

CASE REPORT

Open Access



# Intestinal perforation during chemotherapeutic treatment of intra-abdominal desmoid tumor in patients with Gardner's syndrome: report of two cases

Wei Li<sup>1</sup>, Yuhong Zhou<sup>1\*</sup> , Qian Li<sup>1</sup>, Hanxing Tong<sup>2</sup> and Weiqi Lu<sup>2</sup>

## Abstract

**Background:** A minority of intra-abdominal desmoid tumors is associated with Gardner's syndrome in which desmoid tumors become an important cause of morbidity and mortality if they are surgically unresectable.

**Case presentation:** Here, we report two cases of intestinal perforation during chemotherapy in patients with Gardner's syndrome-associated intra-abdominal desmoids. One female and one male patients who developed inoperable desmoids were given the chemotherapeutic regimen of doxorubicin plus dacarbazine, followed by meloxicam. Significant tumor regression was observed clinically. However, intestinal perforation happened in both patients. They were subjected to emergency surgery, follow-up management, and survived up to now.

**Conclusions:** The doxorubicin plus dacarbazine chemotherapy is an effective treatment for intra-abdominal desmoid tumors in patients with Gardner's syndrome. On the other hand, given severe adverse events might occur, clinicians should pay more attention that tumor quick regression may cause intestinal perforation in which urgent surgical intervention is necessary.

**Keywords:** Desmoid tumors, Gardner's syndrome, Chemotherapy, Intestinal perforation

## Background

Desmoid tumors (aggressive fibromatosis) are rare, locally aggressive, benign fibroblastic tumors, accounting for ~0.03 % of all neoplasms. Although desmoid tumors (DTs) are histologically benign and without any metastatic potential, they are locally aggressive with a tendency to invade nearby structures and recur after resection. The etiology of these tumors is still controversial, but antecedent trauma including surgery, endocrine, and genetic factors seem to be implicated. Most desmoids are sporadic, but some are in association with familial adenomatous polyposis (FAP), also known as Gardner's syndrome.

Although desmoid tumors can arise at any body site, the desmoids in Gardner's syndrome usually arise in the

abdomen and are a major cause of morbidity and mortality in patients who undergone prophylactic colonic surgery [1, 2]. Desmoids account for 10–14 % of deaths of Gardner's syndrome patients due to intestinal obstruction or perforation, making it the second leading cause of death after colorectal carcinoma [3, 4]. Complete surgical removal remains the optimal treatment for extra-abdominal and abdominal-wall desmoids but is not recommended for mesenteric desmoids because of the high risk of recurrence and the difficulties involved in the operation [5]. Besides, surgical excision of intra-abdominal desmoids is hazardous, with a perioperative mortality rate of 10 to 60 % and can lead to further tumor progression [6, 7]. Nonoperative therapies include antiestrogen, nonsteroidal anti-inflammatory drugs, chemotherapy, and targeted therapy. Here, we evaluate the efficacy of a combination therapy of doxorubicin (DOX) plus dacarbazine (DTIC), and meloxicam,

\* Correspondence: zhou.yuhong@zs-hospital.sh.cn

<sup>1</sup>Department of Oncology, Zhongshan Hospital, Fudan University, Shanghai, China

Full list of author information is available at the end of the article



which was shown effective in patients with Gardner's syndrome not amenable to surgery [8–10].

## Case presentation

### Case 1

In 2009, a 35-year-old woman (patient 1) was diagnosed as FAP, inherited from her father, with numerous adenomatous polyps at the surface of colon. She did not suffer from osteomas of the skull, thyroid cancer, and epidermoid cysts. The patient received prophylactic colectomy. The patient presented with abdominal bloating and self-palpable left abdominal mass in September 2012 (Fig 1a). Laparotomy showed multiple lumps, with a maximum diameter of 12 cm, which adhered to the abdominal organs. The diagnosis of abdominal mass biopsy indicated desmoid tumors.

Multidisciplinary team (MDT) discussion indicated that the tumors were unresectable. On Oct 11th 2012, the patient was administrated with systemic chemotherapy: doxorubicin (20 mg/m<sup>2</sup> daily) plus DTIC (150 mg/m<sup>2</sup> daily) throughout 4 days of drip intravenous infusion every 28 days, followed by meloxicam (10 mg/m<sup>2</sup>). The abdominal bloating was relieved after 1 cycle of chemotherapy. At the end of the second cycle of chemotherapy, the patient felt abdominal pain and fever. X-ray imaging displayed a little shadow of free gas below the right diaphragm (Fig 1b). Blood test showed WBC 22.6 × 10<sup>9</sup>/L, N 89 %. The evidence indicated bowel perforation. Benefit from the tumor shrinkage, intestinal anastomosis and right lower abdominal colostomy were successfully performed. The patient was administrated with meloxicam (7.5 mg bid) after the operation. The lesion remains without tumor progression till now (Fig 1c, more than 40 months so far).

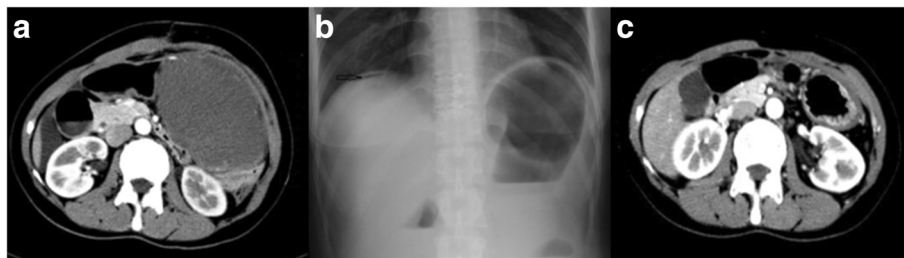
### Case 2

A 16-year-old man was found to have multiple polyps by colonoscopy and underwent left half colonic resection in the out court in 2004. He was absent of gastric and duodenal polyps, osteomas, and dermoid cysts. The patient underwent small bowel mesentery root palliative

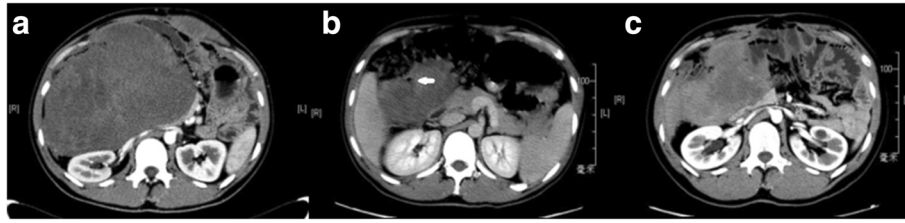
resection, partial ileal resection, and anastomosis plus marginal resection of associated desmoid tumors due to the progression of DT and occurrence of small bowel perforation in February 2014. The DT was enlarged further and led to progressive abdominal pain. The patient presented in our hospital with a great mass (maximum section 18 cm × 13 cm) in abdomen and a desmoid tumor on the left abdominal wall as evidenced by CT scan in April 2014 (Fig 2a). After MDT discussion, the patient was administrated with doxorubicin (20 mg/m<sup>2</sup> daily) plus DTIC (150 mg/m<sup>2</sup> daily) throughout 4 days of drip intravenous infusion every 28 days, followed by meloxicam (10 mg/m<sup>2</sup>) on May 24th 2014. After 3 cycles of chemotherapy, abdominal pain symptoms of the patient were disappeared. After 5 cycles of chemotherapy, the patient displayed abdominal pain and high fever with elevated amount of neutrophils. CT scan showed intestinal perforation which was not detected by the X-ray (Fig 2b) and the tumor regression (the maximum section of tumor 14 cm × 8 cm). The patient underwent tumor shrinkage, drainage of focal infection, and intestinal anastomosis. After operation, he was administrated with meloxicam (7.5 mg bid). The treatment is ongoing, and the lesion remains without tumor progression up to now (more than 26 months so far).

## Discussion

About 10 % of Gardner's syndrome patients develop mesenteric desmoids [11]. In contrast to sporadic DTs, the majority of tumors in patients with Gardner's syndrome present intra-abdominally. Surgery is the widely accepted first-line treatment for extra-abdominal and abdominal-wall desmoids but is not recommended for intra-abdominal desmoids given the operational difficulties and high risk of recurrence [12, 13]. American Society of Colon and Rectal Surgeons therefore advocate conservative management over initial resection for patients with Gardner's syndrome or with large slowly growing desmoids compromising the mesentery, vessels, or adjacent organs [14, 15]. Both our patients developed desmoid tumors after prophylactic colectomy of Gardner's



**Fig. 1** The progression of the intra-abdominal desmoid in patient 1. **a** CT scan before DOX/DTIC therapy showing a large mass in the abdomen in October 2012. **b** X-ray imaging displayed the shadow of free gas (as indicated by the arrow) below the right diaphragm. **c** Follow-up CT scan in February 2016



**Fig. 2** The progression of the intra-abdominal desmoid in patient 2. **a** CT scan before DOX/DTIC therapy showing a large mass in the abdomen and a desmoid tumor on the left abdominal wall. **b** CT scan of the same patient after DOX/DTIC therapy, showing tumor regression and perforation (as indicated by the *white arrow*, the gas was encapsulated by the tumor). **c** Follow-up CT scan in December 2015

syndrome and presented with abdominal symptoms caused by the compression of the huge mass, indicating a demand for clinical intervention.

Choosing optimal therapy for patients with Gardner's syndrome is difficult because the diagnosis is rare and no randomized and prospective trials for different treatment approaches are available. In addition, the evaluation of efficacy is problematic given that desmoids have a variable natural history, with some tumors showing spontaneous regression in the absence of treatment. Therefore, the treatment plans have to consider that the growth of DT can be highly variable with growing, stabilization, and even regression. Nonsteroidal anti-inflammatory drugs (NSAIDs) and antiestrogens may be used as first-line therapies for an unresectable tumor [16]. However, NSAIDs and hormone therapy have shown limited success in intra-abdominal desmoids [17, 18]. Cytotoxic chemotherapy is recently investigated for treating such cases. It has been reported that cytotoxic-chemotherapy benefits about 20 to 75 % of treated desmoid patients [19]. Several studies indicated the efficacy and safety of the chemotherapy regimen of doxorubicin and dacarbazine combination in treating patients with Gardner's syndrome-associated desmoid tumors [8, 9, 20, 21]. Gega combined DOX, DTIC, and meloxicam in the treatment of Gardner's syndrome-associated desmoids and achieved a great success with high rates of partial or complete response [8]. Adapted the regimen applied by Gega in our study, we observed the remission of symptom in patient 1 and significant tumor shrinkage (partial response) in patient 2, which supports the efficacy of this modality. Unexpectedly, bowel perforation happened in both patients during the treatment. Postoperative pathology analyses showed necrosis of the desmoids. To our knowledge, this is the first time to report such a drastic adverse event resulting from DOX-DTIC-meloxicam in the treatment of Gardner's syndrome-associated desmoids. It is likely due to the sensitivity to chemotherapy and acute necrosis of the desmoids as indicated by significant tumor regression. Fortunately, we were able to perform intestinal anastomosis in time by the support of MDT. Patients recovered well from the surgery and won the opportunity for further therapy.

Inhibited by chemotherapy, the fast growing tumor became amenable to palliative surgery and the residual tumor could be controlled by NSAIDs. Alternatively, we speculate that reduction of the dosage may eliminate the adverse effect of DOX-DTIC-meloxicam. In fact, Yamaoto employed low-dose DOX-DTIC therapy to three patients against intra-abdominal desmoids, which was a safe and effective regimen and permitted repeated administration cycles (50 mg/m<sup>2</sup> DOX and 600–700 mg/m<sup>2</sup> DTIC per cycle) up to 10–11 times [21].

## Conclusions

In conclusion, we reported two cases of unresectable intra-abdominal desmoid tumors associated with Gardner's syndrome. Our study provides further evidence of the remarkable efficacy of the DOX-DTIC regimen. However, the drastic regression of tumor upon DOX-DTIC treatment resulted in the perforation of implicated intestine. Even if there is no evidence of intestinal perforation in X-ray imaging during the management of intra-abdominal desmoids complicating Gardner's syndrome, oncologists should be aware of the possibility of perforation when the patients have high fever and abdominal pain. MDT discussion and team work may be helpful. The modality of DOX-DTIC-meloxicam requires further study on a clinical trial basis. We are also trying a sequential chemotherapeutic regimen of DTIC followed by doxorubicin plus NSAID. New results are expected in the near future.

## Abbreviations

DOX, doxorubicin; DTIC, dacarbazine; DTs, desmoid tumors; FAP, familial adenomatous polyposis; MDT, multidisciplinary team; NSAIDs, nonsteroidal anti-inflammatory drugs

## Acknowledgements

Not applicable.

## Funding

There is no funding support for this study.

## Availability of data and material

Materials described in the manuscript could be shared freely to any scientist wishing to use them, without breaching participant confidentiality.

**Authors' contributions**

YZ, WL, QL, HT, and WL treated the patient clinically. WL drafted the manuscript. YZ contributed to the critical revisions and intellectual content. All authors read and approved the final manuscript. The study was conducted without any funding support.

**Competing interests**

The authors declare that they have no competing interests.

**Consent for publication**

Written informed consent was obtained from the patients for publication of the Case report and any accompanying images. A copy of the written consent is available for review by the Editor-in-Chief of this journal.

**Ethics approval and consent to participate**

The report was approved by the relevant institutional review board or ethics committee of Zhongshan Hospital Fudan University. The approval number is B2012-022.

**Author details**

<sup>1</sup>Department of Oncology, Zhongshan Hospital, Fudan University, Shanghai, China. <sup>2</sup>Department of General Surgery, Zhongshan Hospital, Fudan University, Shanghai, China.

Received: 3 February 2016

Published online: 04 July 2016

**References**

- Bertario L, Russo A, Sala P, Varesco L, Giarola M, Mondini P, Pierotti M, Spinelli P, Radice P. Multiple approach to the exploration of genotype-phenotype correlations in familial adenomatous polyposis. *J Clin Oncol*. 2003;21:1698–707.
- Hartley JE, Church JM, Gupta S, McGannon E, Fazio VW. Significance of incidental desmoids identified during surgery for familial adenomatous polyposis. *Dis Colon Rectum*. 2004;47:334–40.
- Turina M, Pavlik CM, Heinemann K, Behrensmeier F, Simmen HP. Recurrent desmoids determine outcome in patients with Gardner syndrome: a cohort study of three generations of an APC mutation-positive family across 30 years. *Int J Colorectal Dis*. 2013;28:865–72.
- Gurbuz AK, Giardiello FM, Petersen GM, Krush AJ, Offerhaus GJ, Booker SV, Kerr MC, Hamilton SR. Desmoid tumours in familial adenomatous polyposis. *Gut*. 1994;35:377–81.
- Ballo MT, Zagars GK, Pollack A, Pisters PW, Pollack RA. Desmoid tumor: prognostic factors and outcome after surgery, radiation therapy, or combined surgery and radiation therapy. *J Clin Oncol*. 1999;17:158–67.
- Peng PD, Hyder O, Mavros MN, Turley R, Groeschl R, Firoozmand A, Lidsky M, Herman JM, Choti M, Ahuja N, Anders R, Blazer DG 3rd, Gamblin TC, Pawlik TM. Management and recurrence patterns of desmoids tumors: a multi-institutional analysis of 211 patients. *Ann Surg Oncol*. 2012;19:4036–42.
- Shapeero LG, De Visschere PJ, Verstraete KL, Poffyn B, Forsyth R, Sys G, Uyttendaele D. Post-treatment complications of soft tissue tumours. *Eur J Radiol*. 2009;69:209–21.
- Gega M, Yanagi H, Yoshikawa R, Noda M, Ikeuchi H, Tsukamoto K, Oshima T, Fujiwara Y, Gondo N, Tamura K, Utsunomiya J, Hashimoto-Tamaoki T, Yamamura T. Successful chemotherapeutic modality of doxorubicin plus dacarbazine for the treatment of desmoid tumors in association with familial adenomatous polyposis. *J Clin Oncol*. 2006;24:102–5.
- Lynch HT, Fitzgibbons R, Jr., Chong S, Cavaliere J, Lynch J, Wallace F, Patel S. Use of doxorubicin and dacarbazine for the management of unresectable intra-abdominal desmoid tumors in Gardner's syndrome. *Dis Colon Rectum*. 1994;37:260–7.
- Garbay D, Le Cesne A, Penel N, Chevreau C, Marec-Berard P, Blay JY, Debled M, Isambert N, Thyss A, Bompas E, Collard O, Salas S, Coindre JM, Bui B, Italiano A. Chemotherapy in patients with desmoid tumors: a study from the French Sarcoma Group (FSG). *Ann Oncol*. 2012;23:182–6.
- Escobar C, Munker R, Thomas JO, Li BD, Burton GV. Update on desmoid tumors. *Ann Oncol*. 2011;23:562–9.
- Clark SK, Neale KF, Landgrebe JC, Phillips RK. Desmoid tumours complicating familial adenomatous polyposis. *Br J Surg*. 1999;86:1185–9.
- Pinheiro LV, Fagundes JJ, Coy CS, Cabello C, Toro I, Michellino M, Fachina PH, Ward M, Leal RF, Ayrizono Mde L. Multiple desmoid tumors in a patient with Gardner's syndrome—report of a case. *Int J Surg Case Rep*. 2014;5:370–4.
- Fiore M, Rimareix F, Mariani L, Domont J, Collini P, Le Pechoux C, Casali PG, Le Cesne A, Gronchi A, Bonvalot S. Desmoid-type fibromatosis: a front-line conservative approach to select patients for surgical treatment. *Ann Surg Oncol*. 2009;16:2587–93.
- Seow-Choen F. The management of desmoids in patients with familial adenomatous polyposis (Gardner's syndrome). *Acta Chir Lugosl*. 2008;55:83–7.
- Hansmann A, Adolph C, Vogel T, Unger A, Moeslein G. High-dose tamoxifen and sulindac as first-line treatment for desmoid tumors. *Cancer*. 2004;100:612–20.
- Berk T, Cohen Z, McLeod RS, Stern HS. Management of mesenteric desmoid tumours in familial adenomatous polyposis. *Can J Surg*. 1992;35:393–5.
- Soravia C, Sugg SL, Berk T, Mitri A, Cheng H, Gallinger S, Cohen Z, Asa SL, Bapat BV. Familial adenomatous polyposis-associated thyroid cancer: a clinical, pathological, and molecular genetics study. *Am J Pathol*. 1999;154:127–35.
- Janinis J, Patriki M, Vini L, Aravantinos G, Whelan JS. The pharmacological treatment of aggressive fibromatosis: a systematic review. *Ann Oncol*. 2003;14:181–90.
- Ezumi K, Yamamoto H, Takemasa I, Nomura M, Ikeda M, Sekimoto M, Monden M. Dacarbazine-doxorubicin therapy ameliorated an extremely aggressive mesenteric desmoid tumor associated with familial adenomatous polyposis: report of a case. *Jpn J Clin Oncol*. 2008;38:222–6.
- Yamamoto H, Oshiro R, Nishimura J, Uemura M, Haraguchi N, Hata T, Takemasa I, Mizushima T, Sekimoto M, Doki Y, Mori M. Low-dose dacarbazine-doxorubicin therapy against intra-abdominal desmoid tumors. *Oncol Rep*. 2013;29:1751–5.

Submit your next manuscript to BioMed Central and we will help you at every step:

- We accept pre-submission inquiries
- Our selector tool helps you to find the most relevant journal
- We provide round the clock customer support
- Convenient online submission
- Thorough peer review
- Inclusion in PubMed and all major indexing services
- Maximum visibility for your research

Submit your manuscript at  
www.biomedcentral.com/submit

