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# Association of genetically proxied cancer-targeted drugs with cardiovascular diseases through Mendelian randomization analysis

Chuchun Fang<sup>1,4,5†</sup>, Xuewei Liu<sup>2,3,4†</sup>, Chen Yu<sup>6</sup>, Songlin Li<sup>1,4,5</sup>, Xueying Liu<sup>1,4,5</sup>, Shifeng Qiu<sup>1,4,5</sup>, Hongbin Liang<sup>1,4,5</sup>, Caiwen Ou<sup>2,3,4\*</sup> and Jiancheng Xiu<sup>1,4,5\*</sup> 

## Abstract

**Background** Cancer-targeted therapies are progressively pivotal in oncological care. Observational studies underscore the emergence of cancer therapy-related cardiovascular toxicity (CTR-CVT), impacting patient outcomes. We aimed to investigate the causal relationship between different types of cancer-targeted therapies and cardiovascular disease (CVD) outcomes through a two-sample Mendelian randomization (MR) study.

**Methods** This genome-wide association study was conducted using a two-sample Mendelian randomization framework. Genetic instruments for drug target gene expression were extracted from the eQTLGen consortium (31684 individuals, 37 cohorts). Genome-wide association study (GWAS) summary statistics for 19 cardiovascular diseases were derived from the FinnGen database. Primary analysis was carried out using the summary-data-based MR (SMR) method, with sensitivity analysis for validation. Colocalization analysis identifies shared causal variants between exposure eQTLs and CVD-associated single-nucleotide polymorphisms (SNPs).

**Results** Among the 39 drug target genes, 8 were identified with detectable cis-eQTLs and were subsequently validated through positive control analysis for further investigation. In the SMR and sensitivity analyses, genetically proxied VEGFA inhibition showed significantly strong association with stroke (odds ratio [OR] = 1.17, 95% confidence interval [CI] = 1.09–1.26,  $p = 1.33 \times 10^{-5}$ ). Additionally, the inhibition of FGFR1, FLT1, and MAP2K2 exhibited suggestive association with corresponding cardiovascular disease outcomes. Nevertheless, only VEGFA expression and stroke shared a causal variant (93.6%), whereas FGFR1, MAP2K2, and FLT1 did not share causal variants with corresponding cardiovascular diseases in the colocalization analysis.

**Conclusions** This genetic association study revealed evidence supporting the genetic association between the use of VEGFA inhibitors and increased stroke risk, highlighting the need for enhanced pharmacovigilance. These findings underscore the delicate balance between cardiovascular toxicity risk and the benefits of cancer-targeted therapy.

<sup>†</sup>Chuchun Fang and Xuewei Liu contributed equally to this work.

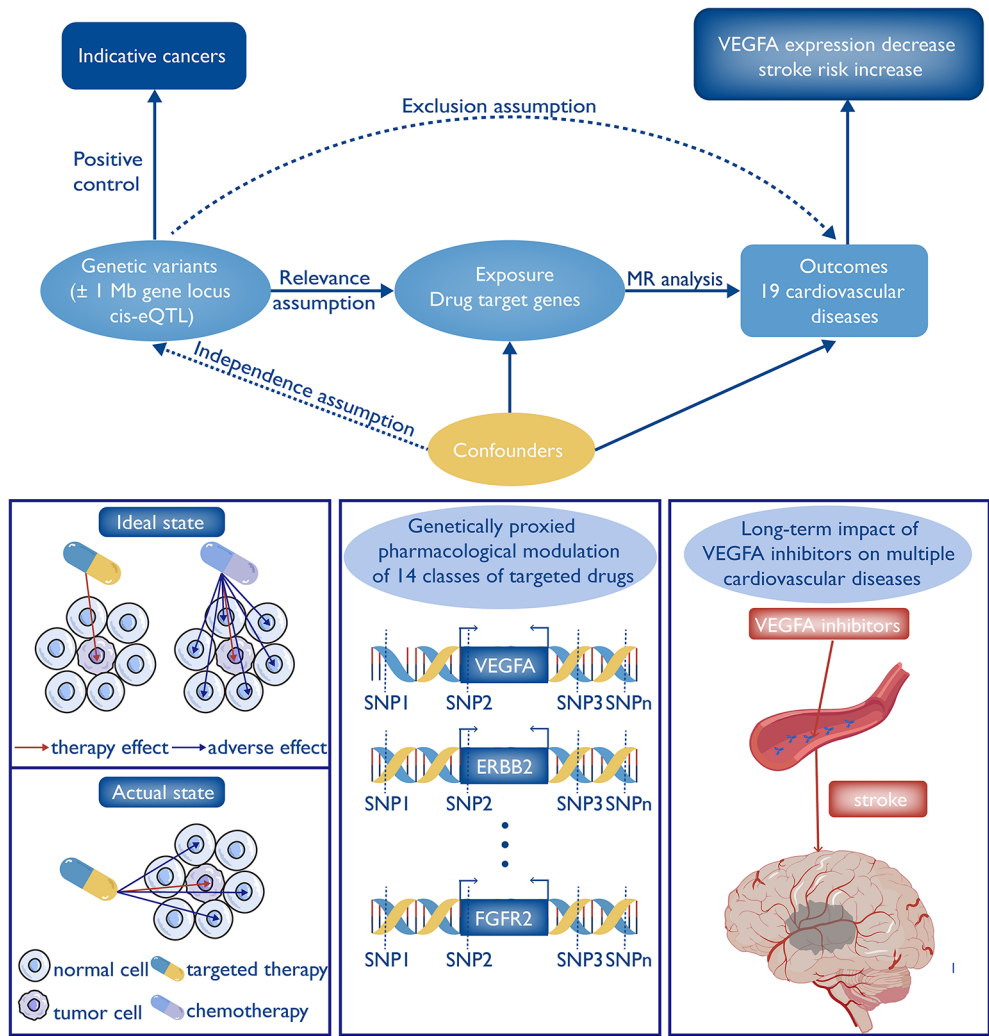
\*Correspondence:  
Caiwen Ou  
oucaiwen@smu.edu.cn  
Jiancheng Xiu  
xiujch@163.com

Full list of author information is available at the end of the article



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Graphical Abstract



**Central illustration** Compared with traditional chemotherapy, targeted therapy is expected to selectively impact tumour cells. However, in reality, targeted therapy can impair normal cells, and this effect extends to other organs through the circulation. SNPs within  $\pm 1$  Mb of the gene locus were defined as cis-eQTLs to pharmacologically proxy the modulation effect of targeted drug exposure. Drug–target Mendelian randomization (MR) was conducted on multiple cardiovascular diseases, revealing a significant causal association between VEGFA inhibition and stroke risk. Three assumptions should be satisfied: relevance, exclusion, and independence. eQTL: expression quantitative trait loci; MR: Mendelian randomization; SNP = single–nucleotide polymorphism; VEGFA: vascular endothelial growth factor A.

**Keywords** Cancer-targeted therapy, Cardiovascular diseases, Mendelian randomization, eQTL

Background

Cardiovascular diseases (CVDs) remain the leading cause of morbidity and mortality in oncology patients worldwide [1, 2]. This stems from anticancer therapy side effects or increased susceptibility to cardiovascular risk factors,

including dyslipidaemia, diabetes, cachexia, genetic variants, and immune system disorders [3–6]. The burgeoning field of cardio-oncology, evolving with novel cancer therapies, emphasizes the need for interdisciplinary collaboration in managing cancer patients due to treatment-related

adverse events known as cancer therapy-related cardiovascular toxicities (CTR-CVTs) [7]. Traditional cancer treatments encompass surgery, radiation therapy, chemotherapy, immunotherapy, and targeted therapy [8]. This study specifically investigated the adverse effects of targeted therapy on the cardiovascular system.

Studies have investigated the cardiovascular toxicity mechanisms induced by targeted drugs, including direct toxicity to the heart and vasculature, as well as disturbances in cardiovascular, immune, and metabolic homeostasis [3]. For example, observational studies have shown that immune checkpoint inhibitors (ICIs), raise risks of myocardial infarction, coronary revascularization, ischaemic stroke, mediated by accelerated progression of atherosclerosis, and myocarditis [9, 10]. A human epidermal growth factor receptor 2 (HER2) inhibitor enhances overall survival in patients with HER2-positive cancer, but it is implicated in asymptomatic left ventricular ejection fraction reduction, heart failure, arrhythmia, and long-term cardiopulmonary function impairment [11, 12]. Recognizing diverse manifestations and mechanisms across drug classes is crucial in the management of cardio-oncology patients.

In traditional observational studies, associations are demonstrated rather than causalities, and challenges such as reverse causations and complicated confounding biases may arise. While randomized controlled trials (RCTs) are considered the gold standard for investigating causal associations between traits, their implementation is often challenging due to their time-consuming and laborious nature. Therefore, Mendelian randomization (MR) has emerged as an optimal approach to genetically validate whether the observed relationship between exposure and outcome is causal. Drug-target MR analysis employs SNPs as IVs to proxy the pharmacological inhibitory effect of a drug on its target protein. Genetic variants, validated to associate with the expression of drug target genes, are termed expression quantitative trait loci (eQTLs). By satisfying three major assumptions—relevance, exclusion, and independence—MR analysis can overcome confounding bias and reverse causation. This is due to the random assignment at meiosis and the prior assignment to disease of genetic variants, facilitating the exploration of long-term risk modulation by targeted drugs [13, 14]. Additionally, the summary-data-based Mendelian Randomization (SMR) method is a robust and efficient MR approach that excels in data accessibility, statistical power, efficiency, and scalability. It integrates summary-level data from genome-wide association studies (GWAS) with expression quantitative trait locus (eQTL) data to evaluate causal relationships between gene expression and complex traits [15, 16].

In this study, the potential causal associations between cancer-targeted drugs and a broad spectrum

of cardiovascular diseases were investigated using a two-sample MR framework. The cis-eQTLs were used as genetic variants for target genes of cancer-targeted therapies.

## Methods

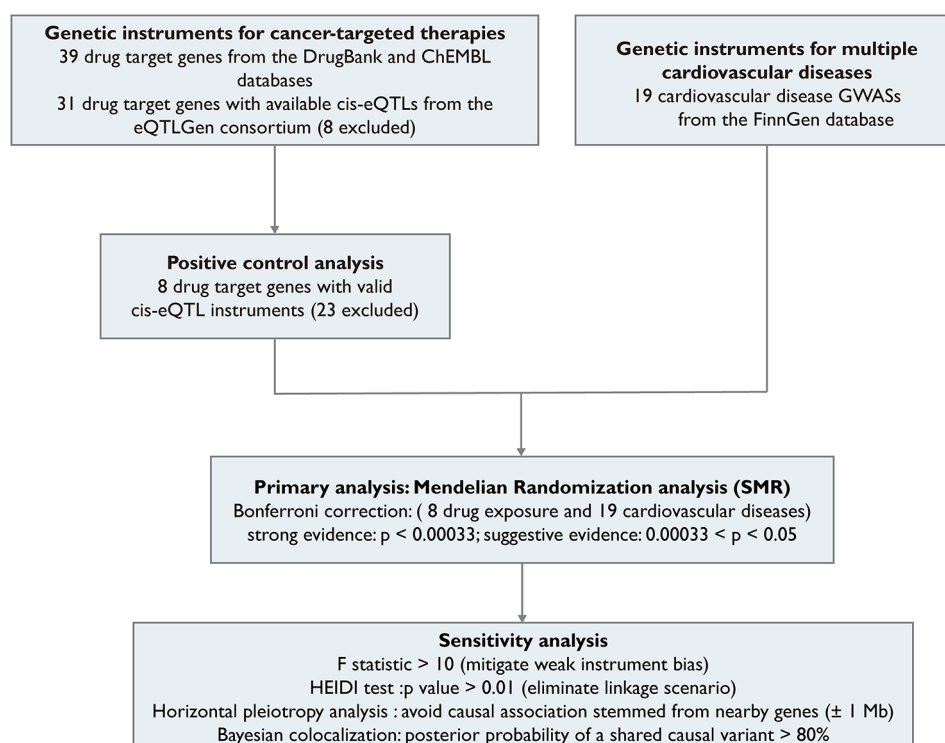
### Study design

Two-sample MR analysis was conducted to investigate the causal relationship between cancer-targeted therapies and 19 CVDs. Initially, drug target genes for each cancer-targeted therapy were identified from the DrugBank [17] (<https://go.drugbank.com/>) and ChEMBL [18, 19] (<https://www.ebi.ac.uk/chembl/>) databases. Subsequently, the top cis-eQTL were extracted as IVs to proxy the pharmacological modulation of each drug target proteins. Gathering GWASs for CVDs outcomes from the FinnGen dataset (<https://r9.finngen.fi/>), we utilized the SMR method to estimate the effect sizes of genetically proxied drug expression and CVDs outcomes. The study adhered to three key assumptions: relevance, exclusion, and independence. A detailed flowchart is presented in Fig. 1, and a central illustration is provided. No ethical approval was required for our study, since all analyses relied on publicly available summary-level data.

### Genetic instruments for cancer-targeted therapies

Major cancer-targeted therapies are categorized into specific classes (Table 1), including human epidermal receptor 2 (HER2)-targeted therapies, vascular endothelial growth factor (VEGF) inhibitors, multitargeted kinase inhibitors targeting breakpoint cluster region–Abelson oncogene locus (BCR-ABL), Bruton tyrosine kinase (BTK) inhibitors, proteasome inhibitors and monoclonal antibodies for multiple myeloma, rapidly accelerated fibrosarcoma (RAF) and mitogen-activated extracellular signal-regulated kinase (MEK) inhibitors, immune checkpoint inhibitors (ICIs), cyclin-dependent kinase 4/6 (CDK4/6) inhibitors, anaplastic lymphoma kinase (ALK) inhibitors, and epidermal growth factor receptor (EGFR) inhibitors. This classification follows the guidelines on cardio-oncology published by the European Society of Cardiology (ESC) in 2022 [7]. Additionally, several targeted drugs with pancancer treatment potential were considered, including fibroblast growth factor receptor (FGFR) inhibitors [20], tumour-associated calcium signal transducer 2 (TACSTD2) inhibitors [21], neurotrophic tyrosine receptor kinase (NTRK) inhibitors [22] and poly ADP-ribose polymerase (PARP) inhibitors [23]. Having determined the specific categorization of cancer-targeted therapies, we performed detailed research on the DrugBank and ChEMBL databases to identify drug target genes for corresponding cancer-targeted therapies.

The expression quantitative trait loci (eQTLs) for drug target genes used as the proxies of exposure to each



**Fig. 1** Study overview. Drug target genes were identified from both the DrugBank and ChEMBL databases, and cis-eQTLs were extracted from the eQTLGen consortium to serve as genetic instruments. Positive control analyses were conducted to validate the genetic instruments. Summary GWASs for cardiovascular diseases were obtained from the FinnGen dataset. For each exposure, we performed MR analyses utilizing the SMR method and multiple sensitivity analyses. eQTL = expression quantitative trait loci; SMR = summary-data-based Mendelian randomization; GAWs = genome-wide association study

cancer-targeted therapy were obtained from the publicly available eQTLGen consortium ( $n=31,684$ ) [24]. Our study focused exclusively on cis-eQTLs located within 1 Mb windows flanking each encoded gene. We identified common SNPs (minor allele frequency > 1%) that were significantly associated with the expression of drug target genes at a genome-wide level ( $p < 5 \times 10^{-8}$ ). Using the SMR approach, we adhered to the strong relevance assumption of Mendelian Randomization by selecting the top significantly associated cis-eQTL near the target gene as a single genetic instrument.

#### Outcome data sources

The publicly available GWAS summary-level data for 19 CVDs outcomes were retrieved from the FinnGen consortium [25]. The specified CVD outcomes, along with their respective case and control numbers, are as follows: heart failure (27,304 cases, 349,973 controls), myocardial infarction (24,185 cases, 313,400 controls), stroke (39,818 cases, 271,817 controls), coronary heart disease (43,518 cases, 333,759 controls), ischaemic heart disease (63,744 cases, 313,533 controls), valvular heart disease (20,929 cases, 286,109 controls), cardiomyopathy (5,874 cases, 286,109 controls), myocarditis (1,521 cases, 191,924 controls), pericarditis (979 cases, 286,109

controls), hypertension (111,581 cases, 265,626 controls), pulmonary hypertension (234 cases, 265,626 controls), venous thromboembolism (19,372 cases, 357,905 controls), pulmonary embolism (9,243 cases, 367,108 controls), peripheral vascular disease (2,230 cases, 349,539 controls), conduction disorders (9,949 cases, 286,109 controls), atrial fibrillation and flutter (45,766 cases, 191,924 controls), pleural effusion (4,513 cases, 361,836 controls), dyslipidaemia (37,742 cases, 324,150 controls), and cardiovascular death (19,295 cases, 357,982 controls) (Additional file 2: Table S2) [7, 26–28]. The study population was restricted to individuals of European ancestry. Additionally, all GWASs conducted as part of the FinnGen research project underwent analysis using REGENIE and were adjusted for covariates including sex, age, genotype batch, and first ten principal components.

#### Positive control analysis

A positive control analysis was conducted to validate the robustness of the genetic instrument for drugs by examining the anticipated relationship between the expression of drug target genes and the corresponding cancers under drug exposures. Thus, we selected the expression of drug target genes as exposures and the corresponding indicative cancers as outcomes, utilizing summary-data-MR

**Table 1** Target genes for cancer-targeted drugs from the DrugBank and ChEMBL

Drug class	Encoding genes of target proteins		Gene location (hg19)
	DrugBank	ChEMBL	
Human epidermal receptor 2 (HER2)-targeted therapies	ERBB2	ERBB2	chr17:37865423
Vascular endothelial growth factor (VEGF) inhibitors	VEGFA	VEGFA	chr6:43746072
	FLT1	FLT1	chr13:28971877
	KDR	KDR	chr4:55,968,200
	FLT4	FLT4	chr5:180052565
	BCR	BCR	chr22:23591057
Multitargeted kinase inhibitors targeting breakpoint cluster region-Abelson oncogene locus (BCR-ABL)	ABL1	ABL1	chr9:133676197
Bruton tyrosine kinase (BTK) inhibitors	BTK	BTK	chrX:100,622,809
Immune checkpoint inhibitors (ICIs)	CTLA4	CTLA4	chr2:204735596
	PDCD1	PDCD1	chr2:242796546
	CD274	CD274	chr9:5,460,534
	CDK4	CDK4	chr12:58145653
Cyclin-dependent kinase 4/6 (CDK4/6) inhibitors	CDK6	CDK6	chr7:92350071
	PSMB1	PSMB1	chr6:170853317
	PSMB2	PSMB2	chr1:36087315
Multiple myeloma therapies	PSMB5	PSMB5	chr14:23495095
	PSMB8	PSMB8	chr6:32810487
	PSMB9	PSMB9	chr6:32819637
	PSMB10	PSMB10	chr16:67969697
	SLAMF7	SLAMF7	chr1:160716824
	XPO1	XPO1	chr2:61735372
	CD38	CD38	chr4:15815483
	EGFR	EGFR	chr7:79994513
	ALK	ALK	chr2:29780036
	BRAF	BRAF	chr7:140524753
Epidermal growth factor receptor (EGFR) inhibitors	RAF1	RAF1	chr3:12665412
	MAP2K1	MAP2K1	chr15:66731902
	MAP2K2	MAP2K2	chr19:4107222
	FGFR1	FGFR1	chr8:38297504
	FGFR2	FGFR2	chr10:123297910
Anaplastic lymphoma kinase (ALK) inhibitors	FGFR3	FGFR3	chr4:1802816
	FGFR4	FGFR4	chr5:176519516
	TACSTD2	TACSTD2	chr1:59042132
	NTRK1	NTRK1	chr1:156818537
Rapidly accelerated fibrosarcoma and mitogen-activated extracellular signal-regulated kinase inhibitors	NTRK2	NTRK2	chr9:87460985
	NTRK3	NTRK3	chr15:88609114
	PARP1	PARP1	chr1:226572086
Fibroblast growth factor receptor (FGFR) inhibitors	PARP2	PARP2	chr14:20818902
	PARP3	PARP3	chr3:51979622
Tumour-associated calcium signal transducer 2 (TACSTD2) inhibitors			
Neurotrophic tyrosine receptor kinase (NTRK) inhibitors			
Poly ADP ribose polymerase (PARP) inhibitors			

We obtained totally 39 drug target genes for each cancer-targeted therapy obtained from the DrugBank and ChEMBL databases. Gene location was identified as the middle position for each gene, obtained from <https://grch37.ensembl.org/>. BRAF=v-Raf murine sarcoma viral oncogene homologue B1; CD38=cluster of differentiation 38; CD274=cluster of differentiation 274; CI=confidence interval; CTLA4=cytotoxic T-lymphocyte-associated antigen 4; ERBB2=receptor tyrosine-protein kinase erbB-2; FLT1=FMS-like tyrosine kinase 1; FLT4=FMS-like tyrosine kinase 4; KDR=Kinase insert domain receptor; MAP2K1=mitogen-activated protein kinase kinase 1; MAP2K2=mitogen-activated protein kinase kinase 2; PDCD1=programmed cell death protein 1; PSMB=proteasome 20 S subunit beta; RAF=rapidly accelerated fibrosarcoma; SLAMF7=signalling lymphocytic activation molecule family 7; VEGFA: vascular endothelial growth factor A; XPO1=exportin 1

(SMR) software, version 1.3.1 [15], for a 2-sample MR analysis. Detailed information regarding the GWASs for these positive control outcomes is presented in the supplemental materials (Additional file 2: Table S2). Genes that did not exhibit the expected significant association with cancers were excluded from further primary MR analysis.

## Statistical analysis

### Primary MR analysis of drug target genes expression in CVDs outcomes

The SMR method was applied to investigate the associations between a 1 SD decrease in drug target gene expression levels and CVDs outcomes mentioned above. The effect sizes of genetic associations between drug target



genes expression and CVDs outcomes were converted to odds ratios (ORs), which were standardized to demonstrate inhibitory effects on corresponding indicative cancers. Consequently, the primary results in terms of ORs illustrated the potential direction of cancer-targeted therapy exposures concerning the risk of CVDs.

Considering multiple hypothesis testing, we implemented Bonferroni correction, setting the critical significance level at 0.00033 (8 drug target genes and 19 CVDs outcomes) [29]. A significance level of  $p < 0.00033$  indicated strong evidence, whereas  $0.00033 < p < 0.05$  indicated suggestive evidence.

### Sensitivity analysis

The strength of the genetic instrument for drug exposure was measured by the F-statistic, excluding eQTLs with an F statistic less than 10 to mitigate weak instrument bias [30]. The heterogeneity in dependent instruments (HEIDI) test was then employed to identify whether the associations between drug target genes expression and CVDs outcome stemmed from linkage scenario [15]. A p-value above 0.01 was used as the threshold, indicating that we could not reject the null hypothesis of a single causal variant underlying the relationship between gene expression and trait variation. This supports the absence of significant linkage disequilibrium in the association between drug exposure and CVD outcomes.

Given the potential for one genetic instrument to be linked with the expression of multiple genes, violating the exclusion assumption of MR analysis, we assessed horizontal pleiotropy by extracting nearby genes within 1 Mb on each side [31]. For those nearby genes strongly associated with the top eQTL ( $p < 0.05$ ), SMR analysis was performed to determine whether the genetic instrument influenced the CVDs outcome via the expression of nearby genes rather than target genes.

For significant causal associations, Bayesian colocalization [32, 33] was applied to further evaluate the probability that drug genes expression and CVDs outcome share a common causal variant via the R package 'coloc' (<http://cran.r-project.org/web/packages/coloc>), including SNPs within  $\pm 1$  Mb of the drug target gene. As described by Giambartolomei et al. [32], Bayesian colocalization analysis comprises five mutually exclusive hypotheses: (1) H0: There is no causal variant associated with either trait; (2) H1: There is a causal variant only associated with trait 1; (3) H2: There is a causal variant only associated with trait 2; (4) H3: Trait 1 and trait 2 are associated with the region via two independent variants; (5) H4: Trait 1 and trait 2 are associated with the region via one shared causal variant. The posterior probabilities corresponding to these hypotheses are denoted as PPH0, PPH1, PPH2, PPH3, and PPH4, quantifying the evidence supporting each hypothesis. A gene was assumed to be colocalized

with the CVDs outcome on the basis of a  $PPH4 > 80\%$  [34]. We also performed colocalization analysis for nearby genes with significant associations via horizontal pleiotropy analysis. We also performed two-sample Mendelian randomization analysis using various methods provided in the R package TwoSampleMR (version 0.5.7), including Inverse Variance Weighted (IVW), MR-Egger, Weighted Median, Simple Mode, and Weighted Mode. While these methods operate within the same analytical framework, their differing assumptions can lead to biases in the estimations.

### Phenotype scanning

We performed phenotype scanning using the IEU OpenGWAS database (<https://gwas.mrcieu.ac.uk/>) to explore associations between top cis-eQTLs and other traits. The analysis adhered to the following criteria: [1] associations were considered significant if  $p < 5 \times 10^{-8}$ , and [2] the top cis-eQTLs were linked to known risk factors for cardiovascular diseases.

### Reverse MR analysis

Reverse Mendelian Randomization (MR) analysis was conducted for significant associations identified in the phenotype scanning. Given that the eQTLGen summary data contained only cis-associations, which are unsuitable for reverse MR analysis requiring genome-wide genetic variations as outcomes, we used protein quantitative trait loci (pQTLs) data from deCODE ( $n = 35,559$ ) as outcome SNPs [35].

## Results

### Genetic instruments selection and validation for cancer-targeted therapy

Among the 39 cancer therapy-associated genes detailed in the DrugBank and ChEMBL (Table 1), eight were excluded due to the absence of genetic variants in expression. Subsequently, for 31 of 39 drug target genes, with available genetic variants, the most significant cis-eQTLs, with F statistics surpassing 10, were utilized as genetic instruments to minimize weak instrument bias. Positive control analyses validated the efficacy and robustness of the genetic instrument. Eight of the 31 drug target genes, including VEGFA, ERBB2, FLT1, FLT4, PSMB1, MAP2K2, FGFR1, and FGFR2, significantly associated with indicative cancers ( $p < 0.05$ ), were analysed further. Odds ratios (ORs) were used to genetically proxy the inhibitory effect per 1 SD decrease in gene expression (Table 2 and Additional file 2: Table S3).

### Primary SMR analysis

As shown in Fig. 2 and Additional file 2: Table S4, genetically proxies for VEGFA inhibition were significantly associated with increased stroke risk (OR=1.17,

95% CI=1.09–1.26,  $p=1.33\times10^{-5}$ ), supported by the Bonferroni-corrected  $p$  values and HEIDI test ( $p>0.01$ , eliminating the linkage scenario). Additionally, genetically proxied VEGFA inhibition was suggestively associated with increased risk for coronary heart diseases (OR=1.13, 95% CI=1.05–1.21,  $p=5.44\times10^{-4}$ ), hypertension (OR=1.08, 95% CI=1.03–1.14,  $p=1.78\times10^{-3}$ ), ischaemic heart diseases (OR=1.09, 95% CI=1.03–1.16,  $p=3.40\times10^{-3}$ ), myocardial infarction (OR=1.12, 95% CI=1.02–1.23,  $p=1.32\times10^{-2}$ ), dyslipidaemia (OR=1.09, 95% CI=1.01–1.16,  $p=1.84\times10^{-2}$ ), and atrial fibrillation (OR=1.10, 95% CI=1.01–1.20,  $p=2.42\times10^{-2}$ ).

Genetically proxied ERBB2 inhibition was suggestively associated with a lower risk of atrial fibrillation (OR=0.59, 95% CI=0.43–0.82,  $p=1.42\times10^{-3}$ ) (Additional file 2: Table S5 and Additional file 1: Figure S1). Genetically proxied FLT1 inhibition was suggestively protective against coronary heart diseases (OR=0.94, 95% CI=0.89–0.99,  $p=3.26\times10^{-2}$ ) and myocardial infarction (OR=0.92, 95% CI=0.85–1.00,  $p=4.70\times10^{-2}$ ), but was a risk factor for valvular heart diseases (OR=1.10, 95% CI=1.01–1.19,  $p=2.33\times10^{-2}$ ) (Additional file 2: Table S6). Genetically proxied FLT4 inhibition showed suggestive evidence of a positive association with myocarditis (OR=1.56, 95% CI=1.06–2.29,  $p=2.45\times10^{-2}$ ) (Additional file 2: Table S7 and Additional file 1: Figure S2). Genetically proxied MAP2K2 inhibition was suggested to negatively associated with hypertension (OR=0.95, 95% CI=0.90–1.00,  $p=3.44\times10^{-2}$ ), while positively associated with myocardial infarction (OR=1.11,

95% CI=1.01–1.21,  $p=2.23\times10^{-2}$ ) (Additional file 2: Table S9). Genetically proxied FGFR1 inhibition showed suggestively protective effects on stroke (OR=0.89, 95% CI=0.84–0.95,  $p=4.35\times10^{-4}$ ) and hypertension (OR=0.94, 95% CI=0.90–0.98,  $p=2.26\times10^{-3}$ ) (Additional file 2: Table S10). No significant associations were detected between genetically proxied PSMB1 or FGFR2 inhibition and CVDs outcomes (Additional file 2: Table S8 and S11, Additional file 1: Figure S3–S4).

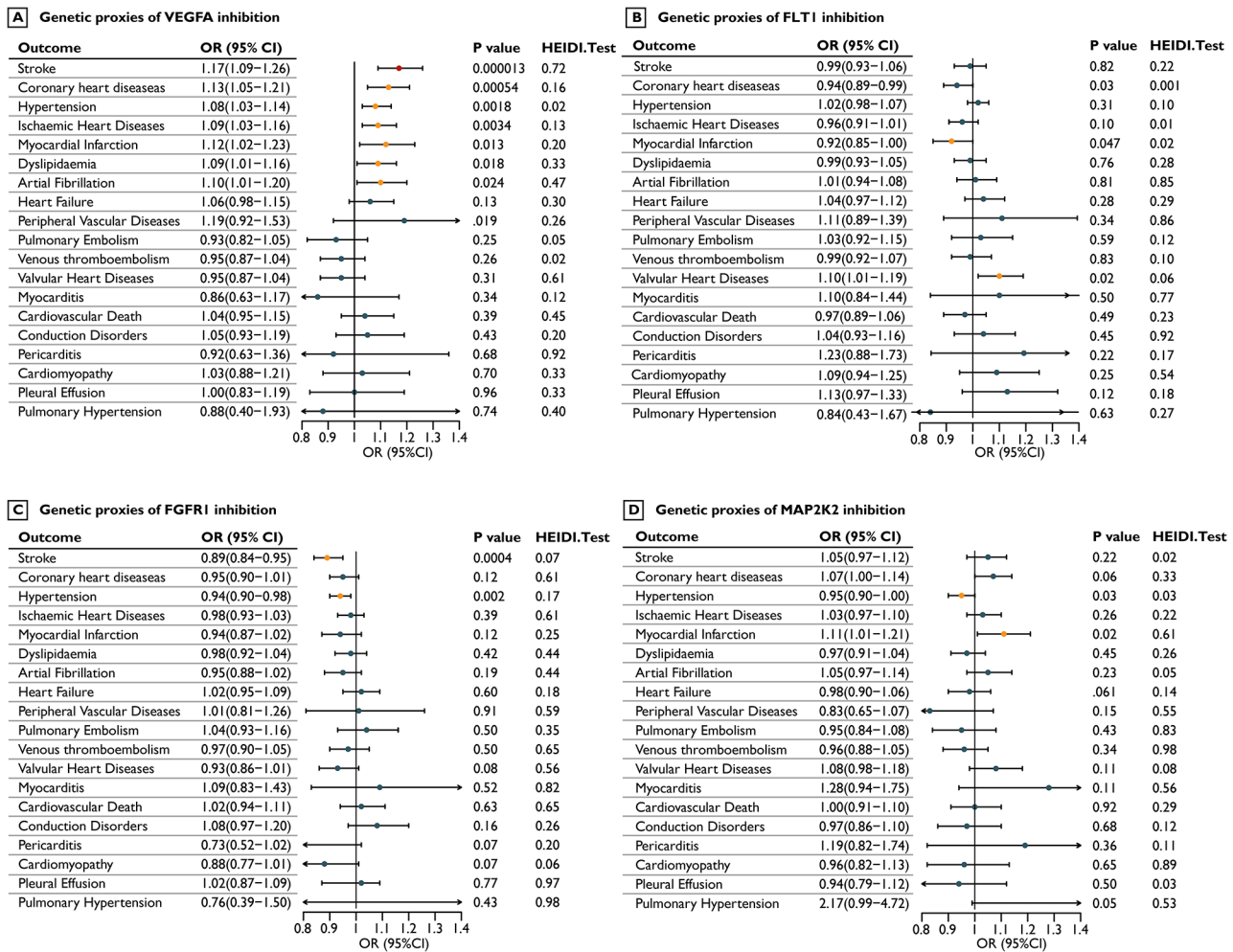
### Sensitivity analysis

Horizontal pleiotropy was examined to ascertain whether the aforementioned significant associations originated from nearby genes linked to the top cis-eQTLs of drug target genes within  $\pm 1$  Mb window. For VEGFA, ERBB2, FLT1, FLT4, FGFR1, and MAP2K2, we identified 12, 20, 2, 9, 5, and 7 adjacent genes, respectively, including the drug target genes themselves. Subsequently, cis-eQTLs at  $p<5\times10^{-8}$  were extracted (Additional file 2: Table S12). SMR analyses revealed significant associations between VEGFA and stroke, FLT1 and myocardial infarction, FLT1 and valvular heart diseases, FGFR1 and stroke, as well as MAP2K2 and myocardial infarction. Notably, these associations were observed with respect to the drug target genes themselves rather than with adjacent genes and corresponding CVDs outcomes, suggesting the absence of horizontal pleiotropy (Additional file 2: Table S13). The results from the IVW method were consistent with those from the SMR analysis, highlighting significant associations. These included genetically

**Table 2** MR association between inhibition of drug target genes and indicative cancers

Exposure and outcome	SNVs, No.	top eQTL SNP	F statistic	Beta <sup>a</sup> (95% CI)	OR <sup>b</sup> (95% CI)	p value
<b>VEGFA expression</b>						
Ovary cancer	214	rs11965885	872.6	-0.44 (-0.62- -0.25)	0.65 (0.44–0.94)	0.02
Breast cancer	214	rs11965885	872.6	-0.15 (-0.22- -0.09)	0.86 (0.75–0.98)	0.02
<b>ERBB2 expression</b>						
Colorectal cancer	272	rs903506	66.40	-0.93 (-1.21- -0.64)	0.40 (0.22–0.71)	0.002
Prostate cancer	272	rs903506	66.40	-0.50 (-0.71- -0.28)	0.61 (0.39–0.95)	0.02
<b>FLT1 expression</b>						
Melanoma	523	rs56728557	510.48	-0.20 (-0.28- -0.12)	0.82 (0.69–0.97)	0.02
<b>FLT4 expression</b>						
Head and neck cancer	255	rs2387281	493.71	-0.35 (-0.51- -0.19)	0.70 (0.51–0.97)	0.03
<b>PSMB1 expression</b>						
Multiple myeloma	859	rs4710839	1731.11	-0.36 (-0.52- -0.19)	0.70 (0.50–0.99)	0.04
<b>MAP2K2 expression</b>						
Melanoma	169	rs10250	526.34	-0.23 (-0.33- -0.12)	0.80 (0.64–0.99)	0.04
<b>FGFR1 expression</b>						
Biliary tract cancer	323	rs10958704	1178.17	-0.41 (-0.56- -0.26)	0.66 (0.49–0.91)	0.01
<b>FGFR2 expression</b>						
Biliary tract cancer	268	rs1896422	2896.70	-0.24 (-0.34- -0.14)	0.79 (0.64–0.97)	0.03
Breast cancer	268	rs1896422	2896.70	-0.12 (-0.15- -0.09)	0.89 (0.83–0.94)	0.00006

Abbreviation CI=confidence interval; eQTL=expression quantitative trait loci; ERBB2=receptor tyrosine-protein kinase erbB-2; FGFR1=fibroblast growth factor receptor 1; FGFR2=fibroblast growth factor receptor 2; FLT1=FMS-like tyrosine kinase 1; FLT4=FMS-like tyrosine kinase 4; OR=odds ratio; SNV=single-nucleotide variant; VEGFA=vascular endothelial growth factor A



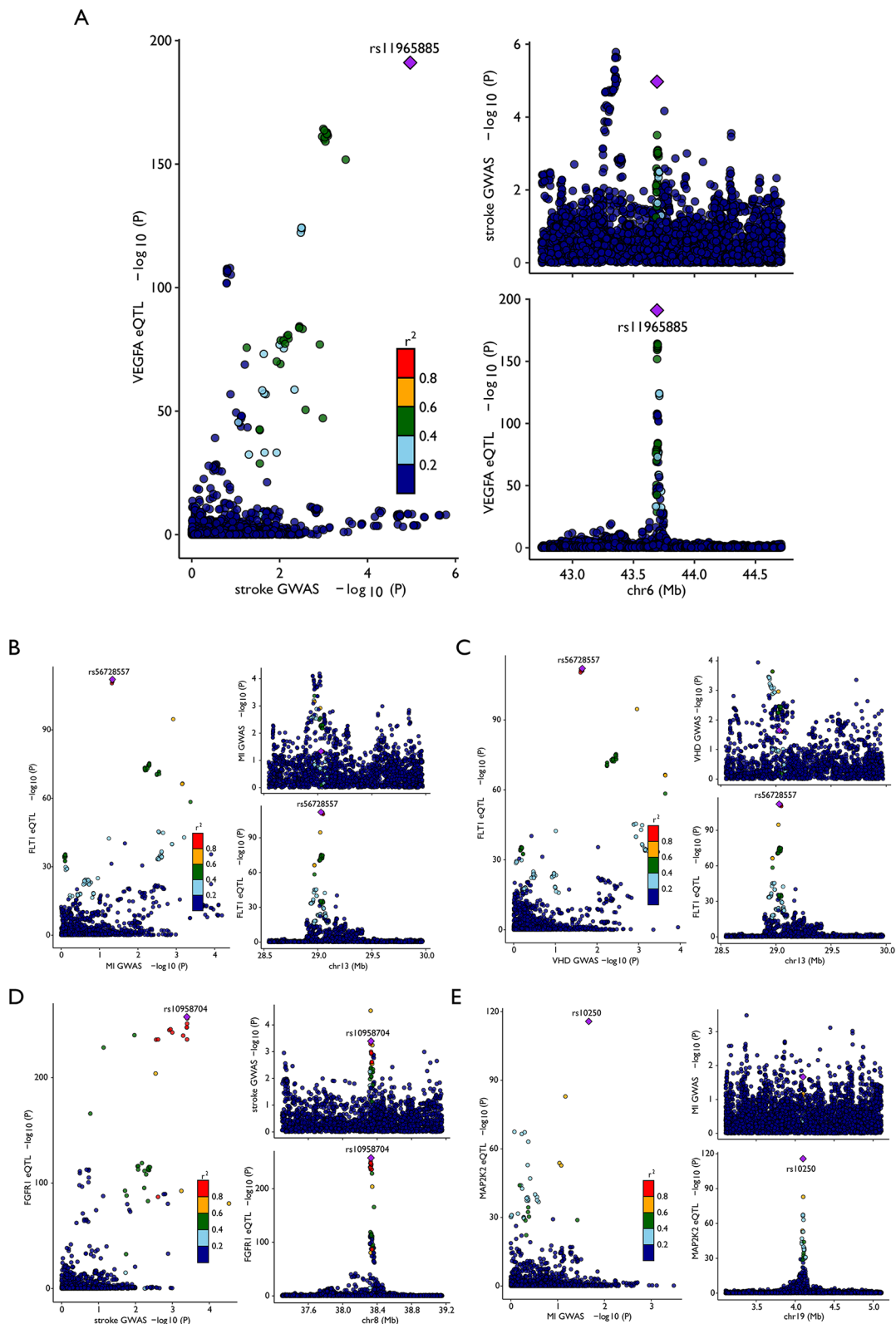
**Fig. 2** Causal associations between cancer-targeted therapies and cardiovascular diseases. A Mendelian randomization study estimated ORs for the effect of a 1 SD decrease in the expression of **(A)** VEGFA, **(B)** FLT1, **(C)** FGFR1, and **(D)** MAP2K2 on 19 cardiovascular diseases. The results were obtained from SMR analysis at a Bonferroni correction p value < 0.00033 (8 exposures and 19 outcomes) and a HEIDI test p value > 0.01 to avoid linkage disequilibrium. The red points indicate SMR P values < 0.00033 and HEIDI test p-value > 0.01, the yellow points indicate SMR 0.00033 < P values < 0.05 and HEIDI test p values > 0.01, and the blue points indicate other values. OR = odds ratio; CI = confidence interval; HEIDI = heterogeneity in the dependent instrument

proxied VEGFA inhibition with an increased stroke risk (OR=1.14, 95% CI=1.10–1.17,  $p=0.016$ ), MAP2K2 inhibition with an increased risk of myocardial infarction (OR=1.09, 95% CI=1.01–1.19,  $p=0.037$ ), and FGFR1 inhibition with a decreased stroke risk (OR=0.92, 95% CI=0.87–0.98,  $p=0.007$ ). Additionally, the Weighted Median method confirmed the significant association between genetically proxied FLT1 inhibition and an increased risk of valvular heart disease (OR=1.08, 95% CI=1.01–1.16,  $p=0.035$ ), aligning with the SMR analysis. However, no significant association was identified between FLT1 expression and myocardial infarction risk using the two-sample MR method (Additional File 2: Table S14). Furthermore, none of the top cis-eQTLs for these drug target genes with significant associations were linked to other traits recognized as cardiovascular disease risk factors (Additional File 2: Table S15).

### Colocalization analysis

Further colocalization analysis revealed a robust 93.6% posterior probability of a shared causal variant between VEGFA expression and stroke risk, providing robust support for the observed MR association (Fig. 3). In contrast, associations with PPH4 less than 80% were considered nonsignificant. These included the association between FLT1 expression and myocardial infarction risk (PPH4=3.4%), FLT1 expression and valvular heart disease risk (PPH4=6.6%), FGFR1 expression and stroke risk (PPH4=65.5%), and MAP2K2 expression and myocardial infarction risk (PPH4=5.7%) (Fig. 3, Additional File 2: Table S13).





**Fig. 3** Colocalization analysis between significant drug target genes and CVD outcomes. The figure depicts colocalization between the drug target gene eQTL signal and the outcome GWAS. The purple diamond points indicate the lead SNP with the minimal P value in the eQTL. The eQTL P values were extracted from the eQTLGen consortium (31,684 samples), and the stroke GWAS P values were extracted from the FinnGen database (39,818 cases, 27,1817 controls). eQTL: expression quantitative trait loci; GWAS: genome-wide association study

### Reverse MR analysis of the effect of stroke risk on VEGFA protein levels in plasma

We analyzed pQTL data from the deCODE database for three VEGFA protein isoforms: VEGF121, L-VEGF165, and VEGF. Reverse MR analysis found no evidence of a causal association between stroke risk and VEGFA protein levels (Additional File 2: Table S16).

### Discussion

In this study, we investigated the effects of genes encoding cancer-targeted drugs on 19 adverse cardiovascular outcomes, confirming a significant causal link between genetically proxied VEGFA inhibition and increased stroke risk. This finding was consistent with the results of colocalization analysis, revealing that the posterior probability of a shared causal variant shared between VEGFA expression and stroke reached 93.6%. To our knowledge, this study represents the pioneering and most extensive MR study examining cancer-targeted drugs and cardiovascular outcomes.

Suggestive evidence has emerged for associations between genetically proxied FLT1 inhibition and decreased myocardial infarction risk, as well as increased valvular heart disease risk; genetically proxied FGFR1 inhibition and decreased stroke risk; and genetically proxied MAP2K2 inhibition and increased myocardial infarction risk. The protective effects of cancer-targeted therapies on cardiovascular diseases may be attributed to their anti-inflammatory properties and metabolic regulation [36, 37], while the harmful effects could be due to off-target effects and shared signaling pathways with cancer-targeted therapies [38, 39]. However, colocalization analysis revealed that the posterior probability of a shared causal variant was not significant between these drug genes and the corresponding CVDs outcomes. These conflicting results may arise from false-probability in suggestive associations, addressable through p-value adjustment via Bonferroni correction, or the existence of linkage disequilibrium, thereby violating MR assumptions [40]. Further investigations are needed to elucidate the reason underlying the absence of evidence for colocalization when a nonzero MR estimate is revealed.

Bevacizumab, the first approved angiogenesis inhibitor, is a recombinant humanized monoclonal antibody that targets vascular endothelial growth factor A ligand (VEGFA), and has demonstrated enhanced overall survival in various cancers [41, 42]. In a cohort study with 2526 stage IV colorectal cancer patients, the combination of first-line cytotoxic chemotherapy with bevacizumab correlated with an elevated stroke risk, compared with that of patients without bevacizumab (4.9% vs. 2.5%,  $p$  value < 0.01), rather than with cardiac events [43]. Another post hoc meta-analysis of 5 randomized clinical trials in metastatic carcinoma patients, revealed

a significantly increased risk of arterial thromboembolic events (ATEs) (hazard ratio [HR]=2.0, 95% confidence interval [CI]=1.05–3.75,  $p=0.031$ ) with bevacizumab treatment. Subsequent ATE classification revealed that the majority of patients experienced stroke, indicating a greater risk in bevacizumab-treated patients than in controls [44]. Totzeck et al. [45] and Saran et al. [46] also consistently showed a heightened stroke risk in patients with malignant tumours treated with bevacizumab combinations. Our MR results align with these findings, indicating a significant association between genetically proxied VEGFA inhibition and increased stroke risk. However, a meta-analysis of 77 studies and another meta-analysis of 5 clinical trials failed to establish significant association between bevacizumab application and increased risk of stroke [47, 48]. Given the uncertain association and causation unavailability in these studies, our MR study serves as a supplementary and extensive approach with respect to conventional studies.

The positive association between genetically proxied VEGFA inhibition and stroke risk remains elusive, but insights into the angiogenesis mechanism of VEGFA in malignant carcinoma may shed light on potential explanations. VEGFA is a dimeric glycoprotein in vascular endothelial growth factor (VEGF) family, that regulates angiogenesis and vascular permeability by interacting with its receptor tyrosine kinases, VEGFR1 and VEGFR2 (main receptors) [49]. As VEGFR2 is expressed on vascular endothelial cells beyond tumour neovascularization, VEGFA inhibition also affects the cardiovascular system with adverse effects. Inhibiting VEGFA leads to reduced nitric oxide (NO), mediated by the PI3K/Akt signalling pathway [49, 50]. Additionally, VEGFA inhibition disrupts phospholipase A2 (PLA2) activation via the PLC $\gamma$ /PKC signalling pathway, reducing prostaglandin I2 (PGI2) [50]. Diminished levels of the crucial vasodilators NO and PGI1, contribute to endothelial dysfunction, reducing vascular permeability and endothelial cell survival [50]. Furthermore, VEGFA inhibition increases mitochondrial oxidative stress, inflammation, and blood viscosity through overproduction of erythropoietin [51, 52]. While these mechanisms have not been thoroughly investigated, our MR results underscore the potential involvement of VEGFA in stroke pathogenesis.

### Study strengths

Our MR study exhibits several strengths. First, we employed eQTLs affecting gene expression as genetic instruments to proxy for the inhibition of cancer-targeted drug exposure, mitigating concerns of reverse causation and confounding bias. Second, we performed positive control analyses that examined the expected effects of cancer-targeted therapies on the indicated cancers, to verify the validity and robustness of the selected

genetic instrumental variables. Third, multiple sensitivity analyses, including the F statistic, HEIDI test, horizontal pleiotropy, and Bayesian colocalization, were conducted to ensure the efficacy of the MR results. Fourth, we restricted our cardiovascular disease GWASs to individuals of European ancestry, which minimized bias due to population stratification. Finally, our MR study provides a more economical, efficient and safe evaluation of the safety and side effects of cancer-targeted drugs than traditional randomized clinical trials.

### Study limitations

This study has several limitations. First, our exploration focused primarily on on-target actions, investigating the potential drug effects of intended drug targets on CVDs risk, opening the possibility of biological modulating effects through unintended drug targets, known as off-target actions. Second, although both cis-eQTL and outcome GWAS data predominantly involve the European population to mitigate population stratification bias, caution is necessary when generalizing MR results to other populations. Third, genetic instrumental variants reflect the life-long and low-dose effects of drug exposure on CVDs outcomes, potentially diverging from the short-term and high-dose effects of targeted drugs. Thus, MR results may contradict or not be fully comparable to those of relevant observational studies or clinical trials, and the effect size may not perfectly reflect the actual effect of targeted drug exposure. Nevertheless, these results provide valuable insights into the long-term adverse cardiovascular effects of cancer-targeted treatments. Fourth, the incidence of cardiovascular diseases varies with age. While Mendelian randomization (MR) analysis assumes that the effects of genetic variants on exposure are lifelong and independent of environmental factors, including age, genetic effects may interact with age. Age-stratified analyses could therefore provide additional insights into these relationships. Unfortunately, the FinnGen database we used does not provide age-specific stratified data, which limits our ability to perform such analyses in the current study. Future studies incorporating detailed age-specific data would be valuable in further exploring these associations. Finally, for genes that did not show significant associations with CVDs outcomes, we should not dismiss the potential modulatory effects of these target genes on the cardiovascular system for the lack of evidence of significant association.

### Conclusions

Our study provides MR evidence suggesting an adverse association between VEGFA-targeted inhibitors and stroke risk. Although the statistical evidence from the MR analysis alone is not sufficient to draw definitive conclusions, our findings highlight the potential role of

VEGFA in stroke, particularly in the context of cardiovascular diseases associated with cancer-targeted therapies. Therefore, our research may contribute to the early identification of specific cardiovascular diseases in individuals receiving cancer-targeted therapies, enhance the effectiveness of preventive and treatment measures, and support the development of personalized and precision medicine. Additionally, our study emphasizes the importance of strengthening pharmacovigilance and further investigating the underlying mechanisms that modulate these effects.

### Abbreviations

ALK	Anaplastic lymphoma kinase
BCR-ABL	Breakpoint cluster region-Abelson oncogene locus
BRAF	v-Raf murine sarcoma viral oncogene homologue B1
BTk	Bruton tyrosine kinase
CD38/274	Cluster of differentiation 38/274
CDK4/6	Cyclin-dependent kinase 4/6
CI	Confidence interval
CTR-CVT	Cancer therapy-related cardiovascular toxicity
CTLA4	Cytotoxic T-lymphocyte-associated antigen 4
CVD	Cardiovascular disease
EGFR	Epidermal growth factor receptor
ERBB2	Receptor tyrosine-protein kinase erbB-2
eQTL	Expression quantitative trait loci
FGFR	Fibroblast growth factor receptor
FLT1/4	FMS-like tyrosine kinase 1/4
GAWS	Genome-wide association study
HEIDI	Heterogeneity in the dependent instrument
HER2	Human epidermal receptor 2
ICIs	Immune checkpoint inhibitors
IV	Instrument variant
KDR	Kinase insert domain receptor
MAP2K1/2	Mitogen-activated protein kinase kinase 1/2
MR	Mendelian randomization
NTRK	Neurotrophic tyrosine receptor kinase
OR	Odds ratio
PARP	Poly ADP ribose polymerase
PDCD1	Programmed cell death protein 1
pQTLs	Protein quantitative trait loci
PSMB	Proteasome 20 S subunit beta
RAF	Rapidly accelerated fibrosarcoma
SD	Standard deviation
SLAMF7	Signalling lymphocytic activation molecule family 7
SMR	Summary-data-based Mendelian randomization
SNP	Single nucleotide polymorphism
TACSTD2	Tumour-associated calcium signal transducer 2
VEGFA	Vascular endothelial growth factor A
XPO1	Exportin 1

### Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12967-024-06027-4>.

Supplementary Material 1

Supplementary Material 2

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### Author contributions

C.F. and X.L. took responsibility for the analyses of the data and the writing of the paper. C.Y., S.L., and X.L. undertook the collection of data. S.Q. and H.L. interpreted the data. J.X. and C.O. conceived the study design, reviewed the paper and made critical revisions to the manuscript. All the authors read and approved the final version of the manuscript.

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### Data availability

All the data used in this study are publicly available. Additional file 2: Table S2 describes the data used and the relevant information used to retrieve the summary statistics. Code was implemented in summary-data-MR (SMR) software, version 1.3.1. Bayesian colocalization was applied via the R package 'coloc' (<http://cran.r-project.org/web/packages/coloc>) in the R V4.0.0 computing environment. The code to reproduce the analysis are available at <https://github.com/lxwrainbow/cancer-targeted-drugs-SMR>.

### Declarations

#### Ethics approval and consent to participate

Not applicable.

#### Consent for publication

Not applicable.

#### Competing interests

The authors declare that they have no competing interests.

### Author details

<sup>1</sup>Department of Cardiology, Nanfang Hospital, Southern Medical University, Guangzhou 510515, China

<sup>2</sup>The First School of Clinical Medicine, Southern Medical University, Guangzhou 510515, China

<sup>3</sup>The Tenth Affiliated Hospital of Southern Medical University (Dongguan People's Hospital), Southern Medical University, Dongguan 523018, China

<sup>4</sup>Guangdong Provincial Key Laboratory of Shock and Microcirculation, Nanfang Hospital, Southern Medical University, Guangzhou 510515, China

<sup>5</sup>State Key Laboratory of Organ Failure Research, Nanfang Hospital, Southern Medical University, Guangzhou 510515, China

<sup>6</sup>Department of Cardiology, The First Affiliated Hospital of Nanchang University, Nanchang, Jiangxi 330006, China

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