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# Conformational transitions of a neurotensin receptor 1–G<sub>i1</sub> protein complex

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# Summary

The neurotensin receptor 1 (NTSR1) is a G-protein-coupled receptor (GPCR) that engages multiple G-protein subtypes and is involved in regulation of blood pressure, body temperature, weight, and response to pain. Here we present 3-Å structures of the human NTSR1 in complex with the agonist JMV449 and the heterotrimeric G<sub>11</sub> protein in two conformations (C state and NC

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Author Contributions

H.E.K. started the project, performed the molecular cloning, expressed and purified proteins, prepared the NTSR1-Gi1 complexes, refined the structure from cryo-EM density maps, performed FSEC-TS and Glo assays, and analyzed GPCR-G-protein interactions with R.F. Y.Z. obtained cryo-EM images with the help of H.H. and processed cryo-EM data to generate 3D maps. C.-M.S. and N.R.L. performed and analyzed the molecular dynamics simulations under the supervision of R.O.D. R.F. performed in silico analysis of GPCR-G-protein complexes. A.I. and F.M.N.K. performed Nano-BiT G-protein dissociation assay under supervision of J.A. K.K. helped with G-protein and scFv16 purification. D.H. provided critical input on structural analysis. W.H. contributed to the early stage of the project, including HEK cell transfection. H.E.K. prepared the initial manuscript and H.E.K., G.S., and B.K.K. wrote the paper with input from all the authors.

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state). While the C-state complex is similar to recently reported GPCR- $G_{i/o}$  complexes, with the nucleotide-binding pocket adopting more flexible conformations that may facilitate nucleotide exchange, the G protein in the NC state is rotated by ~45 degrees relative to the receptor and exhibits a more rigid nucleotide-binding pocket. NTSR1 in the NC state exhibits features of both active and inactive conformations, suggesting that the structure may represent an intermediate along the G-protein-activation pathway. This structural information, complemented by molecular dynamics simulations and functional studies, provides insights into the complex process of G-protein activation.

Neurotensin (NTS) is a 13-amino-acid peptide (ELYENKPRRPYIL)<sup>1</sup>working as a neurotransmitter/neuromodulator in the brain and as a hormone in the peripheral organs, mainly in the gastrointestinal tract<sup>2</sup>. NTS regulates a wide range of physiological processes and is associated with the pathogenesis of diverse conditions, including hypotension, hypothermia, obesity, analgesia, drug addiction, cancer cell growth, Parkinson's disease and schizophrenia<sup>3-6</sup>. Three different neurotensin receptors (NTSRs) have been cloned so far<sup>7-10</sup>, with most of the biological effects of NTS mediated through neurotensin receptor 1 (NTSR1)<sup>11</sup>. NTSR1 is a promiscuous G-protein coupled receptor (GPCR); it preferentially couples to  $G_q$  but also to all other  $G_\alpha$  subtypes, including  $G_s$ ,  $G_{i/o}$ , and  $G_{12/13}^{12}$ . Several rat NTSR1 (rNTSR1) structures with agonist peptide NTS<sub>8-13</sub> (RRPYIL) have been determined, enhancing our understanding of agonist binding<sup>13-16</sup>. Here, we employed crvoelectron microscopy (cryo-EM) to obtain the structure of human NTSR1 (hNTSR1) in complex with the agonist peptide JMV449 (K-psi(CH<sub>2</sub>NH)-KPYIL) and the heterotrimeric protein G<sub>11</sub>. Unexpectedly, the cryo-EM analysis revealed two distinct conformations of the NTSR1-G<sub>11</sub> complex, termed C state (canonical state) and NC state (non-canonical state). Our studies suggest that the NC state may represent an intermediate along the activation pathway and provide dynamic molecular insights into the process of G-protein activation.

# **Structural determination**

To improve the expression of hNTSR1, we first truncated 19 N-terminal amino acids and introduced the A85<sup>1.54</sup>L mutation (superscripts denote Ballesteros–Weinstein numbering<sup>17</sup>) (Extended Data Fig. 1). The receptor was expressed in Sf9 insect cells, solubilized in lauryl maltose-neopentyl glycol (LMNG) with cholesteryl hemisuccinate (CHS), and purified in the presence of JMV449<sup>18</sup>, a pseudopeptide analogue of NTS<sub>8-13</sub>. JMV449-bound hNTSR1 was incubated with Gi1 heterotrimer, and the complex was treated with apyrase and further stabilized by a single-chain variable fragment (scFv16) that binds to the G<sub>i1</sub> heterotrimer<sup>19</sup> (Extended Data Fig. 2a). Preliminary cryo-EM analysis of the purified complex revealed two major conformations with strikingly different orientations of the G-protein (Extended Data Fig. 2b). To further optimize our preparation for structural studies, we deleted  $\sim 10$  amino acids from intracellular loop 3 (ICL3), which we found to increase the thermostability of the complex while displaying comparable or stronger G-protein signaling compared to the receptor with intact ICL3 (Extended Data Fig. 3a-e). Cryo-EM visualization of this construct also revealed the presence of the two major complex conformations, for which we sought to determine high-resolution cryo-EM maps (Extended Data Fig. 2c-i). To account for the conformational variability and the large fraction of damaged particles due to adverse effects

upon cryo-specimen preparation<sup>20</sup>, we obtained and processed a cryo-EM dataset of more than six million particle projections. 3-D classification of projections from well-defined complexes reveals that the two conformers, which we call C state (canonical state) and NC state (non-canonical state), are present at a similar distribution within the complex population. This observation may suggest that the two major conformers present two thermodynamically comparable or equably stable states. Further classification enabled us to identify small-scale variations in the C and NC states, for which we refined independent three-dimensional reconstructions. Accordingly, we obtained cryo-EM maps for three conformers in the C state with nominal resolutions of 3.0 Å, 3.5 Å, and 6.7 Å, and two conformers in the NC state with nominal resolutions of 3.0 Å and 3.7 Å. The four higher resolution maps enabled model building and refinement, whereas the 6.7-Å C-state conformer was adequate for rigid body docking of the receptor and G<sub>i</sub> independently to obtain a model for their relative arrangement. Close examination and superposition of the conformers within each state revealed limited in-plane rotations of the G-protein in respect to the receptor  $(4-5^{\circ})$  but no distinguishable differences in the structure of either receptor or G-protein or their interaction profile (Extended Data Fig. 4). These observations suggest that the micro-conformers observed within each major conformation represent small variations of the same state (either NC or C state) and reflect the underlying dynamics of complex formation.

The  $\alpha$ -helical domain (AHD) of G<sub>i</sub> is separated from the Ras-like domain, and due to its relative mobility we masked out its density for high-resolution map refinement (Methods). We note, however, that the overall positioning of the AHD appears more stable in the C state, where we observe stronger density in low-pass-filtered maps compared to the NC state (Extended Data Fig. 2b and g).

The highest resolution maps of the NC and C state, with indicated global resolutions of 3.0 Å, both showed local resolution ranges from 2.7–3.4 Å (Fig. 1, Extended Data Fig. 2f-i, and Extended Data Table 1) and overall excellent density features that allowed confident modeling of most amino acids, including most intracellular and extracellular loops (ICLs and ECLs, respectively) of hNTSR1 (Extended Data Fig. 5). The maps also revealed well defined electron density for JMV449 and putative density for cholesterol (Extended Data Fig. 5 and supplementary discussion).

#### Structures of hNTSR1 in C and NC states

To date, eight  $NTS_{8-13}$ -bound rNTSR1 crystal structures with 3–29 stabilizing mutations have been reported<sup>13-16</sup>, illustrating several features of active and inactive receptor conformations. Since rNTSR1-ELF<sup>15</sup> and rNTSR1-TM86V- IC3A<sup>14</sup> have the fewest stabilizing mutations (3 and 11, respectively), we have used these two structures as representatives of active (rNTSR1-act) and inactive (rNTSR1-inact) conformations, respectively, to compare with our structures.

The overall structures of hNTSR1 in both C and NC states are similar to the active-like conformation of rNTSR1-act, with a root mean square deviation (RMSD) of 0.95 and 1.11 Å, respectively (Fig. 2a and b). TMs 1–4 superpose well onto those of rNTSR1-act, and

rotamers of the conserved triad motif<sup>21,22</sup> (PIF/PAF motif; P248<sup>5.50</sup>, A156<sup>3.40</sup>, F312<sup>6.44</sup> in hNTSR1) are essentially identical (Fig. 2c). Although the N-terminal two residues of NTS<sub>8–13</sub> and JMV449 are different, the overall ligand-binding mode is similar, with four shared C-terminal residues (PYIL) being recognized by extensive van der Waals interactions and a few hydrogen bonds (Extended Data Fig. 6).

There are notable differences between C-state hNTSR1, NC-state hNTSR1, and rNTSR1act. While the cytoplasmic ends of TMs 5 and 6 of all three structures are displaced away from the receptor core relative to the inactive-like conformation of rNTSR1-inact, the movements in hNTSR1 in both NC and C states are more pronounced, likely stabilized by the engagement of the G<sub>i1</sub> protein (Fig. 2b, left). The extensive displacement of TM6, a universal feature of GPCR activation in order to accommodate the binding of the Ga a.5helix, is still significantly smaller in hNTSR1 NC and C states than in the  $\beta$ 2AR ( $\beta$ 2 adrenergic receptor)-G<sub>s</sub> complex (~6.5 Å and ~14 Å, respectively)<sup>23</sup>. This smaller TM6 displacement has been suggested to be a feature of GPCR-G<sub>i/o</sub> complexes compared to the larger TM6 displacement required to accommodate the bulkier a.5 helix of Ga<sub>s</sub> (Extended Data Fig. 7a)<sup>24</sup>.

Structural comparisons reveal that C-state hNTSR1 adopts the canonical conformation of an activated GPCR, but NC-state hNTSR1 displays features of both active and inactive GPCR conformations; TM5, TM6 and DRY motifs assume active configurations, whereas TM7, including the NPxxY motif, is still in an inactive conformation (Fig. 2d and e, Extended Data Fig. 7b and c). The side chain of NC-state Y364<sup>7.53</sup> (rY369) (rNTSR1 numbering is shown in parentheses after hNTSR1 numbering for comparison with earlier literature) is positioned between TM2 and 7, and it packs against L105<sup>2.43</sup> (rL106) (Fig. 2e left). In contrast, C-state Y364<sup>7.53</sup> resides into the core of the transmembrane bundle where it engages in hydrophobic interactions with amino acids in TM2 and TM6 (Fig. 2e right, Extended Data Fig. 7c left).

As the NC-state receptor exhibits both active-like and inactive-like features and resembles a previously reported intermediate for the  $\beta 2AR^{25}$ , its conformation could represent an intermediate along the activation pathway. To probe whether the receptor can transition from the canonically active C state toward an inactive-like state via the NC state, we performed all-atom molecular dynamics (MD) simulations of hNTSR1 starting from the C state with the G<sub>i1</sub> protein removed (Fig. 2f and g). We found that in three out of twenty-four independent simulations, the receptor does reach an inactive conformation on the intracellular surface (Fig. 2g, right). In these simulations, the receptor indeed deactivates via the NC state (Fig. 2g, middle), *i.e.*, the NPxxY region first adopts an inactive conformation before TM6 moves inward by ~4 Å on the intracellular side. In three additional simulations, the receptor also adopts the NC-state conformation but does not fully transition to the inactive state. In the remaining simulations, the receptor remains in an active-like conformation, consistent with previous studies in which GPCR deactivation timescales often exceed the timescales of these simulations<sup>25,26</sup>. Notably, these sequential conformational changes closely resemble those previously observed for  $\beta 2AR^{25,26}$ , reinforcing the notion that multiple Class-A GPCRs may adopt similar conformations along their activation pathways.

# Structures of G<sub>i1</sub> in C and NC states

The overall structures of the  $G_{i1}$  heterotrimer in both C and NC states are similar to  $G_i$  in previously reported GPCR– $G_i$  complexes<sup>19,27,28</sup> (Fig. 3a and Extended Data Fig. 8a). No density for GDP is observed in the GDP binding pocket mainly formed by the  $\beta1-\alpha1$  loop (P-loop) and the  $\beta6-\alpha5$  loop, suggesting that  $G_{i1}$  in both the C and NC states is nucleotide-free.

Compared to the GDP-bound  $G_{i1}$  heterotimer<sup>29</sup>, the  $\alpha$ 5-helix of  $G_{i1}$  is rotated by ~60°, translated by ~5Å, and extended by two additional helical turns into the receptor core (Fig. 3b). The position of the  $\alpha$ 5-helix in both the C and NC states is stabilized by the  $\pi$ - $\pi$  stacking interaction between F334 on the  $\alpha$ 5-helix and H322 on the  $\beta$ 6-strand, which is observed in other GPCR-G<sub>i</sub> complexes (Fig. 3b, c, and Extended Data Fig. 8b). Notably, alanine mutations at H322 and F334 dramatically destabilize the rhodopsin-G<sub>i1</sub> complex without affecting the stability of GDP-bound G<sub>i1</sub><sup>30</sup>, suggesting that this  $\pi$ - $\pi$  stacking is one of the conserved, key interactions to stabilize GPCR-G<sub>i</sub> complexes.

The movement of the  $\alpha$ 5 helix leads to further structural changes in the  $\beta$ 6– $\alpha$ 5 loop containing the conserved TCAT motif (T324, C325, A326, T327 in Ga<sub>i1</sub>), which is crucial for coordinating the guanine ring of GDP<sup>31-33</sup>. Although neither state shows density for GDP, the  $\beta 6-\alpha 5$  loop appears to behave very differently between the C and NC states (Fig. 3d-f). In the C state, the EM density for the  $\beta 6-\alpha 5$  region is weak and disappears at map thresholds that properly represent the structure in adjacent regions, suggesting that the loop is flexible in this state (Fig. 3e and Extended Data Fig. 9a top). In contrast, the  $\beta\beta$ -a.5 loop in NC-state G<sub>i1</sub> is ordered, with well-defined and stable density compared to the C state (Fig. 3e and Extended Data Fig. 9a bottom). To further probe the dynamics of this region, we performed MD simulations of the hNTSR1-G<sub>i1</sub> complexes starting from the NC and C states (Extended Data Fig. 9b). Indeed, we find that the  $\beta 6-\alpha 5$  loop is more conformationally variable in the C state than in the NC state (Fig. 3f and Extended Data Fig. 9c, d, and e). The difference in both position and conformational flexibility of the  $\beta 6$ -a.5 loop between the C- and NC-state  $G_{i1}$  suggests that the nucleotide accessibility could be different between these two states of the hNTSR1-Gi1 complex. To probe this, we calculated the solvent-accessible surface area (SASA) for the nucleotide-binding pocket based on our simulations of the NC and C states. We found a significantly larger SASA for the C state, suggesting that the increased motion of the  $\beta 6-\alpha 5$  loop in the C state could enhance nucleotide exchange. We postulate that the higher concentrations of GTP in the cytosol would then drive the reaction toward GTP binding and subsequent G protein dissociation. (Extended Data Fig. 9f and g).

#### Different hNTSR1-G<sub>i1</sub> interfaces

As mentioned above, there are several differences between the C and NC states within the receptor or the G-protein alone, but the most striking difference is observed in the complex interface (Fig. 4a). The overall structure of the C-state complex is well superposed onto other activated GPCR- $G_i$  complexes, such as the  $\mu$ OR- $G_{i1}$  complex, and the complex interface is well conserved (Extended Data Fig. 8c and d). In both C-state hNTSR1- $G_{i1}$  and

the  $\mu$ OR-G<sub>11</sub> structures, the G-protein and receptor interactions are mainly mediated by extensive hydrophobic interactions between (i) a5-helix of Gi1 and ICL2, TM3, and TMs5-7 of the receptor (Fig. 4b left), and (ii) a N helix and a N- $\beta$ 1 loop of G<sub>11</sub> and ICL2 of receptor (Fig. 4c left). A number of interactions are conserved, including a key hydrogen bond between R32 of  $G_{i1}$  and an amino acid positioned at 34.55 (T178<sup>34.55</sup> of hNTSR1 and D177<sup>34.55</sup> of  $\mu$ OR). In contrast, G<sub>11</sub> in the NC state is rotated by ~45° relative to the receptor (Fig. 4a). Due to this rotation, the  $\alpha$ 5-helix is tilted by ~25° compared to the  $\alpha$ 5-helix of Cstate Gi1, and most hydrophobic interactions between a.5-helix and TM3 and ICL2 are missing (Fig. 4b). Three hydrogen bonds observed in the C-state complex (R32 of Gi1 to T178<sup>34.55</sup> of hNTSR1, N347 of G<sub>i1</sub> to A169<sup>3.53</sup> of hNTSR1, and F354 of G<sub>i1</sub> to S368<sup>8.47</sup> of hNTSR1) are also not present in the NC state, and the aN- and a5-helices of NC-state Gi1 interact with the receptor solely via van der Waals forces (Fig. 4b and c). However, the tilt of the a.5-helix generates new interactions with ICL3 and TM6 (Fig. 4b right). Moreover, the rotation of the Gil heterotrimer results in the creation of a new interaction surface: the a4-β6 loop of  $Ga_{i1}$  and helix 8 of hNTSR1 (Fig. 5a left), the  $a3-\beta5$  and  $a2-\beta4$  loops of  $Ga_{i1}$  and ICL1 of hNTSR1 (Fig. 5a middle), and the WD7 repeat of the  $G\beta_1$  subunit and ICL1 and ICL2 of hNTSR1 (Fig. 5a right). These results would be consistent with a number of previous studies suggesting that the  $\alpha$ 4- $\beta$ 6 and  $\alpha$ 3- $\beta$ 5 loops directly interact with the GPCR<sup>35,36</sup>, and that a different G $\beta$  subtype in the G<sub>11</sub> heterotrimer affects the coupling efficiency between Gi1 and rNTSR137. Due to these new interactions, the total buried surface area in the NC-state complex is larger than that of the C-state complex (1430 Å<sup>2</sup> and 1199  $Å^2$ , respectively). As noted earlier, however, the similar distribution of the NC- and Cstate complexes in the cryo-EM data implies that the two states have comparable stability and likely similar probability for transitioning from one to the other under our experimental conditions. To evaluate the physiological importance of the NC-state complex, we introduced alanine mutations to \$93<sup>12.49</sup>, L94<sup>12.50</sup>, R294<sup>6.26</sup>, and H373<sup>8.52</sup>, which interact with G<sub>i1</sub> only in the NC state (Fig. 4b, c, and 5a) and analyzed the downstream signaling using a Nano-BiT<sup>TM</sup> complementation-based G-protein sensor to monitor dissociation of a Ga subunit from a G $\beta\gamma$  subunit (NanoBiT G-protein dissociation assay; Methods)<sup>38</sup>. The assay reveals that the hNTSR1 mutant (S93A/L94A/R294A/H373A) shows decreased Gi/o signaling despite robust expression and signaling through other G-proteins, suggesting that NC-state complex formation is physiologically important for efficient  $G_{i/o}$  signaling (Fig. 5b; Extended Data Fig. 3c, f, and g).

# Working model

Based on these results and previous studies of rNTSR1, we propose a sequential  $G_{i1}$  activation model by NTSR1 (Fig. 6). When an agonist peptide binds to the ligand-binding pocket, TMs 5 and 6 move outward by ~4.5 Å and ~6.5 Å, respectively (Fig. 2b; Fig. 6a and b). The displacement of TMs 5 and 6 creates space within the helical bundle sufficient to accommodate  $G_{i1}$  (Fig. 6b). Next, the  $G_{i1}$  heterotrimer engages the receptor through predominantly hydrophobic interactions between the  $\alpha$ 5-helix and TM6 (NC state, Fig. 4b and Fig. 6c).  $G_{i1}$  in the NC-state complex represents a nucleotide-free state, suggesting that these interactions could be sufficient to trigger the translational and rotational movement of  $\alpha$ 5-helix (Fig. 3b) and rearrangement of the  $\beta$ 6- $\alpha$ 5 loop (Fig. 3d), leading to GDP release.

Subsequently, there is an inward movement of  $Y^{7.53}$  in the NPxxY motif on the intracellular end of TM7, and the G<sub>i1</sub> heterotrimer rotates by ~45° relative to the receptor (C state, Fig. 4a and Fig. 6d). The C-state hNTSR1-G<sub>i1</sub> complex is similar to the structures of other published GPCR-G-protein complexes, suggesting that the C state is a fully active conformation (Fig. 4a; Extended Data Fig. 8c and d). In this state, the nucleotide-binding pocket of the G<sub>i1</sub> Ras domain is more dynamic (Fig. 3 d-f), facilitating rapid access to the nucleotide-binding pocket (Extended Data Fig. 9f and g). Accordingly, we have depicted the NC state as an intermediate along the activation pathway for G<sub>i1</sub> (Fig. 6), with both MD simulations (Fig. 2f, g) and mutagenesis studies (Fig. 5b, c) compatible with this conclusion. Thus, we propose that the conformation of the G protein in the NC state allows for GDP release, but its conformation in the C state will further enhance nucleotide exchange for GTP. Such a stepwise mechanism implies that the receptor would adopt the C-state conformation before the G protein engages GTP and dissociates from the receptor.

Some ambiguity remains, even within this proposed framework. For example, it is possible that GDP could remain bound to the G protein in the NC state and undergo release in the C state, although our structural data suggest that the NC state is predominantly nucleotide-free *in vivo*. We also note that we considered the possibility that the NC state might represent an off-pathway intermediate that forms after the C state. However, our mutagenesis studies suggest that perturbing interactions unique to the NC state decreases  $G_{i/o}$  signaling, pointing toward a model in which the NC state precedes the C state along the activation pathway. We further considered a scenario in which the NC state forms after the C state to bind nucleotide, but the increased dynamics of the nucleotide-binding pocket suggest that GTP will much more rapidly bind the C state and argue against this possibility.

# Conclusions

The present cryo-EM study of the hNTSR1-G<sub>i1</sub> complex revealed two different conformational states, a fully active (C state) and a putative intermediate state (NC state). Recent spectroscopic studies have suggested that other GPCR-G-protein complexes adopt multiple intermediate states<sup>39-41</sup>, and we thus assume that besides hNTSR1-G<sub>i1</sub>, other GPCR-G-protein complexes undergo conformational transitions that may be similar to the NC state of the hNTSR1-G<sub>i1</sub> complex. The reason why the NC-state conformation was not observed in previous cryo-EM structures of class-A GPCR-G-protein complexes remains unclear, but it might be related to the G-protein-coupling promiscuity of the receptor. NTSR1 can couple to all subtypes of G-proteins (Extended Data Fig. 3)<sup>12</sup>, suggesting that the energy landscape of NTSR1 activation is different from other GPCRs. The NC-state hNTSR1-G<sub>i1</sub> complexes in our sample, and thereby enabling us to identify this conformation (Fig. 6e). While this study provides further structural insights into the mechanism of G protein activation, additional studies are needed to determine if similar intermediate states are involved in the formation of other GPCR-G protein complexes.

# Methods

#### Expression and purification of hNTSR1

N-terminal truncated wild-type human hNTSR1 (UniProtKB: P30989; residues 20-418) was modified to include an N-terminal FLAG tag epitope and a C-terminal enhanced green fluorescent protein (EGFP) and 10× histidine tag; N-terminal and C-terminal tags are removable by tobacco etch virus (TEV) protease and human rhinovirus 3C protease cleavages, respectively. The A85<sup>1.54</sup>L mutation was introduced to increase expression, and ten amino acids are truncated from ICL3 (residues 282-291) to increase thermostability of the complex. Spodoptera frugiperda Sf9 insect cells (Expression Systems) were grown in suspension in ESF921 media (Expression Systems) to a density of  $2.5 \times 10^6$  cells/ml, infected with hNTSR1 baculovirus (Expression Systems) and incubated for 48 h. To purify hNTSR1, the pellets were lysed with a hypotonic lysis buffer (20 mM HEPES pH 7.5 and protease inhibitors). The cell debris was then homogenized with a glass douncer in a solubilization buffer (1% lauryl maltose neopentyl glycol (LMNG, Anatrace), 0.1% cholesteryl hemisuccinate tris salt (CHS), 20 mM HEPES pH 7.5, 500 mM NaCl, 20% glycerol, 5 mM imidazole, 100 µM TCEP, 0.05 µM JMV449 (Tocris), and protease inhibitors) and solubilized for 2 h in 4 °C. The insoluble cell debris was removed by centrifugation (37,900 g, 25 mins), and the supernatant was mixed with the HisPur<sup>™</sup> cobalt resin (Thermo Scientific) for 2 h in 4 °C. The resin was collected into a glass chromatography column, washed with 5-10 column volumes of a wash buffer (0.01% LMNG, 0.001% CHS, 20 mM HEPES pH 7.5, 500 mM NaCl, 20% glycerol, 20 mM imidazole, and 0.1 µM JMV449) and was eluted in a wash buffer supplemented with 250 mM imidazole. Following the cleavage of EGFP-His<sub>10</sub> by His-tagged 3C protease (homemade), the sample was loaded onto the Ni-NTA (Qiagen) column to capture the cleaved EGFP-His<sub>10</sub>. The flow-through containing hNTSR1 was collected, concentrated and purified through gel-filtration chromatography in a final buffer (100 mM NaCl, 20 mM HEPES pH 7.5, 5% glycerol, 0.01% LMNG, 0.001% CHS, and 0.5 µM JMV449). Peak fractions were pooled and concentrated to ~20 mg/ml.

#### Expression and purification of heterotrimeric G<sub>i1</sub>.

 $G_{i1}$  heterotrimer was expressed and purified as previously described<sup>42</sup>. In brief, *Trichuplusia ni* Hi5 insect cells (Expression Systems) were co-infected with two viruses, one encoding the wild-type human  $Ga_{i1}$  subunit and another encoding the wild-type human  $\beta_1\gamma_2$  subunits with an 8x His tag inserted at the amino terminus of the  $\beta_1$  subunit. Cultures were harvested 48 h post infection. Cells were lysed in hypotonic buffer and lipid-modified heterotrimeric  $G_{i1}$  was extracted in a buffer containing 1% sodium cholate. The soluble fraction was purified using Ni-NTA chromatography, and the detergent was exchanged from sodium cholate to n-dodecyl- $\beta$ -d-maltoside (DDM, Anatrace) on a column. After elution, the protein was dialyzed against a buffer containing 20 mM HEPES pH 7.5, 100 mM NaCl, 0.05% DDM, 1 mM MgCl<sub>2</sub>, 100  $\mu$ M TCEP, 10  $\mu$ M GDP, and concentrated to ~20 mg/ml.

#### Expression and purification of scFv16.

Single chain construct of Fab16 (scFv16) was expressed and purified as previously described<sup>19</sup>. In brief, a C-terminal  $6 \times$  histidine tagged scFv16 was expressed in secreted

form from *Trichuplusia ni* Hi5 insect cells using the baculovirus method (Expression Systems), and purified by Ni-NTA (Qiagen) chromatography. Supernatant from baculovirusinfected cells was pH balanced by addition of Tris pH 8.0. The C-terminal 6x His-tag of Ni-NTA eluent was cleaved by 3C protease, and the protein was dialyzed into a buffer consisting of 20 mM HEPES pH 7.5 and 100 mM NaCl. The sample was reloaded onto the Ni-NTA column to capture the cleaved His<sub>6</sub>. The flow-through containing scFv16 was collected, concentrated and purified through gel-filtration chromatography in a final buffer (100 mM NaCl and 20 mM HEPES pH 7.5). Monomeric fractions were pooled, concentrated to ~100 mg/ml.

#### Formation and purification of the hNTSR1-G<sub>i1</sub>-scFv16 complex.

To exchange detergent from DDM to LMNG, an equal volume of 20 mM HEPES pH 7.5, 50 mM NaCl, 1% LMNG, 0.1% CHS, 1 mM MgCl<sub>2</sub>, 50 µM TCEP, 10 µM GDP was added to purified Gi1, and the protein was incubated at room temperature (RT) for 1 h. Purified hNTSR1 was mixed with a 1.2 molar excess of Gi1 heterotrimer, and the coupling reaction was allowed to proceed at RT for 3 h. Apyrase and  $\lambda$ -phosphatase (New England Biolabs) were added to catalyze hydrolysis of unbound GDP and to remove phosphorylation from proteins, respectively. After one more hour of incubation at 4 °C, the complexing mixture was loaded onto M1 anti-FLAG immunoaffinity resin (home-made). Bound complex was first washed in a buffer containing 1% LMNG, followed by washes in gradually decreasing LMNG concentrations and increasing glyco-diosgenin (GDN) concentrations. The complex was then eluted in 20 mM HEPES pH 7.5, 50 mM NaCl, 0.00375% LMNG, 0.000375% CHS, 0.00125% GDN, 5% glycerol, 5 µM JMV449, 2 mM EDTA and 200 µg/ml FLAG peptide. A 1.2 molar excess of scFv16 was added to the sample, and the complex was further incubated at 4 °C O/N. The hNTSR1-G<sub>i1</sub>-scFv16 complex was purified by size exclusion chromatography on a Superdex 200 10/300 GL column (G.E. healthcare) in 20 mM HEPES pH 7.5, 50 mM NaCl, 0.00075% LMNG, 0.000075% CHS, 0.00025% GDN, 0.5 μM JMV449, and 100 µM TCEP (Extended Data Fig. 2a). Peak fractions were concentrated to ~15 mg/ml for electron microscopy studies.

#### **Cryo-EM Data collection**

3.5  $\mu$ L of purified protein sample at ~5 mg/mL was applied onto a glow-discharged holey carbon grid (Quantifoil R1.2/1.3). The grids were blotted using a Vitrobot Mark IV (FEI) with 1 s blotting time at 20 °C at 100% humidity and plunge-frozen in liquid ethane. Cryo-EM imaging was performed on a Titan Krios electron microscope equipped with a K2 Summit direct electron camera. The microscope was operated at 300 kV accelerating voltage, at a calculated magnification of 47,170× in counting mode, corresponding to a pixel size of 1.06 Å. A total of 10,027 (hNTSR1- ICL3-G<sub>i</sub>) movies were obtained at a dose rate of 7.5 electrons/Å<sup>2</sup> /s with defocus values ranging from  $-1.0 \ \mu$ m to  $-2.5 \ \mu$ m. The total exposure time was 10.0 s and intermediate frames were recorded in 0.2 s intervals resulting in an accumulated dose of 75 electrons per Å<sup>2</sup> and a total of 50 frames per micrograph.

#### Imaging processing and 3D reconstruction

Dose-fractionated image stacks were subjected to beam-induced motion correction using MotionCor2<sup>43</sup>. A sum of all frames, filtered according to the exposure dose, in each image

stack was used for further processing. Contrast transfer function (CTF) parameters for each non-dose weighted micrograph were determined by Gctf<sup>44</sup>. For both datasets, particle selection, two-dimensional and three-dimensional classifications were performed on a binned dataset with a pixel size of 2.12 Å using RELION 2.1.0<sup>45</sup>. A total of 6,548,648 particles were initially extracted from the hNTSR1- ICL3-G<sub>i</sub> sample using semi-automated particle selection and were subjected to reference-free 2D classifications to discard false positive particles or particles categorized in poorly defined classes. The subsequent 3D classification identified two main different conformation of the complex (C state and NC state) accounting for 634,282 particles and 604,637 particles, respectively. Further 3D classifications focusing the alignment on the receptor and G-protein led to three sub-states for C state and two sub-states for NC state, designated C1 (163,333 particles), C2 (210,051 particles), C3 (118,544 particles), NC1 (207,119 particles), and NC2 (164,713 particles), respectively. Maps for these five conformations were refined independently with a pixel size of 1.06 Å, yielding 3D reconstructions with indicated global resolution of 3.0 Å, 3.5 Å, 6.7 Å, 3.0 Å, and 3.5 Å, respectively. The masks used for generating final maps include the density corresponding to the receptor, ScFv16 and the G protein heterotrimer excluding the mobile AHD. All masks were generated with the same extended-pixel and soft-edge level using the "Mask creation" function in RELION. Reported resolution is based on the "goldstandard" Fourier shell correlation (FSC) using the 0.143 criterion. Local resolution was determined using the Bsoft package<sup>46</sup> with half maps as input.

#### Model building and refinement.

An initial model was formed by rigid body fitting of the active-like state hNTSR1 (PDB code 4XEE)<sup>15</sup>, as well as the Ras domain and  $\beta\gamma$  subunits of GDP-bound G<sub>i1</sub> (PDB 1GP2)<sup>29</sup>. This starting model was then subjected to iterative rounds of manual and automated refinement in Coot<sup>47</sup> and Phenix<sup>48</sup>, respectively. The final model was visually inspected for general fit to the map, and geometry was further evaluated using Molprobity<sup>49</sup> as part of the Phenix suite of software. FSC curves were calculated between the resulting model and the half map used for refinement, as well as between the resulting model and the other half map for cross validation, and also against the full map (Extended Data Fig. 2h and i). The final refinement statistics for both models are summarized in Extended Data Table 1. All molecular graphics figures were prepared with UCSF Chimera<sup>50</sup>, UCSF ChimeraX<sup>51</sup>, and Cuemol (Ishitani; http://www.cuemol.org).

#### Molecular dynamics simulations

We prepared atomistic molecular dynamics (MD) simulations of hNTSR1 in the canonical (C) and non-canonical (NC) conformations based on their respective cryo-EM structures. We performed 37 simulations, totaling over 70 µs in aggregate simulation time.

**System setup for MD simulations**—The structures were modeled according to the receptor construct used for the structure determination, which included an N-terminal truncation comprising 19 amino acid residues, a 10-residue truncation in ICL3 (residues E282-E291), as well as the A85L mutation in TM1. Missing amino acid side chains were modeled using Prime (Schrödinger)<sup>52,53</sup>, while missing loops were added using Modeller<sup>54</sup>. Palmitoyl groups were added on residue C383 of the receptor and on residue C3 of Ga,

while G2 of Ga was N-myristoylated. The unresolved a-helical domain of Ga was not modeled here, as it has previously been found to have little effect on the dynamics of the complex<sup>42</sup>. Similarly, the unresolved C-terminal residues of  $G\gamma$  were not modeled here. Neutral acetyl and methylamide groups were added to cap the N- and C-termini of the protein chains. No caps were added to the aN or to the a5 regions of the Ras domain. Titratable residues were kept in their dominant protonation state at pH 7, except for D112<sup>2.50</sup> and E165<sup>3.49</sup>, which were protonated, as these residues have been suggested to be protonated for several active-state GPCRs<sup>55,56</sup>. As the inactivation pathway of GPCRs can depend on the protonation state of these residues<sup>25</sup>, we also performed additional simulations of the receptor with both D112<sup>2.50</sup> and E165<sup>3.49</sup> charged. Here, we obtained similar results with D112<sup>2.50</sup> and E165<sup>3.49</sup> protonated as compared to having both of these residues charged. Dowser was used to add water molecules to protein cavities, and the protein structures were aligned using the crystal structure for rat NTSR1 (PDB ID: 4GRV)<sup>13</sup> in the Orientation of Proteins in Membranes (OPM) database<sup>57</sup>. The aligned structures were inserted into a pre-equilibrated palmitoyl-oleoyl-phosphatidylcholine (POPC) membrane bilayer using Dabble<sup>58</sup>. Sodium and chloride ions were added to neutralize each system at a concentration of 150 nM. We also prepared simulations of the receptor-ligand system with G<sub>i1</sub> removed, as well as simulations without either G<sub>i1</sub> or the ligand present. The final systems comprised up to 240,000 atoms for the Gi1-bound simulations and up to 67,000 atoms for the non-G<sub>i</sub>-bound simulations. The simulations are summarized in Extended Data Fig. 9b.

With the exception of simulations 29–34, which were unliganded, all simulations included the ligand JMV449, which was used in the structure determination. In simulations 23–34, both D112<sup>2.50</sup> and E165<sup>3.49</sup> were charged. Given that transitions from inactive to active GPCR conformations occur on the timescale of milliseconds<sup>59</sup> and are thus likely not accessible through MD simulations, we instead probed the deactivation pathway. Due to microscopic reversibility, activation and deactivation should occur along the same pathway<sup>60,61</sup>.

**Simulation and analysis protocols**—Equilibration was performed by heating the systems over 12.5 ps from 0 K to 100 K in the NVT ensemble using a Langevin thermostat with harmonic restraints of 10.0 kcal·mol<sup>-1</sup>·Å<sup>-2</sup> on the non-hydrogen atoms of the lipids, protein, and the ligand. Initial velocities were sampled from a Boltzmann distribution. The system was then heated to 310 K over 125 ps in the NPT ensemble. Additional equilibration was performed at 310 K with 5.0 kcal·mol<sup>-1</sup>·Å<sup>-2</sup> harmonic restraints on the protein and the ligand. The restraints were then reduced by 1.0 kcal·mol<sup>-1</sup>·Å<sup>-2</sup> in a stepwise manner every 2 ns for 10 ns, and finally by 0.1 kcal·mol<sup>-1</sup>·Å<sup>-2</sup> every 2 ns for an additional 18 ns.

Production simulations were performed at 310 K and 1 bar in the NPT ensemble using the Langevin thermostat and Monte Carlo barostat. The simulations were performed using a time step of 4.0 fs while employing hydrogen mass repartitioning<sup>62</sup>. Bond lengths were constrained using SHAKE<sup>63</sup>. Non-bonded interactions were cut off at 9.0 Å, and long-range electrostatic interactions were calculated using the particle-mesh Ewald (PME) method with an Ewald coefficient ( $\beta$ ) of approximately 0.31 Å and B-spline interpolation of order 4. The PME grid size was chosen such that the width of a grid cell was approximately 1 Å.

For all simulations, we employed the CHARMM36m force field and the TIP3P water model<sup>64-68</sup>. The simulations were performed using the Compute Unified Device Architecture (CUDA) version of particle-mesh Ewald molecular dynamics (PMEMD) in AMBER17<sup>69,70</sup>. The AmberTools17 CPPTRAJ package was used to reimage trajectories, while Visual Molecular Dynamics (VMD)<sup>71</sup> was used for visualization and analysis.

For Figure 2f, the TM3–TM6 distance refers to the distance between the Ca atoms of residues R166<sup>3.50</sup> and V302<sup>6.34</sup>. The alignment for the RMSD calculation was performed on the backbone atoms of residues  $359^{7.48}$ – $365^{7.54}$ , and the RMSD was calculated for the non-symmetric side-chain atoms of residues  $360^{7.49}$  to  $364^{7.53}$ , *i.e.*, the NPxxY motif. We classified simulations as adopting an inactive conformation based on the TM3–TM6 distance, the RMSD of the NPxxY region to the NC-state structure, and visual comparison to the rNTSR1-inact structure. Based on these criteria, simulations 14, 26, and 34 showed deactivation. In simulation 26, the final positions of TM5 and TM6 were slightly laterally shifted relative to their corresponding positions in the rNTSR1-inact structure, but as the NPxxY region adopted and remained in close contact with TM3 for the duration of the simulation, we classified this simulation as showing deactivation. For the SASA calculations, we defined the nucleotide-binding pocket as residues 41–48, 202, 203, 269, 270, 272, 273, 325–327 of Ga, which represent residues that are within 4 Å of GNP, a GTP analogue, in the 1CIP crystal structure<sup>72</sup>.

# Fluorescence-detection size-exclusion chromatography-based thermostability assay (FSEC-TS assay)

The hNTSR1 constructs with N-terminal FLAG tag and C-terminal EGFP-His10 were expressed from Sf9 insect cells (Expression Systems) using the baculovirus method (Expression Systems). The cell pellets were solubilized in a solubilization buffer (1% LMNG (Anatrace), 0.1% CHS, 20 mM HEPES pH 7.5, 500 mM NaCl, 20% glycerol, 10 mM imidazole, 1 µM JMV449 (Tocris), and protease inhibitors) and incubated for 1 h in 4 °C. The insoluble cell debris was removed by centrifugation (21,130 g, 20 mins), and the supernatant was mixed with Ni-NTA resin (Qiagen) for 1 h in 4 °C. The resin was collected into a 1.5 ml tube, washed with 10 column volumes of a wash buffer (0.005% LMNG, 0.0005% CHS, 20 mM HEPES pH 7.5, 100 mM NaCl, 10% glycerol, 30 mM imidazole, and 1 µM JMV449) and was eluted in a wash buffer supplemented with 250 mM imidazole, 5 µM JMV449, 100 µM TCEP, 2 mM MgCl<sub>2</sub>, and 10 µM GDP. An excessive amount of purified Gi1 heterotrimer was added to the sample, and the complex was further incubated at 4 °C O/N. Apyrase was added, and after one more hour at 4 °C, the sample was incubated at 4, 45, or 50°C for 10 min, and centrifuged at 21,130 g for 20 min. Ten microliters of the supernatant were loaded onto a ENrich<sup>™</sup> SEC 650 10 × 300 Column (Bio-rad) equipped to Prominence-i (Shimadzu), pre-equilibrated with FSEC buffer (100 mM NaCl, 20 mM HEPES pH 7.5, 5% glycerol, 0.01% LMNG, 0.001% CHS, and 0.5 μM JMV449), and run at a flow rate of 0.8 ml/min. The eluent from the SEC column was passed through a fluorometer and monitored at  $\lambda_{ex}$  of 480 nm and  $\lambda_{em}$  of 512 nm.

#### GTP turnover assay (GTPase-Glo assay)

Analysis of GTP turnover was performed by using a modified protocol of the GTPase-Glo<sup>TM</sup> assay (Promega) described previously<sup>40</sup>. This assay detects the amount of GTP remaining after GTP hydrolysis, which is enhanced upon activation of the G protein by the ligand-bound receptor. After the GTPase reaction, addition of GTPase-Glo-reagent converts the remaining GTP to ATP that is converted to a luminescent signal by the detection reagent. hNTSR1 was incubated with JMV449 for 60 minutes at room temperature. The reaction was started by mixing the JMV449-bound hNTSR1 (0.5  $\mu$ M) and G-protein (0.25  $\mu$ M for G<sub>i1</sub> and 0.5  $\mu$ M for G<sub>q</sub>) in an assay buffer containing 20 mM HEPES, pH 7.5, 50 mM NaCl, 0.01% LMNG, 0.001% CHS, 100  $\mu$ M TCEP, 5 mM  $\mu$ M GDP, and 5  $\mu$ M GTP. After incubation for 40 minutes, reconstituted GTPase-Glo-reagent was added to the sample and incubated for 30 min at room temperature. Luminescence was measured after the addition of detection reagent and incubation for 30 min at room temperature using a SpectraMax Paradigm plate reader (Molecular Devices).

#### G-protein signaling assay (NanoBiT G-protein dissociation assay)

G-protein activation was measured by a NanoBiT-G protein dissociation assay<sup>38</sup> in which GPCR-induced G protein dissociation is monitored by a NanoBiT system (Promega). A large fragment (LgBiT) of the NanoBiT luciferase was inserted into the helical domain (between the aA and the aB helices) of a Ga subunit with 15-amino acid-flexible linkers. A small fragment (SmBiT) was N-terminally fused to a C68S-mutated  $G\gamma^2$  subunit with a 15amino acid-flexible linker. Amino acid sequences of the NanoBiT-G-protein constructs used in this study are shown in Supplementary Information. HEK293 cells devoid of  $Ga_{\alpha/11}$ subunits<sup>73</sup> were seeded in a 6-well culture plate at a concentration of  $2 \times 10^5$  cells/ml (2 mL per well) 1-day before transfection. Transfection solution was prepared by combining 4 µL (per well hereafter) of polyethylenimine solution (Polysciences; 1 mg/mL) and a plasmid mixture consisting of 100 ng LgBiT-inserted Ga subunit (Ga<sub>s</sub>, Ga<sub>i1</sub> Ga<sub>i2</sub>, Ga<sub>o</sub>, Ga<sub>o</sub> or Ga<sub>13</sub>), 500 ng G $\beta_1$ , 500 ng C68S-mutant SmBiT-fused G $\gamma_2$  (C68S), and 200 ng test GPCR in 200 µL of Opti-MEM (ThermoFisher Scientific). Plasmid encoding a RIC8 chaperone (100 ng) was included for G<sub>s</sub> (RIC8B) and G<sub>q</sub> or G<sub>13</sub> (RIC8A). After 1-day incubation, transfected cells were harvested with 0.5 mM EDTA-containing D-PBS, centrifuged and suspended in 2 mL of HBSS containing 0.01% bovine serum albumin (BSA; fatty acid-free grade; SERVA) and 5 mM HEPES (pH 7.4) (assay buffer). The cell suspension was dispensed in a white 96-well plate at a volume of 80  $\mu$ L per well and loaded with 20  $\mu$ L of 50 µM coelenterazine (Carbosynth) diluted in the assay buffer. After 2-h incubation at room temperature, the plate was measured for baseline luminescence (Spectramax L, Molecular Devices). Test compounds (20 µL) were added and incubated for 3-5 minutes at room temperature before second measurement. Luminescence counts were normalized to the initial count and fold-change signals over vehicle treatment were used to show G-protein dissociation response. Further details of the NanoBiT-G-protein dissociation assay is described elsewhere<sup>38</sup>.

#### Flow cytometry analysis

HEK293 cells were seeded in a 12-well culture plate at a concentration of  $2 \times 10^5$  cells/ml (1 mL per well) 1 day before transfection. Transfection solution was prepared by combining  $2 \,\mu\text{L}$  of the polyethylenimine solution and 500 ng of a plasmid encoding FLAG epitopetagged GPCR in 100 µL of Opti-MEM. One day after transfection, the cells were collected by adding 100 µL of 0.53 mM EDTA-containing Dulbecco's PBS (D-PBS), followed by 100 µL of 5 mM HEPES (pH 7.4)-containing Hank's Balanced Salt Solution (HBSS). The cell suspension was transferred in a 96-well V-bottom plate and fluorescently labeled by using anti-FLAG epitope tag monoclonal antibody (Clone 1E6, Wako Pure Chemicals; 10 µg/mL diluted in 2% goat serum- and 2 mM EDTA-containing D-PBS (blocking buffer)) and a goat anti-mouse IgG secondary antibody conjugated with Alexa Fluor 647 (ThermoFisher Scientific; 10 µg/mL in diluted in the blocking buffer). After washing with D-PBS, the cells were resuspended in 200 µl of 2 mM EDTA-containing-D-PBS and filtered through a 40-µm filter. Fluorescent intensity of single cells was quantified by an EC800 flow cytometer equipped with dual 488 nm and 642 nm lasers (Sony). Fluorescent signal derived from Alexa Fluor 647 was recorded in a FL3 channel and flow cytometry data were analyzed by a FlowJo software (FlowJo). Live cells were gated with a forward scatter (FS-Peak-Lin) cutoff of 390 setting a gain value of 1.7 and samples were shown as a histogram with the FL3 channel (s axis). Values of mean fluorescence intensity (MFI) from 20,000 cells per sample were used for statistical analysis.

#### Reporting summary.

Further information on experimental design is available in the Nature Research Reporting Summary linked to this paper.

#### Data availability

All data generated or analyzed during this study are included in this published article and its Supplementary Information. The cryo-EM density maps for the hNTSR1- $G_{i1}$  complex in C and NC states have been deposited in the Electron Microscopy Data Bank (EMDB) under accession codes EMD-20180 and EMD-20181, respectively. The coordinates for the models of hNTSR1- $G_{i1}$  in both states have been deposited in the Protein Data Bank (PDB) under accession numbers 6OS9 and 6OSA respectively. All other data are available upon request to the corresponding authors.

# Extended Data



#### Extended Data Figure 1. Structure-based sequence alignment of class A GPCRs.

The sequences are for human neurotensin receptor 1 (NTSR1), rat NTSR1, mouse  $\mu$  opioid receptor ( $\mu$ OR), human cannabinoid receptor 1 (CB1), human rhodopsin, human 5hydroxytryptamine receptor 1B (5HT1B), human A1 adenosine receptor (A1AR), human  $\beta$ 2 adrenergic receptor ( $\beta$ 2AR), and human A2 adenosine receptor (A2AR). The sequence alignment was created using GPCRdb (http://www.gpcrdb.org) and ESPript 3<sup>74</sup> servers. Secondary structure elements for hNTSR1 are shown as coils and arrows. PIF/PAF/PLF/ LVF, DRY/ERY, and NPxxY motifs are highlighted in green, red, and blue, respectively. The truncated sequences of hNTSR1( ICL3) are highlighted in grey.



Extended Data Figure 2l. Preparation and cryo-EM of the hNTSR1(FL)- $G_{i1}$ -scFv16 and the  $hNTSR1(\ ICL3)$ - $G_{i1}$ -scFv16 complexes.

**a**, Representative elution profile (out of more than three independent runs) of hNTSR1(FL; residues 20-418, A85L)- $G_{i1}$ -scFv16 complex on Superdex 200 Increase 10/300 GL. **b**, Representative 3D classifications of the hNTSR1(FL)- $G_{i1}$ -scFv16 complex. The C-state and NC-state complex maps are coloured in cyan and red, respectively. The black arrow indicates the partially disordered AHD. **c**, Representative cryo-EM micrograph of the hNTSR1( ICL3; residues 20-418, A85L, 282-291)- $G_{i1}$ -scFv16 complex. **d**, Representative 2D averages showing different views of the hNTSR1( ICL3)- $G_{i1}$ -scFv16 complex. **e**, Flow chart of cryo-EM data processing. **f**, Local resolutions of C1 state (left) and NC1 state (right). Full view of the RELION local-resolution-filtered map coloured by local resolution. **g**, Representative 3D classifications of the hNTSR1( ICL3)- $G_{i1}$ -scFv16 complex. The black arrow indicates the partially disordered AHD. **h**, "Gold-standard" Fourier shell correlation (FSC) plots. **i**, FSC curves for the final model versus the final map and the half maps.



#### Extended Data Figure 3l. Functional comparison between FL and ICL3 hNTSR1.

a, Fluorescence-detection size-exclusion chromatography-based thermostability assay (FSEC-TS)<sup>75</sup> for hNTSR1(FL; residues 20-418, A85L)-G<sub>i1</sub> (left) and hNTSR1(ICL3; residues 20-418, A85L, 282-291)-G<sub>i1</sub> (right). Each profile is a representative of two independent experiments. While only ~50% hNTSR1(FL)-Gi1 complex is survived after 45°C incubation for 10 min, >90% hNTSR1(FL)-G<sub>i1</sub> complex is survived after the same heat stress. b, Glo assay<sup>40</sup> of hNTSR1(FL) (n=3) and hNTSR1( ICL3) (n=3). The intrinsic GTP hydrolysis activities of G<sub>i1</sub> heterotrimer and G<sub>q</sub> heterotrimer are enhanced by hNTSR1. The guanine-nucleotide exchange factor (GEF) activities of FL and ICL3 hNTSR1 proteins are equally potent. Symbols and bars represent individual value and mean of single experiment performed in triplicate. c, Cell surface expression level. HEK293 cells transiently expressing a FLAG epitope-tagged NTSR1 construct were analyzed by flow cytometry. Sample sizes are shown in parentheses. Centre lines and error bars represent mean and SEM of the indicated experiments. One-way ANOVA with Dunnet post hoc test was employed to assess statistical analyses (ANOVA P value = 0.90, NS, not significantly different among the four samples). d-g, NanoBiT G-protein dissociation assay. Concentration-response curves for G-protein dissociation signals (d, top) and its summary (d, bottom) of hNTSR1(FL) and hNTSR1( ICL3). Symbols and error bars represent mean and SEM of indicated independent numbers of experiments each performed in duplicates. e, Heatmap representation of NanoBiT G-protein dissociation signals for NTSR1 ( ICL3; 10  $\mu$ M JMV449),  $\beta$ 2AR (10  $\mu$ M isoproterenol), and  $\mu$ OR (10  $\mu$ M DAMGO). Mean values of test GPCR-specific signal-changes (differences in NanoBiT-G protein dissociation signal

between test GPCR-transfected cells and mock-transfected cells) are shown. Sample sizes for G<sub>s</sub>, G<sub>i1</sub>, G<sub>o</sub>, G<sub>q</sub>, G<sub>13</sub> are as follows: 5, 5, 5, 5, 5 (NTSR1); 6, 5, 3, 3, 3 ( $\beta$ 2AR); 7, 7, 6, 5, 5 ( $\mu$ OR). Unlike  $\beta$ 2AR and  $\mu$ OR, NTSR1 agonist (JMV449) causes signal decrease for all G-proteins (e), suggesting that all G-proteins can be recognized and activated by hNTSR1, and dissociated into Ga and G $\beta\gamma$  subunits. **f**, The summary of NanoBiT G-protein dissociation assay of hNTSR1 WT and S93A/L94A/R294A/H373A mutant for FL constructs. Concentration-response curves are shown in Fig. 5b. We used unpaired t-test with correction for multiple comparisons using the Holm-Sidak method. (NS: not significantly different from WT, \*\* P<0.01) **g**, NanoBiT G-protein dissociation assay of hNTSR1 WT and S93A/L94A/R294A/H373A mutant for ICL3 constructs. Concentration-response curves of G<sub>s</sub>, G<sub>i1</sub>, G<sub>o</sub>, G<sub>q</sub>, and G<sub>13</sub> signaling (top), and the summary of the assay result (bottom). Symbols and error bars (top) represent mean and SEM of indicated independent numbers of experiments (bottom) each performed in duplicates. We used unpaired t-test with correction for multiple comparisons using the Holm-Sidak method. (NS: not significantly different from WT, \* P<0.05, \*\* P<0.01, \*\*\* P<0.001)

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Extended Data Figure 4l. Structural comparisons of micro-conformers observed in NC- and C-state hNTSR1( $\,$  ICL3)-G\_{11} complexes.

**a**, Side (top) and extracellular view (bottom) of the superposed structures of three conformers in the C state. **b**, Side (top) and extracellular view (bottom) of the superimposed structures of two conformers in the NC state. In each micro-conformer, the G-protein is 4-5° rotated relative to the receptor.





**a**, **b**, Density and model for transmembrane helices (TMs) of hNTSR1,  $\alpha$ 5-helix of G $\alpha_{i1}$ , and JMV449 in C-state (a) and NC-state (b) complexes. **c**, Putative cholesterol observed near TMs 6 and 7, and the neighboring side chains in the putative binding site of C-state (left) and NC-state (right) complexes.

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# Extended Data Figure 6l. Agonist peptide binding to NTSR1.

a-c, Agonist peptide and the neighboring side chains in the ligand binding site of rNTSR1act (a), C-state complex (b), and NC-state complex (c). Black dashed lines represent hydrogen bonds.



Extended Data Figure 7l. Structural comparison of NTSR1s,  $\beta 2AR,$  and  $\mu OR.$ 

**a**, **b**, Comparison of TM6, DRY motif, and NPxxY motif between C-state hNTSR1 (blue), NC-state hNTSR1 (red), active  $\beta$ 2AR (orange, PDB ID: 3SN6), and active  $\mu$ OR (purple, PDB ID: 6DDF). Black double head arrow represents the conformational difference of TM6 between receptor in G<sub>s</sub> complex and those in G<sub>i</sub> complex (a). Y<sup>7.53</sup> in NPxxY motif packs against R<sup>3.50</sup> in C-state hNTSR1, active  $\beta$ 2AR, and active  $\mu$ OR, but there is no direct interaction between them in NC-state hNTSR1 (b). **c**, Comparison of the cytoplasmic half of TM7 between C-state hNTSR1 (blue), NC-state hNTSR1 (red), rNTSR1-inact (grey), and rNTSR1-act (green). NC-state hNTSR1 is well superimposed onto rNTSR1-inact, suggesting that TM7 adopts an inactive-like conformation in NC-state hNTSR1.



**Extended Data Figure 8I. Structural comparison of G-proteins and GPCR-G-protein complexes. a**, Overall structures of  $Ga_{i1}$  from C-state NTSR1- $G_{i1}$  (yellow), NC-state NTSR1- $G_{i1}$  (grey),  $\mu$ OR- $G_{i1}$  (green), and rhodopsin- $G_{i1}$  (purple), and  $G_{i2}$  of A1AR (pink) complexes. The  $\alpha$ -helical domain of rhodopsin- $G_{i1}$  complex is removed for clarity. **b**, The  $\pi$ - $\pi$  stacking interaction between  $\alpha$ 5-helix and  $\beta$ 6-strand, specifically observed in  $G_i$  complexes. **c**, **d**, Side view and extracellular view of the superimposed structures of C-state hNTSR1- $G_{i1}$  complex (hNTSR1: blue,  $G_{i1}$ : yellow) and  $\beta$ 2AR- $G_s$  complex ( $\beta$ 2AR: grey,  $G_s$ : orange) (c), and C-state hNTSR1- $G_{i1}$  complex (hNTSR1: blue,  $G_{i1}$ : yellow) and  $\mu$ OR- $G_{i1}$  complex ( $\mu$ OR: preen,  $G_{i1}$ : grey) (d).



Extended Data Figure 9l. Dynamics of the nucleotide-binding pocket in NC and C states. **a**, Cryo-EM density, shown in two different contour levels, corresponding to the  $\alpha$ 5- $\beta$ 6 loop of Ga<sub>i1</sub> from C-state (top) and NC-state (bottom) hNTSR1-G<sub>i1</sub> complex. b, Summary of MD simulation conditions. c, Dynamics of the P-loop and switch II regions during MD simulations of the C-state (left) and NC-state (right) complexes. The figures show superposed frames sampled every 50 ns from five independent simulations for each state. In these simulations, the P-loop and switch II regions show similar flexibility for both the Cstate and NC-state complexes. d, Representative MD simulations initiated from the C-state hNTSR1-G<sub>i1</sub> complex (left) and the NC-state hNTSR1-G<sub>i1</sub> complex (right). The RMSD of the NPxxY motif relative to the NC-state structure (top) and the distance between TM3 and TM6 (bottom) are plotted for each simulation. In both C-state and NC-state hNTSR1-G<sub>i1</sub> complexes, the NPxxY region and TM6 consistently retain the conformations observed in the cryoEM structures. e, RMSD of a5 to the cryoEM C-state  $G_{i1}$  for each simulation of the NC-state and C-state complexes. The trajectories were aligned on TM1-TM4 of the receptor, and the RMSD was calculated for the backbone atoms of residues 329 to 354 of  $\alpha$ 5. f, Dynamics of the  $\alpha$ 5- $\beta$ 6 loop for each independent simulation of the C- and NC-state complexes. Frames are sampled every 20 ns from each individual simulation. In these

simulations, the  $\alpha$ 5- $\beta$ 6 loop shows enhanced conformational variability in the C-state complex compared to the NC-state complex. **g**, The calculated solvent-accessible surface area (SASA) of the nucleotide-binding pocket in the NC and C states. The solvent accessibility of the pocket is consistently larger for the C state (P = 0.00027976943074583155) using Welch's two-sided t-test and treating each simulation as an independent data point).

# Supplementary Material

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#### Figure 1l. Cryo-EM structures of hNTSR1-G<sub>i1</sub> complex.

**a**, **b**, Orthogonal views of the cryo-EM density maps of the hNTSR1– $G_{i1}$  heterotrimer complex in C state (a) and NC state (b), colored by subunit. Blue, hNTSR1 in C state; red, hNTSR1 in NC state; green, JMV449; yellow,  $G\alpha_{i1}$  Ras-like domain; cyan,  $G\beta_1$ ; purple,  $G\gamma_2$ . **c**, **d**, Ribbon representation of the hNTSR1– $G_{i1}$  complexes in C state (c) and NC state (d) in the same views and color scheme as shown in (a) and (b).



#### Figure 2l. Structural comparison of hNTSR1 in C and NC states.

**a-e,** Superimposed structures of C-state hNTSR1 (blue), NC-state hNTSR1 (red), rNTSR1act<sup>15</sup> (green), and rNTSR1-TM86V- ICL3A<sup>14</sup> (grey). Side (**a**) and intracellular view (**b**) of the overall structure, and magnified view of the PIF/PAF (**c**), DRY (**d**), and NPxxY motifs (**e**). C- and NC-state hNTSR1 are superposed onto rNTSR1-act (**a-e**, left) and rNTSR1-inact (**a-e**, right). The arrows mark differences between superposed structures. **f**, **g**, Traces (**f**) and representative snapshots (**g**) during simulations of hNTSR1 alone, started from C state. The RMSD of the NPxxY motif relative to the NC-state structure (top) and the distance between TM3 and TM6 (bottom) are plotted in (**f**).



#### Figure 3|. Structural comparison of Ga<sub>i1</sub> in C and NC states.

**a**, **b**, Overall structures (**a**) and  $\alpha$ 5-helices (**b**) of GDP-bound  $G\alpha_{i1}^{29}$  (orange) and nucleotide-free  $G\alpha_{i1}$  from C-state (yellow) and NC-state (grey) hNTSR1- $G_{i1}$  complexes. **c**, **d**, Comparison of the interface between the  $\alpha$ 5-helix and the  $\beta$ 6-strand (**c**) and the  $\beta$ 6- $\alpha$ 5 loop (**d**) between C-state  $G\alpha_{i1}$ , NC-state  $G\alpha_{i1}$ , and GDP-bound  $G\alpha_{i1}$ . GDP is shown as spheres and the black arrow in (d) indicates the displacement of the  $\beta$ 6- $\alpha$ 5 loop. **e**, **f**, The dynamics of  $\alpha$ 5- $\beta$ 6 loop in C-state  $G\alpha_{i1}$  (left) and NC-state  $G\alpha_{i1}$  (right). Cryo-EM density (**e**) and superposed snapshots during MD simulation (f). Frames sampled every 20 ns from representative simulations.



# Figure 4l. Comparison of receptor-G-protein interfaces in C and NC states.

**a**, Side (left) and intracellular view (right) of the superposed structures of C-state hNTSR1 (blue), NC-state hNTSR1 (red), C-state  $Ga_{i1}$  (yellow), and NC-state  $Ga_{i1}$  (grey). **b**, Interaction between a5-helix of  $Ga_{i1}$  and hNTSR1. The a5-helix has more contacts with TM3 and ICL2 of hNTSR1 in C state (left), and TM6 of hNTSR1 in NC state (right). Black dashed lines represent hydrogen bonds. **c**, Interaction between the aN helix and aN- $\beta$ 1 loop of  $Ga_{i1}$  and ICL2 of hNTSR1 in C-state (left) and NC-state (right) complexes. Black dashed lines represent hydrogen bonds.



#### Figure 5|. Interactions specifically observed in NC-state hNTSR1-G<sub>i1</sub> complex.

**a**, Interactions specifically observed in NC-state complex. Van der Waals contacts between  $\alpha 4$ - $\beta 6$  loop of  $G\alpha_{i1}$  and helix 8 (H8) of hNTSR1 (left),  $\alpha 3$ - $\beta 5$  and  $\alpha 2$ - $\beta 4$  loop of  $G\alpha_{i1}$  and ICL1 of hNTSR1 (middle), and WD7 repeat of  $G\beta_1$  and ICL1 and TM4 of hNTSR1 (right). **b**, **c**, Concentration-response curves of  $G_s$ ,  $G_{i1}$ ,  $G_o$ ,  $G_q$ , and  $G_{13}$  signaling in NanoBiT G-protein dissociation assay of hNTSR1 WT and S93A/L94A/R294A/H373A mutant for full length constructs. Symbols and error bars represent mean and SEM from four independent experiments each performed in duplicates.



#### Figure 6l. Proposed model of hNTSR1 activation.

JMV449 and GTP are represented by sphere models, and Y364<sup>7.53</sup> is depicted by a ball-andstick model. **a**, Inactive state of hNTSR1 (the model is based on rNTSR1-inact)<sup>14</sup>. **b**, JMV449 binding induces the outward movements of TMs 5 and 6. **c**, GDP-bound G<sub>i1</sub> heterotrimer engages the receptor, triggering the displacement of the  $\alpha$ 5-helix and GDP release, forming the NC state. **d**, The G<sub>i1</sub> heterotrimer is rotated by 45°, whereas TM7, including the NPxxY motif, is rearranged forming C state. The C state has a more flexible nucleotide-binding pocket than the NC state, increasing the likelihood of GTP binding under cytosolic conditions.

# Extended Data Table 1

Cryo-EM data collection, refinement and validation statistics

	$\begin{array}{l} hNTSR1\text{-}Ga_{i1}\beta_1\gamma_2\text{-}scFv16\\ (C\ state)\\ (EMDB-20180)\\ (PDB\ 6OS9) \end{array}$	hNTSR1-G $a_{i1}\beta_1\gamma_2$ (NC state) (EMDB-20181) (PDB 6OSA)
Data collection and processing		
Magnification	47170	47170
Voltage (kV)	300	300
Electron exposure (e-/Å <sup>2</sup> )	75	75
Defocus range (µn)	-1.0 ~ -2.5	-1.0 ~ -2.5
Pixel size (Å)	1.06	1.06
Symmetry imposed	C1	C1
Initial particle images (no.)	6,548,648	
Final particle images (no.)	163,333	207,119
Map resolution (Å)	3.0 Å	3.0 Å
FSC threshold	0.143	0.143
Map resolution range (Å)	2.7 – 3.4 Å	2.7 – 3.4 Å
Map sharpening <i>B</i> factor (Å <sup>2</sup> )	-98	-90
Refinement		
Initial model used (PDB code)	4XEE	4XEE
	1GP2	1GP2
Model resolution (Å)	3.4 Å	3.4 Å
FSC threshold	0.5	0.5
Model resolution range (Å)	2.8 - 4.3	2.8 - 4.3
Model composition		
Non-hydrogen atoms	8,969	7,338
Protein residues	1,146 residues (8,916 atoms)	931 residues (7,285 atoms)
Ligands	6 residues (53 atoms)	6 residues (53 atoms)
<i>B</i> factors (Å <sup>2</sup> )		
Protein	68.6	80.8
Ligand	85.7	86.2
R.m.s. deviations		
Bond lengths (Å)	0.010	0.008
Bond angles (°)	1.049	1.001
Validation		
MolProbity score	1.62	1.45
Clashscore	5.27	4.42
Poor rotamers (%)	0.21	0
Ramachandran plot		
Favored (%)	95.14	96.53
Allowed (%)	4.86	3.47
Disallowed (%)	0	0