

**Research Paper** 



# Down-Regulated microRNA-34a Expression as a Prognostic Marker for Poor Osteosarcoma in Mice: A Systematic Review and Meta-Analysis

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#### Abstract

*Background*: In children and adolescents, osteosarcomais the most common malignant bone tumor with a high mortality rate. New therapeutic strategies are urgent to be explored. Studies have proven that microRNAs (miRNAs) in malignant tumors often appear dysregulation, this provides a direction for exploring the new therapeutic strategies for cancers. The aim of this meta-analysis is to summarize and analyze whethermicroRNA-34a(miRNA-34a) could be a prognostic marker for osteosarcoma in mice.

*Methods*: We searched PubMed, Web of Science, Embase, Wan Fang Database, China Knowledge Resource Integrated Database, VIP Database, and SinoMed since their initiation date to January 24, 2018. After screening based on inclusion and exclusion criteria, eight articles were included for the final analysis.

*Results*: Our results showed that tumor volume and tumor weight were inhibited by restoring the down-regulated expression of miRNA-34a in the xenograft mouse models.

*Conclusions*: Down-regulated miRNA-34a expression is a prognostic marker for poor osteosarcoma. We should be more committed to investigate the clinical significance of miRNA-34a in osteosarcoma patients.

Key words: microRNA-34a, osteosarcoma, prognosis, meta-analysis, mice

## Introduction

Osteosarcoma is the most common primary bone cancer arising from metaphysis of the long bones, which mainly comes from young people and adolescents, accounting for about five percent of pediatric cancers. Despite the fact that there are aggressive tumor resection, combinatorial chemotherapy and radiotherapy treatments, the five-year survival rate of osteosarcoma patient without metastasis is only about sixty percent to seventy percent [1, 2]. The survival rate of patients with metastasis or relapse is still below 20%[3]. Therefore, it is essential to develop new therapeutic approaches for osteosarcoma treatment.

MicroRNAs (miRNAs) are a class of non-coding RNAs, including 19 to 25 nucleotides, and regulate the translation and degradation of mRNAs through imperfect base pairing with 3'-untranslated region (3'-UTR) of the target mRNAs at post-transcriptional level[4, 5]. MiRNAs play important role in cellular physiologic processes, such as proliferation, differen-

tiation, apoptosis, thus can act as oncogenesis or tumor suppressor genes in different tumors[6]. There are three members in microRNA-34 (miRNA-34) family (miRNA-34a, miRNA-34b and miRNA-34c). They are part of the p53 network and whose expression is directly induced by p53 in response to DNA damage or oncogenic stress. In the recent years, some studies indicate that miRNA-34a may act as a tumor suppressor by regulating apoptosis in several tumors[7, 8].

The purpose of this study is to evaluate the potential function of miRNA-34a as an independent prognostic marker for osteosarcoma based on the published literatures, and to investigate the methodological quality of the existing studies, thus to guide the preclinical experimental design and the future clinical trials.

## **Materials and Methods**

# Literature search methods and selection criteria

Two reviewers (W.Y.W and S.P.H) independently searched literatures out of PubMed, Web of Science, Embase, Wan Fang Database, China Knowledge Resource Integrated Database, VIP Database, and SinoMed since their initiation date to January 24, 2018, without restrictions of the languages, publication status or publication dates. Based on the issue to be resolved, the following key words were used: (miRNA-34a OR microRNA-34a) AND (Osteosarcoma).

According to the inclusion and exclusion criteria, two reviewers (J.L.C and H.F.R independently screened the literatures by reviewing the titles, abstract and full texts. Disagreements were determined by a third author (Y.P.Y.). Only literatures conformed to the standard were included in this meta-analysis.

## Eligibility criteria

### Types of studies

Studies that estimate the therapeutic effects on osteosarcoma in mouse models by restoring the abnormally expressed miRNA-34a were searched. Records only having *in vitro* experimental data and the clinical cases were excluded.

### Types of participants

Any strains of mice and osteosarcoma cell lines used to produce osteosarcoma xenograft models were included.

## Types of intervention

Any intervention methods to restore the altered

miRNA-34a expression in mouse osteosarcoma models were collected.

### Type of outcome measure

Tumor volume and tumor weight are the most common outcome measures to evaluate the anticancer efficacy of any anticancer interventions in the preclinical studies. In this meta-analysis, tumor volume and tumor weight were included, regardless the methods used to establish osteosarcoma xenograft models.

### Tumor volume

The formula of tumor volume calculation [9]:

tumor volume= $0.5 \times$  (width<sup>2</sup> × length)

### Tumor weight

Tumors were removed and weighed when mice were sacrificed at the end of experiments.

### Statistical analysis

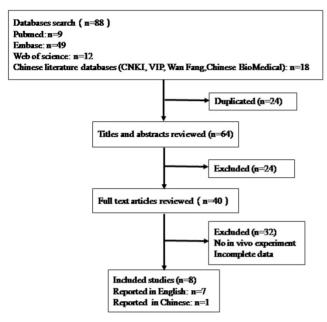
We conducted pair-wise meta-analysis for studies, which directly compared the influence on tumor growth between restored miRNA-34a expression and the control (abnormally expressed miRNA-34a) to determine the pooled relative effect of each intervention for the measurement outcomes (tumor volume and tumor weight), and the mean difference (MD) of the post-intervention value was determined.

In this meta-analysis, tumor volume and tumor weight were compared respectively. Meta-analysis was performed using Review Manager Software version 5.3 (software update; The Nordic Cochrane Centre, Copenhagen, Denmark).  $I^2$  and p value were calculated to evaluate the heterogeneity. Heterogeneity was existed if p value<0.10 by the chi-square  $(x^2)$  test. The results indicated a high level of heterogeneity when  $I^2 > 50\%$ , the data from studies should be pooled using the random-effects model. When I<sup>2</sup><50%, data from studies should be pooled using the fixed-effects model. When same outcomes were measured using different instruments across studies, we used a standardized mean difference (SMD) in the meta-analysis to combine continuous data.

## Results

### Literature screening

As shown in figure 1, the process of document retrieval is as follows. Firstly, we identified88 articles in the databases using the search strategy described in the section of the method, and excluded 24 duplicates from the initial articles. Twenty-four articles were further excluded after screening the titles, abstracts, publication types. Then, according to reading the full texts, 32 articles were excluded. Finally, eight articles were included in our final analysis, seven of the articles were reported in English, and one of them was reported in Chinese [10-17].



 $\ensuremath{\textit{Figure 1.}}$  The flow diagram of the literature identification and selection process.

### Study characteristics

Among the eight included studies, five studies used nude mice, one study used SCID mice, and two studies did not report the species of mice. Four studies used female mice, three studies used male mice, one study did not describe the gender of mice. The sample size in the eight articles was between 10 and 18. The main feeding situations of the mice were not reported in the included studies. Among the eight studies, three studies used subcutaneous injection to produce osteosarcoma xenograft models, and five studies used intratibial injection.

In this meta-analysis, tumor volume and tumor weight were used as the outcomes. Various osteosarcoma cell lines were used to produce osteosarcoma xenograft models (MG-63, Saos-2, 143B, SOSP-9607). Methods to produce xenograft models were also different (subcutaneous injection or intratibial injection) (Table 1).

### Quality evaluations of the included studies

No study has described sample-size calculation, allocation concealment, blinded assessment of outcomes, or reported animals excluded from the analysis. All included studies reported inclusion and exclusion criteria, three studies reported randomization, and six studies reported potential conflicts of interest and study funding. No study reported blinded assessment of outcome. So, the methodological quality of studies included here was low (Table 2).

#### Inhibitory effects on the tumor growth (tumor weight/tumor volume) in osteosarcoma xenograft models by restoring the abnormally expressed miRNA-34a

All the eight included literatures reported that miRNA-34a was the tumor suppressor, however, different outcome measures (tumor volume or tumor weight) and different osteosarcoma cell lines (MG-63, Saos-2, 143B, SOSP-9607)and different inoculation sites to produce xenograft models (intratibial inoculation or subcutaneous inoculation) were reported. Therefore, a high heterogeneity could be produced. To minimize the heterogeneity, stratifications were performed based on these factors. Meanwhile, random-effects models or fixed-effects models were used for the analysis.

# When all included studies used tumor volume as the major outcome was pooled for analysis

There were eight studies that used tumor volume as the major outcome measure in this meta-analysis, and all of them reported that miRNA-34a functioned as tumor suppressor [10-17]. Therefore, all the data from these eight studies were extracted and pooled for analysis. There are 53 mice in the experimental group and 71 mice in the control group. The result of the forest plot using the random-effects model showed that the tumor volume in osteosarcoma xenograft was decreased after up-regulation of miRNA-34a expression, thus recovery of miRNA-34a expression to the normal level could inhibit osteosarcoma growth in vivo. The pooled MD = [-2.93]; confidence interval [CI]: [-4.15, -1.70]; P<0.00001 (Figure 2).

### When above included studies that used tumor volume as the major outcome measure were stratified respectively by the following factors

### Methods for producing xenograft models

In these eight studies, three of them applied osteosarcoma xenograft models produced by subcutaneous inoculation of osteosarcoma cells[13, 14, 16]. There were 23 mice in the experimental group and 41 mice in the control group. The result of the forest plot using the random-effects model suggested that tumor volume was significantly decreased by up-regulation of miRNA-34aexpression. The pooled MD = [-3.18]; 95% confidence interval [CI]: [-5.61, -0.75]; p =0.01 (Figure 3, upper part).

<b>Table 1.</b> The characteristics of studies included in this meta-analysis.	Table 1	. The characteristics of st	tudies included in	this meta-analysis.
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Studies	Characteristics of animals	Animal groups	Osteosarcoma xenograft methods	Experimental groups	Control groups	Outcomes
Jie Wen 2017[16]	18 nude mice (6 weeks)	6/6/6	Subcutaneous	MG-63+miR-34a mimic	A:MG-63+Normal B:MG-63+NC	Tumor volume
XinyuWu2013(a)[14]	18 female BALB/c nude mice(4-6 weeks)	6/6/6	Subcutaneous	MG-63+pcDNA3.1-miR-34a	A:MG-63+blank B:MG-63+control	Tumor volume
Xinyu Wu 2013(b)[14]	18 female BALB/c nude mice(4-6 weeks)	6/6/6	Subcutaneous	Saos-2+pcDNA3.1-miR-34a	A:Saos-2+blank B:Saos-2+control	Tumor volume
Kang Yan 2012[15]	12 female BALB/c nude mice (4 weeks)	6/6	Intratibial	SOSP-9607+pcDNA-miR-34a	SOSP-9607+control	Tumor volume Tumor weight
Yong Zhao 2015[10]	12 male athymic nude mice (4–6weeks)	6/6	Intratibial	143B+ miR-34a	Vehicle	Tumor volume Tumor weight
Chao Jian 2017(1) [11]	14 female mice (7weeks)	7/7	Intratibial	143B+ miR-34a	Vehicle	Tumor volume Tumor weight
YongZhao2016[12]	12 male athymic nude mice (5-6weeks)	6/6	Intratibial	143B+ miR-34a	Vehicle	Tumor volume
Chaojian 2017(2)[17]	10 female mice (5 weeks)	5/5	Intratibial	143B+tRNA/ miR-34a	Vehicle	Tumor volume
GaliaTiram2016[13]	10 male SCIDmice (6-8 weeks)	5/5	Subcutaneous	Saos-2+PG-NH2/miR-34a	NC	Tumor volume

Note: (a),(b): different osteosarcoma cell lines used in same literature;(1),(2): different literatures from same first author;NC = negative control

Table 2. Quality	evaluation	of the	included	literatures.
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Studies	Sample-size calculation	Inclusion and exclusion criteria	Randomization	Allocation concealment	Reporting animals excluded from analysis	Blinded assessment of outcomes	Reporting potential conflicts of interest and study funding
Chao Jian2017(1) [11]	No	Yes	Yes	No	No	No	Yes
Jie Wen 2017[16]	No	Yes	No	No	No	No	Yes
Kang Yan 2012[15]	No	Yes	No	No	No	No	No
Xinyu Wu 2013 [14]	No	Yes	No	No	No	No	Yes
Yong Zhao 2015[ 10]	No	Yes	Yes	No	No	No	Yes
Yong Zhao 2016 [12]	No	Yes	No	No	No	No	Yes
GaliaTiram 2016 [13]	No	Yes	No	No	No	No	Yes
Chao Jian 2017(2) [17]	No	Yes	Yes	No	No	No	No

	m	iR-34a		C	ontrol			Std. Mean Difference	Std. Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% Cl	IV, Random, 95% Cl
1.1.1 Tumor volume									
chaojian2017(1)	1,016.74	374.88	7	1,391.02	268.96	7	13.2%	-1.07 [-2.22, 0.07]	
chaojian2017(2)	634.812	191.126	5	1,385.67	368.6	5	11.3%	-2.31 [-4.11, -0.51]	
Galia Tiram2016	321.308	254.048	5	409.19	270.271	5	12.9%	-0.30 [-1.55, 0.95]	
jiewen2017	0.6844	0.4854	6	1.8462	0.6629	12	13.1%	-1.81 [-2.99, -0.62]	
kangyan2012	1,015.5	116.28	6	1,596.9	100.77	6	8.7%	-4.93 [-7.59, -2.27]	
xinyu wu2013 (a)	794.118	33.088	6	1,232.535	87.9853	12	9.8%	-5.55 [-7.82, -3.28]	
xinyu Wu2013 (b)	757.84	41.812	6	1,152.44	72.6078	12	9.6%	-5.82 [-8.18, -3.46]	
yong zhao 2016	1,058.23	610.439	6	3,467.87	514.06	6	10.0%	-3.94 [-6.17, -1.71]	
yong zhao2015	1,558.86	666.82	6	3,392.19	527.93	6	11.3%	-2.81 [-4.59, -1.03]	
Subtotal (95% CI)			53			71	100.0%	-2.93 [-4.15, -1.70]	◆
Heterogeneity: Tau <sup>2</sup> =	2.60; Chi2 =	= 37.15, df	= 8 (P	< 0.0001); l <sup>2</sup>	= 78%				
Test for overall effect:	Z= 4.70 (P	< 0.00001	)						
								-	
									-4 -2 0 2 4 miR-34a control
Test for subaroup diff	erences: No	depilate to	le						THIN-34a CONUOL

Figure 2. All included studies that used tumor volume as the major outcome were pooled for analysis. SD, standard deviation; CI, confidence interval.

Osteosarcoma xenograft models induced by intratibial injection of osteosarcoma cells were used in other five studies[10-12, 15, 17]. There were 30 mice in the experimental group and 30 mice in the control group. A random-effects model was used also due to the high heterogeneity among the included studies, and the tumor volume was significantly decreased after the decreased tumor suppressor miRNA-34a was restored (pooled MD = [-2.74]; 95% confidence interval [CI]: [-4.07, -1.41]; p<0.0001; Figure 3 lower part).

From the comparison in the figure 3, the overall effects on inhibiting tumor volume by upregulation of miRNA-34a expression was better when the

osteosarcoma xenograft models were produced by subcutaneous injection than by intratibial injection.

#### Osteosarcoma cell lines used to produce osteosarcoma xenograft models

Among all eight studies that used tumor volume as the major outcome measure in this meta-analysis. Two studies used MG-63 to produce osteosarcoma xenograft models[14, 16]. There were 12 mice in the experimental group and 24 mice in the control group. The pooled MD = [-3.68]; 95% confidence interval [CI]: [-7.60, 0.25]; p = 0.07 (Figure 4, part 1).The result demonstrated that up-regulation of miRNA-34a expression could not inhibit the tumor volume produced by MG-63.

Four studies used 143B to produce osteosarcoma xenograft models[10-12, 17]. There were 24 mice in the experimental group and 24 mice in the control group. The result of the forest plot using the random-effects model suggested that tumor volume was significantly decreased by up-regulation of miRNA-34aexpression. The pooled MD = [-2.31]; 95% confidence interval [CI]: [-3.54, -1.09]; p = 0.0002(Figure 4, part 2).

	m	iR-34a		C	ontrol			Std. Mean Difference	Std. Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% Cl	IV, Random, 95% CI
1.2.1 Subcutaneous	injection								
Galia Tiram2016	321.308	254.048	5	409.19	270.271	5	26.9%	-0.30 [-1.55, 0.95]	
jiewen2017	0.6844	0.4854	6	1.8462	0.6629	12	27.1%	-1.81 [-2.99, -0.62]	
xinyu wu2013 (a)	757.84	41.812	6	1,152.44	72.6078	12	22.8%	-5.82 [-8.18, -3.46]	
xinyu Wu2013 (b)	794.118	33.088	6	1,232.535	87.9853	12	23.1%	-5.55 [-7.82, -3.28]	_
Subtotal (95% CI)			23			41	100.0%	-3.18 [-5.61, -0.75]	
Heterogeneity: Tau <sup>2</sup> =	= 5.31; Chi <sup>2</sup> =	= 26.52, df	= 3 (P ·	< 0.00001);	l² = 89%				
Test for overall effect	Z = 2.56 (P	= 0.01)							
1.2.2 Intratibial injec	tion								
chaojian2017(1)	1,016.74	374.38	7	1,391.02	268.96	7	26.8%	-1.07 [-2.22, 0.07]	
chaojian2017(2)	634.812	191.126	5	1,385.67	368.6	5	20.8%	-2.31 [-4.11, -0.51]	
kangyan2012	1,015.5	116.28	6	1,596.9	100.77	6	14.3%	-4.93 [-7.59, -2.27]	
yong zhao 2016	1,058.23	610.439	6	3,467.87	514.06	6	17.2%	-3.94 [-6.17, -1.71]	_ <b>_</b>
yong zhao2015	1,558.86	666.82	6	3,392.19	527.93	6	20.9%	-2.81 [-4.59, -1.03]	
Subtotal (95% CI)			30			30	100.0%	-2.74 [-4.07, -1.41]	•
Heterogeneity: Tau <sup>2</sup> =	= 1.36; Chi <sup>2</sup> =	= 10.52, df	= 4 (P =	= 0.03); l <sup>2</sup> = l	62%				
Test for overall effect	Z = 4.05 (P	< 0.0001)							
									-10 -5 0 5 1
Test for subaroup dif	ferences: Cł	ni² = 0.10.	df = 1 (F	P = 0.75). I <sup>2</sup> :	= 0%				miR-34a Control

Figure 3. All studies that used tumor volume as the major outcome measure were stratified by injection sites of osteosarcoma cells. SD, standard deviation; CI, confidence interval.

	m	iR-34a		6	ontrol			Std. Mean Difference	Std. Mean Difference
Study or Subgroup	Mean		Total	Mean		Total	Weight	IV, Random, 95% Cl	IV, Random, 95% Cl
1.3.1 MG-63	mean	30	Total	mean	30	Total	Weight	14, Rundoni, 55% CI	
jiewen2017	0.6844	0.4854	6	1.8462	0.6629	12	53.4%	-1.81 [-2.99, -0.62]	-=-
xinyu wu2013 (a)	757.84	41.812	6	1,152.44		12	46.6%	-5.82 [-8.18, -3.46]	_ <b>_</b>
Subtotal (95% CI)	101.01	11.012	12	1,102.11	12.0010		100.0%	-3.68 [-7.60, 0.25]	
Heterogeneity: Tau <sup>2</sup> =	7.15: Chi <sup>2</sup> :	= 8.85. df =	1 (P =	0.003);   <sup>2</sup> = (	89%				
Test for overall effect:									
1.3.2 143B									
chaojian2017(1)	1,016.74	374.38	7	1.391.02	268.96	7	33.9%	-1.07 [-2.22, 0.07]	
chaojian2017(2)	634.812	191.126	5	1,385.67	368.6	5	23.7%	-2.31 [-4.11, -0.51]	
yong zhao 2016	1,058.23	610.439	6	3,467.87	514.06	6	18.5%	-3.94 [-6.17, -1.71]	
yong zhao2015	1,558.86	666.82	6	3,392.19	527.93	6	23.9%	-2.81 [-4.59, -1.03]	
Subtotal (95% CI)			24			24	100.0%	-2.31 [-3.54, -1.09]	◆
Heterogeneity: Tau <sup>2</sup> =	0.80; Chi <sup>2</sup> :	= 6.31, df =	: 3 (P =	0.10); I <sup>2</sup> = 53	2%				
Test for overall effect:	Z = 3.71 (P	= 0.0002)							
1.3.3 Saos-2									
Galia Tiram2016	321.308	254.048	5	409.19	270.271	5	51.7%	-0.30 [-1.55, 0.95]	
xinyu Wu2013 (b)	794.118	33.088	6	1,232.535	87.9853	12	48.3%	-5.55 [-7.82, -3.28]	
Subtotal (95% CI)			11			17	100.0%	-2.84 [-7.97, 2.30]	
Heterogeneity: Tau <sup>2</sup> =	12.88; Chi <sup>a</sup>	<sup>2</sup> = 15.70, o	if = 1 (P	< 0.0001);	<sup>2</sup> = 94%				
Test for overall effect:	Z=1.08 (P	= 0.28)							
								-	
									-10 -5 0 5
	erences: Cl				6.2252.03				miR-34a Control

Figure 4. All studies that used tumor volume as the major outcome measure were stratified by osteosarcoma cell lines used to produce osteosarcoma xenograft models. SD, standard deviation; CI, confidence interval.

Two studies used Saos-2 to produce xenograft models[13, 14]. There were 11 mice in the experimental group and 17 mice in the control group. The pooled MD = [-2.84]; 95% confidence interval [CI]: [-7.97, 2.30]; p=0.28 (Figure 4, part 3). The result demonstrated that up-regulation of miRNA-34a expression could not inhibit the tumor volume produced by Saos-2.

# When all the included studies used tumor weight as the major outcome was pooled for analysis.

There were 19 mice in the experimental group and 19 mice in the control group from the 3 studies that used tumor weight as the major outcome measure in this meta-analysis[10, 11, 15]. The result suggested that up-regulation of the decreased miRNA-34a was able to restrain the progression of osteosarcoma *in vivo* when a fixed-effects model was applied. And the pooled MD = [-2.52]; 95% confidence interval [CI]: [-3.46, -1.58]; p <0.00001(Figure 5).

#### When above included studies that used tumor weight as the major outcome measure were stratified respectively by the following factors

#### Methods for producing xenograft models

Osteosarcoma xenograft models induced by

intratibial injection of osteosarcoma cells were used in three studies [10, 11, 15]. There were 19 mice in the experimental group and 19 mice in the control group. A fixed-effects model was used also due to the low heterogeneity among the included studies, and the tumor weight was significantly decreased after the decreased miRNA-34a was restored. (pooled MD = [-2.52]; 95% confidence interval [CI]: [-3.46, -1.58]; p < 0.00001; Figure 6).

# 4.4.2 Osteosarcoma cell lines used to produce osteosarcoma xenograft models

Two studies used 143B to produce osteosarcoma xenograft models [10, 11]. There were 13 mice in the experimental group and 13 mice in the control group. The result of the forest plot with the fixed-effects model suggested that the tumor weight was significantly decreased by restoring the down-regulated miRNA-34a. The pooled MD = [-2.67]; 95% confidence interval [CI]:[-3.84, -1.50]; p < 0.00001 (Figure 7).

Only 1 study used SOSP-9607 cell line to produce osteosarcoma xenograft models, therefore the data could not be pooled for reanalysis. This study confirmed that miR-34a inhibits the development of osteosarcoma *in vitro* and *in vivo*".

	n	niR-34a		0	Control			Std. Mean Difference		Std. Mean	Difference	
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% CI		IV, Fixed	, 95% CI	
2.1.1 Tumor weight												
chaojian2017(1)	1.45833	0.14584	7	1.91667	0.125	7	29.3%	-3.16 [-4.89, -1.43]				
kangyan2012	1.13519	0.18308	6	1.78203	0.32826	6	35.5%	-2.25 [-3.82, -0.67]				
yong zhao2015	1.73785	0.39506	6	2.81248	0.47737	6	35.2%	-2.26 [-3.85, -0.68]				
Subtotal (95% CI)			19			19	100.0%	-2.52 [-3.46, -1.58]		•		
Heterogeneity: Chi <sup>2</sup> =	0.74, df = 1	2 (P = 0.69	$();  ^2 = 0$	96								
Test for overall effect	: Z = 5.26 (F	P < 0.0000	1)									
									-10	-5 (	) 5	10
										miR-34a	Control	
Test for subaroup dif	ferences: N	soilade tol	ble									

Figure 5. All included studies that used tumor weight as the major outcome were pooled for analysis. SD, standard deviation; CI, confidence interval.

Study or Subgroup   Mean   SD   Total   Mean   SD   Total   Weight   IV, Fixed, 95% CI   IV, Fixed, 95% CI     2.2.1 Intratibial injection		n	niR-34a		C	Control			Std. Mean Difference		Std. Mean D	)ifference	
chaojian2017(1) 1.45833 0.14584 7 1.91667 0.125 7 29.3% -3.16 [-4.89, -1.43] kangyan2012 1.13519 0.18308 6 1.78203 0.32826 6 35.5% -2.25 [-3.82, -0.67] yong zhao2015 1.73785 0.39506 6 2.81248 0.47737 6 35.2% -2.26 [-3.85, -0.68] Subtotal (95% Cl) 19 19 100.0% -2.52 [-3.46, -1.58] Heterogeneity: Chi <sup>2</sup> = 0.74, df = 2 (P = 0.69); i <sup>2</sup> = 0% Test for overall effect: $Z = 5.26$ (P < 0.00001)	Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% Cl		IV, Fixed,	95% CI	
chradpial/2017(1) 1.45833 0.14584 7 1.51607 0.125 7 29.5% -5.16 [-4.65, -1.45]   kangyan2012 1.13519 0.18308 6 1.78203 0.32826 6 35.5% -2.25 [-3.82, -0.67]   yong zhao2015 1.73785 0.39506 6 2.81248 0.47737 6 35.2% -2.26 [-3.85, -0.68]   Subtotal (95% CI) 19 19 100.0% -2.52 [-3.46, -1.58] -   Heterogeneity: Chi² = 0.74, df = 2 (P = 0.69); l² = 0% 19 100.0% -2.52 [-3.46, -1.58] -   Test for overall effect: Z = 5.26 (P < 0.00001)	2.2.1 Intratibial injec	ction											
xangyanzo12 1:13513 0:10503 0<1:105203	chaojian2017(1)	1.45833	0.14584	7	1.91667	0.125	7	29.3%	-3.16 [-4.89, -1.43]				
Subtotal (95% CI) 19 19 100.0% -2.52 [-3.46, -1.58] Heterogeneity: Chi <sup>2</sup> = 0.74, df = 2 (P = 0.69); i <sup>2</sup> = 0% Test for overall effect: $Z = 5.26$ (P < 0.00001)	kangyan2012	1.13519	0.18308	6	1.78203	0.32826	6	35.5%	-2.25 [-3.82, -0.67]				
Heterogeneity: Chi <sup>2</sup> = 0.74, df = 2 (P = 0.69); l <sup>2</sup> = 0% Test for overall effect: Z = 5.26 (P < 0.00001)	yong zhao2015	1.73785	0.39506	6	2.81248	0.47737	6	35.2%	-2.26 [-3.85, -0.68]				
Test for overall effect: Z = 5.26 (P < 0.00001)	Subtotal (95% CI)			19			19	100.0%	-2.52 [-3.46, -1.58]		•		
-10 -5 0 5	Heterogeneity: Chi <sup>2</sup> :	= 0.74, df = 3	2 (P = 0.69	); I <sup>2</sup> = 0	%								
	Test for overall effect	t: Z = 5.26 (F	P < 0.0000	1)									
										-10	-5 0	5	10
										-10	miR-34a	Control	

Test for subaroup differences: Not applicable

Figure 6. All studies that used tumor weight as the major outcome measure were stratified by injection sites of osteosarcoma cells. SD, standard deviation; CI, confidence interval.

	n	niR-34a		0	ontrol			Std. Mean Difference		Std. Mean	n Differe	nce	
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% CI		IV, Fixe	d, 95%	CI	
2.3.1 143B													
chaojian2017(1)	1.45833	0.14584	7	1.91667	0.125	7	45.4%	-3.16 [-4.89, -1.43]		-			
yong zhao2015	1.73785	0.39506	6	2.81248	0.47737	6	54.6%	-2.26 [-3.85, -0.68]		-	·		
Subtotal (95% CI)			13			13	100.0%	-2.67 [-3.84, -1.50]		•			
Heterogeneity: Chi <sup>2</sup> =	0.56, df = 1	1 (P = 0.45	); I <sup>z</sup> = 0	%									
Test for overall effect	Z= 4.48 (F	<pre>0.0000</pre>	1)										
									-10	-5	1	+	10
Test for subaroup dif	ferences: N	lot applica	hle						-10	miR-34a	Contr	ol	10

Figure 7. All studies that used tumor weight as the major outcome measure were stratified by osteosarcoma cell lines used to produce osteosarcoma xenograft models. SD, standard deviation; CI, confidence interval.

## Discussion

The results of our present meta-analysis demonstrated that tumor volume and tumor weight in the xenograft mouse models were significantly decreased by upregulation of miRNA-34a expression. The overexpression of miRNA-34a inhibited osteosarcoma cell growth both *in vitro* and *in vivo*. Therefore, we confirmed that miRNA-34a could act as a tumor suppressor in osteosarcoma.

Osteosarcoma, as the most common primary malignant bone tumor, has high mortality rate and metastasis rate. With the progress of neoadjuvant chemotherapy, the 5-year survival rate in patients without metastasis is less than 70 percent[18], while the survival rate of patients with metastasis or relapse is still lower than 20%[3]. Therefore, it is essential to develop new therapeutic strategies for osteosarcoma.

In recent years, miRNA is a hot topic in the field of osteosarcoma research. Many literatures suggest that miRNAs play important roles in cell proliferation, apoptosis and differentiation. MiRNA-34a was reported low expression in human cancer cells. Cell proliferation was inhibited, cell cycle progression was arrested and cell apoptosis was induced by restoring of the down-regulated miR-34a expression [19, 20]. MiRNA-34a is proven to be the mediator of tumor suppression via transcriptional and NOTCH, well regulating p53 as as epithelial-mesenchymal transition (EMT) and TGF- $\beta$ signaling pathways[21]. These results indicate that miRNAs-34a may be a therapeutic target for osteosarcoma.

It would be surprising if many studies were performed by different researchers in different laboratories with different techniques, all of them ended up by measuring the same fundamental parameters. Furthermore, animal studies are usually small size (with a sample size of about ten in each group). Therefore, the heterogeneity is acceptable, the challenge is to decide on the most fitting method to evaluate heterogeneous studies. When heterogeneity cannot be ignored, one analytical method is to integrate the data into a random-effects model, which hypothesizes that the effects being estimated in diverse studies are not equal, however follow some distribution.

Therefore, we systematically collected all available literatures of miRNA-34a on osteosarcoma in the mouse models and performed a meta-analysis. This is the first meta-analysis to evaluate the potential value of miRNA-34a serving as diagnostic and prognostic bio-marker for osteosarcoma. We carried out a systematic literature search that included both English and Chinese databases to make sure the comprehensiveness of the studies that were assessed. Two researchers reviewed the studies individually, evaluated the methodological quality, and extracted the data to evade the bias. Though this is not a comprehensive list of all therapies that have ever been tried in pre-clinical models of osteosarcoma, but rather, a systematic review and meta-analysis of specific therapy that are being considered for human translation.

Although all included publications and data were collected strictly based on the inclusion/ exclusion criteria in this meta-analysis to reduce the bias and improve the quality of the article, some inevitable factors still existed. As we can see Tables 1 and 2, one studies did not explain gender of mice, no study has described sample-size calculation, allocation concealment, blinded assessment of outcomes and animals excluded from analysis.

In conclusion, an important finding in this meta-analysis is that miRNA-34ahas good anti-osteosarcoma potential thus may have future value as a therapeutic and prognostic biomarker in osteosarcoma. This will provide a powerful evidence for the future development of animal experiments and new therapeutic targets for clinical treatment of osteosarcoma. However, more reliable animal experiments and clinical trials need to be carried out before a miRNA-based treatment could be translated from animal studies to human use.

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#### Author contributions statement

Yanping Yang and Qi Shi designed and coordinated the overall process of this meta-analysis; Yanping Yangand Yongjun Wangedited the manuscript; Wenyi Wang, Shaopu Hu, Hongfeng Ruan and Junli Chang performed literature search and selection; Wenyi Wang and Wenlan Zhi drafted the manuscript; Shaopu Hu and Xiaobo Wang prepared the figures.

### **Competing Interests**

The authors have declared that no competing interest exists.

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