ORIGINAL RESEARCH

# In vitro and in vivo evaluation of folate receptor-targeting amphiphilic copolymermodified liposomes loaded with docetaxel

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**Background:** The purpose of this study was to develop folate-poly (PEG-cyanoacrylateco-cholesteryl cyanoacrylate) (FA-PEG-PCHL)-modified freeze-dried liposomes for targeted chemotherapy using docetaxel as a model drug.

**Methods:** FA-PEG-PCHL was synthesized and its cytotoxicity was evaluated by CCK-8 assay in L929. Docetaxel-loaded liposomes modified by FA-PEG-PCHL were prepared by an organic solvent injection method and lyophilized to obtain freeze-dried FA-PEG-PCHLdocetaxel liposomes (FA-PDCT-L). Two carcinoma cell lines (MCF-7 and A-549 cells) were cultured with docetaxel solution, conventional docetaxel-loaded liposomes, or FA-PDCT-L, and the cytotoxicity and apoptosis was evaluated for each preparation. The uptake of the docetaxel preparations into MCF-7 cells was studied by confocal laser scanning microscopy. Liquid chromatography**-**mass spectrometry was used to study the pharmacokinetics and tissue distribution characteristics of the preparations.

**Results:** The existence of an enlarged fixed aqueous layer on the surface of the liposomes was affirmed by zeta potential analysis. The entrapment efficiency and particle size distribution were almost the same as those of docetaxel-loaded liposomes. The drug release profile showed that the release rate was faster at higher molecular weight of the polymer. Compared with docetaxel solution and docetaxel-loaded liposomes, FA-PDCT-L demonstrated the strongest cytotoxicity against two carcinoma cell lines, the greatest intracellular uptake especially in the nucleus, as well as the most powerful apoptotic efficacy. In pharmacokinetic studies, the area under the plasma concentration-time curve of FA-PDCT-L was increased 3.82 and 6.23 times in comparison with the values for the docetaxel-loaded liposomes and docetaxel solution, respectively. Meanwhile, a lower concentration of docetaxel was observed for FA-PDCT-L in the liver and spleen, and a significantly higher concentration of FA-PDCT-L in tumors suggested that the presence of FA-PEG-PCHL on the liposomes resulted in greater accumulation of the drug in tumor tissue.

**Conclusion:** Liposomes modified by FA-PEG-PCHL could be one of the promising suspensions for the delivery of antitumor drugs in cancer.

**Keywords:** folate-poly (PEG-cyanoacrylate-co-cholesteryl cyanoacrylate), docetaxel, freezedried liposomes, tumor targeting

#### **Introduction**

Nanotechnology has been extensively exploited to improve conventional cancer therapy recently.<sup>1,2</sup> The nanocarriers currently under intensive investigation can be divided into two categories in general, ie, polymer-based and lipid-based polymeric nanoparticles and liposomes.<sup>3</sup> The use of polymeric nanoparticles using biodegradable polymers, such as poly (D,L-lactic acid), poly (D,L-lactic-co-glycolic acid) and poly (3-caprolactone), and

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their copolymers diblocked or multiblocked with polyethylene glycol (PEG), for drug delivery has shown promising therapeutic potential.4–6 These nanoparticles have been widely used because of their high drug-loading capacity especially for hydrophobic drugs, controlled drug release, acceptable biocompatibility, high cellular internalization, and a long circulation half-life.2 However, polymeric nanoparticles have reported moderate circulation half-lives in comparison with their liposomal counterparts, even when coated with biocompatible polymers such as PEG.7

Liposomes are spherical vesicles composed of single or multiple lipid bilayers, and have a number of appealing features, including high biocompatibility, high delivery efficiency, a favorable pharmacokinetic profile, and ease of surface modification.<sup>8,9</sup> The performance of liposome drug delivery systems for tumor therapy could be further improved by using a ligand coupled to the surface of vesicles to achieve an active targeting effect. The selective overexpression of folate receptors in tumor cells and the high affinity of tumors for folic acid provide a unique opportunity for folic acid to be used as a targeting ligand to deliver therapeutic agents to cancer cells via folate receptor-mediated endocytosis.<sup>10</sup> Folate-mediated targeting liposomes has been obtained by the incorporation of a small amount of folate-polyethyleneglycoldistearoyl-phosphatidyl-ethanolamine.<sup>11</sup>

In this study, we explored the potential use of a novel conjugate, folate-poly (PEG-cyanoacrylate-co-cholesteryl cyanoacrylate) (FA-PEG-PCHL) for liposome targeting by insertion into liposomal bilayers. Docetaxel is used as a model hydrophobic anticancer drug, and shows high anticancer efficacy in patients with ovarian carcinoma, lung cancer, advanced breast cancer, and head/neck cancer.12 The incorporation of PEG can prolong the residence time of liposomes in the blood, and efficient folate receptor binding and endocytosis of folate-derived liposomes can be achieved by separating folate from the liposomal surface when a PEG spacer is used,<sup>13</sup> for the reason that folic acid has the flexibility to interact with the corresponding cell surface receptor.<sup>14</sup> As a result, PEG was selected as the hydrophilic group to achieve a long circulation effect and better connection performance from folic acid. Meanwhile, the hydrophobic domains are formed by the poly cholesteryl cyanoacrylate moieties. We modified this block copolymer with cholesterol in order to achieve better compatibility with the lecithin bilayer.<sup>15</sup> Cholesterol is often used to modify biomaterials hydrophobically due to its rigid and highly hydrophobic sterol skeleton.<sup>16,17</sup>

The two main goals of the present work were, firstly, to report a novel amphiphilic copolymer, ie, FA-PEG-PCHL,

with a series of molecular weights (4374–12394 Da) and low cytotoxicity, and, secondly, to investigate the characteristics, in vitro cytotoxicity, intracellular uptake, apoptotic effect, in vivo pharmacokinetics, and tissue distribution of FA-PEG-PCHL- modified, freeze-dried docetaxel-loaded liposomes (FA-PDCT-L).

## **Materials and methods Materials**

α-Amino-ω-hydroxy-polyethyleneglycol (NH<sub>2</sub>-PEG-OH, molecular weights 2 kDa, 4 kDa, and 10 kDa) was purchased from Alfa Aesar (Heysham, UK). Dicyclohexylcarbodiimide, cyanoacetic acid, cholesterol, and 1, 4-(dimethylamino) pyridine (DMAP) were purchased from Acros Organics (Geel, Belgium). Cyanoacetic acid was dried over phosphorus pentoxide at 40°C for 48 hours. Docetaxel and paclitaxel were purchased from Ningbo Chemical Factory (Ningbo, China). Soybean lecithin was supplied by Shanghai Taiwei Pharmaceutical Industry (Shanghai, China). Docetaxel injection (Taxotere®) was from Aventis Pharma SA (Antony Cedex, France), and coumarin-6 was from Sigma-Aldrich (St Louis, MO). All other chemicals and solvents were of reagent grade and the solvents were dehydrated by molecular sieving.

#### Animals

Male Wistar rats  $(200 \pm 20$  g) and male Kunming strain mice (20–25 g) were from the Shenyang Pharmaceutical University Animal Institution. The rats were housed under standard conditions and were fed on a commercial diet and had access to water ad libitum. All animal experiments were carried out in accordance with the Guide for the Care and Use of Laboratory Animals of the National Research Council. The protocol was approved by the local animal ethics committee.

## Cell culture

For cell culture, mouse connective tissue fibroblast cells (L929), human breast adenocarcinoma cells (MCF-7), and human lung adenocarcinoma cells (A-549) were obtained from Nanjing Keygen Biotech Co Ltd (Nanjing, China). The reagents employed in this study were as follows: RPMI 1640, F-12k medium (Hyclone, Logan, UT), fetal bovine serum (Gibco, Grand Island, NY), trypsin (Sigma-Aldrich) and dimethyl sulfoxide (Sigma-Aldrich). All other materials were used without further purification. All cells were maintained in a medium supplemented with penicillin 10% (v/v) 100 U/mL and streptomycin 100 µg/mL. Cells were incubated at 37°C in a humidified atmosphere containing  $5\%$  CO<sub>2</sub>.

## Synthesis of copolymers of FA-PEG-PCHL

#### Preparation of cyanoacetate esters

The amino group of  $NH<sub>2</sub>$ -PEG-OH was protected by making it into t-butyloxycarbonylamino-ω-hydroxylpolyethyleneglycol (t-boc-NH<sub>2</sub>-PEG-OH).<sup>18</sup> As shown in Figure 1A, a mixture of 20 mmol triethylamine, 18 mmol di-t-butyl dicarbonate, and 20 mmol NH<sub>2</sub>-PEG2000-OH in

300 mL dichloromethane was stirred for 72 hours. HCl 0.5 M was then added to the mixture. The organic layer was separated and washed with saturated NaCl solution. The organic phase was separated again and dried over MgSO<sub>4</sub>. The solvent was evaporated and the residue was allowed to cool under vacuum. t-boc-NH-PEG cyanoacetate was prepared by esterification of the cyanoacetic acid with boc-NH-PEG-OH in dichloromethane at room temperature under



**Figure 1** Synthesis of folate-poly (PEG-cyanoacrylate-co-cholesteryl cyanoacrylate) (FA-PEG-PCHL).

nitrogen, in the presence of dicyclohexylcarbodiimide and DMAP as the catalyst. Cyanoacetic acid 10 mmol and boc-NH-PEG-OH 5 mmol (molar ratio 2:1) were placed into a glass flask and dissolved in dichloromethane 40 mL and dicyclohexylcarbodiimide 11 mmol, and a catalytic amount of DMAP were added. After stirring for six hours, the solid was filtered off and washed three times with  $CH_2Cl_2$  15 mL. The combined filtrates were concentrated under reduced pressure to obtain viscous oil which was solidified after 12 hours. The crude boc-NH-PEG cyanoacetate obtained was used directly in the polymerization step without further purification. The cyanoacetate ester of cholesterol was prepared according to the same procedure as aforementioned (Figure 1A).

#### Condensation/polymerization

The reaction scheme for condensation of  $t$ -boc-NH<sub>2</sub>-PEG cyanoacetate with cholesteryl cyanoacetate in the presence of formalin and dimethylamine, as previously described was shown in Figure 1B. Briefly, t-boc-NH<sub>2</sub>-PEG cyanoacetate 1 mmol and cholesteryl cyanoacetate 5 mmol were dissolved in ethanol/dichloromethane 20 mL (1:1, v/v) in a glass flask, and formalin 10 mmol (37%, w/v) and dimethylamine 10 mmol (40%,  $w/v$ ) were added.<sup>18</sup> The reaction was carried out at room temperature under nitrogen. After stirring for 12 hours, the reaction mixture was poured into water and extracted with dichloromethane. The combined organic phases were dried over  $MgSO<sub>4</sub>$ . The solvent was evaporated, and the residue was placed several hours under vacuum to cool down.

The amino group of t-boc-NH<sub>2</sub>-PEG was deprotected by trifluoroacetic acid in dichloromethane (Figure 1B).<sup>19</sup> Briefly, trifluoroacetic acid 1 mL was added to polymer 1 mmol solution, and the reaction was carried out for one hour at room temperature under magnetic stirring. The reaction mixture was then neutralized with 10% aqueous sodium bicarbonate solution and extracted with dichloromethane. The organic layer was dried over  $MgSO_4$  and evaporated under reduced pressure to give a pale yellow waxy material.

## Conjugation of folic acid and  $\mathsf{NH}_2$ -PEG-PCHL

Folate-conjugated co-copolymer was synthesized by coupling the  $NH<sub>2</sub>$ -PEG-PCHL to an activated folic acid as described in the previous studies with a minor modification.<sup>11,20,21</sup> As shown in Figure 1C, NH<sub>2</sub>-PEG-PCHL 1 mmol dissolved in dimethyl sulfoxide 30 mL was mixed with folic acid 4 mmol and dicyclohexylcarbodiimide 1.2 mmol, and two drops of triethylamine was then added as a catalyst. The reaction was performed at room temperature for 12 hours, and the

reaction solution was then filtered. The filtrate was dialyzed in dimethyl sulfoxide for 72 hours to remove free folic acid and then dialyzed for another 72 hours to eliminate dimethyl sulfoxide. The mixture was freeze-dried in a dialysis bag to give the final product.

#### Characterization of polymers

FTIR spectra, <sup>1</sup>H-NMR spectra and MW of polymers Fourier transform infrared (FTIR) spectra were obtained from a neat film cast from the dimethyl sulfoxide copolymer solution between KBr tablets on an FTIR spectrometer (IFS-55, Bruker Corporation, Switzerland). 1 H-NMR spectra was recorded in deuterated pyridine for PEG-PCHL and in deuterated dimethyl sulfoxide for FA-PEG-PCHL by 1 H-NMR spectroscopy (ARX-300, Bruker Corporation, Fällanden, Switzerland). Gel permeation chromatography of PEG-PCHL was performed in tetrahydrofuran (Fisher Scientific, Fair Lawn, NJ) of high-pressure liquid chromatography grade with a Waters Alliance 2690 separation module (Waters Corporation, Milford, MA) equipped with a set of two Waters Styragel columns having pore size diameters of 103 and 100Å, and a Waters 2410 refractive index detector (Waters Corporation). A series of narrow polystyrene (Polymer Laboratories, Amherst, MA) molecular weight standards (30–500 kDa) were used to calibrate the gel permeation chromatography system.

#### Cytotoxicity of polymers by CCK-8 assay

The L929 cell line was selected to evaluate cytotoxicity as a direct contact test, as recommended by USP 26. The experiment was carried out according to the method described for the Cell-Counting Kit 8 (Fluka, St Louis, MO).<sup>22</sup> The copolymers were added as free solutions. The relative cell viability compared with control cells containing cell culture medium without polymer was calculated as  $[A]_{\text{test}}/[A]_{\text{control}}$ .

#### Liposome preparation

Liposomes were prepared using an organic solvent injection method.23 Briefly, in all formulations containing polymers of different molecular weight, a mixture of FA-PEG-PCHL 0.005 mmol, docetaxel 0.012 mmol, and soybean lecithin 0.25 mmol was dissolved in tetrahydrofuran 5 mL. The solution was injected into purified water at 25°C and the suspension obtained was stirred for 180 minutes to facilitate the removal of tetrahydrofuran. To obtain a uniform particle size distribution, the suspension was sonicated at a frequency of 20–25 kHz and power of 500 W for 2.5 minutes by a probe-type sonicator (JY92-II, Scientz, Ningbo, China)

and then sterilized by filtering through a 0.22 µm cellulose acetate filter. Appropriate amounts of cryoprotectants (5%, w/v) were dissolved in the liposome dispersion. The samples were frozen at –85°C for eight hours before being lyophilized using a freeze drier (Eyela FDU-1100, Prkakikai, Tokyo, Japan). The drying time was 36 hours. The resulting solid matrix was collected for later experiments after rehydration with deionized water.

## Characterization of liposomes

#### Transmission electron microscopy

FA-PDCT-L were viewed before and after lyophilization under an electron microscope (JEM-1200 EX, JEOL, Tokyo, Japan) by conventional negative staining methods using phosphotungstic acid buffer  $0.3\%$  (pH 6.0) as a staining agent.<sup>23</sup>

#### Particle size distribution, zeta potentials, and fixed aqueous layer thickness

Particle size distribution and zeta potentials for FA-PDCT-L were determined by dynamic light scattering and electrophoretic light scattering, respectively, both using ELS 800 apparatus (Otsuka Electronics, Osaka, Japan) at 25°C after dilution of the dispersion to an appropriate volume with Millipore-filtered water. According to the Gouy-Chapmann theory, the zeta potentials of samples diluted with NaCl solutions at a series of concentrations (0 M, 0.01 M, 0.05 M, and 0.1 M) measured and plotted against the slope L gives the position of the slipping plane or fixed aqueous layer thickness FALT) in nm units. FALT was calculated by:

$$
ln\psi(L) = lnA - \kappa L
$$

where  $\psi$  (L) is the electrostatic potential at the position of the slipping plane L (nm), A is the constant, and  $\kappa$  is the Debye-Huckel parameter which equals C−<sup>2</sup> /0.3 for univalent salts, where C is the molality of electrolytes. $24$ 

#### Determination of entrapment efficiency

The liposome entrapment efficiency was determined using an ultrafiltration technique for separating the nonentrapped drug from liposomes.<sup>25</sup> Briefly, 5 mL of drug-loaded liposomes were placed in a stirred cell (Millipore 8010, Millipore Corporation, Bedford, MA) fitted with a filter membrane (molecular weight cutoff 50,000) under nitrogen. The ultrafiltrate was collected, and the drug content in the ultrafiltrate  $(C_{\text{free}})$  was determined by high-pressure liquid chromatography using an LC-ATvp pump and SPD-10 Avp ultraviolet light detector (Shimadzu, Kyoto, Japan) and a Diamonsil C<sub>18</sub> analytical column 250 mm  $\times$  4.6 mm, 5 µm (Dikma, Tianjin, China).<sup>26</sup> The injection volume was 20  $\mu$ L and docetaxel was detected at 228 nm. The mobile phase consisted of acetonitrile and water (53:47, v/v) delivered at a flow rate of 1.0 mL/minute. A liposomal suspension 1 mL was then diluted with absolute ethanol to determine the total docetaxel  $(C_{total})$  by high-pressure liquid chromatography. The entrapment efficiency (EE%) was calculated as:

$$
EE\% = \frac{c_{total} - c_{free}}{c_{total}} \times 100
$$
 (1)

#### In vitro drug release

The drug release profile for the docetaxel-loaded liposomes was studied using a dialysis method in vitro. Briefly, an aliquot of FA-PDCT-L were diluted 50-fold with phosphate buffer (0.1 M, pH 7.4) containing Tween 80 (0.3%,  $w/v$ ), thereby improving the solubility of docetaxel in phosphatebuffered saline, and incubated in buffer at 37°C under magnetic stirring in a dialysis bag (molecular weight cutoff 7000 Da). Aliquots of 1 mL were withdrawn from the release medium and replaced by an equal volume at each sampling time. The amount of docetaxel was determined by highpressure liquid chromatography. All operations were carried out in triplicate.

## Cytotoxicity of liposomes

A CCK-8 assay was performed to compare the cytotoxic effects of docetaxel solution, FA-PDCT-L, and empty FA-PEG-PCHL-modified liposomes (FA-P-L) against two cancer cell lines in vitro using a previously established method.27–29 Before the experiment, MCF-7 breast cancer cells and A-549 lung cancer cells were precultured until confluence was reached. After incubating the cells in docetaxel solution, FA-PDCT-L, and FA-P-L for 24, 48, and 72 hours, with docetaxel concentrations ranging from 0.5 nM to 40 nM, the CCK-8 assay was performed and the percentage cell viability was determined. Error bars were obtained from triplicate samples.

#### In vitro cellular uptake of liposomes

Confocal laser scanning microscopy was used to visualize the interaction of the colloidal particles with the cancer cells. For fluorescence imaging of cellular uptake, MCF-7 cells at a density of  $1 \times 10^6$  cells/mL were cultivated for 24 hours on coverslips in six-well culture plates (1 mL/well). Coumarin-6 solution was prepared following the same prescription and preparation process as for Taxotere. Suspensions of coumarin-6-loaded liposomes (COU-L) and coumarin-6-loaded FA-PEG4000-PCHL-modified liposomes (FA-PCOU4000-L) were then added (200 µL/well) to the cell culture medium at a concentration of 100 µg/mL. Cells were washed three times after incubation for two hours and then fixed using  $4\%$  (v/v) paraformaldehyde aqueous solution. After 10 minutes of fixing at room temperature, followed by rinsing with phosphate-buffered saline, propidium iodide 10 µg/mL in phosphate-buffered saline was added to stain the nuclei for 30 minutes. The stained cells were then washed with phosphate-buffered saline and observed using a confocal laser scanning microscopy system (TCS SP2/AOBS, Leica, Germany).

## Acridine orange/ethidium bromide staining

Morphological demonstration of apoptosis was done using acridine orange/ethidium bromide staining. MCF-7 cells were cultured and divided into control and test groups. Normal cells were treated with serum-free medium for 24 hours. Test groups were treated with docetaxel solution, docetaxel-loaded liposomes, and FA-PDCT-L, respectively, for 24 hours at a docetaxel concentration of 20  $\mu$ g/mL. After removal of the incubation medium, MCF-7 cells were harvested with trypsin 0.25% solution and treated with dye mixture (a normal/apoptotic/necrotic cell detection kit, Nanjing KeyGen Biotech Co Ltd, China). Double-staining using these two agents provided the percentage of live, apoptotic, and necrotic cells. The cells were observed immediately using an Olympus  $B \times 61$  fluorescence microscope (Tokyo, Japan) and the appropriate fluorescein filter. Acridine orange exhibits green fluorescence and ethidium bromide exhibits red fluorescence when bound to DNA. In this way, it is possible to distinguish between viable (green fluorescence with intact nucleus), early apoptotic (green fluorescence with chromatin condensation), late apoptotic (orange fluorescence with chromatin condensation), and necrotic cells (orange fluorescence with intact nucleus).

## Annexin V/propidium iodide double staining

MCF-7 cells were divided and treated as aforementioned, then detached by trypsin and washed twice. Apoptotic cells were identified by binding of fluorescein-labeled annexin V to exposed phosphatidylserine on the cell surface and necrosis by nuclear staining with propidium iodide. Cell clusters were identified as described in the annexin V-FITC staining kit (Nanjing KeyGen Biotech Co Ltd, China) according to the manufacturer's recommendations with flow cytometric analysis (FACSCalibur, BD Biosciences, San Jose, CA), and a dot plot of FL1 (annexin V) and FL2 (propidium iodide) was constructed to show the gated events. Quadrant markers were applied to identify the four cell populations (annexin V-/ propidium iodide+, annexin V+/propidium iodide+, annexin V-/propidium iodide-, annexin V+/propidium iodide-). The results were expressed as a percentage of the gated events.<sup>9</sup>

#### Pharmacokinetics

Twelve male Wistar rats were fasted overnight and randomly divided into two groups of six rats each for an in vivo pharmacokinetics study. A docetaxel solution as a reference and FA-PDCT-L were injected intravenously at a dose of 10 mg/kg. Blood samples were collected from the orbital plexus at predetermined time points into heparinized tubes and then centrifuged at 5000 rpm for five minutes to separate the plasma.

To analyze the plasma samples, paclitaxel (20 µL of a methanol 10  $\mu$ g/mL solution) was added as the internal standard to  $200 \mu L$  of plasma and the mixture was extracted with ether before being centrifuged. Docetaxel in the supernatant was dried under nitrogen and redissolved in methanol for liquid chromatography-mass spectrometry measurement. The assay was performed on a liquid chromatography-mass spectrometry system (2010A, Shimadzu). Liquid chromatographic separation was achieved on a Kromasil  $C_{18}$  column (150 mm  $\times$  4.6 mm, 5 µm) and preceded by a C<sub>18</sub> guard column (4.0 mm  $\times$  2.0 mm, Phenomenex, Torrance, CA). The column and autosampler tray temperatures were kept constant at 25°C and 4°C, respectively. The mobile phase was methanol and water (75:25, v/v). The flow rate was set at 0.8 mL/min, with 25% of the eluent splitted into the inlet of the mass spectrometer. The injection volume was  $10 \mu L$ .

The analytes were ionized by an ESI source in positive ion mode under the following source conditions: nebulizing gas 1.5 L/min; drying gas 2.0 L/min; curved desolvation line temperature 250°C; heat block temperature 200°C; detector voltage 1.70 kV; and other parameters fixed as for the tuning file. Analysis was carried out by selected ion monitoring at  $[M + Na]^+$  m/z 830.50 for docetaxel and at  $[M + Na]^+$  m/z 876.50 for paclitaxel. The internal standard ratio was calculated for each standard by dividing the analyte peak area by the peak area of the internal standard. Standard curves of docetaxel and paclitaxel were constructed by plotting the internal standard ratio versus the concentration of analyte in each sample. Standard curves were fit by linear regression with weighting by  $1/y^2$ , followed by back calculation of concentrations.

## Tissue distribution of liposomes in sarcoma-180 solid tumor-bearing mice

Male Kunming mice, body weight 20–25 g, were used for biodistribution studies after sarcoma-180 cells were implanted intradermally into the armpit for one week. Twenty-seven tumor-bearing mice were fasted overnight and randomly divided into three groups of nine mice each. Docetaxel solution, docetaxel-loaded liposomes for reference, and reconstituted freeze-dried FA-PEG4000-PCHLmodified docetaxel liposomes (FA-PDCT4000-L) were injected intravenously at a dose of 20 mg/kg. Another three animals were sacrificed without treatment, and their tissues were used as blank controls and for preparation of spiked control samples.

The animals were decapitated in groups of three at seven, 120, and 240 minutes, and the heart, liver, spleen, lungs, kidneys, brain, and tumor tissue were removed, washed of residual blood, air-dried, and weighed. Tissue samples were homogenized with saline 0.2 mg/mL, and methanol solution  $20 \mu L$  containing paclitaxel 10  $\mu g/mL$  was then added as the internal standard. Tissue samples were extracted with ether and then centrifuged. The supernatants were dried under nitrogen and redissolved in methanol for liquid chromatography-mass spectrometry measurement as described earlier.

## Statistical analysis

Statistical analysis of the cytotoxicity of FA-PEG2000- PCHL, FA-PEG4000-PCHL, and FA-PEG10000-PCHL, and the effects of the three polymers on particle size, zeta potentials, FALT, entrapment efficiency, and mean 24-hour cumulative release  $(\%)$  of the various formulations were performed using the Kruskal–Wallis test. In all cases, post hoc comparisons of the means of individual groups were performed using the least significant difference test.

Plasma drug concentration-time data for docetaxel in individual rats were analyzed by noncompartmental estimations using 3p87 software (Chinese Society of Mathematical Pharmacology, Beijing, China). Plasma and tissue concentrations of docetaxel obtained from the rats were pooled to provide mean concentrations. Statistical analysis of the pharmacokinetic parameters (peak concentration  $[C_{\text{max}}]$ , clearance, mean residence time from time 0 extrapolated to infinity [MRT] and area under the plasma-concentration time curve from time 0 extrapolated to infinity [AUC]) for the docetaxel solution, docetaxel-loaded liposomes, and FA-PDCT4000-L were carried out using the one-way analysis of variance *t*-test. Differences in tissue drug concentrations at different time points were estimated using the Kruskal–Wallis test, and post hoc comparisons of the means of individual groups were performed using the least significant difference test. A significance level of  $P < 0.05$  denoted significance in all cases. Statistical analysis was performed using SPSS version 17.0 (SPSS Inc, Chicago, IL). Each experiment was conducted three times to ascertain reproducibility.

## **Results and discussion** Characterization of polymers FTIR spectra

The FTIR spectrum of NH<sub>2</sub>-PEG-PCHL (Figure 2A) showed absorption bands related to the CN stretching vibration at 2177.6 cm<sup>-1</sup> and the ester carbonyl at 1741.6 cm<sup>-1</sup>. The C−O stretching of PEG appeared at 1112.0 cm−<sup>1</sup> . The FTIR spectrum of FA-PEG-PCHL (Figure 2B) showed absorption bands related to CN stretching vibration at 2244.0 cm<sup>-1</sup> and the ester carbonyl at 1741.8 cm−<sup>1</sup> . The C−O stretching of PEG appeared at 1108.9 cm−<sup>1</sup> . The C=C and =C−H stretching vibration of aromatic ring of folate showed at 1536.9 and 842.5 cm<sup>-1</sup>, respectively.

#### 1 H-NMR spectra

The <sup>1</sup>H-NMR spectra were consistent with the structure of the expected polymers. Figure 3 shows the spectrum of PEG-PCHL. The peaks at 3.70–4.20 ppm were attributed to the methylene in the R-position of the ester groups. The signal at 2.20–2.80 ppm and the resonance at 3.62 ppm were assigned to the methylene protons of poly(cyanoacrylate) and the PEG backbone, respectively. Signals at 0.84–2.20 ppm were assigned to the methylene and methyl protons of the cholesteryl skeleton. The peak at 0.66 ppm was attributed to the methyl protons of the cholesteryl side chain. Figure 4 shows the spectrum of FA-PEG-PCHL. The peaks at 3.70–4.20 ppm were attributed to the methylene in the R-position of the ester groups. The resonance at 3.51 ppm was assigned to the methylene protons of the PEG backbone. The signal at 2.00–2.40 ppm and the resonance at 4.50 ppm were attributed to the methylene in the R-position for the amide groups of folate, respectively. The signals at 6.61 ppm, 7.41 ppm, and the resonance at 8.66 ppm were attributed to the protons of the aromatic ring of folate, separately. Signals at 0.80–2.00 ppm were assigned to the methylene and methyl protons of the cholesteryl skeleton. The peak at 0.65 ppm was attributed to the methyl protons of the cholesteryl side chain.

#### Molecular weights

The molecular weights of the obtained polymers, as well as the polydispersity indices, were calculated by gel permeation





chromatography. Table 1 reports the data for polymers with different chain lengths of PEG. A low molecular weight and low polydispersity index were achieved. The unimodal mass distribution excluded the presence of poly-(PEG acrylate) or poly-(cholesteryl acrylate). Because the condensation of alkyl cyanoacetates with formaldehyde is a method described for the synthesis of alkyl cyanoacrylate monomers, the formation of a poly-(alkyl cyanoacrylate) with a low molecular weight was expected.18 Furthermore, the interest in using poly-(alkylcyanoacrylate) in controlled drug delivery is due to its rapid degradability by erosion after hydrolysis of the lateral ester chain and the formation of water-soluble poly-(cyanoacrylic acid), which is eliminated by renal excretion.<sup>30</sup> Thus, a low molecular weight is an important issue for the degradability



**Figure 3** <sup>1</sup> H-NMR spectrum of PEG-PCHL.

properties of the obtained material. Finally, the molecular weight of the "hydrophobic" alkyl cyanoacrylate part of the copolymer was of the same order as that observed in nanoparticles prepared by emulsion/butyl cyanoacrylate, wellknown to degrade rapidly in vivo.<sup>31</sup>

#### Cytotoxicity by CCK-8 assay

The relative cell viability compared with control cells containing cell culture medium without polymer was calculated by  $[A]_{test}/[A]_{control}$ . Based on the viability of L929 cells incubated together with various polymers, FA-PEG-PCHL showed no cytotoxicity with experimental concentrations up to 1500 µg/mL in cell culture (Figure 5). No significant difference was found between the groups ( $P > 0.05$ ).

## Characterization of liposomes

#### Investigation of cryoprotectants

Liposomal lyophilization is one of the most promising procedures for keeping liposomes stable during long-term storage.32 Therefore, different cryoprotectants, ie, lactose,



**Figure 4** <sup>1</sup> H-NMR spectrum of FA-PEG-PCHL.

dextran, sucrose, trehalose, and mannitol  $(\% , w/v)$ , were evaluated as candidates after preliminary experiments according to the appearance, morphology, and stability of the lyophilized liposomes after reconstitution.

In terms of the protective effect of lyoprotectants (lactose, sucrose, trehalose, and dextran), the size and encapsulation

efficiency of FA-PDCT-L before and after lyophilization were similar (data not shown). In particular, the dried product obtained with trehalose was satisfactory in appearance and was easy to reconstitute, with an unchanged and uniform size distribution. As far as mannitol was concerned, the lyophilized product had a smooth and bright appearance,





**Note:** Values are mean  $\pm$  SD (n = 3).

but was difficult to rehydrate, together with a significant increase in particle size. Therefore, we chose trehalose as the lyoprotectant  $(5\%, w/v)$ .

#### Morphology analysis

The morphological images of FA-PDCT-L before and after lyophilization are shown in Figure 6. In all cases, spherical or ellipsoid-shaped particles were found.

#### PSD, zeta potentials, FALT, and entrapment efficiency

A unimodal particle size distribution was observed, and FA-PDCT-L with polymers of different molecular weight had a similar particle size distribution, ranging from 111 nm to 127 nm, as shown in Table 2. Meanwhile, the negativity of the zeta potential for the liposomes decreased dramatically with increasing PEG chain length  $(P < 0.05)$ . Increasing NaCl concentration also led to reduction of the negative surface charge of the liposomes, indicating that the FALT

of the liposomes increased dramatically with length of the PEG chain ( $P < 0.05$ ). The data suggested that the surface structure of FA-PDCT-L fitted a "mushroom" structure, with FALT no more than 10 nm.<sup>33</sup> "Mushroom" structure theory postulates that PEG, folding on the surface of the liposomes due to its compressibility, is favorable for liposomes to prevent aggregation and improve its ability to evade uptake by macrophages. The entrapment efficiency of liposomes with or without modification was not significantly different, indicating that the loading of polymers did not change the encapsulation ability of the liposomes.

#### In vitro release

There was no obvious burst release of drug for up to 24 hours, and a prolonged release phenomenon was showed in all groups (Figure 7). The release rate was faster with higher molecular weights of the polymer, showing a molecular-dependent release profile. The cumulative amount of docetaxel released within 24 hours was 40.8% for docetaxel-loaded liposomes, while a significant decreased amount of docetaxel in FA-PDCT-L was released over 24 hours, ie, 19.5%, 27.2%, and 31.1% for FA-PDCT2000-L, FA-PDCT4000-L, and FA-PDCT10000-L, respectively  $(P < 0.05)$ . Polymer-modified liposomes released drug significantly more slowly than nonmodified liposomes because of the poly (cholesteryl



**Figure 5** Cytotoxicity of FA-PDCT2000-L, FA-PDCT4000-L, and FA-PDCT10000-L in L929 (n = 3). The polymers were added as free solutions.



**Figure 6** Transmission electron microscopy images of FA-PDCT-L before (**A**) and after (**B**) lyophilization.

cyanoacrylate) moieties in the polymer. Cholesterol is known to enhance the rigidity of the lethicin bilayer.<sup>34</sup> As a result, incorporation of the polymer possibly altered the flexibility of the liposomal bilayer, and reduced the rate of drug release. We also observed that the mass of the hydrophilic group of the polymer significantly influenced the rate of drug release. The higher the chain length of PEG, the faster the rate of drug release, and this may be attributable to the loose structure of FA-PDCT10000-L, leading to accelerating drug release.



#### Cytotoxicity of liposomes

The in vitro cytotoxic activity of docetaxel solution, docetaxelloaded liposomes, and FA-PDCT-L is shown in Table 3. The  $IC_{50}$  of FA-PDCT2000-L, FA-PDCT4000-L, and FA-PDCT10000-L was significantly lower than that of docetaxel solution and docetaxel-loaded liposomes in both cancer cell lines for all incubation time periods. FA-PDCT4000-L showed significant advantages in inhibiting cancer cell proliferation when compared with the docetaxel solution and docetaxelloaded liposomes. In comparison with docetaxel solution, the IC<sub>50</sub> for FA-PDCT4000-L decreased to 83.6%, 71.1%, and 58.4% in the MCF-7 line, and to 76.3%, 65.3%, and 66.3% in the A-549 line after 24, 48, and 72 hours of treatment, respectively, while in comparison with docetaxel-loaded liposomes, the IC<sub>50</sub> for FA-PDCT4000-L decreased to 82.6%, 75.9%, and 65. 5% in the MCF-7 line and to 74.6%, 75.9%, and 67.8% in the A-549 line after 24, 48, and 72 hours of treatment, respectively, showing a significant reduction in  $IC_{50}$  values. Compared with FA-PDCT2000-L and FA-PDCT4000-L, the  $IC_{50}$  of FA-PDCT10000-L was significantly higher in both cell lines. FA-P-L demonstrated no significant cytotoxic effect in either the MCF-7 line or in the A-549 line, even at concentrations as high as 1000  $\mu$ g/mL (data not shown). IC<sub>50</sub> values could not be determined accurately for FA-P-L.

In vitro cytotoxicity studies showed that FA-PDCT-L was significantly more cytotoxic in MCF-7 and A-529 lines compared with the docetaxel solution and docetaxel-loaded liposomes (Table 3). Higher dose and longer duration of exposure led to an improved effect. Thus, a lower amount of docetaxel associated with liposomes will be required to achieve the same effect as docetaxel solution alone, which is anticipated to reduce the side effects of docetaxel. The greater antiproliferative effect was attributed mainly to a higher intracellular drug level as a result of folate-mediated phagocytosis or reduced exocytosis involving a xenobiotic extrusion pump, or both.<sup>35,36</sup> The  $IC_{50}$  of FA-PDCT10000-L was significantly higher than that of FA-PDCT2000-L and FA-PDCT4000-L, which could be explained by overfolding



**Note:** Values are mean  $\pm$  SD (n = 3).  $*P < 0.05$  vs DCT-L.



**Figure 7** Release profiles of DCT from liposomes in vitro. **Note:** Values are mean  $\pm$  SD (n = 3).  $*P < 0.05$  vs DCT-L.

of the PEG10000 chain blocking folate, which is the key to mediation of phagocytosis for PEGylated liposomes.

## In vitro cellular uptake of liposomes

To investigate folate-mediated cellular uptake, a short-term particle endocytosis test was carried out visually using coumarin-6 solution, COU-L, and FA-PCOU4000-L. To have a reliable means of comparison, the physiochemical characteristics of COU-L are shown in Table 2, and there was no significant difference between the drug-loaded liposomes and COU-L  $(P > 0.05)$ . Figure 8 shows that COU-L (green fluorescent dots) penetrated the cells and was mostly distributed in the cytoplasm around the nucleus. Furthermore, the green fluorescent dots in samples incubated with FA-PCOU4000-L were more concentrated than those incubated with coumarin-6 solution and COU-L. These images demonstrate the improved effect of folate on cellular uptake, which could be a possible explanation for the higher cytotoxicity of the FA-PEG-PCHL-modified liposomes.

## Acridine orange/ethidium bromide staining

To investigate the enhanced effect of FA-PEG-PCHL on induction of apoptosis by the docetaxel-loaded liposomes,

MCF-7 cells were stained after treatment with acridine orange/ ethidium bromide, which combines the differential uptake of fluorescent DNA binding dyes, acridine orange, and ethidium bromide, allowing distinction between viable, apoptotic, and necrotic cells. Figure 9 shows late apoptotic cells (yellow stain) and necrotic cells (red stain) when exposed to docetaxel solution, docetaxel-loaded liposomes, and FA-PDCT4000-L. When treated with FA-PDCT4000-L, the number of apoptotic and necrotic cells was significantly increased, which confirmed the results for cytotoxicity of the liposomes.

## Annexin V/propidium iodide double staining

Flow cytometric analysis with annexin V and propidium iodide staining was performed to detect apoptosis by targeting the loss of phospholipid asymmetry in the plasma membrane. MCF-7 cells were analyzed by flow cytometry after staining of phosphatidylserine translocation with FITC-annexin V in combination with propidium iodide. Phosphatidylserine is a lipid found on the inner surface of the cell membrane. When undergoing apoptosis, cells externalize phosphatidylserine, which can then be labeled with fluorochrome-conjugated annexin V. The MCF-7 cells were divided into four groups, ie, mechanically injured cells (left upper part, annexin



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**Figure 8**  Confocal laser scanning microscopy images showing the internalization of fluorescent preparations in MCF-7 cells (2 h incubation). Column 1: FITC channels showing green fluorescence from coumarin-6-loaded preparations distributed in the cytoplasm. Column 2: PI channels showing red fluorescence from propidium iodidestained nuclei. Column 3: Merged channels of FITC and PI. Rows A: coumarin-6 solution. Rows B: COU-L. Row C: FA-P COU4000-L.

V-/propidium iodide+), healthy living cells (left lower part, annexin V -/propidium iodide -), cells at the stage of early apoptosis (right lower part, annexin V +/propidium iodide -), and necrotic cells or cells exhibiting late-stage apoptosis (right upper part, annexin V +/propidium iodide +). The cells within each cluster were then counted and represented as a percentage of the gated cells. Cells of both the right upper and right lower parts were considered to be apoptotic. There was a significant difference among the experimental groups. Figure 10 indicates that the percentage of early apoptotic



Figure 9 Morphological detections of MCF-7 in different groups by AO/EB double staining. ( **A**) control group, ( **B**) D CT solution, ( **C**) D CT-L, ( **D**) FA-PD CT4000-L.



**Figure 10** Dual parameter flow cytometry analysis of MCF-7 cells with annexin V/PI staining. **A**) control group, **B**) DCT solution, **C**) DCT-L, **D**) FA-PDCT4000-L.

cells and late apoptosis cells in the control group were 2.29% and 2.58%, while that of the FA-PDCT4000-L group were 5.60% and 23.09%, which were significantly higher than for both the docetaxel solution group (3.91% and 11.46%) and the docetaxel-loaded liposomes group (4.50% and 12.01%), thus showing a significant increase in apoptosis.

#### Pharmacokinetics

The results of the characterization analysis and in vitro cytotoxicity assays for the docetaxel preparations suggest that FA-PDCT4000-L has a better potential for tumor targeting. The research reported by Gref et al also suggest that a PEG chain with a molecular weight around 5000 Da possesses a better and longer circulation effect, and that a PEG content in the nanoparticles above  $5\%$  (w/w) could build a good steric barrier for optimal protein resistance.<sup>37</sup> Our work is consistent with this report. Therefore, we focused on FA-PDCT4000-L for a pharmacokinetic and tissue distribution study.

The plasma concentration-time curves for the docetaxel preparations after intravenous administration are shown in Figure 11, and the pharmacokinetic parameters are listed in Table 4. The pharmacokinetic profiles for docetaxel showed significant differences for FA-PDCT4000-L-modified liposomes versus docetaxel-loaded liposomes and docetaxel solution. In the docetaxel solution group, disappearance of docetaxel from the blood circulation was very rapid, with plasma concentrations of only 63 ng/mL at six hours. In contrast, docetaxel in the polymer-modified liposomes was still present in the circulation at 12 hours. Encapsulation of docetaxel into liposomes leads to a significant change in pharmacokinetic parameters. In vitro drug-release studies indicate that docetaxel is released slowly from the liposomes for at least 24 hours, whereas free docetaxel is not readily distributed, which explains the higher initial plasma drug concentrations for docetaxel-loaded liposomes and FA-PDCT4000-L than those for docetaxel solution. As shown in Table 4, the AUC for FA-PDCT4000-L increased



**Figure 11** Plasma concentrations of DCT in three preparations after intravenous administration to rats at a dose of 10 mg/kg. Values are means  $\pm$  SD (n = 6).

6.2-fold and 3.8-fold, while the mean residence time increased 3.3-fold and 2.5-fold compared with the docetaxel solution and docetaxel-loaded liposomes, respectively, with a corresponding decrease in clearance. This effect might be attributed to two factors. First, the negative zeta potential is key to the recognition of nanoparticles by macrophages in the mononuclear phagocyte system. Therefore, a less negative or even neutral zeta potential is expected to be necessary to avoid the macrophage system. As shown in Table 2, the reduction of negative zeta potential could be observed in FA-PDCT4000-L in contrast with the docetaxelloaded liposomes. Second, FALT is an important factor for improving liposome stability and preventing opsonization and macrophage uptake. The FALT of the FA-PDCT4000-L was thicker than that of docetaxel-loaded liposomes.

## Tissue distribution in sarcoma-180 solid tumor-bearing mice

Sarcoma-180 solid tumor-bearing mice were selected as the animal model for our biodistribution study. The distribution profiles for docetaxel solution and liposomes in S180 tumor-bearing mice at seven, 120, and 240 minutes after intravenous administration are shown in Figure 12. The drug levels in tumor for FA-PDCT4000-L were significantly higher than for the other preparations at seven minutes after administration, and were approximately 0.6-fold and 3.1-fold greater than that for docetaxel solution and docetaxel-loaded liposomes, respectively. At 120 and 240 minutes after dosing, the docetaxel concentration from FA-PDCT4000-L in tumor remained higher in comparison with the other preparations and tissues. In addition, at 120 and 240 minutes after dosing, the tissue distribution of FA-PDCT-L was, in ranked order:  $tumor > kidney > lung > spleen > liver > heart$  and brain  $(P < 0.05)$ . There were no significant differences in docetaxel concentrations for the three formulations in brain and heart tissues at any time point  $(P > 0.05)$ . The higher concentration of docetaxel found in kidney tumor cells in FA-PDCT4000-Ltreated mice could be explained by the folate receptor effect. Folate receptor levels are naturally rich in the kidney and are overexpressed in tumor tissues.38 The clearance behavior and tissue distribution of intravenously injected particulate drug





**Note:** Values are means  $\pm$  SD (n = 6).  $*P < 0.05$  vs DCT solution;  $P < 0.05$  vs DCT-L.



Figure 12 Tissue distribution of DCT in three preparations at different time points after intravenous administration to tumor bearing mice at a dose of 20 mg/kg. Value are means  $\pm$  SD (n = 3).

carriers are greatly influenced by their size, surface features, and opsonization. Opsonins are adsorbed on the nanoparticle surface and promote particle recognition by the reticuloendothelial system.39,40 Lipid emulsions are rapidly taken up by the reticuloendothelial system in the liver and spleen after intravenous administration.<sup>41</sup> The presence of a long hydrophilic chain in PEG around the shell of FA-PDCT4000-L would lead to a longer retention time in the circulation. As a result, the docetaxel concentration in liver and spleen tissue in the FA-PDCT4000-L-treated group was significantly lower than that for docetaxel-loaded liposomes. Rich blood flow with high capillary permeability could be the reason for the accumulation in lungs. The uptake of modified liposomes by the brain was not improved because of lack of the folate receptor in the inner side walls of brain capillaries.<sup>42</sup>

## **Conclusion**

A novel polymer, ie, (FA-PEG-PCHL), with a low molecular weight and polydispersity index was successfully synthesized and used to modify docetaxel-loaded liposomes. FA-PDCT-L displayed a sustained release profile, promoted cell cytotoxicity, had a stronger apoptotic effect, prolonged the systemic circulation time, and achieved higher accumulation in tumoral tissue, thus enhancing the therapeutic action of the loading drug. Therefore, the novel polymer FA-PEG-PCHL and its application in liposomal formulations could be a promising solution for delivery of antitumor drugs to cancerous tissue.

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## **Disclosure**

The authors report no conflicts of interest in this work.

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