose tissue, p-AMPK seemed to increase more than three-fold in the mushroom-treated group and more than two-fold in the gliclazide-treated rats, compared to the control diabetic rats (Figure 4).

# Effect of the oyster mushroom on GLUT4 mRNA expression in type 2 diabetic rats

GLUT4 mRNA was extracted immediately after the animals were sacrificed using the TRIzol reagent. The cDNA was prepared and amplified for the GLUT4 gene, using equal amounts of cDNA. Figure 5 shows the expression of GLUT4 (glucose transporter type 4) as a ratio, relative to GAPDH (glyceraldehyde 3-phosphate dehydrogenase), which was also similarly amplified. The ratio increased significantly in the mushroom-treated rats for the muscle and adipose tissues, compared to the control diabetic rats, but no significant difference was observed for the liver tissues.



**Figure 3:** Effect of oyster mushroom powder on p-AMPK in muscle tissues in type 2 diabetic model rats: M, marker; ND, non-diabetic rat muscle; CG, control diabetic group; MT, mushroom-treated diabetic rat; GT, gliclazide-treated diabetic rat. Two hundred  $\mu$ g of total protein from the muscle tissues was separated using SDS-PAGE, and p-AMPK was detected using western blot with a p-AMPK antibody. Equal amounts of total protein were also analysed for the housekeeping protein  $\beta$ -actin. The band intensity of p-AMPK is expressed as a bar diagram as ratios, relative to  $\beta$ -actin.



**Figure 4:** Effect of oyster mushroom powder on p-AMPK in the adipose tissues of type 2 diabetic model rats: M, marker; ND, nondiabetic rat; CG, diabetic control group; MT, mushroom-treated diabetic rat; GT, gliclazide-treated diabetic rat. Two hundred  $\mu$ g of total protein from the adipose tissues of the different groups were separated using SDS-PAGE, and p-AMPK was detected using western blot with a p-AMPK antibody. Equal amounts of total protein were also analysed for the housekeeping protein  $\beta$ -actin. The band intensity of p-AMPK is expressed as a bar diagram as a ratio, relative to  $\beta$ -actin.

### Discussion

Diabetes is a major public health problem worldwide, associated with serious complications and premature death, due to the continuous damage, dysfunction, and failure of various organs. To prevent acute problems and to reduce the risk of long-term complications from diabetes, glycaemic monitoring, self-management education, support, and medications are often required.<sup>19</sup> At present, there are no drugs available that can cure the disease, and existing drugs are not complication-free for all individuals. Therefore, researchers are continuing their efforts to find new drugs for better management of the disease. However, diabetes is a metabolic disorder in humans, but not in animals. As such, development of a human-like, diabetic animal model for experimental purposes is a major challenge. In this study, STZ-induced, type 2 diabetic model rats were developed, as previously described.<sup>16,17</sup> As found in other studies in we also found that the oyster mushroom humans,<sup>20</sup> significantly reduced the blood glucose levels in model diabetic rats. The study did not find any effects on body weight or lipid profile levels with this regimen. In this study, glycated haemoglobin, the lipid profile, and advanced glycation end-products were not measured, but we plan to measure these in a future study. To obtain insights into the mechanisms behind the hyperglycaemic effects of oyster mushroom powder, we attempted to analyse an intracellular protein (p-AMPK) and the mRNA of GLUT4.

After 8 weeks of mushroom powder ingestion (5% of the usual feed), we sacrificed the animals in a fasting condition, and the tissues and organs were immediately collected, washed with ice-cold normal saline, and preserved at -70 °C. Tissue mRNA was extracted within a day, and proteins were extracted within the week of the sacrifice. Equal amounts of extracted protein were analysed using SDS-PAGE and transferred to a PVDF membrane, and p-AMPK detected using western blotting. Equal amounts of protein were also analysed for the housekeeping protein  $\beta$ -actin, and the levels of p-AMPK were expressed as ratios, relative to  $\beta$ -actin, to minimize measuring or loading errors. This study showed that p-AMPK was reduced in type 2 diabetic model rats, compared to non-diabetic animals, and that p-AMPK increased



**Figure 5:** Effect of oyster mushroom powder on the expression of GLUT4 mRNA in type 2 diabetic model rats: 1, Marker; 2, Nondiabetic rat muscle; 3, Control group rat muscle; 4, Mushroom-treated rat muscle; 5, Non-diabetic rat adipose tissue; 6, Water control rat adipose tissue; 7, Mushroom-treated rat adipose tissue; 8, Non-diabetic rat liver; 9, Water control rat liver; 10, Mushroom-treated rat liver; 11, Negative control. mRNA from different tissues was extracted using the TRIzol reagent, immediately after sacrificing the rats that had been treated for 8 weeks with the mushroom powder. One µg of mRNA was used to prepare the cDNA using reverse transcriptase PCR, and 3 µl of cDNA was amplified by 35 cycles of PCR, using primers designed for both the GLUT4 and GAPDH genes. The band intensity of GLUT4 is expressed as a ratio, relative to GAPDH.

significantly in the muscle and adipose tissues of mushroomtreated diabetic model rats. As a positive control, we analysed the muscle and adipose tissues of gliclazide-treated rats, and similar effects were observed. Existing literature suggests that activated AMPK releases GLUT4 from the microvesicles in the cytosol to organize in the membranes of muscle and adipose tissues, which helps glucose enter the cells of those tissues.<sup>21</sup> Therefore, it may be explained that the decreased hyperglycaemia in mushroom-induced type 2 diabetic model rats could be due to increased p-AMPK in the muscle and adipose tissues in these animals.

This study also explored whether oyster mushroom ingestion affected the expression of the GLUT4 gene in the muscle and adipose tissues of type 2 diabetic model rats. Equal amounts of mRNA (1 µg in all cases) were used to prepare the cDNA; then, 3 µl of cDNA was used for 35 cycles of amplification using polymerase chain reaction (PCR). Amplification of the housekeeping gene GAPDH was also conducted, and expression of GLUT4 was expressed as a ratio, relative to GAPDH. Our experiments showed that GLUT4 mRNA expression increased in both the muscle and adipose tissues of ovster mushroom-treated type 2 diabetic model rats. In a previous study, it was found that activation of AMPK regulates transcription of the GLUT4 gene in cultured human skeletal muscle cells.<sup>22</sup> In another study, mRNA expression of GLUT3, GLUT4, GLUT5, GLUT10, and GLUT11 was poorly detected in different organs of pigs.<sup>23</sup> However, in our study, we found ample expression of GLUT4 in the livers of both model diabetic and nondiabetic rats. Therefore, GLUT4 mRNA expression in rat liver tissues may not be affected by STZ or the oyster mushroom; its expression is already in pick which may explained that rat liver tissue may not be a problem for the entry of glucose in diabetic condition.

### Conclusion

Therefore, the hyperglycaemic effects of the oyster mushroom can be explained by the increased phosphorylation of AMPK and increased mRNA in muscle and adipose tissues.

# Limitations

It would be better to understand the measured  $HbA_1C$ , glycation end-products, and the total antioxidant status of the animals.

# **Conflict of interest**

The authors have no conflict of interest to declare.

### Ethical approval

We have taken Ethical Permission from the Institutional Ethical Review Committee of Bangladesh University of Health Sciences, Dhaka, Banglad

### Authors' contributions

MA: Animal experimentation, laboratory works (Western Blot) and Manuscript preparation. MMR: Lab works specially in mRNA extraction, cDNA preparations and PCR. MM: Band density of proteins and PCR products estimation and Result preparation. MM: Help in OGTT determination in model rats and tissue protein extraction. AB: Rat feed management and performs OGTT experiments to select diabetic rats. BR: Diabetic model rat development and tissue collection from model rats. ZH: Experiment design and Critical revision of the manuscript. MOF: Project design, fund hunting, supervise all experiments and finalize the manuscript. All authors have critically reviewed and approved the final draft and are responsible for the content and similarity index of the manuscript.

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