

[ORIGINAL ARTICLE]

Atypical Familial Amyotrophic Lateral Sclerosis with Slowly Progressing Lower Extremities-predominant Late-onset Muscular Weakness and Atrophy

Jumpei Togawa¹, Takekazu Ohi², Jun-Hui Yuan³, Hiroshi Takashima³, Hirokazu Furuya⁴, Shinji Takechi⁵, Junko Fujitake⁶, Saki Hayashi², Hiroyuki Ishiura⁷, Hiroya Naruse⁷, Jun Mitsui^{7,8} and Shoji Tsuji^{7,9}

Abstract:

Objective Amyotrophic lateral sclerosis (ALS) is an adult-onset neurodegenerative disease characterized by the progressive loss of the upper and lower motor neurons that progresses to paralysis of almost all skeletal muscles of the extremities, bulbar, and respiratory system. Although most ALS cases are sporadic, about 10% are dominantly inherited. We herein report an atypical phenotype of familial ALS (fALS). To elucidate the phenotype-genotype correlation of this atypical phenotype of fALS, clinical and genetic investigations were performed.

Methods and Patients Five sibling patients (three men, two women) from a Japanese family and one healthy sibling (a woman) were clinically interviewed and examined. Genetic analyses, including genome-wide linkage analyses and whole-exome sequencing, were performed using genomic DNA extracted from the peripheral blood samples of these siblings.

Results The clinical features of fALS are characterized by slow progression (mean duration of the disease \pm standard deviation [SD]: 19.6 \pm 3.9 years) and lower extremities-predominant late-onset muscular weakness (mean onset of muscular weakness \pm SD: 52.8 \pm 2.6 years). Genetic analyses revealed novel heterozygous missense mutations of c.2668C>T, p.R890C in the *PLEC* gene and c.421G>C, p.V141L in the *ST3GAL6* gene in all affected siblings.

Conclusion A new atypical fALS family with a benign clinical course is herein reported. We identified two candidate gene mutations of *PLEC* and *ST3GAL6* linked to this phenotype.

Key words: familial amyotrophic lateral sclerosis, fALS, PLEC, ST3GAL6

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Introduction

Amyotrophic lateral sclerosis (ALS) is an adult-onset neurodegenerative disease characterized by progressive loss of the upper and lower motor neurons that progresses to paralysis of almost all skeletal muscles of the extremities and bulbar regions. Symptoms of respiratory failure are eventually observed in almost all ALS cases within two to three years from the onset (1). Although most ALS cases are sporadic, about 10% are dominantly inherited. Several genes, such as *SOD1*, *TARDBP*, *FUS*, *OPTN*, *C9ORF72*, and *ANG*,

¹Department of Neurology, National Hospital Organization Kyoto Medical Center, Japan, ²Department of Neurology, Uji Hospital, Japan, ³Department of Neurology and Geriatrics, Kagoshima University Graduate School of Medical and Dental Sciences, Japan, ⁴Department of Neurology, Kochi Medical School, Kochi University, Japan, ⁵Faculty of Pharmaceutical Sciences, Sojo University, Japan, ⁶Department of Neurology, Kyoto City Hospital, Japan, ⁷Department of Neurology, The University of Tokyo Hospital, Japan, ⁸Department of Molecular Neurology, The University of Tokyo, Japan and ⁹Graduate School of Health and Welfare Sciences, International University of Health and Welfare, Japan Received for publication October 2, 2018; Accepted for publication October 28, 2018 Correspondence to Dr. Jumpei Togawa, jumpeit@kuhp.kyoto-u.ac.jp



Figure 1. A family tree of the patients.

have been identified as causative genes of familial ALS (fALS) (2). However, the genetic etiologies of one-third of familial cases remain to be elucidated (2).

The clinical phenotypes, including the age at onset, and temporal forms of symptom progression in fALS are substantially heterogeneous. For example, the *SOD1* Asp90Ala and His46Arg mutations are reportedly associated with a very long survival, whereas the *SOD1* Ala4Val mutation can cause aggressive disease progression (2-4).

We herein report a new family with fALS in which five Japanese siblings presented with slowly progressing upper and lower motor neuron deficits with muscular atrophy. The mode of inheritance in this family is consistent with the autosomal dominant pattern. None of the patients suffered from respiratory failure associated with lower motor neuron deficit. Whole-exome sequencing (WES) and linkage analyses were conducted, and heterozygous missense alterations of the *PLEC* gene (OMIM 601282, c.2668C>T, p.R890C) and *ST3GAL6* gene (OMIM 607156, c.421G>C, p.V141L) were identified as candidate variants.

Materials and Methods

The evaluation of the clinical features

Two neurologists (J.T. and T.O.) interviewed and examined six siblings, including five afflicted patients and one healthy woman. The clinical history of their father, aunt, and grandparents was obtained from interviews with the patients (Fig. 1). The protocol of this study was reviewed and approved by the Institutional Review Boards of Kagoshima University and the University of Tokyo. Written informed consent was obtained from all participants in this study, or in patients with cognitive impairment, from their guardians.

WES and data analyses

Genomic DNA of the index patient (III-5) and five siblings was extracted from the peripheral blood using QIAGEN's Puregene Core Kit C (QIAGEN, Valencia, USA) according to the manufacturer's protocol. Exonic sequences were captured from three samples (III-1, III-5, III-6) in Ion AmpliSeq Exome RDY plates using Ion AmpliSeq HiFi Mix (Ion Torrent, Carlsbad, USA). The resulting amplicons were treated with FuPa Reagent (Ion Torrent) to partially digest the primers and phosphorylate the amplicons, which were then ligated to Proton adapters and purified according to the manufacturer's instructions (Ion Torrent). After purification libraries were quantified using quantitative polymerase chain reaction (PCR), they were clonally amplified by emulsion PCR through an Ion Chef System and loaded onto an Ion PI chip v2 BC. This chip was then processed for WES on the Ion Proton platform (Life Technologies, Carlsbad, USA).

The primary data analysis, including alignment to the GRCh37/hg19 human reference genome (UCSC Genome Browser) and variant calling, was performed using the Ion Torrent Suite software program, ver. 4.0.2 (Thermo Fisher Scientific, Waltham, USA), with a plug-in "variant caller" program and default parameters. The resulting VCF file was imported into the CLC genomics workbench, version 7.5 (CLC Bio, Aarhus, Denmark), for filtering and annotation.



Figure 2. An analysis workflow of the whole-exome sequencing and linkage analyses.

The variants were checked against dbSNP146, the 1,000 Genomes database, the Exome Aggregation Consortium (ExAC), and the Human Genetic Variation Database (HGVD) (5).

Linkage analyses

The five affected family members and the unaffected individual were genotyped using the Genome-wide Human SNP array 6.0 (Affymetrix, Santa Clara, USA) according to the manufacturer's instructions. The genotypes of each family member were determined using the Genotyping Console 4.2 (Affymetrix). A parametric multipoint linkage analysis (autosomal dominant model with complete penetrance) was conducted using the pipeline software programs SNP-HiTLink (6) and Allegro version 2 (7), employing singlenucleotide polymorphisms (SNPs) satisfying a p value of >0.001 in the Hardy-Weinberg test, a call rate of >0.98, a genotyping confidence score of <0.02, a minor allele frequency in the controls >0, and intermarker distances of 80 to 120 kb. The candidate variants were validated by PCR followed by Sanger sequencing according to the standard protocols to confirm the genotypes. The analysis workflow is shown in Fig. 2.

Copy number analyses

Copy number analyses were performed using the SNP typing data with Genotyping Console 4.2 (Affymetrix).

Search for causal variants

The remaining variants were checked against our in-house whole exome or genome databases of 1,153 control subjects and further analyzed *in silico* for the functional prediction of variants with SIFT (http://sift.jcvi.org/www/SIFT_seq_submi t2.html), PolyPhen-2 (http://genetics.bwh.harvard.edu/pph2/), and MutationTaster (http://www.mutationtaster.org/) (8).

Results

Clinical features

The proband (III-6) is the sixth sibling of the third generation, which includes one healthy woman and five patients. The proband's father and grandmother were suspected of having the disease based on their history but were not examined by us (Fig. 1).

The clinical findings of the patients in the third generation are summarized in Table. Dysarthria, proximal and distal weakness, and muscular atrophy in the lower extremities were observed in all patients (Fig. 3). Hyporeflexia was evident in III-3, III-4, III-5, and III-6, and Babinski's sign was positive in III-4, III-5, and III-6. Tongue atrophy and fasciculation were observed in III-5 (Table). Cerebellar ataxia was not observed in any of the patients.

III-1, unaffected sibling: 81-year-old woman, righthanded, Japanese

She has no neurological deficit except for conductive hearing loss of the right ear.

III-6, affected, proband: 66-year-old man, righthanded, Japanese

At 52 years of age, he began to feel difficulty walking for the first time. Although he was able to walk with a cane at 56 years of age, he was no longer able to walk even with a cane by 60 years of age. He was admitted to our hospital for an intensive examination at 61 years of age. A neurological examination revealed dysarthria, generalized hyporeflexia, and moderate muscular weakness as well as atrophy in his bilateral lower extremities. Babinski's sign was positive on the right side. A motor and sensory nerve conduction study (NCS) indicated no peripheral nerve lesions. Needle electromyography (NEMG) showed a chronic denervation

Patients	Age (years)		Duration (years)		
	At examination	At onset	Onset to cane walk	Onset to wheel-chair	
III-2	75	57	0	14	
III-3	72	52	6	19	
III-4	68	53	NE	NE	
III-5	64	50	2	-	
III-6	66	52	4	8	

Table.	Summary of History,	Neurological l	Findings and	Neurophysiolo	gical Findings	of the Pa-
tients in	Generation III.					

8	8		
Dysarthria	Tongue atrophy and fasciculation	Dementia	Muscular weakness
+	-	+	B L/E
+	-	-	B L/E
+	-	+	B L/E
+	+	-	B L/E
+	-	-	B L/E
Muscular atrophy	Hyporeflexia	Babinski sign	Fasciculation (except for tongue)
B L/E	NE	NE	-
B L/E	B U/E L/E	-	-
B L/E	B U/E L/E	L+	-
B L/E	B U/E L/E	B+	-
B L/E	B U/E L/E	R+	-
Neurophysiological examination			
Needle EMG	MEP		
NE	NE		

NE

NE

NE

Р

EMG: electromyography, MEP: motor evoked potential, B: bilateral, R: right, L: left, L/E: lower extremities, U/E: upper extremities, NE: not examined or not identified from clinical history, C: Chronic denervation pattern (High amplitude motor unit potential was observed.), P: prolonged MEP latency and CMCT

pattern [high-amplitude motor unit potential (MUP)] but no active denervation patterns. A motor evoked potential (MEP) study showed prolonged latency (27.5 ms) and central motor conduction time (CMCT) (14.15 ms) when recorded from the left abductor pollicis brevis (9). A muscle biopsy was performed from his right quadriceps femoris, with normal findings obtained. Although his weakness of lower extremities has progressively worsened, he can still move about his home using his upper extremities.

С

NE

NE

C

Clinical neurological findings

III-2, affected: died at 77 years of age, man, right-handed, Japanese

He began to feel difficulty walking and started using a cane to walk at 57 years of age. He became confined to a wheelchair and had difficulty speaking 71 years of age, and dementia developed around this time. He was examined by us at 75 years of age. Since he had moderate dementia, his medical history was obtained through an interview with his

wife. A neurological examination revealed mild dementia, agitation, dysarthria, moderate muscular weakness, and atrophy in his bilateral lower extremities. We did not examine his deep tendon reflexes or Babinski's sign because he became irritated during the examination. He died at 77 years of age from pneumonia.

III-3, affected: 77-year-old man, right-handed, Japanese

At 52 years of age, he began to feel difficulty walking. He needed a cane to walk from 58 years of age and became confined to a wheelchair at 71 years of age. He felt difficulty speaking at 66 years of age, a symptom that has been progressing slowly. He was hospitalized for an intensive examination at 72 years of age. A neurological examination revealed dysarthria, generalized hyporeflexia, mild muscular weakness, and atrophy in his bilateral lower extremities. An NCS indicated no peripheral nerve lesions. NEMG showed



Figure 3. Photographs of the legs of the patients. A: III-6 (proband), B: III-3, C: III-4, D: III-5

chronic denervation pattern (high-amplitude MUP) but no active denervation patterns.

III-4, affected: died at 73 years of age, woman, righthanded, Japanese

She began to feel difficulty walking and stumbled frequently at 53 years of age. She suffered fractures of the right lower leg and left foot at 54 and 59 years of age, respectively. She subsequently became unable to move without a walker with wheels. She was examined by us at 68 years of age. A neurological examination revealed mild dementia, dysarthria, generalized hyporeflexia, moderate muscular weakness, and atrophy in her bilateral lower extremities and positivity for left Babinski's sign. She died at 73 years of age from pneumonia.

III-5, affected: 69-year-old woman, right-handed, Japanese

She fell down the stairs and suffered a right fourth toe fracture at 50 years of age. Although she had recovered from the injury by one year later, she began to feel difficulty walking at this time. She used a cane to walk from 52 years of age and became unable to walk without a walker with wheels at 58 years of age. She was examined by us at 64 years of age. A neurological examination revealed dysarthria, dysphasia, mild atrophy, and fasciculation of the tongue, generalized hyporeflexia, mild muscular weakness, and atrophy in her bilateral lower extremities along with bilateral positive Babinski's sign. These neurological signs are steadily worsening.

WES and data analyses

WES yielded more than 40 million mapped reads with >95% on target in 2 patients (III-5 and III-6) and their

healthy sister (III-1). More than 90% of the target regions were covered \geq 10-fold for all three cases, and the average depths were 121.5, 119.7, and 124.0, respectively.

For these 2 patients (III-5 and III-6), a total of 47,520 and 48,335 variants were called, with a variant-calling threshold depth ≥ 10 and an alteration frequency $\geq 30\%$. The 2 patients shared 15,336 heterozygous variants, with 3,856 variants being entirely absent in their healthy sister (III-1). After excluding the variants with a minor allele frequency ≥ 0.001 in dbSNP146, 1,000 Genomes, ExAC, or HGVD, a total of 54 nonsynonymous or splicing site heterozygous variants remained (Fig. 2) (Supplementary material). None of these variants were identified among known disease-causing genes of Charcot-Marie-Tooth (CMT) disease, hereditary spastic paraplegia (HSP), or fALS.

Identifying putative causative mutations

A parametric linkage analyses using SNP data revealed candidate regions with maximum Logarithm of Odds (LOD) scores of 1.2 on chromosomes 3, 4, 7, 8, 11, 12, 13, and 20 spanning 170 Mb. Among the 54 remaining exome variants, only 2 heterozygous missense variants were located within the candidate regions determined by the linkage analysis: c.2668C>T (p.R890C) of *PLEC* on chromosome 8 and c.421G>C (p.V141L) of *ST3GAL6* on chromosome 3 (Fig. 4A). Both variants were validated using Sanger sequencing in all five affected siblings (Fig. 4B and C). However, aside from *CHMP2B*, there are no known disease-causing fALS or familial frontotemporal dementia/ALS gene loci located in these regions, including *SOD1*, *SETX*, *FUS*, *VAPB*, *ANG*, *TARDBP*, *FIG4*, *OPTN*, *VCP*, *PFN1*, *ERBB4*, *HNRNPA1*, *MATR3*, *TUBA4A*, *C9orf72*, *CHCHD10*, *SQSTM*



Figure 4. A linkage analysis and identification of variants in *ST3GAL6* and *PLEC*. (A) The linkage analysis reveals multiple regions with a maximum LOD score of 1.2, in which two variants in *ST3GAL6* (chromosome 3) and *PLEC* (chromosome 8) were found within the exome data. (B) Variants in *ST3GAL6* (c.421G>C) and *PLEC* (c.2668C>T), visualized using IGV. (C) Sequencing chromatograms of the present patients and wild type. (D) Cross-species conservation of V141 (plectin) and R890 (sialyltransferases) (UCSC Genome Browser).

1, *TBK1*, and *CCNF*. We also checked known CMT or HSP genes located in these linked regions, and no suspected variants were found. In addition, we did not observe any novel copy number variations involving exons in the candidate regions.

The two candidate variants were observed in neither the in-house exome nor the genome database of 1,153 control subjects. Both variants involve highly conserved amino acid residues (Fig. 4D). We also noted no other variants in ST3 GAL6 in the 10 index patients with genetically undiagnosed fALS by Sanger sequencing. In addition, based on exome sequencing of 33 independent index patients with genetically undiagnosed fALS, we did not find any other variants in ST3GAL6 or variants considered to be likely pathogenic in PLEC. The PLEC variant was predicted to be functionally deleterious by all three in silico tools [PolyPhen-2 (Score: 1.0), SIFT (Score: 0), and MutationTaster (Score: 180; disease causing)]. The variant in ST3GAL6 was predicted to be deleterious in both SIFT (Score: 0.004) and MutationTaster (Score: 32; disease causing) but benign in PolyPhen-2 (Score: 0.002).

Discussion

The patients of the family examined suffered from predominant lower motor neuron symptoms. With regard to upper motor neuron symptoms, III-4, III-5, and III-6 were positive for Babinski's sign. The prolonged CMCT observed in III-5 may also have been caused by upper motor neuron disturbance. According to the El Escorial criteria, III-4, III-5, and III-6 who were positive for Babinski's sign were diagnosed with possible ALS (10). The prolonged latency of MEP and CMCT observed in III-6 may support the diagnosis of ALS (9). III-2 and III-3 were diagnosed with suspected ALS because they had lower motor neuron symptoms but no upper neuron symptoms (10). None of the patients had sensory disturbances.

We performed NCS and NEMG in III-3 and III-6 and a muscle biopsy in III-6 to rule out myopathy or peripheral neuropathy. Spinocerebellar ataxias (SCA) was another potential differential diagnosis. In particular, SCA36 is known to affect motor neurons in addition to causing cerebellar ataxia (11). However, none of the afflicted family members showed ataxic speech, such as explosive or scanning speech, although all showed dysarthria caused by lower motor neuron involvement. None showed any other cerebellar signs. Although the symptoms and neurological findings characterized by weakness of the bilateral lower extremities and generalized hyporeflexia resembled those of CMT disease, an NCS of our patients showed no prolonged latency, decrement of conduction velocity, or amplitude of compound muscle action potential.

The clinical characteristics of the patients in this family are late-onset muscular weakness, atrophy, and very slow progression. Despite 14-20 years passing since the onset of muscular weakness, none of the patients showed respiratory failure due to motor neuron dysfunction. The mean (\pm standard deviation) timing of disease onset of muscular weakness and the duration of affliction in this family are 52.8 \pm 2.6 and 19.6 \pm 3.9 years, respectively.

Based on WES and linkage analyses using specimens of five patients and one healthy sibling of the third generation, we identified two mutations of the *PLEC* and *ST3GAL6* genes as the putative causal mutations for this family. These mutations have never been reported to be associated with fALS. All five patients had mutations in these two genes, whereas the one healthy sibling lacked both.

PLEC encodes plectin, which is a versatile cytoskeletal linker protein of substantial size (>500 kDa) abundantly expressed in a wide variety of mammalian tissues and cell types (12). Homozygous or compound heterozygous mutations, of which the majority are loss-of-function mutations, have been identified in patients with epidermolysis bullosa simplex with muscular dystrophy (13-17). Plectin deficiency can reportedly cause structural and functional alterations of mitochondria, resulting in myofiber degeneration. Compound heterozygous missense mutations of PLEC were recently reported in a family with early-onset limb-girdle muscular dystrophy (18). However, no mutations of PLEC related to motor neuron disease (MND) have been reported thus far. PLEC plays an important role in cell adhesion, so mutations in this gene could conceivably affect signal processing between cells, leading to the malfunction of motor neurons.

The protein encoded by the *ST3GAL6* gene is a member of the sialyltransferase family. Sialyltransferases are enzymes that transfer the sialic acid moiety from cytidine 5'monophospho-*N*-acetylneuraminic acid to the terminal positions on sugar chains of glycoproteins and glycolipids (19). A *ST3GAL6*-deficient mouse study suggested that the protein encoded by this gene plays an important role in the synthesis of functional selectin ligands (20). Although the expression of *ST3GAL6* is predominantly observed in the placenta, liver, heart, and skeletal muscle, it is also found in the brain (19). Thus, mutations in *ST3GAL6* may influence the motor neuron function to some degree.

The present cases of fALS showed autosomal dominant inheritance, although the mutations were heterozygous. Mutations in *PLEC* and/or *ST3GAL6* may have caused gain-of-function effects.

Several limitations associated with the present study warrant mention. First, although patients III-2 and III-4 had dementia, we were unable to evaluate their cognitive function in detail. Second, whether the pathogenic causal gene of this family is either or both *PLEC* or *ST3GAL6* is unclear. Further functional studies are needed to draw a specific conclusion concerning how variants in *PLEC* and *ST3GAL6* contribute to the clinical phenotype. We were also unable to exclude the possibility of other genes located in the phenotype-linked chromosome regions completely because only the exonic regions were analyzed in the present study. However, based on the results currently available, *PLEC* and *ST3GAL6* are the only genes strongly speculated to be associated with this atypical case of fALS.

Conclusion

We herein report a rare fALS phenotype with a relatively benign clinical course with predominant lower motor involvement in the lower extremities. This rare fALS phenotype may be misdiagnosed as hereditary SCA with motor neuron involvement (11), as dysarthria and weakness of the lower extremities are the main symptoms. Thus, attending physicians should be aware of the heterogeneity of the phenotypes of fALS and differentiate other diseases carefully. Further investigation will be necessary to determine the role of *PLEC* and *ST3GAL6* variants for this phenotype and demonstrate their pathogenesis.

The authors state that they have no Conflict of Interest (COI).

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