

Review



# The Effects of Antibiotics for *Helicobacter pylori* Eradication or Dapsone on Chronic Spontaneous Urticaria: A Systematic Review and Meta-Analysis

Jun Watanabe 🔍, Junya Shimamoto and Kazuhiko Kotani \*

Division of Community and Family Medicine, Jichi Medical University, 3311-1 Yakushiji, Shimotsuke-City, Tochigi 329-0498, Japan; m06105jw@jichi.ac.jp (J.W.); junyashimamoto@gmail.com (J.S.) \* Correspondence: author: kazukotani@jichi.ac.jp; Tel.: +81-285-58-7394; Fax: +81-285-44-0628

Abstract: Background: Chronic spontaneous urticaria (CSU) is a disease with wheals and/or angioedema. Some drugs, especially antibiotics for Helicobacter pylori (H. pylori) eradication and the sulfone antibiotic dapsone, may be candidates for treating CSU. The present study assessed the efficacy of these antibiotic therapies for CSU. Methods: Databases (MEDLINE, the Cochrane Central Register of Controlled Trials, EMBASE, the World Health Organization International Clinical Trials Platform Search Portal and ClinicalTrials.gov) were searched until October 2020. Study selection, data abstraction and quality assessments were independently performed using the Grading of Recommendations Assessment, Development and Evaluation approach. The outcomes were the remission of CSU-related symptoms, activities and adverse events due to antibiotics for H. pylori eradication or dapsone. Results: Nine randomized controlled trials (RCTs; 361 patients) were included. The antibiotics for *H. pylori* eradication increased the remission rate (risk ratio (RR) = 3.99, 95% confidence interval (CI) = 1.31 to 12.14; I<sup>2</sup> = 0%), but dapsone did not (RR = 1.15, 95% CI = 0.74 to 1.78). Antibiotics for *H. pylori* eradication (standard mean difference (SMD) = 1.49, 95% CI = 0.80 to 2.18;  $I^2 = 69\%$ ) and dapsone (SMD = 7.00, 95% CI = 6.92 to 7.08;  $I^2 = 0$ %) improved symptoms. The evidence of certainty was moderate. Dapsone was associated with mild adverse events, whereas H. pylori eradication was not. Conclusion: Antibiotics, especially those for H. pylori eradication, improved the remission rate and symptoms of CSU with few adverse events. Further studies are needed.

Keywords: antibiotics; chronic urticaria; dapsone; Helicobacter pylori; systematic review

## 1. Introduction

Chronic spontaneous urticaria (CSU) is a condition characterized by the development of wheals, angioedema or both and pruritus during a period of six or more weeks [1]. Chronic urticaria affects about 0.5–1% of the general population worldwide, and CSU accounts for over two-thirds of chronic urticaria cases, with affliction persisting for 20 years after the onset in up to 20% of patients [1–3]. CSU is not only an adult disease but also affects the pediatric population [4]. CSU thus has a significant impact on an impaired quality of life [5].

Previous systematic reviews showed that antibiotics for the eradication of chronic infections, such as *Helicobacter pylori* (*H. pylori*) infection, suppressed symptoms of CSU [6–8]. The antibiotics themselves might be more influential on this effect than the eradication of *H. pylori* [8]. The antibiotics used mainly for *H. pylori* eradication, such as amoxicillin, clarithromycin and metronidazole, may thus be closely involved in the pathology of CSU [7–9].

Dapsone is a sulfone antibiotic that can be used for antihistamine-refractory CSU; however, thus far, this drug is not fully recommended [1,2]. With this background, the quality of its supporting evidence in the guidelines was based on just one randomized control trial (RCT) and two case reports [10–12]. Therefore, the present study assessed



Citation: Watanabe, J.; Shimamoto, J.; Kotani, K. The Effects of Antibiotics for *Helicobacter pylori* Eradication or Dapsone on Chronic Spontaneous Urticaria: A Systematic Review and Meta-Analysis. *Antibiotics* **2021**, *10*, 156. https://doi.org/10.3390/ antibiotics10020156

Academic Editor: Giulia Bernardini Received: 29 December 2020 Accepted: 1 February 2021 Published: 4 February 2021

**Publisher's Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). the efficacy of antibiotics for chronic infections in CSU patients, especially antibiotics for *H. pylori* eradication and the sulfone antibiotic dapsone.

## 2. Methods

This review protocol was registered in protocol.io (https://www.dx.doi.org/10.17504 /protocols.io.bq3qmymw, accessed on 4 February 2021), the Preferred Reporting Items for Systematic Review and Meta-Analyses (PRISMA) Statement [13].

## 2.1. Literature Search and Study Selection

Only RCTs were included in our assessment of the effects of oral antibiotics on CSU, irrespective of language, observation period, year of publication, publication and unpublished data. The inclusion criteria were patients with CSU, defined as recurrent attacks of hives daily or almost daily persisting for six or more weeks [1]. The patients over 16 years old were included as the dose of antibiotics used at age 16 is generally the same as that for adults [14]. Oral antibiotics included the *H. pylori* eradication regimen and the sulfone antibiotic dapsone with immunomodulatory agents. The comparators were the corresponding placebo or no placebo. The outcomes were remission rates, improvement of CSU symptoms and adverse events. Remission of urticaria symptoms was defined as no attacks of wheals or pruritus at the end of the follow-up period [1]. The improvement of urticaria symptoms was defined by the difference in the urticaria activity score (UAS), which is the sum of the hives score and itch severity score, between the baselines and the end of follow-up [1]. When the total score was unknown, the urticaria (hives) score was adopted.

The electronic databases were searched using the Cochrane Central Register of Controlled Trials (CENTRAL), MEDLINE via Ovid and EMBASE via PROQUEST (Appendix B). The clinical trial registrations were searched using the website of the World Health Organization International Clinical Trials Platform Search Portal (ICTRP) and ClinicalTrials.gov (Appendix B). The reference lists of guidelines were searched for articles related to urticaria [1–3]. The reference lists were also hand-searched from the included trials. The authors were contacted to obtain further data as necessary.

#### 2.2. Data Extraction and Quality Assessments

Two review authors (J.W. and J.S.) independently completed the construction of databases, article screening, study quality assessment and data extraction. Discrepancies were resolved by discussion with the third review author (K.K.). Data were extracted using a standardized data extraction form. Information collected included the characteristics (author, year, country, patient number, age, antibiotics, control, follow-up periods and eradication rate) and data (outcomes) from the included studies. The risk of bias was assessed using version 2 of the Cochrane risk-of-bias tool for randomized trials (RoB2) tool [15].

### 2.3. Data Synthesis and Analyses

Relative risks with 95% confidence intervals (CIs) were calculated for the remission rate. The standard mean differences (SMD) and 95% CIs were calculated for the improvement of CSU symptoms. All adverse events were summarized according to the definition of each study.

The statistical heterogeneity was first assessed by a visual inspection of the forest plot and using the I<sup>2</sup> statistic (I<sup>2</sup> values of 0% to 40%: may not be important; 30% to 60%: may represent moderate heterogeneity; 50% to 90%: may represent substantial heterogeneity; 75% to 100%; considerable heterogeneity) [15]. When heterogeneity was identified (I<sup>2</sup> statistic > 50%), possible sources of heterogeneity were explored using subgroup analyses. The publication bias was evaluated by searching the clinical trial registries, but the funnel plot asymmetry was not assessed because the number of studies in each meta-analysis was <10 according to the Cochrane handbook [15]. In studies of *H. pylori*  eradication, the subgroup analyses were *H. pylori* eradication rate:  $\geq$ 80% versus <80% [6]. The following sensitivity analyses were performed: (1) only the participants who completed the study with full data and (2) exclusion of studies with a high overall risk of bias.

Meta-analyses with a random-effects model were performed using the Review Manager software program (RevMan 5.4.1). The findings for the outcomes were summarized in a table based on the Cochrane handbook [15]. The quality of evidence was evaluated by the Grading of Recommendations Assessment, Development and Evaluation (GRADE) approach [16].

#### 3. Results

## 3.1. Study Selection

Figure 1 shows the selection process. After the initial screening of titles and abstracts with 1274 records until 4 October 2020, 14 records were identified. After the full-text screening, three studies were excluded because of participants having urticaria but not chronic urticaria [17], non-RCTs [18] and inappropriate controls [19]. A total of 10 RCTs (including one trial without publication (IRCT2016082114333N56 [20])) were detected for the qualitative synthesis. Ultimately, 9 trials with 361 participants were included in the quantitative synthesis because 1 trial did not report the remission rate or clinical improvement of urticarial-related symptoms in the control groups [21].

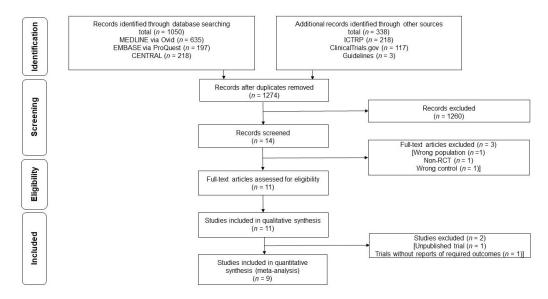


Figure 1. Flow diagram of the literature search results.

Table 1 summarizes the characteristics of the studies included in the quantitative synthesis [10,22–29]. Antibiotics were used in the *H. pylori* eradication regimen in six trials, while dapsones was used in three trials. The follow-up periods were within three months in five trials and beyond three months in four trials. Tables 2, A1 and A2 show the risk of bias. Overall, only one study had a high risk of bias due to deviations from intended interventions, missing outcome data and an unclear measurement of the outcomes.

Authors (Ref No.)	Year	Country	Subject No.	Age (Years)	Antibiotics (Months)	Control	Follow-Up (Months)	Eradication Rate (%)
Valsecchi [22]	1998	Italy	65	24-61	CMO (7)	No placebo	12	93.5
Schnyder [23]	1999	Switzerland	11	34-73	AL (14)	Placebo	2	20.0
Gaig [24]	2002	Spain	16	27-55	ACO (7)	Placebo	1.5	100
Magen [25]	2007	Israel	78	42.5 (6.8) *	ACO (14)	No placebo	4	86.7
Pawłowicz [26]	2018	Poland	64	42.8 (13.3) **	ACO (7)	Placebo/no placebo	6	91.7
El-hendawy [27]	2020	Egypt	27	30.9 (7.9)	ACO (14)	Placebo	2	85.7
Engin [10]	2007	Turkey	65	16-60	Dapsone	No Placebo	6	-
Rajan [28]	2010	United Kingdom	13	-	Dapsone	Placebo	4	-
Morgan [29]	2014	USA	22	25-64	Dapsone	Placebo	1.5	-

Table 1. Summary of the characteristics of the eligible studies.

A, amoxicillin; C, clarithromycin; L, lansoprazole; M, metronidazole; O, omeprazole. \* Age of the group with positive autologous serum skin test and <sup>13</sup>C-urea breath test findings. \*\* Age of all participants enrolled in the study.

<b>Table 2.</b> Quality scores for the eligible studies for remission rate.
---

Authors (Ref No.)	from the Den		Bias due to Missing Outcome Data	Bias in Measurement of the Outcome	Bias in Selection of the Reported Results	Overall Risk of Bias
Valsecchi [22]	Some concerns	High	High	High	Some concerns	High
Schnyder [23]	Some concerns	Low	Low	Low	Some concerns	Some concerns
Gaig [24]	Some concerns	Low	Low	Low	Some concerns	Some concerns
Elhendawy [27]	Low	Low	Low	Low	Some concerns	Some concerns
Engin [10]	Low	Some concerns	Low	Some concerns	Some concerns	Some concerns

# 3.2. Outcomes

Table 3 shows the summary of findings, which include an overall grading of the evidence related to each of the outcomes using the GRADE approach [16].

# Table 3. Summary of findings.

			atient or Populatio g: Chronic Spontar Intervention: Ant Comparison: Co	neous Urticaria ibiotics		
0.1		osolute Effects * 5 CI)	Relative Effect	Patient Number	Certainty of the Evidence	
Outcomes	Risk with Control	Risk with Antibiotics	(95% CI)	(Studies)	(GRADE)	Comments
Remission rate	178 per 1000	421 per 1000 (153 to 1000)	RR = 2.37 (0.86 to 6.51)	222 (5 RCTs)	Moderate <sup>a</sup>	The <i>H. pylori</i> eradicatic regimen likely increase the remission rate of chronic urticaria, but n dapsone.

			14010 0. 00									
	The Efficacy and Safety of Antibiotics for Chronic Spontaneous Urticaria											
			atient or Populatio g: Chronic Sponta Intervention: An Comparison: C	neous Urticaria tibiotics								
	1	bsolute Effects * % CI)	Relative Effect	Patient Number	Certainty of							
Outcomes –	Risk with Control	Risk with Antibiotics	(95% CI)	(Studies)	the Evidence (GRADE)	Comments						
Clinical improvement	-	SMD 3.59 SD higher (0.16 to 7.03)	-	229 (4 RCTs)	Moderate <sup>a</sup>	Antibiotics ( <i>H. pylori</i> eradication regimen and dapsone) likely increased the improvement of chronic urticaria.						
Adverse events	0% in a study	of <i>H. pylori</i> eradic studies of dapson		117 (5 RCTs)	Low <sup>a,b</sup>	Dapsone had mild adverse events, such as nausea, fatigue, and headache.						

CI, confidence interval; RR, risk ratio; SMD, standard mean difference. \* The risk in the intervention group (and its 95% CI) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI). GRADE Working Group grades of evidence: High certainty: We are very confident that the true effect lies close to that of the estimated effect. Moderate certainty: We are moderately confident in the estimated effect. The true effect is likely to be close to the estimated effect, but there is a possibility that it is substantially different. Low certainty: We have very little confidence in the estimated effect. The true effect is limited. The true effect may be substantially different from the estimated effect. Very low certainty: We have very little confidence in the estimated effect. The true effect is limited effect. The true effect is likely to be close to the small sample size. <sup>b</sup> Downgraded because of a high risk of bias because the assessment was likely influenced by knowledge of intervention.

#### 3.2.1. Remission Rate

Regarding the remission rate of CSU, four studies on *H. pylori* and one study on dapsone were identified [10,22–24,27]. The *H. pylori* eradication regimen increased the remission rate of CSU (RR = 3.99, 95% CI = 1.31 to 12.14;  $I^2 = 0\%$ ) (Figure 2) [22–24,27]. Dapsone resulted in little to no difference in the remission rate (RR = 1.15, 95% CI = 0.74 to 1.78) [8]. The evidence of certainty was moderate.

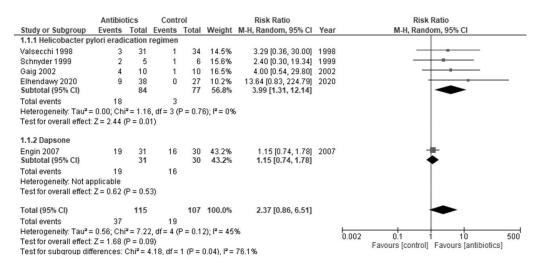


Figure 2. Forest plot of the remission rate.

## 3.2.2. Clinical Improvement

Regarding the improvement in CSU, two studies on *H. pylori* and two studies on dapsone were identified [10,25,26,29]. The *H. pylori* eradication regimen resulted in a slight increase in clinical improvement (SMD = 1.49, 95% CI = 0.80 to 2.18;  $I^2 = 69\%$ ) (Figure 3) [22,23]. Dapsone resulted in a large increase in clinical improvement (SMD = 7.00, 95% CI = 6.92 to 7.08;  $I^2 = 0\%$ ) [26,29]. Controls showed little to no effect on the clinical

Table 3. Cont.

improvement of CSU (SMD = 0.62, 95% CI = 0.31 to 0.93; I<sup>2</sup> = 0%) (Figure 4) [10,25,26,29]. The evidence of certainty was moderate.

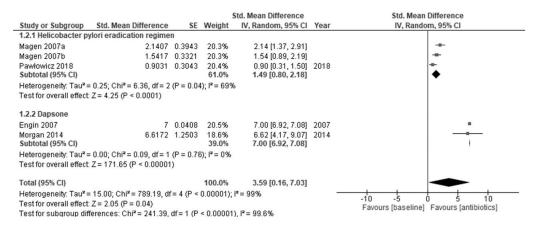


Figure 3. Forest plot of the clinical improvement in antibiotics.

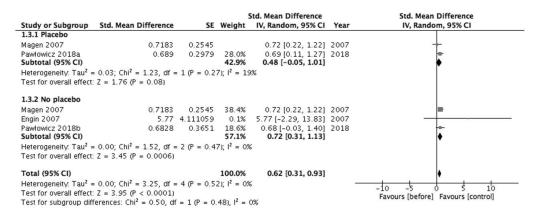


Figure 4. Forest plot of the clinical improvement in controls.

#### 3.2.3. Adverse Events

One study on *H. pylori* and three studies on dapsone were identified. One study on *H. pylori* and one study on dapsone reported no adverse events [10,13,28,29]. One study on dapsone reported that 3/38 (7.9%) patients in dapsone groups had drug-related symptoms (nausea in 2 patients and fatigue and headache in 1 patient), and 1/27 (3.7%) patients in control groups had gastrointestinal upset [10]. In another study on dapsone, 4/10 (40%) patients in dapsone groups had adverse events (nausea in 2 patients, vaginal candidiasis in 1 patient and mild neuropathy in 1 patient), and 3/12 (25%) patients in control groups had viral respiratory infections [29]. The evidence of certainty was low.

## 3.3. Additional Analyses

In the subgroup analysis of the *H. pylori* eradication rate, an *H. pylori* eradication rate  $\geq 80\%$  (RR = 4.89, 95% CI = 1.31 to 18.17; I<sup>2</sup> = 0%) increased the remission rate of CSU, but not an *H. pylori* eradication rate <80% (RR = 2.40, 95% = CI 0.30 to 19.34) (Figure A1). The prespecified sensitivity analyses were consistent with the primary findings (Figures A2 and A3).

## 4. Discussion

*H. pylori* infection is thought to have a potential trigger for CUS, and it is thus searched during the diagnostic work-up of CSU, even though the epidemiological/clinical evidence is not very strong, or at least inconsistent [30,31]. In the present systematic review and meta-analyses, antibiotic therapy for *H. pylori* eradication increased the remission rate and

induced improvement in CSU with few adverse events. Dapsone might not increase the remission rates and could improve CSU with mild adverse events. Given the results of RCTs only, both antibiotics were recognized to be useful for CSU.

There is an earlier review showing that antibiotics for *H. pylori* eradication suppressed CSU symptoms and improved remission with or without *H. pylori* eradication [8]. In our subgroup analysis, high eradication rates of *H. pylori* increased remission of CSU, while low eradication rates did not. Keeping such observations in mind, we consider several hypotheses concerning the mechanisms of the effect of antibiotics on CSU: (1) alleviation of inflammation, (2) favorable modulation of gut microbiota or (3) eradication of *H. pylori* itself (in CUS patients with *H. pylori* infection) [32]. First, CUS-related systemic inflammation is caused by activated mast cells and induced cytokines [33,34]. Some antibiotics, such as clarithromycin, attenuate proinflammatory cytokine production during the innate immune response by inhibiting Th2 cytokine secretion [35]. Second, the diversity of the microbiota, resulting in the reduction of systemic inflammation [40]. In addition, as *H. pylori* itself induced the release of histamine by mast cells, *H. pylori* eradication by antibiotics would have a favorable effect on the pathophysiology of CSU [41,42].

In the guidelines that included only one RCT in Europe, dapsone had little evidence on CSU [1,2]. The present review included three RCTs, suggesting that dapsone might not increase the remission rates but did improve the symptoms. The significant improvement in the symptoms by dapsone is important because patients with CSU have an impaired quality of life due to their symptoms [43]. The mechanism underlying the effects of dapsone on CSU remains unclear, but dapsone cannot affect *H. pylori*. The various antiinflammatory effects of dapsone seem to be involved; namely, dapsone prevents the production of 5-lipoxygenase products in neutrophils, downregulates leukotrienes and inhibits prostaglandin and leukotriene activities [44–48].

Our present finding that adverse events may be more likely to occur with dapsone than with *H. pylori* eradication should be interpreted with caution. In our review, only one of the six studies concerning *H. pylori* eradication reported adverse events, while all three studies concerning dapsone reported these data. In previous systematic reviews, antibiotic therapy for *H. pylori* eradication increased the rate of mild adverse events, such as gastrointestinal symptoms, compared to no eradication therapy [49,50]. Furthermore, dapsone has been safely used in the long term as a treatment for leprosy. However, patients using dapsone require regular examinations, as this agent causes some rare but major adverse events, such as met-hemoglobinemia, hemolysis, agranulocytosis and peripheral neuropathy with primarily motor function loss [43].

The present review has strengths compared to the previous systematic reviews [6–8]. First, a rigorous methodology was adopted according to the PRISMA statement [13], including a comprehensive search and duplicate assessments for evidence. Second, the GRADE approach was used to assess the certainty of the evidence [16]. Although the certainty was very low in a previous systematic review [6], the present review showed moderate evidence and provided a practical estimate of the effects of antibiotics for CUS. The present review had several limitations. First, this review included only antibiotics for *H. pylori* eradication and dapsone. Although previous studies have largely focused on antibiotics of *H. pylori* itself and inflammation, further studies focusing on three mechanisms, including gut microbiota, are needed. As candidates of other antibiotics, tetracycline used in bismuth quadruple therapy has a high eradication rate of *H. pylori* and improves urticaria [17,51]. Second, all studies included in this review had a small sample size. Further large-scale studies are needed to increase the certainty and generalizability of the evidence.

## 5. Conclusions

In conclusion, the present systematic review and meta-analysis showed that antibiotic therapies, especially those for *H. pylori* eradication, improved the remission rates and symptoms of CSU with few adverse events. These findings provide relevant information

that physicians can use antibiotics for CSU. Further studies are warranted to assess the efficacy and safety of antibiotics on CSU.

Author Contributions: Conceptualization, J.W. and K.K.; methodology, J.W. and K.K; software, J.W.; validation, J.W., J.S. and K.K; formal analysis, J.W. and K.K.; investigation, J.W., J.S. and K.K; resources, N/A; data curation, J.W., J.S. and K.K.; writing—original draft preparation, J.W.; writing, review and editing, J.W., J.S. and K.K; visualization, J.W.; supervision, K.K.; project administration, J.W. and K.K; funding acquisition, N/A. All authors have read and agreed to the published version of the manuscript.

Funding: This research received no external funding.

Conflicts of Interest: The authors declare no conflict of interests.

# Abbreviations

CI = confidence interval, CSU = chronic spontaneous urticaria, *H. pylori* = *Helicobacter pylori*, RCT = randomized controlled trials, RR = risk ratio, SMD = standard mean difference.

# Appendix A

	Antibio	tics	Contr	ol		Risk Ratio		Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI	Year	M-H, Random, 95% CI
1.1.1 Helicobacter py	/lori eradi	cation	rate ≥ 80	%				
Valsecchi 1998	3	31	1	34	25.3%	3.29 [0.36, 30.00]	1998	
Gaig 2002	4	10	1	10	30.6%	4.00 [0.54, 29.80]	2002	
Elhendawy 2020 Subtotal (95% CI)	9	38 79	0	27 71	15.7% 71.6%	13.64 [0.83, 224.79] 4.89 [1.31, 18.17]	2020	
Total events	16		2					
Heterogeneity: Tau <sup>=</sup> = Test for overall effect:				° = 0.6	8); I² = 09	6		
1.1.2 Helicobacter py	/lori eradi	cation	rate < 80	%				
Schnyder 1999 Subtotal (95% Cl)	2	5 5	1	6 6	28.4% 28.4%	2.40 [0.30, 19.34] 2.40 [0.30, 19.34]	1999	
Total events	2		1					
Heterogeneity: Not ap	plicable							
Test for overall effect:	Z = 0.82 (	P = 0.4	1)					
Total (95% CI)		84		77	100.0%	3.99 [1.31, 12.14]		-
Total events	18		3					
Heterogeneity: Tau <sup>2</sup> =	: 0.00; Chi	<sup>2</sup> = 1.16	6, df = 3 (F	P = 0.7	6); l <sup>2</sup> = 09	5	F	.002 0.1 1 10 500
Test for overall effect:	Z=2.44 (	P = 0.0	1)				្រ	Favours (control) Favours (antibiotics)
Test for subgroup diff	ferences:	Chi <sup>z</sup> = 0	0.32, df =	1 (P =	0.57), F=	0%		r avours [control] - r avours [anubioucs]

Figure A1. Forest plot of the remission rate with *H. pylori* eradication rate: ≥80% versus <80%.

	Antibio	otics	Cont	rol		<b>Risk Ratio</b>		Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI	Year	M-H, Random, 95% CI
1.2.1 Helicobacter py	lori erad	ication	regimer	1				
Valsecchi 1998	3	31	1	34	36.4%	3.29 [0.36, 30.00]	1998	
Schnyder 1999	2	5	1	6	40.9%	2.40 [0.30, 19.34]	1999	
Elhendawy 2020 Subtotal (95% CI)	9	38 74	0	27 67	22.7% 100.0%	13.64 [0.83, 224.79] 3.99 [1.05, 15.16]	2020	•
Total events Heterogeneity: Tau <sup>2</sup> = Test for overall effect:				2 (P =	0.55); I <sup>2</sup>	= 0%		
Total (95% CI)		74		67	100.0%	3.99 [1.05, 15.16]		-
Total events Heterogeneity: Tau <sup>2</sup> = Test for overall effect: Test for subgroup diff	Z = 2.03	(P = 0	.04)	2 (P =	0.55); l <sup>2</sup>	= 0%	0.0	02 0.1 1 10 500 Favours [control] Favours [antibiotics]

**Figure A2.** Forest plot of the remission rate including only studies of the participants who completed the study with full data.

	Antibio	Antibiotics Control			Risk Ratio		Risk Ratio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI	Year	M-H, Random, 95% CI
1.3.1 Helicobacter py	lori erad	ication	regimer	1				
Schnyder 1999	2	5	1	б	38.0%	2.40 [0.30, 19.34]	1999	
Gaig 2002	4	10	1	10	41.0%	4.00 [0.54, 29.80]	2002	
Elhendawy 2020 Subtotal (95% CI)	9	38 53	0	27 <b>43</b>	21.1% 100.0%	13.64 [0.83, 224.79] 4.27 [1.18, 15.43]	2020	
Total events Heterogeneity: Tau <sup>2</sup> - Test for overall effect:				2 (P =	0.56); l <sup>2</sup>	- 0%		
Total (95% CI)		53		43	100.0%	4.27 [1.18, 15.43]		-
Total events Heterogeneity: Tau <sup>2</sup> = Test for overall effect: Test for subgroup diff	Z = 2.21	l (P = 0	.03)	2 (P =	0.56); l <sup>2</sup> -	= 0%	0.00	02 0.1 1 10 500 Favours [control] Favours [antibiotics]

Figure A3. Forest plot of the remission rate excluding studies with a high overall risk of bias.

Table A1. Quality scores for	or the eligibility studies for	clinical improvement.
------------------------------	--------------------------------	-----------------------

Authors. (Ref No.)	Bias Arising from the Ran- domization Process	Bias due to Deviations from Intended Interventions	Bias due to Missing Outcome Data	Bias in Measurement of the Outcome	Bias in Selection of the Reported Results	Overall Risk of Bias
Magen [25] Pawłowicz [26]	Some concerns Some concerns	Low Low	Low Low	Some concerns	Some concerns Some concerns	Some concerns Some concerns
Engin [10] Morgan [29]	Some concerns Low	Low Low Low	Low Low Low	Some concerns Low	Some concerns Some concerns	Some concerns Some concerns

Table A2. Quality scores for the eligibility studies for adverse events.

			<b>Risk of Bias 2 Tool Assessment</b>							
Authors (Ref No.)	Bias Arising from the Ran- domization Process	Bias due to Deviations from Intended Interventions	Bias due to Missing Outcome Data	Bias in Measurement of the Outcome	Bias in Selection of the Reported Results	Overall Risk of Bias				
Gaig [24] Engin [10] Rajan [28]	Some concerns Some concerns Some concerns	Low Low Low	Low Low High	Low High High	Some concerns Some concerns Some concerns	Some concerns High High				
Morgan [29]	Low	Low	Low	Low	Some concerns	Some concerns				

# Appendix B

Search strategy of the electronic databases *CENTRAL search strategy* 

- 1. MeSH descriptor: [Urticaria] explode all trees
- 2. urticaria:ti,ab,kw (Word variations have been searched)
- 3. hives:ti,ab,kw (Word variations have been searched)
- 4. 1. OR 2. OR 3.
- 5. MeSH descriptor:[Anti-Bacterial Agents]explode all tree
- 6. 6 (antibiotic\* or antibacteri\* or anti\* bacter\* or bacteriocid\* or bactericid\* or anti\*microbial or ciprofloxacin or metronidazole or levamisole or ornidazole or fusidin or rifaximin or vancomycin or fusidic acid or nitazoxanide or teicoplanin or rifampicin or bacitracin or fidaxomicin or amoxicillin or azithromycin or cephalosporin\* or cephalexin or clarithromycin or clindamycin or doxycycline or erythromycin or fluoroquinolone\* or levofloxacin or macrolide\* or nitrofurantoin or penicillin or tetracycline or trimethoprim or dapsone):ti,ab,kw (Word variations have been searched)
- 7. 5. OR 6
- 8. MeSH descriptor: [Helicobacter] explode all trees
- 9. MeSH descriptor: [Helicobacter Infections] explode all trees
- 10. MeSH descriptor: [Helicobacter pylori] explode all trees
- 11. 11 (helicobacter or pylori or pyloridis or Campylobacter):ti,ab,kw (Word variations have been searched)
- 12. 8. OR 9. OR 10. OR 11.
- 13. 137. OR 12.
- 14. 4. AND 13.

# MEDLINE (via Ovid) search strategy

- 1. exp Urticaria/
- 2. urticaria.tw.
- 3. hives.tw.
- 4. or/1–3
- 5. exp Anti-bacterial Agents/
- 6. (antibiotic\$ or antibacteri\$ or anti\$bacter\$ or bacteriocid\$ or bactericid\$ or anti\$microbial or ciprofloxacin or metronidazole or levamisole or ornidazole or fusidin or rifaximin or vancomycin or fusidic acid or nitazoxanide or teicoplanin or rifampicin or bacitracin or fidaxomicin or amoxicillin or azithromycin or cephalosporin\$ or cephalexin or clarithromycin or clindamycin or doxycycline or erythromycin or fluoroquinolone\$ or levofloxacin or macrolide\$ or nitrofurantoin or penicillin or tetracycline or trimethoprim or dapsone).tw.
- 7. or/5–6
- 8. exp Helicobacter pylori/ or exp Helicobacter/ or exp Helicobacter infection/
- 9. (pylori or pyloridis or HP).tw.
- 10. (helicobacter or Campylobacter).tw.
- 11. or/8–10
- 12. 7 or 11
- 13. 4 and 12
- 14. ((randomized controlled trial or controlled clinical trial).pt. or randomized.ab. or randomised.ab. or placebo.ab. or drug therapy.fs. or randomly.ab. or trial.ab. or groups.ab.) not (exp animals/ not humans.sh.)
- 15. 13 and 14

# EMBASE (via PROQUEST) search strategy

- S1. EMB.EXACT.EXPLODE("chronic urticaria")
- S2. (ab(urticaria) OR ti(urticaria))
- S3. (ab(hives) OR ti(hives))
- S4. S1 OR S2 OR S3

- S5. EMB.EXACT.EXPLODE("antibiotic agent")
- S6. (ab(antibiotic) OR ti(antibiotic) OR ab(antibiotics) OR ti(antibiotics))
- S7. (ab(antibacterial) OR ti(antibacterial) OR ab(anti bacteral) OR ti(anti bacteral))
  - S8. (ab(bacteriocidal) OR ti(bacteriocidal) OR ab(bactericidal) OR ti(bactericidal) OR ab(anti microbial) OR ti(anti microbial))
  - S9. (ab(ciprofloxacin) OR ti(ciprofloxacin) OR ab(metronidazole) OR ti(metronidazole) OR ab(levamisole) OR ti(levamisole) OR ab(ornidazole) OR ti(ornidazole) OR ab(fusidin) OR ti(fusidin) OR ab(rifaximin) OR ti(rifaximin) OR ab(vancomycin) OR ti(vancomycin) OR ti(vancomycin) OR ab(fusidic acid) OR ti(fusidic acid) OR ab(nitazoxanide) OR ti(nitazoxanide) OR ab(teicoplanin) OR ti(teicoplanin) OR ab(rifampicin) OR ti(rifampicin) OR ti(nitazoxanide) OR ti(bacitracin) OR ab(fidaxomicin) OR ti(fidaxomicin) OR ab(cephalosporin) OR ti(amoxicillin) OR ab(cephalosporin) OR ti(azithromycin) OR ti(cephalosporin) OR ab(cephalexin) OR ti(cephalosporin) OR ab(carithromycin) OR ti(carithromycin) OR ab(cephalexin) OR ti(cindamycin) OR ab(coxycycline) OR ti(doxycycline) OR ab(erythromycin) OR ti(erythromycin) OR ab(flouroq uinolone) OR ti(flouroquinolone) OR ab(levofloxacin) OR ti(levofloxacin) OR ti(macrolide) OR ti(macrolide) OR ab(nitrofurantoin) OR ti(nitrofurantoin) OR ab(penicillin) OR ti(penicill in) OR ab(tetracycline) OR ti(tetracycline) OR ab(tetracycline) OR ti(dapsone))
- S10. S5 OR S6 OR S7 OR S8 OR S9
- S11. EMB.EXACT.EXPLODE("Helicobacter pylori")
- S12. EMB.EXACT.EXPLODE("Helicobacter")
- S13. EMB.EXACT.EXPLODE("Helicobacter infection")
- S14. (ab(pylori or pyloridis or HP) OR ti(pylori or pyloridis or HP))
- S15. (ab(helicobacter or Campylobacter) OR ti(helicobacter or Campylobacter))
- S16. S11 OR S12 OR S13 OR S14 OR S15
- S17. S10 OR S16
- S18. S4 AND S17
- \$19. (ab(random\*) OR ti(random\*)) OR (ab(placebo\*) OR ti(placebo\*)) OR (ab(double NEAR/1 blind\*)) OR ti(double NEAR/1 blind\*))
- S20. S18 AND S19

*ClinicalTrials.gov. search strategy* Condition or disease: chronic urticaria *ICTRP search strategy* chronic urticaria

# References

- Leech, S.; Grattan, C.; Lloyd, K.; Deacock, S.; Williams, L.; Langford, A.; Warner, J. The RCPCH care pathway for children with Urticaria, Angio-oedema or Mastocytosis: An evidence and consensus based national approach. *Arch. Dis. Child.* 2011, 96, i34–i37. [CrossRef]
- 2. Powell, R.J.; Leech, S.C.; Till, S.; Huber, P.A.J.; Nasser, S.M.; Clark, A. BSACI guideline for the management of chronic urticaria and angioedema. *Clin. Exp. Allergy* **2015**, *45*, 547–565. [CrossRef] [PubMed]
- Zuberbier, T.; Aberer, W.; Asero, R.; Abdul Latiff, A.H.; Baker, D.; Ballmer-Weber, B.; Bernstein, J.A.; Bindslev-Jensen, C.; Brzoza, Z.; Buense Bedrikow, R.; et al. The EAACI/GA<sup>2</sup>LEN/EDF/WAO guideline for the definition, classification, diagnosis and management of urticaria. *Allergy* 2018, *73*, 1393–1414. [CrossRef] [PubMed]
- 4. Poddighe, D. The prevalence of chronic spontaneous urticaria (CSU) in the pediatric population. *J. Am. Acad. Dermatol.* **2019**, *81*, e149. [CrossRef] [PubMed]
- 5. Mustafa, S.S.; Sánchez-Borges, M. Chronic Urticaria: Comparisons of US, European, and Asian Guidelines. *Curr. Allergy Asthma Rep.* **2018**, *18*, 36. [CrossRef] [PubMed]
- 6. Shakouri, A.; Compalati, E.; Lang, D.M.; A Khan, D. Effectiveness of Helicobacter pylori eradication in chronic urticaria: Evidencebased analysis using the Grading of Recommendations Assessment, Development, and Evaluation system. *Curr. Opin. Allergy Clin. Immunol.* **2010**, *10*, 362–369. [CrossRef]
- Cornillier, H.; Giraudeau, B.; Munck, S.; Hacard, F.; Jonville-Bera, A.-P.; D'Acremont, G.; Pham, B.-N.; Maruani, A. Chronic spontaneous urticaria in children—A systematic review on interventions and comorbidities. *Pediatr. Allergy Immunol.* 2018, 29, 303–310. [CrossRef]

- Kim, H.J.; Kim, Y.-J.; Lee, H.J.; Hong, J.Y.; Park, A.Y.; Chung, E.H.; Lee, S.Y.; Lee, J.S.; Park, Y.L.; Lee, S.H.; et al. Systematic review and meta-analysis: Effect of Helicobacter pylori eradication on chronic spontaneous urticaria. *Helicobacter* 2019, 24, e12661. [CrossRef]
- Akashi, R.; Ishiguro, N.; Shimizu, S.; Kawashima, M. Clinical study of the relationship between Helicobacter pylori and chronic urticaria and prurigo chronica multiformis: Effectiveness of eradication therapy for Helicobacter pylori. *J. Dermatol.* 2010, 38, 761–766. [CrossRef]
- 10. Engin, B.; Özdemir, M. Prospective randomized non-blinded clinical trial on the use of dapsone plus antihistamine vs. antihistamine in patients with chronic idiopathic urticaria. *J. Eur. Acad. Dermatol. Venereol.* **2008**, 22, 481–486. [CrossRef]
- 11. González, P.; Soriano, V.; Caballero, T.; Niveiro, E. Idiopatic angioedema treated with dapsone. *Allergol. Immunopathol.* **2005**, *33*, 54–56. [CrossRef] [PubMed]
- 12. Eiser, A.R.; Singh, P.; Shanies, H.M. Sustained dapsone-induced remission of hypocomplementemic urticarial vasculitis—A case report. *Angiology* **1997**, *48*, 1019–1022. [CrossRef]
- Liberati, A.; Altman, D.G.; Tetzlaff, J.; Mulrow, C.D.; Gøtzsche, P.C.; Ioannidis, J.P.A.; Clarke, M.; Devereaux, P.J.; Kleijnen, J.; Moher, D. The PRISMA Statement for Reporting Systematic Reviews and Meta-Analyses of Studies That Evaluate Health Care Interventions: Explanation and Elaboration. *PLoS Med.* 2009, 6, e1000100. [CrossRef]
- 14. Kimko, H.H.C.; Thyssen, A.; Mould, D.R.; Mannaert, E.; Treem, W.R. Helicobacter pyloritreatment in children: Defining a dose for rabeprazole as a part of a triple therapy regimen. *J. Clin. Pharmacol.* **2015**, *55*, 592–600. [CrossRef]
- Cumpston, M.; Li, T.; Page, M.J.; Chandler, J.; A Welch, V.; Higgins, J.P.; Thomas, J. Updated guidance for trusted systematic reviews: A new edition of the Cochrane Handbook for Systematic Reviews of Interventions. *Cochrane Database Syst. Rev.* 2019, 10, ED000142. [CrossRef]
- Guyatt, G.; Oxman, A.D.; Akl, E.A.; Kunz, R.; Vist, G.; Brozek, J.; Norris, S.; Falck-Ytter, Y.; Glasziou, P.; Debeer, H. GRADE guidelines: 1. Introduction—GRADE evidence profiles and summary of findings tables. *J. Clin. Epidemiol.* 2011, 64, 383–394. [CrossRef]
- 17. Pasricha, J.S. Therapeutic Effect of Anti- Bacterial Agents in Urticaria. Indian J. Dermatol. Venereol. Leprol. 1979, 45, 344–347.
- Gorczyza, M.; Schoepke, N.; Krause, K.; Hawro, T.; Maurer, M. Patients with chronic cold urticaria may benefit from doxycycline therapy. *Br. J. Dermatol.* 2016, 176, 259–261. [CrossRef] [PubMed]
- Yang, X.-L.; Jia, Q.-L.; Liu, P.-H.; Jin, W.-J.; Zhou, Y.; Wang, L.-X.; Gao, X.-G. Efficacy observation on acupoint catgut embedding therapy combined medication for treatment of chronic urticaria induced by Helicobacter pylori infection. *Zhongguo Zhen Jiu Chin. Acupunct. Moxibustion* 2010, 30, 993–996.
- Feizollah, F. Study of the effect of medications used to treat Helicobacter pylori infection on quality of life in chronic idiopathic urticaria. 2016. Available online: https://en.irct.ir/trial/13988 (accessed on 23 December 2020).
- 21. Akelma, A.; Cizmeci, M.; Mete, E.; Tufan, N.; Bozkurt, B. A neglected cause for chronic spontaneous urticaria in children: Helicobacter pylori. *Allergol. Immunopathol.* **2015**, *43*, 259–263. [CrossRef] [PubMed]
- 22. Valsecchi, R.; Pigatto, P. Chronic urticaria and Helicobacter pylori. Acta Derm. Venereol. 1998, 78, 440-442.
- 23. Schnyder, B.; Helbling, A.; Pichler, W.J. Chronic Idiopathic Urticaria: Natural Course and Association with Helicobacter pylori Infection. *Int. Arch. Allergy Immunol.* **1999**, *119*, 60–63. [CrossRef]
- 24. Gaig, P.; García-Ortega, P.; Enrique, E.; Papo, M.; Quer, J.; Richard, C. Efficacy of the eradication of Helicobacter pylori infection in patients with chronic urticaria. A placebo-controlled double blind study. *Allergol. Immunopathol.* 2002, 30, 255–258. [CrossRef]
- 25. Magen, E.; Mishal, J.; Schlesinger, M.; Scharf, S. Eradication of Helicobacter pylori Infection Equally Improves Chronic Urticaria With Positive and Negative Autologous Serum Skin Test. *Helicobacter* **2007**, *12*, 567–571. [CrossRef] [PubMed]
- Pawłowicz, R.; Wytrychowski, K.; Panaszek, B. Eradication of Helicobacter pylori, as add-on therapy, has a significant, but temporary influence on recovery in chronic idiopathic urticaria: A placebo-controlled, double blind trial in the Polish population. *Adv. Dermatol. Allergol.* 2018, 35, 151–155. [CrossRef] [PubMed]
- 27. Elhendawy, M.; Hagras, M.M.; Soliman, S.S.; E Shaker, E.S. Positive Effect of Helicobacter pylori Treatment on Outcome of Patients With Chronic Spontaneous Urticaria. *Am. J. Clin. Pathol.* **2020**, 134. [CrossRef]
- 28. Rajan, N.; Darne, S.; Ah-Weng, A.; Carmichael, A. Dapsone as adjuvant treatment in chronic ordinary urticaria: Positive implications for quality of life. *Br. J. Dermatol.* 2010, 163, 49.
- 29. Morgan, M.; Cooke, A.; Rogers, L.; Adams-Huet, B.; Khan, D.A. Double-Blind Placebo-Controlled Trial of Dapsone in Antihistamine Refractory Chronic Idiopathic Urticaria. J. Allergy Clin. Immunol. Pr. 2014, 2, 601–606. [CrossRef]
- 30. De Amici, M.; Marseglia, G.L. Spontaneous (Autoimmune) Chronic Urticaria in Children: Current Evidences, Diagnostic Pitfalls and Therapeutic Management. *Recent Patents Inflamm. Allergy Drug Discov.* **2016**, *10*, 34–39. [CrossRef]
- Kohli, S.; Mahajan, V.K.; Rana, B.S.; Mehta, K.S.; Raina, R.K.; Chauhan, P.S.; Sharma, V.; Rawat, R. Clinicoepidemiologic Features of Chronic Urticaria in Patients with versus without Subclinical Helicobacter pylori Infection: A Cross-Sectional Study of 150 Patients. *Int. Arch. Allergy Immunol.* 2018, 175, 114–120. [CrossRef]
- 32. Bansal, C.J.; Bansal, A.S. Stress, pseudoallergens, autoimmunity, infection and inflammation in chronic spontaneous urticaria. *Allergy Asthma Clin. Immunol.* **2019**, *15*, 1–11. [CrossRef] [PubMed]
- Desai, A.; Jung, M.-Y.; Olivera, A.; Gilfillan, A.M.; Prussin, C.; Kirshenbaum, A.S.; Beaven, M.A.; Metcalfe, D.D. IL-6 promotes an increase in human mast cell numbers and reactivity through suppression of suppressor of cytokine signaling 3. *J. Allergy Clin. Immunol.* 2016, 137, 1863–1871.e6. [CrossRef] [PubMed]

- Varghese, R.; Rajappa, M.; Chandrashekar, L.; Kattimani, S.; Archana, M.; Munisamy, M.; Revathy, G.; Thappa, D.M. Association among stress, hypocortisolism, systemic inflammation, and disease severity in chronic urticaria. *Ann. Allergy Asthma Immunol.* 2016, 116, 344–348.e1. [CrossRef] [PubMed]
- Ivetić Tkalčević, V.; Čužić, S.; Kramarić, M.D.; Parnham, M.J.; Haber, V.E. Topical Azithromycin and Clarithromycin Inhibit Acute and Chronic Skin Inflammation in Sensitized Mice, with Apparent Selectivity for Th2-Mediated Processes in Delayed-Type Hypersensitivity. *Inflammation* 2011, 35, 192–205. [CrossRef] [PubMed]
- Salem, I.; Ramser, A.; Isham, N.; Ghannoum, M.A. The Gut Microbiome as a Major Regulator of the Gut-Skin Axis. *Front. Microbiol.* 2018, 9, 1459. [CrossRef]
- Zhao, Y.; Gao, X.; Guo, J.; Yu, D.; Xiao, Y.; Wang, H.; Li, Y. Helicobacter pyloriinfection alters gastric and tongue coating microbial communities. *Helicobacter* 2019, 24, e12567. [CrossRef]
- 38. Lu, T.; Chen, Y.; Guo, Y.; Sun, J.; Shen, W.; Yuan, M.; Zhang, S.; He, P.; Jiao, X. Altered Gut Microbiota Diversity and Composition in Chronic Urticaria. *Dis. Markers* 2019, 2019, 1–11. [CrossRef] [PubMed]
- Nabizadeh, E.; Jazani, N.H.; Bagheri, M.; Shahabi, S. Association of altered gut microbiota composition with chronic urticaria. Ann. Allergy Asthma Immunol. 2017, 119, 48–53. [CrossRef]
- 40. Rolig, A.S.; Cech, C.; Ahler, E.; Carter, J.E.; Ottemann, K.M. The Degree of Helicobacter pylori-Triggered Inflammation Is Manipulated by Preinfection Host Microbiota. *Infect. Immun.* **2013**, *81*, 1382–1389. [CrossRef]
- Tan, R.; Sun, H.; Zhang, W.; Yuan, H.; Li, B.; Yan, H.; Lan, C.; Yang, J.; Zhao, Z.; Wu, J. A 21-35 kDa Mixed Protein Component from Helicobacter pylori Activates Mast Cells Effectively in Chronic Spontaneous Urticaria. *Helicobacter* 2016, 21, 565–574. [CrossRef]
- 42. Hong, G.U.; Ro, J.Y.; Bae, Y.; Kwon, I.-H.; Park, G.-H.; Choi, Y.H.; Choi, J.-H. Association of TG2 from mast cells and chronic spontaneous urticaria pathogenesis. *Ann. Allergy Asthma Immunol.* **2016**, *117*, 290–297. [CrossRef]
- 43. O'Donnell, B.F.; Lawlor, F.; Simpson, J.; Morgan, M.; Greaves, M.W. The impact of chronic urticaria on the quality of life. *Br. J. Dermatol.* **1997**, *136*, 197–201. [CrossRef]
- 44. Wozel, G.; Blasum, C. Dapsone in dermatology and beyond. Arch. Dermatol. Res. 2014, 306, 103–124. [CrossRef]
- 45. Wozel, G.; Blasum, C.; Winter, C.; Gerlach, B. Dapsone hydroxylamine inhibits the LTB<sub>4</sub>-induced chemotaxis of polymorphonuclear leukocytes into human skin: Results of a pilot study. *Inflamm. Res.* **1997**, *46*, 420–422. [CrossRef]
- 46. Wozel, G.; Lehmann, B. Dapsone Inhibits the Generation of 5-Lipoxygenase Products in Human Polymorphonuclear Leukocytes. *Ski. Pharmacol. Physiol.* **1995**, *8*, 196–202. [CrossRef] [PubMed]
- 47. A Booth, S.; E Moody, C.; Dahl, M.V.; Herron, M.J.; Nelson, R.D. Dapsone Suppresses Integrin-Mediated Neutrophil Adherence Function. *J. Investig. Dermatol.* **1992**, *98*, 135–140. [CrossRef] [PubMed]
- 48. Bonney, R.J.; Wightman, P.D.; Dahlgren, M.E.; Sadowski, S.J.; Davies, P.; Jensen, N.; Lanza, T.; Humes, J.L. Inhibition of the release of prostaglandins, leukotrienes and lysosomal acid hydrolases from macrophages by selective inhibitors of lecithin biosynthesis. *Biochem. Pharmacol.* **1983**, *32*, 361–366. [CrossRef]
- 49. Du, L.J.; Chen, B.R.; Kim, J.J.; Kim, S.; Shen, J.H.; Dai, N. Helicobacter pylori eradication therapy for functional dyspepsia: Systematic review and meta-analysis. *World J. Gastroenterol.* **2016**, *22*, 3486–3495. [CrossRef] [PubMed]
- Chen, M.-J.; Chen, C.-C.; Chen, Y.-N.; Chen, C.-C.; Fang, Y.-J.; Lin, J.-T.; Wu, M.-S.; Liou, J.-M.; For the Taiwan Gastrointestinal Disease and Helicobacter Consortium. Systematic Review with Meta-Analysis: Concomitant Therapy vs. Triple Therapy for the First-Line Treatment of Helicobacter pylori Infection. *Am. J. Gastroenterol.* 2018, *113*, 1444–1457. [CrossRef]
- 51. Liou, J.-M.; Chen, C.-C.; Chang, C.-M.; Fang, Y.-J.; Bair, M.-J.; Chen, P.-Y.; Chang, C.-Y.; Hsu, Y.-C.; Chen, M.-J.; Chen, C.-C.; et al. Long-term changes of gut microbiota, antibiotic resistance, and metabolic parameters after Helicobacter pylori eradication: A multicentre, open-label, randomised trial. *Lancet Infect. Dis.* 2019, *19*, 1109–1120. [CrossRef]